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Genetics Contributes to Concomitant Pathology and Clinical Presentation in Dementia with Lewy Bodies

Sven J. van der Lee^{a,b,1,*}, Inger van Steenoven^{a,c,1}, Marleen van de Beek^a, Niccolò Tesi^{a,b,f}, Iris E. Jansen^{a,d}, Natasja M. van Schoor^e, Marcel J.T. Reinders^f, Martijn Huisman^{e,g}, Philip Scheltens^a, Charlotte E. Teunissen^c, Henne Holstege^{a,b}, Wiesje M. van der Flier^{a,e} and Afina W. Lemstra^a ^aAlzheimer Center Amsterdam, Department of Neurology, Amsterdam Neuroscience, Vrije Universiteit Amsterdam, Amsterdam UMC, Amsterdam, The Netherlands ^bSection Genomics of Neurdegenerative Diseases and Aging, Department of Human Genetics Amsterdam UMC, Vrije Universiteit Amsterdam, Amsterdam UMC, Amsterdam, The Netherlands ^cNeurochemistry Laboratory, Department of Clinical Chemistry, Amsterdam Neuroscience, Vrije Universiteit Amsterdam, Amsterdam UMC, Amsterdam, The Netherlands ^dDepartment of Complex Trait Genetics, Center for Neurogenomics and Cognitive Research, Amsterdam Neuroscience, Vrije University, Amsterdam, The Netherlands ^eDepartment of Epidemiology and Data Science, Vrije Universiteit Amsterdam, Amsterdam UMC, Amsterdam Public Health Research Institute, Amsterdam, The Netherlands ^fPattern Recognition & Bioinformatics, Delft University of Technology, Delft, The Netherlands ^gDepartment of Sociology, VU University, Amsterdam, The Netherlands

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Abstract.

Background: Dementia with Lewy bodies (DLB) is a complex, progressive neurodegenerative disease with considerable phenotypic, pathological, and genetic heterogeneity.

Objective: We tested if genetic variants in part explain the heterogeneity in DLB.

Methods: We tested the effects of variants previously associated with DLB (near *APOE, GBA*, and *SNCA*) and polygenic risk scores for Alzheimer's disease (AD-PRS) and Parkinson's disease (PD-PRS). We studied 190 probable DLB patients from the Alzheimer's dementia cohort and compared them to 2,552 control subjects. The p-tau/A β_{1-42} ratio in cerebrospinal fluid was used as *in vivo* proxy to separate DLB cases into DLB with concomitant AD pathology (DLB-AD) or DLB without AD (DLB-pure). We studied the clinical measures age, Mini-Mental State Examination (MMSE), and the presence of core symptoms at diagnosis and disease duration.

Results: We found that all studied genetic factors significantly associated with DLB risk (all-DLB). Second, we stratified the DLB patients by the presence of concomitant AD pathology and found that *APOE* ε 4 and the AD-PRS associated specifically with DLB-AD, but less with DLB-pure. In addition, the *GBA* p.E365K variant showed strong associated with DLB-pure and less with DLB-AD. Last, we studied the clinical measures and found that *APOE* ε 4 associated with reduced MMSE, higher odds to have fluctuations and a shorter disease duration. In addition, the *GBA* p.E365K variant reduced the age at onset by 5.7 years, but the other variants and the PRS did not associate with clinical features.

Boelelaan 1118, 1081 HV, Amsterdam, The Netherlands. Tel.: +31 20 4440816; E-mail: s.j.vanderlee@amsterdamumc.nl.

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¹These authors contributed equally to this work.

^{*}Correspondence to: Sven J. van der Lee, MD, PhD, Alzheimer Center Amsterdam and Department of Clinical Genetics, De

Conclusion: These finding increase our understanding of the pathological and clinical heterogeneity in DLB.

