

Spaces for Hope

In what ways can community spaces be used to foster preparedness among residents in anticipation of a predicted earthquake in Istanbul?

Explore Lab | Presentation Five | June 2024 Leyla van der Waarde

"Experts are in no doubt that the Bosporus metropolis, with its population of at least 16 million, is facing a major earthquake.

The question is not if it will happen, but when?"

- Marco Bohnhoff, German Earthscientist (2023)

"While the number of earthquakes has not increased, the numbers of disasters caused by earthquakes and the numbers of people affected by earthquakes have been steadily increasing."

- Jenny Chandler, AF8 Research Assistant (January, 2023)

"Earthquakes are a global phenomenon, occurring irregularly and varying in magnitude in various regions. The impact of earthquakes differs significantly on multiple scales"

> "The result of earthquakes on cities, is called a disaster"

> > - UNISDR (2009)

"Design got us into this mess, so how can design help us out of this mess?"

van Manen, information designer "Design for Emergencies" (2023)



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Fascination



The Architectural Recovery Team documenting the destruction in Antakya, Türkiye together with local children.

July 2023



Explore Lab Graduation | Presentation five

Graduation Project



The Architectural Recovery Team observations, community coming together after Earthquake Kahramanmaraş.

July 2023



Explore Lab Graduation | Presentation five

CONTENT

(1) Introducing Kanarya's Kitchen
(2) Earthquake preparedness
(3) Healing after a disaster
(4) Conclusions & reflections

Introducing: Bizim Mutfağımız

Design of Kanarya Community Kitchen

Istanbul, Türkiye



Photographs Istanbul, December 2023



Istanbul, Türkiye



Photographs Istanbul, September 2019



Istanbul, Türkiye





Küçükçekmece, İstanbul



Location Küçükçekmece, 2024



The neighbourhood: buildings





The neighbourhood: inhabitants

71.000 Residents

Migration Area - Most people have lived there 10-15 years Most people coming from Syria, Afghanistan, Iraq and Iran

(Korkmaz, Mayor Kanarya, 2011)







Children playing on the streets, while parents observe them from upstairs apartments (December 2023)





Women grocery shopping in outside markets (December 2023)

The neighbourhood: the new community





Marmaray Train Station





Kanarya waterside park





Gardens of Kanarya Community Centre





Gardens of Kanarya Community Centre





Floorplan | Bizim Mutfağımız



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Exhibition Area





Floorplan | Bizim Mutfağımız





Spaces of Hope





Market Space





Floorplan | Bizim Mutfağımız





Restaurant & Terraces





View towards water





Floorplan | Bizim Mutfağımız





Lecture & Workshop Room





Floorplan | Bizim Mutfağımız





Floorplan | Bizim Mutfağımız





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Explore Lab Graduation | Final Presentation

Roof Terrace





Entrance and exit way to community





Suddenly, the curtains start to move, and then the ground starts to shake White light, dust and screams

The long predicted Earthquake has happened

. . .
The predicted Earthquake of Istanbul

Date: Unknown



The Architectural Recovery Team documentation, destruction in Antakya, after Earthquakes in February 2023.

July 2023



Lessons learned

Kahramanmaraş Earthquake



The Architectural Recovery Team observations, community coming together after Earthquake Kahramanmaraş.

July 2023



Research | Literature Research

In what ways can community spaces be used to foster preparedness among residents in anticipation of a predicted earthquake in Istanbul?



Research | Literature Research

(2) (1) In what ways can community spaces be used to foster preparedness among residents in anticipation of a predicted earthquake in Istanbul?

Part 1

(1) How can communities and individuals prepare for a disaster caused by an earthquake?

(2) How can (a community) space stimulate people and bring them together in order to take action before an earthquake?





Architectural Psychology

Architectural Psychology

Architectural psychology explores the influence of architecture on the psychological well-being, experience and behavior of individuals. It investigates how lighting, colour, spatial layout, and materials influence occupants' moods, productivity, and overall experience, but most importantly contribute to our memory.





memories

Disaster Preparedness

Earthquake Preparedness

The knowledge and capacities developed by various entities, from governments, and communities to individuals, with the goal to define preparedness strategies which are designed to empower individuals to cope, adapt, anticipate, respond to, and recover from the impacts of likely disasters.





