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## A difficult coexistence

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# A difficult coexistence: Resolving the iron-induced nitrification delay in groundwater filters

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## ABSTRACT

Rapid sand filters (RSF) are an established and widely applied technology for the removal of dissolved iron ( $\text{Fe}^{2+}$ ) and ammonium ( $\text{NH}_4^+$ ) among other contaminants in groundwater treatment. Most often, biological  $\text{NH}_4^+$  oxidation is spatially delayed and starts only upon complete  $\text{Fe}^{2+}$  depletion. However, the mechanism(s) responsible for the inhibition of  $\text{NH}_4^+$  oxidation by  $\text{Fe}^{2+}$  or its oxidation (by)products remains elusive, hindering further process control and optimization. We used batch assays, lab-scale columns, and full-scale filter characterizations to resolve the individual impact of the main  $\text{Fe}^{2+}$  oxidizing mechanisms and the resulting products on biological  $\text{NH}_4^+$  oxidation. Modeling of the obtained datasets allowed to quantitatively assess the hydraulic implications of  $\text{Fe}^{2+}$  oxidation. Dissolved  $\text{Fe}^{2+}$  and the reactive oxygen species formed as byproducts during  $\text{Fe}^{2+}$  oxidation had no direct effect on ammonia oxidation. The  $\text{Fe}^{3+}$  oxides on the sand grain coating, commonly assumed to be the main cause for inhibited ammonia oxidation, seemed instead to enhance it. Modeling allowed to exclude mass transfer limitations induced by accumulation of iron flocs and consequent filter clogging as the cause for delayed ammonia oxidation. We unequivocally identify the inhibition of  $\text{NH}_4^+$  oxidizing organisms by the  $\text{Fe}^{3+}$  flocs generated during  $\text{Fe}^{2+}$  oxidation as the main cause for the commonly observed spatial delay in ammonia oxidation. The addition of  $\text{Fe}^{3+}$  flocs inhibited  $\text{NH}_4^+$  oxidation both in batch and column tests, and the removal of  $\text{Fe}^{3+}$  flocs by backwashing completely re-established the  $\text{NH}_4^+$  removal capacity, suggesting that the inhibition is reversible. In conclusion, our findings not only identify the iron form that causes the inhibition, albeit the biological mechanism remains to be identified, but also highlight the ecological importance of iron cycling in nitrifying environments.

## 1. Introduction

Anaerobic groundwater is an excellent drinking water source because it is microbiologically safe and it has stable temperature, and composition (Giordano, 2009; Katsanou and Karapanagioti, 2019; de Vet et al., 2011 Nov 1). Rapid sand filters (RSFs), preceded by an aeration step, are the most commonly applied technologies for the removal of major groundwater contaminants such as dissolved iron ( $\text{Fe}^{2+}$ ) and ammonium ( $\text{NH}_4^+$ ) (Bourgine et al., 1994). Complete segregation of the removal processes is commonly observed in full-scale systems, where  $\text{Fe}^{2+}$  is removed at the filter top and  $\text{NH}_4^+$  oxidation starts only upon  $\text{Fe}^{2+}$  depletion (Corbera-Rubio et al., 2023; Ramsay, Breda, and Søborg, 2018; Gouzinis et al., 1998). Despite decades of research and practice, the mechanisms governing the stratification of  $\text{Fe}^{2+}$  and  $\text{NH}_4^+$  removal remain elusive, leading to poor process control,

filter over-dimensioning, and even incomplete ammonium removal (de Vet, Rietveld, and Van Loosdrecht, 2009). A clear understanding of this phenomenon is key to improve current RSF operation and for the design of novel resource-efficient systems.

$\text{Fe}^{2+}$  removal in RSFs is a two-step process that consists of (i)  $\text{Fe}^{2+}$  oxidation to  $\text{Fe}^{3+}$  and (ii) subsequent entrapment of the oxidation products within the filter bed.  $\text{Fe}^{2+}$  oxidation can take place via three different oxidation mechanisms: homogeneous (floculent), heterogeneous (surface-catalytic), and biological (Van Beek et al., 2016). Homogeneous oxidation is a chemical reaction between dissolved  $\text{Fe}^{2+}$  and dissolved oxygen. Poorly crystalline, low-density hydrous ferric oxide flocs ( $\text{Fe}^{3+}$  flocs) with large specific surface area are formed (Janney, Cowley, and Buseck, 2000; Van Beek et al., 2012), with reactive oxygen species (ROS) derived from Fenton chemistry as byproducts (Hall and Silver, 2013).  $\text{Fe}^{3+}$  flocs accumulate within the pore space of RSFs

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during operation, clogging the filter and thus forcing backwashing. Heterogeneous oxidation occurs when  $\text{Fe}^{2+}$  adsorbed onto the surface of sand grains is oxidized.  $\text{Fe}^{2+}$ -surface complex formation is followed by the oxidation of  $\text{Fe}^{2+}$  to  $\text{Fe}^{3+}$  and subsequent hydrolysis, producing compact hydrous ferric oxides that generate a coating on the sand grains, contributing to sand grain growth (Van Beek et al., 2012). Biological iron oxidation is catalyzed by iron-oxidizing bacteria (FeOB). FeOB and its Fe oxidation products form a porous coating on the sand grains, which may release stalk-like ferric oxides into the pore water. On the contrary,  $\text{NH}_4^+$  oxidation is an exclusively biological process carried out by  $\text{NH}_4^+$ -oxidizing (AOB) and comammox bacteria, as well as  $\text{NH}_4^+$ -oxidizing archaea, with nitrite and nitrate as products (Van Kessel et al., 2015). During the last decades, virtually all compounds that play a role in  $\text{Fe}^{2+}$  oxidation within RSFs have been reported to inhibit microbial activity (Swanner et al., 2015; Zhang et al., 2020 Jul 1; Tong et al., 2022 Aug 5; Du et al., 2019; Wang et al., 2017).

Dissolved  $\text{Fe}^{2+}$  and ROS have been shown to decrease the growth rate of pure cultures (Swanner et al., 2015; Zhang et al., 2020 Jul 1). Similar conclusions were drawn for the products of homogeneous iron oxidation, i.e.  $\text{Fe}^{3+}$  flocs (Tong et al., 2022 Aug 5), and heterogeneous iron oxidation, i.e. Fe oxide coating (Du et al., 2019; Wang et al., 2017). In a real-life industrial set-up, de Vet et al. (2009) concluded that the presence of  $\text{Fe}^{3+}$  flocs and Fe oxide coating reduces the nitrification capacity of full-scale sand filters. While this extensive body of knowledge certainly contributes to our understanding of the interactions that take place, it also poses a challenge in distilling the essential information - which are the specific processes responsible for the segregation between  $\text{Fe}^{2+}$  and  $\text{NH}_4^+$  oxidation in RSFs. Here, we aimed at determining which compound(s) involved in  $\text{Fe}^{2+}$  oxidation have a major impact on  $\text{NH}_4^+$  oxidation in RSFs. A systematic and quantitative evaluation of the impact of each compound on ammonia oxidation was adopted, including dissolved  $\text{Fe}^{2+}$ ,  $\text{Fe}^{3+}$  flocs, ROS, and Fe oxide coating. Each  $\text{Fe}^{2+}$  oxidizing mechanism and the involved compound was separately studied using a combination of batch essays, laboratory columns, and full-scale RSFs observations, supported by modeling.

