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Mechanised deep tunnel excavation in saturated clayey soils: a pre-design hydro-mechanically coupled method for the assessment of both spoil and face volume loss

LUCA FLESSATI* and CLAUDIO DI PRISCO†

Mechanised tunnel excavation in soils causes over-excavations, potentially leading to large amounts of spoil and settlements at ground level. An accurate estimation of over-excavations is crucial in the pre-design phase for assessing costs, determining the appropriate excavation method and choosing the muck management strategy. Currently, the estimation is based on experience and data from similar projects, but this becomes difficult when project conditions are heterogeneous. As an alternative, finite-element analyses are time-consuming and not suitable for early design stages; therefore, simplified tools are needed. In this paper, the authors present a simplified approach putting in relation face extrusion with estimated spoil mass and face volume loss. This approach, conceived for deep tunnels, is the extension to the case of mechanised tunnelling of a hydro-mechanical coupled meta-model derived from finite-element numerical analyses for tunnels in clayey soils excavated by using conventional techniques (i.e. without any use of tunnel-boring machines). The model has been validated against field data relative to a case study. The approach can be used in the early design process to identify tunnel-boring machine characteristics and provide preliminary cost estimates. In addition, during the construction phase, the method can be employed to interpret monitoring data and pre-design mitigation measures for unforeseen soil profile variations.

KEYWORDS: excavation; face characteristic curve; face extrusion; meta-model; spoil; tunnels & tunnelling; volume loss

INTRODUCTION

Excavating tunnels in soils may cause over-excavations, potentially resulting in large spoil masses and unexpected settlements at the ground level. An accurate estimation of the extent of over-excavation is crucial during the early design stages, such as planning and feasibility studies, as it allows: (a) the estimation of excavation costs and (b) the selection of the most suitable excavation method and muck management strategy. Currently, the estimation of over-excavation is frequently based on experience and data gathered from similar projects, using the volume loss (the non-dimensional ratio of the volume per unit tunnel length of settlement trough at a given depth (usually at or near the surface) and the area of the excavated tunnel) as an indirect measure. However, when significant variations in project conditions are expected, the prediction of volume loss becomes very challenging without performing time-consuming non-linear finite-element (FE) numerical analyses. Obviously, these analyses are not compatible with early design stages, where uncertainties regarding the mechanical behaviour of materials are unavoidable, and multiple potential solutions and mitigation strategies need to be considered. During early design phases, when preliminary cost has to be estimated and

the most suitable excavation method is chosen, simplified tools must be employed.

As is suggested by many authors (Attewell & Farmer, 1974; Cording & Hansmire, 1975; Mair & Taylor, 1997; Vu *et al.*, 2016), volume losses associated with mechanised tunnelling are usually calculated by adding four components: (*a*) volume loss at the tunnel face; (*b*) volume loss along the shield; (*c*) volume loss at the tail; and (*d*) long-term volume loss due to consolidation. Among these four contributions, only the first one is related to the spoil mass. This is also associated with the face extrusion (i.e. the movement of soil toward the excavation chamber induced by the variation in stresses in the advance core), therefore, its estimation requires the analysis of the mechanical response of the face. In the past, numerous authors have addressed this topic from various perspectives, including theoretical, experimental, and numerical analyses.

In the literature, theoretical studies are mainly based on either the limit equilibrium method (Horn, 1961; Anagnostou & Kovari, 1996) or the limit analysis theory (Davis *et al.*, 1980; Mühlhaus, 1985; Leca & Dormieux, 1990; Wong & Subrin, 2006; Klar *et al.*, 2007; Mollon *et al.*, 2009, 2013; Pferdekämper & Anagnostou, 2022). Both the approaches allow the assessment of the minimum pressure to prevent face collapse, but not face extrusion.

From an experimental point of view, both centrifuge (Mair, 1979; Kimura & Mair, 1981; Chambon & Corté, 1994; Nomoto *et al.*, 1999; Kamata & Mashimo, 2003) and 1*g* small-scale model tests (Sterpi & Cividini, 2004; Kirsch, 2009; Berthoz *et al.*, 2012a, 2012b; Chen *et al.*, 2013; Hu *et al.*, 2022; Shang *et al*, 2023) were performed to study the minimum pressure to be applied on the face to ensure its stability. Therefore, these studies cannot be directly used to provide an estimation of face extrusion. As far as 1*g* small-scale model tests are concerned, particularly

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interesting are the results in di Prisco *et al.* (2018a), in which the influence of the hydro-mechanical (HM) coupling on the face response is discussed. The experimental results clearly put in evidence the fundamental role of the excavation rate on face extrusion and, on the basis of the experimental results, a simplified approach to estimate the minimum excavation rate, under which the face mechanical response become unstable, was proposed.

The importance of the role of HM coupling in affecting the face response has also been numerically put in evidence by many authors by performing FE numerical analyses (Callari, 2004, 2015; Callari & Casini, 2006; Höfle *et al.*, 2008, 2009; Sitarenios & Kavvadas, 2016; Callari *et al.*, 2017; Soe & Ukritchon, 2023).

Finite-element numerical results have also recently been used to introduce 'meta-models' (i.e. 'upscaled models' or 'surrogate models') suitable for deep tunnels excavated by means of conventional tunnelling in saturated clayey soils (di Prisco *et al.*, 2018b, 2019a, 2019b, 2020; Flessati & di Prisco, 2022, 2023). These meta-models are capable of replicating FE results in relation to face extrusion and, once tunnel geometry and soil properties are assigned, they can be employed to preliminarily calculate face extrusion without the need for conducting FE simulations.

The objectives of this paper are:

- (*a*) to extend the meta-model introduced in di Prisco *et al.* (2019b) to the case of mechanised tunnelling
- (b) to present a new simplified method putting in relation face extrusion and advancement rate for a tunnel excavated in saturated soils
- (c) to estimate both spoil mass and volume loss at the tunnel face accounting for HM coupling
- (*d*) validate the method by comparing its blind predictions with field data.

