

A Recipe for Sustainable Living

An Architectural Recipe for Nudging Towards Pro-Environmental Behavior in Housing

For the degree of Master of Science in Architecture, Urbanism and Building Sciences at Delft University of Technology

Danny Westerink
January 10, 2022

Delft University of Technology
Faculty of Architecture and the Built Environment

Course:
AR3AD100
Dutch Housing Graduation Studio
Chair of Architecture and Dwelling

Tutors:
Theo Kupers
Anne Kockelkorn
Pierijn van der Putt
Ferry Adema

Delegate:
Paul Chan



Single-person households: 50%

- Who:**
- Young or old single-person households. The young professionals are at the beginning of both their residential and business career
 - Elderly people are not working anymore.

- Wants/Needs:**
- Increase resident satisfaction; increase comfort and accessibility; support user activities; and increase the effectiveness and efficiency of space usage.



Single-parent households: 10%

- Who:**
- Divorced families, households with one or two children.

- Wants/Needs:**
- Attractive rental and owner- occupied apartments in the middle and high segment; something specific and perhaps unusual such as the chance to build their own home, or to live near other like minded individuals; living concepts that focus on a specific lifestyle



Two-person households: 20%

- Who:**
- Young double or older double households. The young couples are at the beginning of both their residential and business career, and possibly planning to create a family. The older group is mostly working whose children are not living at home anymore

- Wants/Needs:**
- Compact, affordable apartments for the middle income; opportunities to meet (café, park, sports, etc.); access to public transit; shared facilities such as cars, bikes, outdoor areas, laundry, or workshops.



Families: 20%

- Who:**
- Families, households with children living at home.

- Wants/Needs:**
- Flexible family apartments and townhouses, both rental and ownership; safe neighborhood with good school, daycare and other families with children; more compact living with collective playroom, storage, and outdoor space.



Project Title

Recipe for Sustainable Living

Studio

Advanced Housing Design
Graduation Studio

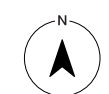
Name

Danny Westerink
4540824

Date

10.01.2022

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| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |



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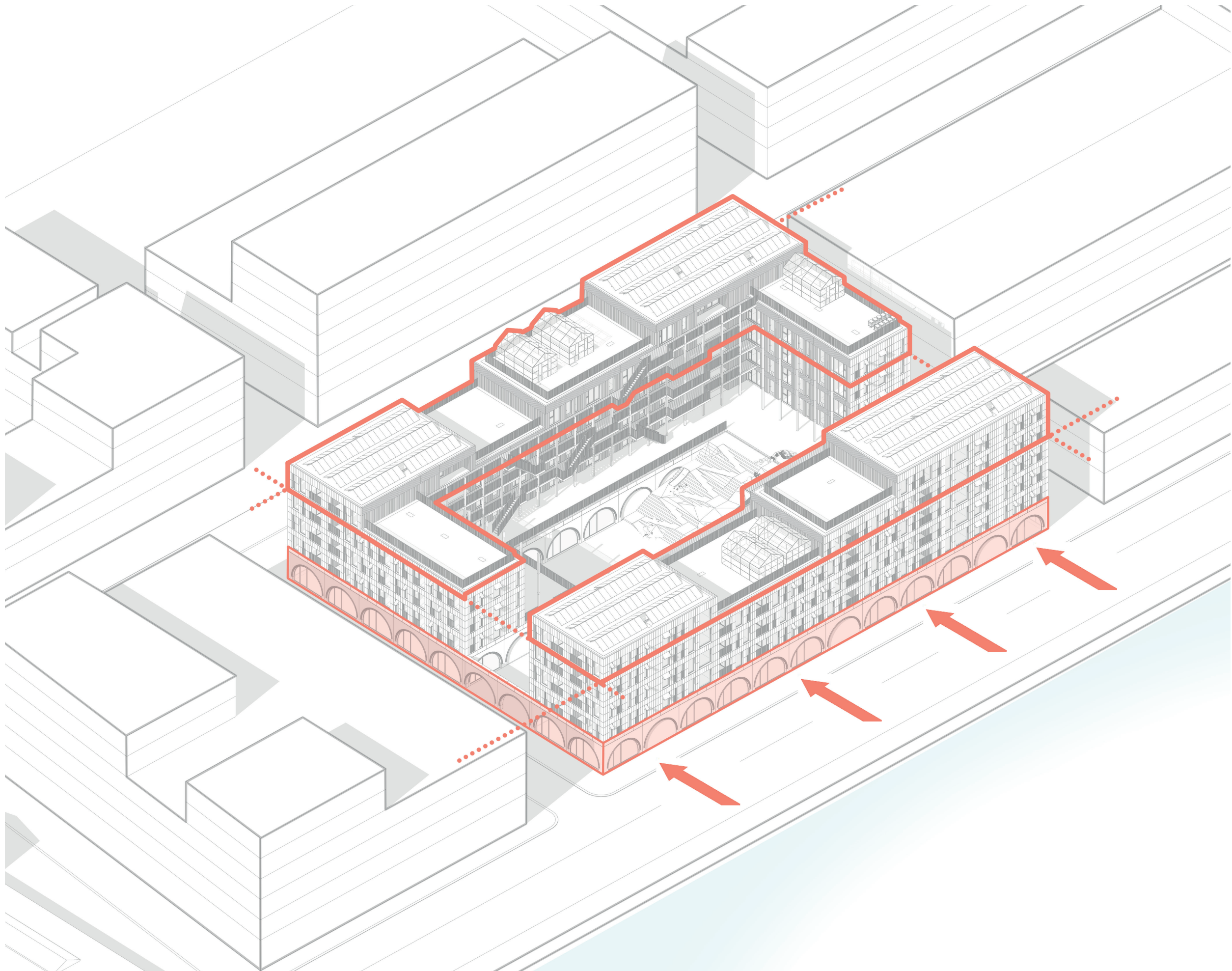
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3

Drawing Content

Urban Drawing

CO-1001



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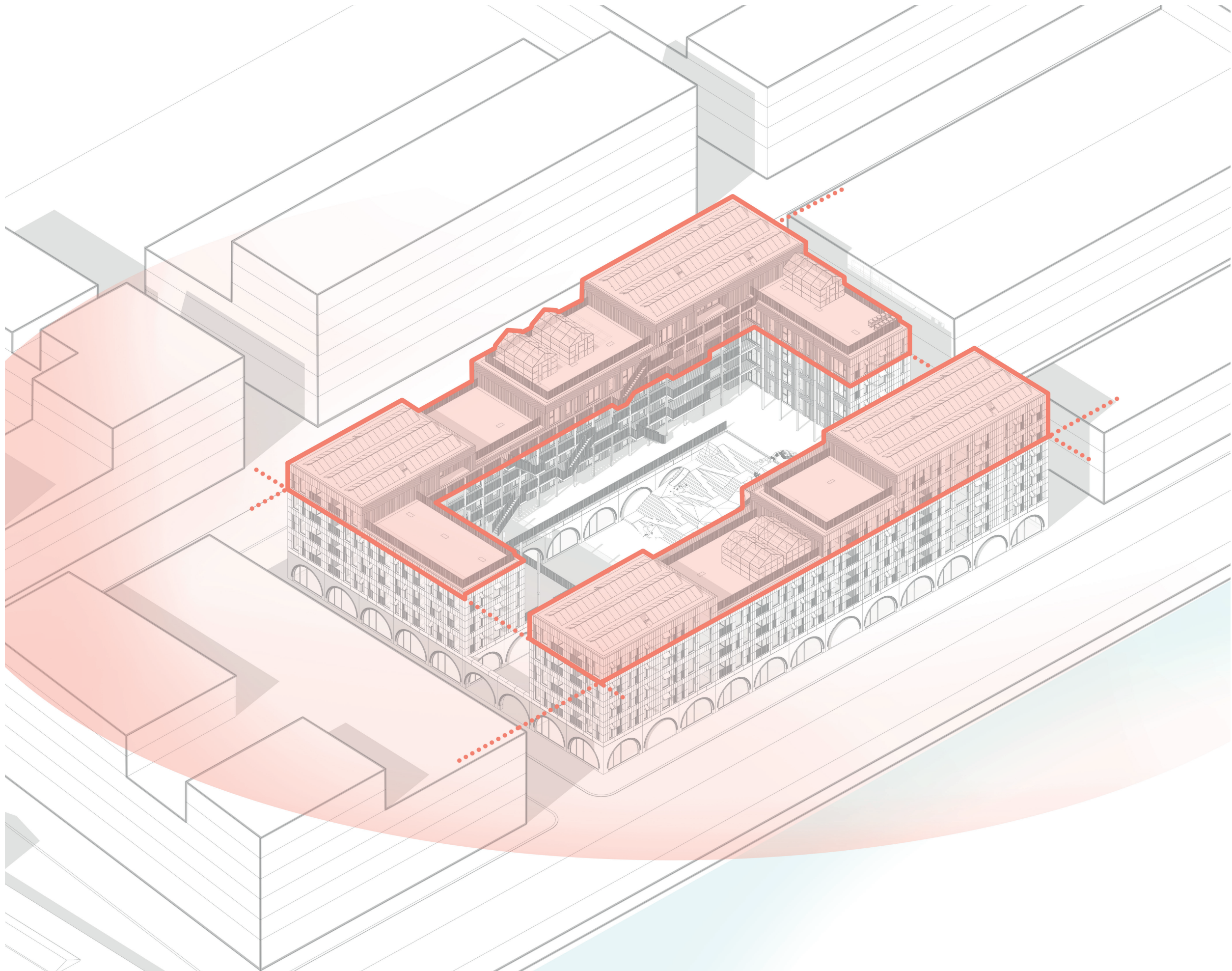
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Drawing Content
Principles Urban Masterplan

CO-1002



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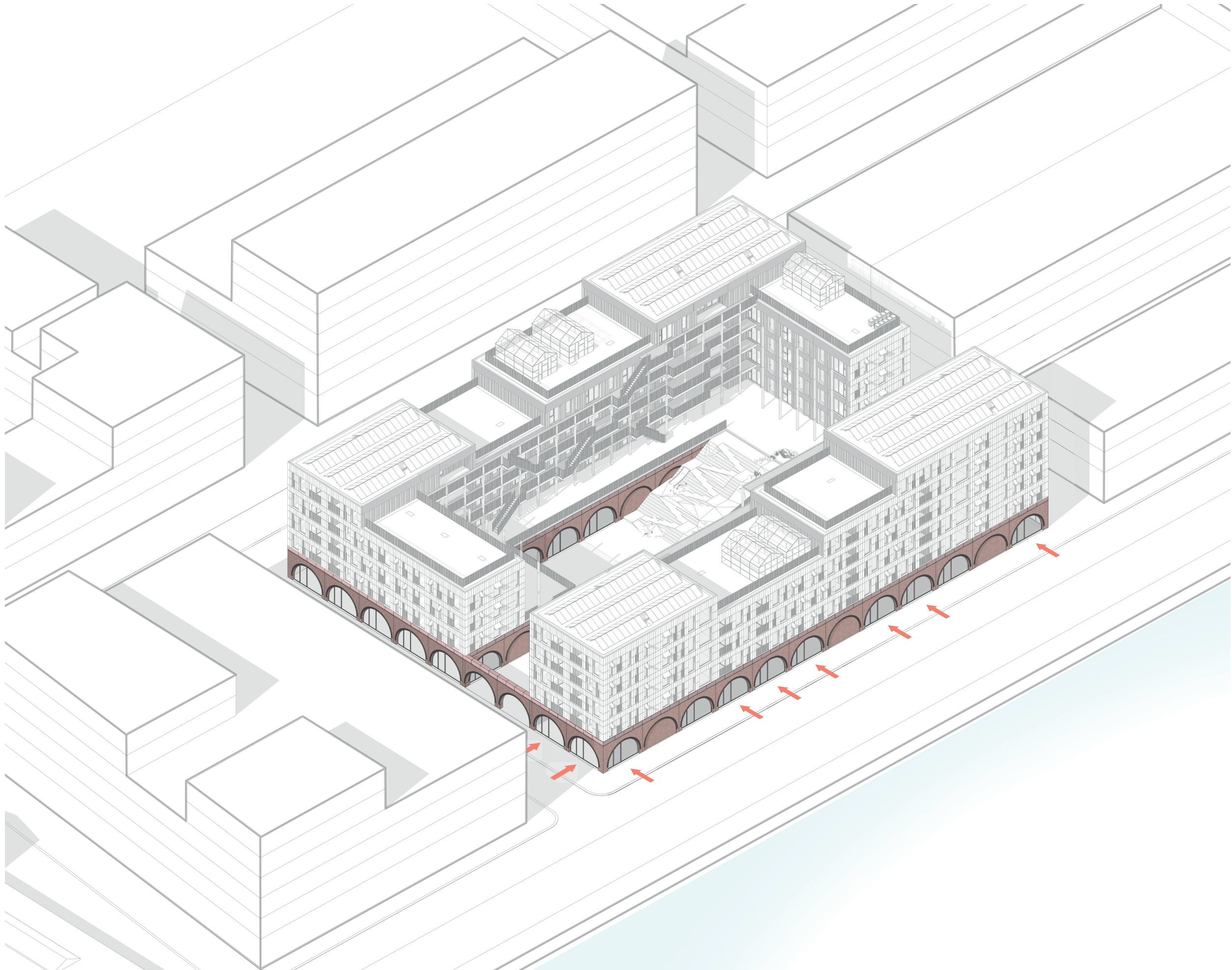
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| Impression | IM |

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Page No.
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Drawing Content
**Building Height
Sun Study**

CO-1003



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Graduation Studio**

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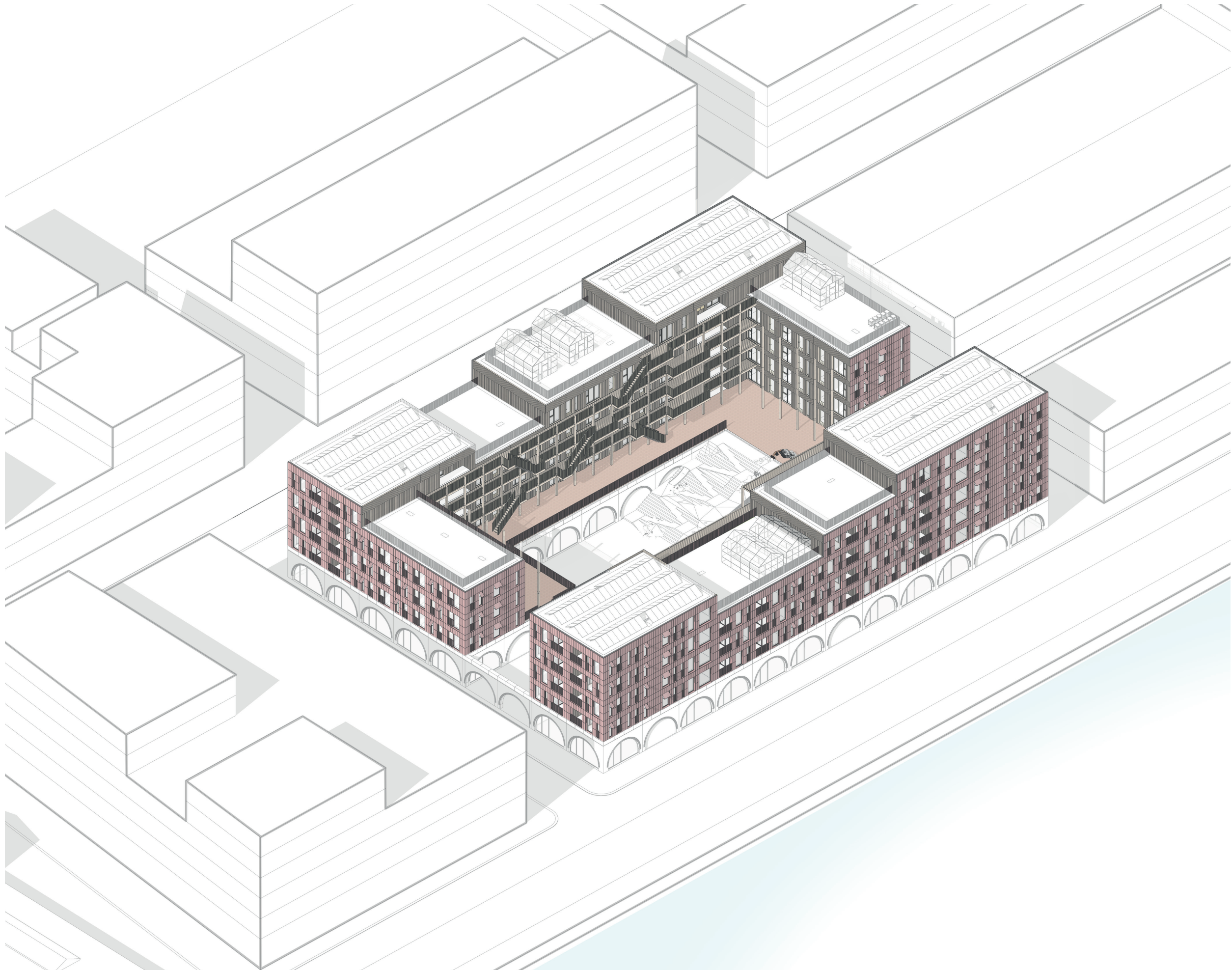
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| Impression | IM |

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Drawing Content
Public Plinth

CO-1004



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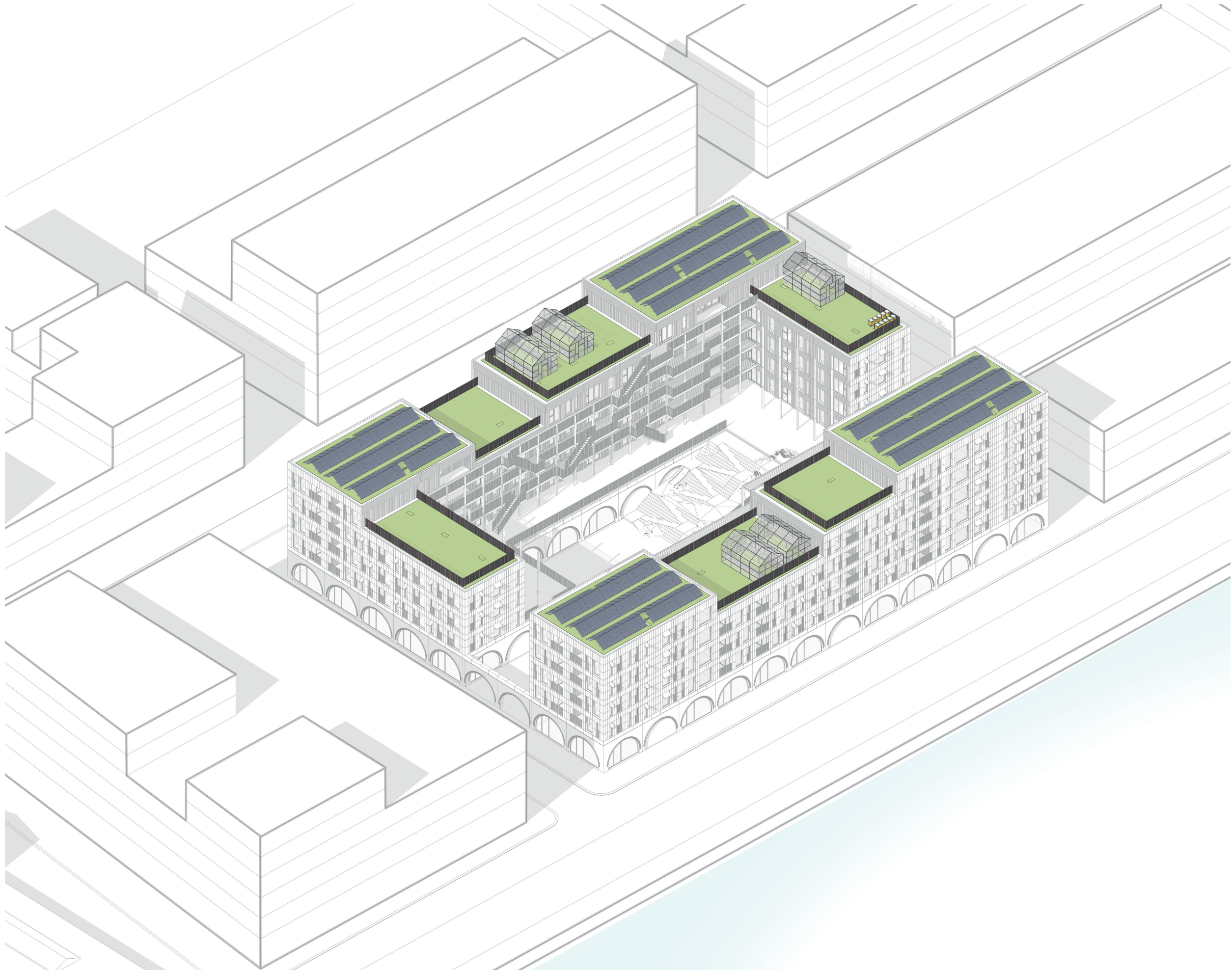
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| Impression | IM |

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Drawing Content
Dwelling Orientation