Keywords: Dementia with Lewy bodies, genetic risk factors, genotype-phenotype associations, polygenic risk scores

INTRODUCTION

Dementia with Lewy bodies (DLB) is a complex, progressive neurodegenerative disease. DLB is a clinical diagnosis based on the presence of dementia in combination with one or more of four core symptoms: Parkinsonian features (i.e., bradykinesia, postural instability, and rigidity), visual hallucinations, fluctuations in alertness and cognition, and rapid eye-movement sleep behavior disorder (RBD) [1, 2]. There is considerable phenotypic heterogeneity in terms of clinical symptoms and disease course in DLB. Next to clinical heterogeneity there is also pathological heterogeneity in DLB. The pathological hallmark of DLB is intraneuronal aggregates of pathological alpha-synuclein protein in Lewy bodies and Lewy neurites [3, 4], but in roughly half of DLB patients it is accompanied by Alzheimer's disease (AD) related pathology. AD pathology is defined by extracellular amyloid-B accumulation and intracellular tau deposition [5, 6]. In general, concomitant AD in patients with DLB is best studied at autopsy. However, pathological series are inherently biased due to their retrospective character as only a highly selected subset approves autopsy and AD pathology is measured at the end stage of the disease. This could be overcome by studying concomitant AD pathology in vivo in DLB patients [7, 8]. In previous studies it has been shown that the ratio of t-tau/A β_{1-42} measured in cerebrospinal fluid (CSF) is a good proxy measure to distinguish DLB patients with AD co-pathology from those with low/no AD copathology at autopsy [8].

Both clinical and pathological heterogeneity is poorly understood. By identifying the underlying biological contributions to the heterogeneity between DLB patients we may improve individualized prognosis and personalized treatment [9]. A contributor to heterogeneity within DLB might be its underlying genetic background. The heritability of DLB has been estimated to be 60% [10]. Genome-wide association studies (GWAS) have identified individual variants near or in the *APOE* (Apolipoprotein E), *GBA* (glucocerebrosidase), and *SNCA* (Alpha-synuclein) genes to be consistently associated with DLB [11–17]. Therefore, it is conceivable that these variants also

explain part of the clinical and pathological heterogeneity within DLB. Indeed, neuropathological series suggest GBA and APOE are associated with a more aggressive disease course [13, 18]. APOE has been associated with more frequent amyloid pathology, while GBA variants were more often observed in DLB without AD pathology ('pure' DLB) [6, 19, 20]. Next to these proven DLB variants, we might study the underlying genetic background of DLB by utilizing the findings from large GWAS of AD and Parkinson's disease (PD), as these have clinical and pathological features that overlap with DLB. The most recent GWAS, showed that 39 genomic loci (next to APOE) associated with AD [21] and over 90 genomic loci associated with PD [22]. The relatively small effects of these genomic loci can be combined in polygenic risk scores (PRS) for AD and PD. Indeed, a PRS for AD has reported to be associated with autopsy confirmed Lewy-body pathology [23]. However, this association has not been replicated and it is unclear whether this is also true for a PD genetic risk score and if the scores associate with clinical and pathological heterogeneity.

Here we studied the effects of DLB-associated genetic risk factors in relation to concomitant AD pathology, clinical features of DLB and disease duration in a clinical cohort of DLB patients. We aimed to study the associations of the three established genetic DLB risk factors (APOE, GBA, SNCA) and PRSs for AD/PD with; 1) the risk of DLB in the presence (and absence) of concomitant AD pathology, and 2) age at diagnosis, cognitive performance, the core clinical features of DLB and disease duration).

METHODS

Study population

We included DLB patients who visited the Alzheimer Center Amsterdam between 2001 and 2018 from the Amsterdam Dementia cohort (ADC), with available genotyping data [24]. The diagnosis of DLB was made in a multidisciplinary consensus meeting according to the clinical diagnostic consensus criteria for probable DLB [1, 2]. As part of the clinical diagnostic work-up, all patients had received an extensive standardized and multidisciplinary work-up, including medical history, physical and neurological examinations, neuropsychological testing, electroencephalography (EEG) or magnetoencephalography (MEG), brain magnetic resonance imaging (MRI) and laboratory tests. We identified 197 patients with probable DLB in the ADC; genome-wide array was available for 190 (96%) and these were included in the study. Of the 190 patients, 154 (81%) had AD biomarker level results in CSF available (A β_{1-42} , total tau, and p-tau). A (123)I-FP-CIT-SPECT (DAT-SPECT) was performed at indication of the clinician in 89 (47%) of the DLB patients and 80 (90%) of these scans showed presynaptic dopaminergic deficits and were rated as abnormal. We compared the DLB patients with 2,552 cognitively normal controls of whom genome-wide array data were available. Controls originated from three sources. We included 867 subjects who visited the Alzheimer Center Amsterdam with subjective concerns of cognitive decline, but who showed no abnormalities on clinical or cognitive testing and did not fulfill criteria for mild cognitive impairment, dementia, or other medical conditions potentially causing cognitive decline (i.e., cognitively normal) [24]. Second, population controls from the Longitudinal Aging Study Amsterdam (LASA, n = 1,648) [25, 26]. Third, individuals of a subset of the Netherlands Brain Bank (NBB, http://www.brainbank.nl, n=37) without diagnosis of neurodegenerative disease at autopsy. Supplementary Table 1 shows the demographics of the three control cohorts. All studies were approved by the local medical ethics committee and all subjects gave written informed consent for the use of their clinical, biochemical, and genetic data for research purposes.

