# APPENDIX

Graduation report Jasper Schuddeboom 4552482

Chair: Conny Bakker Mentor: Tamara Hoveling

## Appendix

#### Appendix A

R	11			<sup>.</sup> Graduat			
0		Proje	ct team, proced	ural checks and Pe	ersonal	Project Br	ief
are set out client (mig - Si - C - Si - ID	t. This d (ht) agr tudent hair of SC E&S/ DE's Bo	document may also inclu ee upon. Next to that, th defines the team, what the supervisory team sig A (Shared Service Centre	ude involvement of an his document facilitate the student is going to gns, to formally approv e, Education & Student	upervisory team about the external client, however d s the required procedural do/deliver and how that t e the project's setup / Pro Affairs) report on the stui rvisory team on their eligi	oes not co checks: will come a oject brief dent's regis	ver any legal r bout stration and st	natters student an
		& MASTER PROGRAM					
Famil	y name	Schuddeboom		IDE master(s	) IPD 🖌	Dfl	SPD
	Initials	J.P.		2 <sup>nd</sup> non-IDE maste	r		
Giver	n name	Jasper		Individual programme (date of approval			
	umber	4552482		Medisig			
Student n	unnoer						
SUPERVIS	SORY T		sony team members - If	HPN		d as 2 <sup>nd</sup> mont	or
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#### Personal Project Brief – IDE Master Graduation Project

Name student Jasper Schuddeboom

Student number 4,552,482

TUDelft

PROJECT TITLE, INTRODUCTION, PROBLEM DEFINITION and ASSIGNMENT Complete all fields, keep information clear, specific and concise

#### Project title Circular Design of a heart rate monitoring cable set

Please state the title of your graduation project (above). Keep the title compact and simple. Do not use abbreviations. The remainder of this document allows you to define and clarify your graduation project.

#### Introduction

Describe the context of your project here; What is the domain in which your project takes place? Who are the main stakeholders and what interests are at stake? Describe the opportunities (and limitations) in this domain to better serve the stakeholder interests. (max 250 words)

The healthcare industry is under pressure, due to demographic aging and increasing health standards (Georgiev, 2020). This is while using a high amount of energy and resources (Capolongo et al., 2015). This also results in a lot of waste which is hard to process due to contamination (Ranjbari et al., 2022). It is key to suppress this waste and use of resources. As a business in the healthcare sector, Philips has a responsibility to create the opportunity for hospitals to make a more sustainable choice (Alharbi et al., 2021). Philips is committed to minimizing its impact on the planet within the healthcare sector (Purpose And ESG Commitments | Philips, z.d.). With this philosophy in mind, Philips is part of the DICE project. A project in which TU Delft and Philips are working with 18 other partners on the development of circular solutions for digital health devices. One of the projects is to develop a circular concept for medical supplies, in which a case study is conducted for a circularly designed electrocardiogram (ECG) lead set, which is clinically safe, user-friendly, cost-effective and sustainable. ECGs measure heart activity; ECG lead sets are commonly used in a hospital to connect patients with a monitor. The currently available lead sets are either single-use or multi-use, and the selection is often a dilemma. The lead set itself is a simple product, but the environment it is used in is rather difficult. This includes legislation (Lappalainen, 2011), and different use scenarios in multiple parts of the hospital. Furthermore, there are different kinds of lead sets with different numbers of leads (Francis, 2016). Combined this results in an interesting design challenge for this graduation project.

space available for images / figures on next page





#### Personal Project Brief – IDE Master Graduation Project

**fu**Delft

#### **Problem Definition**

What problem do you want to solve in the context described in the introduction, and within the available time frame of 100 working days? (= Master Graduation Project of 30 EC). What opportunities do you see to create added value for the described stakeholders? Substantiate your choice.

(max 200 words)

As mentioned earlier the Lead set is available in two options, a single-use and a multi-use option. With sustainability in mind, the multiple-use option sounds obviously better. However, this is not always the preferred option by hospitals due to infection risks. The single-use version is mainly used in the US and the multi-use in Europe. The widespread use contributes to the big waste stream ot of hospitals. Both can be clinically safe with the right procedures and it is a trade-off between infection prevention, user-friendliness, quality, cost and sustainability. It is not clear if and how the wires are cleaned and what happens at the end of life. The expected is that most of them are incinerated. Research is needed to sketch the lifecycle of the ECG leads to see in which areas and in what way the lead set can be made more sustainable. Therefore the following problem definition is formulated.

