

Effects of initial and boundary conditions on gravel-bed river morphology

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1 Effects of initial and boundary conditions on gravel-bed river morphology

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16 Key Points:

- The equilibrium width of single-thread channels and the active width of braided rivers do notdepend on initial conditions.
- 19 The initial channel width is found to affect the braid-belt extension, as well as the bed level of 20 river systems.
- 21 The width and the planform of river channels are primarily controlled by sediment input and
- 22 to a lesser extent by discharge variability.
- 23 24

25 Abstract

26 Assuming that the equilibrium geometry of river channels does not depend on their initial state 27 but solely on boundary conditions, several formulas have been derived that relate the channel 28 depth and width to the river bankfull discharge and bed material. However, due to the existence 29 of a threshold for sediment motion and the strong non-linearity between sediment transport and 30 flow rate, this assumption might not be generally valid for gravel-bed rivers. This research 31 clarifies the role of the initial conditions, more specifically the initial channel width, on the 32 geometry of gravel-bed rivers considering a variety of boundary conditions. The approach 33 includes laboratory experiments and two-dimensional modelling, reproducing the evolution of 34 alluvial channels with different starting widths, discharge regimes and sediment input rates. 35 The experiments represent the Arc River (France). Thus, the characteristics of this river were 36 used in the numerical model to obtain a realistic virtual case complementing the experiments. 37 Different boundary and starting conditions resulted in either braided or single-thread channels. We found that the initial width strongly influences the evolution process and leaves a footprint 38 39 on the river braid-belt extension. The active width of braided systems and the width of single-40 thread channels do not depend on the starting condition. They depend on sediment input rather than on discharge variability. Different initial widths result in different final bed levels. This 41

- 42 indicates that the initial channel width may affect the degree of channel incision or aggradation.
- 43 The results of this study justify the use of equilibrium formulas for single-thread rivers.
- 4445 *Keywords*
- 46 River channel formation, gravel-bed rivers, Delft3D, morphodynamic modelling, initial
- 47 conditions, boundary conditions, active width, braid-belt extension
- 48

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49 **1. Introduction**

50 Stable channels, having reach-averaged geometry that can be considered constant, belong to river reaches in morphodynamic equilibrium. The geometry of stable river channels has been 51 52 described using the regime theory (Kennedy, 1895; Lacey, 1930; Leopold & Maddock, 1953; 53 Parker et al., 2007), extremal hypothesis (Griffiths, 1984; Singh, 2003) and mechanistic 54 approaches (Parker, 1978b). Several empirical relations have been formulated to determine the 55 reach-averaged channel width and depth as a function of bankfull discharge (Leopold & 56 Maddock, 1953; Williams, 1978; Parker, 1979; Emmett & Wolman, 2001) or as the formative 57 discharge having a certain return time, normally 1.5 to 2 years (e.g. Vargas-Luna et al., 2019). 58 Some formulas also include a dependency on sediment size and other physical features, such 59 as riparian vegetation characteristics (e.g Millar, 2005). Bray (1982), Garde et al. (2001), Millar 60 (2005), Parker et al., (2007) and Kaless et al. (2014) derived formulas for gravel-bed rivers, (Wilkerson & Parker, 2011) for sand-bed rivers, whereas Eaton and Church (2007) and Booker 61 62 (2010) for both gravel-bed and sand-bed rivers, among others. A review is presented by 63 Gleason (2015).

64 By relating the equilibrium channel geometry to discharge and other river characteristics, these 65 formulas assume that the equilibrium channel configuration solely depends on boundary 66 conditions which means that it is unaffected by the conditions at the start of the morphological 67 evolution. However, this might not be true, especially for gravel-bed rivers, due to the presence 68 of a clear threshold between sediment motion and non-motion (Shields, 1936; Garcia, 2008), 69 and to the strong non-linearity of bed-load as a function of flow velocity, particularly at the 70 conditions close to initiation of motion (Meyer-Peter and Müller, 1948). Starting from a narrow 71 rather than wide channel could thus result in a totally different morphological evolution and 72 probably also in a different long-term river configuration. Different starting widths imply 73 different water depths, flow distributions and sediment transport rates, affecting sediment 74 outputs and thus also the sediment balance. The flow width-to-depth ratio is the major factor 75 influencing the formation of bars, which in turn affect bank erosion and thus the channel width (Engelund, 1970; Crosato, 2009; Kleinhans et al., 2011). The initial channel width is therefore 76 77 crucial in defining sediment transport and channel characteristics at the beginning of the 78 morphological evolution, and might interact with the boundary conditions (water and sediment 79 inputs and outputs) in a non-linear way, influencing the evolution path and the new equilibrium 80 channel geometry (Blench, 1969; Mosselman, 2004).

81 Various works studied the effect of boundary conditions on the geometry of gravel-bed rivers. 82 The importance of sediment supply was first realized by Schumm et al. (1972), who demonstrated that sediment feed reduction causes incision and affects the planform of 83 84 laboratory channels. This was later confirmed by Wickert et al. (2013), Pfeiffer et al. (2017), 85 Métivier et. al (2017) and Vargas-Luna et al. (2019). The effect of discharge was studied by Parker et al. (2003), Van De Lageweg et al. (2013), Blom et al. (2017), Schuurman et al. (2018) 86 and Vargas-Luna et al. (2019) who emphasized the role of flow variability for the width 87 88 evolution of gravel bed river system.

89 Works dealing with the effects of initial conditions are relatively less. Some work deals with 90 tidal embayment (e.g. Van Maanen et al. 2013). In the case of rivers, Stecca et al. (2022) studied 91 the role of initial bed perturbations on the distribution of channels and shoals in braided

92 systems. However, the effect of initial conditions on reach-scale river geometry has not been

analysed yet, whereas it could be significant for gravel-bed rivers. It is thus not clear whether

94 gravel-bed rivers retain the footprint of their starting conditions in their morphology. In such a 95 case, the formulas derived to assess the bankfull width and depth of stable gravel-bed channels

96 may present important limitations.

97 This study analyses the evolution of un-vegetated gravel-bed river systems towards 98 equilibrium, departing from different channel widths in combination with different flow regimes and sediment input rates. The analysis focuses on the evolution of the reach-averaged 99 100 channel width and bed level, as well as the river planform. The work includes a set of laboratory 101 experiments and the simulation of several scenarios with a two-dimensional (2D) 102 morphodynamic model developed using the open-source Delft3D code. The model reproduces the morphodynamic behaviour of a realistic virtual gravel-bed river, derived by upscaling the 103 experimental channels. The larger freedom that numerical models offer has allowed 104 105 complementing the experiments by including additional scenarios and expanding the domain, considering, for instance, different sediment characteristics and longer time of evolution. 106

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108 2. Materials and methods

109 2.1 Laboratory experiments

110 Six sets of laboratory experiments were conducted, whose layouts and test duration were 111 designed to specifically study the evolution of initially straight channels towards morphodynamic equilibrium, starting from different widths, with several discharge regimes 112 and sediment input rates (Singh, 2015). Attention was paid in producing the typical sediment 113 114 mobility of gravel-bed rivers by selecting sediment and flow characteristics through a number 115 of preliminary tests. The experiments were carried out in the Laboratory of Fluid Mechanics of the Delft University of Technology in a 5 m long, 1.24 m wide and 0.4 m deep flume. Water 116 117 was recirculated from outlet to the inlet of the flume, whereas sediment was fed at the inlet at 118 constant rates.

119 The flume was filled with non-uniform sand having median grain size, D_{50} , equal to 1 mm (Figure 1b) and a straight rectangular channel, 4 cm deep with longitudinal slope of 1% and 120 width of 4, 10, 25 or 40 cm, was excavated in the middle of the flume before the start of each 121 122 test. The first two widths are considered narrow, resulting in initial conditions below the 123 threshold for bar formation (Engelund 1970; Colombini et al., 1987; Tubino and Seminara, 1990; Crosato and Mosselman, 2009) and the last two are deemed wide, above the threshold 124 of bar formation. The experiments followed the morphological adaptation of each channel as a 125 126 response to different water and sediment inflow, focusing on reach-averaged width, bed level and planform. Four discharge hydrographs, including a constant flow (hydrograph Ue) and two 127 sediment input regimes were implemented. Hydrographs H1e and H2e only differed in 128 129 amplitude, whereas H3e, representing a rather intense but short flow, had high discharge of 130 shorter duration. The same volume of water was discharged in the constant-flow and in the 131 variable-flow tests through the duration of entire high-low flow cycles (Figure 1a).

