You take off the poster with the recipe page and bring it to the Survival Café, where it is collected into the TUDelft iCookBook, a book of international recipes that builds up with time for the benefit of whoever wants to look it up at any time!

You consume the wonderful meal with your new friends with great joy and pleasure!

Now you can prepare the dish while teaching to the other people all the secret tips to make it just perfect.

You periodically check the list. When all the ingredients have been taken you contact all the people that have subscribed in order to arrange the practical stuff such as date and location. Make sure to have drinks too!

Whoever sees the recipe and is interested can sign up for the cooking lesson by writing his name and contact next to one or more of the ingredients on the list, which he will have to bring.

You download the recipe page template from [delftulip.ning.com/icookit], print it and fill it in, writing the name of the dish, the country of origin, all the necessary ingredients to prepare it and of course your name and contact. When you are done, come back here and attach the recipe page to this poster.

You just saw this poster and feel that it’s the right time for you to become the chef of the day!

The basic idea of iCook it @ TUDelft is encouraging international students to share with each other the foods from their country of origin. Whoever is willing to try the experience of being a chef for one day, can choose a dish from his own country and teach to other people how to prepare it.

And then of course it’s time to eat!

Meet people and learn how to cook new dishes from all over the world!

* iCook it @ TUDelft