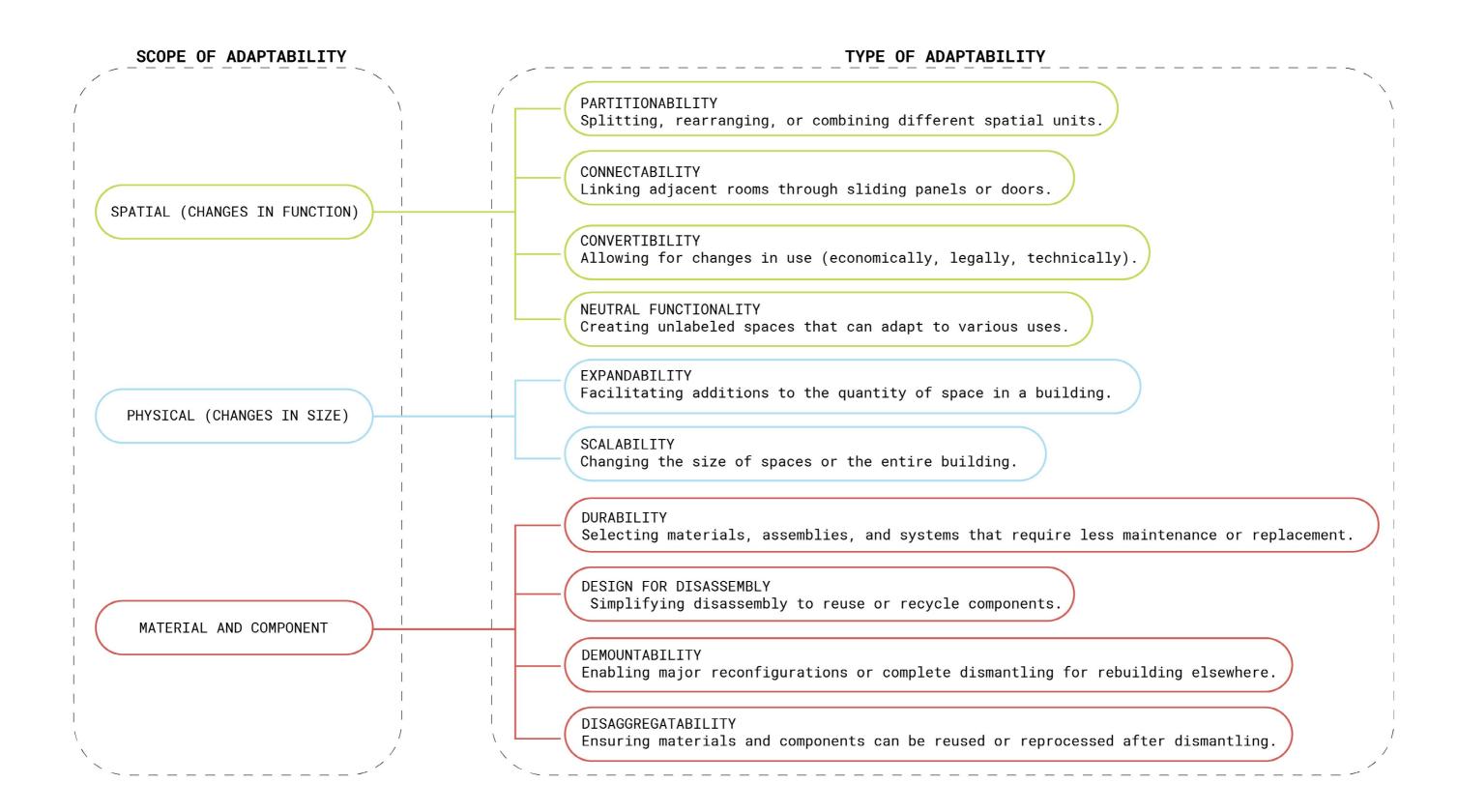
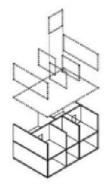




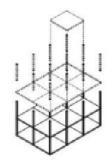
ADAPTABILITY_ SOCIAL LEVEL



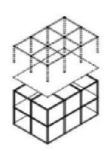
STRUCTURAL BUILDING SYSTEMS



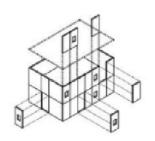
 Load-bearing partition wall system – mostly transverse walls placed in dwelling divisions but also supplemented by stabilising longitudinal walls.



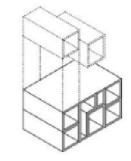
 Pillar/slab system – typically circular or square columns in a grid combined with a floor structure (slabs).



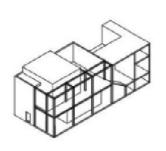
3. Frame system (pillar/beam)
 system of columns and beams often with structurally fixed columns or as rigid frames.



 4. Load-bearing facade system
 System with bearing parts in the facades thus clearing interior floors.

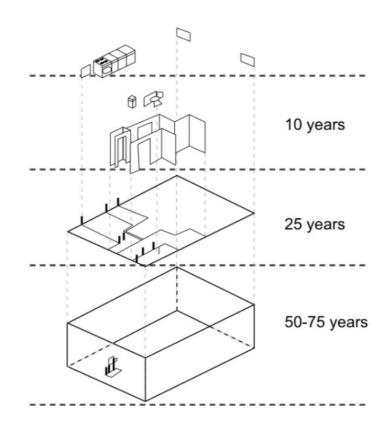


 Volumetric system – in its clear state characterised by a double bearing structure where volumes meet.



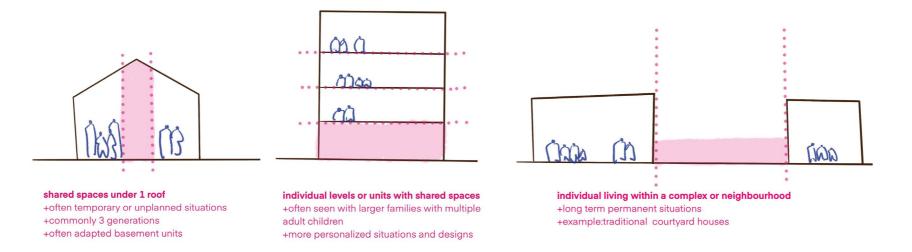
 Hybrid system – different systems combined in the same building.

DEMONSTRATION OF BUILDING SHEARING LAYERS IN A DUTCH HOUSE



0 level	1 level	2 level	3 level	4 level
100 years	50-75 years	25 years	8-10 years	2-8 years
primary installations foundering	core installations construction accessories	distribution of installations facade	separation walls electrical installations	end appliances finishing loose furniture
FIXED				_FLEXIBLE
DEMOUNTABLE EXCHANGEABLE REPLACEABLE LOOSE				
connections	•		-	L

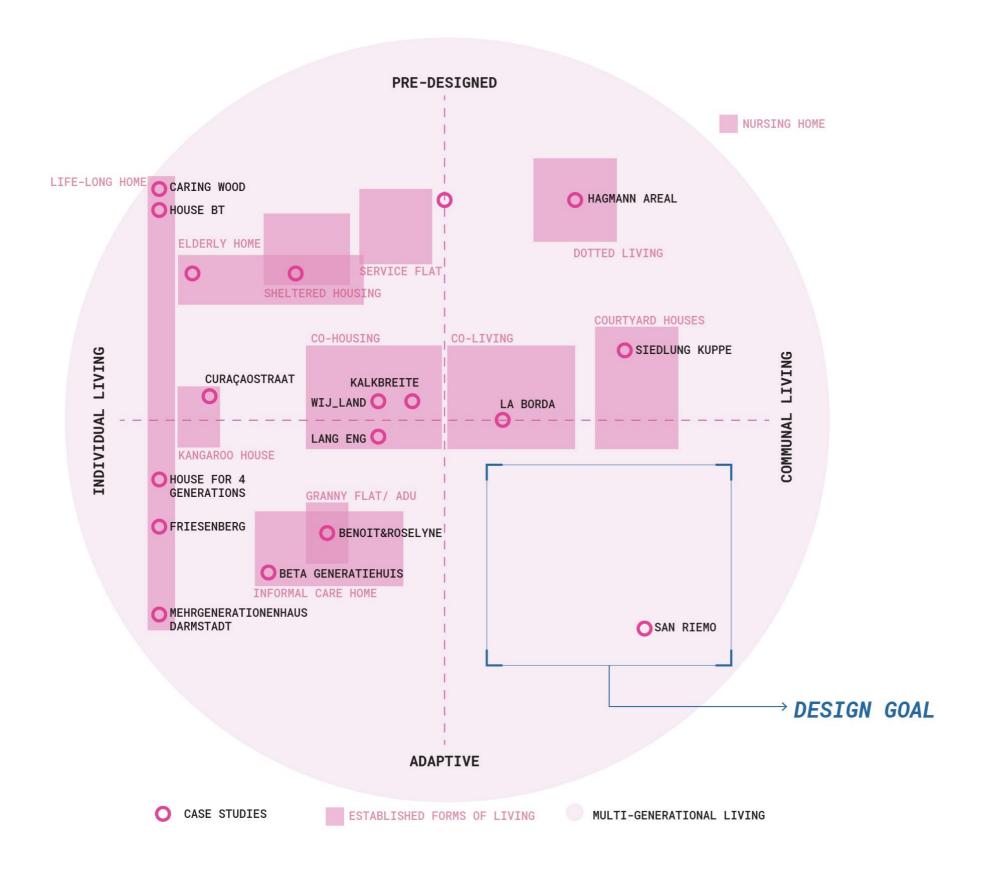
SOURCE: DURMISEVIC AND BROUWER, 2002)



COMMON UNDERSTANDINGS OF THE MULTIGENERATIONAL/ INTERGENERATIONAL HOME



EXPANDED UNDERSTANDING OF INTERGENERATIONAL LIVING



LIFE-LONG HOME

A HOME DESIGNED TO ADAPT TO CHANGING NEEDS OVER A PERSON'S LIFETIME, ENSURING ACCESSIBILITY AND COMFORT AT EVERY STAGE.

CO-HOUSING

NTENTIONAL COMMUNITIES WHERE RESIDENTS OWN PRIVATE HOMES AND SHARE COMMUNAL SPACES AND RESPONSIBILITIES IN A COLLABORATIVE LIVING ENVIRONMENT.

CO-LIVING

A MODERN SHARED LIVING ARRANGEMENT, OFTEN RENTAL-BASED, WHERE INDIVIDUALS LIVE IN PRIVATE ROOMS WITH ACCESS TO SHARED FACILITIES AND CURATED COMMUNITY ACTIVITIES.

INFORMAL CARE HOME

A LIVING SETUP WHERE FAMILY MEMBERS OR CLOSE COMMUNITY MEMBERS PROVIDE CARE AND SUPPORT TO AN INDIVIDUAL IN A NON-PROFESSIONAL CAPACITY.

KANGAROO HOUSE

A COMBINED LIVING ARRANGEMENT WHERE A LARGER FAMILY HOME INCLUDES A SEPARATE, SMALLER UNIT FOR ELDERLY RELATIVES OR CAREGIVERS.

"KNARRENHOF" COURTYARD HOUSING

A COMMUNITY-ORIENTED HOUSING MODEL WHERE RESIDENTS LIVE IN PRIVATE HOMES AROUND A SHARED COURTYARD, EMPHASIZING MUTUAL SUPPORT AND SOCIAL CONNECTION.

ELDERLY HOME

A RESIDENCE PROVIDING ACCOMMODATION AND CARE SPECIFICALLY FOR OLDER ADULTS, OFTEN WITH SHARED FACILITIES AND SOCIAL PROGRAMS.

SHELTERED HOUSING

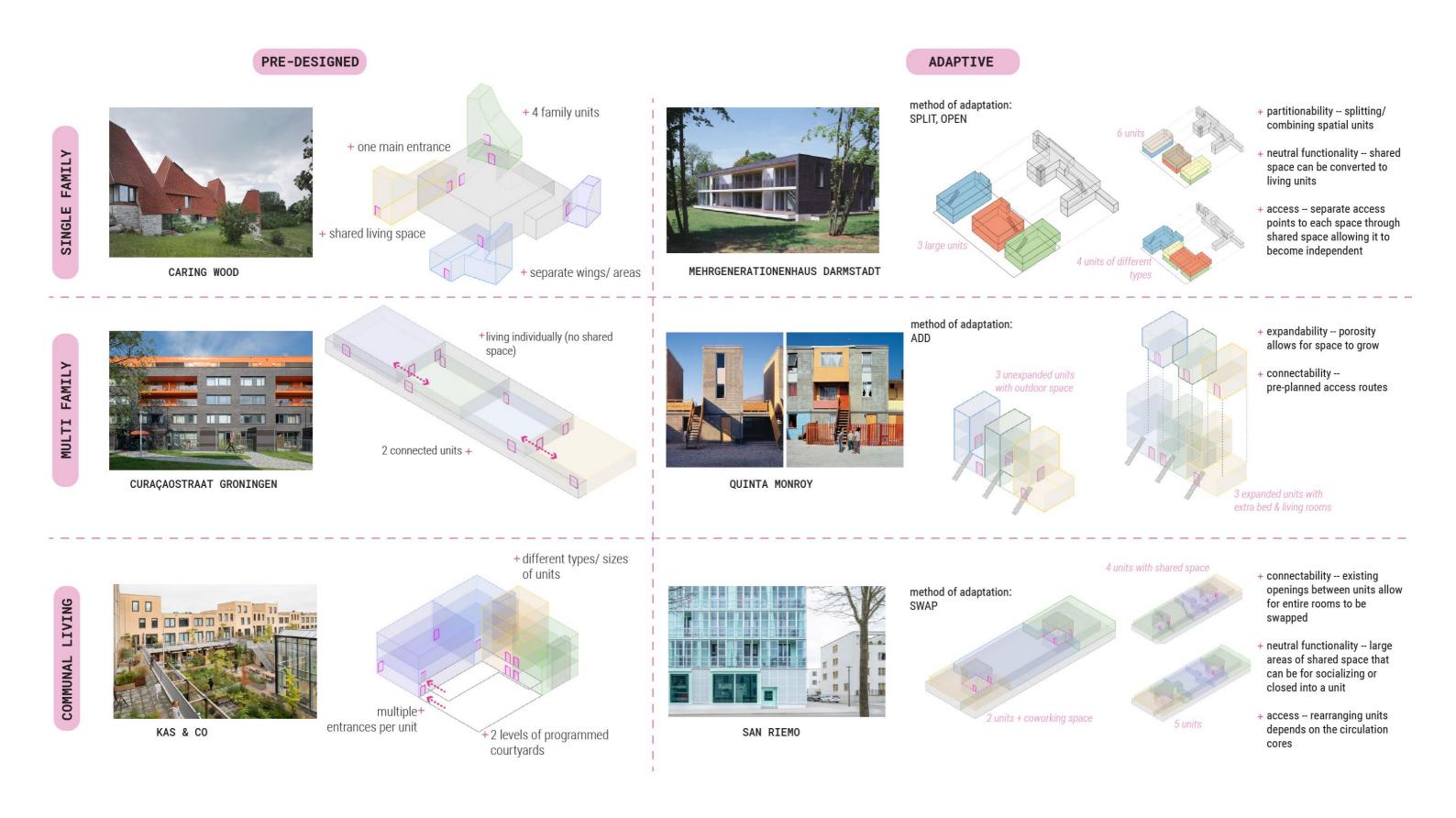
HOUSING WITH PRIVATE UNITS FOR INDEPENDENT LIVING, SUPPLEMENTED BY COMMUNAL AREAS AND MINIMAL ON-SITE CARE OR SUPPORT SERVICES.

SERVICE FLAT

A PRIVATE APARTMENT FOR SENIORS, OFFERING ADDITIONAL SERVICES LIKE MEALS, CLEANING, AND EMERGENCY SUPPORT.

DOTTED LIVING

A DECENTRALIZED LIVING ARRANGEMENT WITH SMALLER UNITS OR CARE SERVICES SPREAD ACROSS A NEIGHBORHOOD TO INTEGRATE SUPPORT INTO COMMUNITY LIFE.



PUBLIC AMENITIES FOR INTERGENERATIONAL LIVING

MARKET HALL

····-> podium



COMMUNITY GARDEN

····-> pocket



COMMUNITY KITCHEN> pocket



SHARED DINING AREA

····-> pocket



CO-WORKING SPACE

·····> pocket

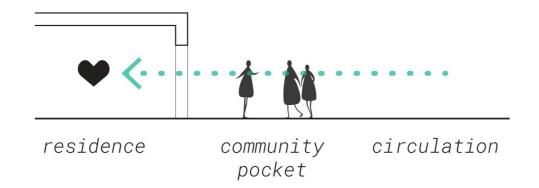


LITERACY CENTER

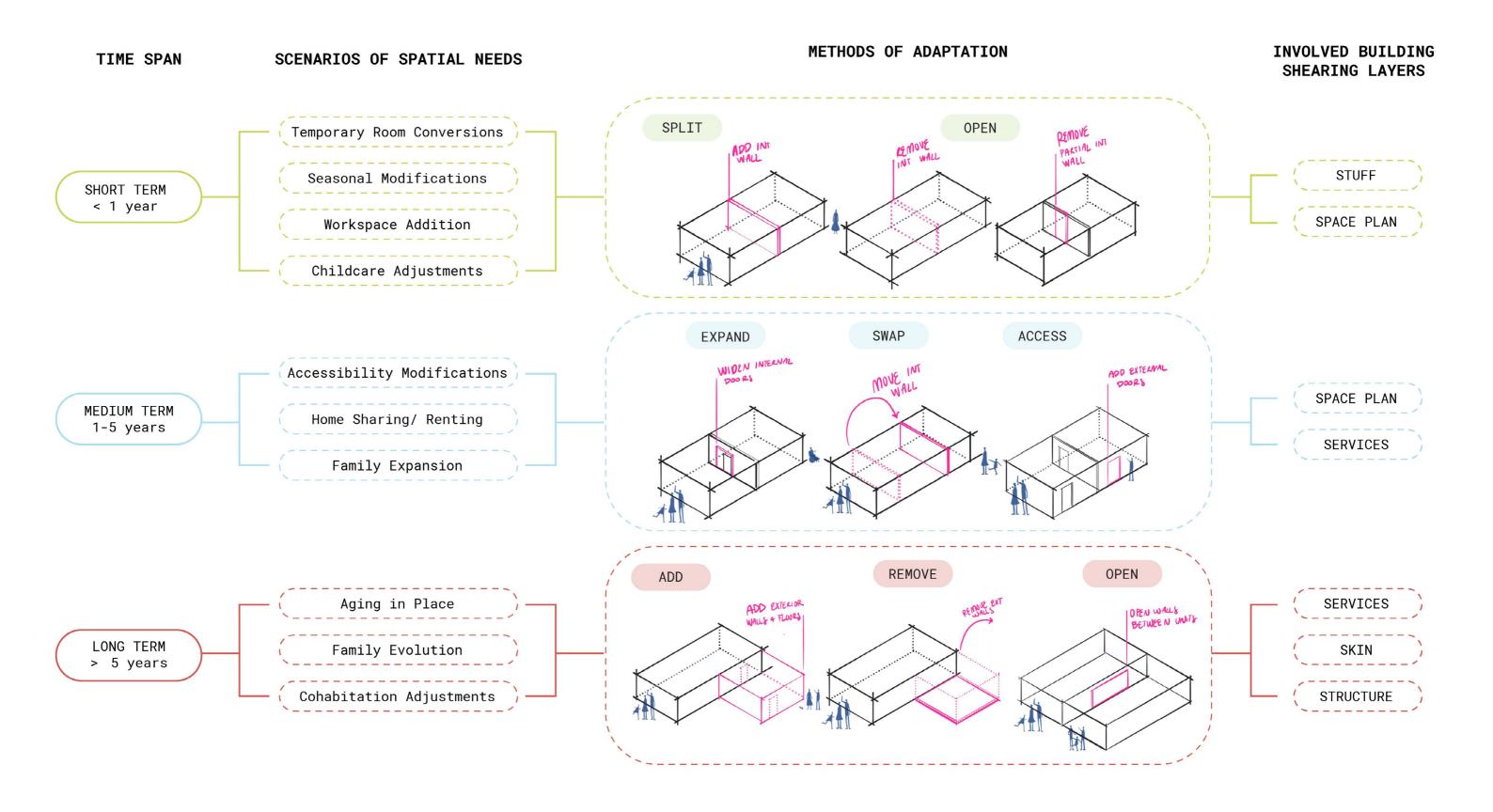
····-> podium

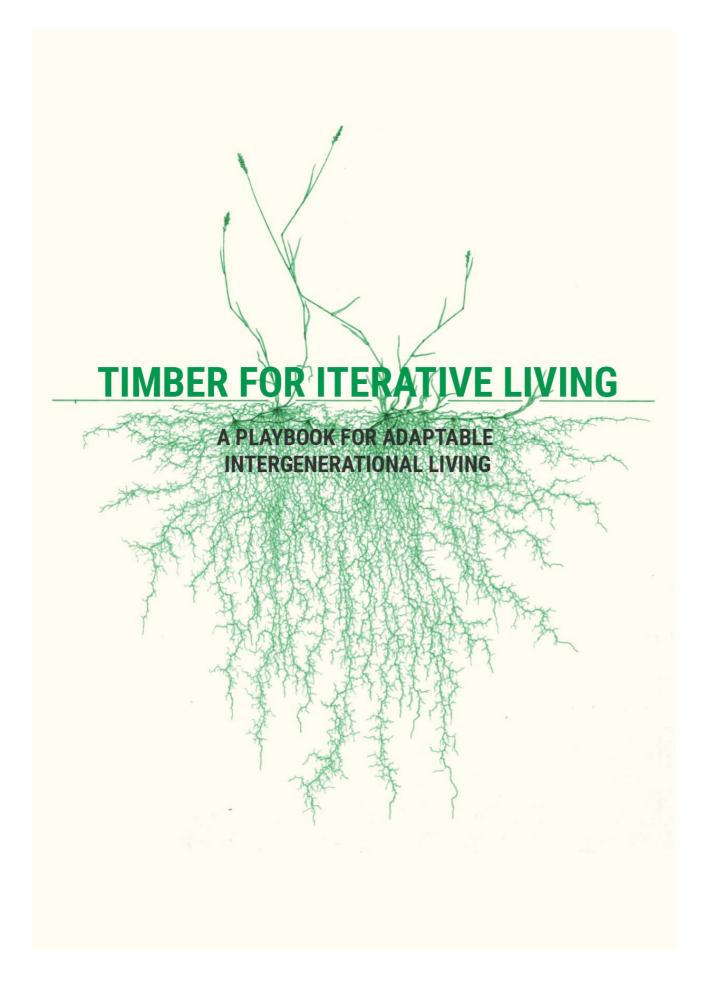


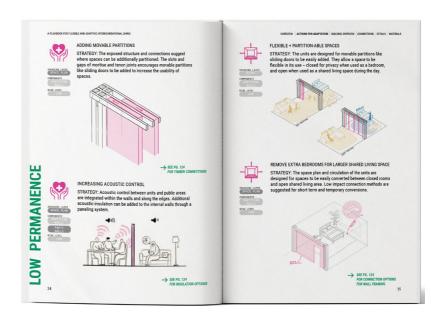
ACCESS CONCEPTS

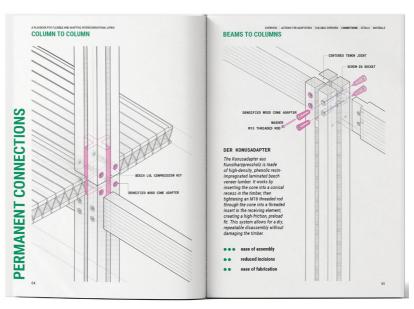


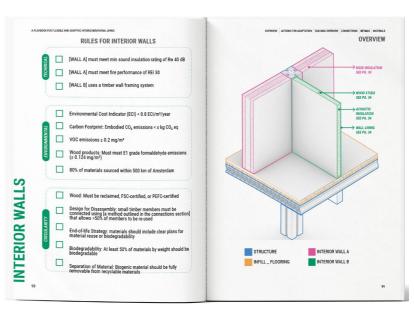














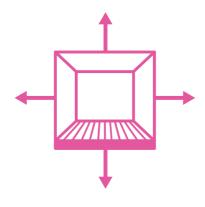
ADAPTING FOR CARE + PRIVACY

In intergenerational homes, privacy is essential for dignity and autonomy, while proximity enables caregiving when needed. Adaptable partitions, soundproof zones, and shared-but-separate suites allow households to shift between independence and intimacy—supporting different rhythms of life and care needs across generations.



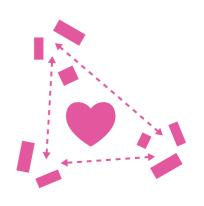
ADAPTING FOR ACCESSIBILITY

Universal design ensures every generation can navigate and enjoy the home. Step-free entrances, wide doorways, adjustable counters, and smart home technologies create a responsive environment. As mobility needs evolve, spaces must seamlessly adapt—making accessibility an integrated and unobtrusive part of everyday living.



