



Transforming Magnetic Resonance  
Spectroscopy into a Clinical Tool



# Estimating errors in clinical MRS

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## Quality issues in clinical MR Spectroscopy

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## Needed: Awareness of how to estimate errors

Metabolite concentrations to be estimated in vivo.



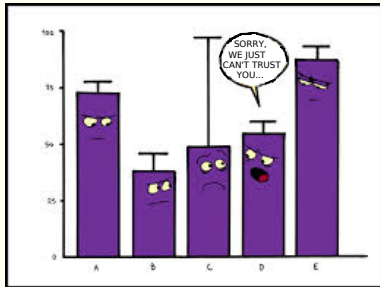
Error bars on concentrations must be **reliable**: Not trivial.

MRS  
uses  
CRB

$$\frac{\partial}{\partial \theta} \ln L(x, \theta) = \frac{1}{L(x, \theta)} \frac{\partial L(x, \theta)}{\partial \theta}$$

$$\int \tau(x) \cdot \frac{\partial}{\partial \theta} f(x, \theta) dx = M \left( \tau(\xi) \cdot \frac{\partial}{\partial \theta} \ln L(\xi, \theta) \right)$$

$$\tau(x) = \left( \frac{\partial}{\partial \theta} \ln L(x, \theta) \right) \cdot f(x, \theta) dx = \int \tau(\xi) \left( \frac{\partial}{\partial \theta} \ln L(\xi, \theta) \right) \cdot f(\xi, \theta) dx$$



# MONTE-CARLO SIMULATION: HOW TO DO I

4

From 10 metabolites with signals/spectra

$S_1, \dots, S_{10}$ ,

and concentrations

$C_1, \dots, C_{10}$ ,

make a signal  $S$ .

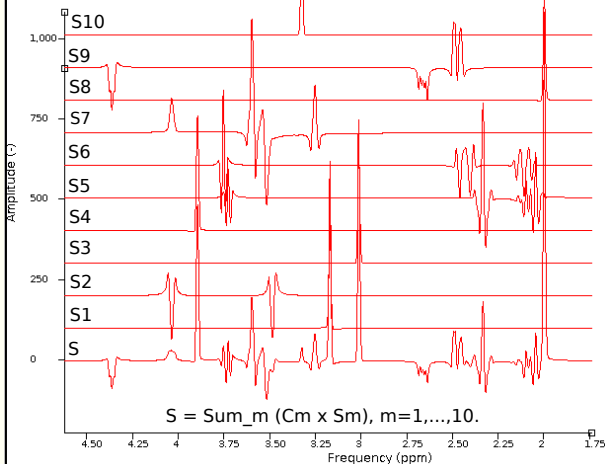
Make **100 noisy versions** of  $S$ . p5

For each version, estimate  $C_1, \dots, C_{10}$  with, e.g., **QUEST**, approximating the **form** of the decay of  $S$  with, e.g.,  $e^{at}$ .

## 11.7 T. Signal database by R. de Beer.

$C_1 = 1.755, C_2 = 0.192, C_3 = 2.067, C_4 = 1.357, C_5 = 0.633$   
 $C_6 = 0.147, C_7 = 0.553, C_8 = 2.974, C_9 = 0.661, C_{10} = 0.120$

**S is made to decay non-exponentially**



The 100 sets of estimated  $C_1, \dots, C_{10}$  yield distribution of errors.

Reminder: spectrum = FFT[signal].