CO-1005



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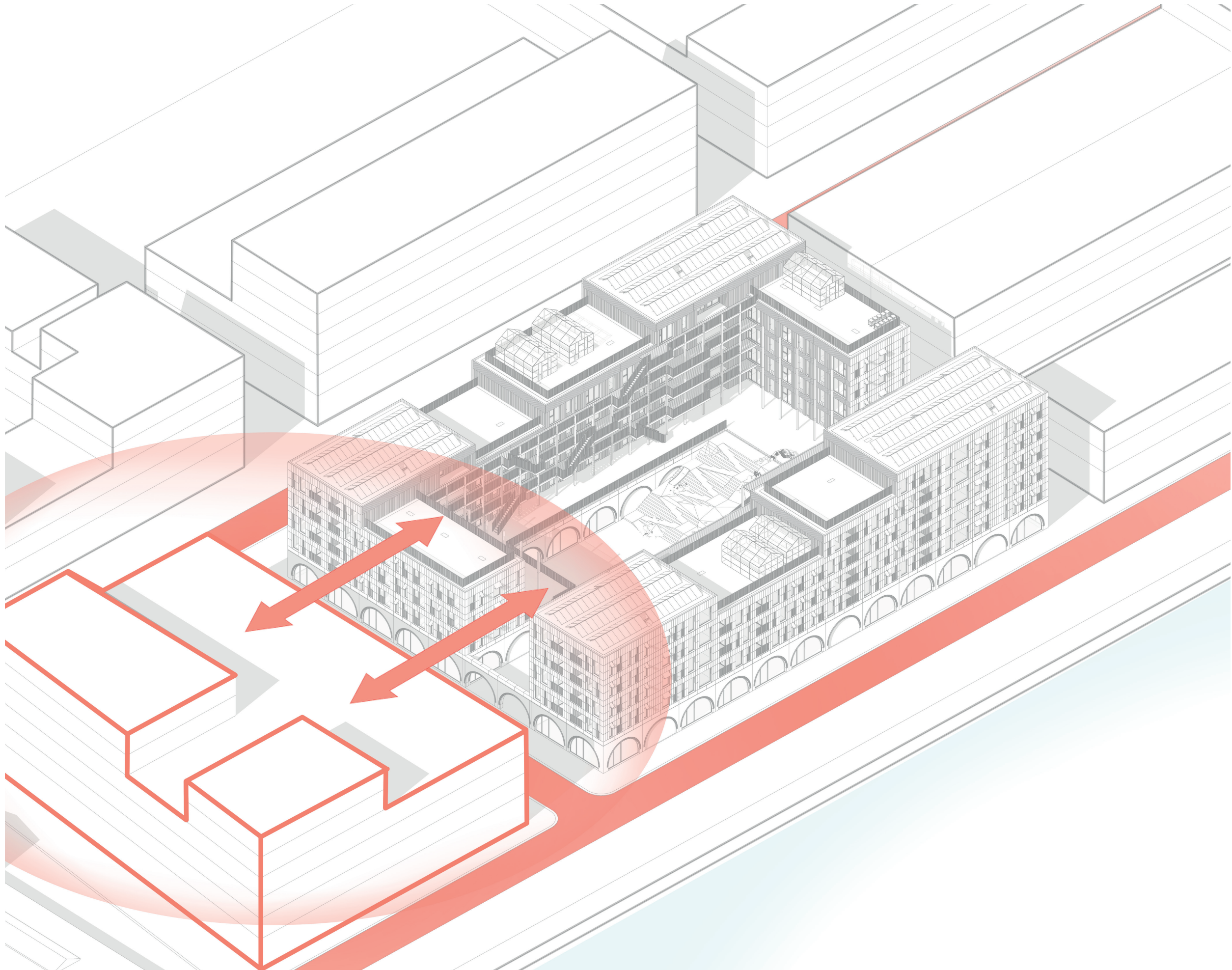
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Drawing Content
Roofscape

CO-1006



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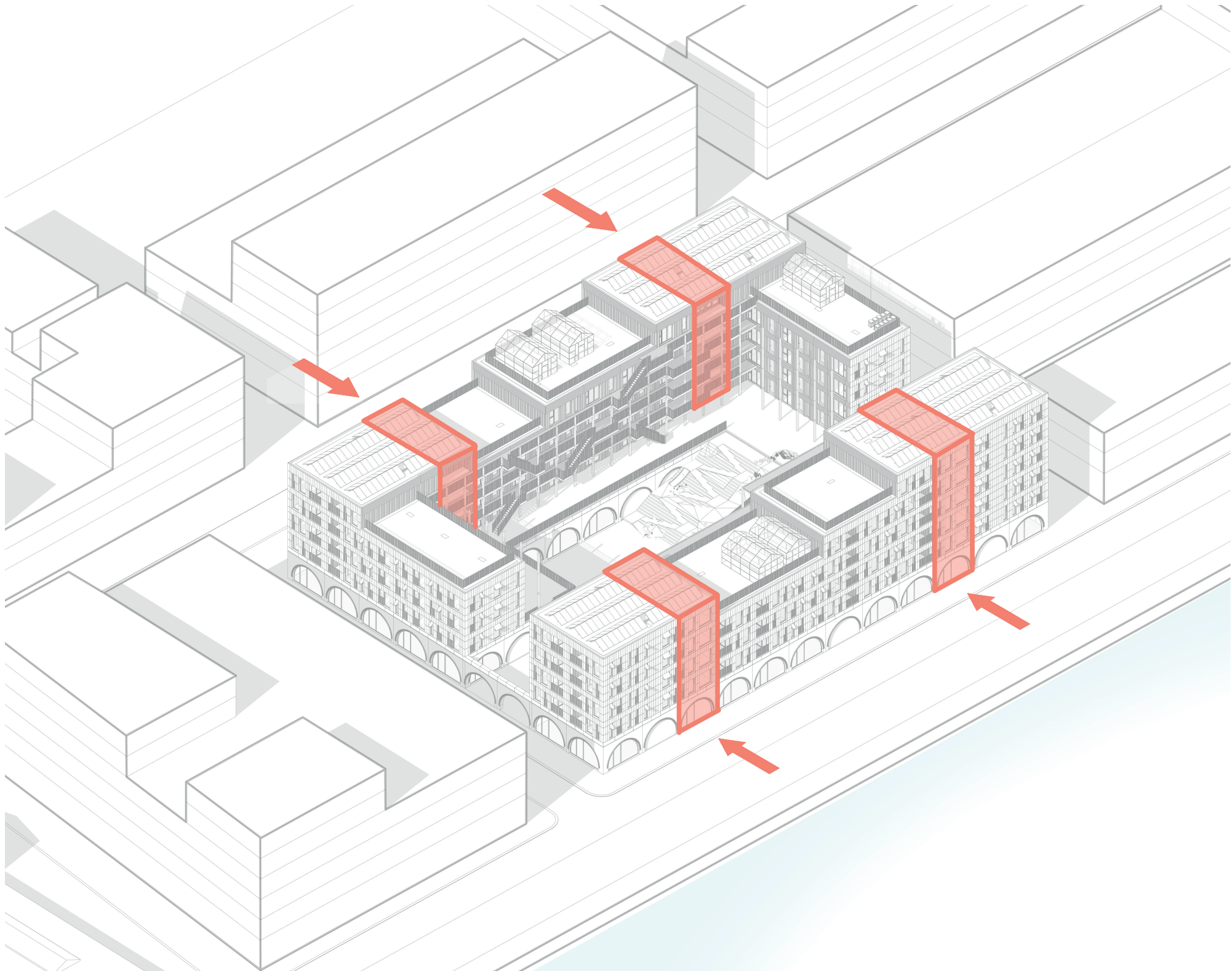
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Drawing Content
**Mobility Hub
Transport**

CO-1007



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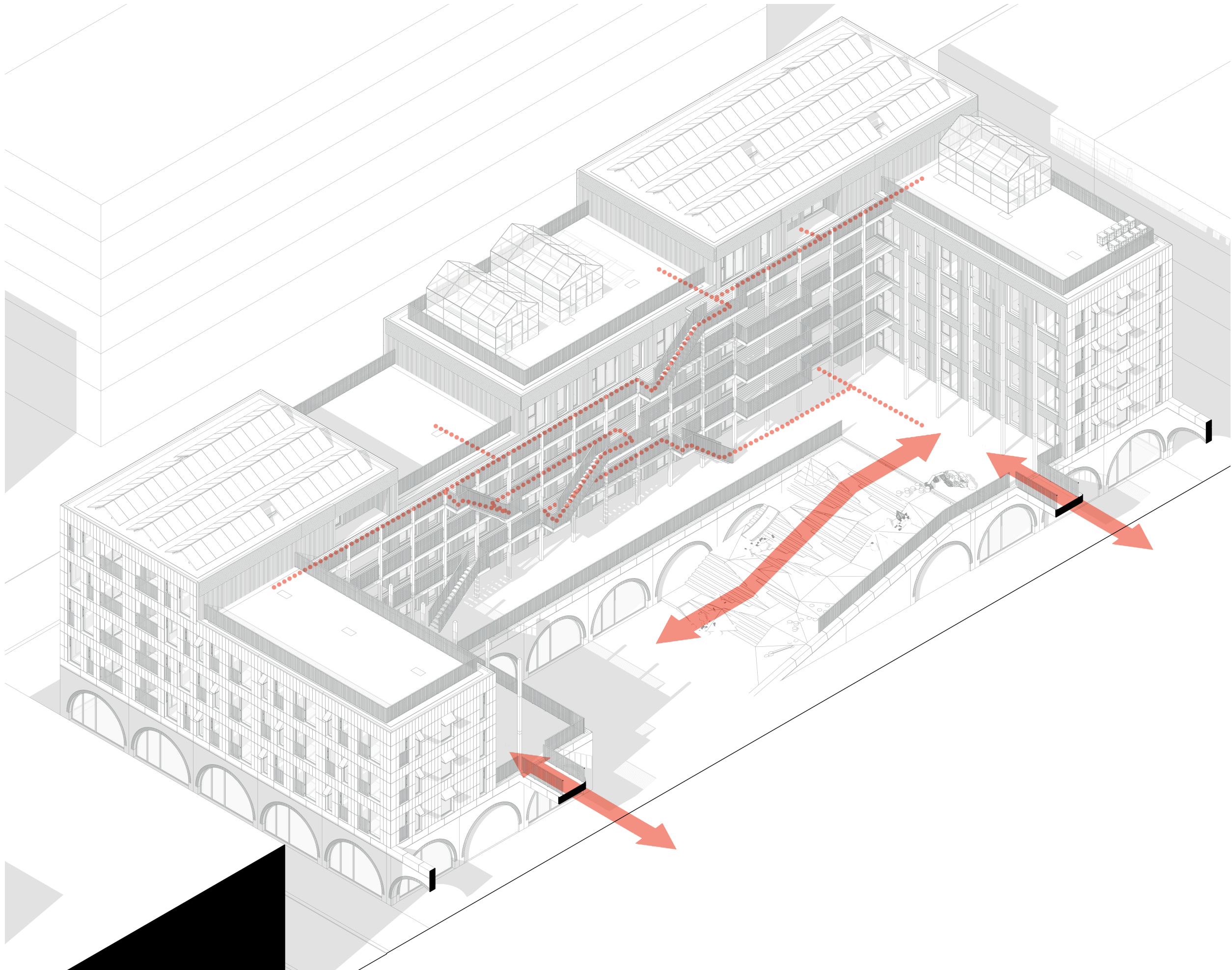
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Drawing Content
Circulation System

CO-1008



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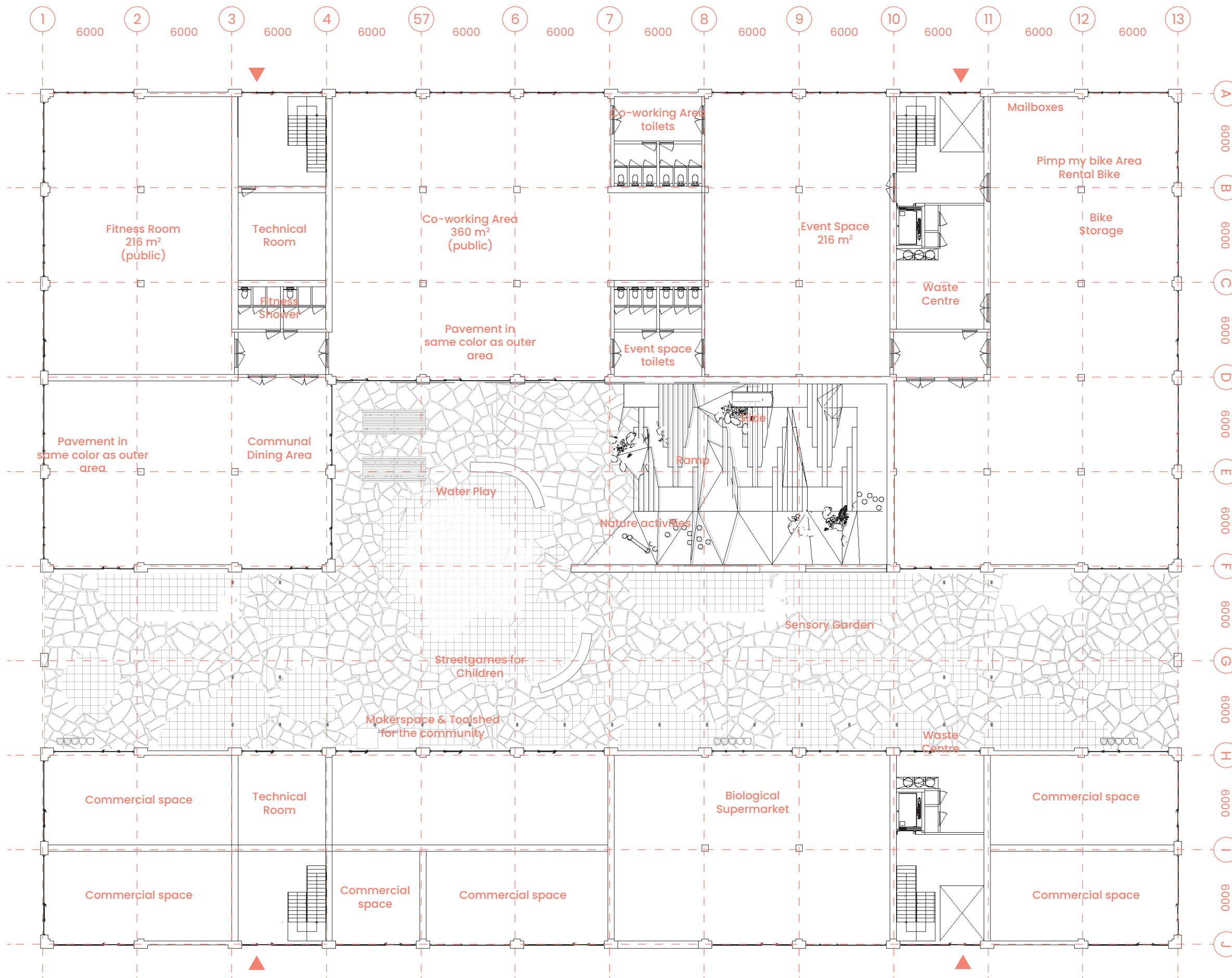
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Drawing Content
Circulation System

CO-1009



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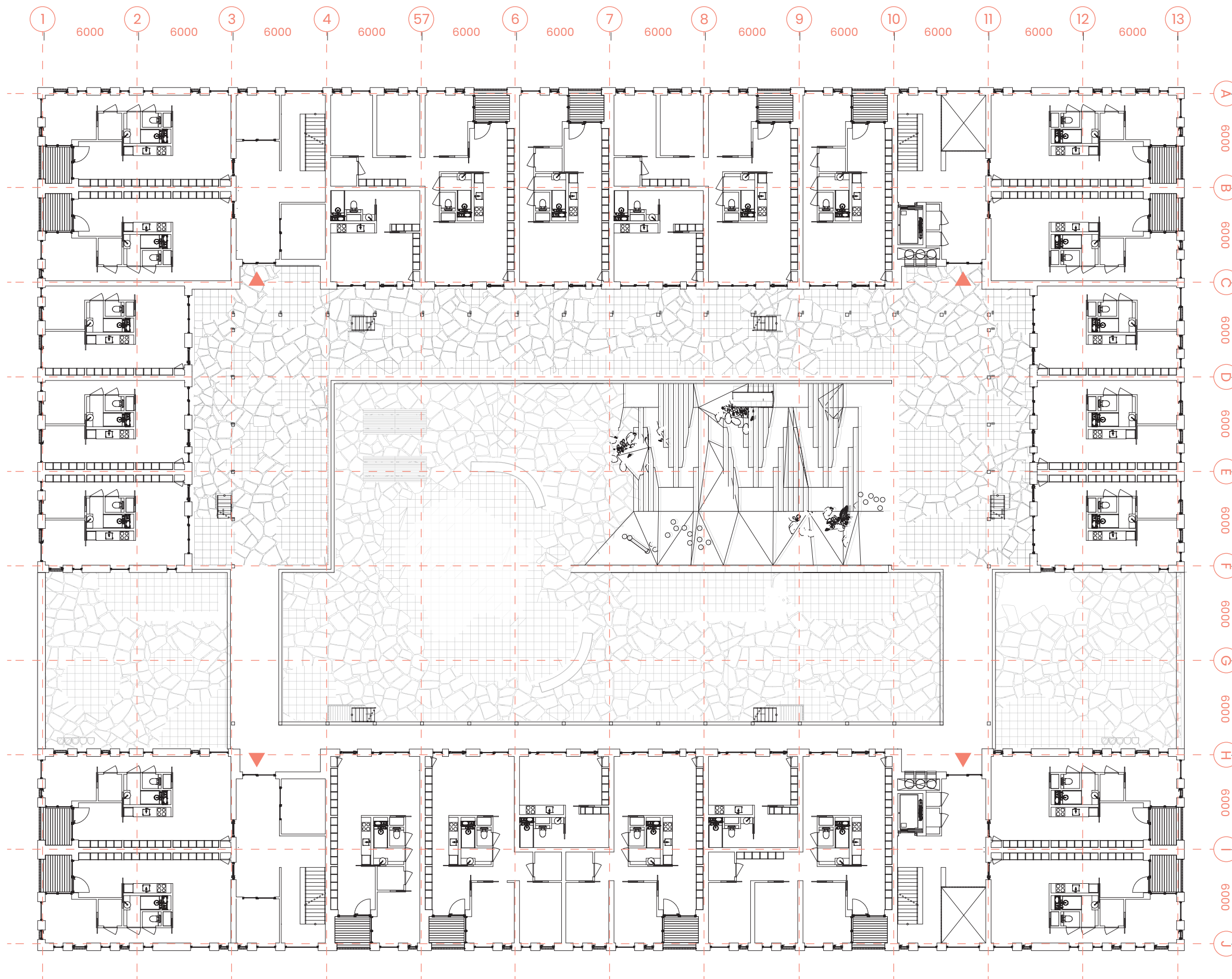
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Drawing Content
**Floor Plans
Ground Floor**

AR-2000



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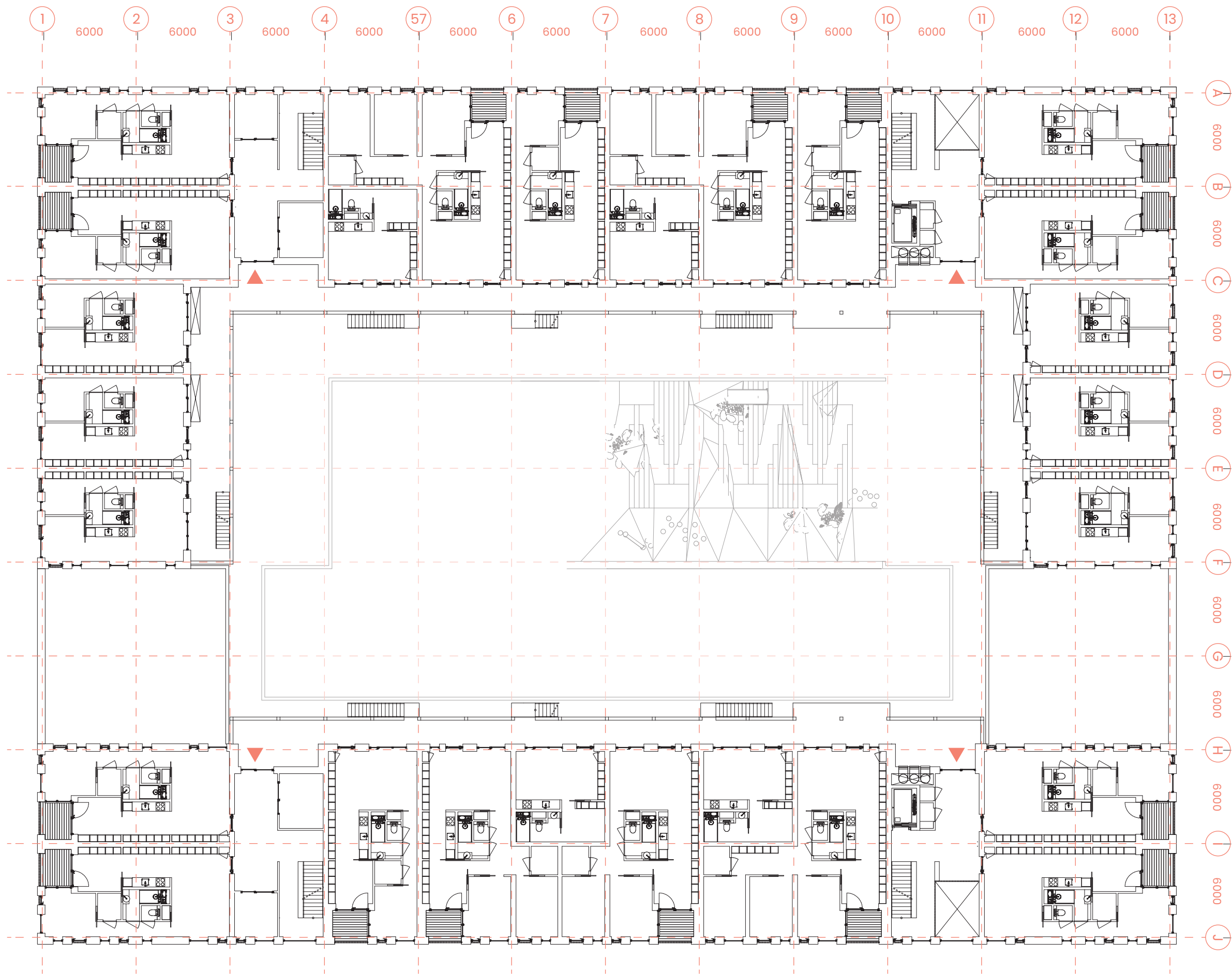


