

# POST-WAR REFURBISHMENT

How to make your post-war house sustainable

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Methodology

Analysis row house

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Technical application

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# Content

Introduction

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# Problem

## Climate change



## Earthquakes in Groningen



# Problem

## Gasproduction

- Coming 4 years: 21 billion m<sup>3</sup> → 12 billion m<sup>3</sup>
- Complete stop: 2030

## Major changes

# Problem

±20% built 1960-1974

1960-1974



2500 m<sup>3</sup>

2000+



1500 m<sup>3</sup>

# Research question

Which **strategies** are possible to **improve energy consumption** in **different** levels for **multiple** building types built between **1960-1974**?

# Research question

Which **strategies** are possible to **improve energy consumption** in **different** levels for **multiple** building types built between **1960-1974**?

- Dutch houses
- Owner-occupied
- Late post-war



# Research question

Which **strategies** are possible to **improve energy consumption** in **different** levels for **multiple** building types built between **1960-1974**?

- Dutch houses
- Owner-occupied
- Late post-war
- **Three strategies**
- **Improvement**
- **Budget**
- **Versatile**

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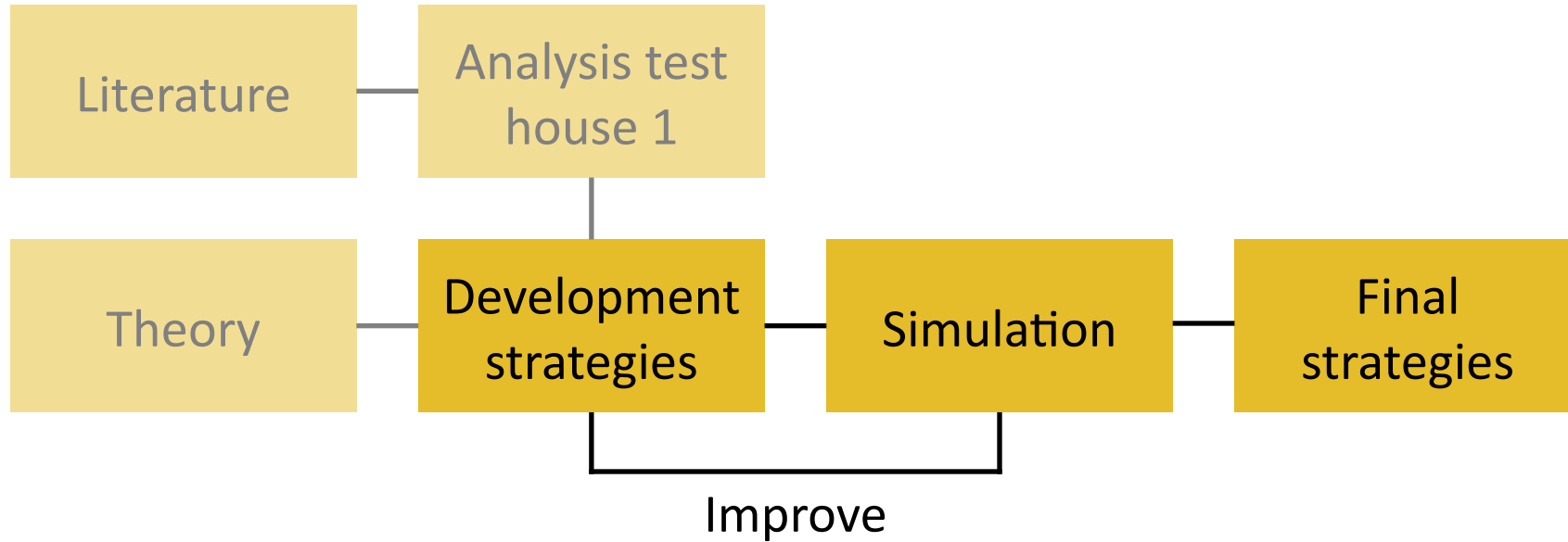
# Research-based design

