

IGNITING STRATEGIES
ON HEAT WAVE MITIGATION



MASTERTHESIS
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ACKNOWLEDGEMENTS

Dear reader,

this is my final deliverable of my Master's thesis in Strategic Product Design at TU Delft. It marks the end of my graduation project and two inspiring years in the Netherlands and Munich. A journey I look back with gratitude to all the amazing people I have met. I can say with pride that I had many rolemodels during this time, who inspired me to reflect, improve and challenged me to think about my contribution as a designer on this planet and my role to foster change.

Before diving into the content of this thesis, I would like to give my acknowledgements to a couple of people. First to Rebecca Price for the inspiration to this timely topic and for always pushing us students to be critical and as impactful as we can.

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Danke:)

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EXECUTIVE SUMMARY

This executive summary provides an overview of the key findings and insights presented in the master's thesis named "Exploring MINIs contribution to urban ecosystems. Igniting Strategies on heat wave mitigation." The study investigates the role of the brand MINI, in addressing the pressing issue of urban heat waves and its transformation to an ecosystem-focused contributor. With systemic design, a transition of viewpoint is offered in this thesis, and an additional planet centered approach is used to find new solutions which take the entanglements of the city into consideration.

Urban heat waves have become a critical concern within the context of global climate change and urban development. Within the automotive industry, the heat generated by vehicles in cities has been identified as a blind spot that has received insufficient attention in recent decades. With this thesis a possible strategy with examplary interventions to address this gap is derived to make a meaningful contribution. This executive summary outlines the different chapters which include strategies, solutions, and recommendations presented in the thesis to address this challenge. After the introduction and table of figures the following chapters are:

Chapter 3 – Background: This chapter introduces the urban heat wave problem and its impacts on urban ecosystems. It highlights the pivotal role of MINI in recognizing the challenge and aligning its strategies with the broader initiatives of urban development. Additionally, a comprehensive trend and context analysis, identifying the crucial role of automobiles in exacerbating this problem.

Chapter 4 – Design Process: Chapter 4 explains the Design Process of this Master Thesis in three diamonds, which involves exploration through research, envisioning potential futures and third, defining a strategy for action.

Chapter 5 – Stakeholder Analysis: In this chapter the outcome of Interviews conducted with both

citizens and experts are presented, to shed light on the system's issues and deepening the understanding of the problems at hand.

Chapter 6 – Co-creation: To foster a co-creative approach, three workshops to facilitate dialogue and solution generation in collaboration with stakeholders where conducted.

Chapter 7 – Synthesis: In a final Synthesis a Strategy for MINI is presented with the goal to shift the mindset of citizens and vehicle users through a three step approach. The first step involves raising awareness on heat waves by providing information. The second step focuses on developing vehicles that minimize heat generation. The third and most transformative step encourages a change in consumer mindset towards a concept where individuals gain access to mobility in exchange for contributing to society. The overarching goal is to reduce heat in cities effectively and contribute to the larger city ecosystem.

Chapter 8 – Conclusion: By aligning MINIs strategy with the city goals, advocating for sustainable mobility, and collaborating with stakeholders, MINI can strive to create cooler, more sustainable urban environments for all. With the transition of MINI towards an ecosystem mindset and active contribution to the fight against urban heat waves, a transformation of users and citizens mindset can be achieved (figure 1). The democratization of mobility through collaboration with city governments, citizens, and relevant stakeholders to determine the optimal vehicle solutions is recommended. The recognition that there is no one-size-fits-all solution underscores the need for a democratic approach.