## 2. Materials and methods

### 2.1. Full-scale filter sampling and media collection

Fe oxide-coated filter media was collected from the top of a filter located in DWTP Hammerflir, operated by Vitens, in Den Ham (the Netherlands). The filter is fed with aerated groundwater with 2.6 mg  $\text{NH}_4\text{-N}\cdot\text{L}^{-1}$  and 3 mg  $\text{Fe}^{2+}\cdot\text{L}^{-1}$ .  $\text{NH}_4^+$  removal is completely absent at the filter top, and only starts after Fe is removed (Figure S1). Filter media was transported in water at 4 °C and added to the lab-scale column within 8 h.

Full-scale sand filter experiments (Results 3.6) were performed in a groundwater-fed rapid sand filter located in DWTP Loosdrecht, operated by Vitens, in Loosdrecht (the Netherlands). The filter consisted of a 1 m top layer of anthracite (1.4–2.0 mm), and a 1 m bottom layer of sand (0.8–1.25 mm), which were slightly mixed. Water samples were taken before and after backwashing. The first round of water samples were obtained after a filter run time of about 52 h with a flow of about 225 m<sup>3</sup>/hour. Afterwards, the filter was backwashed following the drinking water companies standard protocol. A second round of water samples was taken after about 2.5 h operation.

In both cases, the filters were equipped with water taps which enabled water sampling along the filter depth of the filter bed as well as in the supernatant water. Water samples were immediately filtered (0.45 µm), stored at 4 °C, and measured within 24 h as explained below.

### 2.2. Laboratory column experiments

Six sand filter columns of 20 cm height and an inner diameter of 2.5 cm were operated continuously in down-flow mode at a superficial

velocity of 1.5 m·h<sup>-1</sup> with growth medium ( $\text{L}^{-1}$ ; 2 mg  $\text{NH}_4\text{-N}$ , 17.4 mg  $\text{K}_2\text{HPO}_4$ , 60 µL trace elements solution ( $\text{L}^{-1}$ ; 15 g EDTA, 4.5 g  $\text{ZnSO}_4\cdot 7\text{H}_2\text{O}$ , 4.5 g  $\text{CaCl}_2\cdot 2\text{H}_2\text{O}$ , 3 g  $\text{FeSO}_4\cdot 7\text{H}_2\text{O}$ , 1 g  $\text{H}_3\text{BO}_3$ , 0.84 g  $\text{MnCl}_2\cdot 2\text{H}_2\text{O}$ , 0.3 g  $\text{CoCl}_2\cdot 6\text{H}_2\text{O}$ , 0.3 g  $\text{CuSO}_4\cdot 5\text{H}_2\text{O}$ , 0.4 g  $\text{Na}_2\text{MoO}_4\cdot 2\text{H}_2\text{O}$ , 0.1 g KI) (Soler-Jofra et al., 2018) at pH 7.7 ± 0.1 and ambient temperature (20 °C). pH and dissolved oxygen were continuously sensed (Applikon AppliSens, the Netherlands) at the influent and effluent of the column. Three distinct sets of experiments were performed (Fig. 1), focusing on (a) the effect of Fe oxide coating, (b)  $\text{Fe}^{2+}$  and (c) hydraulics. The filter medium consisted of either (i) 240 g of virgin quartz sand (Aqua-Techniek B.V., the Netherlands), (ii) 190 g of Fe oxide-coated sand from the top of a full-scale filter in DWTP Hammerflir, or (iii) a mixture of 120 g virgin sand and 100 g Fe oxide-coated sand to achieve a bed height of 10 cm (Fig. 1).

#### 2.2.1. Fe oxide coating experiments

To evaluate the effect of the Fe oxide coating experiments on ammonia oxidation (Results 3.1), filter media from a full-scale filter with ammonia oxidation capacity was used to inoculate the columns as previously reported (Wakelin et al., 2010). In short, 0.5 g of sand was vortexed with 10 mL tap water for 1.5 min. A total of 100 g of sand were processed. The resulting solution was amended with ammonium to reach a concentration of 10 mgN- $\text{NH}_4^+\cdot\text{L}^{-1}$ , divided in three, and recirculated through each of the three columns in a closed-circuit mode for 25 days. 250 mL of nitrifying sludge (4.6 g VSS·L<sup>-1</sup>) were added to the system on days 10th (and 20th for the virgin sand column), as done in previous research (Cai et al., 2015). Before switching to standard operation (i.e. not recirculating), all columns were backwashed with 13.6L·h<sup>-1</sup> tap water for 9 min to remove suspended particles.

#### 2.2.2. $\text{Fe}^{2+}$ experiments

The goal of this set of experiments was to evaluate the effect of dissolved  $\text{Fe}^{2+}$  on ammonia oxidation (Results 3.3). To properly evaluate the effect of  $\text{Fe}^{2+}$ ,  $\text{Fe}^{2+}$  needs to flow through the column without being immediately oxidized to  $\text{Fe}^{3+}$  via homogeneous oxidation, which takes place in seconds at pH > 7.5. Homogeneous iron oxidation is slower at lower pHs. We chose pH 6.2 as our target, as ammonia oxidation by AOB is still physiologically feasible, and the majority of  $\text{Fe}^{2+}$  will not be chemical oxidation. The microbial community of a column filled with 190 g of Fe oxide-coated sand from the top of a full-scale filter in DWTP Hammerflir was adapted to pH 6.2 by step-wise decreasing the influent pH throughout a period of 2 months. Afterwards, a  $\text{Fe}^{2+}$  solution (0.5 g  $\text{FeCl}_2\cdot 4\text{H}_2\text{O}\cdot\text{L}^{-1}$ ) was fed from one of the lateral valves, directly into the supernatant, to reach a concentration of 1.5 mg  $\text{Fe}^{2+}\cdot\text{L}^{-1}$ .

#### 2.2.3. Hydraulics experiments

In order to evaluate the effect of hydraulics on ammonia oxidation (Results 3.4), a column filled with 190 g of Fe oxide-coated sand from the top of a full-scale filter in DWTP Hammerflir was operated at pH 7.7 throughout a period of 2 months to reach complete, stable  $\text{NH}_4^+$  removal. Afterwards, a  $\text{Fe}^{2+}$  solution (0.5 g  $\text{FeCl}_2\cdot 4\text{H}_2\text{O}\cdot\text{L}^{-1}$ ) was fed from one of the lateral valves, directly into the supernatant, to reach a concentration of 1.5 mg  $\text{Fe}^{2+}\cdot\text{L}^{-1}$ .

