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## REVIEW OPEN ACCESS

# MXene-Based Electromagnetic Attenuation Materials in Microwave and Terahertz Bands

Guozheng Zhang<sup>1</sup> | Sitong Li<sup>1</sup> | Libo Chang<sup>1</sup> | Zelin Zhao<sup>1</sup> | Tianze Zhang<sup>1</sup> | Si Chen<sup>1</sup> | Xuehang Wang<sup>2</sup> | Zhe Wu<sup>1</sup> | Tianpeng Ding<sup>1</sup> | Xu Xiao<sup>1</sup>

<sup>1</sup>State Key Laboratory of Electronic Thin Film and Integrated Devices, School of Physics, University of Electronic Science and Technology of China, Chengdu, China | <sup>2</sup>Department of Radiation Science and Technology, Delft University of Technology, Delft, the Netherlands

**Correspondence:** Xu Xiao ([xuxiao@uestc.edu.cn](mailto:xuxiao@uestc.edu.cn)) | Si Chen ([hello.si.chen@uestc.edu.cn](mailto:hello.si.chen@uestc.edu.cn)) | Xuehang Wang ([X.wang-22@tudelft.nl](mailto:X.wang-22@tudelft.nl)) | Zhe Wu ([zhewu@uestc.edu.cn](mailto:zhewu@uestc.edu.cn)) | Tianpeng Ding ([dingtpe@uestc.edu.cn](mailto:dingtpe@uestc.edu.cn))

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## ABSTRACT

MXenes exhibit considerable potential for developing high-performance electromagnetic (EM) shielding and absorption materials operating across microwave and terahertz frequencies, due to their tunable surface chemistry and exceptional charge carrier transport properties. Nevertheless, a profound understanding and precise manipulation of their broadband attenuation mechanisms remain challenging. In this review, we first examine  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene as a representative system to explore EM attenuation mechanisms through polarization and conductive loss models across microwave and terahertz bands. We then discuss tuning strategies, including component tailoring, interlayer regulation, film architecture, and dynamic modulation, which are supported by both classic and emerging studies, and evaluate their impact on attenuation performance. Finally, we outline future research priorities and development directions for MXene-based EM attenuation materials. By synthesizing recent advances, this review aims to establish the structure–property relationships in MXenes and to provide forward-looking insights for the field.

## 1 | Introduction

Electromagnetic (EM) waves are of great significance to wireless communications and will continue to play an essential role in the information age. Nowadays, widely-used 5G networks have been providing diverse digital services, including immersive experiences and Internet of Things (IoT), significantly improving user experience [1]. As the next generation communication technology, 6G technology expands to the high-frequency spectrum, dramatically improves the data transmission rate, and reduces the delay, enabling breakthrough developments in, but not limited to, extended reality (XR), artificial intelligence, and telemedicine [2], and it is expected to be commercially available between 2027 and 2030 [3]. Considering differentiated services of high-speed transmission rates and widespread signal coverage, 6G technology will extensively utilize spectrum resources from several GHz

to ~3 THz [4, 5], and thus create a more complex and intense EM interference (EMI) environment, demanding more effective management and controlment on EM radiation to ensure normal operation of equipment.

The development of EM absorption materials operating at microwave and terahertz frequencies has been widely recognized as one of the most promising strategies to address EM pollution in the coming 6G era [6–10]. However, significant frequency spans lead to different EM attenuation mechanisms [11, 12], posing difficulties in developing broadband-compatible EM absorption materials. For example, dipole relaxation and magnetic loss, which are the important loss mechanisms in the microwave band, usually contribute minimally to the terahertz wave attenuation [13, 14]. Conversely, the interaction between the free charges and EM wave dominates the terahertz attenuation

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process [15]. Fortunately, MXenes possessing multiple coexisting attenuation mechanisms have proven to be the promising EM attenuation materials for both gigahertz and terahertz bands, attracting tremendous attention [16, 17].

MXenes, a family of two-dimensional (2D) transition metal carbides and nitrides, were initially prepared by etching the A-layer atoms from their parent MAX phases with hydrofluoric acid. The “-ene” suffix indicates their graphene-like morphology [18]. MXenes and their precursor MAX phases follow the general formula  $M_{n+1}X_nT_x$  and  $M_{n+1}AX_n$  ( $n = 1-4$ ), respectively. Here, M denotes an early transition metal or a combination of multiple transition metals, X generally denotes carbon, nitrogen, or a combination thereof, and  $T_x$  denotes the terminations over the surface of MXenes. Typically, MXenes prepared by HCl/HF etching contain -F, -Cl, -OH -O terminations [19]. A was initially used to represent the main group elements [20–22] (such as Al, Si, Ga, and In). After years of research efforts, MAX and MXene families continue to grow by expanding the number of elements and atomic layers [23–25]. To date, A-site elements have been extended to late transition metals [26] (Figure 1). MXenes exhibit adjustable EM properties due to their tunable surface and rich element combinations. These properties are conducive to fully realizing multifunctional and multi-band EM wave-absorbing materials and devices [27]. Thus, MXenes are expected to serve as a bridge connecting the microwave and terahertz bands, showing attractive application prospects.

Although microwave attenuation mechanisms have been explored in the past decades, and a series of superior microwave attenuation materials have come to the fore [28–30], terahertz attenuation is still in its infancy, which poses an obstacle to broadband-compatible EM pollution elimination. As a kind of material featuring multiple attenuation mechanisms in both microwave and terahertz bands, MXenes are of great potential in next-generation communication technologies; thus, a systematic review is urgently needed. In this review, we discuss the EM attenuation mechanisms of  $Ti_3C_2T_x$  MXene in microwave and terahertz bands according to the Debye relaxation theory and the Drude–Smith model, respectively. Subsequently, we introduce strategies for tuning the attenuation characteristics of MXenes in microwave and terahertz bands, including composition tailoring and dynamic modulation. Finally, we present the main challenges that need to be addressed in the development of MXene-based EM attenuation materials.

## 2 | EM Attenuation Characteristics of $Ti_3C_2T_x$

The evolving demands of 6G technologies impose critical requirements on EM attenuation materials, necessitating fundamental understanding of their loss mechanisms across both microwave and terahertz spectral regimes. Although the microwave band (2–18 GHz) has been extensively studied for practical applications [15], there remains a critical knowledge gap in developing physics-based models to elucidate the attenuation characteristics. In contrast, the terahertz spectrum (0.1–10 THz), serving as a technological bridge between electronics and photonics, remains in the nascent stage of exploration [31]. Given its

exceptional attenuation performance and research prominence, this chapter employs  $Ti_3C_2T_x$  MXene as an example to systematically investigate EM attenuation mechanisms across both microwave and terahertz bands through theoretical modeling. Subsequent chapters will demonstrate the regulation of EM loss properties in MXenes through compositional engineering and dynamic modulation strategies.

### 2.1 | EM Attenuation Models and Mechanisms

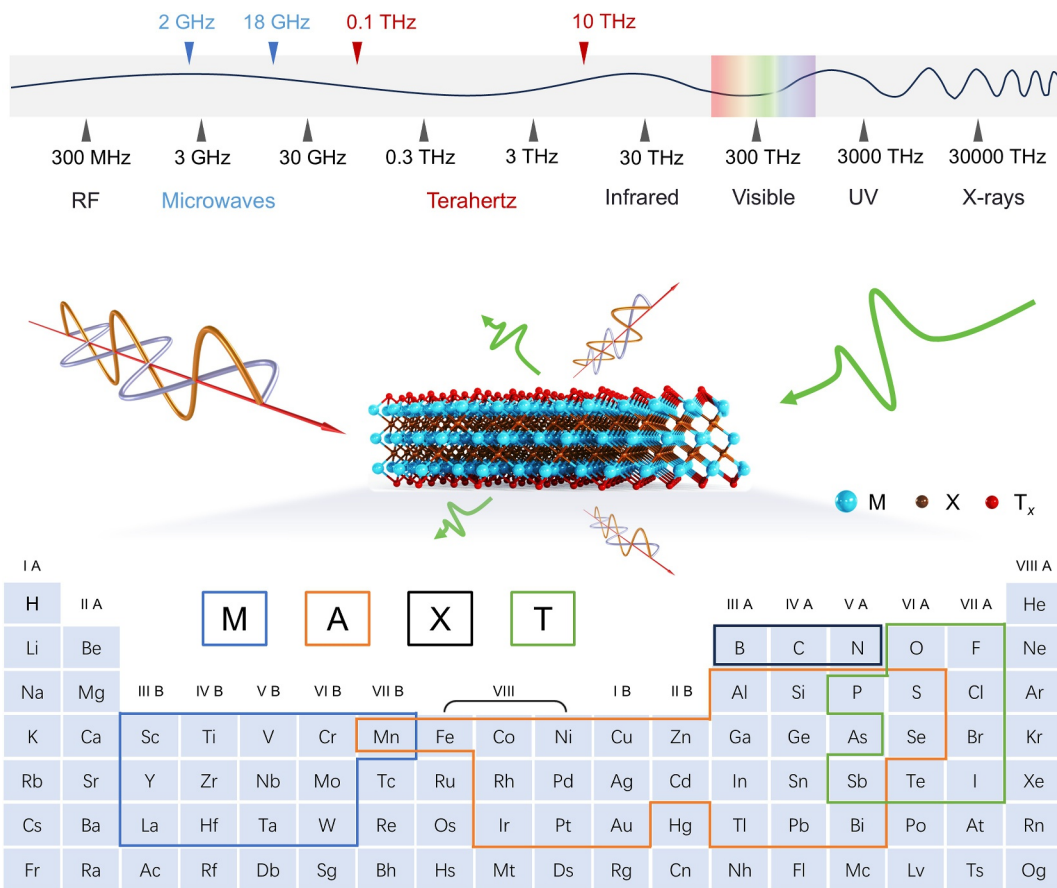
The interaction of EM waves with materials leads to transmission, reflection, and absorption phenomena. The EM attenuation properties govern a material's impedance, which fundamentally determines these distinct behaviors. For instance, materials exhibiting strong attenuation rapidly dissipate incident waves through absorption, resulting in substantially diminished transmission signals. However, impedance mismatch induces intense reflection at the interface, markedly reducing the intensity of the incoming wave. Consequently, such materials typically exhibit low absorption efficiency and are commonly utilized in EM interference shielding applications. On the contrary, appropriately reducing the attenuation properties can improve impedance matching. Although this results in less intense dissipation of the incident wave, it suppresses reflection and enhances both wave penetration and absorption efficiency. For example, MXene-matrix composites can be engineered with tailored attenuation properties to achieve highly efficient EM absorption [32, 33]. Furthermore, variations in attenuation behavior are quantitatively captured through intrinsic EM parameters, predicting EM-matter interactions. Nevertheless, the strong frequency dependence exhibited by these EM parameters complicates the rational design of broadband devices, including wideband absorbers. In this section, we elucidate the frequency-dependent EM properties through mechanistic analysis and theoretical modeling to facilitate a deeper understanding of loss mechanisms in MXenes.

#### 2.1.1 | EM Attenuation Model

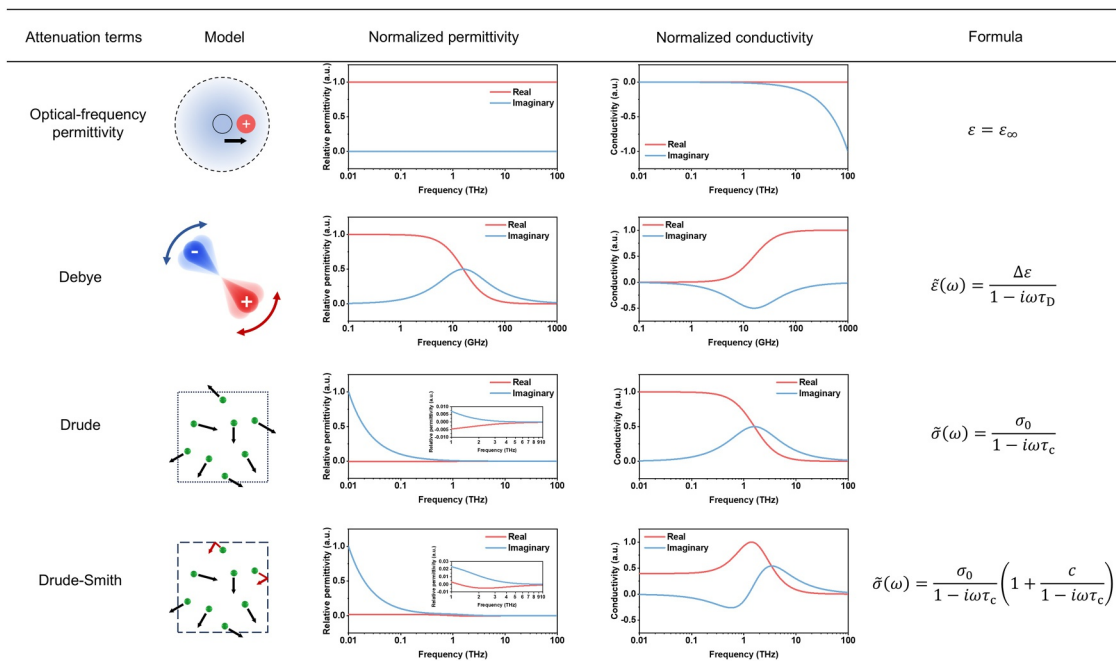
The coexistence of multiband attenuation mechanisms necessitates a systematic analysis of loss models to understand the frequency-dependent dissipation pathways of MXenes. Here we dissect the EM attenuation framework into fundamental components, identifying four critical attenuation components associated with MXenes (Figure 2). The EM parameters can be alternatively parameterized using the following conventions: complex relative permittivity ( $\tilde{\epsilon}(\omega) = \epsilon'(\omega) + i\epsilon''(\omega)$ ) and complex conductivity ( $\tilde{\sigma}(\omega) = \sigma'(\omega) + i\sigma''(\omega)$ ). Here,  $\epsilon'$  quantifies capacitive energy storage, whereas  $\epsilon''$  governs dielectric loss. Analogously,  $\sigma'$  corresponds to ohmic dissipation, and  $\sigma''$  reflects phase retardation. The intrinsic relationship between these parameters is given as follows:

$$\tilde{\sigma}(\omega) = -i\omega\epsilon_0(\tilde{\epsilon}(\omega) - \epsilon_\infty) \quad (1)$$

where  $\epsilon_\infty$  denotes the high-frequency permittivity dominated by electronic displacement polarization. For analytical clarity in



**FIGURE 1** | Schematic illustration of EM spectrum and EM waves interacting with MXene. A periodic table shows elements involved in forming MAX phases and MXenes.



**FIGURE 2** | EM attenuation models for MXenes in microwave and terahertz band.

isolating loss mechanisms, we temporarily disregard  $\varepsilon_\infty$ , reducing the expression to the following equation:

$$\tilde{\sigma}(\omega) = -i\omega\varepsilon_0\tilde{\varepsilon}(\omega) \quad (2)$$

The optical-frequency permittivity ( $\varepsilon_\infty$ ) fundamentally originates from electronic displacement polarization, where femtosecond-scale electron cloud distortion governs the high-frequency dielectric response. In the microwave and terahertz bands,  $\varepsilon_\infty$  is characterized by a frequency-independent real permittivity ( $\varepsilon'$ ) existing concurrently with an imaginary part ( $\varepsilon''$ ) that approaches zero, indicating negligible dielectric loss. Despite this,  $\varepsilon'$  critically regulates wave impedance matching and contributes to dispersion characteristics, affecting the incidence and interference of broadband EM waves.

