Empowering Play:

Reflection Paper

Introduction:

Everything Everywhere All at Once

Before the start of the graduation program under the title Heterogeneous City, the methodology of the Architectural Design Crossovers studio for multidisciplinary synergies with a leading role in seeking suitable spatial interventions was a big unknown.

However, heterogeneity was the best phrase for what awaited us, a dozen students from September 2022. The studio's interdisciplinary, investigative approach, with a strong emphasis on the translation of research into design, was a great field to test ourselves on many levels at the same time, after which I realized it would be a journey where theory, urbanism, conceptual thinking, and building technology in architecture would be closer than anything had ever been.

The research and the design were created in an interdisciplinary collaboration with my mentors, Alper Semih Alkan, Florian Eckardt, and Leeke Reinders, for which I will be deeply grateful. 1. Reference to the Oscar-awarded (2022) movie of the same name directed by Daniel Kwan, Daniel Scheinert.

Reflection:

On Statement

The following paper reflects on a study that began with the discovery of a documentary titled Match is an Excuse: soccer, war, and Politics by Anita Werner and Michal Kolodziejczyk. The book's discussion of young people seeking basic social needs by participating in communities centred on football in post-traumatic situations piqued my interest from an architectural and anthropological standpoint. Approaching the studio with an initial study idea proved highly beneficial in framing the problem, and The investigation began with the first statement:

Football, as a global phenomenon, is shaping many people's lives. Naturally, one can antagonize and trivialize it, but positively, it can give people a voice to express themselves and fulfil the basic need to belong. Especially the grassroots authenticity of so-called football tribes plays an essential role in nowaday's world. How, then, can architecture go handin-hand with the power of football's expression of social needs?

The aforementioned football tribes have stayed in the research for longer, expanded further by the notion of play, ludicity, and self-organization in one's urban affordances.

On Research

It was critical to crystallize the terminology in the next section of the study. This prompted me to observe that the term ,play' or ,tribal' continues to excel today beyond anthropology, hitting a sense of identity and distinctness from the larger society around us. Many of the fundamental components of the tribal human organization remain. That investigation is supported by consumer tribes research, emphasizing the importance of popularizing techniques for outsiders (exposure to other tribes), standardizing equipment and practices, or providing a suitable location for the tribe. On the topic of play and self-organization, it became clear that an approach to my research could be found in the unexpected moments hidden in the ordinary and mundane aspects of life. As a result, reaching out to people for cognitive purposes was critical to the success of social research. Observing the space in which people played (whether it was a playground, a sports field, or a housing estate) assisted me in understanding that play occurs everywhere. Still, it can occasionally be activated by fundamental architectural elements. We can learn how to transform the city to people's needs if we agree that space is not just a given but is actively produced through ludic activities and self-organizing practices. This point summarized my design agenda through the next steps of the project.

The investigation was carried out throughout the design process (after P2). During this time, I ascertained the correctness of the theses made. As a result, I led to a final understanding of play as simply an unexpected use of public space that can be encountered as an escape from the stresses of everyday life, with the help of further testing of some design solutions and experimentation on the Burgess Park infrastructure.

This definition became a mantra repeatedly repeated during the subsequent design stages. The path to this point was filled with explorations that frequently required me to step outside my comfort zone. The most difficult challenge was talking to strangers, learning new research methods, or experimenting with different working tools. Finally, the work led to the discovery of a gap in architectural research. Self-organization, play, and ludicity are already known in a discourse. However, they have yet to be investigated together, additionally supported by the modern anthropologist approach to tribalism. Therefore, my research findings and methodology can be used to develop experimental informal initiatives that are ludic experiments in interdisciplinary fields.

On Site

One of the biggest challenges of graduating from Studio Heterogeneous City is locating and selecting your project site. At P1, I fell into the trap of frantically searching for the ideal location for my research topic. London is more intimidating in its scale than it appears, and searching remotely for the right spot based on created parameters is entirely unrealistic. The first trip to London, which helped gather materials for the study, could have been more effective in narrowing down my project location. As a result, I put the search for the site on hold for the time being, believing that the area will be discovered as the city and subject matter are explored further.

A deeper study at the Aylesbury Estate (and its high density of small, enclosed public spaces for play) provided a turning point. The ongoing reconstruction project of the area has severely disturbed local social cohesiveness. For years, voices of resistance on the matter of estate redevelopment had gone unheard, and an intervention based on the temporary use of vacant or post-destruction spaces was to be the fundamental component of my project.

I returned to London, this time better prepared, to conduct further research that included a closer look at the Estate. There was nothing else to do but step outside and initiate a conversation. Unfortunately, once again, the initial assumptions proved to be wrong. My pre-prepared questions proved entirely inappropriate for residents whom the authorities had abandoned. Significant areas of the estate proved to be quite ill-designed and desolate. My romanticsounding techniques appeared a few years out of date. Observing the locals, on the other hand, led me to a vital conclusion. Residents of the Aylesbury Estate and adjoining communities utilised the neighbouring park as a refuge. They were escaping reality there, allowing spontaneous, unexpected events to occur.

 Main question: ,As an architect, what could I do for you, for free' Burgess Park revealed unexpected stories on second sight. The park, like the Aylesbury Estate, was created as part of the same objective of cleaning up slums and industrial areas. However, it never lived up to its full promise. After some time, new housing developments also threaten it, and play spaces are increasingly neglected. Even today, we can see unused spaces, strange-looking artefacts from the past, and a two-mile-long bicycle highway draining life from the rest of the park. That long line, a remnant of the former Grand Surrey Canal, aided in anchoring my concept and continuing as a part of an architectural design.

