# Warming up for the cooling down

The integration of adaptation strategies to the Urban Heat Island effect into urban design



# Hot summer day



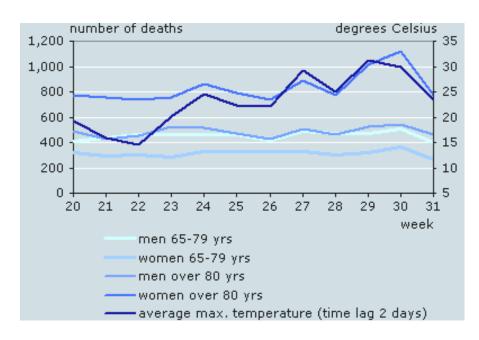






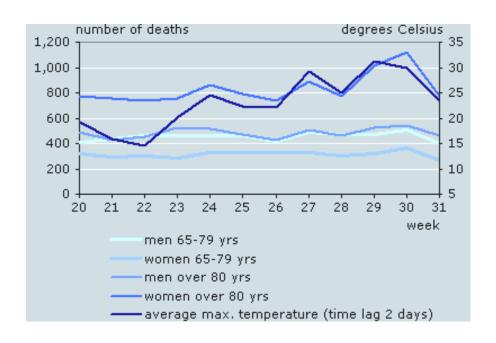
### 1000 extra deaths

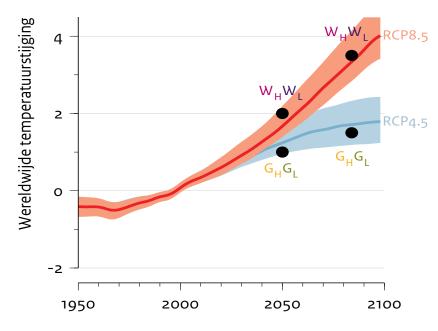
## Consequences of heat





## Consequences of heat

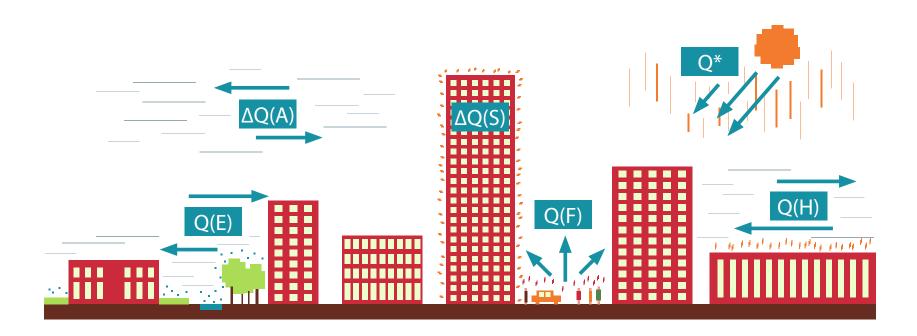








### **Urban Heat Island effect**



## Causes of heat in the city

- Materials with low albedo
- Mechanical cooling systems
- Lack of vegetation/soil
- Lack of water structures
- Anthropogenic heat
- High roughness structure