The Debye relaxation process manifests pronounced frequency dispersion in  $\varepsilon'$  near the characteristic relaxation frequency, accompanied by a distinctive dielectric loss peak when plotted in logarithmic frequency coordinates. Each Debye relaxation process can be expressed as follows:

$$\tilde{\varepsilon}(\omega) = \frac{\Delta\varepsilon}{1 - i\omega\tau_D} \quad (3)$$

where  $\Delta\varepsilon_j$  is the permittivity difference during the relaxation process, related to the polarization intensity,  $\omega = 2\pi f$  is the angular frequency, and  $\tau_D$  is the Debye relaxation time. The rapid decrease of  $\varepsilon'$  facilitates broadband destructive interference at a specific thin thickness, thereby promoting broadband absorption. In this regard, appropriate  $\Delta\varepsilon$  and  $\tau_D$  are necessary to construct an optimized dielectric profile [34]. Specifically, for nonferromagnetic metal-backed absorbers with a subwavelength thickness, broadening the absorption bandwidth around the target frequency generally requires meeting at least two conditions: the central frequency should be close to  $\frac{1}{2\pi\tau_D}$ , and  $\varepsilon'$  should approximate  $(\frac{c_0}{4df})^2$  over a broad frequency range, where  $c_0$  is the speed of light in vacuum, and  $d$  represents the thickness of the absorber. However, excessive contributions from  $\varepsilon_\infty$  suppress dispersion strength, limiting subwavelength absorber bandwidth.

The Drude model describes the carrier transport characteristics based on isotropic relaxation (scattering), thus presenting a conductivity profiles analogous to permittivity in Debye model. The frequency-dependent conductivity is given follows:

$$\tilde{\sigma}(\omega) = \frac{\sigma_0}{1 - i\omega\tau_c} \quad (4)$$

where  $\tau_c$  is the carrier relaxation time, and  $\sigma_0$  is the static conductivity for isotropic scattering, which has two forms of expression [35]:

$$\sigma_0 = \frac{Nq^2\tau_c}{m^*} = \varepsilon_0\omega_p^2\tau_c \quad (5)$$

where  $N$  is the charge carrier density,  $q$  is the elementary charge,  $m^*$  is the carrier effective mass.  $\omega_p$  is the plasma frequency, and  $\varepsilon_0$  is the permittivity of vacuum.

The Drude–Smith model is an extension of the Drude model and describes the behavior in weakly confined systems where long-distance carrier transport is hindered. In the Drude–Smith model, carrier scattering is considered anisotropic, and the backscattering coefficient  $c$  is introduced in the formula [36, 37]. The complex conductivity  $\tilde{\sigma}(\omega)$  can be expressed as follows:

$$\tilde{\sigma}(\omega) = \frac{\sigma_0}{1 - i\omega\tau_c} \left( 1 + \frac{c}{1 - i\omega\tau_c} \right) \quad (6)$$

where  $c$  ranges from  $-1$  to  $0$ . When  $c = -1$ , the carriers are considered to be completely backscattered. If  $c = 0$ , this formula can be simplified to the Drude model.

EM parameters, derived from modeling or experimental measurements, enable the evaluation of key attenuation-related performance metrics: EM interference (EMI) shielding effectiveness (SE) [38], thin films intrinsic absorption [15], reflection loss (RL), and effective absorption bandwidth (EAB) [39]. Furthermore, EMI SE comprises three distinct components defined by their attenuation mechanisms:  $SE_T$  (total SE, quantified via transmittance),  $SE_R$  (SE attributed to reflections), and  $SE_A$  (absorptive SE arising from EM dissipation within the medium).

### 2.1.2 | Microwave Attenuation Mechanism

The microwave attenuation in materials arises from a synergistic interplay between dielectric loss and magnetic loss. Dielectric loss can be further categorized into polarization relaxation loss and conductive loss.

Polarization relaxation occurs among bound charges, where separation and rearrangement of positive and negative charges under alternating EM fields lead to significant energy dissipation within specific frequency ranges. At sufficiently high frequencies, the reversal of charges can no longer keep pace with the electric field oscillation, resulting in diminished dielectric loss. This process is generally described by Debye relaxation theory. Depending on the polarization type, polarization relaxation primarily arises from interface polarization (Maxwell–Wagner–Sillars mechanism) [40] and dipole polarization [41]. Interfacial polarization originates from the collective accumulation of charges within heterojunctions [42], whereas dipole polarization results from localized charge separation at defects, dopant atoms, or functional groups. These polarization sites undergo relaxation loss during reorientation under an alternating electric field. Through rational design of polarization sources, both  $\Delta\varepsilon$  and  $\tau_D$  can be effectively modulated, enabling the potential construction of a broad absorption bandwidth. However, due to its relatively long relaxation time, polarization relaxation is relatively weak within the terahertz band.

Conductive loss originates from electron–phonon interactions during charge carrier transport, through which EM energy is dissipated as heat [43, 44]. Owing to the short relaxation time of carriers (several to several hundred femtoseconds), electrical conductivity in the microwave band exhibits negligible dispersion

and remains effectively equivalent to the DC conductivity [15]. Within the dielectric spectrum, conductive loss contributes predominantly to the imaginary part of the permittivity, which decreases significantly with increasing frequency, while exerting minimal influence on the real part. Appropriate conductive loss can facilitate impedance matching, whereas excessive conductive loss leads to strong reflection. Furthermore, because conductive loss contributes relatively little to the real part of permittivity in the microwave band, it is unfavorable for generating a dispersive dielectric profile capable of supporting broadband destructive interference. Hence, in metal-backed structure absorbers, materials dominated by conductive loss generally cannot reach broadband absorption. In practical applications across the microwave band, this behavior is commonly modeled using either the Drude or Drude–Smith model, where a carrier relaxation time approaching zero is assumed for analytical simplicity.

Magnetic loss serves as a vital loss path in microwave. The magnetic loss in the microwave band is mainly caused by natural resonance [45], exchange resonance [46], hysteresis loss, and eddy current loss [47], each of which has been systematically elucidated in prior comprehensive studies [48, 49]. In the case of MXenes, strategies such as defect engineering [50], structural distortion [51] or compositional design [52, 53] can induce intrinsic ferromagnetism, thereby potentially enhancing EM attenuation performance. However, conventional MXenes (typically lacking Fe, Co, or Ni at the M-site) exhibit limited atomic magnetic moments and low saturation magnetization, resulting in negligible magnetic loss contributions. Consequently, the magnetic loss in MXene-based systems currently depends heavily on the intrinsic properties of integrated magnetic components [54].

### 2.1.3 | Terahertz Wave Attenuation Mechanism

Terahertz attenuation is strongly influenced by conductive loss. In contrast to the microwave band, terahertz conductivity exhibits pronounced dispersion due to the comparable timescales of the wave frequency and the carrier relaxation frequency. This frequency-dependent behavior concurrently influences both the real and imaginary parts of the permittivity. Energy dissipation during free carrier transport occurs primarily due to scattering from ionic cores, whereby momentum and energy are transferred to the lattice. This mechanism is well described by the Drude model. However, in weakly confined systems such as nanomaterials [55, 56], disordered crystals [57, 58], molecular networks [45, 59], and under high field transport conditions, low frequency conductivity becomes suppressed and deviates from the Drude model. To address these anomalies, the Drude–Smith model has been developed as an extension. It incorporates a “carrier backscattering” mechanism, also referred to as a memory effect, offering a more accurate description of carrier dynamics in weakly confined systems, including the terahertz conductive response of MXene films [60].

In the terahertz band, for metal-backed structure absorbers under a subwavelength thickness, even if the material is mainly governed by conductive loss, it is possible to engineer the permittivity through precise modulation of conductivity

parameters, thereby enabling high-efficiency broadband absorption. For supported-film absorbers with a thickness negligible compared to the wavelength, low-dispersion conductivity enables broadband absorption, which necessitates a low carrier relaxation time. Optimizing parameters such as  $\sigma_0$ ,  $\tau_c$ ,  $c$ , and  $d$  allows simultaneous impedance matching and attainment of the intrinsic absorption limit of 50%.

Beyond EM attenuation caused by conductive losses, the terahertz spectral range encompasses a variety of elementary excitations that exhibit resonant responses at specific frequencies. These excitations include molecular rotations [61], vibrational modes [62], low-lying electronic transitions [63–65], etc., as documented in previous studies. Such resonances enable strong narrowband EM–matter interactions and can be effectively modeled using a Lorentz oscillator model. However, the Lorentz model typically exhibits narrow-band interactions with EM waves and will not be discussed in detail here.

Moreover, we specifically address the potential for achieving compatible broadband absorption across both microwave and terahertz frequencies using a uniform metal-backed planar absorber structure. The requirement for the dominant loss mechanism presents an inherent challenge: microwave absorption favors a secondary role for conductive loss, whereas terahertz absorption requires its dominance. This dichotomy appears contradictory for achieving broadband performance. Nevertheless, advanced microwave absorbers satisfying impedance-matching conditions are typically fabricated at millimeter-scale thicknesses—far greater than the wavelengths of terahertz waves. This large thickness allows strong EM attenuation even when the imaginary part of the permittivity remains modest. Moreover, filler-matrix composite structures, which often exhibit high backscattering coefficients describable by the Drude–Smith model, provide additional enhancement to terahertz conductivity. Therefore, by tuning polarization and conductive losses to dominate microwave and terahertz absorption, respectively, it is possible to realize high-efficiency broadband absorbers.

## 2.2 | Microwave Attenuation Characteristics of $\text{Ti}_3\text{C}_2\text{T}_x$

The tunable electrical conductivity and chemically diverse surface functional groups of MXenes create a synergistic interplay that enables broadband EM wave-matter interactions across microwave to terahertz frequencies. Since its discovery,  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene has attracted extensive research interest owing to its exceptional electrical conductivity within the MXene family [66]. A landmark study by Gogotsi’s group in 2016 demonstrated that solution-processed MXene films of varying thicknesses achieved unprecedented EM shielding performance, with a 45  $\mu\text{m}$ -thick  $\text{Ti}_3\text{C}_2\text{T}_x$  film exhibiting an outstanding  $\text{SE}_T$  of 92 dB in the X-band (Figure 3A,B) [6]. It should be noted that the measurements of shielding effectiveness  $\text{SE}_T$  are performed in waveguides, where geometric confinement effects (e.g.,  $\text{TE}_{10}$  mode propagation in rectangular waveguides) inherently modify EM boundary conditions compared to free-space scenarios. To resolve this discrepancy and demonstrate planar-wave shielding

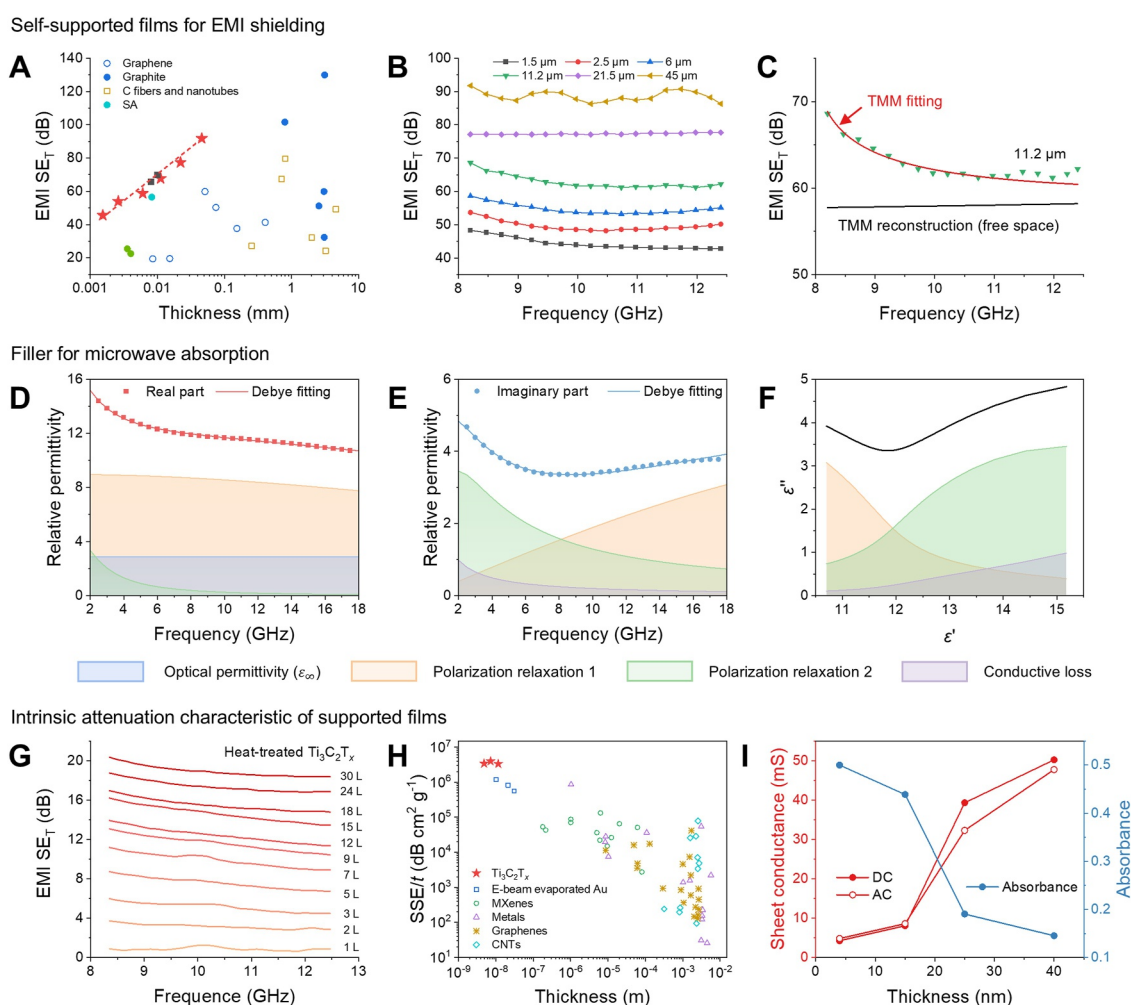
characteristics, we employed transfer matrix modeling (TMM) to reconstruct the  $SE_T$  performance of 11.2- $\mu\text{m}$  MXene films under free-space (Figure 3C) [70]. The reconstructed  $SE_T$  still maintains high performance and improves with increasing frequency. While high electrical conductivity remains the primary determinant of EMI SE [71],  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene exhibits comparable  $SE_T$  values to conventional metals like copper and aluminum, despite possessing electrical conductivity two orders of magnitude lower [72]. This remarkable performance has been attributed to synergistic shielding mechanisms involving multiple internal reflections and dipole polarization relaxation losses, which collectively enhance EM wave attenuation capabilities, enabling simultaneous enhancement of interfacial reflection and rapid absorption of incident EM energy, thereby improving the  $SE_T$ . However, the fundamental EM attenuation mechanisms in MXenes remain insufficiently understood, particularly regarding the relative contributions of various energy dissipation pathways. These seminal findings

have catalyzed burgeoning interest in deciphering the EM attenuation characteristics of MXene-based materials, establishing a new research frontier in advanced EM attenuation development.