### 2.3. Batch experiments

The maximum  $\text{NH}_4^+$  removal rates of the filter media were determined in batch. 4 g of wet filter media, 50 mL of tap water, 100 µL of trace element solution ( $\text{L}^{-1}$ ; 15 g EDTA, 4.5 g  $\text{ZnSO}_4\cdot 7\text{H}_2\text{O}$ , 4.5 g  $\text{CaCl}_2\cdot 2\text{H}_2\text{O}$ , 3 g  $\text{FeSO}_4\cdot 7\text{H}_2\text{O}$ , 1 g  $\text{H}_3\text{BO}_3$ , 0.84 g  $\text{MnCl}_2\cdot 2\text{H}_2\text{O}$ , 0.3 g  $\text{CoCl}_2\cdot 6\text{H}_2\text{O}$ , 0.3 g  $\text{CuSO}_4\cdot 5\text{H}_2\text{O}$ , 0.4 g  $\text{Na}_2\text{MoO}_4\cdot 2\text{H}_2\text{O}$ , 0.1 g KI) and 500 µL of 100 mM K-phosphate buffer solution (1.37 g  $\text{KH}_2\text{PO}_4\cdot\text{L}^{-1}$ , 1.75 g  $\text{K}_2\text{HPO}_4\cdot\text{L}^{-1}$ , pH 7.7) were mixed in 300 mL shake flasks. After an acclimatization period of 30 min at 25 °C and 100 rpm, each flask was spiked with 1 mL of feed (100 mgN·L<sup>-1</sup>  $\text{NH}_4\text{Cl}$  and 87 mg  $\text{K}_2\text{HPO}_4\cdot\text{L}^{-1}$ ).

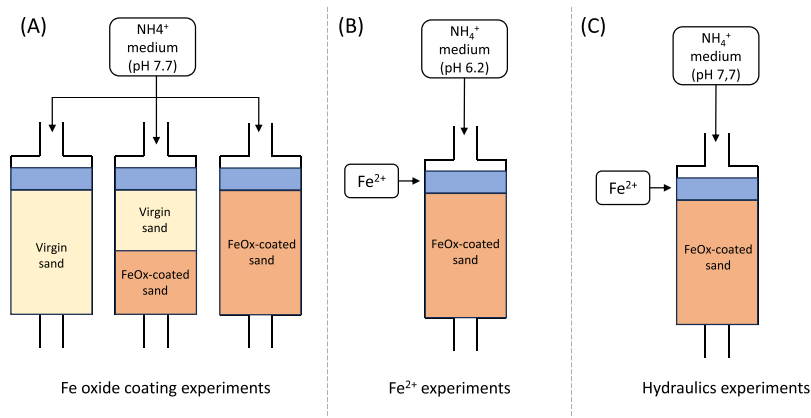


Fig. 1. Schematic representation of the column experiments. A) Fe oxide coating experiments. B)  $\text{Fe}^{2+}$  experiments. C) Hydraulics experiments.

(Sigma Aldrich, Saint Louis, Missouri USA). Liquid samples (1 mL) were taken at different time intervals throughout the entire process. Maximum removal rates per mass (wet weight) of filter media were calculated by fitting the concentration profiles to a first-order kinetic rate equation. To study the effect of ROS, the batch tests were amended with 75  $\mu\text{L}$  of ultrapure water (control), 4 g  $\text{Fe}^{2+}\cdot\text{L}^{-1}$  ( $\text{Fe}^{2+}$ ) or 4 g  $\text{Fe}^{3+}\cdot\text{flocs}\cdot\text{L}^{-1}$  ( $\text{Fe}^{3+}$ ) and 254  $\mu\text{L}$  of 4 g  $\cdot\text{L}^{-1}$  TEMPOL, 215 g  $\cdot\text{L}^{-1}$  mannitol, 0.4 g  $\cdot\text{L}^{-1}$  catalase (3000 U  $\cdot\text{mg}^{-1}$ ), 32 g  $\cdot\text{L}^{-1}$  methanol or ultrapure water every 30 min during 3 h, mimicking the continuous operation of full-scale rapid sand filters. TEMPOL was added at a 1:1 TEMPOL: $\text{Fe}^{2+}$  molar ratio (Bicudo et al., 2022), methanol at 200:1, in the range tested by Tong et al. (2022), and mannitol and catalase to reach a final concentration of 360 U  $\cdot\text{mL}^{-1}$  and 30 mM, similar to the approach of Brinkman et al. (2016). Similarly, to test the effect of  $\text{Fe}^{3+}$  flocs 75  $\mu\text{L}$  of 4/8/12/16 g  $\text{Fe}^{3+}\cdot\text{flocs}\cdot\text{L}^{-1}$  ( $\text{Fe}^{3+}$ ) were added every 30 min during 2.5 h.

The  $\text{Fe}^{2+}$  solution was prepared anaerobically in a vinyl PVC anaerobic chamber (Coy Laboratory Products, Grass Lake, Michigan, USA) at pH 2 to avoid  $\text{Fe}^{2+}$  oxidation. To prepare the  $\text{Fe}^{3+}$  floc solution, a concentrated solution of  $\text{Fe}^{2+}$  was slowly added into a recipient vessel with ultrapure water vigorously agitated to ensure direct  $\text{Fe}^{3+}$  floc formation.

#### 2.4. Analytical procedures and data analysis

Samples for ammonium, nitrite, and nitrate quantification were immediately filtered through a 0.2  $\mu\text{m}$  nanopore filter and measured within 12 h using photometric analysis (Gallery Discrete Analyzer, Thermo Fischer Scientific, Waltham, Massachusetts, USA). Samples for iron were analysed within 12 h by spectrophotometry (DR3900, Hach Company, Ames, Iowa, USA) using the LCK320 kit (Hach Company, Ames, Iowa, USA). Mn was analysed using inductively coupled plasma mass spectrometry (ICP-MS, Analytik Jena PlasmaQuant MS). Water pressure along the column height was measured with a GMH 3100 manometer (Greisinger, Germany).

Batch test data were plotted and statistically analysed with GraphPad Prism software (Dotmatics, UK), which uses a statistical method equivalent to ANCOVA (Analysis of Covariance) to determine if the slopes between two linear regressions are significantly different. A significant difference was considered when  $p\text{-value} < 0.05$ .

Hydraulic retention time was measured using salt as a tracer. 10 mL of 1 g/L NaCl were spiked to the supernatant of the column. The increase in electric conductivity in the water effluent was measured using a flow-through cell connected to an electrical conductivity sensor (WTW, Xylem Analytics, Weilheim, Germany).

