

# BIO-BASED AIR DUCTS

Research in the applicability of bio-based materials for the construction of air ducts.

Kevin Winiarczyk

## Mentors

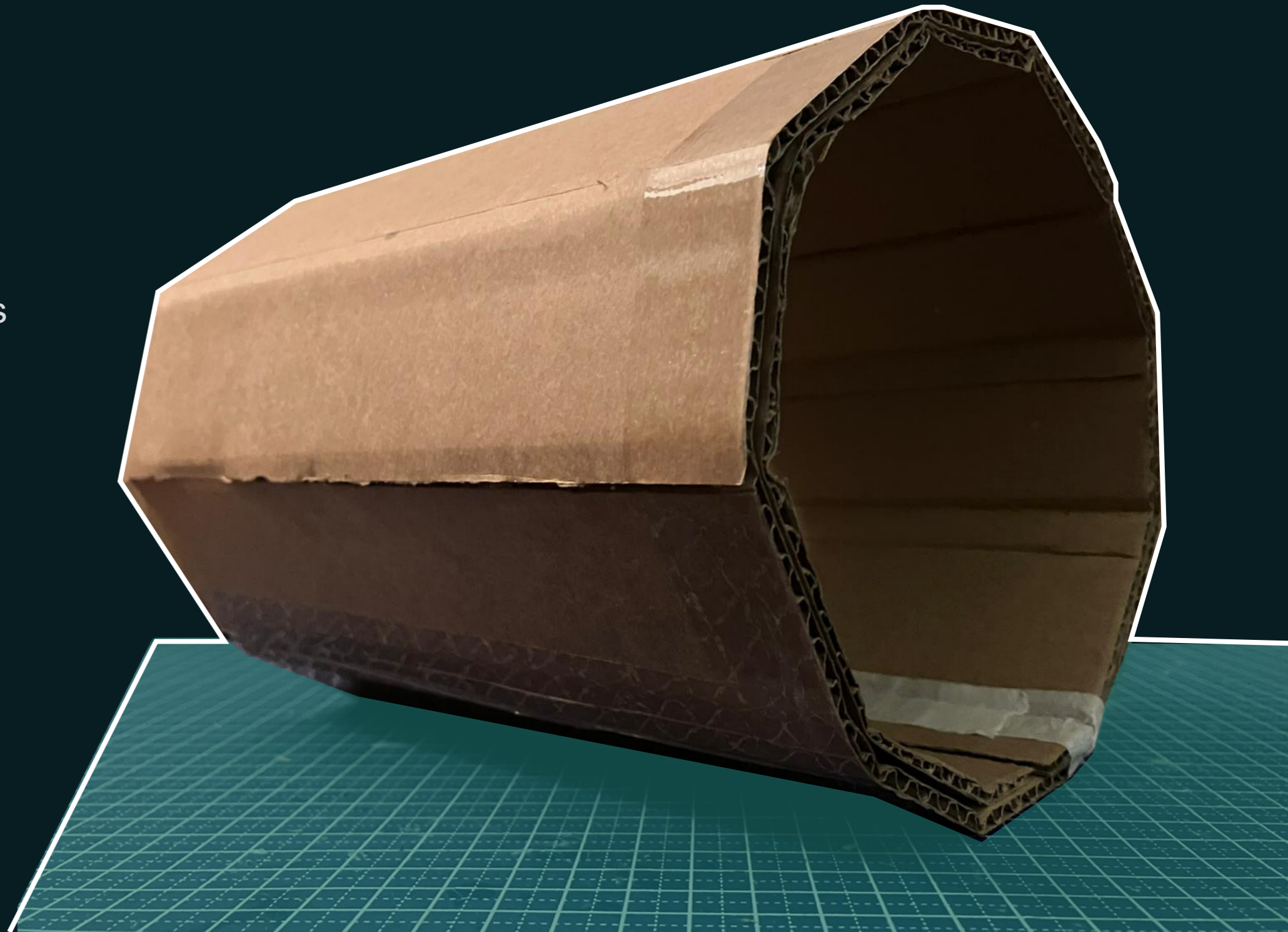
Prof. Dr.-Ing. Tillmann Klein

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## External supervisor

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# Content

Introduction

Literature research

Design research

Concept

Final design

Evaluation

Conclusion

# Building industry



**45%**  
global resource  
consumption



**30%**  
global waste  
production

# Circular economy

- 50% reduction of raw materials by 2030.
- Efficient use of materials.
- Use of renewable resources to prevent depletion of resources.



A circular  
economy in the  
Netherlands  
by 2050

Source: Rijksoverheid (2021)

# Challenge



Source: Rijksoverheid (2021)

# Problem statement

Currently, standard air duct solutions in buildings are made of **non-renewable** resources such as sheet metal resulting in **high embodied carbon usage** and material **depletion** overtime.

# Objective



**Non-renewable**



**Renewable**

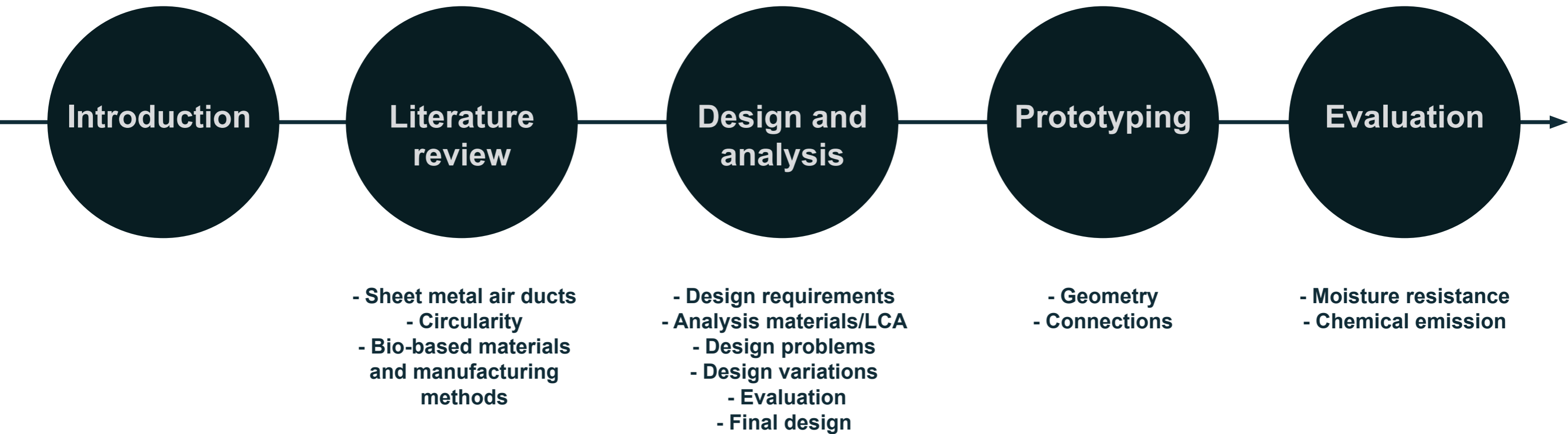


Research question

What are the potential and limitations of **bio-based materials** to replace **sheet metal** for the construction of air ducts by maintaining the same quality?



# Methodology

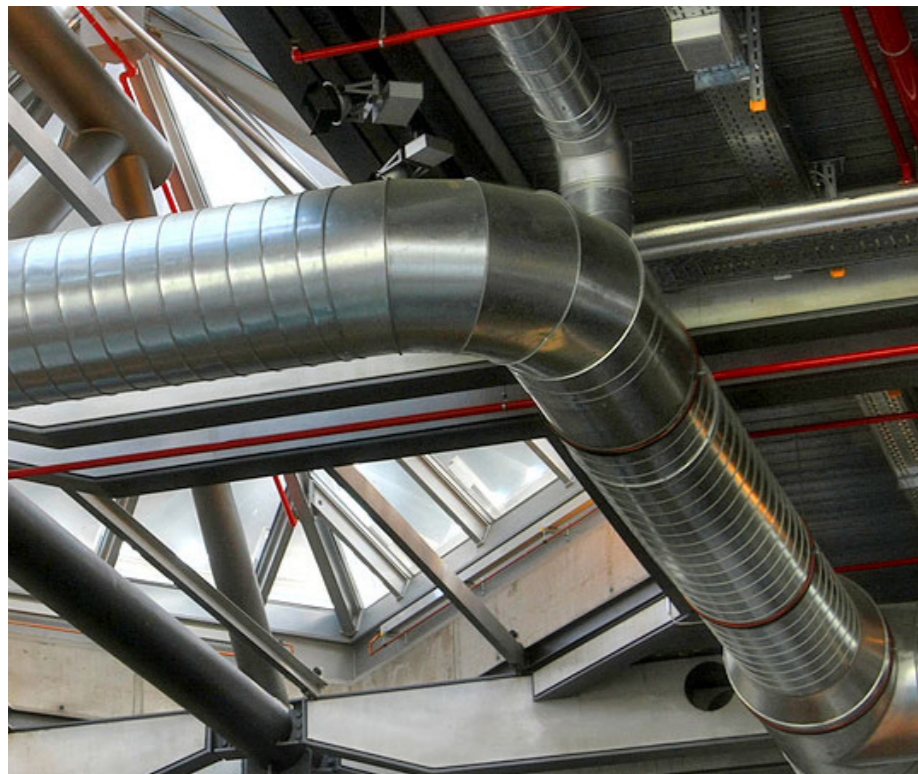


# Literature review

# Sheet metal air ducts

## Comparison duct types

- Performance, manufacturing, installation and cost.
- Spiral duct best solution, 30 % less material use.



**Spiral**



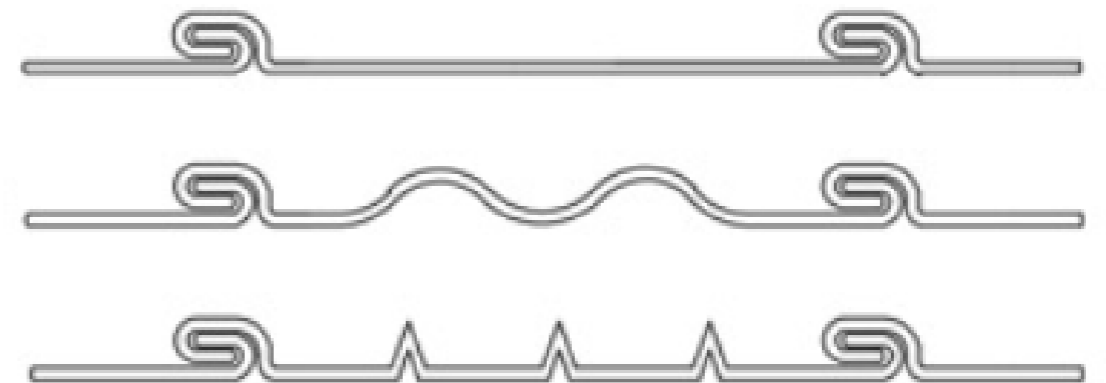
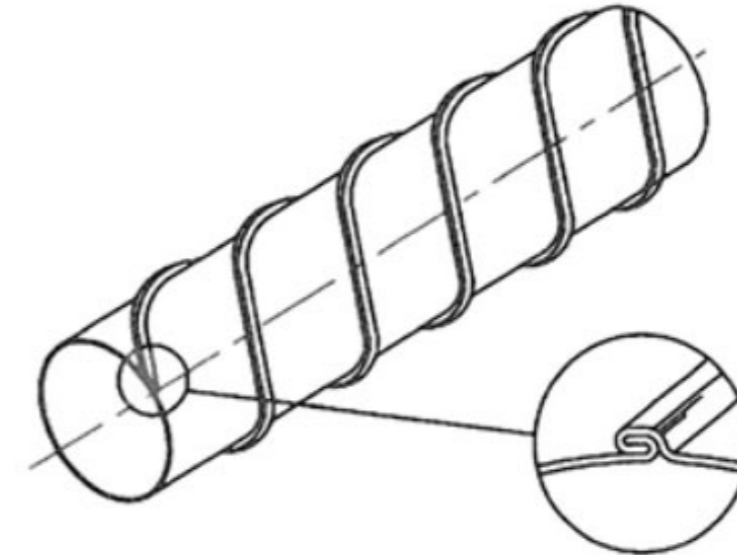
**Oval**



**Rectangular**

# Sheet metal air ducts

## Spiral duct manufacturing



Source: Accu Duct (2006)

Spot (n.d.)

# Sheet metal air ducts

## Requirements for spiral air ducts

### Requirements

spiral duct



#### General

- Dimensions
- Weight
- Ventilation rate
- Air velocity

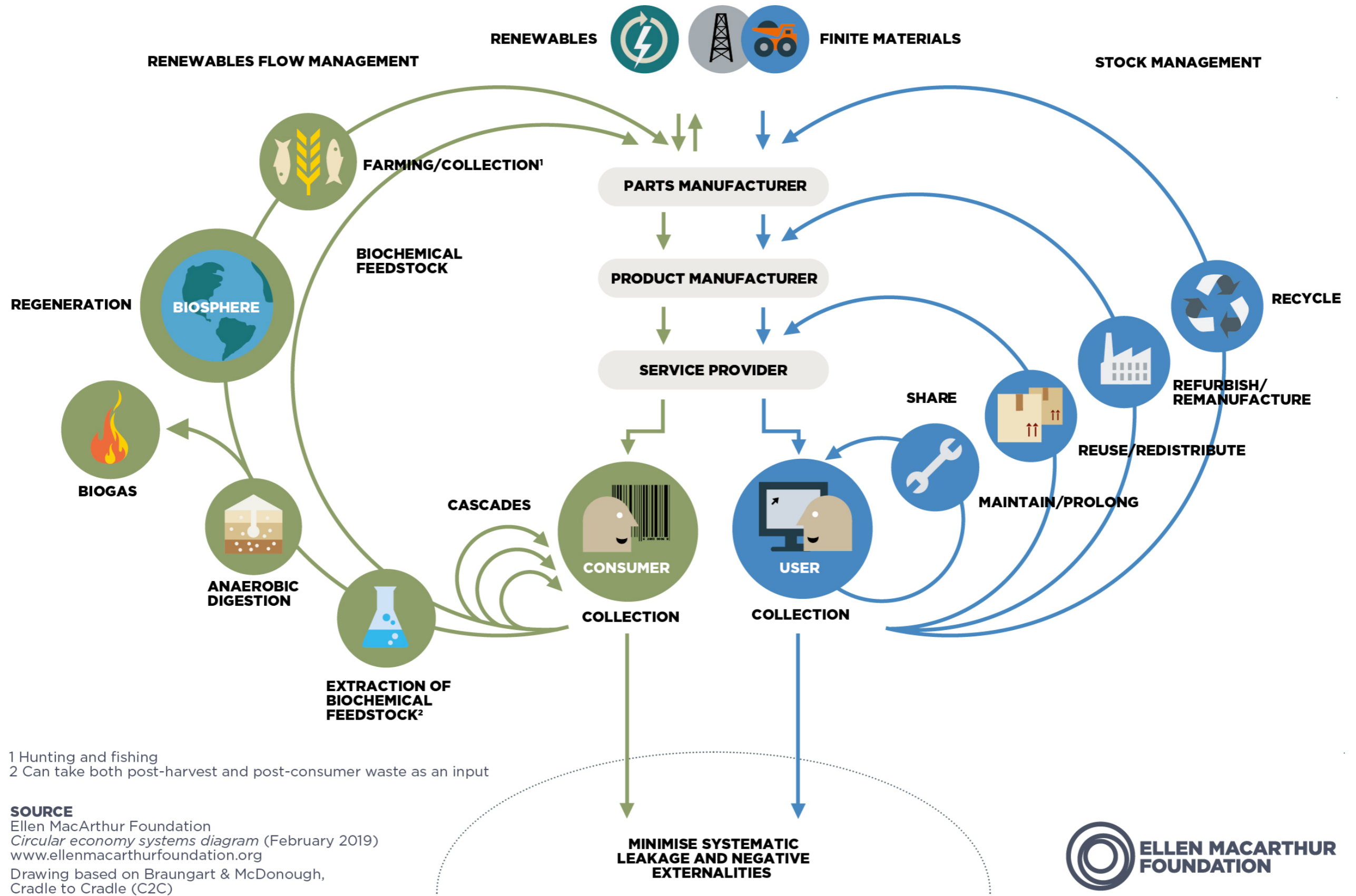
#### Functional

- Airtightness
- Pressure drop
- Installation noise
- Fire safety
- Moisture resistance
- Chemical emission