The ultra-high EMI shielding behavior of  $\text{Ti}_3\text{C}_2\text{T}_x$  has generated significant interest among researchers. In order to analyze the possible existence of conductive loss and multiple polarization relaxation loss, the Drude–Smith–Debye (DSD) equation is introduced here, expressed as follows:

$$\tilde{\epsilon}(\omega) = \epsilon_\infty + \sum_j \frac{\Delta\epsilon_j}{1 - i\omega\tau_D} + \frac{i\sigma_0}{\omega\epsilon_0(1 - i\omega\tau_c)} \left(1 + \frac{c}{1 - i\omega\tau_c}\right) \quad (7)$$

The exceptionally short electron relaxation time ( $\tau_c$ ) at femto-second scale results in  $\omega\tau_c$  approaching 0 within the microwave frequency range. Through complex permittivity decomposition,



**FIGURE 3** | Microwave attenuation properties of  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene. (A) EMI  $SE_T$  versus thickness of different materials. (B) EMI  $SE_T$  versus frequency for  $\text{Ti}_3\text{C}_2\text{T}_x$  films under different thicknesses. (C) EMI  $SE_T$  for  $\text{Ti}_3\text{C}_2\text{T}_x$  film at a thickness of 11.2  $\mu\text{m}$  and the corresponding  $SE_T$  reconstructed in the free space. Reproduced with permission from Ref. [6]. Copyright 2016, American Association for the Advancement of Science. (D) Real part of relative permittivity, (E) imaginary part of relative permittivity, and (F) cole-cole plot for multi-layered  $\text{Ti}_3\text{C}_2\text{T}_x$ /paraffin composite with a loading ratio of 40 wt% and the contribution of attenuation terms fitted by the DSD equation. Reproduced with permission from Ref. [67]. Copyright 2020, Elsevier. (G) EMI  $SE_T$  verse frequency of heat-treated  $\text{Ti}_3\text{C}_2\text{T}_x$  films with various layers. (H)  $SSE/t$  verse thickness of  $\text{Ti}_3\text{C}_2\text{T}_x$  and other electrically conductive films. Reproduced with permission from Ref. [68]. Copyright 2020, Wiley-VCH. (I) Absorbance and sheet conductance verse thickness of spray-coated  $\text{Ti}_3\text{C}_2\text{T}_x$  films. Reproduced with permission from Ref. [69]. Copyright 2023, AIP Publishing.

the DSD equation can be simplified to the classical modified Debye equation is expressed as follows [73]:

$$\epsilon'(\omega) = \epsilon_{\infty} + \sum_j \frac{\Delta\epsilon_j}{1 + \omega^2\tau_{Dj}^2} \quad (8)$$

$$\epsilon''(\omega) = \sum_j \frac{\Delta\epsilon_j}{1 + \omega^2\tau_{Dj}^2} \omega\tau_{Dj} + \frac{\sigma_{DC}}{\omega\epsilon_0} = \sum_j \epsilon_p''(\omega) + \epsilon_c''(\omega) \quad (9)$$

where  $\epsilon_p''$  is attributed to polarization loss, while  $\epsilon_c''$  ( $\epsilon_c'' = \frac{\sigma_{DC}}{\omega\epsilon_0}$ ) is attributed to conductive loss,  $\sigma_{DC} = \sigma_0(1 + c)$  represents the DC conductivity.

According to the modified Debye equation, we systematically analyzed the microwave attenuation characteristics of multilayer  $\text{Ti}_3\text{C}_2\text{T}_x$ /paraffin composite (with 40 wt% loading ratio) [67]. The paraffin serves as a molding matrix with minimal dielectric loss, effectively suppressing parasitic absorption from the composite matrix. However, its optical-frequency permittivity ( $\epsilon_{\infty} \approx 2.3$ ) weakened the dispersion characteristics of  $\epsilon'$ . Figure 3D,E shows the real and imaginary parts of the complex relative permittivity, respectively, revealing multiple relaxation characteristics. Due to the limited range of the measurement spectrum, only two relaxation terms were employed for fitting. The fitted  $\epsilon_{\infty}$ ,  $\Delta\epsilon_1$ ,  $\tau_{D1}$ ,  $\Delta\epsilon_2$ ,  $\tau_{D2}$ ,  $\sigma_{DC}$  are 2.87, 6.91, 82.1 ps, 8.97, 3.51 ps, 0.11 S m<sup>-1</sup>, respectively. Figure 3F shows the Cole–x-axis, but due to the contribution of conductive loss, the centers of the two arcs deviate from the x-axis [74]. In summary, multilayered  $\text{Ti}_3\text{C}_2\text{T}_x$ /paraffin with a loading ratio of 40 wt% has an EAB of 4 GHz (14–18 GHz) at 1.5 mm. When used as fillers, multilayer MXenes exhibit moderate performance due to the cancellation of macroscopic dipole moments and the lack of a conductive network [67, 75–77]. However, fully delaminated MXene can achieve impedance matching at a filling ratio of  $\leq 2.1$  wt% [78] in the X-band, demonstrating the great potential of low-dimensional conductive materials as lightweight absorbing fillers. However, measurement deviations persist in studies on few-layer MXene/matrix composites based on the coaxial transmission method. The previously reported dielectric constants contain undesirable Lorentz terms, indicating that intense resonance interferes with the extraction of the permittivity, potentially due to the uneven distribution of fillers or the air gap between the coaxial line and the sample [77, 79].

In addition, the distribution and stacking mode of MXene nanosheets in the composite will have a significantly impact on their conductive loss due to the substantial difference between band-like transport and hopping transport [80]. Moreover, an increase in loading ratio elevates the rotational friction coefficient of dipoles, prolonging the relaxation time [81, 82]. In contrast, the continuous MXene films possess excellent long-range conductive networks, potentially resulting in different EM attenuation properties. Therefore, the microwave attenuation characteristics of MXene fillers and films must be discussed separately to inform the design of EM attenuation materials for different application scenarios. In this regard, MXene films with uniform and controllable thickness provide ideal samples for investigation.

Yun et al. [68] prepared  $\text{Ti}_3\text{C}_2\text{T}_x$  films with a controllable number of layers through self-assembly at the air-liquid interface and

studied their EM shielding properties in the X-band. Due to the high electrical conductivity, a monolayer  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene assembly can provide a specific  $\text{SE}_T$  (1 dB, ~20% power attenuation). The  $\text{SE}_T$  increases as the thickness increases and reaches an average value of 10 dB (90% power attenuation) in the X-band for the 9-layer film. Despite the high EMI  $\text{SE}_T$  at such a thin thickness, the conductivity of  $\text{Ti}_3\text{C}_2\text{T}_x$  can be further increased by removing interlayer species. A 24-layer  $\text{Ti}_3\text{C}_2\text{T}_x$  film annealed at 400°C with a thickness of ~55 nm demonstrates an average EMI  $\text{SE}_T$  of 20 dB (Figure 3G). By comprehensively considering the thickness and weight, the absolute shielding effectiveness (SSE/t) values can be further calculated to comprehensively evaluate the EM shielding material (Figure 3H). Remarkably, the 3-layer  $\text{Ti}_3\text{C}_2\text{T}_x$  film has a high SSE/t value of  $2.83 \times 10^6$  dB cm<sup>2</sup> g<sup>-1</sup>, which further increases to  $3.89 \times 10^6$  dB cm<sup>2</sup> g<sup>-1</sup> after annealing and demonstrates the maximum SSE/t value at the time of reporting. These results confirm that  $\text{Ti}_3\text{C}_2\text{T}_x$  has excellent potential to become an efficient, light and thin EM shielding material.

Under a thin thickness, absorption is expected to dominate the EM attenuation. Obtaining substrate-independent intrinsic attenuation characteristics is beneficial in guiding the EM absorption design of MXenes on different substrates, which has attracted more attention. Recent advancements in two-dimensional transition metal carbide research have unveiled the intrinsic EM attenuation characteristics of  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene thin films in the X-band. Through systematic theoretical modeling, Rakhmanov et al. [69] extracted the characteristic impedance of  $\text{Ti}_3\text{C}_2\text{T}_x$  films spanning thicknesses from 4 to 40 nm, revealing intrinsic absorption characteristics. Notably, ultrathin  $\text{Ti}_3\text{C}_2\text{T}_x$  film (4 nm thickness) with a sheet conductance of ~4.76 mS demonstrated approximately ~50% absorption in X-band (Figure 3I), approaching the thin film intrinsic absorption limit [15]. Because 2D-layered materials have no dangling bonds,  $\text{Ti}_3\text{C}_2\text{T}_x$  films offer brighter application prospects than traditional metal films, such as gold film (reaching the intrinsic absorption limit at 5 nm) [83]. For all the samples, the DC conductance and AC conductance are nearly identical, indicating that microwave-frequency EM fields induce minimal perturbation to the carrier transport mechanisms in  $\text{Ti}_3\text{C}_2\text{T}_x$  films [84], thereby verifying the feasibility of using DC conductance to evaluate microwave absorption performance. In summary,  $\text{Ti}_3\text{C}_2\text{T}_x$  has excellent application prospects in the microwave band due to the absence of surface dangling bonds, outstanding processing performance, and high microwave attenuation ability. Additionally, advances in designing highly conductive MXenes (e.g.,  $\text{Ti}_3\text{C}_{1.9}\text{N}_{0.1}\text{T}_x$ ) have further highlighted the remarkable EM attenuation potential of MXene family. The EM shielding performance of MXenes and other materials in the microwave frequency band is summarized in Table 1.

### 2.3 | Terahertz Attenuation Characteristics of $\text{Ti}_3\text{C}_2\text{T}_x$

High metallic conductivity also gives  $\text{Ti}_3\text{C}_2\text{T}_x$  high terahertz wave shielding effectiveness. Choi et al. [92] investigated the terahertz wave shielding properties of MXene films on silicon

substrates. The transmitted intensity over the measured frequency range decreases with increasing film thickness, and intensity attenuation of ~10 dB was achieved with a thickness of ~500 nm (Figure 4A). In addition, they enhanced the plasmon resonance using nanoantenna structures and further enhanced the shielding effectiveness at the resonant frequency. As a detailed discussion of this topic is beyond the scope of this

review, relevant literature on the metasurface absorbers can be found in subsequent studies [94–96].

In order to achieve the terahertz wave absorbing function and eliminate potential EM pollution, impedance optimization is necessary. Shui et al. [17] prepared a thin and light terahertz absorber by soaking the polyurethane (PU) sponge in  $\text{Ti}_3\text{C}_2\text{T}_x$

**TABLE 1** | EMI shielding properties of materials in the microwave band.

Type	Material	Electrical conductivity ( $\text{S cm}^{-1}$ )	Thickness ( $\mu\text{m}$ )	SE (dB)	SSE/t (dB $\text{cm}^2 \text{g}^{-1}$ )	References	
MXenes	Conv- $\text{Ti}_3\text{C}_2\text{T}_x$	6500	8	59	/	[70]	
	HC- $\text{Ti}_3\text{C}_2\text{T}_x$	18,000	8	75			
	$\text{Ti}_3\text{CNT}_x$	4200	10	58			
	$\text{V}_2\text{CT}_x$	1400	10	49			
	$\text{Nb}_2\text{CT}_x$	600	10	40			
	$\text{Mo}_2\text{Ti}_2\text{C}_3\text{T}_x$	390	10	38			
	$\text{Ti}_3\text{C}_2\text{T}_x$		18,787	2	57.1	105,853	[85]
				3.8	63.1	61,762	
				5.9	69.1	43,395	
				12.2	83.9	25,279	
				1.3	57.8	167,837	
				3.2	64.7	75,128	
				6	74.0	45,756	
	$\text{Ti}_3\text{C}_{1.9}\text{N}_{0.1}\text{T}_x$		35,000	8.2	87.0	39,213	
12.7				98.2	28,574		
15.4				109.6	26,257		
10				82	9213		
18				78	16,049		
10				70	7865	[70]	
8				66	30,556		
2.3 mm				20	10,870	[86]	
Metal-based	Cu	/	10	82	9213		
	Al	/	18	78	16,049		
	Cu	/	10	70	7865	[70]	
	Al	/	8	66	30,556		
	AgNW/WPU	0.035	2.3 mm	20	10,870	[86]	
Carbon-based	PVA/Ag/ $\text{Ti}_3\text{C}_2\text{T}_x$	/	145.4	101.9	36,501.5	[87]	
	CNT mat	41.7	10.8	77	12,833	[88]	
	Porous graphene	/	200	47.8	49,750	[89]	
	Graphene	1136	50	62	18,300	[90]	
		25,800	50	127.3	13,021	[91]	
Supporting film	E-beam evaporated Au	/	10 nm		$\sim 1.19 \times 10^6$	[68]	
			20 nm		$\sim 8.23 \times 10^5$		
			30 nm		$\sim 5.59 \times 10^5$		
	Heat-treated $\text{Ti}_3\text{C}_2\text{T}_x$ assemblies	~5000	2.3 nm	1.03	$1.87 \times 10^6$		
			6.9 nm	6.42	$3.89 \times 10^6$		
			11.5 nm	9.31	$3.39 \times 10^6$		
			16.1 nm	11.89	$3.09 \times 10^6$		
			20.7 nm	13.84	$2.80 \times 10^6$		
			34.5 nm	14.78	$1.79 \times 10^6$		
			41.4 nm	17.13	$1.73 \times 10^6$		

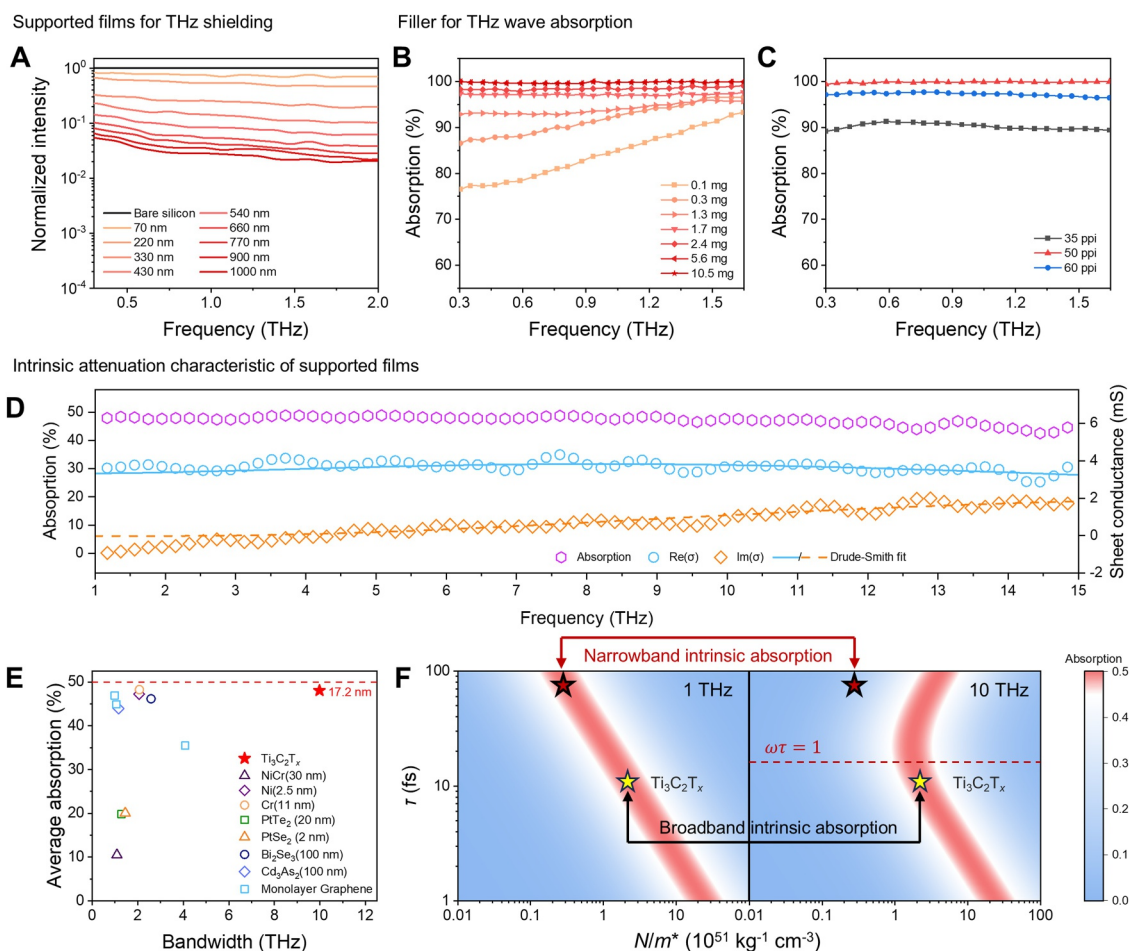
Abbreviations: AgNW, Ag nanowire; WPU, water polyurethane.