Genotyping

Genetic variants were determined as previously described by standard imputation methods [27]. In brief, all cases and controls were genotyped using the Illumina Global Screening Array and we applied established quality control methods [28]. We used for imputation only high-quality genotyping (variant call rate > 98%) in all individuals (individual call rate > 98%) and variants departing from Hardy–Weinberg equilibrium were removed ($p < 1 \times 10^{-6}$). We removed individuals with sex mismatches, individuals of non-European ancestry (based on 1000)

Genomes) [29] and removed one individual from pairs of individuals that have a family relation (identity-by-descent ≥ 0.3) [30]. Genotypes were prepared for imputation using provided scripts (HRC-1000G-check-bim.pl, https://www.well.ox.ac.uk/~ wrayner/tools/) [31]. This script compares variant ID, strand and allele frequencies to the haplotype reference panel (HRC v1.1, April 2016) [31]. Finally, all autosomal variants were submitted to the Michigan imputation server [28]. The server used SHAPEIT2 (v2.r790) to phase data and imputation to the reference panel (v1.1) was performed with Minimac3 [28] and the variants of interest were extracted.

Genetic variants associated with DLB and polygenic risk scores

We selected three previously described genetic risk factors that were associated with DLB [11–16]: rs429358 (NC_000019.9:g.45411941T > C, determines the *APOE* ε 4 allele, imputation quality = 0.99) in *APOE*, rs2230288 (NC_000001.10:g.15520616 7C > T or p.E365K, imputation quality = 0.96) in *GBA*, rs7681440 (NC_000004.11:g.90756550C > G, imputation quality = 0.98) near *SNCA*. The variant near BCL7C/ STX1B (rs897984) was considered, but not selected as it did not associate with DLB in the replication phase, despite adequate sample size.

Polygenic risk scores (PRS)

We calculated a weighted PRS for AD, based on the 39 genetic variants that showed genome-wide significant (GWS) evidence of association with AD [21] (Supplementary Table 2). APOE variants were excluded from the AD-PRS. The weighted PRS for PD was based on 90 genetic variants that showed GWS evidence of association with PD [22] (Supplementary Table 3). For the PRS for PD we excluded variants in or near SNCA (rs356182, rs5019538) and GBA (rs35749011, rs76763715), as variants near these genes have been associated with DLB. The PRSs were generated by multiplying the genotype dosage of each risk allele for each variant by its respective weight and then summing across all variants. The PRSs were normalized (mean = 0, standard deviation = 1). The results odds ratios (OR) or hazard ratios (HR) can be interpreted as the difference per one standard deviation increase in the PRS. The selected variants were directly genotyped or imputed with high quality (median imputation score $R^2 = 0.98$).

Clinical measures in DLB patients

The age at diagnosis was fixed at the age a person was first diagnosed with probable DLB. Global cognitive functioning was measured by the Mini-Mental State Examination (MMSE, score from 0 to 30) [32]. DLB core features were (re-)assessed according to the McKeith 2017 criteria at the time of diagnosis [2]. The presence of visual hallucinations was assessed with the Neuropsychiatric Inventory [33]. The presence of parkinsonism was assessed by a preformatted checklist of the neurological exam scoring on the presence of bradykinesia, rigidity, and/or tremor. The presence of fluctuations and RBD was assessed by reviewing patient's medical charts by two independent raters. Fluctuations were rated positively when patient or caregivers reported that the patients' attention fluctuated during the day and over the weeks. RBD was rated positively when caregivers reported that the patient seem to 'act out' their dreams and if the patient moves extensively during sleep.