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Drawing Content
**Floor Plans
First Floor**

AR-2001



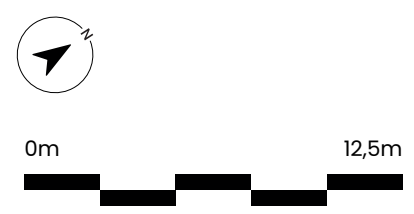
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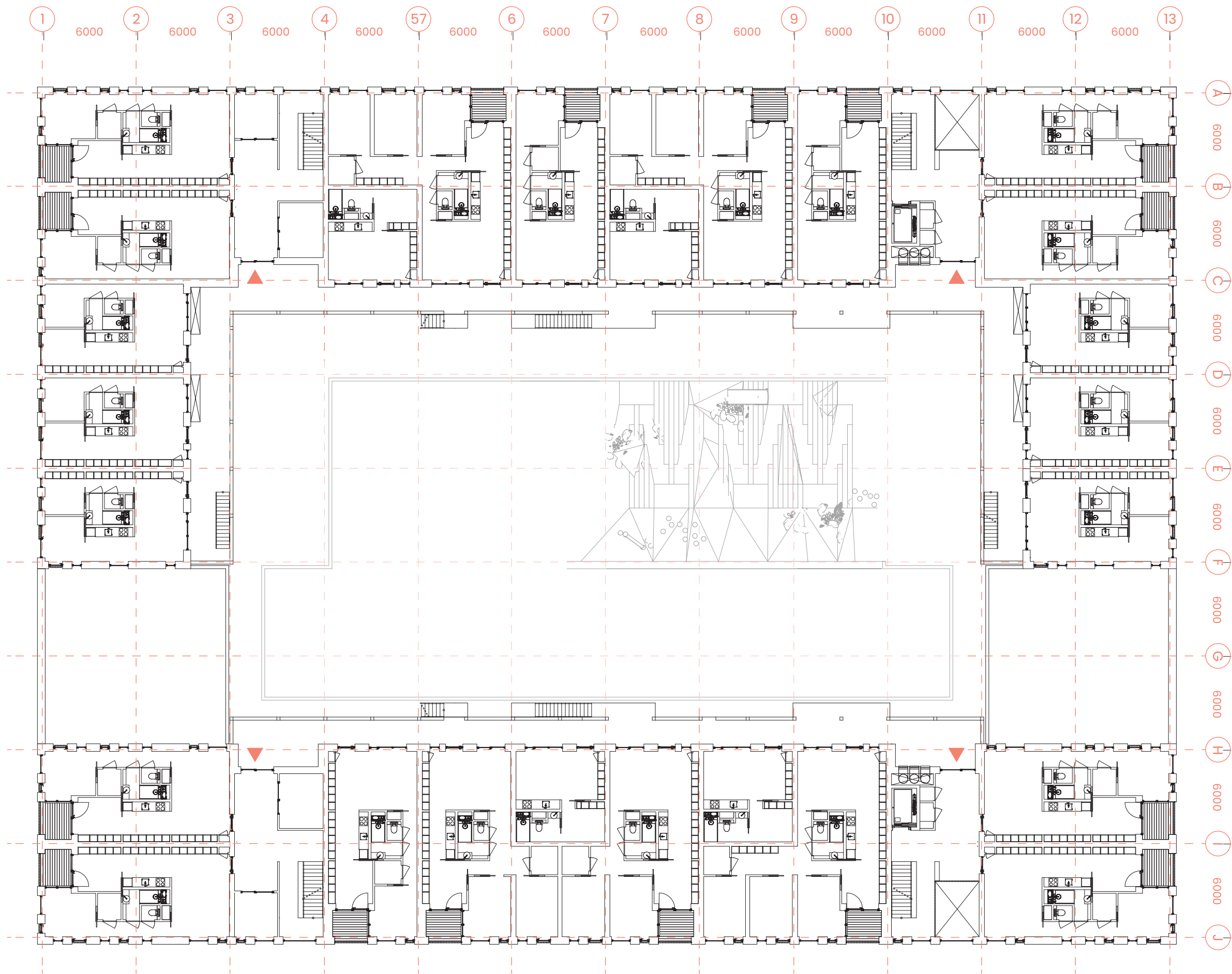


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Drawing Content
Floor Plans
Second Floor

AR-2002



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Concept
Architecture
Interior
Building Technology
Impression

CO
AR
IN
BT
IM

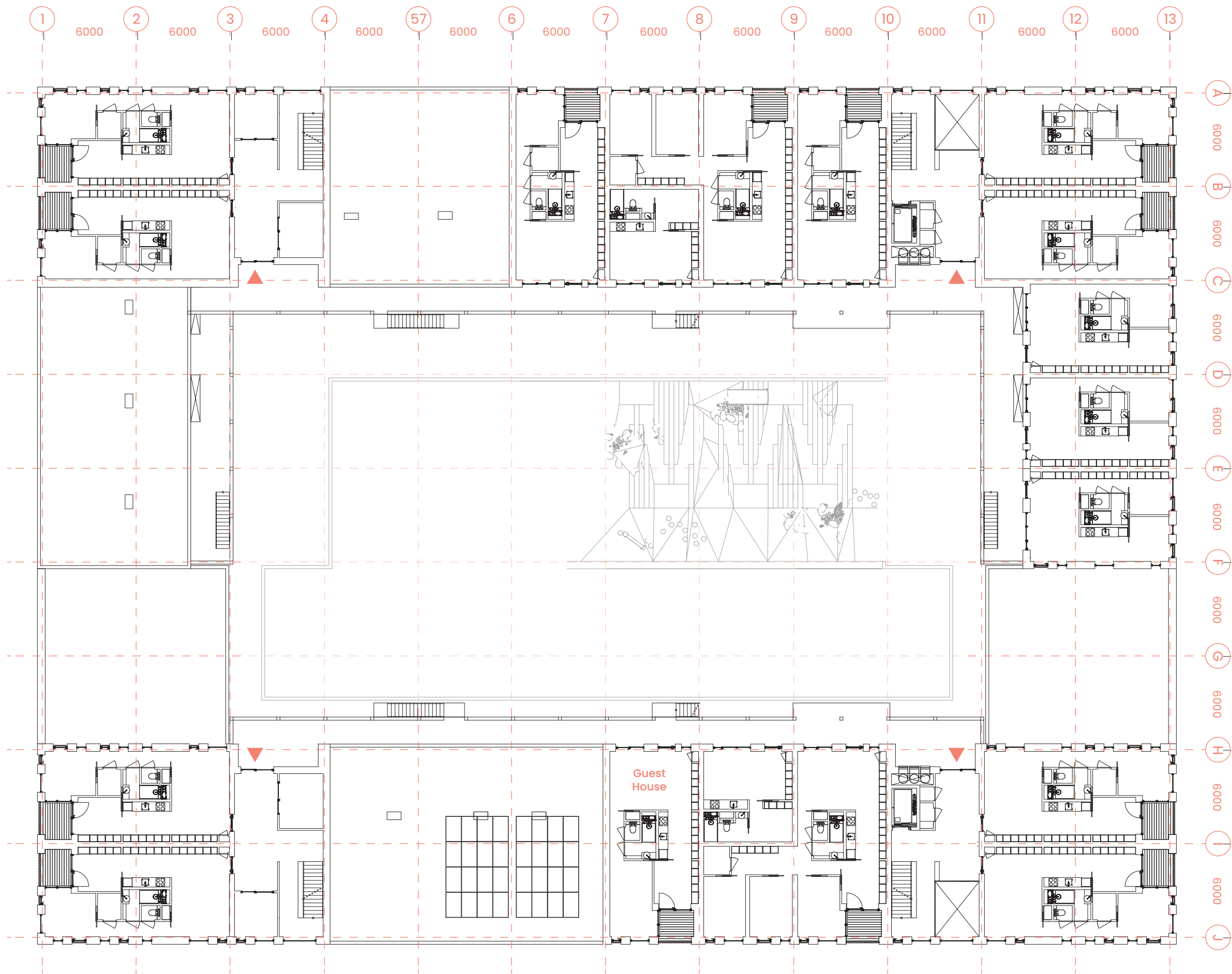


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Drawing Content
**Floor Plans
Third Floor**

AR-2003



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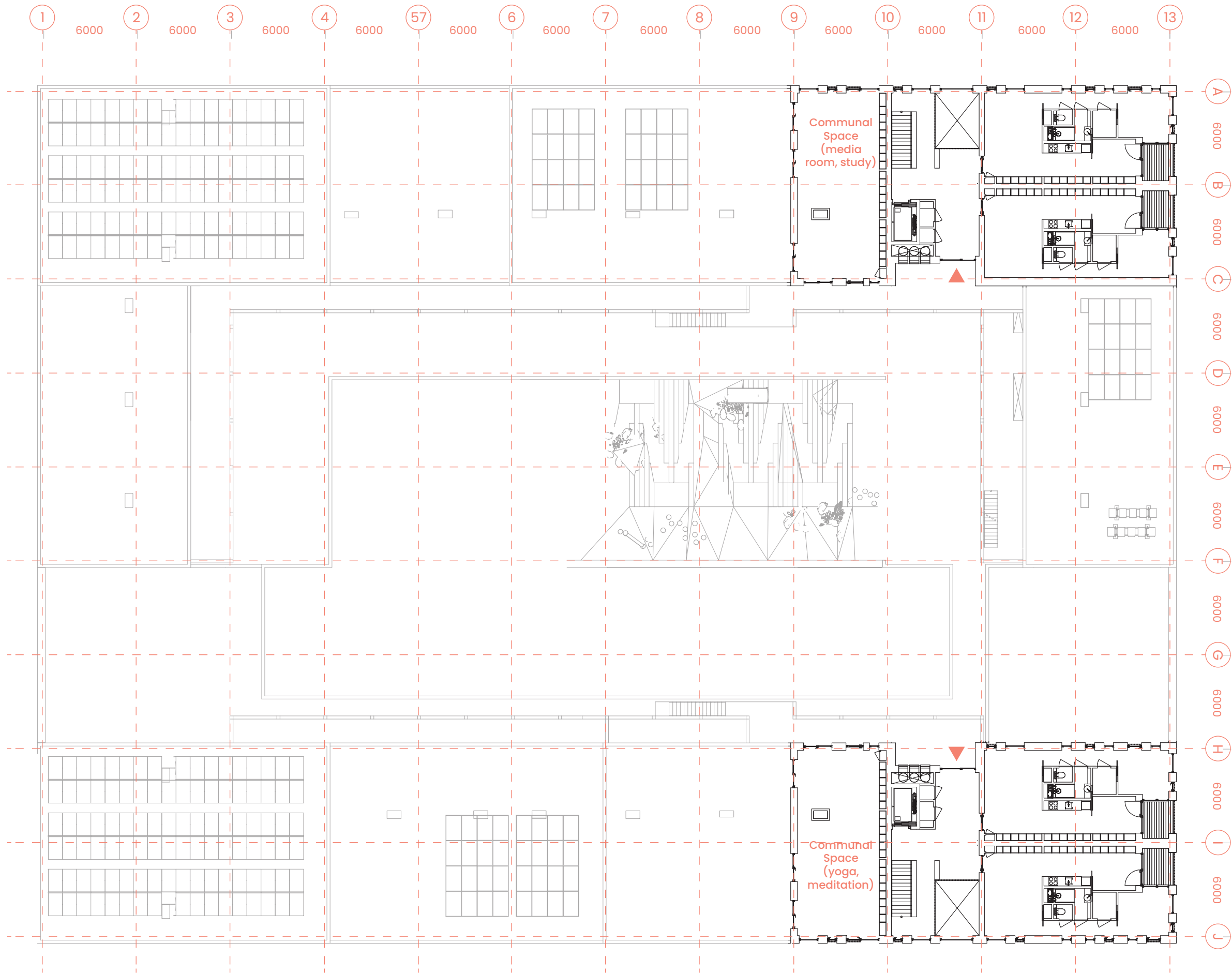
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Drawing Content
**Floor Plans
Fourth Floor**

AR-2004



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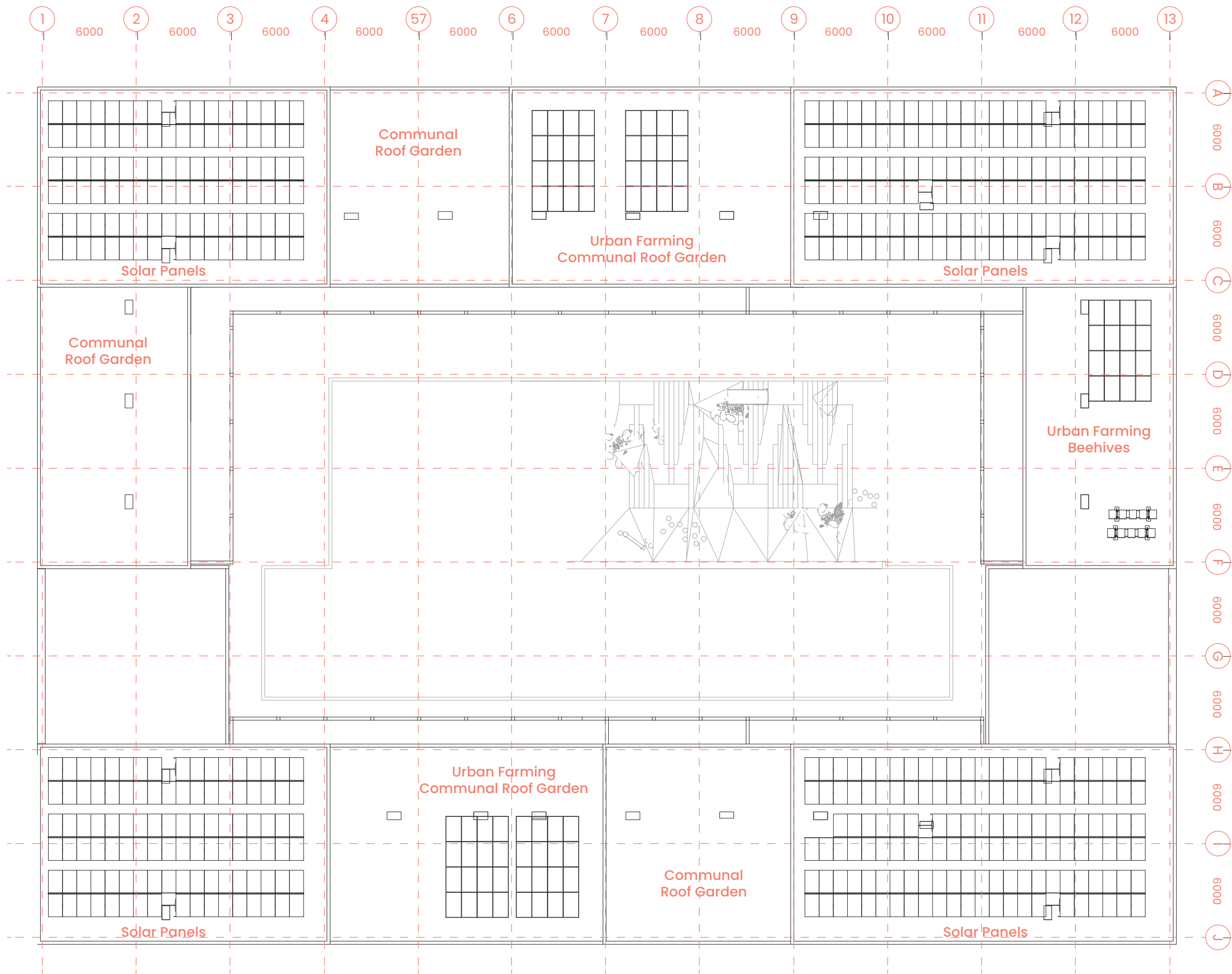


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Page No.
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Drawing Content
**Floor Plans
Fifth Floor**

AR-2005



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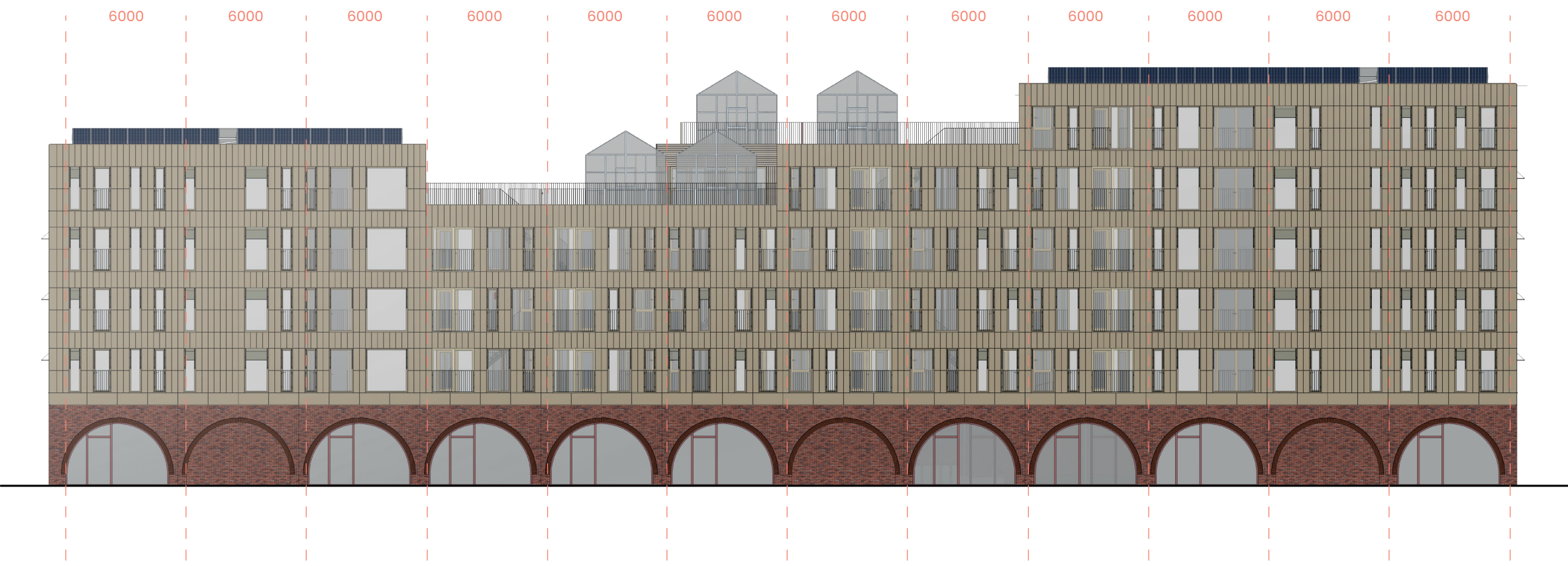
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Drawing Content

