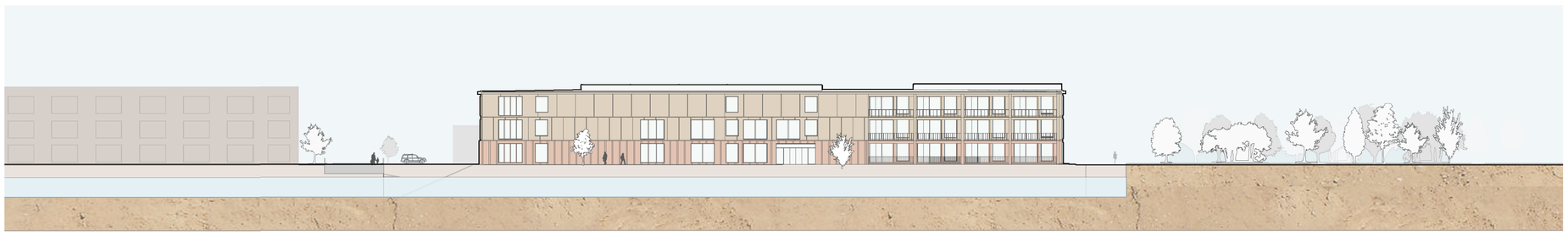
A new perspective on the architecture of psychiatric healing

Cernaianu Mihnea Ioan 5583616

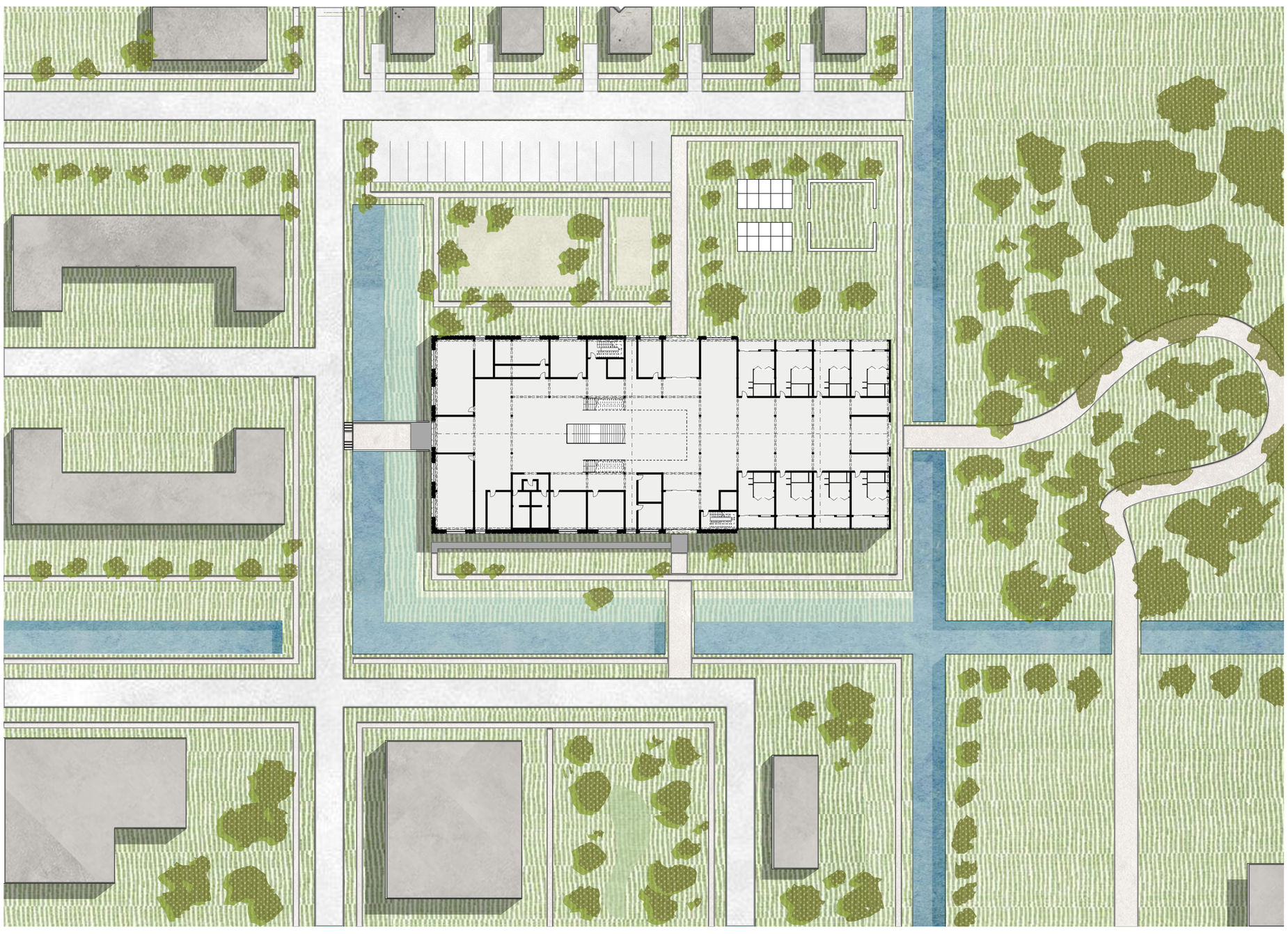
Some researchers claim that the modern landscape of psychiatric treatment is mechanized to approach healing of the patients through the form the chemical treatment (Rhi, 2001). This method does not prove to be efficient for every patient, leaving them in a burdening psychological state. Elements such as holistic practices and spiritual rituals can offer an alternative which is patient-centered, and addresses the patient as a whole (Can Oz & Duran, 2021). Psychiatric facilities often neglect the need of the user in relation to the healing space. The approach in this field of architecture is often staff-centered, focused on control and safety, but often lacks the qualities that are associated with a holistic view of healing (Connellan et al., 2013). In order to understand and analyze the positive effect that buildings can have onto the patient, case studies, interviews, visits and reference reviews were conducted, which were summarized into design themes that serves as a basic framework for creating spiritual and healing environments. The design themes matrix outlines the qualities of architectural spaces on three different scales, representing the experience and feelings of each location. The most common features were elements such as minimalist, synthetic spaces, emphasized by either monochrome or complementary color schemes, are orchestrated through light and darkness. Thus, immersing the user into the architectural space opens them towards the possibility of experiencing a mystical experience.