Concomitant AD pathology

Concomitant AD pathology in DLB patients, hereinafter referred to as DLB-AD, was defined as a ratio of CSF phosphorylated tau (Ptau)/A $\beta_{1-42} \ge 0.054$ (Willemse EAJ, in preparation). CSF was obtained by lumbar puncture between the L3/L4, L4/L5, or L5/S1 intervertebral space using a 25-gauge needle and a syringe and collected into 10 mL polypropylene tubes (Sarstedt, Nümbrecht, Germany), following the international biobanking consensus guidelines for CSF [34]. CSF was routinely analyzed for levels of A β_{1-42} , total tau, and p-tau with commercial Enzyme-linked immunosorbent assays (ELISA) (Innotest®, Fujirebio, Gent, Belgium). Aβ₁₋₄₂ measures were adjusted for an upward drift over time as previously described [35]. Of the 190 patients with DLB, 154 (81%) patients had CSF measures of $A\beta_{1-42}$ and total tau.

Mortality

For each DLB patient all-cause mortality information (died yes/no, and date of death) was collected using the Dutch municipal population register (until May 1, 2020). We defined survival time as the time (in years) between the year of the patient's diagnosis, and either the date of death, or May 1, 2020 for alive patients.

Statistical analyses

We assumed additive genetic effects for all variants. Variant effects were reported for the allele that increases the risk on DLB according to literature (for SNCA this is not the minor allele). All analyses were adjusted for 5 ancestry components to control for confounding by population stratification [36]. First, we performed a case-control analysis to confirm the association with risk for DLB and associate the AD-PRS and PD-PRS with DLB. We compared all DLB cases with controls, calculated OR and estimated 95% confidence intervals (CI) using logistic regression models. Then, we split our case group in DLB-AD and pure-DLB and re-calculated OR and CIs using logistic regression models for both subgroups separately. Subsequently, we studied the effects of the genetic variants on clinical features within the DLB cases. With linear regression models we tested the association of the genetic variants on age at onset and MMSE. With logistic regression models we tested the association of the genetic variants and PRSs with the four core features of DLB. With Cox proportional hazards models we tested the effect on survival as time (in years) from DLB onset to death, while adjusting for age at diagnosis. Finally, we tested for statistical interaction (multiplicative) between the clinical features (age at onset, MMSE, core symptoms, and survival) and concomitant AD pathology. Associations with a Pfdr < 0.05 after correction for multiple testing using a false discovery rate (fdr) [37] were considered significant. All analyses were performed in R (verion 3.6.0), the 'survival' package (version 2.44-1.1) was used for Cox proportional hazard models and the package 'forestplot' was used to create the forest plots.

RESULTS

Study population

Demographic, clinical characteristics, and CSF biomarker values/measures of cases and controls are presented in Table 1. The 190 patients with DLB had an average age at diagnosis of 69 years (SD = 7), and 81% of the patients were male; therefore, sex was included as covariate in all analyses. In the 157 cases an AD biomarker profile was present. A profile indicating the presence of AD (DLB-AD) was present in 85 (54%) and 72 (46%) DLB patients did not have an AD biomarker profile and therefore classified as DLB-pure.

Characteristics of the study population				
	DLB (all, <i>n</i> = 190)	Controls $(n=2,552)$		
Sex, <i>n</i> (%)				
Male	155 (81.6%)	1318 (51.6%)		
Female	35 (18.4%)	1234 (48.4)		
Age ^a , mean (SD)	69.0 (6.8)	62 (7.9)		
MMSE, mean (SD)	22.5 (4.7)	28 (2)		
DLB symptoms, n (%)				
Visual hallucinations	122 (65.2%)			
Parkinsonism	132 (71.7%)			
Fluctuations	134 (80.7%)			
RBD	100 (69.9%)			
CSF markers, mean (SD) ^b				
$A\beta_{42}$ (pg/ml)	828 (238)	1087 (236)		
tau (pg/ml)	352 (201)	282 (159)		
p-tau (pg/ml)	52.1 (23.6)	47.6 (21)		
With AD biomarker profile (%)	82 (53%)	130 (19.8%)		
Survival (DLB patients only)				
Dead (<i>n</i> , %)	118 (69.8%)			
Follow-up time, years	4.7 (2.2)			