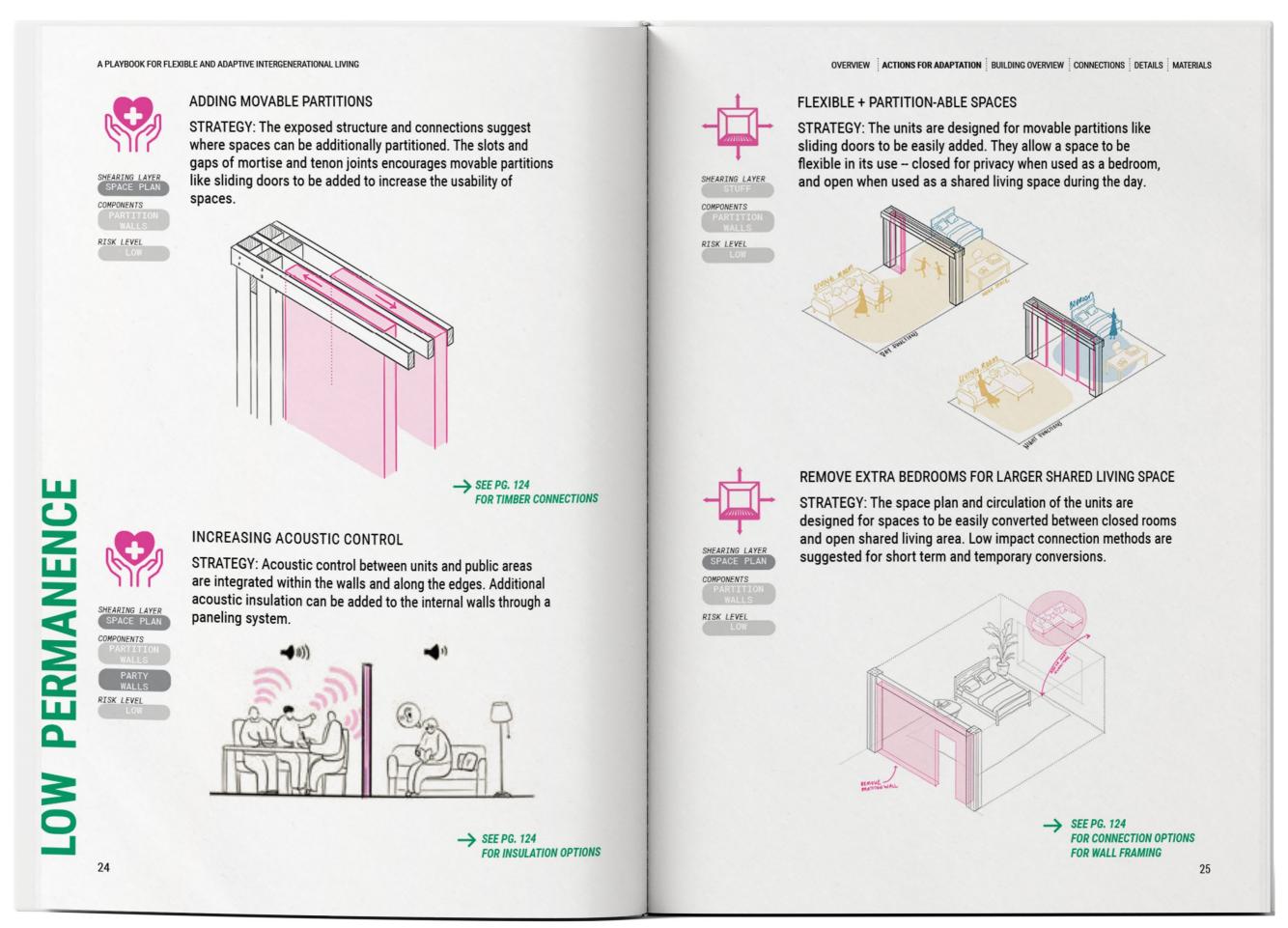
ADAPTING FOR SPACE

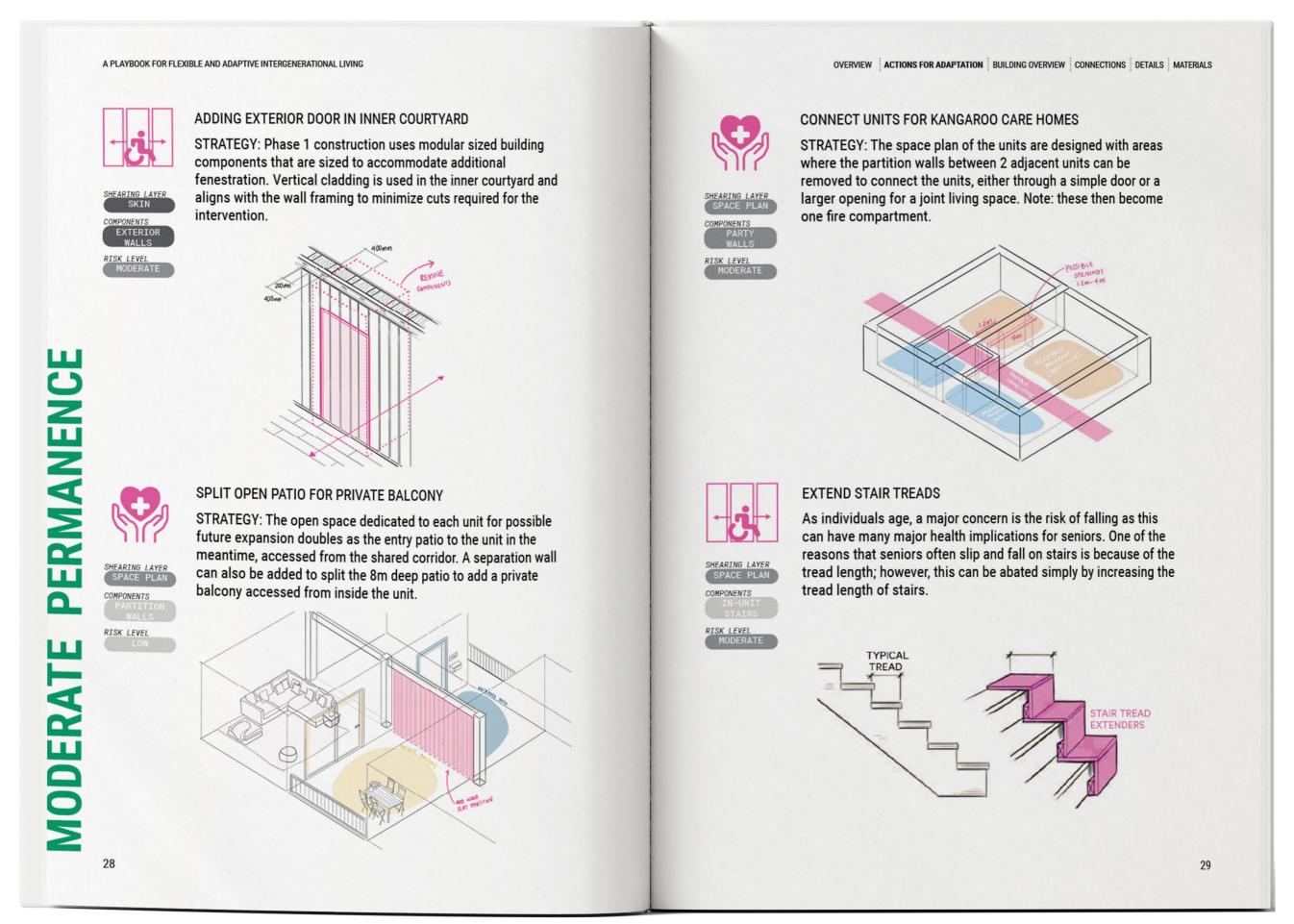
Flexible space planning supports evolving family structures and changing functions over time. Sliding walls, convertible rooms, and modular furnishings allow spaces to grow, shrink, or switch use—transforming a playroom into a guest suite or a living area into a work hub, without rebuilding.

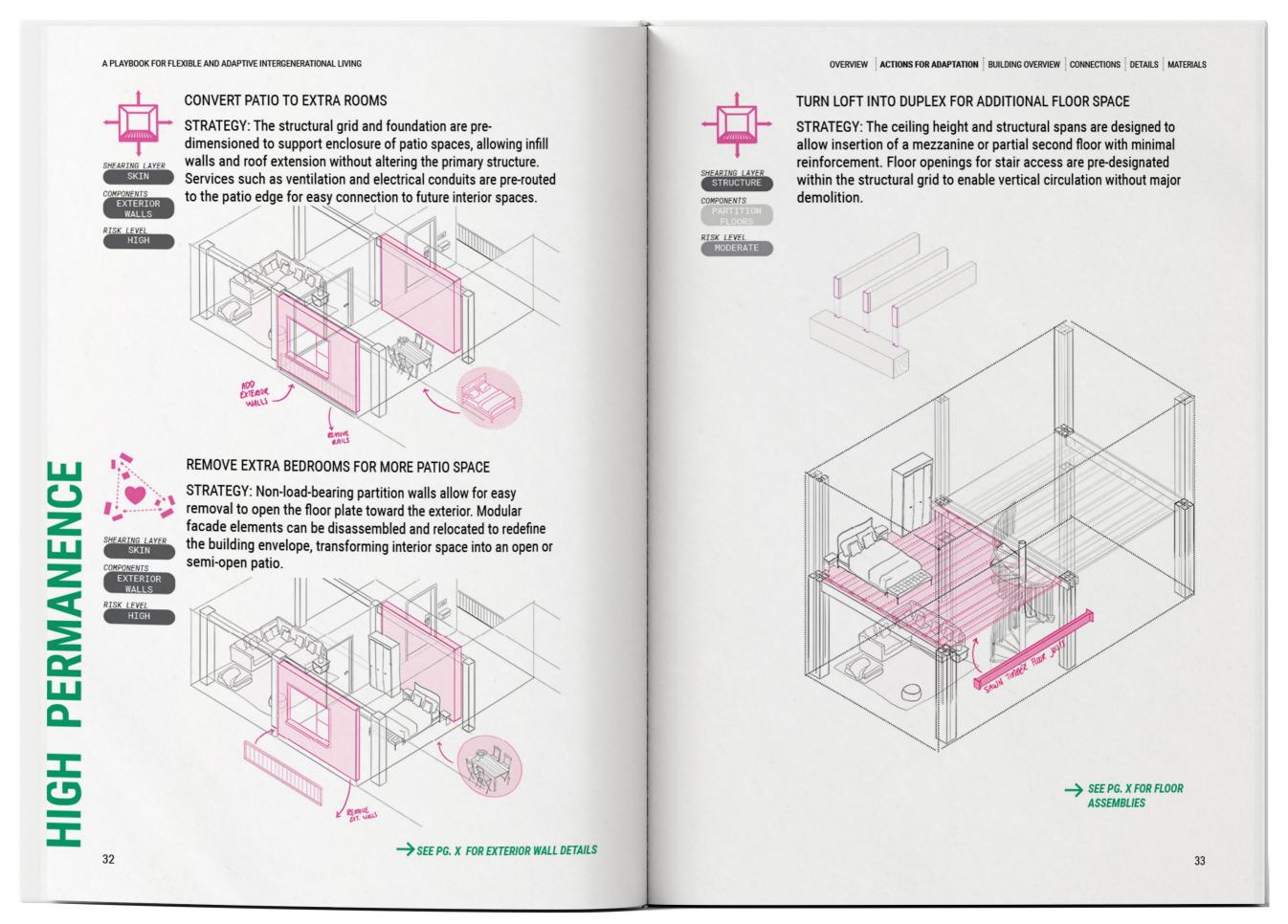


ADAPTING FOR COMMUNITY

Shared spaces foster intergenerational bonds, collaboration, and a sense of belonging. Common kitchens, gardens, and gathering areas offer opportunities for connection, while retreat spaces respect the need for solitude. Adaptable layouts can shift between communal and private modes as household dynamics change.







SCORING CRITERIA OF CONNECTIONS:

ease of assembly/ disassembly

5: Simple to assemble without specialized tools or skills.
1: Requires skilled labor or advanced tools.

low-impact

5: No damage to timber; fully reversible.1: Significant damage or waste during disassembly.

scalability

5: Easily adaptable to different material sizes and types.1: Limited flexibility, specific to one size/material.

A PLAYBOOK FOR FLEXIBLE AND ADAPTIVE INTERGENERATIONAL LIVING

CATEGORIES OF REVERSIBLE TIMBER CONNECTIONS



STRAPPING

In order to better understand how to address the issue of social isolation, a literature review was performed to generate a list of evidence-based design features that can be used when retrofitting existing high-rises.

+ ease of assembly

requires some knowledge or previous experience

+ number of incisions

no incisions made to the timber members unless combined with carpentry joinery

- + ease of fabrication only simple cuts required
- applicability
 limited by structural capacity



SIMPLE FASTENERS

In order to better understand how to address the issue of social isolation, a literature review was performed to generate a list of evidence-based design features that can be used when retrofitting existing high-rises.

- + ease of assembly
- number of incisions

results in damage accumulation; this often leads to smaller members not being reused

- + ease of fabrication
- + applicability

OVERVIEW ACTIONS FOR ADAPTATION BUILDING OVERVIEW CONNECTIONS DETAILS MATERIALS



PROPRIETARY STEEL CONNECTORS

In order to better understand how to address the issue of social isolation, a literature review was performed to generate a list of evidence-based design features that can be used when retrofitting existing high-rises.

- ease of assembly
- number of incisions usually multiple incisions for knife plates or fasteners
- ease of fabrication
- applicability
 each connector designed for

specific members and connection



CARPENTRY JOINERY + WOOD CONNECTORS

In order to better understand how to address the issue of social isolation, a literature review was performed to generate a list of evidence-based design features that can be used when retrofitting existing high-rises.

+ ease of assembly

joints like tongue and groove allow for self-aligning and require minimal tools

+ number of incisions

specific incisions made by CNC; may limit type of future reuse to same function

ease of fabrication

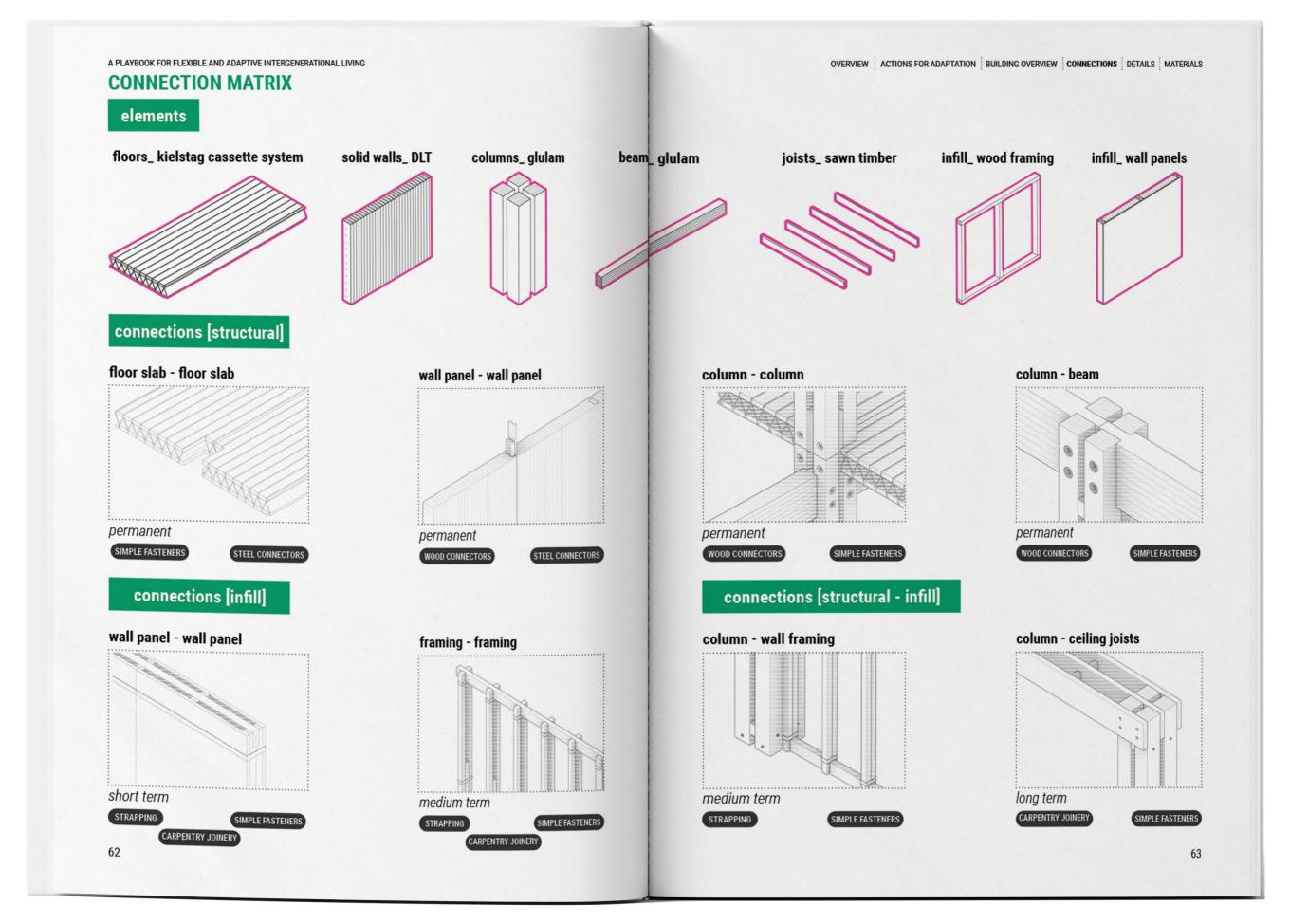
CNC fabrication

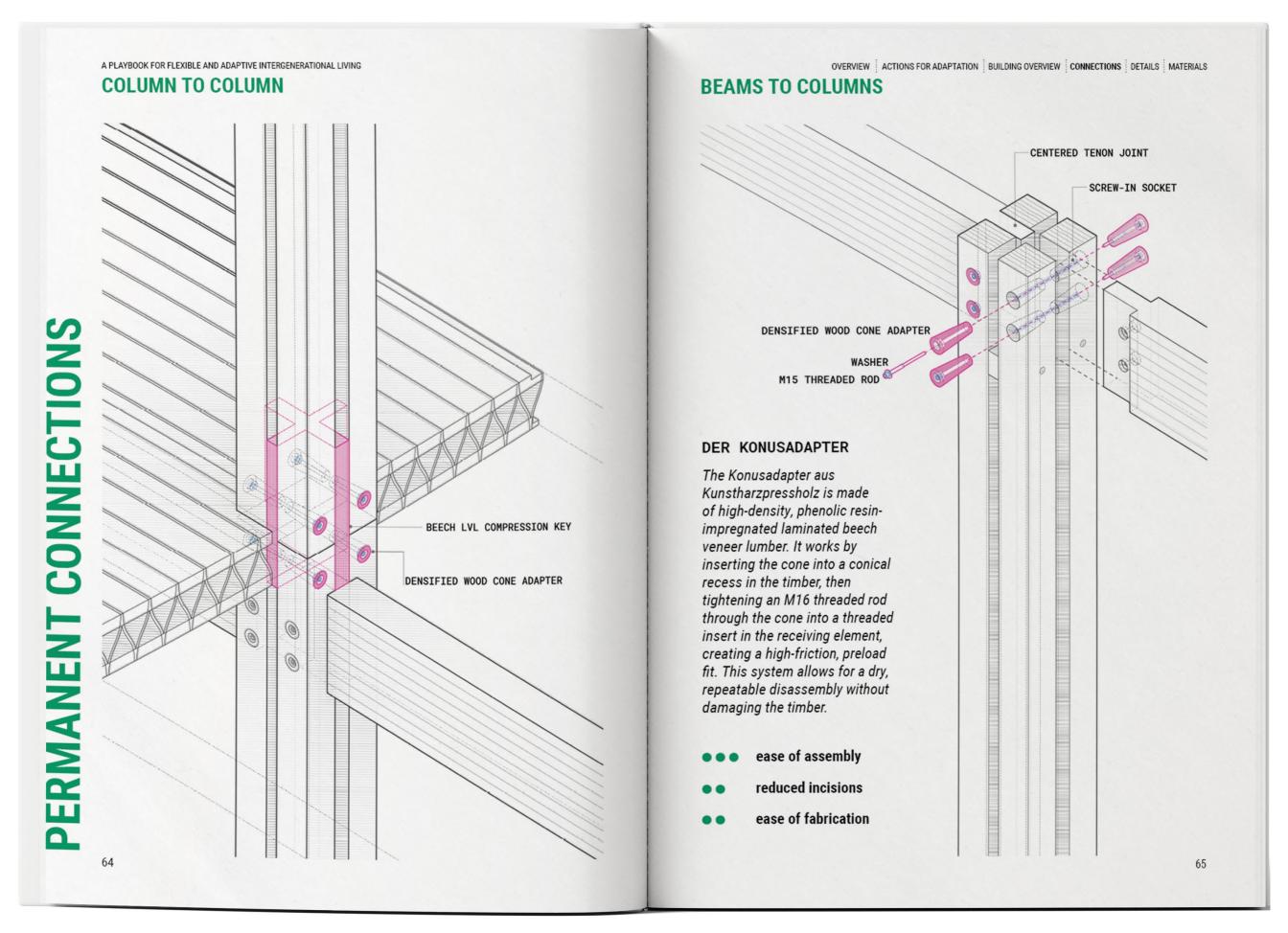
applicability

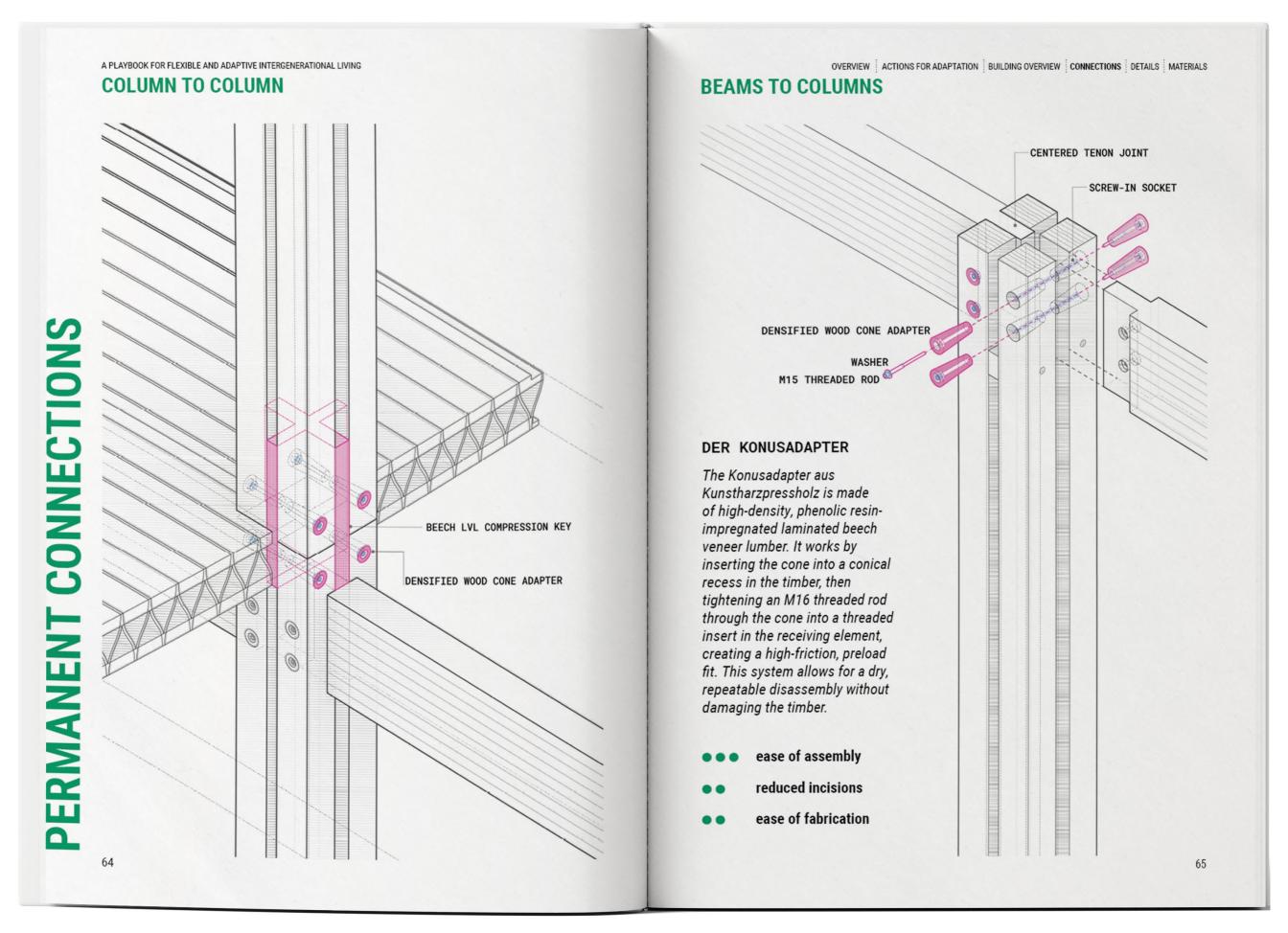
x-fix connectors currently mostly designed for connecting mass timber panels

60

61



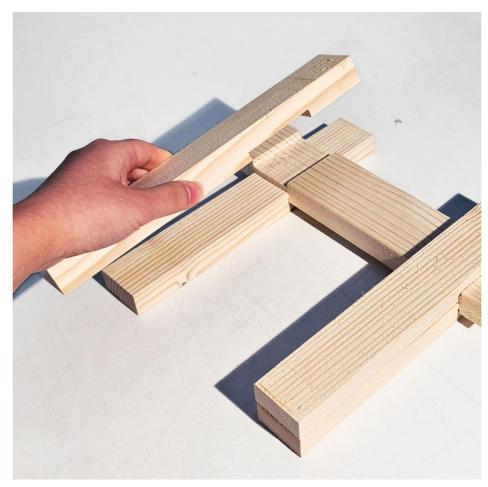






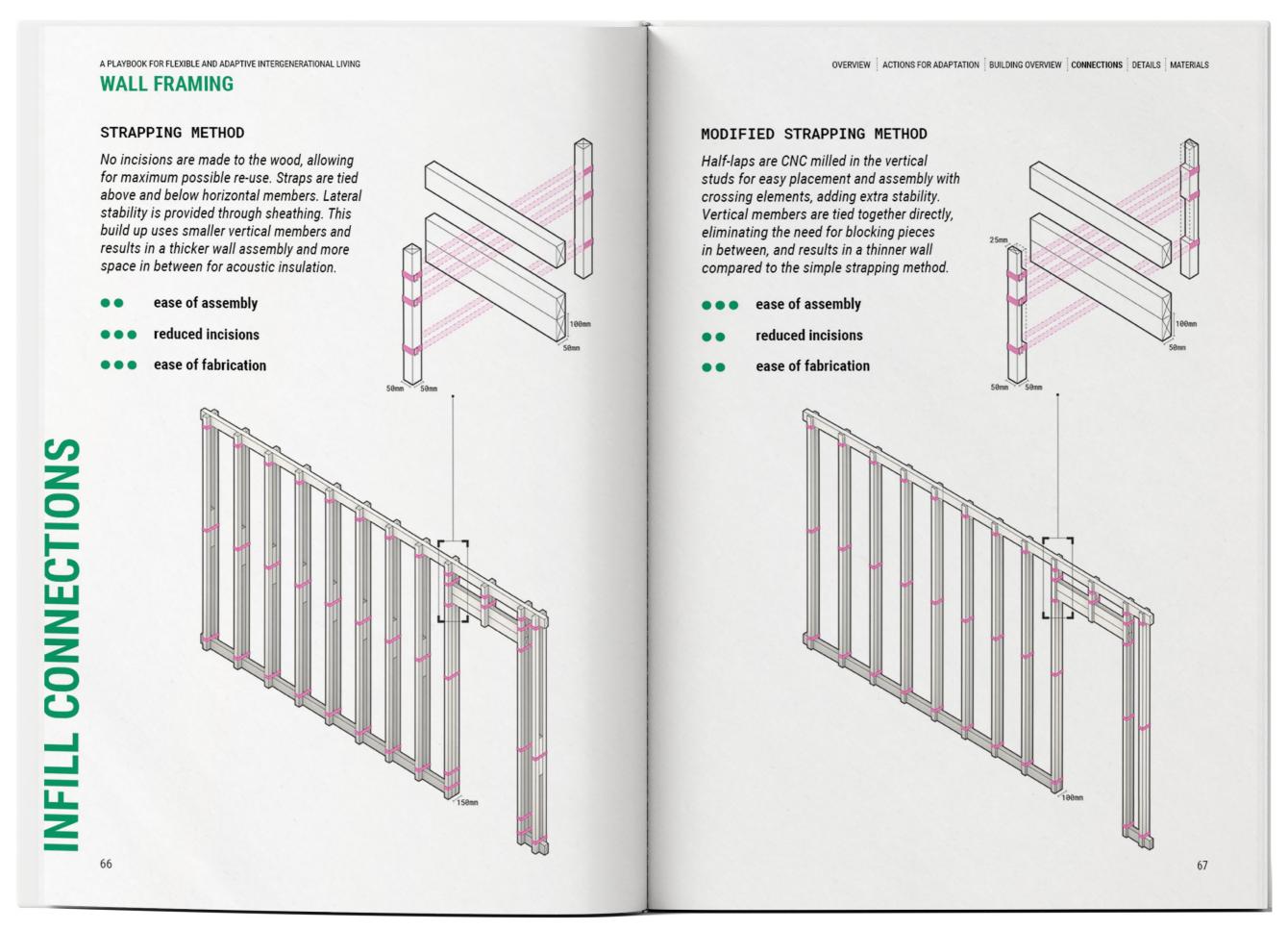








CONNECTIONS ASSESSMENT_ STRAPPED FRAMING



REFERENCE GUIDELINES

BOUWBESLUIT

NATIONALE MILIEUDATABASE

LIVING BUILDING CHALLENGE

FSC&PEFC CERTIFICATION

NIBS LIFECYCLE GUIDELINES

ELLEN MACARTHUR FOUNDATION

TECHNICAL PERFORMANCE

Fire Resistance Rating:

>30 min (EI 30) (interior walls)

>60 min (EI 60) (exterior walls)

Materials with a Euroclass fire rating of B-s1, d0, or better.

