# www.allesovermd.nl

# The website for all information on macular degeneration



# Learn about the condition

# Find suitable aids

#### Learn from each other

Receive help from outside



### Get in contact with other patients





# **Graduation project**

This poster is part of a graduation project executed at the TU Delft. In this graduation project the topic of macular degeneration was explored. The website presented here is the final deliverable.

Throughout the project it became apparent that macular degeneration patients suffer from feelings of insecurity, especially in the period after the official diagnosis. The cause for this feeling is not attributed to one factor. Multiple factors influence this feeling of which lack of information is one.

After the official diagnosis a patient is often send home without any additional information on what they suffer from. The ophthalmologist tells the patient that at this point in time nothing can be done and if the situation should get worse they have to return to the hospital.

newly diagnosed patients concerning macular degeneration. One of the topics that is present in the website is 'Make it easier'. This topic provides newly diagnosed patients with tips from long-term patients on how to make daily activities easier.

The content of these tips are the result of a brainstorm session conducted with a group of patients in Utrecht, an online survey posted on a Facebook page for visually impaired people and a telephone call with a representative from Bartimeus. In total 20 different tips were gathered spread among 3 categories: cooking, grocery shopping and public transport.

Each tip is presented with an accompanying photograph representing the situation, a

In order to solve this problem different parties have been interviewed including experts on the subject but also patients. The result is a website where all kinds of information are available for

descriptive text explaining the tip and a spoken quote with the actual sentence where the tip is based on.

This project provides the first step for a platform which can be expanded so that many new patients can benefit from it.

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