This new method is a valuable tool to be used in the early design stages to provide a preliminary estimate of both the costs associated with the spoil management and the surface settlements. It is worth mentioning that this simplified approach is not intended to be used during the detailed and for-construction design, when advanced FE simulations, reproducing in detail the tunnel-boring machine (TBM) subsystems, are required. An exhaustive and recent discussion of this topic is reported in Kratz *et al.* (2023).

For the sake of clarity, in the section titled 'Meta-model for the assessment of HM coupled face extrusion' the meta-model introduced in di Prisco *et al.* (2019b) is briefly summarised. In the section 'Application to the case of mechanised tunnelling', its extension to mechanised tunnelling is presented, and finally, in the section 'Application to a case study', its practical application to a case study is illustrated.

META-MODEL FOR THE ASSESSMENT OF HM COUPLED FACE EXTRUSION

The meta-model introduced in di Prisco *et al.* (2019b) is a relationship (named characteristic curve) between average face pressure (σ_f), excavation rate (v_{ex}) and average face extrusion (u_f). This does not imply that the stresses on the face and face displacement distributions are uniform. To conceive this meta-model and to train it, the results of a series of non-linear three-dimensional (3D) FE numerical analyses were used.

The assumptions of both HM coupled numerical analyses and meta-model are listed below.

(a) The tunnel cross-section is circular and the diameter is termed D.

- (b) The cover diameter ratio (H/D) is assumed to be sufficiently large (H/D > 4) to neglect the effect of the ground surface ('deep tunnel').
- (c) The water table is at the ground surface.
- (d) The tunnel is excavated in a saturated homogeneous soil layer characterised by a unit weight (γ_{sat}) constant along depth.
- (e) The hydraulic behaviour is isotropic and permeability (k) is constant along the depth.
- (f) The lining is rigid and impervious to water.
- (g) The excavation process is modelled as a progressive reduction in the pressure applied on the tunnel face and the time t_u to complete the face unloading is assumed to be coincident with the time necessary to excavate a tunnel length $L_a = 1.5D$ (L_a is the distance from the face at which stresses are practically not affected by the excavation, as is shown in di Prisco *et al.*, 2022a), implying that $v_{ex} = 1.5D/t_u$.
- (h) The soil behaviour is reproduced by using an elastic-perfectly plastic constitutive relationship with a Mohr-Coulomb failure criterion and a non-associated flow rule (nil dilatancy). In fact, when an elastic-perfectly plastic constitutive relationship is employed to simulate the mechanical behaviour of a clay, the dilatancy at failure (i.e. at critical state) has to be nil.

Additional details regarding the numerical model are reported in Appendix 1.

For the sake of generality, the meta-model is defined by using the following non-dimensional variables:

$$Q_{\rm f} = \frac{\sigma_{\rm f0} - \sigma_{\rm f}}{S_{\rm u}^*} \quad q_{\rm f} = \frac{u_{\rm f}}{u_{\rm f, relu}} \frac{\sigma_{\rm f0}}{S_{\rm u}^*} \quad \Upsilon = \frac{3(1 - 2\nu)\gamma_{\rm w}D^2}{kEt_{\rm u}} \quad (1)$$

where σ_{f0} is the initial (geostatic) value of σ_f ; γ_w is the water unit weight; ν is the Poisson's ratio; and E is the Young's modulus of the soil, assumed to be constant in the soil domain. S_u^* is a strength parameter depending on the boundary value problem accounted for and can be written as: $S_u^* = \alpha S_{u,e}$. α only depends on friction angle ϕ' (Appendix 2). $S_{u,e}$ is the value of the soil's undrained strength calculated (by adopting the constitutive relationship used for the FE simulations) by imposing the geostatic effective pressure at tunnel axis depth (p^*) and an undrained extension stress path ($S_{(u,e)}/p^* = M_e/2$, where $M_e = 6\sin\phi'/(3 + \sin\phi')$). $u_{f,relu}$ represents the undrained elastic residual (i.e. for $\sigma_f = 0$) face extrusion (di Prisco *et al.*, 2018b):

$$u_{\rm f,relu} = \frac{2}{3} \frac{1 + v \sigma_{\rm f0}}{K_{\rm el}} D \tag{2}$$

where K_{el} is a non-dimensional parameter depending on the H/D value. The numerical FE results reported in di Prisco *et al.* (2018b) make it possible to conclude that, for H/D > 5, K_{el} is practically constant and equal to 3.

The non-dimensional definitions of variables Q_f and q_f come from the analytical solution of undrained tunnel cavities in unbounded media (di Prisco *et al.*, 2018b), whereas the non-dimensional definition of Υ comes from the equation of mass balance of water (Appendix 3). The definition of the meta-model in terms of non-dimensional variables makes the meta-model reliable for any geometry/soil property value, extending infinitely its range of applicability.

According to di Prisco *et al.* (2019b), the use of these non-dimensional variables is particularly convenient since, for any given value of Υ , a unique global (characteristic curve) and local (stress, pore pressure, strains and displacement fields) response, independent of both geometry and soil hydraulic/mechanical properties, is obtained (Appendix 4).



