

Towards more effective residential retrofit interventions

Exploring an alternative monitoring approach to drive the effectiveness of residential energy efficiency retrofit interventions

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P5 | M.Sc. Graduation Thesis | BOLD Cities
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I am going to show...



it is important to **improve** our **understanding of the effects** of energy efficiency interventions



we could improve our understanding by **thinking in systems** and **using innovative technologies**



an **alternative thinking approach** could look like when applied to a specific showcase

A large, jagged iceberg with a dark blue text box overlaid on it. The iceberg is composed of many sharp, vertical peaks and is surrounded by smaller ice chunks in the water. The sky is blue with some white clouds.

BACKGROUND

(Why?)

Context

- Humanity is facing large scale **environmental challenges** emerging from anthropogenic **climate change**
- GHG emissions are considered to be the main driver of change
- EU Members States agreed on **significant reductions of GHG emissions** (based on Paris Climate Agreement)

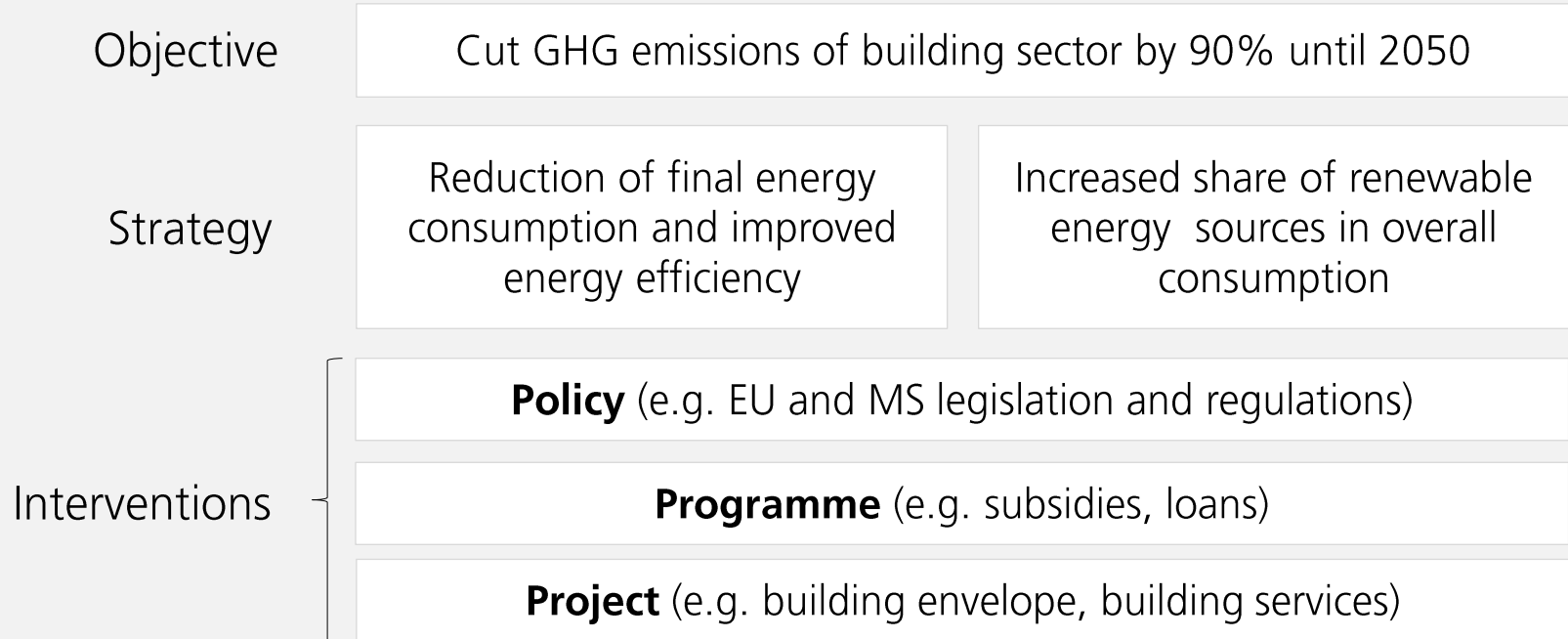


Context

- Success of efforts depends to large parts on the **building sector** (responsible for about **40% of the final energy consumption**)
- Existing **residential housing stock** offers largest potential for reductions (**75%** of EU stock classified as **inefficient**)



European Residential Energy Transition



European Residential Energy Transition

Objective

Cut GHG emissions of building sector by 90% until 2050

Strategy

Reduction of final energy consumption and improved energy efficiency

Increased share of renewable energy sources in overall consumption

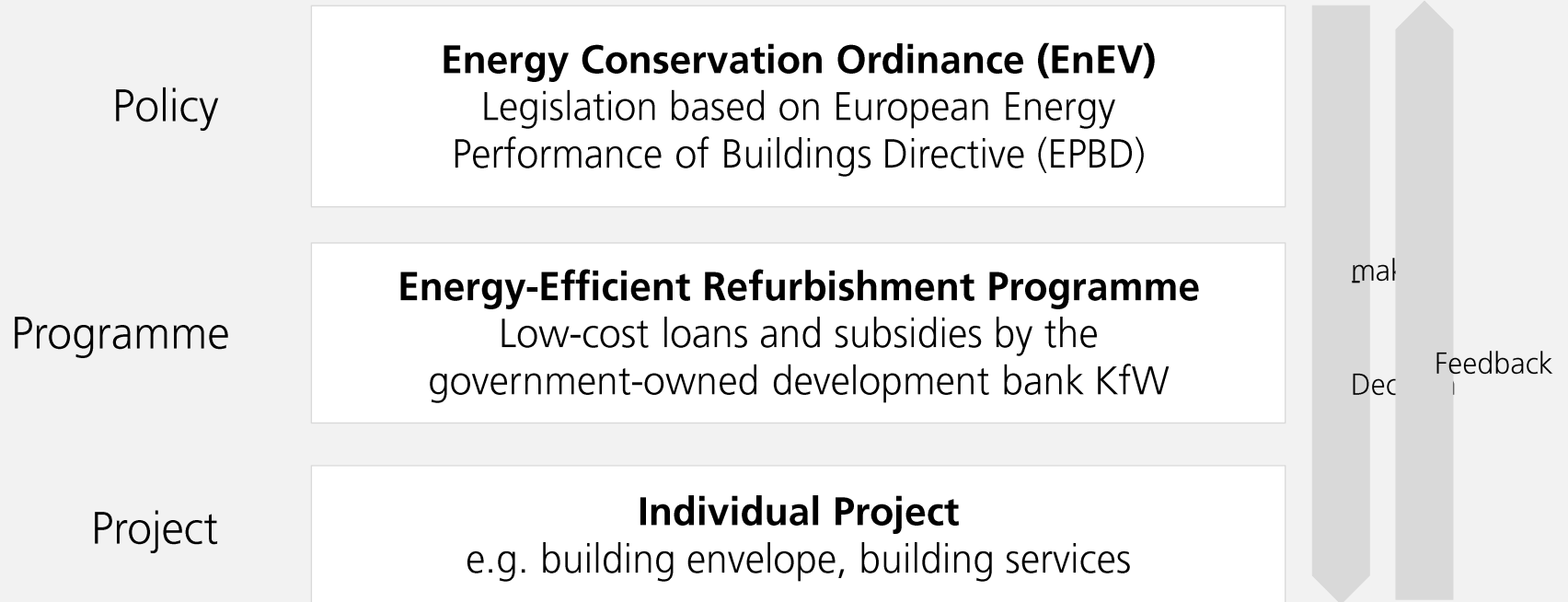
Interventions

Policy (e.g. EU and MS legislation and regulations)

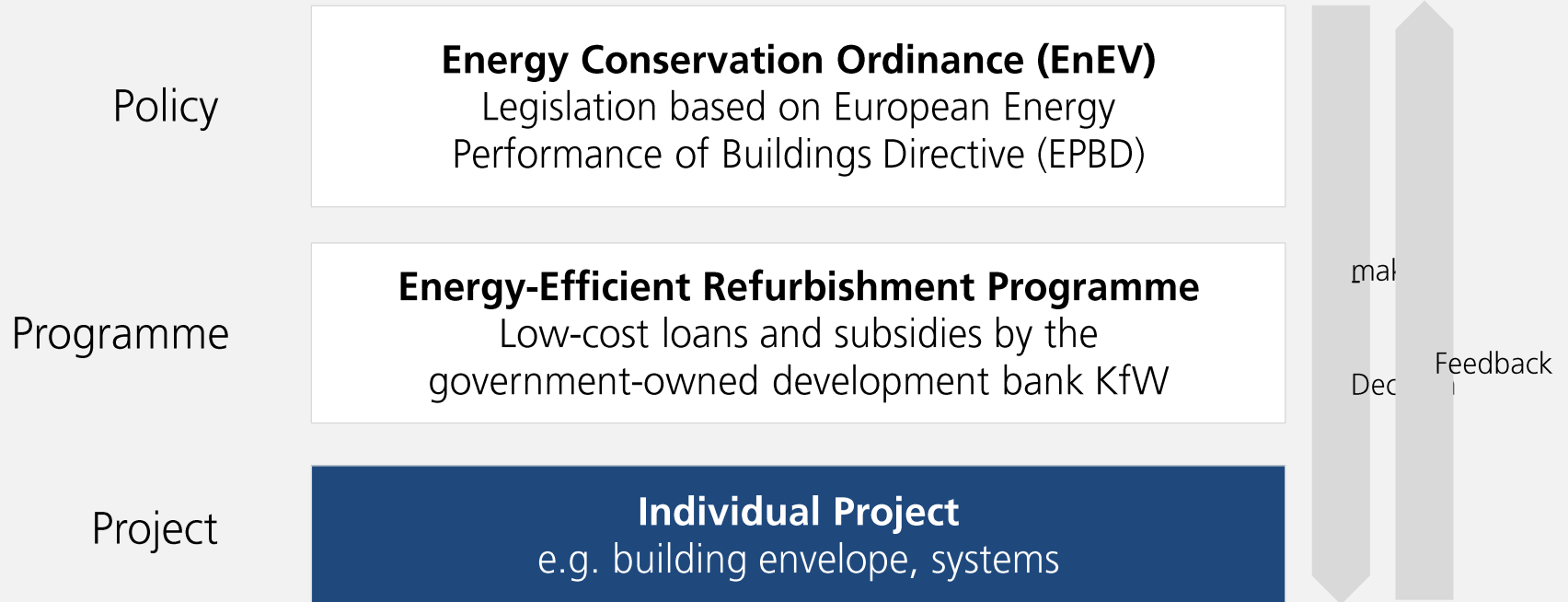
Programme (e.g. subsidies, loans)