### Heat related characteristics

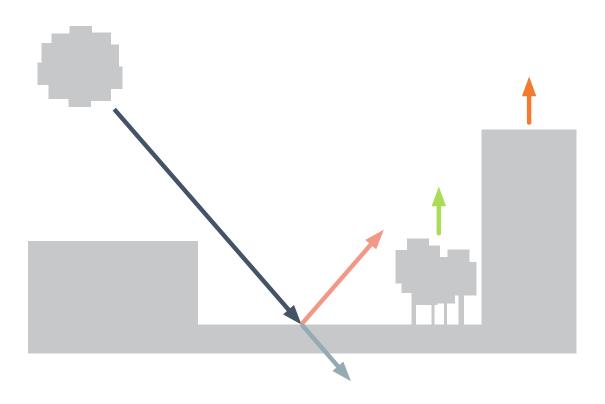
Shadow: reduces radiation

Albedo: reflects radiation

Pervious surface: does not store heat

Sky-view factor: releases heat

Vegetation/water: evapo(transpi)rates



## Effectivity of adaptation measure

weak moderate strong

### Public / private outdoor space

Reduces radiation

Reflects radiation

Does not store heat

Releases heat

Evapo(transpi)rates

### **Buildings**

Reduces radiation

Reflects radiation

Evapo(transpi)rates

## Effectivity of adaptation measure

[	weak	moderate	strong	
Public / private outdoor space		measured for surface of area of intervention		
Reduces radiation	< 20 %	20 - 50 %	> 50 %	average % covered with shade in Jun-Aug
Reflects radiation	< 0,10	0,10 - 0,30	> 0,30	average albedo
Does not store heat	< 33 %	33 - 66 %	> 66 %	% covered with pervious surfaces
Releases heat	< 0,33	0,33 - 0,66	> 0,66	average sky-view factor
Evapo(transpi)rates	< 20 %	20 - 30 %	> 30 %	% covered (evaporative) vegetation/water
Buildings		measured for surface of	concerning buildings	
Reduces radiation	< 20 %	20 - 50 %	> 50 %	average % covered with shade in Jun-Aug
Reflects radiation	< 0,10	0,10 - 0,30	> 0,30	average albedo
Evapo(transpi)rates	< 20 %	20 - 30 %	> 30 %	% covered (evaporative) vegetation/water

## Adaptation strategies: case comparison

### Antwerp

- Scheldekaaien
- Theater square



- Olympic park
- Jubilee gardens



- Ørestaden
- Nordhavnen













# Example: Scheldekaaien, Antwerp

### before



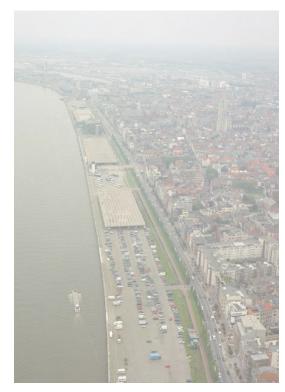
after





## Example: Scheldekaaien, Antwerp

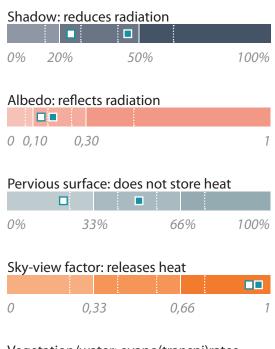
### before







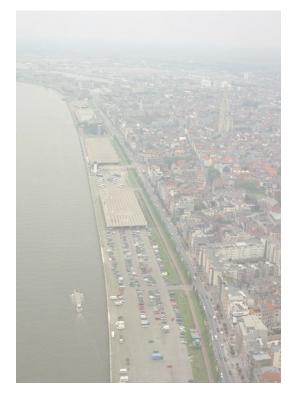






## Example: Scheldekaaien, Antwerp

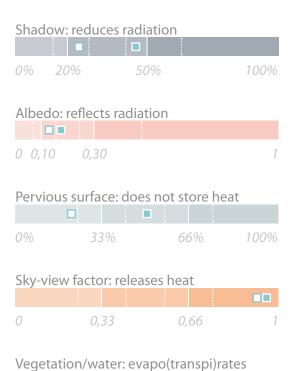
### before

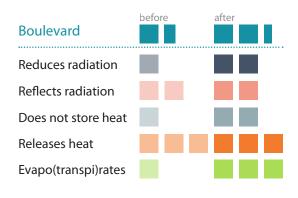










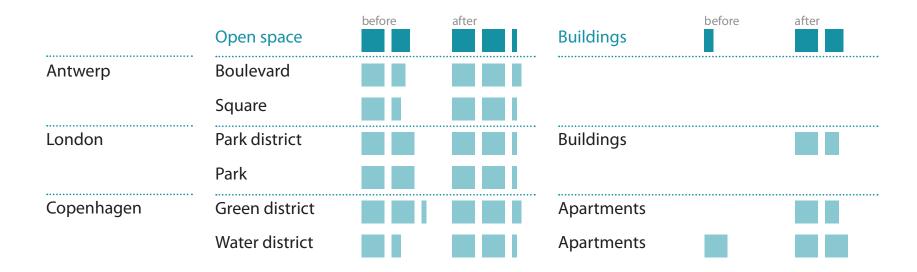


after

20% 30%

□ before

## Conclusions from case comparison



### **Conclusions:**

- All adaptation strategies have led to improved situations.
- Both large scale and small scale projects are effective.

## Pattern language

### 9. Water stream

A water stream is very shallow and moves. which does not allow heat to be stored, and helps to release heat both passively and actively.