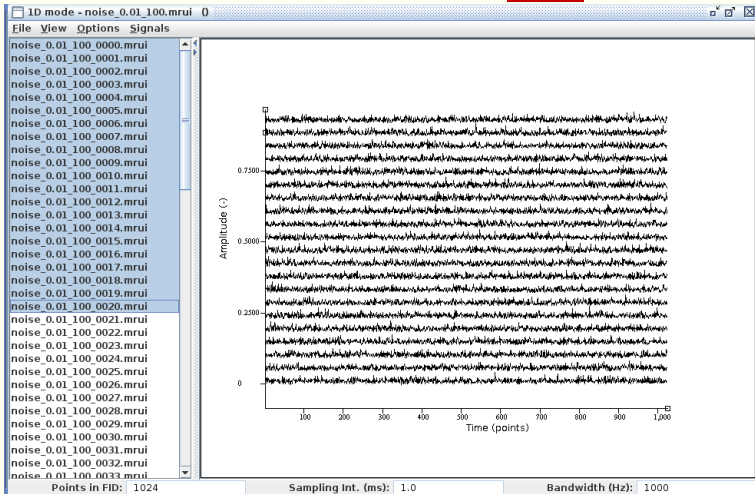
gotoreults

slide 6

JMRUI

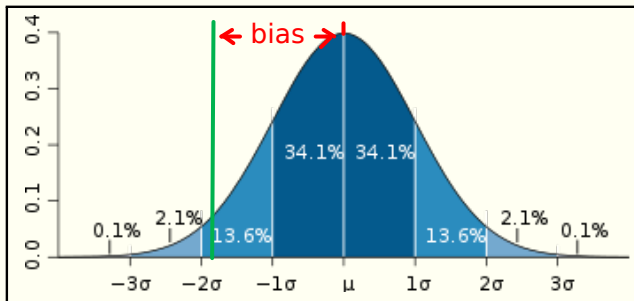
# MONTE-CARLO SIMULATION: HOW TO DO II

## Noise realisations



Each **noise-realisation** has equal stdev,  $\sigma$ , and mean,  $\mu$  ( $= 0$ ).

# MONTE-CARLO SIMULATION: RESULT



## Distribution of estimated values of a parameter.

- ▶ A Monte-Carlo simulation yields  $\sigma, \mu, \text{bias}$  for each estimated (= fitted) parameter. 😊
- ▶ Bias (=  $\mu - \text{true value}$ ) is caused by, e.g., *incorrectness* of a model function, or *sub-optimality* of the used parameter-estimator. [gotoslide4](#)
- ▶ 🖱️ In simulations, the **true values** are, of course, known. Not so in the clinic.

# MONTE-CARLO: USEFUL IN THE CLINIC?

- ☞ In clinics, only a single measurement is available.
- ☞ Monte-Carlo simulations are less of an option.

1893 - 1985



**ALTERNATIVE NEEDED  
IN CLINICAL ROUTINE:  
Harald Cramér  
Radhakrishna Rao**

Born: 1920



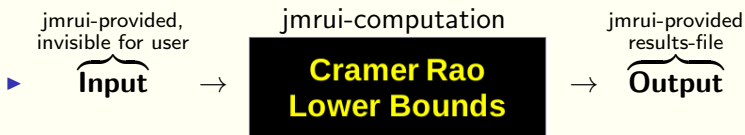
anno 2012

MRS uses pragmatic error-estimation (JMR, 1986)  
**CRB – Cramér-Rao (lower) Bound –**

Contained in jMRUI, LCModel, etc.

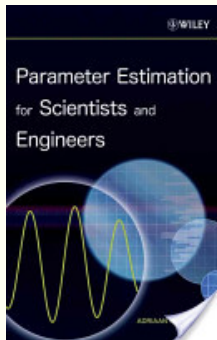
## CRB I. Theory & Computation

- ▶ CRB considered as 'black box' with input and output



- ▶ Info on Theory & Computation

A. van den Bos :



D. Graveron-Demilly :  
 Quantification in magnetic resonance spectroscopy based on semi-parametric approaches. Magn Reson Mater Phy 27:113-130, 2014, and references therein.

Google



## CRB II. Input for CRB-computation. Exact vs In Vivo.

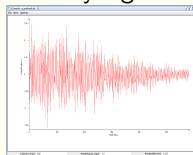
### 1. **Exact** model function of the MRS-signal,

in vivo → problematic

$$\text{e.g.: } s(t) = \underbrace{\text{decay}(t)} \times \sum_{m=1}^{10} c_m s_m(t).$$

- ?   
 surrogate model
- ▶ *In vivo*:  $\text{decay}(t) \approx \underbrace{e^{\alpha t}, e^{\beta t^2}, e^{\alpha t + \beta t^2}}_{\text{surrogate model}}, \text{ etc.}$

Noisy signal



### 2. **Exact** concentrations, decay-parameters .

- ▶ *In vivo*: parameters estimated.

