Yuqian Jiang 5814480 MSc Urbanism Planning Complex Cities

# The integrated and socio-ecologically resilient development of desakota in the context of shrinking cities in Liaoning, China



# Live in Between

#### Live in Between

The integrated and socio-ecologically resilient development of desakota in the context of shrinking cities in Liaoning, China

#### P5 Report

Submission date

18 June 2024

Author Student Number

Yuqian Jiang 5814480

Dr. Lei Qu (Chair of Spatial Planning & Strategy) Dr. Alexander Wandl (Chair of Environmental Technology & Design) Second mentor

Graduatin Studio

First mentor

Planning Complex Cities

M.Sc. Urbanism

| 2

Faculty of Architecture and the Built Environment Delft University of Technology The Netherlands

For my hometown - Liaoning

献给我的家乡辽宁



生于斯,长于斯,念兹在兹。

In September last year, I finalized the topic of my graduation project as a study on the desakota in Liaoning. At first, I just thought that it was my hometown after all, and I would be more familiar with doing research there. One day when I was searching for data, looking at those familiar names, I suddenly thought of Shi Tiesheng's words: "Once I have to leave it for a long time, how will I miss it. How will I miss it and dream about it. How will I not dream of it because I don't dare miss it." At that moment along with the missing, there was an emotion called longing. I suddenly longed to know more about the decline of Liaoning, about the loneliness of the peri-urban, and about those who loved their hometown but had to leave it.

This project was accomplished thanks to the help of many people. First of all, I would like to thank my mentor Lei. During the one-year study, she was never absent, and met me almost once a week. I don't think I'm a gifted person, so I couldn't figure out a lot of problems at once, but Lei always guided me patiently. I once told my friend that every time I get lost in this study, I felt like I was drowning, and Lei was the lifeguard. Her tireless teaching helped me to see the light when I was stuck and eased my anxiety. I would also like to thank Alex, my second mentor, for making the meetings relaxed and always encouraging me to express myself. His in-depth insights into the peri-urban area helped me immensely. I would also like to thank my uncle for connecting me with the planning institutions, governments, village committees, and factory owners, which made my interviews go incredibly smoothly.

In this early summer at the end of this project, I always think back to the winter a few months ago.

It was February when the fieldwork was conducted, and it was a cold winter in Dalian, with snow still melting in the ridges of the fields. My mom and dad drove me to the villages around Wafangdian, from Changxing Island to the South of Wafangdian, and from the south to the north, carrying a thick pile of questionnaires and gifts for the villagers. One day it was very windy. Mom was in the passenger seat and told me her knees were a little sore from the cold, then after a while she said: But why is a field trip with you so much fun? That day, my father climbed up a small hill to record a video for me. I couldn't find him and was a little impatient waiting for him in the cold wind. I clicked on that video two months later, and the unsteady picture was mixed with the sound of whistling wind and my dad's explanation with a slight accent. His tone was probably slightly smug, saying, "You can see almost all of the village from this hill."

This project has come to an end, but my curiosity and exploration of this field will not stop. Even though the future is still unknown, I will be excited to start again even if I fall down.

Outside the window, the rain has stopped, and occasionally there are a few birdsongs. This is my second summer in the Netherlands.

# **ACKNOWLEDGEMENT**



As I write these words, it's drizzling outside. This is my second summer in the Netherlands.

# CONTEXT

Motivation The Introductin of Liaoning Megaregion Urban Shrinkage in Liaoning Historical Analysis of Liaoning The Development of Desakota in Liaoning

# 2

#### PROBLEMATIZATION

Problems Faced by Desakota in Liaoning Problem Statement Knowledge Gap & Relevance

## Live in Between

# 4

## METHODOLOGY

Sub-Research Questions Main Methods Methodological Framework Work Flow

# 5

## CASE STUDY – Wafangdian

Introduction of Wafangdian Distribution of desakota in Wafangdian Problems of desakota in Wafangdian Advantages of Desakota of Wafangdian Cooperation between Desakota Vision of Wafangdian 6

## CASE STUDY – Beiwang Village

Overview of Beiwang Village Elemental Analysis of Beiwang Village Socio-ecological degradation of Beiwang Village Current Planning Process



#### CONCEPT

Research Aim Main Research Question Theoretical Framework Conceptual Framework





#### ADAPTIVE PLANNING

Why Scenario Building Compare Different Scenarios Principle Framework Evaluation of Scenarios No-regret Strategies Summary of the Adaptive Planning Process



## Abstract

As a result of extended urbanization caused by the expansion of urban activities to the periphery and beyond and in-situ urbanization in rural areas, many peri-urban areas with a mix of agricultural and non-agricultural activities have emerged in Liaoning, which can be described as 'desakota'. These widely distributed desakota are neglected in planning, leading to marginalization and socio-ecological degradation, and the socio-ecological systems of desakota are further affected by urban shrinkage. Therefore, desakota in Liaoning cannot innovate and transform into a desirable future in the shrinking context.

Socio-ecological systems are dynamic and unpredictable (Berkes, 2017). Traditional planning can only partially cope with it (Balducci et al, 2011) while adaptive planning provides more flexibility and adaptivity. Adaptive planning can enhance socio-ecological resilience in desakota from both spatial and institutional dimensions. Building on socioecological resilience, these areas increase the potential to provide socio-ecological values to the megaregion.

Therefore, in the context of shrinkage, this study aims to investigate how socio-ecological resilience can be built in peri-urban areas through adaptive planning, with attention to spatial and institutional dimensions, to counter socio-ecological degradation and achieve integrated development.

#### Keywords:

Desakota, Socio-ecological resilience, Adaptive planning, Urban shrinkage, Intergrated development



This chapter is centered around the context.

Firstly, it introduces the background of this thesis, there are many small-scale and neglected desakota scattered in China's megaregions. These areas suffer from many problems but are neglected by planning. In addition, existing studies on desakota do not focus on Liaoning, so this study is about Liaoning's desakota.

Subsequently, the basic situation of Liaoning was introduced, as well as the causes and circumstances of urban shrinkage in Liaoning. It was found that the shrinkage of Liaoning mainly occurred in the desakota areas and rural areas around cities.

The history of Liaoning's development was then analyzed.

Based on the historical analysis, the development of desakota was finally summarized into four main stages and a dual-track process.

| 11 |

#### CONTEXT

#### **1.1** Motivation

As a result of urban expansion and rural transformation, a large number of small-scale, dispersed desakota have emerged in China's megaregions. These areas are characterized by intensive land use with a combination of agricultural and industrial land. And there's an integration of agricultural and non-agricultural activities in desakota. As an intermediate zone between urban and rural areas, the desakota has a landscape and structure that are different from both.

The desakota is usually close to big cities and as an appendage of the urban area, it has been producing what the city wants and accommodating what the city does not want. As a result, desakota has suffered more negative externalities than the benefits it receives from the metropolis (Endemann, 2019), leading to high levels of pollution, population loss and other problems.

Despite many problems, these areas have been neglected in the planning process. With the Chinese government's increasing focus on non-urban areas, many planning projects are being implemented in villages with favorable

| 12

landscapes ('beautiful countryside construction') or in ancient towns with historical heritage ('historic towns conservation'). In contrast, there is no specific planning policy for the very common mixed industrial-agricultural desakota, which makes the revitalization of desakota almost hopeless.

As more and more scholars take notice of these neglected areas, many desakota-related studies have been conducted. However, most of these studies have focused on thriving megaregions such as the Yangtze River Delta, the Greater Bay Area, and Jing-jin-ji Megaregion. Megaregions like Liaoning, which are suffering from urban shrinkage, have gone unnoticed. Yet the problems faced by desakota in this context are even more severe. Therefore, this study will focus on desakota in Liaoning.



Fig.1 Farmer works in desakota Source see Appendix



Fig.3 Abondoned buildings in desakota Photographed by author



Fig.2 Big factories in desakota, Beiwang Village Photographed by author



Fig.4 Low environmental quality of desakota Photographed by author

#### 1.2 The Introductin of Liaoning Megaregion

Liaoning is a province in the north east of China with 41.97 million people. There are 14 cities in Liaoning with a total area of 148,600 square kilometers. The pillar industries of Liaoning are: chemical, non-ferrous metal, ship, machinery, and electric power.

Liaoning's population has continued to decline over the last 10 years, with GDP declining in 2015 and remaining relatively flat with no significant growth. This is mainly due to the fact that Liaoning, as a heavy industrial city, has undergone structural economic reforms that have led to the decline of the secondary industry(Ma & Chen, 2016).







Population density of China and 14 cities in Liaoning Province Data based on Worldpop, made by author

Liaoning, as a megaregion, has a lower population density and GDP compared to other megaregions in China, meaning that Liaoning is less competitive compared to other megaregions. According to the Liaoning Statistical Yearbook for 2022, in recent years, the proportion of migrant workers from Liaoning working in other provinces has fluctuated, but it has increased compared to ten years ago.

This is one of the reasons why the population of Liaoning has been decreasing.

Boundary of Liaoning





Population density

GDP

//// Realm of megaregion

Location of megaregion - Liaoning

Population density & GDP distribution in China Made by author

#### CONTEXT

#### 1.3 Urban Shrinkage in Liaoning

The concept of shrinking cities was first introduced in 1988 by Häußermann and W. Siebel to describe cities that are hollowing out due to population loss. SCIRN1 defines a shrinking city as one that (1) has a total population of 10,000 or more. (2) has been losing population for more than two years. (3) is experiencing a structural economic crisis. A city that meets all three of these conditions is a shrinking city (Long & Gao, 2019).

According to Wang et al. (2022), there are four main reasons for urban shrinkage globally, which are (1) industrial decline (which is also the most common reason). Although industrialization has led to the urbanization of many cities around the world, these cities are gradually losing their competitiveness and eventually going into decline due to homogenization of the industrial structure and de-industrialization. (2) Low land utilization has led to housing vacancy and hence the phenomenon of land finance2. (3) The construction of modern infrastructure facilitates the inflow and outflow of population. (4) Passive siphoning in small and medium-sized cities. The concentration of infrastructure and intangible assets in large cities causes a massive loss of population from surrounding small cities (Wang et al., 2022). Fan (2019) indicates that urban shrinkage in Northeast China is mainly due to the decline of the secondary

industry as a result of 'de-industrialization' from

2000-2010. This is the most important reason

why Liaoning started its urban shrinkage.

| 16

Ma & Chen (2016) studied the population loss of cities (including county cities) at all levels in Liaoning Province from 2010-2014 and found that the main shrinkage in Liaoning was in county-level cities3 (i.e. xianjishi) and counties, and most of the shrinking population was the rural population in the urban areas. The main reasons for the urban shrinkage of Liaoning cities include (1) demographic changes. Liaoning has shown low fertility rates and low fertility intentions in recent years, which, together with a net outflow of population (Ma & Chen, 2016), has exacerbated urban

shrinkage. (2) Regional economic changes. Population movement in Liaoning is dominated by intra-provincial migration. Guan et al.'s (2020) study also indicates that young laborers from rural areas in Liaoning province migrate to nearby small and medium-sized cities, and then, together with the residents of these cities, move into the Shenyang Economic Zone or the Liaoning Coastal Economic Belt, no longer returning home for agricultural activities. However, due to the weakening competitiveness of the middle and southern parts of Liaoning (i.e. Liaozhongnan), the growth rate of the floating population has slowed down (Ma & Chen, 2016). (3) Changes in industrial structure. Although the decline of the second industry4 due to de-industrialization was an important reason why Liaoning began to shrinkage, in recent years Liaoning's urban shrinkage has been mainly due to population loss from the decline of the third industry5 (Ma & Chen, 2016). (4) Changes in the economic environment. The global financial crisis in 2008 caused the decline of Liaoning's export processing industry, which led to a massive decrease in industry-related personnel. In addition, the large number of bankruptcies of private enterprises also led to the population loss in Liaoning (Ma & Chen, 2016).

In summary, the causes of urban shrinkage in Liaoning are multifactorial. Population loss occurs mainly in county-level cities or counties near the cities and is manifested in the loss of rural population. This suggests that the desakota of Liaoning is suffering from population loss. The specific effects of urban shrinkage on desakota will be elaborated in Chapter 2.

1. SCRIN refers to Shrinking Cities International Research

2. Land finance refers local governments in China rely on

one of the administrative administrative district.

4. The second industry refers to sectors for reprocessing primary products, like manufacturing, etc.

5. The third industry providing various and consumption.



#### Pop2020/Pop2010



Shrinking cities in China, 2000-2010 Source: Long, 2016. Edited by author

|17|

#### 1.4 Historical Analysis of Liaoning

| 18 |

The development of Liaoning can be summarized in six main periods, each of which was greatly influenced by national policies. The structural transformation of the economy has taken Liaoning from a thriving city of heavy industry of national importance to a province experiencing shrinkage today. See the Appendix for detailed explanation of each stage.



Urbanization Rate/%

80	
70	
60	
Urbanization rate of Liaoning	
Urbanization rate of China	
Population of Liaoning	



1978-1990

The Boom Period

The Growth-oriented Period

Historical Analysis Collage of Liaoning Source: See Apendix. Made by author

------

|19|

2010-?

## Nowadays

Population /million

50
40
 20
10

#### 1.5 The Development of Desakota in Liaoning

Based on the above historical analysis, the development of desakota can be summarised in four main stages and a dual-track process.

#### 1.5.1 Four Stages in the Development of Desakota

The Initial Stage is the beginning of rural industrialization. As a result of the implementation of the 'hukou' system1 in 1958, the urban population was vigorously compressed and part of the urban residents were sent back to the rural areas (Lu, 2006), resulting in a significant increase in surplus rural labor, which could not be accommodated by the side industries in rural areas (Zhang et al., 2016; Tian & Guo, 2019). During this period, the government encouraged the establishment of communes2 and collectively managed industries in rural areas to alleviate the surplus rural labor force. The development of rural industries, infrastructure, and public services added a layer of industrialization to the structure of the agricultural economy (Q. Zhang, 2023). However, rural industries at this time were small-scale communal industries that were not competitive and had low economic <sup>20</sup> contributions. Nonetheless, this period can be

seen as the beginning of rural industrialization which laid the foundation for the explosion of non-agricultural activities in the 1980s and 1990s (Friedmann, 2005; Zhu, 1999) and the subsequent transformation of the rural areas into semi-industrial and semi-agricultural desakota.

The Development Stage can be seen as the process of in-situ urbanization of rural areas. Reform and Opening Up4 liberated rural productivity and promoted the development of the rural economy (Lu, 2006). The relaxation of control over the rural economy led to the flourishing of township and village enterprises5 (TVE) in rural areas. These TVEs were formerly communal industries, and they accommodated a large number of rural agricultural laborers (Q. Zhang, 2023). The prosperous development of TVEs adjusted the industrial structure of rural areas, leading to the emergence of plenty of semiindustrial and semi-agricultural rural areas. Q. Zhang (2023) states that the development of TVEs also led to a change in the rural landscape. As the income of the rural population increased, the demand for diversified food increased.

1. Hukou is a system of It was divided into non-agricultural hukou. It was launched to control the urban population.

governmental, political, and economic functions and was commonly known for collectivizing living and working

3. Reform and Opening Up is China's policy of reforming internally and opening up to the outside world that was implemented in 'household contract responsibility system 'in rural areas and the implementation of a CONTEXT

The traditional paddy fields were partly replaced by orchards, fishponds, and vegetable fields. Overall, during this period, rural areas began in-situ urbanization as a result of the intensive development of TVEs, creating a large number of semi-agricultural and semi-industrial desakota, which changed the traditional texture and landscape of the rural areas. This process can be viewed as active.

This was followed by the Transitional Stage, a process of passive in-situ urbanization. During this period, China began to focus on cities as centers of development, and development and industrial zones5 (i.e. kaifagu) dependent on global investment and targeting global markets were built in large numbers (Q. Zhang, 2023). Due to factors such as short industrial chains and less investment, many TVEs could not compete with the industrial zones and eventually closed. At the same time, the rapid development of cities attracted the rural population to re-enter urban areas, and the rural population shrank. To absorb more residents, cities began to expand to the urban fringe and periphery. Rural areas began to passively carry the spillover functions of the cities, and a large number of industrial zones and high-rise residential buildings appeared around rural areas, which to a certain extent changed the original texture and structure of

.957	77 1990		1977 1990		2010	
The Initial Stage	The Development Stage	The Transitional Stage				
Beginning of Rural Industrialization	In-situ UrbanizationIn-situ UrbanizationActive processPassive process		iral In-situ Urbanization In-situ Urbanization Active process Passive process			
Development of small-scale communal industries with low competitiveness and economic contribution.	Vigorous development of TVEs, adju- sting the structure of rural industries & forming semi-industrialized, semi- agricultural rural areas.	Rural TVEs went into decline and wa replaced by industrial zones. While citie are expanding, and rural areas ar passively carrying spillover function from cities.	S S E S			

## rural areas (Endemann, 2019).

Nowadays, desakota, as very common and ordinary in-between areas with neither favorable landscape conditions nor historical monuments, are often neglected in the planning process. Despite the government's emphasis on integrated urban-rural development, the guiding principles for desakota development remain very vague in the policy documents. Therefore, change is imminent if the revitalization of desakota is to be realized.

4. Township and village enterprises refers to collective, cooperative and individual enterprises organised by farmers.

industrial zones known as (开发区) in Chinese areas approved by the government to be established within urban planning zones to implement specific

|21|



#### Lack of planning guidelines

The government emphasizes integrated urban-rural development, but there are no clear planning guidelines for normal desakota areas.

#### CONTEXT

#### 1.5.2 The Dual-track Process

The formation of desakota is driven by a combination of external and internal factors, and its development can be viewed as a dual-track process (Endemann, 2019).

In the context of rapid industrialization and economic development, the quest for economies of scale and agglomeration has led to the development of megaregions in China, which continue to attract migrants and factories. However, they cannot be accommodated by the urban areas, ultimately leading to the expansion of urban activities to the periphery or beyond (Endemann, 2019). This process has led to a great deal of extended urbanization throughout the country, as it has in Liaoning. The rural areas in Liaoning are surrounded by industrial zones and high-rise housing, and their landscape and fabric are different from the traditional rural areas.