Acoustics: Minimum sound insulation rating of Rw = 40 dB

Thermal (exterior walls): U-Value ≤ 0.2 W/m²·K Maximum air permeability qv10 ≤ 0.15 dm³/s·m²

ENVIRONMENTAL PERFORMANCE

Environmental Cost Indicator (ECI) < 0.8 ECI/m²/year

Carbon Footprint: Embodied CO2 emissions < x kg CO2 eq VOC emissions ≤ 0.2 mg/m³

Wood products: Must meet E1 grade formaldehyde emissions (≤ 0.124 mg/m³)

RESPONSIBLE SOURCING

80% of materials sourced within 500 km of Amsterdam

Wood: Must be reclaimed, FSC-certified, or PEFC-certified

LIFESPAN AND CIRCULARITY

DfD: Materials must be removable without damaging adjacent components

Functional Lifespan Alignment: Materials should match the lifespan of surrounding components.

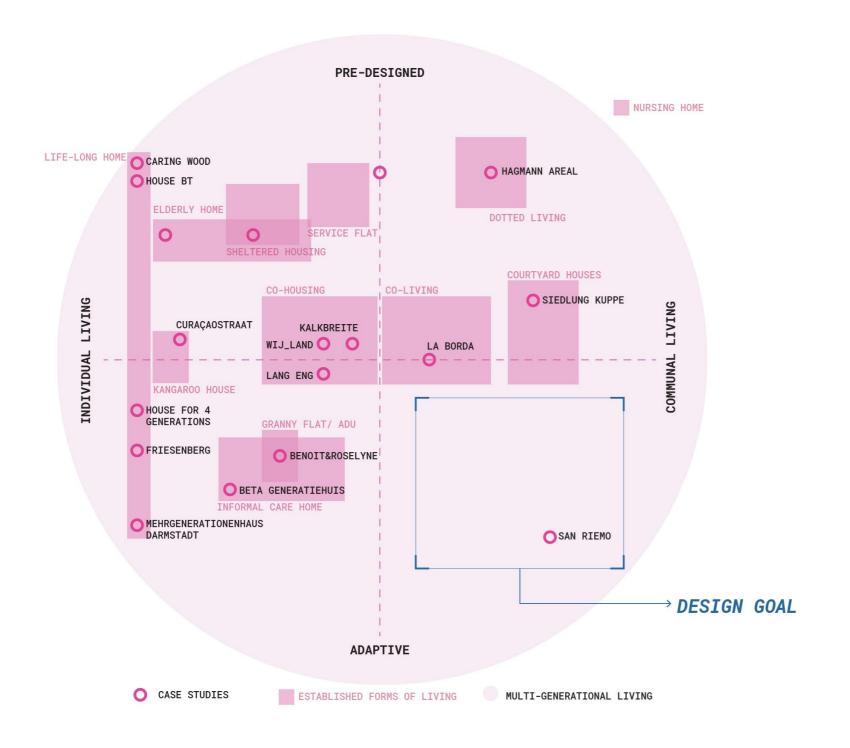
Structural elements: 50+ years Interior finishes: 10-20 years Exterior cladding: 30+ years

Flooring: (Abrasion-resistant for high-traffic areas) 15+ years

End-of-life Strategy: materials should include clear plans for material reuse or biodegradability Biodegradability: At least 50% of materials by weight should be biodegradable

Separation of Material: Biogenic material should be fully removable from recyclable materials, so they can be returned to the earth

A PLAYBOOK FOR FLEXIBLE AND ADAPTIVE INTERGENERATIONAL LIVING OVERVIEW ACTIONS FOR ADAPTATION BUILDING OVERVIEW CONNECTIONS DETAILS MATERIALS ASSEMBLY EXAMPLES Use a ventilated rain-screen cladding system LIGHT TIMBER FRAME/HEMPBATT INSULATION/HEMP-LIME BOARD Use a non-load-bearing framing system supported from the top of the floor slab TECHNICAL Material composition of assembly must function without the use of a vapour membrane to allow for breathable walls > All materials used are vapour open Complete wall build-up must meet fire performance of REI60 > REI60 with lime plaster, Euroclass B-s1, d0 0 Complete wall build-up must meet Rc Value of 4.5 m²·K/W 0 > achieved with 2 types of insulation Install water control layer as specified in details Environmental Cost Indicator (ECI) < 0.8 ECI/m²/year \rightarrow <0.5 ECI/m²/ year Carbon Footprint: Embodied CO2 emissions < x kg CO2 eq 0 ENVIRONMENTAL > carbon negative VOC emissions ≤ 0.2 mg/m³ Wood products: Must meet E1 grade formaldehyde emissions $(\leq 0.124 \text{ mg/m}^3)$ 80% of materials sourced within 500 km of Amsterdam most materials sourced within NL and DE (Based on Material Cultures, Circular Biobased Construction Report, 2021) Wood: Must be reclaimed, FSC-certified, or PEFC-certified > reclaimed wood and FSC-certified spruce Materials: Design for Disassembly: Materials must be removable without 1.Clay Plaster damaging adjacent components 2. Hemp-Lime Board (Celenit Isohemp, NI): 25 mm CIRCULARITY 3. Hempbatt Insulation (Thermo-Hemp, De): 145 mm End-of-life Strategy: materials should include clear plans for material reuse or biodegradability 4. Timber Frame (FSC-Certified Spruce):45 mm x 145 mm 5. Wood Fiber Board (Gutex Thermosafe, De): 16 mm > 80% bio-degradable straw, hemp, timber 6. Woodfibre Insulation (Glutex, De): 60 mm At least 50% of materials by weight should be biodegradable 7. Exterior Cladding (Reclaimed Timber): 25 mm Separation of Material: Biogenic material should be fully removable from recyclable materials 78



WHAT? ADAPTABLE LIVING HIGH DENSITY (MULTI-FAMILY) INTERGENERATIONAL LIVING COMMUNITY CENTERED LIVING FOR WHOM? NON-NUCLEAR FAMILIES, IMMIGRANT FAMILIES, PEOPLE IN DIFFERENT STAGES OF LIFE WHERE? HOUTHAVEN, AMSTERDAM

ADAPTABLE LIVING

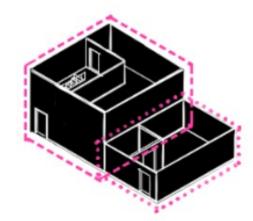
HIGH DENSITY (MULTI-FAMILY)

THTERGENERATIONAL LIVING

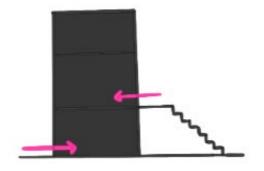
COMMUNITY CENTERED LIVING



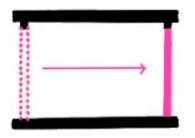
FORMALLY DEFINE FRAMEWORK FOR GROWING AND MOVING



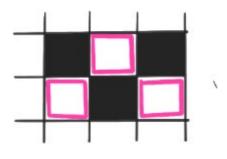
VARIETY OF DIFFERENT HOUSING TYPES



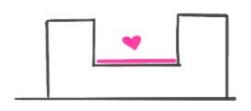
MULTIPLE POINTS OF ACCESS
AND ENTRY



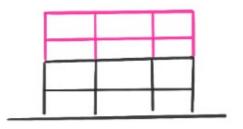
USE OF TEMPORAL BUILDING LAYERS TO ALLOW FOR RECONFIGURATION



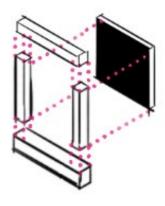
POROUS ARCHITECTURE (SPACE TO GROW)