Urban masterplan
Scale 1:2500



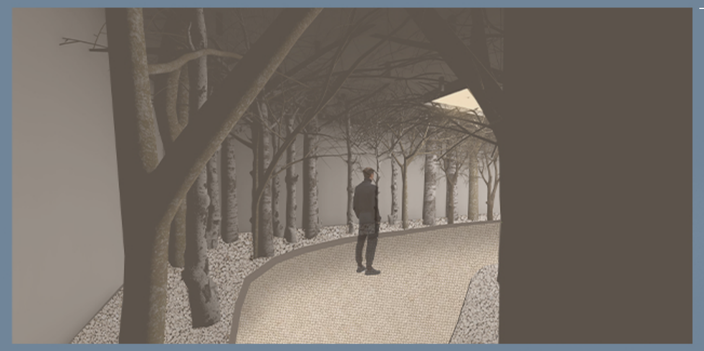
Urban section
Scale 1:500



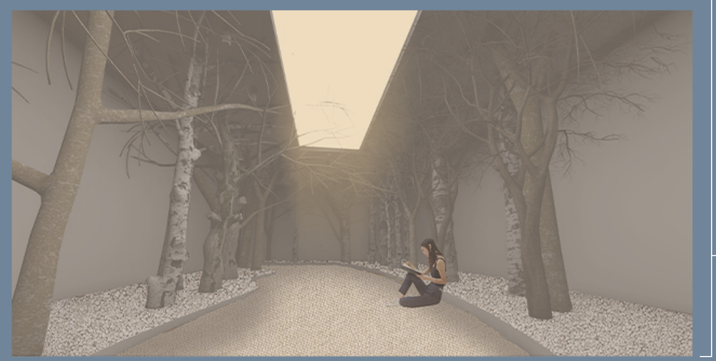
Urban context plan
Scale 1:500

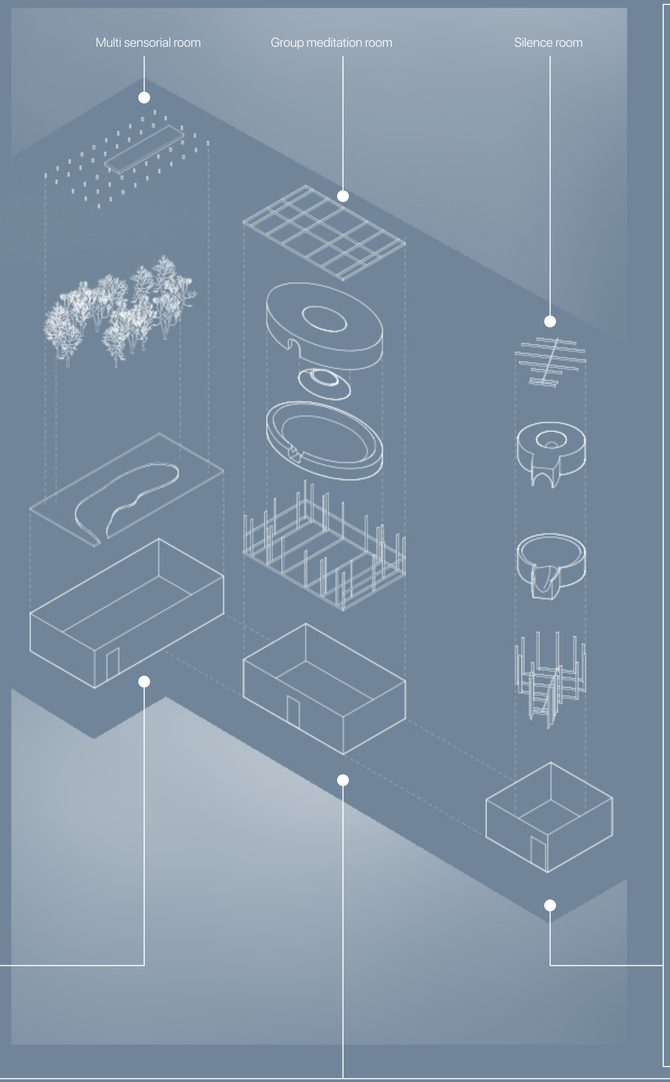
MSc3 Designing for Care in an Inclusive Environment