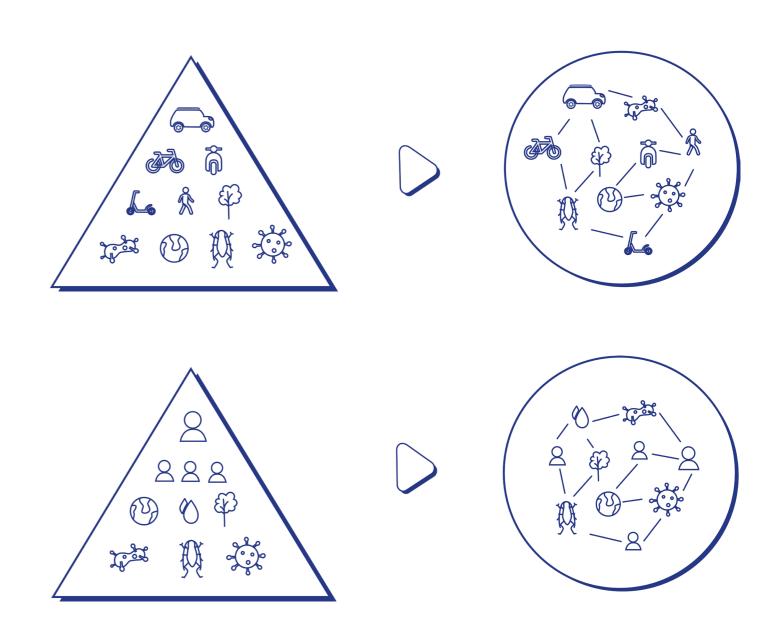


Figure 1 Changing mindsets from ego-system to eco-system

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2. INTRODUCTION

At the commencement of this project, headlines in April read: "Spain bakes in summer-like heat and worries about what comes next" (Méheut, 2023). As summer approached and temperatures rose, newspapers declared July the hottest month ever recorded. The Arizona Burn Centre was fully occupied due to people who fell on scorching hot asphalt (Indeka, 2023). Additionally, the UN secretary declared an end to global warming, instead stating that we are in the middle of global boiling (Niranjan, 2023).

Heatwaves are unusually long periods of consecutive remarkably hot days. One of the aspects related to urban heat concerns transportation. The challenges ahead on extreme urban heatwaves pressure the mobility sector and lead not only to increased mortality rates (Kovats, 2006) but also impact health, nature, economy, and infrastructure.

Combustion engines are contributing to the heat island effect, which means that urban areas experience higher temperatures than surrounding rural areas. Electric cars reduce the amount of near-surface air temperature by up to 0,6°C (Mussetti, 2022) and air pollution in urban areas. Due to air conditioning and the higher use of electricity consumption, individual mobility is still contributing to environmental problems during heat waves. Individual transport is criticized in many ways as a part of the urban landscape, but residents also want and need to move freely and some cannot do without, especially citizens vulnerable to heat, such as children or the elderly. It is estimated that 70% of people will be living in cities by 2050 (Nations, 2018). With more severe and frequent heat waves, floods, droughts, biodiversity loss, and air pollution, the guestion arises of how the urban environment needs to change to mitigate climate change.

Heat waves are part of wicked problems we are facing, which ask us to design "entirely new sociotechnical systems" (Price, 2019). To understand the complexity that comes along with heat waves – especially within the urban environment, methods such as systemic design are

possible scenarios to understand the relationships between the actors that play a role in this complex ecosystem.

As the values of society are changing towards a more responsible and sustainable future, brands such as the BMW Group are asked to participate in the debate on future cities. This thesis aims to look at the well-being of citizens, the city, and drivers during extreme heat waves from different angles by moving from Design Strategy towards a Systemic Design approach. It aims to identify possible actions how the brand "MINI", which belongs to the BMW Group, can be an active participant in the fight against heatwave mitigation, translated into an actionable Strategic Roadmap for future engagement.