Floor Plans
Roof

AR-2006



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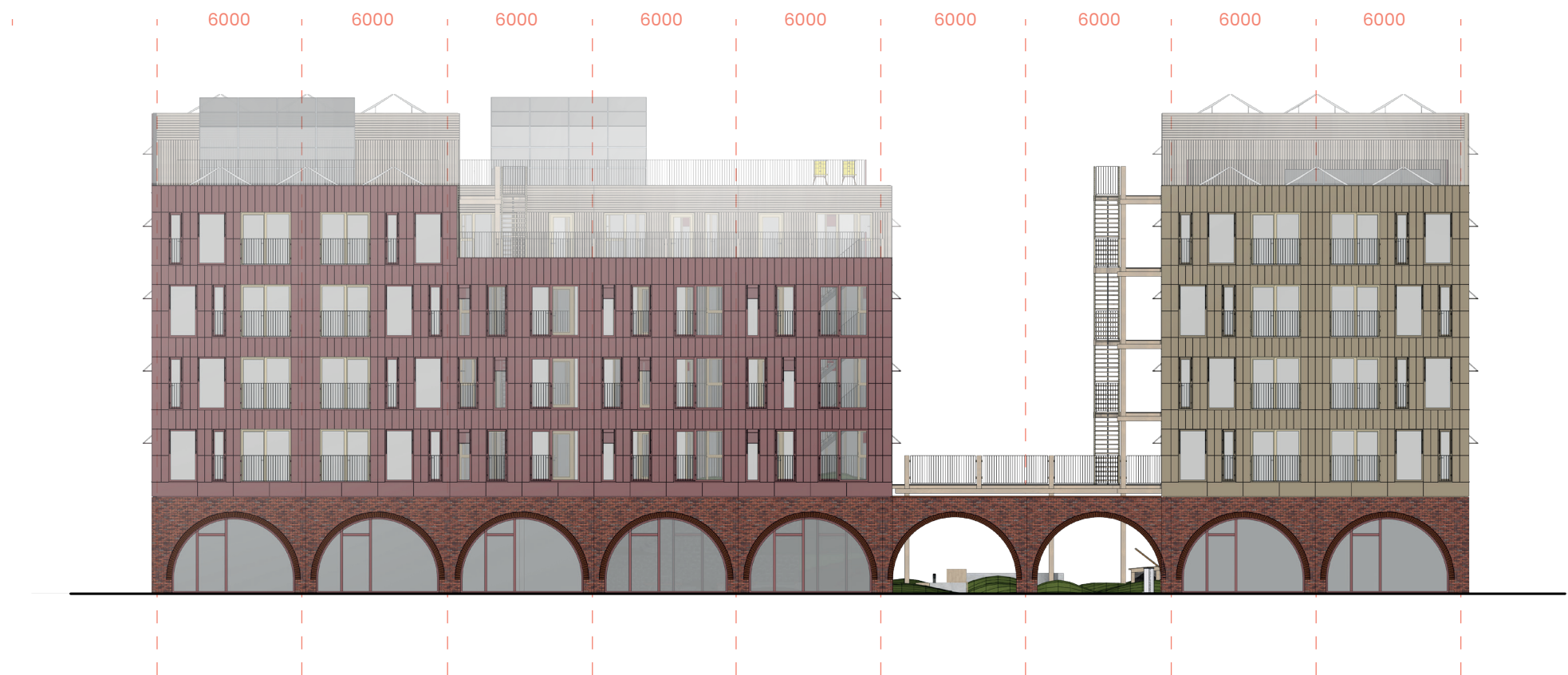


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Drawing Content
**Facade Elevation
East Facade**

AR-2010



Project Title

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Living

Studio

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Graduation Studio

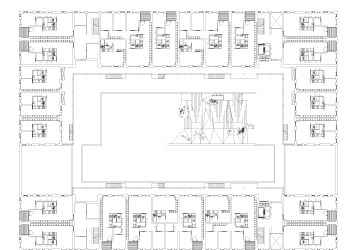
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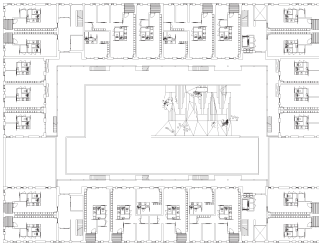
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Drawing Content

Facade Elevation
South Facade

AR-2011





Project Title

Recipe for Sustainable
Living

Studio

Advanced Housing Design
Graduation Studio

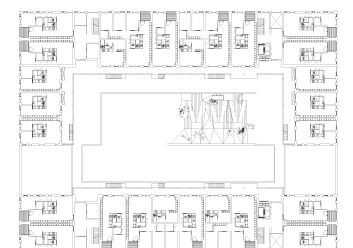
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| Building Technology | BT |
| Impression | IM |



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Drawing Content

Facade Elevation
North Facade

AR-2013

Project Title

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Graduation Studio

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4540824

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Concept

CO

Architecture

AR

Interior

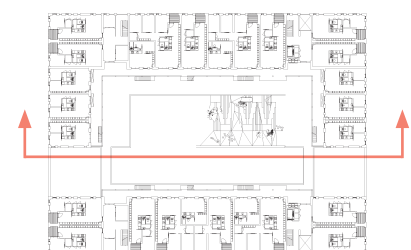
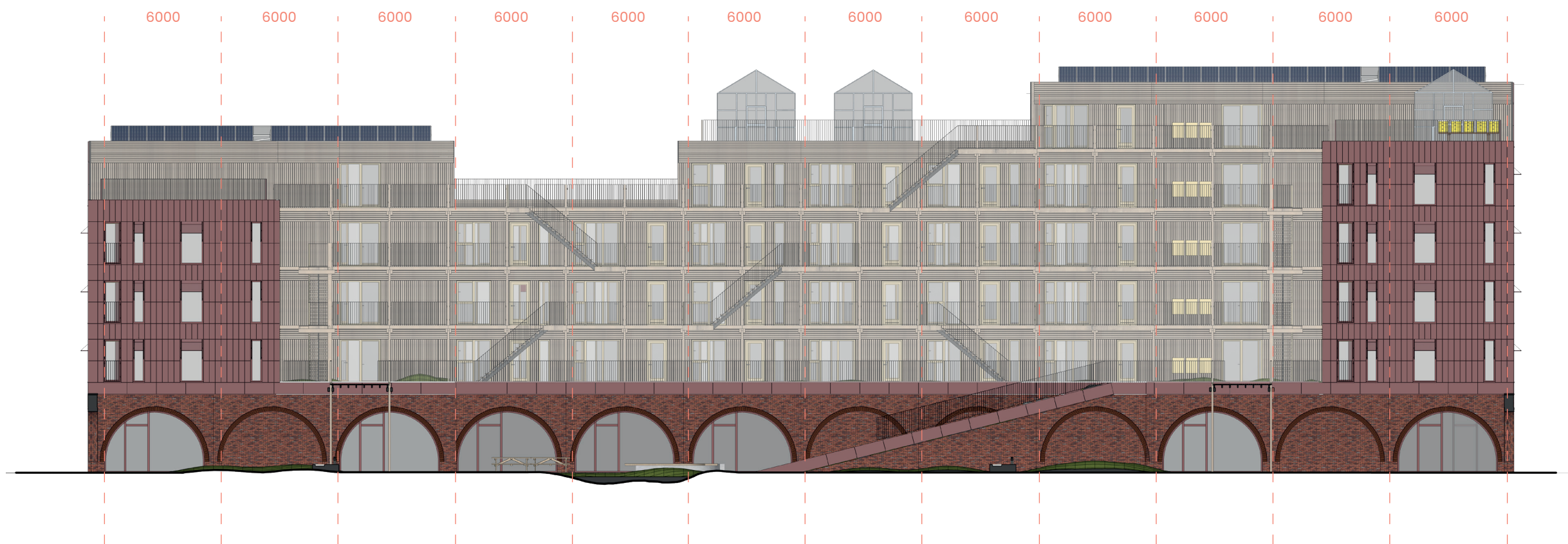
IN

Building Technology

BT

Impression

IM



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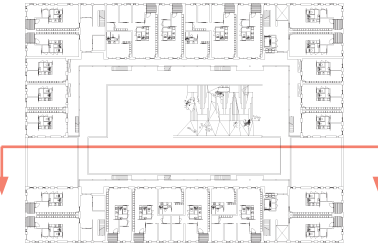
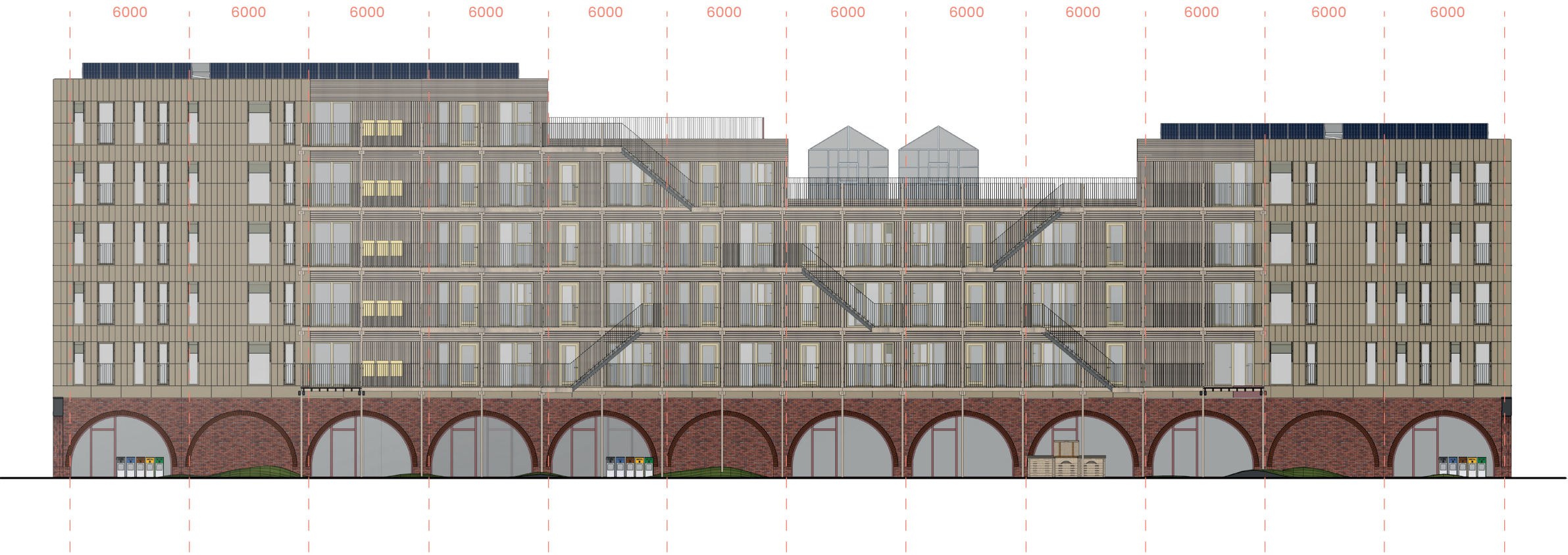
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Drawing Content

Facade Elevation
Inner Facade South-West

AR-2014



Project Title

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Studio

Advanced Housing Design
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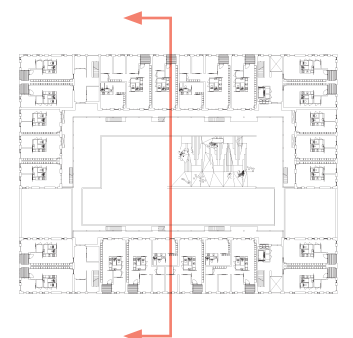
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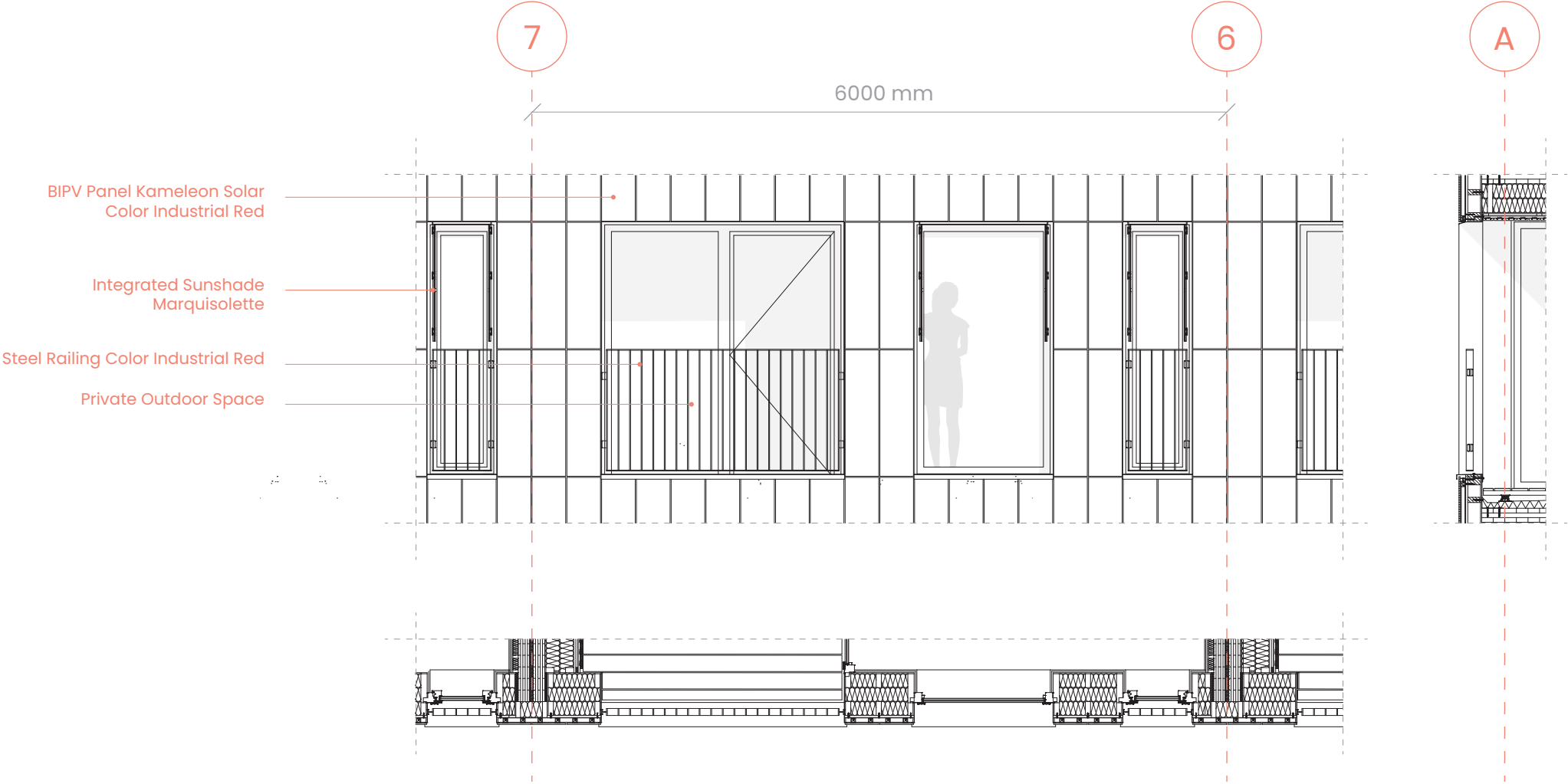
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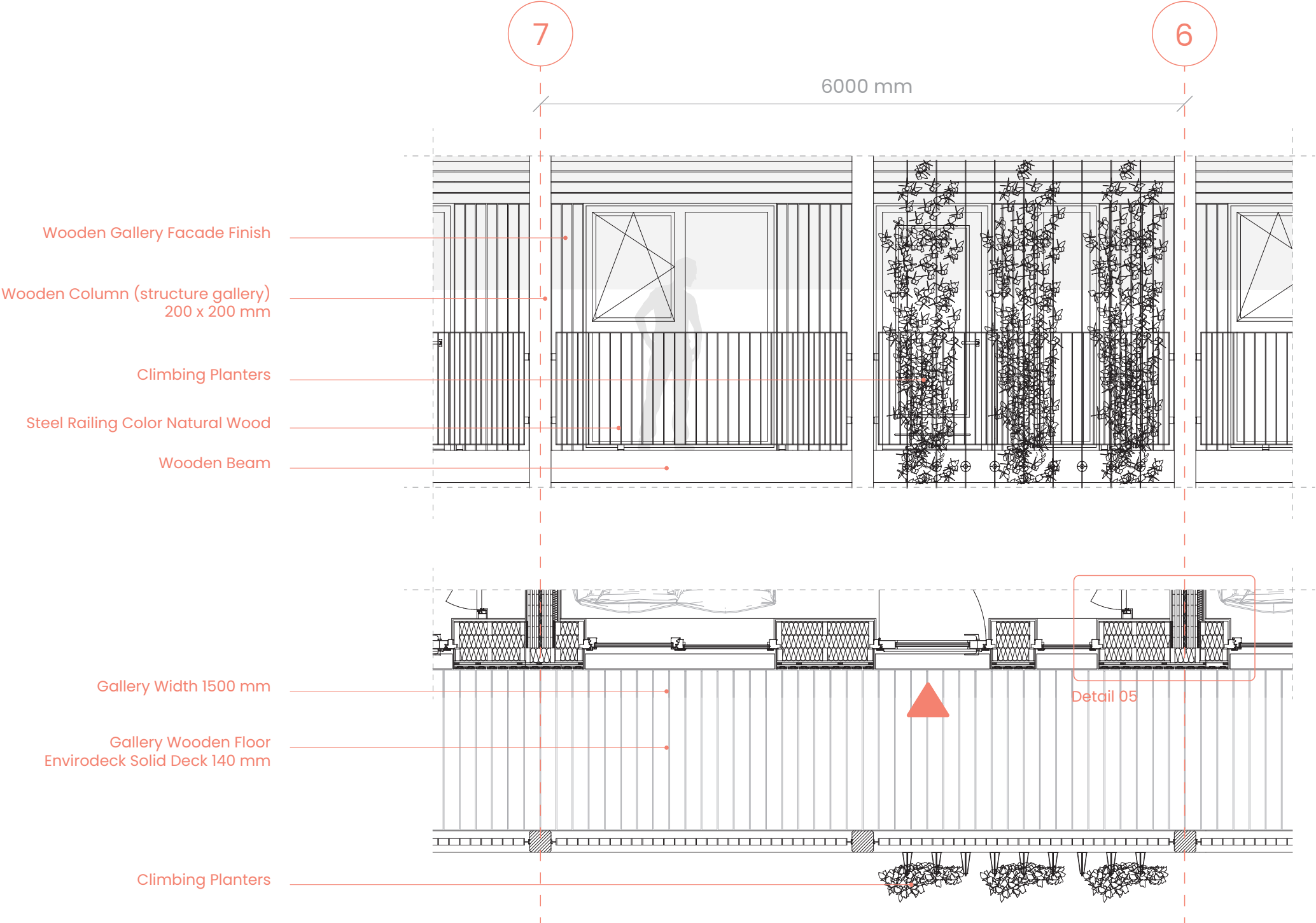
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Drawing Content

Section A-A

AR-2015





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4540824

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Concept

Architecture

Interior

Building Technology

Impression

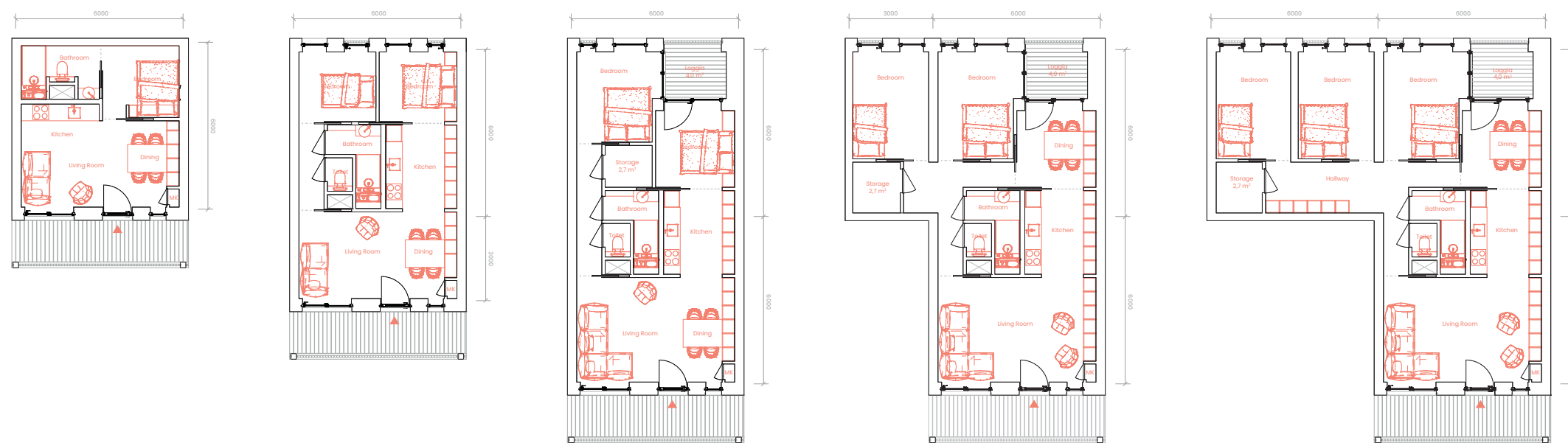
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BT