Releases heat Evaporates

Water streams can be constructed in a formal or informal way. When it is done in an informal way, it often looks like a natural water stream. Formal designs are more often used in an urban context. Moving water is attractive for children to play with, and because the water stream is very shallow, it is safe to do this. Also, it is possible to make crossings over the water stream, with the result that it is not a barrier. Sometimes have, is that people can touch the water to the stream is small enough to reach the other side by taking one step only. Besides the dynamic effect of the streaming water, it also creates a calm sound.



By creating a water stream, the temperature can be lowered in different ways. Besides the fact that the streaming water does not store heat, it also releases heat in a passive and active way. The air above the water cools down, because the heat goes up to the open sky above it. Also, the water evaporates, which leads to lower temperatures. An extra effect the water stream can cool themselves as well.

- The water body should not be a barrier for the surrounding area.
- It should be possible to construct a height difference and a water pump system.

### Heat characteristics

### - does not store heat:

the small layer of streaming water does not store much heat - releases heat:

heat is released to the air above the water - evaporation:

by means of evaporation, the water can cool the air

### Application scale

- street scale
- neighbourhood scale

### Typologies of space

- shopping center
- square - park
- green zone

### Combination with other patterns

- fountain

- high albedo pavement

### Bospolder-Tussendijken

For a water stream it is an advantage when be found in the area along the Dakpark. Some other larger areas have a slight difference in height, but then an extra height difference should be added. The water stream is mainly helpful against heat area, there is a height difference as well. in terms of perviousness and evaporation.

In the Lijnbaan area some height there is a natural height difference. This can differences can be found. Therefore, it is possible to create a very small waterstream in the shopping streets. The inner courtyards are also suitable to construct a waterstream. In the southern part of the





## Pattern language

### hypothesis/summary

### 9. Water stream

A water stream is very shallow and moves. which does not allow heat to be stored, and helps to release heat both passively and actively.



Water streams can be constructed in a formal or informal way. When it is done in an informal way, it often looks like a natural water stream. Formal designs are more often used in an urban context. Moving water is attractive for children to play with, and because the water stream is very shallow, it is safe to do this. Also, it is possible to make crossings over the water stream, with the result that it is not a barrier. Sometimes the stream is small enough to reach the other side by taking one step only. Besides the dynamic effect of the streaming water, it also creates a calm sound.



By creating a water stream, the temperature can be lowered in different ways. Besides the fact that the streaming water does not store heat, it also releases heat in a passive and active way. The air above the water cools down, because the heat goes up to the open sky above it. Also, the water evaporates, which leads to lower temperatures. An extra effect the water stream can have, is that people can touch the water to cool themselves as well

- The water body should not be a barrier for the surrounding area. - It should be possible to construct a height difference and a water pump system.

### Heat characteristics

- does not store heat: the small layer of streaming water does not store much heat - releases heat:

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by means of evaporation, the water can cool the air

### Application scale

- street scale
- neighbourhood scale

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- square
- park
- green zone

### Combination with other patterns

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### Bospolder-Tussendijken

For a water stream it is an advantage when there is a natural height difference. This can differences can be found. Therefore, it is be found in the area along the Dakpark. Some other larger areas have a slight difference in height, but then an extra height difference should be added. The water stream is mainly helpful against heat area, there is a height difference as well. in terms of perviousness and evaporation.

context application

In the Liinbaan area some height possible to create a very small waterstream in the shopping streets. The inner courtyards are also suitable to construct a waterstream. In the southern part of the



description/ ----explanation

possible application ----in neighbourhoods Rotterdam

### Example pattern

### 9. Water stream

A water stream is very shallow and moves, which does not allow heat to be stored, and helps to release heat both passively and actively.



### Context

Water streams can be constructed in a formal or informal way. When it is done in an informal way, it often looks like a natural water stream. Formal designs are more often used in an urban context. Moving water is attractive for children to play with, and because the water stream is very shallow, it is safe to do this. Also, it is possible to make crossings over the water stream, with the result that it is not a barrier. Sometimes the stream is small enough to reach the other side by taking one step only. Besides the dynamic effect of the streaming water, it also creates a calm sound.



### Solution

By creating a water stream, the temperature can be lowered in different ways. Besides the fact that the streaming water does not store heat, it also releases heat in a passive and active way. The air above the water cools down, because the heat goes up to the open sky above it. Also, the water evaporates, which leads to lower temperatures. An extra effect the water stream can have, is that people can touch the water to cool themselves as well.

### **Physical restrictions**

- The water body should not be a barrier for the surrounding area.
- It should be possible to construct a height difference and a water pump system.