132 Video camera records taken from a nearly orthogonal position allowed following the channel

evolution. For the constant-flow tests, images were extracted from the videos at intervals of 30

- 134 minutes. For the variable-flow tests, images were extracted at the end of each low and high
- 135 flow stages highlighting the contours of the wet channel by coloured water (Figure 1c). These

136 images were then used to quantify the temporal variation of reach averaged wet channel width

137 (Section 2.3, Point 2), which was measured perpendicular to the channel centreline at intervals

138 of 0.2 m in the central 3 m of the flume, thus removing the first and the last meter of flume 139 close to the boundaries. Note that if the channel was braided the wet width also included some

dry areas, corresponding to emerging bar tops (Figure 1c) and for most cases, it covered the

141 lateral extent of the area where the morphological process had occurred. Cross-section profiles

142 were measured every 50 cm after 2 hours and at the end of each test by laser scanning. This

143 required to briefly stop the water flow after 2 hours. Table 1 summarizes the initial and

boundary conditions of each of the 20 tests that were carried out.



Figure 1. a) Discharge hydrographs (mins = minutes), where subscript "e" stands for "experiment". b) Grain size
distribution. c) Channel in the laboratory flume. Coloured water highlights the wet surface. Flow is from right to
left; the bar is 1 m long. The blue line indicates wet channel margins.

The experiments had duration of 7 hours. The tests with variable discharge were carried out only for the initial widths of 10 and 40 cm. For these, the flow cycles shown in Figure 1a were repeated 10 times. In most cases with sediment supply the channel widened very rapidly and soon touched the side walls of the flume, so that these tests had to be terminated earlier.

154 Table 1. Initial and boundary conditions of the experimental tests.

SN	Experiment scenario	Discharge regime	Sediment input rate	Initial width (m)
1	Ue	Constant	None	0.04, 0.1, 0.25, 0.4
2	H1e	Variable	None	0.1, 0.4
4	H2e	Variable	None	0.1, 0.4
5	НЗе	Variable	None	0.1,0.4
6	Ue*	Constant	Constant: 90 g/min with the same granulometry as the alluvial corridor.	0.04, 0.1, 0.25, 0.4
7	H1e*	Variable	Constant: 90 g/min with the same granulometry as the alluvial corridor	0.1,0.4
8	H2e*	Variable	Constant: 90 g/min with the same granulometry as the alluvial corridor	0.1,0.4
9	H3e*	Variable	Constant: 90 g/min with the same granulometry as the alluvial corridor	0.1,0.4

155

156 2.2 Numerical modelling

157 The numerical simulations were carried out on virtual channels having reach-scale 158 characteristics similar to the Arc River in France (best resemblance to the experimental 159 channels but not a scaled model), starting with different widths in combination with various 160 inflow conditions. The objective was not to replicate or validate the experiments, but to 161 compliment them by extending the study at a real river scale, unaffected by scale issues. To 162 design the virtual river, the average final configuration of the experimental channels (U_e Case) 163 was upscaled and compared with rivers described in the literature (Appendix A).

164 2.2.1 Model Description

The numerical simulations were carried out using the open-source software Delft3D 165 (www.deltares.nl). This software allows performing morphodynamic computations by solving 166 unsteady shallow water equations and sediment transport formulas to obtain bed-level changes, 167 as well as changes in bed material characteristics (Singh et al., 2017). The models built for this 168 research are based on a two-dimensional (2D) depth-averaged version of the basic equations, 169 170 parameterizing the effects of 3D flow features. Models in this form have been successfully 171 used to investigate morphological developments at a reach scale by Crosato and Saleh (2011), Schuurman et al. (2013), Singh et al. (2017), among others. A detailed description of the 172 software and of the mathematical equations and corresponding numerical schemes, are 173 174 provided by Deltares (2018).

175 2.2.2 Model setup

176 The spatial domain of the models was represented by a straight alluvial corridor 1,500 m long

and 300 or 400 m wide, depending on scenario, with initial longitudinal bed slope of 0.6 % and

178 sediment either composed of cobbles with uniform size or graded (Table 2). The granulometric

179 curve of the sediment was obtained from the upscaled value of the experimental D_{50} , imposing

180 a similar size distribution. The uniform sediment size coincided with the median dimeter, D_{50} ,

181 of the graded sediment (Figure 2b).

- Additional 1,000 m were added upstream and downstream of the study reach to minimize 182
- numerical error propagation from the boundaries, resulting in a 3,500 m long model domain 183
- that was discretized in a rectangular computational grid having cell size of 5 m \times 2.5 m (L x 184
- W). The grid was finer in transverse direction to better represent bank erosion (Williams et al., 185
- 186 2016). A trapezoidal-shaped, straight, 6 m deep initial channel with a flatbed was carved in the
- 187 middle of the alluvial corridor with side slope of 1V:1.67H. The average bottom width of the
- 188 excavated channel vaired accroding to scenario.

189 Model parameters were selected to best represent the trends and processes observed in the

- 190 experiments, some through several sensitivity runs performed on a virtual channel (Um-30),
- 191 whereas some using typical suitable values for modelling rivers. The results of the sensitivity
- 192 runs are presented in Appendix B.
- 193 To parameterize the flow resistance due to 3D-turbulence and horizontal motion, the eddy viscosity (V_h) was assigned the value of 0.1 m²/s, whereas sediment transport was simulated
- 194
- 195 using the formula of Wong and Parker (2006), provided in Equation 1.

$$q_{s} = 4.93 \sqrt{\Delta g \left(D_{50} \right)^{3}} \left(\theta - \theta_{cr} \right)^{1.6}$$

$$1$$

where, q_s represents volume rate of total bed-load transport per unit width without pores (m²/s), 196

- 197 Δ represents the submerged specific gravity of sediment (-), g is the acceleration due to gravity 198 (m²/s), D_{50} the median sediment size (m), θ the Shields parameter (-), with θ_{cr} being the critical 199 shields parameter taken as 0.047.
- 200 In general, the direction of bed load doesn't coincide with the computed direction of depth-201 averaged flow velocity, because of the effects of gravity on bed slopes, commonly known as 202 the bed-slope effect (Baar et al., 2019). In this study, Bagnold's (1966) was used to model the 203 effects of longitudinal bed slope and the formulation of Ikeda (1982), as in van Rijn (1993), 204 was used to model the effects of transverse bed slope (Equation 2):

$$q_{n} = \left| q_{s} \right| A_{bn} \sqrt{\frac{\theta_{cr}}{\theta}} \frac{\partial z_{b}}{\partial n}$$

$$2$$

where, q_n is the additional bed load transport vector in *n* direction due to gravity on transverse 205 bed slope (m²/s, per unit width), q_s is the magnitude of the bed load transport vector in s 206 207 direction adjusted for longitudinal bed slope only (m²/s), A_{bn} is a calibration coefficient, z_b is 208 the bed level (m) and n is the transverse coordinate, perpendicular to the coordinate s (m).

209 The sediment transport direction is also affected by the spiral flow that develops in river bends,

210 which tends to move the sediment particles towards the inner bend, opposite to the bed slope 211 effect which pushes the sediment particles towards the outer-bend towards the pool 212 (Schuurman et al., 2013). To parameterize the effects of spiral flow, this study adopted the

- 213 formulation by Struiksma et al. (1985).
- 214 The bed level changes were computed according to Exner's principle, i.e., assuming that the
- 215 sediment transport immediately adapts to changes in flow velocity, approach that is valid for
- bed-load dominated channels, typical of gravel-bed rivers. Bank erosion was modeled though 216
- the dry-cell/wet-cell algorithm available in Delft-3D redistributing the near-bank bed erosion. 217 218 Based on the value imposed to a specific coefficient (0.8 in our case), the algorithm establishes
- 219 the portion of bed erosion that is computed for a wet cell at the channel margin to be assigned

- 220 to the adjacent dry cell (bank). This algorithm somehow reflects the physical process that near-
- 221 bank bed erosion increases bank instability. In the model, wet and dry cells are identified based
- on a threshold water depth, which for this study was set equal to 10 cm. Such scheme for bank
- erosion has been successfully implemented in Schuurman et al. (2013), Williams et al. (2016)
- among many others. For the bed roughness, the Manning coefficient of 0.045 m^{-1/3}s ensured a
- 225 Chezy roughness coefficient ranging between 20 and 30 m^{1/2}/s, in agreement with both the experimental channels and the Arc River (Jaballh et al., 2015).

The hydrodynamic time-step for the computations was 1.2 seconds, ensuring the stability of the model. In Delft 3D, the morphological changes can be accelerated by means of a specified factor (Morfac) to save computation time (Roelvink, 2006). For the constant discharge scenarios, a Morfac of 5 was used after ensuring that it does not significantly alter the morphological process (Appendix B). So, for these cases, a simulation of 10 days represents the morphological development of 50 computational days.