Literature

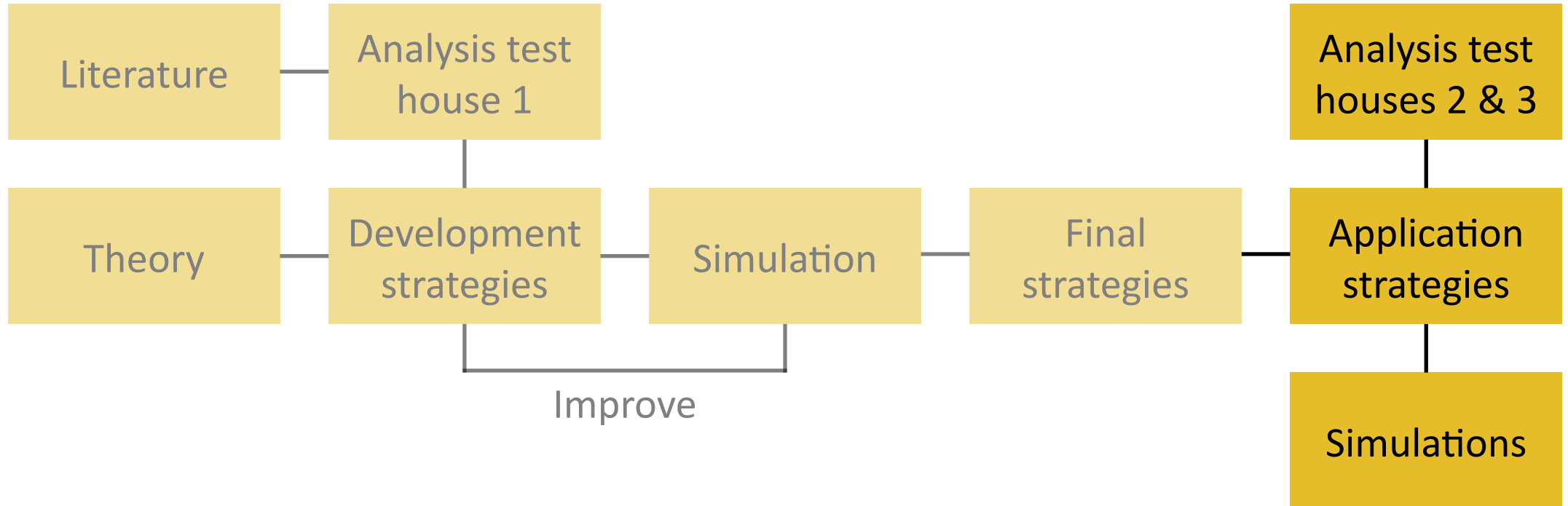
Analysis test  
house 1

Theory

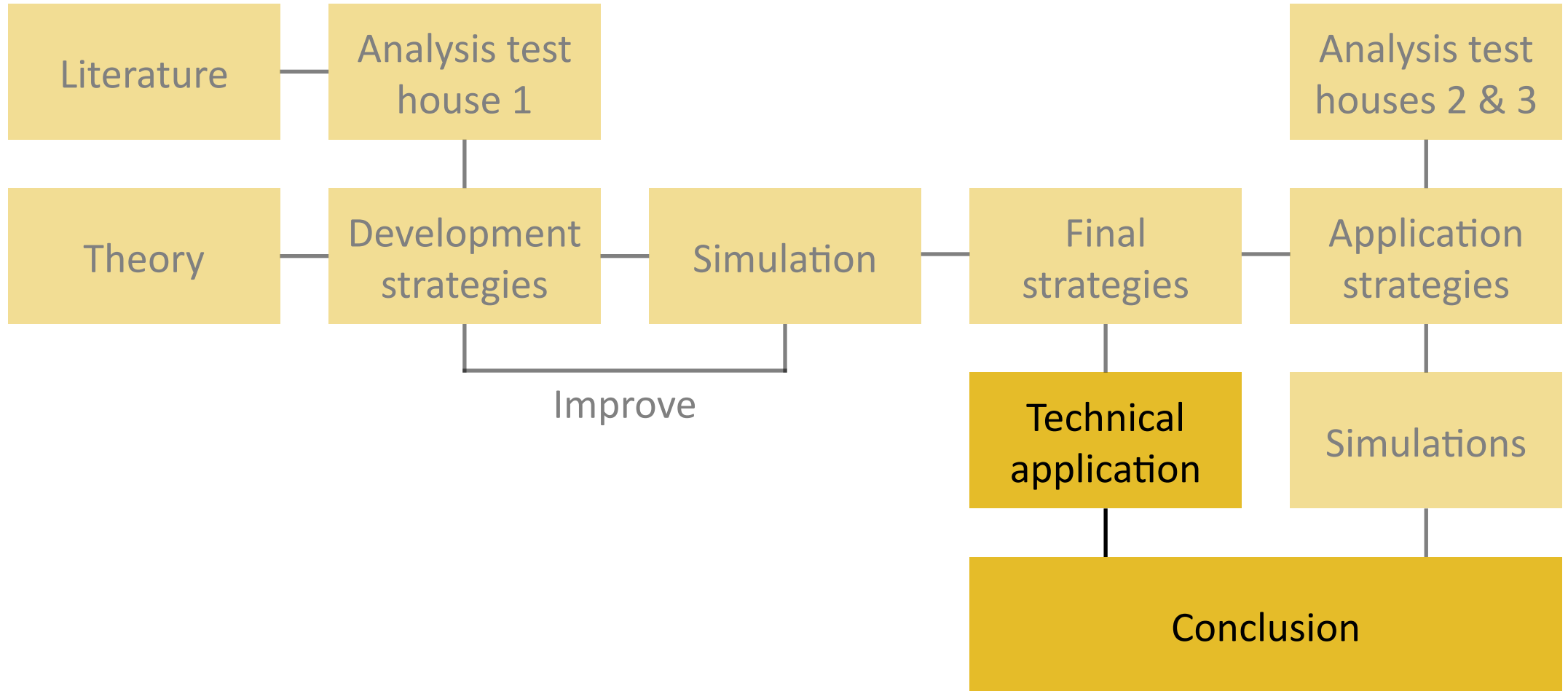
# Research-based design



# Research-based design

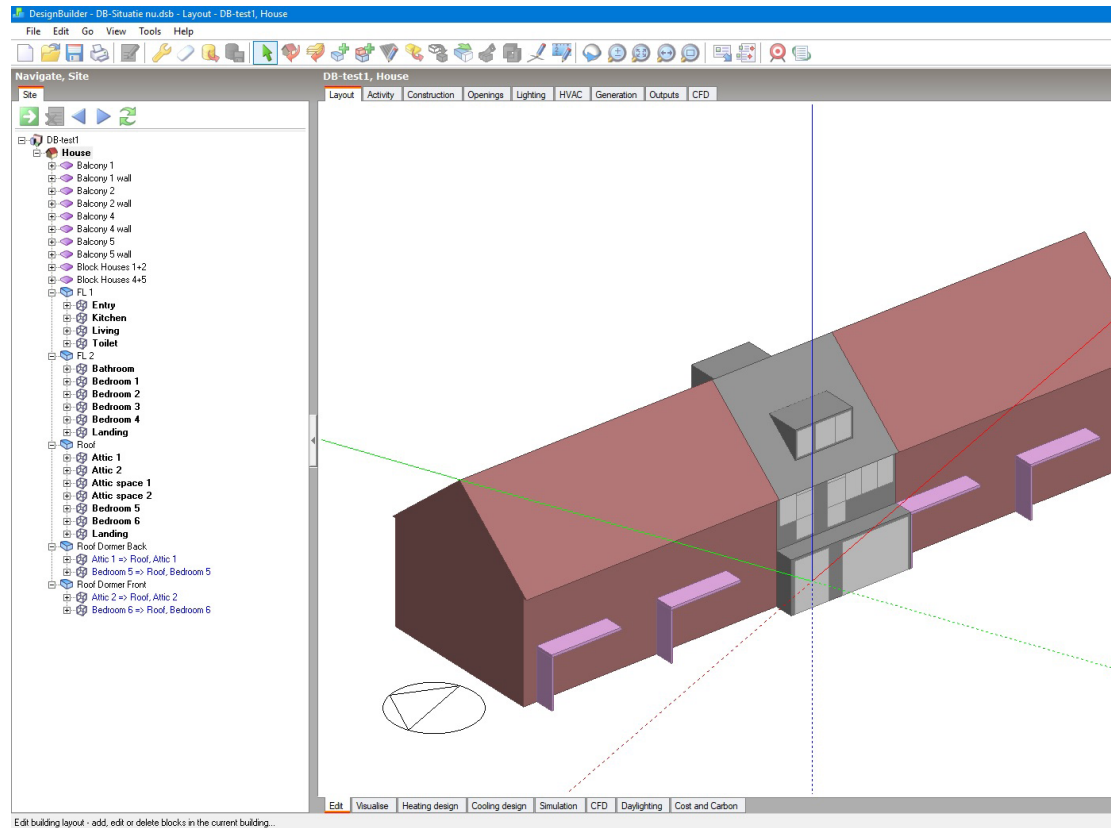


# Research-based design



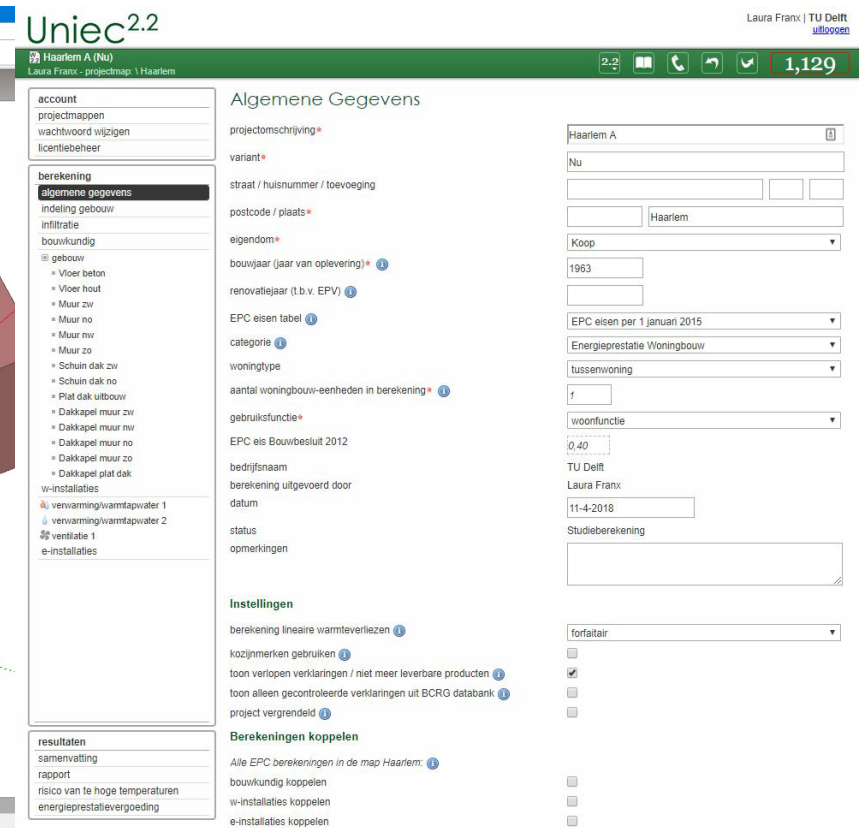
# Simulations

## Design Builder



Edit building layout - add, edit or delete blocks in the current building...

## Uniec 2.2



Laura Franx | TU Delft  
ulb00021

1,129

# Simulations

Annual fuel consumption

Energy Performance Coefficient: EPC

- New houses:  $EPC \leq 0,4$



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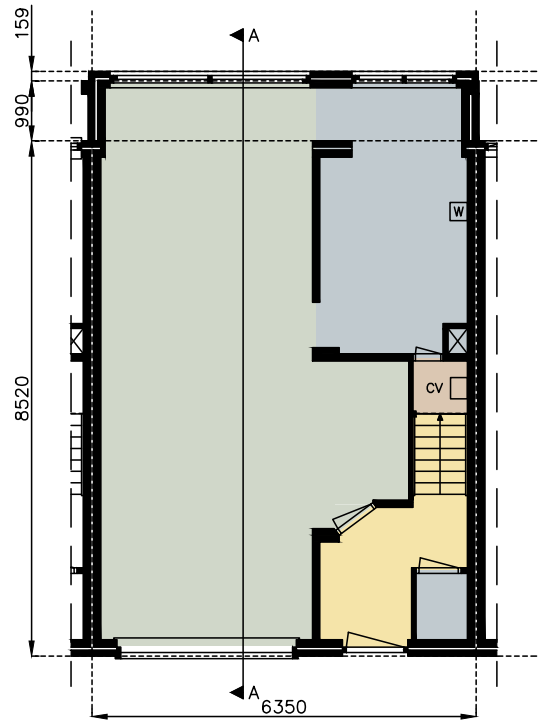
# Situation