Finite-element



 $v_{\rm ex}$ = 1000 m/day (γ = 16 000) -- ν_{ex} = 10 m/day (γ = 160) $v_{\rm ex} = 1 \, {\rm m/day} \, (\gamma = 16)$ - $v_{\text{ex}} = 0.1 \text{ m/day} (\gamma = 1.6)$ ••••••• $v_{\rm ex} = 0.01 \, {\rm m/day} \, (\gamma = 0.16)$

Fig. 1. Non-dimensional face characteristic curves

Table 1. Geometry and soil mechanical/hydraulic properties

<i>D</i> : m	H/D	E: MPa	v	<i>c'</i> : kPa	ϕ' : deg	ψ: deg	γ_{sat} : kN/m ³	<i>k</i> : m/s
15	7	85	0.3	0	25	0	20	10^{-9}

According to the meta-model, the relation between $Q_{\rm f}$ and $q_{\rm f}$ can be expressed as follows:

$$q_{\rm f}(Q_{\rm f},\Upsilon) = \begin{cases} \frac{Q_{\rm f}}{R(\Upsilon)}, & Q_{\rm f} < a_{\rm f}(\Upsilon) \\ \frac{a_{\rm f}(\Upsilon)}{R(\Upsilon)} e^{Q_{\rm f}/a_{\rm f}(\Upsilon)} + \frac{Q_{\rm f} - a_{\rm f}(\Upsilon)}{Q_{\rm L}(\Upsilon) - Q_{\rm f}}, & Q_{\rm f} > a_{\rm f}(\Upsilon) \end{cases}$$

$$(3)$$

where $R(\Upsilon)$, $a_{\rm f}(\Upsilon)$ and $Q_{\rm L}(\Upsilon)$ are functions governing, respectively, the initial inclination of the characteristic curves, the transition from the initial linear to non-linear response and the limit/collapse value for $Q_{\rm f}$. The training of the model consisted in using FE results to define the functions $R(\Upsilon)$, $a_{\rm f}(\Upsilon)$ and $Q_{\rm L}(\Upsilon)$ (Appendix 5).

The characteristic curves obtained by using this metamodel (solid and dashed lines) are compared in Fig. 1 with FE numerical results (symbols). Geometry and soil properties employed to obtain the numerical results are reported in Table 1. In these cases, the at-rest lateral earth pressure (k_0) is assumed to be equal to one and different values of v_{ex} were considered. An extension to different k_0 values is quite simple and implies only a change in one meta-model parameter ($a_{\rm fu}$ defined in Appendix 5). As is evident in Fig. 1 the meta-model can satisfactorily reproduce FE results for any value.

Despite the simplicity of the constitutive relationship adopted, the numerical results capture very satisfactorily the mechanical processes taking place in the soil domain. Testament to this is the slight dependence of nondimensional face characteristic curves on the constitutive relationship implemented in the numerical code. In Flessati & di Prisco (2018) the authors illustrated the non-dimensional characteristic curves obtained by implementing the modified Cam Clay model and showed that the correct assessment of S_{u}^{*} allows curves to be obtained that are practically coincident with those obtained by using an elastic-perfectly plastic constitutive relationship.



Fig. 2. Comparison between blind predictions with the meta-model and experimental results (adapted from di Prisco et al. (2018a))

In di Prisco et al. (2019b) the meta-model is also validated by using the results of a series of 1g small-scale model experimental tests (tests A1-A4 of di Prisco et al. (2018a)). The hydro/mechanical properties of the soil employed correspond to those of the material employed for the smallscale tests (Flessati, 2017). In Fig. 2, the residual displacements $(u_{f,r})$ are illustrated plotted against v_{ex} . Again, the agreement is satisfactory.

An alternative representation of equation (3) is provided in Fig. 3(a), where iso- q_f curves are plotted. All these curves are characterised by two horizontal branches, one for small $(\Upsilon < 10^{-1})$ and one for large $(\Upsilon > 10^4)$ Υ values, corresponding, respectively, to drained and undrained face responses. All the other Υ values ($10^{-1} < \Upsilon < 10^4$) identify 'partially drained' face responses. In this Y range, the face response



Fig. 3. Tunnel face characteristic curves: (a) in the $Q_f - \Upsilon$ plane and (b) in the $dQ_f/dq_f - \Upsilon$ plane

is significantly affected by Υ (in particular in the interval $1 < \Upsilon < 10$), implying that increases/reductions in the excavation rate may significantly decrease/increase face extrusion. Fig. 3(a) is a very useful tool in the early phases of the pre-design stage, since it allows, with a negligible computational effort (only the definition of both geometry/soil properties and the calculation of the non-dimensional variables are required), estimation of the face displacements associated with an assigned excavation rate.

It is worth mentioning that, in the case of deep tunnels, for large excavation rates (undrained response), the system is not characterised by the development of a failure mechanism (as is observed in di Prisco et al. (2018b), the stiffness of the characteristic curve never nullifies), although the extrusion values may be unacceptable. In other words, from a mechanical point of view, the knowledge of a face extrusion value (or equivalently of volume loss at the tunnel face) does not provide a priori hints on the stability of the face. To clarify this concept, in Fig. 3(b) the variation in the characteristic curve stiffness (dQ_f/dq_f) with Υ is plotted. Each curve corresponds to a different $q_{\rm f}$ value. As is expected, for all the $q_{\rm f}$ values, a decrease in Υ is associated with a reduction in stiffness. For large q_f values ($q_f > 20$), a very pronounced reduction in stiffness is evident for $\Upsilon < 5$. This implies that for $\Upsilon < 5$ the face may be at failure.

APPLICATION TO THE CASE OF MECHANISED TUNNELLING

As was previously mentioned, the meta-model briefly outlined in the previous section was originally conceived for conventional tunnelling, that is for unsupported faces for which extrusion ($q_f = q_{fus}$, where 'us' stands for unsupported, Fig. 4) is calculated by imposing in equation (3) $\sigma_f = 0$ and

$$Q_{\rm f} = Q_{\rm fus} = \frac{\sigma_{\rm f0}}{S_{\rm u}^*} \tag{4}$$

In contrast, in case of mechanised tunnelling, face extrusion $(q_f = q_{fs})$, where 's' stands for supported, Fig. 4) has to be calculated by imposing:

$$Q_{\rm f} = Q_{\rm fs} = \frac{\sigma_{\rm f0} - \sigma_{\rm f,TBM}}{S_{\rm u}^*} = Q_{\rm fus} - Q_{\rm TBM} \tag{5}$$



Fig. 4. Face extrusion reduction due to TBM face pressure

where $\sigma_{f,TBM}$ is the pressure applied on the tunnel face by the TBM head. As is expected, the larger the TBM face pressure, the smaller is the face extrusion (Fig. 4).