At the same time, due to the implementation of policies such as Land Reform, the Hukou System, and Reform and Opening Up, the

rural areas of Liaoning began to undergo a bottom-up transformation. In order to relieve surplus agricultural labor, rural areas began to industrialize. This process led to the creation of a large number of small-scale, decentralized township and village enterprises in rural areas. These enterprises absorbed the surplus agricultural labor in rural areas, changed the rural texture and landscape (Q. Zhang, 2023), and created a large number of semi-agricultural, semi-industrial desakota. This process is the insitu urbanization of rural areas, which is also the internal driving force for the formation of desakota.

The two processes mentioned above, as both external and internal forces, have together led to the peri-urbanization of the rural areas in Liaoning and the formation of widely spread, unorganized, and dispersed desakota in the megaregion.





| 22 |



23

Dual-track process of the formation of desakota Source: See Apendix. Made by author

Desakota in Liaoning, Source: Quan, 2023



This chapter focuses on the problematization of desakota.

It first analyses the problems faced by desakota in Liaoning. Due to the lack of planning, desakota is at risk of marginalization and socio-ecological degradation. In addition, urban shrinkage puts pressure on desakota's social-ecological system. This chapter demonstrates the problem of marginalization through empirical evidence in the form of low population density and GDP, low availability of public services, and low infrastructure accessibility. As well as the problem of socio-ecological degradation of desakota, which is reflected in air pollution, water pollution, and the abandonment of arable land. In addition, the urban shrinkage has also led to problems of the aging population, land and environmental degradation, and increasing urban-rural income and employment gap in desakota, which further affects desakota's socio-ecological system. Based on the above empirical analysis, the chapter then presents the Problem Statement. In the end, the existing knowledge gaps on desakota are analyzed through a literature review.

| 25 |

#### 2.1 Problems Faced by Desakota in Liaoning

The desakota in Liaoning faces two main problems, one is neglected in planning and the other is affected by urban shrinkage. These two problems in turn lead to marginalization and socio-ecological degradation which are explained in detail in the following section.

#### 2.1.1 Neglected in Planning

In recent years, the Chinese government has been paying more attention to non-urban areas and has introduced many relevant policies, such as 'the construction of beautiful villages' and 'the preservation of historical towns'. However, these policies and planning projects mainly focus on villages with good landscape conditions or ancient towns with historical monuments. However, ordinary and featureless desakota with a mixture of industrial and agricultural activities are still neglected in planning.

In the "Liaoning Provincial Land Spatial Plan 2020-2035", it is not possible to find a clear related planning principle for desakota. The few descriptions of what is relevant in similar areas are also very vague. For example, when it comes to "promoting the optimization of agricultural layout", it mentions that it should "implement a classification guide for villages and enhance the development capacity of villages." The document divides villages into four categories based on population, location, and development trends. However, the unclear classification criteria and the lack of specific guidelines make the future development of desakota still ambiguous.

26

In "Liaoning Province's '14th Five-Year Plan' for High-quality Development of Urban and Rural Construction (2021)", it is proposed that infrastructure, public services, and the appearance of villages and towns should be improved. Despite the planning principles, there is still a lack of clarity on exactly how to implement them. It's clear that the Liaoning government intends to focus on the development of non-urban areas, but the overall aim is still to develop the cities, and desakota has been neglected in the planning process.

Due to neglect in the planning process, desakota is facing marginalization and socio-ecological degradaitton.

#### 4.2 促进农业布局优化

#### □ 实施乡村分类引导,提振乡村发展能力



集聚提升类 适度投放建设 用地增量指标, 引导人口产业 色保护类 强化资源保护、 设施配建, 鼓 励土地复合利 用、存量盘活。



Division of 4 types of villages Source: Liaoning Province Spatial Planning 2020-2035



#### Liaoning provincial spatial masterplan

Edited by author, based on Liaoning Province Spatial Planning 2020-2035



Spatial structure plan of towns in Liaoning province Edited by author, based on Liaoning Province Spatial Planning 2020-2035

| 27 |

28

#### ■ Low population density, GDP and employment

One manifestation of marginalization is that desakota exhibits low population density, low GDP contribution, and low employment. Because of very few job opportunities and low incomes in desakota, the population flows to relatively economically developed cities such as Shenyang and Dalian. This also exacerbates the gap between urban and rural incomes and employment.

Although the income of the rural population in Liaoning Province has been increasing year by year, the income gap between urban and rural areas is still wide. As a result, the scale of rural labor migration has been expanding in recent years. Migrant workers1 mainly choose to work close to their homes in the province as opposed to traveling out for work (Zhang,

2023). They are mainly engaged in manufacturing, construction, residential services, maintenance and other services, and wholesale and retail trade. They are mainly engaged in manufacturing, construction, maintenance and other services, and wholesale and retail trade.

1. Migrant workers refer to people with agricultural household registration who work in local township enterprises or go to the towns to work.



Comparison of disposable income of urban and rural residents in Liaoning 2010-2021 Made by author, data based on Liaoning Statistical Yearbook 2022





Population density and GDP of cities in Liaoning 2021 Made by author

#### Marginalization

| 30

#### ■ Low availability of healthcare and schools, low accessability to infrastructure.

Another manifestation of marginalization is the low availability of public services and low infrastructure accessibility in desakota. Healthcare and schools are mostly concentrated in the big cities, most of the healthcare facilities in desakota are clinics and small-scale hospitals, and the educational resources in desakota are poor, which are the reasons for the continuous flow of population from desakota to the neighboring big cities.

Besides, the low accessibility of the infrastructure makes desakota more difficult to reach. Low availability of public services and low accessibility to infrastructure makes desakota more marginalized in the megaregion, which is a vicious circle.



Fig.5 Low-quality healthcare in desakota in Fuxin Source: Internet, See appendix



Fig.6 Low-quality middle school in desakota in Chaoyang Source: Internet, See appendix





Healthcare and school heat map of Liaoning Made by author

| 31 |

#### Socio-ecological degradation

Ecosystems are being degraded as a result of the excessive pursuit of economic efficiency in human activities at the expense of the environment. Degraded ecosystems are unable to provide diverse ecosystem services, which in turn affects social systems and creates problems. Social systems then put pressure on ecosystems, creating a vicious circle.

#### ■ Air pollution

| 32 |

The main air pollutants in Liaoning are nitrogen oxides, carbons, and SO2, mainly from industrial processes, power generation and road transportation. Air pollution is mainly concentrated in urban and industrial areas, thus desakota with plenty of industries faces serious air pollution. In addition, due to the remoteness of the desakota which makes it difficult to regulate, many factories emit exhaust gases freely, which seriously affects

the air quality of desakota and reduces the availability of fresh air.

The eastern part of Liaoning Province has less air pollution, not only due to fewer factories and cities but also because of the ecosystem services2 of regulating3 provided by the large forests in the east.

the direct and indirect (known as natural capital) provide for human wellbeing and quality of

2. Ecosystem services are

3. Regulating refers to the services nature provides that regulate the environment, such as air and water purification. (MEA, 2005)







Fig. 7 A mining factory in Chaoyang is working Source: Internet, See appendix



Fig. 8 Air pollution from a rural factory in Chaoyang Source: Internet, See appendix

PROBLEMATIZATION



Air pollution and industrial heat map of Liaoning 2018 Made by author

#### Socio-ecological degradation

#### ■ Water pollution and water shortage

Another manifestation of socio-ecological degradation in Liaoning is water pollution and water shortage. Liaoning faces water pollution problems due to industrial, agricultural and domestic sewage discharges. One of the most polluted rivers is the Liao River Basin, mainly due to pollution from large agricultural lands and industrial areas along the river. Plastic pollution has also been detected in several river inlets, which harms the marine environment. Desakota, an area with a large mix of agricultural and industrial land, faces more serious water pollution problems than the city.

Another problem is water scarcity. Agriculture in eastern and western Liaoning faces water stress due to uneven distribution of water resources and seasonal water shortages.

In summary, human activities stress the water system and restrain the ecosystem services of provisioning4 and regulating freshwater, leading to low availability of freshwater and negative impacts on social systems.

4. Provisioning refers to from ecosystems, such raw material, etc. (MEA,





Fig.9 Rubbish piles up on the riverbanks in Jinzhou Source: Internet, See appendix



Fig.10 Water pollution from a rural factory in Chaoyang Source: Internet, See appendix



Water pollution and water shortage in Liaoning Made by author

35

#### Socio-ecological degradation

#### Abandonment of agricultural land

The main food products in Liaoning Province are corn, rice, soya beans and peanuts, etc. In recent years, the food production in Liaoning has increased slightly, but the population engaged in agriculture, forestry and fisheries has decreased in the past three years, which is mainly due to the lower income from agriculture, and people have turned to other industries. However, the modernization of agriculture has increased, so food production has not been affected for the time being. In addition, due to soil erosion, some of the farmland in Liaoning has suffered from soil degradation and declining yields. In some areas, there has been subsidence of agricultural land due to industrial impacts such as mining,

36

leading to the abandonment of agricultural land.

In conclusion, due to population loss, soil degradation, and land subsidence, a large amount of farmland in desakota has been abandoned, which will affect the environment and food availability over time, and the ecosystem services of provisioning will also be restrained.





#### Food production of Liaoning 2014-2021

Made by author, data based on Liaoning Statistical Yearbook 2022



Cropland loss in 2003-2019 and food production in 2021 Made by author, data based on Liaoning Statistical Yearbook 2022

#### 2.1.2 Influenced by Urban Shrinkage

The total population of Liaoning Province has been declining over the past decade, with an overall trend of shrinkage. Urban shrinkage occurs mainly in small cities (di ji shi), and due to the siphon effect, the population mainly flows to relatively economically developed cities such as Dalian and Shenyang. Specifically, population loss occurs mainly in exurban areas with monotonous economic structures, i.e., desakota and rural areas. Liaoning's urban shrinkage has exacerbated the population loss in desakota, exposing it to additional negative impacts. This is reflected in an aging population, land and environmental degradation, and increased urban-rural income and employment inequality. As a result, urban shrinkage has also had negative impacts on desakota's social-ecological system.

#### Aging population

38

Urban shrinkage has drained desakota of its young and middle-aged population, exacerbating the aging population. This is also reflected in the decline of the entire rural labor force. A study by Guan et al. shows that although the growth rate of the aging population in Liaoning has slowed down, the overall trend is still rising. By 2010, nearly 32% of districts and counties had a more serious aging problem, mainly in the inland counties of western, northern, and central Liaoning. Most urban areas in Liaoning have higher levels of aging population than rural areas. However, rural areas in western Liaoning, northern Liaoning, and several coastal cities

have higher levels of aging than urban areas, suggesting that the out-migration of the rural working-age population from these areas has exacerbated the aging process in rural areas (Guan et al., 2020). In addition, as can be seen from the map on the right, most of the counties with higher levels of aging are located around big cities, due in large part to the siphoning effect of big cities. These higher aging counties are distributed with a large number of desakota, which again proves that the desakota in Liaoning are experiencing aging problems caused by population loss.





#### Rural households, employed population and labor 2014-2021

Made by author, data based on Liaoning Statistical Yearbook 2022

High level of aging population Middle level of aging population Population aged ≥60  $\bigcirc$ Population aged 35-59 Population aged 18-34 Population aged ≤17 City

| 39 |

Age structures of cities in 2021 in Liaoning Made by author, data based on Liaoning Statistical Yearbook 2022 and Guan et al., 2020

#### Land and envirionmental degradation

Due to lack of capital, materials, and energy, some township and village enterprises (TVE) in desakota closed down and these abandoned factories have gradually turned into vacant land (Ma et al., 2018). Due to population loss, some houses have also been left vacant. In addition, because of soil erosion and degradation, many agricultural lands in desakota have also been abandoned. The above reasons have resulted in a large amount of wasteland in desakota, which further contributes to land and environmental degradation.



Fig.11 Vacant house in desakota in Dalian Source: Internet, See appendix



Fig.12 Abandonment of large areas of arable land in Pulandian Source: Internet, See appendix



Fig.13 Abondonment of TVE in desakota in Shenyang Source: Internet, See appendix

#### Increased gap of income and employment between urban and rural areas

As mentioned above, a large part of Liaoning's urban shrinkage comes from the loss of population in desakota, which indirectly leads to an increase in the income and employment gap between urban and rural areas. Despite the increase in disposable income per capita in both urban and rural Liaoning over the period 2014-2021, the gap remains significant. Due to overdependence on cities and lack of industrial support, desakota has become less functionally diverse, resulting in fewer employment



40

opportunities. Most of the labor is forced to move to cities in search of job opportunities, widening the inequality between urban and rural employment and income (Ma et al., 2018), which in turn strengthens the urban-rural dual economic structure and then hinders the development of residents' welfare (Ding et al., 2024).

Urban-rural employment and income gap in Liaoning 2014 -2021 Made by author, data based on Liaoning Statistical Yearbook 2022

|41|

#### 2.2 Problem Statement

42

Desakota in Liaoning are suffering from marginalization and socio-ecological degradation due to lack of planning and neglect of the importance of ecosystems. Failing to rationalize its strengths and value, desakota lacks interaction with the rest of the megaregion. This results in the inability of desakota to integrate into the megaregion and develop together.

Human activities in pursuit of economic benefits have negatively impacted ecosystems. The capacity of ecosystems to provide ecosystem services is reduced and they are unable to meet human needs. To satisfy the demand, humans continue to cause harm to ecosystems. This leads to a vicious loop that exacerbates socio-ecological degradation of desakota. At the same time, marginalization and urban shrinkage are also stressing the social-ecological system of desakota.

Consequently, desakota in Liaoning cannot innovate and transform to a desirable future in a shrinking context. However, given their ecological and industrial adavantages and high connectivity to both urban and rural areas, desakota have the potential to provide socio-ecological value to the megaregion and and act as an interface to facilitate intergrated development.

Many scholars have noticed the in-between territories in Asia. McGee first introduced the concept of 'Desakota' in 1991. He described it as an area with a dense mixture of agricultural and non-agricultural activities, usually along the corridors of large cities, that once had large populations engaged in agriculture (McGee, 1991). Guldin pointed out that rural areas in China have undergone a transformation towards an urbanized lifestyle with the population shifting from agricultural to non-agricultural occupation (Guldin, 1996). Lin et al. examined the growth and spatiality of urbanism in peri-urban regions in southern China and identified emerging urbanization in these globalized regions (Lin et al., 2018).

In addition, there are many studies on the transformation of desakota in China. Xie et al. used landscape ecological metrics to analyze tempospatial patterns of desakota in the downstream area of the Yangtze River Delta (Xie et al., 2006). Chen et al. proposed that to achieve the transformation of desakota, traditional blueprintled planning should be transformed into actionled planning (Chen et al., 2015). Endemann explored the possible transformation of desakota in the Jing-Jin-Ji megaregion to improve its performance in environmental and social sustainability (Endemann, 2020). Zhang used the elemental approach to explore the transformation of desakota in the Yangtze River Delta by the construction of utopia (Zhang, 2023).

However, existing research on desakota mainly focuses on prosperous megaregions like the Yangtze River Delta, the Great Bay Area, and the Jing-Jin-ji megaregion, with less attention paid to Liaoning, which is experiencing urban shrinkage. The problems faced by desakota in this context are more severe, so this study aims to fill this gap and draw the attention of other researchers to this type of area through the study of desakota in Liaoning.

Some studies have discussed the relationship between resilience and adaptive planning. Davoudi (2021) states that the concept of

resilience.

adaptive planning has emerged as a result of resilience and its application to the adaptive management of social-ecological systems. Eraydin (2012) claims that a new planning paradigm can be introduced based on the concept of resilience, with adaptive capacity at its core. And this capacity can be enhanced through planning. De Roo et al. (2020) state that the discussion on resilience shifts planning from control, management, and predictability to change, transformation, and adaption. Planning can influence the adaptive capacity which is important to the process of transformation. These findings fully validate the importance of adaptive planning for building resilience. This study hopes to enrich the research on adaptive planning to enhance socio-ecological

The importance of resilience in shrinking areas is also recognized by many scientists. By reviewing the policies adopted by different shrinking cities, Eraydin and Özatağan (2021) found that new attempts are made to identify ways to cope with shrinkage based on resilience. Bănică et al. (2017) state that shrinking cities and resilient cities are two major themes that should be studied and included in policies in an integrated manner.

The aim is to contribute to the potential of periurban areas to which several studies refer. Livesley et al. (2016) show how forests in the peri-urban provide diverse ecological services. Mngumi (2019) shows how well-managed periurban ecosystem services can enhance the ability of peri-urban areas to respond to ecological and social changes. Colucci (2015) points out that by increasing the resilience of social-ecological systems, peri-urban areas can play an important role in the future development of metropolitan areas. Consequently, there is a desire to build socio-ecological resilience in peri-urban areas to explore their future possibilities.

This study aims to answer the questions mentioned above for desakota experiencing shrinkage, by building socio-ecological resilience through adaptive planning.

43



This chapter is about the concept. There are four main sections in this chapter.

Firstly, the aim of this study and the main research questions are formulated based on the analyses and problem statement in the previous chapter.

Subsequently, a theoretical framework is developed by demonstrating the theories and concepts involved and building linkages between these theories to understand what socio-ecological resilience means for desakota based on existing literature and research.

Finally, a conceptual framework is proposed by explaining how to achieve socio-ecological resilience in desakota, and how desakota can be integrated into the megaregion.

| 45 |

#### 3.1 Research Aim

To revitalize desakota through socio-ecologically resilient development and integrate desakota into the megaregion as an important role in the context of **shrinking cities**.

#### **3.3 Theoretical Framework**

Desakota, as a transition zone between urban and nature, is an area where social and ecological systems are intertwined and interact with each other. Besides, desakota has a higher level of urbanization compared to rural areas and higher ecological integrity compared to cities. Thus, desakota is the area that can well demonstrate the coupling of social and ecological systems. However, according to the analyses in the previous chapter, the socio-ecological system of desakota is degrading due to several reasons.

46

#### 3.2 Main Research Question

How to achieve the socio-ecologically resilient development of desakota in the context of **shrinking cities** in Liaoning?



Therefore, building socio-ecological resilience is particularly important if the revitalization of desakota is to be realized.

To explore what does socio-ecological resilience mean and how to achieve it in peri-urban areas, the following theories are elaborated.