## Orientation

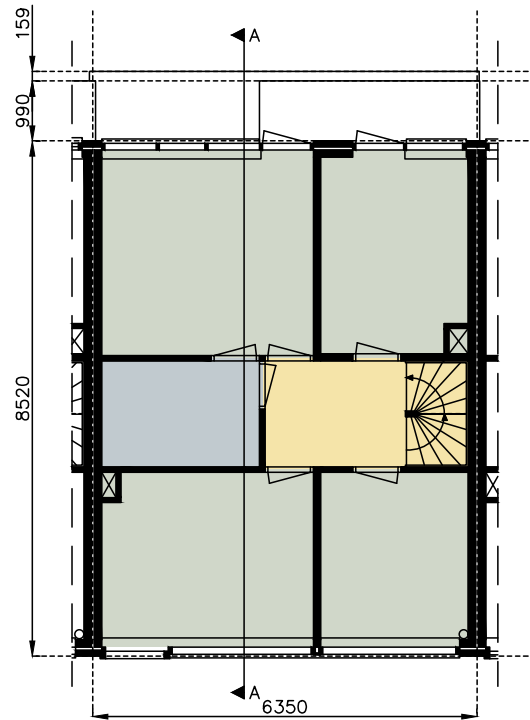


# Situation

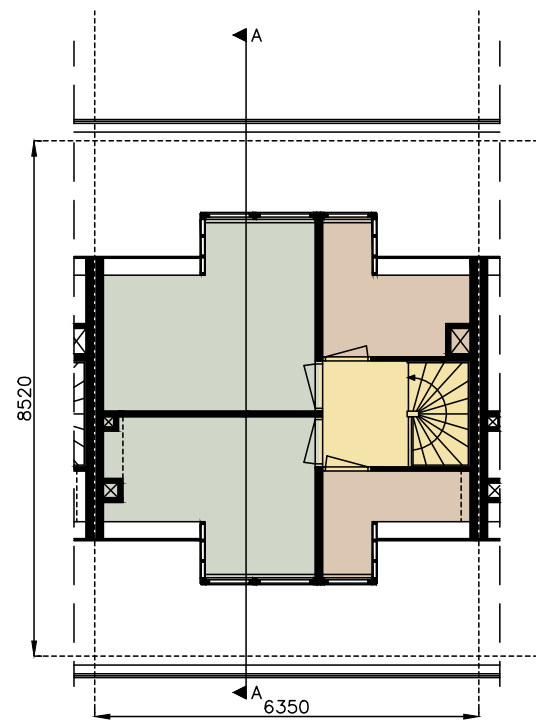
## Floorplan



Level 1



Level 2



Level 3



# Situation

## Facades



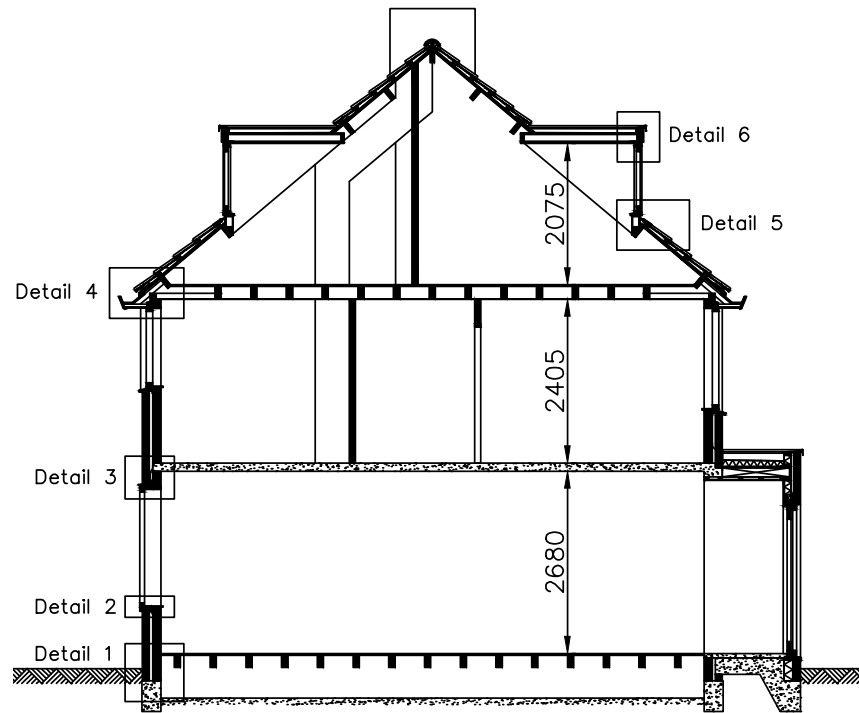
North face



South face

# Situation

## Construction



Section A-A

# Situation

## Installation



HR combi boiler  
2012

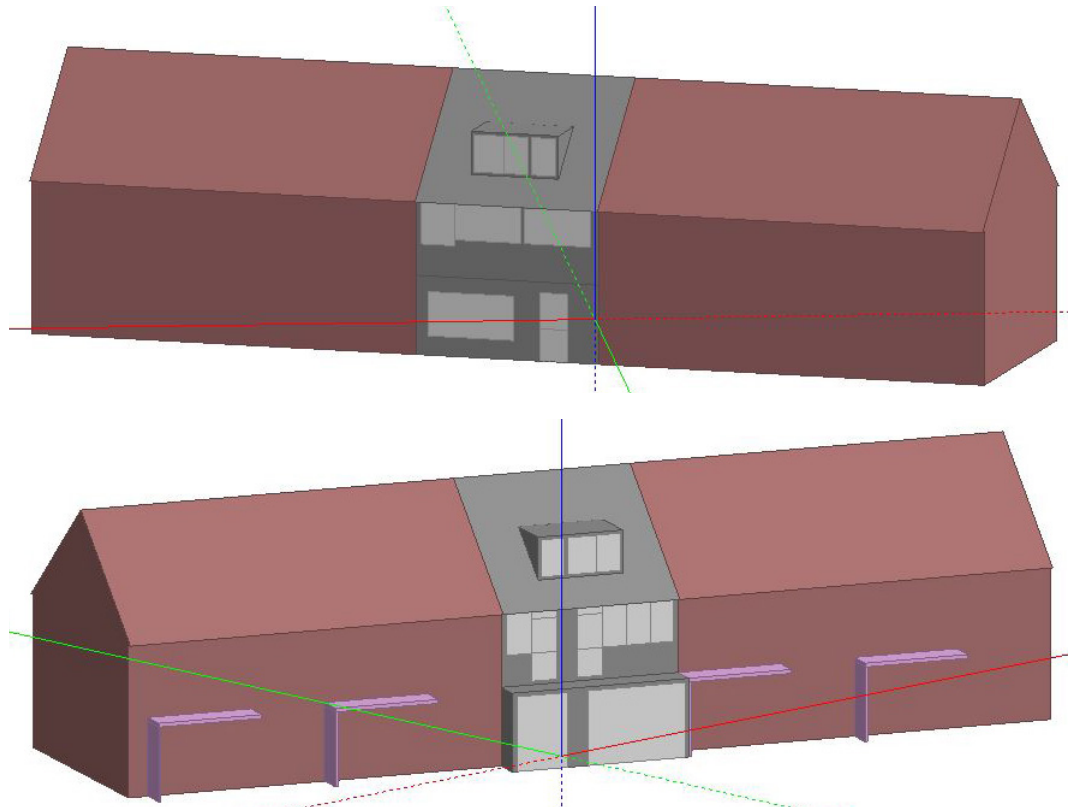


Electric boiler 10L  
2008

## Natural ventilation

# Simulation

## Programs

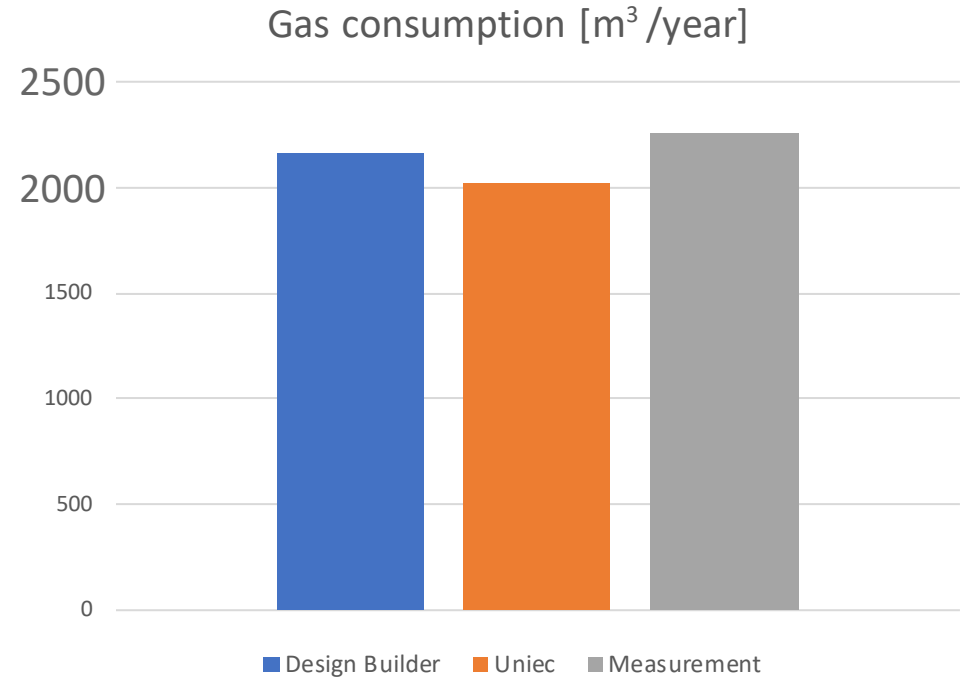
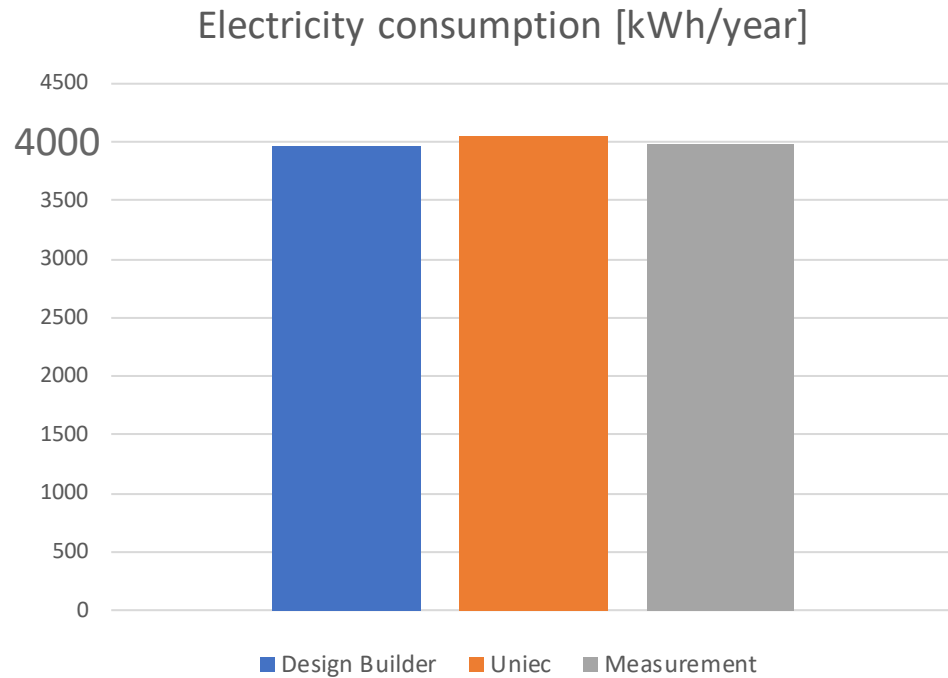


### gebouw

Definieer aanwezige scheidingsconstructies <span>?</span>		
constructie	begrenzing	L [m]
Vloer beton	vloer op/boven mv; boven kr ▼	
Vloer hout	vloer op/boven mv; boven kr ▼	
Muur zw	buitenlucht, ZW ▼	
Muur no	buitenlucht, NO ▼	
Muur nw	buitenlucht, NW ▼	
Muur zo	buitenlucht, ZO ▼	
Schuin dak zw	buitenlucht, ZW ▼	
Schuin dak no	buitenlucht, NO ▼	
Plat dak uitbouw	buitenlucht, HOR, dak ▼	
Dakkapel muur zw	buitenlucht, ZW ▼	
Dakkapel muur nw	buitenlucht, NW ▼	
Dakkapel muur no	buitenlucht, NO ▼	
Dakkapel muur zo	buitenlucht, ZO ▼	
Dakkapel plat dak	buitenlucht, HOR, dak ▼	

# Simulation

## Results



EPC = 1,13



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- Basic insulation strategy (A)

- EPC  $\leq 0,4$  strategy (B)

- Net Zero Energy Building strategy (C)

- Comparison

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# Basic insulation strategy (A)

## Boundary conditions

- Simple techniques
- Improve ventilation
- Minimal disturbance
- Payback time: 10 years

# Basic insulation strategy (A)

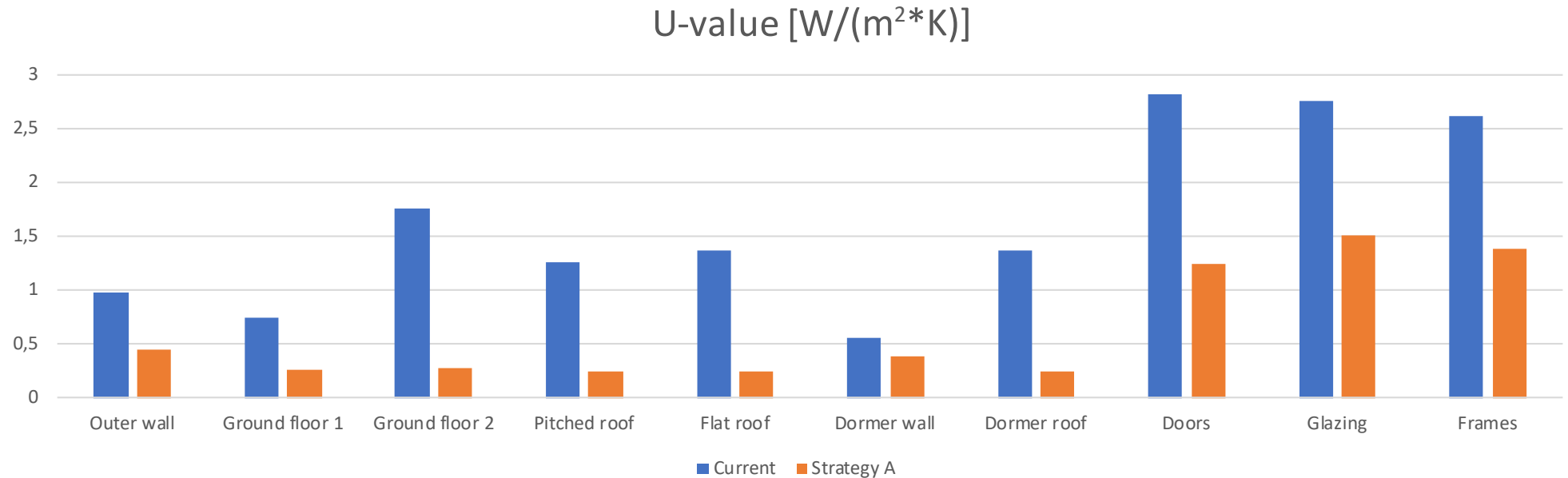
## Insulation techniques

- Cavity wall insulation
- Crawl space insulation
- Internal insulation pitched roof
- External insulation flat roof
- Insulating dormers
- HR++ glazing
- Frames with thermal break

## Indoor climate

# Basic insulation strategy (A)

## Thermal transmittance



# Basic insulation strategy (A)

## Insulation techniques

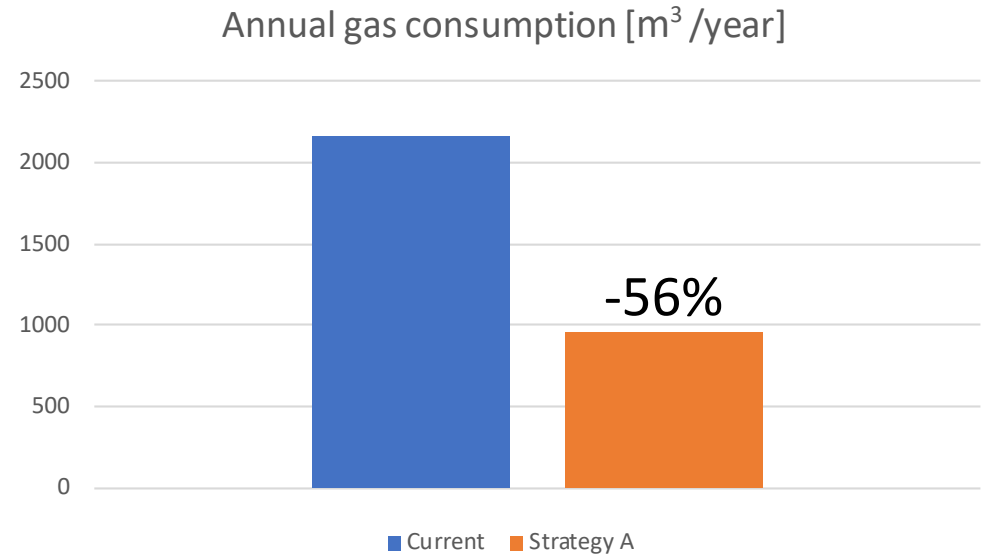
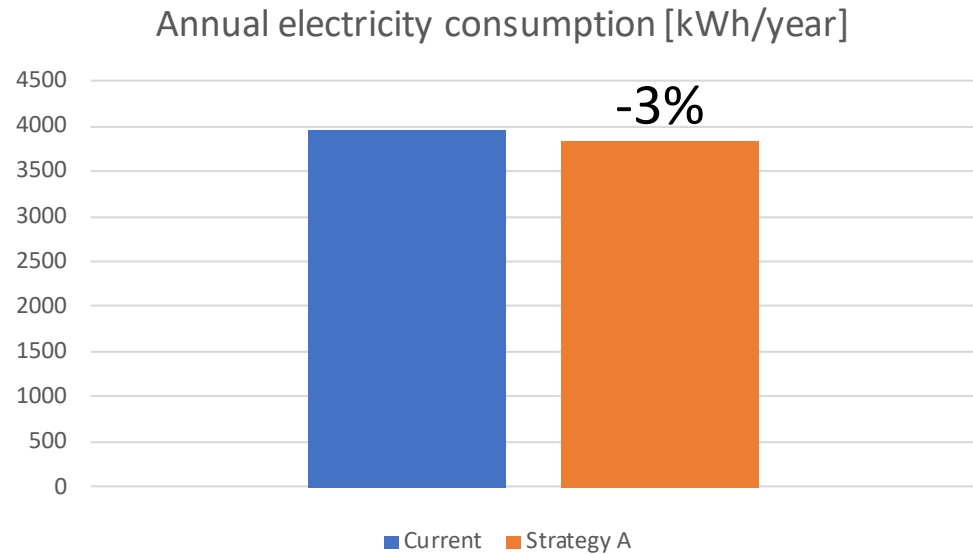
- Cavity wall insulation
- Crawl space insulation
- Internal insulation pitched roof
- External insulation flat roof
- Insulating dormers
- HR++ glazing
- Frames with thermal break

## Indoor climate

- Installations < 15 years
- New and extra ventilation grills
- LED lighting

# Basic insulation strategy (A)

## Results row house



EPC = 0,77

# Basic insulation strategy (A)

## Visualisation



Current



Strategy A

Invest: €9.500,-  
Payback time:  
12 years

# EPC $\leq$ 0,4 strategy (B)

## Boundary conditions

- EPC  $\leq$  0,4
- Renewable energy
- Improve ventilation
- Medium disturbance
- Payback time: 10 - 25 years