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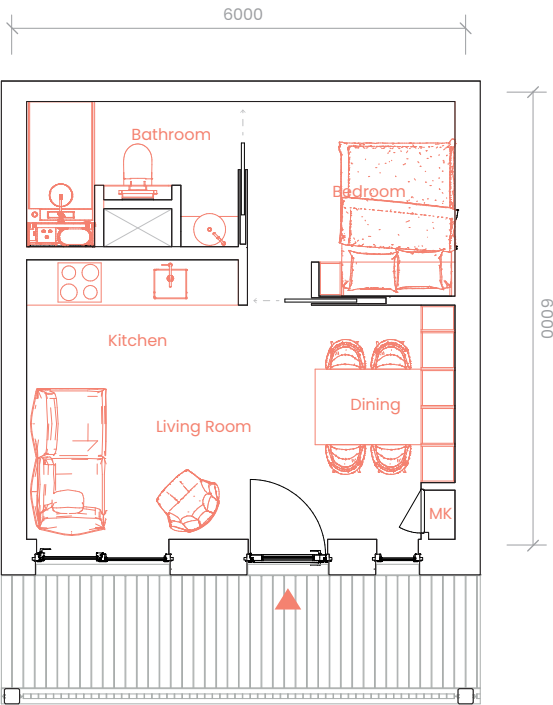
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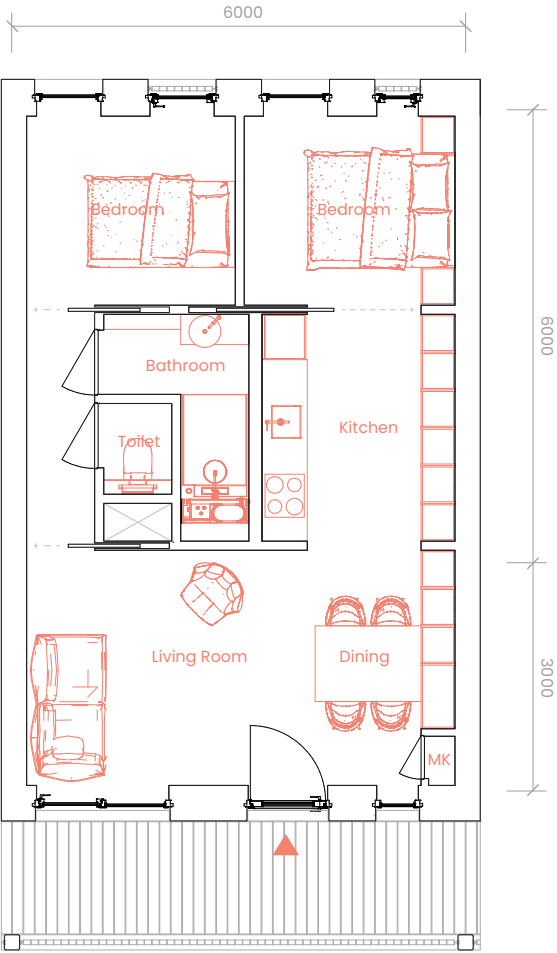
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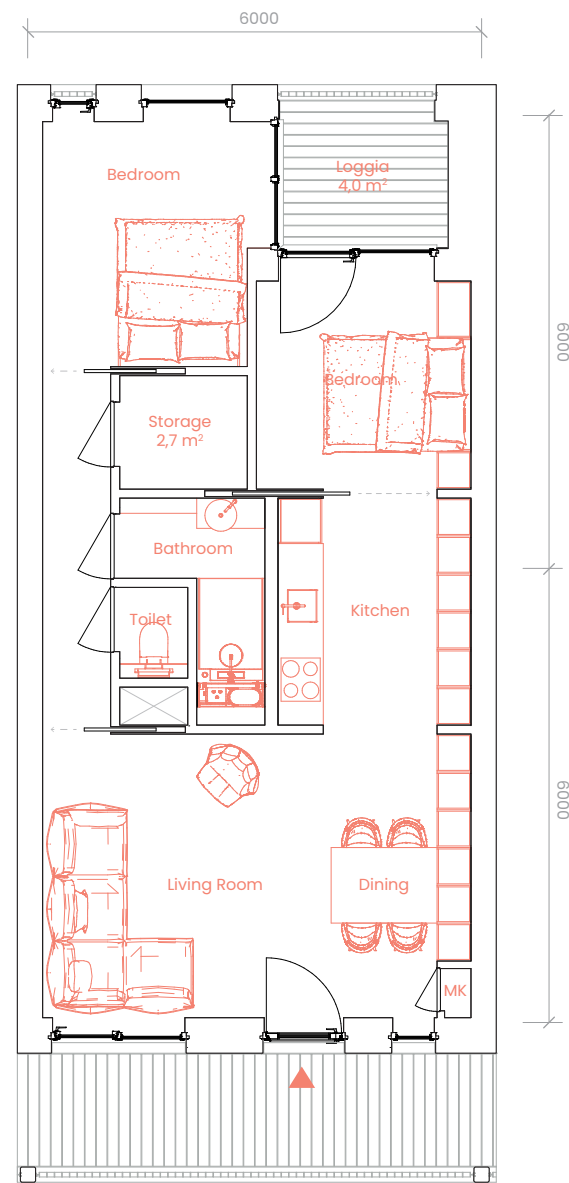
Drawing Content

Overview of Dwelling Types

AR-2018







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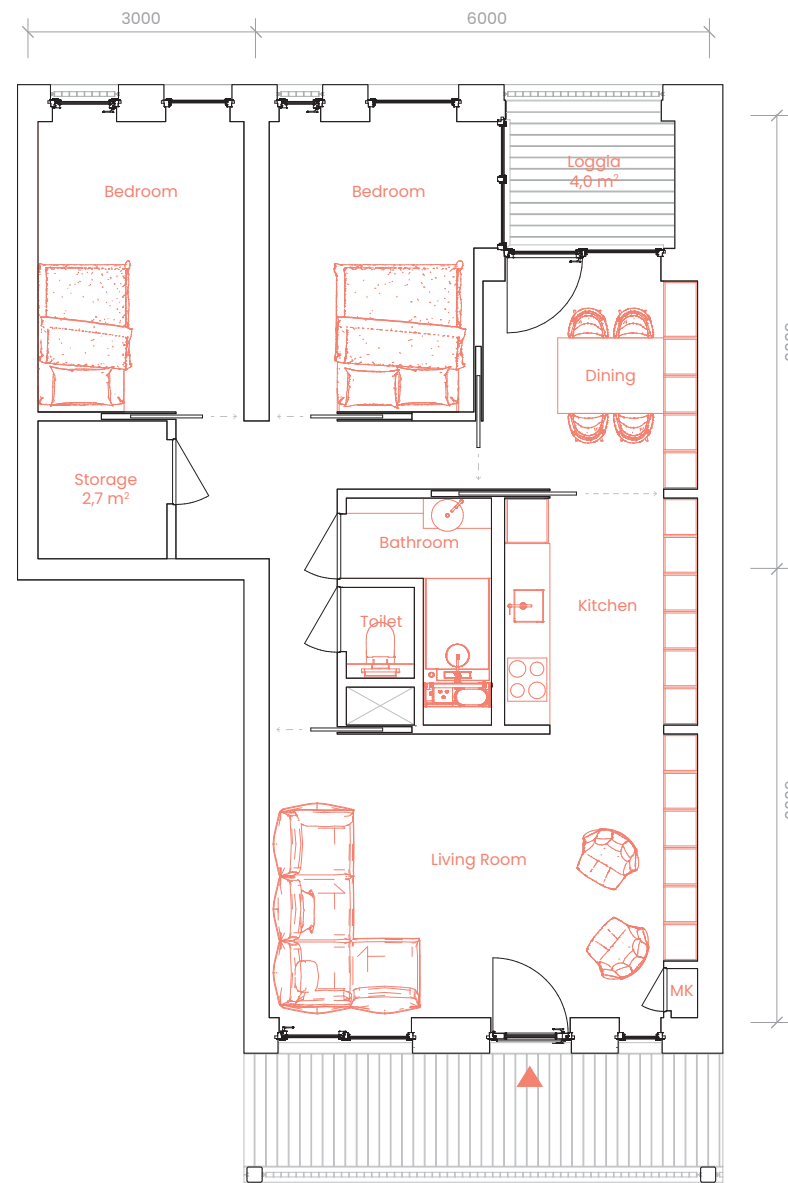


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| 1 : 100 | 31 |

Drawing Content

Dwelling Type C
72 m²

AR-2021



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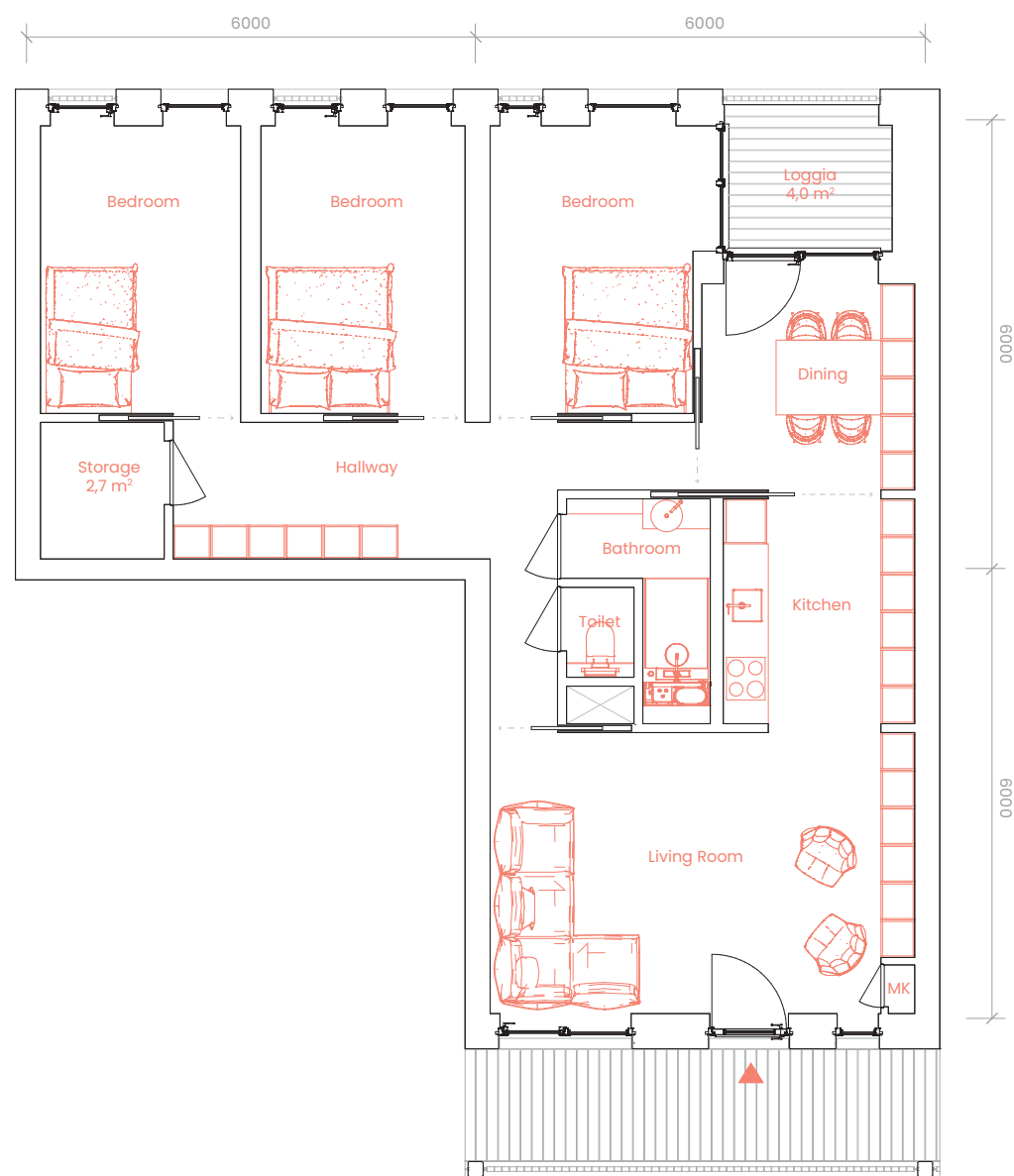


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Drawing Content

Dwelling Type D
90 m²

AR-2022



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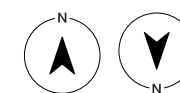
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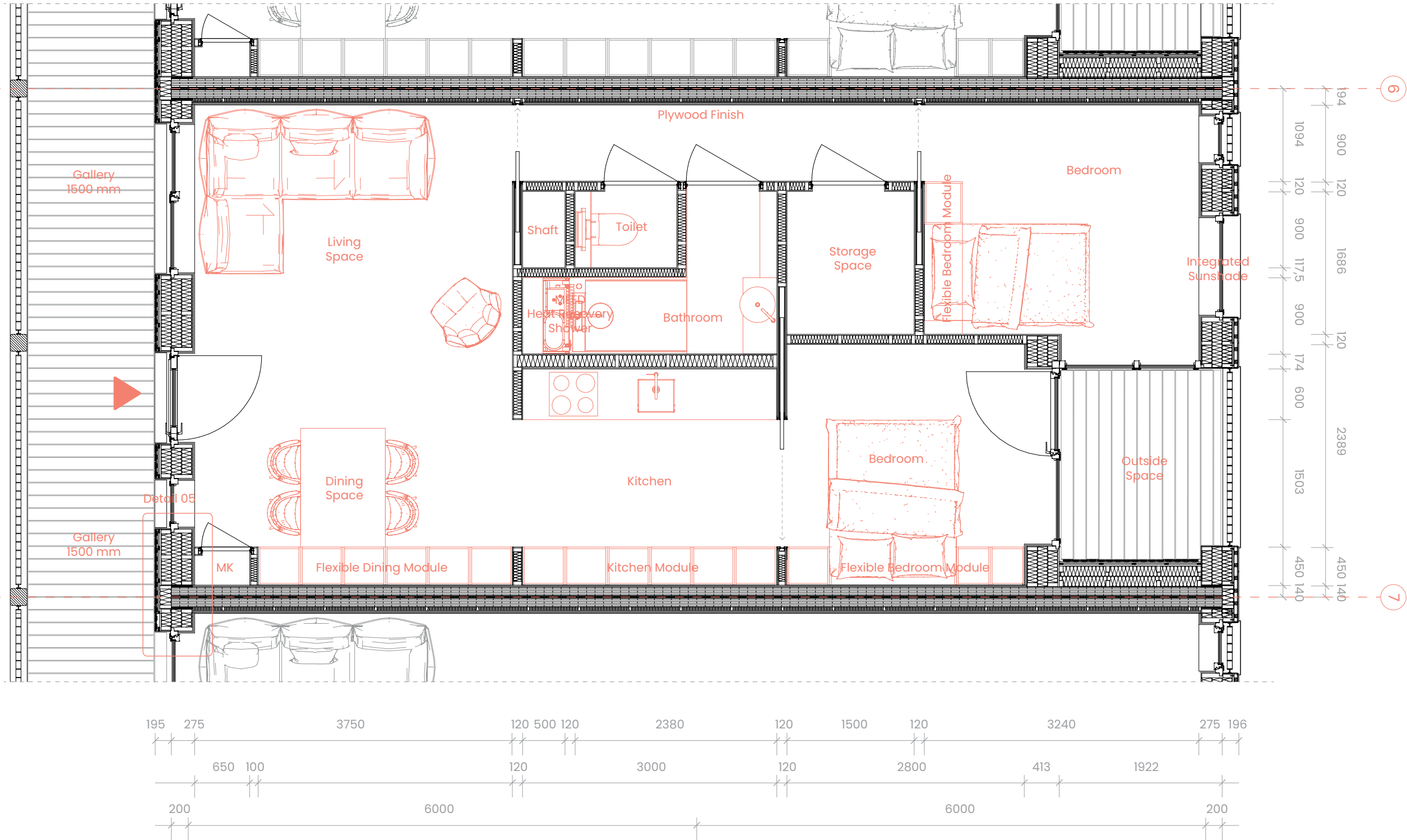


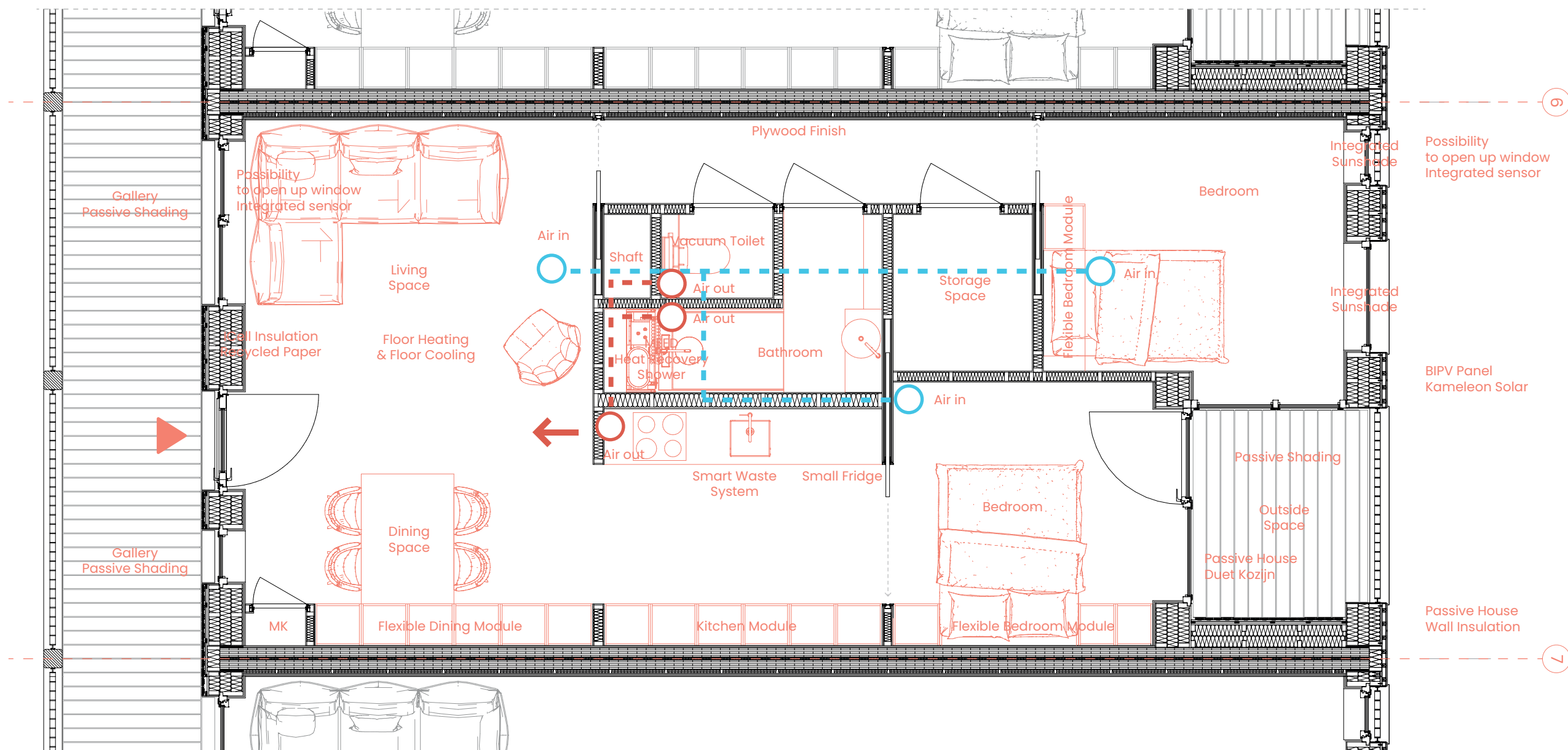
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Drawing Content