3. BACKGROUND

A) CONTEXT OF SYSTEMIC DESIGN AND PLANET CENTERED DESIGN

Due to the complex nature of urban heatwaves, it became clear that traditional linear tools and methods don't provide enough answers to complexity. Systemic design is a combination of design thinking and systems thinking, which is often associated with change management. Complex sociotechnical systems can for example be governmental policy, environmental protection, healthcare, or transportation. As Norman and Stappers argue, designers should not stop at the design, but instead be an active contributor in implementation and solution finding (Norman & Stappers, 2015). Today, system oriented design is positioned closer to design practice as part of the design process (Sevaldson, 2017). Different tools of systemic thinking are therefore used to look at the problem of heatwaves. Generally systemic design is acknowledging the interrelatedness of problems to tackle complex societal challenges (Van Der Bijl-Brouwer, 2020). Where the practices of traditional product design work on product solutions, systemic design identifies the interdependencies in ecosystems and maps out interrelatedness. In this thesis, systems thinking is used as part of the design process to understand relationships in the city ecosystem and design for the ecosystem rather than for the human only. Instead of focusing on analyzing and visualizing the system map, insights were translated to tangible actions for the MINI brand, to overcome the theoretical gap to translate thoughts into practice.

As systemic design focuses on current problems and interrelations, Design Futuring was used in co-creation with citizens to help overcome the gap between the present and the future. Design Futuring is using Design Fiction to engage lay people and other stakeholders emotionally instead of using data and numbers to achieve this goal. Design Futuring uses as a design inten either, innovation, critical design, or speculative design as a tool to constructively discuss futures with criticizing actual misfortunes or desirable futures. As Kiialainen (Kiialainen, 2022) explores in her work, speculative design can be valuable for organizations as an intermediate step, to learn and discuss and afterwards bring the future back into the present day with product implications. Possible futures which are desired by the system stakeholders are explored and used to create an intervention roadmap.

During the process of the thesis, it became clear that the term "sustainability" is not disruptive enough within the context of this project

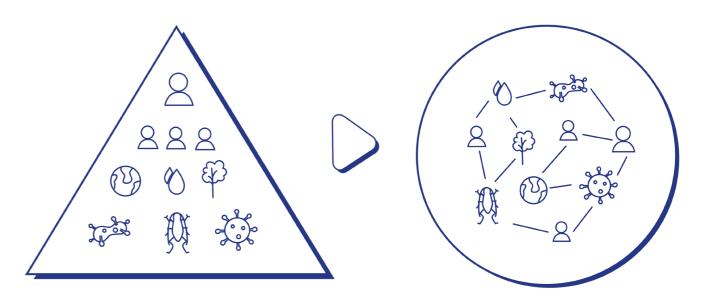


Figure 2 From ego-system to eco-system

(Waseem & Kota, 2017). For many years we have designed "human-centred", which most likely added to the climate crisis we are facing right now. We currently find ourselves in the age of the "Anthropocene", or the so-called "age of humans", where the human made artifacts exceed the biomass on earth and lead to a global imbalance. With systemic design, a transition of viewpoint is offered in this thesis, and an additional planet centered approach is used to find new solutions which take the entanglements of things into consideration.

Glenn Albrecht (Albrecht, 2019) proposes a transition from the Anthropocene to the Symbiocene, where the humans live in a symbiosis with all other beings. Planet centered design is challenging the current ego-system to change and instead serve the entire eco-system (Vignoli, Roversi, Jatwani, & Tiriduzzi, 2021). The term planet-centred design communicates the need of eco-entangledness and moves away from a product focus to an eco-system focus (see figure 2). Which means, that we need a shift in consciousness to not only care for ourselves and other stakeholders, instead to act in the interest of the entire ecosystem.

Which suggests that, from the standpoint of the consumer, we need to shift our perspective from one of exploitation to one of stewardship. This implies, from a commercial standpoint, to create value for the entire ecosystem, where profit and people are a part of the larger picture of the world.