- 233 For the scenario with graded sediment, the granulometric curve (Figure 2b) was divided in 234 three equal fractions in terms of volume. Delft3D calculates the mean sediment diameter of 235 each fraction and applies the prescribed sediment transport formula separately. The sediment 236 continuity model proposed by Hirano (1971) was applied, dividing the bed in active and substrate layers of thickness 0.5 m and 1.87 m respectively. Following Singh et al. (2017), to 237 238 mimic the hiding and exposure phenomenon, the models used the formulation of Parker et al. (1982), where a correction factor applied to the sediment transport formula increases the critical 239 240 Shield number of the finer sediment fractions, reducing their entrainment rates (hiding), and 241 decreases the one of the coarser fractions, increasing their entrainment rates (exposure).
- 242 The total duration of the simulations was selected based on pre-runs with the goal of achieving 243 stable channels. For the cases without sediment feed, ending up as single-thread channels, the width of the channels presented very small changes after 50 days. However, at that point the 244 245 average sediment transport and the bed slope were still decreasing at a consistent rate, but their changes became negligible after 70 days. For the cases with sediment feed, ending up as 246 247 braided channels, the duration of the computations had to be increased to 100 days. At that 248 point, the average sediment transport of the reach had achieved a dynamic equilibrium, 249 fluctuating around the input value. Note that in all cases the computational days cannot be 250 linked to the real river time, considering that the value of the model discharges corresponds to 251 short-duration high flows, not selected on the basis of Arc River's statistics. This shortcoming 252 is considered acceptable because the focus of the work is to assess whether the configuration 253 of stable gravel-bed rivers depends on initial conditions and not the temporal scales.

254 2.2.3 Model Scenarios

255 Model scenarios were formulated with difference combination of starting widths and upstream 256 boundary conditions (Table 2). For the upstream hydrodynamic boundary condition, three 257 idealized hydrographs (Figure 2a) were formulated, each one differing in amplitude but with 258 the same duration and total volume of water inflow. The sediment input from upstream was either constant, nil, or equilibrium amount of bed load, with either the same size as the material 259 260 forming the virtual channel and gravel plain, or with a smaller size. The downstream boundary 261 conditions were a constant water level, derived for the initial channel, and the sediment output, was computed at the end of the model domain. 262



Figure 2. Flow and sediment implemented in numerical model (a) Flow hydrographs: Um, H1m and H2m, where subscript "m" stands for "model". (b) Granulometric curve of the virtual river bed (D_{50} , 8 cm) and alluvial corridor for the graded sediment scenarios.

The constant sediment feed rates in the model were proportional to the ones in the corresponding experiments, derived using the relation presented in Equation 3.

$$269 \qquad \frac{S_e}{T_e} = \frac{S_m}{T_m}$$

Where, *S* represents the sediment feed at the upstream boundary and *T* represents the sediment transport capacity of the narrowest initial channel, computed using Equation 1 (subscript emeans experiment and *m* is for model).

For the equilibrium sediment input, the bed load rate was equal to the transport capacity of the flow at the upstream boundary, calculated by the model at the upstream boundary based on the

275 prescribed sediment transport formula (Equation 1).

The values of initial width to be imposed to the virtual channels were derived based on geometric proportionality between experimental and virtual channels. The ratio between the average final width for the scenario Ue (i.e 0.2 m) and the respective initial widths of the experimental channels was applied to the width of the River Arc, downstream reach where the river due to upstream damming has a strongly reduced bedload input (Jaballah et al., 2015). Similar to the experiments, the widths of 10 m and 30 m represented narrow initial channels,

- i.e. below the threshold for bar formation, while the initial widths of 60 m and 100 m represent
- the wide initial channels.

263

SN	Model scenario	Discharge regime	Sediment input rate	Granulometry alluvial corridor	Initial width (m)
1	Um	Constant flow	None	Uniform	10, 30, 60, 100
2	Um ^{gr}	Constant flow	None	Graded	30, 100
3	H1m	Variable	None	Uniform	30, 100
4	H2m	Variable	None	Uniform	30, 100
5	Um*	Constant flow	Constant: 265 kg/s with the same sizes as alluvial corridor.	Uniform	10, 30, 60, 100
6	Um ^e	Constant flow	Variable: equal to local carrying capacity at the upstream boundary	Uniform	30, 60, 100
7	Um**	Constant flow	Constant: 265 kg/s and D_{50} of 2 cm: finer than the alluvial corridor	Uniform	30, 60, 100
8	H1m*	Variable	Constant: 265 kg/s with the same sizes as the alluvial corridor	Uniform	30 and 100
9	H2m*	Variable	Constant: 265 kg/s with the same sizes as the alluvial corridor	Uniform	30 and 100

Table 2. Scenarios simulated in numerical model.

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286 2.2.4 Analysis of the results

For gravel-bed river systems, Bertoldi et al. (2009) indicate three different widths, which wasthe basis of our analysis:

- The *braid-belt extension*, being the transverse extension of the morphologically active area (Howard, 1996; Limaye, 2020). This is here taken as the lateral extent of the area in which the morphological changes have occurred.
- 292
 2. The *wet river width*, defined as the lateral extent of the water surface at the bankfull
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 3. The *active channel width*, defined as the width of the portion of channel contributing to
 296 bed-load transport. This could not be measured in the laboratory channels.

297 For the study reach, excluding the first and last 1000 m of the model domain, widths were 298 computed at each cross-section (5m apart) and averaged to obtain reach averaged width. Width and bed adaptation interact and influence each other during channel evolution, so the evolution 299 of the virtual channels was also analyzed as a combination of relative changes in average width 300 and bed level showing four distinct phases: Aggradation/Widening, Aggradation/Narrowing, 301 Incision/Narrowing, and Incision/Widening. The relative change in average width was 302 303 computed as the difference between reach averaged evolved and initial width. The change in 304 average bed level with respect to initial value at each cross-section was averaged to obtain 305 relative change in bed level of the reach.

306 **3. Results of the laboratory experiments**

307 3.1 Without sediment input

308 Figure 3 shows the width evolution of the channels having different discharge regimes 309 (constant and variable with the same average and total flow volumes) without sediment feed at 310 the upstream boundary.

311 Despite starting from different initial widths, all channels with constant flow (Ue scenarios, Table 1) evolved in single-thread systems ending up with a reach-averaged wet width of about 312 313 20 cm (Figure 3a). However, the initially narrower (Ue-0.04 and Ue-0.1) and wider (Ue-0.25 314 and Ue-0.4) channels presented different evolution paths. The initially narrower channels 315 started their evolution with rapid widening followed by widening at progressively smaller rates. Fast widening resulted in high sediment input (bank erosion products) to the channel and bed 316 aggradation, followed by bed incision as the widening rate slowed down during the latest stage 317 318 of evolution. Among the initially wider channels, Ue-0.25 presented slow channel widening 319 and bed aggradation for the first 4.5 hours. After achieving a width of about 30 cm, the channel 320 started to narrow due to localized bed erosion. Ue-0.4 had initially a shallow flow distributed 321 over the entire width and started producing some concentrated bed erosion which gradually 322 progressed downstream. The eroded sediment initially was accumulated more downstream and 323 was later partly removed by the flow. Channel narrowing by bed erosion was the dominant 324 process towards the end of the experiment.

To study the effects of variable flow, the tests included the evolution of two channels with 325 initial widths of 10 cm and 40 cm (Figures 3b, 3c and 3d). Starting with a channel of 10 cm, 326 the wet width development shows that the regimes with the highest flow peaks (H3e-0.1 and 327 H2e-0.1) presented similar width oscillations (the wet width being a function of discharge) to 328 329 end up with a similar width of about 35 cm (Figure 3c and 3d grey lines), corresponding to a 330 75% increase compared to the constant-flow width. The variable discharge regime with the 331 smallest peak (H1e) had initial evolution similar to the constant flow case Ue-0.1, but in H1e-332 0.1 the channel continued to widen and finally resulted in a 25% wider channel, i.e. with a wet 333 width of 25 cm instead of the 20 cm of the uniform flow scenarios (Figures 3a and 3b grey 334 lines).

335 With a starting width of 40 cm (Figures 3b, 3c and 3d, black continuous lines), the H1e-0.4 and 336 H3e-0.4 scenarios had similar evolution trends and ended up with 140% wider channels (48 337 cm) compared to the uniform flow scenarios (20 cm). These hydrographs had low flows with 338 similar discharges (0.3 and 0.28 l/s), but with different duration: 20 and 28.5 minutes, 339 respectively. They had strongly differed high-stage flows: 0.8 l/s (H3e) for a duration of 10 minutes, and 0.5 l/s (H1e) for a duration of 20 minutes. In the H2e-0.4 scenario, with smaller 340 341 low discharge (0.2 l/s for 20 minutes) and an intermediate high discharge of 0.6 l/s for 20 342 minutes, instead, the channel slightly narrowed (from 40 to 38 cm), resulting in a 90% increase 343 with respect to the final width of the uniform flow scenario (20 cm).

In general, all channels having the same flow regime without sediment feed show a tendency towards a similar width. If this is true, the final width would be independent from the initial one and only dependent on flow regime. Extrapolating the width evolution curves, we can observe that the final width of the cannels would fall between 20 and 50 cm for all flow regimes.