Cernaianu Mihnea Ioan 5583616



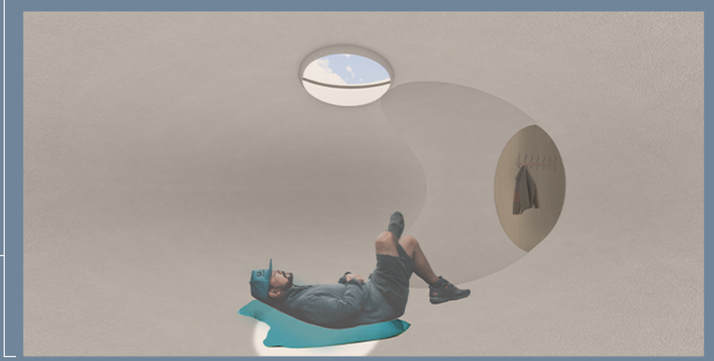


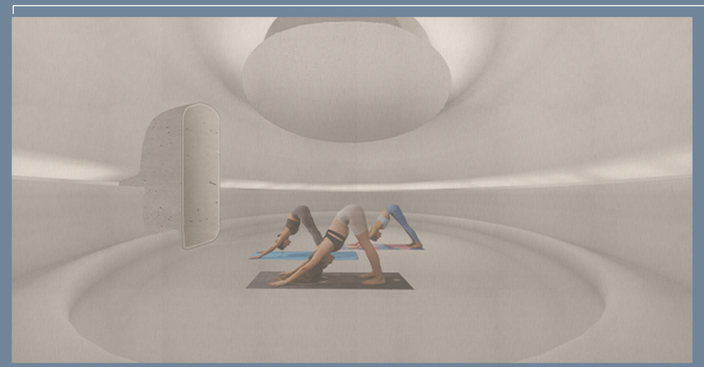














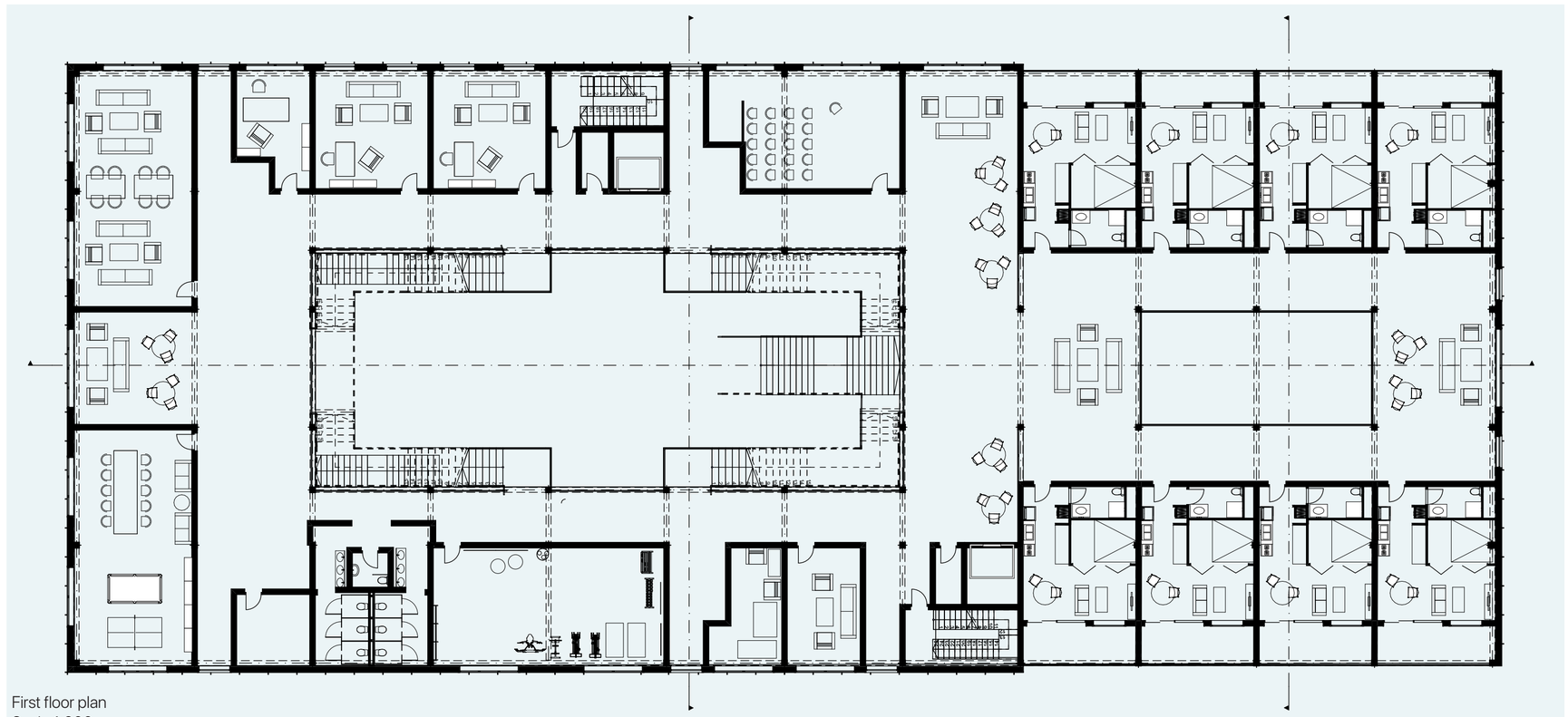


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Exterior perspective of the facility