#### Maintenance

- Cleaning:  
access openings

# Circularity R-framework



1 Hunting and fishing  
2 Can take both post-harvest and post-consumer waste as an input

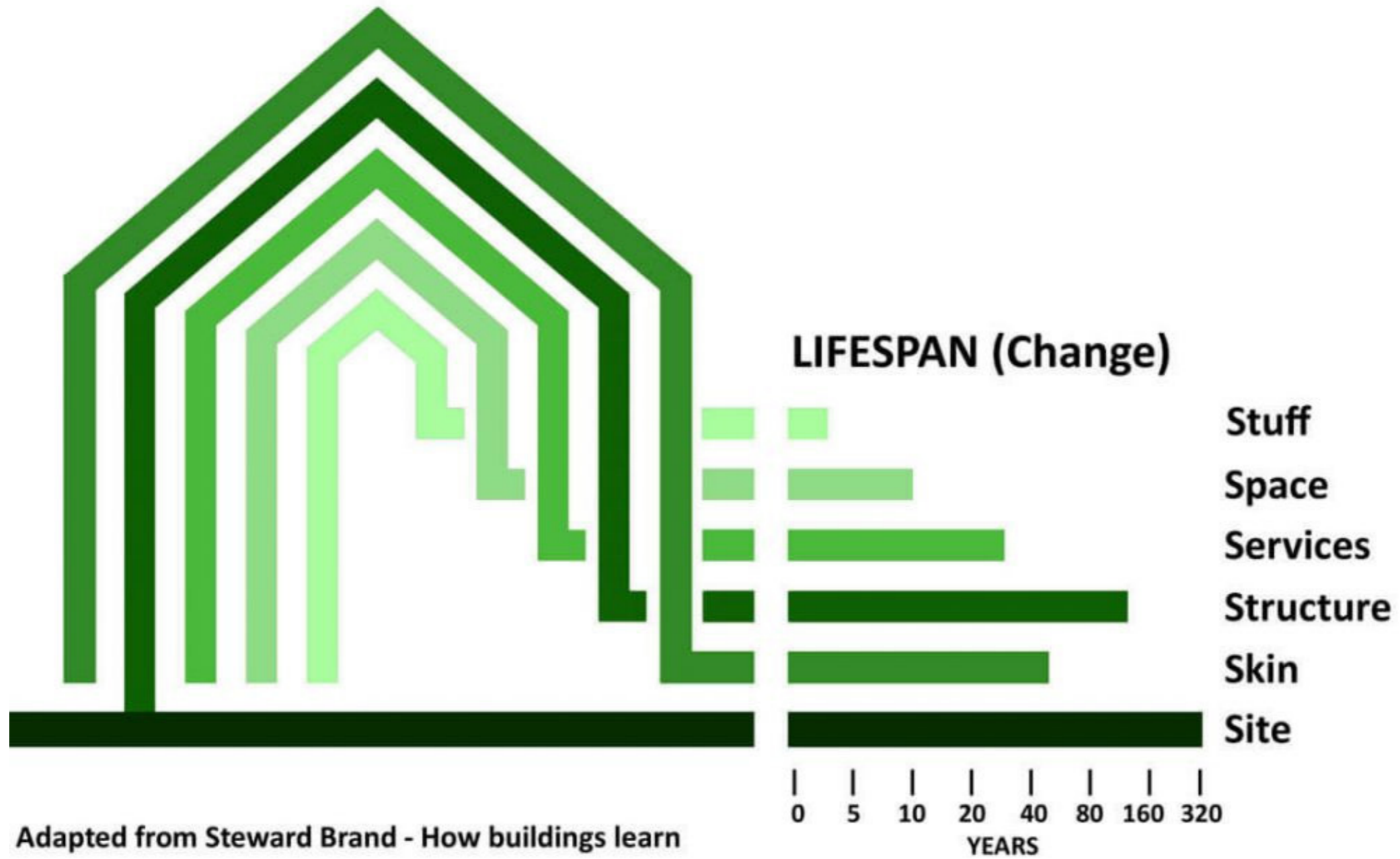
**SOURCE**  
Ellen MacArthur Foundation  
*Circular economy systems diagram* (February 2019)  
www.ellenmacarthurfoundation.org  
Drawing based on Braungart & McDonough,  
Cradle to Cradle (C2C)



Source: McArthur (2015)

# Circularity

## Shearing layers



Source: Brand (1994)

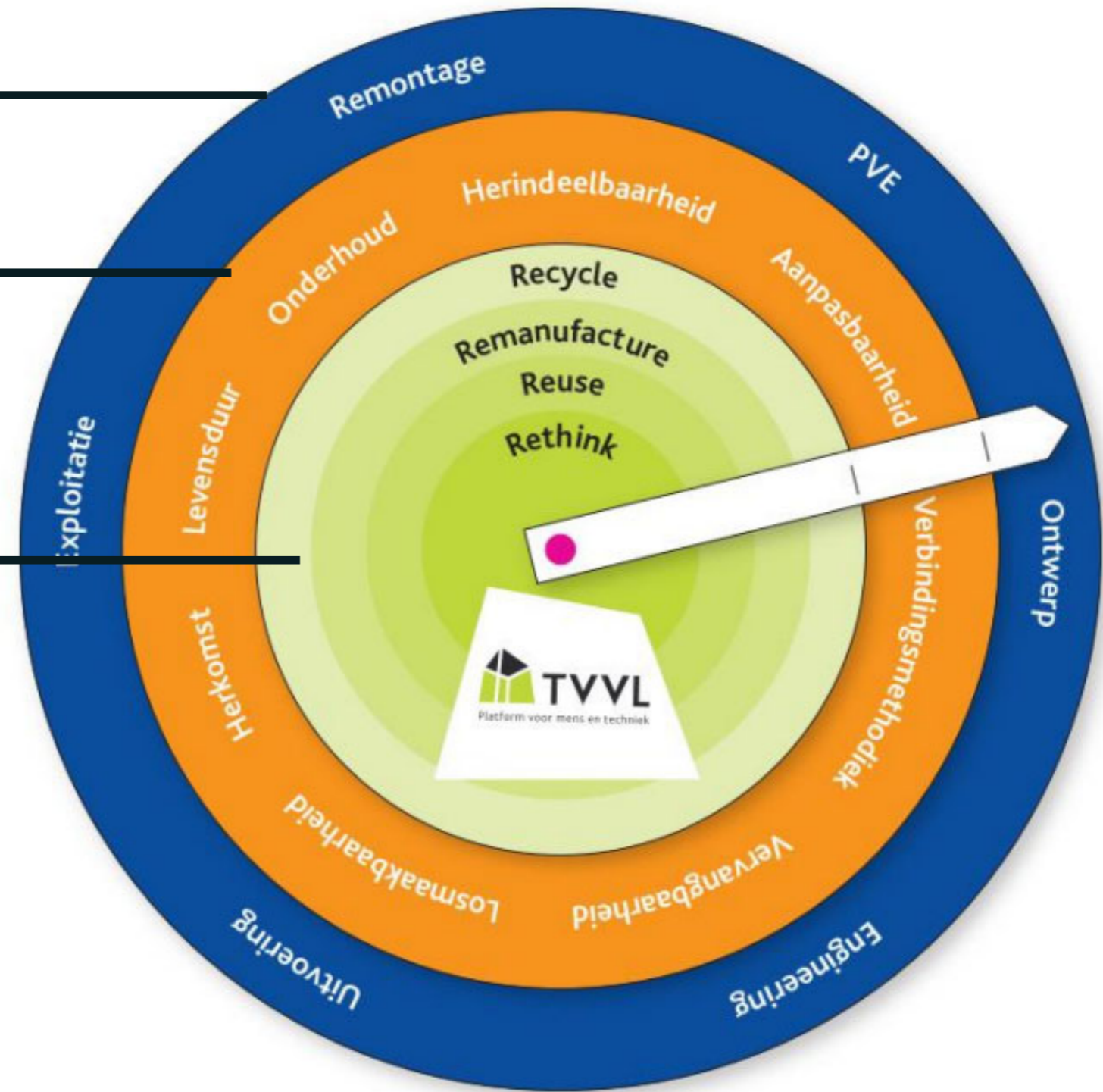
# Circularity

## Building services circularity disk

Lifecycle of the building

Circular potential for future  
for materials and components

Reducing environmental impact  
of materials



Source: TVVL (2020)



# Bio-based materials

## Categorization material types



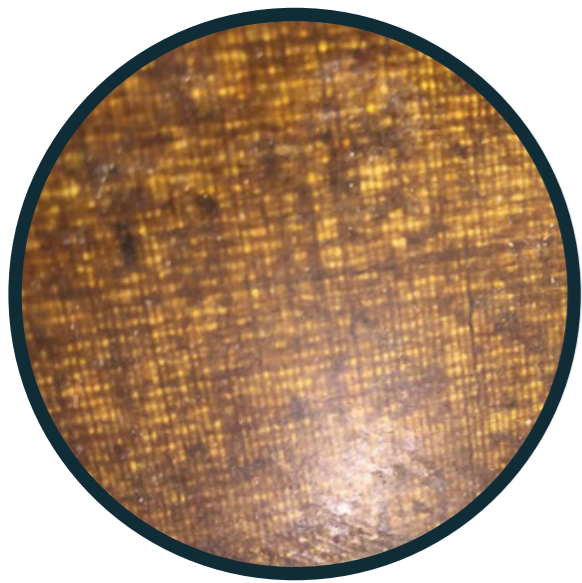
**Natural fibres  
(Textiles)**



**Cellulose  
fibres (ECOR)**



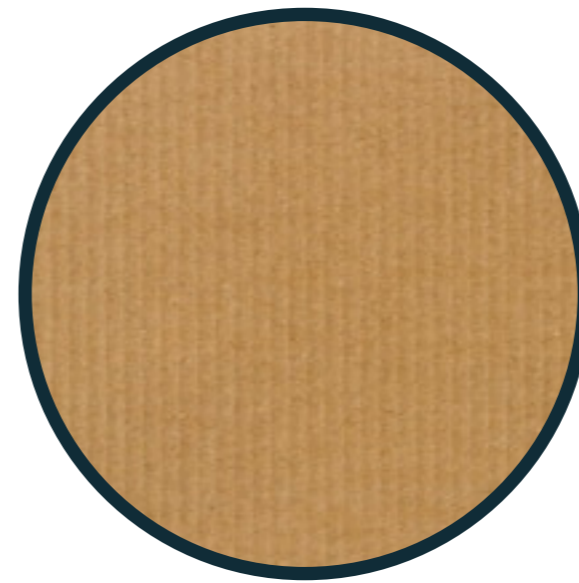
**Bio-plastics**



**Bio-  
composites**



**Wood  
(veneer)**



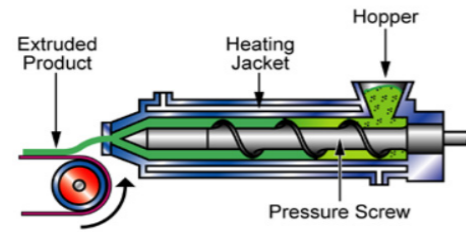
**Cardboard  
+  
Tetra Pak**



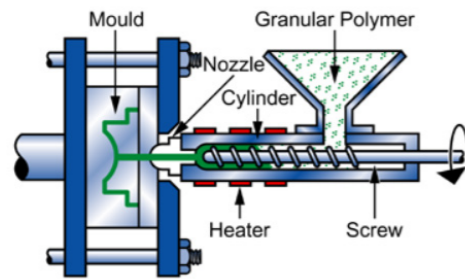
**Fungi**

# Bio-based materials

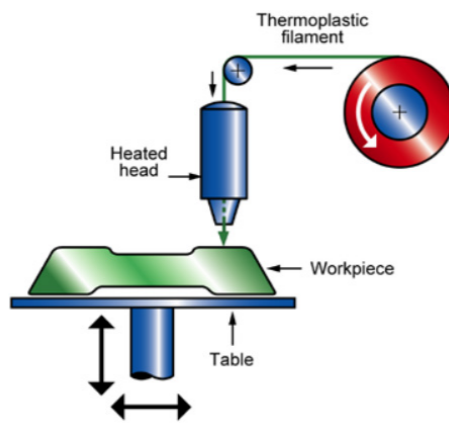
## Manufacturing methods



**Extrusion**



**Injection moulding**



**AM**

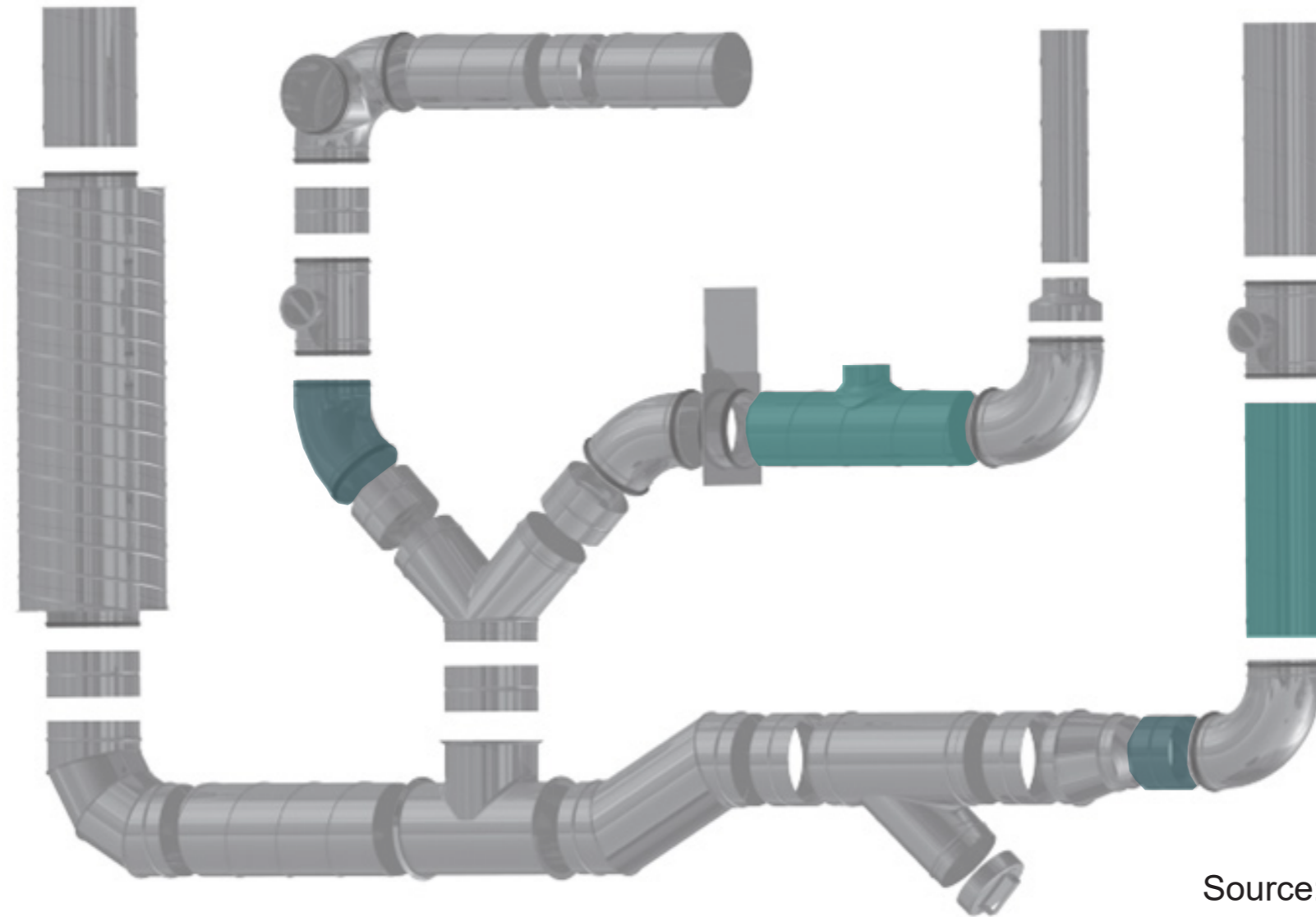


**Spiral winding cardboard**

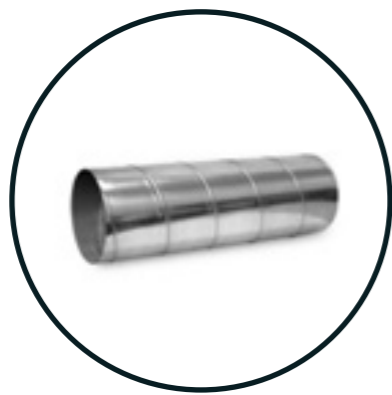
Source: Granta Edupack (2022)

# **Design research and analysis**

# Design goal



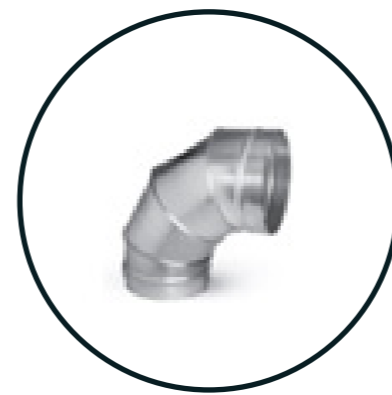
Source: Alnor (n.d.)