Research | Contextual Research

In what ways can community spaces be used to foster preparedness among residents in anticipation of a predicted earthquake in Istanbul?

Part 2

(3) How has the municipality, together with AFAD, been preparing the city of Istanbul, and how far are the plans for urban transformation?

(4) Analysis of Istanbul, Küçükçekmece, Kanarya, based on the data provided by the Municipality to define weaker areas which will be affected the most during a magnitude 7.5 earthquake scenario at nighttime.



(3) (4)

Why Küçükçekmece?

Küçükçekmece Predicted Damage Assesment

- Density
- Number of buildings
- Suitability map ground
- Disaster prediction map

* Worst areas to live in: Kanarya (& Inönü) *





Why Kanarya?

(1) Building safety prediction

Buildings predicted to collapse during a predicted earthquake: made out of concrete, built between 1960 - 2000, and higher than eight floors.

* These factors are predictions from talks with Architects, Constructors and Urban Designers from the Urban Transformation office in Küçükçekmece.

(2) District suitability for settlement | 3%

Unsuitable *

* Danger of landslides & no special measurements taken related to Earthquakes





Disaster Scenario Kanarya, Küçükçekmece





Research outcomes: program of requirements





Days before the earthquake



The second

Preparedness in Kanarya

Physical Preparedness Technical Preparedness

Psychological Preparedness











Conservative food



Tents & Shelters



First aid kits



Rescue kits Explore Lab Graduation | Final Presentation

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Spaces of Hope

Technical Preparedness

Preparedness in Kanarya



Connection Column - Floor (Designed to have great stiffness, associated with a ductile failure.)



Connection Column - Beam (Primary Structure - fully concealed connection)





Connection Floor - Wall

(Primary Structure - transferring shear, tension and compression stresses to the foundation.)





Heating and Cooling



Light



Water



Ventilation



Food Growth



Electricity













Ecological Materials | Facade & roof *Regional Soil, Clay and insulation materials*



Wood | CLT construction Imported from outside Turkiye (for now...)



Sun Shading | Wooden Patterned Panels Built on site through community?



Green | Aluminium wiring for plant growth Explore Lab Graduation | Final Presentation

Preparedness in Kanarya







Spaces of Hope

Psychological Preparedness

Preparedness in Kanarya



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Preparedness in Kanarya



Earthquake Scenario Booklet Küçükçekmece District (To be used in preparation, during and after an earthquake)

Bizim Mutfağımız

Manual for Disaster Preparedness Of Kanarya Community Kitchen

Management & Coordination Preparedness



Day 1 | 00.00 - 00.30 Earthquake and aftershocks



The second



Day 1 | 06.00 - 24.00 Focus: Saving and Rescuing people *First Aid, Food & Water*

Meeting Point 2







Week 3 Focus: Place to Sleep, Family Shelters. Check in, Distribution of food, first aid and tents. Start of psychological help, and running the community center Psychologica elp workshop temment Startup vorkshops Shelter distribution







Week 4 Focus: First aid organisations arrive Extra shelters, help, and first preparation works for recovery Aid Organisatic by boat Shelter distributio

Startup vorkshops

DON



Disaster Scenario Kanarya, Küçükçekmece





Disaster Scenario Istanbul





Fatih | Touristic area Küçükçekmece | Residential

Disaster Scenario Istanbul





Healing the community, the city and the building



Healing the community





Healing the city





Healing the building





To conclude

Conclusion

In what ways can community spaces be used to foster preparedness among residents in anticipation of a predicted earthquake in Istanbul?



Reflection

Main Goal

My design focuses on creating a community space in Kanarya, Istanbul, with two main goals. The primary goal is to establish a safe space that provides all the necessary tools which are needed after an earthquake disaster. The residents of the neighborhood can come together in the selfsustaining building, which serves as a gathering point (based on the AFAD designated areas) after a disaster to have a safe space, away from the probably destroyed city. Later the building will facilitate the community with its "healing" character and give the community the space to recover after a disaster.