### Example pattern

### Heat characteristics

- does not store heat:

the small layer of streaming water does not store much heat

- releases heat:

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- evaporation:

by means of evaporation, the water can cool the air

### Application scale

- street scale
- neighbourhood scale

### Typologies of space

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### Combination with other patterns

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- high albedo pavement

### Bospolder-Tussendijken

For a water stream it is an advantage when there is a natural height difference. This can be found in the area along the Dakpark. Some other larger areas have a slight difference in height, but then an extra height difference should be added. The water stream is mainly helpful against heat in terms of perviousness and evaporation.

### Cool

In the Lijnbaan area some height differences can be found. Therefore, it is possible to create a very small waterstream in the shopping streets. The inner courtyards are also suitable to construct a waterstream. In the southern part of the area, there is a height difference as well.

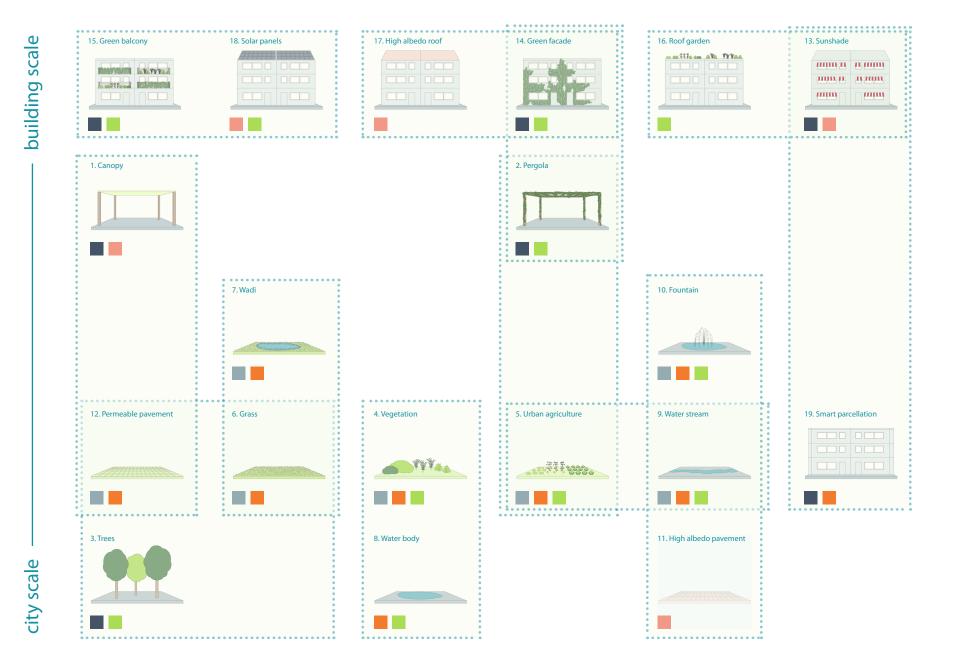




### **Patterns**

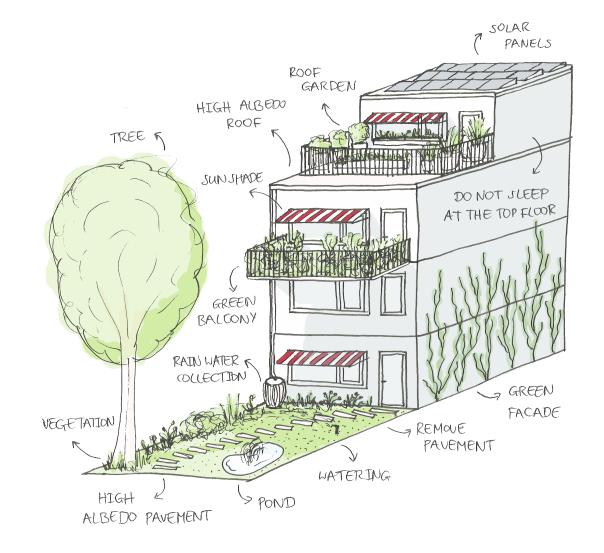
urban agriculture roof garden water body solar panels high albedo pavement pergola green balcony green facade trees wadi canopy smart parcellation sunshade permeable pavement vegetation grass water stream high albedo roof