**1. Linear duct**



**2. Joint**



**3. Bend**

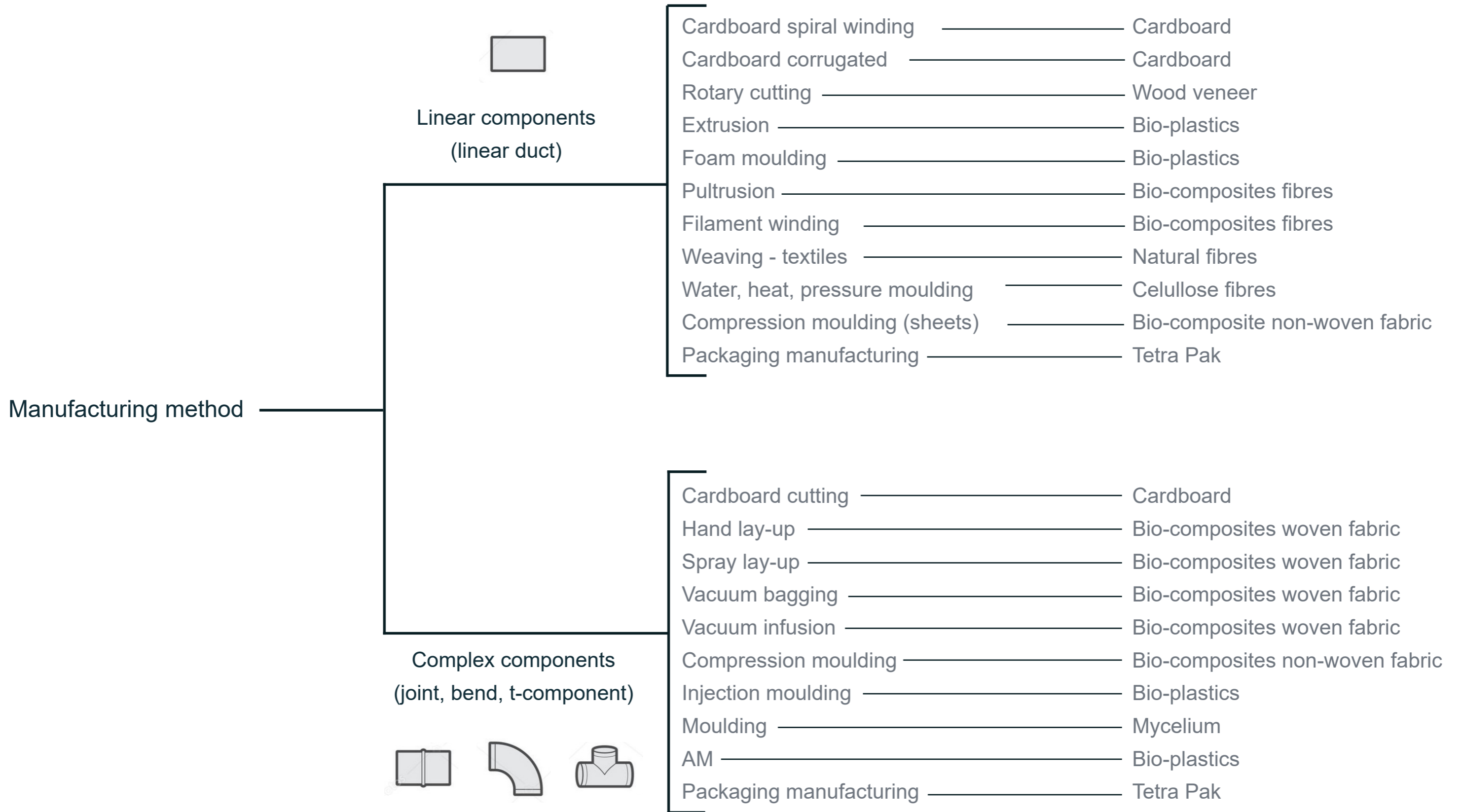


**4. T-component**

# Design requirements

		Factor indicating importance (1-3)	Boundary conditions (yes or no)
<b>Boundary conditions</b> (for selection manufacturing method)	Geometry	● ●	● ○
	Mass production	● ● ●	● ○
	Renewability	● ● ●	● ○
<b>1. Functional</b>	Weight	●	
	<b>Airtightness</b>	● ●	
	Installation noise	●	
	<b>Moisture resistance</b>	● ● ●	
	<b>Chemical emission</b>	● ●	
	Fire resistance	● ●	
	Aesthetics	●	
<b>2. Circularity</b>	Local production	● ●	
	<b>Carbon footprint</b>	● ● ●	
	Ease of dis(assembly)	● ●	
<b>3. Manufacturing</b>	Material costs	●	
	Manufacturing costs	● ●	
	Ease of production	● ●	
<b>4. Installation</b>	<b>Material workability</b>	● ● ●	
<b>5. Use</b>	Maintenance (cleaning)	● ●	
	Adaptability	● ●	

# Division manufacturing methods



# Solution matrix

## Manufacturing method

Rotary cutting



## Bio-based material

Veneer

## Manufacturing methods

Rotary cutting

Filament winding

Pultrusion

Hand lay-up  
Spray lay-up  
Vacuum bagging  
Vacuum infusion

Additive  
manufacturing

Foam moulding

Extrusion






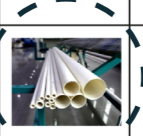








Press moulding  
(water, heat, pressure)

Knotting

Weaving  
(textiles)

Ropemaking

Cardboard  
production

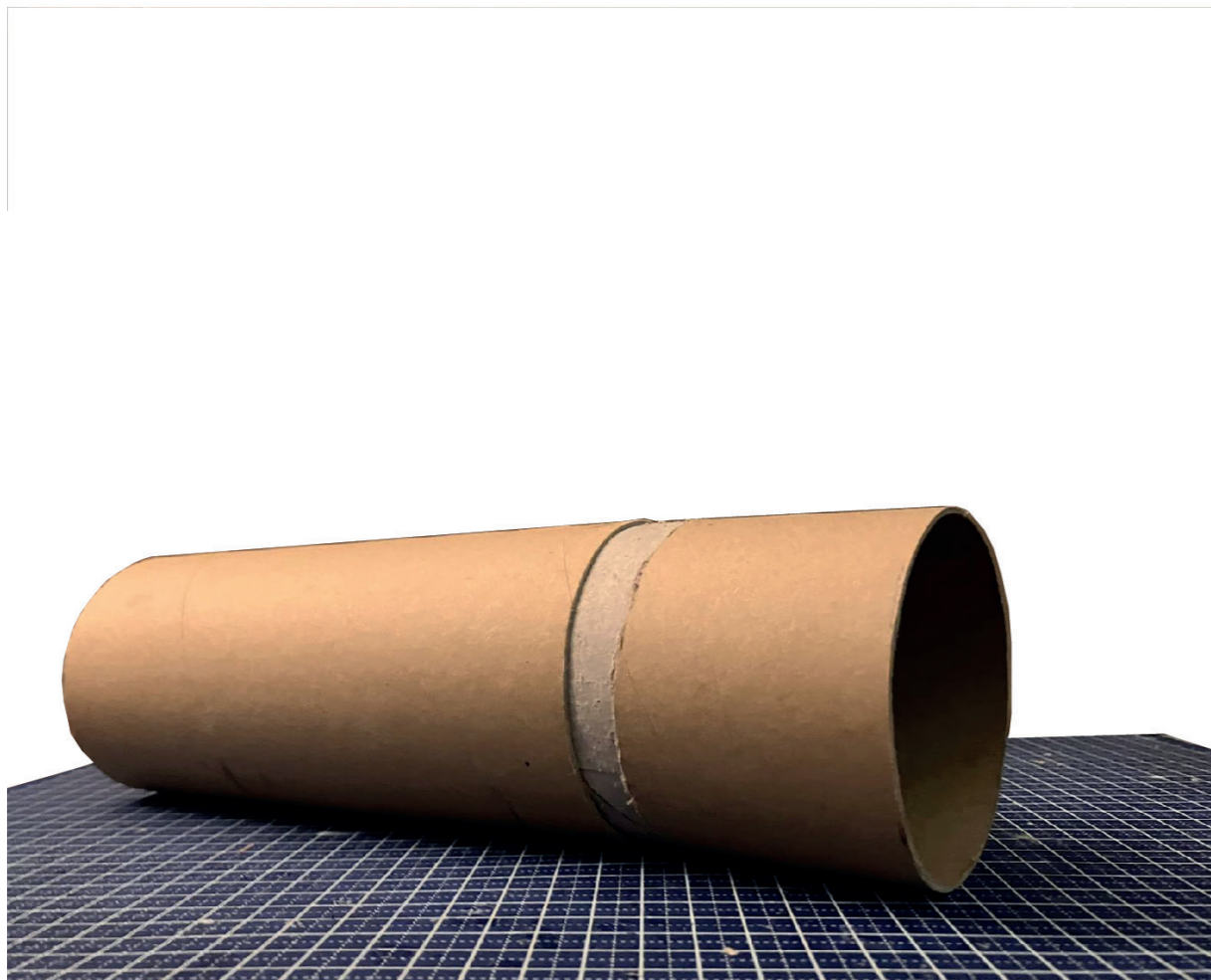
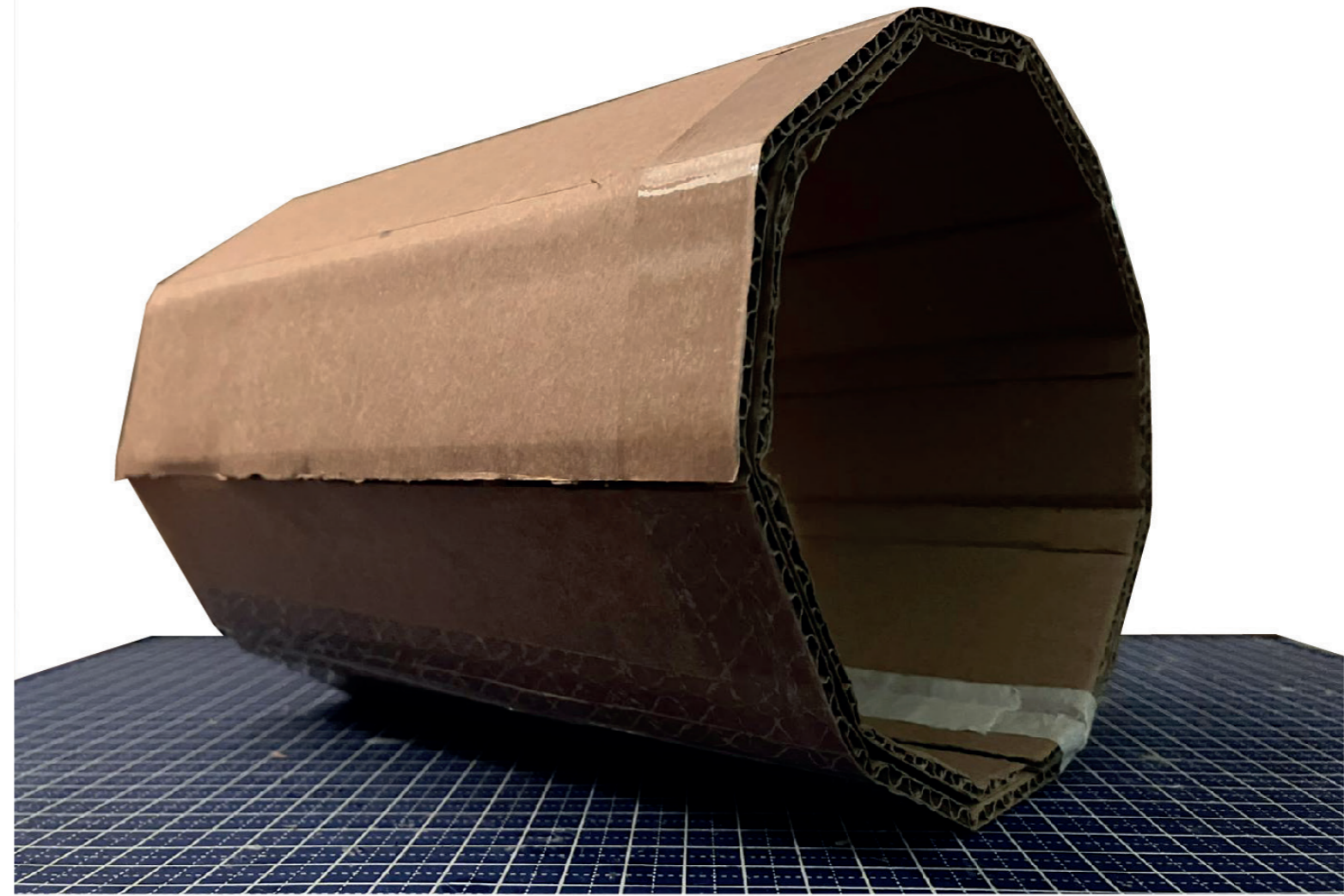
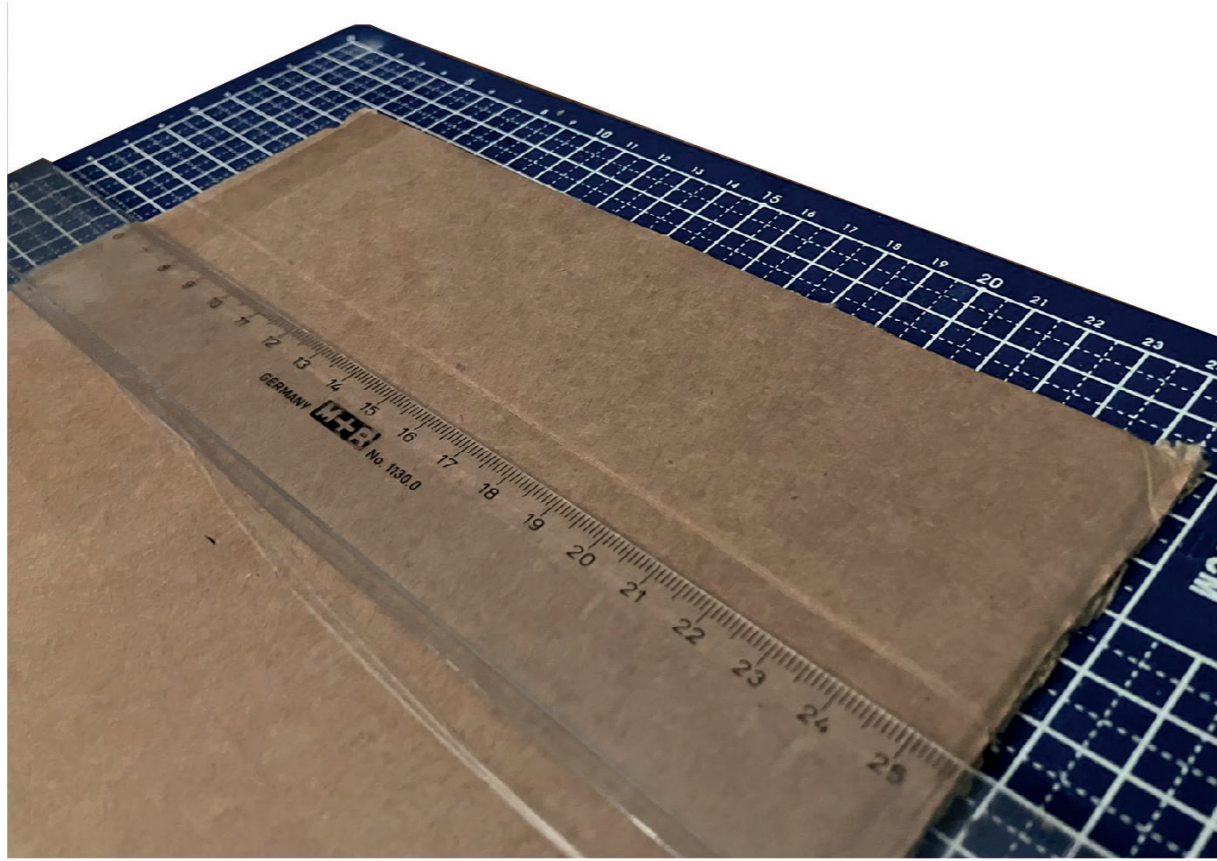
							
							
							
							
							
							
							
							

Cardboard (corrugated)    Cardboard (sheet)    Cellulose fibre (ECOR)    Natural fibre (flax, hemp)    Bio-plastic PLA    Bio-composites    Wood    Mycelium