How can Phillips develop their multiuse ECG leads so that it will result in a lead set that is more sustainable than the current generation while fitting within the different use scenarios?

#### Assignment

This is the most important part of the project brief because it will give a clear direction of what you are heading for. Formulate an assignment to yourself regarding what you expect to deliver as result at the end of your project. (1 sentence) As you graduate as an industrial design engineer, your assignment will start with a verb (Design/Investigate/Validate/Create), and you may use the green text format:

Develop and evaluate a circular design method with the multi-use lead set for Philips as a case study in hospital settings.

Then explain your project approach to carrying out your graduation project and what research and design methods you plan to use to generate your design solution (max 150 words)

The scope of this project is quite wide at this moment in time. To define the boundaries better I will start early (week 1 or 2) with pitching design directions to the client. These will be explained in one pagers/sketches. The result of these pitches and the following discussion will be the start of my program of requirements and wishes. Thereafter I will do a round of qualitative user research. With interviews and observations of nurses and/or doctors, I can create a picture of the `use phase' of the product. This is important to determine which route the product takes into the collection and end-of-life phase. The DiCE report 2.1 of T. Hoveling included a circular recovery flow chart, with this and the full product life cycle an ideation can be done to come up with ideas to get the Lead set more sustainable. This is a new way of ideation, so for the circular design method I will also include a reflection on what worked and what did not work. The ideas from this session will be converged using weighted objectives to around 5 ideas. These will be developed further using SCAMPER and will need a business case evaluation to get them to around 3 concepts. The choice of the final concept will be together with the client. This concept will then be prototyped and tested in a way that proves the main idea behind the concept.

#### Project planning and key moments

To make visible how you plan to spend your time, you must make a planning for the full project. You are advised to use a Gantt chart format to show the different phases of your project, deliverables you have in mind, meetings and in-between deadlines. Keep in mind that all activities should fit within the given run time of 100 working days. Your planning should include a kick-off meeting, mid-term evaluation meeting, green light meeting and graduation ceremony. Please indicate periods of part-time activities and/or periods of not spending time on your graduation project, if any (for instance because of holidays or parallel course activities).

Make sure to attach the full plan to this project brief. The four key moment dates must be filled in below



In exceptional cases (part of) the Graduation Project may need to be scheduled part-time. Indicate here if such applies to your project

Part of project scheduled part-time

For how many project weeks
Number of project days per week

Comments:

#### Motivation and personal ambitions

Explain why you wish to start this project, what competencies you want to prove or develop (e.g. competencies acquired in your MSc programme, electives, extra-curricular activities or other).

Optionally, describe whether you have some personal learning ambitions which you explicitly want to address in this project, on top of the learning objectives of the Graduation Project itself. You might think of e.g. acquiring in depth knowledge on a specific subject, broadening your competencies or experimenting with a specific tool or methodology. Personal learning ambitions are limited to a maximum number of five.

(200 words max)

As mentioned in my manage your master plan I loved working with clients and companies. That is why I also am looking forward to doing this project with Phillips. Further I am attracted to the opportunity to make hours internally at Phillips. As I did not manage to do an internship during my master years this will give me some on the job experience. As IPD student I will be more focussed on starting to design new things. This can also become a challenge in this project as it stands more at the beginning of a design process. I will have to start with open minded research without being drawn to ideas or concepts already. Early ideas can help me to be able to determine the scope of the project together with Phillips. These are already starting to form and I will bring sketches with me in the startup meetings. After this it will be important to do a few steps back, a thing I sometimes tend to forget. This will give the opportunity to create a strong basis for the rest of my work.

As this project is at the beginning of a product evaluation, it is not clear what the final result will be. Personally I hope to be able to use my technical knowledge in the second half of the project. A challenge for me will be the research in the early stages of this project. Naturally it is not something that I am good at but with the new method developed and my skills from bachelor and master I will have all the tools to bring this to a good result. I would love to implement the course creative facilitation in this project and in that way co-design with users. This depends on the availability of the users.

