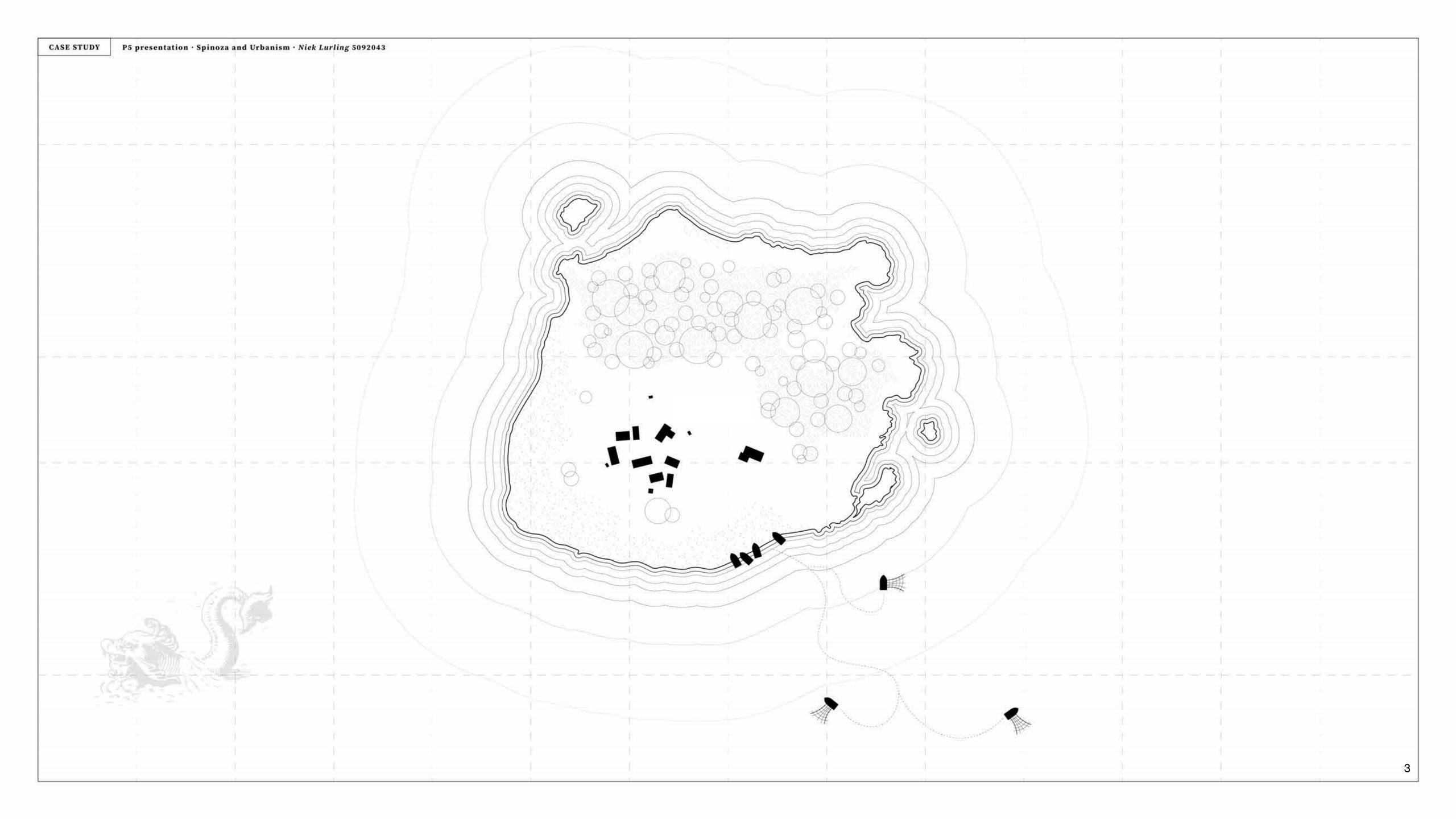
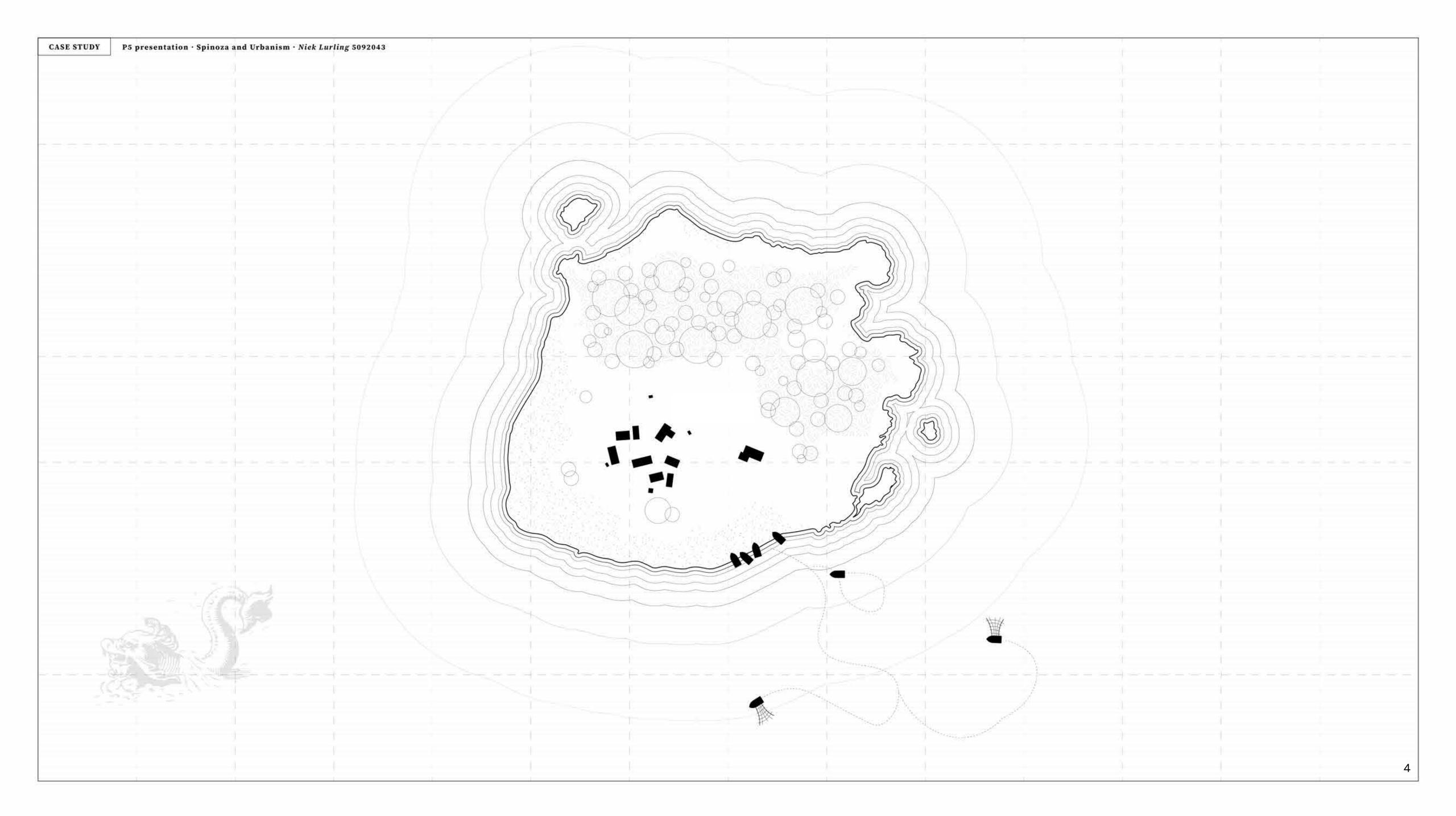
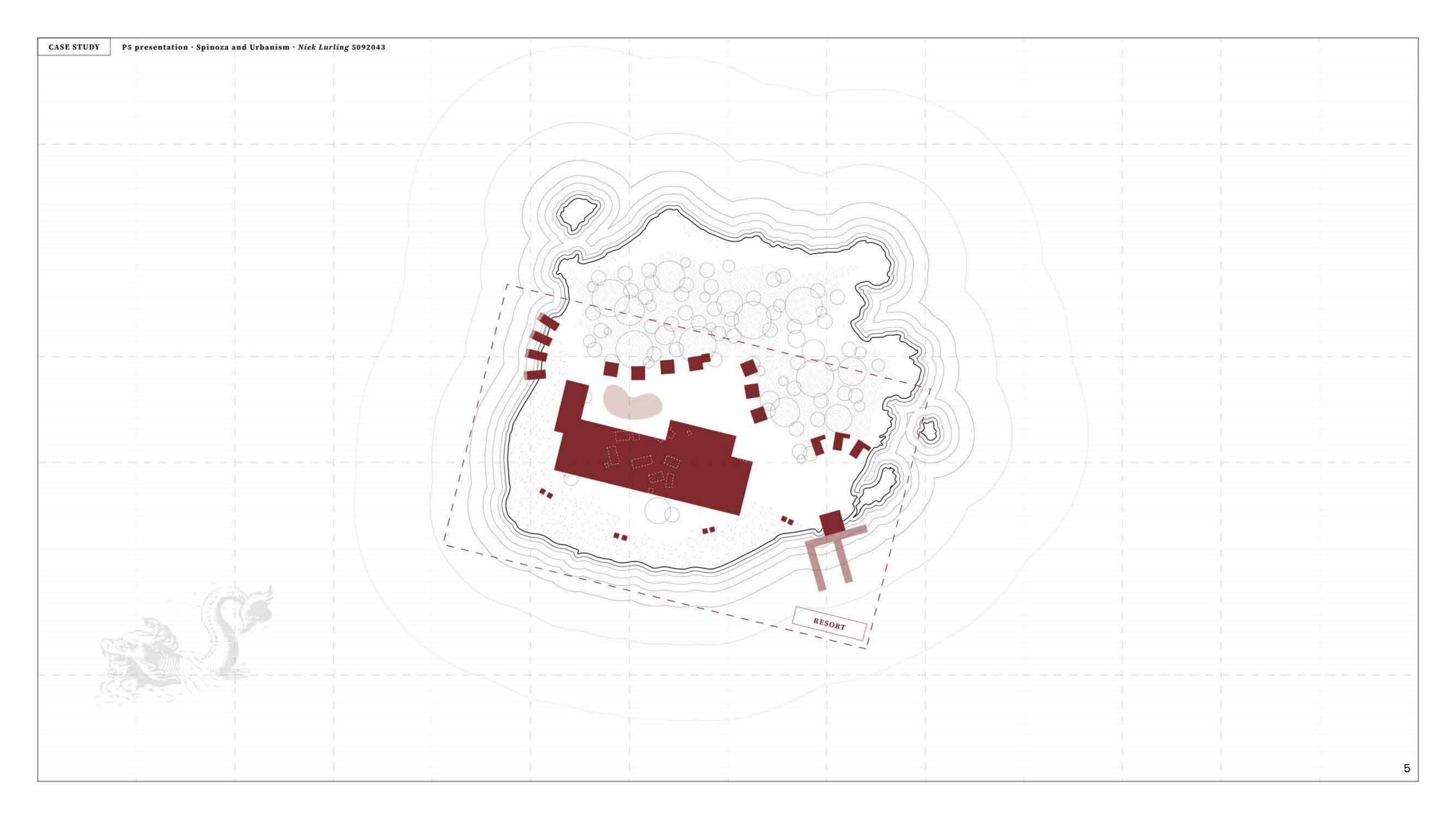
## P5 Report SPINOZA AND URBANISM Exploring Spinoza's Ethical and Political Philosophy as Approach to Urban Planning 5092043 Mentor team First mentor Dr. ir. Gregory Bracken Second mentor Prof. Dr. Zef Hemel