**Bio-based material**

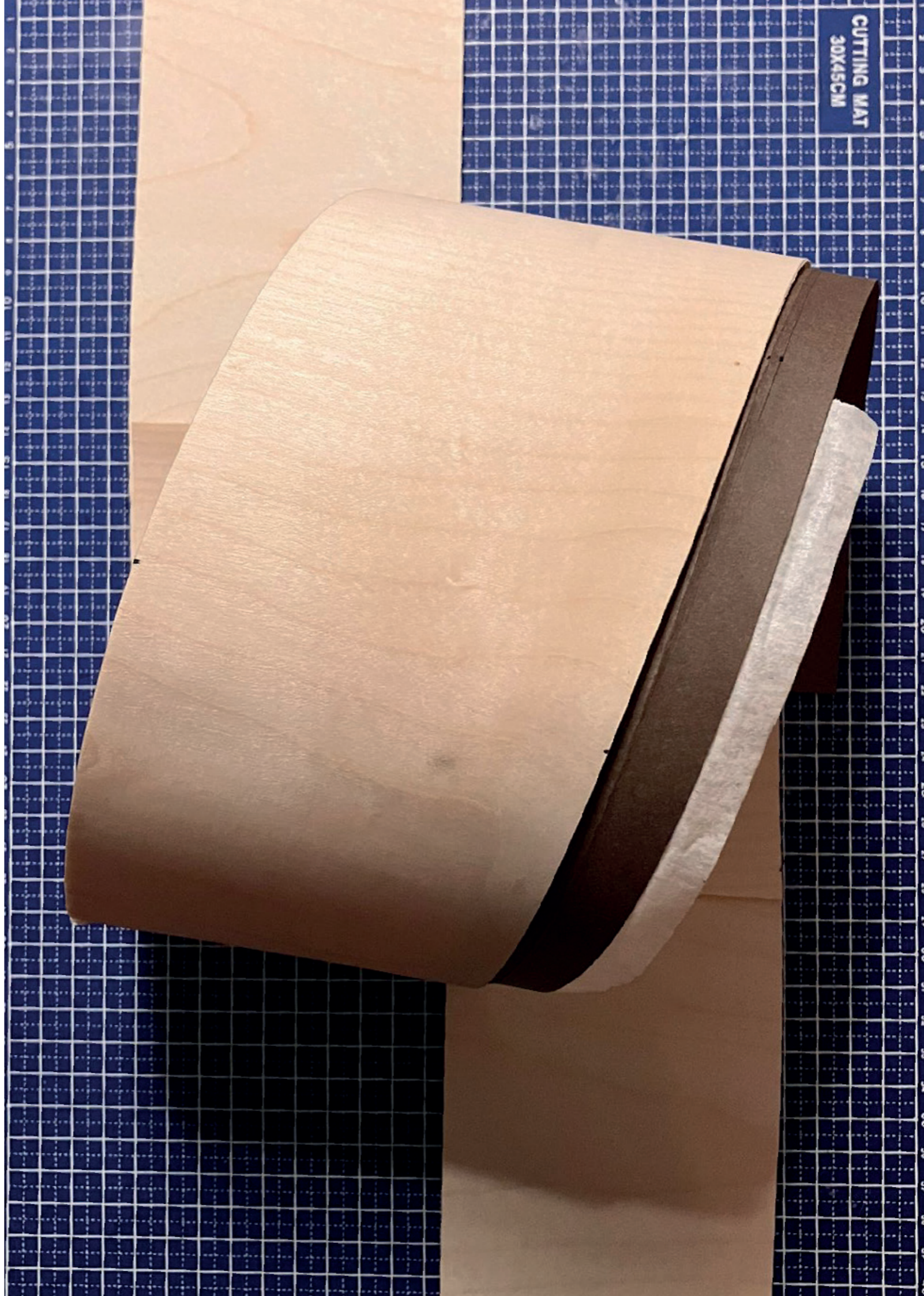
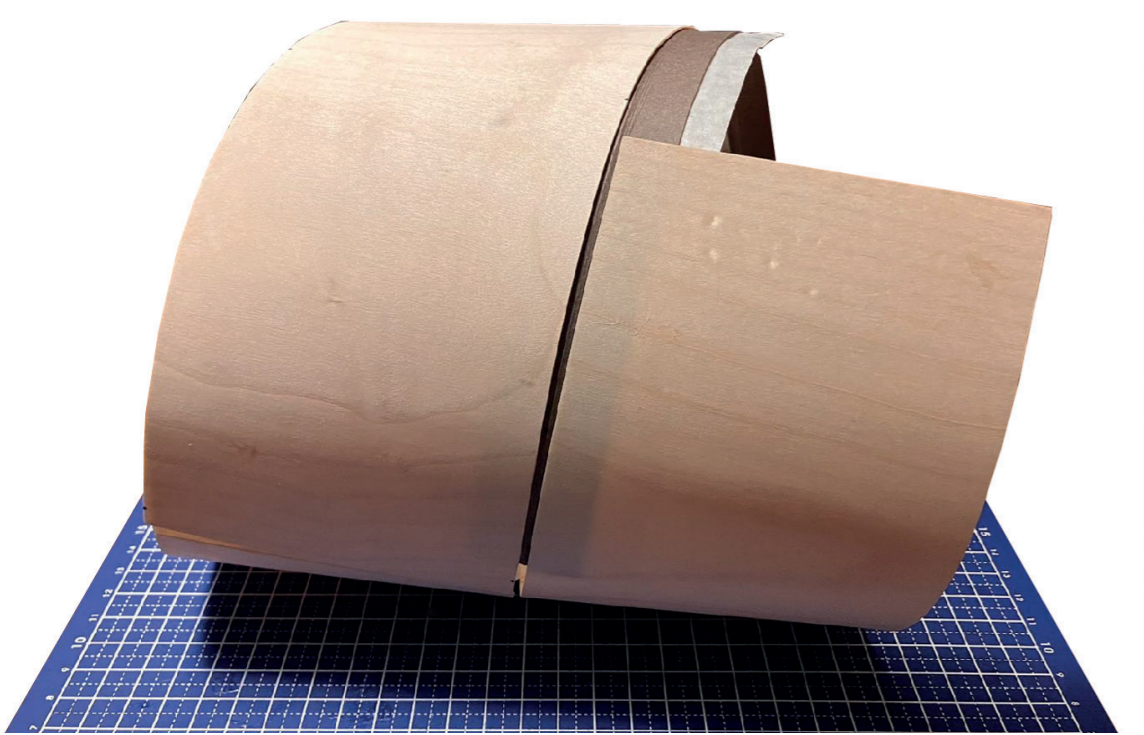
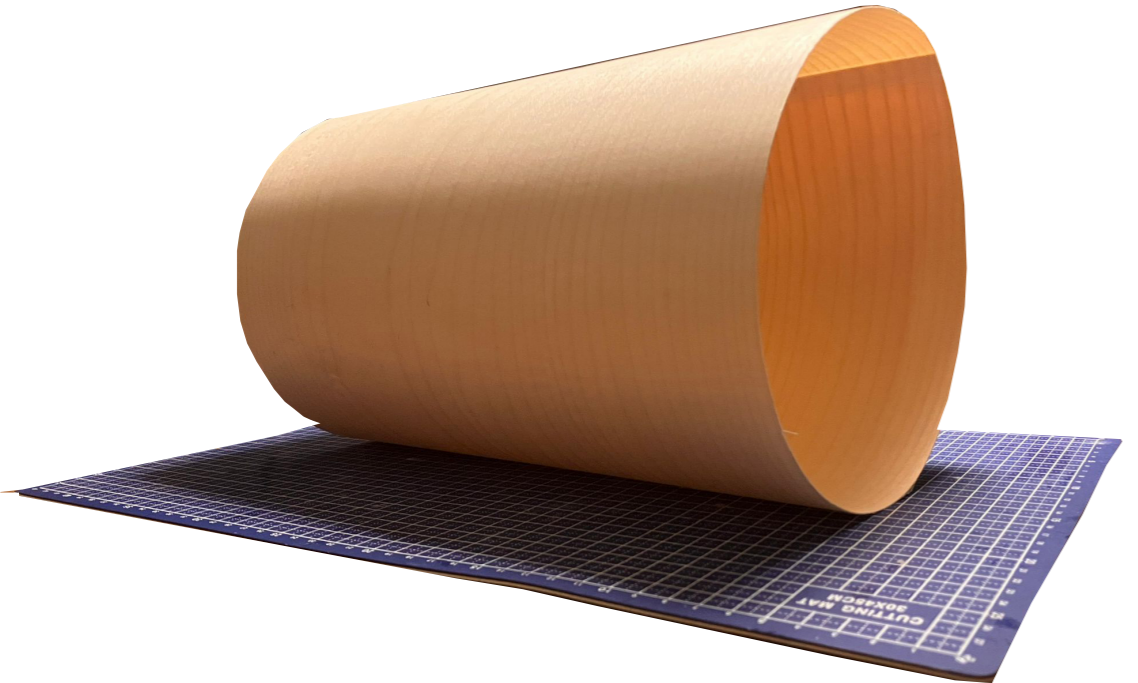
Figure 6.2 Design matrix manufacturing methods and bio-based materials.

# Cardboard



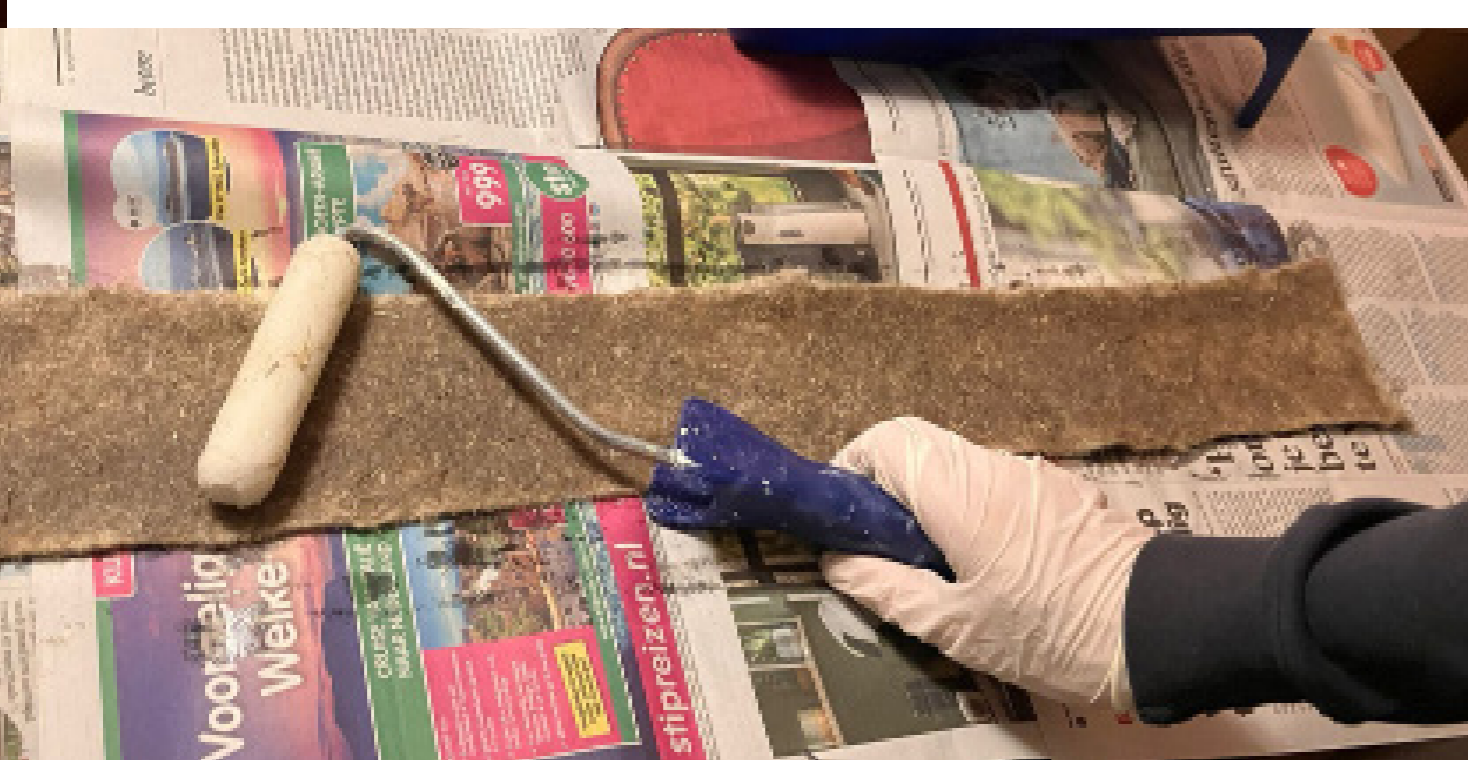


# Veneer



# Bio-composites





**Wat verdienen je?**  
Je verdient 59,96 bruto per maand, netto houdt ik dan 316 euro over.

**Bent je blij met je salaris?**  
Voor mijn leeftijd en de hoeveelheid energie die ik in mijn werk moet stoppen, ben ik er zeker blij mee. Laatste zat een hypotheekadviseur tegen me dat ik een aardig inkomen heb en dat ik in mijn eentie een huis kan kopen. Mijn tweede keuze was om te gaan werken. Dit is mijn tweede keuze want ik verdien nu zo'n 9000 euro per jaar, in mijn huidige baan.

**Hoeft ik te zeggen?**  
In je nieuwe baan van oorspronkelijk één uur per week heb ik nu twee uur per week. Het is een leuke baan met veel afwisseling en ik heb veel geleerd. Het is een leuke baan met veel afwisseling en ik heb veel geleerd. Het is een leuke baan met veel afwisseling en ik heb veel geleerd.

**Wat zijn de vooruitzichten?**  
Het is een leuke baan met veel afwisseling en ik heb veel geleerd. Het is een leuke baan met veel afwisseling en ik heb veel geleerd. Het is een leuke baan met veel afwisseling en ik heb veel geleerd.

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### Voorspelling Welke stipreizen.nl

**Maandag 14° 9°** Neerslagkans 60%

**Dinsdag 13° 10°** Neerslagkans 70%

**Woensdag 12° 7°** Neerslagkans 70%

**Donderdag 11° 5°** Neerslagkans 50%

**Vrijdag 13° 9°** Neerslagkans 60%

**Zaterdag 16° 10°** Neerslagkans 50%

**Zondag 11° 5°** Neerslagkans 50%

**Maandag 13° 10°** Neerslagkans 60%

**Dinsdag 12° 7°** Neerslagkans 70%

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**Vrijdag 16° 10°** Neerslagkans 50%

**Zaterdag 11° 5°** Neerslagkans 50%

**Zondag 13° 10°** Neerslagkans 60%

### Zorg bij DNB over inflatie

**INGO! GEEN LOON-PRUISSPIRAAL**

De bank dat de huidige hoge inflatie zal leiden tot een loon-prijspiraal is momenteel beperkt. Dat stelt de Nederlandse Bank (DNB). Volgens de centrale bank is dat dat wel ruimte voor loonsstijgingen met te verbedrijven direct de prijsdruk zal worden om hogere lonen te verdienen door te betalen op hun loon. De hogere lonen door te betalen op hun loon. De hogere lonen door te betalen op hun loon. De hogere lonen door te betalen op hun loon.

### Als er weinig leden overblijven, gaan werkgemers met alternatieve banen in zee

**Hoogleraar Paul de Beer**

Als er weinig leden overblijven, gaan werkgemers met alternatieve banen in zee. Hoogleraar Paul de Beer. Als er weinig leden overblijven, gaan werkgemers met alternatieve banen in zee. Hoogleraar Paul de Beer.

### WEERSVERWACHTING NEDERLAND

**Noord**  
Vandaag 14° 9°  
Morgen 13° 10°  
Dinsdag 12° 7°  
Woensdag 11° 5°  
Donnerdag 13° 9°  
Vrijdag 16° 10°  
Zaterdag 11° 5°  
Zondag 13° 10°

**Zuid**  
Vandaag 14° 9°  
Morgen 13° 10°  
Dinsdag 12° 7°  
Woensdag 11° 5°  
Donnerdag 13° 9°  
Vrijdag 16° 10°  
Zaterdag 11° 5°  
Zondag 13° 10°

**West**  
Vandaag 14° 9°  
Morgen 13° 10°  
Dinsdag 12° 7°  
Woensdag 11° 5°  
Donnerdag 13° 9°  
Vrijdag 16° 10°  
Zaterdag 11° 5°  
Zondag 13° 10°

**Oost**  
Vandaag 14° 9°  
Morgen 13° 10°  
Dinsdag 12° 7°  
Woensdag 11° 5°  
Donnerdag 13° 9°  
Vrijdag 16° 10°  
Zaterdag 11° 5°  
Zondag 13° 10°

### Heijmans

**0,1%**

Beleggers reageren negatief op de bouwuitzetting van de bouwmarkt van 2024. Heijmans. Beleggers reageren negatief op de bouwuitzetting van de bouwmarkt van 2024.