COMMUNAL SPACES FOR INTERGENERATIONAL KNOWLEDGE SHARING



USING AND EXPANDING STRUCTURE OF EXISTING BUILDINGS

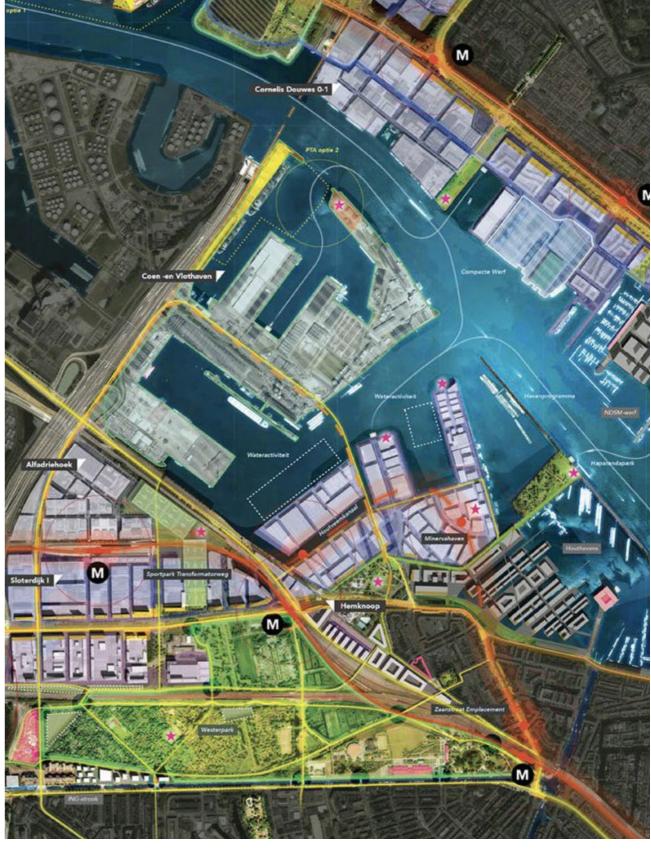


DESIGN FOR DISASSEMBLY
TO ALLOW FOR CHANGE AND
SWAPPING OF ELEMENTS



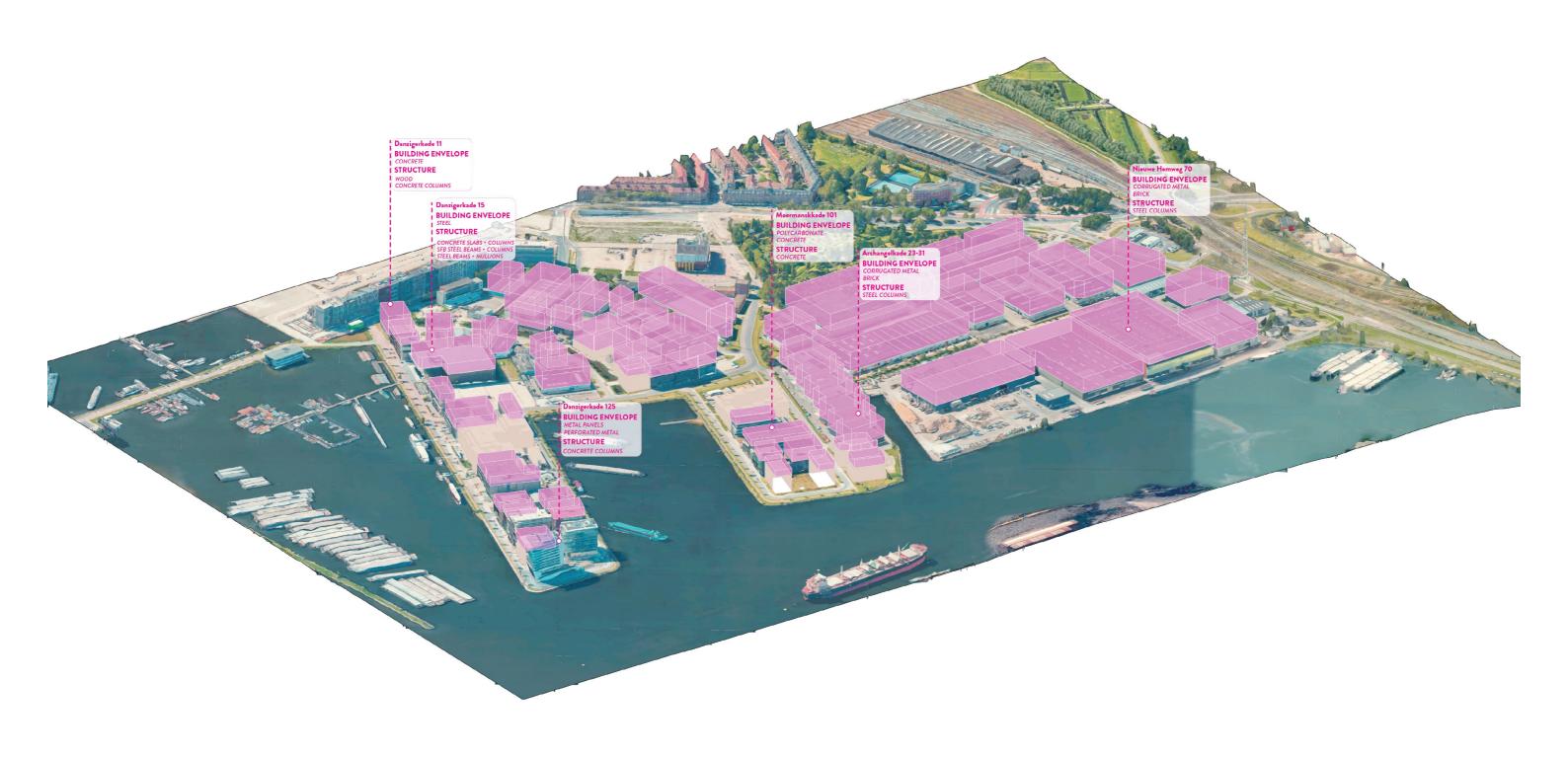
SITE SITUATION





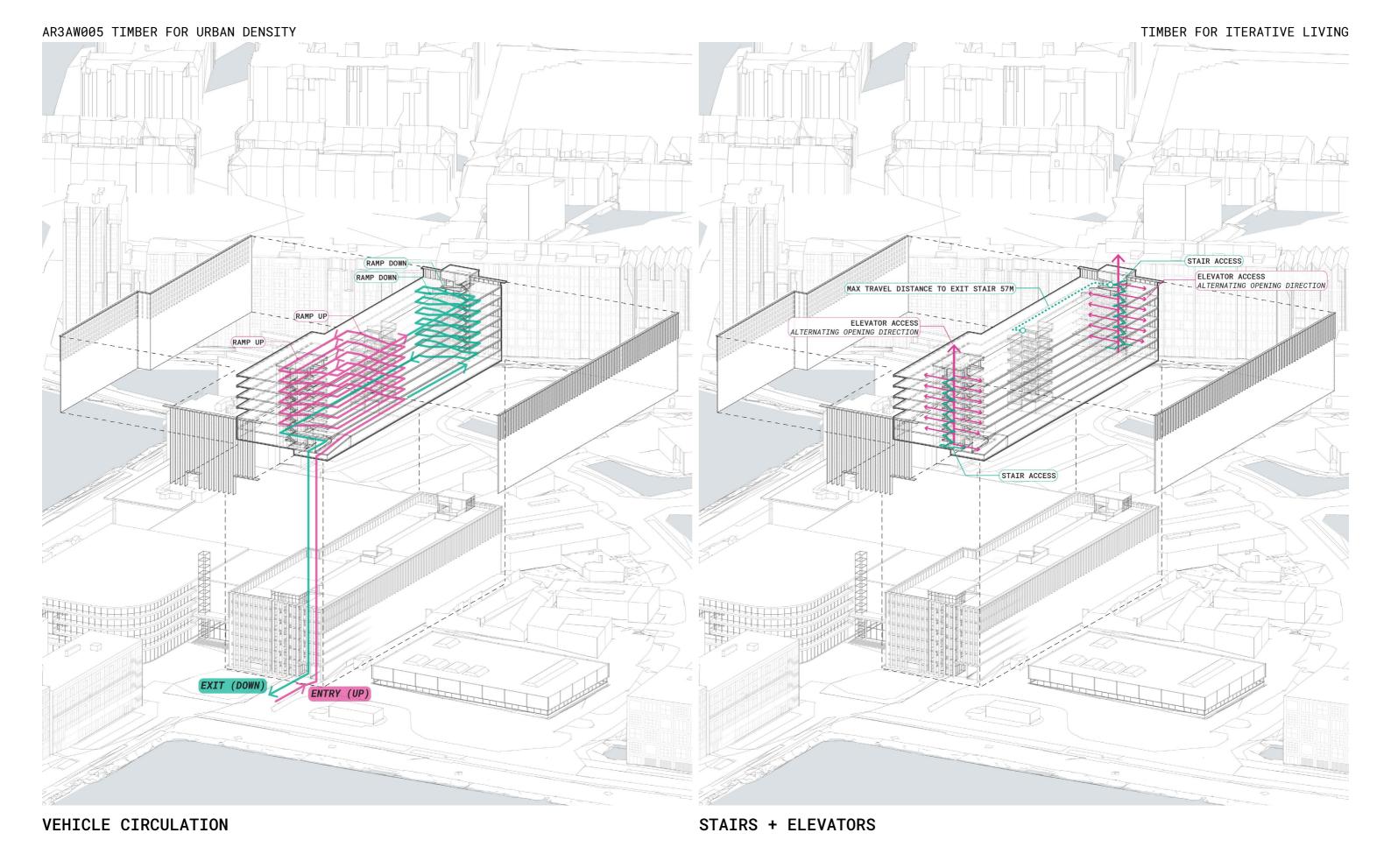
MASTERPLAN_ FABRICATIONS

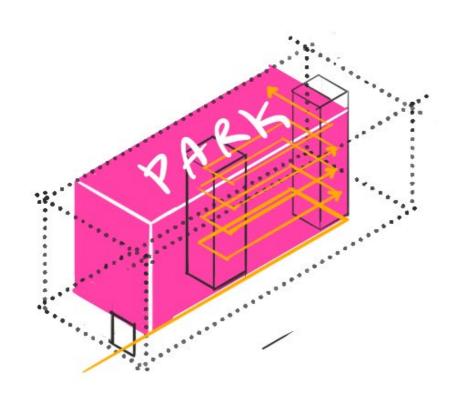
MASTERPLAN_ DE ZWARTE HOND

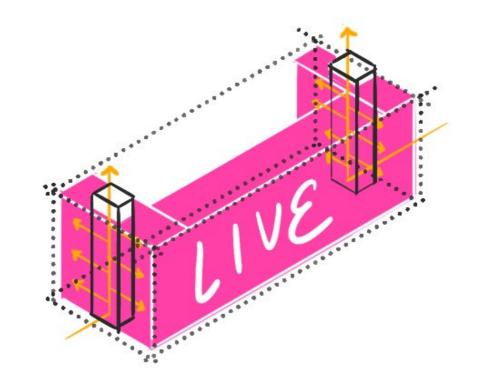


THE SITE_ POTENTIALS FOR OPTOPPEN

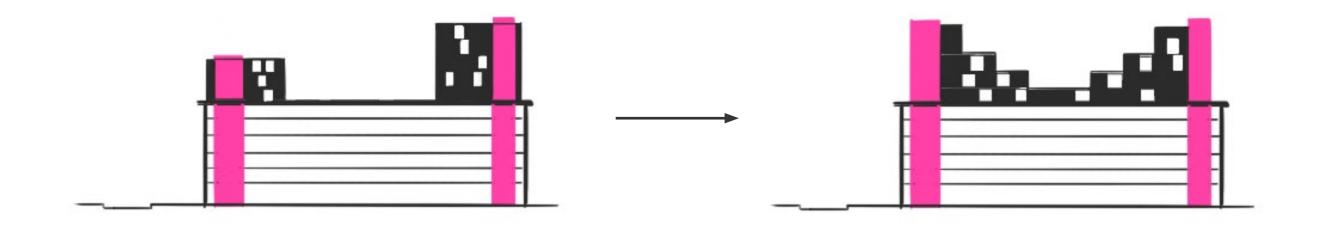




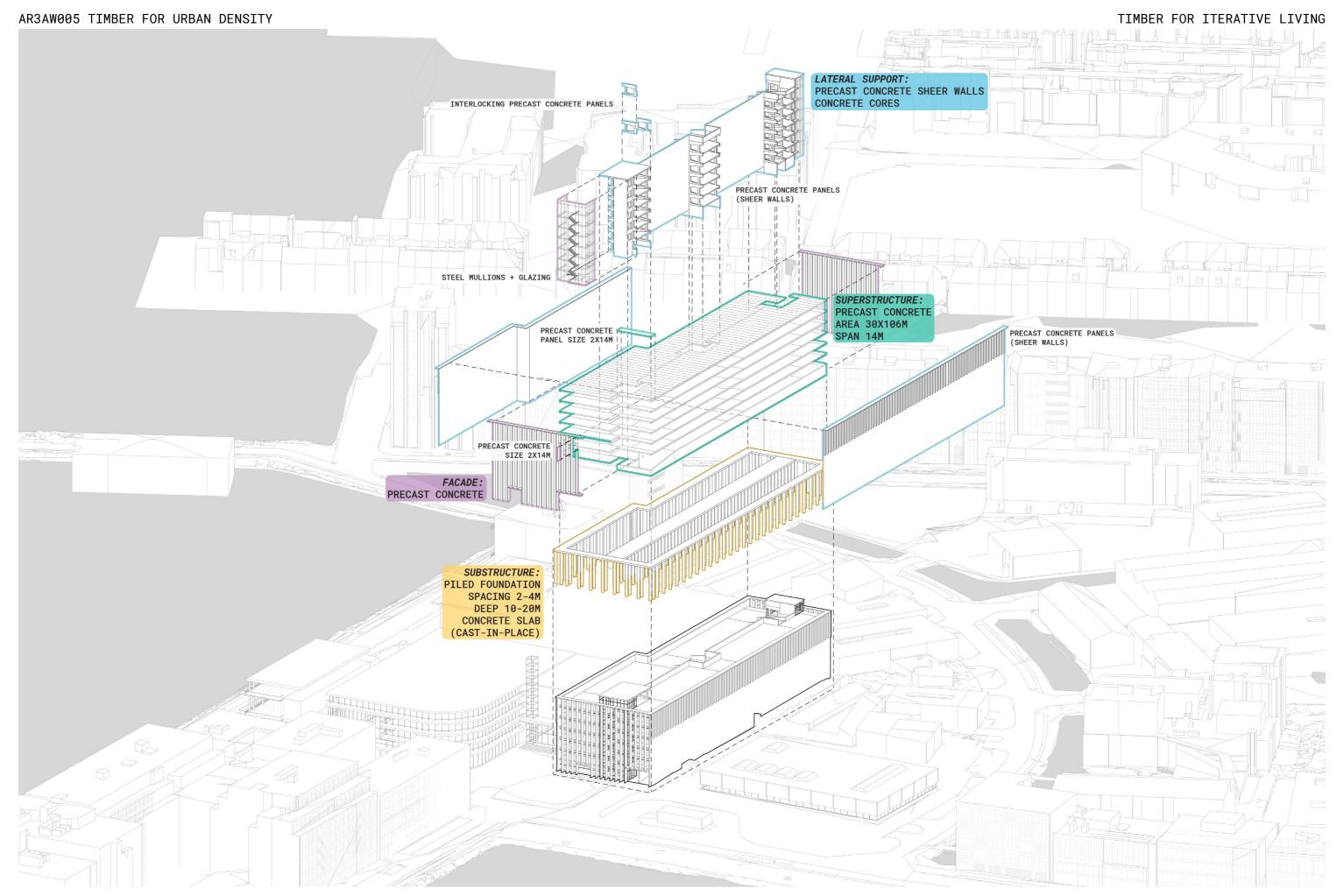




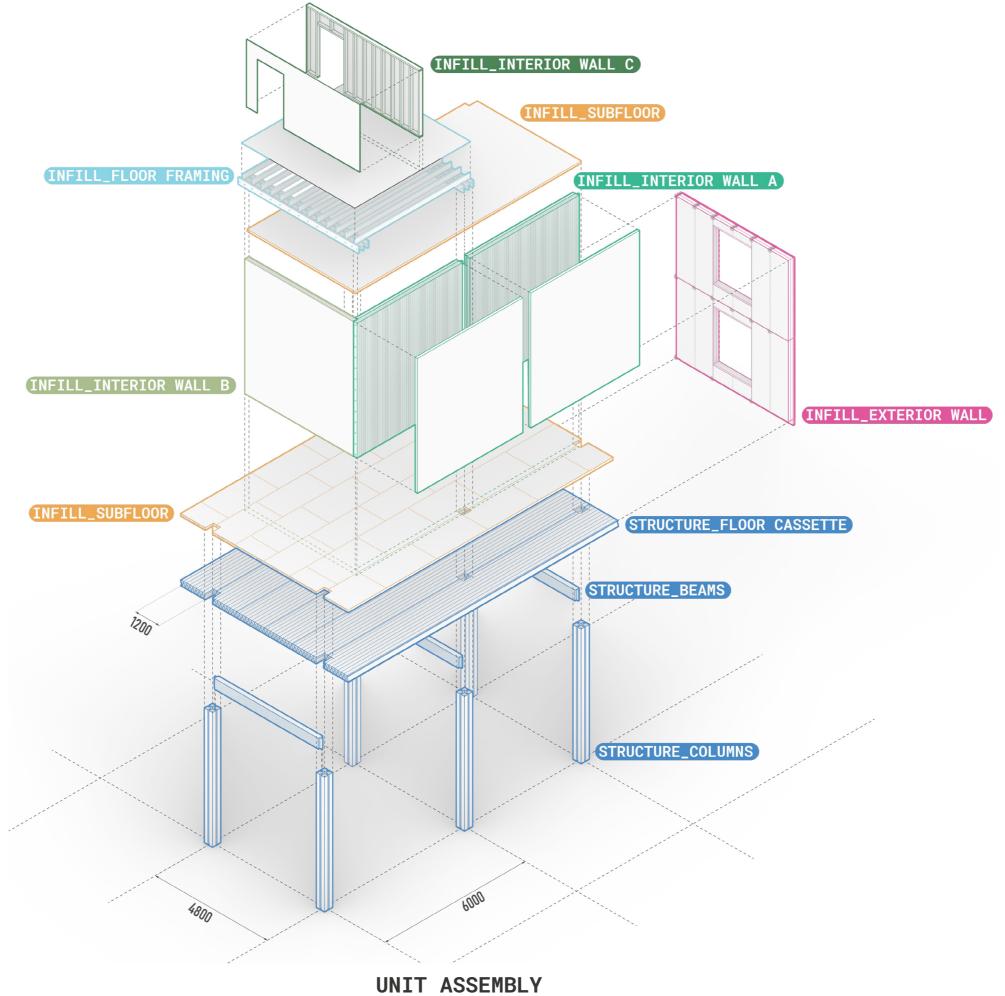
PROGRAM CONCEPT FOR RETROFIT INFILL

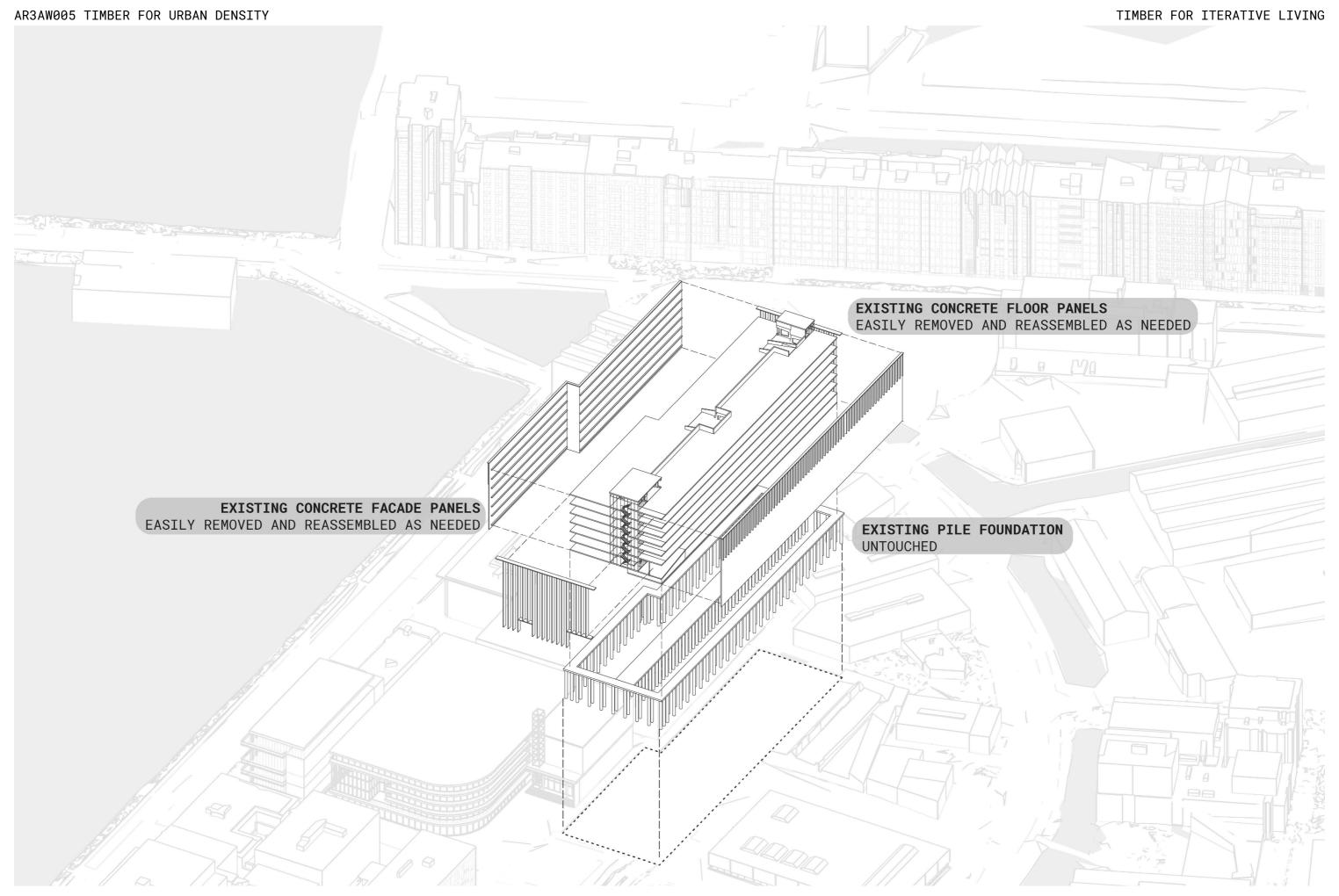


MASSING CONCEPT FOR OPTOPPEN

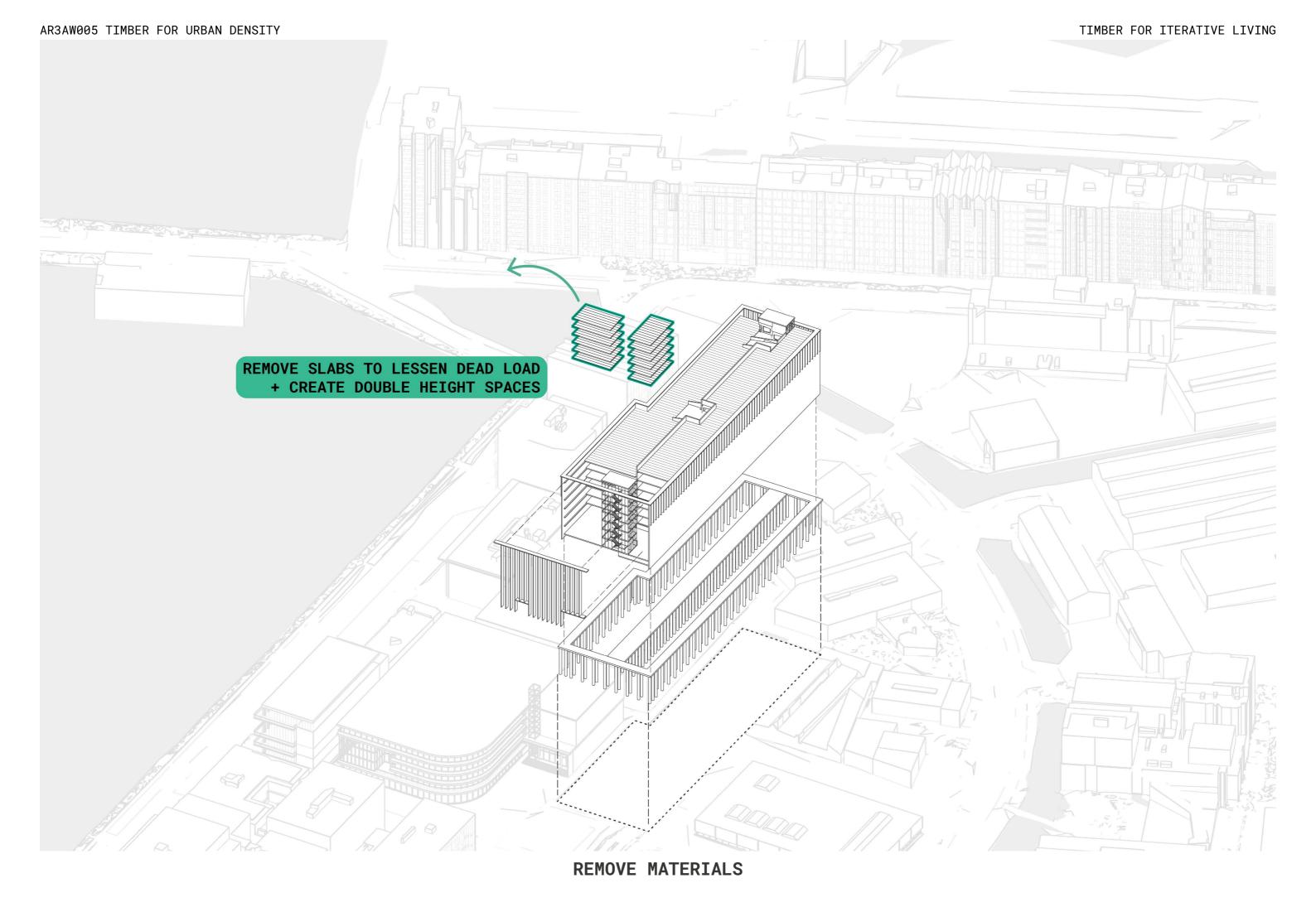


EXISTING STRUCTURAL ANALYSIS





EXISTING CONSTRUCTION



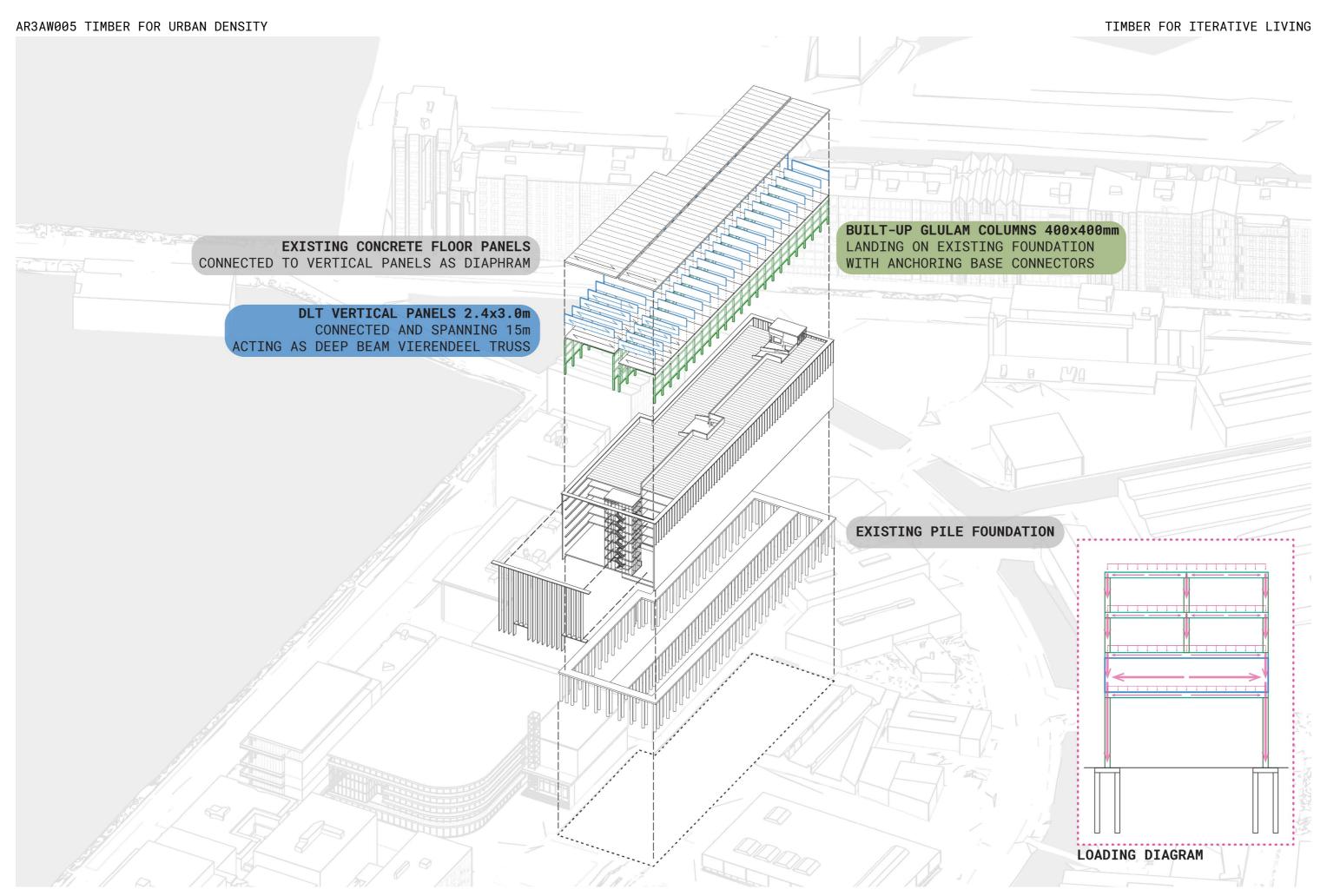


TABLE CONSTRUCTION USING VERTICAL PANELS AS DEEP BEAMS

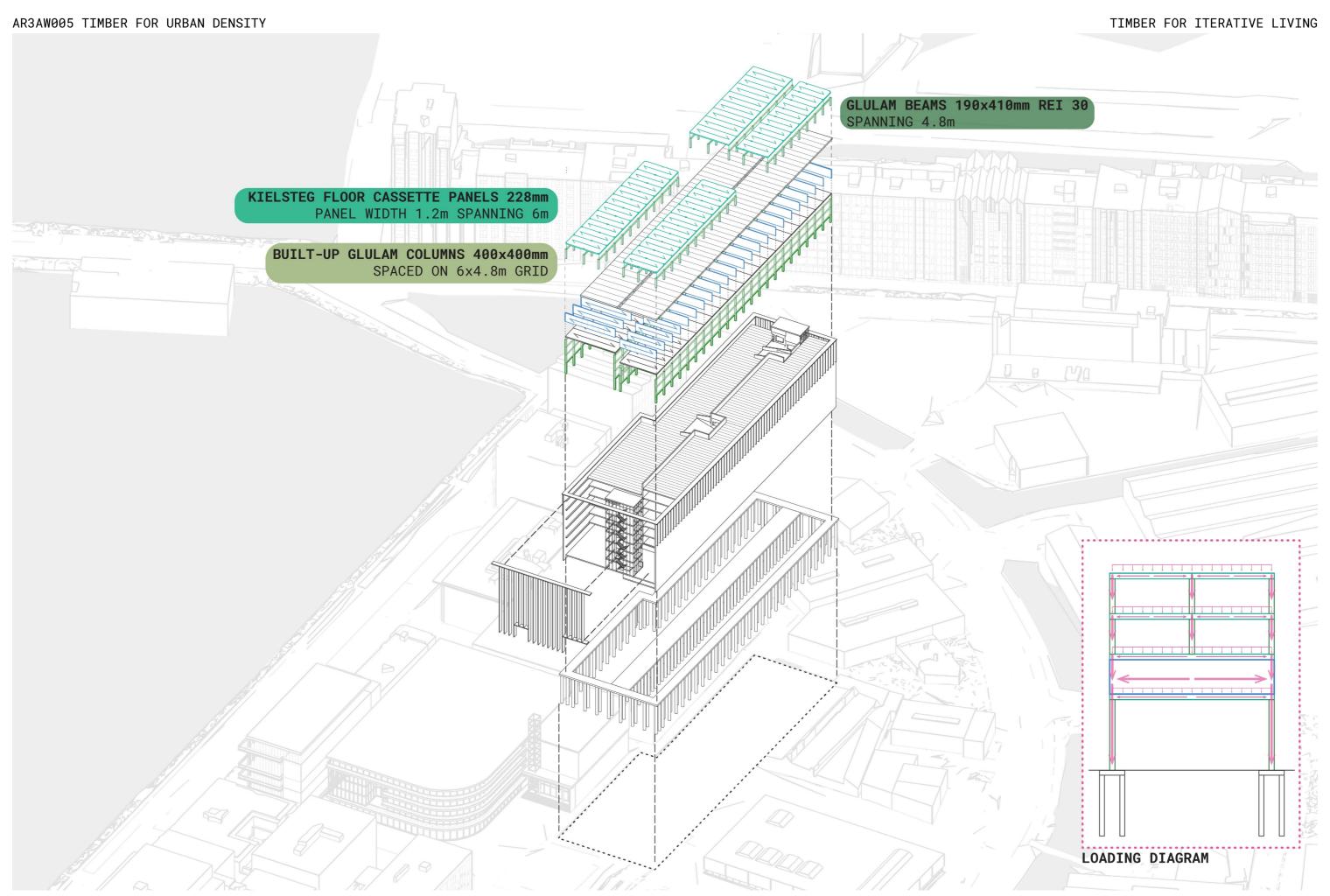
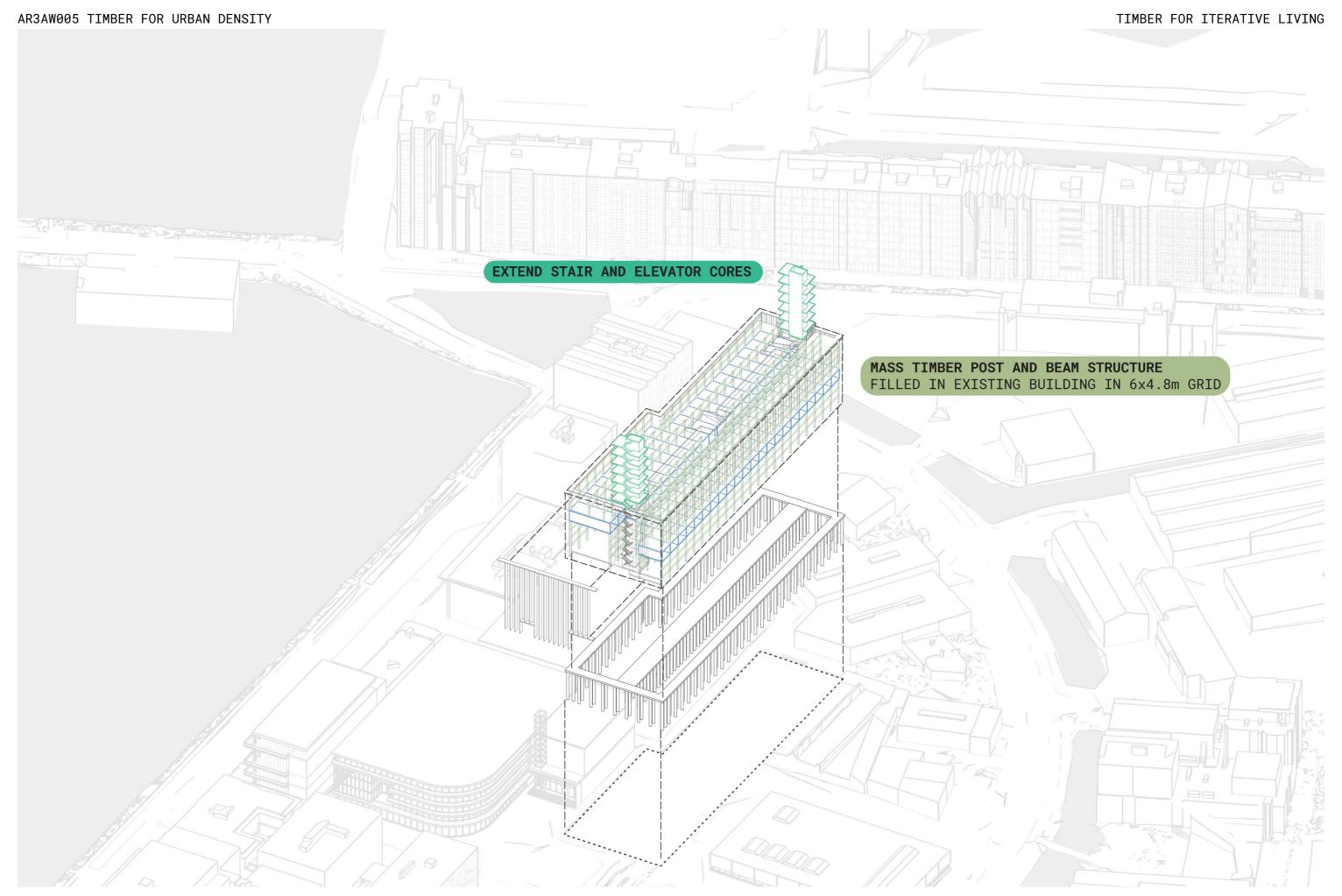
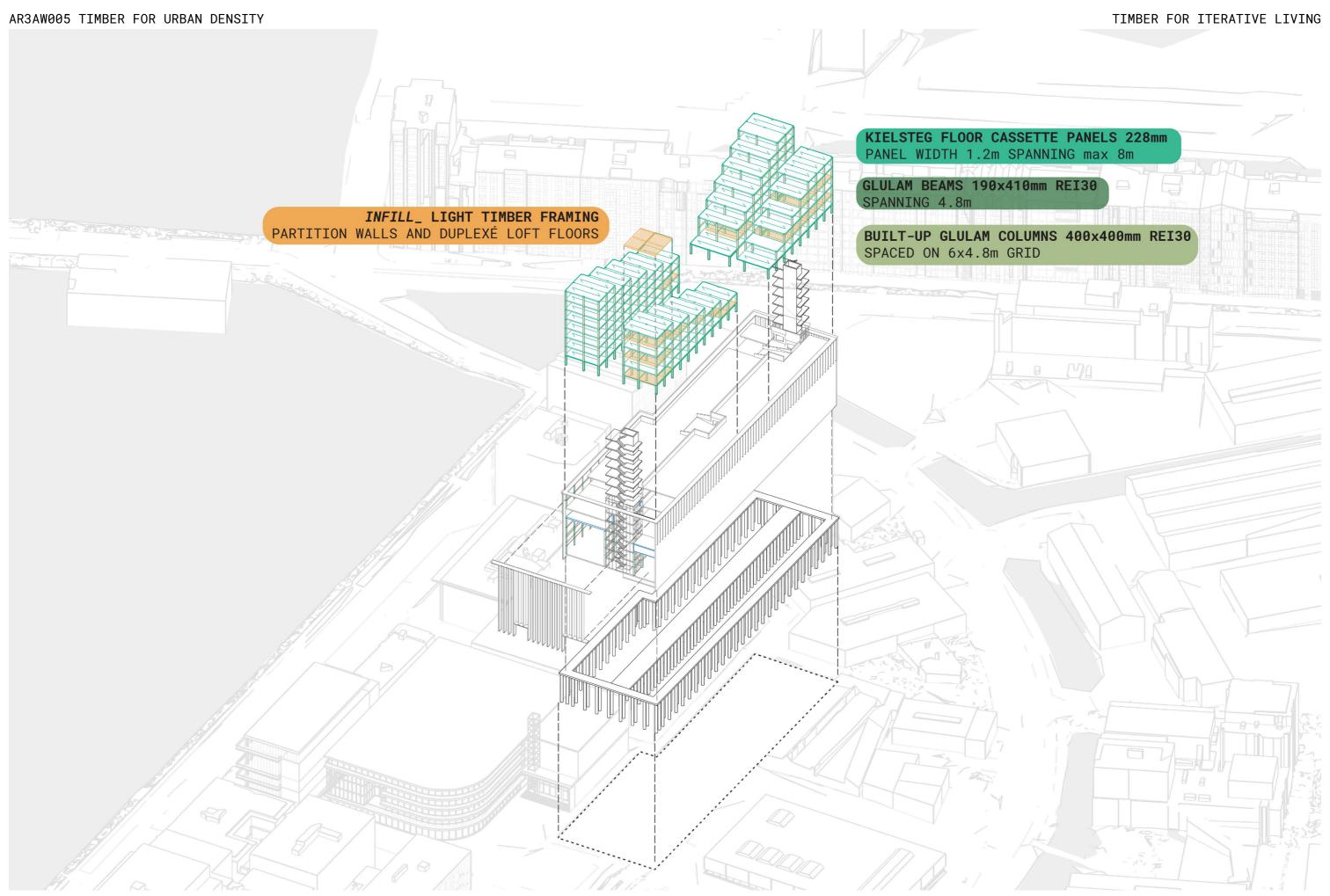


