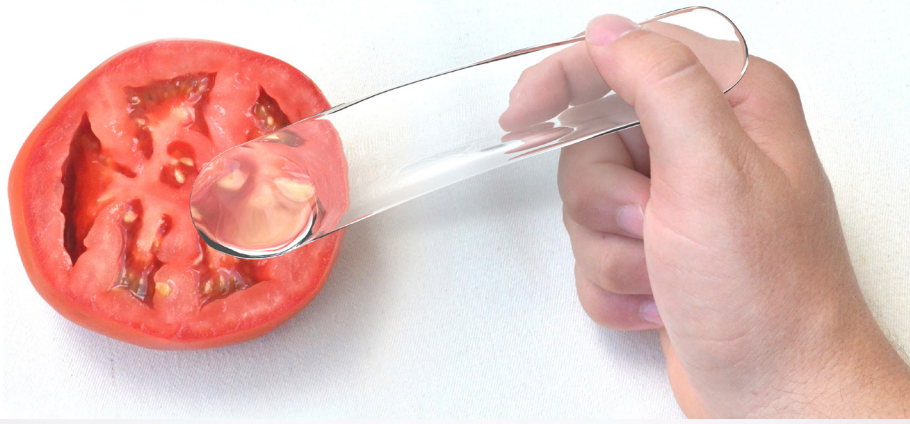


(FOOD)DESIGNFORBLISS



Master Thesis
Final Designs
Carola Breuer

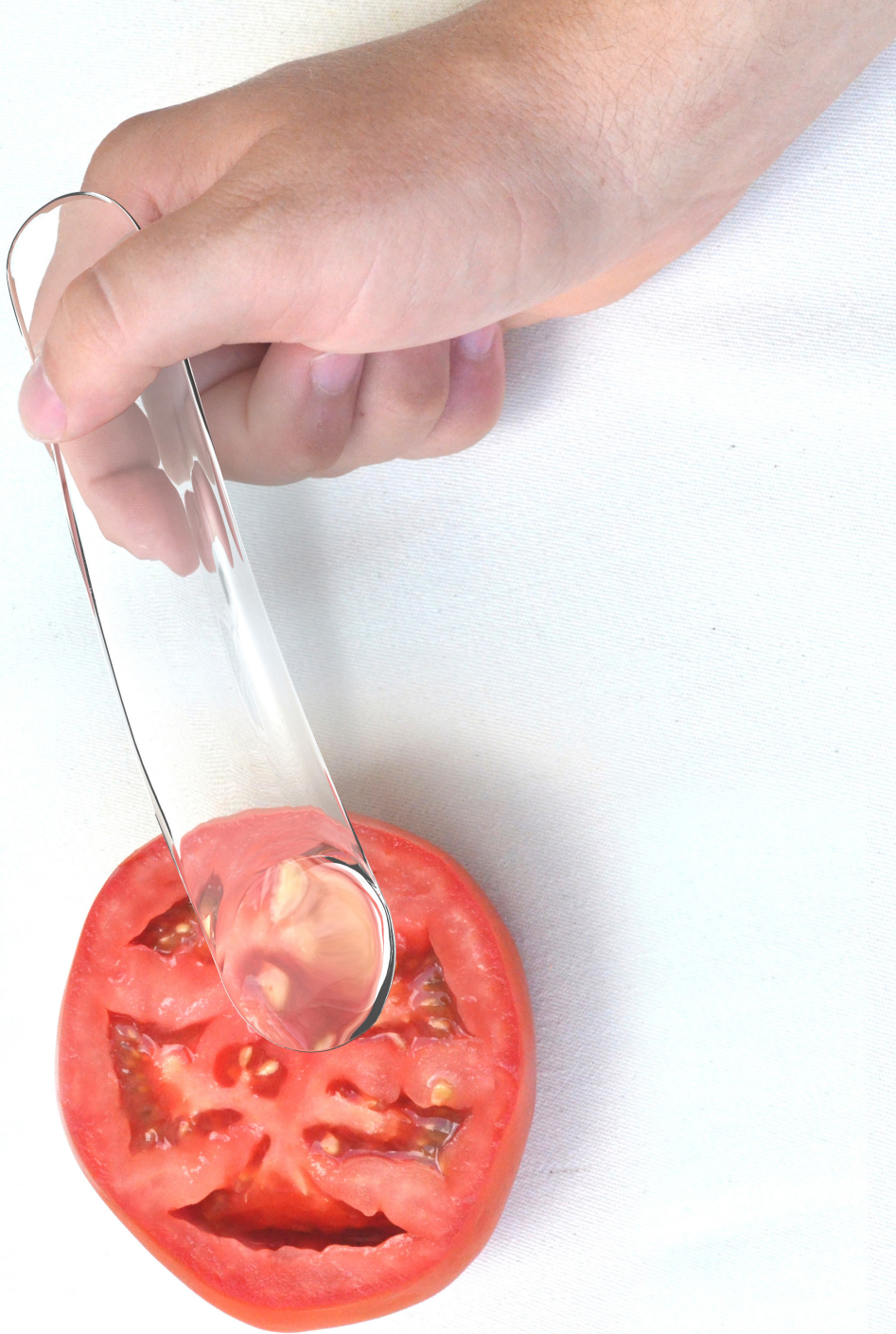
Chair: Dr. ir. Schifferstein, H.N.J.
Mentor: Dr. ir. Pohlmeier, A.E.