Desakota in Liaoning Source: Quan, 2023

#### 3.3.1 Socio-ecological System

Socio-ecological systems are integrated complex adaptive systems in which social and ecological subsystems are coupled and interdependent, each influencing and relying on the other in a series of mutual feedback relationships (Berkes, 2017). The concept of SES was developed in the 1990s to investigate the interdependent and interactive relationships between social and ecological systems. Berkes and Folke et al. (1998) systematically analyze the social and ecological linkages through 14 case studies, aiming to address sustainability, seek principles for resource management, and help degraded ecosystems regenerate the flow of services. Subsequently, ecosystems and social systems are often discussed as one integrated system (i.e., social-ecological systems).

Unlike the conventional view of social systems and ecosystems as separate entities, socio-ecological systems are treated as a whole, emphasizing the connections and feedback between the two sub-systems, which determines the dynamics of socio-ecological systems (Biggs et al., 2022). As outlined by Berrouet et al. (2018), there are three main streams of contemporary research on the

48

relationship between social systems and ecosystems in SES, which are (1) the exploration of how ecosystems satisfy human needs by providing ecosystem services, (2) an examination of how the social dynamics of demands and utilization of ecosystem services impact ecological integrity, and (3) an exploration of how social systems and ecosystems respond jointly to endogenous and exogenous changes.

Socio-ecological systems embody the characteristics of Complex Adaptive Systems (CAS). CAS refers to a dynamic system whose components can adapt to their surroundings through evolution and interactions among the components in the face of changing circumstances (Holland, 1992). The system is complex because it contains multiple dynamic components that are interdependent with dynamic and diverse interactions between them. In addition, the behaviors of individual components within the system are unpredictable, and the collective behaviors of the system resulting from these Besides, the system is adaptive in the sense that components evolve or change their interactions with others in response to endogenous or exogenous changes in order to better adapt to the changing environment. As de Roo (2015) states, CAS fluctuates between order and chaos "seeking the best fit to develop and to progress".

The socio-ecological system as a type of complex adaptive system, has dynamic social and ecological subsystems, with continuous interactions between them, and the behaviors of these subsystems can influence the overall performance of the entire SES. Moreover, SES can maintain its structure and functionality in the face of change, responding to internal or external pressures through learning and selforganization (Levin et al., 2012). Biggs et al. (2022) note that the six principles of CAS proposed by Preiser et al. in 2018 help to understand the nature of SES. Firstly, the components of the system are highly interconnected. This reaffirms that the study of social systems and ecosystems should not occur separately: instead, it should be analyzed systematically focusing on the interactions between these

two subsystems. Secondly, the system can adapt. Mutual feedback processes between social systems and ecosystems allow SES to adapt to both internally and externally changing circumstances. Thirdly, the system is non-linear. Feedback loops can lead to sudden, large-scale, and continuous reorganization of the structure and functioning of the SES (Biggs et al., 2022). Fourthly, the system has no clear boundaries. SES coexist within, engage with, and are intricately linked to a larger environment that cannot be overlooked. Fifthly, the system is contextually determined. Many SESs can be revived by changing the roles of components when under stress. Finally, the system has complex causality. The linkages and intertwining of social and ecological systems in SES are complex, and because the subsystems are dynamic, the overall behavior of the entire SES is unpredictable (Biggs et al., 2022).





Socio-ecological system Made by author

In summary, social and ecological systems are intertwined and interdependent. Therefore, they should not be studied in isolation but should be viewed systematically as a whole, with attention to the mutual feedback between

| 49 |

them. Secondly, SES operates in a larger context, and its linkages and interactions with the rest of the megaregion should be considered when studying the SES of desakota. Thirdly, SES is complex and dynamic, adapting to a constantly changing environment. It should be recognized that planning cannot predict and control its uncertainty. Finally, as CAS adapts to unstable environments through change, viewing the SES of desakota as a CAS can help identify the conditions that facilitate or limit the desakota's adaptability (Rauws & de Roo. 2016).

#### 3.3.2 Socio-ecological Resilience

Young et al. (2006) propose resilience, robustness, and vulnerability as structural characteristics of social-ecological systems. Resilience is the core concept of sustainability and the most widely employed theory in socio-ecological change (Berkes, 2017). Resilience refers to the ability of a system to absorb disturbances and reorganize itself, maintaining its functions, structure, properties, and feedback during periods of change (Walker et al., 2004).

| 50

Socio-ecological resilience signifies the capacity of the socio-ecological system to maintain its identity and main functions in response to change (Berkes, 2017; Walker et al., 2004). Berkes (2017) states that resilience is the characteristic of the socio-ecological system as a whole, not only the social system or ecosystem

alone. Carpenter et al. (2001) propose that socioecological resilience encompasses the system's capacity to (1) remain in the same state based on its ability to absorb disturbances, (2) self-organize, and (3) build and enhance its capacity to learn and adapt. Building on this, Folke (2006) suggests that resilience, in addition to absorbing shocks and maintaining functionality, involves the ability to renew, reorganize, and evolve. For a resilient social-ecological system, disturbances and changes should serve as catalysts for the system to innovate and develop.

Therefore, socio-ecological resilience implies not only the preservation of identity and functioning in the face of change but also the ability to innovate and transform towards a more desirable state (Folke, 2006)



#### Socio-ecological resilience Made by author

3.3.3 Healthy Ecosystem

Costanza et al. (1992) note that a healthy ecosystem "is active and maintains its organization and autonomy over time and is resilient to stress". An ecosystem is unhealthy if its lifespan is unnaturally shortened by disturbances and bad outcomes occur prematurely (Costanza & Mageau, 1999). Costanza and Mageau (1999) propose ecosystem health as a "comprehensive, multiscale, dynamic, hierarchical measure of

system resilience, organization, and vigor". According to their study, vigor refers to the ability of activity, metabolism, and primary production of the system. Organization refers to the number and diversity of interactions between system components. Resilience refers to the ability of a system to maintain its structure (organization) and function (vigor) in response to stress(Costanza & Mageau, 1999).



#### Healthy ecosystem Made by author

In resilient social-ecological systems, healthy ecosystems enhance human well-being by providing stable ecosystem services to the social system. Hernández-Blanco et al. (2022) propose that the vigor and organization of healthy ecosystems can provide ecological functions, deemed as ecosystem services when they yield benefits to humans. These ecosystem services are broadly categorized into supporting, providing, regulating, and cultural aspects. According to Yamafuji and Woods (2021): (1) Supporting services revolve around meeting the needs of both humans and natural systems and enable the functioning of the other three services. (2) Provisioning services entail the supply of products from nature to people, encompassing essentials such as food, fresh water, wood, fuel, etc. (3) Regulating services involve nature's contribution to environmental regulation, including processes like air purification, water purification, disease and pest control, and pollination, etc. (4) Cultural services encompass non-material benefits provided by nature to humans, i.e. recreation, aesthetic values, spiritual health, etc.

As an exurban area, desakota plays a crucial role in maintaining fundamental ecosystem functions (Chen et al., 2023). These areas possess higher ecological integrity in comparison to urban areas, endowing them with the capacity to yield more ecosystem services. However, the escalating anthropogenic pressures on ecosystems have degraded their capacity to provide ecosystem services, coinciding with a surge in the demand for these services. The challenge lies in the conflict between the burgeoning demand for ecosystem services and the diminished capacity of the ecosystems (MEA, 2003)-a dilemma demanding careful consideration.

| 51 |

CONCEPT

#### CONCEPT

Provisioning	Regulating	Cultural			
Products human obtained from nature:	Services nature provides regulating the environment:	Non-material benifits of nature for humans:			
Food, Raw materials (e.g. wood, fuel, fibre), Medicine, Fresh water	Air quality, Water purification, Climate, Waste treatment, Disease and pesr control, Pollination	Recreation, Aesthetic value, Spiritual value, Mental health, Education			
Supporting					
The underpin services that enable all other services to function - emcompasses both human and nature needs:					
Photosynthesis, Nutrient Cycling, Soil Formation					

#### Ecosystem services

| 52 |

Edited by author, based on Yamafuji & Woods, 2021; MEA, 2005

#### 3.3.4 Human Well-being

The concept of well-being is abstract and although there are many interpretations there is no clear definition that is widely accepted (Brown and Westaway 2011; McGillivray and Clarke 2006). The Millennium Ecosystem Assessment (2005) suggests that human well-being includes a variety of components, such as basic materials for a good life, freedom of choice and action, health, good social connections, and security. Current research on well-being mainly considers it in two types, objective and subjective well-being. King et al. (2013) state that objective well-being refers to the material and social attributes of a person's life situation, including physical resources, income and employment, housing, education, health, etc. which can be measured quantitatively. Subjective well-being refers to a person's thoughts, feelings, and satisfaction, including social connectedness, autonomy, personal security, and life satisfaction (King et al., 2013).

Human well-being can be enhanced by satisfying human needs (Costanza, 2007). MaxNeef's (1991) matrix of fundamental human needs lists a range of human needs and need satisfiers and categorizes them into existential (i.e., needs for being, having, doing, and interacting) and axiological (i.e., needs for subsistence, protection, affection, understanding, participation, creation, idleness, identity, and freedom) (King et al., 2013). Based on this, Cardoso et al. (2021) link cities to human needs and construct a table of human needs indicators to assess cities and examine whether they can provide need satisfiers. Although desakota is a non-urban area, parts of the framework are also applicable (See figure below). For example, people's need for 'subsistence' can be met by improving air quality, food availability, neighborhood quality, and infrastructure accessibility. The need for 'protection' can be met by upgrading the quality of the environment and health care (Cardoso et al., 2021).

Ecosystems can also enhance human wellbeing by providing ecosystem services that fulfill human needs. Ecosystem services are the

	Being	Having	Doing	Interacting
Subsistence		Air & water quality, Food availability, Housing, Neighborhood quality, Transport infrastructure		Food system, Housing markets, Infrastructure construction
Protection	Life expectancy, Crime preception	Health care, Environmental quality, Safe environment	Environmental action	Preparedness
Affection	Isolation, loneliness	Meeting spaces, Green and blue areas, heritage		Accessability to public spaces
Understanding	Entrepreneurship	Education, Training, Knowledge institution		Sharing and learning opportunities
Participation	Trust and care, Solidarity	Symbolic public spaces	Commuting	Community- building, collective action
Leisure	Induced demand, Stress	Entertainment, tourism, resting space		
Creation	Personal and free initiative	Interaction spaces, Cultural clusters		Active sharing and learning, peer interaction
Identity	Spatial memory, Sense of belonging	Heritage, Collective symbol		Community cultures and faiths
Freedom	Political engagement	Public institutions, welfare, governance institution	Freedom to move into cities	Gender equality, Social responsibility

Human needs and indicators for satisfiers in desakota Edited by author, based on Cardoso et al.,2021

satisfiers of human needs and humans depend on ecosystem service flows (MEA, 2003). The Millennium Ecosystem Assessment illustrates the direct and indirect interconnections between the components of well-being and ecosystem services. For example, ecosystems provide the service of 'provisioning' through the provision of food and other products, which can fulfill the 'security' and 'health' dimensions of human well-being (MEA, 2003). The strength and mediation of the linkages between ecosystem services and human wellbeing may vary in different contexts (MEA, 2003).

53

CONCEPT





Chen et al. (2023) state that ecosystems in periurban areas have a huge impact on humanwellbeing through the provision of multiple ecosystem services. This implies that desakotacan enhance the well-being of local people or even the entire <sup>54</sup> megaregion through the provision of ecological values. However, human activities are affecting the ability of ecosystems to provide ecosystem services. As indirect drivers of change, human activities can lead to changes in, for example, land use and cover, which directly affect the provision of ecosystem services and, ultimately, human well-being (MEA, 2003). In MEA (2003),

it is stated that degraded ecosystems, which

are under increasing pressure due to human activities, in turn, reduce human well-being and limit economic development. Moreover, the degradation of ecosystems has greater impacts on rural populations and can have more direct and severe effects on the poor (MEA, 2003). Human well-being in desakota is more vulnerable to ecosystem degradation than in urban areas. Consequently, the regeneration of ecosystems is also important and urgent to improve human wellbeing in desakota, in addition to the fulfillment of basic human needs.



#### Feedback loop between society and ecosystem Made by author

#### **3.3.5** Theoretical Framework

Overall, healthy ecosystems and human well-being together constitute the socio-ecological resilience of desakota through interdependence and interaction. Healthy ecosystems provide stable ecosystem services to social systems to satisfy human needs, thereby enhancing human wellbeing. Social systems with high human well-being protect ecological integrity so that ecosystems are less stressed and better able to provide ecosystem services for the benefit of human society. This interaction unfolds as a virtuous feedback loop.



Theoretical framework Made by author

Simultaneously, social-ecological systems, as an interwoven whole, can work together to maintain the identity and functioning of the system in the face of internal or external changes and to innovate and transform to a more desirable state.

CONCEPT

#### 3.4 Conceptual Framework

#### Adaptive Planning

As mentioned above, social-ecological systems, as a kind of complex adaptive system, are dynamic and unpredictable. Traditional planning can only partially cope with change (Balducci et al, 2011) and has limitations in dynamic environments. While adaptive planning provides more room for uncertainty, change, and adaptive behavior (de Roo et al., 2020). It aims to support a range of possible future configurations based on development conditions (Rauws & de Roo, 2016).

When moving from deterministic and closed blueprint planning to uncertain and open adaptive planning, the responsibility of planners shifts to the manager of change, and the role of governance and planning changes to guiding the path of development, eliminating undesirable impacts, and supporting positive and desirable outcomes (de Roo, 2015). Thus, adaptive planning can contribute to building socio-ecological resilience.

Rauws and de Roo (2016) propose that adaptive planning approaches consist of two aspects: (1) creating development conditions for future spatial functioning configurations and improving the capacity of local actors that enhance resilience; (2) adjusting these conditions to make it more likely that an area will develop towards socially favored trajectories and avoid those perceived to be problematic. Thus, in addition to making regions more responsive to change, adaptive planning enhances bottom-up participation.

| 56

Seeking strategies to create a resilient future for shrinking cities is a difficult task (Eraydin & Özatağan, 2021). However, adaptive planning, with its flexible and dynamic character, can help desakota to achieve socio-ecological resilience in a changing environment by providing a range of open and attractive visions, proposing instructive principles for guidance, and encouraging the participation of diverse local stakeholders.



Conceptual framework Made by author



This chapter focuses on the methodology of this thesis.

Firstly, based on the theoretical and conceptual framework of Chapter 3, seven sub-research questions are proposed based on the main research questions.

To answer these sub-research questions, eight research methods corresponding to the questions are proposed. This is followed by a detailed explanation of the rationale for the use of each research method and exactly how it is operationalized. Then, following the logic and flow of this study, these research methods were integrated with the motivation, research aim, research questions, etc. into a methodological framework.

Finally, the chapter ends with a diagram of the workflow and important time points of this study.

| 59 |

METHODOLOGY

#### 4.1 Sub-Research Questions

According to the theoretical and conceptual framework, the following sub-research questions are formulated based on the main research question.

## How to achieve the socio-ecologically resilient development of desakota in the context of shrinking cities in Liaoning?

2. What's the current state of the social-ecological system in Liaoning's desakota?

> Chapter2 Problematization - Socio-ecological degradation

> Chapter 3 Concept - Conceptual framework

60

1. What does socio-ecological resilience mean to desakota?

3. How does shrinkage affect the socio-ecological system of desakota in Liaoning? > Chapter2 Problematization - Influenced by urban shrinkage

4. How to regenerate the ecosystem and enhance human well-being in desakota? > Chapter 5 Case Study & Chapter 7 Scenario Building

5. How to ensure positive feedback between ecosystem and social system in desakota?

> Chapter 7 Scenario Building - Governance model & Socio-ecological resilient diagram

6. What socio-ecological values can desakota offer to the rest of the megaregion? > Chapter 5 Case study - Strategies

7. How can adaptive planning enhance the resilience of desakota's social-ecological system?

> Chapter 7 Scenario Building

#### 4.2 Main Methods

This thesis uses mainly qualitative research methods, but a small amount of quantitative data (mainly GIS data) will also be used. To answer the above questions, literature review, mapping, case study, fieldwork and interview, policy analysis, stakeholder analysis, elemental approach and scenario building will be used.

# SQ1 SQ2 SQ3 Literature Review Mapping Case Study Fieldwork & Interview Policy Analysis Stakeholder Analysis Elemental Approach Scenario Building

Research methods framework Made by author



61

#### Literature Review

62

Literature review is a predominant research method used in this thesis to analyze and set the theoretical and conceptual framework in the preliminary stage. The literature review centered on the following concepts.

Firstly, to better understand 'desakota', the definition and the development process of desakota in China were investigated through the literature, and the main research regions and topics about desakota in China were overviewed. During this process, the author identified the knowledge gap about desakota in Northeast China in the context of urban shrinkage. Then the literature on shrinking cities was examined to gain a deeper understanding of the causes and properties of Liaoning's urban shrinkage and the impact of urban shrinkage on peri-urban and rural areas. Among these papers, it is found that shrinking areas are favorable for building resilience and there is a knowledge gap about building resilient peri-urban areas in the context of shrinkage. Moreover, the analysis revealed the socio-ecological degradation in Liaoning's desakota, thus the research aim was established as achieving socio-ecological resilience and integration of desakota.

Subsequent literature readings focused on socialecological systems, complex adaptive systems, and social-ecological resilience to gain insight into the characteristics of social-ecological systems and the qualities of resilient social-ecological systems. To better define the ideal state of a resilient social-ecological system, the author then read the literature on healthy ecosystems and human well-being, identifying the conditions required for ecosystems and social systems to achieve their good state and to realize positive feedback to each other. Based on this, the theoretical framework for this study was established. Finally, to understand how ecosystem resilience can be built through planning in desakota, the author read the literature on adaptive planning, learned about the features and processes of adaptive planning, and established the conceptual framework in conjunction with the other theories mentioned above.

In summary, the literature review of this thesis aims to critically assess and summarize the existing literature in the light of the urban shrinkage and characteristics of desakota, and to construct a theoretical and conceptual framework on this basis.