Project (e.g. building envelope, building services)

MS Energy Efficiency Interventions (Germany)



MS Energy Efficiency Interventions (Germany)



Individual Project Level Interventions



Physical (building envelope)

- Insulating envelope
- Upgrading transparent components
- Adding sun protection
- Improving the use of daylight and natural ventilation



Service (building services)

- Replacing inefficient heating, lighting and cooling appliances
- Installing energy management systems




**Buildings and construction sector
– Huge untapped potential for
emission reductions**



UN Environment, 07.11.18

**World must triple efforts or face
catastrophic climate change, says UN**

Rapid emissions turnaround needed to keep global warming at
less than 2C, report suggests



The
Guardian

The Guardian, 27.11.18

***Greenhouse Gas Emissions Accelerate
Like a 'Speeding Freight Train' in 2018***

The New York Times

New York Times, 07.12.18

**'Brutal news': global carbon emissions
jump to all-time high in 2018**

The
Guardian

The Guardian, 05.12.18

**CO2 emissions on the rise for first time in four years, UN
agency warns**

 UN News

UN News, 27.11.18

Problem

Low take-up rate

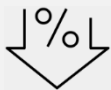


Performance gap

Poor understanding of the underlying drivers and dynamics

Inability of the conventional monitoring approach to capture the bigger picture

Risk of ineffective resource allocations and missed opportunities to align goals



Goal



Develop an **alternative monitoring approach** for energy efficiency interventions to **improve the understanding** of their effects and dynamics



Thereby help to provide the evidence for more effective decision-making

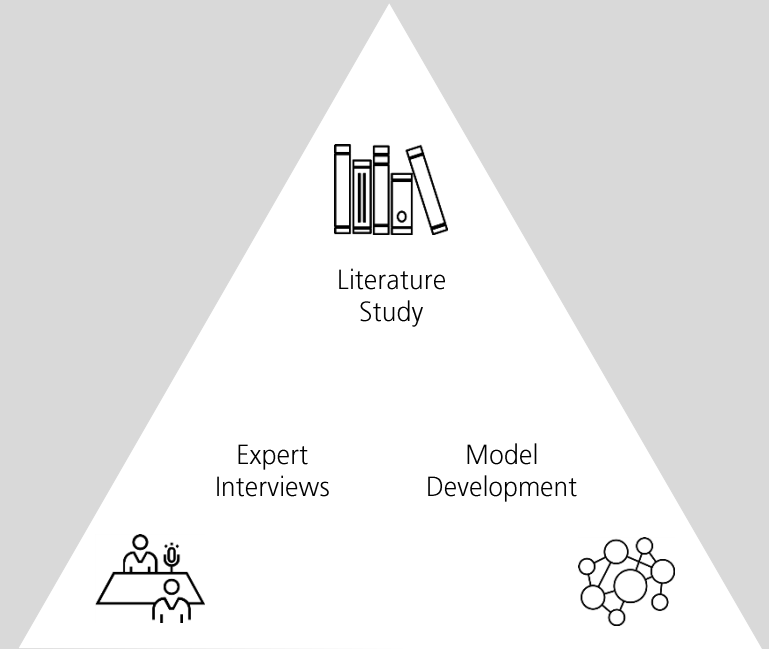


Perspective: Policy-maker (achieve overall greatest benefit for society)

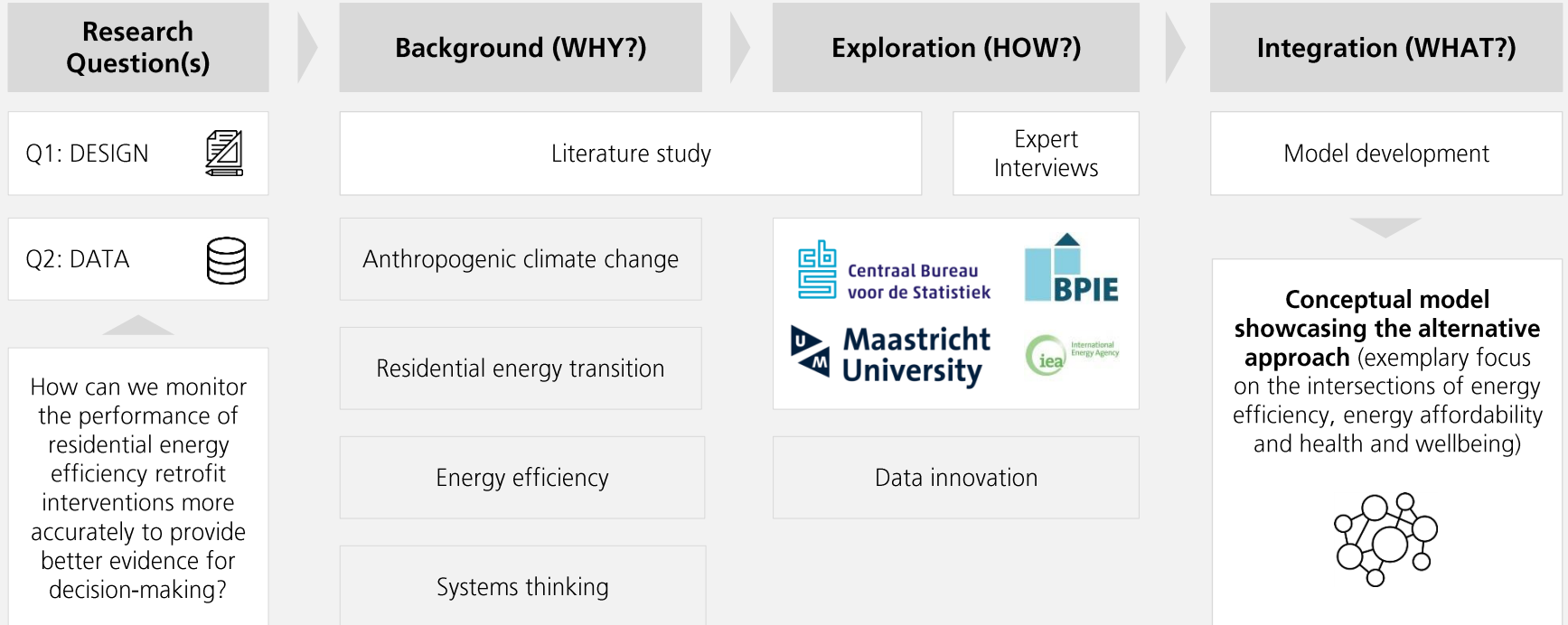
How can we monitor the performance of residential energy efficiency retrofit interventions more accurately to provide better evidence for decision-making?

Research Type, Design & Methods

- **Exploratory research:** Enable flexibility during the process and emphasise on the discovery of new ideas and insights
- **Multi-method design:** Enable exploration of the topic from different angles and increase reliability and robustness (data triangulation)



Research Process





EXPLORATION

(How?)