# EPC $\leq 0,4$ strategy (B)

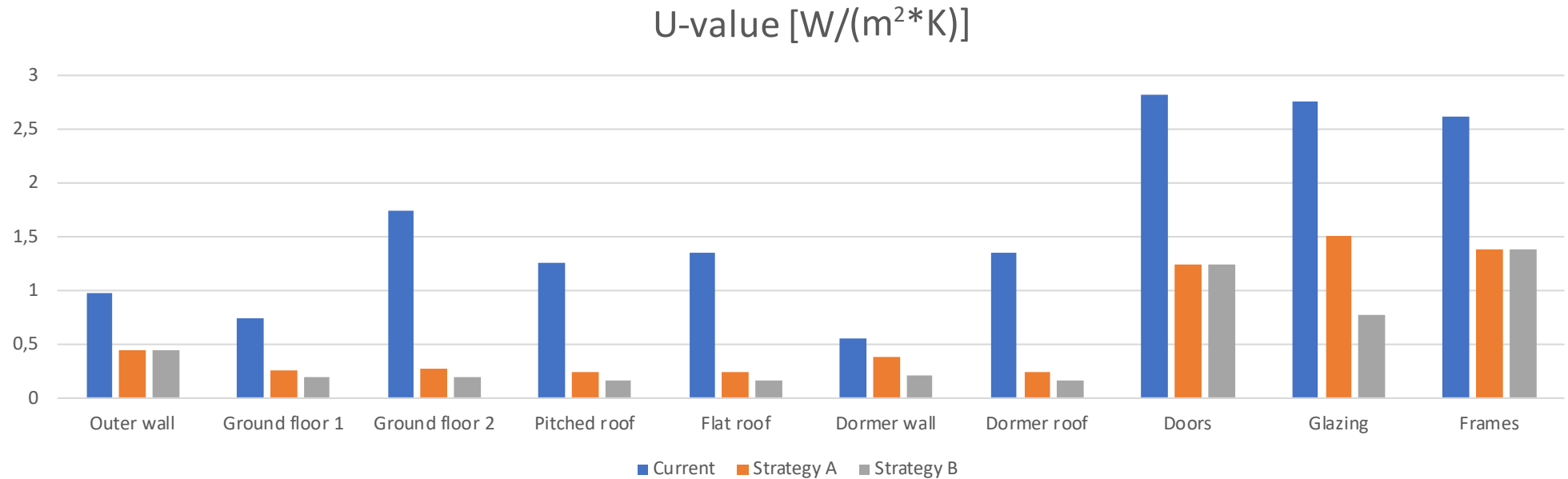
## Insulation techniques

- Cavity wall insulation
- Crawl space insulation
- Internal insulation pitched roof
- External insulation flat roof
- Insulating dormers
- **HR+++ glazing**
- Frames with thermal break

## Indoor climate

# EPC $\leq 0,4$ strategy (B)

## Thermal transmittance



# EPC $\leq 0,4$ strategy

## Insulation techniques

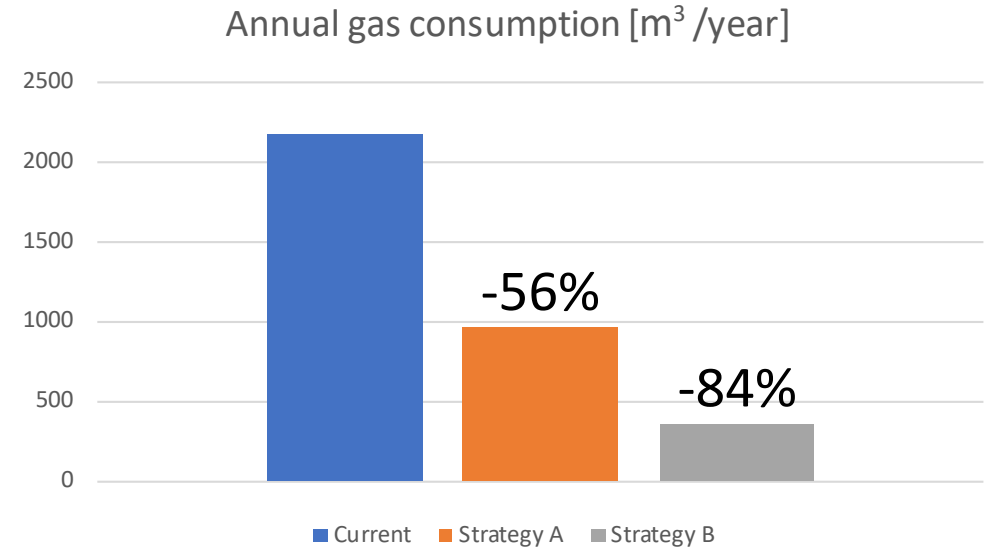
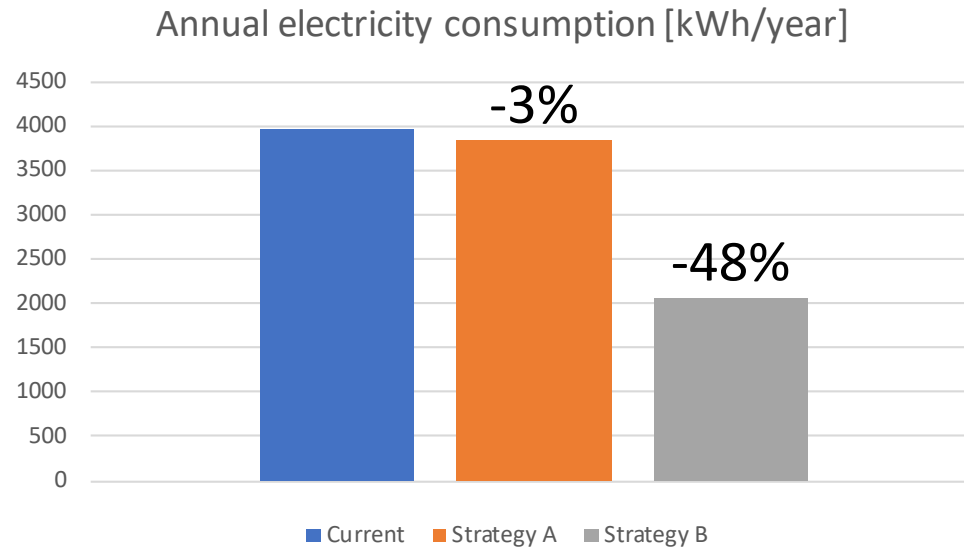
- Cavity wall insulation
- Crawl space insulation
- Internal insulation pitched roof
- External insulation flat roof
- Insulating dormers
- HR+++ glazing
- Frames with thermal break

## Indoor climate

- HR combi boiler & solar collectors
- PV-panels
- New and extra ventilation grills
- LED lighting

# EPC $\leq 0,4$ strategy (B)

## Results row house



EPC = 0,37

# EPC $\leq 0,4$ strategy (B)

## Visualisation



Current



Strategy B

Invest: €23.000,-  
Payback time:  
15 years

# Net Zero Energy Building strategy (C)

## Boundary conditions

- NZEB
- Gas-free
- Renewable energy
- Improve ventilation
- Extreme electricity reduction
- Electric cooking
- Payback time: 25+ years

# NZEB strategy (C)

## Insulation techniques

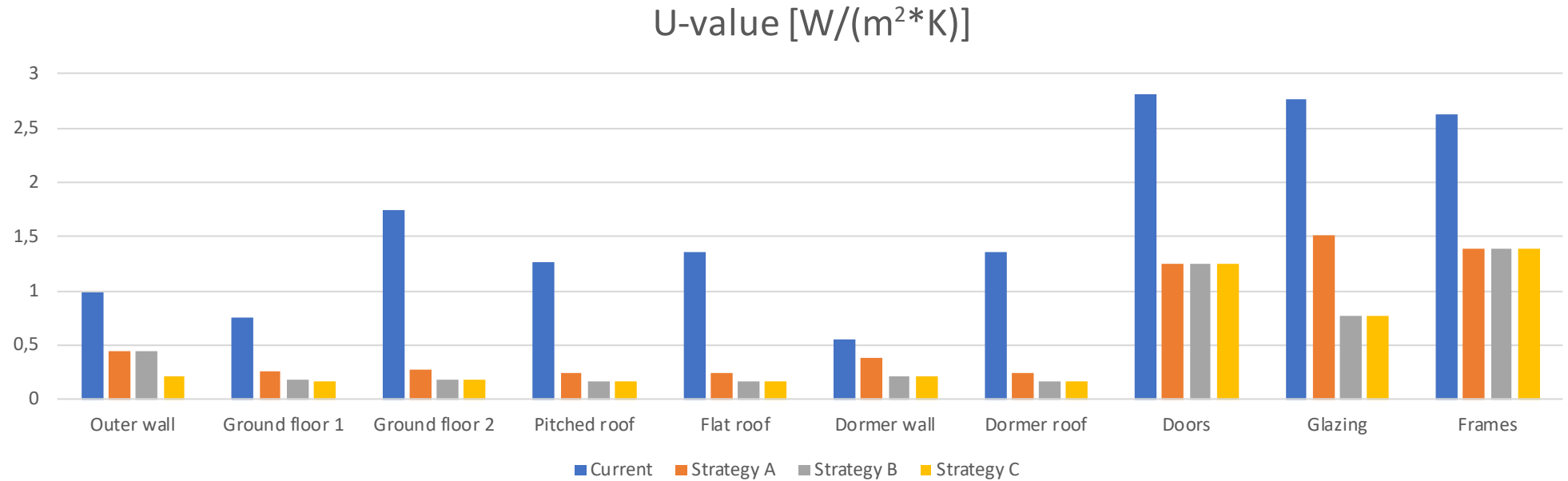
- Cavity wall + external insulation
- Crawl space insulation
- External insulation pitched roof
- External insulation flat roof
- New dormers
- HR+++ glazing
- Frames with thermal break

## Indoor climate

## Appliances

# NZEB strategy (C)

## Thermal transmittance





# NZEB strategy (C)

## Insulation techniques

- Cavity wall + external insulation
- Crawl space insulation
- External insulation pitched roof
- External insulation flat roof
- New dormers
- HR+++ glazing
- Frames with thermal break

## Indoor climate

- Air heat pump & solar collectors
- Electric combi boiler
- PV-panels
- New and extra ventilation grills
- LED lighting

## Appliances

# NZEB strategy (C)

## Insulation techniques

- Cavity wall + external insulation
- Crawl space insulation
- External insulation pitched roof
- External insulation flat roof
- New dormers
- HR+++ glazing
- Frames with thermal break

## Indoor climate

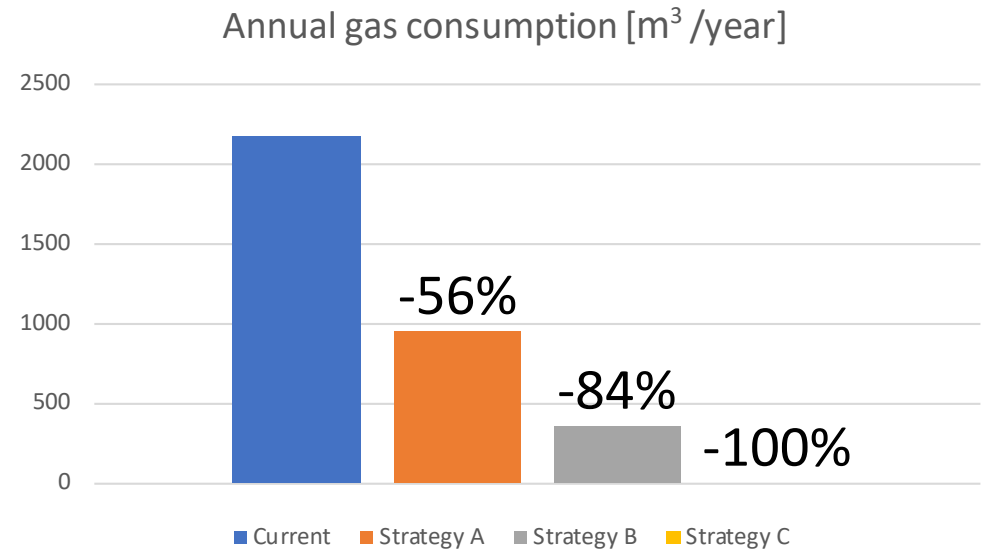
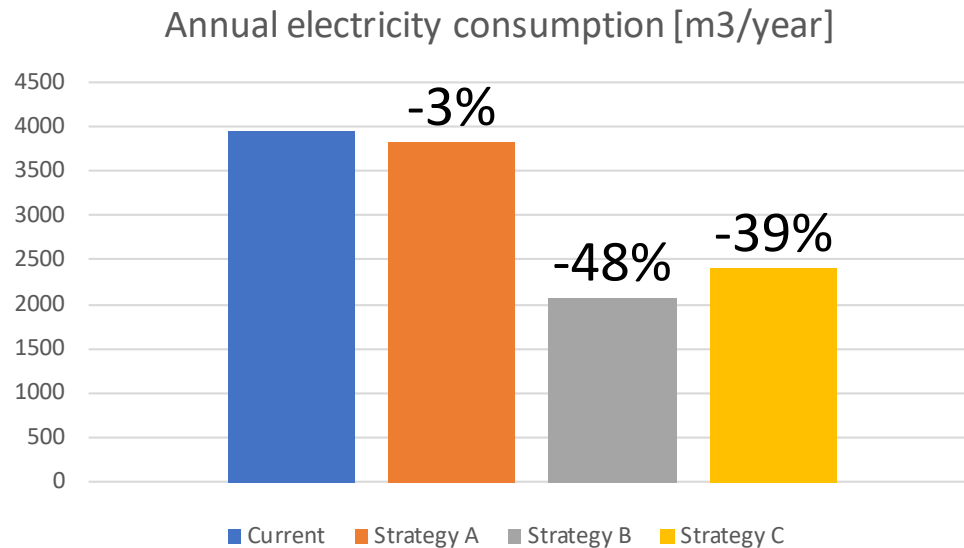
- Air heat pump & solar collectors
- Electric combi boiler
- PV-panels
- New and extra ventilation grills
- LED lighting