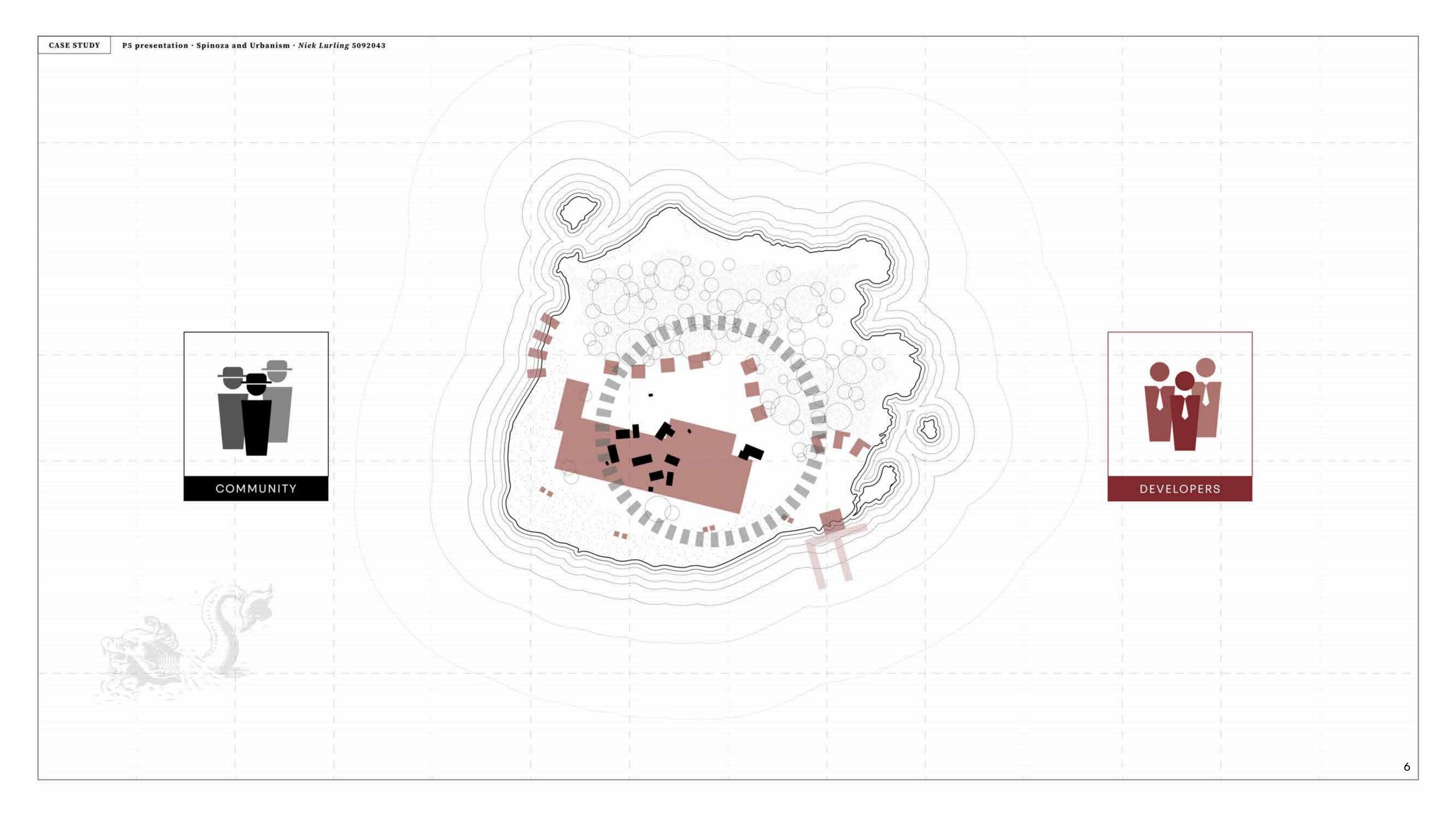


Imagine an Island...









### Ethical-political dilemma

in urban planning

### Ethical-political dilemma

in urban planning

(Moral) values good / bad justice / injustice



Power structure, use, imbalance...

### Ethical-political dilemma

in urban planning



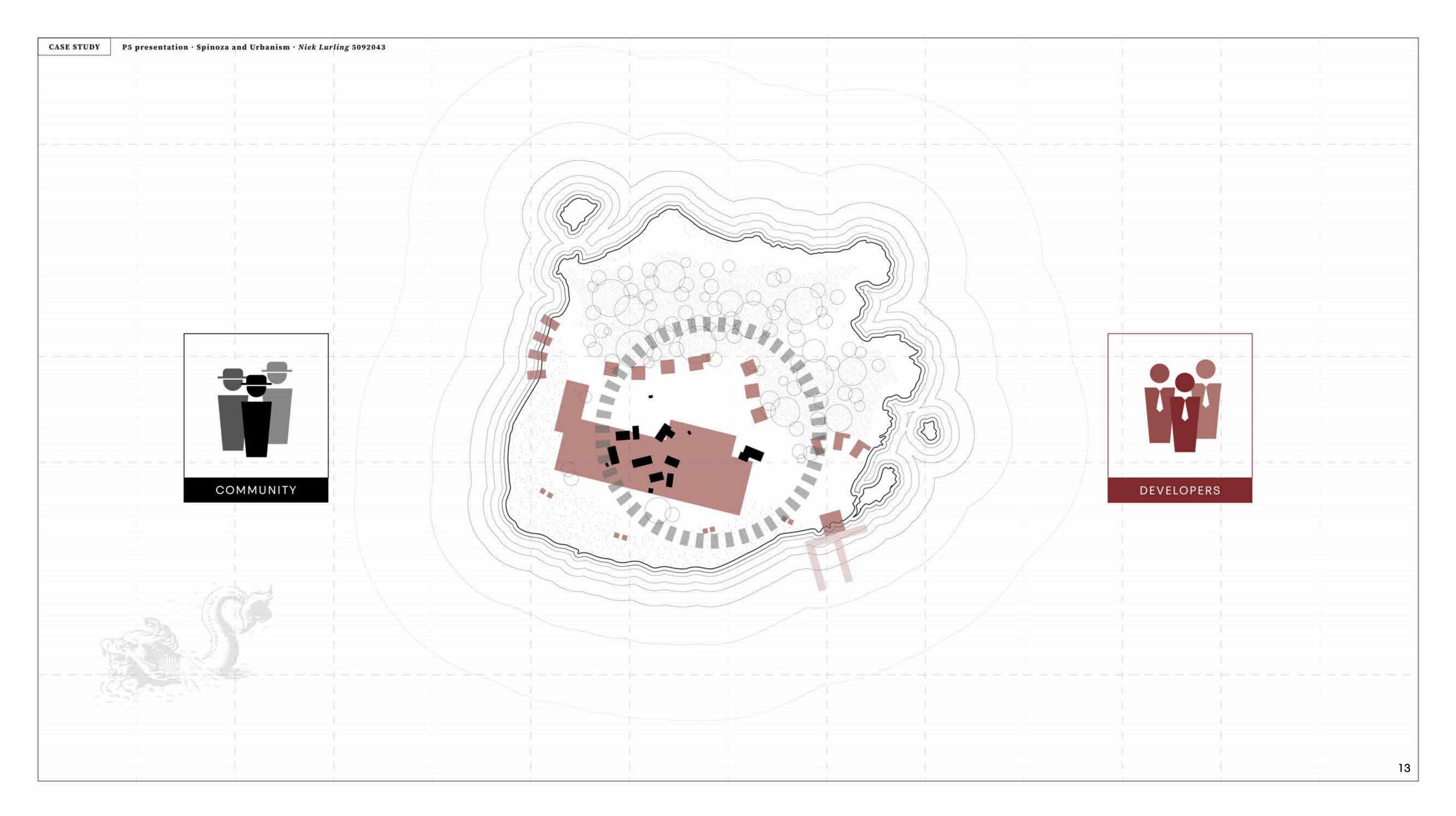
What to do in the face of ethical-political dilemmas?