MXene solution. The porous structure allows MXene with high EM loss capability to be dispersed within air, optimizing impedance to absorb EM waves. By adjusting the MXene loading and pore size, RL of porous MXene sponges can reach about 65 dB (Figure 4B,C).

The outstanding terahertz wave shielding and absorption characteristics have prompted researchers to investigate its intrinsic attenuation mechanisms. Li et al. [97] first studied the terahertz conductivity properties of  $\text{Ti}_3\text{C}_2\text{T}_x$  thin film on a glass substrate using a terahertz time-domain spectroscopy (THz-TDS).  $\text{Ti}_3\text{C}_2\text{T}_x$  films follow the Drude-Smith model with a high ( $\sim 2 \times 10^{21} \text{ cm}^{-3}$ ) intrinsic charge carrier density and relatively high ( $\sim 34 \text{ cm}^2 \text{ V}^{-1} \text{ s}^{-1}$ ) mobility of carriers within individual nanoplatelets. A 16-nm-thick film reaches an average absorption coefficient of  $\sim 46,000 \text{ cm}^{-1}$  in the 0.2-2 THz band, consistent with the range predicted by theory but lower than the predicted value of stacked graphene sheets. However, the terahertz attenuation characteristics of  $\text{Ti}_3\text{C}_2\text{T}_x$  are not easily fully revealed in the narrow terahertz band. Zhao et al. [93] further explored the broadband absorption characteristics

and terahertz wave attenuation mechanism of  $\text{Ti}_3\text{C}_2\text{T}_x$  using air-plasma-biased coherent detection (ABCD) THz-TDS. The 17.2-nm-thick  $\text{Ti}_3\text{C}_2\text{T}_x$  film approaches the intrinsic absorption limit (50%) in the 1–10 THz range, demonstrating the most excellent intrinsic absorption properties to date (Figure 4D,E). Improved  $\text{Ti}_3\text{C}_2\text{T}_x$  film quality could further optimize this thickness to 10.2 nm. This exceptional performance originates from the short scattering time ( $< \sim 15 \text{ fs}$ ) and high carrier concentration ( $> \sim 10^{21} \text{ cm}^{-3}$ ).

To elaborate prerequisites for broadband high-efficiency intrinsic absorption, we establish a parameter mapping via the Drude-Smith model. Using a fixed film thickness of 20 nm and backscattering coefficient  $c = -0.58$ , we delineated critical parameter constraints (Figure 4F). According to the map, when  $\omega\tau > 1$ , conductivity experiences a significant decline. This phenomenon typically occurs in the terahertz frequency range due to carrier scattering times generally being on the order of tens of femtoseconds. High  $\tau$  values lead to a sharp conductivity reduction at higher terahertz frequencies, which leads to different requirements for intrinsic absorption at varying ratio of



**FIGURE 4** | Terahertz attenuation properties of  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene. (A) Normalized transmitted intensity spectra of the bare silicon and various thicknesses of MXene films on the silicon substrate. Reproduced with permission from Ref. [92]. Copyright 2018, Wiley-VCH. (B,C) THz absorption by MXene/PU sponge with different parameters. Panel (B) is with different  $\text{Ti}_3\text{C}_2\text{T}_x$  loading but fixed 2 mm thickness and pore size of 50 ppi. Panel (C) is with different pore sizes but fixed 2 mm thickness and  $2.8 \pm 0.5 \text{ mg}$   $\text{Ti}_3\text{C}_2\text{T}_x$  loading. Reproduced with permission from Ref. [17]. Copyright 2020, Wiley-VCH. (D) The terahertz absorbance and sheet conductance versus frequency of a 17.2-nm-thick  $\text{Ti}_3\text{C}_2\text{T}_x$  film. (E) Average absorbance versus bandwidth for various materials. Reproduced with permission from Ref. [93]. Copyright 2023, Springer Nature. (F) Intrinsic absorption mapping for a 20-nm-thick film (here  $c = -0.58$ ) at 1 and 10 THz.

carrier concentration to effective mass ( $N m^{*-1}$ ) across different frequencies, thereby resulting in narrowband absorption characteristics. As scattering time decreases, the dispersion properties of sheet conductivity also diminish, which is a necessary condition for achieving broadband intrinsic absorption in the terahertz range. However, in order to achieve impedance matching at a lower scattering time and a small thickness, films are required to have high carrier concentrations. Ultrathin  $Ti_3C_2T_x$  MXene assemblies meet the requirements of low scattering time and exhibit ultra-high carrier concentration,

resulting in ultra-broadband strong absorption characteristics even at thin thicknesses. This combination constitutes an advantage unattainable with most other 2D materials. For instance, although graphene possesses a wide range of gate-tunable sheet carrier concentration to realize impedance matching, its long scattering time hinders its interaction with high-frequency terahertz waves [15, 58]. The terahertz electrical conductivity parameters (based on Drude or Drude–Smith model) of MXenes and other materials are summarized in Table 2. A short relaxation time leads to a high relaxation

**TABLE 2** | Electrical conductivity parameters of materials in the terahertz band.

Type	Material	Thickness (nm)	$\sigma_0$ (S cm <sup>-1</sup> )	$\tau$ (fs)	$f_r$ (THz)	$c$	References	
MXenes	$Ti_3C_2T_x$	3.0	$2.05 \times 10^4$	9.62	16.54	-0.82	[93]	
		6.4	$1.92 \times 10^4$	10.61	15.00	-0.79		
		8.0	$1.88 \times 10^4$	10.73	14.83	-0.76		
		10.2	$1.58 \times 10^4$	10.98	14.49	-0.72		
		11.8	$1.92 \times 10^4$	12.60	12.63	-0.68		
		13.3	$1.80 \times 10^4$	12.59	12.64	-0.66		
		$Mo_2Ti_2C_3T_x$	80	70	16	9.95	-0.941	[98]
		$Mo_2Ti_2C_3T_x$ (annealed)	~50	110	20	7.96	-0.875	
		$Mo_2TiC_2T_x$	~1.3 $\mu m$	26	36	4.42	-0.864	
		$Mo_2TiC_2T_x$ (annealed)	/	22	31	5.13	-0.895	
Semimetals	Graphene (single crystal)	Monolayer	2.19 mS cm <sup>-1</sup>	68	2.34	/	[58]	
			1.54 mS cm <sup>-1</sup>	43	3.70	-0.60		
	Graphene (polycrystalline)		0.5 mS cm <sup>-1</sup>	44	3.61	/	[15]	
			1.94 mS cm <sup>-1</sup>	99	1.60	/		
	Graphene (electrical gating)		1.94 mS cm <sup>-1</sup>	28	5.68	/		
			2.68 mS cm <sup>-1</sup>	74	2.15	/		
	Graphene (chemical doping)		4.00 mS cm <sup>-1</sup>	111	1.43	/		
		PdTe <sub>2</sub>	5	$1.36 \times 10^4$	34.46	4.62	-0.69	[99]
			10	$1.47 \times 10^4$	16.31	9.76	-0.57	
15			$4.83 \times 10^4$	37.69	4.22	-0.73		
20			$5.68 \times 10^4$	29.91	5.32	-0.65		
	PtSe <sub>2</sub>	3.3	12.12	69.15	2.30	-0.99	[100]	
		5.8	603.45	58.25	2.73	-0.312		
		8.5	1894.12	36.59	4.35	-0.233		
Metals	Cu	/	/	23.72	6.71	/	[101]	
		/	/	23.12	6.88	/		
	Au (273 K)	/	/	30	5.3	/	[102]	
	Au (77 K)	/	/	120	1.3	/		
	Cu (273 K)	/	/	27	5.9	/		
	Cu (77 K)	/	/	210	0.76	/		
Topological insulators	$Bi_2Se_3$ (5 K)	~128	546.88	~145	~1.1	/	[63]	
	$Bi_2Se_3$ (300 K)	~120	992	~227	0.7	/	[103]	
Semiconductors	n-Si (295 K)	200 $\mu m$	0.12	295	0.54	/	[104]	
	n-GaAs (295 K)	190 $\mu m$	1–10	165	0.96	/	[105]	
	WSe <sub>2</sub> ( $n_h = 1.4 \times 10^{12}$ cm <sup>-2</sup> )	Monolayer	0.468 mS cm <sup>-1</sup>	592	0.27	/	[106]	
	WSe <sub>2</sub> ( $n_h = 1.3 \times 10^{11}$ cm <sup>-2</sup> )	Monolayer	/	464	0.34	/		

frequency ( $f_r$ ), ensuring dispersionless conductivity across the entire terahertz band. Meanwhile, a high carrier concentration promotes elevated  $\sigma_{DC}$ , enabling  $Ti_3C_2T_x$  to exhibit highly efficient broadband film intrinsic absorption.

Interestingly, there is a vast difference in the assemblies between the DC impedance measured by the Hall effect and the AC impedance measured by terahertz time-domain spectroscopy. Combined with the Drude–Smith model, the incidence of a terahertz driving pulse can cause carrier oscillation, isotropic scattering, and backscattering, where backscattering occurs at defects and impurities within the flake, especially at the flake boundaries. Although terahertz pulses interact with MXene flakes and are converted into thermal energy, carriers oscillate over short-range distances, less affected by boundary backscattering effect than the long-range carrier migration caused by DC (even microwave). Therefore, the DC parameters cannot perfectly guide researchers in selecting excellent terahertz loss materials, which is in stark contrast to the microwave band. Additionally, it has been demonstrated that substrates affect carrier scattering in MXene assemblies, and this influence becomes particularly significant when the MXene films reach smaller thicknesses [107].

### 3 | Methods for Regulating the EM Attenuation Characteristics of MXenes

The composition and intercalation agent of MXenes determines their electron transport properties, significantly influencing their EM attenuation characteristics. For example, it is reported that the conductivity of  $Ti_3C_2T_x$  film can be more than 1000 times higher than that of  $Nb_2CT_x$  film [108]. Replacing the -OH group of  $Ti_3C_2$  with -O will cause a massive increase in the work function (from 2.02 to 5.97 eV) [109, 110]. Se-terminated  $Nb_2CT_x$  can enter a superconducting state at a low temperature [24]. Furthermore, MXenes possess tunable chemical compositions. This characteristic enables precise control over both conductive and polarization losses, thereby optimizing the desired microwave and terahertz attenuation parameters. In addition, dynamic modulation of MXenes' EM attenuation properties has recently stimulated significant interest, holding promise for enabling smart terahertz devices. This section describes the static performance design of MXenes and the dynamic modulation of their attenuation characteristics to EM waves.

#### 3.1 | Composition Tailoring

Conductive loss and polarization loss can be regulated by adjusting the M-, X-, and  $T_x$ -site species, thereby changing MXenes' EM shielding and absorption properties in microwave and terahertz bands. Therefore, significant changes in conductive and polarization loss can be achieved through composition tailoring.

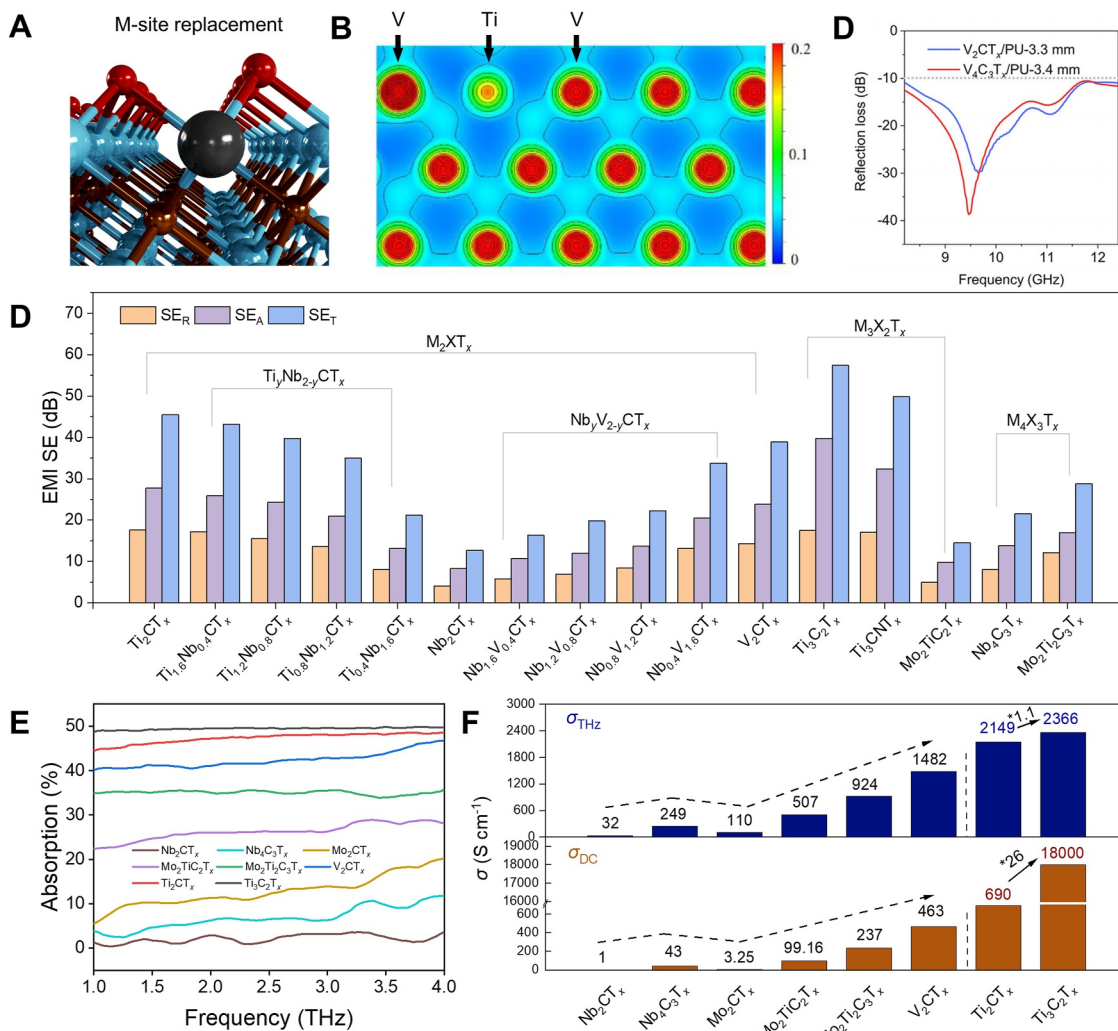
##### 3.1.1 | M-Site Replacement

M-site elements significantly contribute to the density of states (DOS) spectrum and are highly related to macroscopic electron

transport [111]. Compositional engineering of the M-site further enables precise tailoring of the charge density map (Figure 5B), which directly modulates dipole polarization dynamics and can generate additional dipoles through charge redistribution [112, 114]. This atomic-level tunability establishes a multiscale framework for engineering EM wave attenuation mechanisms, providing a materials design strategy to achieve programmable microwave absorption through structural–electronic synergy.