#### Mapping

Mapping in different scales is used frequently in this thesis to visualize data and present information more directly. The national scale is used in Chapter 1 to introduce the basic situation of Liaoning province, compare the difference between Liaoning and other megaregions in China, and reflect the shrinkage trend of Liaoning. In Chapter 2, the main scale used is the megaregion scale. Zooming in on Liaoning, analyze the problems faced by desakota and show the differences between desakota and cities. In Chapter 5, In Chapter 5, the city of Wafangdian is used as a case study to focus on the municipal scale. Problems and strengths of desakota are analyzed at this scale and strategies to promote integrated urban-rural development and achieve socio-ecological resilience are proposed. Then the microscale is discussed in Chapter 6 and 7 which focus on Beiwang Village. Based on the analysis of current situation, Four scenarios are built to explore a range of socio-ecologically resilient posibilities on this scale.

Most of the maps are based on GIS data. Due to the low availability of open GIS data in China, the GIS data of the basic information of Liaoning are mainly purchased from

Taobao (an online shopping website), including land use, infrastructure, public services (schools and health care), etc. Other data such as air pollution, cropland loss, water pollution, etc. are mainly from the website Resource Watch, the specific URL and sources are detailed in the Appendix. GIS data on the national scale, such as population density and GDP distribution of China, are from the website GHSL with the detailed URLs shown in the Appendix. The data on shrinking cities in China are from the website of Beijing City Lab (SCRNC), and for the URL see the Appendix. Other data such as the disposable income of the urban and rural population in each city of Liaoning, food production, and demographic structure of each city are from Liaoning Provincial Statistical Yearbook 2022, which are visualized by the author in mapping.

63

#### METHODOLOGY

#### Case Study

In this thesis, Wafangdian City and Beiwang Village are selected for detailed study when analyzing at mesoscale and microscale.

When choosing the specific case for the mesoscale study, Wafangdian, which is close to Dalian, was chosen. As a county-level city, Wafangdian is affected by the siphoning influence of Dalian, showing serious urban shrinkage problems and population loss. The bearing industry and equipment manufacturing industry are the pillar industries of Wafangdian, so there are many desakota around the city that take the spillover functions of the city and combine industrial and agricultural activities. Close to the Shen-Da Expressway, with a certain level of industry and retaining a large amount of agricultural land, the desakota around Wafangdian is significant and has a high potential. Therefore, Wafangdian is a good example to study desakota at a municipal scale.

Beiwang Village was selected for microscale cases study which is one of the desakota in Wafangdian. It is located on the outskirts of the city centre and relies on bearing manufacturing and agriculture. Beiwang Village is a typical desakota with fragmented land use. It is highly connected to the city center and the surrounding rural areas. It has a high potential with an industrial and agricultural base.

#### Fieldwork & Interview

Fieldwork and interviews are conducted for this study. Over 80 questionnaires were completed during the fieldwork and interviews are conducted with various stakeholders. For example, Mr. Liu, the vice president of Wafangdian Municipal Planning and Design Institute; Mr. Zhou, the director of Wafangdian Gangdian Street Government; Mr. Zuo, the head of Beiwang Village; Mrs. Sheng, the director of Yuandong Bearing Factory and Mr. Zhang, the manager of Dong Li Textile Co. as well as several villagers.

Based on the fieldwork, the current situation of the village, its problems and the needs of the relevant stakeholders were understood in depth.



Mesoscale case study: Wafangdian Made by author





Fig.14 Interview with the head of Beiwang Village Photographed by author



Fig.16 Interview with the director of Wafangdian Gangdian Street Government Photographed by author



Fig.15 Interview with villagers Photographed by author



Fig.17 Interview with the director of Yuandong **Bearing Factory** Photographed by author

#### METHODOLOGY

#### **Policy Analysis**

This thesis also contains policy analysis. Firstly, the problem of marginalization and socio-ecological degradation in desakota is largely due to the lack of planning. In Chapter 2, an analysis of current planning documents in Liaoning Province reveals that the government and planners have paid more attention to the major cities in Liaoning Province than to desakota in the planning process. Some sections of the policy document dealing with rural areas similar to desakota are vague and do not help in guiding the development of desakota.

Policies are analyzed in the subsequent analysis of enhancing the socio-ecological resilience of desakota through adaptive planning. Adaptive planning involves not only setting development conditions for future spatial configurations or functions but also institutional and

organizational changes. De Roo et al. (2020) point out that the ability of a system or area to respond quickly to changing circumstances requires hybrid governance structures, where solutions are found and agreed upon at different layers of institutions, with the participation of a variety of stakeholders willing to be accountable. This implies that if adaptive planning is to be implemented in Liaoning's desakota, the current institutional structure for planning needs to be analyzed and improvement strategies proposed to increase bottom-up participation as a means of enhancing the adaptive capacity of the desakota.

#### METHODOLOGY

#### **Elemental Approach**

The use of elementalism as an analytical and design tool can deconstruct complex systems and help deal with complexity. As socio-ecological system is a conplex system, the elemental approach is adopted to analyze the problems of the system.

The elemental approach is mainly used in Chapter 6 during the analysis of Beiwang Village. There are mainly 4 kinds of elements that are studied: natural elements, living elements, transport elements and productive elements. The negative interaction between different elements will lead to socio-ecological degradation. Instead, planning strategies proposed to promote positive feedback between elements will help achieve socioecological resilience.

66

#### **Stakeholder Analysis**

Desakota, as an outcome of peri-urbanization resulting from the extension of urban activities into rural areas, involves a lot of different stakeholders. So, stakeholder analysis is very important for sorting out the current situation and constructing future scenarios of desakota. In addition, since adaptive planning requires adjustments in the governance model to enhance bottom-up participation, stakeholder analysis can be used as a basis.

The stakeholders involved in desakota include: (1) Local residents: including those with local hukou and migrant workers and their families. (2) Farmers. (3) Local businesses: This includes factories and retailers that provide services to residents. (4) Factory workers. (5) Government. (6) Village commitee.

Since desakota is closely linked to both urban and rural areas, it may also involve: (7) Urban residents. (8) Rural dwellers. (9) Rural farmers, etc.

#### Scenario Building

Scenario building is a strategic planning tool that involves the creation of reasonable and alternative future scenarios to explore a range of possible outcomes (McGowan et al., 2019). To explore the possibilities of socio-ecological resilience in desakota, scenario building will be used in this thesis to portray different future visions. As stated above, adaptive planning is uncertain and aims to support a range of possible futures depending on the development conditions (Rauws & de Roo, 2016), so it is also in line with adaptive planning to provide different future possibilities for desakota through scenario building. Additionally, scenario building provides a platform to communicate complex

ideas and potential futures through a more understandable approach (Walton et al., 2019). By narrating or visualizing scenarios, it helps to communicate with stakeholders and get feedback.

Why and how to conduct scenario building will be explained in detail in Chapter 5 and the results of scenario building will be presented in Chapter 7.

67

#### 4.3 Methodological Framework

68

4.4 Work Flow



69

# CHAPTER 5 CASE STUDY Wafangdian City



This chapter takes Wafangdian City as a case study to explore the problems and development opportunities of desakota at the municipal scale.

Firstly, the basic information about Wafangdian is introduced, including its location, pillar industries, and population. Then the distribution and current situation of desakota in Wafangdian are presented.

Then the socio-ecological degradation problems faced by Wafangdian's desakota are analyzed from the municipal scale. Despite the serious problems faced by these desakota, they still have advantages. Therefore, the strengths of desakota are summarized based on their resources and location.

Subsequently, to achieve socio-ecological resilience and promote integrated urban-rural development, the principle of cooperation among desakota is proposed. This is manifested in ecological restoration and industrial transformation.

Ultimately, desakota cooperative clusters are formed at the municipal scale which lead to a new vision of Wafangdian. |71|
CASE STUDY

#### 5.1 Introduction of Wafangdian

Wafangdian is a county-level city, located in the south of Liaoning province and to the northwest of Dalian (a big city in Liaoning province). Mountain ranges extend from the northeast of Wafangdian to the southwest, forming a variety of landforms combining low mountains, hills, plains, land and mudflats. And there are 118 rivers in Wafangdian City. In general, Wafangdian is rich in natural elements.

Wafangdian is an essential link between Dalian

and the city cluster in the central of Liaoning province. Therefore, Wafangdian is highly connected to many cities in Liaoning. However, due to its high connection with big cities such as Dalian and Shenyang, Wafangdian is affected by their siphoning effect, **suffering from serious** urban shrinkage and population loss all year round. As of 2020, the resident population of Wafangdian is approximately 810,000, with a natural growth rate of -3.99%.

The pillar industries of Wafangdian are primary and secondary industries, i.e. agriculture, bearing industry, and other machinery manufacturing. Cherries, sea cucumbers, and other agricultural products from Wafangdian are very famous in Liaoning. Its bearing manufacturing industry and nuclear power industry are also well developed. Wafangdian has a beautiful natural environment and is famous for its leisure coast, fishing, hot springs and other tourism industries.



Location of Wafangdian City Made by author



Fig.18 Greenhouses in Wafangdian Source see Appendix



Fig.19 Machinery manufacturing industry in Wafangdian Source see Appendix



Fig.20 Beach in Wafangdian Source see Appendix

73

CASE STUDY

#### 5.2 Distribution of desakota in Wafangdian

As a county-level city with agriculture and machining as its main industries, there are a great number of desakota in Wafangdian.

These desakota are located along important traffic lines such as highway and train lines, making them highly accessible. They are mainly clustered around the city center and Fuzhou town center with more population, reflecting the fact that the formation and development of desakota depends on their connectivity with the urban area.

Most of these desakota are dependent on agriculture and machinery production. However, there are many desakota along the northwestern coastline that have rich tourism resources such as hot springs and beaches, and have the potential to develop tourism. Besides, some desakota in the west of Liaoning have begun to develop clean energy industries. These strengths can contribute to the revitalization of desakota.





Impression of desakota in Wafangdian Made by author

#### - Center

- + Desakota Around the City Center
- + Desakota Far from City Center
- + Desakota with Tourism
- + Desakota with Clean Energy Industry 📶 Urban Built-up Area
- National Highway
- Railway

- Town Center with More Services
- Town Center with Less Services
- 🛱 Train Station
- **å** Harbour
- Road System
- ---- Township Boundary

Distribution of Different Types of Desakota in Wafangdian

Made by author

#### 5.3 Problems of desakota in Wafangdian

Due to the lack of planning and people's excessive pursuit of economic benefits, desakota of Wafangdian are isolated, fragmented and facing socio-ecological degradation. As a result, these areas do not develop well on their own or interact well with urban and rural areas for the benefit of the megaregion.

#### 5.3.1 Desakota are Fragmented and Isolated

#### Municipal planning focuses on township centers and city center and lacks attention to desakota.

At the municipal scale, the plan focuses more on urban centers and township centers, ignoring these widely distributed desakota. The government's increased focus on the development of urban centers and township centers has led to the marginalization of these desakota. The distribution of these desakota formed from the bottom up is fragmented due to the lack of planning guidance.



Municipal Territorial Spatial Masterplan of Wafangdian Wafangdian City Territorial Spatial Masterplan (2021-2035), Government website

#### Each town has its own spatial planning, lacking overall coordination at the municipal scale.

At the township scale, each township has its own spatial planning, which is more specific than the municipal scale planning. However, there is a lack of large-scale coordination among them.

Moreover, each township's spatial planning is confined to its administrative boundaries, ignoring the possibility of interaction with its neighboring towns. Therefore, desakota in Wafangdian develop in isolation and lack competitiveness.





Township spatial planning of each town Edited by author, Government website

| 77 |

#### 5.3.2 Desakota Suffering from Socio-ecological Degradation

#### Human activities in desakota pursue economic benefits and ignore the importance of ecosystems.

Currently, desakota in Wafangdian are suffering from socio-ecological degradation.

Human activities like agricultural and industrial production in desakota have adversely affected the ecosystem due to the pursuit of economic benefits. The capacity of ecosystems to provide ecosystem services is diminished. These ecosystem services neither meet human needs nor generate economic benefits, leading to a decline in human well-being. People are neither willing nor able to protect the ecosystems, and human activities continue to damage the ecosystems, thus creating a vicious circle.



#### Agricultural pollution in desakota



Fig.21 Agricultural waste on the farmland Source see Appendix



Fig.22 Farmers burn straw in the open air Source see Appendix

#### Industrial pollution in desakota



News about pollution in desakota in Wafangdian Source see Appendix

|79|

## 5.4 Advantages of Desakota of Wafangdian

#### High connectivity

Despite the problems mentioned above, desakota also has advantages. Firstly, due to its location along the major transport routes, desakota is highly connected to both urban and rural areas and has the opportunity to serve as an interface for promoting urban-rural interaction and integrated development.

#### Strong agricultural & industrial base

In addition, desakota has a strong agricultural base, with a diverse range of agricultural products such as apples, grapes, cherries, sea cucumbers, sweet potatoes, blueberries, etc. These agricultural products are well known and have a large market in Liaoning, so the agricultural advantages of desakota should be developed. Besides, there are many industrial enterprises in the desakota of Wafangdian, and these factories provide desakota with a solid industrial base, which is an advantage for its development.

#### **Rich tourism resources**

80

Desakota with rich tourism resources is clustered in the coastal area in the west and north of Wafangdian. They have marine hot springs, soft beaches, etc., and some of them are also developing tourism in combination with sports such as sailing and skiing. These desakota have the potential to cooperate and form a tourism belt along the coast.

#### Clean energy resources

Two desakota in the west of Wafangdian have begun to develop clean energy industries such as nuclear power and wind power. The coastal area of the city has the advantage of developing clean energy industries such as wind and tidal energy, and the development of related industries should be encouraged to facilitate the realization of socioecological resilience.



Fig.23 High connectivity of desakota Source see Appendix



Fig.24 Cherry greenhouses in desakota Source see Appendix



Fig.25 Hot spring in desakota Source see Appendix



Fig.26 Nuclear power plant in desakota Source see Appendix





	۲	Town Center with More Services	Beach
	•	Town Center with Less Services	Farmland
irces	ġ	Train Station	Paddy Field
ources	Ĵ	Harbour	
		Urban Built-up Area	

— Railway

- Township Boundary

Advantages of desakota in Wafangdian Made by author

## 5.5 Cooperation between Desakota

To summarize, desakota in Wafangdian cannot develop well individually and suffer from socioecological degradation. However, they are highly connected and have solid industrial base and advantageous resources.

Therefore, if desakota are to become an important role in the megaregion and bring its value into play, the limitations of the administrative boundaries of the townships should be broken down, and cooperation among desakota should be encouraged at the municipal scale, so that they can maximize their strengths and bring greater socio-ecological value at a bigger scale through resource sharing.

In addition, the desired effects of specific strategies are more likely to be realized through the cooperation between desakota in the context of shrinkage.

Ultimately, in order to realize a socio-ecologically resilient future, cooperation among desakota should be carried out from two perspectives: cooperation on ecological restoration and cooperation on industrial transformation.



Maximize the advantages of desakota; Realize greater socio-ecological value.

#### 5.5.1 Ecological Restoration

According to the theoretical framework, healthy ecosystems are required to achieve socioecological resilience. Therefore, ecological restoration is needed in desakota.

A blue-green network should be formed at the municipal scale along main mountains and rivers as shown in the map below. To build



healthy ecosystems, desakota located on the ecological corridors should pay extra attention to ecological restoration and reduce the impact of human activities on the ecosystem. In this way, these desakota will provide ecological values to the rest of the megaregion.

> Ecological restoration and blue-green system Made by author

83

#### 5.5.2 Industrial Transformation

#### The current industry does not bring benefits to desakota and generates pollution.

Existing industries in the desakota are uncompetitive due to the short industrial chain and lack of planning. As a result, these industries are unable to contribute economic benefits and have a negative impact on the ecosystem. Therefore, if socio-ecological resilience is to be achieved, industrial transformation is needed in addition to ecological restoration.



#### Several scenarios are built based on the resources of desakota, providing more flexibility.

Four scenarios were built in order to explore which new industries will contribute to building socioecological resilience in desakota. This scenario building axis was created based on the resources in desakota of Wafangdian City. Through scenario building, a range of future possibilities for the socio-ecological resilience of desakota are presented. It is demonstrated that desakota can achieve a bright future through a number of different development paths of industrial transformation.

As mentioned in Chapter 3, to build socioecological resilience, planning should be flexible and adaptive. Scenario building provides more flexibility for desakota's development by offering multiple choices.

# resilience.

#### New industries with low environmental impact should be added.

Based on the resources and conditions of desakota, industries that enhance economic growth and have a low impact on the ecosystem should be developed to maximize the advantages of desakota. In this way, desakota can not only achieve socio-ecological resilience, but also provide socio-ecological value to the rest of the megaregion and promote integrated urban-rural development.

84



Fig.28 Ecological tourism Source see Appendix



Fig.27 Ecological agriculture Source see Appendix



Fig.29 Clean energy Source see Appendix



**Technology-Based Industry** 

Stakeholders of each desakota should choose the most suitable scenario based on local conditions and their interests. Planning is used to guide the development of desakota and to adjust development conditions to build socio-ecological

Today, desakota is experiencing population loss due to the problems of existing industry and other issues. Young people are leaving desakota for big cities in search of job opportunities and a better quality of life. Scenario building aims to convince locals that by developing new industries, job opportunities and quality of life in desakota will also be enhanced. This can entice people to stay and in turn attract new industries to the area.

85



#### Desakota can cooperate with each other even if they develop different scenarios.

Based on the above scenarios, desakota that achieve industrial transformation can cooperate with each other. There are possibilities for interaction even if different industries are developed. In addition, these desakota will promote interaction with urban and rural areas.



## Desakota can cooperate with each other even if they develop different scenarios.

88



#### 5.5.3 Desakota Cooperative Clusters

#### Based on connectivity, 3-5 desakota form a cooperative cluster.

As mentioned above, desakota are overlooked in large scale planning and confined to the administrative boundaries of the townships in which they are located in small scale planning. However, when viewed from a municipal perspective, desakota belonging to different towns have the potential to break down administrative boundaries and cooperate.

According to the theory of borrowing size, these desakota can form cooperative clusters through resource sharing. Through the planning principles of ecological restoration and industrial transformation, these desakota clusters can provide socio-ecological value to other parts of the megaregion. In addition, these desakota clusters will also facilitate urban-rural interactions and contribute to integrated development. So based on the connectivity, 3-5 desakota can form a coopertaive cluster.

Overall, these desakota clusters provide opportunities for fragmented and isolated desakota to develop together.