353 In all tests, the high-stage flows occupied almost the entire width of the channel, whereas the 354 low flows occupied only the deepest parts. The low flows of hydrographs H1e and H3e had 355 enough intensity and duration to rework the bars that formed during the high discharge stages and to locally erode the banks. The next high discharge further reworked the bed and eroded 356 357 the banks, resulting in channel widening. The higher flow peak with smaller duration of 358 hydrograph H3e had effects that were similar to the lower, but longer, peak of hydrograph H1e. 359 Instead, the lower discharge of hydrograph H2e was not sufficient to rework the bars formed during the high stage discharge and eroded the channel bed only in its deeper parts, further 360 361 confining the low flow. The next high discharge reworked the bed across the entire width of 362 the channel, but continued to erode also the deepest parts of the channel. Bed erosion started near the upstream boundary and advanced further downstream. Incision led to channel width 363 364 reduction. These results indicate that the channel width depended on both high and low 365 discharges, with the low flows having an important role in bar reworking and Thalweg deepening. 366

367 3.2 With constant sediment input

The results of the experimental tests with a constant feed of sediment having the same granulometry as the alluvial corridor are shown in Figure 4. These tests produced much wider channels compared to the respective experiments without sediment feed (Figure 3): final widths

of approximately 50 to 75 cm compared to the 20 to 50 cm obtained without sediment feed.





Figure 4. Reach-averaged wet width evolution of the experimental channels with constant sediment feed of 90
g/minute, starting with different widths. a) Constant flow (Ue*); b) Variable flow hydrograph H1e*; c) Variable
flow hydrograph H2e*); d) Variable flow hydrograph H3e*. Hydrographs are shown in Figure 1a.

The evolution of the channels with constant flow (Ue* scenarios, Table 1) is shown in Figure 376 377 4a. The initially wider channels seem to converge to the width of 60 cm. It is not possible to 378 establish whether the initially narrower ones would also converge to the same width. These channels (Ue*-0.04 and Ue*-0.1) presented rapid widening and bed aggradation for the first 30 379 380 minutes. Bars started to appear after this period when the critical width-to-depth ratio for the 381 formation of alternate bars exceeded. Bank erosion at pools produced sinuous and wider channels. As the channels continued to widen, complex mid-channel bars formed, a sign that 382 383 at that point also the critical width-to-depth ratio for central bar formation had been reached. 384 These tests had to be terminated well before reaching morphodynamic equilibrium, because the channel margins touched the sides of the flume. The initially wider channels (Ue*-0.25 and 385 Ue*-0.4) started with higher width-to-depth ratios, so the first 30 minutes were already 386 387 characterized by the development of alternate bars, followed by mid-channel bars. The growth 388 of bars enhanced bank erosion, resulting in wider multi-thread channels. Similar phenomena 389 of channel widening were also observed by Ashmore (1982) in laboratory channels and by Jang 390 & Shimizu (2005) in numerical simulations. As widening progressed, multiple bars were 391 observed to migrate in downstream direction. Initially, Ue*-0.25 presented higher widening 392 rates than Ue^{*}-0.4, but after 4 hours both channels evolved at similar widening rates, both 393 resulting in reach-averaged widths of about 60 cm. Even though the final channel widths were 394 similar, Ue*-0.25 ended up with higher channel bed levels than Ue*-0.4. In general, the 395 channels having the same flow and sediment supply regime seem to converge towards a similar 396 width, independently from their initial one, but the experiments were not long enough to 397 exclude divergence in the final stages of morphological development. Variable discharges

(Figures 4b, 4c and 4d) produces wider channels than constant flow, but in general channel
widening appears dominated by sediment input. However, many tests with variable discharge
had to be terminated after 5 hours because the channel touched the sides of the flume. For the
same reason, the results of H3e*-0.1 became not reliable after 3 hours already.

402 **4. Numerical Model results**

- 403 The evolution of the initially straight channels passed through various phases. The initial and
- 404 final widths and the final planforms types are listed in Table 3. The initial and final planforms
- 405 are presented in the supplementary materials.

406	Table 3. Final wet width (single-thread channels) or braid-belt extension (braided channels), and final planform
407	for different scenarios of numerical modelling.

Scenari 0	Sediment input	Granulometry alluvial corridor	Initial width (m)	Computat ional time (days)	Final wet width* or braid belt extension** (m)	Final planform	
With sediment input smaller than the initial carrying capacity of the flow							
			10	70	55.5*		
			30	70	54.0*	Single-thread	
Um	No	Uniform	60	70	48.4*		
			100	70	49.6*		
			30	70	32.5*	Single-thread	
Um ^{gr}	No	Graded	100	70	44.2*	Single-thread, but braided in the last 400 m	
			30	70	65.7/61.7*		
H1m	No	Uniform	100	70	56.3/53.2*	Single-thread	
	No	Uniform	30	70	69.4/64.3*		
H2m			100	70	59.7/54.7*	Single-thread	
	Constant: 265 kg/s, but finer (2 cm) than alluvial corridor (8 cm)	Uniform	30	85	65.3*	- Single-thread	
Um**			60	85	68.4*		
			100	85	61.8*		
With sediment input larger than or equal to the initial carrying capacity of the flow							
	Constant: 265 kg/s, same size as alluvial corridor (8 cm)		10	100	241.6**	Braided/overba nk flow/avulsions	
Um*		Uniform	30	100	159.4**		
			60	100	172.8**	Braided	
			100	100	204.3**		
	Equilibrium		30	100	133.9**		
Um ^e	sediment supply at the	Uniform	60	100	155.6**	Braided	
	upstream boundary	Children	100	100	196.9**		
H1m*	Constant: 265 kg/s, same size as alluvial corridor (8 cm)	Uniform	30	60	161.2**	Braided	
			100	60	174.4**	Braided	
	Constant: 265	nt: 265 ume size vial r (8 cm)	30	60	175.5**	Braided	
H2m*	kg/s, same size as alluvial corridor (8 cm)		100	60	180.3**	Braided	

408

409 4.1 Without sediment input

Figure 5 shows the reach-averaged width evolution of the channels that formed without sediment supply under different discharge regimes. All channels evolved in single-thread incised rivers with measurable differences in width, mainly depending on flow hydrograph. As expected, variable flows resulted in expansion and contraction of wet areas. The final width of the channels that formed under variable flow resulted systematically larger than with constant flow, with higher flow variability resulting in a wider channel, but only slightly. This was also observed by Vargas-Luna et al. (2019) in their laboratory experiments.

- 417 For uniform sediment and either constant (Figure 5a) or variable discharge (Figure 5c and 5d),
- 418 the channels clearly widened during the initial phases of the model runs, and then narrowed, 419 with the channels starting with the larger widths of 60 m and 100 m systematically became
- 420 narrower than the channels that started with the smaller widths of 10 m and 30 m. Instead, with
- 421 graded sediment and constant discharge (Figure 5b), the larger initial channel ended up slightly
- 422 wider than the channel that started with a smaller width. This could be due to bed armouring
- 423 that limited the morphological process of incision/narrowing (see Figure 6 and relative
- 424 discussion). It should also be noticed that for the largest initial width sediment heterogeneity
- 425 also resulted in the downstream part of the channel which was braided. However, in general,
- 426 the final channels of the scenarios with graded sediment are narrower than with uniform
- 427 sediment (compare Figure 5a, 5b and Table 3).



428

Figure 5. Reach-averaged wet width evolution of channels without sediment input at the upstream boundary. Four different starting widths are considered: 10 m, 30 m, 60 m and 100 m. a) Constant flow (Um) and uniform sediment. b) Constant flow (Um^{gr}) and graded sediment. c) and d) Variable flow (H1m and H2m, respectively) and uniform sediment.

Figure 6 shows the combined width and bed level evolutions of the channels. If the bed 433 434 sediment was uniform (Figures 6a, 6c, and 6d), rapid widening governed the initial phase of the evolution of the channels that started with the smaller widths (10 m and 30 m). Distributed 435 436 over an increasingly larger width, the flow gradually lost part of its sediment carrying capacity, 437 which, combined with a high sediment influx form the eroding banks, resulted in bed aggradation. When bank erosion stopped, due to lack of sediment input from upstream, the 438 439 flow started eroding the channel bed, initiating an incision phase. For the initially wider 440 channels, the aggradation/widening phase was much shorter, due to limited bank erosion. 441 Again, when widening stopped, lack of sediment input caused incision and channel narrowing.

Figure 6b shows the evolution of the channels with graded sediment and constant inflow. In 442 443 this case, the aggradation/widening phase was much reduced compared to the scenarios with 444 constant discharge and uniform sediment. The channel starting with the largest width ended up with a higher bed level (less incision) compared to the one with uniform sediment, which can 445 be related to bed armouring due to sediment sorting (Sun et al., 2015). Instead, the channel 446 447 starting with the smaller width ended up being narrower with a lower bed level. In this case, the high sediment carrying capacity of the flow concentrated in the narrower channel 448 449 transported away the finer fraction rather quickly, deepening the channel in the areas with the 450 highest flow rate. Here, the high velocity resulted in full mobility of the coarsest fractions, 451 causing some extra channel incision. Regarding the effects of variable flow, for the same initial width, higher flow variability resulted in slightly higher widening and less incision. 452



453

Figure 6. Combined bed level and width evolution without sediment input at the upstream boundary. Four different
starting widths are considered: 10 m, 30 m, 60 m and 100 m. a) Constant flow (Um) and uniform sediment. b)
Constant flow (Umgr) and graded sediment. c) and d) Variable flow (H1m and H2m, respectively) and uniform
sediment.