The residence time of groundwater in the filter was estimated to assess oxidation over time in the filter and to obtain kinetic rate constants of the reactants. The height of the sampling location was converted to a residence time by calculating the volume of water within the

supernatant and filter bed based on the height and an assumed porosity of 0.4 and dividing the volume of water by the flow to obtain the residence time. First-order rate constants were estimated by fitting a first-order rate equation to the observed concentrations over residence time in the supernatant and filter bed. This was done using a least-squares routine in Python (v. 3.6.4).

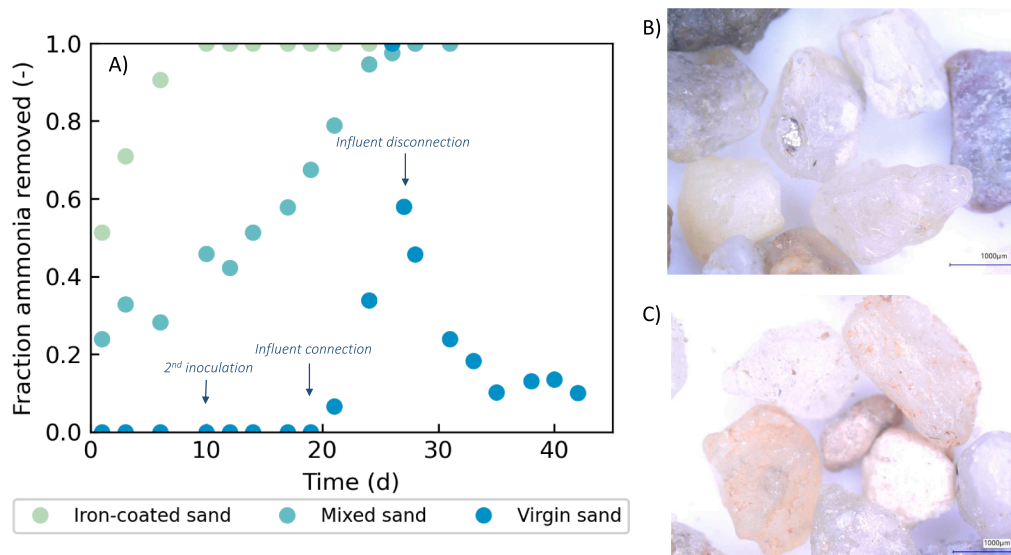
### 3. Results

#### 3.1. Fe oxide coating does not inhibit $\text{NH}_4^+$ oxidation

Fe oxide-coated media contain reactive surfaces that might hamper the colonization, growth, or  $\text{NH}_4^+$  oxidation capacity of  $\text{NH}_4^+$ -oxidizing organisms. To test this hypothesis, three lab-scale columns with either (i) virgin sand, (ii) Fe oxide-coated sand or (iii) 50 % virgin – 50 % Fe oxide-coated sand were inoculated and run in continuous mode for 45 days after a 25-day inoculation in 100 % recirculation mode (Fig. 2A). The two columns with Fe oxide-coated sand started consuming  $\text{NH}_4^+$  immediately after inoculation and achieved complete removal after 10 (Fe oxide-coated sand) and 26 days (mixed sand). On the contrary,  $\text{NH}_4^+$  conversion was absent in the virgin sand column at the beginning of the experiment, and a second inoculation with nitrifying activated sludge (day 10) did not yield better results. Therefore, on day 20, the effluent of the Fe oxide-coated sand filter was connected to the influent of the virgin sand column. Complete  $\text{NH}_4^+$  removal was achieved within 5 days, presumably due to suspended cells carried from the Fe oxide-coated sand filter. Once the effluent of the Fe oxide-coated sand filter was disconnected (day 25),  $\text{NH}_4^+$  consumption decreased rapidly and stabilized at  $12 \pm 3$  %. Microscopic visualization of the media showed that the onset of  $\text{NH}_4^+$  consumption coincided with the appearance of brown patches that resemble Fe oxides (Fig. 2C) on the previously virgin sand (Fig. 2B).

#### 3.2. $\text{Fe}^{2+}$ -derived ROS do not inhibit $\text{NH}_4^+$ oxidation

Reactive oxygen species (ROS) are formed as by-products of homogeneous Fe oxidation (Hug and Leupin, 2003). The potential inhibition of  $\text{NH}_4^+$  oxidation by ROS was tested in batch tests with Fe oxide-coated sand with  $\text{NH}_4^+$ -oxidizing activity amended with ROS-quenchers/scavengers TEMPOL, mannitol, catalase, and methanol. Negative control experiments showed that ROS quenchers/scavengers do not diminish the rate of  $\text{NH}_4^+$  oxidation (light green). On the contrary,  $\text{Fe}^{2+}$  addition (which quickly oxidized to  $\text{Fe}^{3+}$ , dark green) significantly decreased the rate, regardless of the addition of ROS-quenchers/scavengers ( $-24.8 \pm 1.8$  % on average). Adding  $\text{Fe}^{3+}$  flocs instead of  $\text{Fe}^{2+}$  resulted in a similar level of inhibition ( $-30$  %, blue).



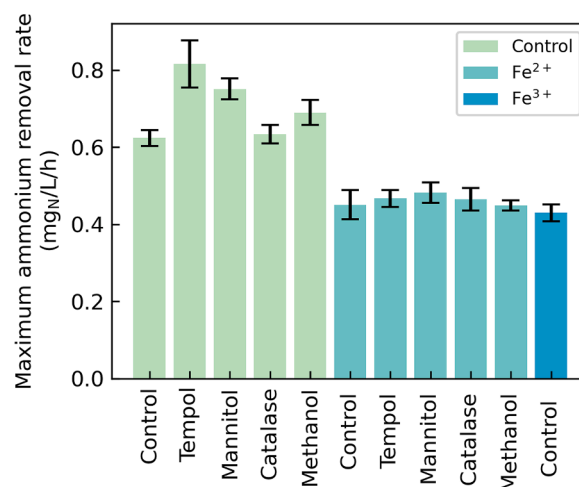
**Fig. 2.** A) Fraction of  $\text{NH}_4^+$  removed in the effluent of the three lab-scale sand filters during continuous operation. Blue arrows indicate the second inoculation (day 10) and the connection and disconnection of the influent of the virgin sand filter to the effluent of the Fe-oxide coated filter (days 20 and 25). B) Microscopic image of the virgin sand on day 10. C) Microscopic image of the virgin sand on day 35, slightly covered with brown patches that resemble Fe oxides.