As was previously mentioned, from a design standpoint, the meta-model offers the advantage of providing an initial assessment of face extrusion without the need to perform any FE numerical simulations. In the subsequent sections, the extrusion value will be used, by following a novel procedure, to estimate spoil mass and volume loss at the tunnel face, accounting for the HM coupling. Moreover, apart from this direct application, the meta-model can also be employed in the preliminary design phase for two additional purposes: (*a*) determining whether face support is necessary and (*b*) selecting $\sigma_{f,TBM}$ based on a displacement-based design approach (Fig. 5).

In this case the meta-model is used as it follows.

- (a) Υ and Q_{fus} are calculated by means of equations (1) and (4), respectively.
- (b) The value of the unsupported face extrusion (q_{fus}) is calculated by introducing Υ and Q_{fus} in equation (3).

- (c) A value of admissible face extrusion $u_{f,adm}$ is assigned (e.g. from limitations on the maximum admissible volume loss) and by using equation (1) the corresponding non-dimensional value ($q_{f,adm}$) is calculated.
- (d) If $q_{\rm fus} < q_{\rm f,adm}$, face support is not required, whereas if $q_{\rm fus} > Q_{\rm f,adm}$, face support is required. In this second case, $Q_{\rm fs}$ is calculated by imposing $q_{\rm f} = q_{\rm f,adm}$, in equation (3) and finally and $\sigma_{\rm f,TBM}$ is calculated by using equation (5).

Even during the excavation, the meta-model is very useful since it allows (a) alongside monitoring data, to confirm the design assumptions related to soil hydraulic and mechanical properties and (b) to choose potential countermeasures such as either adjusting face pressure or advance rate in response to unforeseen and inevitable soil profile changes.



Fig. 5. Design of TBM face pressure



Fig. 6. Variation of W_s with (a) TBM face pressure ($v_{ex} = 1-10$ m/day) and (b) excavation rate ($\sigma_{f,TBM} = 180, 360$ kPa)

As a first approximation, the spoil weight extracted for each segmental lining ring (W_s) can be calculated by summing a term W_r , related to the volume of the ideal excavation cross-section of length L_r (the lining segment length) and a term W_e varying with advance rate and face pressure, related to u_f :

$$W_{\rm s} = W_{\rm r} + W_{\rm e} = \frac{\gamma_{\rm sat} \pi D^2}{4} L_{\rm r} + \frac{\gamma_{\rm sat} \pi D^2}{4} u_{\rm f}$$
 (6)

The dependence of W_s on both $\sigma_{f,TBM}$ and v_{ex} is illustrated in Fig. 6, for $L_r = 2$ m and for the geometry and soil properties of Table 1. The four lines represented in Fig. 6(a) are obtained by imposing $v_{ex} = 1$, 2, 5 and 10 m/day, whereas the two lines of Fig. 6(b) are obtained by imposing $\sigma_{f,TBM} = 180$ and 360 kPa.

As was expected, for a fixed value of v_{ex} , a reduction in $\sigma_{f,TBM}$ implies an increase in W_s (Fig. 6(a)). The minimum W_s value ($W_s = W_r$) corresponds to the (ideal) case $\sigma_{f,TBM} = \sigma_{f0}$, for which over-excavation is nil ($u_f = 0$).

The results of Fig. 6(b) highlight that, as was expected, W_s decreases by increasing the excavation rate. Nevertheless, for the case considered ($D = 15 \text{ m}, k = 10^{-9} \text{ m/s}$ and E = 85 MPa) this reduction is practically negligible for $v_{\text{ex}} > 10 \text{ m/day}$, since for $v_{\text{ex}} > 10 \text{ m/day}$ the system response is practically undrained. However, this result is not general and is strictly dependent on both soil permeability and tunnel diameter (equation (3)).

At face volume loss assessment

Under the assumption that the tunnel face effect propagates for a length L_a (di Prisco *et al.*, 2022a), it is possible to write that

$$V_{\rm L,f} = \frac{u_{\rm f}}{L_{\rm a}} \tag{7}$$

where $V_{L,f}$ is the volume loss at the face.

In Fig. 7 the dependence of $V_{L,f}$ with both $\sigma_{f,TBM}$ and v_{ex} is illustrated for the reference case (Table 1). The four curves of Fig. 7(a) refer to $v_{ex} = 1$, 2, 5 and 10 m/day, whereas the





Fig. 7. Variation of $V_{\rm Lf}$ with (a) TBM face pressure ($v_{\rm ex} = 1-10$ m/day) and (b) excavation rate ($\sigma_{\rm f,TBM} = 180, 360$ kPa)

results in Fig. 7(b) refer to two values of $\sigma_{f,TBM}$ (180 and 360 kPa).

As was expected, a reduction in $\sigma_{f,TBM}$ implies an increase in $V_{L,f}$ (Fig. 7(a)) and the minimum value of zero corresponds to the ideal case $\sigma_{f,TBM} = \sigma_{f0}$, for which $u_f = 0$.

 $V_{\rm L,f}$ decreases by increasing the excavation rate. Nevertheless, for the case considered (D = 15 m, $k = 10^{-9}$ m/s and E = 85 MPa) this reduction is practically negligible for $v_{\rm ex} > 10$ m/day, but this result is not general since it depends on soil permeability and tunnel diameter (equation (3)).