458 4.2 With sediment input

459 Figure 7 shows the reach-averaged width evolution for different sediment input regimes at the upstream boundary under constant discharge. The constant 265 kg/s and the equilibrium 460 sediment input computed as the sediment transport capacity of the flow at the upstream 461 boundary, with the same size as the channel bed and banks, were larger than the transport 462 463 capacity of the flow further downstream (Figure 7a and b). As a result, the channels widened 464 significantly, with high bed aggradation leading to a braided planform. Instead, a constant input of 265 kg/s with finer sediment of uniform size (2 cm), was on average smaller than the 465 sediment carrying capacity of the channels (Figure 7c) and resulted in much narrower single-466 467 thread incised channels.



468

Figure 7. Reach-averaged width evolution with constant flow and different sediment input regimes. Four different starting widths are considered: 10 m, 30 m, 60 m and 100 m. a) Evolution of braid-belt extension with constant sediment input rate (265 kg/s) having the same size (8 cm) as the channel bed and banks (Um*). b) Evolution of braid-belt extension with equilibrium sediment input computed as the local transport capacity of the flow at the boundary, having the same size (8 cm) as the channel bed and banks (Ume). c) Wet width evolution of the singlethread channels with a constant sediment input rate of 265 kg/s, having finer size (median diameter of 2 cm) than the channel bed and banks (Um**).

476 Figures 7a and 7b show that different starting channel widths resulted in different braid-belt

- 477 extensions. For a constant sediment input rate of 265 kg/s having the same size (8 cm) as the
- 478 channel bed and banks (Figure 7a), the narrowest initial channel produced the largest braid-
- belt (Um*-10). This channel started widening immediately with high bank erosion rates. The
- 480 intense bed aggradation that followed initiated overbank flow and channel excavation though

481 the alluvial corridor (after the 40th day) producing the widest braid belt. Similar morphological

482 developments were observed by Schuurman et al. (2018). The other three starting widths

483 (Figure 7a and 7b) never presented overbank flow. Of these, the widest initial channels (U_m^* -

484 100 and U_m^{e} -100) produced also the widest braid-belts. The equilibrium sediment supply, 485 smaller than the constant input, produced narrower channels, in particular for the narrowest

- 486 initial channel (Table 3). Constant input of finer sediment (Figure 7c), smaller than the initial
- 487 sediment capacity of the flow, resembles the case without sediment supply (Figure 5a): after
- 488 initial widening, all three channels became incised and single-thread with similar wet width.

489 The evolution of the active width of the braided channels, i.e., the width of the flow contributing

490 to bedload transport, is shown in Figure 8. Even though the channels produced different braid-

491 belt extensions (Figures 7a and 7b), the active widths tend to stabilize and converge to a similar

492 value. Initial fluctuations were caused by the braiding activity of the channels.



493

Figure 8. Reach-averaged active width evolution. Four different starting widths are considered: 10 m, 30 m, 60 m and 100 m. a) Constant discharge and constant sediment input of 265 kg/s, having the same size as the channel bed and banks (Um^{*}). b) Constant discharge and equilibrium sediment input, computed as the local transport capacity at the boundary, same size as channel bed and banks (Um^e).

Figure 9 shows the combined width and bed evolution of the channels. If the sediment input is larger than the average transport capacity of the flow (Figure 9a and 9b), the channels remain always in the aggradation/widening phase, with narrower channels experiencing more relative width and bed level changes. The narrowest initial channel (U_m^* -10) presents the highest aggradation. The amount of relative aggradation and widening increases with sediment input (Figure 9a and 9b). With finer sediment input, which was less than the average transport capacity of the channels, the combined evolution is similar to the case with no sediment supplywith uniform sediment (Figures 6a).



506

Figure 9. Combined bed level and width evolution for different sediment input regimes and constant discharge. Four different starting widths are considered: 10 m, 30 m, 60 m and 100 m. a) Evolution of braid-belt extension with constant sediment input rate (265 kg/s) having the same size (8 cm) as the alluvial corridor (Um*). b) Evolution of braid-belt extension with equilibrium sediment input computed as the local transport capacity of the flow at the boundary, having the same size (8 cm) as the alluvial corridor (Ume). c) Wet width evolution of the single-thread channels with a constant sediment input rate of 265 kg/s, having finer size (median diameter of 2 cm) than the alluvial corridor (Um**).

Figure 10 shows the effects of variable discharge on the evolution of the reach-averaged braidbelt extension. The scenarios are distinguished by discharge regime (H1m* and H2m*), but have the same constant sediment input of 265 kg/s (same size as alluvial corridor). These cases were simulated for a shorter period compared to the constant discharge cases, so they do not allow for a long-term analysis. Nevertheless, for both hydrographs the braid-belt extensions seem to converge irrespective of initial width, but they may diverge at a later stage, as in the

520 cases with constant discharge (Figure 7a and 7b).



521

Figure 10. Temporal evolution of reach-averaged braid-belt extension for the starting widths of 30 m and 100 m,
 variable flow and constant input of sediment (265 kg/s) having the same size as the alluvial corridor. a) Cyclic
 flow (H1m*) b) Cyclic flow (H2m*).

525 **5.** Discussion

526 5.1 Controls of planform

527 Irrespective of boundary conditions, both the experimental and the virtual cases starting with 528 the narrower widths shared similar trends at the start of their morphological evolution and so 529 did the ones that started with the larger widths.

530 With or without sediment input, the initial phase of the narrower systems was characterized by 531 high sediment transport capacity, due to flow concentration, and high bank erosion, resulting 532 in rapid widening and channel aggradation due to the sediment input from bank erosion and (in 533 certain cases) from the upstream boundary (Parker, 1978a). Migrating alternate bars appeared 534 after reaching the critical width-to-depth ratio for bar formation (e.g. Engelund 1970). Further 535 channel widening led to multiple bar formation resulting in a braided system (Leopold & Wolman, 1957). The channel starting with the smallest width (10 m) experienced overbank 536 537 flow because of excessive aggradation. For Um-10, it was in the form of sheet flow, but 538 eventually the flow concentrated into a single channel (Pitlick et.al 2013), whereas for Um*-539 10 overbank flow interacted with the floodplain and produced chute-channels, which 540 dominated the planform development (Schuurman et.al 2018).

The initial phase of the wider channels was characterized by low-flow velocity not being enough to erode the banks. As a consequence, the channels did not widen much. Since the initial width-to-depth ratio was already larger than the critical one, this phase was already characterized by bar development and the channels attained a braided planform relatively early. These observations confirm the results of previous studies (e.g. Murray and Paola, 1994; Bertoldi et al., 2009; Sun et al., 2015; Limaye, 2020).

547 For all cases, during the last phase, with further reduction of bank erosion and lateral sediment

548 input, if the sediment input at the upstream boundary was smaller than the carrying capacity of 549 the flow, bed erosion in the deepest parts of the channels propagated downstream, initiating

the flow, bed erosion in the deepest parts of the channels propagated downstream, initiating channel narrowing, regardless of starting width. This resulted in the final transformation from

a wide and braided system to narrow incised single-thread channel. Instead, if the sediment input was larger than the carrying capacity of the flow, the system remained braided and continued widening, but at an increasingly slower rate. Ideally, in the long run sediment mobility would reach the threshold value and channel widening would stop (Kleinhans et al., 2015b; Limaye, 2020).

Although the first phases of the morphological development were highly dependent on initial width, sediment supply seems to be dominant factor for the final river planform. This was already suggested by Schumm et al. (1972) and later by Métivier et. al (2017), Pfeiffer et. al (2017) and Wickert et al. (2013).

560 5.2 Controls of lateral extension and bed level

561 Single-thread incised channels formed with sediment input rates smaller than the sediment 562 transport capacity of the flow. For the same boundary conditions, these channels ended up with similar reach-averaged widths, with some differences, not retaining the memory of its starting 563 width. Note that for the scenarios with no sediment input and constant discharge at the upstream 564 boundary, the computed final width obtained starting from different values of channel width is 565 similar to the actual width of the Arc River (50 m) as reported in Table A.1. This river is 566 dammed upstream and sediment input is occasional (Jaballh et al., 2015). With constant 567 discharge, for the same starting widths, higher sediment inputs resulted in wider channels 568 569 whereas variable flow also resulted in wider channels than constant flow (Vargas Luna et al. 2019), but the difference among the variable flow regimes was small (Table 3). Boundary 570 571 conditions seems to govern the width of single thread channels and not the starting width.