The second goal is to use the proposed building before a disaster occurs. The reasoning behind that is so that communities can get familiar with the facilities, and create memories and a sense of belonging to the place. The building design, of a community Kitchen, in the neighborhood Kanarya, (before the disaster) not only develops the daily life of residents but also contributes to the overall development of the area, creating employment opportunities and facilities to attract people from outside. The community kitchen aims to provide inhabitants with a daily goal that aligns with the community's needs.

With these requirements, the community kitchen in Kanarva will include a market area and workshop spaces. Here, residents can grow food, cook together, start small crafting projects. such as knitting, and have the opportunity to sell their creations, which aims to provide economic growth within the Many design decisions made

during the design process were primarily based on the experience of people after the earthquakes on the 6th of February 2023 in Kahramanmaraş. This knowledge was mainly conducted during my work for the Architectural Recovery Team, a foundation created with fellow students to reconstruct long-term housing after the disaster. Besides that, my design decisions were based on the research conducted about disaster preparedness and the psychological influences of space to create a resilient city.

Mv Research

During my graduation project, for the architecture track, I have tried to combine different aspects of the design on different scales, also connecting the urban plan, the landscape plan together with the more technical aspects of design for a earthquake prone region. During my studies I have encountered many different courses related to the topics looking at buildings in extreme conditions, from an engineering point of view, or looking at the social impact a neighborhood has on the residents. To combine these two topics, I have developed an interest in the relationship between the built environment and its impact on individual or community psychology.

The project, is currently centered in Istanbul, as mentioned before, however, this topic can also be analyzed in different areas, cities or countries. The broader scope of my project address people losing their houses and neighborhoods, but also their memories of their homesnt areas, cities or countries. The broader scope of my projet.

Address people losing their houses and On a personal level, my work connects with neighborhoods, but also their memories of their the work I am doing next to my studies, the homes resulting from natural disasters, and reconstruction of Antakya, Türkiye. This hopes to create safe spaces for those who are experience provides insights into the daily displaced, by preparing in advance for these challenges faced by those affected by disasters and the role I can play in this recovery process. disasters.

Design Progress Due to the work balance of combining this foundation and my graduation, a different vision In the societal and professional context, the was formed at certain points of my graduation. Difficulties were that next to my graduation relevance of my graduation work becomes evident when looking at the frequency of global topic I am working on the recovery of Antakya. natural disasters. As architects, or designers. Both topics are very current and need action. it is our role to empathize and understand However, keeping in mind that the graduation the needs of affected communities, and play project is a master's thesis, I have encountered a role in creating solution which aim to create some difficulties in sometimes leaving the safety and resilient cities. The academic value pragmatic and practical way of thinking to come of my graduation project lies in its approach to an innovative design and thinking out of the to addressing real-life challenges faced by box. Reflecting, more time in the design process communities in the aftermath of disasters. would have let me experiment more with the By focusing on the often-overlooked aspect architectural compositions and the space around of disaster preparedness, my project fills of my building. a gap in the existing urban transformation plan of Istanbul and the process of preparing Looking at the positive aspect of having very similar projects to work on, is that throughout for the predicted earthquake in Istanbul, by relating it to existing literature. Ethically, the the year I could easily reach out to experts from project focuses on individual communities and the field to introduce my research and pitch my individuals in the big city of Istanbul, leaving the design. From introducing my research to the guestions of politics and the economic situation Turkish Head Architect of the new master plan of Türkive behind, which is often the main cause of Antakva. Buniamin Derman, to the architects of disasters, and only focusing on the well-being and Urban planners who work at Foster and and safety of people. While within the scope of Partners to redesign a part of Antakya, or are the master's graduation, it has been good to involved with environmental psychology in a post-disaster setting, who Besides that. I have leave these two factors out, it is necessary to been working together with companies such as look into the economic situation (affordability) Rothoblaas and Derix, who's expertise in CLT and the political situation of the area before and seismic regions have helped me to introduce implementing a project such as a these materials during my graduation.



What is Next?





Thank you