Research Approach

Conventional approach

Isolated and small

- Vague
- Simplified
- Fragmented
- Slow



DESIGN: Isolated and narrow perspective on the physical intervention aspects



DATA: Availability gap, often time-delayed and inaccurate

Limitations to overcome

Alternative approach

Connected and big

- Precise
- Real
- Holistic
- Timely

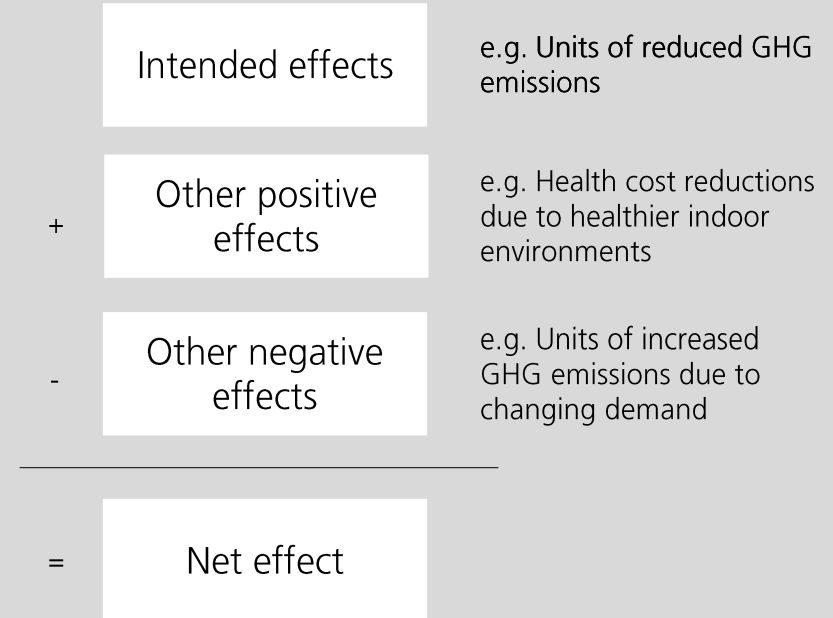


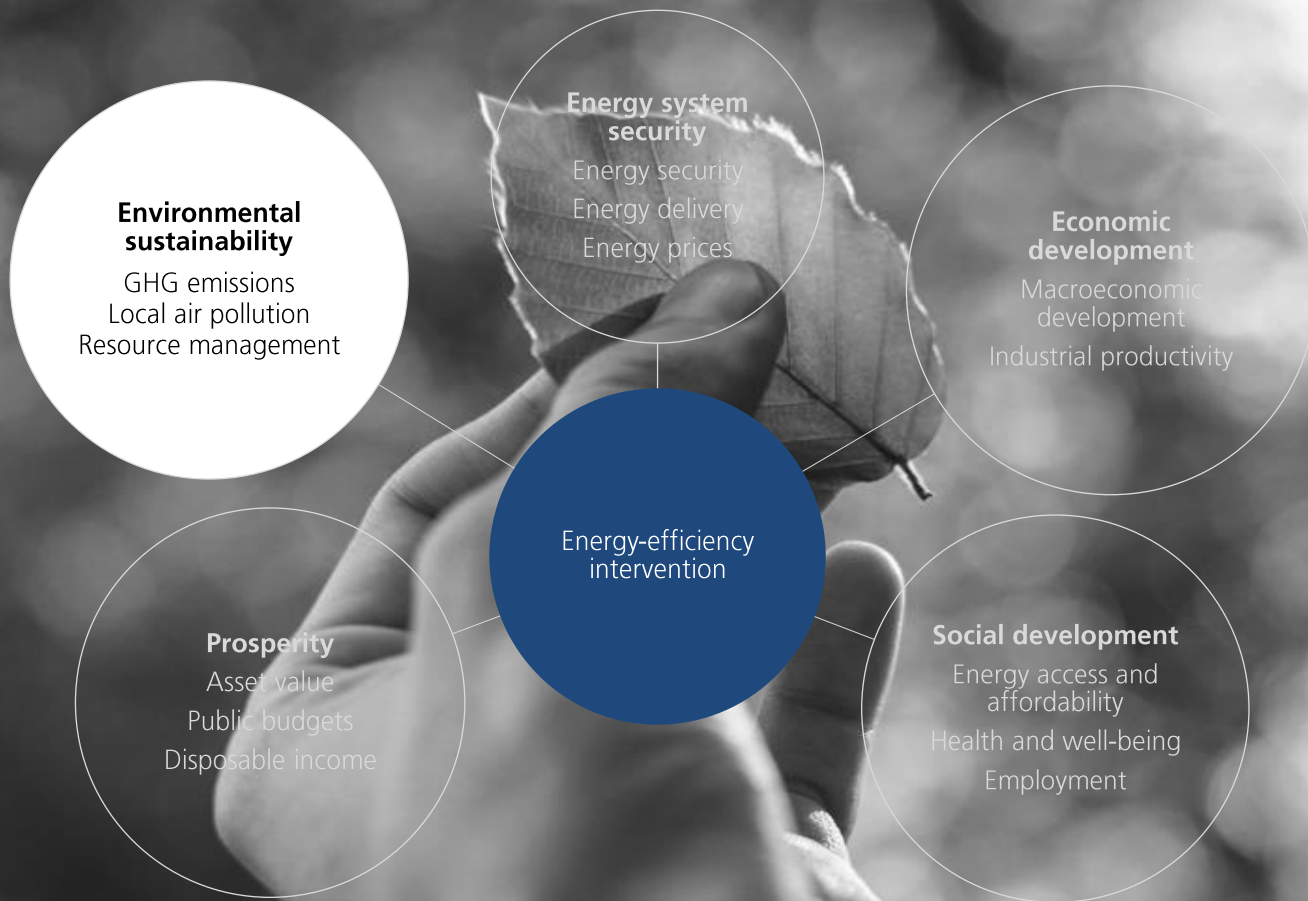
DESIGN

From isolated to connected

From Isolated to Connected

- Traditionally the effect of energy efficiency interventions is measured and assessed in terms of **units of reduced energy demand and GHG emissions**
- Research indicates that there is a **wide range of other factors** influenced that influence the actual net effect







Environmental sustainability

GHG emissions
Local air pollution
Resource management



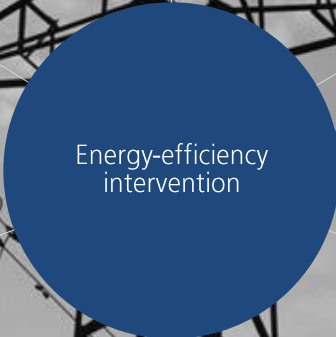
Energy system security

Energy security
Energy delivery
Energy prices



Economic development

Macroeconomic development
Industrial productivity



Energy-efficiency intervention



Social development

Energy access and affordability
Health and well-being
Employment



Prosperity

Asset value
Public budgets
Disposable income

Environmental sustainability

GHG emissions
Local air pollution
Resource management

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Economic development

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Economic development
Macroeconomic development
Industrial productivity

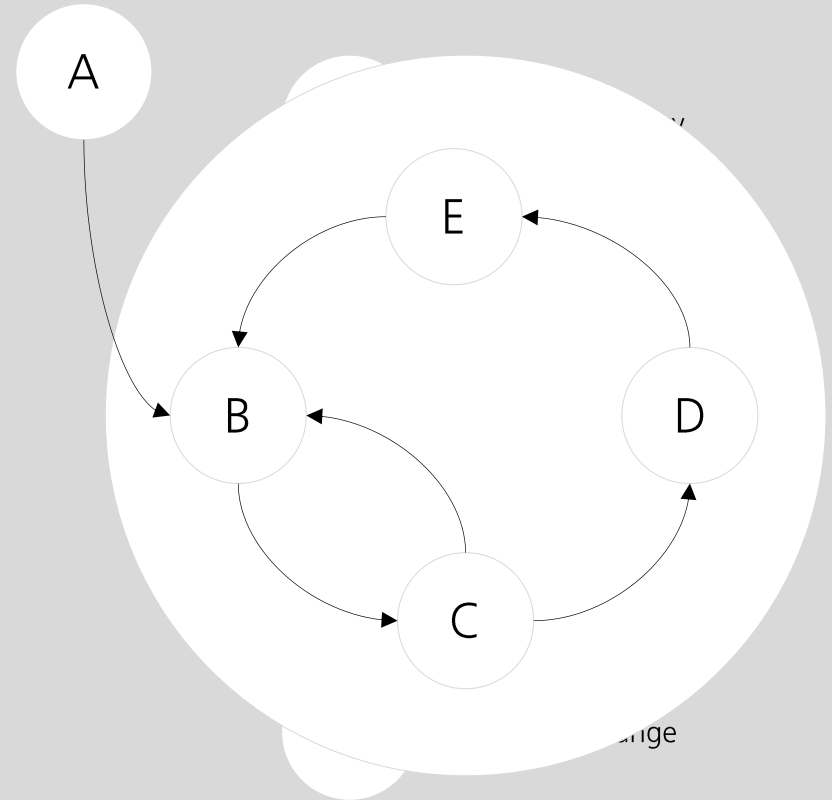
Energy-efficiency intervention

Prosperity
Asset value
Public budgets
Disposable income

Social development
Energy access and affordability
Health and well-being
Employment

From Linear to Systems Thinking

- Conventional **linear thinking** approach **no longer adequate**
- **Systems thinking** is based on the idea that a system is more the sum of its parts
- Instead of looking at single factors (e.g. GHG emissions) in isolation the aim is to **understand relationships and dependencies** with other factors





DATA

From small to big

From Small to Big

SMALL

- Local surveys
- Qualitative interviews
- Focus group
- Mobile phone generated data (user)

LARGE

- Census data
- Surveys
- Administrative reports
- Monitoring data
- Biometric and anthropometric data

BIG DATA REVOLUTION

An explosion in the **volume** of data, the **speed** with which data is produced, the **number of producers** of data, [...] **new technologies** such as mobile phones [...] (UN, 2014)



DATA CONTINUUM

From Small to Big

SMALL

- Local surveys
- Qualitative interviews
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LARGE

- Census data
- Surveys
- Administrative reports
- Monitoring data
- Biometric and anthropometric data

BIG

- Electronic transactions
- Social media
- Automatic sensors
- Satellite images
- Text
- Audio
- Video
- Phone records

DATA CONTINUUM

Exemplary Data Innovation Projects

- Common practise in the private sector (e.g. targeted marketing etc.)
- Remains **under-utilized in the public sector** and examples are scarce and in rather early stages



UN Global Pulse: Integration of Data innovation in global development interventions