Braided systems formed with sediment input rates that were larger than the sediment transport 572 capacity of the flow. According to Bertoldi et. al (2009), Blom et al. (2017); Schuurman et al. 573 574 (2018) and Limaye (2020), the braid-belt extension is primarily a function of discharge. Based 575 on our results, we believe that it is also governed by the initial channel width and by the 576 sediment input from upstream. We found that with a constant flow discharge, the final braid-577 belt extension increased if the initial width increased (Figure 7, a and b). However, this is not 578 valid for the smallest initial width, which produced the largest braid-belt of all. This was the 579 only case that presented overbank flow excavating chute-channels through the floodplain. This 580 process played a major role in the study of Schuurman (2018). With overbank flow, governed 581 by peak discharges, it is possible that the braid-belt extension loses its dependency on initial 582 width. The final braid belt for Um*-30 was 25.5 m wider than Ume-30, whereas for Um*-100 and Um^e-100 it was only 7.4 m. Thus, a larger sediment feed produced a wider braid-belt but 583 584 effected the narrow initial channel more.

585 Simulation with variable flow and sediment feed were only ran for 60 days, shorter than 586 constant discharge case, so it we could only analize the medium-term evolution. The role of 587 initial width is not as distinct as for constant discharge case at this point in evolution. 588 Comparing the widths at the point where simulation for variable flow ended (i.e 60th day), the widths of H1m*-30 and H2m*-30 are 19 m and 33 m wider than Um*-30. But widths of H1m*-589 590 100 and H2m*-100 are only 1m and 5 m wider than Um*-100. Variable flow resulted in wider 591 braid belt than with constant flow (Van De Lageweg et al. 2013; Blom et.al 2017; Schuurman 592 et al. 2018) but the effect seems to be more for narrow initial channels. Note that these results 593 are based on the effects of channel widening through bank erosion, since overbank flows did 594 not occur for the 30 and 100 m initial channels.

595 About the active width, described in Section 2.3, Bertoldi et al. (2009) concluded that it is 596 primarily a function of stream power (product of discharge and slope). This is supported by our model results, showing that the active width converged to a similar value for all the scenarios 597 with the same boundary conditions, irrespective of initial conditions, even if the final braid-598 599 belt extension differed (Figure 8). With the same constant discharge, the longitudinal slope of 600 all our virtual channels increased from initial value of 0.6 % to final values of around 0.7%. This indicates the modelled systems always had a similar stream power, and indeed resulted in 601 602 a similar final active width.

603 The initial width is found to affect the final average bed level of the channel. Narrow initial 604 widths resulted in higher final average bed levels than the wider initial widths, true for both aggrading and incising channels, which is primarily due to the high input of sediment from 605 606 bank erosion (Figures 6 and 9). For single thread incised channel, after intermediate widening 607 and aggradation, all the channels started to incise from their aggraded bed. Narrow initial channels had higher aggradation before incision begun, so relative to the original bed level, 608 609 they presented higher final bed level than initial wider ones. With graded bed material, sediment sorting limited incision of initial wider one while increasing that of narrower one, 610 611 thus the channels ended up more or less at the same level . Also, variable flow presented higher relative widening and aggradation thus having less channel incision than with a constant flow. 612 In all cases, long-term progression of the morphological evolution would result in re-adaptation 613

614 of the channel average bed level to the downstream boundary conditions (Jansen et al., 1979).

- 615 5.3 Combined experimental and numerical observations
- 616 The time scaling ratio suggested by Parker et al. (2003) and Pitlick et al. (2013) is:

$$617 \qquad \frac{T_e}{T_m} = \sqrt{L} \tag{4}$$

618 where T_e is the experiental time, T_m is the model time and L is the lenght scale (215 in this 619 case).

Application of Equation 4 indicates that 7 hours in the experiments corresponded to 102 hours
(4 days) in the numerical simulations. The total duration of the model simulations was either
70 days or 100 days, which means that, in theory, the simulations covered a much longer
adaptation period.

The experiments were carried out using non-uniform sand, and sediment sorting was indeed observed during the evolution of the channels. This means that the results of the laboratory study should be compared to the results of the graded-sediment scenarios of the numerical investigation, Um^{gr}, which were carried out for the initial widths of 30 and 100 m, with constant discharge and without sediment input (Figure 11).

- 629 The evolution of the experimental and virtual channels followed similar trends (Figure 11), but
- 630 the experiment covered about half the evolution compared to the model. Both experimental
- and virtual channels tend to attain a similar final wet width, around 20 cm for the experimental
- 632 channels and falling between 33 and 44 m for the virtual ones (Table 3). This gives confidence
- that the results of the numerical tests can indeed be used to complement the experimental ones,
- 634 although in a qualitative way.

The experiments considered scenarios with variable discharge and sediment feeding, cases that 635 were not reproduced with the numerical model for graded sediment. The results indicate that 636 the widths tended to converge (Figures 3 and 4). Without sediment feed, the final width appears 637 638 governed by discharge variability, being about 0.2 m with constant flow (zero variability) and 639 falling between 0.25 and 0.45 m for the variable discharge regimes (Figures 3b, 3c and 3d). Considering that the experiments with variable discharge ended well before reaching 640 morphodynamic equilibrium, if we qualitatively compare Figure 4 to the model results of 641 Figure 5 (although with uniform sediment), we can observe that the discharge variability has a 642 643 stronger effect during the evolution phase rather than on the final width. This means that even for the case without sediment feed, the effects of discharge variability are most probably less 644 645 than the experiments would indicate. Moreover, from the experiments it seems that the final width would be only slightly larger with the high-peak regimes H2 and H3 than with the low-646 peak regime H1. In combination with sediment feed, the effects of discharge variability on wet 647 648 width becomes visible only as an oscillation, being the final width close to 0.6 m with constant 649 flow and between 0.4 and 0.75 m with all the variable flow regimes (Figures 4b, 4c and 4d). With constant flow the introduction of sediment feed tripled the final channel width, from 0.2 650 651 to 0.6 m (compare Figures 3a and 4a). In case of variable flow, the introduction of sediment feed less than doubled the channel width, i.e., from 0.25-0.45 m to 0.4-0.75 m. So, the effects 652 of having variable flow instead of constant flow remain important: the peak flows rework bars 653 and the low flows deepen the channels between the bars concentrating the sediment transport 654 and reducing further channel widening. It is important to note that overbank flow did not occur 655 during the experiments since the channels quickly widened through bank erosion so that the 656 657 flow remained confined.



Figure 11. Temporal evolution of reach-averaged wet width (vertical axis). a) Experimental channels (scenario with constant discharge and no sediment feed, From Figure 3a). b) Virtual channels (scenario with constant discharge and no sediment feed, from Figure 5b).

669 5.4 Equilibrium channel width predictors

670 If the sediment input rate is smaller than the initial sediment transport capacity of the flow, the 671 results of this investigation suggest that the equilibrium channel width solely depends on 672 boundary conditions. This is also true for the active width of the braided channels obtained 673 with sediment supply larger than the initial transport capacity of the flow, but not for their 674 braid-belt extension, which depends on intermediate morphological evolutions. This supports 675 the use of equilibrium width predictors, considering that they are designed for applications on

- 676 single-thread channels. With the purpose of analyzing the performance of predictors, the width
- of the experimental and virtual single-thread channels was computed using the approaches of
 Bray (1982), Parker et al. (2007) and (Millar, 2005). Note that these predictors consider the
 bankfull discharge as the formative one.

$$\left(\frac{W_{bf}g^{0.2}}{Q_{bf}^{0.4}}\right) = 4.73 \left(\frac{D_{50}g^{0.2}}{Q_{bf}^{0.4}}\right)^{-0.241}$$

$$S = 0.0449 \left(\frac{H_{bf}}{D_{50}}\right) - 0.945$$

$$\frac{V}{\sqrt{gH_{bf}S}} = 1.97S^{-0.256}$$
5

681 Parker et al. (2007):

$$W' = 4.63Q'^{0.0667}, H' = 4.63Q'^{-0.0004}, S = 4.63Q'^{-0.344}$$

with

$$W' = \frac{g^{0.2} W_{bf}}{Q_{bf}^{0.4}}, H' = \frac{g^{0.2} H_{bf}}{Q_{bf}^{0.4}}, Q' = \frac{Q_{bf}}{D_{50}^2 \sqrt{g D_{50}}}$$

682 Millar (2005), without considering the effects of increased bank strength (no vegetation, no cohesion):

$$W' = 16.5Q'^{0.7} S^{0.6}, H' = 0.125Q'^{0.16} S^{-0.62}, \frac{W_{bf}}{H_{bf}} = 155Q'^{0.53} S^{1.23}$$

with

$$W' = \frac{W_{bf}}{D_{50}}, Q' = \frac{Q_{bf}}{D_{50}^2 \sqrt{g D_{50} \Delta}}$$

684

685 Where Q_{bf} , H_{bf} and W_{bf} are the bankfull discharge (m³/s), the bankfull water depth (m) and the 686 bankfull channel width (m), respectively. Q', H', W' are dimensionless discharge, water depth 687 and channel width, respectively, defined in different ways by Parker et al. (2007) and Millar 688 (2005). S is the longitudinal channel slope, D_{50} is the median sediment diameter (m), g is the 689 acceleration due to gravity (m/s²), and V is the flow velocity (m/s).