### Daniël Boer, voorzitter van de DNB

**0,1%**

Daniël Boer, voorzitter van de DNB. Daniël Boer, voorzitter van de DNB. Daniël Boer, voorzitter van de DNB.



**Non-woven flax fibres**

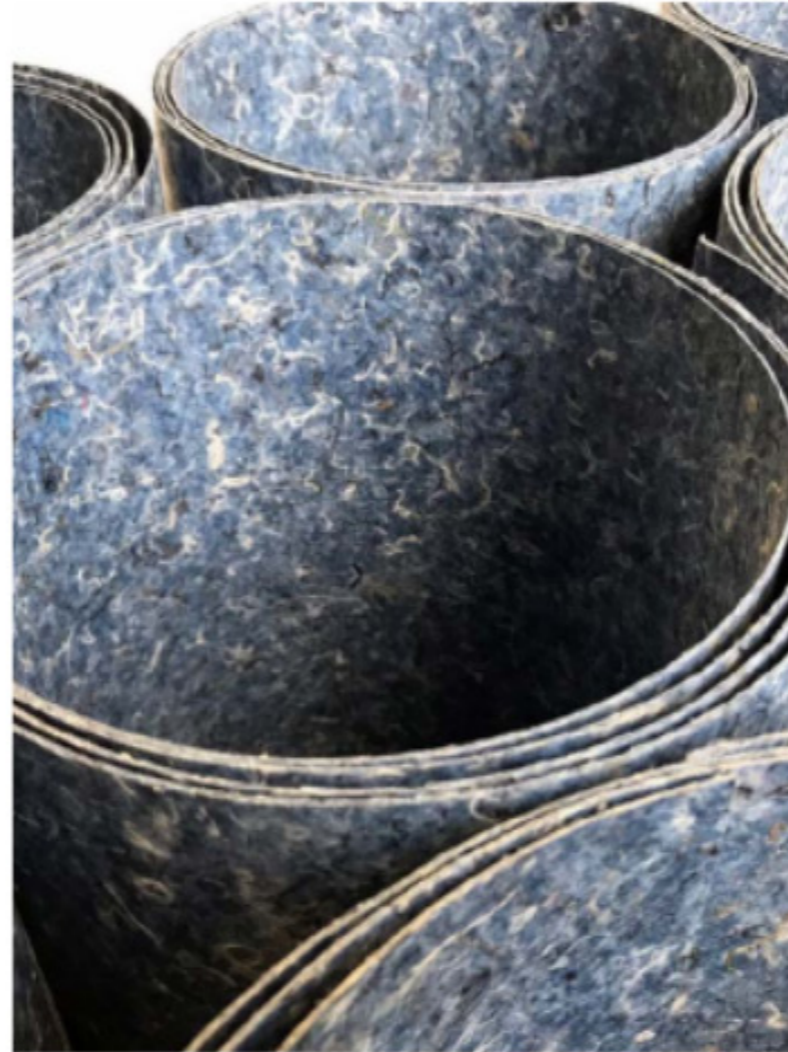


**Clothing waste  
100 % cotton**



**Woven flax fibres**

# Bio-composites old jeans



Source: PlanQ (2022)

# Tetra Pak packaging



Source: Dubbelfriss (n.d.)

75% cardboard 20% bio-plastic 5% aluminium

**95%**  
**Bio-based**



# Assessment materials

Manufacturing method	Material	Geometry	Mass-production	Renewability
<b>Linear</b>				
● Spiral winding cardboard	Cardboard	●	●	●
Corrugated cardboard production	Cardboard	○	●	●
● Rotary cutting	Wood veneer	●	●	●
● Extrusion	Bioplastic	●	●	●
Foam moulding	Bioplastic	●	○	●
Filament winding	Biocomposite fibres	●	●	○
Pultrusion	Biocomposite fibres	●	●	○
● Compression moulding: sheets	Biocomposite woven fabric*	●	●	●
Weaving - textiles	Natural fibres: woven fabric	○	●	●
Celullose fibres	Celullose fibres	●	○	●
● Packaging manufacturing	Tetra Pak	●	●	●
<b>Complex</b>				
● Cardboard cutting	Cardboard	●	●	●
● Injection moulding	Bioplastic	●	●	●
Hand lay-up	Biocomposite woven fabric*	●	○	○
Spray lay-up	Biocomposite woven fabric*	●	○	○
Vacuum bag	Biocomposite woven fabric*	●	○	○
Vacuum infusion	Biocomposite woven fabric*	●	○	○
● Compression moulding	Biocomposite non-woven fabric*	●	●	●
Moulding	Mycelium	○	○	○
AM	Bioplastic	●	○	●
● Packaging manufacturing	Tetra Pak	●	●	●

\* including clothing waste made from bio-based materials: t-shirts, jeans etc.

including bio-based fibres: non-woven flax fibres



# Product lifecycle

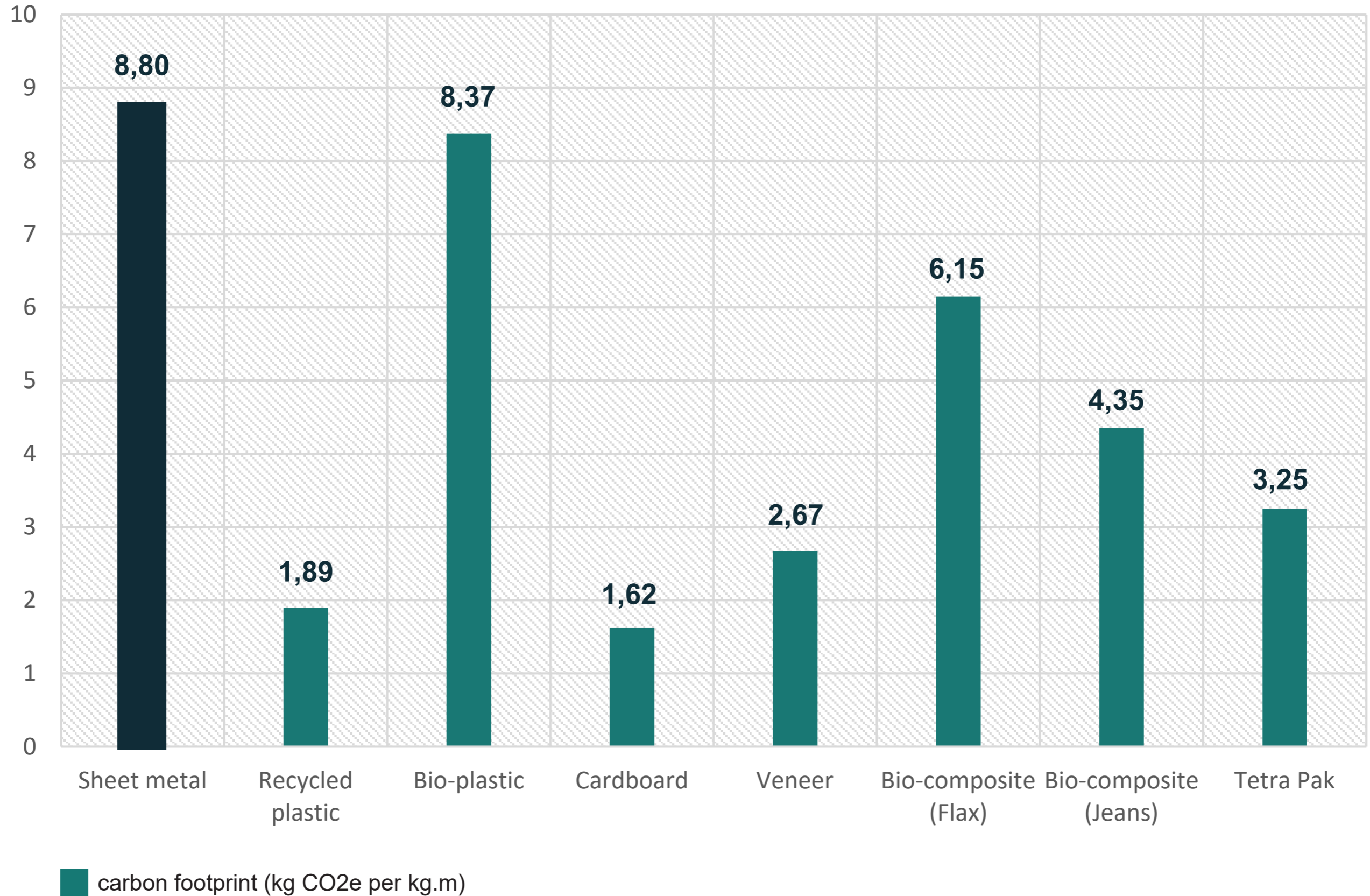


Product Stage			Construction Process Stage		Use Stage							End-of-Life Stage				Benefits and loads beyond the system boundary		
Raw material supply	Transport	Manufacturing	Transport to building site	Installation into building	Use/application	Maintenance	Repair	Replacement	Refurbishment	Operational energy use	Operational water use	Deconstruction/demolition	Transport	Waste processing	Disposal	Reuse	Recovery	Recycling
A1	A2	A3	A4	A5	B1	B2	B3	B4	B5	B6	B7	C1	C2	C3	C4	D	D	D

Source: OneClick (n.d.)

# LCA - comparison with sheet metal

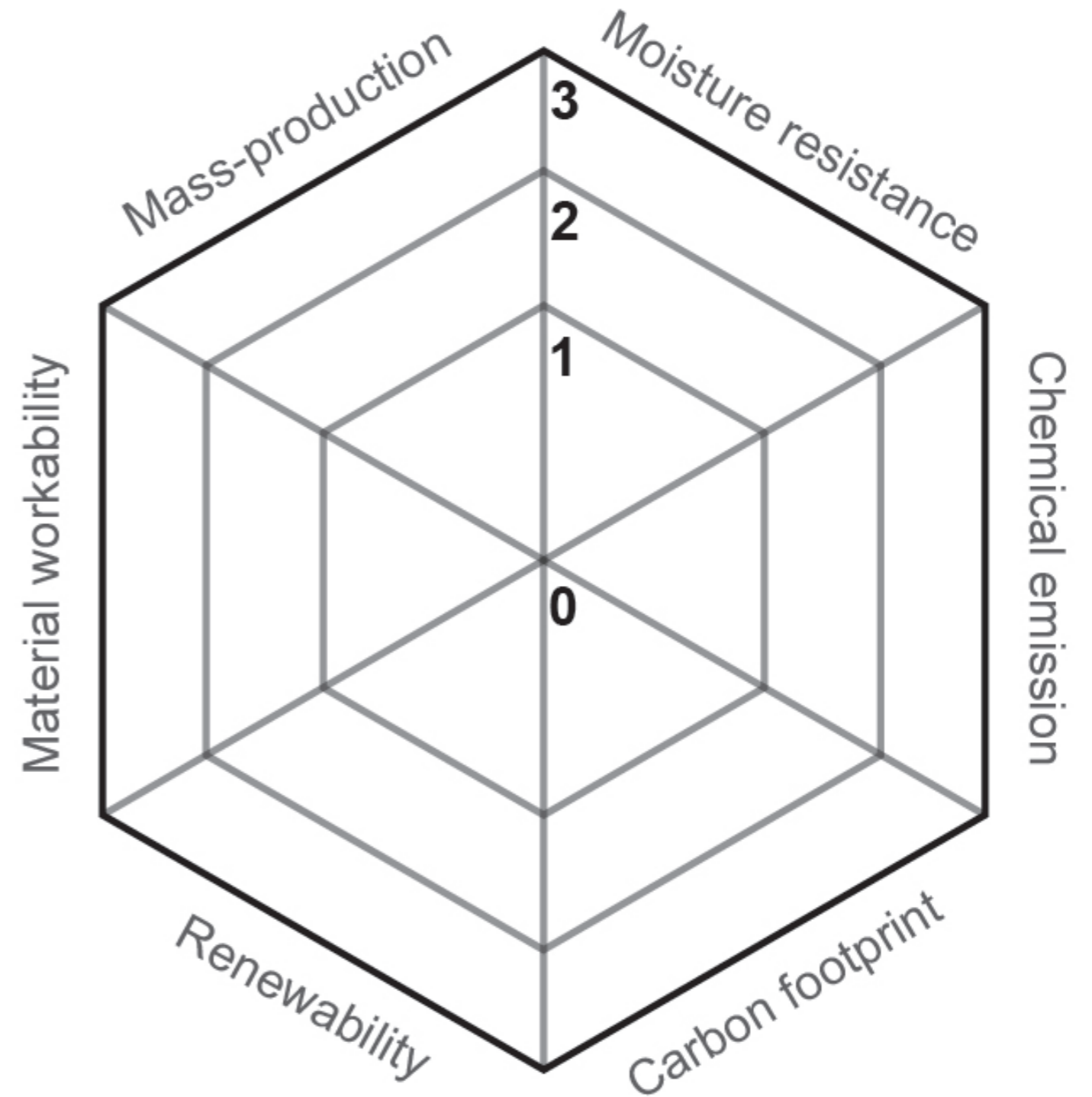
Based on 1 meter linear duct and 180 mm diameter



# Overall assessment

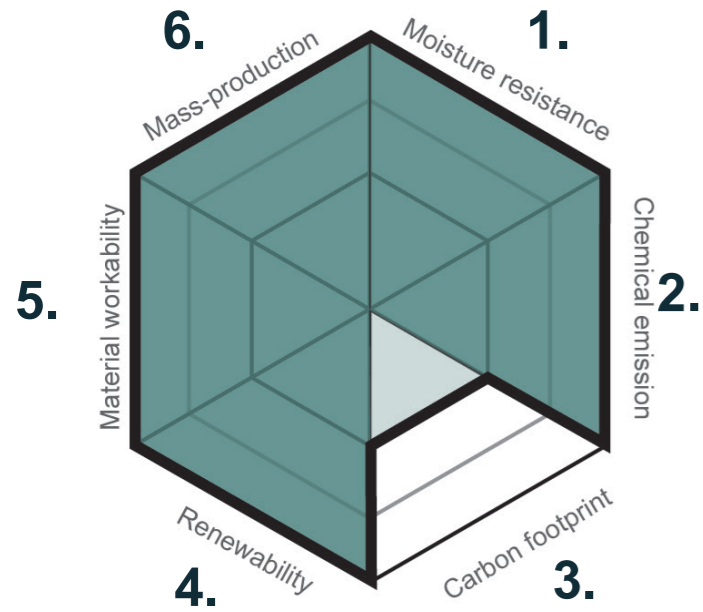
Based on linear duct

1. Moisture resistance - **Lifespan**
2. Chemical emission - **Health and comfort**
3. Carbon footprint - **Environmental impact**
4. Renewability - **End-of-life scenario**
5. Material workability - **Installation / weight**
6. Mass-production - **Scalability**