#### Appendix B





Scenario 3: International specialized reprocessing



## Appendix C

Table of interviews and observations

Role	Format	Remarks	Datum
CCU EHH Nurse	Interview online	Interview of a couple together. Information learned on use environment ECG Lead set	17-03-2024
CCU EHH Head Nurse	Interview online	u	17-03-2024
Nurse Reinier de Graaf Gasthuis CCU	Observations at the CCU and EHH	Tour around two departments with different nurses	
Sterilization staff	Observations at the sterilization department	Tour trough the sterilization department and meeting on graduation project	04-04-2024
LCA Expert Philips	Interview/meeting		Multiple sessions
Product manager USA	Interview online	Midterm feedback meeting	
Product manager USA	Interview online	Feedback on proposed design direction	14-05-2024
Change mangager Philips	Interview/meeting	Interview on implementation of change management	27-05
Technical product owner ECG Lead set	Interview/meetings online and in person		Multiple sessions
Product engineer ECG Leads	Observations and interview at factory		02-05
Sustainability professional Reporting and Analysis	Interview		27-03

#### Appendix D

#### Hospital interview excel doc

A	В	C	D
Language			
Dutch/English/Other			
What is your role?			
Nurse/doctor/medical staff	Procurement	Cleaning / waste management	sterilization department
What department?	What is your process when procuring for a certain product line,		
	in this case the ECG Lead set?	What waste/cleaning flows does exist in the hospital?	Which products categories go into the sterilization department
Surgery / ICU/ EC/ other	open tekst	open tekst	open tekst
Do you use ECG lead sets in your work?	When sourcing ECG lead sets, can you rank your priorities	Is there a tracking system for products in the hospital?	What types of cleaning and steralization methods are used?
Yes (if no: go to disposal questions)	request from clinical staff / lowest cost / supplier relation /		
	sustainability	Yes/no	open tekst
Do you use re-usable or single use lead sets?	If sustainability trademarks/ ratings would exist for medical	How do the contaminated products get to the cleaning	How are the products send back after cleaning/sterilization to
	consumables, would that influence procurement decisions	department?	the wards/ICU/OR?
Single / Multi / Both	yes / maybe / not relevant	open tekst	open tekst
What is the reason(s)?	Do you foresee carbon footprint as a future decision criterium in		Do problems arize between sterilization and re use of
	tenders	How are products being sorted?	products? If yes please desribe?
hygiene / cost / convenience / quality	ves / maybe / not relevant	open tekst	no/yes namely
IF MULTI or BOTH:	Do you foresee a need to report on carbon footprint for medical	Do non cleanable products and up in the cleanable	What product categories would offer opportunities for
	consumables	flow?	cleaning / reprocessing in the hospital
	yes / maybe / not relevant		sugery devices (eg endocutter)/ batteries/ cable sets (eg ECG
Do you clean the ECG lead sets?	yes/ mayber not retovant	yes/no	lead sets)/wearable sensors/NIBP cuffs/SPO2 sensors
Do you clean the Loo lead sets:	If suppliers would offer pay per use cycle for re-usable	yeshio	What constaints do you see in collection, cleaning processes,
ves/no	products, would you consider this option	If yes, how are they taken out?	testing and packing
When do you clean?	ves / no. because	open tekst	
During use / After each use / Only if contaminated	yes / no, because		open tekst
During use / Arter each use / Only it contaminated		Do you experience problems in waste management	
		related to re-usables?	
How do you clean the lead set		open tekst	
opentekst		What opportunities do you see to collect re-usable	
		materials and reduce products going to waste	
How do you experience the cleaning		open tekst	
easy to clean / time consuming / difficult to clean /		What constraints do you see for the collection and	
		logistics of re-usable consumables and devices	
Do you pack after cleaning/use?		opentekst	
Yes/no		What are most important features for these collection	
Where do you store after cleaning/use?		opentekst	
with the monitor / cabinet / storeroom			
When do you replace for a new set/when do you trow the lead set			
away?			
contamination /regulation/ broken / total use time / cant find a old			
one/find the risk to high/other			