690 Since flow variability is found to increase the channel width, the value of the discharge should 691 be defined with care. For this, either the average discharge or the peak discharges, as suggested

692 by Vargas-Luna et al. (2019) are used.

7

6

693 For the experimental channels, using the averaged discharge of 0.4 l/s, which is equal to the 694 constant flow, the predictors of Bray (1982), Parker et al. (2007), and Millar (2005), estimate an equilibrium width of 0.29 m, 0.22 m and 0.29 m, respectively. Representing the bankfull 695 discharge by the peak discharge, the estimated equilibrium widths become slightly larger: 0.33 696 m, 0.25 m, and 0.34 m for hydrograph H1e (Figure 1); 0.36 m, 0.27 m, and 0.39 m for 697 hydrograph H2e, and 0.41 m, 0.31m, and 0.47 m for Hydrograph H3e, respectively. The 698 699 predictions overestimate the widths obtained in the laboratory with constant flow and no 700 sediment feed (20 cm), but underestimate the width of the channels with sediment feed and 701 variable discharge (50-75 cm). The underestimations can be partly justified, since many 702 experiments were terminated beforehand, at the start of their incision/narrowing phases, before 703 the widths converged. Moreover, the experimental channels had unvegetated banks, whereas 704 the predictors of Brey (1982) and Parker et al. (2007) were calibrated on existing rivers all presenting some type of riparian vegetation as well as some bank cohesion. Riparian vegetation 705 706 controls the channel width in such a way that higher vegetation density results in narrower 707 channels (e.g. Hey and Thorne, 1986).

For the virtual channels, using the average discharge of 300 m^3/s , Bray (1982), Parker et al.

709 (2007) and Millar (2005) estimate equilibrium widths of 83 m, 59 m, and 104 m, respectively.

Using the peak discharges, their estimates become 93 m and 102 m (Bray); 65 m and 71 m

711 (Parker et al.); 121 m and 138 m (Millar), for the two hydrographs H1m and H2m, respectively.

- For comparison, the computed final width of the single-thread channels obtained with uniform sediment and input rates smaller than the initial transport capacity was 48-55 m with constant
- flow and 60-70 m with variable flow (Table 3). With graded sediment the computed channel
- width reduced to 33-44 m. With sediment supply larger than the initial transport capacity of
- the flow, all final channels were braided (Table 3), which means that the predictors cannot be
- 717 applied for those cases. However, the active width of these channels was about 50 m. In 718 general, all predictors tend to overestimate the width of the virtual channels. This could be 719 attributed to the model limitations in representing bank erosion, particularly of incising
- channels (Section 5.5).
- In any case, for both experimental and virtual channels, predicted and computed widths havethe same order of magnitude.
- 723 5.5 Model limitations

724 Bank erosion is a complex geotechnical process affected by soil type, vegetation, and ground 725 water table, among other, and plays an important role in channel widening. Delft3D uses a 726 relatively simple algorithm for simulating bank erosion based on partial re-distribution of 727 erosion from a wet cell to the adjacent dry cell. This somehow mimics the fact that toe bed 728 erosion increases bank instability. A drawback of this scheme is that it does not work well as 729 the water decreases and becomes lower than the bank-top level during channel incision. So, 730 even though the channel incised to a much deeper level the bank does retreat, i.e., it does not 731 become wet and thus does not become a part of the channel in the model. These limitations in the bank erosion scheme might have affected the actual simulated morphological development. 732

The deviation of sediment transport direction due to gravity effects on a sloping bed is an important phenomenon shaping the two-dimensional riverbed topography. Considering a sloping near-bank river bed, if the effects are overestimated the result is excessive channel widening (due to excess of sediment displaced from the bank to the adjacent river bed) and an

- unrealistically flat bed-topography. Whereas if the value is underestimated, the results isunrealistic channel incision and lower channel widening. In our research, we opted for a
- 739 medium bed slope effect, which gave sufficient representation of the process.
- 740 Considering these two factors affecting bank retreat, the computational algorithm for bank 741 erosion and the gravity effect, we conclude that the quantitative results present inaccuracy 742 leading to uncertainty. Nevertheless, we believe that the model captures well the morphological
- trends and is able to distinguish the simulated scenarios.

744 5.6 *Applicability of the results*

- The results of this study present some practical aspects, such as the importance of initial width for the intermediate morphological evolutions of river channels. Most real rivers find themselves in this intermediate situation, since they are not in morphodynamic equilibrium.
- Focusing on single-thread channels, the initially narrower ones experience an important widening/aggradation phase followed by incision with reduced width adjustments (slight widening or narrowing) before reaching their equilibrium configuration. The initially wider channels present a short phase with some widening and aggradation, but their main evolution trend is incision/narrowing. The final width of single-thread channels appears to depend on boundary conditions (water and sediment inflow) rather than on initial conditions.
- 754 Since the 1980s many rivers are now re-naturalized by removal of bank protection works, for 755 instance in Europe and U.S.A. (e.g., Kondolf et al., 2013; Friedl et al., 2015 Schmitt et al., 756 2018; ONEMA, 2018; European Centre for River Restoration, www.ecrr.org; the River Restoration Centre, http://www.therrc.co.uk/). These rivers were once narrowed and at the 757 758 moment of bank protection removal, find themselves in the situation of the initially narrower 759 channels. Re-naturalized rivers show indeed an initial widening phase which might create 760 worries to local managers due to the extent of widening and subsequent loss of valuable land (e.g., Duró et al. 2020). This study shows that after the initial widening phase accompanied by 761 762 bed aggradation, there will be an incision phase with much reduced channel widening or even narrowing. Our study cannot give any indications on relative bed level changes, because both 763 764 the experiments and the virtual rivers started with an imposed bed level which was not the result of morphological adaptation, i.e., the initial river channels were not in an equilibrium 765 766 state. However, the results of our study indicate that the narrower initial channels end up with 767 higher bed levels compared to the initially wider ones. All this is supported by theory (Jansen 768 et al., 1979; Duró et al., 2016).
- Another application regards dammed rivers that after having their channels adapted to sediment shortage (normally by incision and narrowing) start to receive regular sediment by dam flushing (Kondolf et al., 2014; Dahal et al., 2021). In this case, rivers are often in the situation of having a sediment input that is larger than the initial sediment transport capacity of their flow and at the same time have narrow channels. For these rivers, our study indicates an evolutionary trend towards braiding with the development of a braid-belt that is larger for the initially narrower channels and bed aggradation.
- 776

777 6. Conclusions

778 The work describes the morphological evolution of initial straight channels, carved in 779 cohesionless unvegetated gravel beds with different widths and sediment characteristics, under 780 the forcing of combinations of flow regime and sediment input. The goal is to establish whether 781 the reach-averaged width of gravel-bed rivers might depend on the conditions at the start of 782 their morphological evolution. For braided systems, the analysis distinguishes the active 783 channel width, where sediment transport occurs, from the braid-belt extension, indicating the 784 width of the reworked floodplain. For single-thread channels, the analysis considers the wet 785 width. The work includes a set of laboratory experiments and the simulation of several scenarios with a two-dimensional morphodynamic model, derived by upscaling the 786 787 experiments, with the goal of replicating and extending the laboratory investigation, but at the 788 scale of a real river.

789 Braided systems formed if the sediment supply was larger than the average transport capacity 790 of the initial channel. Their braid-belt extension was found to depend on their initial width: the 791 larger the initial channel the larger the braid-belt, but with one exception. The channel starting 792 with the smallest width produced the largest braid-belt of all. This was the only case in which 793 overbank flow occurred and reworked the floodplain. Chute channel formation rather than 794 channel widening through bank erosion appears here to be the most important factor affecting 795 the braid-belt extension. So, the dependency on initial width might only be valid in the absence of overbank flow and chute channel excavation. The results of both model and flume 796 797 experiments show that the sediment supply governs the final planform of gravel-bed rivers. 798 Higher sediment supply resulted in larger braid-belts, the initially narrow channels being more 799 sensitive towards the amount of sediment supply than the initially wider ones. About the 800 sediment transport width, the results of this work confirm Bertoldi et al.'s (2009) conclusion 801 that the active width of braided systems is dominated by the stream power, i.e., discharge and 802 slope.