## Pattern model

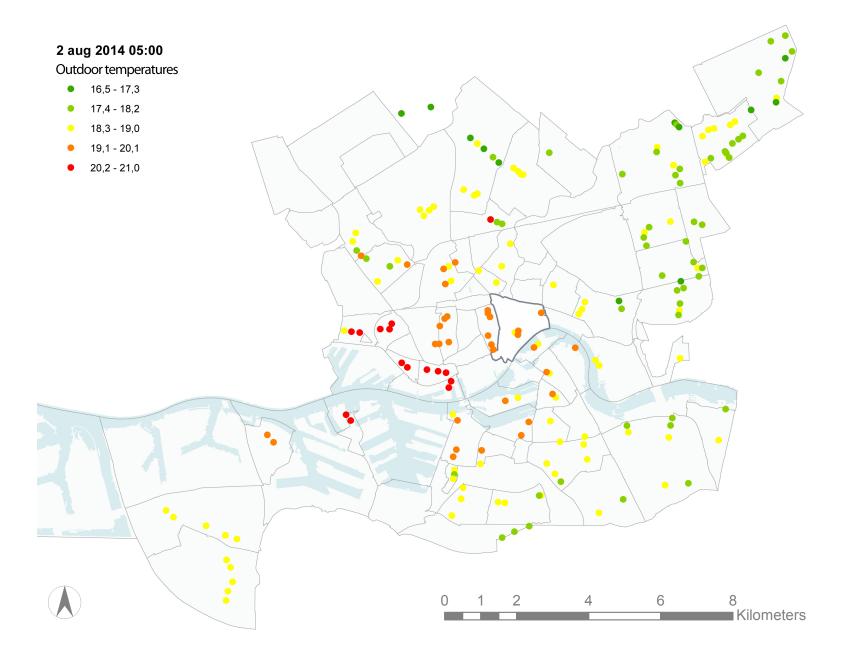


### What inhabitants can do

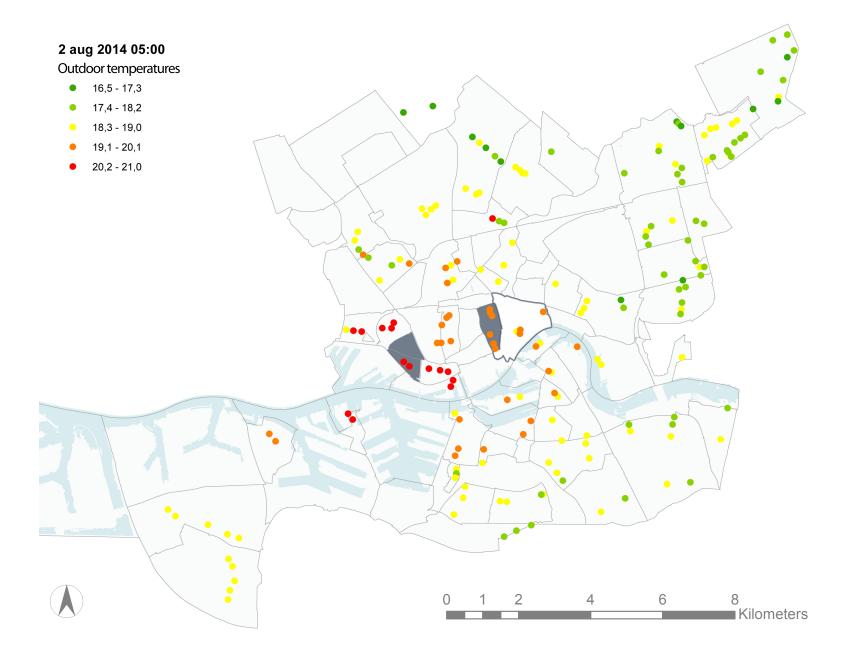
- 1. Keep windows closed.
- 2. Keep the sun out of the house.
- 3. Make the house heat proof.
- 4. Make the garden heat proof.