M-site substitution enables balancing conductive and polarization losses, thereby enhancing microwave absorption performance. According to the theoretical research of Xia's group [34], strong dielectric dispersion is essential for broadening the EAB, requiring synergistic contributions from these loss mechanisms. Han et al. [78] prepared V-based MXene/PU composites and verified the above discussion through experiments. The EAB of the composites covers the whole X-band, showing extremely outstanding performance among nonmagnetic materials (Figure 5C). In detail, the optimal RL value of  $V_2CT_x/PU$  reaches  $-30$  dB at the thickness of 3.3 mm with the loading ratio of 2.2 wt%, and that of  $V_4C_3T_x/PU$  reaches  $-39$  dB at the thickness of 3.4 mm with the loading ratio of 2.1 wt%. The excellent performance is attributed to appropriate conductive loss and sufficient polarization loss. Specifically, weakened conductive loss allows more polarization units to be accommodated in the absorber in impedance matches, thereby enhancing polarization loss (at the expense of a slight increase in fill ratio). As a result, the dispersion of the real part of the permittivity increases, leading to enhanced broadband destructive Interference, thereby enhancing the EAB in the X-band. Furthermore, arranging M-site elements in disorder is another way to regulate EM attenuation characteristics and is beneficial to induce dipole polarization further, and adjust conductive loss. In this regard, Han et al. [115] proposed a solid solution strategy to modify the M-site elements of MXenes to tailor the electronic properties. Varying M-site composition will significantly alter the conductivity, thus affecting EMI shielding properties (Figure 5D) [108]. Xu et al. [116] further reveal that the solid solution strategy affects both polarization loss and conductive losses.

In addition, adjusting the M-site elements greatly impacts the terahertz response due to differences in electron transport characteristics. Titova's group reported the terahertz conductivity of  $Ti_3C_2T_x$ ,  $Mo_2Ti_2C_3T_x$ , and  $Mo_2TiC_2T_x$  [97, 98, 117].  $Ti_3C_2T_x$  films prepared from different batches exhibit apparent differences in terahertz conductivity, which may be influenced by various factors, such as quality, film thickness, and processing methods [93]. Fei et al. [113] provide a systematic report of the intrinsic terahertz properties of MXene thin films with varying M-site elements. An enhancement in the intrinsic terahertz absorption was correlated with increasing terahertz conductivity for MXenes at an approximate thickness of  $\sim 20$  nm (Figure 5E). Moreover, the effective electron mass ( $m^*$ ) in MXenes cannot be fully reduced to the free electron mass ( $m_0$ ). Furthermore, the terahertz conductivity is governed by the ratio of the carrier concentration ( $n$ ) to the effective mass ( $m^*$ ). Additionally, although  $Ti_2CT_x$  exhibits a substantial discrepancy in DC conductivity compared to  $Ti_3C_2T_x$ , their AC conductivities converge within the terahertz band (Figure 5F).



**FIGURE 5** | Tuning the EM attenuation properties of MXenes via M-site substitution. (A) Schematic illustration of EM attenuation regulation through M-site replacement. (B) Charge density map of  $(V_{0.8}Ti_{0.1}Cr_{0.1})_2AlC$ . Reproduced with permission from Ref. [112]. Copyright 2022, Elsevier. (C) Optimal RL of  $V_2CT_x/PU$  (2.2 wt%) and  $V_4C_3T_x/PU$  composites (2.1 wt%). Reproduced with permission from Ref. [78]. Copyright 2022, Elsevier. (D) The average EMI  $SE_T$  of different MXene films in the X-band. Reproduced with permission from Ref. [108]. Copyright 2020, American Chemical Society. (E) Terahertz absorbance of MXene films with various M-site element. (F) Terahertz conductivity and AC conductivity of MXene films with various M-site element. Reproduced with permission from Ref. [113]. Copyright 2025, Wiley-VCH.

### 3.1.2 | X-Site Replacement

The X-site's critical role in governing MXene electrical transport properties, though historically overlooked, has driven substantial breakthroughs over the past 5 years. A key advancement is the progressive enhancement of electrical conductivity—imperative for boosting conductive losses and EMI SE.

In 2016, even  $Ti_3C_2T_x$  synthesized via the minimally intensive layer delamination (MILD) method achieved conductivities of only  $4600\text{ S cm}^{-1}$  [118]. By 2021, MAX precursors sintered with excess aluminum emerged as the preferred method for synthesizing select MXenes. MILD-derived  $Ti_3C_2T_x$  from these precursors reached a conductivity of  $20,000\text{ S cm}^{-1}$  (Figure 6B) [19]. Michałowski et al. [119] employed secondary ion mass spectrometry (SIMS) to demonstrate oxygen occupation in X-sites ( $\leq 30\text{ at}\%$ ) of conventionally sintered MAX phases and their MXene derivatives, thereby substituting carbon atoms (Figure 6C). However, excess aluminum suppresses  $Ti_3AlC_{2-y}O_y$

formation. These findings align with the work by Iqbal et al. [70], which confirmed that oxygen-free X-site engineered  $Ti_3C_2T_z$  delivers superior EMI SE across an ultra-broadband spectrum (110 kHz–110 GHz) than  $Ti_3C_{2-y}O_yT_x$ .

Theoretical insights predict that nitrogen substitution at X-sites enhances electron mobility [121], intensifying interest in nitride MXenes. Koo's group [120] reported that the 40- $\mu\text{m}$ -thick  $Ti_3CNT_x$  film annealed at  $350^\circ\text{C}$  exhibited anomalous higher  $SE_T$  (up to 116 dB) despite their reduced conductivity relative to  $Ti_3C_2T_x$  in the X-band (Figure 6D–F). However, this reason remains unexplained after considering oxidation and interlayer porosity, requiring further investigation. Recent work by Han et al. [85] demonstrates that precision engineering of nitrogen content in  $Ti_3C_{2-x}N_xT_z$  enables tailored electronic transport properties. Annealed  $Ti_3C_{1.9}N_{0.1}T_z$  yielded a record conductivity of  $35,000\text{ S cm}^{-1}$  among MXenes (Figure 6G), while achieving an EMI  $SE_T$  of 87 dB with a thickness of only  $8.2\text{ }\mu\text{m}$  in the X-band, surpassing 10- $\mu\text{m}$ -thick copper foil and exceeding 100 dB in the

W-band (Figure 6H). This strategy marks a milestone for MXenes in EM attenuation, with significant potential for further enhancing performance. However, a further increase in nitrogen content promotes the formation of defects during etching, including voids and surface titanium vacancies, thereby reducing electrical conductivity. Consequently, the development of precise etching strategies is essential to mitigate these adverse reactions.

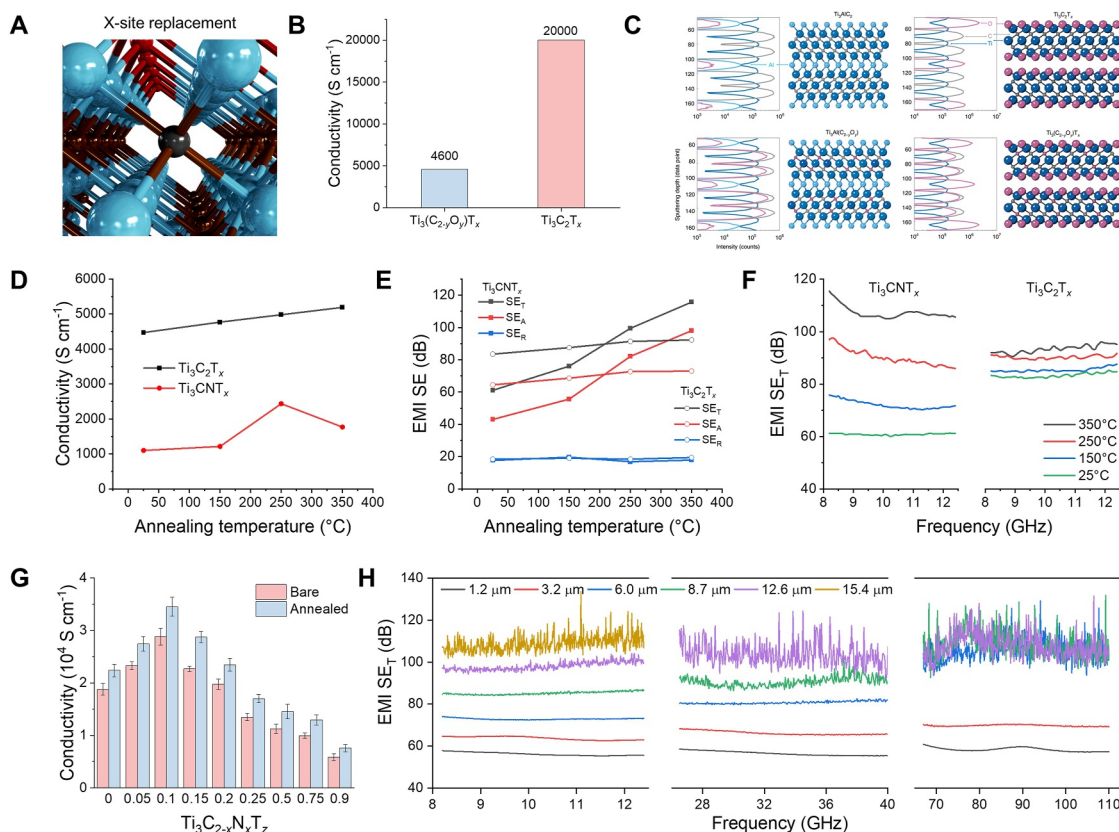
### 3.1.3 | T<sub>x</sub>-Site Replacement

The T<sub>x</sub> sites critically control the work function and Fermi level position [122], giving rise to unique electronic properties. For instance, theoretical calculations predict Ti<sub>2</sub>CO<sub>2</sub> to be a p-type semiconductor, whereas Ti<sub>2</sub>CF<sub>2</sub> and Ti<sub>2</sub>C(OH)<sub>2</sub> exhibit metallic states [123]. Furthermore, distinct functional groups significantly alter the electron localization function value and modulate the dipole moments. These collective interactions significantly regulate EM attenuation.

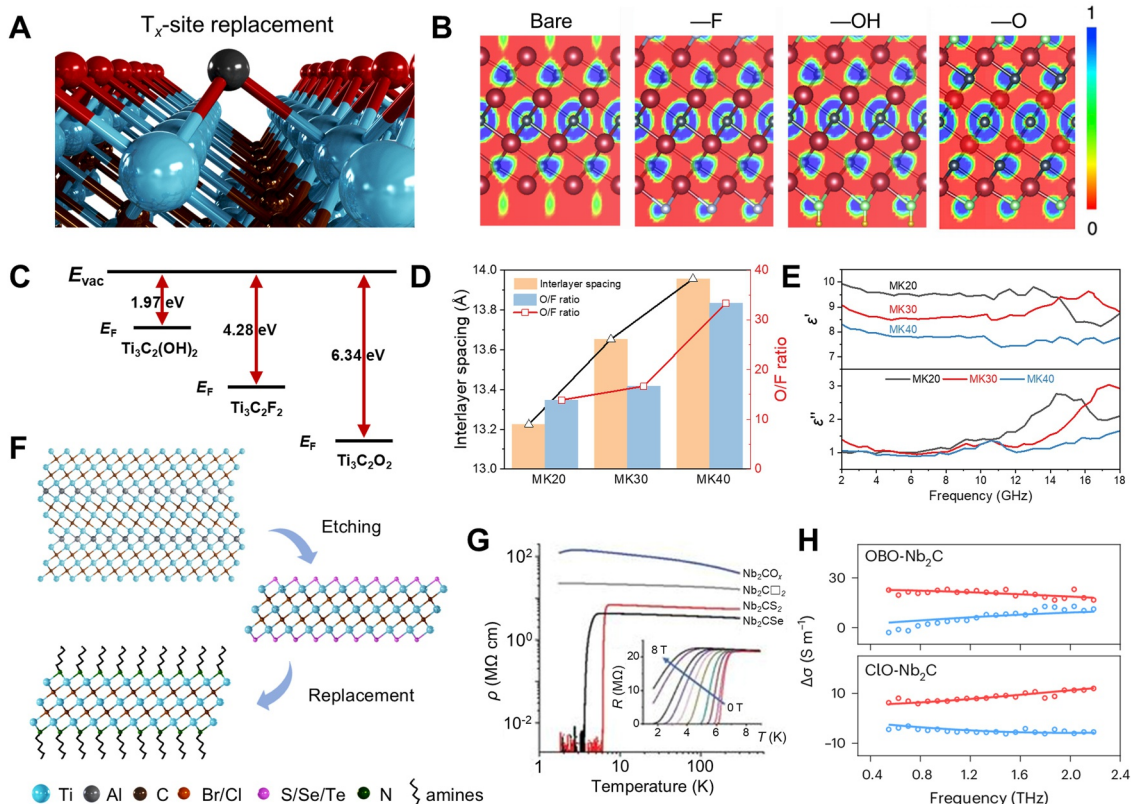
Density functional theory (DFT) calculations reveal the relationship between surface terminations and the resultant dipole moments [112]. The electron localization function (ELF) plots

show that electrons will be localized around -O, -OH, and -F groups, indicating that terminations critically affect the polarization behavior of MXenes (Figure 7B) [78]. Consequently, the dipole moment can be precisely tailored by substituting MXene terminations with groups exhibiting different electronegativities and sizes. Furthermore, modulation of the T<sub>x</sub>-site composition alters the work function and profoundly modifies carrier transport characteristics, as well as space charge region polarization within heterostructures (Figure 7C) [124]. Variations in the size of terminations during substitution simultaneously adjust the interlayer spacing (Figure 7D), thereby modifying interlayer hopping conductivity. This dual modulation of conductivity and polarization tailors the permittivity of MXenes, enabling precise control over their EM attenuation properties (Figure 7E).