## Appliances

- Induction cooking
- New appliances A++/+++

# NZEB strategy (C)

## Results row house



EPC = 0,15

# NZEB strategy (C)

## Visualisation



Current



Strategy C

Invest: €40.000,-  
Payback time:  
24 years

# Comparison

Basic insulation (A)



Invest: €9.500,-  
12 years

EPC  $\leq 0,4$  (B)



Invest: €23.000,-  
15 years

NZEB (C)



Invest: €40.000,-  
24 years

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- Semi-detached house

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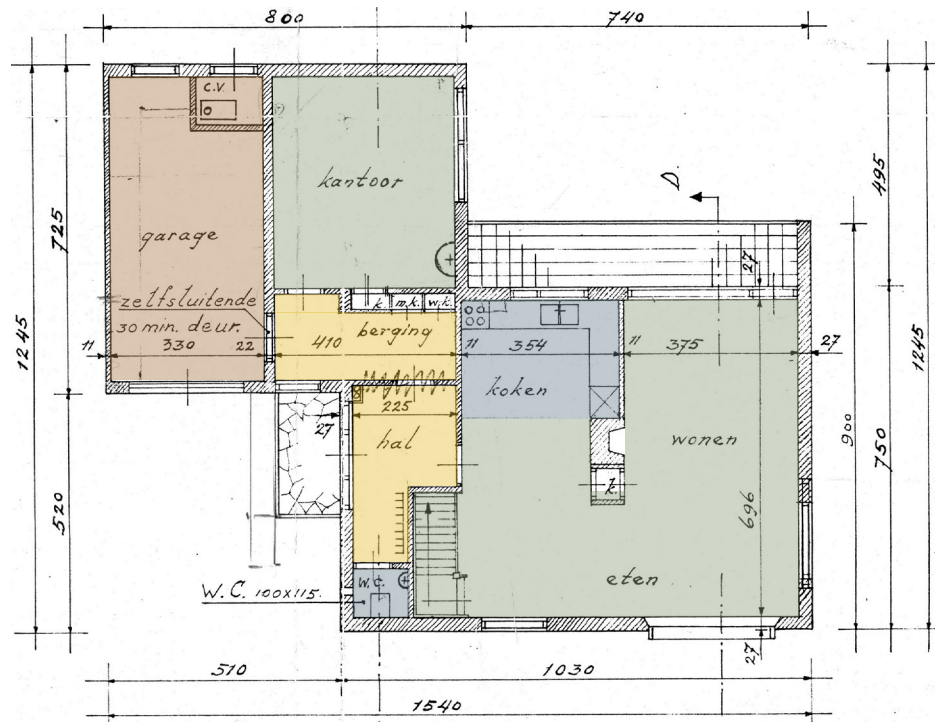
# Free-standing house

## Situation

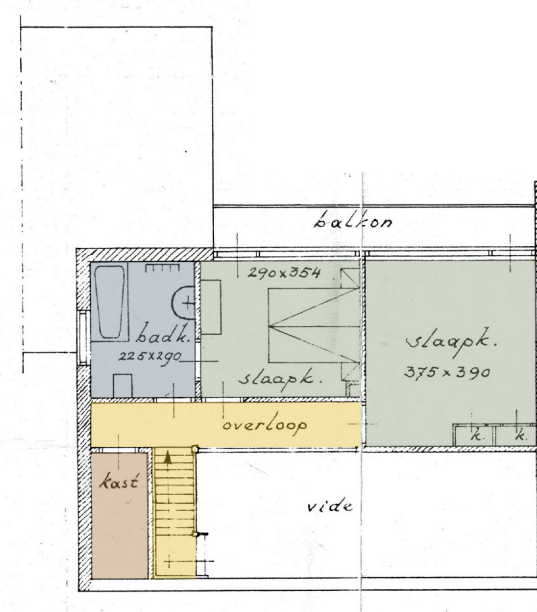


# Free-standing house

## Floorplans



Level 1



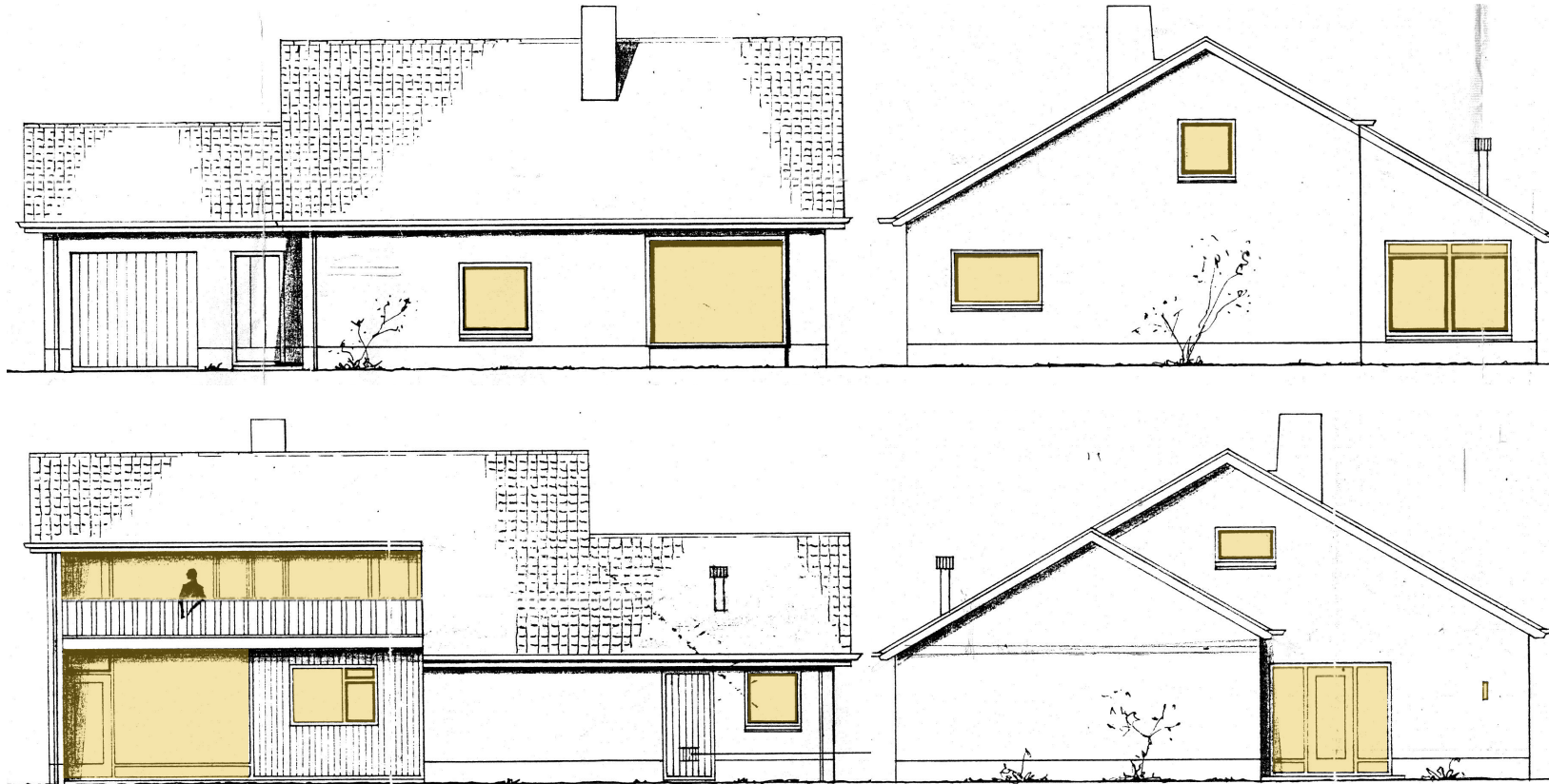
Level 2





# Free-standing house

## Facades



# Free-standing house: strategy A

## Insulation techniques

- Cavity wall insulation
- Crawl space insulation
- Internal insulation pitched roof
- HR++ glazing
- Frames with thermal break

## Indoor climate

- HR combi boiler
- New and extra ventilation grills
- LED lighting

# Free-standing house: strategy B

## Insulation techniques

- Cavity wall insulation
- Crawl space insulation
- Internal insulation pitched roof
- HR+++ glazing
- Frames with thermal break

## Indoor climate

- HR combi boiler & solar collectors
- PV-panels
- New and extra ventilation grills
- LED lighting

# Free-standing house: strategy C

## Insulation techniques

- Cavity wall + external insulation
- Crawl space insulation
- External insulation pitched roof
- HR+++ glazing
- Frames with thermal break

## Indoor climate

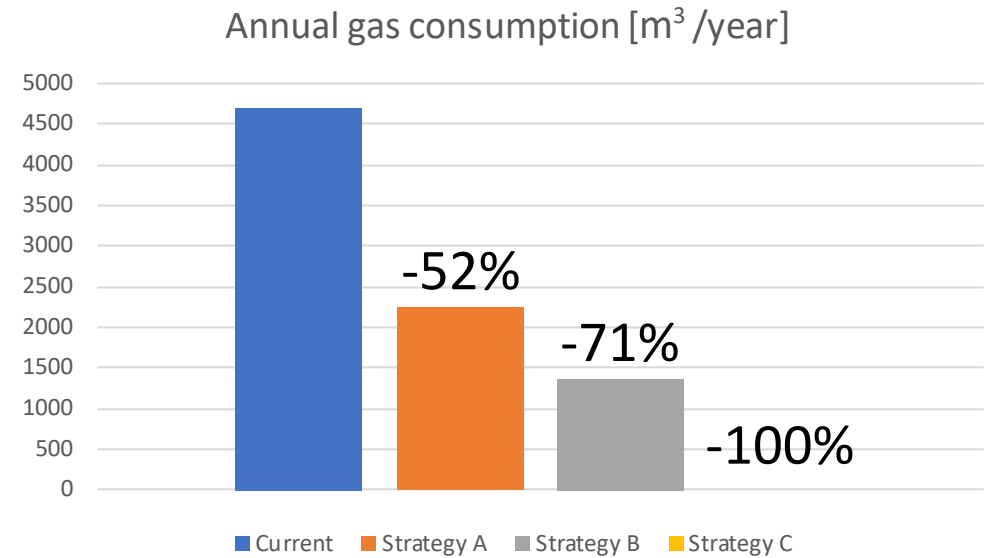
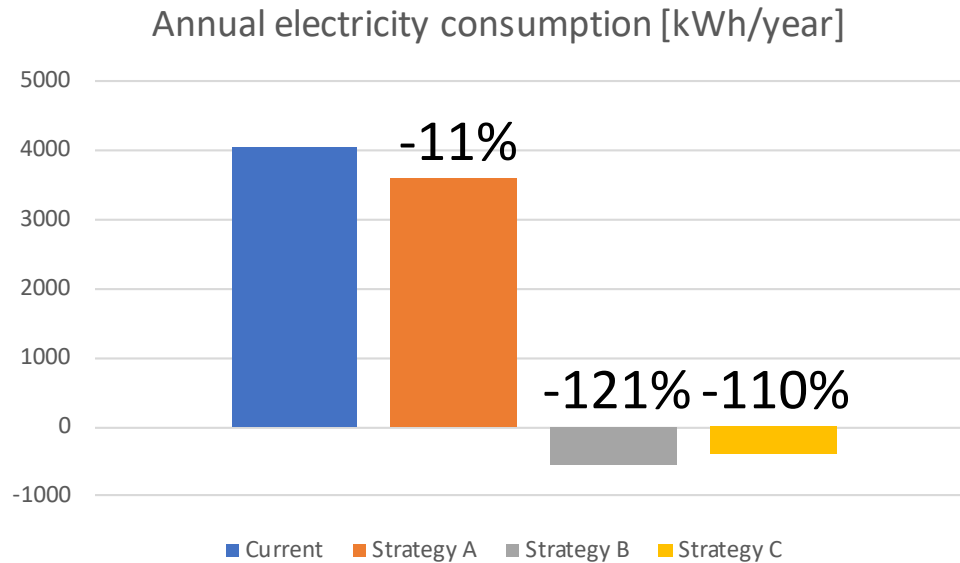
- Air heat pump & solar collectors
- Electric combi boiler
- PV-panels
- New and extra ventilation grills
- LED lighting

