## DEAR FUTURE

## A meaningful coping game to address eco-anxiety

Dear Future encourages youth experiencing eco-anxiety to reflect on their personal values and connect them to climate change. Users are encouraged to discuss what they find important in life and to envision what a hopeful future looks like.

You can transport yourself to a nature reserve of your choice within a second.

Super power

Everyone who engages in intense discussions about the climate crisis learns to look at each other with more understanding.

Tolerance

World Wish

