

1. What is the relation between your graduation project topic, your master track (Ar, Ur, BT, LA, MBE), and your master programme (MSc AUBS)?

The topic of design for care is addressed through the person-centered approach applied in my project and research. In this context, architecture is the intermediary between the system and the patient. My design proposal aims to support the healing of the individual through architectural spatial qualities.

2. How did your research influence your design/recommendations and how did the design/recommendations influence your research?

The research highlights the current problems that the field of psychiatry is facing, mainly the lack of holistic care and spirituality in treatment. Holistic care is understood by experiencing the psychiatric environment, thus the visit to a psychiatric facility. Spirituality is experienced in churches, sacred spaces and grounding environments, thus the visits to churches and art installations.

3. How do you assess the value of your way of working (your approach, your used methods, used methodology)?

Besides the second hand data, the first hand data collected during the fieldwork provides a chronicle of physically experienced spaces, which resulted in a design that tackles the problem of psychiatric care from a personal and felt experience.

4. How do you assess the academic and societal value, scope and implication of your graduation project, including ethical aspects?

Holistic care has been proven to improve the life quality of individuals, and while the same goes for spirituality, professionals have been reserved and wary of implementation. Spirituality bears the possibility of growth and personal development. If implemented under professional guidance, spiritual practices have the capacity to heal the individual on a long term scale.

5. How do you assess the value of the transferability of your project results?

The framework of the building is modular, suggesting that in the future, the building will be able to respond to new challenges. Regarding the current environment of care, the project tackles the issue of the lack of person-centered care, while also encouraging spiritual development, which has proven to be beneficial but is rarely applied in practice, although clinical literature expresses the need for it.

6. How is the hierarchy of design themes established, considering the two main subjects of the research?

The first component of the hierarchy is the order of the two main subjects, mainly that the Healing design themes come first, followed the Spiritual design themes. Within each of these subjects a further hierarchy will be established and applied based on the senses of the user. Starting with the visual sense and continuing with hearing, smell and touch.

7. How will the Dutch demographic benefit from such a facility?

While the majority of the population is agnostic, there are still spiritual, religious individuals, as well as people who are open when it comes to practicing spirituality and holistic methods of healing. For the agnostic and non spiritual individuals, basic practices such as meditation or grounding environments are still beneficial for their recovery process and long term mental health.