### 3.3. $\text{Fe}^{2+}$ presence does not interfere with $\text{NH}_4^+$ oxidation

Dissolved  $\text{Fe}^{2+}$  is the Fe form that enters full-scale sand filters. To evaluate its effect on  $\text{NH}_4^+$  oxidation, a lab-scale column filled with Fe oxide-coated sand was continuously fed with  $\text{NH}_4^+$ -amended tap water at pH 6.2. Complete  $\text{NH}_4^+$  removal was obtained after 2 months, after which  $\text{Fe}^{2+}$  addition into the supernatant started. The low pH allowed  $\text{Fe}^{2+}$  to penetrate deep into the bed without oxidizing (Fig. 4A), as both homogeneous and heterogeneous oxidation rates substantially decrease with decreasing pH (Tamura et al., 1976; Singer and Stumm, 1970). In accordance,  $\text{Fe}^{3+}$  was barely observed throughout the filter (Fig. 4B), leaving adsorption as the only cause of  $\text{Fe}^{2+}$  removal. The  $\text{NH}_4^+$  concentration profile along the filter depth remained relatively stable during the course of the experiment (Fig. 4C), demonstrating that the presence of (adsorbed)  $\text{Fe}^{2+}$  cannot explain the inhibition of  $\text{NH}_4^+$  removal observed at the top section of full-scale sand filters.

### 3.4. $\text{Fe}^{3+}$ flocs spatially delay $\text{NH}_4^+$ oxidation

Similarly to Section 3.3, a lab-scale sand filter filled with Fe oxide-coated sand was continuously fed with tap water amended with  $\text{NH}_4^+$  but now at higher pH (pH=7.7). Full  $\text{NH}_4^+$  removal was obtained after 2 months of acclimation, after which  $\text{Fe}^{2+}$  addition into the supernatant started.  $\text{Fe}^{2+}$  was consistently oxidized at the filter top, with >75 % removal in the first 5 cm (Fig. 4D). Homogeneous Fe oxidation was the main Fe removing mechanism in the system, and most flocs accumulated at the top (Fig. 4E). The accumulation of  $\text{Fe}^{3+}$  flocs throughout the experiment resulted in filter clogging in the top of the column, which changed the hydraulic conditions of the filter (see SI 8.2) and spatially delayed the removal of  $\text{NH}_4^+$  (Fig. 4F). At the end of the experiment,  $\text{NH}_4^+$  oxidation was completely absent in the first 5 cm of the filter bed (Fig. 5), and the estimated first-order rate constants ( $k$ ) decreased in the downstream sections (from 0.022 to 0.015  $\text{s}^{-1}$ ). These results show that  $\text{Fe}^{3+}$  floc accumulation is directly responsible for the loss of ammonia oxidation activity in sand filters, supporting the findings of Fig. 3. In addition, they indicate that the loss in ammonia oxidation activity is more prominent in zones where more  $\text{Fe}^{3+}$  flocs accumulate, with total loss of activity at high floc content. The following sections aim at understanding the inhibiting mechanism.



**Fig. 3.** Maximum  $\text{NH}_4^+$  removal rates of the sand grains in the absence (light green), or presence of  $\text{Fe}^{2+}$  (dark green) or  $\text{Fe}^{3+}$  flocs (blue). Control tests contain no ROS quenchers/scavengers (TEMPOL, mannitol, catalase, and methanol). All tests were performed aerobically to ensure quasi-instantaneous  $\text{Fe}^{2+}$  oxidation and concomitant ROS formation, mimicking the conditions of full-scale sand filter supernatants. Activities were quantified in triplicates, error bars represent standard deviation.

### 3.5. Increasing pore velocities due to clogging alone cannot explain the spatial delay in $\text{NH}_4^+$ oxidation

Changing transport patterns in the filter bed due to  $\text{Fe}^{3+}$  floc accumulation may affect  $\text{NH}_4^+$  oxidation. Since the sand filter was operated at constant flow,  $\text{Fe}^{3+}$  floc accumulation (i.e., increase in filter bed resistance) directly translated into (local) increases in water pore velocity. Consequently, contact times between AOB and  $\text{NH}_4^+$  are shorter, which could theoretically push  $\text{NH}_4^+$  oxidation deeper into the filter bed. To evaluate the contribution of increased pore water velocities to the spatial delay of  $\text{NH}_4^+$  oxidation, we estimated the average pore water velocity needed to explain the four observed  $\text{NH}_4^+$  concentration profiles in Fig. 5 assuming that  $\text{Fe}^{3+}$  flocs do not inhibit AOB i.e. maintaining a constant  $k$  of 0.025  $\text{s}^{-1}$  for the top 5 cm of the filter bed. A local average increase in pore water velocity changes the hydraulic retention time



(HRT) in the filter, and can be estimated using the equation below:

$$C_{\text{depth}=5\text{cm}} = C_{\text{depth}=0\text{cm}} \times e^{-(k \cdot t)}, \quad (1)$$

where  $t$  is the travel time between the two depths (s),  $C_{\text{depth}=i \text{ cm}}$  is the  $\text{NH}_4\text{-N}$  concentration ( $\text{mg}\cdot\text{L}^{-1}$ ) at a depth  $i$ , and  $k$  is the  $\text{NH}_4^+$  oxidation rate constant ( $\text{s}^{-1}$ ).

Simulating the results for the top 5 cm of filter bed for each day yields theoretical HRTs of 23, 19, 14, and  $\sim 0$  s for day 1, 2, 3, and 4, respectively. This means that a 1.2, 1.7, and infinite fold-increase in the water pore velocity are needed to explain the decrease in  $\text{NH}_4^+$  oxidation solely by changes in HRT (Table 1), which is proportional to a loss in pore space of 17 %, 41 %, and  $\sim 100$  %, for Days 2, 3, and 4, respectively. These percentages are substantially higher than the maximum percentage of pore space that could be filled up with the theoretical amount of  $\text{Fe}^{3+}$  flocs formed during the experiment (1 %). We deem it, therefore, unlikely that changes in hydraulic conditions in the clogged column alone can explain the spatial delay in  $\text{NH}_4^+$  oxidation.

### 3.6. $\text{Fe}^{3+}$ flocs reduce the activity of $\text{NH}_4^+$ -oxidizing bacteria (AOB)

The potential direct impact of  $\text{Fe}^{3+}$  flocs on AOB – i.e., reducing their ammonia oxidation capacity – was tested in batch tests. Sand grains from the same  $\text{NH}_4^+$ -oxidizing full-scale sand filter as for the column study were incubated with 0, 30, 60, 90, and 120  $\text{mgFe}^{3+}\text{flocs}\cdot\text{L}^{-1}$ . Sand grains are continuously mixed and thus clogging and transport limitations do not play a role. Fig. 6 shows that higher floc content yielded proportionally lower maximum  $\text{NH}_4^+$  removal rates, demonstrating that  $\text{Fe}^{3+}$  flocs inhibit AOB.