## Appliances

- Induction cooking
- New appliances A++/+++

# Free-standing house

## Results



# Free-standing house

Basic insulation (A)



Invest: €25.000,-  
15 years

EPC  $\leq 0,4$  (B)



Invest: €38.000,-  
13 years

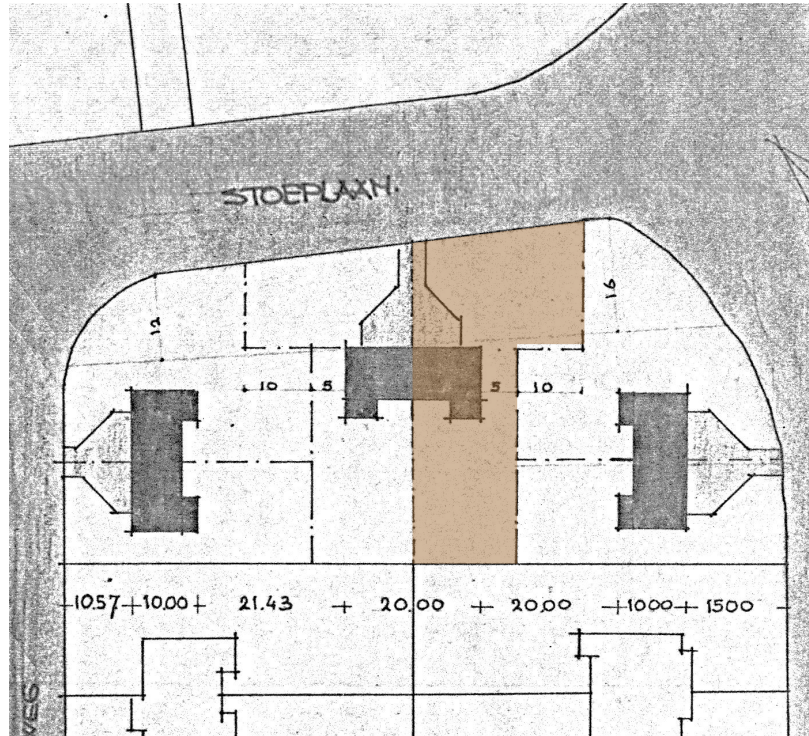
NZEB (C)



Invest: €69.000,-  
17 years

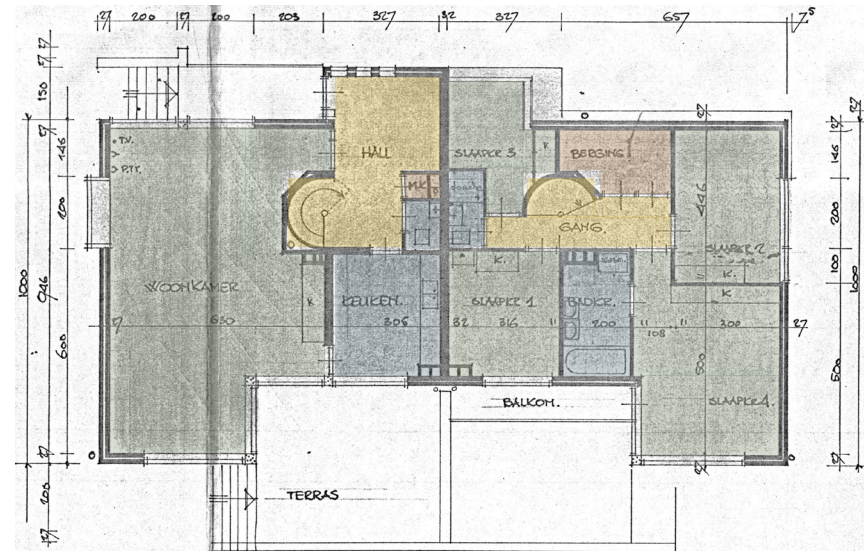
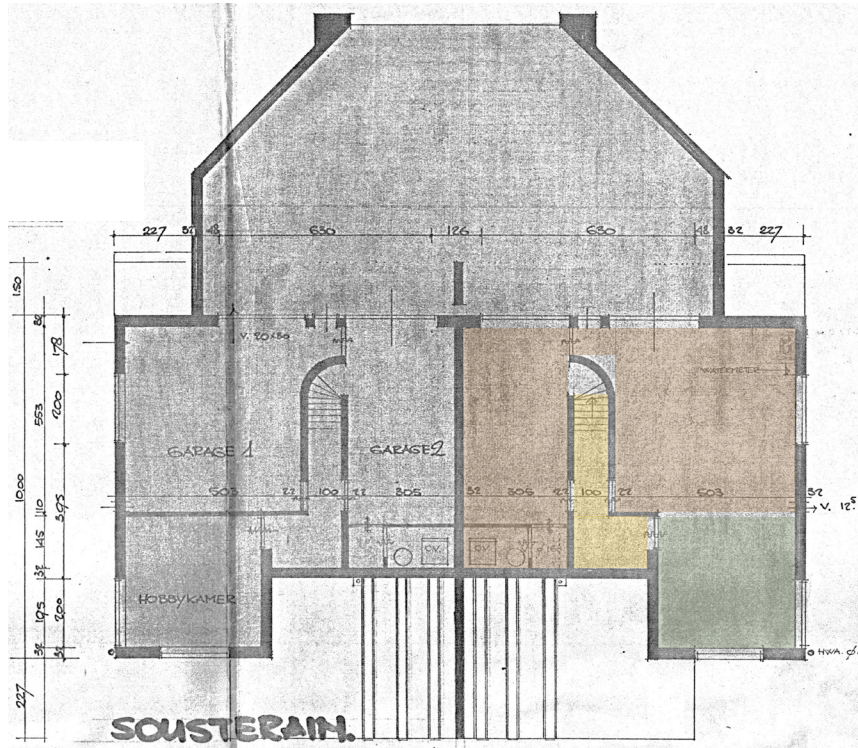
# Semi-detached house

## Situation



# Semi-detached house

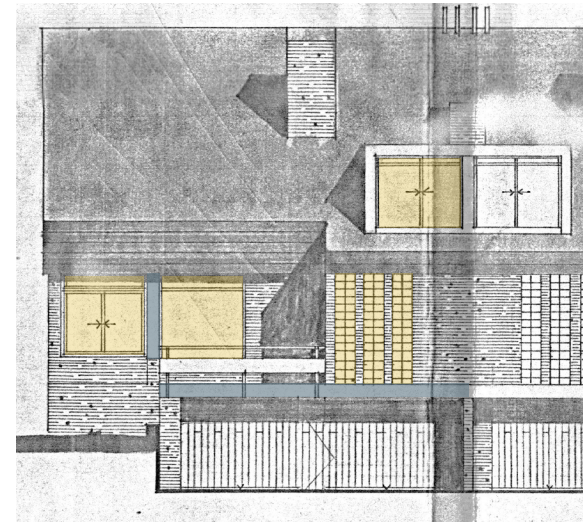
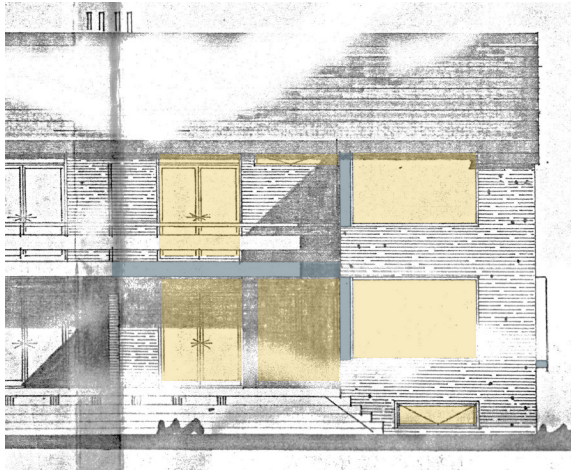
## Floorplans





# Semi-detached house

## Facades



# Semi-detached house

## Installations

- Hot air heating
- Stand-alone boiler

## Natural ventilation

# Semi-detached house: strategy A

## Insulation techniques

- Cavity wall insulation
- ~~Crawl space insulation~~
- Internal insulation pitched roof
- External insulation flat roof
- Insulating dormers
- HR++ glazing
- Frames with thermal break

## Indoor climate

- Installations < 15 years
- New ventilation grills
- LED lighting

# Semi-detached house: strategy B

## Insulation techniques

- Cavity wall insulation
- ~~Crawl space insulation~~
- Internal insulation pitched roof
- External insulation flat roof
- Insulating dormers
- HR+++ glazing
- Frames with thermal break

## Indoor climate

- ~~HR combi boiler & solar collectors~~
- ~~PV panels~~
- New and extra ventilation grills
- LED lighting

# Semi-detached house: strategy C

## Insulation techniques

- ~~Cavity wall + external insulation~~
- ~~Crawl space insulation~~
- ~~External insulation pitched roof~~
- External insulation flat roof
- New dormer
- HR+++ glazing
- Frames with thermal break

## Indoor climate

- ~~Air heat pump & solar collectors~~
- ~~Electric combi boiler~~
- ~~PV panels~~
- New grills
- LED lighting

## Appliances

- Induction cooking
- New appliances A++/+++

# Semi-detached house

## Insulation techniques

- Complete internal insulation
- HR+++ glazing
- New frames with thermal break

## Indoor climate

- LT floor heating
- Air heat pump
- Electric combi boiler
- Mechanical ventilation
- LED lighting

## Appliances

- Induction cooking
- New appliances A++/+++

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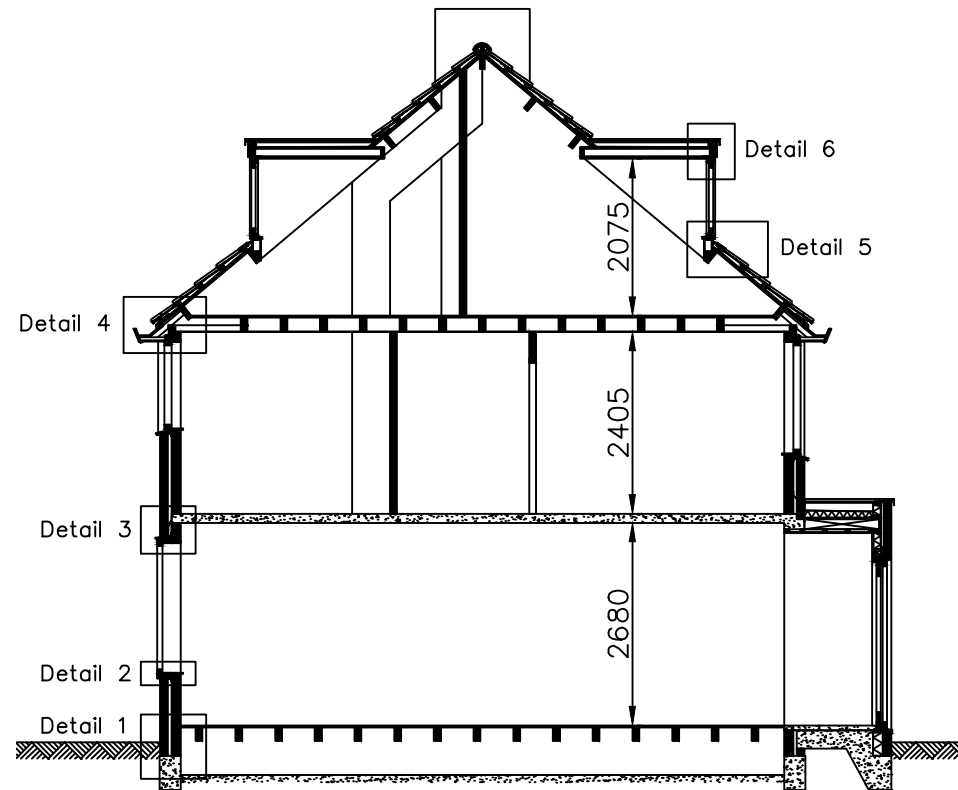
Other building types