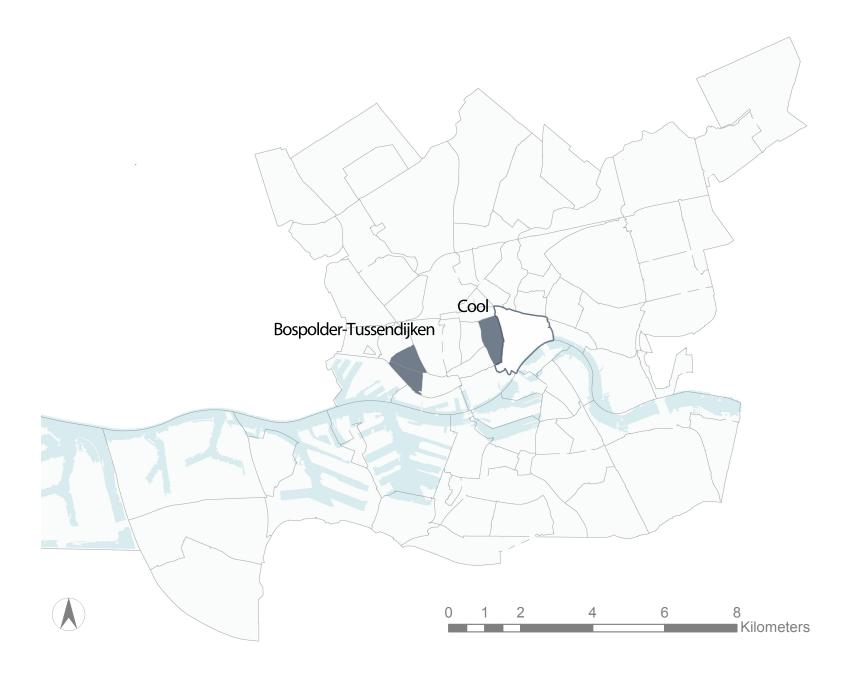
### What Rotterdam can do



### What Rotterdam can do



## Two neighbourhoods as test case



# Areas of development



### **Current situation**

- Only used twice a week for the market
- Empty space, out of proportion

### Goals

- Multifunctional use of the community building
- Market as determinative element for neighbourhood



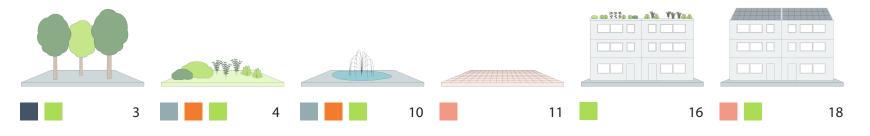


Variant 1: Focus on policies



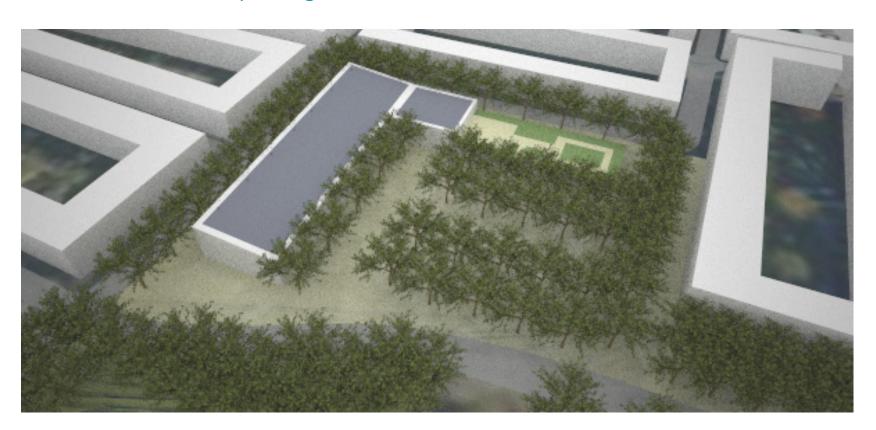
Variant 1: Focus on policies







Variant 2: Focus on improving the heat characteristics



Variant 2: Focus on improving the heat characteristics







# Urban designs









## Conclusions urban designs

### Variant 1: focus on policies

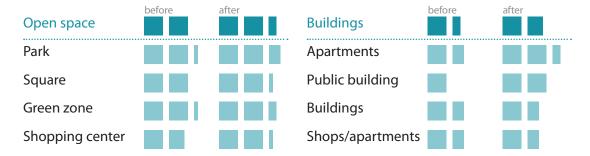
Open space	before	after	Buildings	before	after
Park			Apartments		
Square			Public building		
Green zone			Buildings		
Shopping center			Shops/apartments		

Variant 2: focus on heat related characteristics

Open space	before	after	Buildings	before	after
Park			Apartments		
Square			Public building		
Green zone			Buildings		
Shopping center			Shops/apartments	5	

## Conclusions urban designs

### Variant 1: focus on policies



Variant 2: focus on heat related characteristics

Open space	before	after	Buildings	before	after
Park			Apartments		
Square			Public building		
Green zone			Buildings		
Shopping center			Shops/apartments		

### **Conclusions:**

- All urban designs have led to improved situations in terms of heat characteristics.
- There is a slight difference in effectivity between the variants for open spaces.
- Variant 2 is especially more effective for buildings.



### Thank you!