Comparing the amount of  $\text{Fe}^{3+}$  flocs accumulated in this experiment and the lab-scale sand filter (Fig. 5) allows to estimate the likelihood of  $\text{Fe}^{3+}$  flocs contributing to the spatial delay in  $\text{NH}_4^+$  in the sand filter. About 100 mg of  $\text{Fe}^{3+}$  flocs were produced during the sand filter experiment, which corresponds to a floc content of  $>2000$  mg Fe/L assuming a homogeneous distribution across all pores in the column and total floc retention. A more realistic assumption is that all flocs were entrapped within the first 5 cm of the filter bed (Fig. 5e), which yields a  $\text{Fe}^{3+}$  floc content of  $>15,000$  mg Fe/L. In both cases, the floc content is 1 to 2 orders of magnitude higher than the maximum content of flocs in the batch experiments ( $\sim 120$  mg/L) (Fig. 6), which was enough to reduce the  $\text{NH}_4^+$  removal capacity of the sand grains by 50 %. Therefore, we conclude that AOB inhibition by  $\text{Fe}^{3+}$  flocs is likely the main mechanism inhibiting  $\text{NH}_4^+$  removal at the top of sand filters.

### 3.7. Reversible inhibition of $\text{NH}_4^+$ and $\text{Mn}^{2+}$ oxidation by $\text{Fe}^{3+}$ flocs

The reversibility of the spatial delay in  $\text{NH}_4^+$  removal caused by  $\text{Fe}^{3+}$  flocs was evaluated by assessing the  $\text{NH}_4^+$  concentration profiles along the filter depth of a full-scale filter before and after backwashing (Fig. 7A).  $\text{NH}_4^+$  removal was almost absent at the filter top at the end of a filter run, i.e. before backwashing. Backwashing moved the  $\text{NH}_4^+$  removal to the filter top, even though dissolved –  $\text{Fe}^{2+}$  – and particulate –  $\text{Fe}^{3+}$  flocs – Fe were not completely removed (see Figure S3).

The effect of backwashing was also evaluated for  $\text{Mn}^{2+}$ , to explore putative parallelisms between the inhibiting effects of  $\text{Fe}^{3+}$  flocs (Fig. 7B and 7C). Similarly, while  $\text{Mn}^{2+}$  was barely removed at the filter top before backwashing, removing the  $\text{Fe}^{3+}$  flocs moved its removal to the

filter top, resulting in a similar 2.68 and 2.08 fold-increase in the first-order oxidation rate constants for  $\text{NH}_4^+$  and  $\text{Mn}^{2+}$ , respectively. Note that, contrary to  $\text{NH}_4^+$ , the removal of  $\text{Mn}^{2+}$  does not exclusively rely on microorganisms, and can be chemically catalyzed. Interestingly, the trends are nonetheless similar, which may indicate that  $\text{Fe}^{3+}$  flocs affect the removal of both contaminants in a similar, yet undescribed fashion.

## 4. Discussion

### 4.1. Dissolved $\text{Fe}^{2+}$ , reactive oxygen species, and Fe oxide coating do not decrease the $\text{NH}_4^+$ removal capacity of sand filters

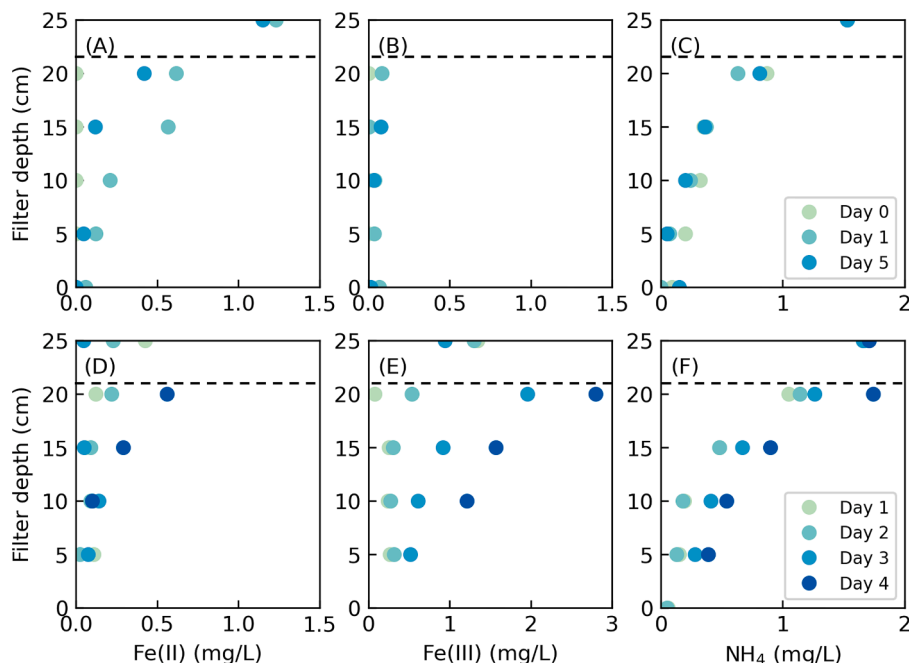
We evaluated the influence of dissolved  $\text{Fe}^{2+}$ , reactive oxygen species, and Fe oxide coating on  $\text{NH}_4^+$  oxidation in sand filters and found no major inhibitory effects (Figs. 2, 3, and 4C). Bacteria exposure to  $\text{Fe}^{2+}$  and ROS have often been associated with detrimental physiological effects. Swanner et al. (2015) showed that  $\text{Fe}^{2+}$  addition to a cyanobacteria culture decreased growth rate and attributed it to the intracellular accumulation of ROS. In another example, Zhang et al. (2020) found that exposing *Shewanella oneidensis* strain MR-1 to  $\text{Fe}^{2+}$  minerals and oxygen decreased cell viability and associated it with ROS production as well.  $\text{Fe}^{2+}$  concentrations, a proxy for ROS concentration under aerobic conditions, were much higher in our batch tests than in those studies (70 mM vs 5 mM and 80  $\mu\text{M}$ , respectively). However, our results clearly show no immediate decrease in the  $\text{NH}_4^+$  removal rate, and effects on cell viability are likely marginal because  $\text{NH}_4^+$  removal capacity in full-scale sand filters recovers immediately after backwashing (Fig. 7), proving inhibition to be reversible. We hypothesize that ROS exert selective pressure on the sand filter ecosystem, and as a result, only organisms able to tolerate ROS thrive. An example of adaptation is the increase in catalase activity and upregulation of several antioxidant genes in AOB *Nitrosomonas oligotropha* PLL12 upon exposure to ROS observed by Wang et al. (2023).