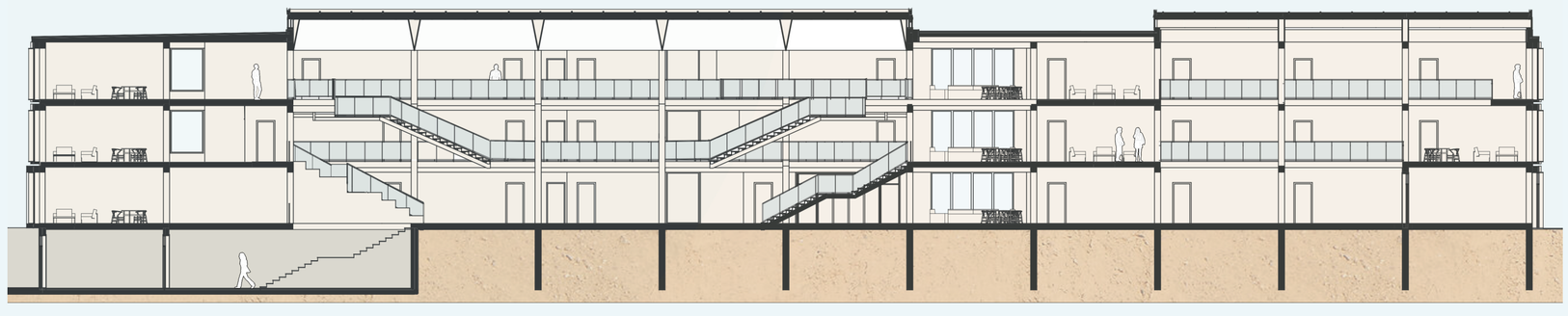
First floor plan
Scale 1:200



Interior perspectives



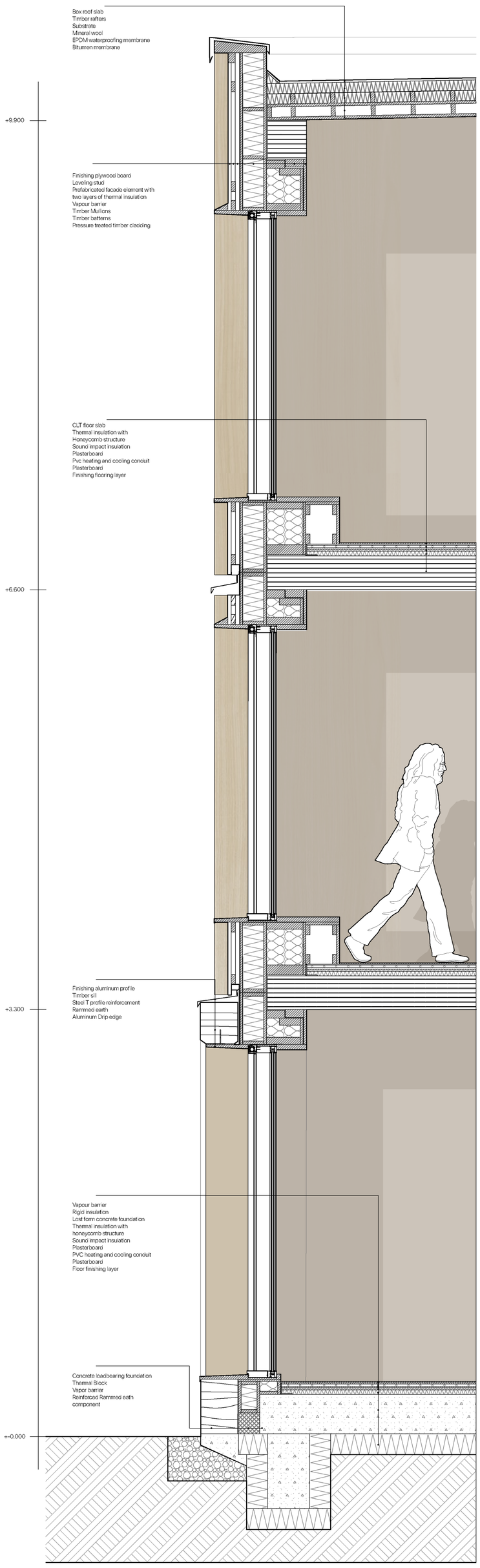
North elevatioin
Scale 1:200



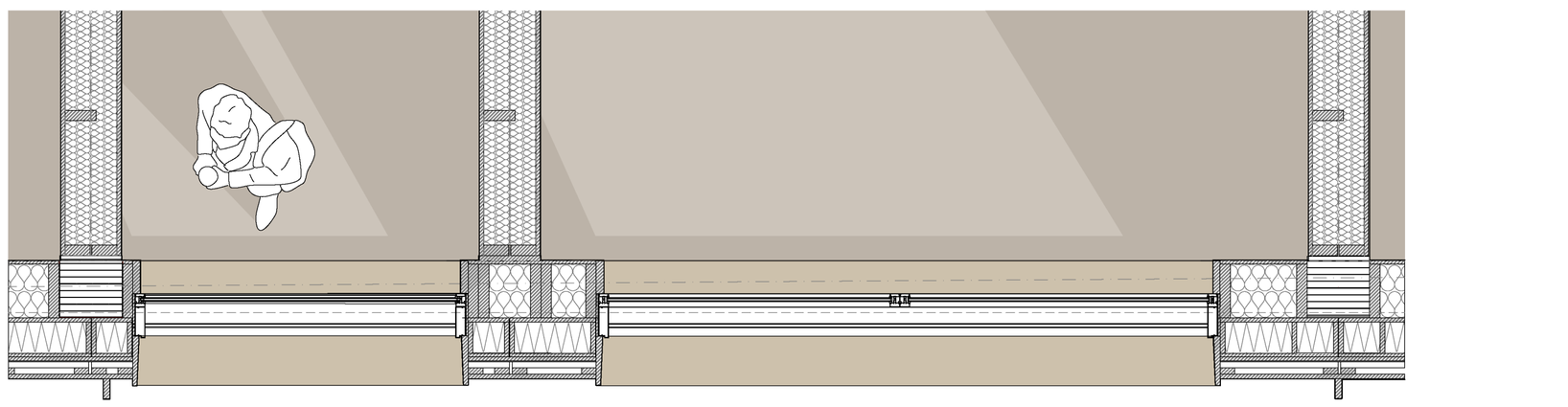
Longitudinal section
Scale 1:200