It is worth mentioning that the method proposed here, conversely to the empirical expressions and simplified formulas commonly employed (Clough & Schmidt, 1981; Mitchell, 1983; Attewell *et al.*, 1986; Macklin, 1999), explicitly takes three key factors into consideration: (*a*) the tunnel geometry (in terms of diameter and depth); (*b*) mechanical and hydraulic soil properties; and (*c*) TBM excavation parameters (excavation rate and face pressure).

APPLICATION TO A CASE STUDY

The ground surface profile and the water table level relative to the case study are sketched in Fig. 8(a). An enlargement of the area of interest for this paper is depicted in Fig. 8(b). The stratigraphy is characterised by four geological formations; however, the laboratory test results obtained in the forconstruction design stage highlighted that, from a mechanical point of view, the behaviour of the three deeper layers is coincident and therefore the tunnel is assumed to be excavated in a unique, homogeneous, normally consolidated clayey soil layer (Table 2).

The tunnel was excavated by means of an earth pressure balance TBM. The TBM head diameter was 15.08 m and the average overcut (δ) was 0.045 m. The length of the shield was 12.8 m. The segmental lining was characterised by a thickness of 60 cm and the ring was 2 m long. The backfilling was realised by using a two-component grout (water/bentonite mass ratio 20/1, cement/bentonite mass ratio 8/1) injected at a pressure 50 kPa larger than the face pressure. The spoil was extracted by means of a belt conveyor, allowing direct measurement of the spoil weight (soil + conditioning).

During the excavation process, the vertical displacements of the ground surface were monitored at cross-section A-A' (of Fig. 8(b)). Measured settlements at the ground level are illustrated in Fig. 9. Specifically, the maximum measured displacement is related to the distance from the tunnel face in Fig. 9(a), whereas in Fig. 9(b) it is related to time. In Fig. 9(c) the final spatial settlement distribution is plotted (circle symbols).

Furthermore, owing to the presence of a parallel tunnel, a horizontal inclinometer was installed at point B (Fig. 8(b)), perpendicularly to the excavated tunnel axis (Figs 10(a) and 10(b)). This set-up allowed the designers to measure the progressive evolution of horizontal displacements caused by the tunnel face approaching. The measured values corresponding to different values of face distance are plotted in Fig. 10(c), whereas the evolution of the average values in the excavated tunnel cross-section (circles) are shown in Fig. 10(d).

In the considered area of interest (Fig. 8(b)) both ground surface and water table level are almost horizontal. The tunnel cover is equal to 112 m $(H/D \cong 7.5)$ and the water table level is located at a depth of 20 m from the ground surface.

To apply the simplified approach described in sections titled 'Meta-model for the assessment of HM coupled face extrusion' and 'Application to the case of mechanised tunnelling', the following assumptions were introduced.

- (a) The soil mechanical/hydraulic properties and the at-rest lateral earth pressure coefficient ($k_0 = 1$) were derived from the for-construction design (values of Table 2 relative to limey marls).
- (b) The values of TBM advancement rate ($v_{ex} = 13.5 \text{ m/day}$) and face pressure ($\sigma_{f,TBM} = 360 \text{ kPa}$) are the average values measured during the excavation.
- (c) The limit value of the average horizontal displacement in the cross-section (Fig. 10(d)) for a zero distance from the face is identified as the face extrusion.

For this reason, all the results of the simplified approach have to be interpreted as a 'blind prediction', since none of the input data was back-analysed.



Fig. 8. (a) Sketch of the ground surface and (b) detail of the geological formations in the area of interest

 Table 2. Soil mechanical/hydraulic properties (derived from for-construction design)

	Unit weight:	Young's	Poisson's	Cohesion:	Friction	Dilatancy	Permeability:
	kN/m ³	modulus: MPa	ratio	kPa	angle: deg	angle: deg	m/s
Clays and silty clays Argillaceous marls Calcareous marls Limey marls	22·3 22·3 22·3 22·3 22·3	85 85 85 85	0·3 0·3 0·3 0·3	5 0 0 0	23 25 25 25	0 0 0 0	$ \begin{array}{r} 10^{-9} \\ 10^{-9} \\ 10^{-9} \\ 10^{-9} \\ 10^{-9} \\ \end{array} $

As was previously mentioned, the practical use of the approach introduced by the authors requires the definition of input data such as geometry, soil mechanical/hydraulic properties and TBM excavation parameters, and the use of the equations reported in the sections 'Meta-model for the assessment of HM coupled face extrusion' and 'Application to the case of mechanised tunnelling', as well as in Appendix 5. For the sake of clarity, a flow chart illustrating the practical employment of the approach is reported in Fig. 11. The predicted face extrusion value of 21 cm (cross symbol in Fig. 10(d)) is in very good agreement with the average values of displacements measured by the inclinometer.

The average weight of the extracted soil (excluding the conditioning weight) for each ring length (2 m), measured along the tunnel excavation, was equal to 9120 kN. By introducing the calculated value of face extrusion (21 cm) into equation (6), $W_s = 8950$ kN. Again, the agreement is very satisfactory (the error in the prediction is lower than 4%).

The surface settlement profile at the ground surface (S) is calculated by following the standard approach proposed in Peck (1969), according to which:

$$S = \frac{0.31 V_{\rm L}}{i} D^2 \exp\left(-\frac{x^2}{2i^2}\right) \tag{8}$$

where $V_{\rm L}$ is volume loss; x is the horizontal coordinate perpendicular to the tunnel axis and starting from the tunnel centre; and

$$i = k^* \left(H + \frac{D}{2} \right) \tag{9}$$

where k^* is an empirical coefficient depending on the type of soil (Mair & Taylor, 1997; di Prisco *et al.*, 2022b).

As was previously mentioned, $V_{\rm L}$ is assumed to be given by the sum of four volume loss contributions: volume loss at the tunnel face; volume loss along the shield ($V_{\rm L,s}$); volume loss at the tail ($V_{\rm L,l}$); and long-term volume loss due to consolidation ($V_{\rm L,l}$).