In a similar fashion, several studies on both pure and mixed cultures pointed out the toxic effects of Fe oxides. Growth inhibition by several Fe oxides – including ferrihydrite, the most common Fe oxide in sand filters (Haukelidsaeter et al., 2024) – was observed by Du et al. (2019), and decreases in cell viability upon exposure to Fe oxide nanoparticles (Arakha et al., 2015) and Fe oxide-containing clay minerals (Wang et al., 2017) are also commonly reported. Our nitrification experiments (Fig. 2) not only indicate that Fe oxides do not impede the growth of AOB on sand grains, but also that their presence even accelerates their establishment. In addition, Fe oxide coatings have high specific surface areas (Haukelidsaeter et al., 2023), which seem to be a critical factor for biofilm growth (Kostka et al., 2002). One of the limitations of our study is that the experiments were carried out on a stable Fe oxide layer, i.e. no  $\text{Fe}^{2+}$  was fed into the system, so no new Fe oxides were generated. In contrast, the Fe oxide coating of sand grains of full-scale sand filters continuously grows during operation as a result of heterogeneous  $\text{Fe}^{2+}$  oxidation. One can argue that this dynamic situation may force AOB to match the growth rate of Fe oxides to ensure nutrient availability and avoid cell encrustation. However, Gülay et al. (2014) observed a positive correlation between cell abundance and mass mineral coating in full-scale sand filter grains, suggesting that the Fe oxide coating enhances, rather than hinders, the  $\text{NH}_4^+$  removal capacity of full-scale sand filters. Another limitation of our work is that the experiments were run at 20 °C and using artificial media, which does not mimic natural groundwater. Further research at conditions closer to that of drinking water treatment plants will improve our understanding of Fe chemistry of ammonia oxidation. Overall, we show that dissolved  $\text{Fe}^{2+}$ , reactive oxygen species, and Fe oxide coating do not have a major detrimental effect on ammonia-oxidizing activity, contrary to what is commonly reported in literature. Beyond groundwater filtration, these results showcase the limitations of extrapolating results from pure culture studies into complex microbial communities.

**Table 1**

Estimated hydraulic retention time and fold increase in pore water velocity are needed to explain the spatial delay in  $\text{NH}_4^+$  removal in the lab-scale sand filter solely due to changes in transport phenomena.

	Day 1	Day 2	Day 3	Day 4
Hydraulic retention time (s)	23	19	14	$\sim 0$
Pore water velocity fold-increase (-)	–	1.2	1.7	$\infty$
Loss of pore space (%)	0	17	41	$\sim 100$

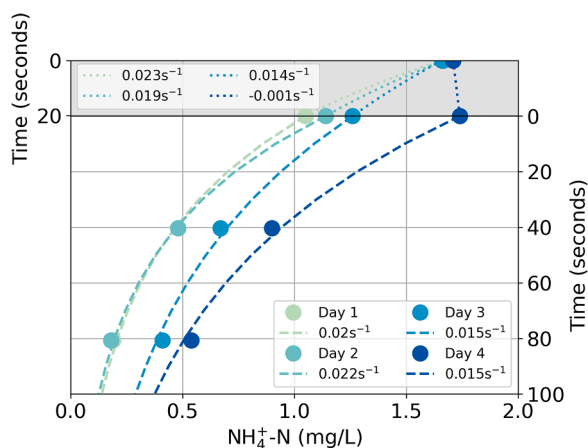


**Fig. 4.**  $\text{Fe}^{2+}$  (A, D),  $\text{Fe}^{3+}$  (B, E), and  $\text{NH}_4^+$  (C, F) removal profiles along the depth of a lab-scale sand filter during continuous dosing of  $\text{Fe}^{2+}$  at pH 6.2 (A, B, C) and 7.7 (D, E, F), respectively. The initial  $\text{Fe}^{2+}$  concentration is 1.5 mg/L. Data points represent single measurements. Dashed horizontal line indicates supernatant position.

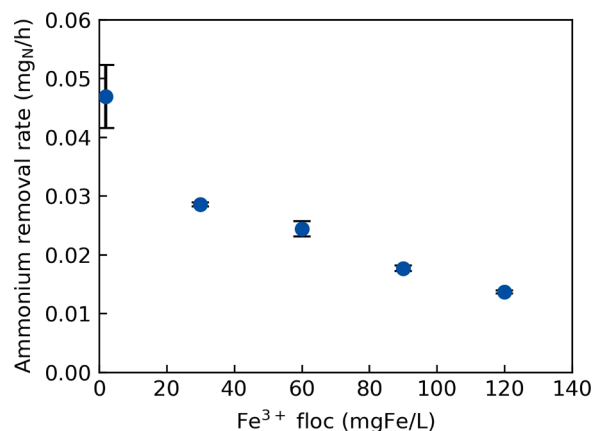
#### 4.2. Direct inhibition of AOB by $\text{Fe}^{3+}$ flocs likely explains the spatial delay of $\text{NH}_4^+$ removal in full-scale sand filters

$\text{Fe}^{3+}$  flocs are the main inhibitor of  $\text{NH}_4^+$  oxidation in sand filters. We observed this phenomenon at laboratory- (Fig. 5) and full-scale (Fig. 7), and our results support the pioneering work of de Vet et al. (2009), which concluded that microbial nitrification in trickling filters might decline due to the irreversible accumulation of iron deposits. Likewise, the detailed molecular study of Tong et al. (2022) reported that  $\text{Fe}^{3+}$  flocs formed via homogeneous  $\text{Fe}^{2+}$  oxidation attach to the cell surface of *Pseudomonas putida*, severely decreasing its  $\text{Mn}^{2+}$  removal capacity. Ammonia oxidation kinetics in our lab-scale sand filter columns were fitted to a first-order rate equation and gave  $\text{NH}_4^+$  oxidation rate constants (54–80  $\text{h}^{-1}$ ) slightly above those found by Lopato et al. (2013) (8–16  $\text{h}^{-1}$ ) and references therein (9–17  $\text{h}^{-1}$ ) in full-scale systems, likely due to the loss of efficiency ascribed to flow pattern heterogeneity at bigger scales (Lopato et al., 2011). After 4 days of  $\text{Fe}^{2+}$  dosing,  $\text{NH}_4^+$