A significant breakthrough involves the synthesis of halide-terminated MXenes (e.g., Ti<sub>3</sub>C<sub>2</sub>Br<sub>2</sub> and Ti<sub>3</sub>C<sub>2</sub>Cl<sub>2</sub>) via molten salt etching [126], which enables controlled substitution [127]. The relatively weak Ti-Br and Ti-Cl bonds exhibit high substitution potential, permitting the grafting of diverse groups—including S, Se, Te, and amines (Figure 7F) [128]. Grafting polar organic groups offers a promising route to engineer abundant polarization sites directly on MXene surfaces, potentially enhancing polarization loss significantly. T<sub>x</sub>-site replacement also critically



**FIGURE 6** | Tuning the EM attenuation properties of MXenes via X-site substitution. (A) Schematic illustration of EM attenuation regulation through X-site replacement. (B) Electrical conductivity comparison of Ti<sub>3</sub>C<sub>2-*y*</sub>O<sub>*y*</sub>T<sub>*x*</sub> [118] and Ti<sub>3</sub>C<sub>2</sub>T<sub>*x*</sub> [19]. (C) Depth profiles of Ti<sub>3</sub>AlC<sub>2</sub> MAX and multilayer Ti<sub>3</sub>C<sub>2</sub>T<sub>*x*</sub> MXene via SIMS. Reproduced with permission from Ref. [119]. Copyright 2022, Springer Nature. (D) Conductivity and (E) EMI SE versus temperature of 40- $\mu$ m Ti<sub>3</sub>CNT<sub>*x*</sub> and Ti<sub>3</sub>C<sub>2</sub>T<sub>*x*</sub> films. (F) EMI SE<sub>T</sub> versus frequency of 40- $\mu$ m Ti<sub>3</sub>CNT<sub>*x*</sub> and Ti<sub>3</sub>C<sub>2</sub>T<sub>*x*</sub> films. Reproduced with permission from Ref. [120]. Copyright 2020, American Association for the Advancement of Science. (G) Electrical conductivities of Ti<sub>3</sub>C<sub>2-*x*</sub>N<sub>*x*</sub>T<sub>*z*</sub> before and after annealing. (H) EMI SE<sub>T</sub> values of Ti<sub>3</sub>C<sub>1.9</sub>N<sub>0.1</sub>T<sub>*z*</sub> films with varying thicknesses in the X-, Ka-, and W-bands. Reproduced with permission from Ref. [85]. Copyright 2025, Wiley-VCH.



**FIGURE 7** | Tuning the EM attenuation properties of MXenes via  $T_x$ -site substitution. (A) Schematic illustration of EM attenuation regulation through  $T_x$ -site replacement. (B) ELF of  $V_4C_3T_x$  MXene with different terminations. Reproduced with permission from Ref. [78]. Copyright 2022, Elsevier. (C) Schematic diagram of the variation of the Fermi energy level and work function of  $Ti_3C_2T_x$  with different terminations. (D) Comparison of the effects of different KOH concentration treatments on the layer spacing and O/F ratio. (E) KOH treatment of the EM parameters of  $Ti_3C_2T_x$ . Reproduced with permission from Ref. [124]. Copyright 2023, Wiley-VCH. (F) Schematic illustration of organic-inorganic hybrid MXene synthesis. (G) Temperature-dependent resistivity for the of  $Nb_2CT_x$ . Reproduced with permission from Ref. [24]. Copyright 2020, American Association for the Advancement of Science. (H) Terahertz photoconductivity of OBO- $Nb_2C$  and ClO- $Nb_2C$ . Reproduced with permission from Ref. [125]. Copyright 2024, Springer Nature.

influences electronic transport. For example,  $Nb_2CSe$  exhibits superconductivity at low temperatures (Figure 7G) [24]. In addition, for  $Nb_2C$  MXene with triatomic-layer borate polyanion terminations (OBO- $Nb_2C$ ), photoinduced terahertz conductivity follows the Drude model [125]. In contrast, chlorine/oxygen-terminated  $Nb_2C$  MXene (ClO- $Nb_2C$ ) exhibits behavior consistent with the Drude-Smith model (Figure 7H). The backscattering inherent in the Drude-Smith model impedes carrier transport, resulting in an order of magnitude higher terahertz mobility in OBO- $Nb_2C$  compared to ClO- $Nb_2C$ .

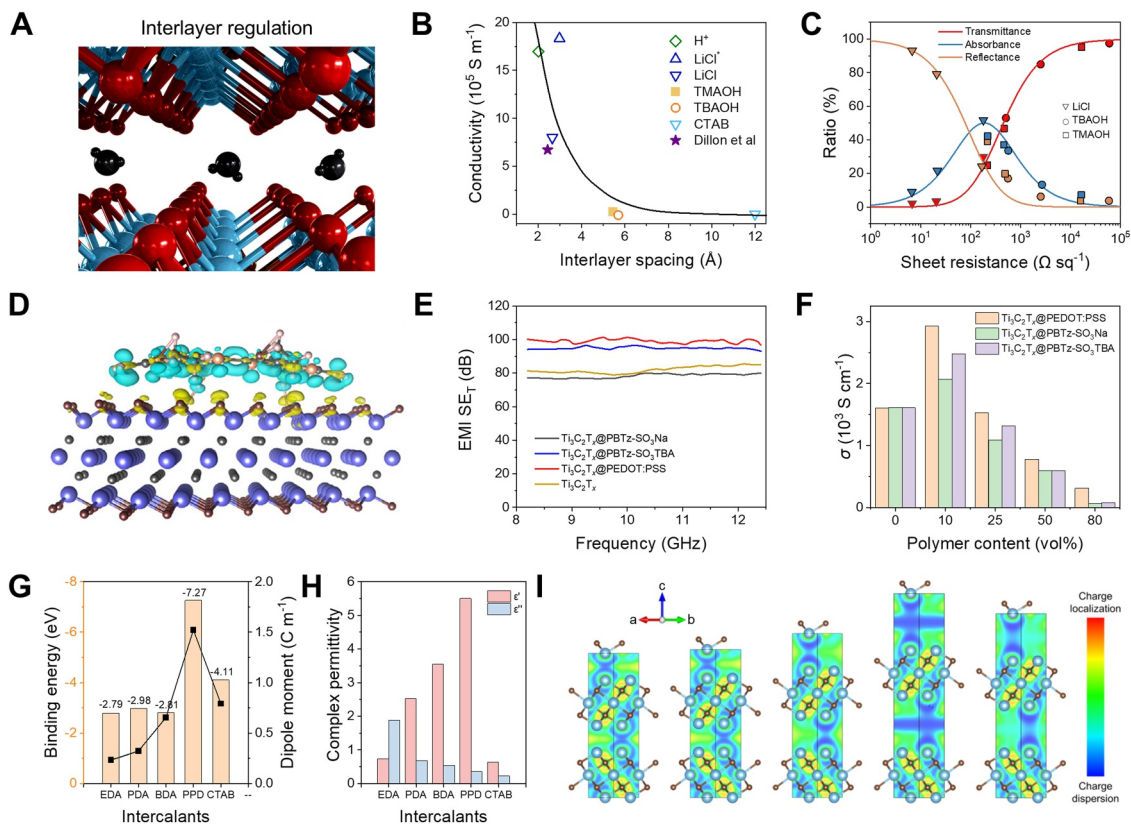
### 3.1.4 | Intralayer Regulation

Beyond intralayer modulation, interlayer interactions play a pivotal role in governing EM attenuation. This phenomenon is exemplified by low-temperature annealing, which enhances the electrical conductivity and EMI SE of MXene films through the removal of intercalants, thereby optimizing interlayer charge transport pathways [129].

Rakhmanov et al. [130] further investigated the influence of interlayer spacing and intercalants on EM attenuation

mechanisms. Through spray-coating solutions containing distinct intercalants (e.g., TMAOH, TBAOH), they fabricated  $Ti_3C_2T_x$  films with precisely controlled layer spacing, which is negatively correlated with the conductivity (Figure 8B). Notably, the measured sheet resistance exhibited significant deviation from theoretical predictions (Figure 8C), indicating that specific intercalant species may induce additional polarization mechanisms that further alter EM attenuation mechanisms.

By optimizing interlayer conductivity through conductive polymers, further enhancement of MXenes' EM shielding performance can be achieved (Figure 8D). MXenes' excellent intralayer conductivity is dominated by band-like transport, and the interlayer conductivity is primarily governed by hopping transport, limiting further performance improvement [133]. Shi et al. demonstrated that polymer anchoring (e.g., PEDOT<sup>2+</sup>) on  $Ti_3C_2T_x$  surfaces enables precise EM response modulation [61]. This approach achieves two counteractive effects: (1) reverse dipole alignment enhances interlayer conductivity and shielding efficiency, whereas (2) forward dipole orientation diminishes shielding performance. Remarkably, PEDOT<sup>2+</sup>-modified films achieved an exceptional EMI SE<sub>T</sub> of ~100 dB at 20  $\mu$ m-thickness due to enhanced interlayer conductivity (Figure 8E,F). In addition, intercalant engineering permits controllable dipole



**FIGURE 8** | Tuning the EM attenuation properties of MXenes via interlayer species substitution. (A) Schematic illustration of EM attenuation regulation through interlayer species replacement. (B) Electrical conductivity versus interlayer spacing of  $\text{Ti}_3\text{C}_2\text{T}_x$  films delaminated with varying intercalants. (C) Reflectance (yellow line), absorptance (blue line), and transmittance (red line) of  $\text{Ti}_3\text{C}_2\text{T}_x$  films delaminated with LiCl, TMAOH, and TBAOH. Reproduced with permission from Ref. [130]. Copyright 2025, Wiley-VCH. (D) Surface differential charge density of  $\text{Ti}_3\text{C}_2\text{T}_x$ @PEDOT:PSS. (E) EMI  $\text{SE}_T$  versus frequency for  $\text{Ti}_3\text{C}_2\text{T}_x$ @polymer (10:1). (F) Conductivity versus polymer content for  $\text{Ti}_3\text{C}_2\text{T}_x$ @polymer. Reproduced with permission from Ref. [131]. Copyright 2024, Elsevier. (G) Binding energy and dipole moment. (H) EM parameters of MXene aerogels with different intercalants. (I) ELF of the MXene aerogels with varying interlayer spacing. Reproduced with permission from Ref. [132]. Copyright 2025, American Chemical Society.

moment design to tune polarization loss (Figure 8G) [131]. Simultaneously, expanded interlayer spacing promotes oxidation of M-atoms, potentially inducing in-plane defects. These defects further generate dipoles and synergistically tune the dielectric constant (Figure 8H) [132]. When disregarding the direct contribution of intercalant species to charge transport, the influence of interlayer spacing variation on MXenes' intrinsic transport properties is revealed by the ELF. ELF analysis indicates reduced charge localization between M-atoms within M-M layers. This facilitates electron cloud migration from surface Ti atoms to subsurface C atoms, consequently modulating interlayer M-M resistance (Figure 8I).

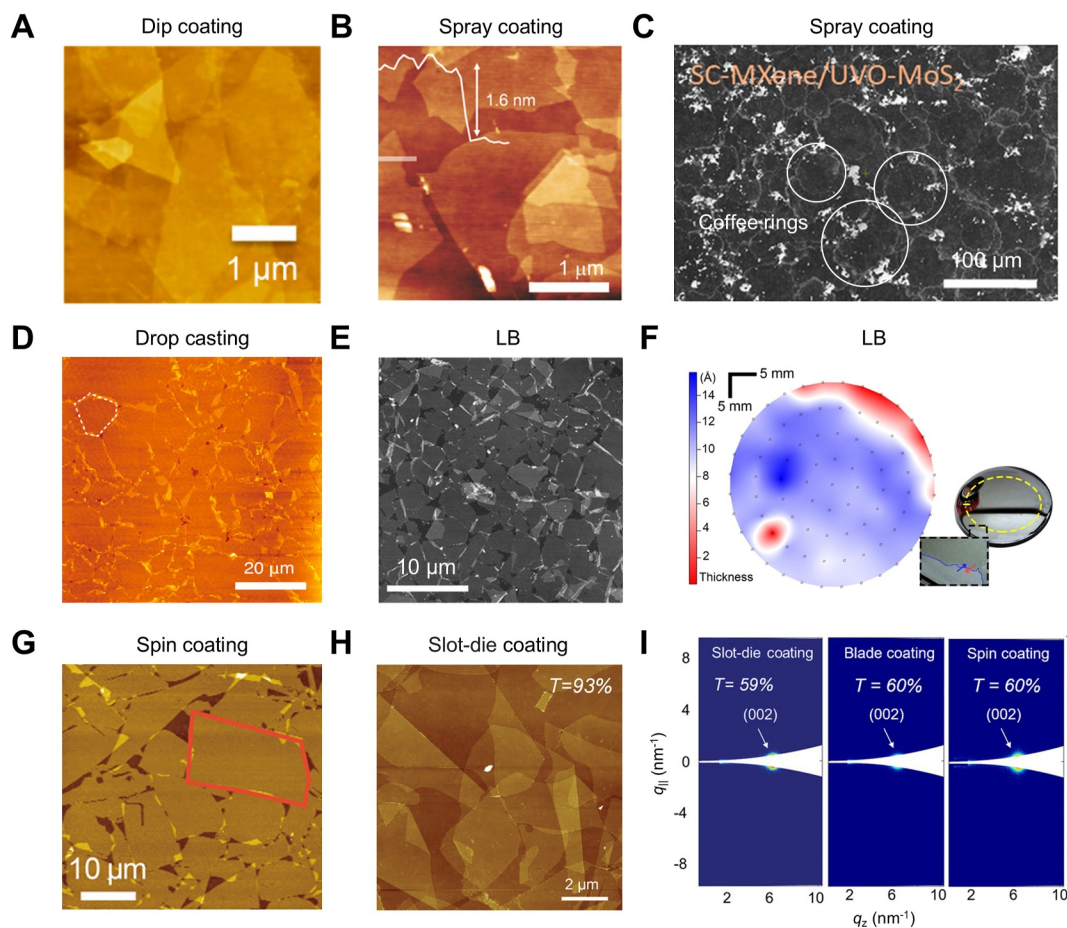
### 3.1.5 | Film Fabrication

The structural characteristics of MXene films significantly influence EM attenuation, with these effects contingent upon various fabrication processes. The fabrication of sub-10-nm-thick MXene films has proven essential for effective EM attenuation application. In particular, neat (dense and without overlap) monolayer films that can be stacked layer by layer with controllable and uniform impedance characteristics have

attracted increasing interest. This section summarizes the commonly used preparation techniques and attempts to analyze their potential effects on EM attenuation, although underlying mechanisms have not yet been fully revealed.

Vacuum filtration is the predominant method employed for the fabrication of micrometer-thick MXene films for EMI shielding. However, the fabrication of nanoscale films is feasible through the modulation of MXene concentration and can be transferred to rigid substrates [134]. Nonetheless, the inherent roughness of filter membranes and uncontrolled solvent evaporation often introduce wrinkles, cracks, and disordered stacking. These defects elevate surface roughness and are anticipated to intensify carrier scattering at boundaries, thereby diminishing electrical conductivity and conductive loss.