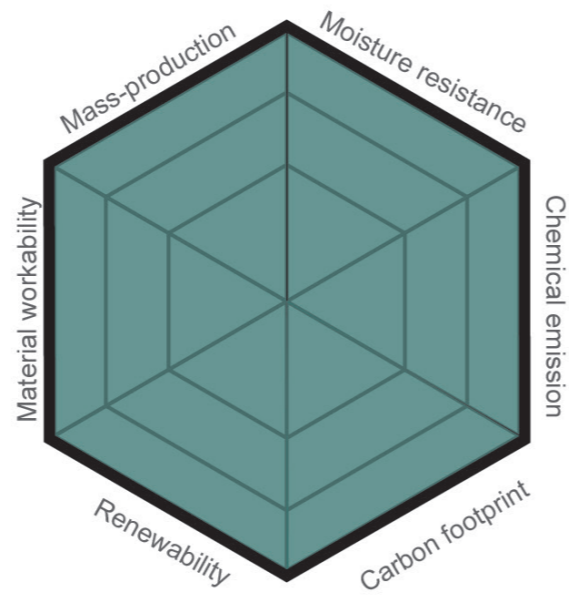


# Assessment overview

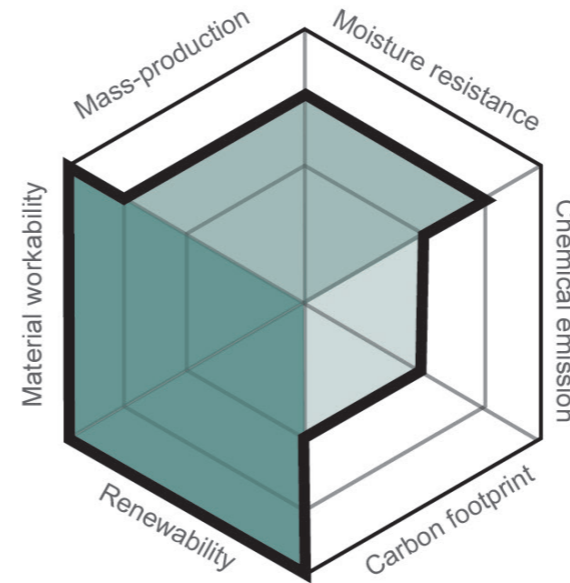
## Sheet metal



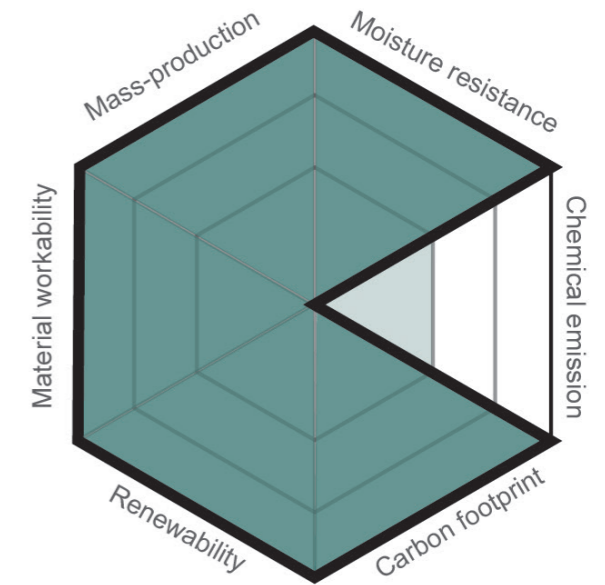
## Tetra Pak



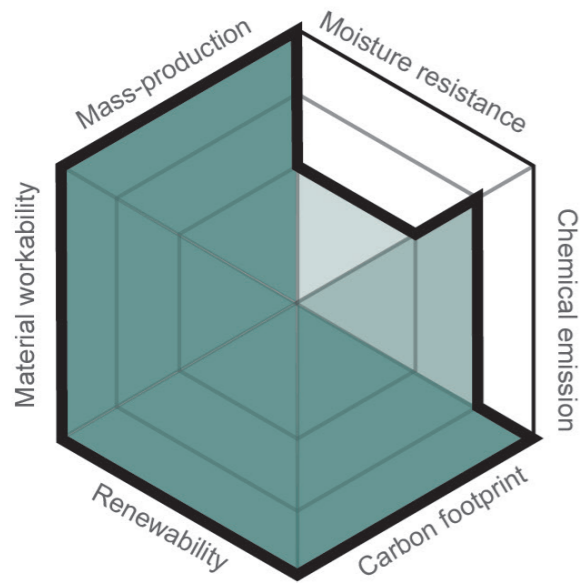
## Bio-plastic



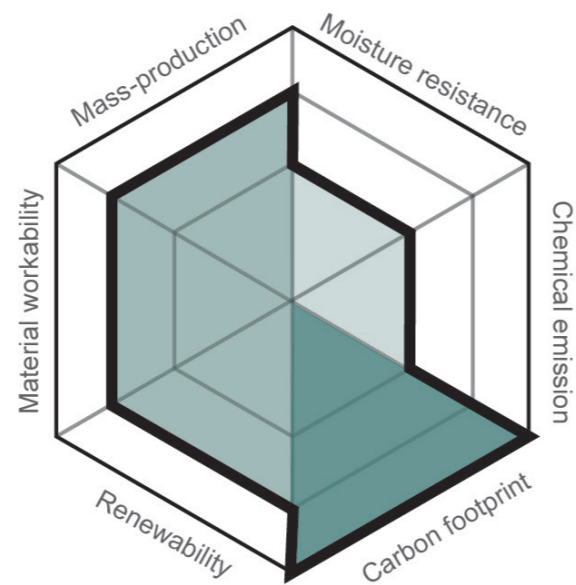
## Recycled plastic



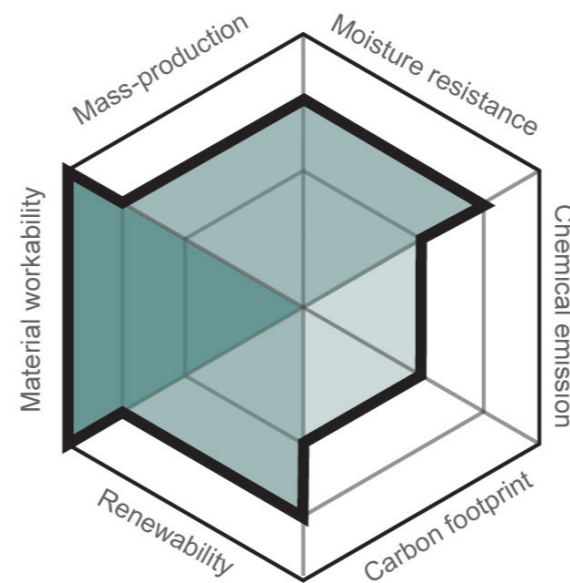
## Cardboard



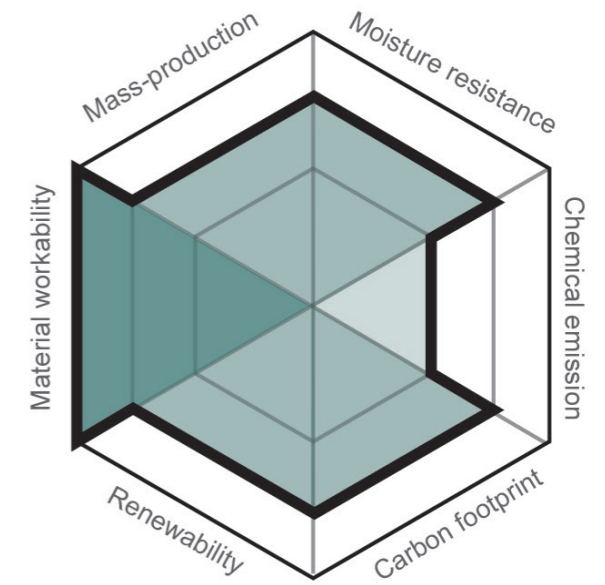
## Veneer



## Bio-composite (Flax)



## Bio-composite (Jeans)



1. Moisture resistance

2. Chemical emission

3. Carbon footprint

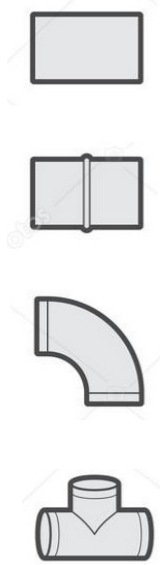
4. Renewability

5. Material workability

6. Mass-production

# Suitable materials per component

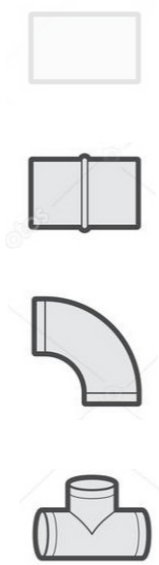
## Sheet metal



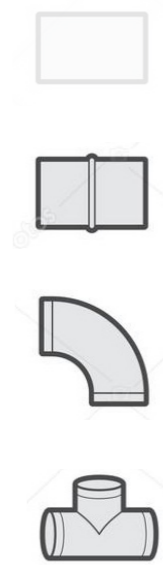
## Tetra Pak



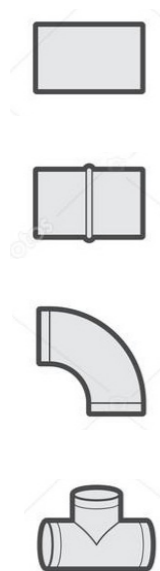
## Bio-plastic



## Recycled plastic\*



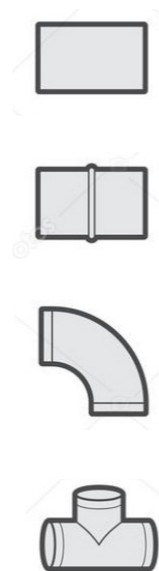
## Cardboard



## Veneer



## Bio-composite (Flax)

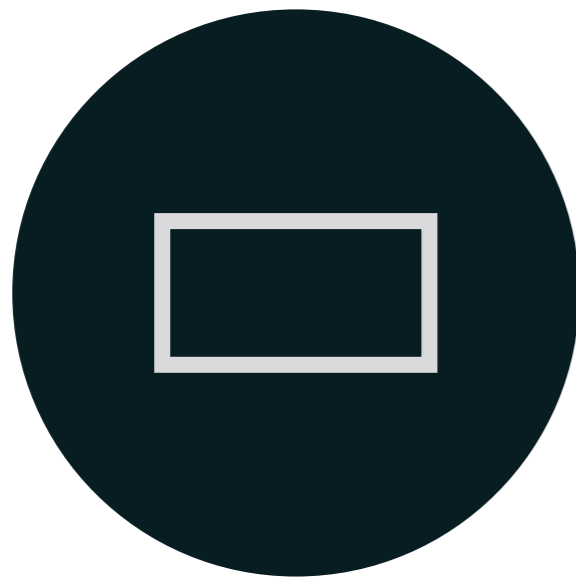


## Bio-composite (Jeans)



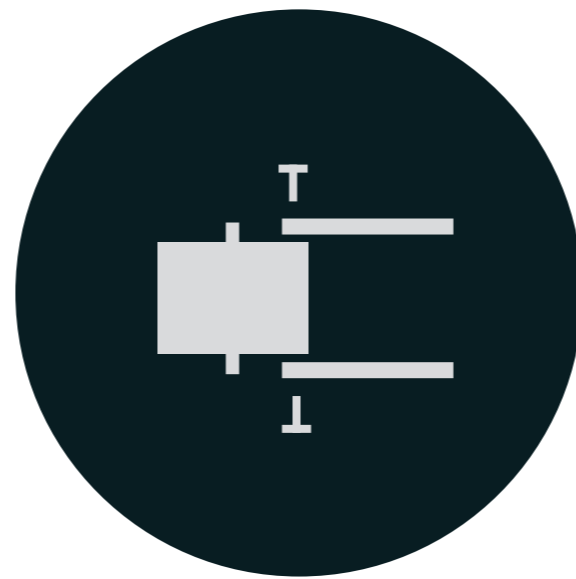
**Concept**

# Design problems



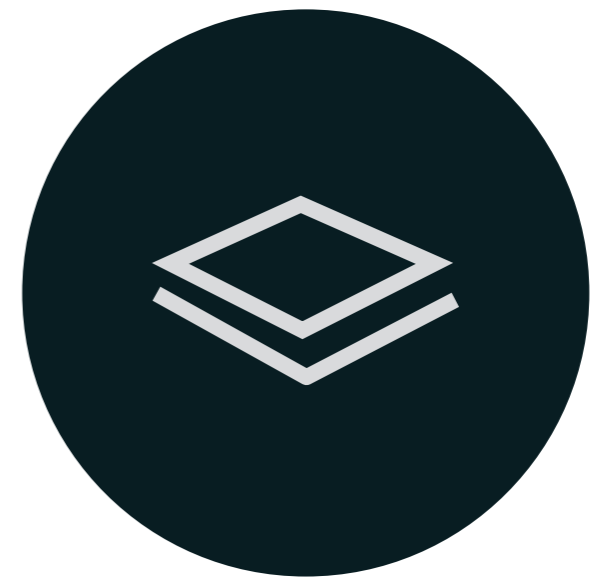
## Geometry

linear  
joint  
bend  
t-component



## Connections

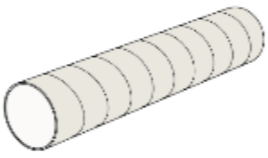
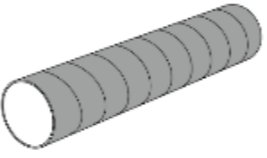


between  
components




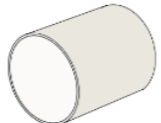
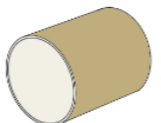
## Coating

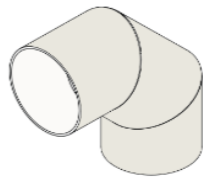

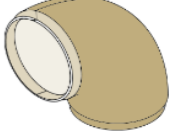
moisture

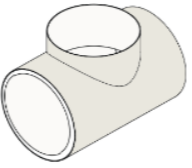
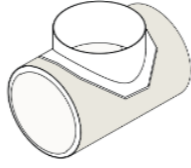
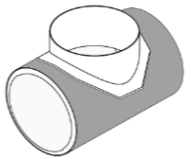
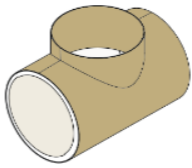
# Concept selection

		Efficient, lower costs		Aesthetic, higher costs	
<b>Linear component</b>					
		Cardboard	Tetra Pak 75% bio-based	Veneer	Bio-composite (Jeans and bioresin)
Criteria	Factor				
Airtightness	●●	3	3	3	3
Moisture resistance	●●●	1	3	1	2
Chemical emission	●●	2	2	1	1
Aesthetics	●	1	2	3	2
Renewability	●●●	3	3	2	2
Carbon footprint	●●●	2	2	3	1
Ease of dis(assembly)	●●	3	3	2	2
Mass production	●●●	3	3	2	1
Material costs	●	3	2	1	1
Material workability	●●	3	3	2	3
<b>Total</b>		53	59	44	39



<b>Joint</b>				
Criteria	Factor	Recycled plastic	Cardboard	Bio-composite (Flax and bioresin)
Airtightness	●●	3	3	3
Moisture resistance	●●●	2	1	2
Chemical emission	●●	1	2	1
Renewability	●●●	3	3	2
Carbon footprint	●●●	3	3	1
Ease of dis(assembly)	●●	3	2	2
Mass production	●●●	3	3	2
Material costs	●	3	3	1
Material workability	●●	3	3	2
<b>Total</b>		<b>56</b>	<b>53</b>	<b>38</b>

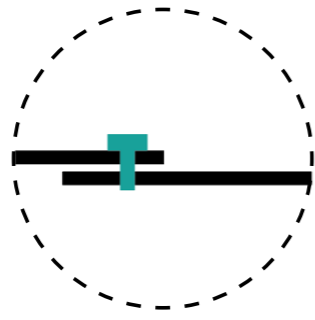
<b>Bend</b>				
Criteria	Factor	Cardboard	Recycled plastic	Bio-composite (Flax + bioresin)
Airtightness	●●	3	3	3
Moisture resistance	●●●	1	3	2
Chemical emission	●●	2	1	1
Renewability	●●●	3	3	2
Carbon footprint	●●●	3	3	1
Ease of dis(assembly)	●●	3	3	2
Mass production	●●●	3	3	2
Material costs	●	3	3	2
Material workability	●●	2	3	3
<b>Total</b>		<b>53</b>	<b>59</b>	<b>41</b>

<b>T-component</b>					
Criteria	Factor	Cardboard	Cardboard + recycled plastic	Tetra pack + recycled plastic	Bio-composite (Flax + bioresin)
Airtightness	●●	2	3	3	3
Moisture resistance	●●●	1	2	3	2
Chemical emission	●●	2	1	2	1
Renewability	●●●	3	3	3	2
Carbon footprint	●●●	3	3	2	1
Ease of dis(assembly)	●●	3	3	3	1
Mass production	●●●	3	3	3	1
Material costs	●	3	3	3	2
Material workability	●●	2	3	3	2
<b>Total</b>		<b>49</b>	<b>57</b>	<b>58</b>	<b>34</b>