Table 1

Data are presented as mean (SD) or n (%). ^aAge at inclusion for controls and age at diagnosis for cases. ^bCSF available for 656 controls (26%) and 154 (81%) DLB patients. A β_{42} , amyloid β_{1-42} ; CSF, cerebrospinal fluid; DLB, dementia with Lewy bodies; MMSE, Mini-Mental State Examination; N/A, not applicable; p-tau, tau phosphorylated at threonine 181; RBD, rapid eye movement (REM) sleep behavior disorder.

Association with risk of DLB, DLB-AD, and DLB-pure

Also in our cohort the three DLB variants were associated with an increased risk of DLB (Fig. 1): APOE $\epsilon 4$ (OR = 2.5, $p_{fdr} = 4.5 \times 10^{-14}$), *GBA* (OR = 4.7, $p_{fdr} = 1.6 \times 10^{-13}$), and *SNCA* $(OR = 1.4, p_{fdr} = 1.1 \times 10^{-2})$. We show that a both a higher genetic risk for AD (the AD-PRS) as well as a higher genetic risk for PD (the PD-PRS) was associated with an increased risk for DLB. The AD-PRS increased the odds for DLB with 1.3 per 1-SD increase in the PRS ($p_{fdr} = 2.9 \times 10^{-2}$), PD-PRS increased the odds for DLB with 1.2 per 1-SD increase in the PRS ($p_{fdr} = 1.3 \times 10^{-2}$). When we subsequently analysed DLB-AD and DLB-pure separately, we found strong differential effects for APOE E4 and GBA on the risk for DLB-AD and DLB-pure (Fig. 1). The risk of APOE ɛ4 allele was associated with a 3.6-fold ($p_{fdr} = 2.3 \times 10^{-13}$) increased risk of DLB-AD, compared to 1.5-fold increased risk of DLB-pure, which was not significant ($p_{fdr} = 8.6 \times 10^{-2}$). In contrast, *GBA* E365K associated with an 8.8-fold $(p_{fdr} = 1.4 \times 10^{-16})$ increased risk of DLB-pure, compared to a 3-fold $(p_{fdr} = 2.9 \times 10^{-3})$ increased risk with DLB-AD. The AD-PRS only associated with DLB-AD (OR = 1.4,

Gene/PRS	DLB subtype	OR	Freq-Co vs. Ca	P-value	P-adjusted	
APOE e4	DLB (all)	2.53 [2.0-3.2]	17% vs 34%	6.0e-15	4.5e-14*	
(rs429358)	DLB-AD	3.58 [2.6-5.0]	17% vs 41%	6.0e-14	2.3e-13*	
	DLB-pure	1.45 [1.0-2.2]	17% vs 23%	7.5e-02	8.6e-02	
GBA p.E365K	DLB (all)	4.66 [3.1-6.9]	2% vs 10%	3.1e-14	1.6e-13*	
(rs2230288)	DLB-AD	2.99 [1.5-5.8]	2% vs 6%	1.2e-03	2.9e-03*	
	DLB-pure	8.83 [5.4-14.5]	2% vs 17%	9.2e-18	1.4e-16*	
SNCA	DLB (all)	1.36 [1.1-1.7]	56% vs 63%	5.0e-03	1.1e-02*	
(rs7681440)	DLB-AD	1.30 [0.9-1.8]	56% vs 62%	1.1e-01	1.1e-01	- - -
	DLB-pure	1.39 [1.0-2.0]	56% vs 64%	6.2e-02	7.7e-02	
AD-PRS	DLB (all)	1.28 [1.1-1.5]		1.0e-03	2.9e-03*	-=-
(APOE excluded)	DLB-AD	1.35 [1.1-1.7]		7.7e-03	1.3e-02*	
	DLB-pure	1.10 [0.9-1.4]		4.3e-01	4.3e-01	
PD-PRS	DLB (all)	1.22 [1.1-1.4]		8.0e-03	1.3e-02*	
(GBA and SCNA	DLB-AD	1.25 [1.0-1.6]		4.6e-02	6.3e-02	-
excluded)	DLB-pure	1.27 [1.0-1.6]		4.6e-02	6.3e-02	