#### RESEARCHING

### Ethical-political thinking

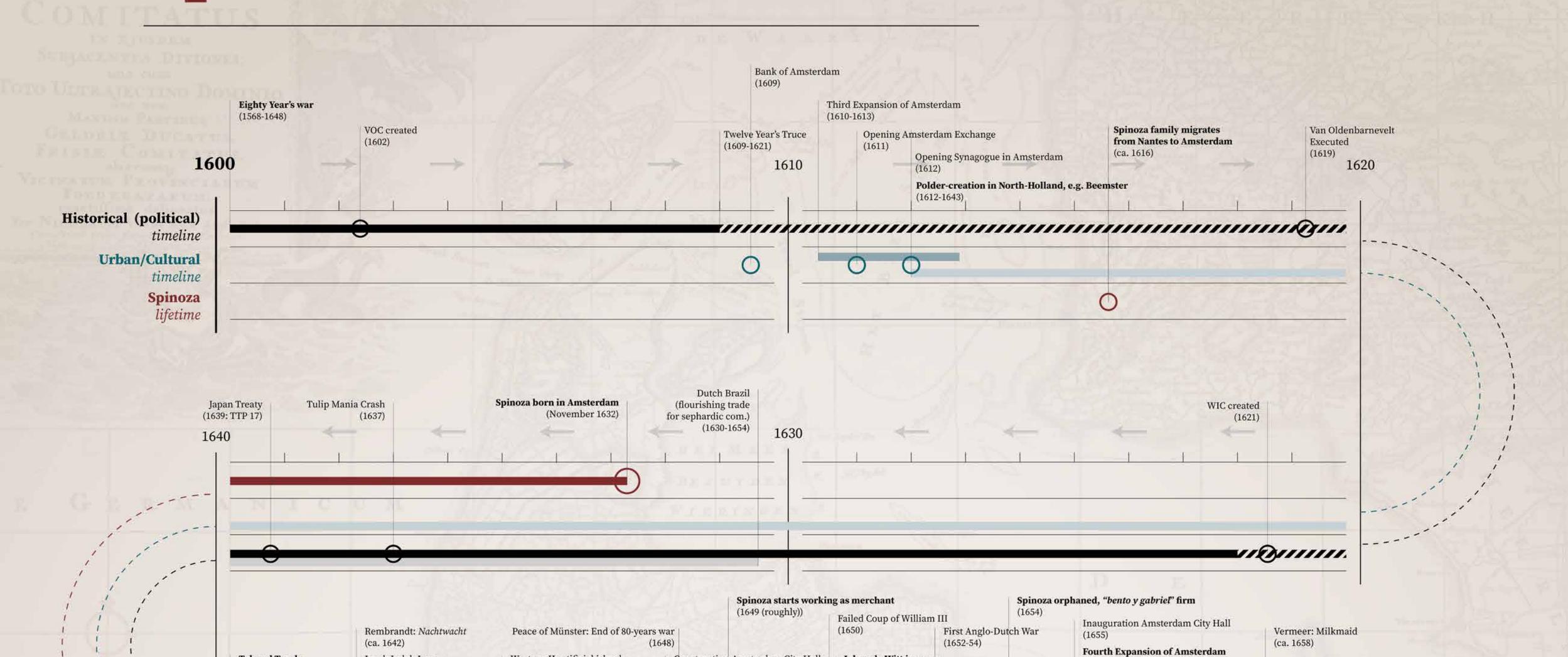
for urban planning

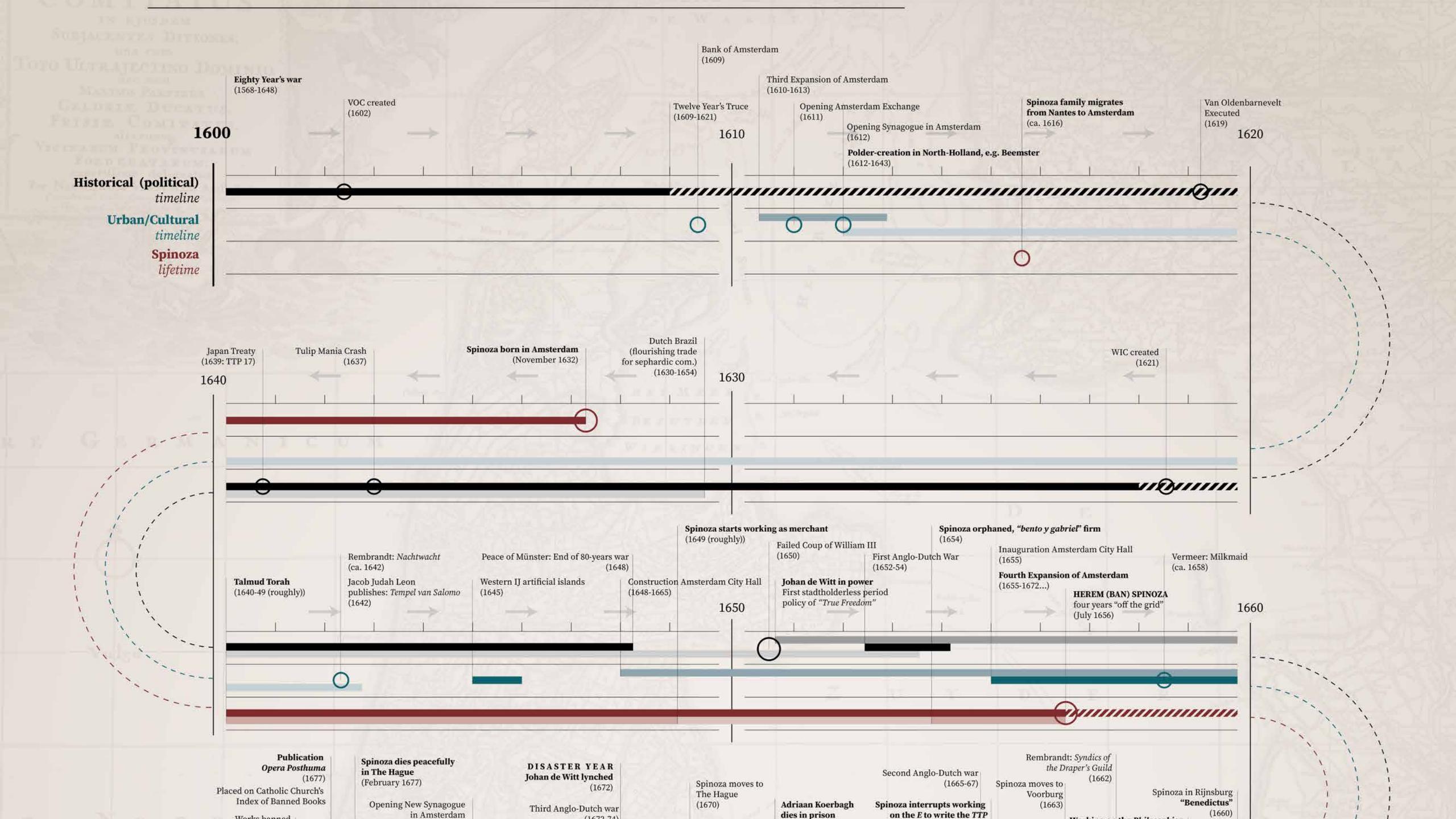




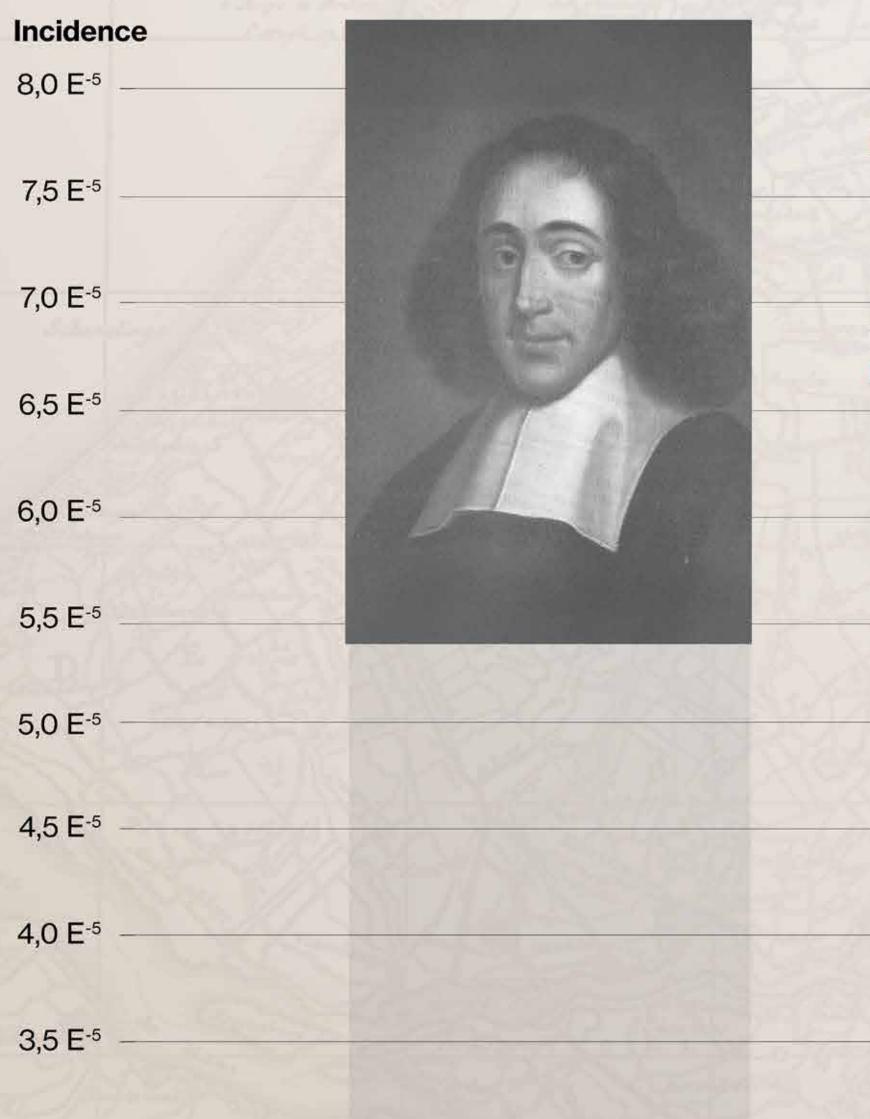
Spinoza?

### Spinoza urban-historical context





### ABOUT SPINOZA



### **Key takeaways:**

■ 1 Honourable person

Despite hardship, misfortune, injustice... Spinoza lived an exemplary life.

2 Intellectual Rebel

Extremely progressive views, responding to

- · changing landscape, emerging urban world
- rise of autocracy, demise of democratic institutions

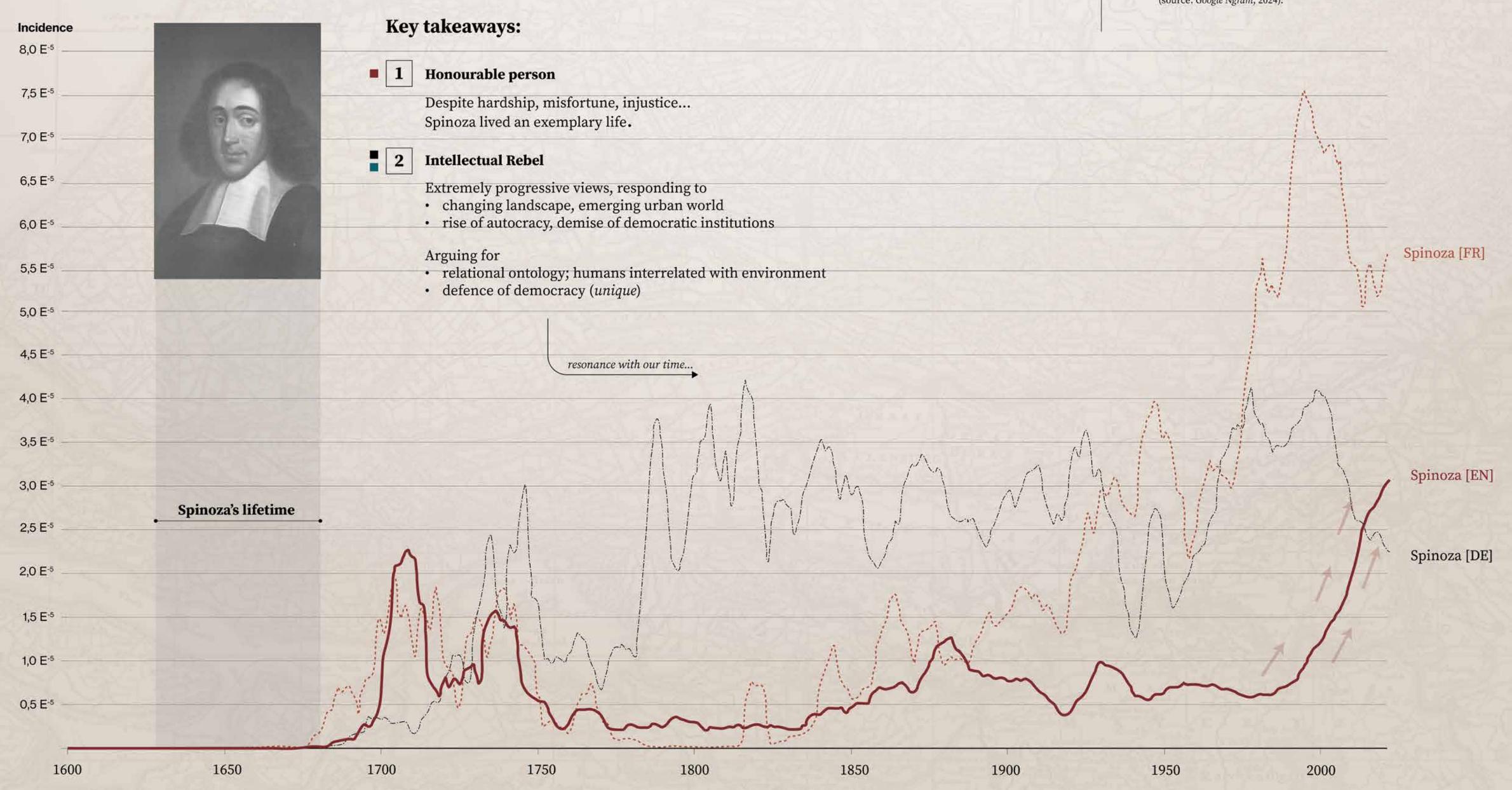
Arguing for

- relational ontology; humans interrelated with environment
- defence of democracy (unique)

resonance with our time...

### ABOUT SPINOZA

This graph shows all mentions of Spinoza in all English, French, and German language literature in Google's databases (source: *Google Ngram*, 2024).

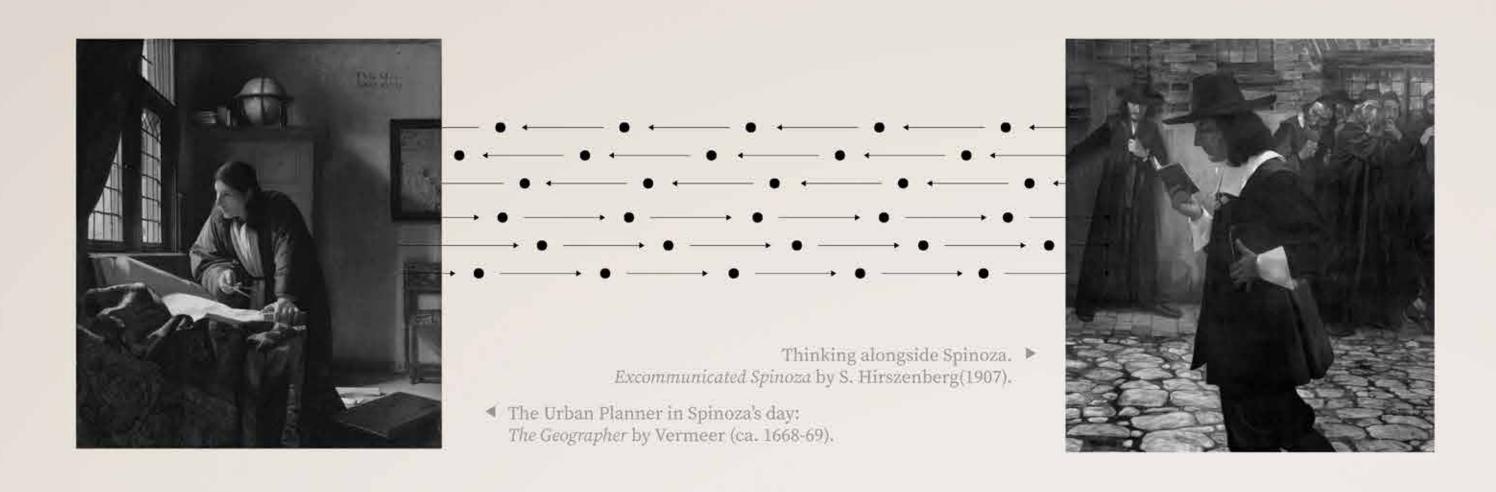


11.

Findings

### Heuristics

# Thinking alongside Spinoza for building better cities



#### What are heuristics?

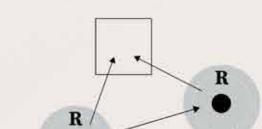
The word heuristic comes from the Greek ευρίσκω, which means "to find". It is also related to the word *Eureka!* A heuristic is like a rule of thumb, a "quick and dirty" or "fast-and-frugal" method of decision making, of finding out. "Follow the brook, and you'll get to the river" is an example. Einstein used the term to describe and entitle (!) his Noble-prize winning academic article in 1905.

Heuristics are well-known in urban and spatial planning, often as "design principle". The heuristics in this list are meant to guide urban planners through ethical-political dilemmas, by offering means to approach the problem.

Heuristics are not dogmatic rules. You can pick and choose, and add to your own set of heuristics. Most professionals have a personal set of heuristics (explicitly or implicitly). Spinoza's entire ethical project can be seen as 'heuristic': it is not a set of rules to be imposed, rather a set of guidelines to be used, or not.

(on Heuristics: see Flyvbjerg, B. (2024). Heuristics for Better Project Leadership: Teasing Out Tacit Knowledge. *Project Management Journal*, 55(6), 615-625. https://doi.org/10.1177/87569728241300307)

### Aim to discover the composition that works for everyone



### Beware of the affective image of money.

€



Thinking alongside Spinoza. Excommunicated Spinoza by S. Hirszenberg(1907).

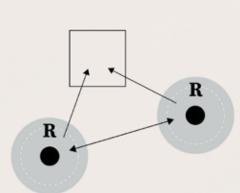
■ The Urban Planner in Spinoza's day: The Geographer by Vermeer (ca. 1668-69).