28	How many times do you use a lead set before you trow it away?	
	1-5 times / 5-10 times / 10 - 20 times /more than 20 times	
	How do you dispose of the old set after replacement	
	Clinical waste / general waste / recycling bin	
	When do you use or would you prefer single use lead sets	
	open tekst	
	How many different collection systems do you use for products	
34	on the ward?	
94 35	on the wart:	
36 36	And on ECU	
30 37	And on ECO	
37 38	And an OD	
	And on OR	
39		
łU	If a collection and cleaning service for lead sets would exist,	
	no thanks, current practice is good enough,	
	Yes, because it will save me time,	
	Yes, because it will reduce infection risk,	
	Yes , because it is more sustainable	
	other:	
12	Would you mind wrapping or packing the leadset for collection	
43	Yes / No	
44	Would a collection box near the point of use be feasible?	
	Yes / No, space linitations / No, contamination risks / No, other	
45	reasons:	
	What would be maximum acceptable distance to the collection	
16	poin	
	multiple collection points in the wards, central collection point in	
	the ward, central collection point on a department, central	
47	collectiuon points in the hospital	
	Would it be possible to combine with other collection points for	
18	re-usable products?	
	no / yes, with	
	Do you see other opportunities to reduce waste in the application	
0	of ECG lead sets	
,0	Reduce packaging /Digital instructions for use / Improve use time of	
-	electrodes / other	
	Do you have frustration points on the ECG Lead set?	
	open tekst	
	What would you want to change on the ECG Lead sets?	
55 56		

## Appendix E

## Life cycle inventory

SPU

	Α	В	С	D	E	F	G
1							
2	what	amount per product	number fu		total fu	unit	source
3	manufacturing						
4	Full weight	0,08		0	10	6 kg	HWP803192141 - Philips 5-Lead SPU ECG Lead Set   Medline Industries, Inc.
	PVC	0,064				B kg	.4 of full weight
6	copper/tinned copper	0,016				2 kg	.6 of full weight
7	metal forming, elongating	0,016	20	0	3,2	2 kg	R and D manganager Roman
8	extrusion molding	0,064				3 kg	R and D manganager Roman
9	plating	0,016	20	0	3,2	2 kg	R and D manganager Roman
	transport						
1	Transport by vrachtwagen	640	20	0 0,08	3 12800	) km	maps
	use						
3							
4	end of life						
	incineration	0,08	20	0	16	6 kg	hcwmanagement-factsheet-rfhe.pdf (who.int)
6							
ЛI	PU						
•••	-						
	A	В	С	D	E	F	G
1							
2	what a	amount per product	number fu		total fu	unit	source
3	manufacturing						
4	Full weight	0,091	1		0,091	kg	weighted
5	TPU/TPE	0,0728	1		0,0728	kg	.8 of full weight
6	copper	0,0182	1		0,0182	kg	.2 of full weight
7	metal forming, elongati	0,0182	1		0,0182	kg	R and D manganager Roman
8	extrusion molding	0,0728	1		0,0728	kg	R and D manganager Roman
9	plating	0,0182	1		0,0182	kg	R and D manganager Roman
10	transport					-	
11	Transport by vrachtwag	640	0.091			km/ka	maps
12	use						
13	water	2	200		400	ltr	observation
14	micofiber towl	1	200			towls	observation
15	polyester	0.0075	200		1,5		weight of polyester for towels
16		5,5010	200		.,0		
17	end of life						
18	incineration	0,091	1		0,091	ka	hcwmanagement-factsheet-rfhe.pdf (who.int)
19	momorauon	0,091			0,091	ng	nownanagement actineetrine.put (who.int)
20							
21							
22							
23							
24							
25	Use case 2 30 min was		per leadset				Buying a Washer Disinfector, everything you need to know   STERIS
26	energy	5,22	0,522		104,4		Symbols Used In The Manual; Presentation - Tuttnauer TIVA2 Instructions For
27	water	50	5		1000		tiva2-washer-disinfector-tuttnauer-09-02-21.pdf
28	enzymatic detergent	0,05	0,005	200	1	1	grove schatting, sterk geconcentreerd, vooraad in machine is 0.6 liter