Fig. 1. Association of genetic factors with the risk of dementia with risk variants with all DLB (grey), DLB with concomitant AD pathology (DLB-AD, red), and DLB without concomitant AD pathology (DLB-pure, blue). The allele frequency in cases and controls is shown (note this is not the same as carrier frequency). Effects are calculated by comparing the different DLB case groups to the same group of controls. DLB, dementia with Lewy bodies; DLB-AD, DLB with concomitant AD pathology; DLB-pure, DLB without concomitant AD pathology; *APOE*, Apolipoprotein E; *GBA*, Glucocerebrosidase; PRS, polygenic risk score; *SNCA*, Alpha-synucleir; OR, odds ratio.

 $p_{fdr} = 1.3 \times 10^{-2}$), but not with DLB-pure. For SNCA and the PD-PRS the effects were comparable in DLB-AD and DLB-pure (Fig. 1). All allele counts and frequencies in all groups are reported in Supplementary Table 4. Important to note is that there were no major differences in the frequencies of the variants between the different control populations. All single variant associations from the AD-PRS and PD-PRS are in Supplementary Tables 5 and 6. We screened the single variant effects for interesting insights. In the AD-PRS no single variant association stood out. In the PD-PRS the genes associated with the two most significant single variants were involved in the same biological process. These were rs6825004 intronic to Scavenger Receptor Class B Member 2 (SCARB2) and a missense p.Met311Thr in Transmembrane Protein 175 (TMEM175). For both variants, the alleles that increased PD risk showed larger OR for DLB than for PD; for SCARB2 OR_{DLB} = 1.76 versus $OR_{PD} = 1.06$ and for *TMEM175* $OR_{DLB} = 1.24$ versus $OR_{PD} = 1.49$. This is interesting as both SCARB2 and TMEM175 are genes of which the protein product is involved in lysosome functioning.

Association with clinical features of DLB

Associations between genetic variants and clinical features of DLB are shown in Fig. 2. There was a strong association between GBA and age at diagnosis of disease. Carriers of the GBA risk variant had a 5.7-year earlier age at diagnosis of DLB per risk allele (95% CI 3.6 to 7.8 years, $p_{fdr} = 9.4 \times 10^{-6}$). MMSE at time of diagnosis was 1.5 point lower in APOE $\varepsilon 4$ carriers (p_{fdr} = 4.2×10^{-2}). APOE $\varepsilon 4$ carriers were more likely to experience fluctuations as a core symptom (OR = 3.3, $p_{fdr} 4.2 \times 10^{-2}$). None of the genetic variants associated with RBD, hallucinations or parkinsonism ($p_{fdr} < 0.05$). The APOE $\varepsilon 4$ allele predisposed for a 1.6-fold increased risk of mortality ($p_{fdr} = 4.2 \times 10^{-2}$, Fig. 2). Finally, we tested for interaction effect of the genetic variants with concomitant AD pathology (Supplementary Table 7) on the clinical measures, but there were no significant interactions.

DISCUSSION

Better understanding the genetics underlying DLB is important to understand the clinical presentation and predict the disease course. Here, we showed that genetic factors known to be associated with risk of DLB, are also important drivers of pathological and clinical heterogeneity in a clinical DLB cohort. *GBA* specifically predisposed for DLB-pure and earlier onset, while *APOE* predisposed for DLB-AD, lower MMSE, and a more progressive disease course. This suggests that *APOE* and *GBA* differentially affect the biological processes that lead to DLB. In addition, we found that the polygenic risk for AD and PD both increased the risk for DLB emphasizing the role of to-be-discovered genetic factors in DLB. The association of the AD-PRS was stronger with DLB-AD, but there was no association with specific clinical features.