(on Heuristics: see Flyvbjerg, B. (2024). Heuristics for Better Project Leadership: Teasing Out Tacit Knowledge. *Project Management Journal*, 55(6), 615-625. https://doi.org/10.1177/87569728241300307)

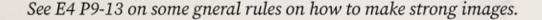
Aim to discover the composition that works for everyone

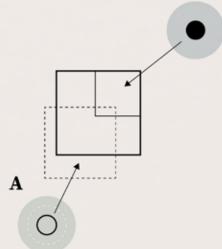
Spinoza's ethics contains a hopeful promise. Since rational people agree in nature (harmony), and aim to share their rational needs, (which are by definition self-interested but non-exclusive), there is always a composition to discover which works for all actors involved (and, technically, for the entire world population). Discovering this composition is the **ethical aim** of an urban planning question. Nonetheless, this composition is extremely hard to realize or even conceive.



Act by making a plan (image, model) using the empowering effect of rational\* plans.

A plan is nothing but a possible, highly exact i.e. rational image. This is the **action** that urban planners can undertake by virtue of their profession: placing a rational image in a situation. Via the rules of interpersonal affects, we can predict how this image will work in such a situation: empowering actors, reducing affective images in size or linking with them, etc.





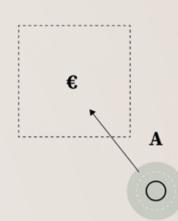
### Plan without reservation to mould the nonhuman world to the rational\* advantage.

"Excepting man [humans], we know no individual thing in nature in whose mind we can take pleasure, nor anything which we can unite with ourselves by friendship or any kind of intercourse, and therefore regard to our own profit does not demand that we should preserve anything which exists in nature excepting men [humans], but teaches us to preserve it or destroy it in accordance with its varied uses, or to adapt it to our own service in any way whatever" (E4 App.26).



#### Beware of the affective image of money.

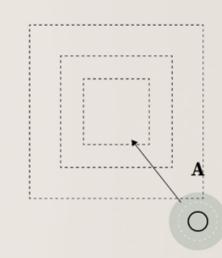
"As money has presented us with an abstract of everything," explains Spinoza, "it has come to pass that its image above every other usually occupies the mind..." (E4 App.28). Money is the go-to affective image because it can represent almost all (material) desires. In Spinoza's time, the famous *Tulip Mania* occurred, in which people linked the affective image of money to tulip bulbs with great vehemence, and in a great self-reinforcing bubble of desires.



8

### Beware that positive affects are fast excessive.

Spinoza holds that things (around us) that bring us joy are good; they empower and "help the parts of the body to perform their functions". However, he states, these objects (1) do not work to this end ("that they may affect us with joy"), (2) their power of action is not guided in accordance to our needs, and (3) joy generally applies only to a part of us, so it follows that these joys are fast excessive (E4 App.30). People overestimate, and quite often "blow up" positive affective images (for instance: expected financial gain).



9

### Beware of your limitations as planner.

"All things noble are as difficult as they are rare..." (E5 P42S). Rational planning (exact knowledge) is difficult! "Human power is very limited, and is infinitely surpasses by the power of external causes" (E4 App.32), humans are but a "speck" (TTP 16.7) in nature. Individually, you are very limited in reasoning. Enlist others! "Above all things it is profitable to form communities (...) [and] do whatever may tend to strengthen their friendships" (E4 App.12).





and therefore regard to our own profit does not demand that we should preserve anything which exists in nature excepting men [humans], but teaches us to preserve it or destroy it in accordance with its varied uses, or to adapt it to our own service in any way whatever" (E4 App.26).

4

### Beware of human psychology (desires, power) as the driving force behind ethics and politics

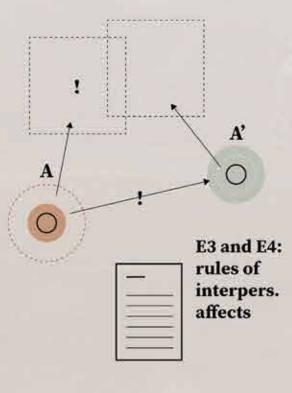
The ethical method Spinoza sets out is a private affair - and a difficult one, "the road, that reason herself points out, is very steep" (TP 1.4). Mmost of the time, "the individual man is thus determined, not by sound reason, but by desire and power" (TTP 16.4). Human psychology and its mechanics form the buildings blocks of Spinoza's Ethics, but even more so of his political theory.

5

### Use the rules of interpersonal affects to the rational\* advantage

Spinoza takes his *theory of affects* as natural law. The affective dispositions and images of (large) groups of people are reasonably predictable, and follow clear behavioral rules. Use this! says Spinoza. In his political works, he urges states to do so; using behavioral patterns to further civic harmony and peace of mind.

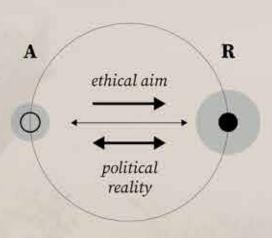
See overviews E3 (dictionary of affects) and E4 (rules of interpersonal affects). See Steinberg, 2009 for political implications.



6

### Be tolerant of the passions of others.

It is only hurtful and (self-)destructive to treat people with affective images less than others - it is without virtue. Moreover, there is no right for intolerance, for "they are no more bound to live by the dictates of an enlightened mind, than a cat is bound to live by the laws of the nature of a lion" (TTP 16.2). Like Spinoza, labour carefully "not to mock, lament, or execrate, but to understand human actions" (TP. 1.3). It might be of great use (see 5, or 11).

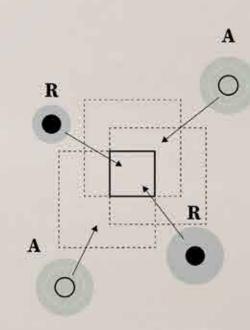


Individually, you are very limited in reasoning. Enlist others! "Above all things it is profitable to form communities (...) [and] do whatever may tend to strengthen their friendships" (E4 App.12).

**10** 

### Use democratic deliberation as source of information and accountability.

Spinoza can be seen as epistemic, or instrumental democrat: he argues time and time again for democratic bodies, not from some ideal, but because he theorizes they make better decisions. They sharpen the mind (see 9), "For men's natural abilities are too dull to see through everything at once; but by consulting, listening, and debating, they grow more acute, and while they are trying all means, they at last discover those which they want, which all approve, but no one would have thought of in the first instance" (TP 9.14).



11

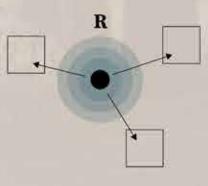
#### Beware of your vulnerabilities as planner.

Spinoza stresses time and time again that it is "impossible not [to] be a part of nature and follow her common order..." (E4 App.7). As planner, you are vulnerable to the mechanics of affects and passions too - you are not a stoic, neutral onlooker. Beware of this vulnerability. "Skill and watchfulness are required..." (E4 App.13). Before you know it, *power* and *desire* force the planner, "to follow the worse, although [s]he sees the better before him[/her]" (E4 pref).

12

### Keep working on yourself as ethical project a more virtuous person is a more virtuous planner.

Building a "rational worldview," in other words, training your brain in exact knowledge of cause and effect (in urban planning), is one of the five tactics Spinoza lists for peace of mind in E5 P20S. This also means taking care of the body (E4 App. 27), and a healthy social environment (E4 App. 12). On top of this, the more exact knowledge you possess, the more useful you are for others, which is a virtue in itself (E3 P35-37).



III.

Research (sneak peek)

### The Ethics mapped

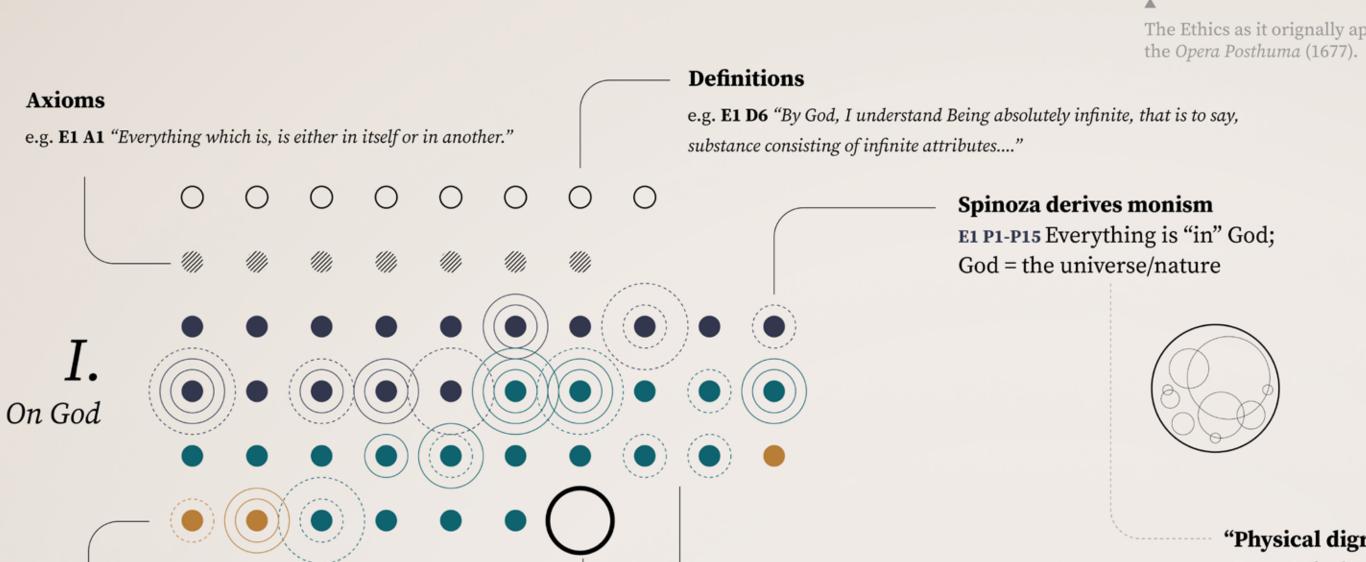
The Ethics is generally regarded as Spinoza's magnum opus. It is a densely packed exposition of Spinozas philosophy, touching on everything from ontology (the nature of 'being' and the universe), epistemology (knowledge), to psychological models and ethical doctrines.

The structure of the Ethics is famously (or notoriously) difficult. It is a book in five parts written in a difficult or even intimidating 'Euclidian' structure: definitions and axioms, from which many propositions are logically derived, and to which Spinoza adds a wide array of corollaries and comments (scholia).

Below, the Ethics is mapped using the Euclidian structure as backbone. The five parts are shown separately, with the main topics discussed grouped in propositions of a similar colour.



The Ethics as it originally appeared in



Spinoza characterizes his universe

#### How to read this visual?

Elements of the Ethics are shown per proposition, layered like an onion:

- proposition and demonstration (proof)
- extra demonstration or corollary
- scholium (comment by Spinoza)



Other elements of the Ethics (that do not depend on a proposition) are shown seperately:

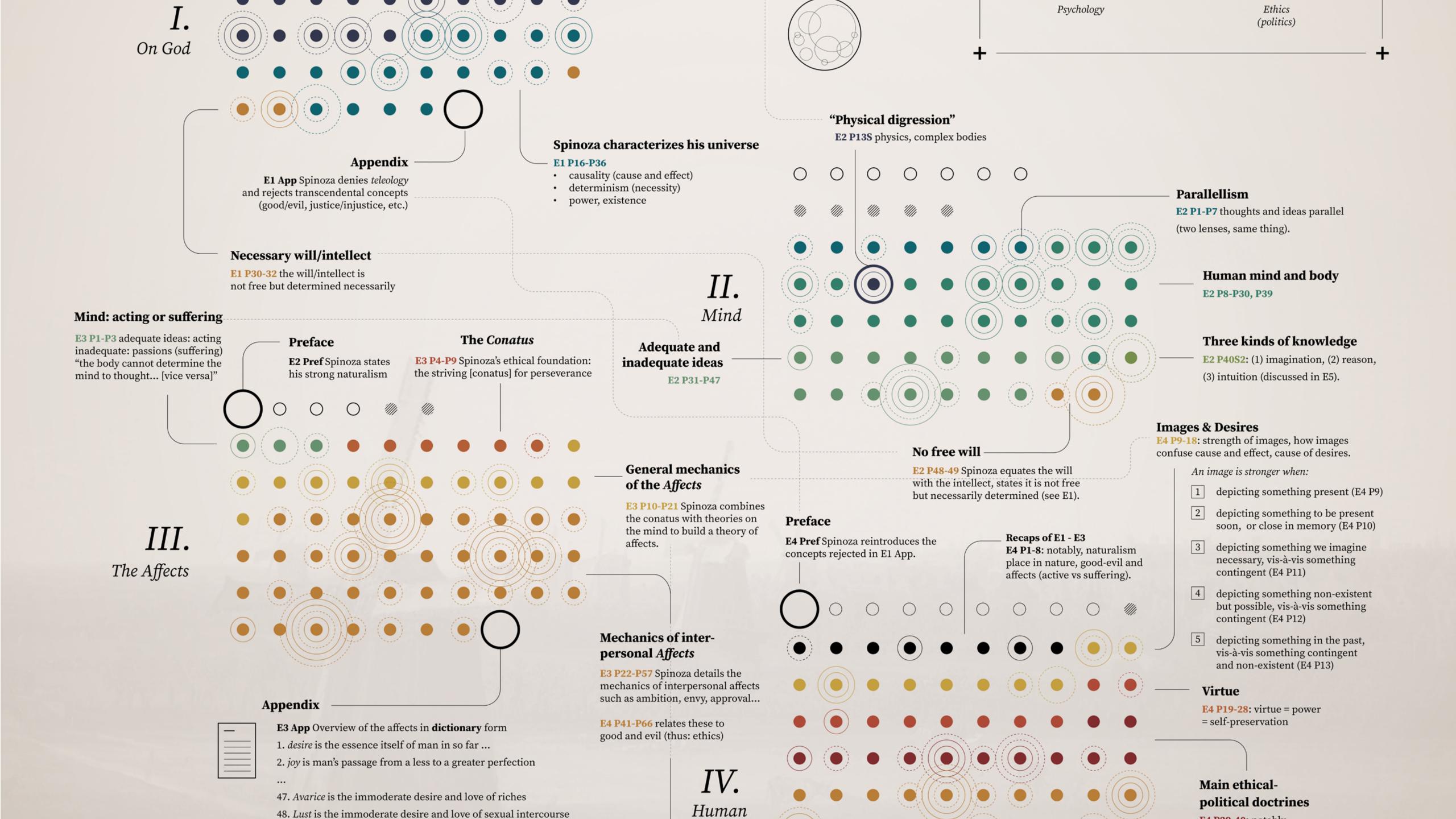
- definition (only found at the beginning of the parts)
- axiom or postulate (ibid.)
- other textual element: preface, appendix, etc. (labelled in diagram)