## Establish a desakota in each cluster as a strategic point to drive the development of the cluster as a whole.

90





Desakota Cluster Near City C
Desakota Cluster Along Main
Desakota Cluster with Touris
Other Desakota Cluster
National Highway
Railway

#### CASE STUDY

Center -	City Center		Mountain Restoration
n Road 🕂	Desakota Near City Center		River Restoration
im 🕂	Other Desakota	[]	Strategic Point
+	Desakota with Tourism		
+	Desakota with Clean Energy		
	Connection		

Cooperative cluster of desakota in Wafangdian Made by author CASE STUDY

## 5.6 Vision of Wafangdian



Improvement of cluster connectivity Made by author

| 92 |

RURAL DESAKOTA STRATEGIC DESAKOTA DESAKOTA **URBAN** RURAL **DESAKOTA** DESAKOT/ STRATEGIC DESAKOTA DESAKOTA DESAKOTA CLUSTER RURAL

Desakota 1

Desakota 3

TOWN C







| 93 |

#### CASE STUDY

## 5.6 Vision of Wafangdian

Overall, in the municipal scale vision, the administrative boundaries of townships should be broken down to encourage cooperation between desakotas, in addition to allowing desakotas to act as connectors to facilitate urban-rural interactions.

Eventually, the desakota clusters combine with the city or town centers to form four large development clusters in Wafangdian. And a tourism belt will also be formed in the coastal area.

94

To sum up, **desakota serve as connectors linking** the city center with other villages, forming a closely integrated and unified system at the municipal scale. At the same time, by providing socio-ecological values, desakota functions as an interface that promotes exchange and interaction between urban and rural areas, closely connecting the city center, towns, and surrounding rural areas, thus achieving integrated urban-rural development.





Vision Map of Wafangdian Made by author



In order to gain a deeper understanding of the problems of desakota in Wafangdian and explore how to achieve socio-ecological resilience in desakota, this chapter takes Beiwang Village as a case study for in-depth analysis.

Firstly, the current situation of Beiwang Village such as location, population and industry is introduced. Then the elemental analysis of Beiwang Village is carried out from four aspects: natural elements, living elements, productive elements, and transport elements.

Subsequently, combined with the above analysis, it is concluded that the social system and ecosystem of Beiwang Village form a vicious circle and the village is facing socio-ecological degradation.

Finally, the current planning process is analyzed and it is found that villagers are less involved.

| 97 |

## 6.1 Overview of Beiwang Village

#### Less resourceful than coastal desakota but universal in Wafangdian

Beiwang village was chosen as a micro-scale case study. The first reason is that Beiwang village is more uncompetitive than the desakota along the coast of Wafangdian City, which is rich in tourism resources. Those "ordinary" desakota like Beiwang village, which do not have the advantage of resources, are more common in Wafangdian City and even in the whole Liaoning Province. Therefore, the choice of Beiwang village as the case study is more universal and representative.

It is hoped that through the study of Beiwang village, the planning principles for establishing socio-ecological resilience in desakota in the context of shrinkage can be proposed.







Position of Beiwang village in Wafangdian city Made by author

#### As a strategic point in the cluster

Secondly, in Chapter 5, it was mentioned that to create integrated development and build socioecological resilience at the municipal level, it is necessary to promote cooperation among desakota and form desakota cooperative clusters. There is a strategic point in each cluster that drives the development of the whole cluster. Beiwang village plays the strategic role in its cooperative cluster due to its industrial agglomeration and proximity to the city center. Therefore, Beiwang village is more likely to be a pilot project that prioritizes the establishment of socio-ecological resilience and drives the development of the entire cluster.

It is hoped that the case study of Beiwang village will depict various possibilities of strategic points.

#### | 100 |







#### CASE STUDY

#### Introduction of Beiwang Village

Beiwang Village is located in the southern part of Wafangdian city with 2400 rural population and 400 urban population.

There is about 1 square kilometre of farmland in Beiwang Village, mainly planted with cherries, peaches, apples, corn, cucumbers, tomatoes, potatoes and other fruits and vegetables.

There are 24 enterprises and nearly 100 individual small business in the village. The main industry in Beiwang Village is bearing manufacturing industry.

A main road and a train line run through the village, making it highly connected to the urban center and the surrounding rural areas.

#### 6.2 Elemental Analysis of Beiwang Village

Beiwang Village has a variety of elements consisting mainly of natural elements (mountains and river), productive elements (farmland and factories), living elements (houses and public services) and transport elements (road systems and trainline). These elements interact with each other and form the socio-ecological system of Beiwang Village. However, due to the lack of planning and the pursuit of economic benefits, all these elements are suffering from different problems.



#### 6.2.1 Natural Elements

#### Unmanaged mountain

| 104 |

The natural elements of the village contain mainly mountains and rivers. There is a mountain park in the north-west of Beiwang Village, extending northwards into the city center. The rest of the the village's mountainous areas are not easily accessible because they are unmanaged. However, at the municipal level, Beiwang village is located on the green corridor. So the mountain in the west of the village has ecological significance which is currently neglected.



Nanshan mountain park Internet, Photographed by Ziyi Zhao



Polluted river in Beiwang village Photographed by author



Unmanaged mountains in Beiwang village Photographed by author



Hard border along the river in Beiwang village Photographed by author

#### CASE STUDY

#### **6.2.1 Natural Elements**

#### Polluted river

The banks of the river in Beiwang village are mostly hard boundaries with factories, houses, and farmland along the banks, causing serious pollution to the river. Agricultural wastes and household garbage can be found everywhere along the banks of the river. There are even garbage collection points and factory sewage pipes along the river.

The results of the questionnaire show that most of the villagers think that the quality of the village's landscape is average, and 16% of the villagers think that the quality of the landscape is poor.

#### Level of satisfaction of villagers with river and mountains in the village



Data based on questionnaire, Made by author









Condition of natural elements in Beiwang Village Made by author

|107|

#### **6.2.2 Productive Elements**

#### Rift between Industries and Resources

The main industries in Beiwang Village are machinery manufacturing industry and agriculture. According to the head of the village, although the factories have a large output value, they do not bring much benefit to the village collectively. And since the factories require skilled workers, there is a certain threshold for employment, which does not provide many job opportunities for the villagers.

There is not much arable land in the village, with only 400 square metre of arable land per capita. Villagers create small gardens in front of their houses and grow fruits and vegetables for self-sufficiency. Large areas of farmland were contracted out to farmers to grow mainly fruit and vegetables for supply to the city. Although

mechanized cultivation has taken place, yields are low compared to surrounding rural villages in the vicinity.

To sum up, there is a rift between existing industries and resources in Beiwang Village, which prevents it from maximizing its strengths. Industry and agriculture do not bring much benefit to the village communities, but there are problems such as pollution and lack of spatial regulation. Therefore, industrial transformation is needed for socio-ecologically resilient development in Beiwang Village.



Small scale farmland in front of houses Photographed by author



Large scale and well-managed farmland Photographed by author



Large scale factories Photographed by author



Small scale factories Photographed by author





Distribution of Productive elements in Beiwang Village Made by author

#### Aging Population & Low Income

The village has a population of about 2,800, of which 2,400 are agricultural hukou. There are 800 households in the village, with an average of 3 persons per household. The residents of the village are mainly middle-aged and old people, and most of the young people are working outside the village, so there is an aging problem. The average household income in the village is about 30,000 to 50,000 yuan per year, with wage income being the main source of income.



Old people working in the farmland Photographed by author

#### Low Living Condition

The quality of residential houses in the village varies, and the structure of houses is mostly brick-concrete houses. Some of the houses in the village are of poor quality and there are cases of abandoned houses. 74% of the villagers are not very satisfied with the living conditions.



House in good condition Photographed by author



Abondoned houses in low condition Photographed by author



Annual Household Income





#### Main Sources of Income



# Satisfication of Living Condition Satisfied Unsatisfied

|111|

Data based on questionnaire, Made by author

#### Poor Condition of Public Spaces

There is a lack of public space in a favourable environment and the main public space is the street. However, the streets are poor and lack greenery. The street environment is relatively good only in the neighbourhoods on the northeast side of the village.

#### Level of satisfaction of villagers with the overall environment in the village



Data based on questionnaire, Made by author

#### • Low Environmental Quality

The quality of the environment in the village is poor, with rubbish everywhere, and in need of environmental improvement and upgrading. However, according to the results of the questionnaire, most of the villagers are more satisfied with the overall environment of the village.



Street as public space for gathering Photographed by author



Street in the north-east of the village Photographed by author



Rubbish piles up in open spaces Photographed by author



Abandoned vacant land Photographed by author

|113|

#### Low Accessibility to Public Services

Public services in the village are centered on the western side of the village and include the village government, clinic and kindergarten. There is a lack of educational facilities in the village, with only one vocational secondary school, and the nearest primary and secondary schools are a 30-minute bus ride away. Residents on the eastern side of the village need to cross unsafe roads if they want to use public services. Accessibility to public services is therefore low.



#### Villagers' demand for public services



Data based on questionnaire, Made by author

According to the results of the questionnaire, villagers preferred to have sports fields and markets.

Village Government .... Kindergarten Clinic



Service center of Beiwang Village Photographed by author





Service center of Beiwang Village Photographed by author

#### 6.2.4 Transport Elements

#### Unsafe Transportation & Low Quality of Roads

The main road in the village is unsafe, with cars travelling at excessive speeds and large trucks passing by frequently. The lack of traffic lights and pavements makes it even more unsafe. Another road on the east side of the village is also used by lorries. This road is also unsafe due to the mix of pedestrians and vehicles.

The quality of roads within the village varies, with some roads in the east of the village being in poor condition, leading to imbalanced development between the east and west sides of Beiwang Village.

|116|



Big trucks and high speed cars on road 1 Photographed by author



Trucks on road 2 Photographed by author





Low Quality of underpass Photographed by author



Low quality of road in the east of Beiwang Village Photographed by author

	Main Road
	Train Line
	High Quality Roads
	Low Quality Roads
[+]	Underpass

Transport Elements in Beiwang Village Made by author

#### 6.3 Socio-ecological degradation of Beiwang Village

Based on the elemental analysis in previous pages, the socio-ecological degradation in Beiwang Village can be summarized as a vicious cycle.

Due to the pursuit of economic benefits and a lack of planning, various human activities such as industrial production, agriculture, and daily life in the village are problematic, causing detrimental effects on the ecosystem. The importance of natural elements like mountains and rivers has not been adequately recognized, leading to a weakening of their capacity to provide ecosystem services. These ecosystem services fail to meet human needs and do not generate economic benefits, resulting in lower human wellbeing in Beiwang Village. Consequently, villagers are neither willing nor capable of protecting the ecosystem. Furthermore, the rift between industries and resources in the village leads to a decline in economic benefits. Additionally, the lack of constraints on human activities continues to impact the ecosystem negatively, perpetuating the vicious cycle.



|118|



## 6.4 Current Planning Process

At present, the degree of participation of villagers in planning in Beiwang Village is low, although villagers are engaged in the planning process at the stages of initial research, consultation, and planning reviews, their influence on the outcome of the planning is relatively small. Current planning is top-down planning led by government and planning agencies.

The results of the questionnaire show that 44% of the villagers have no idea about participation in planning, and only 27% are willing to participate. The main reason is that villagers do not know much about planning, the degree of engagement in the existing planning process is low, the existing ways of participation are relatively single, and villagers' feedback has less impact on the planning results.



Every phase



#### Views on the adoption of the feedback



| 120 |



Current planning process Made by author





Level of villagers' participation in planning Data based on questionnaire, Made by author



| 121 |



This chapter explores how to build socio-ecological resilience in desakota through adaptive planning, using the example of Beiwang village.

It first describes why scenario building is proposed as a method. Then the position of Beiwang village was analyzed, and suitable scenarios were identified based on its conditions. Subsequently, the two scenarios were built, including spatial planning strategies, vision map, and rendering of spatial quality. From an institutional perspective, a new governance model is proposed to facilitate the establishment of socio-ecological resilience. Then an evaluation system is proposed to compare these scenarios more objectively. Based on this, noregret strategies are also proposed to support the occurrence of multiple future possibilities.

Finally, the chapter summarizes the adaptive planning process and explains how to co-construct a socioecologically resilient future by engaging different stakeholders. | 123 |

#### 7.1 Why Scenario Building

#### ■ Improve flexibility and adaptivity.

Scenario building provides desakota with multiple future possibilities, and desakota can choose the appropriate development paths based on their own conditions. Compared to fixed blueprint planning, desakota can explore diverse future possibilities through scenario building. This provides more flexibility and enhances the adaptivity of desakota by supporting multiple futures which is crucial for building socio-ecological resilience.

## 7.2 Compare Different Scenarios

#### Based on the condition of Beiwang village







Mountains

Farmland

Factories

## Choose the most suitbale scenarios and propose no-regret strategies.

Through scenario building, desakota can select one or more scenarios that will help it maximize its value and in turn come up with no-regret strategies. These no-regret strategies support the |124| occurrence of multiple scenarios and are therefore flexible and adaptable, contributing to resilience building.

#### Engage stakeholders in the planning process.

Scenario building offers more possibilities for enhancing public participation and involving more stakeholders than traditional planning. Once the selected scenarios and no-regret strategies are determined, stakeholders can choose the final scenarios and specific strategies to be developed according to their interests. Therefore, through scenario building, the influence of stakeholders on the final decision will be increased.



Technology-Based Industry



River

| 125 |

Eco-tourism Insufficient ecological conditions to support ecotourism and recreation and leisure

Recuperate & Recreation

**Other Industry** 

**Green Energy** 

No clean energy resources

Machinery Manufacturing

#### 7.2.1 Scenario 1: Eco Agri-tourism Desakota



#### Overview of Beiwang village

#### • On the green corridor

Beiwang village is ecologically important as it is located on the green corridor of the city. Therefore, in scenario one, the mountain in the west of the village should be preserved and a mountain park can be constructed in conjunction with agritourism. At the same time, transforming

■ Near to the city center

| 126 |

Due to its proximity to the city center, Beiwang village has great potential for developing agritourism. Its high connectivity with the urban center and high public transportation accessibility makes it easier to attract urban tourists. In addition, due to its high connectivity,

traditional agriculture into eco-agriculture will also help Beiwang village provide ecological value. Relying on the construction of the city-scale green corridor, the development of agritourism and eco-agriculture in Beiwang village complements it.

the ecological agriculture in Beiwang village can also provide food for the urban center, facilitating the interaction between Beiwang Village and the urban center.

#### The strategic point of the cluster

Beiwang village, as a strategic point of the cluster in which it is located, can develop agritourism and eco-agriculture on a pilot basis, and its development model can be promoted in the cluster. Since the development conditions of Donglin village, Lashan village and Wudian village

within the cluster are similar to those of Beiwang village, it has the opportunity to drive them to develop agritourism and eco-agriculture together, which will in turn promote the joint development of the entire cluster.



Position of Beiwang Village Made by author

#### Strategies

#### 1. Mountain preservation & wetland restoration

- > Removal of factories that pollute the river
- > Wetland restoration along the river
- > Mountain preservation and park construction

In this scenario, the socio-ecological resilience of Beiwang Village is realized through the development of natural-related industries and agricultural-related industries.

As the importance of the ecosystem is emphasized, the primary strategy is ecological restoration. Currently, there are farmlands and factories along the river which cause pollution. Therefore, the

factories along the river need to be removed and the wetlands need to be restored to form soft boundaries on both sides of the river in order to improve the environmental quality for tourism. In addition, the mountains need to be conserved and the one on the southwest side of the village can be developed into a mountain park in combination with agri-tourism.

#### 2. Transformation to ecological agriculture

#### > Crop rotation > Agroforestry

To build socio-ecological resilience, human activities need to be shifted to have less impact on the ecosystem. Specifically, the transformation of traditional agriculture and machinery manufacturing into eco-agriculture and agritourism. Beiwang Village has an agricultural base, and by dismantling fragmented factories in the farmland, restructuring the farmland, and implementing eco-agriculture strategies such as agroforestry and crop rotation,

#### | 128 |





BEFORE



AFTER



the impact of agricultural production on the ecosystem can be reduced while the agricultural harvests will be promoted. An eco-agriculture knowledge hub can also be set up in the village to teach local villagers and other rural villagers in the surrounding areas to implement eco-agriculture which also benefits the surrounding rural areas.

#### **Strategies**

#### 3. Add agri-tourism activities

- > Implantation of agri-tourism activities and services
- > Connecting industries with pedestrian and cycling pathway system
- > Reuse of factories for indoor tourism activities

Besides, based on the agricultural advantages of Beiwang village and its connectivity to the city center, the existing machinery manufacturing industry should be transformed into agri-tourism. Specifically, activities such as fruit picking, farming experience, handicraft experience, and agricultural exhibitions can be implanted, which add educational functions to tourism. Tourism-related services, such as accommodation, restaurants, and retail, can provide more low-skilled job opportunities for villagers which benefit them more than current industries.

According to the case of Voies Vertes in France, if agri-tourism is going to be developed, there is a need to construct slow traffic system. By linking the agri-tourism sites through pedestrian and cycling pathways, tourists can have a better experience of the nature and the rural landscape. The east and west sides of Beiwang Village should be connected through the slow-moving system to drive balanced development. The carriageway on the west side of the village should be speedrestricted and changed to mainly slow traffic.

#### 4. Social infrastructure upgrading

- > Add small parks with sports facilities
- > Add greenery in neighbourhoods
- > Reuse of warehouse as neighbourhood activity center
- > Connecting settlements to natural spots

Finally, the neighbourhood should be upgraded to enhance human well-being in Beiwang Village. Some of the fragmented houses should be demolished and relocated in the settlement, small factories within the settlement will be converted into villagers' activity centers, and public spaces with sports facilities will be added. The accessibility of the neighbourhood to public services and natural attractions will also be improved through the construction of roads, and greenery will be added along the roads to enhance the neighbourhood environment.

#### |130|





#### BEFORE

#### AFTER





|131|

#### Vision map of eco agri-tourism desakota

In this scenario, an attractive ecological agritourism desakota is built. Ecological restoration and eco-agriculture promote a healthy ecosystem that provides diverse ecosystem services to support agricultural production, agri-tourism, and the daily lives of villagers, which thus enhances human well-being.

Since the industry relies on the ability of ecosystems to provide ecosystem services, villagers are more likely to protect the ecosystem and constrain the impact of human activities on the ecosystem. Eventually, a socio-ecological resilience loop will be achieved.