The volume loss at the face $(V_{L,f} = 0.9\%)$ is assessed by using equation (7) in which the calculated value of face extrusion (21 cm) was introduced.

Since the face pressure is significantly lower than geostatic vertical stresses, the soil is assumed to be moving toward the cavity associated with the TBM conicity (Vu *et al.*, 2016). By following the approach proposed in Dimmock & Mair (2007):

$$V_{\mathrm{L},\mathrm{s}} = \frac{4\delta}{D} = 1.2\% \tag{10}$$

By following what was suggested in Vu et al. (2016), the volume loss at the tail can be calculated by using the cavity



Fig. 9. Surface settlement measures in section A of Fig. 8(b): (a) evolution with distance of the face along the tunnel axis; (b) evolution with time along the tunnel axis; and (c) final values perpendicular to the tunnel axis



Fig. 10. (a), (b) Horizontal inclinometer installed from an existing tunnel (longitudinal view and view from above, respectively); (c) horizontal displacements measured at different distances from the face; and (d) average values of horizontal displacements in the tunnel cross-section



Fig. 11. Flowchart of the simplified design approach for calculating face extrusion

expansion theory. The maximum value of settlement calculated by using this theory and by using the average value of back-filling injection pressure (360 + 50 kPa) is equal to 0.8 mm. Since this value is practically negligible with respect to the measured maximum displacement values (approximately equal to 3 cm, as is shown in Fig. 9(c)), the authors assumed $V_{L,t} = 0$.

The evolution of ground surface settlements with time (Fig. 9(b)) is characterised by an almost constant trend for large time values, highlighting (in the period considered by the monitoring system) a negligible role of the consolidation process on settlements. For this reason, the authors assume $V_{L,l} = 0$.

The Gaussian curve reproducing the ground surface settlements obtained by assuming $V_{\rm L} = V_{\rm L,f} + V_{\rm L,s} = 2.1\%$ and $k^* = 0.47$ is plotted in Fig. 9(c) (solid line). k^* was fitted on the experimental measures to capture the amplitude of the settlement trough. The value of k^* is in agreement with the values suggested in Mair & Taylor (1997) for clayey materials (ranging in between 0.4 and 0.6). As is evident in Fig. 9(c), the calculated settlement profile is almost coincident with the measured one (the maximum absolute error is approximately equal to 2 mm).

In the literature simplified methods, estimating volume loss dependence on excavation rate in saturated clayey soils, are not available. According to Macklin (1999), in the case given here above, $V_L = 0.88\%$ and, by means of equation (8), the maximum settlement would be 1.1 cm, a value significantly smaller than the one measured (Fig. 9).

CONCLUDING REMARKS

In this paper an approach developed to estimate face extrusion in conventional tunnelling is extended to the case of mechanised tunnelling. The proposed approach is applicable to deep tunnels excavated in saturated clayey materials and is based on a meta-model accounting for HM coupling. By employing the novel method introduced in this paper, the calculated values of face extrusion are used to estimate spoil weight and volume loss at the tunnel face. The model predictions were compared to measurements from a case study, and the agreement was highly satisfactory. From a practical perspective, the approach introduced by the authors can be employed during the early stages of the design process for the following purposes: (a) identifying the required characteristics of the TBM, such as maximum face pressure and excavation rate, when admissible surface settlements are defined; (b) providing preliminary cost estimates for construction.

Furthermore, during the construction phase, this method is useful in (*a*) critically interpreting monitoring data and (*b*) pre-designing suitable mitigation measures (e.g. variation in face pressure or in the excavation rate), if necessary, in cases of unforeseen or unavoidable variations in the soil profile.

The meta-model equations are implemented in a code available in GitHub (2024).

APPENDIX 1

The meta-model was conceived by interpreting the numerical results obtained by performing a series of 3D HM coupled FE numerical analyses, considering a circular tunnel of diameter D excavated in a homogeneous clayey soil layer (Fig. 12(a)). The tunnel cover diameter ratio (H/D) is assumed to be sufficiently large (greater than or equal to 4) to neglect the effects of the ground surface ('deep tunnel'). The saturated soil unit weight is assumed to be constant along the depth and permeability is assumed to be rigid.

The soil mechanical behaviour is assumed to be elastic-perfectly plastic. The elastic properties, Young's modulus and Poisson's ratio are assumed to be constant along the depth. The yield surface is defined by the Mohr–Coulomb criterion and the flow rule is non-associated. Despite its simplicity, this constitutive relationship can capture the main aspects of the mechanical processes taking place in the soil domain. The use of more sophisticated constitutive laws (such as strain-hardening elastic-plastic constitutive relationships) confirms this statement (Flessati & di Prisco, 2018).

On the lower and lateral boundaries of the domain, normal displacements are imposed to be zero. The water table level is assumed to be coincident with the ground surface and all the other boundaries are assumed to be impervious to water.



Fig. 12. (a) Numerical model and (b) progressive reduction in pressure applied at the face (adapted from di Prisco et al. (2018b))



Fig. 13. Variation of α with ϕ'

In analogy to what was done in Chambon & Corté (1994), Vermeer et al. (2002), Sterpi & Cividini (2004), Kirsch (2009), di Prisco et al. (2018a, 2018b) and di Prisco et al. (2020), the excavation process is modelled as a progressive reduction in the pressure applied at the face (Fig. 12(b)).

APPENDIX 2

The FE numerical results (di Prisco et al., 2019b) employed to introduce the meta-model were obtained by implementing a Mohr-Coulomb failure criterion and by performing HM coupled numerical analyses. This implies that, when rapid excavation processes are simulated (undrained conditions), different undrained strength (Su) values are locally obtained according to the stress paths followed by each point belonging to the spatial domain.

As was previously mentioned, $S_u^* = \alpha S_{u,e}$ and the authors observed that α is only a function of ϕ' , (Fig. 13). Fig. 13 allows calculation of α and therefore S_u^* once both the internal friction angle and tunnel axis depth are assigned.