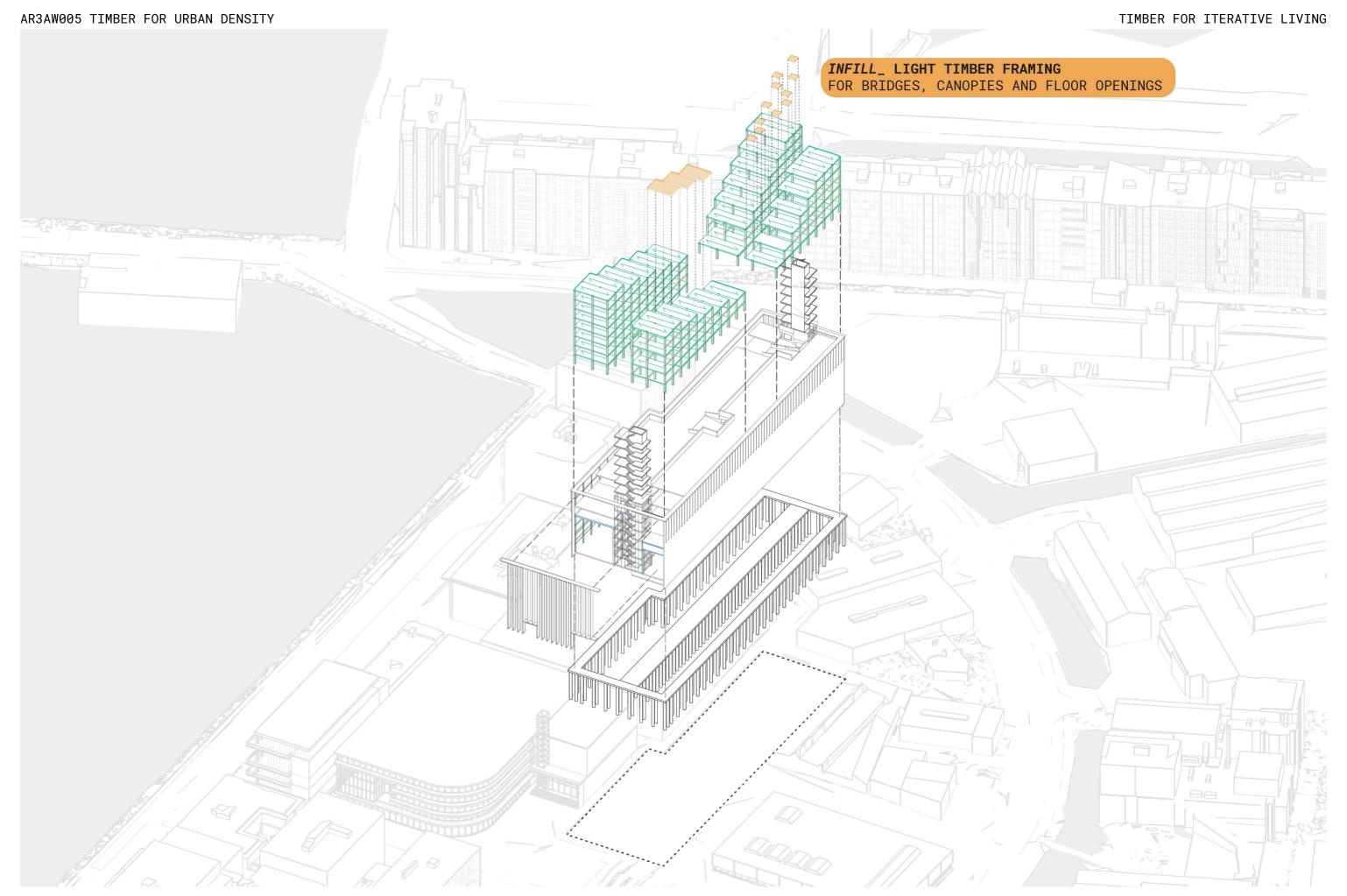
TABLE CONSTRUCTION USING VERTICAL PANELS AS DEEP BEAMS



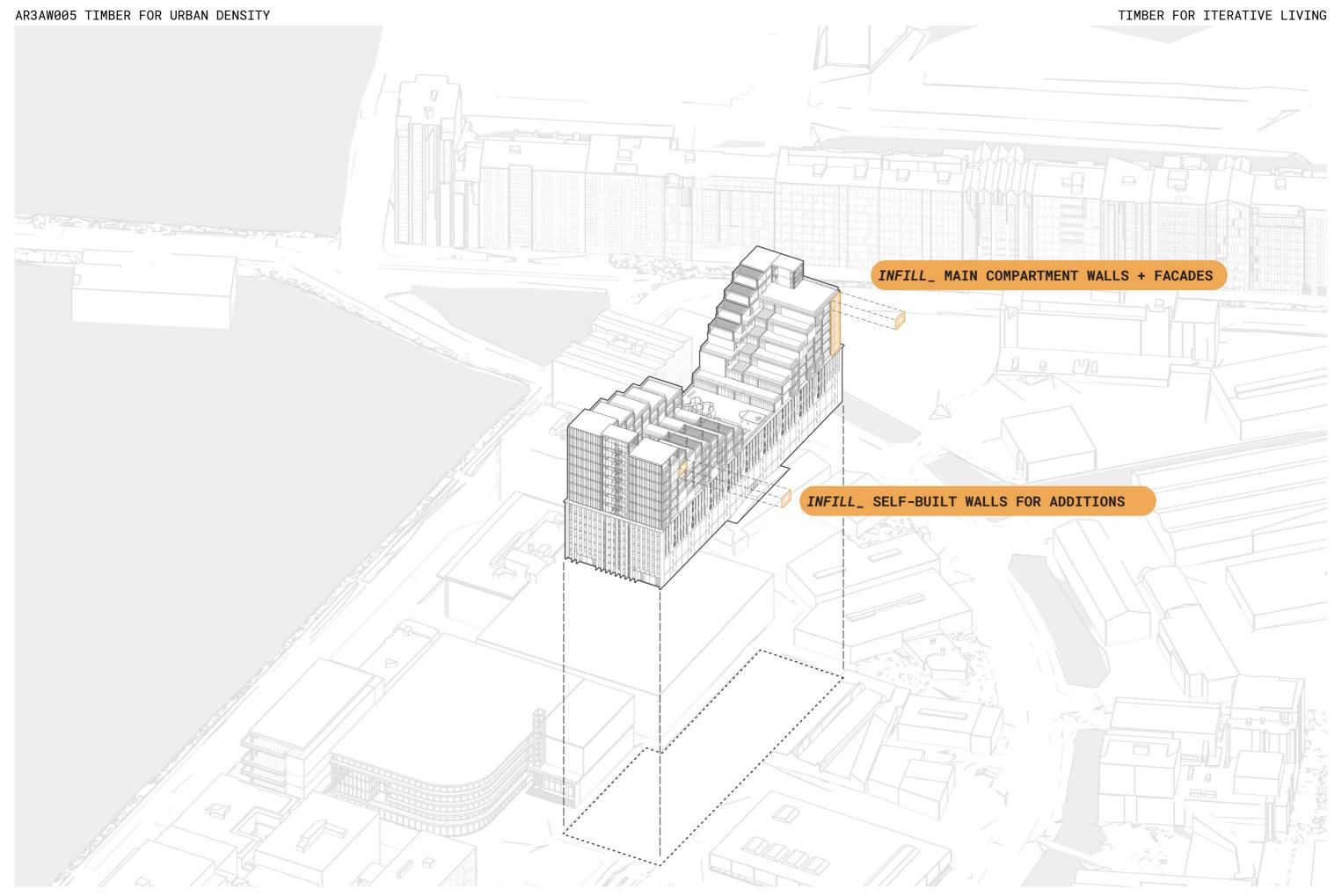
MASS TIMBER POST AND BEAM STRUCTURE



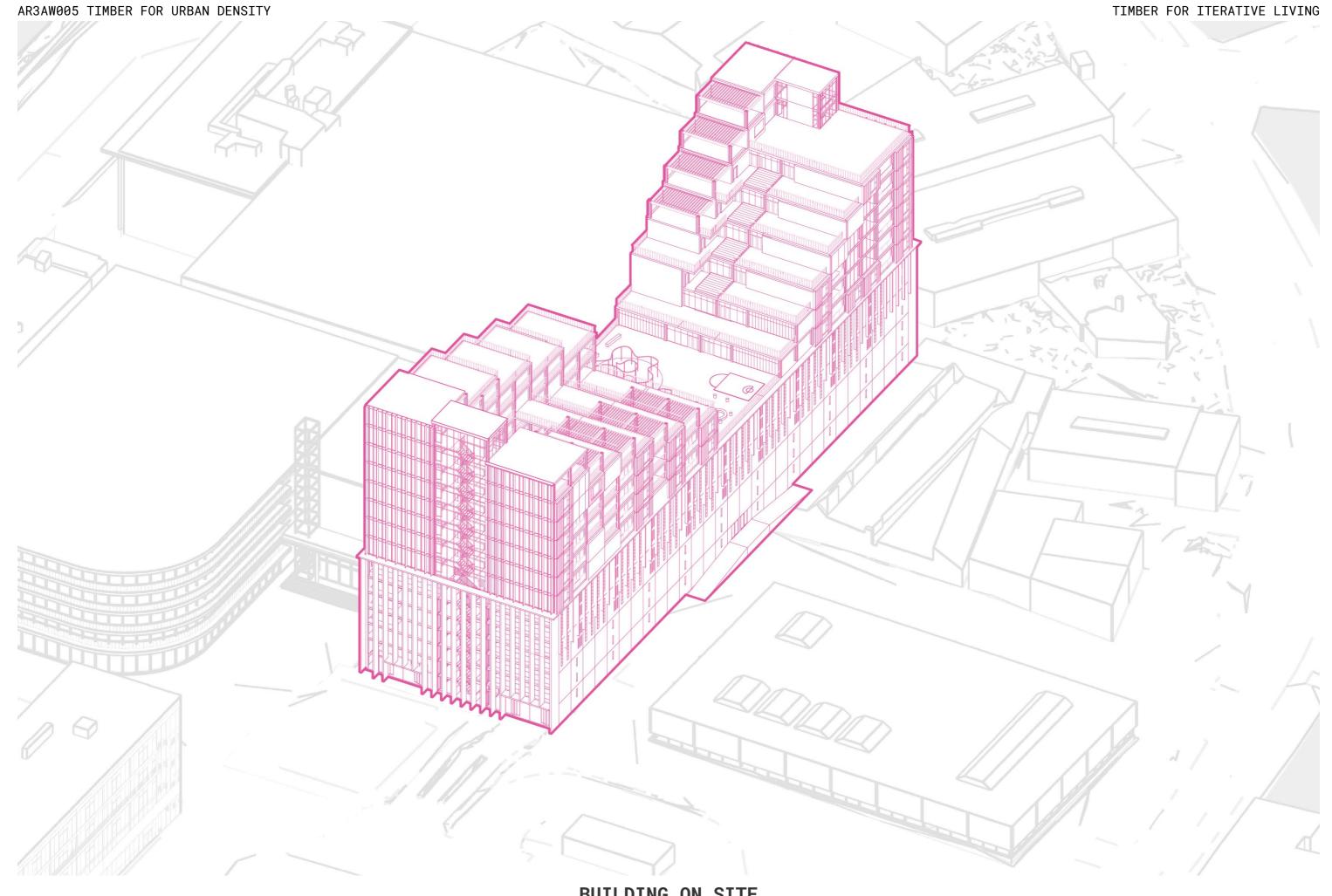
OPTOPPEN + INFILL STRUCTURE



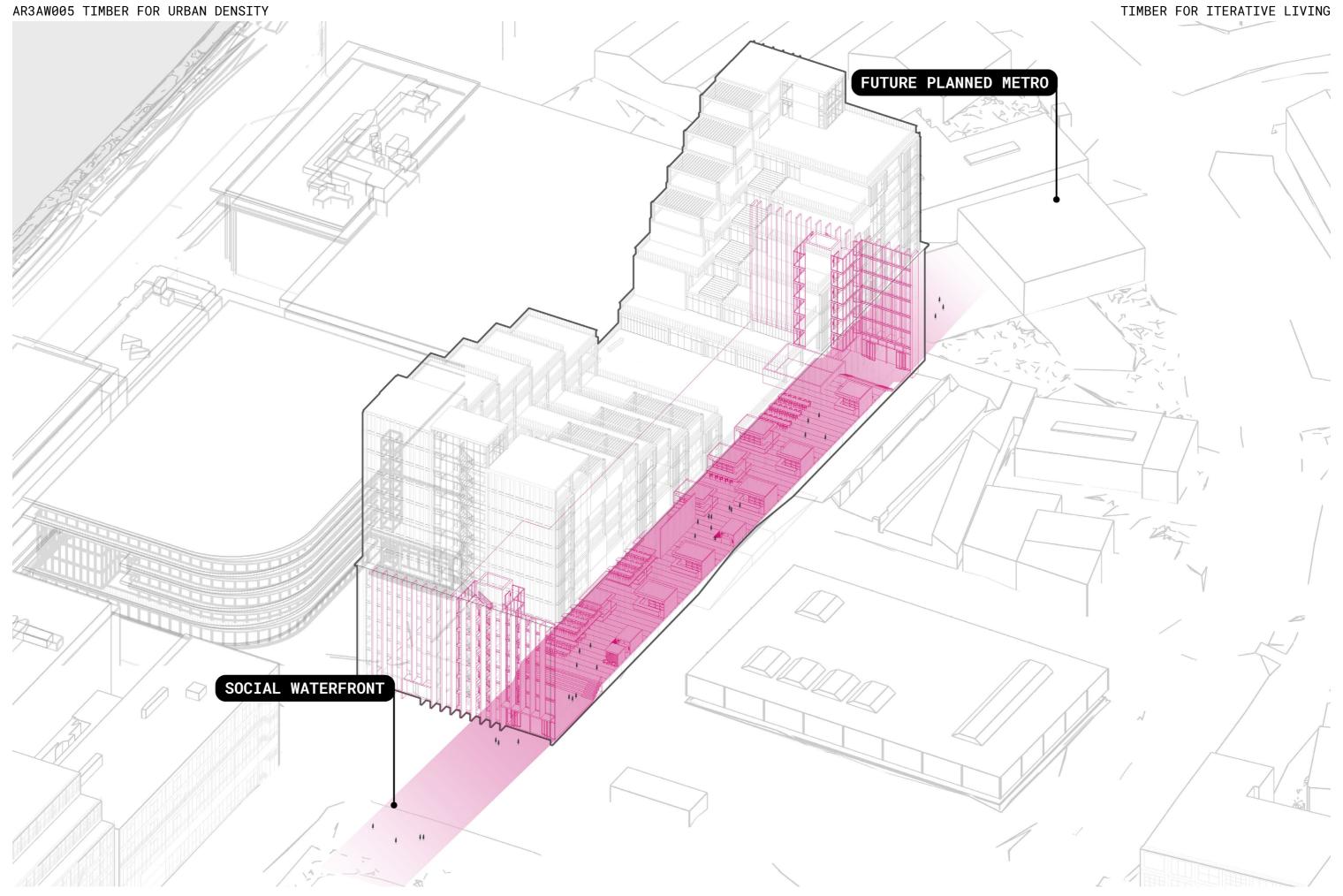
TIMBER FRAMING FOR BRIDGES AND OPENINGS



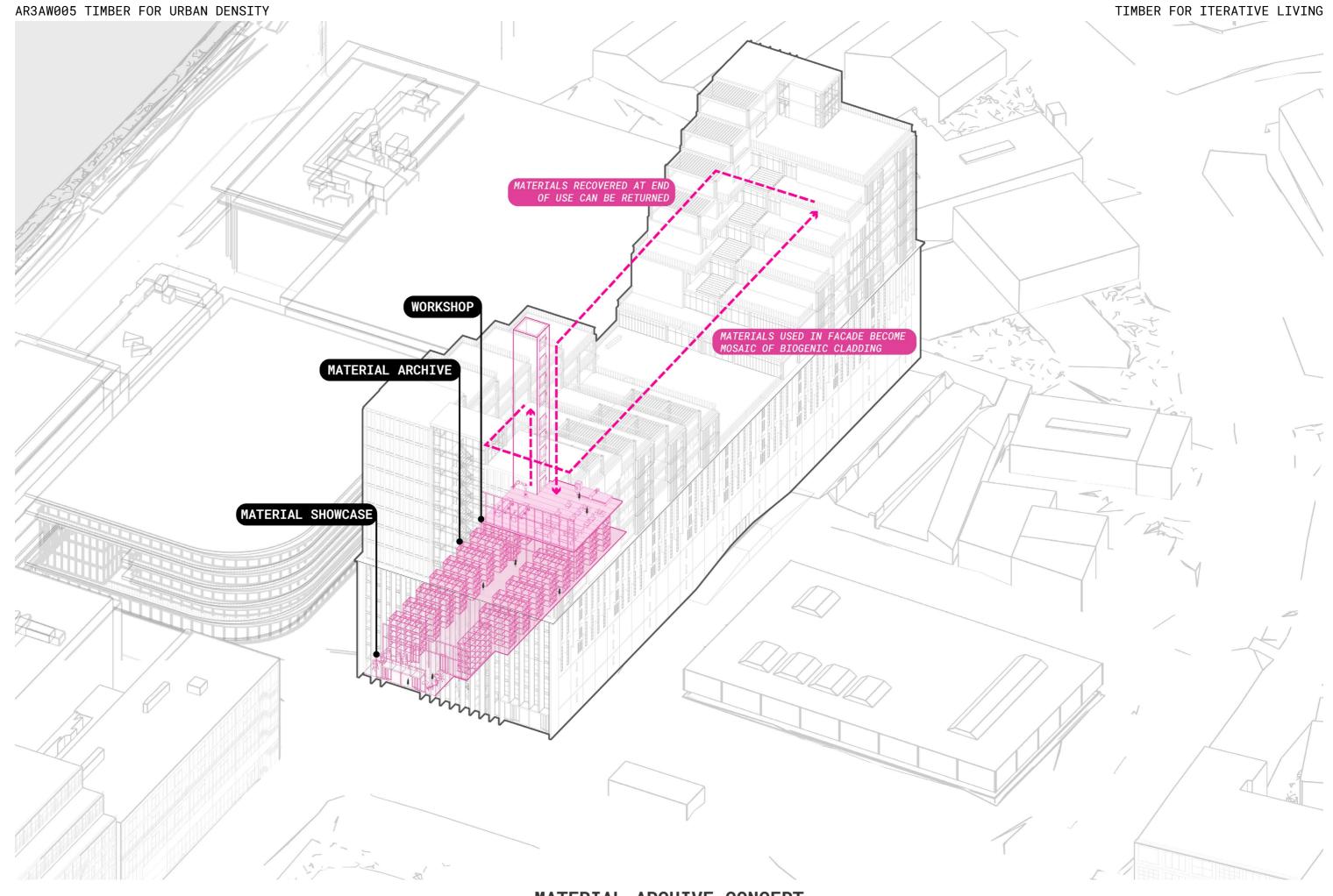
FACADE INFILL



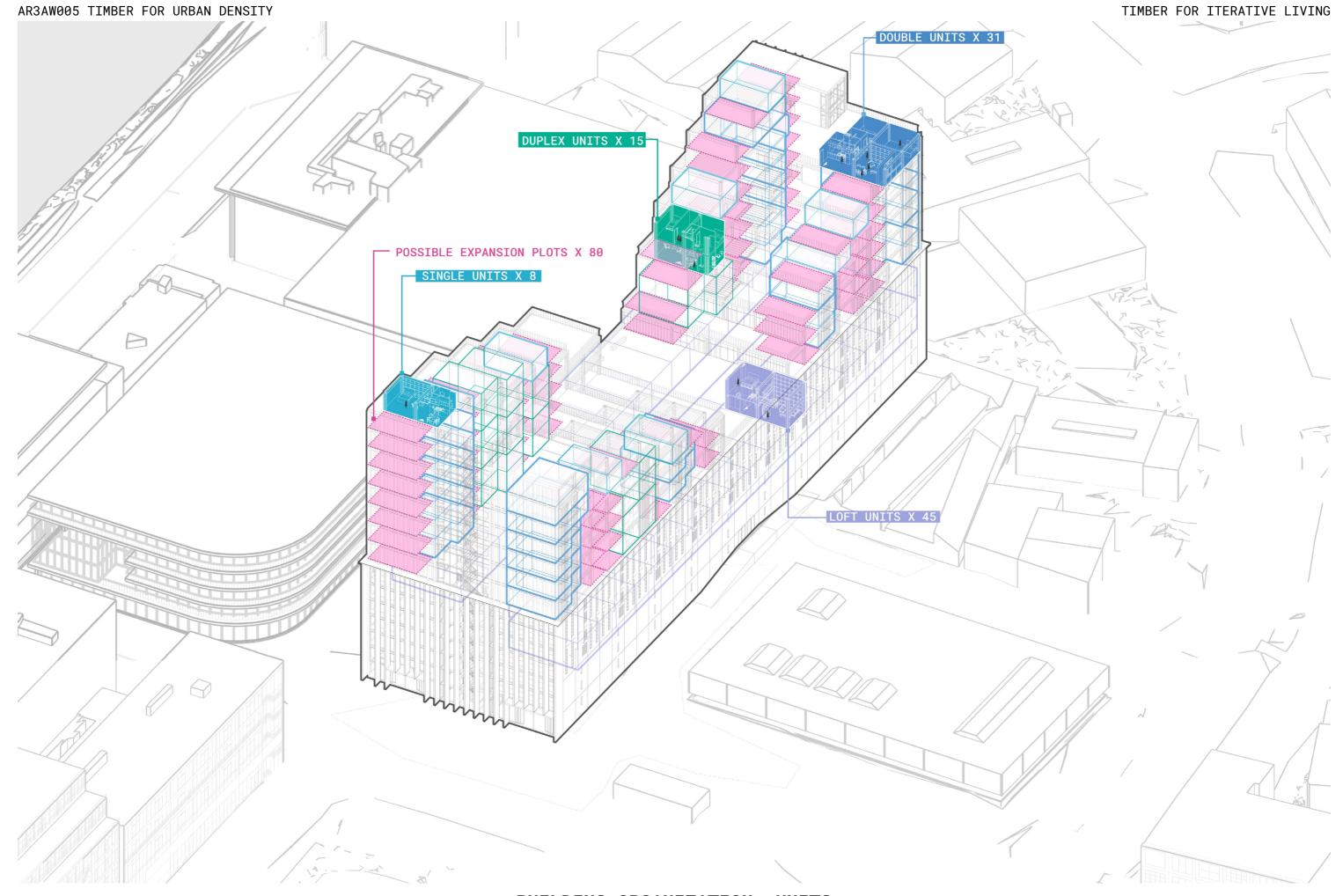
BUILDING ON SITE



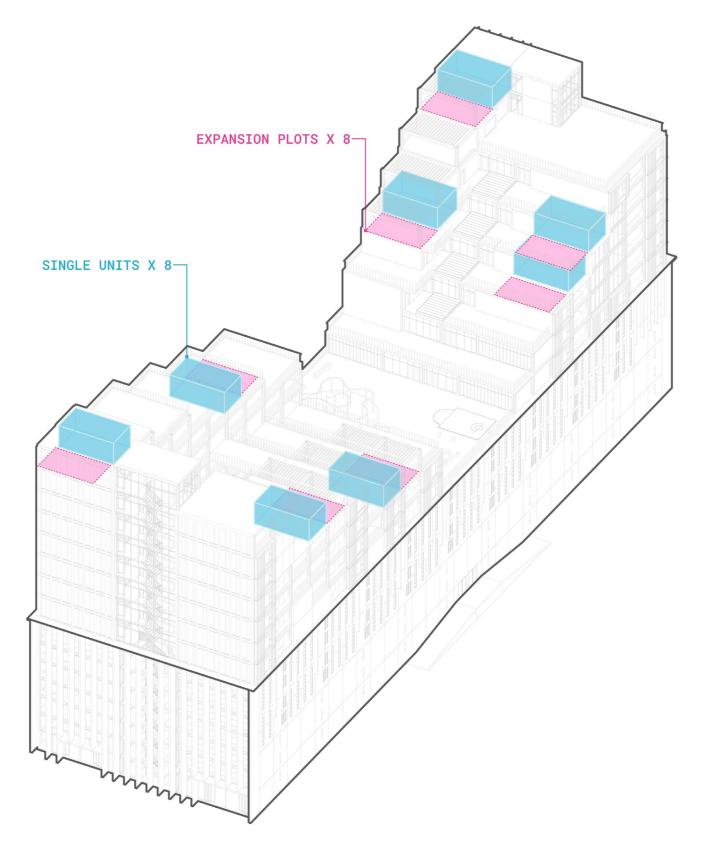
PUBLIC FUNCTION_ MARKET HALL

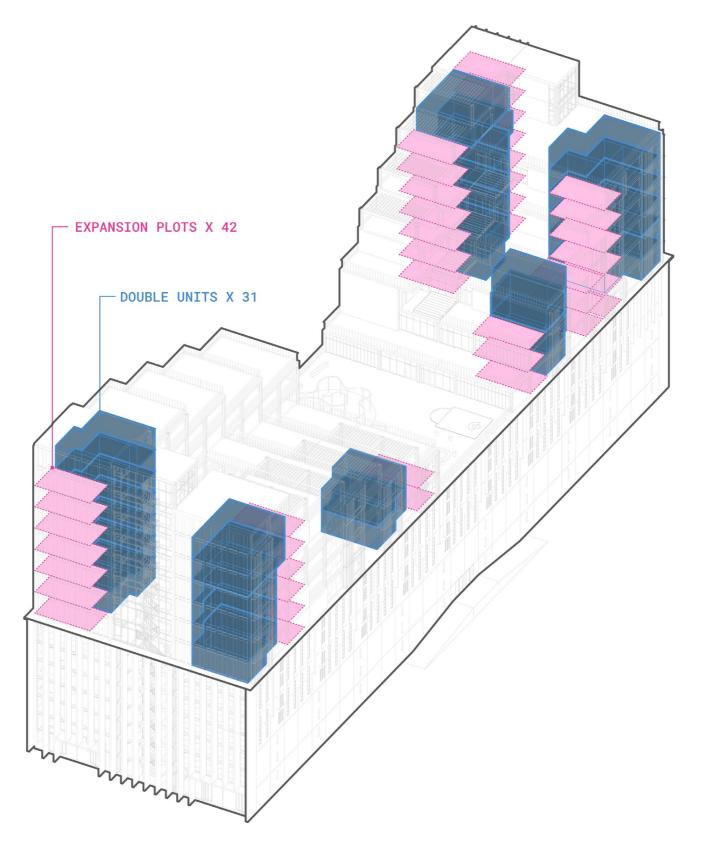


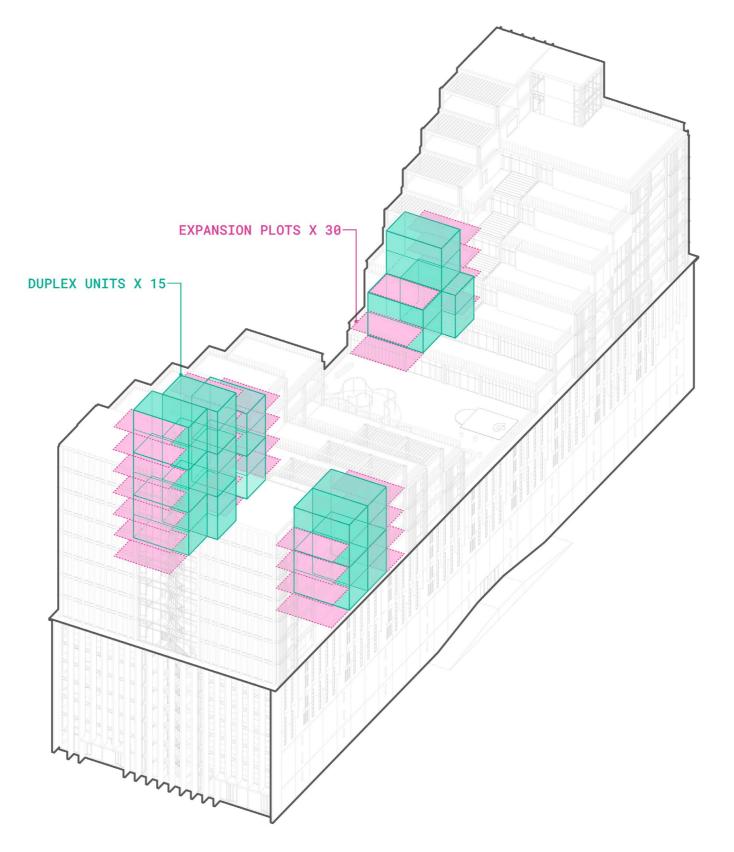
MATERIAL ARCHIVE CONCEPT



BUILDING ORGANIZATION_ UNITS







AR3AW005 TIMBER FOR URBAN DENSITY TIMBER FOR ITERATIVE LIVING COMMUNITY KITCHEN [BEHIND] **ENTRY PATIOS/ COMMUNITY SPACE** UNIT FLATS **DUPLEX UNITS** 00000 PARKING **BUILDING MATERIAL LIBRARY** MARKET HALL

AR3AW005 TIMBER FOR URBAN DENSITY TIMBER FOR ITERATIVE LIVING phase 1 cladding future growth cladding PHASE 1 FA POTENTIAL FUTURE BUILD OUT **EXPANDED UNITS**

AR3AW005 TIMBER FOR URBAN DENSITY TIMBER FOR ITERATIVE LIVING phase 1 cladding future growth cladding

AR3AW005 TIMBER FOR URBAN DENSITY TIMBER FOR ITERATIVE LIVING FIRE TREATED PINE FIRE TREATED POPLAR TECHNICAL PERFORMANCE Improved dimensional stability, reduced water uptake Modified through thermal treatment (no Durability: Class 2–3 after thermal treatment Can be locally sourced (Europe) to Durability: Class 2-3 Lower carbon footprint due to rapid growth and low density CO2 stored ~0.9 kg/kg Density: ~370-420 kg/m³ Fire class: Typically D-s2, d0 untreated; up to B with added fire retardant Density: 400-500 kg/m³ Moderate embodied energy due to kiln drying process Fire classification: Typically B-s2, d0 with fire-retardant treatment Sourced from European managed forests **CLAY TILING** PILED WILLOW BRANCH TECHNICAL PERFORMANCE TECHNICAL PERFORMANCE CLADDIN Durability: (Class 1, 50-100+ year life) Density: 200-300 kg/m³ High embodied energy from firing Fire class: E-F untreated (must be High carbon sequestration during growth Zero VOCs, fully inert over lifetime Good thermal mass Sourced from willow plantations (NL) Harvested with coppicing Long life span for reuse + recycling