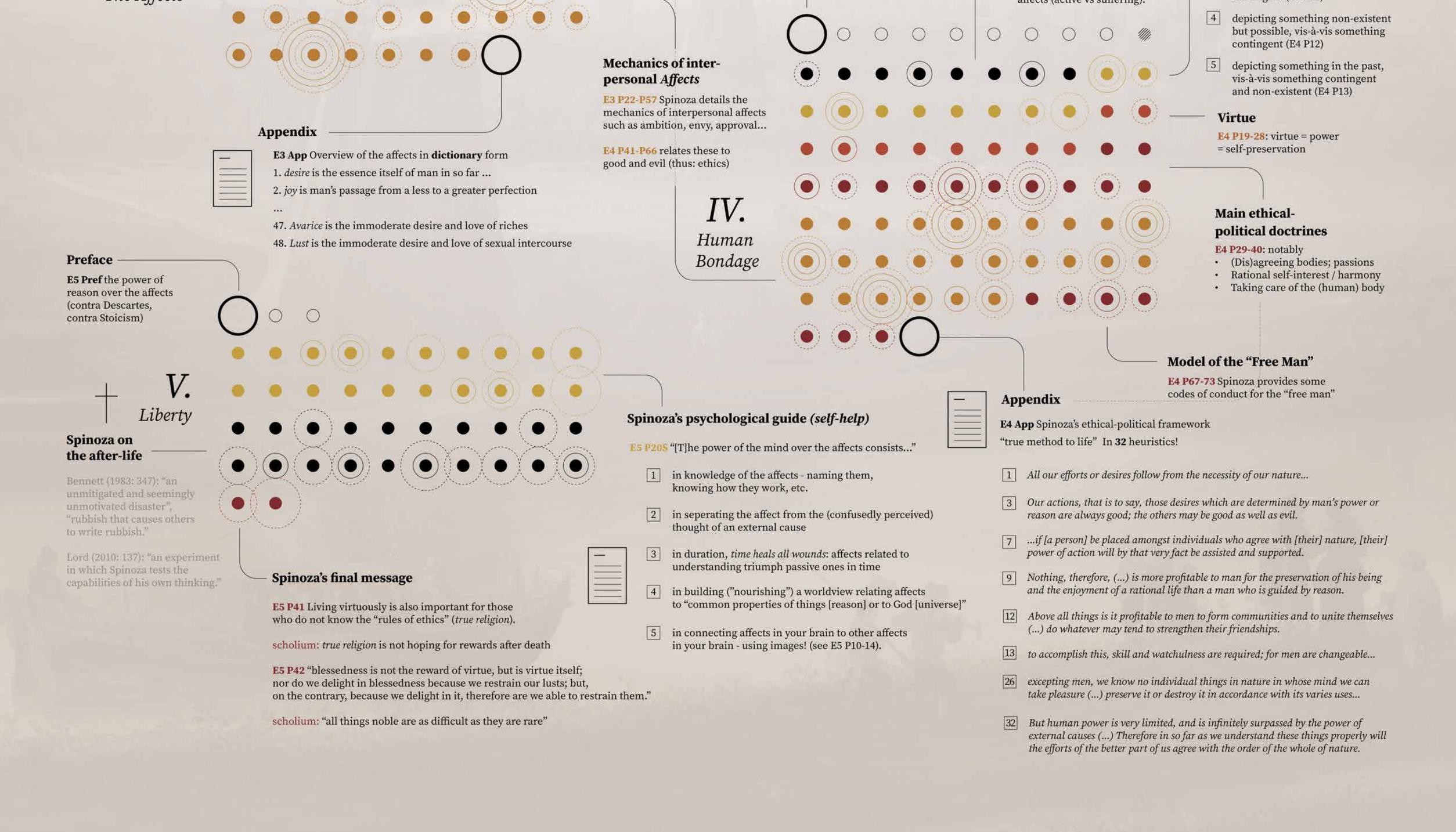
Propositions are colour-coded by domain of philosophy:



"Physical digression"