On Design

The interdisciplinary approach of the studio encouraged dialogue and exchange of ideas, breaking down the silos that often exist in traditional architectural discourse. This collaborative environment facilitated a deeper exploration of mine agenda, resulting in designs that are not solely driven by formal considerations but above all address social, cultural, and environmental concerns.

The shift from research to design was relatively smooth and straightforward because of the developing of a transparent design agenda and matrix of precedents at the time of P2. The real difficulty was managing workflow in a design organized at multiple scales. Successive iterations got me closer to the final design, yet I needed more time. A breakthrough moment came after an exercise in collaging reference projects. Experimenting with cutouts and the study's findings unlocked the design's potential and further concept development. Five interventions, based on three design principles, enabled me to tame the various iterations that had been developed previously and lead to a more than adequate solution. My design strategy from the start was to work on the urban planning scale (let's call it 1:2000) and the architectural detail scale (1:20). As a consequence of these two components, the final design had to be formed. I stated that it was a challenge due to the ambition and desire to optimally address all elements at all sizes. Such a method appears counterproductive, yet it finally led me to comprehend the interplay between project organization, material and energy flows, and technical solutions to create simple components to manufacture and erect on-site. Furthermore, it was enjoyable to thoroughly examine the many technological solutions in terms of the criteria I had established. Finally, I can present my thought with one graphic and a few words, which is a significant benefit.

The execution of the project led me to some further discussion. Paradoxically, as the profession has historically held a dominant role in shaping urban environments, it now finds itself increasingly dependent on external factors and facing criticism of its relevance and power. As mentioned by Jeremy Till in Architecture Depends or Reiner de Graaf in Four Walls we are more driven by external forces, compromising our ability to address pressing societal issues and the needs of communities. In my opinion, to move forward, it is imperative to recognize the limitations of the traditional architectural paradigm and seek alternative ways of practicing architecture. This requires breaking away from the notion that architecture is a self-contained discipline and embracing interdisciplinary collaboration. By engaging with other fields such as sociology, economics, environmental science, and urban planning, architects can gain a more comprehensive understanding of the complex systems in which they operate.

In the face of the ongoing sale of parks, playgrounds, and allotments in London, the project "Empowering Play" advocates for a shift in urban planning paradigms. It is the architecture that is no longer an exercise in asserting power and control, but is rather as a service to communities and individuals.

Honest thoughts encountered along the way:

On Studio

The Architectural Design Crossover studio's relatively loose approach was nearly a blessing in disguise. When I picked this studio, I wanted it to be a place to genuinely explore my present interests and those discovered along the road. That has unquestionably been fulfilled. Consequently, I am pleased with my accumulated practical and theoretical baggage this year. Furthermore, I know that the project with which I will enter the final presentation reflects the careful decisions and information I have earned during my schooling.

I appreciate the flexibility I felt in selecting the topic of the study, as well as its methodologies, design strategies, and form of representation. I appreciate the opportunity to collaborate crossdisciplinarily with each of my tutors and advisors. The many perspectives on the topic have opened my eyes to how to conduct the work my way. The number of viewpoints, paired with the infinite number of options and the absence of any limitations, was arguably the most significant challenge after repeatedly moving outside one's comfort zone. Looking for additional iterations and pushing myself further due to ambition led to unsettling moments when a project about play stopped exciting me. At the time of the P3 presentation, my anxiety was amplified by comparing myself to other design processes in other graduation studios. I needed ,the design' at that point, which was still far off. Openly expressing my doubts in front of other students and tutors was essential for defining the project's eventual look and, most significantly, returning to play again with my work.

I must also mention a few things about the atmosphere in the studio created by the tutors and students. A year of project collaboration, thousands of discussions, and hundreds of coffees shared brought everyone together, resulting in a fantastic mix of personalities. The project moved forward due to the continual availability of instructors, and the culture of working in the studio formed part of the self-organization I discussed in the project. Above all, I felt comfortable in the general atmosphere, and the individuals I had the pleasure of meeting at graduation are the biggest treasure I will carry beyond the university's doors.

On Myself

I've finished previous presentations in a variety of ways. I am being sure of where I'm going, providing architectural or political manifestos for the future, and confessing to a lack of confidence, my concerns, or the challenges of the ongoing investigation. By bringing my views together in the form of my comments and the final narrative, I intend to leave a trace that contributes to the discussion of alternative approaches to the city, architecture, and grassroots design. It is unquestionably a path I want to follow in my future activities and a first step toward truly coming out from behind the drawing board.

The graduation process has become a journey, the essence of which I now fully understand as I write this paper. Reviewing the notes from the first few weeks, I can figure out how far I've gone in creating the project. Through my project, I have witnessed the transformative power of an alternative approach to architecture firsthand. That heightened awareness serves as a foundation for addressing societal challenges through architecture. I have learned to listen to diverse voices, embrace inclusivity, and prioritize the well-being of individuals and communities. This mindset of empathy and social responsibility will guide me in seeking alternative approaches that prioritize the needs of people over formalist concerns. Through the readiness to embrace unconventional solutions and the commitment to social responsibility, I can contribute to the transformation of architecture into a more inclusive, responsive, and impactful profession. It all sounds like a great challenge, but finally, amid these challenges, I can find myself.

Thank you Dziękuję