Design For Interaction
Industrial Design Engineering
Delft University of Technology

MINDFUL SPOON

The mindful spoon helps you to enjoy eating alone. The integrated lens magnifies food and allows you to see details that are otherwise only known from macro photography. Prepare a visually interesting meal and it will be even more engaging than watching TV. The spoon is shaped in a unique way and can be used with or without a knife and fork.







S H A R I N G P L A T E

Prepare a dish with your partner and serve it on the elevated central area of the sharing plate. You can arrange the main ingredients on the middle surface and put extras like sauces or salad in the deep neighbouring bowls. The sloped sides allow to put down cutlery. Sit down together on two chairs facing each other and balance the plate on your laps. Height differences can be evened out by placing a pillow underneath the plate. To fit into the dishwasher, the plate can be divided into three parts. When not in use, it can be hung up on the wall as a decorative element and reminder to use it again.







TRAVELLING TIN

Fill the travelling tin with a self-made dish that reminds you of home and mark its origin on the world map with the pin. You can add its story or further details like the recipe online by scanning the QR code in the lid of the tin. Give the filled tin to a friend from a different cultural background and follow its journey online or on social media!





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<https://www.travelling-tin.com>

Travelling Tin

+

f t i
 Follow me on social media!



White pepper chicken
 Min, Taiwan (Taiwan)
 → The Netherlands

This is a typical dish from my childhood.



Fried rice, chicken and paksol
 Lina, Rotterdam (The Netherlands)
 → The Netherlands

My mother made these dishes when I was young. The chicken wings deserve a mention: they are cooked and marinated with coke!



Vegetarian quiche
 Elise, Arnhem (The Netherlands)
 → Turkey

During a cooking class funded by some dairy union, my mother learned a recipe on quiche. This recipe has become a family classic.



Lentil Balls
 Pelin, Istanbul (Turkey)
 → Mexico

This dish is one of the many classics prepared for big gatherings and tea parties.

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Lentil Balls

Pelin, Istanbul (Turkey)
 → Mexico

This dish is one of the many classics prepared for big gatherings and tea parties. It is consumed cold, it does not contain any dairy or meat. So it's a completely vegan dish containing a lot of spice. Ideally, it's served with lettuce and lemon juice.

Recipe
<https://www.nefisyemektarifleri.com/kolay-mercimek-koftesi/>

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