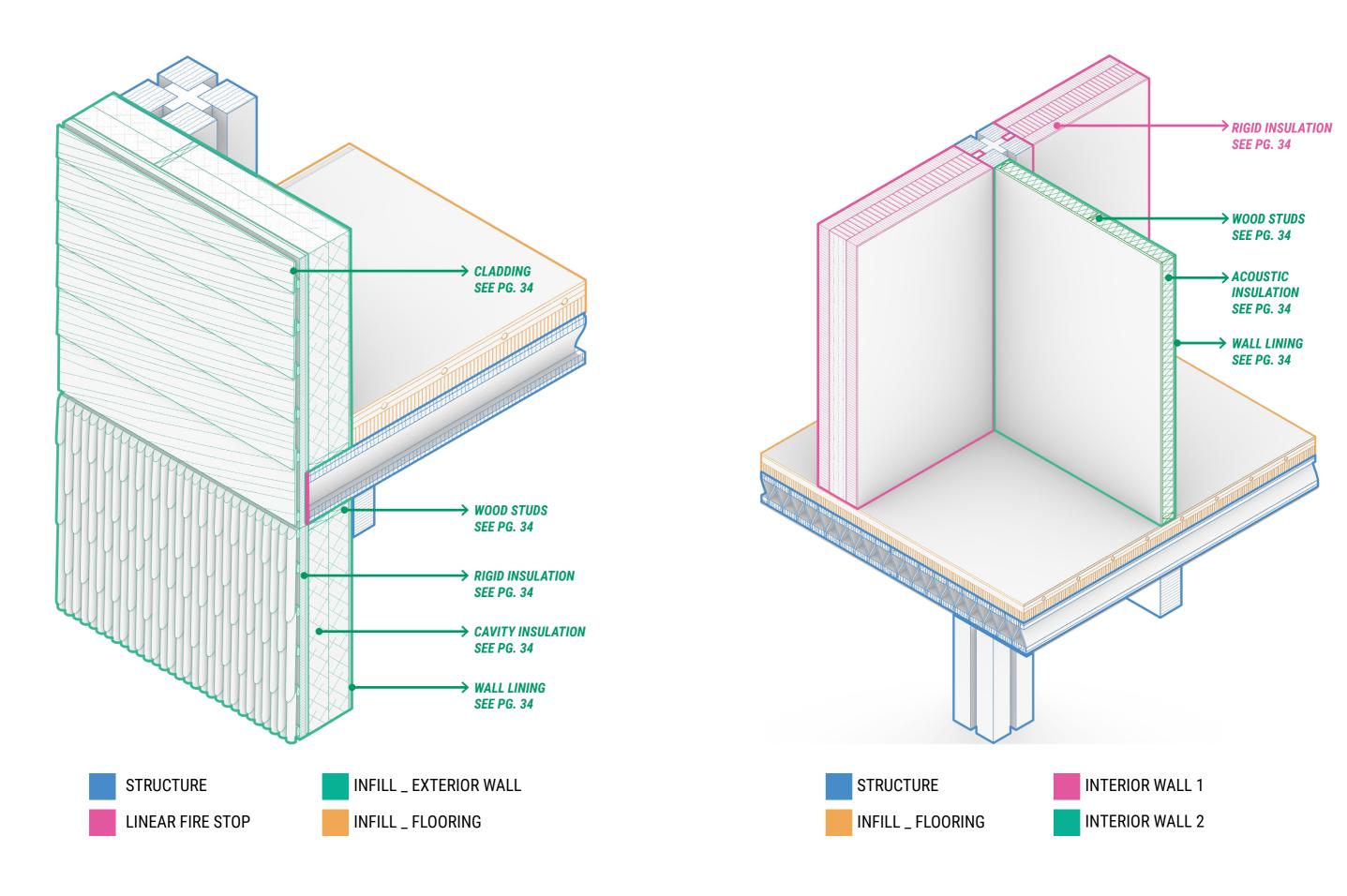




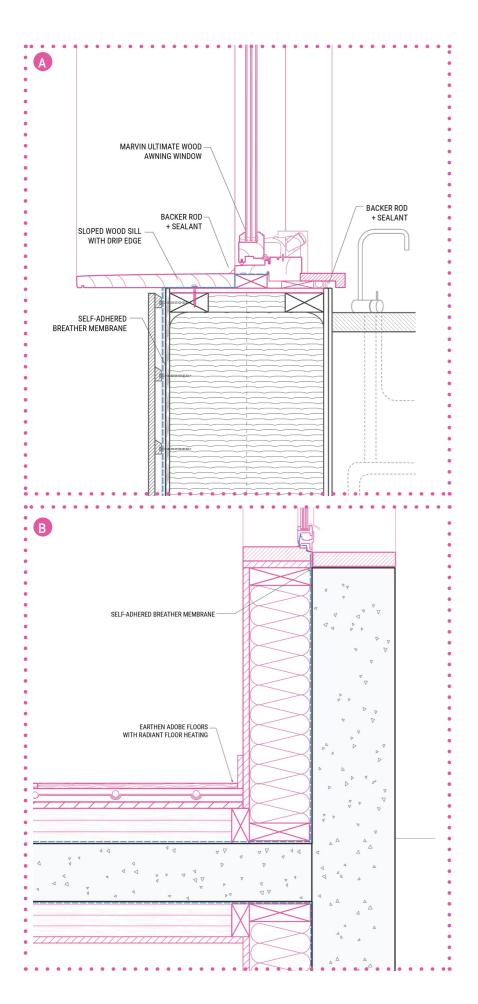


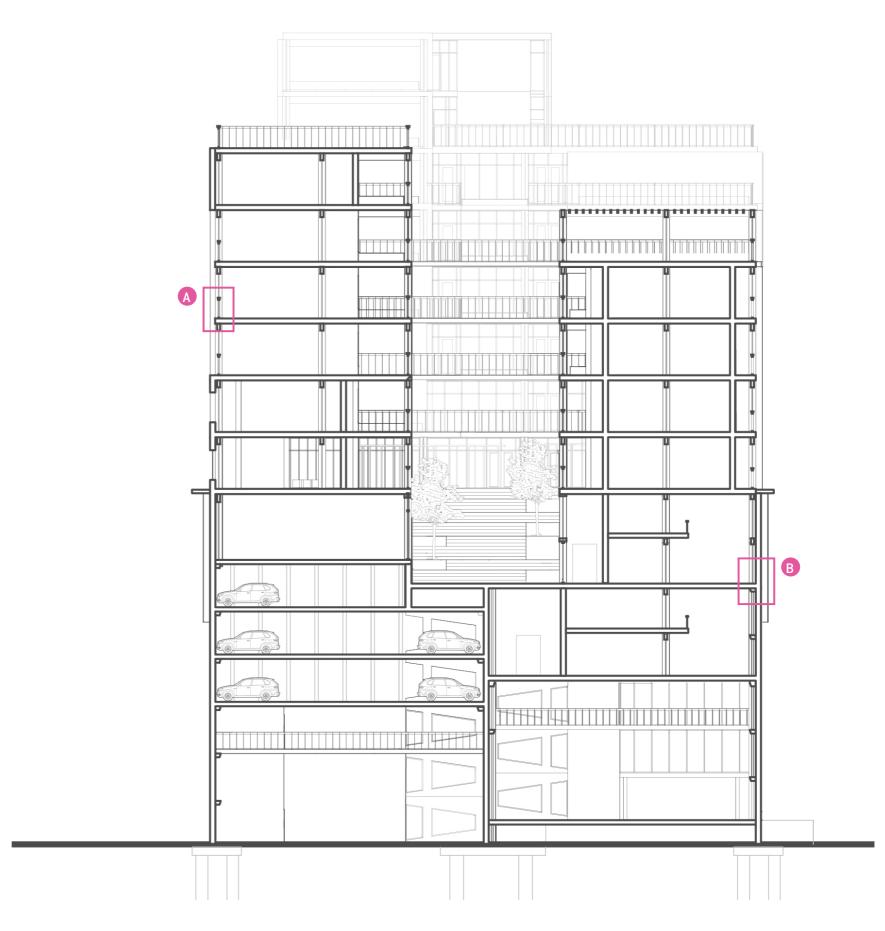




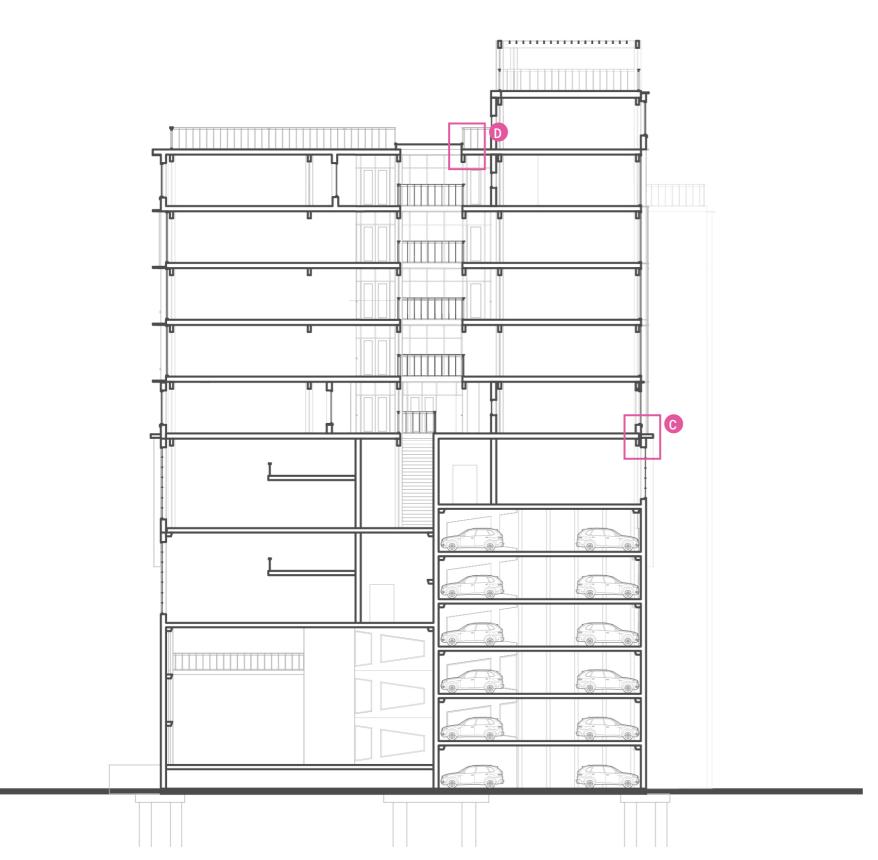


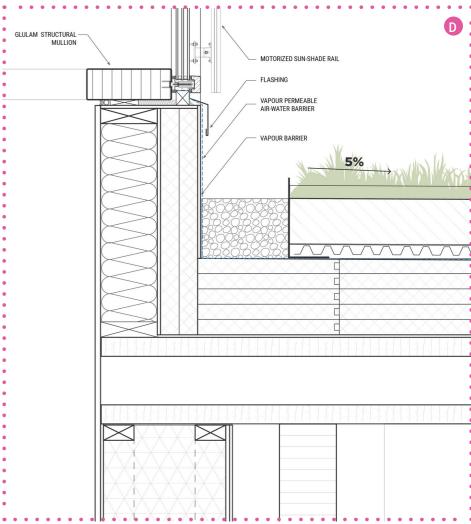
DETAIL CONCEPTS

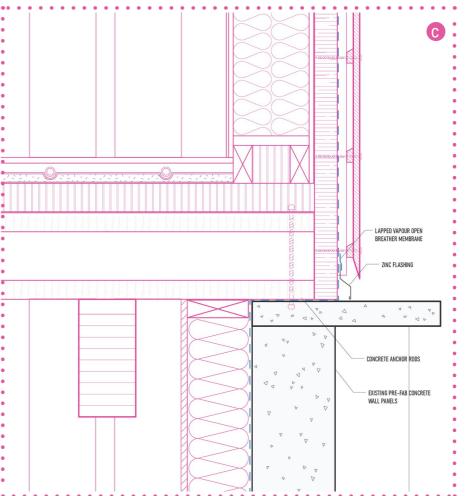




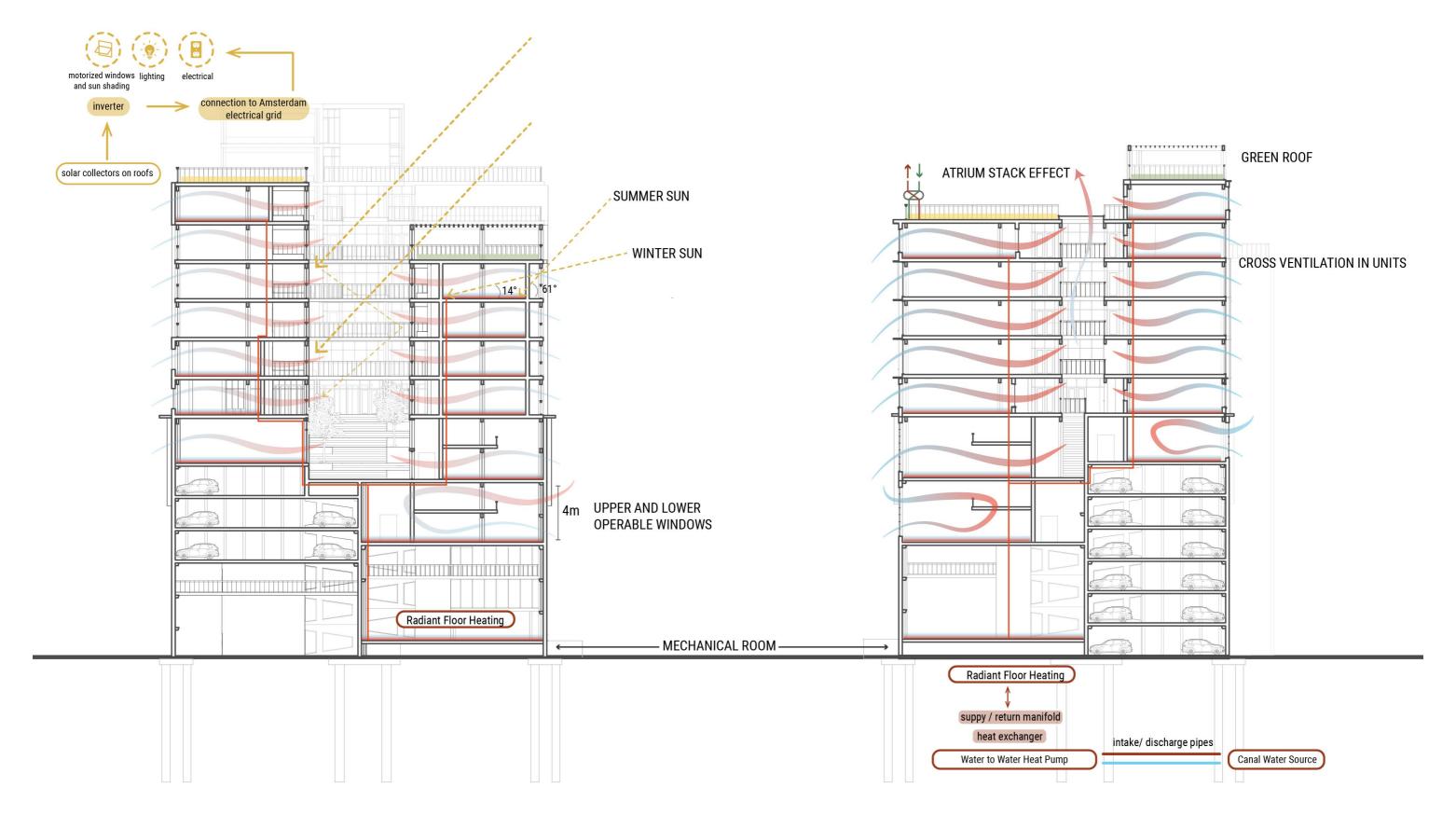
SECTION DETAILS



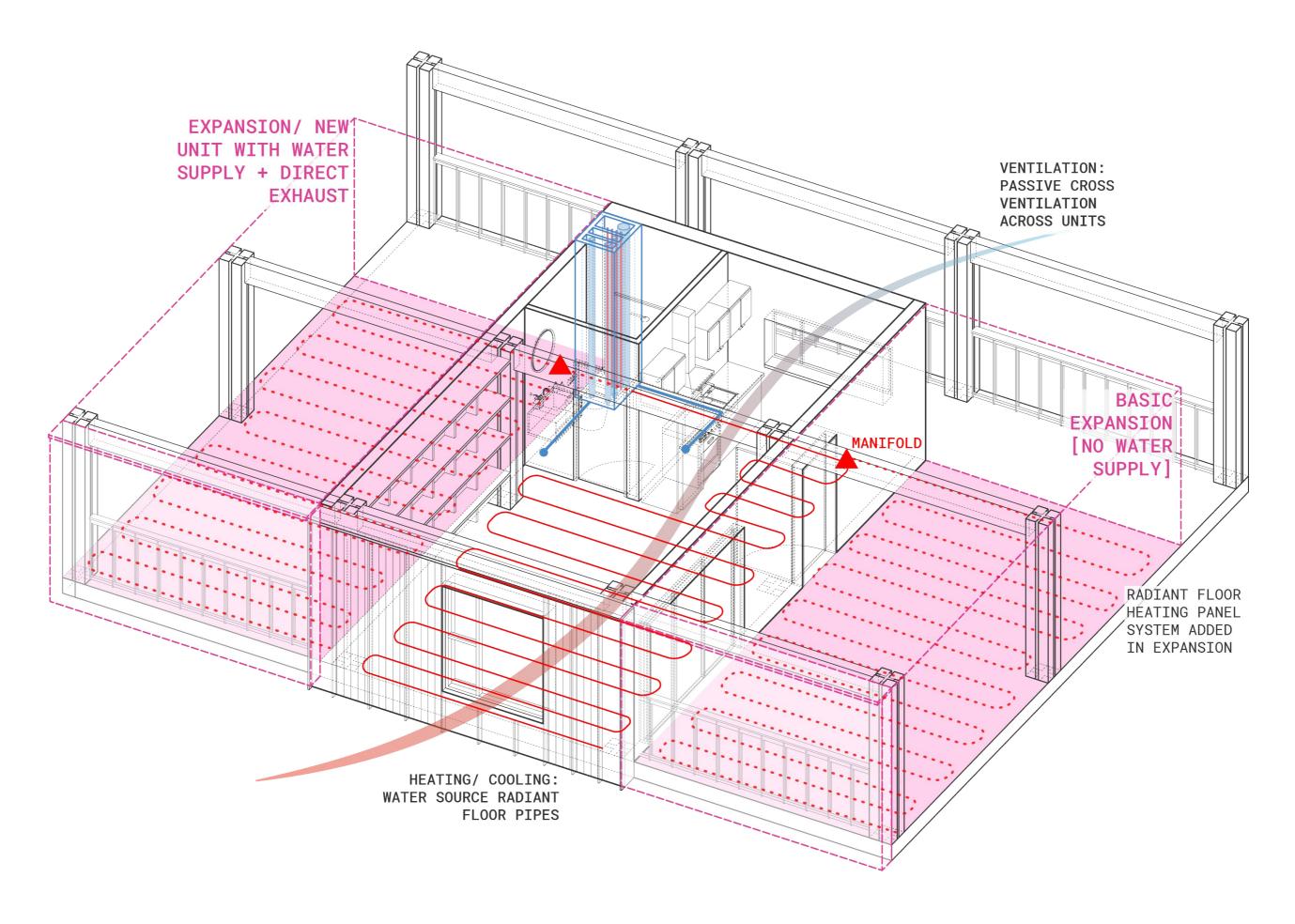




SECTION DETAILS

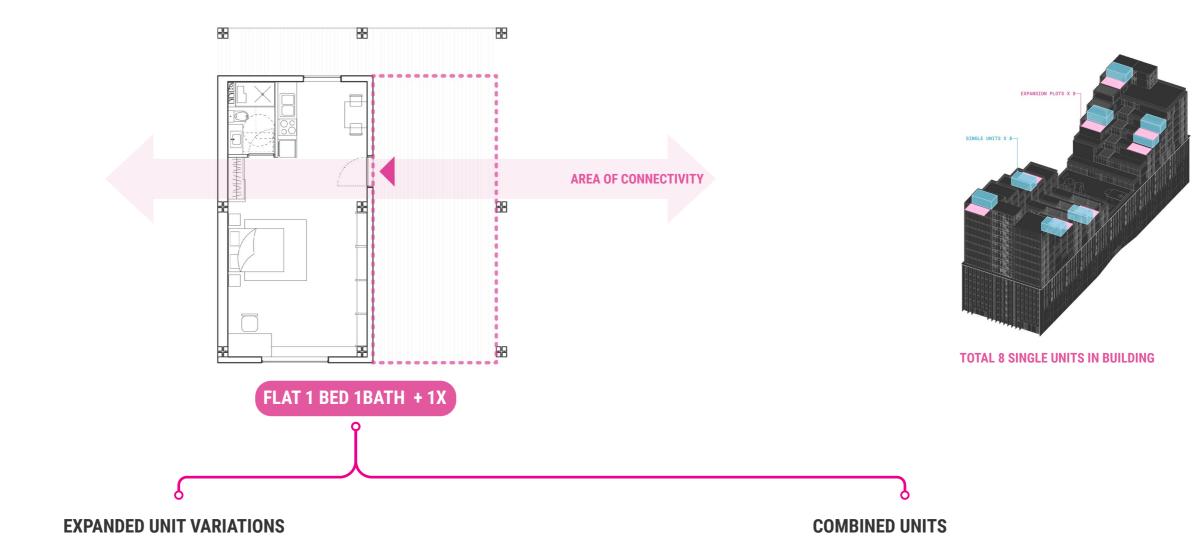


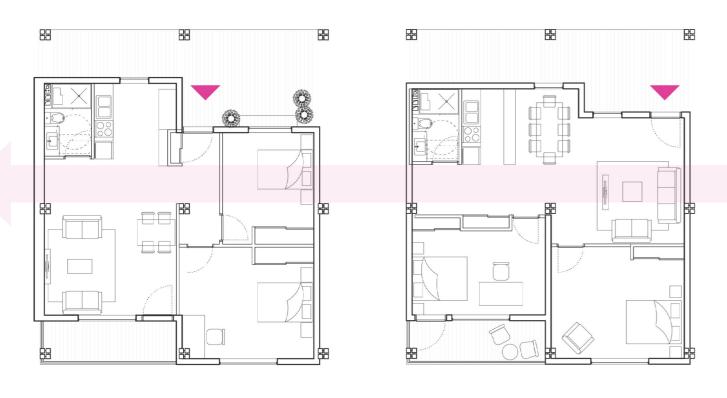
CLIMATE SYSTEMS

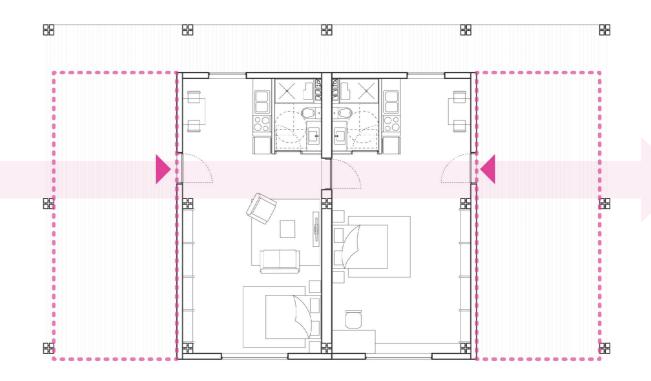




BASE UNIT TYPES



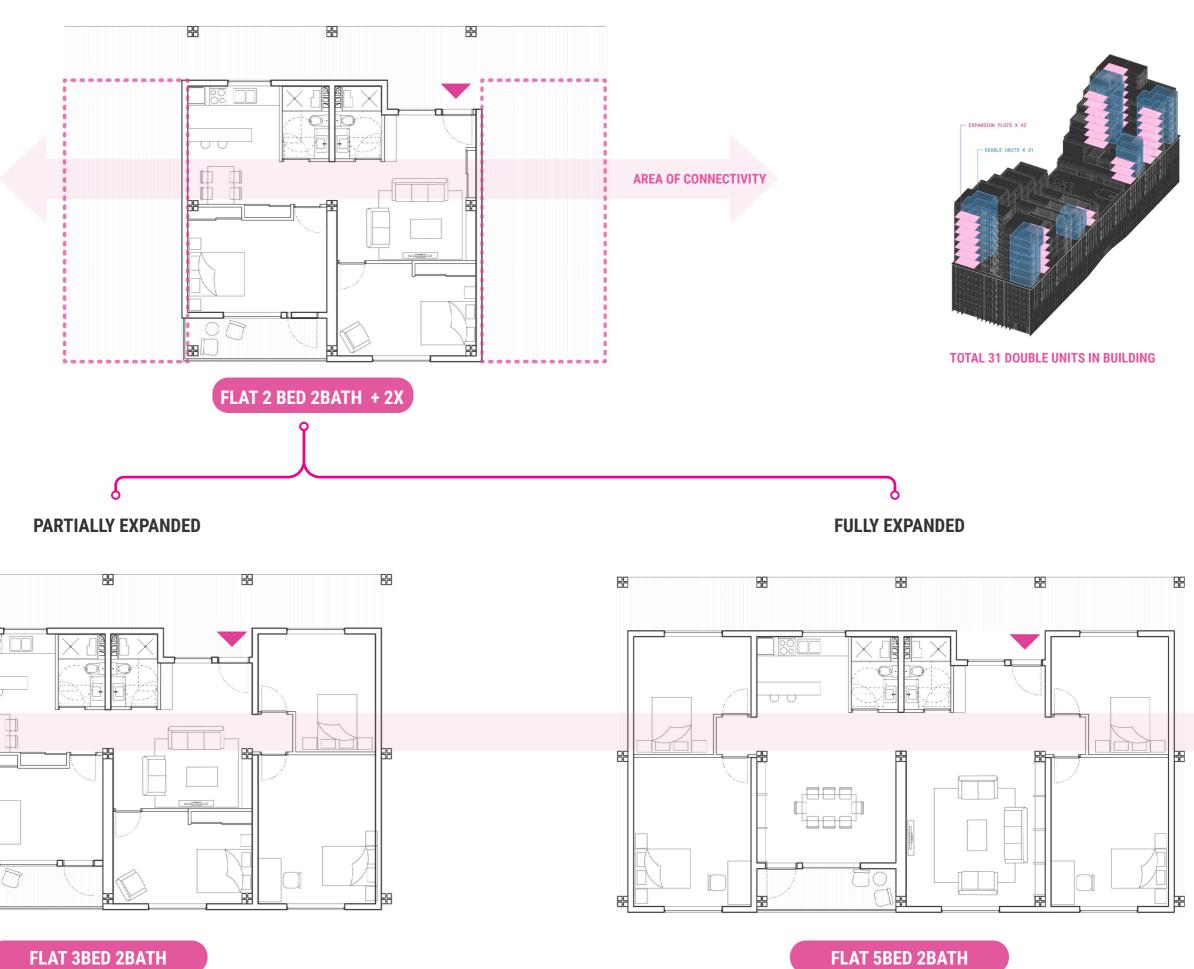




FLAT 2 BED 1BATH

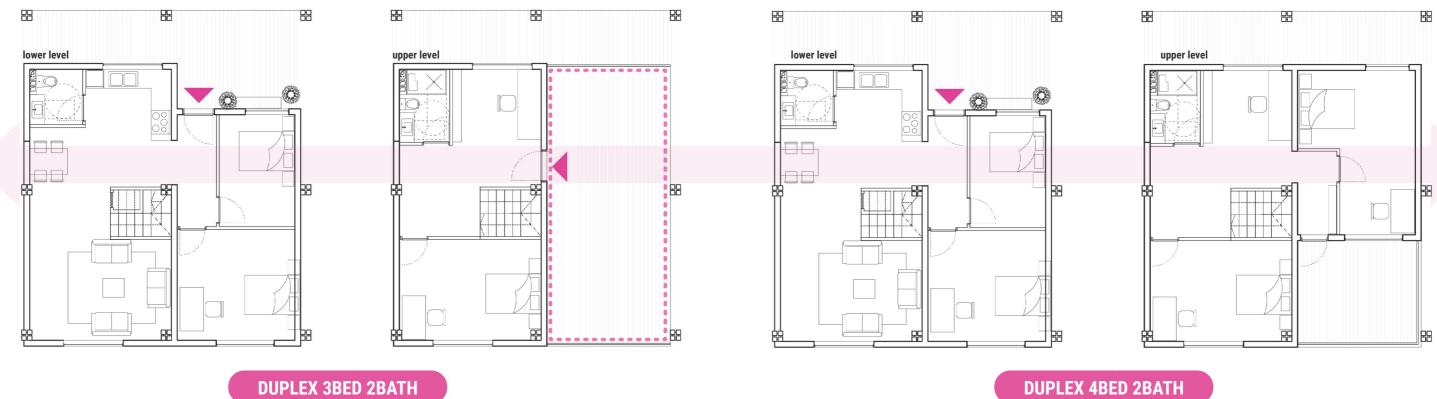
FLAT 1BED 1BATH + 1BED 1 BATH

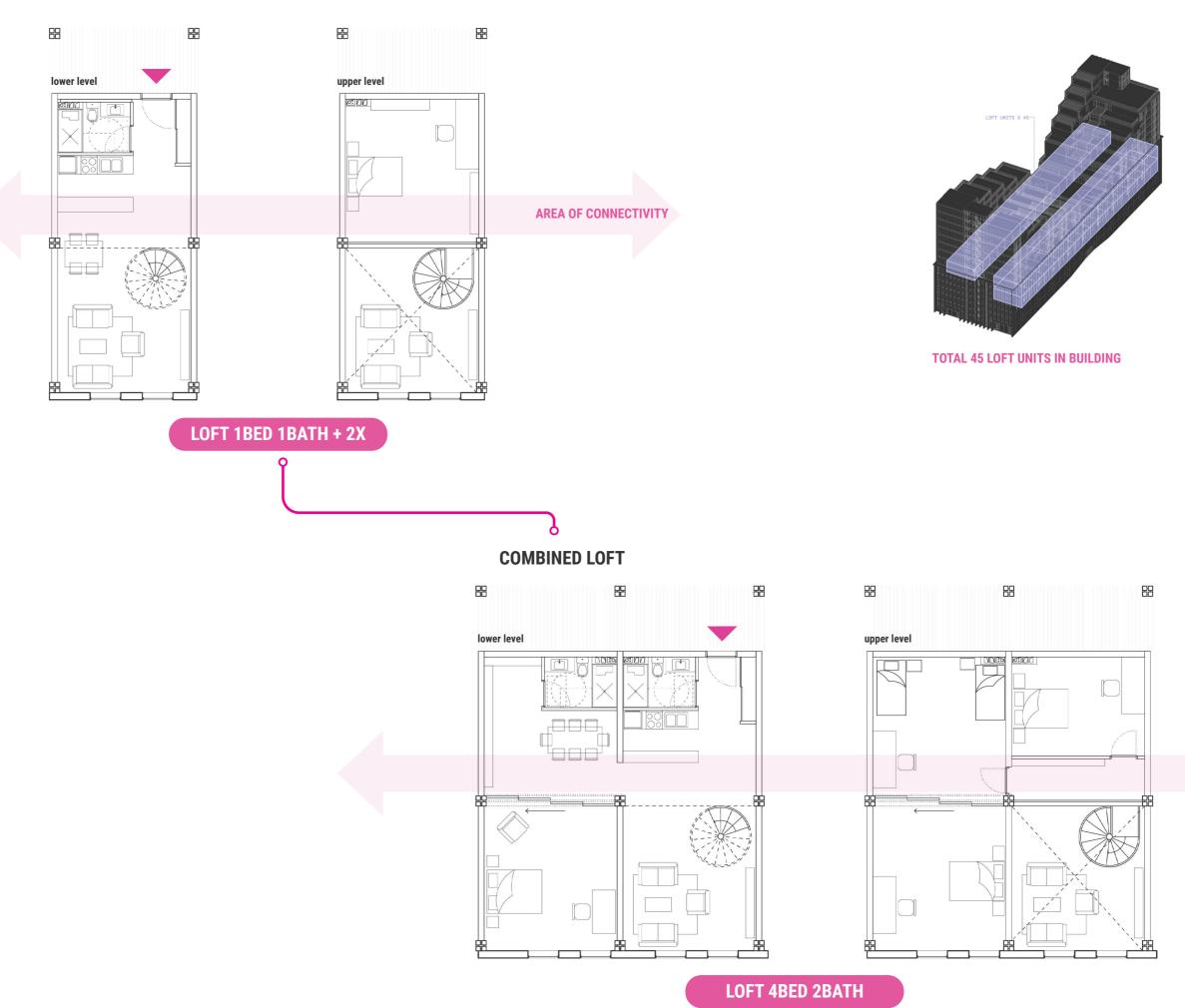
뫎



FLAT 5BED 2BATH



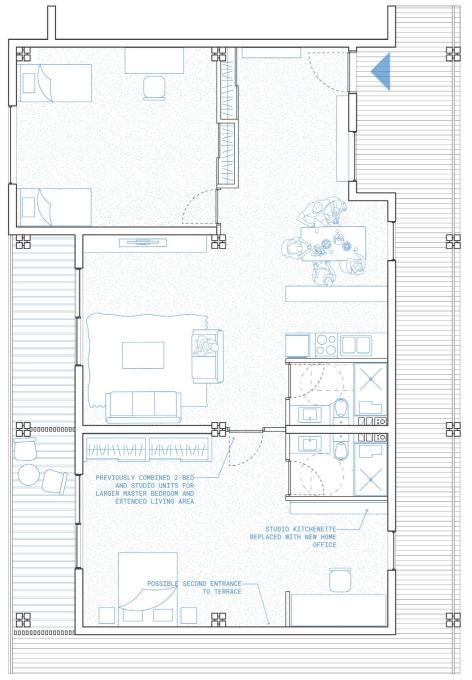






LETS PLAY THE PLAYBOOK!