#### SPU reprocessed

	А	В	С	D	Е	F	G
1							
2	what	amount per product	number fu		total fu	unit	source
3	manufacturing						
4	Full weight	0,08	50		4	kg	HWP803192141 - Philips 5-Lead SPU ECG Lead Set   Medline Industries, Inc.
5	PVC	0,064	50		3,2	kg	.4 of full weight
6	copper/tinned copper	0,016	50		0,8	kg	.6 of full weight
7	metal forming, elongating	0,016	50		0,8	kg	R and D manganager Roman
8	extrusion molding	0,064	50		3,2	kg	R and D manganager Roman
9	plating	0,016	50		0,8	kg	R and D manganager Roman
10	transport						
11	Transport by vrachtwagen	640	50	0,08	32000	km	maps
12	use						
13	mild soap	0,01	200		2	kg	Stryker reprocessing presentation
14	microvezel towl	1	200		200	towels	Stryker reprocessing presentation
15	Transport by parcel delivery	200	200	0,08	40000	km	optimistic guess, 100km one way, from central netherlands to Delft
16	Repackaging	0,05	200		10	kg	guestimate, material is probably PE
17	energy testing		200		0		no idea
18	ethylene oxide cleaning	0,08	200		16	kg	Stryker reprocessing presentation
19							
20	end of life						
21	incineration	0,08	50		4	kg	hcwmanagement-factsheet-rfhe.pdf (who.int)
22							

#### Appendix F

Circular Product Readiness method result detailed



#### Appendix G

#### Sterilization department

Within the sterilization department there are different cleaning flows. The devices get in on the dirty side. There they are checked visually and get a first manual clean. If a lot of blood or fats are present on the devices, they are put through Ultrasonic Cleaning. A cleaning process based on ultrasound waves that creates small implosions on the surface of the devices (Steris Healthcare, 2018). After the initial cleaning steps, the products go through a washer disinfector machine to the clean side of the sterilization department. Some products are split off here and go directly into storage (eg endoscopes), but most are packed and sent through a sterilization step. With superheated steam the packed products are sterilized within the package and then stored for use. This can be in the sterilization department but also in local storage unit's ad wards.



#### Appendix H

#### SCAMPER



## Appendix I

## Lead set cleaning agents

# Reusable IntelliVue leadset and trunk cables cleaning and disinfection

Cleaner, disinfectant*	
Accel <sup>®</sup> TB RTU	<ul> <li></li> </ul>
Bacillol" 25	<ul> <li></li> </ul>
Bacillol" AF	> > > > > > >
Biguacid Liquid	$\checkmark$
Caltech-Dispatch® 5200 Wipes	<ul> <li></li> </ul>
Carpe Diem Tb Wipes	$\checkmark$
Clorox Healthcare® Bleach Germicidal Wipes	$\checkmark$
Descogen® Liquid	$\sim$
Descosept Pur	$\checkmark$
Dismozon° Plus	<b>*</b>
Hexanios G+R	× ~
Hydrogen peroxide (3%)	<ul> <li></li> </ul>
Incidin <sup>®</sup> Plus	×
Isopropyl alcohol (70%)	<ul> <li></li> </ul>
Lysoformin®	× × ×
Meliseptol®	$\checkmark$
Metrex CaviWipes"	$\checkmark$
Microbac® Forte	×
Mild soap	$\checkmark$
Oxivir <sup>®</sup> Tb Wipes	$\checkmark$
Oxivir° Tb Cleaner Disinfectant	×
PDI Sani Cloth® Bleach	$\sim$
PDI Super Sani Cloth®	$\checkmark$
PDI Sani Cloth® PLUS	$\sim$
PDI Sani Cloth° HB Wipes	$\checkmark$
Sodium hypochlorite (bleach) (0.5%)	×
Surfanios Citron	×
TechSpray® Isopropyl alcohol	× ~ ~
Viraguard" Isopropanol 70%	$\sim$
Virex <sup>®</sup> TB RTU	×