MIT Media Lab (Human Dynamics): Using data innovation to capture human behaviour

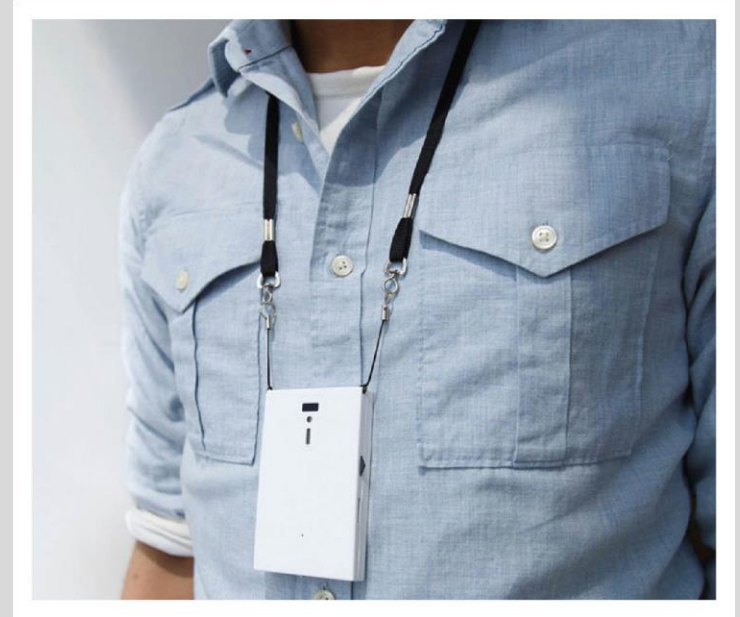


CBS Center for Big Data Statistics: Using data innovation to provide more nuanced information about policy interventions

Basic Data Collection Badge

- Collection of large data sets and real-time feedback on the **individual communication behaviours** of people
- Based on location sensors, accelerometers, proximity sensors and a microphone

Possible application: Technological basis to collect behavioural and environmental data (e.g. through additional sensors)



Universal Sensing Platform

- Open-source sensing framework using **mobile phones** for the continuous collection of data on **social and behavioral activity**
- Location data, credit card data, social media and daily polling of moods, stresses, sleep etc.)

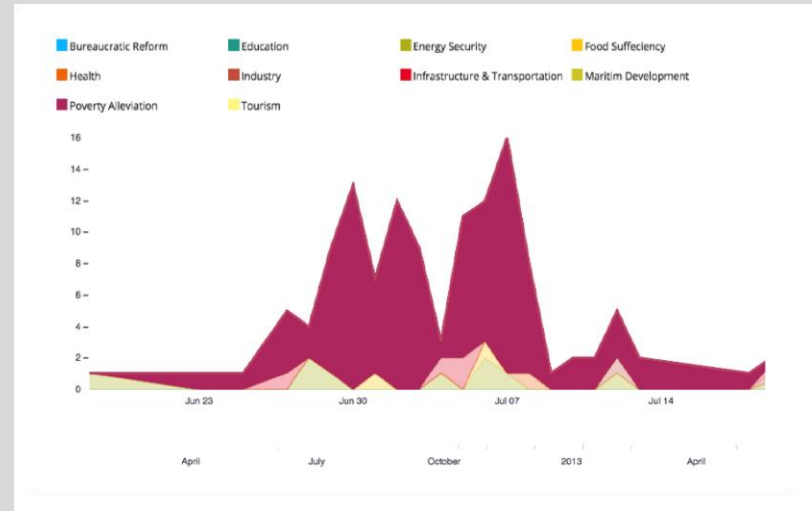
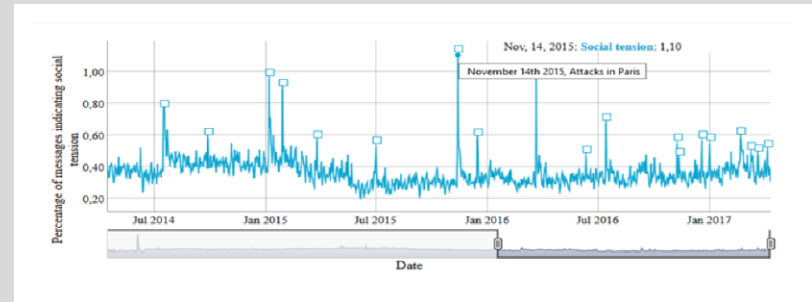
Possible application: Technological basis to collect e.g. perceptions data (daily polls) and behavioural data



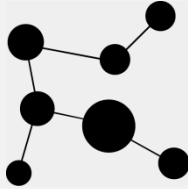
Public Policy Opinion & Sentiment

- Tools to measure the **public opinion** and thereby providing real-time feedback about policy interventions (throughout the policy cycle)
- Based on **social media data** (Twitter, Facebook etc.)

Possible application: Technological basis to collect citizen opinions data on policy and programme interventions



Major Challenges of Data Innovation



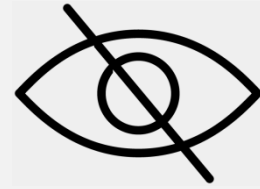
Causality and Theory

- Correlation does not imply causality which requires alternative to identify causal relationships



Privacy

- Ensure personal privacy and freedom while enabling the use of data for the benefit of the whole society



Accessibility

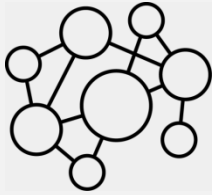
- Most data today remains in silos of private companies which requires new ways of sharing



INTEGRATION

(What?)