Spatial planning of scenario 1 Made by author

Beiwang village with a beautiful ecological environment, high human well-being, and a combination of ecological agriculture and agritourism will be constructed. Visitors will be able to experience agricultural activities such as fruit picking and plowing, as well as cycling or walking along the river and enjoying the rural scenery. Crop rotation and agroforestry have reduced environmental pollution and enhanced the ecological environment of the village. The restoration of wetlands has greatly enhanced the spatial quality and biodiversity of the village, which in turn has enhanced the well-being of the villagers. Ultimately, a socio-ecologically resilient Beiwang village was realized.





#### Adjustment of governance model

To engage various stakeholders to build socioecological resilience in Beiwang Village, a new governance model is proposed.

When ecological restoration is carried out, it is funded by the government with the participation of ecological experts. The ecological condition in the village is monitored annually by the government and NGOs. If the condition is favorable, a bonus can be provided to the village committee for neighbourhood upgrading to encourage villagers to protect the ecosystem.

At the initial stage of converting traditional agriculture to eco-agriculture, the government has to provide policies and subsidies and promote eco-agricultural products. The village committee should also publicize the brand name of Beiwang's ecological agricultural products. Village collectives can participate in agricultural production by contracting farmland to farmers or in the form of eco-agricultural cooperatives. Eco-agricultural

|136|

experts will train and assist villagers and other rural farmers. The village committee will fund the construction and management of a market that will generate income for the village community by renting out stalls, as well as allowing local villagers and rural farmers to earn money through the sale of their own produce.

The government first funds infrastructure improvements, ecological restoration, etc. to attract agritourism industries. The village collectives can decide together which industries can be implanted according to their interests to bring more benefits to the village.





Beiwang Village

Eco-agriculture

Knowledge Hub

**Industrial Zone** 

#### Scenario 1 in cluster

In Scenario 1, Beiwang village can drive the development of the whole cluster through agritourism and eco-agriculture. Firstly, Beiwang village, as a pilot of agritourism, can drive other desakota to develop agritourism together. By sharing resources through highly connected infrastructure, a slow-traffic tourism route connecting multiple desakota can be formed within the cluster, which also has the opportunity to drive the development of the surrounding rural areas. In addition, a market can be added to Beiwang village to help local farmers and other surrounding rural farmers sell their agricultural products in conjunction with agritourism, which also promotes interaction between the city center, desakota and rural areas.

Besides, Beiwang village can also rely on ecological agriculture to drive the entire cluster. This is reflected in the development of eco-agriculture in Beiwang village as a pilot project, and the establishment of a knowledge hub to promote ecoagriculture and train farmers from the surrounding [138] desakota and rural areas. Eventually, the whole cluster will be transformed from traditional agriculture to eco-agriculture. On the one hand, the increase of crop yield will enable the cluster to better provide food for the city center, and on the other hand, there is a positive feedback between agricultural activities and ecosystems in the whole cluster, which can provide ecological value for the city.

In summary, in Scenario 1, through the development of agritourism and eco-agriculture, Beiwang village can not only drive the development of other desakota in the cluster, but also link the neighboring rural areas and increase the interaction between city center, desakota, and rural areas. This helps to realize integrated development at the municipal scale.





#### 7.2.3 Scenario 3: Smart Agro-Industrial Desakota



#### Overview of Beiwang village

#### • On the green corridor

Beiwang village is ecologically important as it is located on the green corridor of Wafangdian, so in this scenario it is also important to focus on the conservation of the mountain on the west side.

#### ■ Near to the city center

Given its proximity to the city center, there is an opportunity for Beiwang village in this scenario to drive agricultural production and sales through e-commerce. Beiwang village has the opportunity to develop services such as vegetable and fruit delivery, which on the one hand can boost local agricultural production and on the other hand

provide more low-skill job opportunities such as packaging and delivery. In addition, due to its high connectivity to the city, Beiwang village has the advantage of providing food for the city center, so industries such as agricultural processing and smart agriculture will also be promoted.

#### ■ The strategic point of the cluster

As a strategic point of the cluster, Beiwang village can be used as a pilot for smart agriculture. Through the establishment of a knowledge hub, smart agriculture will be promoted throughout the cluster in order to enhance the yield of agricultural products. In addition, the development of e-commerce will also drive the entire cluster, with

functions such as e-commerce center, agricultural product processing and logistics and warehousing in Beiwang village, which collects, processes, sells, and distributes desakota and rural crops.



ADAPTIVE PLANNING

Made by author

#### Strategies

#### 1. Mountain preservation & environmental enhancement

- > Mountain preservation
- > Removal of factories that pollute the river
- > Wetland restoration along the river

In this scenario, the socio-ecological resilience of Beiwang Village is realized through the development of technology based industries and agricultural-related industries, i.e. smart agriculture, agro-industry and e-commerce.

Although these industries are not natural related, ecological restoration is still needed to build socioecological resilience. As mentioned above, it's important to preserve the mountain in Beiwang village. There is also a need to purify the river and restore its banks.

#### |142|



AFTER



#### 2. Transformation to smart agriculture

- > Smart agriculture
- > Smart vertical farming
- > Smart agriculture knowledge hub & Farmers' training center

Secondly, reorganizing farmland and transforming traditional agriculture into smart agriculture to increase agricultural production. Local farmers and other rural farmers will be taught about smart agriculture through the establishment of smart agriculture knowledge hub and farmer training centers. The smart agriculture knowledge hub should also provide smart monitoring, data analysis, management, and research of farmland to control pests and diseases and improve agricultural production.

BEFORE



AFTER



|143|
### Strategies

### 3. Implantation of agro-production and smart industries

- > Transformation of existing factories to agro-production
- > Cooperation between food production, e-commerce, storage and logistics

In conjunction with smart agriculture, the existing machinery manufacturing industry should also be transformed into agricultural product processing, logistics and storage, and e-commerce, to maximize the agricultural strengths and extend the agricultural industry chain. The agro-production industry can process fruits and vegetables from Beiwang village and surrounding rural areas, providing more low-skilled job opportunities. In addition, e-commerce can help sell agricultural products and enhance the interaction between

the city, desakota and rural areas. Due to its proximity to the city center, Beiwang village can also develop fruit and vegetable delivery services such as 'Mei Tuan Vegetable Buying' with the help of e-commerce. Its packaging and delivery process can also promote local employment. To sum up, a complete industrial chain from agricultural cultivation, agricultural product processing, to e-commerce selling can be realized within Beiwang Village to maximize its agricultural advantages.

### 4. Social infrastructure upgrading

- > Add small parks with sports facilities
- > Add greenery in neighbourhoods
- > Reuse of warehouse as neighbourhood activity center
- > Connecting settlements to natural spots

To enhance villagers' accessibility to the natural environment, footpaths connecting neighbourhoods to rivers and mountains will also be planned.

The neighbourhood will also be upgraded through the provision of additional public space, greenery along the roads, and activity center to enhance the human well-being of the villagers.

### |144|





BEFORE

AFTER



| 145 |



### Vision map of smart agro-industrial desakota

In this scenario, a smart agricultural desakota is built. Ecological restoration promote a healthy ecosystem that provides diverse ecosystem services to support agricultural production and the daily lives of villagers, which thus enhances human well-being.

Although these industries are not very dependent on the condition of the ecosystem, they have less negative impact on the ecosystem than machinery manufacturing and provide more employment opportunities for villagers. The industries are closely related to agricultural resources and maximize their advantages which will bring more economic benefits to the village. Villagers will also be encouraged to protect the ecosystem through the strategies in the governance model that will be explained later. Ultimately, the socio-ecological resilience loop will be realized.

|146|







Spatial planning of scenario 2 Made by author In Scenario 3, Beiwang village integrating e-commerce, agricultural product processing, and smart agriculture will be established. The village has a large number of smart greenhouses, with robots farming the farmland and agricultural experts monitoring and analyzing the state of the farmland. Agricultural products are sold to the city through e-commerce. These activities have low negative ecological impacts and can greatly enhance local human well-being, and a socioecologically resilient desakota is built.





### Adjustment of governance model

The governance model of ecological restoration is the same as scenario 1.

Similar to Scenario 1, in the initial stage of conversion of traditional agriculture to smart agriculture, the government will provide policy and allowance subsidies and promote smart agricultural products. The village committee should also promote the brand of Beiwang's smart agricultural products. The village collective can participate in agricultural production by contracting farmland to farmers or in the form of a smart agriculture co-operative. Smart agriculture experts will monitor and manage the farmland, as well as train and help rural farmers.

The village collectives can jointly decide on the implantation of agro-processing industry and e-commerce. These new industries can help villagers sell their produce and provide more lowskilled job opportunities.

|150|



### Ecological Restoration





Socio-ecological resilient loop Made by author

### Scenario 3 in cluster

In this scenario, Beiwang village drives the development of the entire cluster through the development of e-commerce, agricultural production and smart agriculture. First, Beiwang village serves as a pilot for smart agriculture and promotes smart agriculture within the cluster through the Knowledge Hub, engaging the surrounding rural areas by training farmers. Through the development of smart agriculture, the cluster can increase agricultural yield and play an important role in providing food for the urban center.

In addition, with the development of e-commerce and logistics and warehousing centers, agricultural products within the cluster can be collected in Beiwang village and subsequently distributed to the city center. This better helps farmers sell their produce and can bring greater benefits to the cluster.

Besides, through mountain preservation, Beiwang village forms a green corridor with other |152| surrounding mountain ranges, which can provide ecological value at the municipal scale. Through the development of smart agriculture, the negative impact of agricultural activities on the environment is reduced throughout the cluster. Therefore, the cluster can provide social-ecological value to the neighborhood.

> In summary, in this scenario, Beiwang village can not only drive the development of other desakota in the cluster, but also promote the interaction between urban and rural areas, to integrate urban centers, desakota, and rural areas into a system through the provision of social and ecological values.

## help local farmers to switch from traditional agriculture to smart agriculture. **EXPERTS** We help farmers in Beiwang and surrounding villages sell vegetables and fruits through e-commerce. VILLAGERS I live in Beiwang village and I get my job by delivering fruits and vegetables to the city. VILLAGERS EXPERTS We monitor the condition of the farmland in the smart agriculture knowledge hub.

We do research on smart agriculture and also



|153|

Vision of scenario 3 in the cluster Made by author

### ADAPTIVE PLANNING

### 7.3 Principle Framework

Comparing the 4 scenarios mentioned above, some overlapping principles can be summarized that contribute to achieving socio-ecological resilience in desakota. These are: ecological restoration, industrial transformation, road system reorganization and settlement upgrading.

The first is to carry out ecological restoration based on the natural elements of the desakota, such as mountain restoration, river purification. and wetland restoration. The second is to remove existing industries that lead to the socio-ecological degradation of desakota and to implant new industries with low environmental impact. The new industries should be associated with the resources of desakota to maximize their strengths. Thirdly, the road system should be reorganized to connect various elements such as settlements, industries and nature, to improve connectivity within the desakota and avoid unbalanced development. Finally, it is necessary to upgrade the neighbourhoods in desakota, which is reflected in the upgrading of public services, the increase of public space and greenery. These planning principles help to promote positive interactions between the desakota's social and ecologial systems, creating a virtuous loop that ultimately

leads to socio-ecological resilience.

|154|

In summary, even though each scenario is different, the planning principles are the same. These principles help create development conditions that support a range of future possibilities for desakota. By enhancing the ability of different elements to promote socio-ecological resilience, desakota is guided to choose development paths flexibly, mitigating bad impacts and supporting desirable futures. Development conditions will be adjusted based on the choices of multiple stakeholders and a socially preferred scenario will be selected. This provides desakota with more flexibility than blueprint planning and enhances desakota's adaptability in a changing environment.



| 155 |

### 7.4 Evaluation of Scenarios

In order to assess the scenarios more objectively, an evaluation system was established as described below. The assessment focuses on four main components: feasibility, socio-ecological resilience, villagers' benefits and planning alignment.

Feasibility reflects the possibility of scenario realization and the degree of compatibility with current resources and conditions. Specifically, it includes government investment, ease of construction, potential barriers, and compatibility with existing resources. By comparing and scoring the two scenarios mentioned above, the results show that Scenarios 3 is more feasible for Beiwang village.

The assessment of socio-ecological resilience is divided into construction of healthy ecosystem and the enhancement of human well-being. Healthy ecosystem building is assessed primarily in terms of soil, air, water and forest health and biodiversity, and the ability of ecosystems to provide ecosystem services. Human well-being is assessed in terms of basic materials for living, quality of life and spiritual abundance, impacts on ecosystems, and willingness to protect ecosystems. These dimensions reflect the potential to promote a virtuous loop in which ecosystems and social systems provide positive feedback to each other. Combining these assessment criteria for

As villagers are the main stakeholders and are closely related to village development. **The four scenarios were also assessed in terms of** 

Beiwang village, scenarios 1 scored high.

villagers' interests. This is reflected in the level of economic growth, job opportunities, required investment, enhancement of the environment and public services, and the promotion of village. Thus, Scenario 1 is more likely to bring benefits to villagers in Beiwang village.

The assessment of planning alignment reflects the extent to which the scenarios promote urban-rural interaction and the degree to which they coincide with municipal-scale planning. From this perspective, Scenario 3 best promotes urban-rural integration and cooperation between desakota in Beiwang village.

Since these four dimensions have different levels of influence on building socio-ecological resilience and achieving integrated development, each of their scores was given different weights for each component separately, and the final results show that scenarios 1 and 3 are both suitable for Beiwang village.

EVALUATION CRITERIA						Scenario 2	Scenario 3	Scenario 4
	Less Fin	t (Government)	2		3			
FEASABILITY		Ease of Con	struc	tion	2		4	
	]	rrier	2		3			
	Compat	ing Resources	5		4			
		30%	11/20		14/20			
SOCIO- ECOLOGICAL RESILIENT	Level of ecosystem health	Soil Health Level Air Quality			5		4	
					4		3	
		Water Quality			4		3	
		Forest Quality			5		5	
		Biodiversity			4		2	
		Capacity to provide diverse ecosystem services			4		2	
		SU	JM	15%	26/30		19/30	
	Level of Social Well-being	Basic Materia of Life	c ial	Availability of Clean Air and Water	4		2	
				Housing Quality	5		4	
			e	Job Opportunity	4		5	
		Quality of Life		Public Services Quality	4		3	
			ty	Transportation Quality	5		3	
			è	Public Spaces Quality	4		2	
				Environmental Quality	4		2	
		Mental Fullfillment		Reduction of Isolation and Loneliness	4		4	
		of Peop	ole	Sharing, Learning and Interaction Opportunities	5		5	
		Less negative impact on ecosystems		5		3		
		Willingness to protect ecosystems			4		2	
		15%	48/55		35/55			
VILLAGERS BENEFIT		th Level	4		4			
		tunities	5		5			
	Environmen	ice Enhancement	4		2			
	Less In	e Committee)	3		4			
		otion	5		5			
		30%	21/25		20/25			
PLANNING ALIGNMENT	Consistency with Municipal Planning			el of Synergy Development of Desakota	5		5	
	Promoting synergistic urban-rural development			Level of Promoting Rural Development	3		5	
				el of Interaction with Cities	4		5	
SUN				10%	12/15		15/15	
	FINAI	SCOPE	2		0.75		0.74	

|157|

### 7.5 No-regret Strategies

In order to provide flexibility for village development, scenarios 1 and 3 are compared and some overlapping no-regret strategies are proposed that are compatible with the development of both. Such as mountain preservation and river purification, slow traffic system construction and neighbourhood upgrading.

Regardless of which scenario is ultimately decided, these strategies will help to realize the final vision and ultimately result in a socioecologically resilient desakota.



### 1. Mountain preservation & river purification

- > Mountain preservation
- > Removal of factories that pollute the river
- > Wetland restoration along the river



### 2. Removal of factories in the farmland

> Restructure the farmland for eco-agriculture or smart agriculture



- > Reuse of warehouse as neighbourhood activity center



### 3. Neighbourhood upgrading

- > Add small parks with sports facilities
- > Add greenery in neighbourhoods
- > Connecting settlements to natural spots

### 7.6 Summary of the Adaptive Planning Process

In summary, building social-ecological resilience in desakota should be done through flexible adaptive planning. The planning process can be summarized in the following steps.

Firstly, the position of desakota should be analyzed at the municipal scale, to determine whether it is a strategic point or an ordinary desakota, and whether it is strategically important at the municipal scale, e.g., located on an ecological corridor, or on a tourism development belt. This overview can guide subsequent scenario building. This process is led by the government and planning authorities.

The four scenarios should then be compared according to the conditions and resources of the desakota, eliminating completely unsuitable scenarios and selecting likely scenarios for scenario building, including proposing planning strategies and vision maps, etc. This process involves the planning institution, experts and the village committee. The process also engages villagers in order to meet their needs.

| 160

After scenario building, those scenarios are evaluated by the government, the planning institution, and the village committee based on the evaluation system mentioned above, and the scenarios with the highest scores are finally selected. These scenarios are compared, and noregret strategies are proposed to support diverse possibilities which provides more flexibility for future development.

Based on the no-regret strategies, multiple stakeholders were engage into co-creation workshops in order to enhance public participation and build socio-ecological resilience. Here planning institution, village committee, and experts work together with villagers, farmers, factories, investors, and NGOs to decide on the future development of the village. This workshop usually takes place several times, where stakeholders can propose their suggestions on the chosen scenarios, which are then coordinated by the planning institution and the experts. In this way the public becomes more influential in the final decision on planning, which can improve local adaptivity and human well-being.

Finally, a vision map for desakota is developed jointly by the government and planning institution based on the results of the workshops.



Government

**Planning Institution** 





| 161 |





### CONCLUSION



### **CONCLUSION**



| 163 |



The topic of this thesis is the socio-ecologically resilient and integrated development of desakota in villages in a shrinking context. Taking Liaoning as an example, this study explores how to build socio-ecological resilience in shrinking desakota through planning from both spatial and governance dimensions. China's peri-urban areas, as intermediate areas different from urban and rural areas, are always neglected in the planning process and thus suffer from marginalization and socio-ecological degradation. In the context of shrinkage, desakota suffer more pressure. By exploring a range of future possibilities for desakota, this study hopes to demonstrate that desakota can also be socio-ecologically resilient and have a bright future.