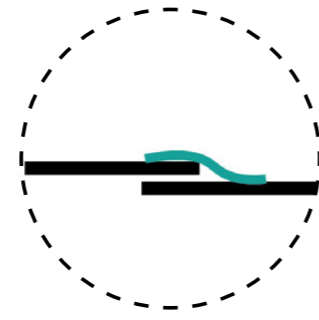
# Final concept



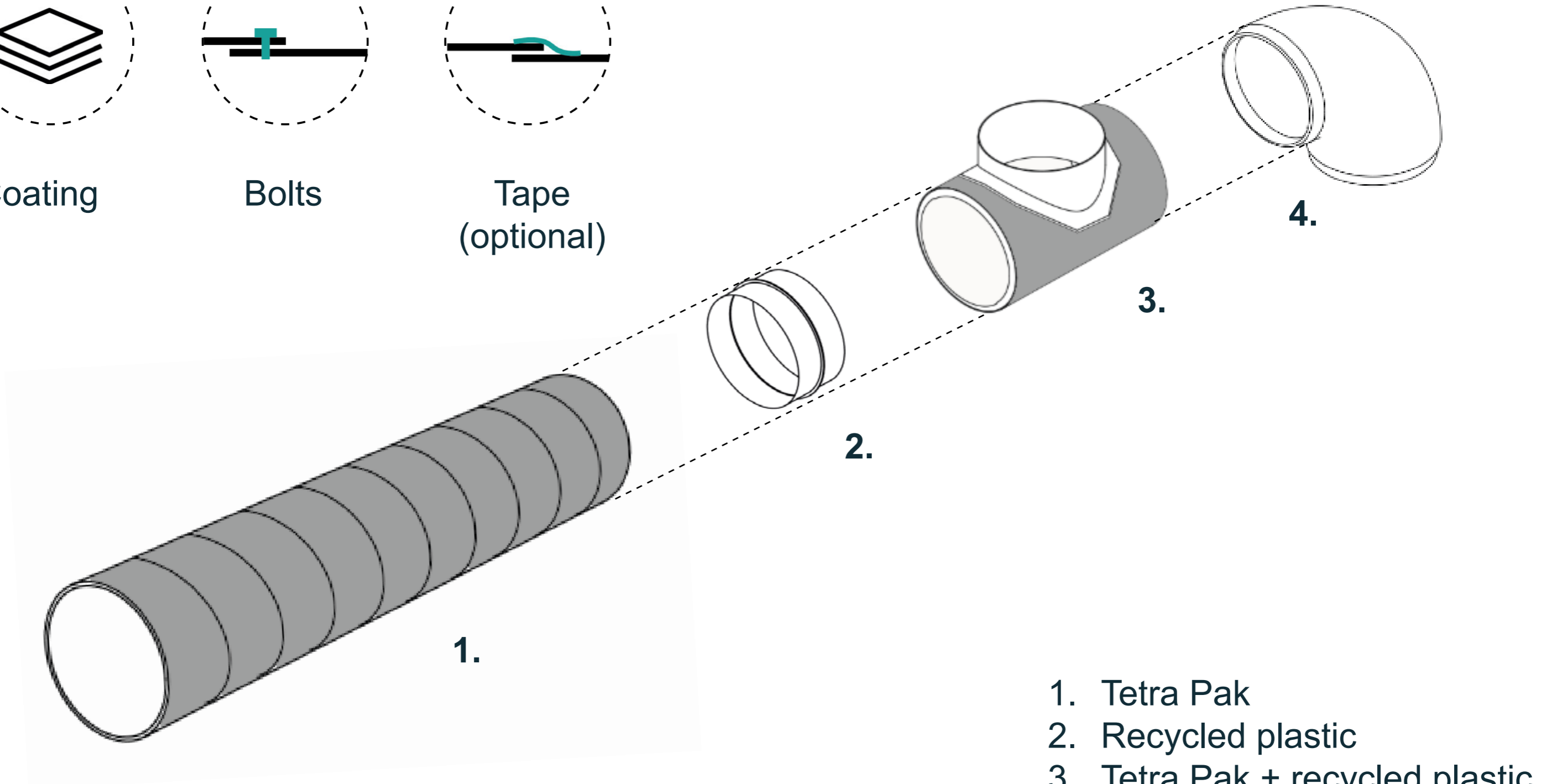
Coating



Bolts



Tape  
(optional)



1. Tetra Pak
2. Recycled plastic
3. Tetra Pak + recycled plastic
4. Recycled plastic

**Final design**

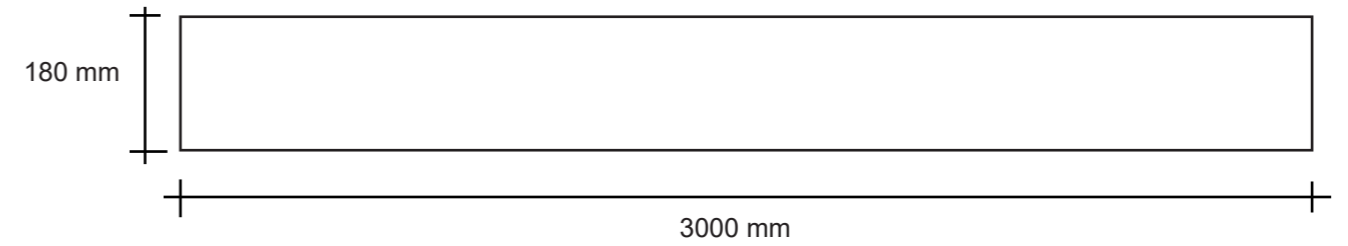
# Linear component



## Tetra Pak

Thickness 1,5-3 mm

Ø 180 mm



Dimensions

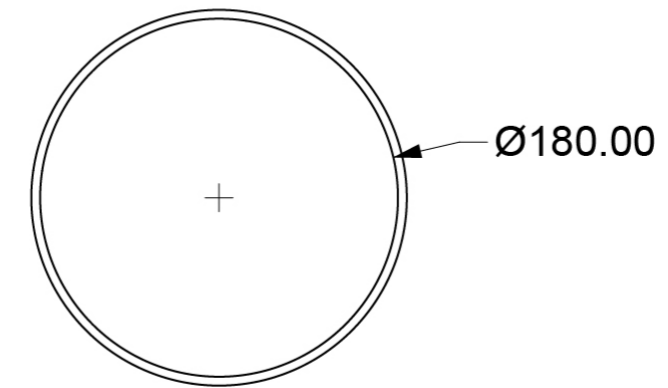
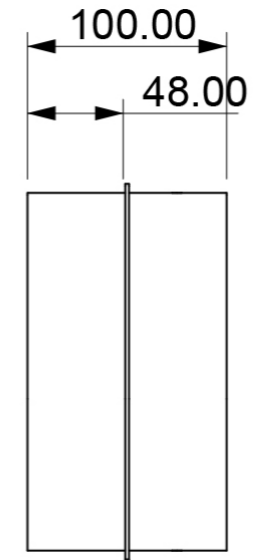
# Joint