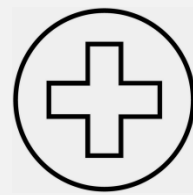
Concept of Exemplary Showcase



Connected systems
thinking
approach

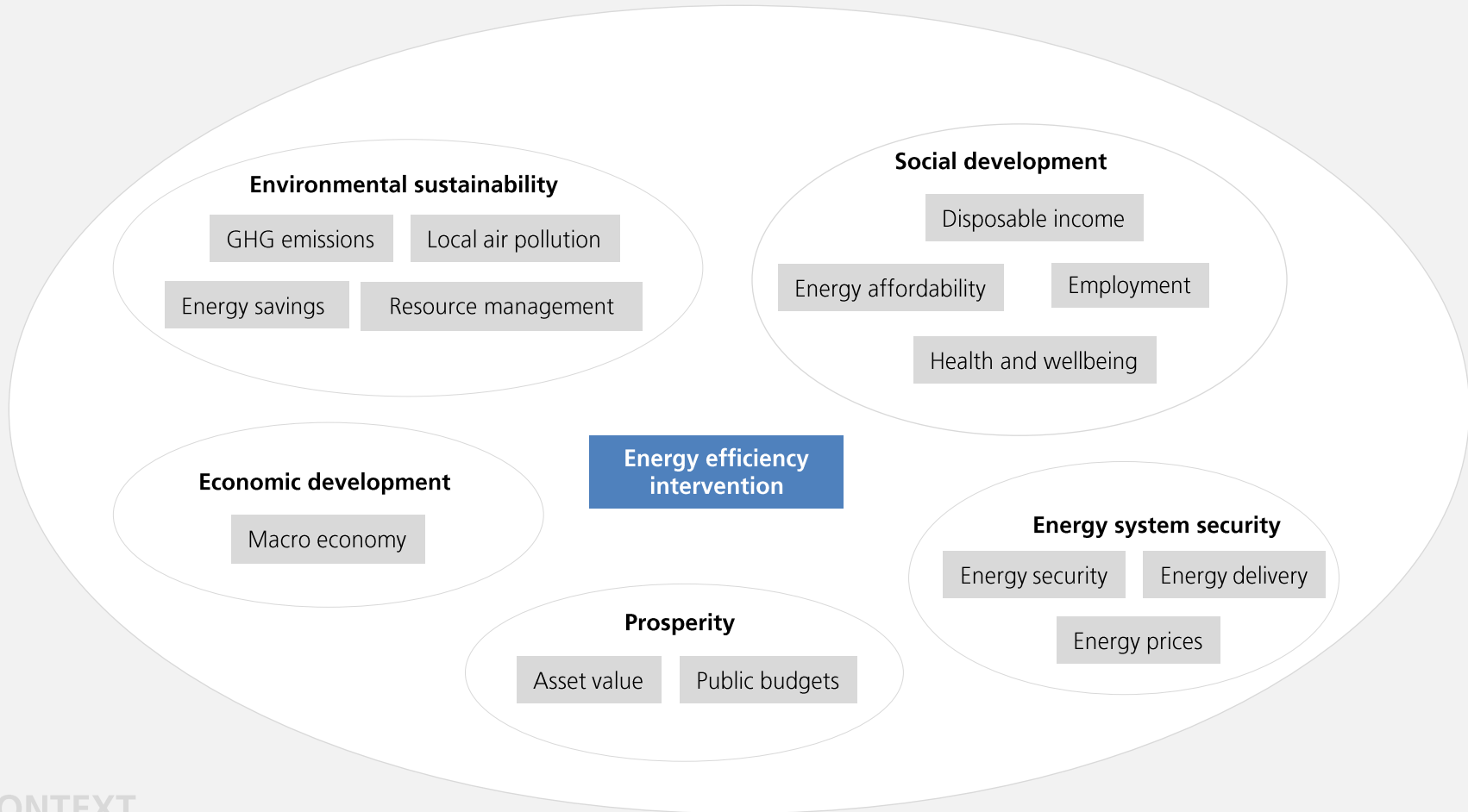


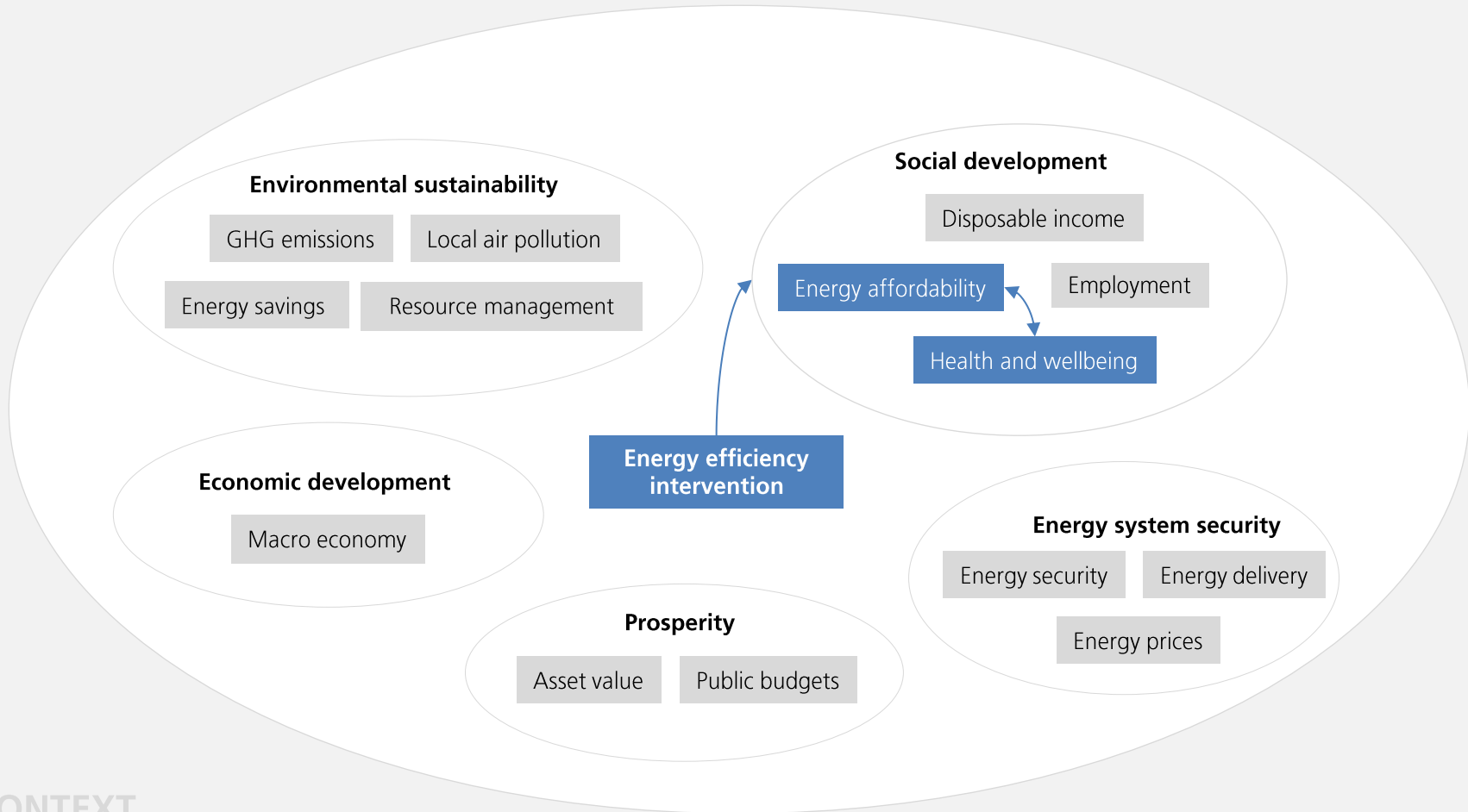
Mixed methods
(conventional +
innovative data
sources)



Focus on intersections
of health and
wellbeing + energy
affordability

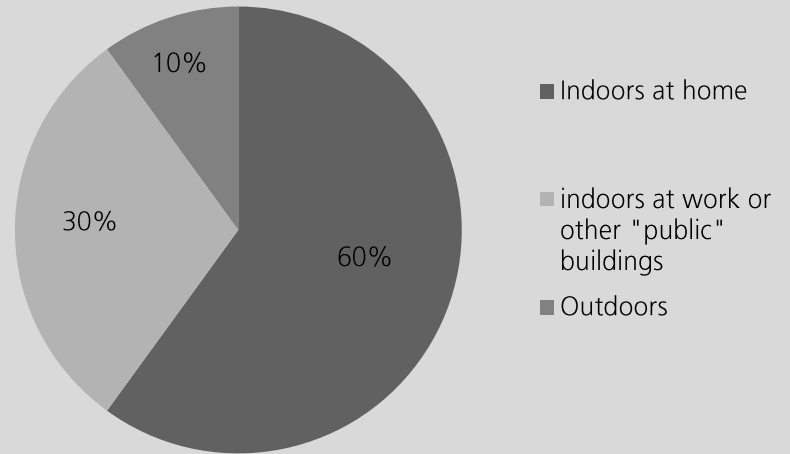
Aim: Illustrate alternative approach





Concept A: Health and Wellbeing

- Improved energy efficiency can support good health by **creating healthy indoor environments** (e.g. air quality, temperature, humidity level)
- **Mental health:** Anxiety, Stress and depression
- **Physical health:** Respiratory or cardiovascular conditions, rheumatism, allergies, winter mortality, risk of dehydration



Concept B: Energy Affordability

- Caused by a combination of low income, poor housing quality and high energy costs
- Associated with sub-optimal physical and mental health
- About 50 million households in the EU live in energy poverty (Major synergies with other policy areas possible)



Indicators and Data Sources

	Indicator	Source	Accessibility (Stakeholder)
Energy affordability	Energy demand and costs	Smart meter	Private (provider, household)
	Household income	Administrative data (tax statement)	Public
Health and wellbeing	Indoor environmental parameters	Non-wearable indoor ambient sensors	Private (household)
	Morbidity and mortality rate	Administrative data (register)	Private (insurance)
	Health parameters	Wearable physiological sensors	Private (household)
	Psychosocial wellbeing	Mobile phone digital survey	Private (household)
Energy efficiency	Intervention type and costs	Administrative data (report)	Public (programme coordinator)

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Data Collection (non-wearable)



Smart meter

Detailed data on consumption patterns (electricity, gas)



Environmental Sensors

Detailed data collection on indoor air quality, temperatures and humidity



Data Collection (wearable)



Fitness tracker

Physiological parameters
(body temperature and
heartbeat, sleep, activity)



