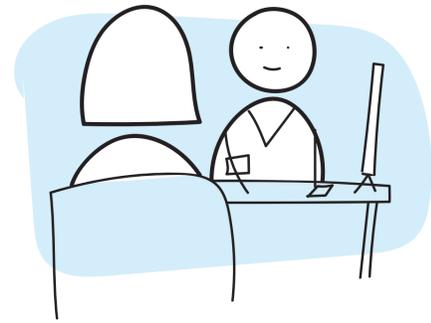


# WegWijs, being wise in healthcare

A patient-centred healthcare network for orthopaedic hand and wrist care

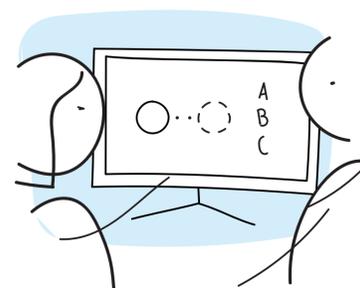
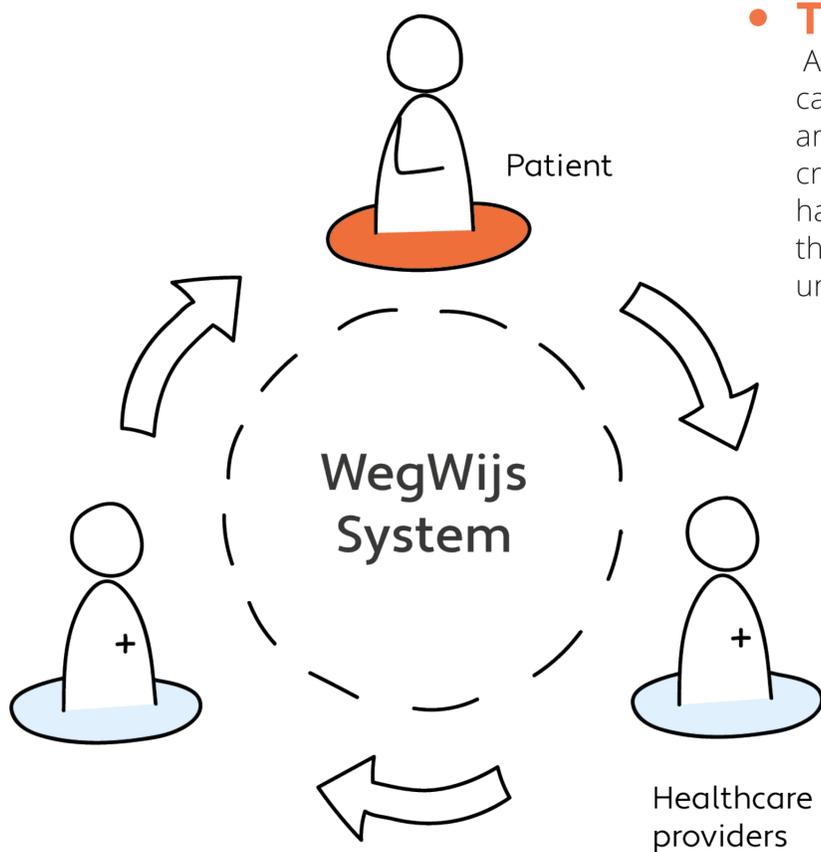
- **The context**

The context is shaped by ongoing developments that cause an increase in the care demand, an increase in healthcare costs, empowered patients and digitalisation. This asks for care that is efficient and gives patients more control. Currently, both are lacking in orthopaedic hand and wrist care. Patients are not feeling involved, and inefficient guidelines and lack of cooperation prevent an efficient treatment process. Hand and wrist care comprises a wide range of healthcare disciplines that could benefit from a network that works well together.



- **The solution**

A well-functioning network can ensure effective cooperation, which can lead to more efficient and improved care, fewer treatment sessions and a reduction in healthcare costs. The developed design aims to create more involvement of the stakeholders in the orthopaedic hand and wrist care and active participation of the patient. Patients that actively participate in their care are more confident in being understood and taken seriously.



- **The design**

*WegWijs* means to be wise, informed and in control in healthcare. It provides all the stakeholders with the knowledge needed to create a holistic and patient-centred care process by providing an overview of the treatment process and the involved parties. The patient actively shapes their treatment by formulating a treatment goal and co-creating their treatment plan with the orthopaedic surgeon. The care providers remain actively involved throughout the process and in close contact with each other, creating a well-connected healthcare network.