### 3. **Exact** pdf of the noise.

- ▶ *In vivo*: Consensus: Gaussian pdf assumed.  
 ▶ *In vivo*:  $\sigma, \mu$  estimated.

$$\begin{aligned} & \text{Gaussian pdf} \\ & f(x; \mu, \sigma) = \\ & \frac{e^{-(x-\mu)^2/2\sigma^2}}{\sqrt{2\pi\sigma^2}}, \\ & \text{with} \\ & x = \text{noise.} \end{aligned}$$

**N.B.** CRB  $\propto \sigma$ .

Individual values  $\sigma(t)$  of the actual noise realisation do NOT enter the CRB computation (estimation).

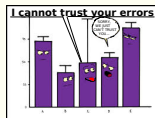
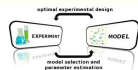
## CRB III. Output of CRB-computation

- ▶ Standard deviation of each estimated parameter.
- ▶ Correlations between estimated parameters.

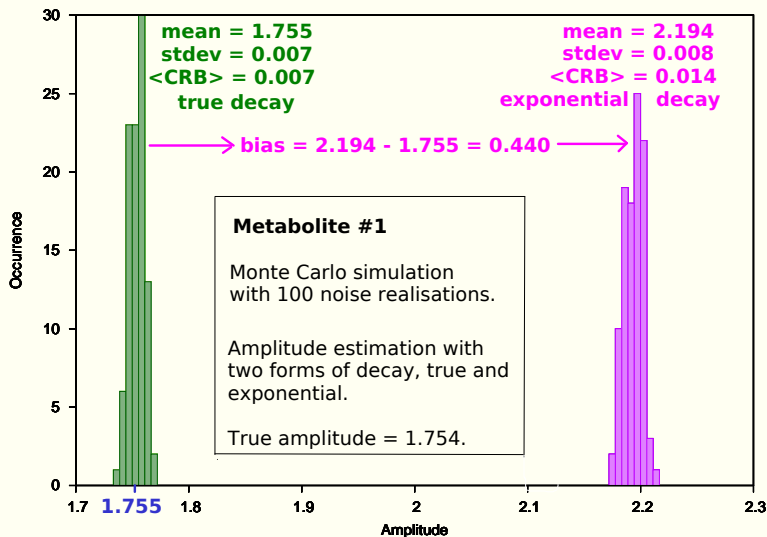


### Remarks

- ▶ Parametric case: Model function **correct** and **complete**. No Bias. Application of CRB warranted and highly recommended.
- ▶ CRB's and correlations are useful for experimental design and cost estimation.
- ▶ Semi-parametric case: Model function supplemented with 'surrogate' model function. Bias incurred, unknowingly. CRB may lead clinicians & others astray.
- ▶ How to judge semiparametric model function? From residue? Statistics package 'R'?



# Results: Monte-Carlo simulation I



gotoslide4

Mean and stdev of Monte-Carlo simulation versus CRB.

Table: Results for true form of the decay, *i.e.*, parametric case .

$m$	$\mu_{c_m}^\dagger$	$c_m^{\text{true}}$	$\text{bias}_{c_m}$	$\sigma_{c_m}^\ddagger$	$\mu_{\text{CRB}_{c_m}}^\dagger$
1	1.7541	1.7550	-0.0008	0.0069	0.0071
2	0.1923	0.1921	0.0002	0.0081	0.0093
3	2.0665	2.0673	-0.0008	0.0073	0.0074
4	1.3582	1.3563	0.0019	0.0067	0.0070
5	0.6330	0.6330	-0.0000	0.0055	0.0059
6	0.1472	0.1472	-0.0000	0.0072	0.0069
7	0.5523	0.5527	-0.0004	0.0036	0.0042
8	2.9743	2.9742	0.0001	0.0084	0.0083
9	0.6611	0.6609	0.0003	0.0062	0.0069
10	0.1208	0.1199	0.0009	0.0060	0.0063

$^\dagger$ )  $\mu$  stands for mean,  $^\ddagger$ )  $\sigma$  stands for standard deviation.