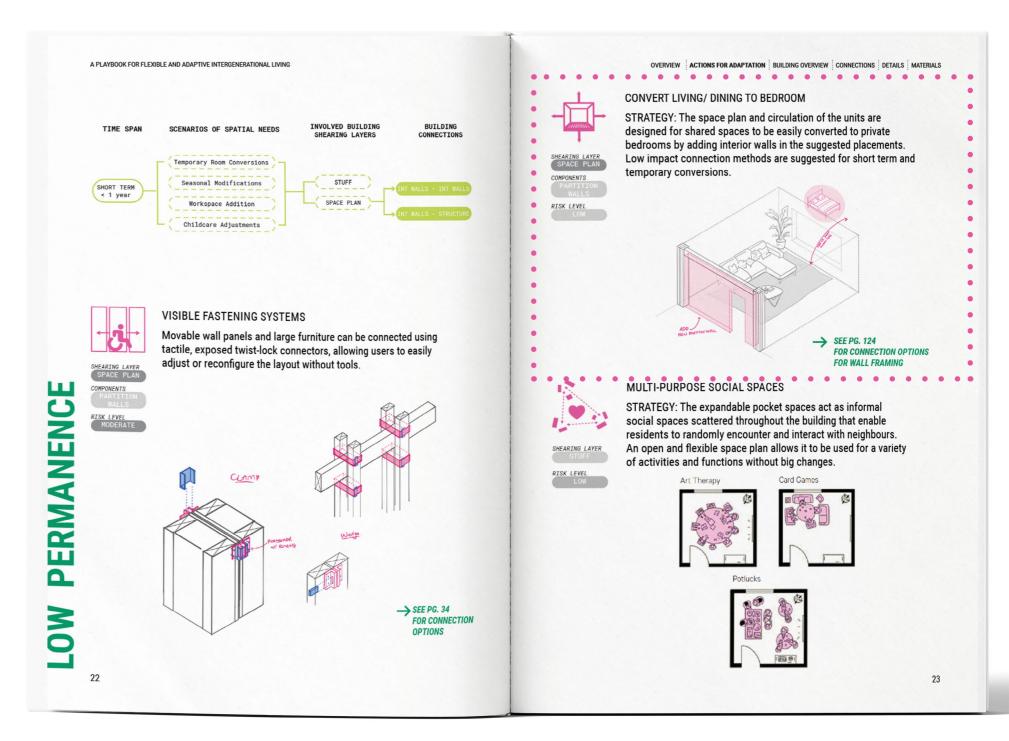


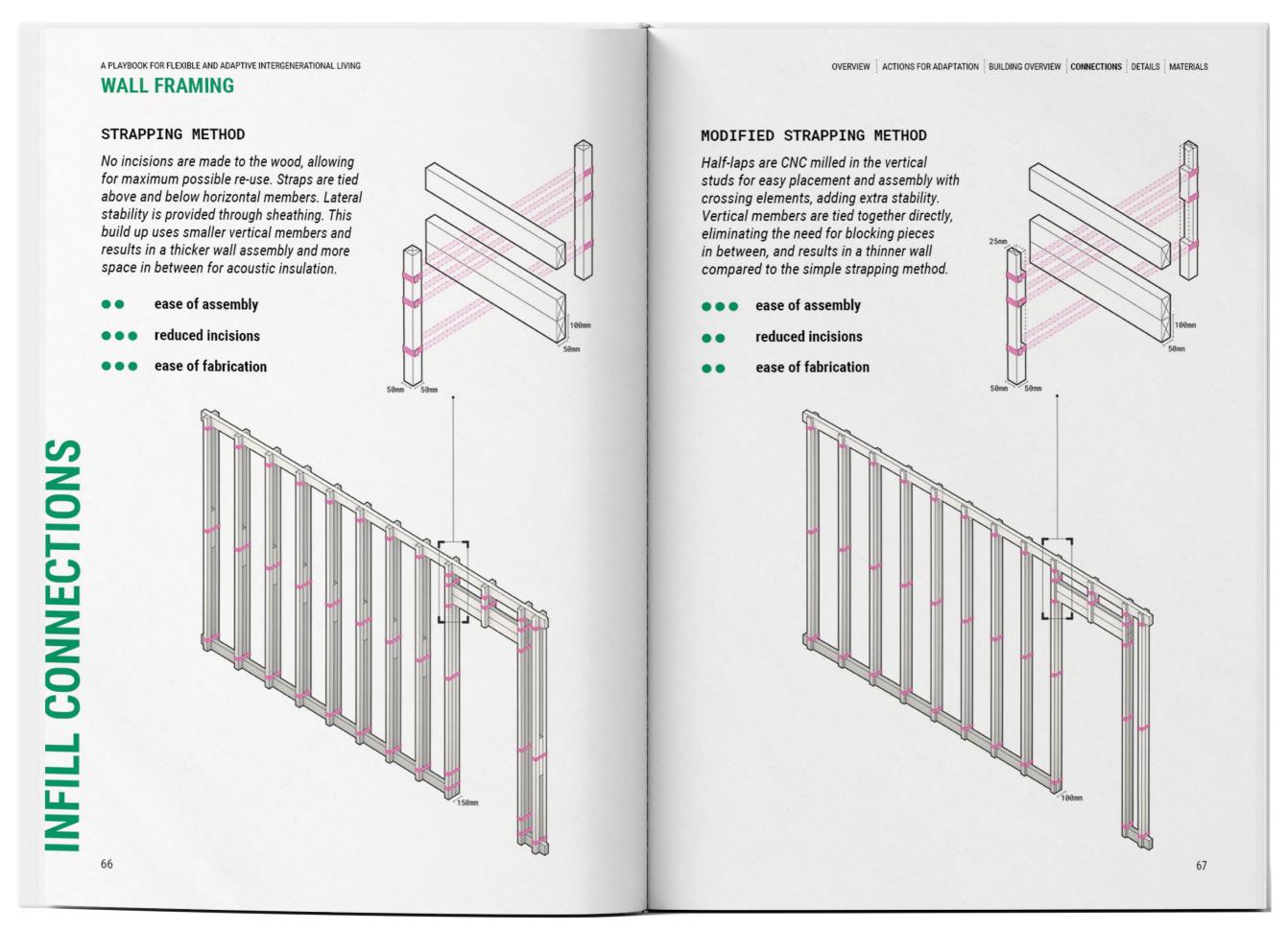
existing living situation

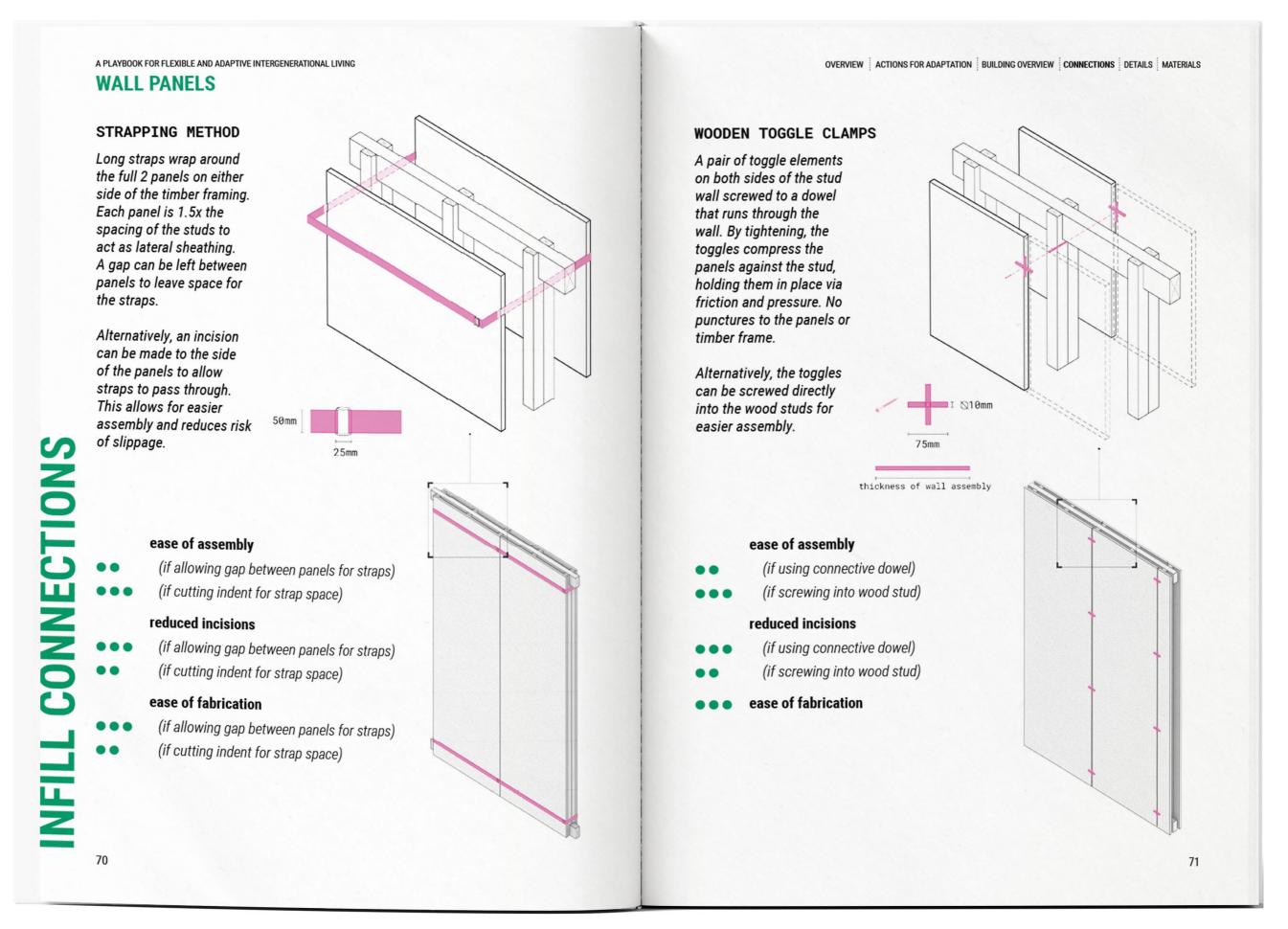
SHORT-TERM SCENARIO: The Cheuk Family [2-Bedroom Flat]

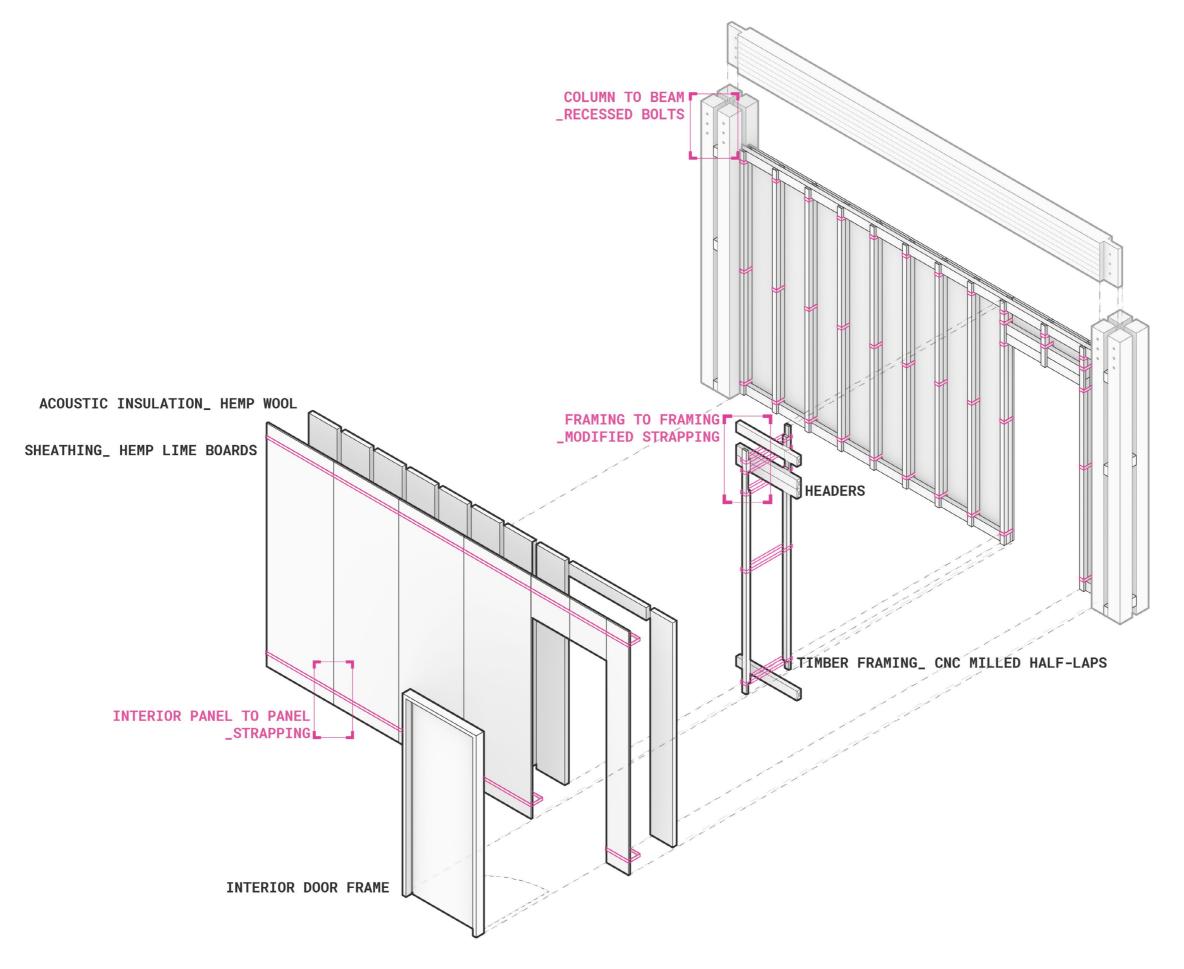
A cousin moves to the country on a 1-year exchange program, and stays with the family during her studies.

ACTION: add interior partition wall with easy disassembled connections since the wall is only needed for around a year

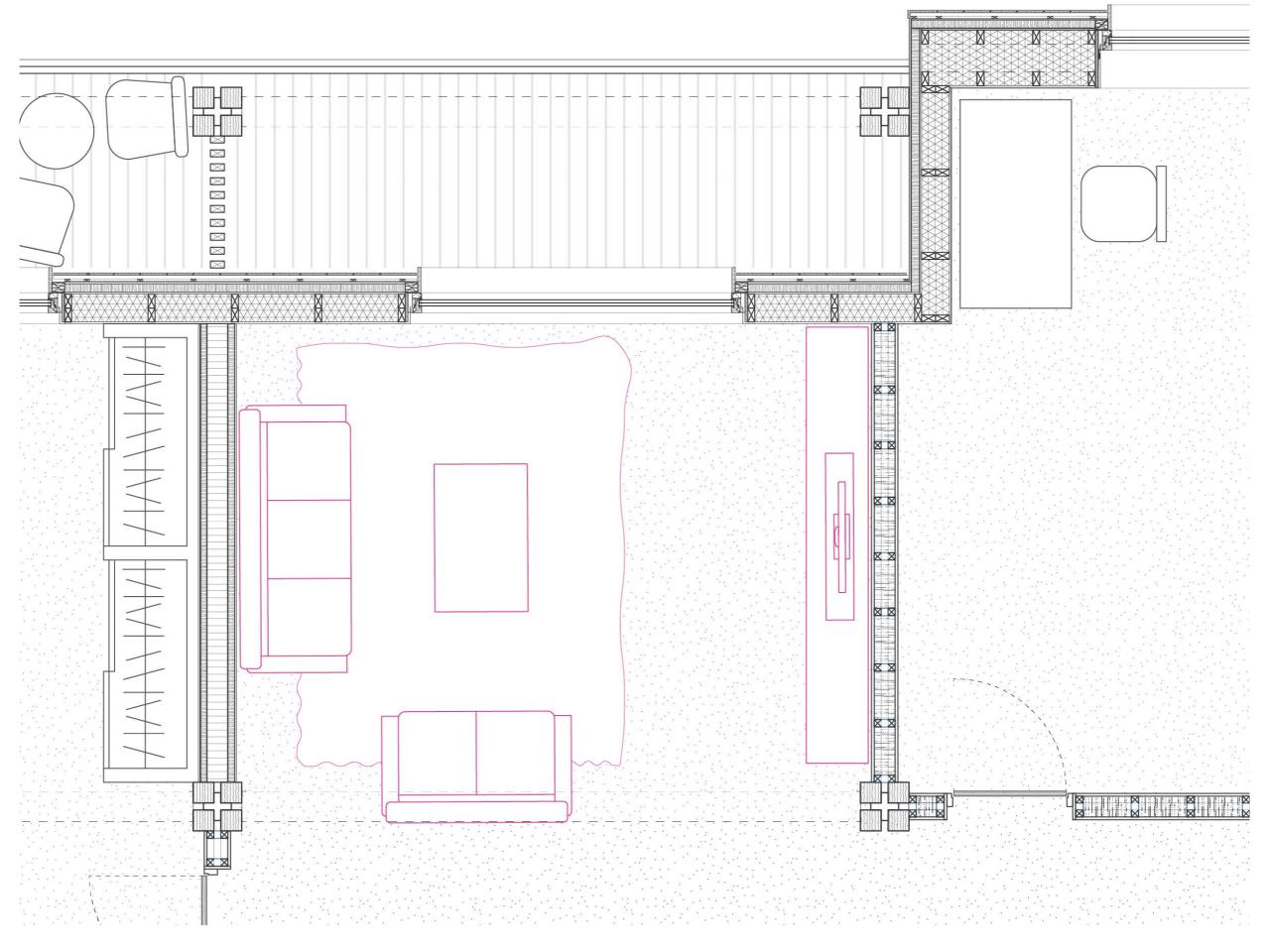




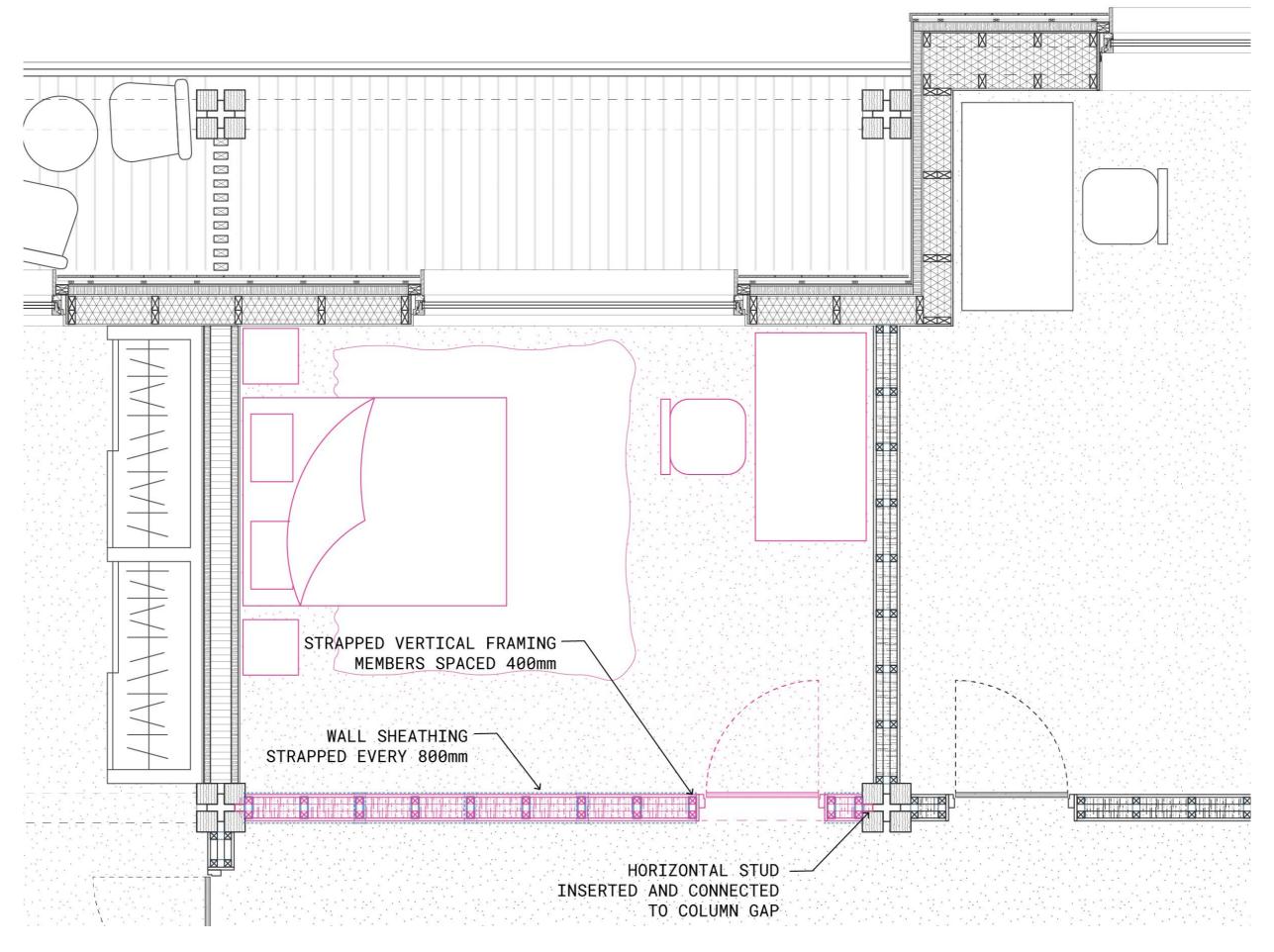




LETS PLAY THE PLAYBOOK ! (1)



SCENARIO 1_ strapped interior wall framing [before]



SCENARIO 1_ strapped interior wall framing [after]



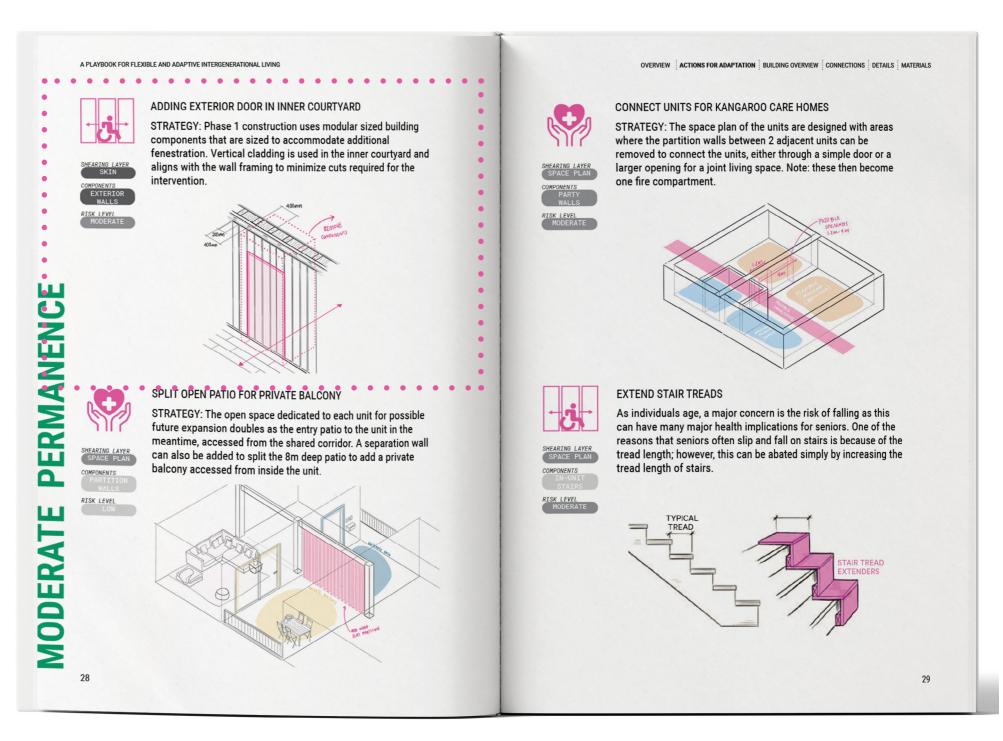
LETS PLAY THE PLAYBOOK!