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# Technical application

## Section current situation

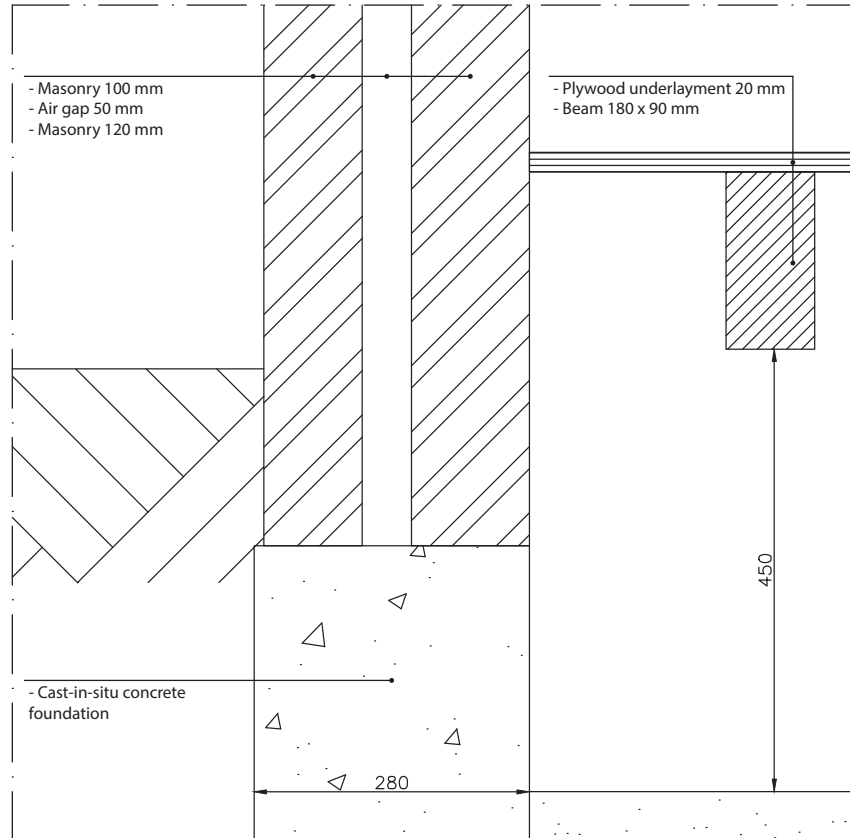


Section A-A



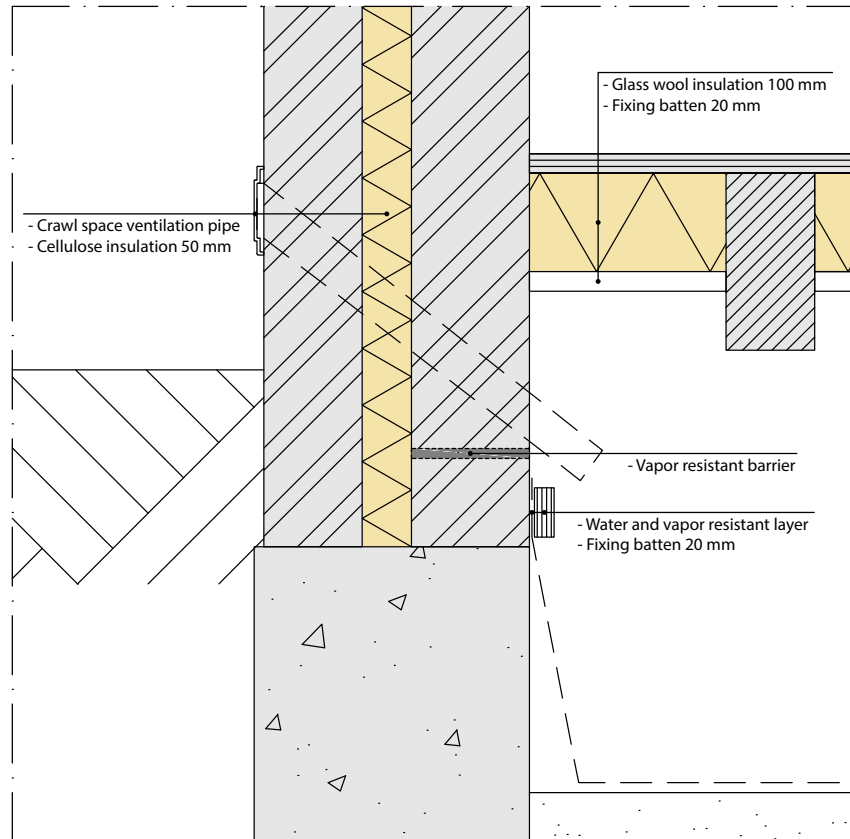
# Technical application

## Detail 1: current situation



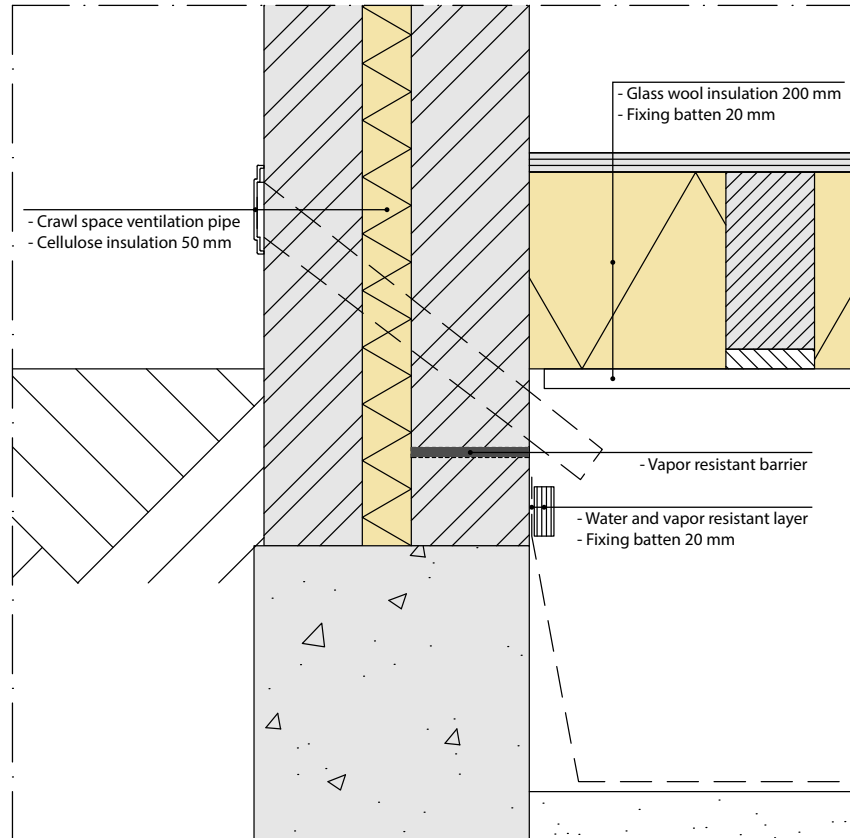
# Technical application

## Detail 1: strategy A



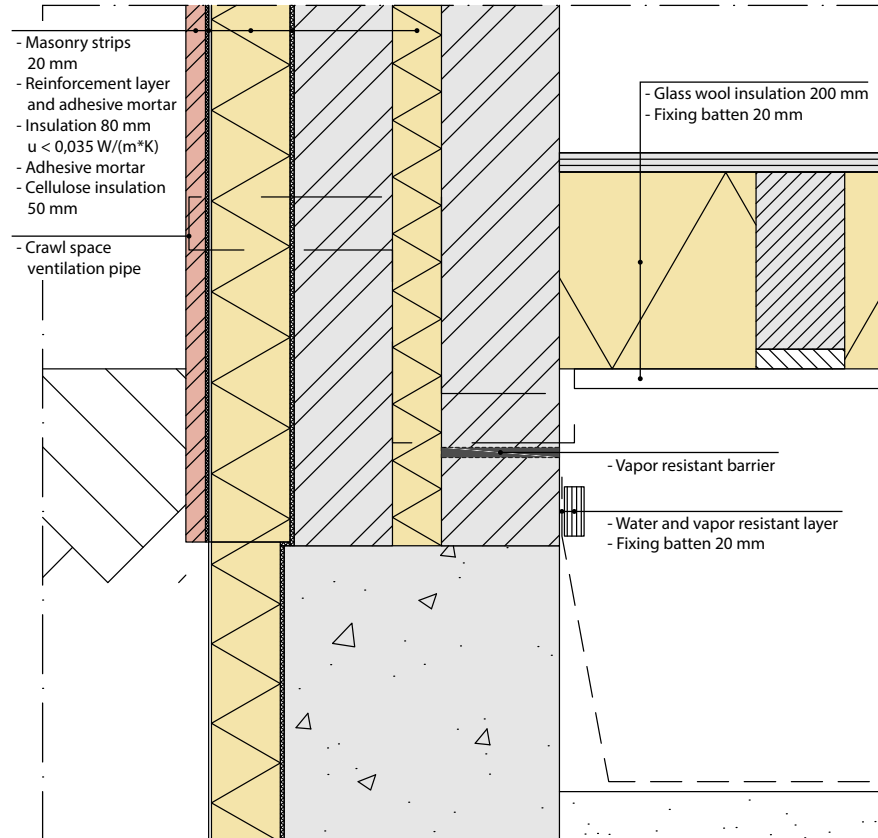
# Technical application

## Detail 1: strategy B



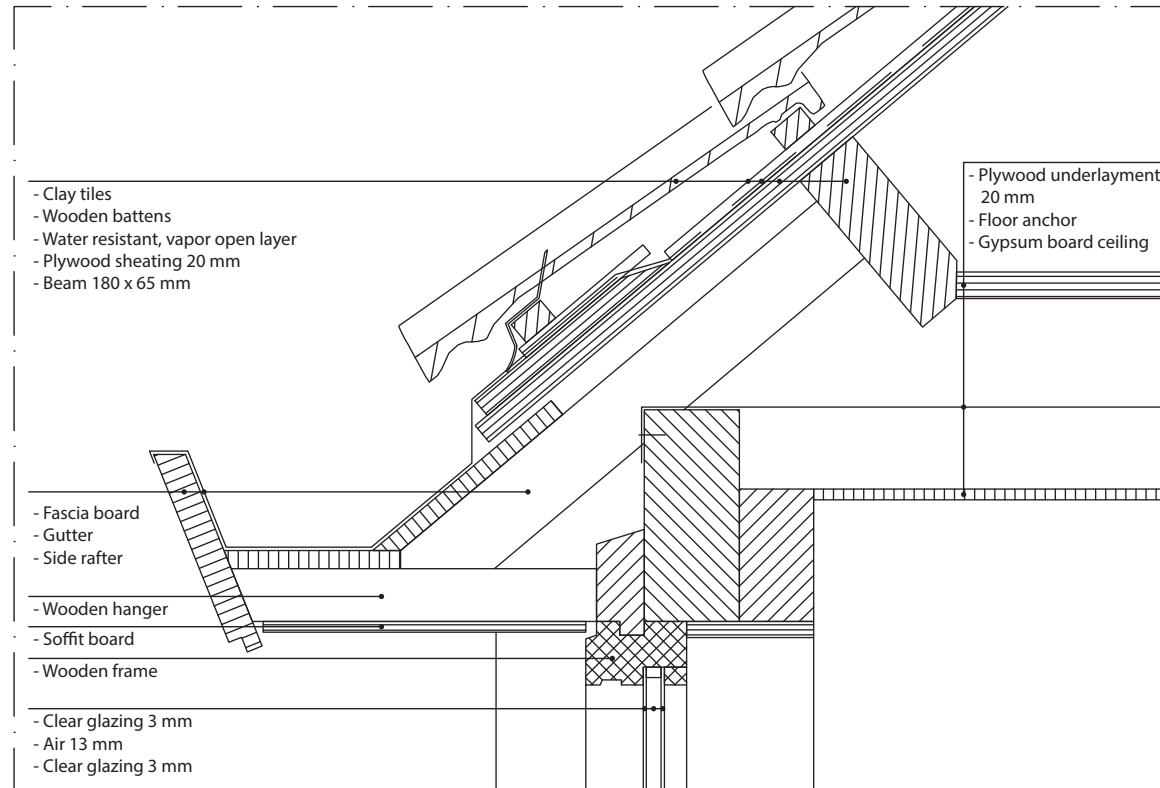
# Technical application

## Detail 1: strategy C



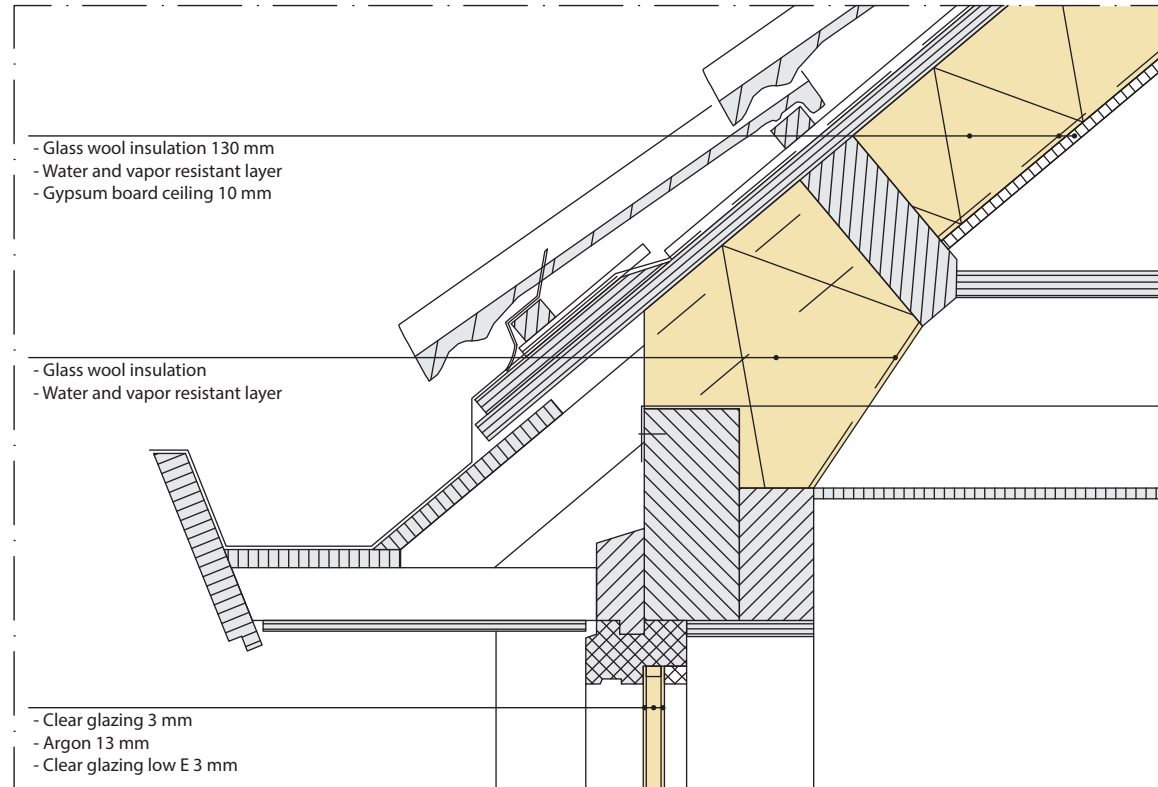
# Technical application

## Detail 4: current situation



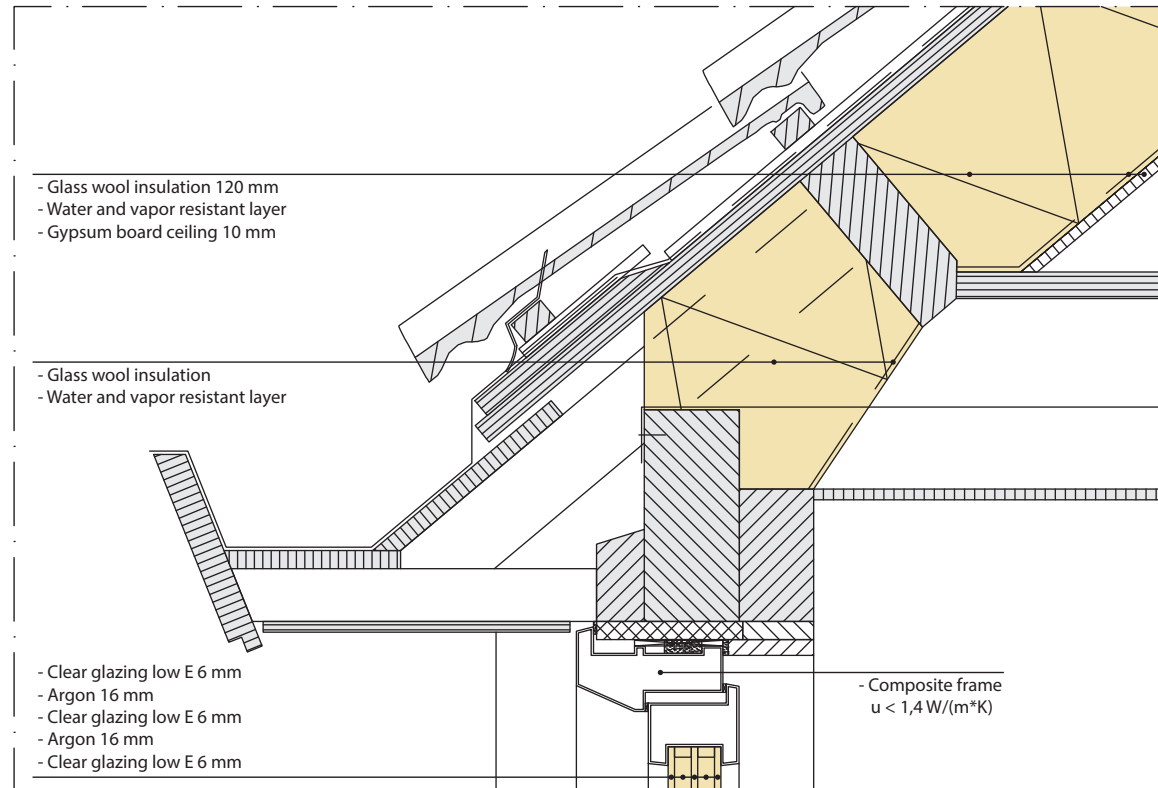