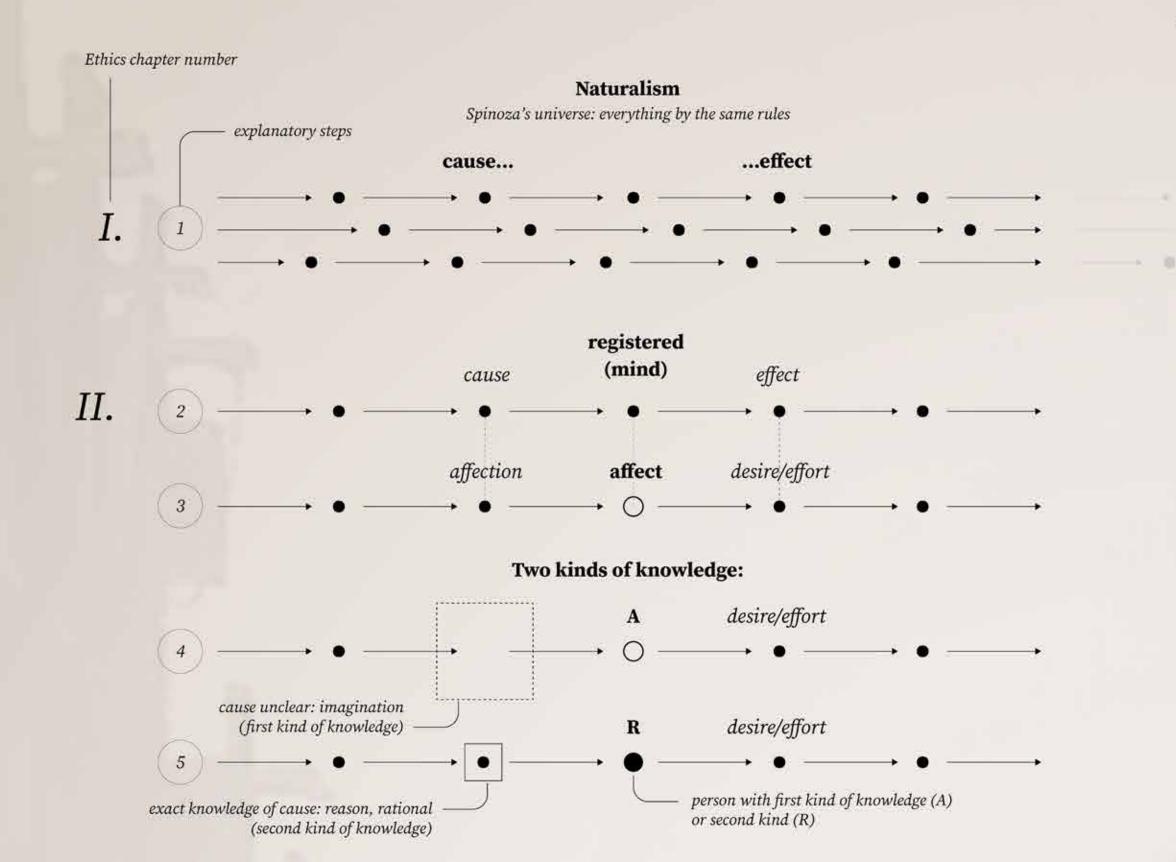
E2 P13S physics, complex bodies

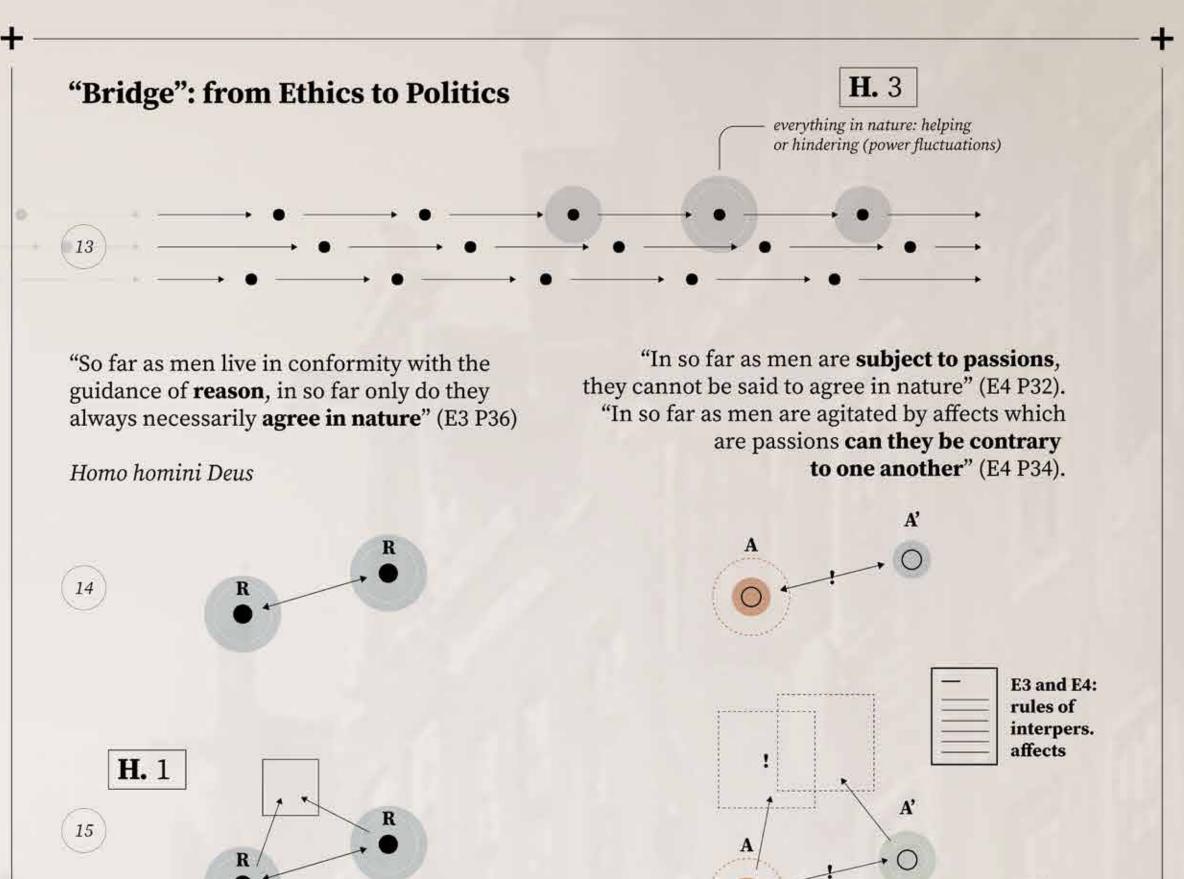




### Ethical-Political Framework

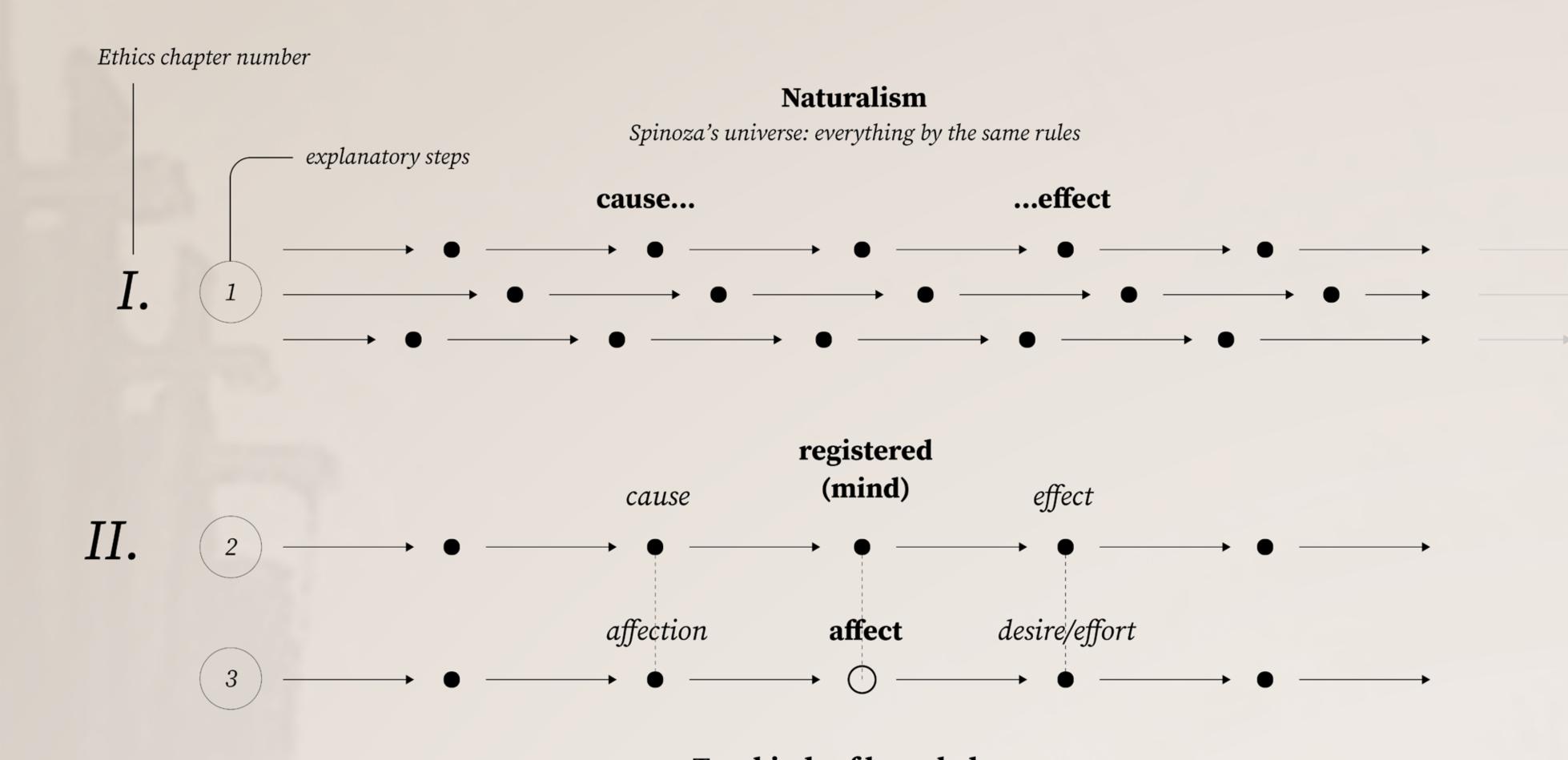
#### THEORY OF ETHICS





### Ethical-Political Fram

### THEORY OF ETHICS

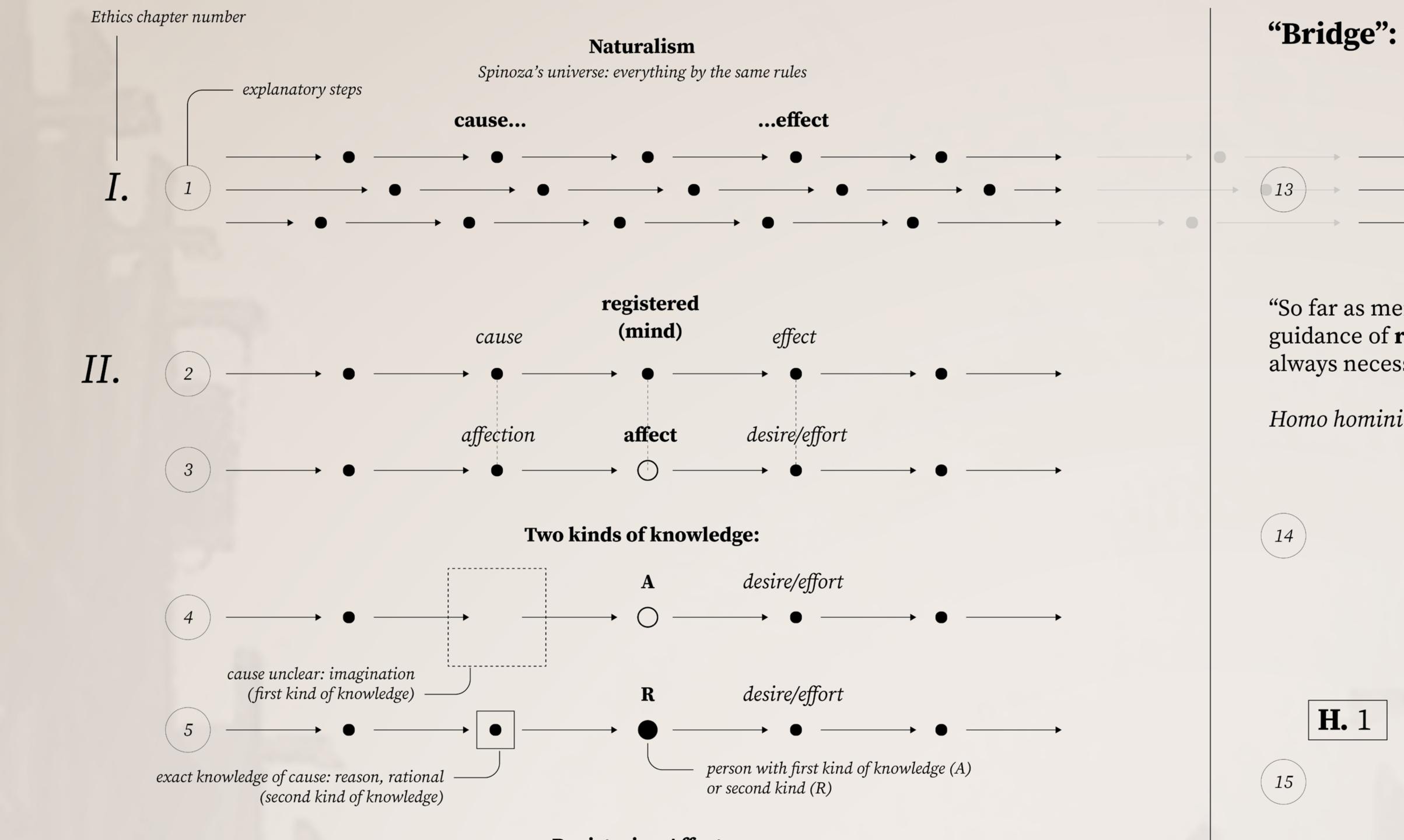


"Bridge":

13

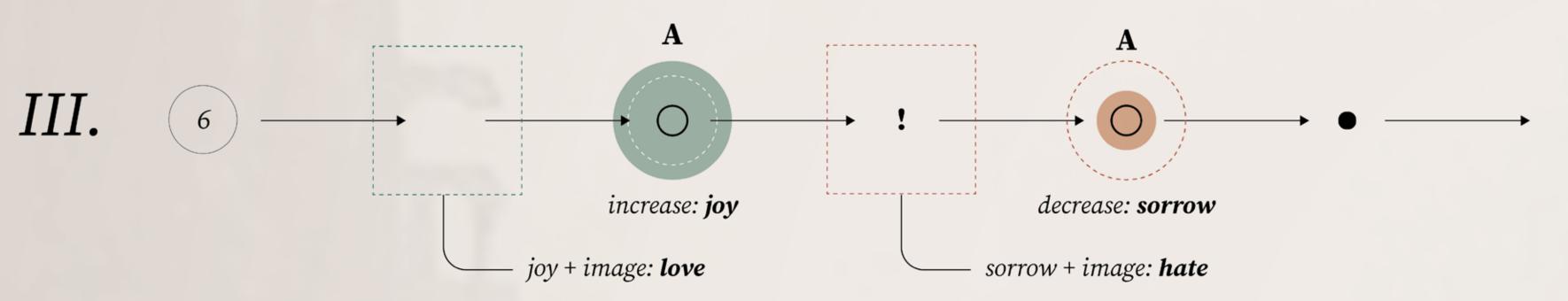
"So far as me guidance of ralways neces

Homo homini



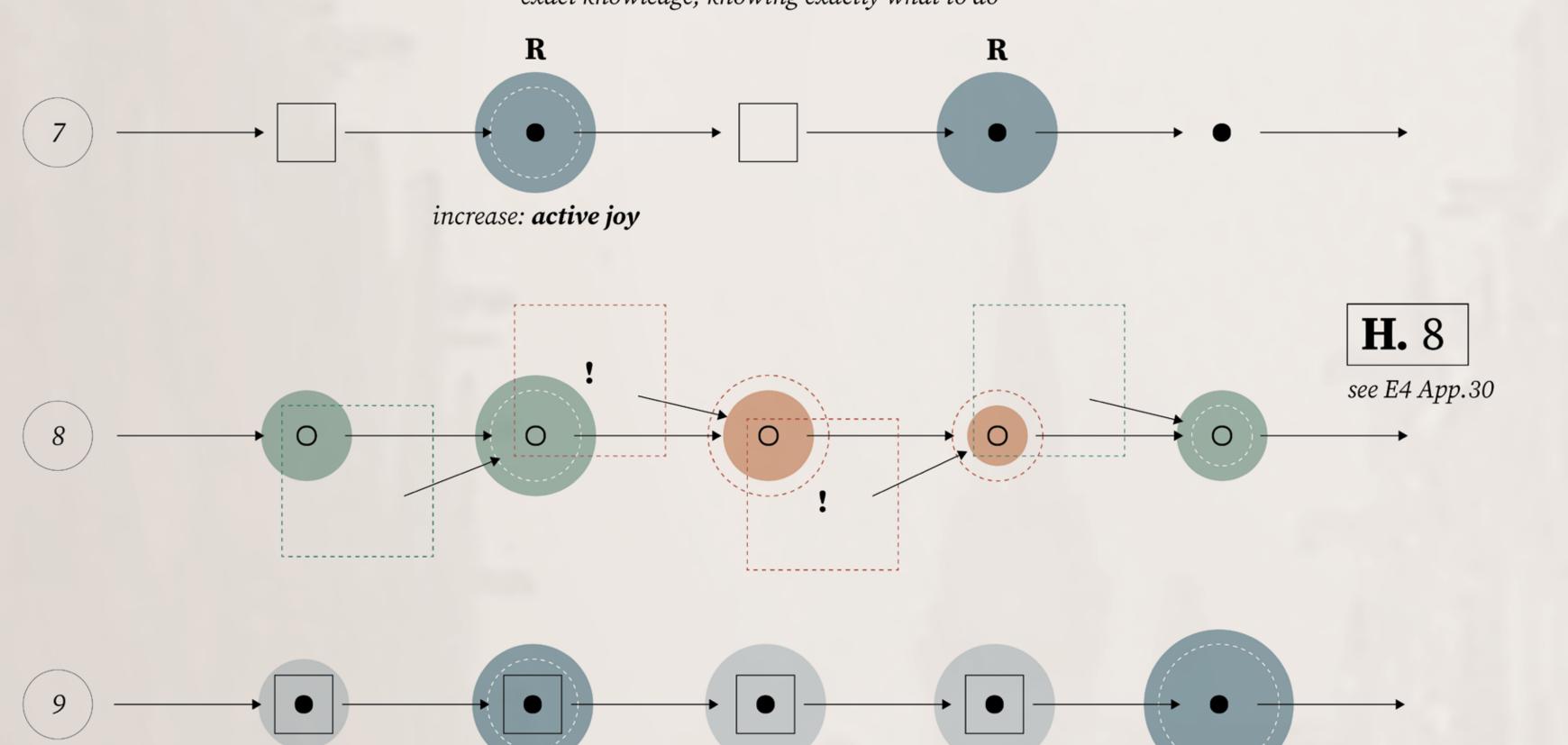
#### **Registering Affects**

Affects are registered as increase or decrease in power (conatus)