**Recycled plastic**

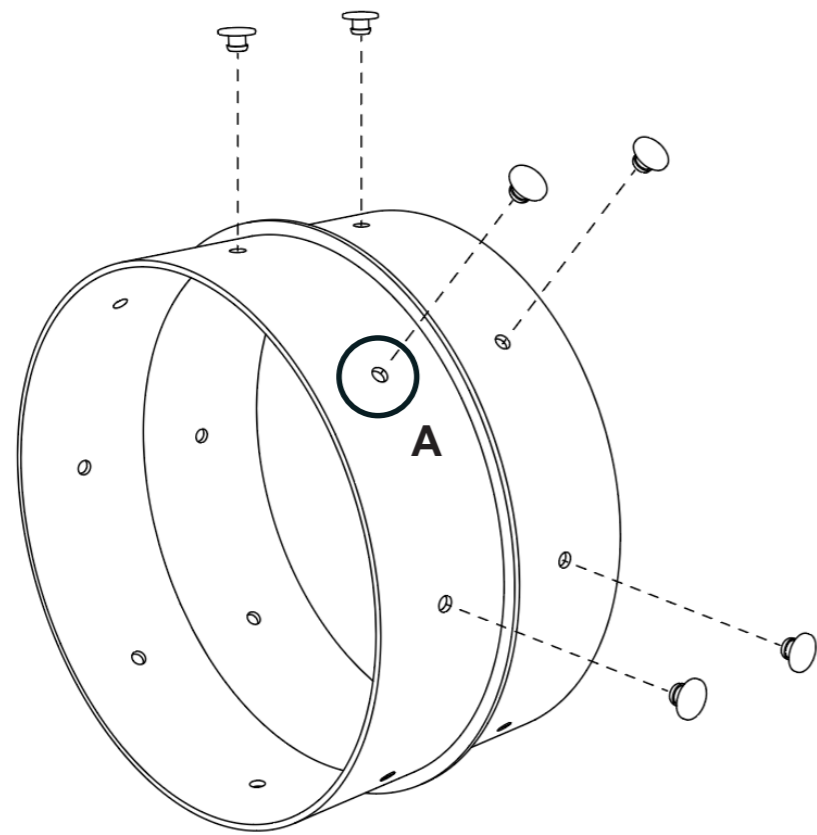
Thickness 2 mm

Ø 180 mm

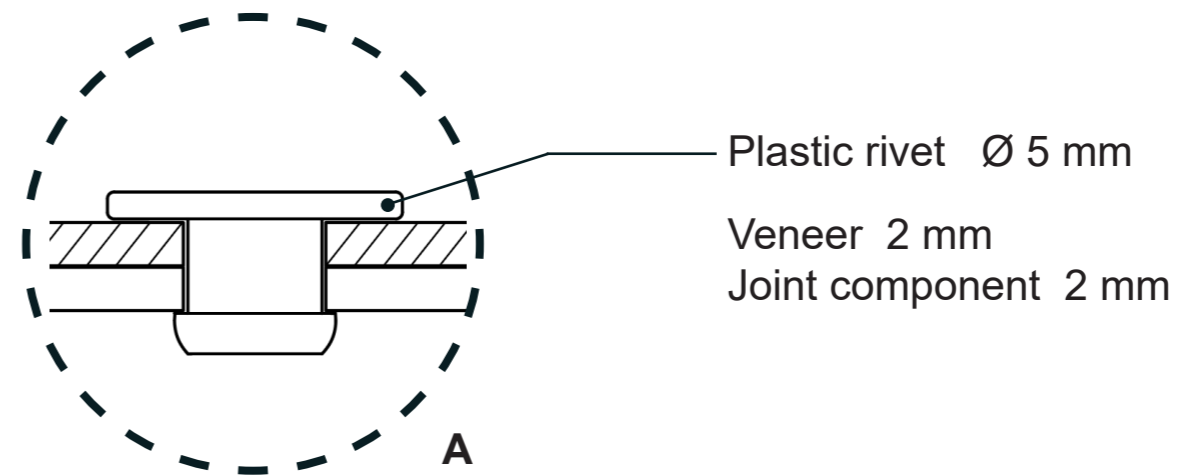


Dimensions

# Joint

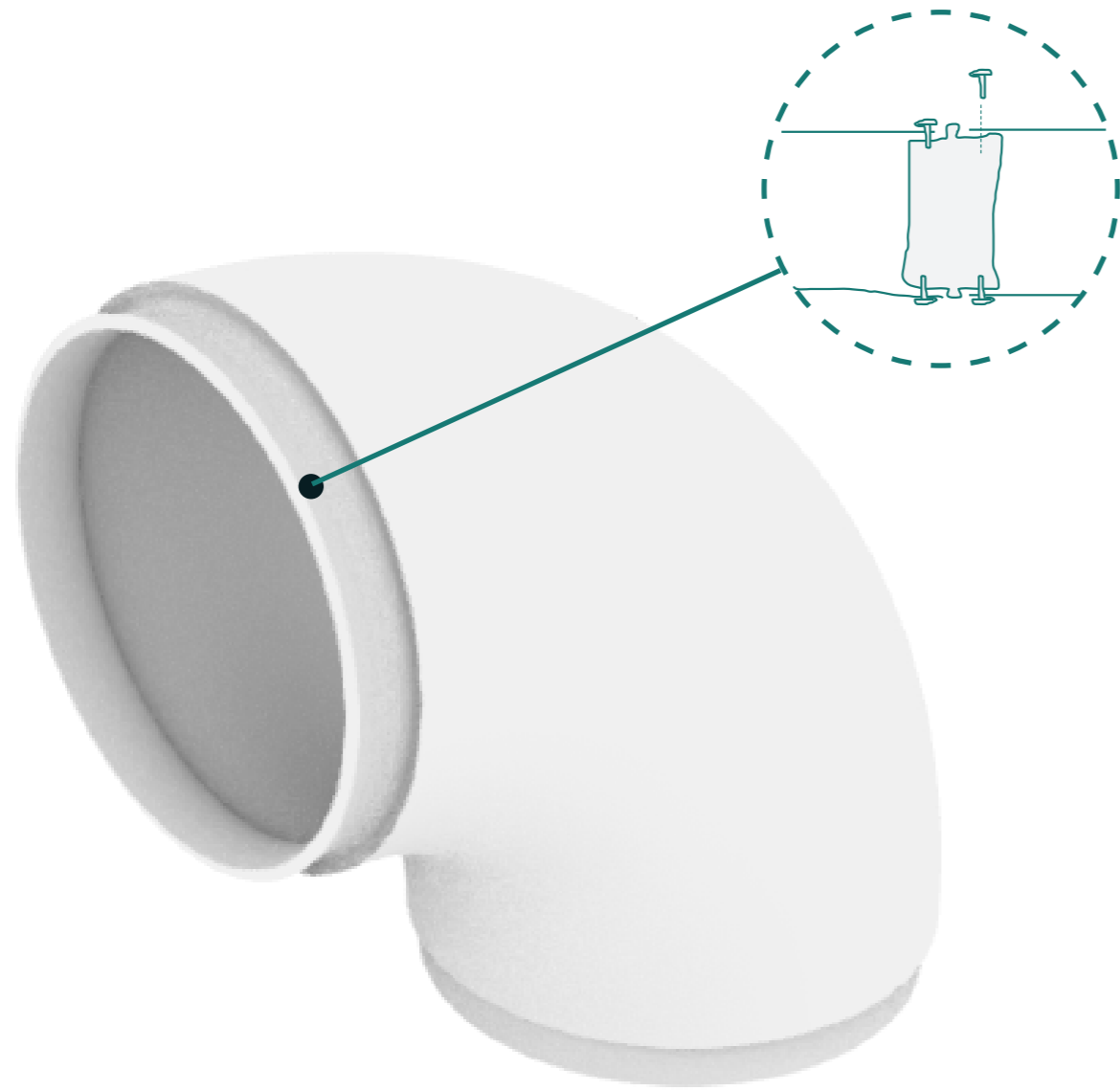


Exploded view



Connection

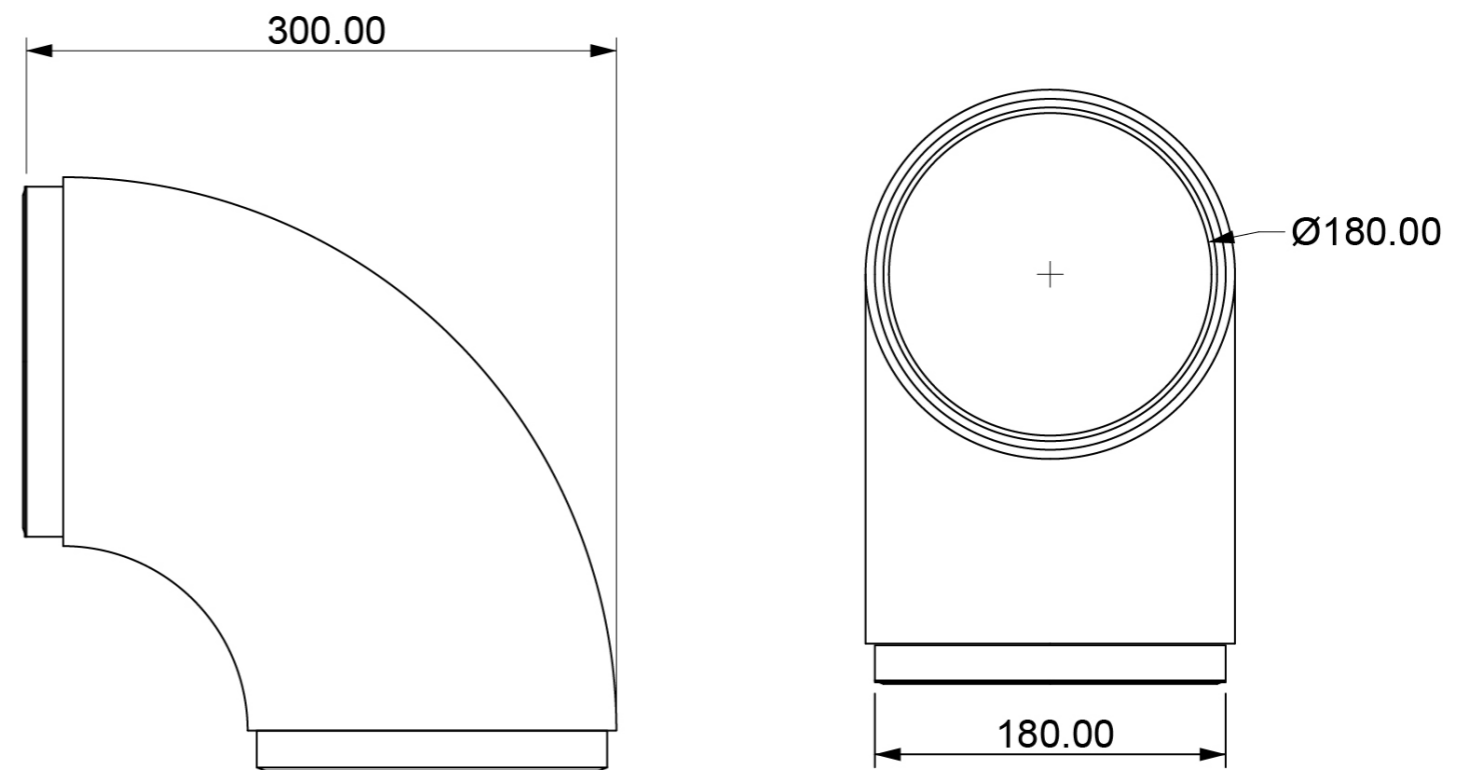
# Bend



**Recycled plastic**

Thickness 2 mm

Ø 180 mm



**Dimensions**

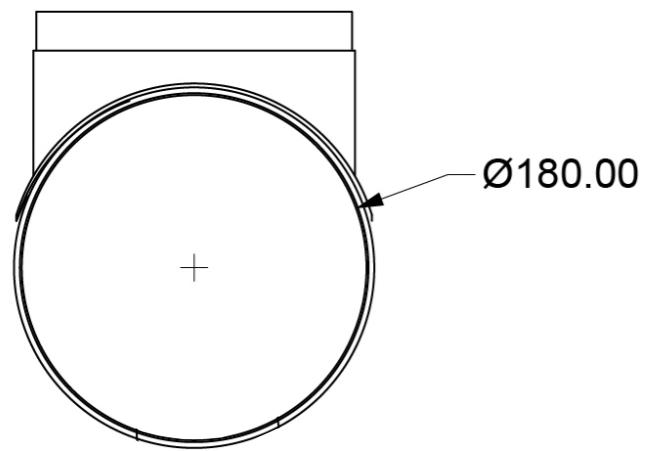
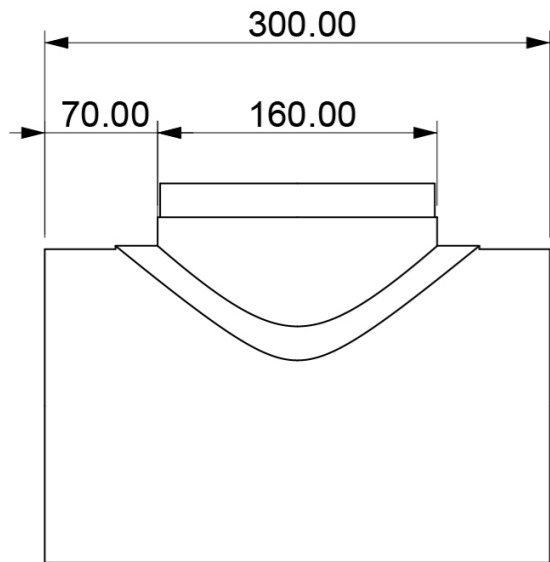
# T-component



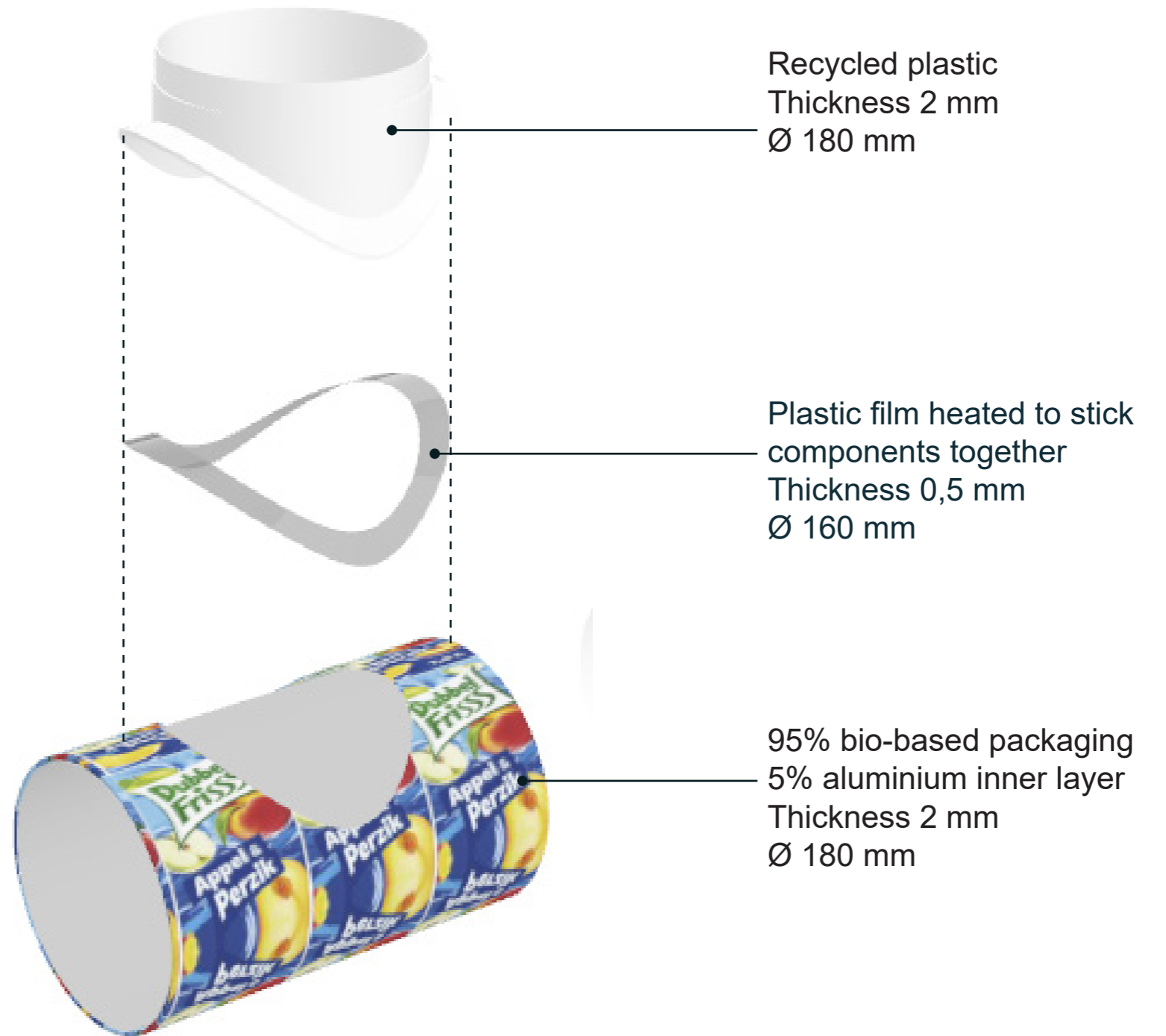
**Sheets of Tetra Pak - 95% bio-based  
Recycled plastic**



# T-component assembly



Dimensions



Exploded view

# Prototyping

## Geometry bend and linear component



**Bend: recycled plastic**



**Linear: packaging material**

# Design variation

More development required



# Evaluation

# Performance evaluation



## Moisture resistance

1. Water absorption test
2. Mold growth test



Aim to indicate the molding potential of selected materials.



Determines **lifespan**  
(moisture will affect the mechanical properties)



## Chemical emission

1. TVOC emission test



Aim to maintain good air quality with the use of materials which contain volatile compounds



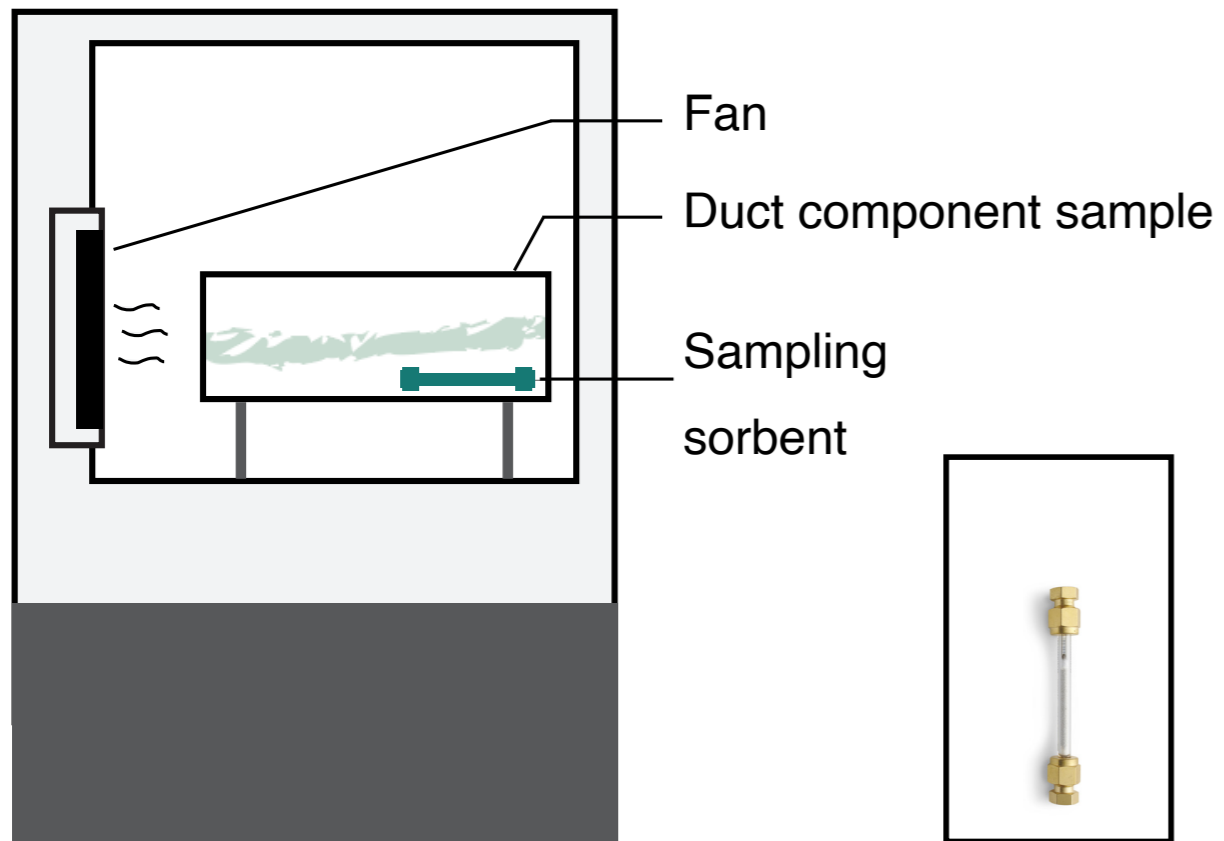
Determines **health** and **comfort** of the occupants

# Chemical emission

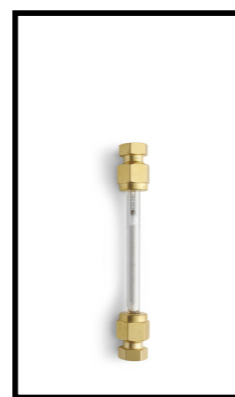
## (Bio)-plastics, bio-resins and coatings

The following test conducted bot with test chamber:

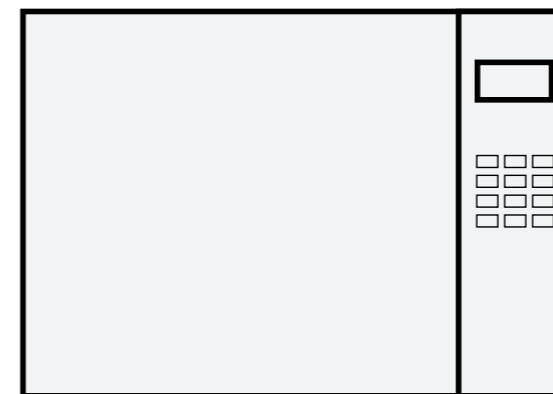
- Simplified VOCs emission test: TVOC meter
- Detailed: Gas chromatography and mass spectroscopy (GC-MS)



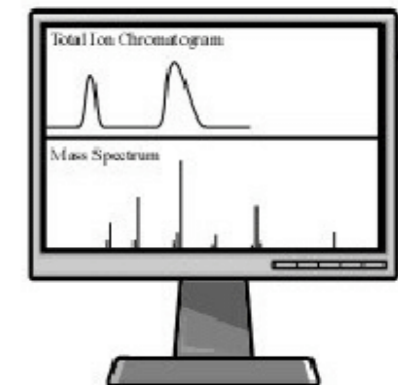
Test chamber



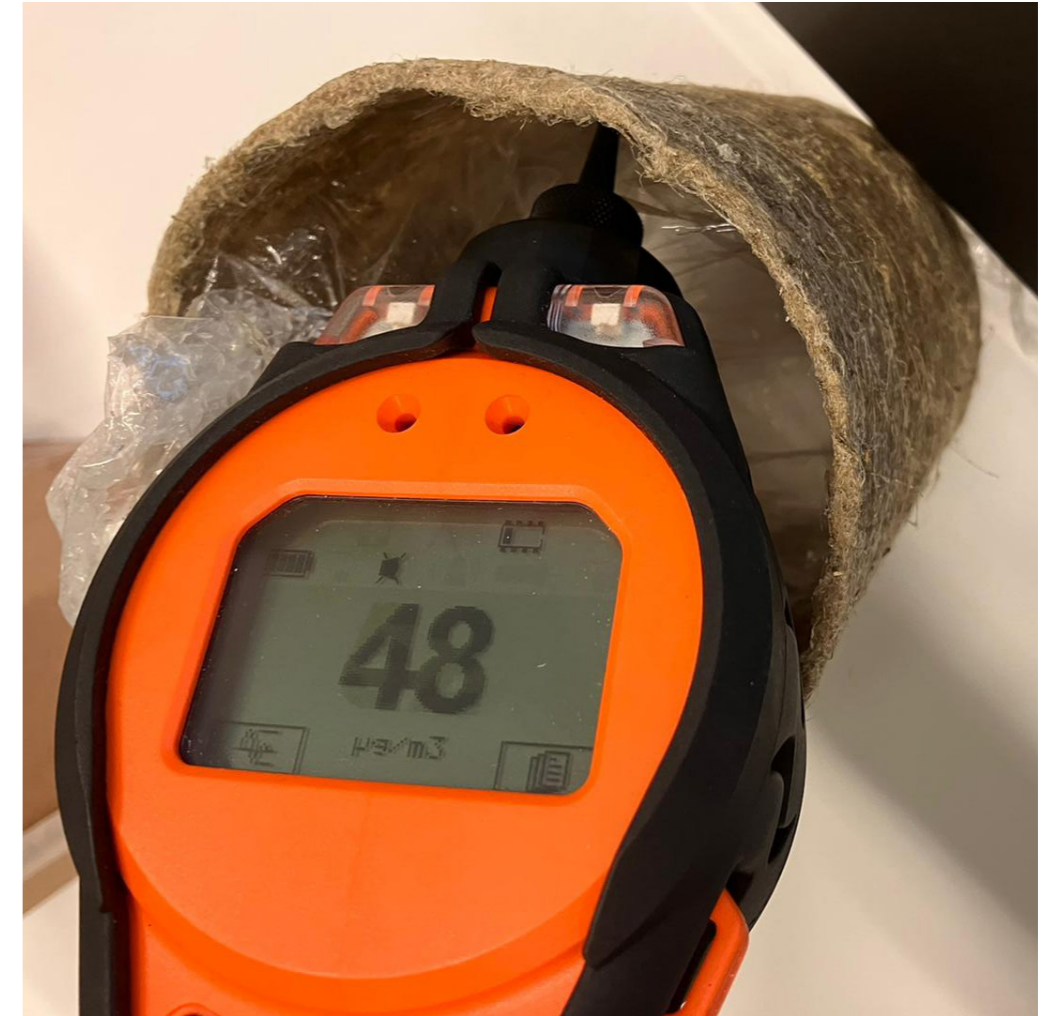
Tenax sorbent



GC-MS analysis (detailed)



Results



TVOC meter on bio-composite (simplified)

**Conclusion**

# Conclusion

**What are the potential and limitations for bio-based materials to replace **sheet metal** for the construction of air ducts by maintaining the same quality?**

## Potentials

- Possibilities for mass-production of bio-based air duct component, for linear components more advanced than complex components. Linear component: cardboard, bio-composites, packaging material.
- Lower carbon footprint.
- Applying circular strategies for most materials: recycling, reuse and energy recovery.

## Limitations

- However meeting quality is challenging - moisture resistance and chemical emission.
- Constructing complex components; joint, bend and t-component efficiently with bio-based materials.
- Certain type of connections are more challenging.
- Lifespan unknown.



## Further research recommendations

- Determine lifespan under increased temperature and humidity rates.
- Experimental research in terms of moisture resistance and chemical emission: recycled plastic, bioplastic and coatings; thin films and (bio)resins.
- The scalability of the used materials, larger diameters result in a thicker material, the optimal ratio between thickness and stiffness should be achieved.
- Explore other materials such as ECOR and giant bamboo.

**Thank you for your  
attention.**