APPENDIX 3

ε

The influence of the excavation rate on the system response is related to excess pore water pressure dissipation. This is governed by the water mass balance equation:

$$k\left(\frac{\partial^2 h}{\partial x_1^2} + \frac{\partial^2 h}{\partial x_2^2} + \frac{\partial^2 h}{\partial x_3^2}\right) = -\frac{\partial \varepsilon_{\text{vol}}}{\partial t}$$
(11)

where h is the hydraulic head; ε_{vol} is the volumetric strain; and x_1, x_2 and x_3 define a coordinate system (hydraulic conductivity is assumed to be constant and the material is assumed to be hydraulically isotropic).

In the case where the material behaviour is assumed to obey an isotropic elastic-plastic constitutive relationship with no dilatancy:

$$\varepsilon_{\rm vol} = \frac{p'}{K} = \frac{p - u^{\rm e} - u^{\rm s}}{K} \tag{12}$$

where p' and p are the effective and total pressure; u^{e} is the excess pore water pressure; u^{s} is the steady-state pore water pressure; and the soil elastic bulk modulus K is defined as follows:

$$K = \frac{E}{3(1-2\nu)} \tag{13}$$

By introducing u^{e} and u^{s} in the definition of the hydraulic head and by substituting ε_{vol} (equation (12)), equation (11) can be rewritten as

$$\frac{kK}{\gamma_{\rm w}} \left(\frac{\partial^2 u^{\rm e}}{\partial x_1^2} + \frac{\partial^2 u^{\rm e}}{\partial x_2^2} + \frac{\partial^2 u^{\rm e}}{\partial x_3^2} \right) = -\frac{\partial p}{\partial t} + \frac{\partial u^{\rm e}}{\partial t}$$
(14)

By taking inspiration from the well-known one-dimensional consolidation theory, the following non-dimensional variables have been introduced:

- *(a)*
- *(b)*
- non-dimensional coordinates: $X_i = \frac{x_i}{D}$ non-dimensional time: $T = \frac{t}{t_u}$ non-dimensional excess pore water pressure: $U = \frac{u^e}{\sigma_{f0}}$ (c)
- non-dimensional total pressure: $P = \frac{p}{\sigma_{co}}$ *(d)*

By introducing in equation (14) all these non-dimensional variables it reads:

$$\left(\frac{\partial^2 U}{\partial X_1^2} + \frac{\partial^2 U}{\partial X_2^2} + \frac{\partial^2 U}{\partial X_3^2}\right) = -\Upsilon\left(\frac{\partial P}{\partial T} - \frac{\partial U}{\partial T}\right)$$
(15)

Table 3. List of parameters varied to obtain numerical results of Fig. 14 for H/D = 5, $\gamma_{sat} = 20 \text{ kN/m}^3$, v = 0.3, $\phi' = 25^\circ$, $\psi = 0^\circ$ and $k_0 = 1 - \sin\phi'$

	<i>D:</i> m	E: MPa	$t_{\rm u}$: days	<i>k</i> : m/s
A B C D E	12 12 12 12 0·12	$ 100 \\ 100 \\ 1000 \\ 1000 \\ 100 $	1 10 1 0·1 0·0001	$10^{-8} \\ 10^{-9} \\ 10^{-9} \\ 10^{-8} \\ 10^{-8}$



Fig. 14. Numerical results relative to $\Upsilon = 20$ (Table 3)



in which the non-dimensional excavation rate (Υ) is defined:

$$\Upsilon = \frac{\gamma_{\rm w} D^2}{kKt_{\rm u}} = \frac{3(1-2\nu)\gamma_{\rm w} D^2}{kEt_{\rm u}}$$
(16)

Equation (15) only depends on Υ . For this reason, once Υ is fixed, the response of the system is unique (Appendix 4) at the local level (stresses and strain distributions) and at the global one (face characteristic curve, equation (3)).

APPENDIX 4

To demonstrate that, under partially drained conditions, once Υ is defined, the response in the Q_{f} - q_{f} plane is unique, the authors performed a series of analyses characterised by $\Upsilon = 20$ and different D, k, E and t_{u} values (Table 3 and Fig. 14). Boundary conditions and analyses phases are those employed for the analyses discussed in the section 'Meta-model for the assessment of HM coupled face extrusion'. The perfect coincidence of these curves is due to the value of the dilatancy employed ($\psi = 0^{\circ}$), which excludes any HM coupling associated with plastic strains. This also justifies the choice of employing, even if the soil behaviour is assumed to be elastic–perfectly plastic, the elastic properties in the definition of the non-dimensional excavation rate Υ (equation (1)).

The local system response is analysed in terms of non-dimensional hydraulic head (h^*) , defined as

$$h^* = \frac{h - h_0}{h_0} \tag{17}$$

where *h* is the current hydraulic head and h_0 is the initial value of *h*. For the sake of brevity, only the results corresponding $Q_f = 3$ (point P of Fig. 14) for analyses A and E (Table 3) are plotted in Fig. 15 (for the sake of clarity, only a portion of the domain close to the tunnel face is represented). The hydraulic head distributions in Figs 15(a) and 15(b) are practically coincident, suggesting that the local system response is unique for fixed Υ and Q_f values.

The negative values of h^* close to the face and the positive values of h^* close to the lining clearly show that, during the face unloading process, the water will flow toward the advance core. Moreover, the increase in pore pressure close to the lining, due to the stress migration from the advance core to the lining, confirms the stress redistribution taking place in the soil domain (also experimentally observed by Nomoto *et al.* (1999) and Berthoz *et al.* (2012a)).