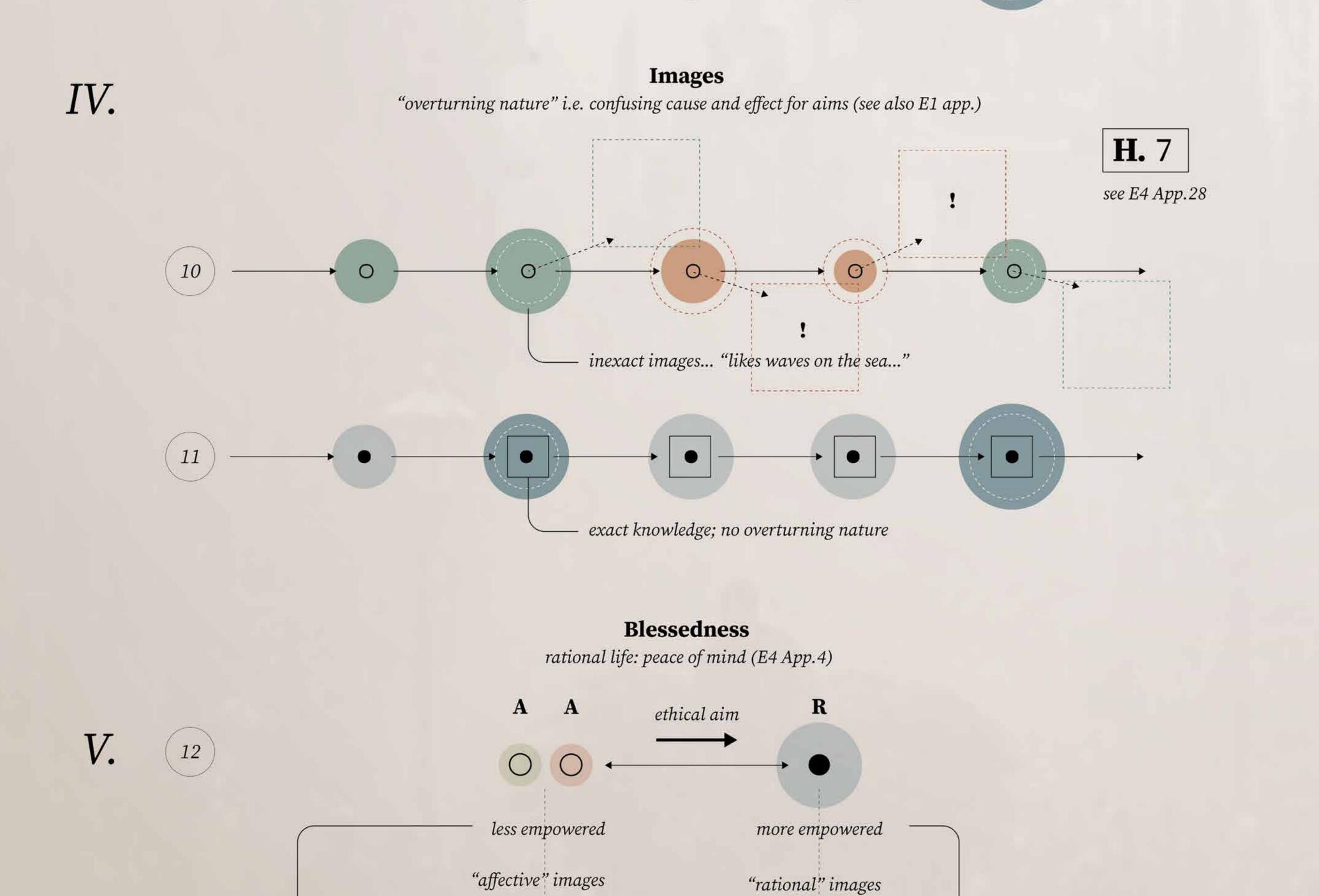
#### Reason is empowering

exact knowledge; knowing exactly what to do



16

"All noble the "[a]s the wise foolish man



17

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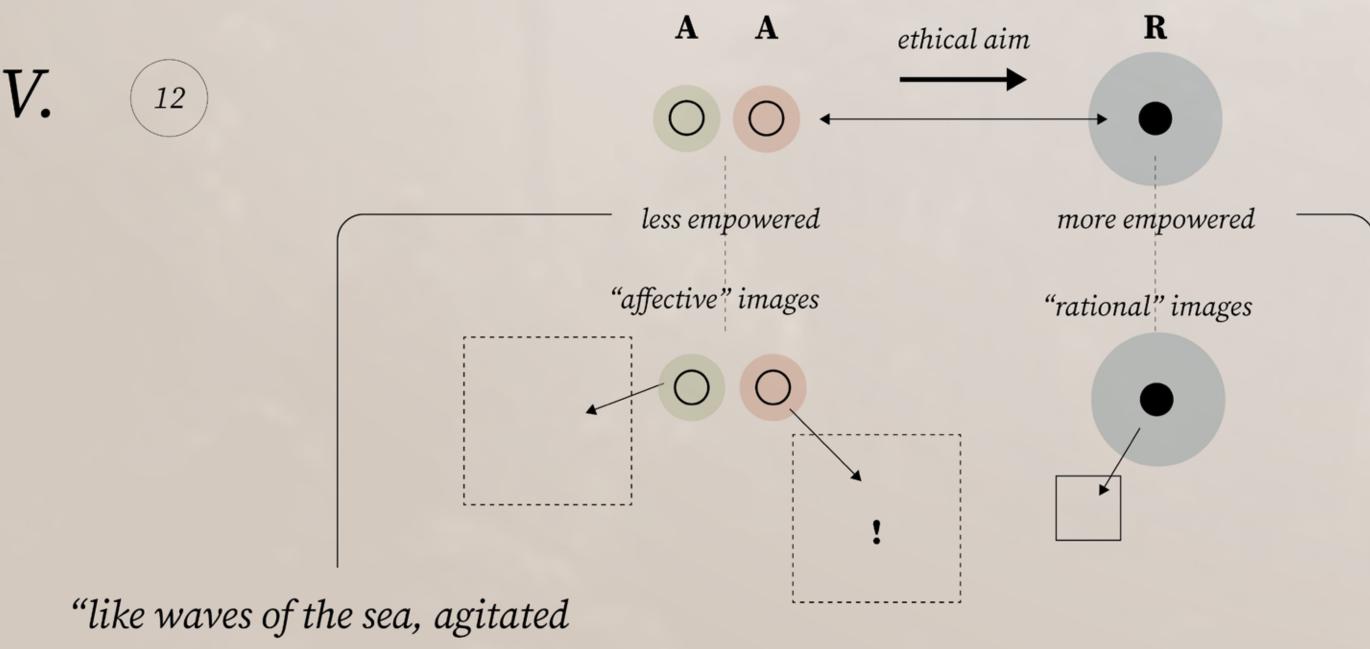
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#### Blessedness

rational life: peace of mind (E4 App.4)



"like waves of the sea, agitated by contrary winds, we fluctuate in our ignorance of our future and destiny" (E3 P59S).

"...mastered by fortune, in whose power he is, so that he is often forced to follow the worse, although he sees the better before him." (E4 pref).

H.11

Spinoza's psychological guide (self-help)

**E5 P20S** "[T]he power of the mind over the affects consists in..." five tactics!

**H.** 9

**H.**12

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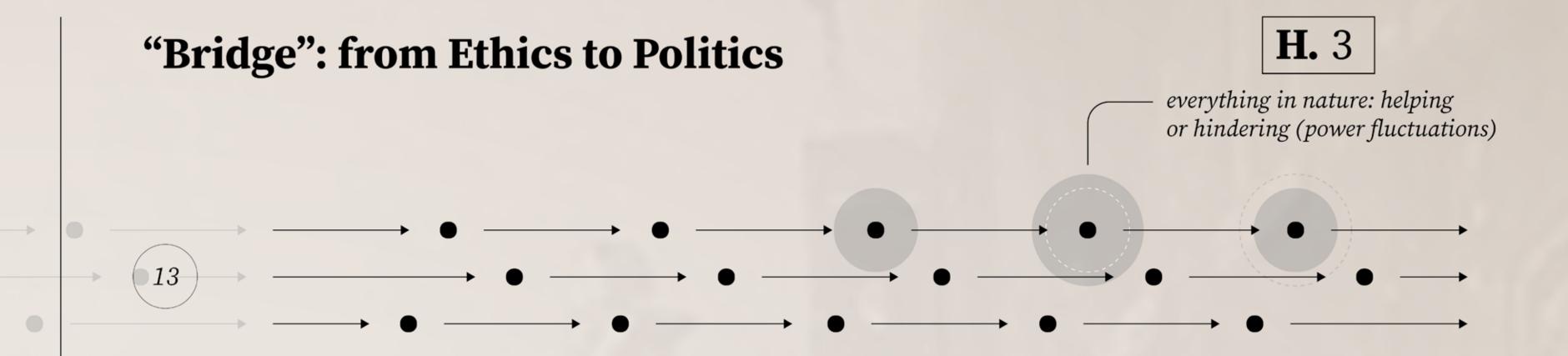
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## l Framework



"So far as men live in conformity with the guidance of **reason**, in so far only do they always necessarily **agree in nature**" (E3 P36)

Homo homini Deus

"In so far as men are **subject to passions**, they cannot be said to agree in nature" (E4 P32). "In so far as men are agitated by affects which are passions **can they be contrary to one another**" (E4 P34).

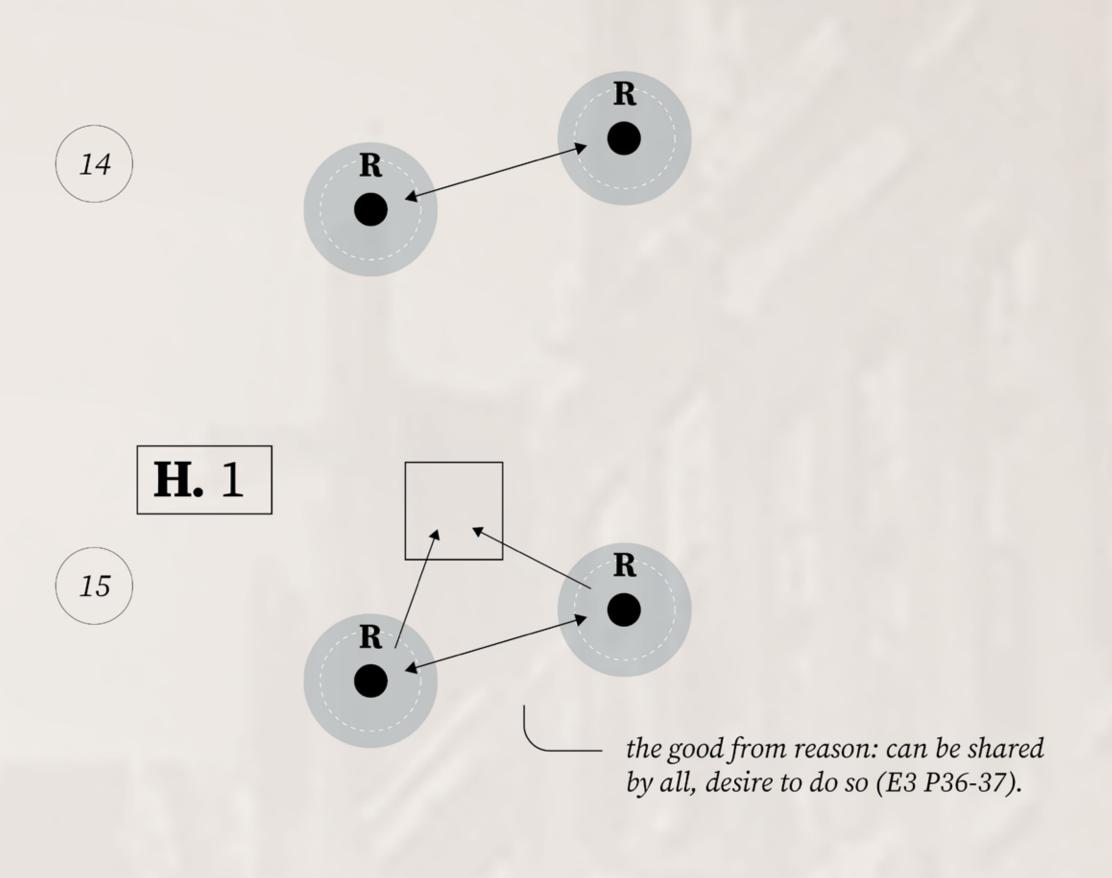
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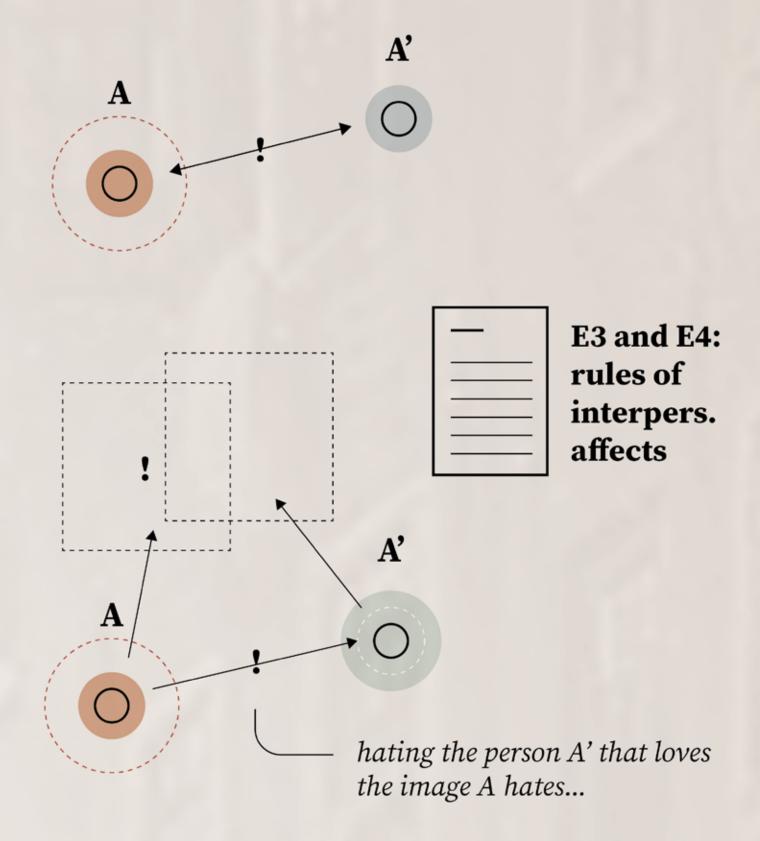
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Homo homini Deus

"In so far as men are **subject to passions**, they cannot be said to agree in nature" (E4 P32).