Mobile phone

Digital survey personal
perception data



Energy efficiency
intervention

Energy efficiency level

Energy affordability level

Health and wellbeing level

Energy affordability

Household income

Energy demand

Energy costs

Disposable income

Energy efficiency
intervention

Energy efficiency level

Energy affordability level

Health and wellbeing level

Energy affordability

Household income

Energy demand

Energy costs

Disposable income

Energy affordability level

Energy efficiency
intervention

Energy efficiency level

Health and wellbeing level

Health and wellbeing

Cardiorespiratory conditions

Thermal comfort

Winter mortality

Psychosocial wellbeing

Nutrition

Energy affordability

Household income

Energy demand

Energy costs

Disposable income

Energy affordability level

Energy efficiency intervention

Energy efficiency level

Climate

Weather

Context

Indoor environment

Ventilation

Indoor temperature

Indoor Humidity

Indoor air pollution

Health and wellbeing level

Health and wellbeing

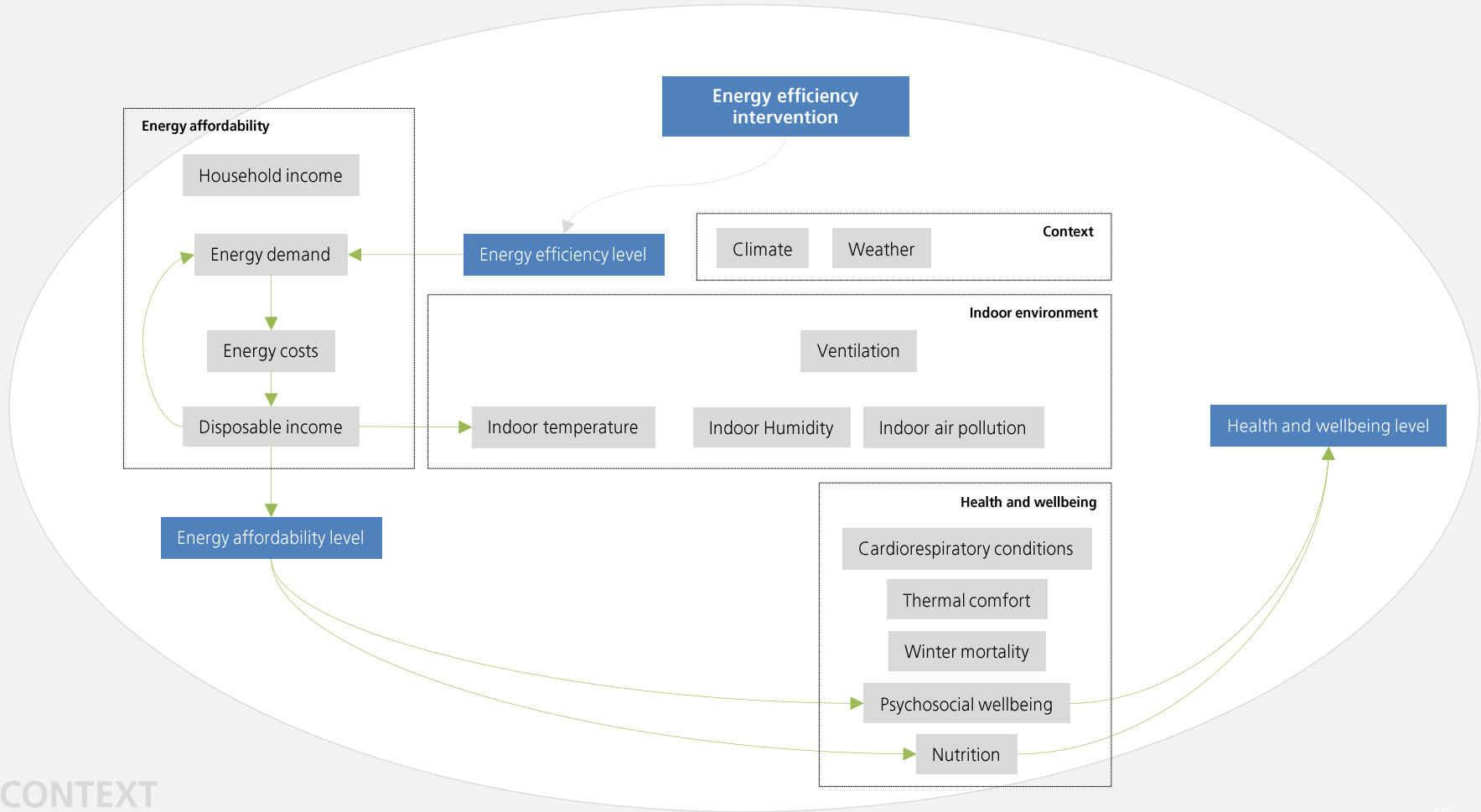
Cardiorespiratory conditions

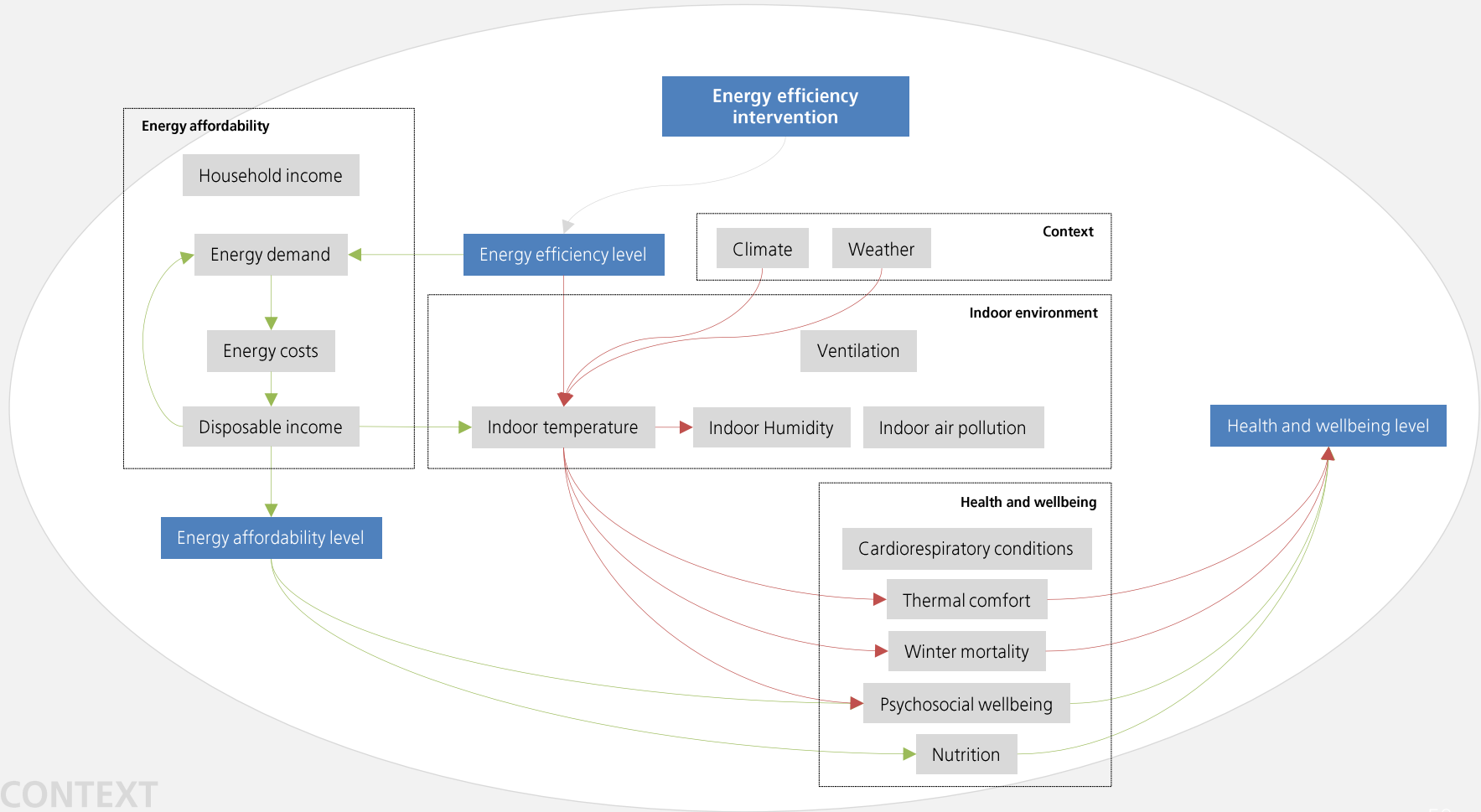
Thermal comfort

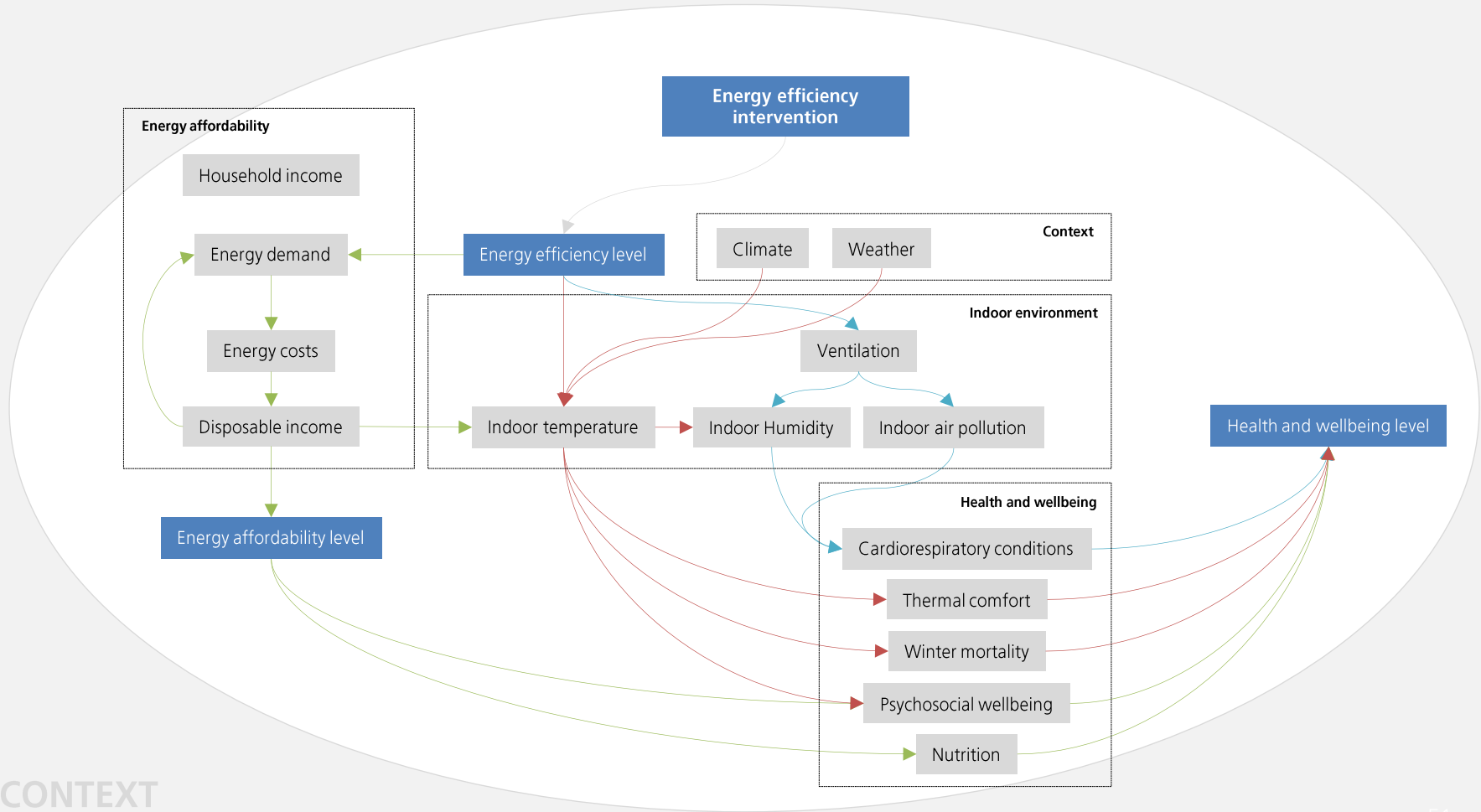
Winter mortality

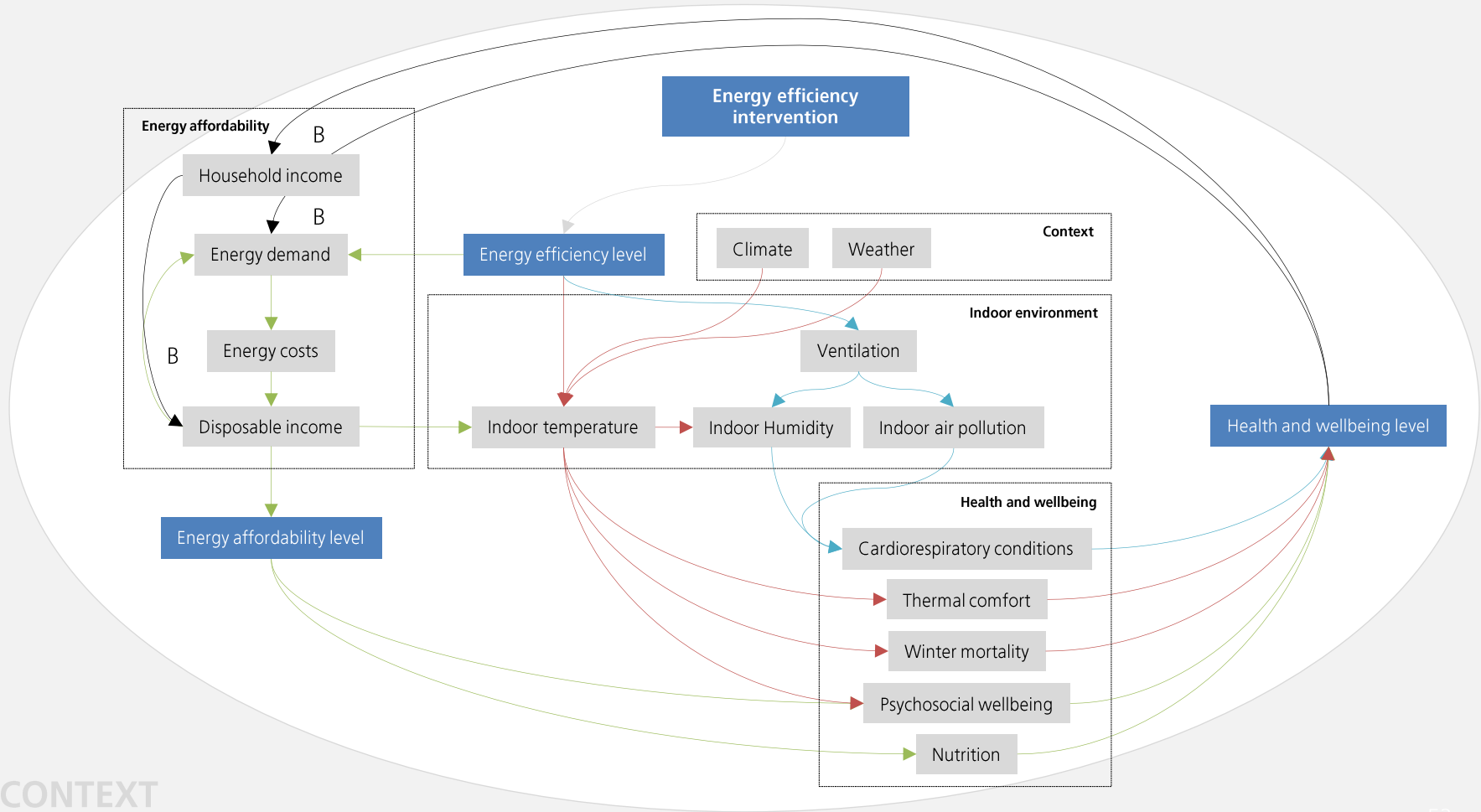
Psychosocial wellbeing

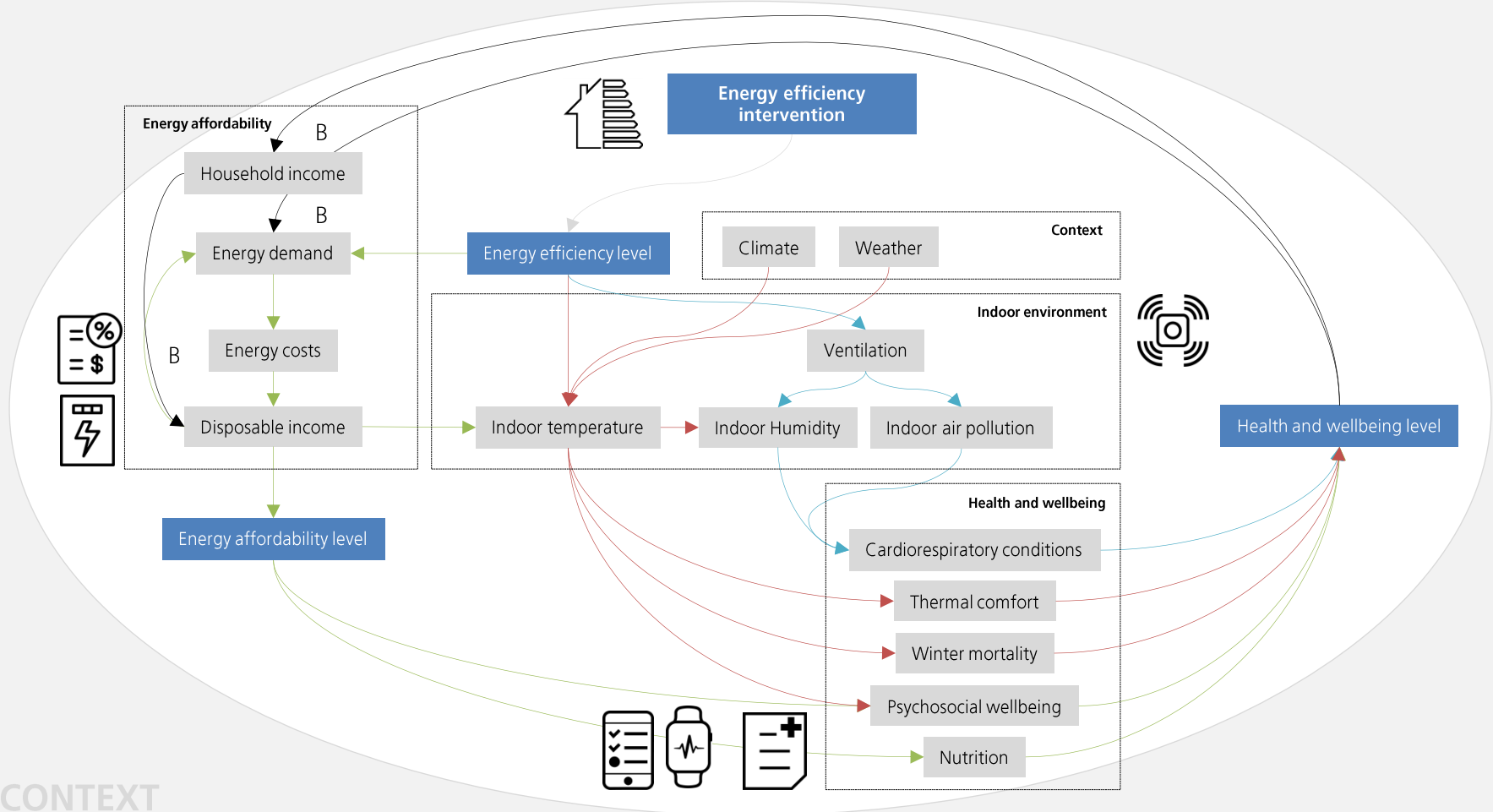
Nutrition

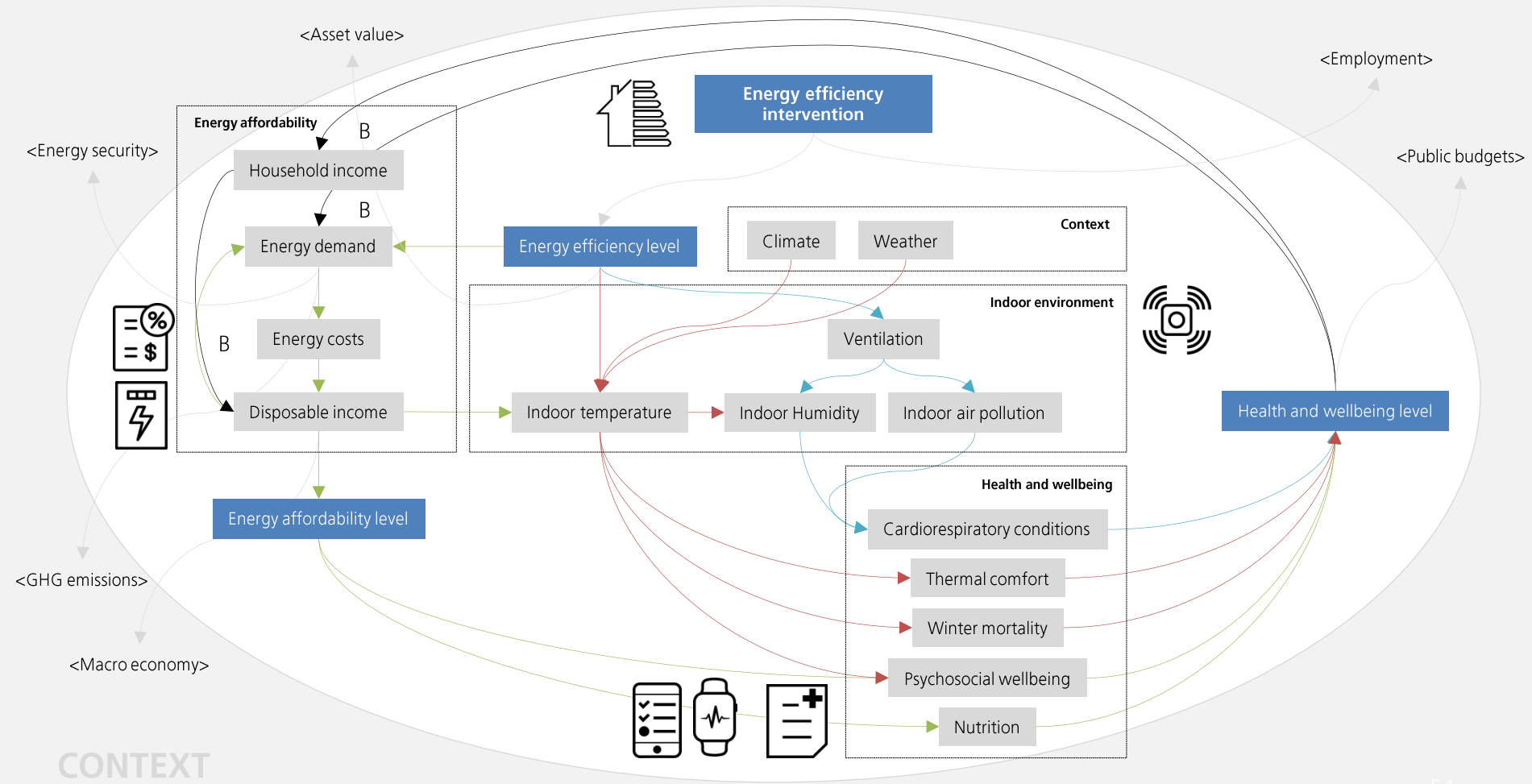




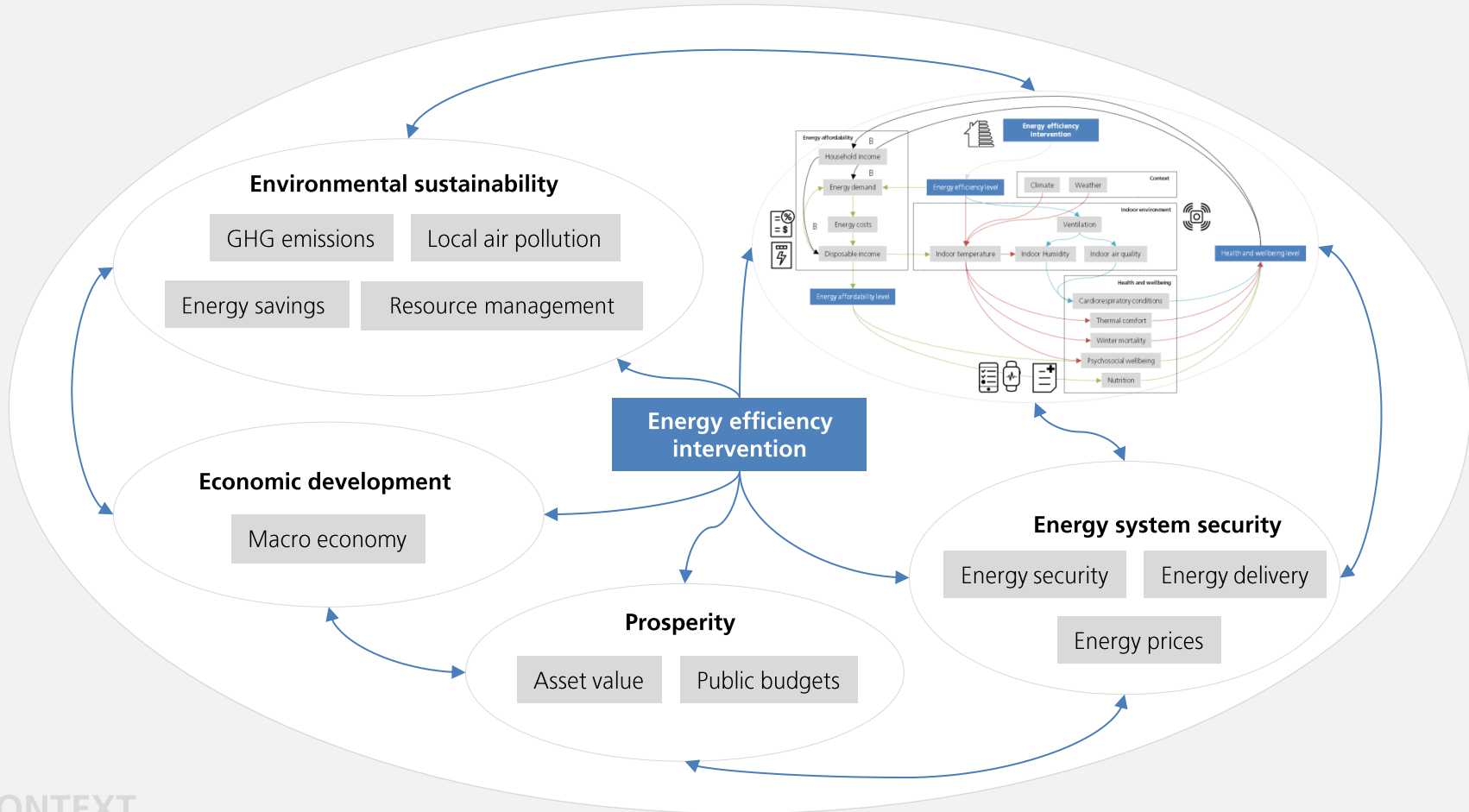








CONTEXT



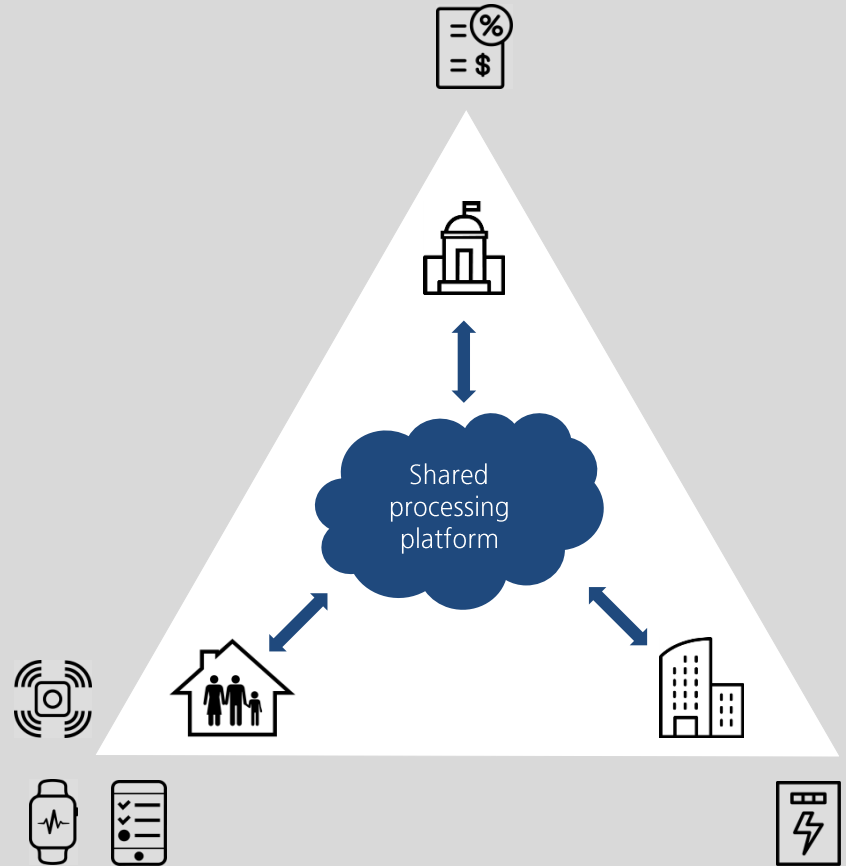
Conceptual Validation

- Due to the conceptual stage and the lack of data to test and calibrate the model all assumptions are based on prior research and expert knowledge
- ✓ System components
- ✓ Structure (dependencies + interactions)
- ✓ Input and data source



Taking a Look Ahead

- Enable a dynamic behaviour-driven policy-making process (fine-grained interventions, quick adaptations and overall more effective resource allocations)
- Public authority and private household would become partners in the process (exchange of data and services)



Further Research Recommendations

- The presented final product is the **first stage in a huge process** and requires further in-depth exploration of many aspects such as accessibility, security, privacy or causality and the role of theory
- **In-depth verification** of the conceptual model and assumptions followed by a **transposition into an operational model**
- Explore and **link model to other sub-systems** such as economic development or environmental sustainability
- **Direct exchange** (e.g. focus group) between involved disciplines could be very helpful to generate further insights

Thank you for your attention!

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Track
Course
Graduation lab

Management in the Built Environment
AR3R010
BOLD Cities

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Dr. Andrea Mauri

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