803 Single-thread channels formed if the sediment supply at the upstream boundary was below the 804 average transport capacity of the channels. For the same boundary conditions, these channels 805 ended up with similar reach-averaged widths. Discharge variability seems to have a much stronger effect during the channel evolution phase than on final width. The application of width 806 807 predictors to the experimental and virtual single-thread channels show that the ones proposed 808 by Bray (1982), Parker et al. (2007) and Millar (2005) overestimate the width of the virtual 809 channels and of the experimental channels with constant discharge and without sediment feed. 810 Instead, they underestimate the width of the experimental channels with sediment feed and variable discharge. In any case, the predicted and measured/computed widths have the same 811 order of magnitude and the differences can be explained by the experimental settings and model 812 limitations. This work therefore supports the use of width predictors for single-thread gravel-813 814 bed rivers. The initial widths affected the final average bed levels (the narrower initial channels became on average higher), indicating that the initial channel width may affect, the degree of 815 channel incision or aggradation. It is likely though that on the long-term the bed level of all the 816 817 channels adjusts to the downstream boundary conditions.

818 The results of this work, showing how the river width evolves before reaching its final value 819 can be useful for river restoration projects and major river interventions.

820

821 **Appendix A: Identifying representative rivers**

822 Upscaling of the experiments allowed describing the type of rivers that was reproduced in the flume (e.g. Garcia, 2008). Establishing the characteristics of the hypothetical real river 823 represented by the flume experiments was done on the average final configuration of the 824 825 channels belonging to scenario Ue (Table 1). The artificially imposed starting width and 826 straight alignment did not allow to do this in the design phase of the experiments.

827 Assuming turbulent flow, similar flow and sediment mobility are obtained if the Froude and 828 the Shields numbers have the same values. Geometric similarity is necessary to well represent 829 depth-dependent processes, like the deviation of sediment transport direction by transverse bed slope and bank erosion. In addition, imposing the same width-to-depth ratio is necessary to 830 obtain a similar 2D morphodynamic behaviour, since bar characteristics primarily depend on 831 832 this ratio (Tubino & Seminara, 1990). As an alternative, similarity in 2D morphodynamic can 833 be obtained by imposing the same value of the interaction parameter (Struiksma et al., 1985; 834 Kleinhans et al., 2015a) or of the bar mode (Crosato and Mosselman, 2009), which are both 835 dependent on width-to-depth ratio and sediment mobility.

836 The experiments were upscaled using the principles described above, imposing to the upscaled

837 channel the same longitudinal slope, bed roughness, Froude and Shields numbers, interaction parameter and bar mode of the experiment and the geometric scale of 215 (chosen to represent 838 839 a typical mountain river size), following the approach of Le et al. (2018). The obtained 840 hypothetical river characteristics were then compared to the ones of existing river reaches 841 reported in the literature (Table A.1) to establish the level of realism of the experiment and to 842 select the most-resembling real river case for the setup of the morphodynamic model.

843 The downstream reach of the River Arc (France) described by Jaballah et al. (2015) is the real 844 case with the highest resemblance to the upscaled experimental channel. Both have relatively steep bed slopes around 0.6 %, but the Arc River has smaller median sediment size, although 845 846 still in the range of cobbles. For both the upscaled channel and the Arc River, the Shields 847 parameter falls between 0.01 and 0.2, which according to Garcia (2008) is typical of gravelbed rivers at conditions close to initiation of sediment motion, or comparatively low mobility. 848 The discharge of 300 m³/s, corresponding to a 10-year return-period flood of the Arc River, is 849 comparable to the upscaled constant discharge. This indicates that the constant-flow 850 experiments represented rivers with continuous high flow conditions. The low-flow stages of 851 the experiments with variable discharge represented medium stages of real rivers. In mountain 852 rivers high discharges are responsible for most morphological changes (Vargas-Luna et al., 853 2019). However, our experiments have indicated that medium flow stages are important for 854 855 Thalweg forming and bar reworking. Using relatively high discharges is therefore acceptable 856 bearing in mind the scope of this investigation, which focuses on the long-term evolution of 857 trends and processes governing the channel formation of gravel-bed rivers towards equilibrium, without considering the time scale for these changes to occur. 858

859

860	Table A.1 Comparison between the average final conditions of experimental tests 1 (Table 1), upscaled
861	hypothetical channel and the conditions of real rivers described in the literature.

Characteristics	Unit	Experiment ¹ (Table 1)	Upscaled	River Arc ¹ downstream	River Arc ¹ upstream	River Severn ²	River Cecina ³
Location		-	-	France	France	England	Italy
Discharge (Q)	m ³ /s	4× 10 ⁻⁴	271.21	300	300	217	322
Width (w)	m	0.2	43	50	35	30	50
Depth (h)	m	0.0105	2.259	1.916	2.161	2.86	2.361
Average velocity	m/s	0.19	2.79	3.13	3.96	2.53	2.73
Longitudinal Bed slope (%)	-	0.663	0.663	0.6	1.1	0.14	0.21
Chezy coefficient (C)	m ^{1/2} /s	22.83	22.82	29.26	25.29	40.05	38.72
Froude number (F)	-	0.59	0.59	0.72	0.86	0.48	0.57
Shields Number (θ)	-	0.042	0.042	0.087	0.096	0.081	0.102
Median sediment size (D_{50})	mm	1	210	80	150	30	29.5
Width to depth ratio (w/h)	-	19.04	19.03	26.09	16.19	10.5	21.17
Bar mode (m)	_	1.3	1.3	1.66	1.2	0.48	1.06
2D flow adaptation length (λ_w)	m	0.28	59.96	83.26	72.8	233.47	180.41
2D water depth adaptation length(λs)	m	0.08	17.31	24.07	21.014	67.04	51.858
2D interaction parameter (IP)	-	0.289	0.289	0.289	0.289	0.287	0.287

862 ¹Arc River (Jaballah et al., 2015); ²Severn River (Singh, 2015); ³Cecina River (Luppi et al., 2009; Teruggi &

Rinaldi, 2009).* The variables/parameters of the real rivers are either from the respective pieces of literature or calculated with the relevant formulas with uniform flow assumption.

865 Appendix B: Sensitivity analyses

866 Several sensitivity runs were performed on the virtual channel of Um-30, to select the suitable 867 model parameters. During the test, parameters of interest was varied by holding other 868 parameters constant.

Two commonly used formulations in Delft3D to represent the transverse bed slope effect are; 869 870 formulation of Ikeda (1982), as in van Rijn (1993), and the formulation of Koch & Flokstra's (1980) extended by Talmon et al. (1995), KnF. Figure B.1a shows the comparison between 871 872 these two formulations focusing on channel width evolution. Small transverse bed slope effect produced small bars, narrow channels with high incision and less channel widening, while high 873 bed slope effect had the opposite effect with much higher channel widening (Schuurman et 874 875 al.2018), represented by two typical sets of parameters (Singh et al. 2017), with KnF 876 formulation (Figure B.1a). For our virtual channels, the parametrization with Ikeda formulation $(A_{bn} = 1.5, \text{ default value in Delft 3D})$, seemed suitable with respect to the extent of channel 877 widening and incision as compared to KnF formulation. 878

The default value of horizontal eddy viscosity $(10 \text{ m}^2/\text{s})$ did not satisfy the model stability criteria, as described in (Deltares, 2018), mainly due to the fine grid size of the models. The value of 1 m²/s, underestimated channel widening and sediment transport rates and resulted in in an increase of flow velocity in shallow areas and a decrease in the deeper parts. The values of 0.1 m²/s and 0.01 m²/s resulted in similar acceptable velocity distributions and width development (Figure B.1b). So, a value of 0.1 m²/s was chosen for the horizontal eddy viscosity.



Figure B.1. Results of sensitivity analysis of parameters; a) bed slope effects (Ash, Bsh, Csh are calibration
 parameter for KnF formulation), b) horizontal eddy viscosity, c) sediment transport formulas and d) morphological
 acceleration factor.

The virtual river represented a gravel-bed river dominated by bed-load transport. Three 903 904 sediment transport formulas, particularly suitable for the computation of coarse sand and gravel 905 transport rates: Mayer-Peter & Muller (1948), MPM, Ashida and Michiue (1972), ANM, and 906 Wong & Parker (2006), WP, were compared based on channel width evolution (Figure B.1c). 907 The formula by Wong & Parker (2006) (Equation 1) was the one that best represented the sediment transport in the experimental channel as well as in the River Arc. MPM produced no 908 909 widening due to form factor which affects the sediment mobility (Schuurman et. al 2013); 910 ANM and WP produced similar widening but ANM resulted in much higher incision.

911 Figure B.1d compares the channel width evolution obtained using a morphological accelerator

912 equal to 5 (Morfac = 5), a way to save computational time (Roelvink, 2006), and the channel

913 width obtained without morphological accelerator (Morfac = 1). The results show that for the

scenarios with constant discharge, the morphological development could be accelerated by a

915 factor of 5 without losing important information. So, for these cases, a simulation of 10 days

- 916 represents the morphological development of 50 computational days. With the selected set of
- 917 parameters, the trends in morphological evolution of the virtual river were similar to the ones
- 918 observed in the experimental channel and were used to set up the model.

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