"In so far as men are agitated by affects which are passions **can they be contrary to one another**" (E4 P34).





hating the person A' that loves the image A hates...

### POLITICAL THEORY

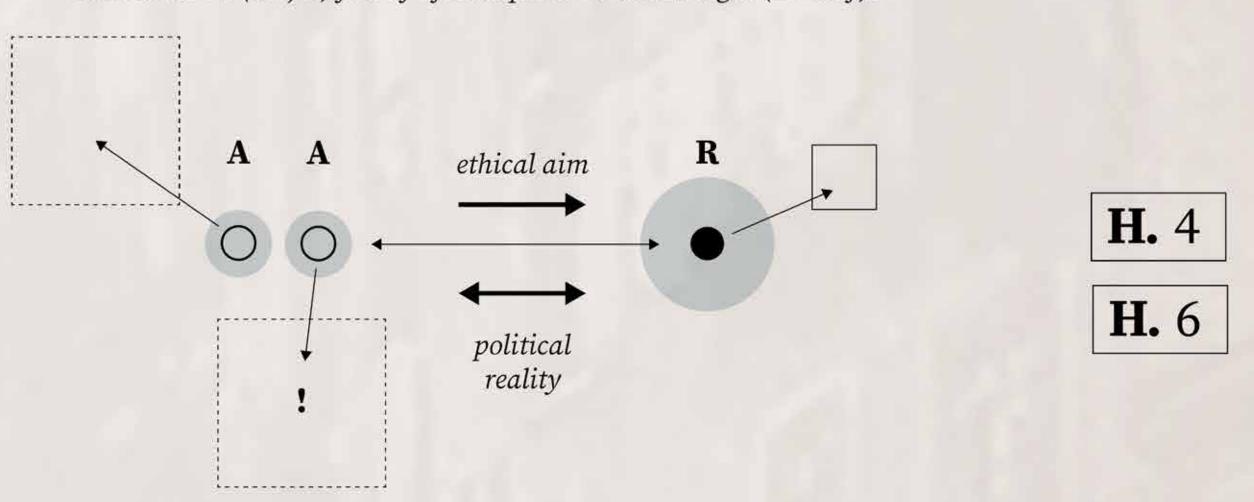
#### No utopias

16

**H.** 8

see E4 App.30

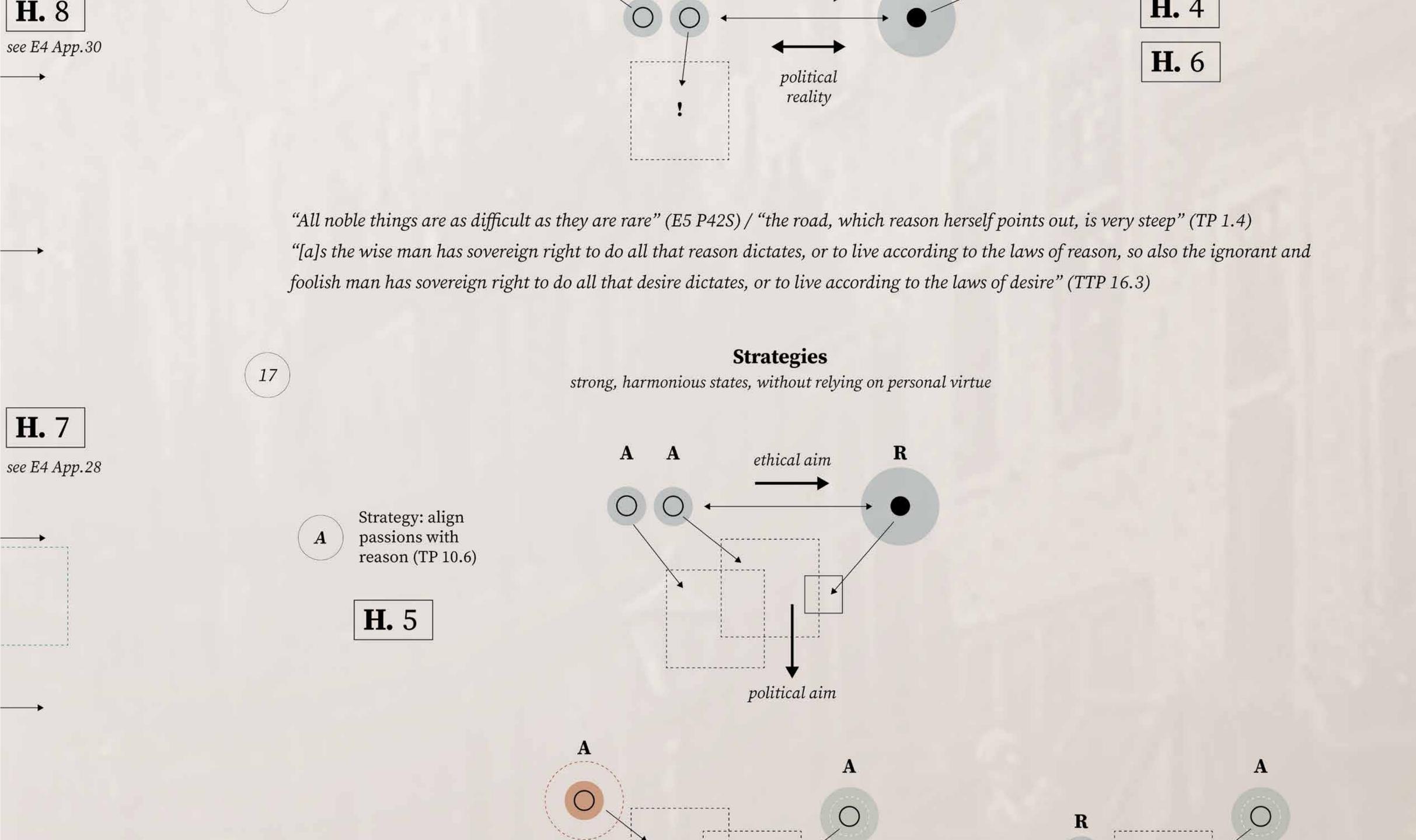
Passions are a (major) fact of life. No point in lamenting it (E3 Pref).

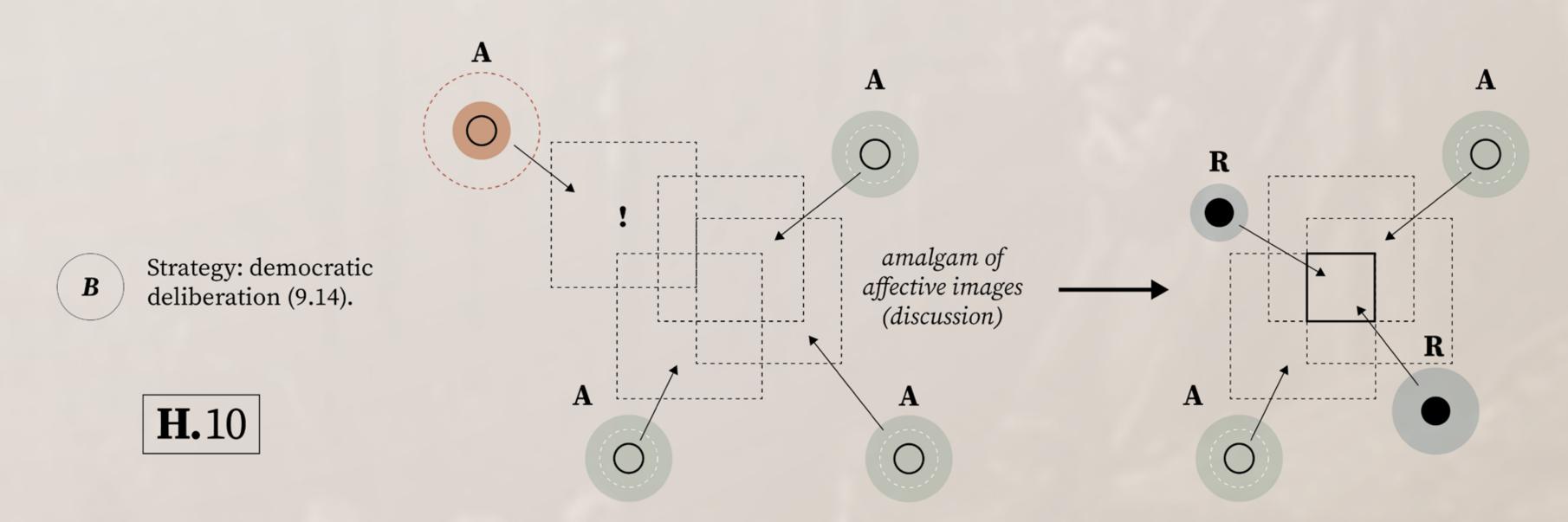


"All noble things are as difficult as they are rare" (E5 P42S) / "the road, which reason herself points out, is very steep" (TP 1.4)

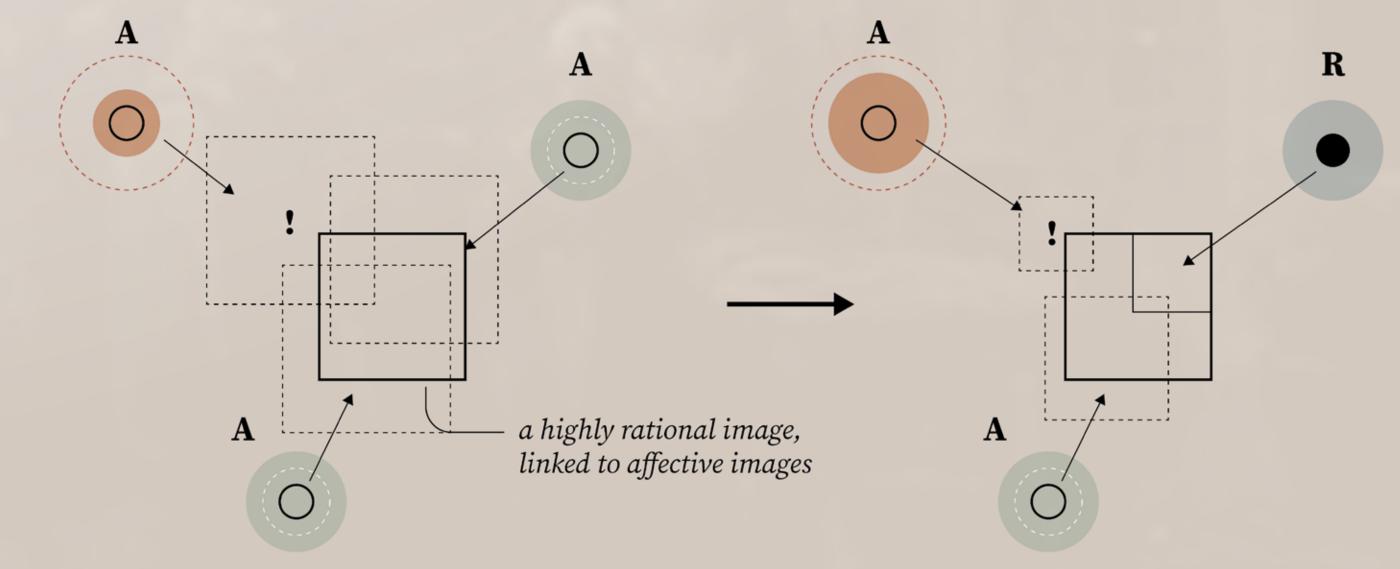
"[a]s the wise man has sovereign right to do all that reason dictates, or to live according to the laws of reason, so also the ignorant and foolish man has sovereign right to do all that desire dictates, or to live according to the laws of desire" (TTP 16.3)

### **Strategies**





"...they at last discover [that] which they want, which all approve, but no one would have thought of in the first instance."



le (self-help)

**H.** 9

**H.**12

C Strategy: institutions, cultural, images, etc. that mitigate the passions (virtuous political leadership).

**H.** 2



Back to the Island...