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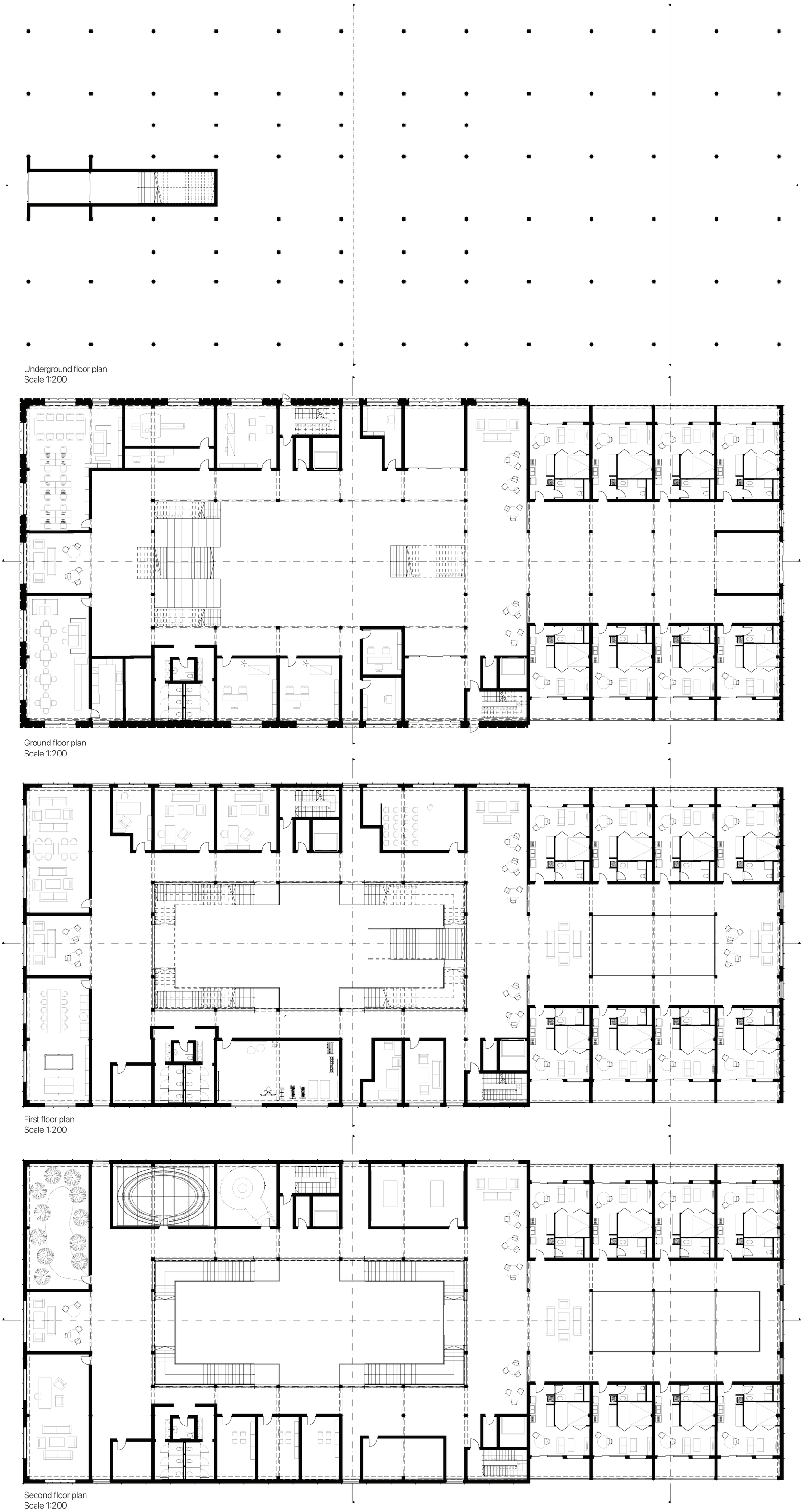




Combination drawing
Scale 1:20

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Underground floor plan
Scale 1:200

Ground floor plan
Scale 1:200

First floor plan
Scale 1:200

Second floor plan
Scale 1:200