# MX40 reusable lead sets cleaning and disinfection

Cleaner, disinfectant*	
Bacillo!" 25	~
Bacillo!" AF	
Caltech-Dispatch 5200	×
-	$\hat{\mathbf{v}}$
Chlorine Bleach (1:10 concentration, mixed < 24 hours)	×
Cidex Activated Dialdehyde	
Cidex Formula 7	×
Cidex OPA	×
Gluteraldehyde	×
Hydrogen Peroxide	~
Incidin	×
Isopropyl alcohol	$\checkmark$
Liquid Soap (antibacterial soap)	× ~ ~
Meliseptol°	$\checkmark$
Metrex CaviWipes"	$\sim$
Metricide	×
Omnicide	×
Oxivir® Tb Cleaner Disinfectant	~
Oxivir <sup>®</sup> Tb Wipes	$\checkmark$
Procide 14	×
Resert XL HLD	$\checkmark$
Sani-Cloth® AF	×
Sani-Cloth <sup>®</sup> Bleach Germicidal Disposable Wipes	<ul> <li></li> </ul>
Sani-Cloth° HB	×
Sani-Cloth® PLUS	<ul> <li></li> </ul>
Sani-Cloth° Plus Germicidal Cloths	<ul> <li></li> </ul>
Sporox II Sterilizing & Disinfection Solution	~
Super Sanicloth	~
TechSpray® General Purpose Cleaner	× × × × ×
Viraguard"	~
Virex Tb	×
Wavicide	×
WipesPlus Disinfecting Wipes	~

Notes: Approved cleaner/disinfectant.

## Appendix J

	А	В	С	D	Е	F	G	Н
1	Test leadset forces							
2	Test 1 0 degrees							
3	Version 1	weight (kg)	force (N)	pass/fail	req min	req max	% of min	% of max
4				pass			18%	10%
5				pass			36%	20%
6				pass			54%	29%
7				pass			71%	39%
8				pass			89%	49%
9				fail				
10								
11	Version 2	weight (kg)	force (N)	pass/fail	req min	req max	% of min	% of max
12				pass			18%	10%
13				pass			36%	20%
14				pass			54%	29%
15				pass			71%	39%
16				pass			89%	49%
17				pass			107%	59%
18				pass			125%	69%
19				pass			143%	78%
20				pass			161%	88%
21				pass			178%	98%
22				pass			196%	108%
23				pass			214%	118%
24				fail				
25								
26	Version 2	weight (kg)	force (N)	pass/fail	req min	req max	% of min	% of max
27	without mag			pass			18%	10%
28				fail				
29								
30	Version 3	weight (kg)	force (N)	pass/fail	req min	req max	% of min	% of max
31				fail				
32				fail				
33				pass			4%	2%

	А	В	С	D	E	F	G	Н
1	Test leadset 45 degrees							
2	Version 1	weight (kg)	force (N)		req min	req max	% of min	% of ma
3				fail				
4				fail				
5				pass			16%	2
6								
7	Version 2	weight (kg)	force (N)		req min	req max	% of min	% of ma
8				fail				
9				pass			41%	
10				pass			16%	2
11								
12		weight (kg)	force (N)		req min	req max	% of min	% of ma
13				fail				
14				fail				
15		-		fail				
16				pass			8%	1
		В	С	D	E	F	G	Н
1	Test leadset 90 degrees							
2	Version 1	weight (kg	force (N)		req min	req max	% of min	% of ma
3				fail				
4				fail				
5				pass			8%	1
6								
7	Version 2	weight (kg	force (N)	pass/fail	req min	req max	% of min	% of ma
8				fail				
۰.				pass			16%	2
9				•				
				pass			8%	1
9							8%	ľ
9 10	Version 3	weight (kg	force (N)		req min	req max	8% % of min	1 % of ma
9 10 11	Version 3	weight (kg	force (N)	pass	req min	req max		
9 10 11 12	Version 3	weight (kg	force (N)	pass pass/fail	req min	req max		

## Appendix K

Budgetary

	А	В	С	D	E
1	Cost per FU		amount	price/st/ltr	total per FU
2	200x cleaning				
3	Cleaning with wipes				
4	materials:	wipes	400	€ 0.08	€ 32.00
5		water	200	€ 0.00	€ 0.40
6					
7	Time:	Personel 2 min a 35eur/hr:	6.666667	€ 35.00	€ 233.33
8					
9			Total		€ 265.73
10	cleaning with tool				
11	materials:	tool	1	€ 36.00	€ 36.00
12		cleaning agent mix	4	€ 10.00	€ 40.00
13		sponges	10	€ 0.50	€ 5.00
14		wipes	200	€ 0.08	€ 16.00
15					
16	Time:	Personel 1:30 min a 35eur/hr:	5	€ 35.00	€ 175.00
17					
18			Total		€ 272.00