Dip coating facilitates the self-assembly of MXene nanosheets into continuous nanometer-thick films via intermolecular forces enabling layer-by-layer deposition [135, 136]. However, uncontrolled stacking of layers occurs during this process (Figure 9A). Moreover, repeated chemical modification introduces significant residual impurities, which promote scattering and reduce charge carrier mobility. The electronic structure can be also affected by the guest species, diminishing carrier concentration and thereby



**FIGURE 9** | The morphological characteristics of thin 2D films determined by the specific processing techniques by various approaches. (A) Atomic force microscopy (AFM) image of a  $\text{Ti}_3\text{C}_2\text{T}_x$  film fabricated by dip coating. Reproduced with permission from Ref. [135]. Copyright 2019, American Chemical Society. (B) AFM image of a  $\text{Ti}_3\text{C}_2\text{T}_x$  film prepared via spray coating. Reproduced with permission from Ref. [137]. Copyright 2018, Wiley-VCH. (C) Scanning electron microscope (SEM) image of a  $\text{Ti}_3\text{C}_2\text{T}_x/\text{MoS}_2$  film produced by spray coating. Reproduced with permission from Ref. [138]. Copyright 2023, American Chemical Society. (D) AFM image of a  $\text{Ti}_{0.87}\text{O}_2$  film processed by drop casting. Reproduced with permission from Ref. [139]. Copyright 2020, American Chemical Society. (E) AFM image of a  $\text{Ti}_3\text{C}_2\text{T}_x$  film fabricated using the Langmuir-Blodgett (LB) technique. Reproduced with permission from Ref. [140]. Copyright 2021, American Chemical Society. (F) Ellipsometric mapping of a monolayer  $\text{Ti}_3\text{C}_2\text{T}_x$  film prepared by the LB technique. (G) AFM image of  $\text{Ti}_{0.87}\text{O}_2$  films processed by spin coating. Reproduced with permission from Ref. [141]. Copyright 2017, American Association for the Advancement of Science. (H) AFM image of  $\text{Ti}_3\text{C}_2\text{T}_x$  films prepared via slot-die coating. Reproduced with permission from Ref. [142]. Copyright 2023, Wiley-VCH. (I) Grazing-incidence small-angle X-ray scattering (GISAXS) wedge plot showing the (002) peak over  $q_z$ . Reproduced with permission from Ref. [142]. Copyright 2023, Wiley-VCH. Reproduced with permission from Ref. [143]. Copyright 2023, American Chemical Society.

lowering conductive loss. Additional polar molecules may also introduce polarization sites, potentially enhancing polarization loss. Spray coating is a widely used technique for fabricating nanometric films (Figure 9B), leveraging the solution processability of MXene dispersions. Impedance can be tuned by adjusting the solution concentration or the number of coating passes [69]. However, this method requires an in situ evaporation and drying step—a complex and often unpredictable nonequilibrium process that leads to difficult-to-control film structures. According to the profile evolution theories, drying can occur via constant radius regime (CRR), constant contact angle regime (CCAR), or mixed modes [144], accompanied by Marangoni [145] and capillary flows [146]. These flows drive internal mass transfer, leading to nonuniform deposition and poor nanosheet orientation [138]. Secondary-electron SEM images clearly show coffee-stain patterns, indicative of impurity accumulation

(Figure 9C). Furthermore, the in situ heating involved accelerates oxidation, hindering the conductivity of MXenes. Drop-casting, akin to spraying with larger droplets, often suffers from uncontrolled mass transfer effects, making it challenging to produce neat films. However, these forces can be actively modulated through chemical assistance, enabling the fabrication of uniform films with tunable layer (Figure 9D) [139, 147].

Enhancing interflake interactions presents an alternative strategy to counteract forces during evaporation, which can be achieved through LB assembly [148]. The LB technique is a method for assembling molecularly ordered thin films at the air-liquid interface, utilizing amphiphilic molecules to achieve precise monolayer formation. By applying mechanical compression to modulate surface pressure, the LB technique enables the formation of neat MXene films (Figure 9E,F). The

resulting enhanced interflake cohesion partially mitigates structural damage induced by evaporation. Furthermore, external mechanical compression can be substituted by Marangoni forces driven by low-surface-tension liquids, thereby simplifying the fabrication process. However, interflake interactions remain limited, often complicating uniform deposition on high-surface-energy substrates. This limitation may be overcome using advanced Langmuir–Schaefer (LS) deposition, which bypasses evaporation through direct substrate adhesion, thereby preserving structural integrity [149]. Additionally, the requirement for amphiphilicity often necessitates chemical modifiers, such as ethyl acetate (EA) [150] or tetrabutylammonium hydroxide (TBAOH) [151], to tailor hydrophilicity and promote effective interfacial accumulation of MXene nanosheets. Although beneficial for assembly, these additives can compromise interflake electrical conductivity and enhance polarizability, leading to increased dielectric loss.

Shear-assisted coating enables rapid fabrication of films with enhanced alignment, which facilitates the formation of well-organized conductive pathways. As an example, spin coating can rapidly yield MXene films of tunable thickness on flat substrates by controlling the solution concentration, despite significant material loss [152, 153]. Moreover, the fabrication of monolayer neat films through spin coating (Figure 9G) depends on external chemical agents that influence EM loss characteristics, as previously mentioned [141, 154]. In contrast, slot-die coating (Figure 9H) [142] and blade coating [80] also enable the deposition of highly oriented films. These techniques have demonstrated notable advantages for transparent conductive films, offering improved alignment (Figure 9I), absence of chemical contamination, and minimal material waste. Nevertheless, uncontrolled layer stacking remains a challenge, hindering the reproducible fabrication of monolayer neat films [143]. A comprehensive comparison of different preparation processes for nano-thick films is summarized in Table 3.

### 3.2 | Dynamic Modulation

Compared to static adjusting, dynamic modulation strategies can adjust EM parameters in real time to regulate the EM attenuation characteristics, facilitating advanced and intelligent applications [157–159], such as active stealth [160], reconfigurable intelligent surface (RIS) [161], and wireless communications [162]. Thermal, electrical, and optical excitation are typical physical approaches to modulate EM attenuation [163]. These techniques have attracted significant interest for their capacity to modify carrier concentration and transport dynamics, thereby tailoring EM responses toward enhanced performance [164].

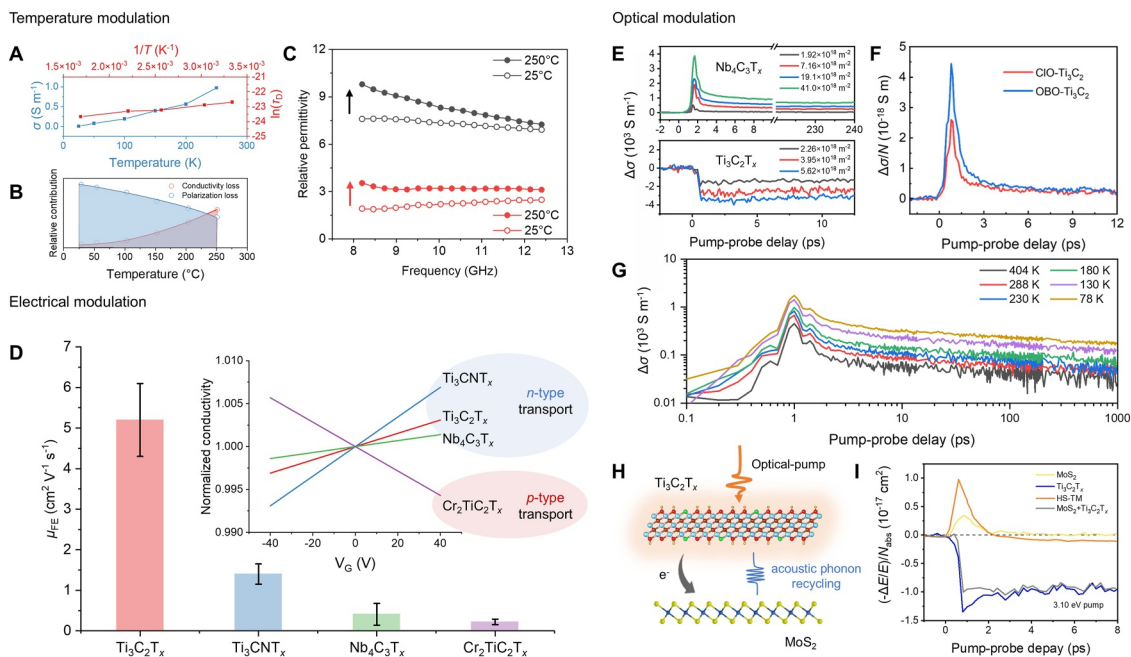
Thermal heating typically exhibits millisecond-scale response times [165, 166]. The electrical conductivity of metallic MXenes generally decreases with rising temperature, whereas that of semiconducting MXenes increases [133, 167]. However, for EM absorbers, the appropriate impedance makes hopping conduction typically governs charge transport. Consequently, conductive loss increases with temperature (Figure 10A) [168]. Simultaneously, elevated temperatures enhance molecular thermal agitation, facilitating dipole reorientation and lowering the energy barrier for dipole rotation. These factors accelerate Debye relaxation, profoundly altering microwave dielectric loss behavior (Figure 10B,C). The shortened polarization relaxation time shifts the relaxation frequency toward lower frequencies, inducing stronger dielectric losses within the target frequency, facilitating broadband effective absorption across the desired frequency range.

Electrical gating demonstrates nanosecond-scale response times [174, 175], enabling precise EM response manipulation through dielectric-induced carrier generation ( $10^{13}$ – $10^{14}$  cm<sup>-2</sup>) and Fermi level manipulation. This process fundamentally changes the charge transport behavior through inter-band or intra-band

**TABLE 3** | Summary of the characteristics of different deposition methods.

	Vacuum filtration and transfer	Spray coating	Spin coating		Blade/Slot-die coating	Dip coating	Drop casting		LB/LS
			Direct	Chemical assistance			Direct	Chemical assistance	
Neat monolayer tiling	×	×	×	○	×	×	×	○	○
Alignment	△	×	○	○	○	×	×	○	○
Clean	○	○	○	×	○	×	○	×	×
Low waste	○	○	×	×	○	×	○	○	△
Conductive loss	↓	↓	—	↓↓	—	↓↓	↓	↓↓	↓↓
Polarization loss	—	—	—	↑	—	↑	—	↑	↑
References	[134, 155]	[69, 130, 137]	[153, 156]	[141, 154]	[113, 142, 143]	[135, 136]	[92, 138]	[139, 147]	[93, 107, 140, 149]

Note: ○ represents good, △ represents medium, and × represents bad. ↓ represents decrease, ↓↓ represents significant decrease, - represents no significant change, and ↑ represents improvement.



**FIGURE 10** | Dynamic modulation of MXene-EM wave interactions via thermal, electrical, and optical excitation. (A) Temperature-dependent  $\ln(\tau_D)$  and  $\sigma$  fitted by Debye theory, (B) relative contribution of polarization loss and conductivity loss, and (C) temperature-dependence complex relative permittivity of  $\text{Ti}_3\text{C}_2\text{T}_x$  MXene/aramid nanofiber (ANF)/polyimide (PI) aerogels. Reproduced with permission from Ref. [168]. Copyright 2022, Elsevier. (D) Field-effect mobility of single-flake  $\text{Ti}_3\text{C}_2\text{T}_x$  [169],  $\text{Ti}_3\text{CNT}_x$  [170],  $\text{Nb}_4\text{C}_3\text{T}_x$  [171], and  $\text{Cr}_2\text{TiC}_2\text{T}_x$  [172], and the (inset) normalized conductivity versus gate voltage. (E) Time-resolved  $\Delta\sigma$  of  $\text{Nb}_4\text{C}_3\text{T}_x$  and  $\text{Ti}_3\text{C}_2\text{T}_x$ , and (G) temperature-dependent terahertz  $\Delta\sigma$  of  $\text{Nb}_4\text{C}_3\text{T}_x$ . Reproduced with permission from Ref. [133]. Copyright 2022, Springer Nature. (F) Time-resolved  $\Delta\sigma$  of  $\text{ClO-Ti}_3\text{C}_2\text{T}_x$  and  $\text{OBO-Ti}_3\text{C}_2\text{T}_x$ . Reproduced with permission from Ref. [125]. Copyright 2024, Springer Nature. (H) Schematic illustration of MXene interact with  $\text{MoS}_2$  under optical pump. (I) Terahertz photoconductivity dynamics normalized by absorbed photon density of  $\text{Ti}_3\text{C}_2\text{T}_x$ ,  $\text{MoS}_2$ , and the heterostructure under 3.10 eV excitations. Reproduced with permission from Ref. [173]. Copyright 2025, American Chemical Society.

transitions, thereby modifying EM interaction characteristics [176]. Graphene has emerged as a benchmark material in this domain, where efficient modulation has been achieved owing to its high mobility resulting from the unique band structure [160, 177]. However, long electron relaxation times induce a frequency-dependent dispersion of the conductivity [15], imposing significant limitations in the high-frequency terahertz region. In contrast, MXenes show potential for broadband EM modulation, yet their efficacy in gate-controlled EM tuning is currently limited by their low field-effect mobility (Figure 10D). Although developing high-mobility MXenes appears promising to solve the problem [178–182], precise synthesis remains challenging.

All-optical modulation exhibits the fastest intrinsic response speeds among the three ways, reaching femtosecond timescales [183]. Optical pump-terahertz probe (OPTP) spectroscopy enables rapid capture of terahertz responses in photoexcited materials. Under optical pumping, high-energy carriers evolve into hot carriers through the carrier-carrier scattering within hundreds of femtoseconds [184]. These hot carriers subsequently relax through carrier-phonon coupling interactions with optical and acoustic phonons. Throughout this process, the material's interaction with terahertz radiation dynamically evolves. MXenes display composition-dependent carrier-phonon coupling due to various electron density of states near the Fermi surface and the matching between electron and phonon energy levels [185, 186], enabling diverse photoresponses.  $\text{Ti}_3\text{C}_2\text{T}_x$  and  $\text{Nb}_4\text{C}_3\text{T}_x$  exhibit

positive and negative photoconductivity ( $\Delta\sigma$ ; Figure 10E), respectively, attributable to hot-carrier thermalization and interband transitions [133]. Crucially, despite sharing similarly ultrafast (fs-scale) carrier-carrier scattering, their carrier relaxation times differ markedly:  $\text{Nb}_4\text{C}_3\text{T}_x$  relaxes within picoseconds, whereas  $\text{Ti}_3\text{C}_2\text{T}_x$  requires nanoseconds. Consequently, ClO- and OBO- terminated  $\text{Ti}_3\text{C}_2$  enable accelerated relaxation (Figure 10F) [125], confirming that composition tailoring and dynamic modulation synergistically regulating EM attenuation behavior. Optical stimulation can work synergistically with temperature. At low temperatures, phonon scattering is reduced and the thermalized carriers induces a higher  $\Delta\sigma$  (Figure 10G). In addition, the relaxation process is expected to be accelerated through MXene/semiconductor interface interactions, including high-energy carriers transfer and acoustic phonon recycling (Figure 10H,I) [173].