existing living situation

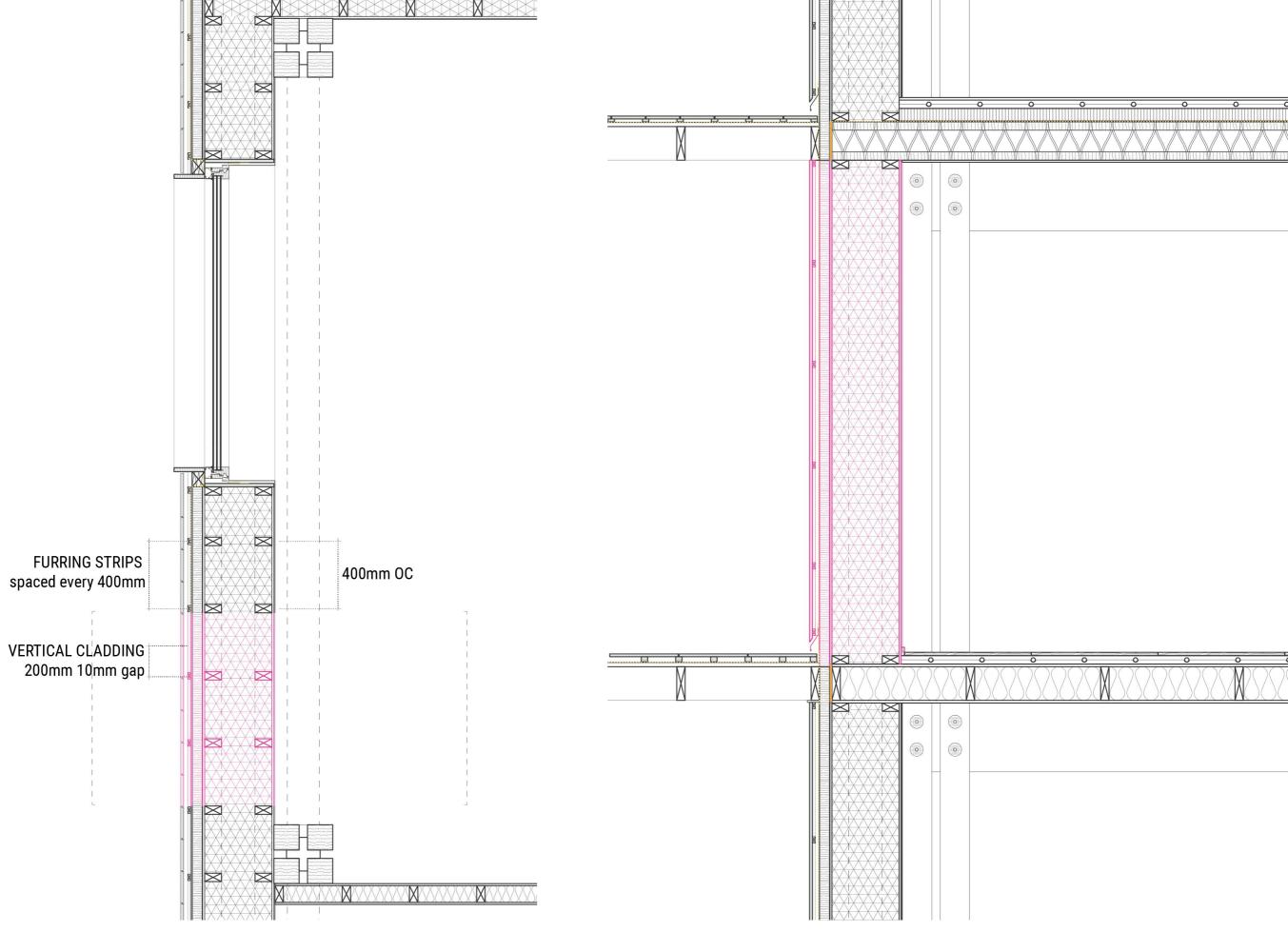
MEDIUM-TERM SCENARIO: The Massen Family [Duplex 4-Bedroom Unit] Their adult daughter moves back in temporarily after collage

ACTION: she takes her upstairs bedroom but also wants privacy for when she comes and goes so the family decides to open up a secondary door to the courtyard, then when she eventually moves out, the upper unit can also be rented out



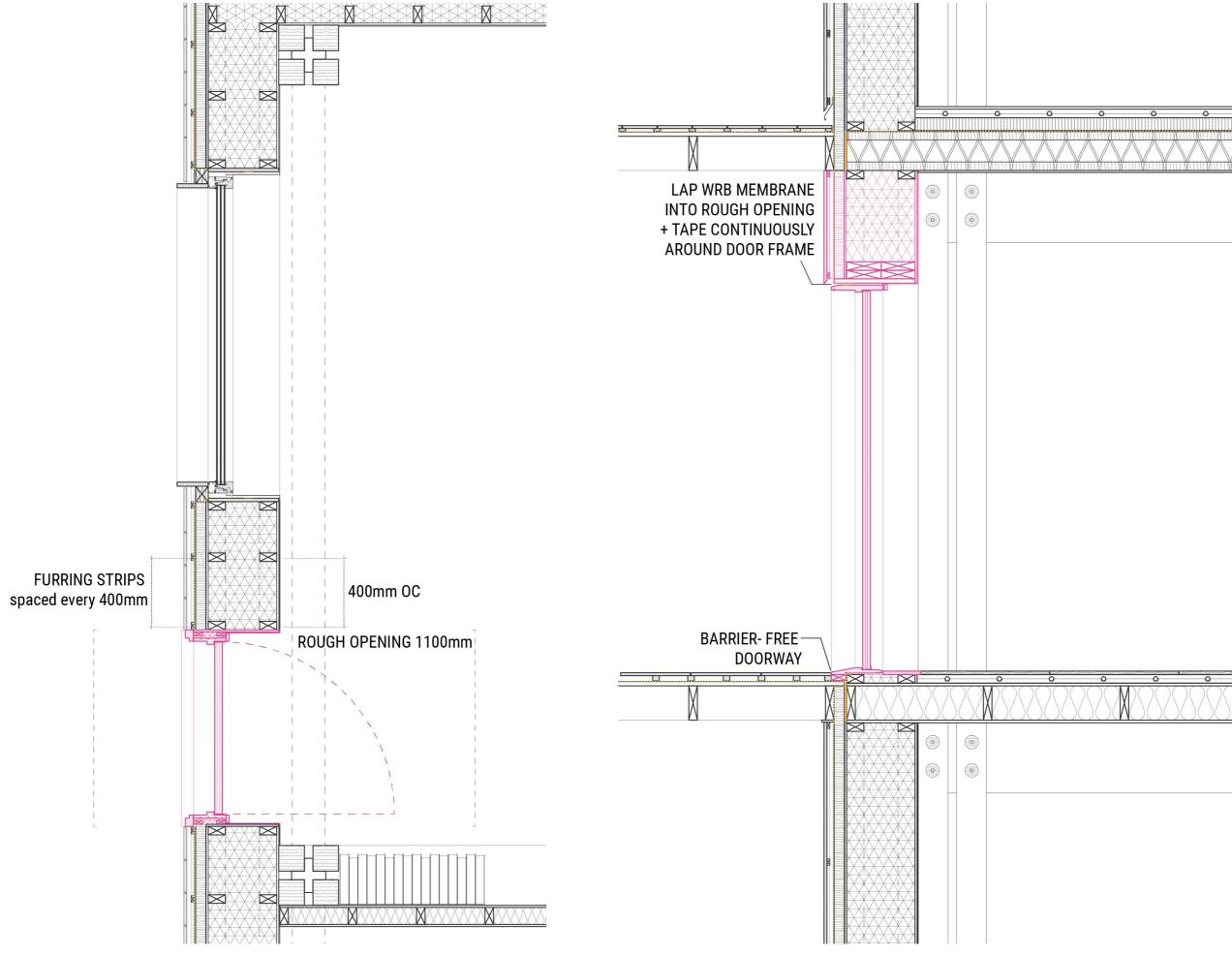
LETS PLAY THE PLAYBOOK ! (2)

A PLAYBOOK FOR FLEXIBLE AND ADAPTIVE INTERGENERATIONAL LIVING OVERVIEW ACTIONS FOR ADAPTATION BUILDING OVERVIEW CONNECTIONS DETAILS MATERIALS The assembly strategy is based on the principles of the Open Building concept, with the more permanent support structure INFILL_INTERIOR WALL C and short-term, user-adaptable components -- the infill. The strategy follows a layered INFILL_SUBFLOOR subsystem approach, where building systems are treated as independent, monofunctional layers. This enables components-INFILL_INTERIOR WALL A such as load-bearing elements, installation zones, and spatial enclosures-to operate separately, allowing for individual adaptability, maintenance, and replacement over time. The supporting structure acts as the permanent framework for the building. Structural floors are constructed with Kielsteg floor cassettes, which have a high strength-to-weight ratio. INFILL_INTERIOR WALL B These span between beams that connect INFILL_EXTERIOR WALL to stacked columns across each floor for efficient load transfer and structural continuity. The design prioritizes fire safety through the integration of solid DLT partition walls with decoupled, double-leaf constructions. Fire INFILL_SUBFLOO STRUCTURE_FLOOR CASSETTE compartments are defined by offset joints or interlocking panels at wall junctions. STRUCTURE_BEAMS Interior partition walls are flexible in layout but generally correspond to the structural grid, allowing for a degree of layout variability without compromising structural logic. The infill components—such as partition walls, facades, and installation layers—are conceived as replaceable STRUCTURE_COLUMNS and non-destructively demountable units. By minimizing fixed connections between layers, this strategy ensures a high degree of flexibility and adaptability throughout the building's lifecycle. It supports phased transformation and user-driven adaptations. 41



existing condition plan 1:20

existing condition section 1:20



adapted scenario plan 1:20

adapted scenario section 1:20

AR3AW005 TIMBER FOR URBAN DENSITY TIMBER FOR ITERATIVE LIVING LAP WRB MEMBRANE INTO ROUGH OPENING -door sweep 0 + TAPE CONTINUOUSLY -sealant joint -0.5 mm aluminium heat diffusion plates (mechanically fastened) AROUND DOOR FRAME -30 mm compressed strawfibre panels LAPPED VAPOUR OPEN -BREATHER MEMBRANE CHAMFERED HORIZONTAL FURRING FOR WATER DRIP EDGE BARRIER- FREE-DOORWAY

adapted scenario detail 1:5



LETS PLAY THE PLAYBOOK!

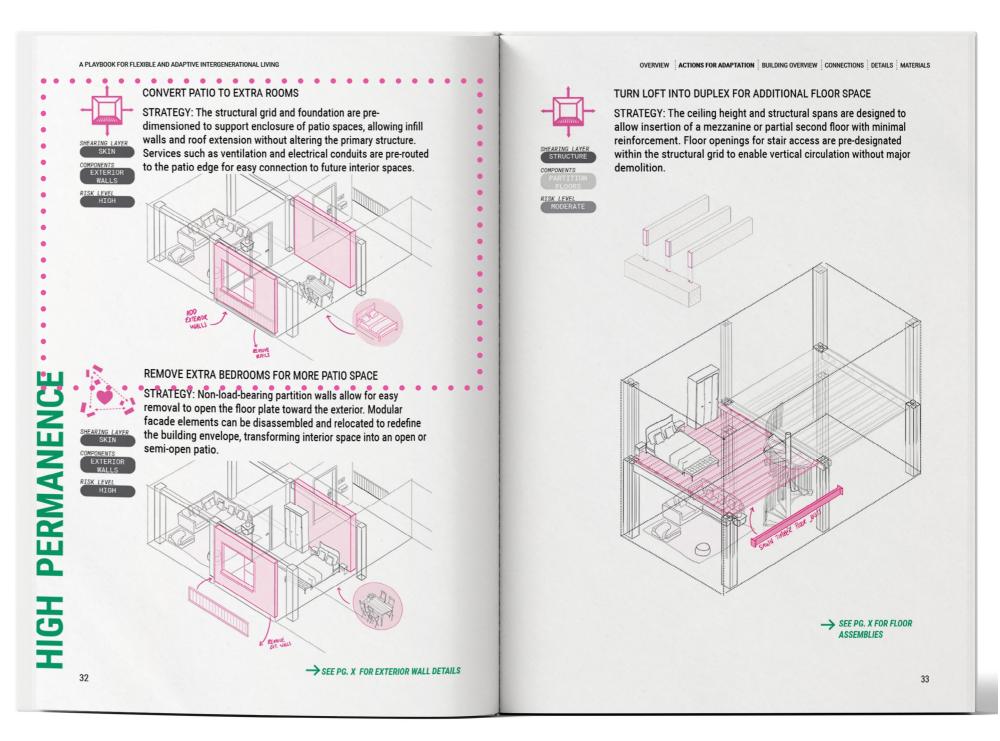


SPACE FOR EXPANSION USED
AS ENTRANCE PAITO WITH
OPTION TO BUILD OUT MALE
OR COMPLETELY

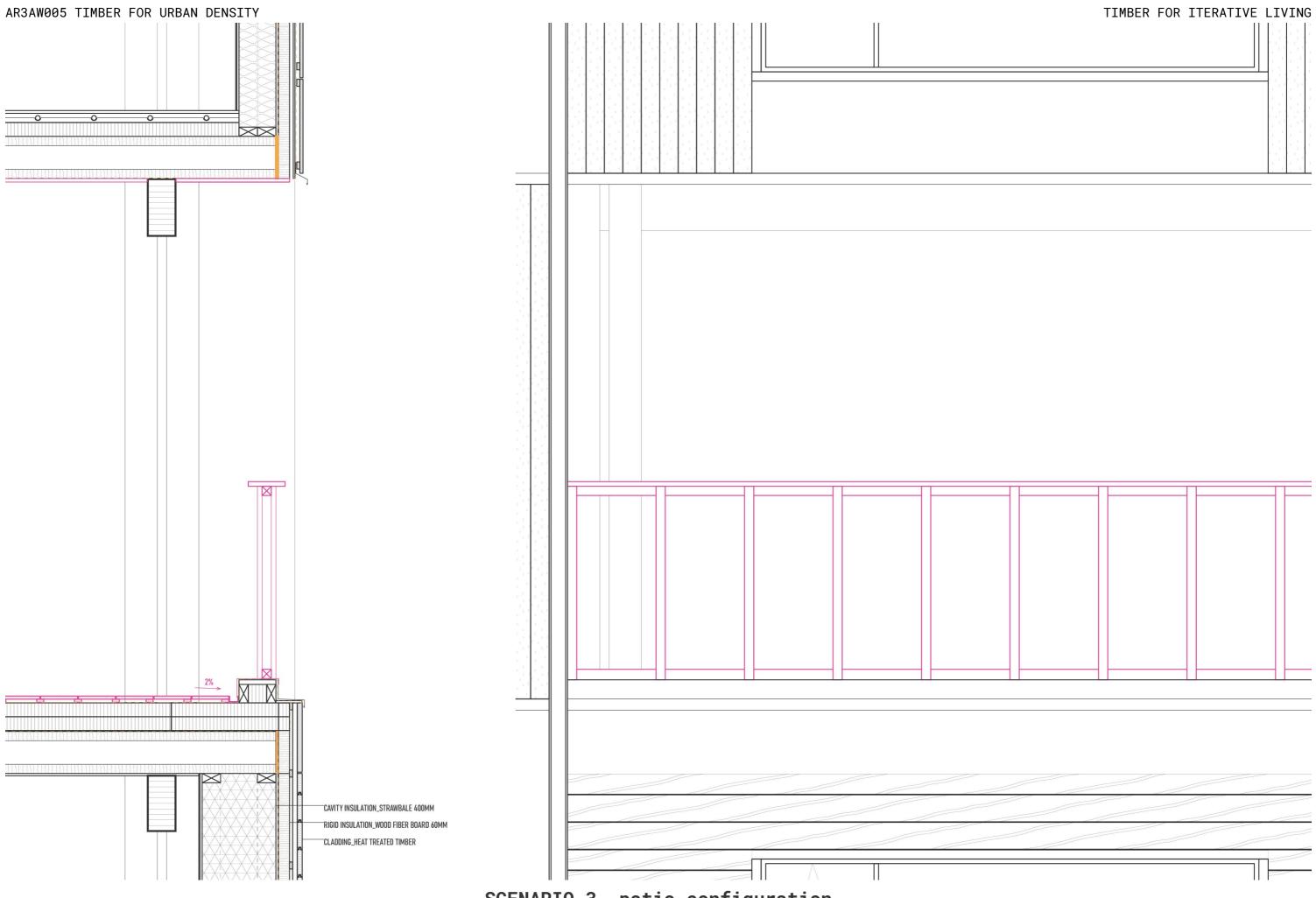
existing living situation

LONG TERM SCENARIO: The Jouhal Family [1-Bedroom Flat] With relatives already living within the neighbourhood, Harliv and her husband move to a 1 bedroom. As they prepare to welcome a child, the grandparents join them permanently to help raise the children and grow old close to family.

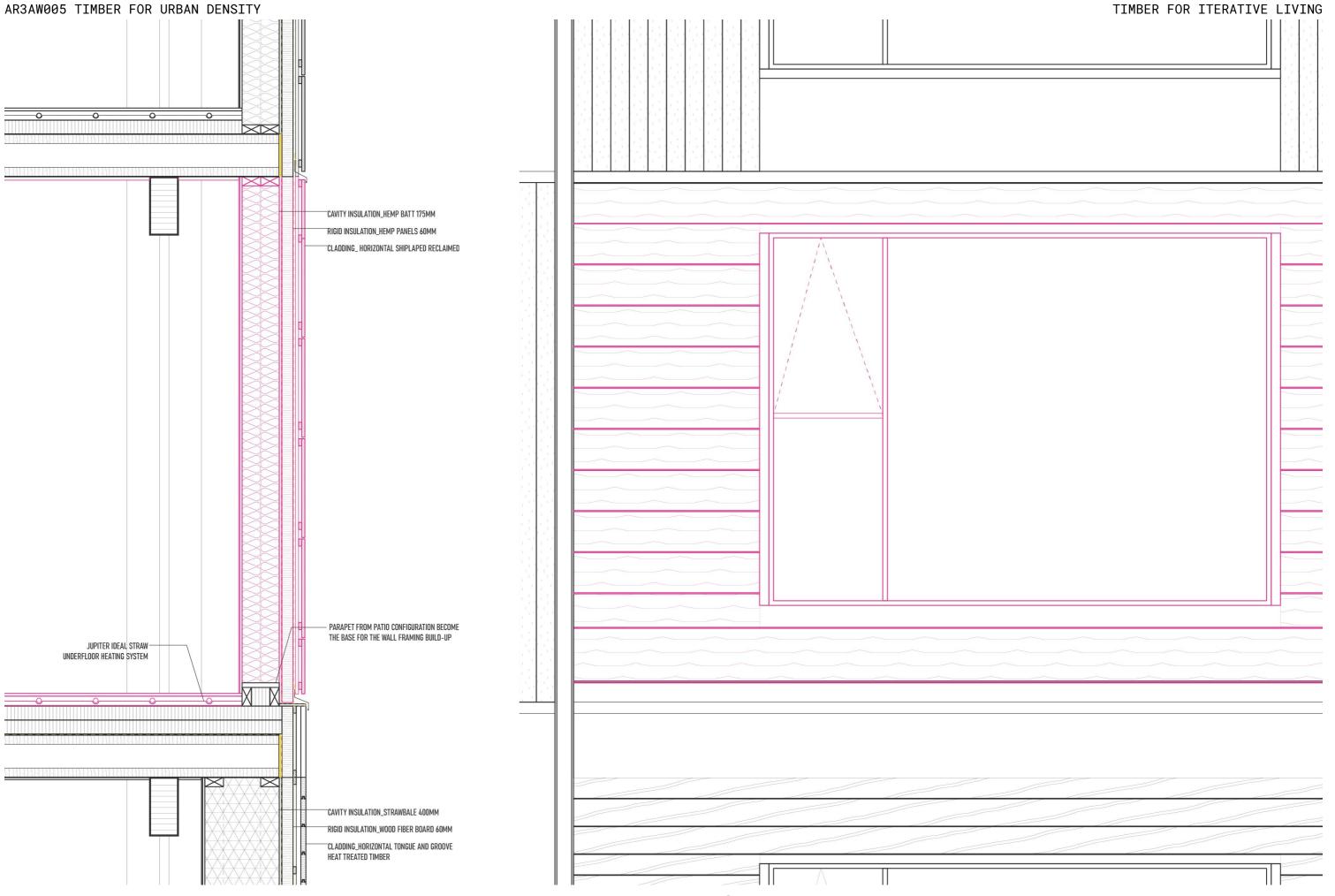
ACTION: convert patio to create 2 new bedrooms



LETS PLAY THE PLAYBOOK ! (3)



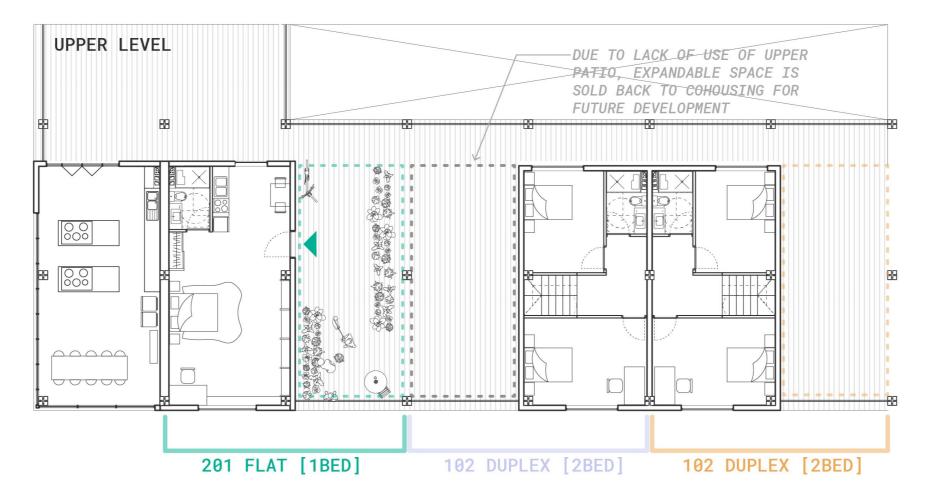
 ${\tt SCENARIO~3_~patio~configuration}$

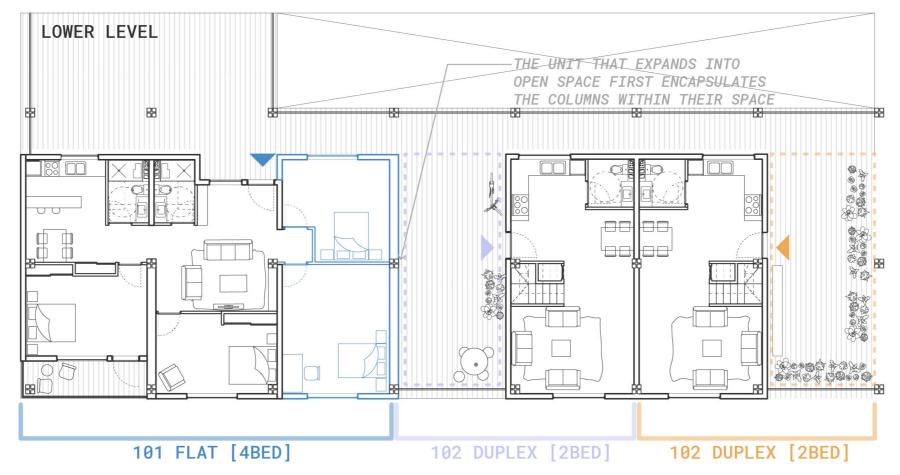


adapted scenario detail 1:5



UNIT ADAPTATION OVER TIME (1)





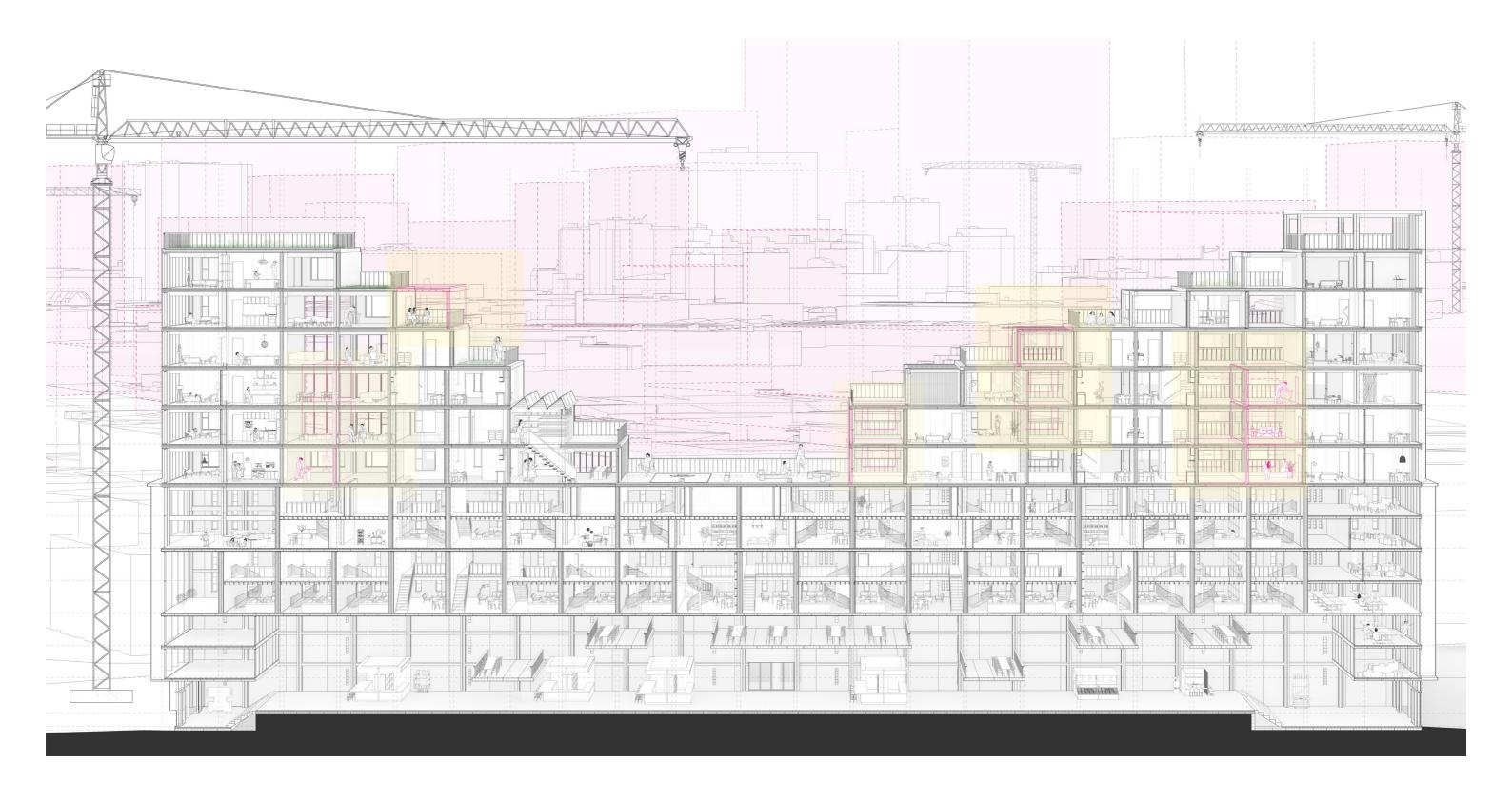
UNIT ADAPTATION OVER TIME (2)



UNIT ADAPTATION OVER TIME (3)



UNIT ADAPTATION OVER TIME (4)



ADAPTATION AT URBAN SCALE