# Technical application

## Detail 4: strategy A



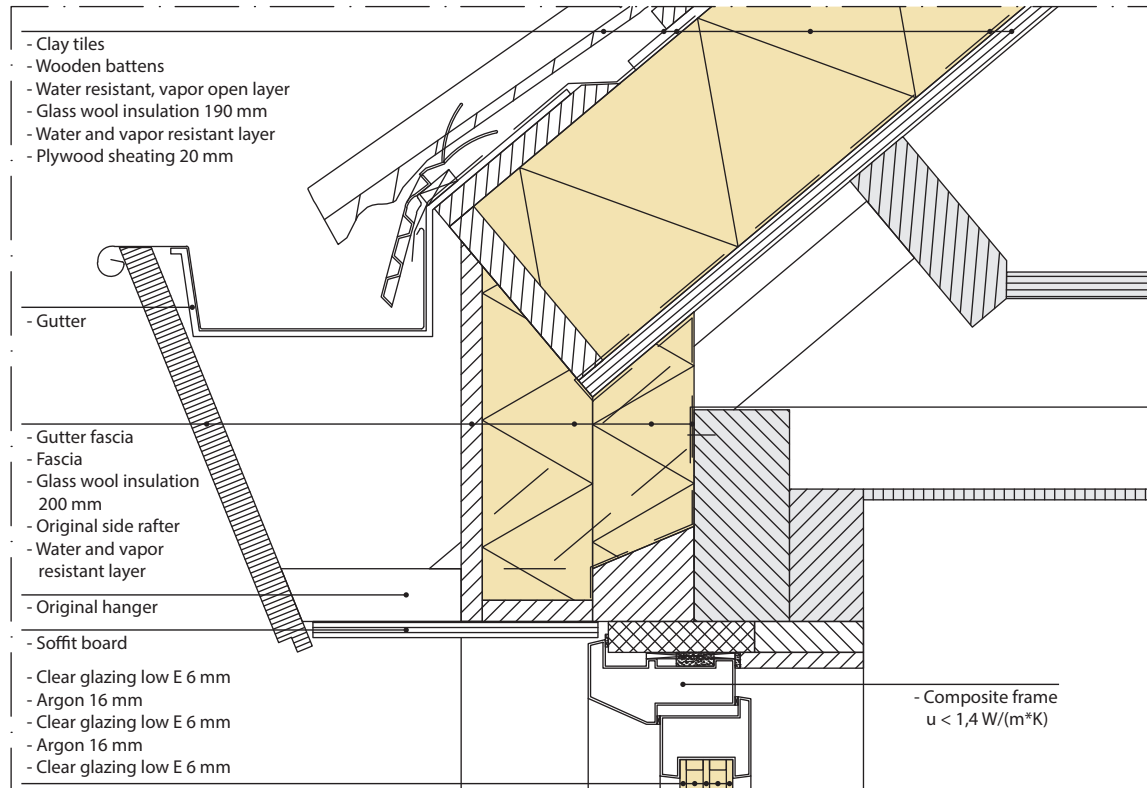
# Technical application

## Detail 4: strategy B



# Technical application

## Detail 4: strategy C



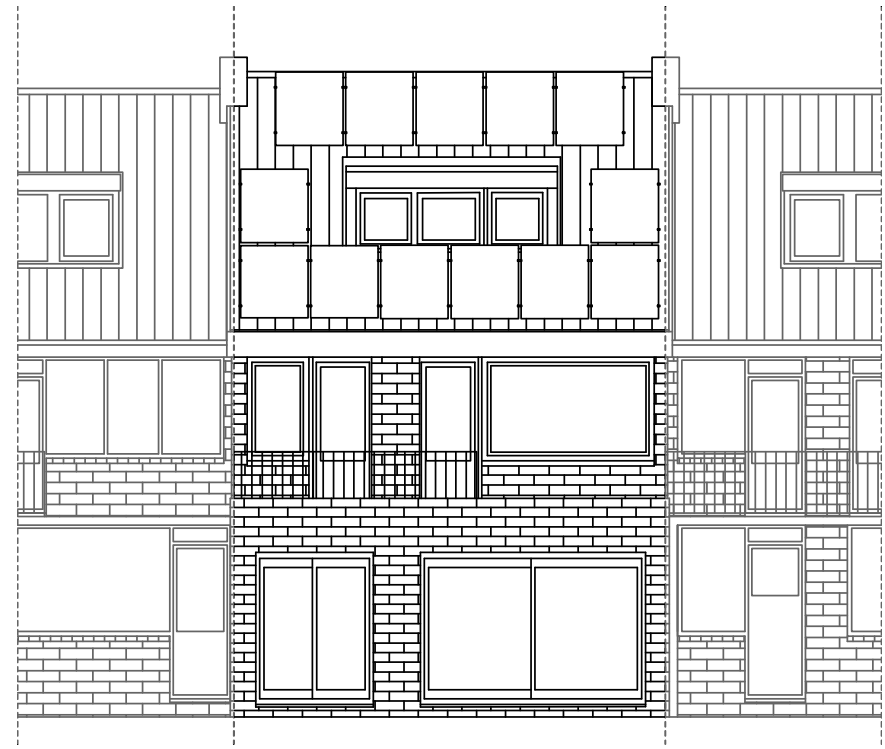


# Technical application

## Facades: strategy C



North face



South face

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# Conclusions

Which **strategies** are possible to **improve energy consumption** in **different** levels for **multiple** building types built between **1960-1974**?

- Basic insulation strategy (A)
- EPC  $\leq 0,4$  strategy (B)
- NZEB strategy (C)

Unique situations

# Conclusions

## Advise

- Society
- Home-owner