**Mean and stdev of Monte-Carlo simulation versus CRB.**

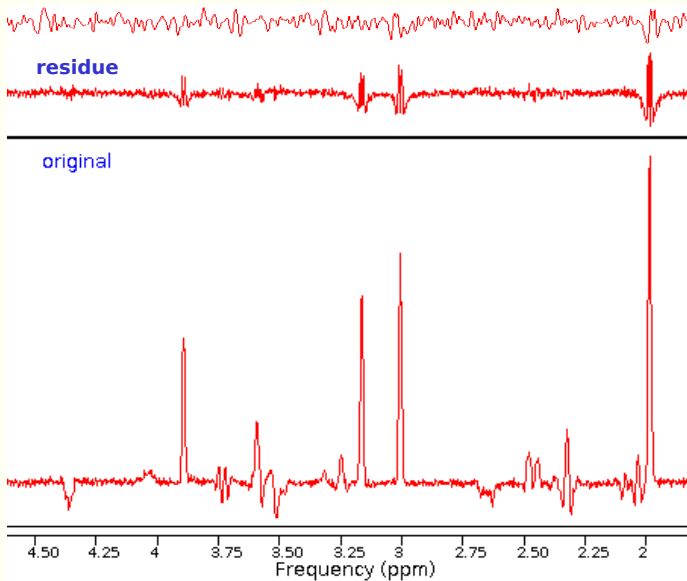
Table: Results for exponential decay, i.e., semi-parametric case.

$m$	$\mu_{c_m}^\dagger$	$c_m^{\text{true}}$	$\text{bias}_{c_m}$	$\sigma_{c_m}^\ddagger$	$\mu_{\text{CRB}_{c_m}}^\dagger$	$\sigma_{\text{CRB}_{c_m}}^\ddagger$
1	2.1937	1.7550	0.4387	0.0080	0.0143	0.00009
2	0.2288	0.1921	0.0367	0.0111	0.0217	0.00014
3	2.5850	2.0673	0.5176	0.0079	0.0143	0.00010
4	1.6943	1.3563	0.3380	0.0078	0.0139	0.00009
5	0.8960	0.6330	0.2630	0.0074	0.0137	0.00009
6	0.1980	0.1472	0.0508	0.0097	0.0156	0.00011
7	0.7104	0.5527	0.1577	0.0046	0.0091	0.00006
8	3.7260	2.9742	0.7517	0.0088	0.0160	0.00010
9	0.7762	0.6609	0.1153	0.0075	0.0136	0.00009
10	0.1446	0.1199	0.0247	0.0076	0.0133	0.00009


$^\dagger$ )  $\mu$  stands for mean,  $^\ddagger$ )  $\sigma$  stands for standard deviation.

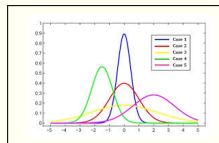
**Mean and stdev of Monte-Carlo simulation versus CRB.**

## Residue of the quantitation






## SUMMARY

- ▶ Cramér-Rao :
  - ▶ **Parametric case: Ideal.** 
  - ▶ Semi-parametric case: Bias. CRB too low.
  
- ▶ Monte-Carlo :
  - ▶ Provides crucial insight, especially in semi-parametric estimation.
  - ▶ Simulation of 'real-world' signals may be difficult.
  - ▶ Not applicable in clinical routine.

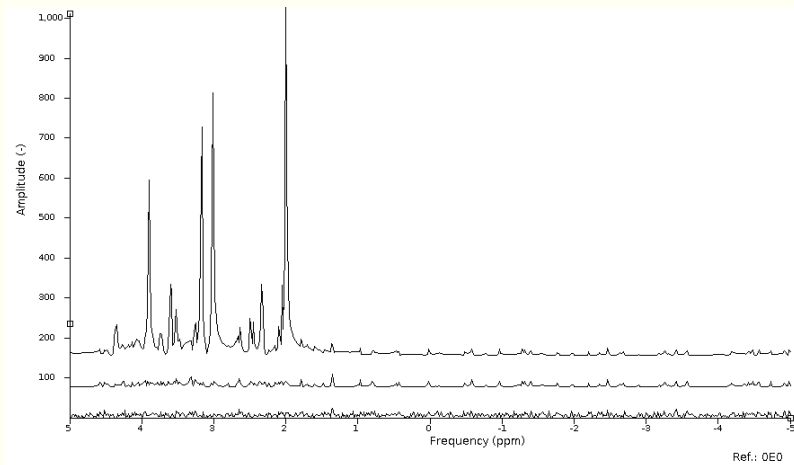


## RECOMMENDATIONS

- ▶  Dramatic increase of SNR: 'hp', etc.
- ▶  Spectral editing.
- ▶  Denoising ?