Fig. 15. Profiles of non-dimensional hydraulic head in the proximity of the face: (a) analysis A of Table 3 (D = 12 m); (b) analysis E of Table 3 (D = 0.12 m)



Fig. 16. (a) Variation of R with Υ ; (b) variation of a_f with Υ ; (c) variation of a_{fu} with \bar{k} , adapted from di Prisco *et al.* (2018b)

APPENDIX 5

The expressions of functions R(Y), $a_f(Y)$ and $Q_L(Y)$ of equation (3) were derived from the interpolation of numerical results (di Prisco *et al.*, 2019b). In particular:

$$R(\Upsilon) = R_{\rm d} + (R_{\rm u} - R_{\rm d}) \frac{0.065 \Upsilon^{0.635}}{0.065 \Upsilon^{0.635} + 1}$$
(18)

with $R_u = 1$ being the non-dimensional undrained elastic stiffness, whereas $R_d = 0.725$ is the corresponding drained stiffness. The numerical fitting is reported in Fig. 16(a).

$$a_{\rm f}(\Upsilon) = a_{\rm fd} + (a_{\rm fu} - a_{\rm fd}) \frac{0.2 \Upsilon^{0.635}}{0.2 \Upsilon^{0.635} + 1}$$
(19)

with $a_{\rm fd} = 0.686$ being the $Q_{\rm f}$ value for which yielding takes place under drained conditions, whereas $a_{\rm fu}$ is the corresponding undrained one. The numerical fitting is reported in Fig. 16(b). $a_{\rm fu}$, as is shown in Fig. 16(c) (adapted from di Prisco *et al.* (2018b)), is not constant but a function of the initial (geostatic) total stress anisotropy factor \vec{k} (i.e. the geostatic ratio of total horizontal and total vertical stresses).

$$Q_{\rm L}(\Upsilon) = Q_{\rm Ld} + 1.6\Upsilon \tag{20}$$

where

$$Q_{\rm Ld} = \frac{\sigma_{\rm f0}' - \sigma_{\rm L}'}{S_{\rm u}^*}$$
(21)

is the non-dimensional limit value of Q_f under drained conditions; σ'_{f0} is the average effective horizontal geostatic stress applied on the tunnel face; whereas σ'_L is the minimum average effective pressure to be applied on the face to prevent its collapse under drained conditions, calculated according to Vermeer *et al.* (2002) as follows:

$$\sigma_{\rm L}' = (\gamma_{\rm sat} - \gamma_{\rm w}) D\left(\frac{1}{9\tan\phi'} - 0.05\right) \tag{22}$$

NOTATION

- $a_{\rm f}$ transition from linear to non-linear response in characteristic curves
- $a_{\rm fd}$ drained value of $a_{\rm f}$
- $a_{\rm fu}$ undrained value of $a_{\rm f}$
- c' cohesion

i

- D tunnel diameter
- *E* soil elastic Young's modulus
- H tunnel cover
- h hydraulic head
- *h** non-dimensional hydraulic head
- h_0 initial hydraulic head

$$=k^*\left(H+\frac{D}{2}\right)$$

- K elastic bulk modulus
- Kel non-dimensional elastic parameter
- k permeability
- k_{-}^{*} amplitude of the Gaussian settlement curve
- \bar{k} geostatic total stress anisotropy
- k_0 at-rest lateral earth pressure
- $L_{\rm a}$ distance from the face at which stresses are practically not affected by the excavation
- $L_{\rm r}$ lining segment length
- $M_{\rm e} = 6\sin\phi'/(3 + \sin\phi')$
- *P* non-dimensional total pressure
- p', p effective pressure, total pressure
 p* geostatic effective pressure at tunnel axis depth

- $Q_{\rm f}, q_{\rm f}$ non-dimensional stress on the face and
- non-dimensional face extrusion $Q_{\rm fs}, q_{\rm fs}$ supported $Q_{\rm f}$ and $q_{\rm f}$

unsupported $Q_{\rm f}$ and $q_{\rm f}$ $Q_{\rm fus}, q_{\rm fus}$

- limit value of $Q_{\rm f}$ $Q_{\rm L}$
 - drained limit value of $Q_{\rm f}$ $Q_{\rm Ld}$
 - non-dimensional admissible displacement $q_{\rm adm}$
 - R inclination of non-dimensional characteristic curves
 - settlements
 - S_{u}^{*} soil strength parameter
 - $S_{\rm u,e}$ undrained strength under extension stress paths
 - time t
 - time to excavate $L_{\rm a}$ $t_{\rm u}$
 - U non-dimensional excess pore water pressure
 - u^e excess pore water pressure
 - average face displacements $u_{\rm f}$
- admissible face extrusion $u_{\rm f,adm}$
- undrained elastic residual (i.e. for $\sigma_f = 0$) face $u_{\rm f,relu}$ extrusion
 - steady-state pore water pressure u^{s}
 - $V_{\rm L}$ volume loss
- $V_{\rm L,f}$ volume loss at the face
- $V_{L,l}$ volume loss for long-term effects
- volume loss at the shield $V_{L,s}$
- $V_{L,t}$ volume loss at the tail
- excavation rate
- $v_{\rm ex}$ $W_{\rm e}$ volume of spoil associated with excavation rate
- $W_{\rm r}$ ideal spoil volume
- $W_{\rm s}$ spoil volume
- dimensional and non-dimensional $x_1, x_2, x_3, X_1, X_2, X_3$ coordinates
 - strength parameter α
 - soil saturated unit weight **Y**sat
 - water unit weight $\gamma_w \delta$
 - average overcut
 - volumetric strains $\varepsilon_{\rm vol}$
 - Poisson's ratio v
 - average stress on the face σ_{f}
 - geostatic average stress on the face $\sigma_{
 m f0}$ pressure applied on the tunnel face by the $\sigma_{\rm f,TBM}$
 - TBM head limit effective pressure on the face $\sigma'_{\rm L}$
 - r non-dimensional excavation rate
 - soil internal friction angle φ'
 - dilatancv W

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