The research of this project mainly consists of theoretical research and practical research. The theoretical research refers to the theoretical and conceptual frameworks proposed based on the literature review, while the practical research is the specific analysis of Liaoning, Wafangdian City and Beiwang Village. The research guided the design of the planning principles, the vision of Wafangdian, and four scenarios of Beiwang Village. The design of these strategies, visions and scenarios in turn influenced the research. For example, through the vision design of Wafangdian, the author adjusted the conceptual framework to better demonstrate how to build socio-ecological resilience in desakota and how to achieve integrated development. In this study, research and design complement each other in a loop and drives the study process.

This study uses the elemental approach to specifically analyze the problems in desakota and deconstruct the complex issue of socio-ecological degradation. It then explores how to realize integrated development and build a socio-ecologically resilient desakota at both the municipal and local scales through two case studies. This study argues that desakota is expected to achieve a more desirable future through cooperation and to serve as a connector between urban and rural areas to build a unified and integrated system at the municipal scale. This study suggests that adaptive planning presents multiple possibilities for desakota to achieve socio-ecological resilience through scenario building. It provides more flexibility and enhances local adaptivity from both spatial and institutional perspectives.

This study hopes to fill the knowledge gap of adaptive planning to enhance socio-ecological resilience in peri-urban areas in shrinking context. Besides, this study hopes to draw the attention of other researchers to desakota in a shrinking context through the study of Liaoning and provide implications for rural peri-urban areas facing similar problems.

However, due to the time issue, there are still some questions that remain unresolved in this study. For example, how likely is it that desakota can achieve industrial transformation in a shrinking context? Are the planning principles proposed in this study applicable to all desakota in the same context? These questions still need to be answered by more in-depth research.

| 165 |

APPENDIX



### **Bibliography**

Alexander Wandl, D. I., Nadin, V., Zonneveld, W., & Rooij, R. (2014). Beyond urban-rural classifications: 1. Characterising and mapping territories-in-between across Europe. Landscape and Urban Planning, 130, 50-63. https://doi.org/10.1016/j.landurbplan.2014.06.010

Berkes, F. (2017). Environmental Governance for the Anthropocene? Social-Ecological Systems, Resilience, 2. and Collaborative Learning. Sustainability, 9(7), 1232. https://doi.org/10.3390/su9071232

3. Berkes, F., Folke, C., & Colding, J. (1998). Linking social and ecological systems : management practices and social mechanisms for building resilience. Cambridge University Press.

Berrouet, L. M., Machado, J., & Villegas-Palacio, C. (2018). Vulnerability of socio-ecological systems: A 4. conceptual Framework. Ecological Indicators, 84, 632-647. https://doi.org/10.1016/j.ecolind.2017.07.051

Biggs, R., de Vos, A., Preiser, R., Clements, H., Maciejewski, K., & Schlüter, M. (Eds.). (2022). The Routledge 5. Handbook of Research Methods for Social-Ecological Systems. Routledge.

Burkhard, B., Kroll, F., Nedkov, S., & Müller, F. (2012). Mapping ecosystem service supply, demand and 6. budgets. Ecological Indicators, 21, 17–29. https://doi.org/10.1016/j.ecolind.2011.06.019

7. Cardoso, R., Sobhani, A., & Meijers, E. (2021). The cities we need: Towards an urbanism guided by human needs satisfaction. Urban Studies, 59(13), 004209802110455. https://doi.org/10.1177/00420980211045571

Carpenter, S. R., & Gunderson, L. H. (2001). Coping with Collapse: Ecological and Social Dynamics in 8. Ecosystem Management. BioScience, 51(6), 451. https://doi.org/10.1641/0006-3568(2001)051%5B0451:cwceas%5D 2.0.co;2

9. Chen, S., Chen, H., Yang, R., & Ye, Y. (2023). Linking social-ecological management and ecosystem service bundles: Lessons from a peri-urban agriculture landscape. Land Use Policy, 131, 106697. https://doi.org/10.1016/ j.landusepol.2023.106697

Costanza, R., Fisher, B., Ali, S., Beer, C., Bond, L., Boumans, R., Danigelis, N. L., Dickinson, J., Elliott, C., 10. Farley, J., Gayer, D. E., Glenn, L. M., Hudspeth, T., Mahoney, D., McCahill, L., McIntosh, B., Reed, B., Rizvi, S. A. T., Rizzo, D. M., & Simpatico, T. (2007). Quality of life: An approach integrating opportunities, human needs, and subjective well-being. Ecological Economics, 61(2), 267–276. https://doi.org/10.1016/j.ecolecon.2006.02.023

| 168 | Costanza, R., & Mageau, M. (1999). What is a healthy ecosystem? Aquatic Ecology, 33(1), 105-115. https:// 11. doi.org/10.1023/a:1009930313242

Costanza, R., Norton, B. G., & Haskell, B. D. (1992). Ecosystem Health: New Goals for Environmental 12. Management. In Google Books. Island Press. https://books.google.nl/books/about/Ecosystem\_Health. html?id=opzqx56nBkMC&redir\_esc=y

de Roo, G. (2015). Going for Plan B - conditioning adaptive planning: About urban planning and institutional 13. design in a non-linear, complex world. In Handbook on Complexity and Public Policy. Edward Elgar Publishing.

14. de Roo, G., Rauws, W., & Zuidema, C. (2020). Adaptive planning and the capacity to perform in moments of change. Handbook on Planning and Complexity. https://doi.org/10.4337/9781786439185.00010

Ding, R., Zhu, Y., Shen, S., Du, L., Fu, J., Zou, J., & Peng, L. (2024). Does Urban Shrinkage Inhibit Residents' 15. Welfare? From the Perspective of Urban-Rural Development in China. Social Indicators Research, 2024. https://doi. org/10.1007/s11205-023-03279-3

Endemann, H. (2019). A COMPACT DESAKOTA? PERI-URBAN AREAS IN THE JING-JIN-JI 16. MEGAREGION (CHINA).

Eraydin, A., & Özatağan, G. (2021). Pathways to a resilient future: A review of policy agendas and governance 17. practices in shrinking cities. Cities, 115, 103226. https://doi.org/10.1016/j.cities.2021.103226

Fan, J. (2019). Space-Time Analysis and Factors Attribution of Urban Shrinkage in Northeast China. The 18. Urban Book Series, 83–101. https://doi.org/10.1007/978-981-13-2646-2\_5

19. Fantini, A. (2022). Urban and peri-urban agriculture as a strategy for creating more sustainable and resilient urban food systems and facing socio-environmental emergencies. Agroecology and Sustainable Food Systems, 47(1), 1-25. https://doi.org/10.1080/21683565.2022.2127044

Folke, C. (2006). Resilience: The emergence of a perspective for social-ecological systems analyses. Global 20. Environmental Change, 16(3), 253–267. https://doi.org/10.1016/j.gloenvcha.2006.04.002

Frank, B. (2017). Urban Systems: A Socio-Ecological System Perspective. Sociology International Journal, 21. 1(1). https://doi.org/10.15406/sij.2017.01.00001

22. google.nl/books?hl=zh-CN&lr=&id=6EzyPHETvWMC&oi=fnd&pg=PR7&dq=China%E2%80%99s+urban+tran sition&ots=8BpGJBIZJ6&sig=OLc1j0Bpql\_Q5L6S-\_aPWhg\_czw&redir\_esc=y#v=onepage&q=China%E2%80%9 9s%20urban%20transition&f=false

23. Personality, 77(4), 1025–1050. https://doi.org/10.1111/j.1467-6494.2009.00573.x

24. In Google Books. University of Hawaii Press. https://books.google.nl/books?hl=zh-CN&lr=&id=OGWoa3bW-cYC &oi=fnd&pg=PR7&dq=the+extended+metropolis&ots=vJ9tQpOent&sig=yPA1glSBaFq2i6xbUrWekCnAoXo&re dir esc=y#v=onepage&q=the%20extended%20metropolis&f=false

Gregotti, V. (2009). The Form of the Territory. On Territories, OASE(80), 7-22. 25.

26. Liaoning Province. Complexity, 2020, 1-13. https://doi.org/10.1155/2020/5436061 27. doi.org/10.2307/3773870

28. K., Stoeckl, N., Turner, K., & van 't Hoff, V. (2022). Ecosystem health, ecosystem services, and the well-being of humans and the rest of nature. Global Change Biology, 28(17). https://doi.org/10.1111/gcb.16281

29.

Herrmann, D., Shuster, W., Mayer, A., & Garmestani, A. (2016). Sustainability for Shrinking Cities. 30. Sustainability, 8(9), 911. https://doi.org/10.3390/su8090911

31. stable/20025416

32. org/10.2307/2787065

33. of Human Well-Being within a Socioecological Context: A Literature Review. Social Indicators Research, 116(3), 681-698. https://doi.org/10.1007/s11205-013-0320-0

34. S., Daily, G., Ehrlich, P., Kautsky, N., Mäler, K.-G., Polasky, S., Troell, M., Vincent, J. R., & Walker, B. (2012). Socialecological systems as complex adaptive systems: modeling and policy implications. Environment and Development Economics, 18(2), 111–132. https://doi.org/10.1017/s1355770x12000460

35. path change. Nordia Geographical Publications, 49(5), 49-74. https://doi.org/10.30671/nordia.97970 36. org/10.1007/978-981-13-2646-2

37. Institute of Engineering(Social Sciences), 2(4), 451–453. https://doi.org/10.13888/j.cnki.jsie(ss).2006.04.13 38.

国城市规划年会论文集(10城乡治理与政策研究),67-82.

39. transformation impact land use change in rural residential areas? A comparative regional analysis at the peri-urban interface. Journal of Cleaner Production, 205, 76-85. https://doi.org/10.1016/j.jclepro.2018.08.323 40. empirical study Go Back. https://proceedings.systemdynamics.org/2001/papers/Maani\_1.pdf 41.

327-351. https://doi.org/10.1007/978-3-319-98696-8 14

- Friedmann, J. (2005). China's Urban Transition. In Google Books. U of Minnesota Press. https://books.
- Gallagher, M. W., Lopez, S. J., & Preacher, K. J. (2009). The Hierarchical Structure of Well-Being. Journal of
- Ginsburg, N. S., Koppel, B., & McGee, T. G. (1991). The Extended Metropolis: Settlement Transition Is Asia.
- Guan, D., Lei, L., & Han, Z. (2020). Spatial-Temporal Variation of Population Aging: A Case Study of China's
- Guldin, G. E. (1996). Desakotas and beyond: Urbanization in Southern China. Ethnology, 35(4), 265. https://
- Hernández-Blanco, M., Costanza, R., Chen, H., deGroot, D., Jarvis, D., Kubiszewski, I., Montoya, J., Sangha,
- Herrmann, D. L., Schwarz, K., Shuster, W. D., Berland, A., Chaffin, B. C., Garmestani, A. S., & Hopton, M. E. (2016). Ecology for the Shrinking City. BioScience, 66(11), 965–973. https://doi.org/10.1093/biosci/biw062

  - Holland, J. H. (1992). Complex Adaptive Systems. Daedalus, 121(1), 17-30. https://www.jstor.org/

- Keyes, C. L. M. (1998). Social Well-Being. Social Psychology Quarterly, 61(2), 121-140. https://doi.
- King, M. F., Renó, V. F., & Novo, E. M. L. M. (2013). The Concept, Dimensions and Methods of Assessment
- Levin, S., Xepapadeas, T., Crépin, A.-S., Norberg, J., de Zeeuw, A., Folke, C., Hughes, T., Arrow, K., Barrett,
- Liu, R. (2021). Strategies for sustainability in shrinking cities: Frames, rationales and goals for a development
- Long, Y., & Gao, S. (2019). Shrinking Cities in China. In The urban book series. springer. https://doi.
- Lu, S. (2006). Talking about the development history of Liaoning's urbanisation. Journal of Shenyang
- Ma, J., & Chen, R. (2016). Identifying Characteristics, Trends and Influencing Factors of Urban Shrinkage in Liaoning Province, 辽宁省城市收缩的特征、趋势与影响因素识别.规划 60年:成就与挑战 ——2016 中
  - Ma, W., Jiang, G., Li, W., & Zhou, T. (2018). How do population decline, urban sprawl and industrial
  - Maani, K., & Maharaj, V. (2001). Systemic Thinking and Complex Problem Solving A theory building
  - McGowan, L., Jay, S. J., & Kidd, S. (2019). Scenario-Building for Marine Spatial Planning. Springer EBooks,

Millennium Ecosystem Assessment Board. (2003). Ecosystems and Human Well-being Millennium Ecosystem 42. Assessment. http://pdf.wri.org/ecosystems\_human\_wellbeing.pdf

Mngumi, L. E. (2019). Socio-ecological resilience to climate change effects in peri-urban areas: insights from 43. the Pugu and Kazimzumbwi forest reserves of Dar es Salaam, Tanzania. GeoJournal, 86. https://doi.org/10.1007/ s10708-019-10071-9

NatureScot. (2023, November 27). Ecosystem services - nature's benefits. NatureScot. https://www.nature. 44. scot/scotlands-biodiversity/scottish-biodiversity-strategy-and-cop15/ecosystem-approach/ecosystem-services-naturesbenefits

Pablo Torres Lima, Sandra Lee Pinel, & Conway-Gómez, K. (2018). Adaptive Governance for Resilience of 45. Peri-Urban Socioecological Systems. Resilient Cities. https://doi.org/10.1007/978-3-319-76944-8 4

Rauws, W., & De Roo, G. (2016). Adaptive planning: Generating conditions for urban adaptability. Lessons 46. from Dutch organic development strategies. Environment and Planning B: Planning and Design, 43(6), 1052-1074. https://doi.org/10.1177/0265813516658886

Ren, D., Qiu, A., Cao, A., Zhang, W., & Xu, M. (2023). Spatial Responses of Ecosystem Service Trade-offs 47. and Synergies to Impact Factors in Liaoning Province. Environmental Management, 2023. https://doi.org/10.1007/ s00267-023-01919-5

Shen, J., Feng, Z., & Wong, K.-Y. (2006). Dual-track urbanization in a transitional economy: The case of Pearl 48. River Delta in South China. Habitat International, 30(3), 690–705. https://doi.org/10.1016/j.habitatint.2005.04.003 Tian, L., & Guo, Y. (2019). Peri-Urban China: Land Use, Growth, and Integrated Urban-Rural Development. 49. In Google Books. Routledge. https://books.google.nl/books?hl=zh-CN&lr=&id=cz33DwAAQBAJ&oi=fnd&pg=P P1&dq=+Peri-Urban+China:+Land+Use

Walker, B., Holling, C. S., Carpenter, S. R., & Kinzig, A. P. (2004). Resilience, Adaptability and 50. Transformability in Social-ecological Systems. Ecology and Society, 9(2). https://doi.org/10.5751/es-00650-090205

Walton, S., O'Kane, P., & Diane Rongo Ruwhiu. (2019, April). Developing a theory of plausibility 51. in scenario building: Designing plausible scenarios. ResearchGate; Elsevier. https://www.researchgate.net/

|170

publication/332400952\_Developing\_a\_theory\_of\_plausibility\_in\_scenario\_building\_Designing\_plausible\_scenarios 52. Wang, X., Li, Z., & Feng, Z. (2022). Classification of Shrinking Cities in China Based on Self-Organizing Feature Map. Land, 11(9), 1525. https://doi.org/10.3390/land11091525

53. Xie, Y., Batty, M., & Zhao, K. (2007). Simulating Emergent Urban Form Using Agent-Based Modeling: Desakota in the Suzhou-Wuxian Region in Chin. Annals of the Association of American Geographers, 97(3), 477-495.

54. Xie, Y., Yu, M., Bai, Y., & Xing, X. (2006). Ecological analysis of an emerging urban landscape pattern desakota: a case study in Suzhou, China. Landscape Ecology, 21(8), 1297-1309. https://doi.org/10.1007/s10980-006-0024-9

55. Yamafuji, K., & Woods, M. (2021, April 8). Ecosystem Services: the fundamentals (Part I). Green Element. https://www.greenelement.co.uk/blog/ecosystem-services-the-fundamentals-part-i/

56. Young, O. R., Berkhout, F., Gallopin, G. C., Janssen, M. A., Ostrom, E., & van der Leeuw, S. (2006). The globalization of socio-ecological systems: An agenda for scientific research. Global Environmental Change, 16(3), 304-316. https://doi.org/10.1016/j.gloenvcha.2006.03.004

Zhang, L., LeGates, R., & Zhao, M. (2016). Understanding China's Urbanization: The Great Demographic, 57. Spatial, Economic, and Social Transformation. In Google Books. Edward Elgar Publishing. https://books.google.nl/ books?hl=zh-CN&lr=&id=d8ixCwAAQBAJ&oi=fnd&pg=PP2&dq=Understanding+China%E2%80%99s+urbaniza tion:+The+great++demographic

Zhang, Q. (2023). The Elemental Metropolis: The Past and Future of the Extended Urbanity in the Yangtze 58. River Delta, China. In Google Books. Springer Nature. https://books.google.nl/books?hl=zh-CN&lr=&id=hEfPE AAAQBAJ&oi=fnd&pg=PR5&dq=the+elemental+metropolis+the+past+and+future&ots=HRI8fvJ0tt&sig=L0 mpmjosCS4oQbdfvJdyvuF7KNI&redir\_esc=y#v=onepage&q=the%20elemental%20metropolis%20the%20past%20 and%20future&f=false

Zhang, S. (2023). 辽宁省农村劳动力转移现状及对策. 农业科技与装备, 2023(05), 77-78. https://doi. 59. org/10.16313/j.cnki.nykjyzb.2023.05.017

Zhao, J. (2020). Sub-urban, reinventing the pei-urban villages. Repository.tudelft.nl. https://repository.tudelft. 60. nl/islandora/object/uuid%3A9e62bdde-c8c7-468a-ad92-0520742e50b1 China Shrinking Cities Research Network, 中国收缩城市研究网络. (n.d.). Beijing City Lab. https://www. 61.

beijingcitylab.com/projects-1/15-shrinking-cities/

62. Zhu, Y. (1999). New Paths to Urbanization in China: Seeking More Balanced Patterns. Nova Science Publishers.

### Sources of Figures

Fig 1: https://en.wikipedia.org/wiki/Desakota#/media/File:Baiyun,\_Guangzhou,\_Guangdong,\_China\_-\_ 1. panoramio (33).jpg

Fig 7: http://mp.cnfol.com/50733/article/1647939625-140338688.html 4. Fig 7: https://m.163.com/dy/article/H3317D3Q0550ASNM.html

Fig 7: https://baijiahao.baidu.com/s?id=1634580462738229811&wfr=spider&for=pc 5.