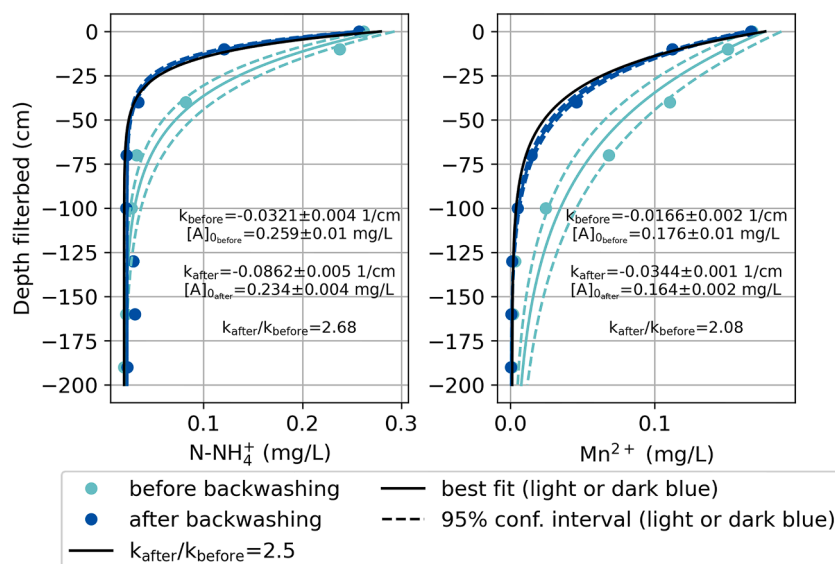
removal capacity completely stopped at the filter top ( $\text{NH}_4^+$  removal rate constant  $\sim 0$ ) (Fig. 5). Our experiments do not allow us to rule out completely the contribution of mass transfer limitations to the spatial delay in  $\text{NH}_4^+$  removal in full-scale sand filters as a consequence of filter clogging but suggest that they do not play a major role (Table 1). On the contrary,  $\text{Fe}^{3+}$  floc contents in the batch test experiments were 1 to 2 orders of magnitude below the ones in lab-scale (Fig. 4E) and full-scale filters (Figure S3), but were still high enough to decrease the maximum  $\text{NH}_4^+$  removal capacity of AOB on sand grains by half (Fig. 6). Taken together, these results provide solid evidence that (i)  $\text{Fe}^{3+}$  flocs inhibit the  $\text{NH}_4^+$  oxidizing capacity of AOB and that (ii) this mechanism is likely the main responsible for the spatial delay of  $\text{NH}_4^+$  removal in full-scale sand filters. The exact physiological mechanisms remain to be elucidated.



**Fig. 5.**  $\text{NH}_4^+$  oxidation rate constants ( $k$ ) estimated for the top 5 cm of the filter bed (gray background) and the downstream sections (white background). Dots show the observed concentration, and dashed lines show the fits used to estimate  $k$  values.  $R^2 > 0.996$  for all datasets.



**Fig. 6.** Maximum  $\text{NH}_4^+$  removal rates of the sand grains with increasing amounts of  $\text{Fe}^{3+}$  flocs in the medium.  $\text{Fe}^{3+}$  flocs were added every 30 min during a period of 3 h, mimicking the conditions of full-scale sand filter supernatants. X-axis indicates the concentration of  $\text{Fe}^{3+}$  at the end of the experiment. Activities were quantified in triplicates, error bars represent standard deviation between them. All data points included in Figure S4.



**Fig. 7.**  $\text{NH}_4^+$  and  $\text{Mn}^{2+}$  concentration profiles along the depth of a full-scale sand filter before (green) and after (red) backwashing. Lines indicate the fitting of the curves to first-order removal processes (full), and the 95 % confidence interval of the fitting (dashed).

#### 4.3. Ecological and industrial implications

Ammonium diffusion into the biofilm - *i.e.* mass transfer - has traditionally been considered to limit the nitrification capacity of sand filters fed with iron-free water (Lopato et al., 2013; van den Akker et al., 2008). Yet, the latest evidence indicates that  $\text{NH}_4^+$  removal is limited by biokinetics, the product of AOB abundance and its maximum specific  $\text{NH}_4^+$  removal rate (Lee et al., 2014). In this work, we show that the presence of  $\text{Fe}^{3+}$  flocs inhibits the maximum  $\text{NH}_4^+$  removal rate of AOB. Combined, these findings suggest that  $\text{Fe}^{3+}$  flocs effectively reduce the ammonia oxidation capacity of sand filters, and set avoiding  $\text{Fe}^{3+}$  floc formation as a clear optimization target. Strategies to segregate the removal of Fe and  $\text{NH}_4^+$  have already been proposed and tested, and often encompass controlling the oxidation–reduction potential to avoid homogeneous Fe oxidation. Recent successful examples are anaerobic  $\text{Fe}^{2+}$  precipitation as vivianite (Goedhart et al., 2022), anoxic biological nitrate and  $\text{Fe}^{2+}$  co-removal (Corbera-Rubio et al., 2024) and aerobic biological  $\text{Fe}^{2+}$  oxidation at low oxygen concentration (Müller et al., 2024). Nitrification problems caused by  $\text{Fe}^{3+}$  flocs are currently bypassed because sand filters are usually over dimensioned (Tatari et al., 2016). Nonetheless, finding solutions to directly tackle or avoid  $\text{Fe}^{3+}$  floc inhibition of ammonia oxidation is fundamental for the transition move towards resource-efficient, environmentally-friendly groundwater treatment. Beyond drinking water treatment, this work sheds light on the interplay between Fe and  $\text{NH}_4^+$ , two widespread and central compounds in many ecosystems across the planet.

## 5. Conclusions

In this work, we systematically and quantitatively evaluated the individual impact of the main  $\text{Fe}^{2+}$  oxidizing mechanisms and the resulting products on biological  $\text{NH}_4^+$  oxidation in groundwater filters. Using a combination of batch essays, lab-scale columns experiments, full-scale column characterization and modeling, we conclude that:

- Dissolved  $\text{Fe}^{2+}$  and reactive oxygen species do not affect  $\text{NH}_4^+$  oxidation
- Fe oxide coating aids  $\text{NH}_4^+$ -oxidizing activity on sand filter media grains
- $\text{Fe}^{3+}$  flocs inhibit  $\text{NH}_4^+$  oxidation by reducing the ammonia oxidation capacity of the microorganisms on the sand grains

- Changes in transport patterns due to clogging do not play a major role in  $\text{NH}_4^+$  oxidation
- The inhibition of  $\text{NH}_4^+$  oxidation is reversible and reduced by backwashing

Overall, our work sets finding solutions to directly tackle or avoid  $\text{Fe}^{3+}$  floc inhibition of ammonia oxidation as a priority to optimize groundwater treatment and transition towards the next generation of sustainable and efficient sand filters.

#### CRediT authorship contribution statement

**Francesc Corbera-Rubio:** Writing – original draft, Visualization, Validation, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **Emiel Kruisdijk:** Writing – original draft, Visualization, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **Sofia Malheiro:** Methodology, Investigation, Data curation. **Manon Leblond:** Methodology, Investigation, Formal analysis, Data curation. **Liselotte Verschoor:** Methodology, Investigation, Data curation. **Mark C.M. van Loosdrecht:** Writing – review & editing, Supervision, Resources, Project administration, Funding acquisition, Formal analysis, Conceptualization. **Michele Laurenzi:** Writing – review & editing, Validation, Supervision, Formal analysis, Conceptualization. **Doris van Halem:** Writing – review & editing, Supervision, Resources, Project administration, Funding acquisition, Formal analysis, Conceptualization.

#### Declaration of competing interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

Francesc Corbera-Rubio reports financial support was provided by Vitens NV. Francesc Corbera-Rubio reports financial support was provided by Dunea Duin & Water.

#### Data availability

Data will be made available on request.



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## Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.watres.2024.121923.

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