Dwelling Type E
108 m²

AR-2023





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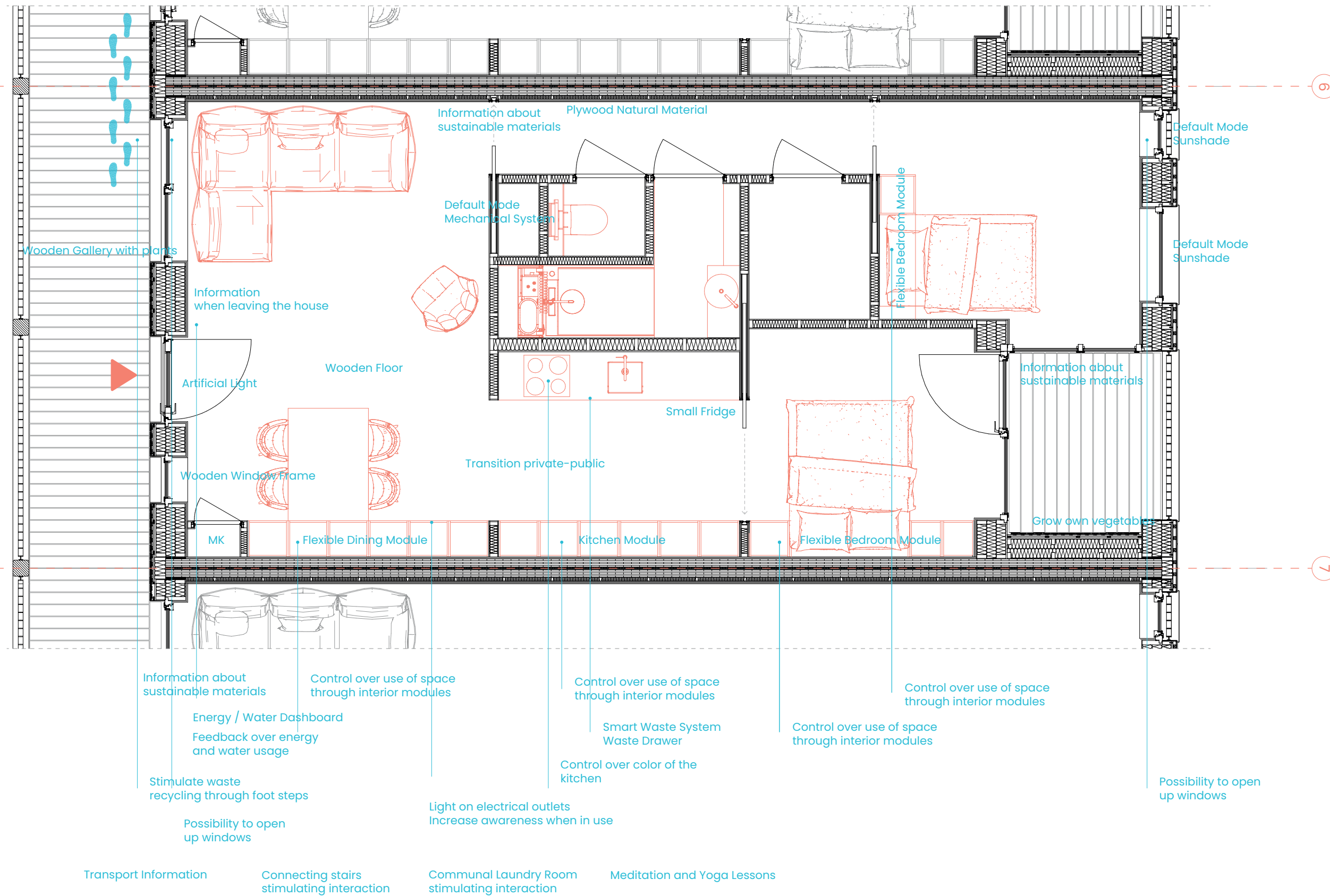
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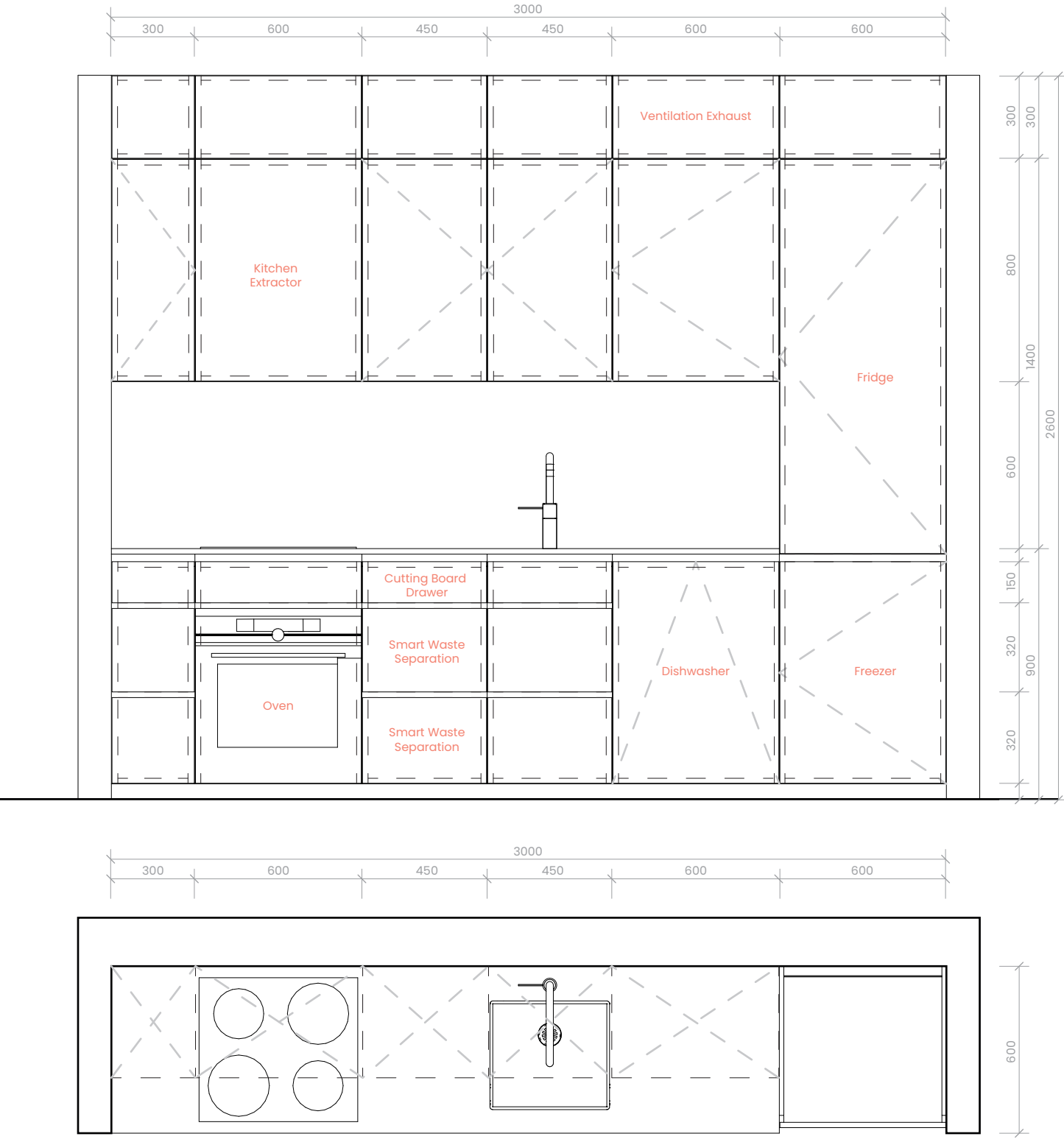


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Drawing Content
Nudging

BT-4002



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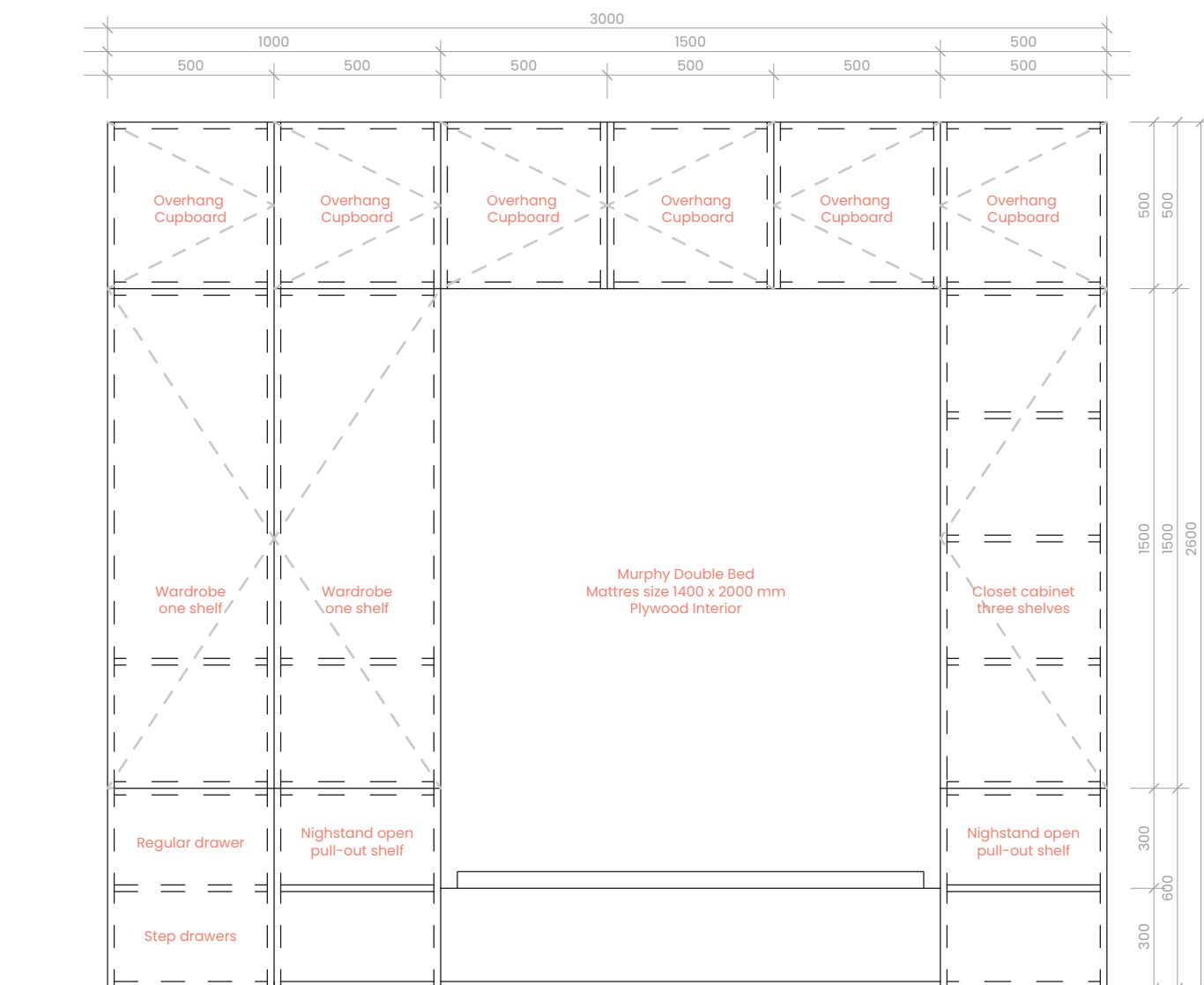


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Page No.
37

Drawing Content
Kitchen Elevation

IN-3000



Fixed Feature Wall Bedroom Variant A
d = 450 mm

Project Title

Recipe for Sustainable
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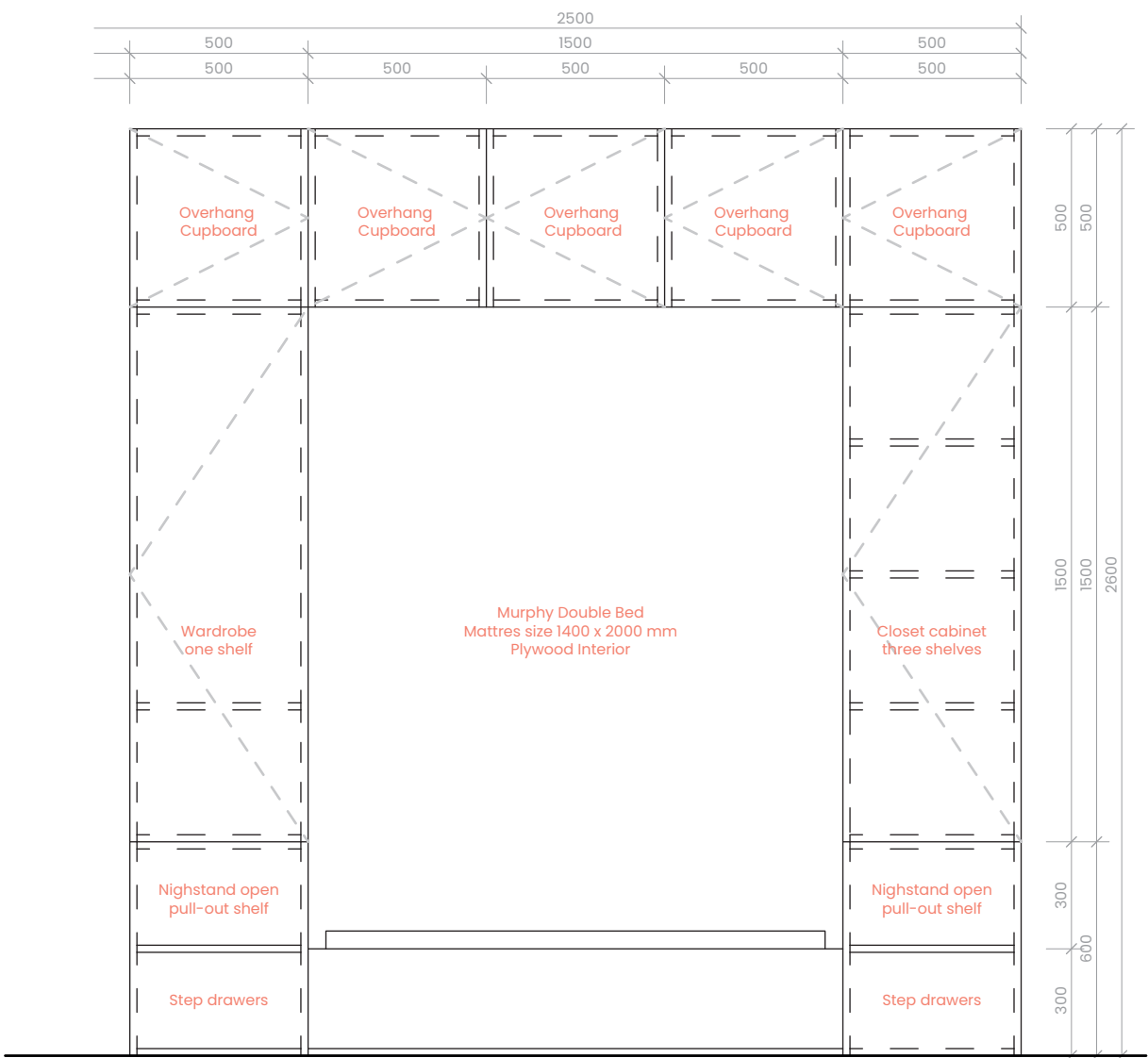
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1 : 20 38

Drawing Content

Fixed Wall Feature Bedroom
Variant A

IN-3001



Fixed Feature Wall Bedroom Variant B
d = 450 mm

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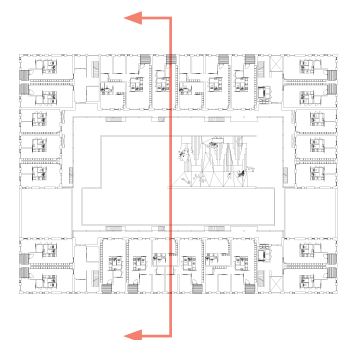
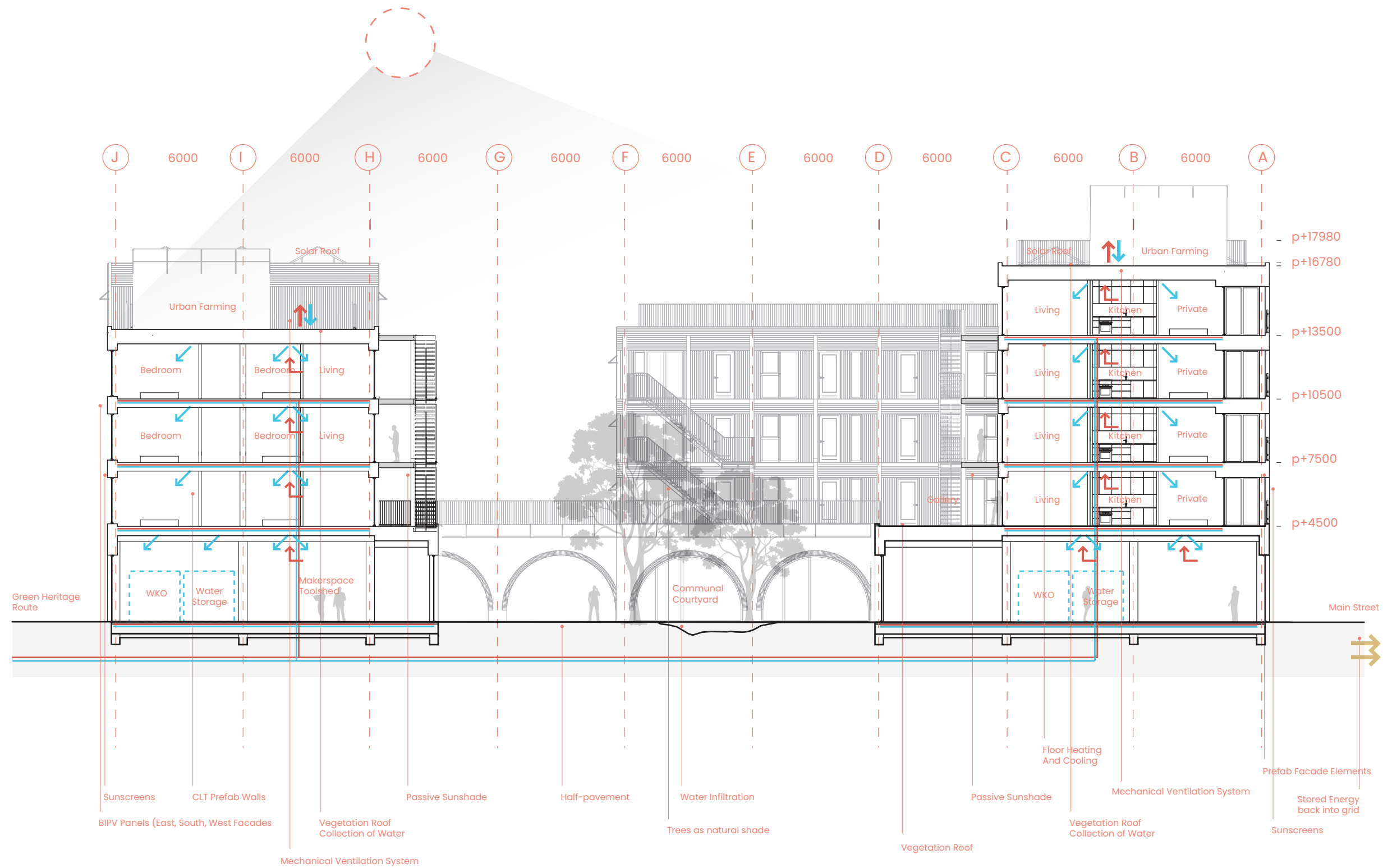
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| Impression | IM |

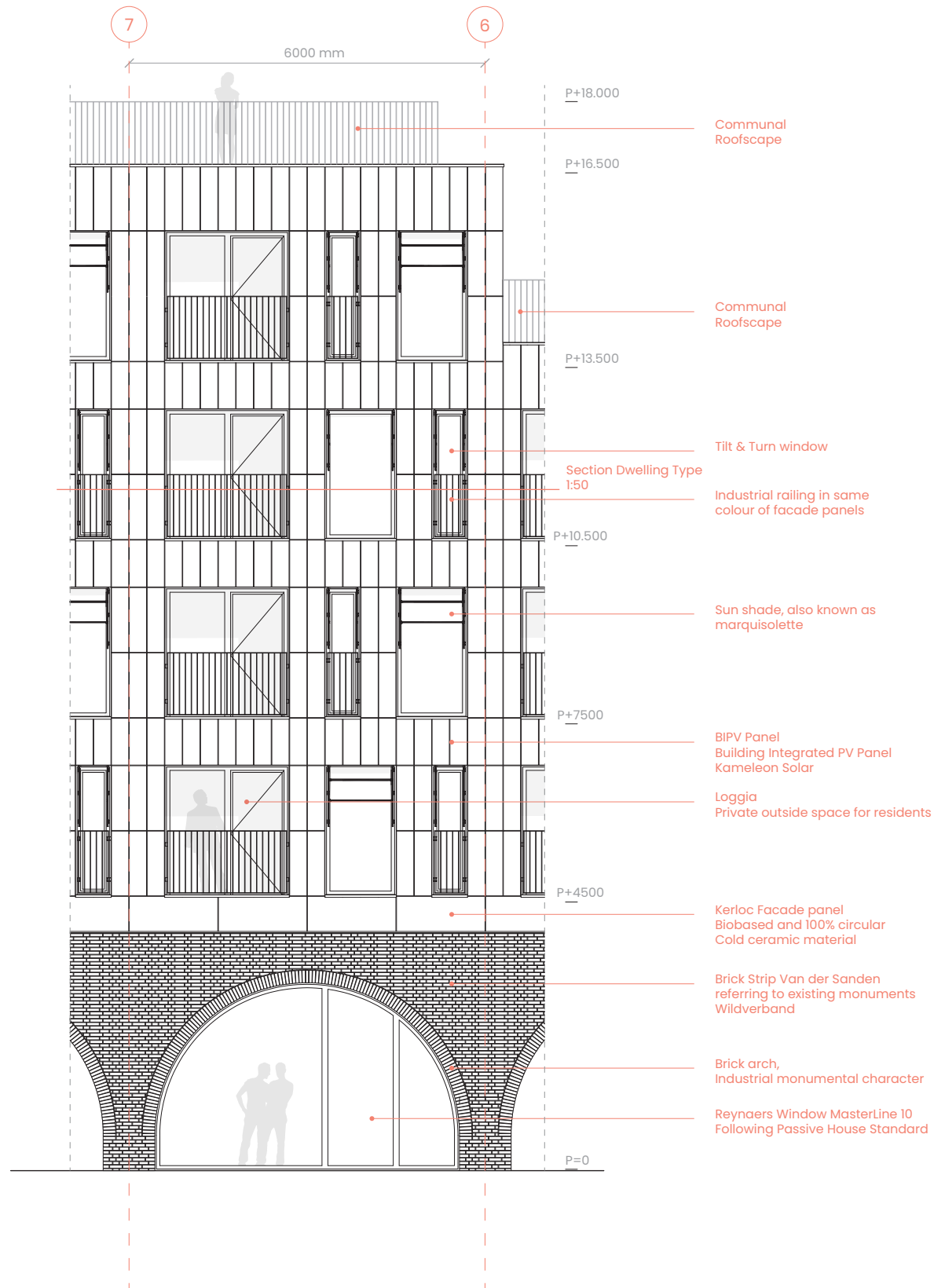
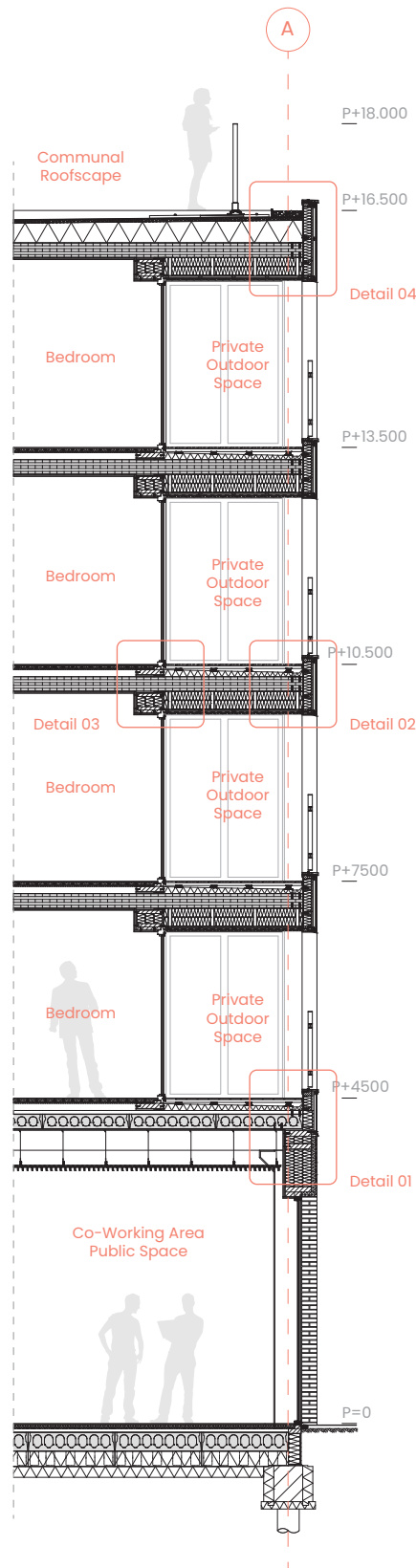