6. baijiahao&baijiahao id=1725536865911844173

- 7. Fig 9: https://www.myxiangcun.com/anjia/20200619142553480.html
- Fig 10: https://www.163.com/dy/article/FEBH432K0532B1KJ.html 8.
- Fig 11: http://www.kingland119.com/index.php/land/72999/detail 9.
- Fig 16: https://www.sohu.com/a/212411892\_771385 10.
- Fig 17: https://www.sohu.com/a/714881784\_121117480 11.
- 12. Fig 18: https://www.163.com/dy/article/DIQI4QKK0524J7FH.html
- Fig 19: https://mp.weixin.qq.com/s/w-T4Z5LMDuUCXtb6tQOEcA 13.
- Fig 20: https://mp.weixin.qq.com/s/OfUHW6eT65Zf86adXTqXnw 14.
- 15. Fig 21: https://travel.sohu.com/a/742469298 121106822
- Fig 22: https://news.sohu.com/a/678276409\_121123756 16.
- 17. Fig 23: https://www.xiaohongshu.com/explore/63303cf500000001703a2b0
- Fig 24: https://yhqsj.cn/5779.html 18.
- 19. Fig 25: http://www.360doc.com/content/19/1101/04/49586\_870379299.shtml
- 20. Fig 26: http://www.dajilin.com/home/content/2023-10/29/content 237441.html
- 21. Fig 27: https://new.qq.com/rain/a/20240527A01C4W00
- Diagram1: Fig 1: https://b2b.baidu.com/land?id=88d576ad6d60cd4334767fc519bb2cd010 22. Fig 2: https://www.scbstone.com/news/detail-7742.html
- Collage of news: https://mp.weixin.qq.com/s/mP\_GaX7QuujXA\_GytKQG6w 23. https://k.sina.com.cn/article\_5342168018\_13e6b03d200100f4pr.html

```
Fig 8: https://mbd.baidu.com/newspage/data/error?id=1725536865911844173&wfr=spider&for=pc&third=
                                                                                         |171|
Fig 3: https://baijiahao.baidu.com/s?id=1800910778599769430&wfr=spider&for=pc
```

### The Colonial Period 1840-1948

>Cities were developed based on railroads and harbour.

- >Dual-core status of Shenyang and Dalian initially emerged.
- >Laid the foundation for Liaoning's industrialization and urbanization.

### Harbour of Dalian

Dalian City Center in 1930s

Urban development during this period was reactive, largely following the architectural style and planning of the Tsarist colonial period.

Tsarist Russia and Japan for the development of export trade, both attach great importance to the port of Dalian. The master plan of Dalian was made with the port of Dalian as the center.



### Train station in Shenyang

In order to facilitate the transportation of goods and the occupation of territory, Japan built the Fengtian Railway Station in Shenyang in 1912.

### Industries in Dandong in 1930s

During the Japanese colonial period, many resource-based cities in Liaoning were industrialized in order to develop military industries



--

### APPENDIX



Masterplan of Dalian in 1901 Source: Dong, 2001



Urban expansion of Shenyang Source: Gao, 2015

| 173 |

### The Planned Economy Period 1949-1957

>This was the most prosperous period of national industrialization and Liaoning's vigorous development of heavy industry.

- >Farmers owned their land, but the rural surplus labor force was not resettled.
- >Large-scale urban construction and plenty of people moved from rural to cities.
- >Creation of an urban-rural dichotomy.

### Land Reform in 1953

Peasants own their land after the land reform, but the surplus labor force has not been properly resettled

### The Industrial Spirit

Plenty of industrial products were produced, and a representative of the industrial spirit was nurtured here - the "Iron Man Spirit" and the "Daqing Spirit" became spiritual examples leading the nation.



### A Street in Dalian in 1956

Large-scale urban construction and renovation took place during this period, increasing the demand for labor and the influx of large numbers of people into the cities.

Collage of the planned economy period Source: See Apendix. Made by author

### Industries in Anshan

During this period, the country was fully industrialized, and Liaoning vigorously developed heavy industry, which flourished in many cities.



Car factory in Changchun Source: Internet



Jin county in Liaoning in 1955 Source: Internet

175

### The Turbulent Period 1958-1977

>Controlling urbanization through population control.

>Enactment of 'hukou' system to limit the urban population.

>Development of sideline businesses and communal enterprises.

>The beginning of rural industrialization set the stage for the growth of non-agricultural activities later.

**Rural Mechanized Production** 

### Lock Production in 1960s



### Communal Collective Agricultural Production

In order to realize the vision of urban-rural parity, MaoZedong established communes in the countryside and encouraged collective production.

Collage of the turbulent period Source: See Apendix. Made by author Industries in Anshan

Both urban and rural areas were developing industrialization during this period.



Registration of hukou Source: Internet



People are making steel Source: Internet

177 |

### The Boom period 1978-1990

>Rapid development of small and medium-sized towns throughout the country.

>The emergence of a large number of township and village enterprises.

>Large-scale rural industrialization, emerging a lot of semi-industrial and semi-agricultural villages.

>Unorganized and dispersed in-situ urbanization.

Rapid Growth of Small Towns



During this period, township and village enterprises were the focus of development, and a large number of small-scale ndustries emerged in the countryside, creating unorganized rural industrialization.

### Household Contract Responsibility System

Comprehensive implementation of the household contract responsibility system, with increased incentives for farmers to produce and a significant increase in food production.



Relaxation of State economic control over the countryside and vigorous industrialization of the countryside.



Factory in a town of Fushun Source: Internet



People working in village enterprises Source: Yuwen Wang

### The Growth-oriented Period 1991-2010

>Economies of scale and agglomeration guided the development of cities. Many megacities emerged.

>Growth-oriented urban development led cities to develop land to the periphery or beyond. Villages were surrounded by industrial zones and high-dense residential buildings.

>Transformation of the economic system and decline in the proportion of heavy industry.

>Rural industries were in decline and were gradually replaced by industrial zones.

### Construction of High-dense Housing

Urban sprawl to the periphery and massive construction of high-density housing.

### Construction of Industrial Zones

A large number of industrial parks have been built on the outskirts of cities, and these are gradually replacing rural industries.

### Construction of megacities

The benefits of economies of scale and agglomeration have been realized, and a large number of megacities have emerged across the country.

### Factory workers lost their job

As a result of the transformation of the economic system, many heavy industries in Liaoning have suffered and many workers have been laid off.

### People Move to Other Cities for Jobs

Liaoning's economic downturn has left many people to leave their homes and look for work abroad.

| 180 |



Planning of Liaoning in 2003 Made by author



Industrial zone in Shenyan Source: Internet

| 181 |

>Emphasizing rural-urban integration and encouraging rural revitalization.

>Rural revitalization focuses on rural areas with beautiful landscape and historical heritage.

>Strategies for rural revitalization are mostly agro-tourism and e-commerce.

>Lack of planning guidelines for normal desakota.

E-commerce Helps Agriculture

To achieve rural revitalization and help farmers increase their income, the government encourages e-commerce to drive the sale of agricultural and sideline products.



### Construction of 'Beautiful Village'

For rural areas with excellent landscape conditions, the Government encourages the construction of 'beautiful villages'.

### Preservation of 'Historical Town'

For historical towns with cultural heritage, the Government promotes the 'preservation of historical towns'.

Collage of the boom period Source: See Apendix. Made by author



Agro-tourism Source: Internet



E-commerce helps agriculture Source: Internet

### 2. Scenario Building for Beiwang Village

### Scenario 2: Eco Wellness Desakota

In this scenario, the socio-ecological resilience of Beiwang Village is realized through the development of natural-related industries and other non-agricultural industries. Similar to the previous scenario, the primary strategy is ecological restoration. The factories along the river need to be removed, a lake will be constructed in the middle of the river, and the wetlands along the river need to be restored. And the mountains need to be conserved and the one on the southwest side of the village can be developed into a mountain park for ecological tourism. Eventually, a bluegreen system will be formed in Beiwang Village.

| 184 |

Human activities also need to be shifted in this scenario. Existing machinery manufacturing will be transformed into ecological tourism and recreational industries while the factories' buildings will be reused. Some farmland will be eliminated to support the development of ecotourism and recreation industries.

### **Strategies**

In this scenario, the socio-ecological resilience of Beiwang Village is realized through the development of natural-related industries and other non-agricultural industries. Similar to the previous scenario, the primary strategy is ecological restoration. The factories along the river need to be removed, a lake will be constructed in the middle of the river, and the wetlands along the river need to be restored. And the mountains need to be conserved and the one on the southwest side of the village can be developed into a mountain park for ecological tourism. Eventually, a bluegreen system will be formed in Beiwang Village.

the villagers.

Since there is an existing football center in the village and the village's proximity to the town

### Implantation of ecological tourism and recreational industries

> Implantation of ecological tourism and recreational activities and related services

> Connecting industries with pedestrian and cycling pathway system

> Reuse of factories for spa and gyms

BEFORE



Technology Based Industry





center, an ecological and recreational desakota with golf, yoga, outdoor sport fields, equestrianism, etc. can be built. In addition, eco-tourism projects such as mountain parks and camping zones can be created, and related service industries can be developed to provide more job opportunities for

This scenario also requires the construction of a slow-moving system to connect the tourist attractions on the east and west sides of the village and to upgrade the neighbourhood. The specific strategies are the same as in the previous scenario, and will not be repeated here.

| 185 |



### Vision map of scenario 2

In this scenario, ecological restoration promotes a healthy ecosystem that provides diverse ecosystem services to support ecological tourism, recreational industries, agriculture and the daily lives of villagers, which thus enhances human wellbeing.

Since the industry highly relies on the ability of ecosystems to provide ecosystem services, villagers need to protect the ecosystem and constrain the impact of human activities on the ecosystem. Eventually, a socio-ecological resilience loop will be achieved.



| 186 |





Spatial planning of scenario 3 Made by author APPENDIX







189

### Adjustment of governance model

The new governance model for this scenario is similar to the previous one. But there are still some differences.

Firstly, as new industries highly rely on the environmental condition, investors will also be engaged in providing fundings for ecological restoration and infrastucture upgrading. But the main body is still the government.



| 190 |



### Develop Eco-tourism and Recreational Industry



| 191 |

### Scenario 4: Clean Energy & Machinery Desakota

In this scenario, the socio-ecological resilience of Beiwang Village is realized through the development of technology based industries and other non-agricultural industries, i.e. green energy and machinery manufacturing.

The natural restoration is the same as scenario 3. Some existing factories also need to be removed and the farmland will be restructured. Some large factories near farmland will be kept and used as agricultural waste trading center which is related to the production of biomass energy. Farmers can sale their agricultural waste, such as crop residues (corn stalks, wheat straw, and rice husks) and animal manure to the trading center. In this way, farmers will be able to turn waste into treasure and agriculture will cause less pollution to the ecosystem.

| 192 |

### Eco-agriculture Eco-tourism Recuperate & Recreation Agri-tourism **Other Industries** Green Energy Smart Agriculture Ġ Machinery Manufacturing Agro-industry E-commerce

Natural Based Industry

Technology Based Industry

### **Strategies**

Some big scale machinery manufacturing industries will be kept, others will be removed while biomass enery production and eco-friendly agri-machinery manufacturing will be implanted. The agricultural waste collected from farmers will be used for the production of biomass energy. The energy will be used in machinery manufacturing industries and daily use of the village. Existing machinery manufacturing can cooperate with ecofriendly agri-machinery manufacturing, and these agricultural equipment will be used in Beiwang and surrounding villages thus reducing agricultural pollution. Therefore, a circulation will be achieved.

# as above scenario.

### Implantation of clean energy industries

- > Retention of part of the existing machinery manufacturing
- > Reuse existing factories for biomass energy production and eco-frienly agri-machinery manufacturing
- > Cooperation between biomass energy industry, machineru manufacturing industries and farmers

BEFORE







To support these industries, the road system will need to be re-planned to enhance connectivity between factories. In addition, to enhance villagers' accessibility to the natural environment, footpaths connecting neighbourhoods to rivers and mountains will also be planned. And the neighbourhood upgrading strategies are the same

To Urban **Collection from** Farmers **Utilize in Farming** Energy **Collection from** Farmers **To Rural** 

| 193 |

### Vision map of scenario 4

In this scenario, a desakota focused on clean energy and machinery manufacturing is built. Ecological restoration promote a healthy ecosystem that provides diverse ecosystem services to agriculture and the daily lives of villagers, which thus enhances human well-being.

Although the new industries are not very dependent on the condition of the ecosystem, they will reduce the negative impact on the ecosystem by reusing the agricultural waste for clean energy and promoting eco-friendly agricultural equipment. The sustainable manufacturing and clean energy will contribute to resilience. And villagers will also be encouraged to protect the ecosystem through the strategies in the governance model that will be explained later. Ultimately, the socio-ecological resilience loop will be realized.

|194|





| 195 |

Spatial planning of scenario 4 Made by author

### Adjustment of governance model

The governance model of ecological restoration is the same as scenario 1.

The government will support the biomass energy and eco-friendly agri-machienry manufacturing by providing policy and allowance subsidies.

The village committee can be responsible for managing the agro-waste trading center. Farmers who sell their agricultural waste will receive a discount on the purchase of eco-frienfly agricultural machinery, which will encourage farmers to use these machines with a low environmental impact.

| 196 |

### **Ecological Restoration**





Socio-ecological resilient loop Made by author



APPENDIX





| 199 |

### APPENDIX

### 3. Questionnaire

200



	关于北王村工厂工人基本
1	尊敬的先生或女士: 您好! 感谢您百忙之中填写这份调查问卷。此问卷 的基本需求。本问卷为匿名作答, 您填写的答案不 学术研究分析之用, 请您根据实际情况作答。 谢谢您的配合, 祝您生活愉快!
	【基本信息】
1	1. 年龄
1	2. 性别
	3. 工作于工厂
	4. 籍贯 _ ナレモ
	5. 户口 🖓 农业户口 🗆 非农户口
	6. <b>居住在北王村时长</b> □<2 年 □2-5
	7. 您居住在
	8. 您的家人居住在? 12也在北王村 □
	□在瓦房店其他地区 □其他
	9. 您的月收入 □小于一千 □一千-两千
	五千 口五千以上
	【基本需求】
	1. 目前居住在 □公司宿舍 □自己租房
	2. 房屋位于 口北王村内 口北王村周边
	3. 您居住的房屋质量 □较好 □
	4. 您的房屋结构为□土坯房 □ □ 莅 尾 Թ
	5. 若改造住房, 您有哪些需求 / 2. 多
	6. 您通勤方便吗? 公方便 □不方便
	7. 您的通勤方式是? □步行 □公共
	□私家车 □其他
	8. 您购物方便吗? 12方便 □不方便
	9. 您看病方便吗? □方便 □ 不方便
	10. 您孩子上学方便吗? √□方便 □不
	11. <b>您认为北王村的环境如何?</b> □ 艮好
	12. 厂区附近是否有公共的休闲场地? \

### Questionnaires for villagers in Beiwang village Made by author

本需求的调查问卷

仅作学术用途,用于调查北王村工厂工人 会披露给任何个人和企业,您的答案仅作

□5-10年 10年

在北王村周边村镇 □在瓦房店市区

☑ 两千-三千 □三千-四千 □四千-

121自己购买的房子 村镇 □瓦房店市区 □其他 □较差 □砖混房 □其他 \$,8 共交通 \ []摩托车、电动车、自行车 □较差 ☑─般 ~ 没有

Questionnaires for factory workers in Beiwang village Made by author

|201|



写下这些话的时候,窗外有淅淅沥沥的雨,这是我在荷兰的第二个夏天。

去年9月,我把毕设题目最终确定为辽宁城郊的研究。起初只是想,那里毕竟是家乡,做起研究 来也会比较熟悉。有天查资料的时候,看着那些熟悉的地名,我突然想到史铁生的那段话:"一 旦有一天我不得不长久地离开它,我会怎样想念它,我会怎样想念它并且梦见它,我会怎样因为 不敢想念它而梦也梦不到它。"是啊,那里毕竟是家乡。那一刻伴随着想念的,还有一种名为渴 望的情感。我突然渴望了解更多,关于辽宁的衰败,关于城郊的没落,关于那些明明爱着家乡却 不得不背井离乡的人。

这个项目的完成需要感谢很多人的帮助。

首先我想感谢导师曲蕾。在这为期一年的学习过程中,老师从未缺席,几乎每周一次 meeting。 我自认为不是有天赋的人,很多问题不能一下想明白,但老师总是耐心地引导。我曾经和朋友说 每次我在课题中迷茫的时候像是溺水,老师就是那个救生员。她不厌其烦地教导,帮助我在困顿 时拨云见日,让我的焦虑得以缓和。我还要感谢二导 Alex。每次会议他都让氛围很轻松,也总是 鼓励我说出自己的想法。他对城郊地区的深入的见解很大程度地帮助我完成这个项目。我还要感 谢我的舅舅,帮我联系了规划院、街道、村委会和工厂负责人,让我的访谈无比顺利。

在这个项目结束的这个初夏,我总是回想起几个月前的冬天。

调研的时候是二月,大连的冬天很冷,田埂里还有化不开的雪。爸爸妈妈开车陪着我在瓦房店周 边的各个农村乱逛,从长兴岛到瓦房店南,从瓦房店南到瓦房店北,带着厚厚一沓调查问卷和给 村民准备的小礼物。有天风很大,妈妈在副驾,说膝盖冻得有点痛,过了会又说但是陪你调研怎 么这么开心呢?那天爸爸爬到一个小山坡上帮我录视频,我转身找不到他,心里有点埋怨要在冷 风中等他。那个视频我两个月后才点开,不平稳的画面夹杂着呼啸的风声,和爸爸带着点口音的 讲解。他的语气大概带着点微微的得意,说:在这个小山坡上几乎可以看到村子的全貌。

这个项目至此告一段落了,但我对这个领域的好奇和探索不会停止。尽管未来依旧未知,但我即 便跌倒也会兴致勃勃地再出发。

窗外雨停了,偶尔有几声鸟鸣。这是我在荷兰的第二个夏天。

203