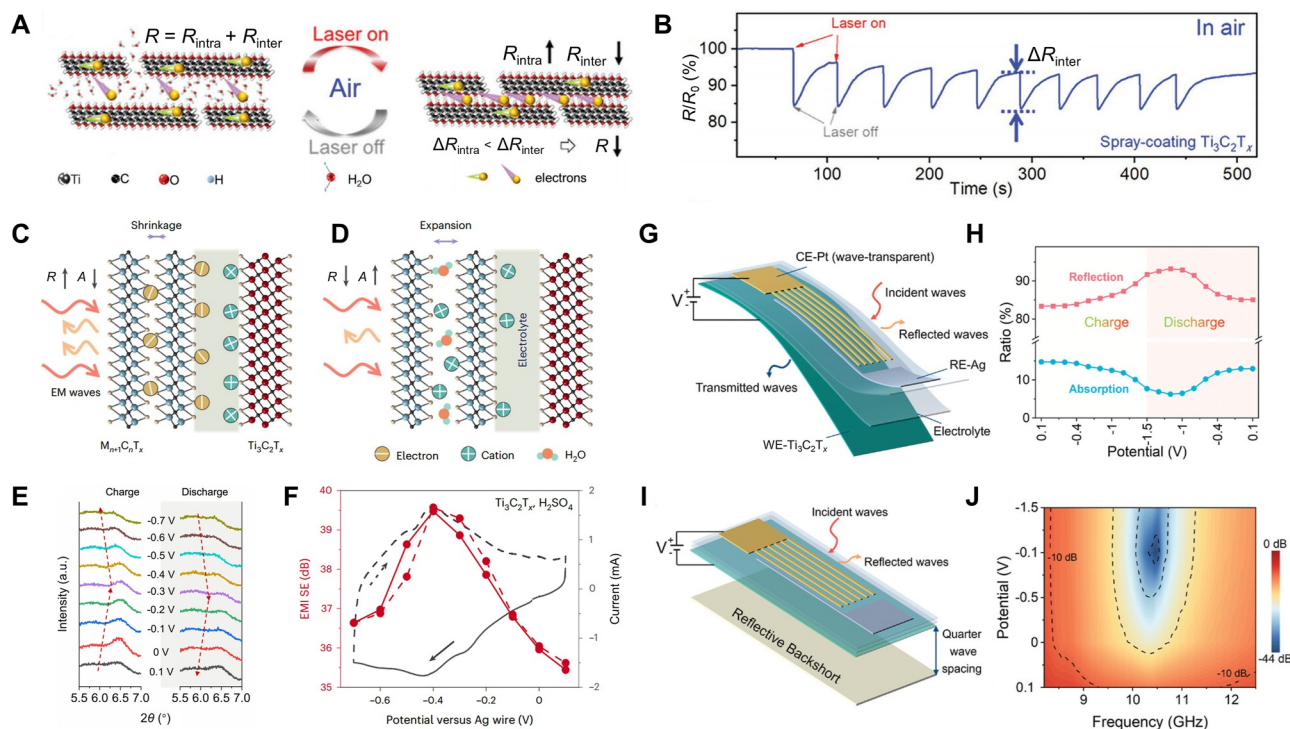
Beyond conventional physical modulation strategies, integrating interlayer and surface chemistry enable 2D materials better modulation depth and fancy properties. Tang et al. [187] studied the dynamic influence of intercalants on the resistivity of MXenes. The resistance of  $\text{Ti}_3\text{C}_2\text{T}_x$  continued to decrease in the dry argon flow and finally stabilized at 72% of the initial resistance value. Passing a wet argon flow can restore this resistance value, indicating that the  $\text{H}_2\text{O}$  intercalation/deintercalation process is reversible. For MXene films whose resistance is dominated by interlayer resistance, near-infrared laser irradiation can further remove water or organic intercalants and

further reduce the resistance (Figure 11A,B). These findings establish the critical role of interlayer and surface guest species in governing electronic transmission properties, yet precise control pathways remain necessary. Ionic gating offers a highly controllable approach for this regulation mechanism, enabling voltage-driven manipulation of guest species interactions with the material, and thus achieving tunable EM attenuation [190]. The large electric double layer (EDL) capacitance and pseudo-capacitance enable ionic gating to induce sheet carrier densities exceeding  $\sim 10^{14} \text{ cm}^{-2}$ , surpassing conventional dielectric gating by 1–3 orders of magnitude [191]. This phenomenon enables materials to undergo fundamental phase transitions from insulating to metallic states, and even to superconducting phases [192], and significantly modulates plasmonic responses in gold [193]. Guest species intercalation further alters coordination numbers and crystal field environments [194, 195], with consequent modifications to electronic structure profoundly reshaping EM attenuation characteristics of 2D layered materials.

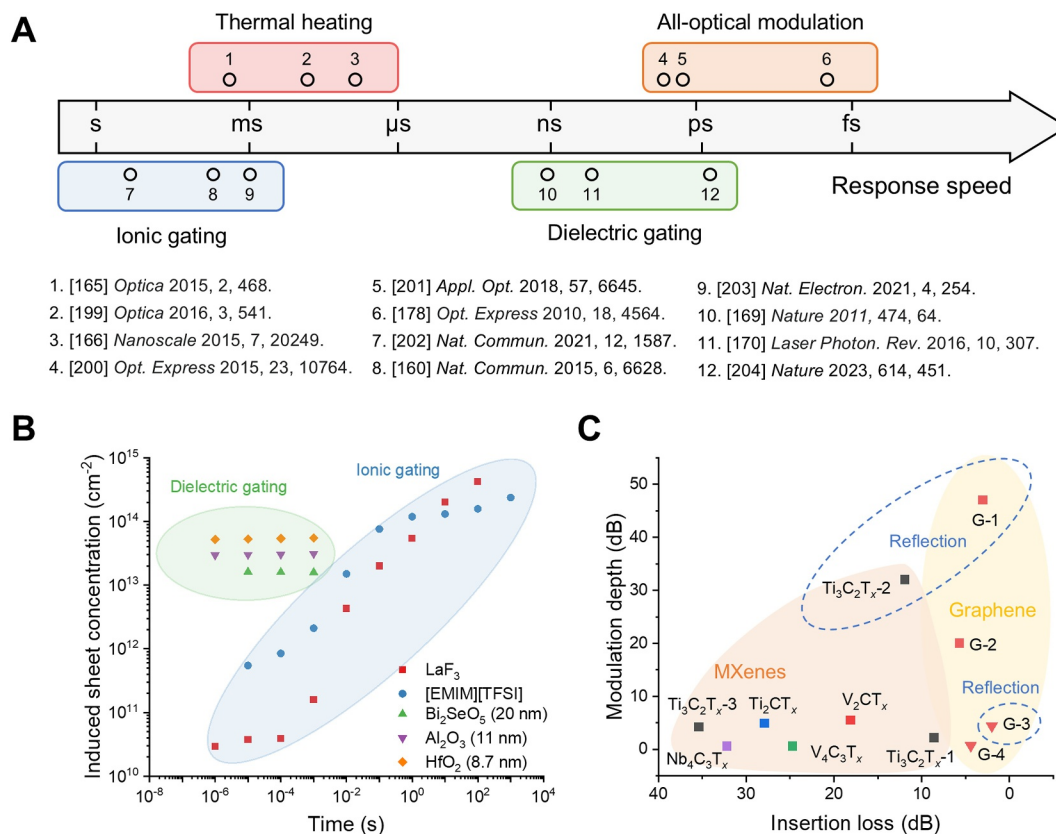
The combination of metal conductivity and redox charge storage endows MXenes unique characteristics in response to incident EM waves and allows EM response to be regulated. Han et al. [188] actively modulated MXenes' response to EM waves via electrochemically driven ion intercalation and deintercalation (Figure 11C,D), which leads to changes in charge transfer, the oxidation state of the transition metal, and interlayer spacing

(Figure 11E). The interaction of MXenes with microwaves changes with the applied potentials. The redox peak indicates that the oxidation state of the M-site element changes during the intercalation and deintercalation process, and affect the conductivity and the EMI shielding characteristics of the MXene film (Figure 11F) [196–198]. Dynamic modulation of materials through intercalation/deintercalation of intercalants changes the electronic structure, which will have a major impact on the conductive loss, thus allowing it to work in the microwave to terahertz bands. Fei et al. [189] further optimized device performance by integrating parallel metal electrodes to improve compactness and refining electrolyte/film impedance for superior modulation (Figure 11G,H). Coupling this device with a Salisbury screen achieved a substantial reflection modulation depth of  $\sim 20 \text{ dB}$  (Figure 11I,J).

Finally, we summarize the differences in modulation mechanisms and materials. Figure 12A compares the typical response times of various modulation approaches [160, 165, 166, 174, 175, 183, 199–204]. Among these, electric-field-based modulation has attracted considerable interest owing to its precision and ease of operation. The relationship between induced carrier concentration and time is estimated and summarized in Figure 12B. Although ionic gating exhibits distinct advantages under extended response-time conditions, dielectric gating remains more commonly employed in high-speed applications due to its faster switching performance. Figure 12C compares the EM



**FIGURE 11** | Dynamic modulation of MXene–EM wave interactions via guest species. (A) Schematic illustration of the resistance changes of  $\text{Ti}_3\text{C}_2\text{T}_x$  induced by laser. (B) Time-resolved resistance changes of  $\text{Ti}_3\text{C}_2\text{T}_x$  induced by laser. Reproduced with permission from Ref. [187]. Copyright 2022, Wiley-VCH. (C,D) Schematic illustration of electrochemically modulated interaction of MXenes with EM waves during (C) deintercalation and (D) intercalation. (E) In situ XRD patterns of the film with  $\text{Ti}_3\text{C}_2\text{T}_x$  electrode in 1 M  $\text{H}_2\text{SO}_4$ . (F) Dynamic EMI  $\text{SE}_T$  and the CVs of the device using a  $\text{Ti}_3\text{C}_2\text{T}_x$  electrode in 1 M  $\text{H}_2\text{SO}_4$ . Reproduced with permission from Ref. [188]. Copyright 2023, Springer Nature. (G) Schematic diagram of a tunable EM attenuator based on parallel metals and  $\text{Ti}_3\text{C}_2\text{T}_x$  electrode and (H) the corresponding extracted variation in reflection and absorption. (I) Schematic diagram of a  $\text{Ti}_3\text{C}_2\text{T}_x$ -based EM attenuator in combination with Salisbury screen and (J) the corresponding RL map. Reproduced with permission from Ref. [189]. Copyright 2024, Wiley-WCH.



**FIGURE 12** | Comparison of various dynamic modulation strategies. (A) Schematic illustration of response speed and modulation methods. The data are adapted from refs. [160, 165, 166, 174, 175, 183, 199–204]. (B) Estimated induced sheet concentration versus time for dielectric gating and ionic gating. The data sources are as follows:  $\text{LaF}_3$  [205], [EMIM][TFSI] [206],  $\text{Bi}_2\text{SeO}_5$  [207],  $\text{Al}_2\text{O}_3$ , and  $\text{HfO}_2$  [208]. (C) Modulation depth versus insertion loss of MXenes and graphene. The data sources are as follows: G-1 [160], G-2 [209], G-3 [210], G-4 [176],  $\text{Ti}_3\text{C}_2\text{T}_x$ -1 and  $\text{Ti}_3\text{C}_2\text{T}_x$ -2 [189],  $\text{Ti}_3\text{C}_2\text{T}_x$ -3 and other MXenes [188].

modulation performance between MXenes and graphene (typical EM modulation materials). Currently, in the regulation of transmission signals, ionic-gated (square points) MXene offers a higher modulation depth than dielectric-gated graphene (inverted triangle), yet remains lower than that of ionic-gated graphene. Although a reflection-mode configuration based on the Salisbury screen mitigates this gap, higher insertion loss of MXenes implying a reduced upper limit for the strength of controllably modulated signals. In summary, although MXene shows application potential for intelligent regulation, there is still a gap in performance, which is expected to be solved through the development of new MXene materials.

## 4 | Conclusions and Perspectives

In summary, MXenes exhibits tunable EM attenuation performance in the microwave and terahertz bands, demonstrating great potential as ultra-lightweight high-efficiency EM shielding and absorption materials.  $\text{Ti}_3\text{C}_2\text{T}_x$  surpasses gold in specific shielding effectiveness (SSE/t), whereas  $\text{Ti}_3\text{C}_{1.9}\text{N}_{0.1}\text{T}_x$  exceeds copper's EMI  $\text{SE}_T$  at equivalent thicknesses. Enabled by ultra-short carrier scattering times and high carrier densities,  $\text{Ti}_3\text{C}_2\text{T}_x$  achieves broadband film impedance matching at nanoscale thicknesses.

When used as absorbers, the large specific surface area of MXenes promotes the formation of conductive networks, the highly oriented random functional groups provide high polarization intensity, and outstanding tunability helps adjust conductive loss and polarization loss, potentially enabling thin and lightweight planar EM absorbers. The unique intercalation-mediated EM attenuation mechanism further suggests potential for intelligent EM modulators. Although critical for next-generation 6G technologies, realizing this potential demands advances in MXene synthesis and fundamental understanding.

### 4.1 | Precise Etching Process for High-Performance MXenes

Defect-free high-quality MXenes are advantageous for enhancing electrical transport properties and are expected to significantly improve conductive loss, thereby promoting higher EMI SE and optimized intrinsic absorption in MXene nanofilms. Currently,  $\text{Ti}_3\text{C}_{1.9}\text{N}_{0.1}\text{T}_x$  has achieved a notable electrical conductivity of approximately  $35,000 \text{ S cm}^{-1}$ . However, the introduction of defects during etching (particularly under high nitrogen content) limits further enhancement in conductivity. Addressing this issue requires advanced etching strategies that

enable precise control over etching thermodynamics and kinetics. Electrochemical etching, for instance, offers a promising approach by enabling accurate regulation of reaction activity through applied voltage, thereby facilitating the synthesis of high-quality MXenes with minimal defects.

## 4.2 | Synthesis of High-Mobility MXenes for Intelligent EM Applications

Owing to their relatively low carrier mobility, MXenes exhibit limited modulation capability under a given induced areal carrier density, primarily due to insufficient modulation in electrical conductivity. Although ionic gating offers an effective means of carrier-density tuning, it suffers from slow response characteristics and inevitably introduces substantial insertion losses caused by dipole polarization and ionic conduction within the electrolyte. Topological insulator MXenes, such as  $\text{Mo}_2\text{TiC}_2\text{O}_2$ , show considerable promise for enabling high-speed and highly sensitive dynamic EM modulation. Previously predicted topological insulator MXenes predominantly feature pure terminations [178–181], yet synthesizing specific pure terminated MXenes remains challenging.

## 4.3 | Uncovering Ultra-Broadband EM Attenuation Mechanisms in MXenes

The broad distribution of relaxation timescales comprehensive analysis of loss mechanisms through narrowband spectroscopy, limiting the rational design of ultra-broadband absorbers. Moreover, the millimeter-wave frequency range appears to encompass critical polarization relaxation processes within MXenes, which are essential for a deeper understanding of their EM attenuation behavior. Elucidating the interaction mechanisms between MXenes and EM waves across a wide spectrum will enable multi-frequency polarization engineering via tailored surface terminations, offering a strategy for achieving high-performance broadband absorption.

### Author Contributions

**Guozheng Zhang:** visualization, writing – original draft, writing – review and editing. **Sitong Li:** visualization, writing – review and editing. **Libo Chang:** investigation, writing – review and editing. **Zelin Zhao:** writing – review and editing. **Tianze Zhang:** writing – review and editing. **Si Chen:** supervision, writing – review and editing. **Xuehang Wang:** writing – review and editing. **Zhe Wu:** writing – review and editing. **Tianpeng Ding:** supervision, writing – review and editing. **Xu Xiao:** supervision, writing – review and editing.

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### Conflicts of Interest

The authors declare no conflicts of interest.

### Data Availability Statement

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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