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Scale 1 : 250 Page No. 40

Drawing Content
Climate Section A-A

BT-4003



Project Title
Recipe for Sustainable
Living

Studio
Advanced Housing Design
Graduation Studio

Name
Danny Westerink
4540824

Date
10.12.2021

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

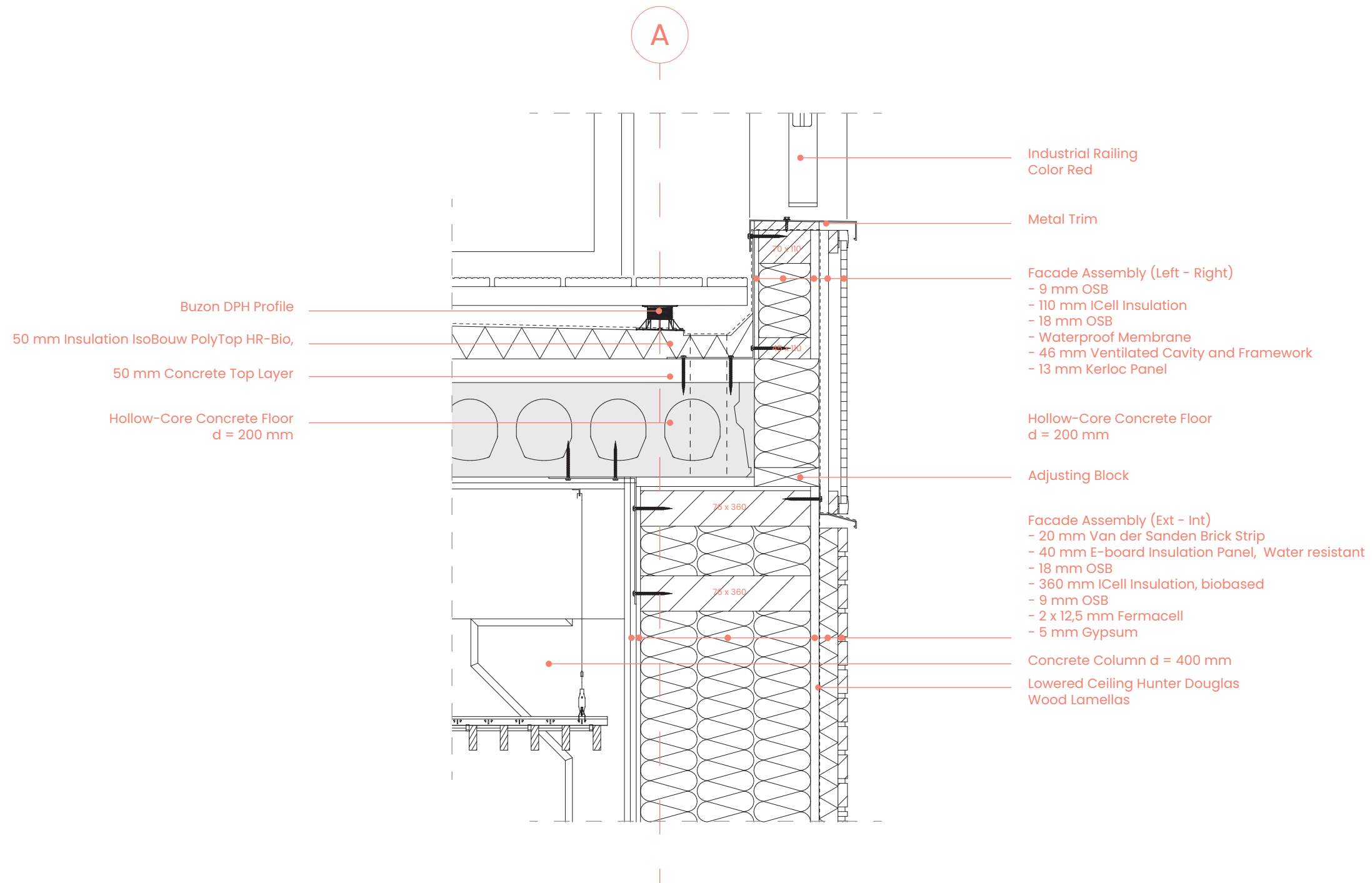
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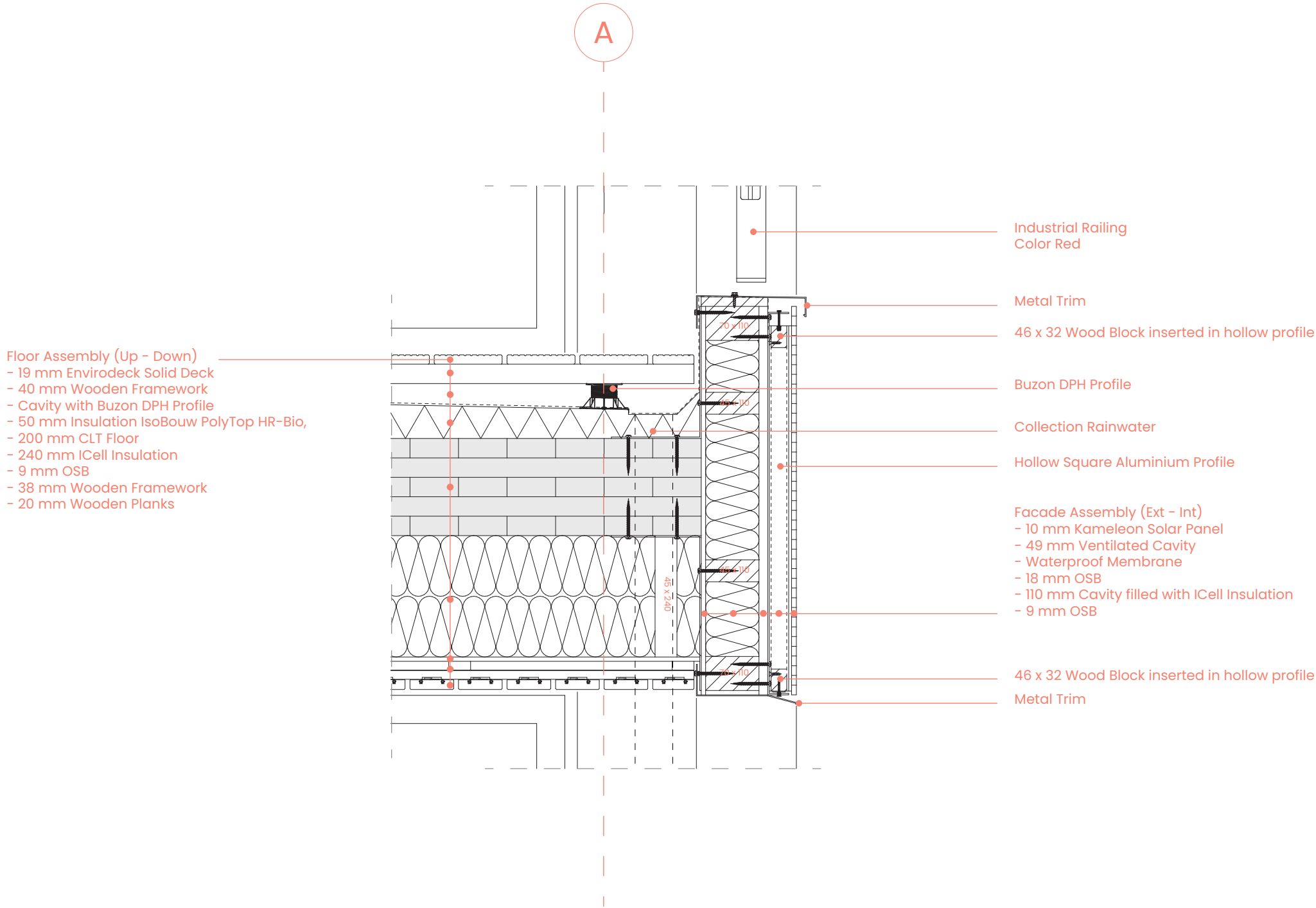
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Page No.
41

Drawing Content
Facade Fragment
Elevation

BT-4004



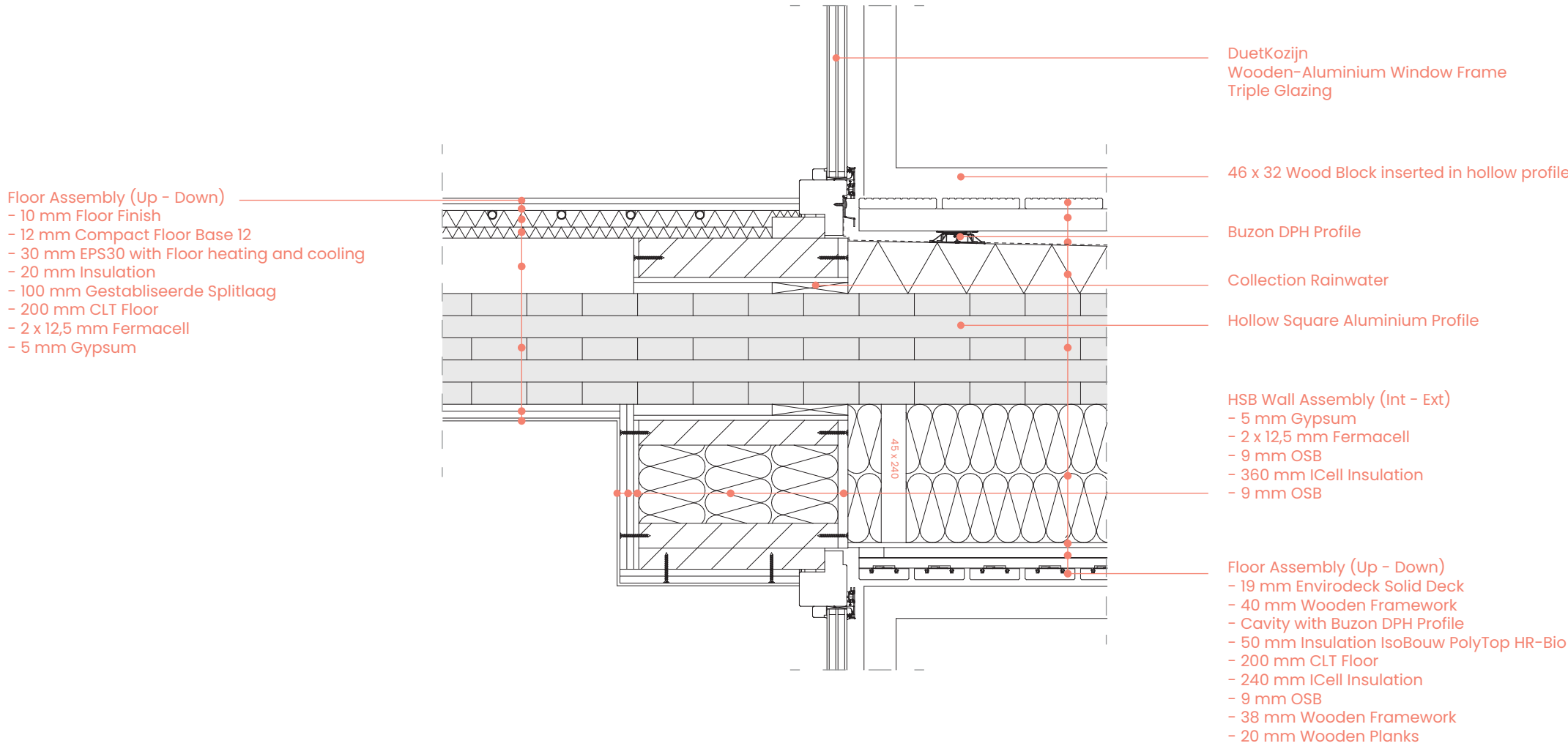


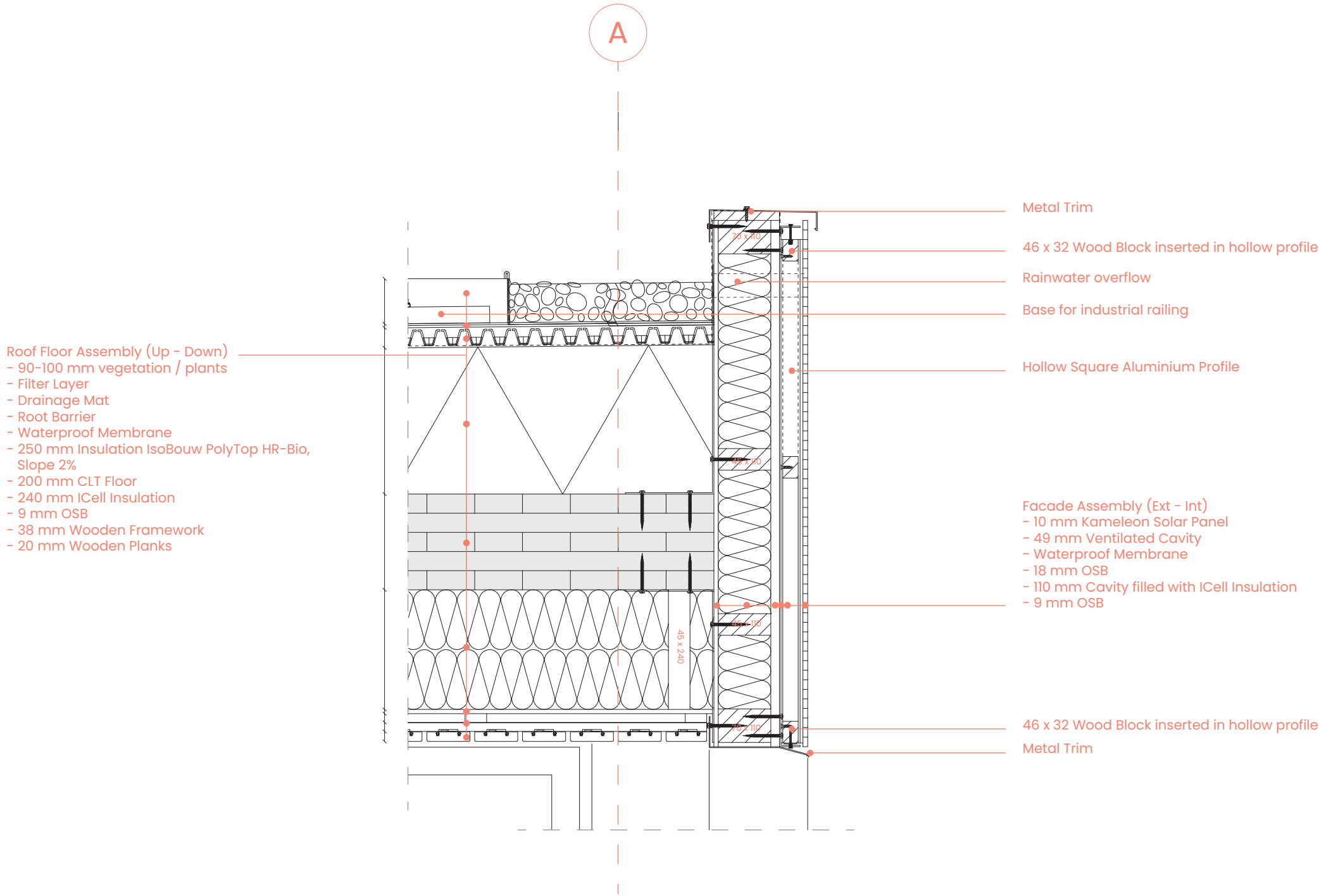
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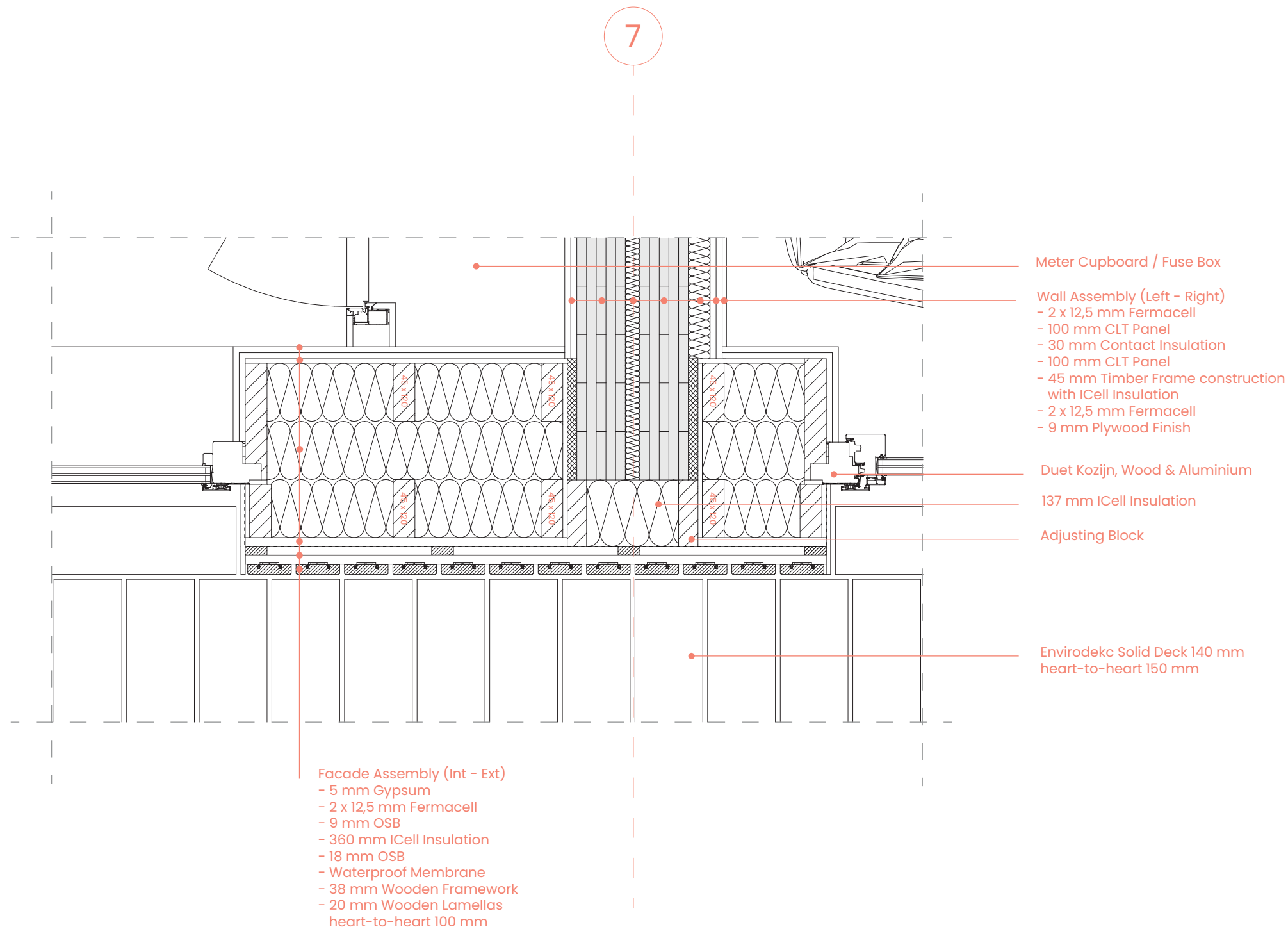
Drawing Content
Detail 02