We extend previous findings in postmortem series of the association of APOE and GBA with DLB in the presence or absence of AD pathology, by analyzing the CSF and measuring AD pathology in vivo [6, 20]. In this large cohort of DLB patients, the GBA missense mutation (p.E365K) was a strong risk factor for DLB-pure and less so for DLB-AD. The 8.8-fold risk increase for DLB-pure is very high (usually in the range 1.1 to 1.5) [38] for a relatively common variant (2% of the European ancestry populations carries the variant) making this variant a major contributor to pure DLB in the general population. It is likely that the contribution of variants in GBA is even larger because other GBA variants were missed as we did not use sequencing techniques. Previously, APOE was shown a risk factor for AD-DLB as well as pure DLB [6, 39]. We confirm this association but note that APOE £4 was only very weakly associated with DLBpure (OR = 1.5). The smaller effect for APOE ε 4 for pure DLB compared to previous estimates might be due to the fact that we assessed AD pathology earlier in the disease course. A stronger effect might be expected in pathological studies if APOE causes AD pathology later in the DLB disease course. The strong differential risks of GBA and APOE variants in relation to the presence of amyloid pathology warrant that future gene-discovery studies should consider stratified analyses for DLB-AD and DLB-pure to discover genetic factors that only effect one of both. Of interest is our observation that the single variants from the PD-PRS most strongly associated with all DLB were variants near two genes (TMEM175 and SCARB2) both involved in lysosomal function/reordering and the larger OR for DLB compared to PD suggests that PD-genes that are involved in lysosome function also play an important role in the development of DLB.

In addition to modifications of disease risk our study shows that the genetic variants influence clinical features of DLB patients. *APOE* $\varepsilon 4$ showed most

Trait	Gene/PRS:	Effect [95%CI]	Age at diagnosis (years)	P-value	P-adjusted
Age at diagnosis	APOE (e4)	-1.25 [-2.7:0.2]		9.5e-02	3.0e-01
	GBA (E365K)	-5.71 [-7.8:-3.6]		2.7e-07	9.4e-06*
	SNCA	-0.15 [-1.5:1.3]		8.4e-01	9.2e-01
	AD-PRS	-0.37 [-1.4:0.6]		4.7e-01	7.5e-01
	PD-PRS	-0.85 [-1.9:0.2]		1.0e-01	3.0e-01
			-8 -4 -2 0 2 4 6		

Trait	Gene/PRS:	Effect [95%CI]	MMSE at baseline	P-value	P-adjusted
MMSE at baseline	APOE (e4)	-1.50 [-2.5:-0.5]		3.8e-03	4.2e-02*
	GBA (E365K)	0.27 [-1.3:1.8]		7.3e-01	8.5e-01
	SNCA	0.60 [-0.4:1.6]		2.3e-01	5.3e-01
	AD-PRS	-0.51 [-1.2:0.2]		1.6e-01	4.2e-01
	PD-PRS	-0.27 [-1.0:0.4]		4.6e-01	7.5e-01
			-4 -2 0 2 4		

Core symptom:	Gene/PRS:	Effect [95%CI]	Odds ratio for symptom	P-value	P-adjusted
Parkinsonism	APOE (e4)	0.88 [0.53-1.44]		6.0e-01	8.1e-01
	GBA (E365K)	1.52 [0.66-3.54]		3.3e-01	7.2e-01
	SNCA	1.04 [0.65-1.67]		8.7e-01	9.2e-01
	AD-PRS	0.98 [0.70-1.37]		9.1e-01	9.3e-01
	PD-PRS	1.07 [0.75-1.52]	- -	7.2e-01	8.5e-01
Hallucinations	APOE (e4)	1.69 [1.03-2.77]		3.6e-02	2.1e-01
	GBA (E365K)	0.88 [0.44-1.79]		7.3e-01	8.5e-01
	SNCA	1.56 [1.00-2.44]		5.2e-02	2.6e-01
	AD-PRS	1.14 [0.84-1.57]		4.0e-01	7.5e-01
	PD-PRS	1.10 [0.79-1.52]		5.7e-01	8.0e-01
Fluctuations	APOE (e4)	3.26 [1.52-7.01]		2.5e-03	4.2e-02*
	GBA (E365K)	0.71 [0.28-1.83]		4.8e-01	7.5e-01
	SNCA	0.80 [0.44-1.47]		4.7e-01	7.5e-01
	AD-PRS	1.49 [0.97-2.31]		7.2e-02	3.0e-01
	PD-PRS	0.85 [0.54-1.34]		4.9e-01	7.5e-01
RBD	APOE (e4)	1.64 [0.92-2.95]		9.5e-02	3.0e-01
	GBA (E365K)	1.76 [0.71-4.37]		2.2e-01	5.3e-01
	SNCA	1.21 [0.71-2.06]		4.9e-01	7.5e-01
	AD-PRS	1.01 [0.70-1.47]	- u -	9.4e-01	9.4e-01
	PD-PRS	0.71 [0.48-1.06]		9.4e-02	3.0e-01
			0.30 0.50 0.75 1.5 2.0 3.0		