## DENOISING, 'SVD-truncation' I



**Single noise realisation shown. Absolute values.**

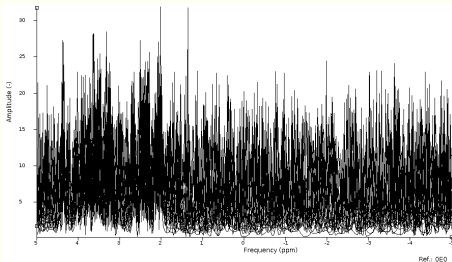
**Upper: FFT of denoised signal, 11.7 T.**

**Middle: FFT of denoised signal minus noiseless, true signal.**

**Lower: FFT of original noise.**

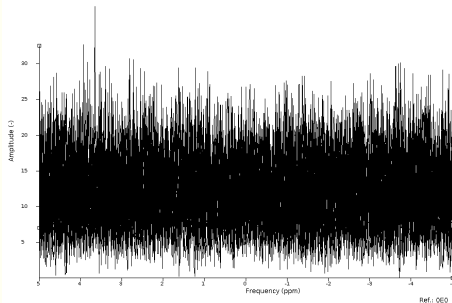


## DENOISING, 'SVD-truncation' II



Superimposed FFTs of **20** denoised signals from which the true, noiseless signal has been subtracted, i.e., only noise and signal deformation remain. **Absolute values.**

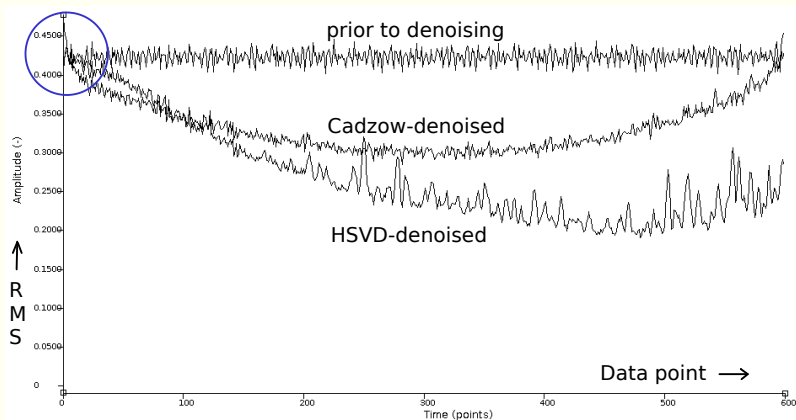
pdf of noise perturbed  $\uparrow$



Superimposed FFTs of the **20** corresponding original noise realisations. **Absolute values.**

## DENOISING, 'SVD-truncation' III. Time domain.

$$\text{RMS} \left[ \left| \mathbf{s}_{\text{not-/post-denoised}} - \mathbf{s}_{\text{true_noiseless}} \right| \right]$$



For each data point: RMS of noise in original noisy signal and in two denoised versions, using  $10^3$  noise realisations. MRS model function not used. RMS = root-mean-square.

## DENOISING IV. Remarks

- ▶ Denoising of signals is indeed observed,
  - ▶ in both time-domain and frequency-domain.
    - ▶ Useful for, e.g., MRI (non-parametric).
    - ▶ Denoising of metabolite resonances?
    - ▶ Metabolite quantitation benefits?
- ▶ Parametric metabolite quantitation with jMRUI, LCModel, etc., already amounts to optimal denoising, because :
  - ▶ Parametric estimation errors, obtained with the undenoised signal, reach the CRLowerB. Hence : 🖱️
  - ▶ Reconstruction of the signal from the estimated model parameters yields optimal denoising.
- ▶ statusquo@dvo :  
Using Monte-Carlo simulations, reduction of error bars of metabolite quantitation **not** found, so far.

## ACKNOWLEDGEMENT

**TRANSACT** is made possible by the **EUROPEAN UNION**  
and its common currency, the **EURO**.



**Delors**



**Euro coins**




**Draghi**

**“UNITED WE STAND, DIVIDED WE FALL”**  
**In 26 centuries old fable : The Four Oxen and the Lion.**



# Two alternative definitions of 'estimation'

[www.merriam-webster.com/dictionary/estimation](http://www.merriam-webster.com/dictionary/estimation) :

1. Guess  about size, amount, cost, ... , of something.  
✎ Not meant here.
2. Use of a function or formula — 'estimator' — to derive a solution or make a prediction. Unlike guess, it has precise connotations.