BT-4006





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| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

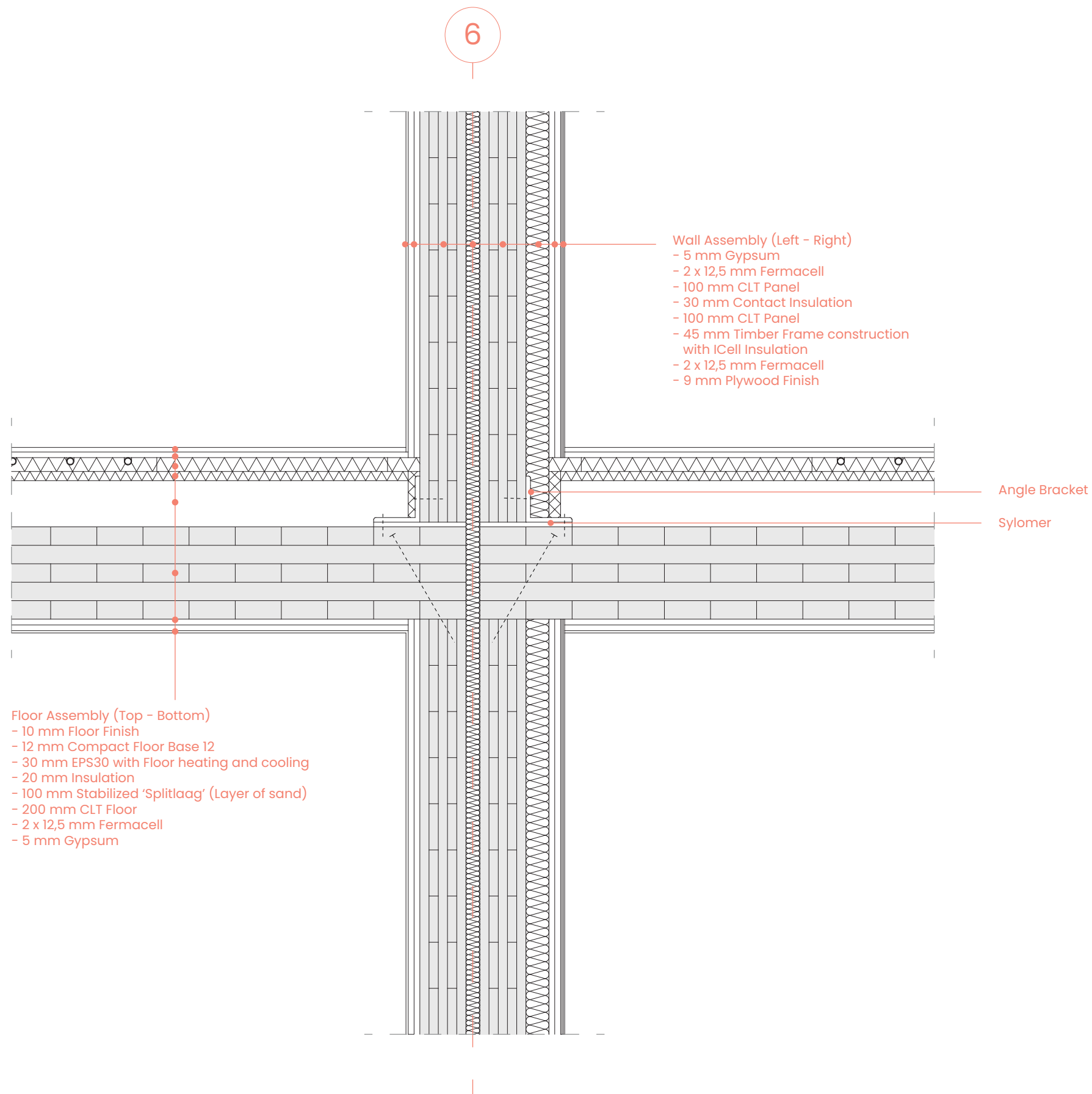


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Scale Page No.
1:10 46

Drawing Content
**Detail 05
Horizontal**

BT-4009



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
Danny Westerink 4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

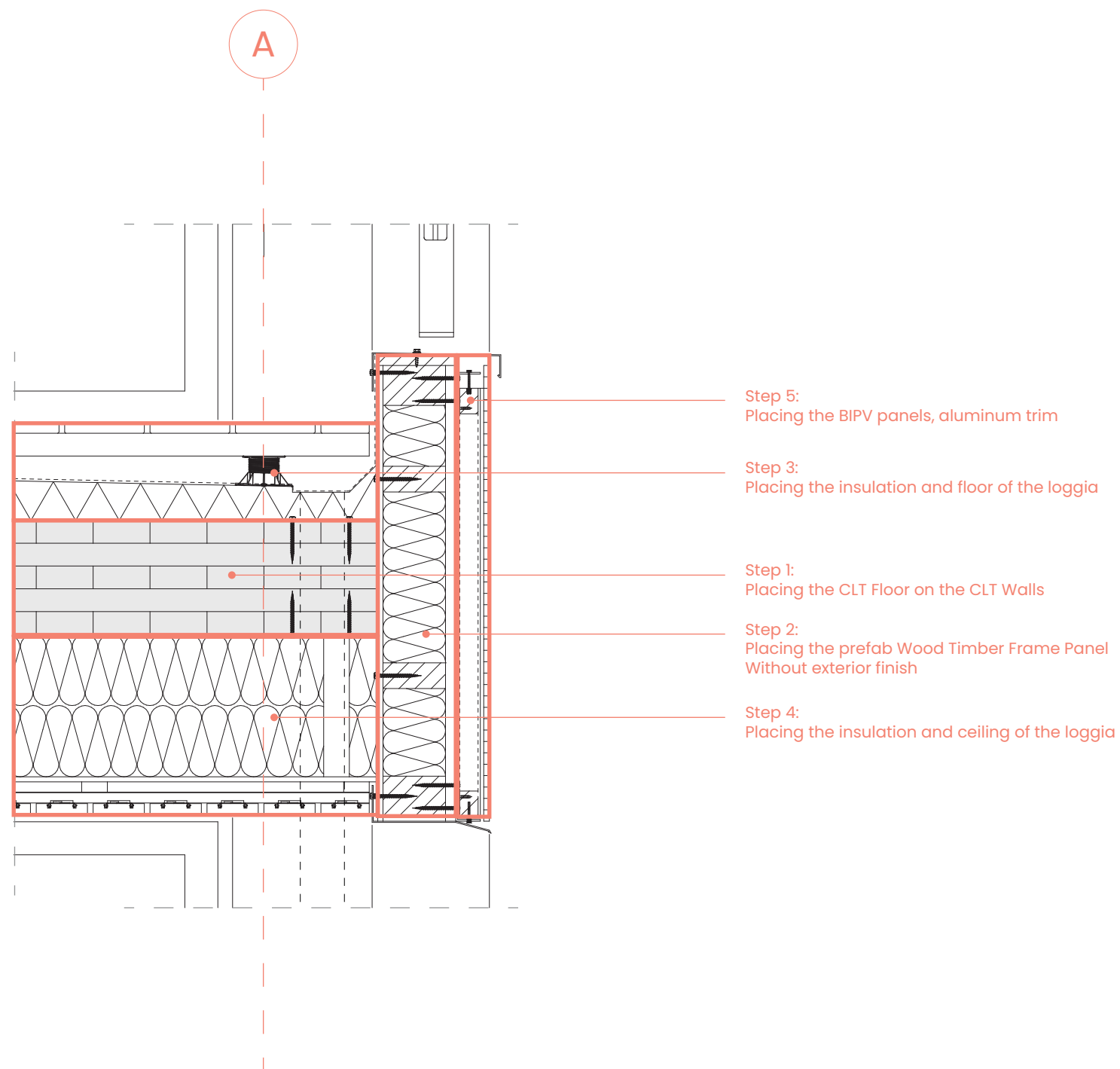
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Scale
1:10

Page No.
47

Drawing Content
CLT Wall & CLT Floor Detail

BT-4010



Project Title

Recipe for Sustainable
Living

Studio

Advanced Housing Design
Graduation Studio

Name

Danny Westerink
4540824

Date

10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

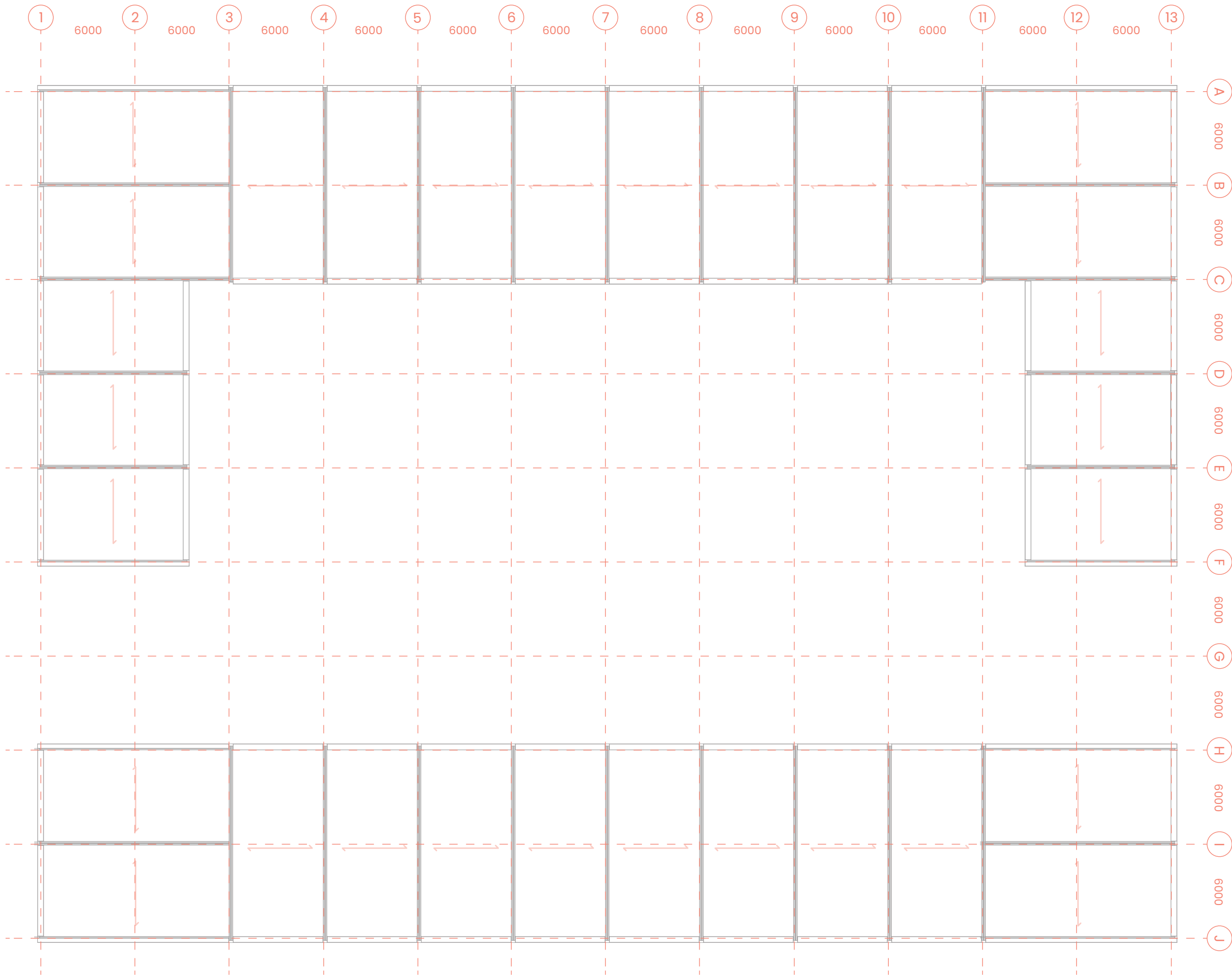
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Scale Page No.
1:10 48

Drawing Content

Facade Assembly
Detail 02

BT-4011



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
Danny Westerink 4540824

Date
10.01.2022

Concept
Architecture
Interior
Building Technology
Impression

CO
AR
IN
BT
IM



0m 12,5

Scale
1:250

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49

Drawing Content
Structure CLT Walls and CLT Floors

BT-4012



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
Danny Westerink 4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
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Page No.
50

Drawing Content
Impression From the Water

IM-5000



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
Danny Westerink 4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
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51

Drawing Content
**Impression
Green Heritage Route**

IM-5001



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
Danny Westerink 4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
-

Page No.
52

Drawing Content
**Impression
Green Heritage Route**

IM-5002



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
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Page No.
53

Drawing Content
**Impression
Green Heritage Route**

IM-5003



Project Title
Recipe for Sustainable Living

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
-

Page No.
54

Drawing Content
**Impression
From the Water**

IM-5004



Project Title
Recipe for Sustainable Living

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
-

Page No.
55

Drawing Content
**Impression
Main Street**

IM-5005



Project Title
Recipe for Sustainable
Living

Studio
Advanced Housing Design
Graduation Studio

Name
Danny Westerink
4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 56 |

Drawing Content
Impression
Inner Street

IM-5006



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design
Graduation Studio

Name
Danny Westerink
4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
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Page No.
57

Drawing Content
Impression
Inner Street Courtyard

IM-5007



Project Title
Recipe for Sustainable
Living

Studio
Advanced Housing Design
Graduation Studio

Name
Danny Westerink
4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
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Page No.
58

Drawing Content
Impression
Courtyard

IM-5008



Project Title
Recipe for Sustainable Living

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
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Page No.
59

Drawing Content
**Impression
Gallery Scape**

IM-5009



Project Title
**Recipe for Sustainable
Living**

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

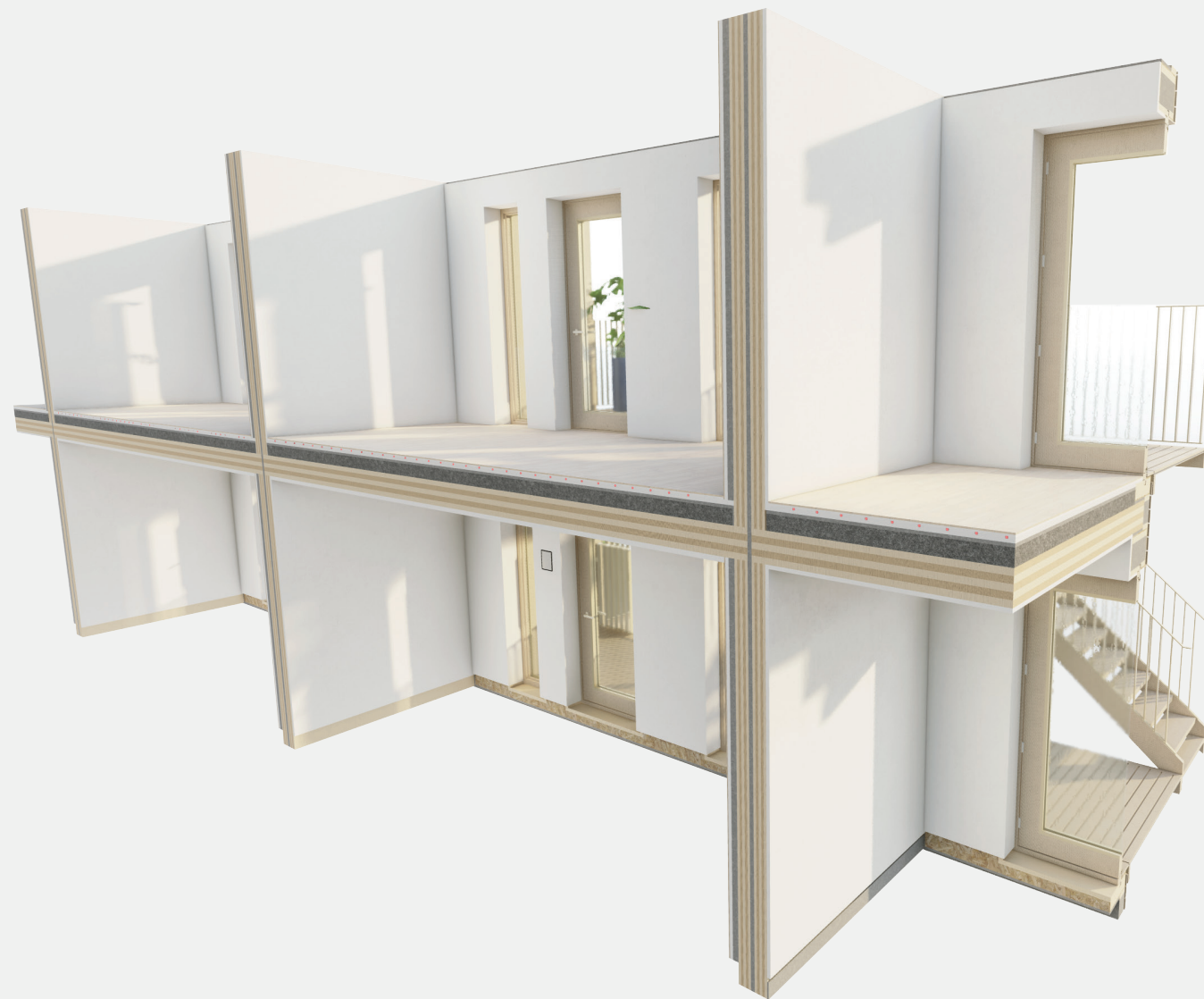
Date
10.01.2022

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| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 60 |

Drawing Content
**Impression
Gallery**

IM-5010



Project Title

**Recipe for Sustainable
Living**

Studio

**Advanced Housing Design
Graduation Studio**

Name

**Danny Westerink
4540824**

Date

10.01.2022

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| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 61 |

Drawing Content

**Impression
Floor and Wall Assembly**

IM-5011



Project Title
Recipe for Sustainable Living

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
-

Page No.
62

Drawing Content
**Impression
Gallery**

IM-5012



Project Title
Recipe for Sustainable Living

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 63 |

Drawing Content
**Impression
Gallery**

IM-5013



Project Title
Recipe for Sustainable Living

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
-

Page No.
64

Drawing Content
**Impression
Exterior Facade**

IM-5014



Project Title
Recipe for Sustainable Living

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
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Page No.
65

Drawing Content
**Impression
Exterior Facade**

IM-5015



Project Title
**Recipe for Sustainable
Living**

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 66 |

Drawing Content
**Impression
Interior Living Room**

IM-5016



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 67 |

Drawing Content
**Impression
Interior Living Room**

IM-5017



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
Danny Westerink 4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
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Page No.
68

Drawing Content
**Impression
Interior Living Room**

IM-5018



Project Title
Recipe for Sustainable Living

Studio
**Advanced Housing Design
Graduation Studio**

Name
**Danny Westerink
4540824**

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
-

Page No.
69

Drawing Content
**Impression
Interior Kitchen**

IM-5019



Project Title
Recipe for Sustainable Living

Studio
Advanced Housing Design Graduation Studio

Name
Danny Westerink 4540824

Date
10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale
-

Page No.
70

Drawing Content
**Impression
Interior Bed Module**

IM-5020



Project Title

**Recipe for Sustainable
Living**

Studio

**Advanced Housing Design
Graduation Studio**

Name

**Danny Westerink
4540824**

Date

10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 71 |

Drawing Content

**Dwelling Type A
36 m²**

IM-5021



Project Title

**Recipe for Sustainable
Living**

Studio

**Advanced Housing Design
Graduation Studio**

Name

**Danny Westerink
4540824**

Date

10.01.2022

Concept

CO

Architecture

AR

Interior

IN

Building Technology

BT

Impression

IM

Scale

-

Page No.

72

Drawing Content

**Dwelling Type B
54 m²**

IM-5022



Project Title

Recipe for Sustainable
Living

Studio

Advanced Housing Design
Graduation Studio

Name

Danny Westerink
4540824

Date

10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 73 |

Drawing Content

Dwelling Type C
72 m²

IM-5023



Project Title

Recipe for Sustainable
Living

Studio

Advanced Housing Design
Graduation Studio

Name

Danny Westerink
4540824

Date

10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

Scale

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Page No.

74

Drawing Content

Dwelling Type D
90 m²

IM-5024



Project Title

Recipe for Sustainable
Living

Studio

Advanced Housing Design
Graduation Studio

Name

Danny Westerink
4540824

Date

10.01.2022

| | |
|---------------------|----|
| Concept | CO |
| Architecture | AR |
| Interior | IN |
| Building Technology | BT |
| Impression | IM |

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| Scale | Page No. |
| - | 75 |

Drawing Content

Dwelling Type E
108 m²

IM-5025