Trait	Gene/PRS:	Hazard Ratio [95%CI]	Annual hazard HR	P-value	P-adjusted
Mortality	APOE (e4)	1.57 [1.15-2.14]		4.8e-03	4.2e-02*
-	GBA (E365K)	1.68 [1.08-2.61]		2.2e-02	1.5e-01
SNCA 0.92 AD-PRS 1.02 PD-PRS 0.96	0.92 [0.71-1.20]		5.5e-01	8.0e-01	
	1.02 [0.85-1.23]		8.5e-01	9.2e-01	
	0.96 [0.79-1.15]		6.4e-01	8.2e-01	
			0.30 0.50 1.0 1.5 3.0		

Fig. 2. Association of genetic factors with; age at diagnosis (years), Mini-Mental State Examination (MMSE) at baseline (points on a 0–30 scale), presence of core symptoms of DLB (odds to have the symptom at diagnosis) and mortality after diagnosis (annualized hazard ratio). *APOE*, Apolipoprotein E; *GBA*, Glucocerebrosidase; *SNCA*, Alpha-synuclein; MMSE, Mini-Mental State Examination; PRS, polygenic risk score; OR, odds ratio; HR, hazard ratio.

effects; APOE E4 associated with lower MMSE, more fluctuations, and shorter survival after diagnosis. The association with survival after diagnosis is a replication of previous findings [18, 40]. It is conceivable that the observed shorter survival is due to the higher prevalence of concomitant AD pathology conferred by APOE ε 4, which in turn leads to shorter survival. However, we did not observe an interaction with AD pathology, and therefore these results support that APOE has an independent effect on formation of alpha-synuclein pathology [19, 39], which leads to a more progressive disease course. We have previously reported a lower MMSE at baseline in the presence of amyloid pathology [7, 41], which could explain the effect of APOE £4 on MMSE. However, we found no interaction between APOE $\varepsilon 4$ and concomitant AD pathology in this study, suggesting the effect of APOE E4 on MMSE is independent of AD pathology [42]. More investigations are necessary to confirm these associations. With respect to the core symptoms of DLB, we only found effects on fluctuations (with APOE ε 4) which in turn are highly correlated with cognitive function. Only the GBA variant had an effect on age at diagnosis; it reduced the age by almost 6 years, which is in line with an earlier report [13]. Of note, the four DLB patients who carried two copies of GBA p.E365K had an average onset age of 51 years, suggesting the age effect is larger for homozygote carriers. PD carriers of GBA mutations also have an earlier onset, but they are also more likely to have higher UPDRS-III scores, develop dementia faster, and have a shorter time until dopamine wearing-off phenomena [43, 44]. Our findings in DLB are in contrast with these findings in PD, as in our DLB patients, the GBA variant did not associate with other clinical measures.

Limitations

The main strength of this study is the CSF measures and structured assessment of the patients with DLB. A total of 190 patients is low in absolute numbers of patients for genetic association studies, yet we were able to replicate the associations with DLB of all genetic factors, possibly because all underwent standardized work up with comprehensive clinical assessment and extensive diagnostics. A limitation is that our ascertainment of some of the clinical core symptoms was retrospective from patient medical records as not all patients were systematically assessed for the presence/absence of the four core symptoms. For example, the use of standardized rating scales for fluctuations and RBD might have increased the chance of finding associations. A last limitation is that the patients were recruited entirely in a memory clinic, creating a possible selection bias in the type of DLB-patients that were included [45].

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SUPPLEMENTARY MATERIAL

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