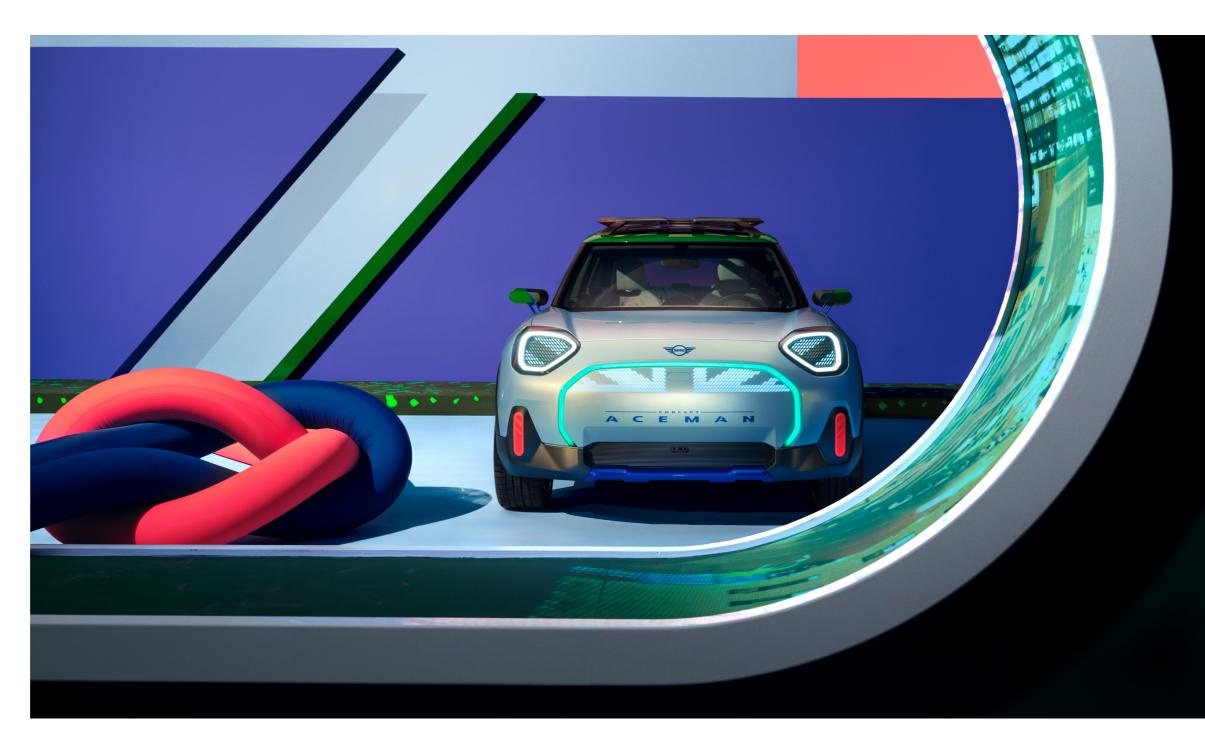


Figure 3 The MINI Concept Aceman

B) CONTEXT OF THE BMW BUSINESS

The BMW Group with its four brands – BMW, MINI, Rolls-Royce and BMW Motorrad, is the world's leading premium manufacturer of automobiles and motorcycles selling into more than 140 countries. Sustainability and efficient resource management are central to BMW Group's strategic direction, from supply chain, production, and the end of use phase (BMW Group, 2023). The BMW Group is committed to the Paris Agreement (Nations U., n.d.) and is aiming for Climate neutrality until 2050. The concept car "I Vision Circular" by BMW gives a glimpse into BMW's vision on sustainability and is exploring circular economy as a main driver for a future sustainable car (BMW Group Press, 2021).

In the context of the urban future, BMW is engaged in projects on future urban mobility concepts together with Los Angeles, Berlin, Beijing, Munich, Hamburg and Rotterdam, to understand the needs and challenges cities are facing, especially the fast-growing cities with congested infrastructure, traffic jams, air pollution and noise (BMW Group, 2021).

In cooperation with the city of Rotterdam, BMW is focusing on five different pilot projects to improve

the citizen's life. As the image of the vision of the city of Rotterdam (see figure 4) shows, the urban environment is changing and BMW is collaborating with cities to find answers those five topics:

- 1. **Multimodality**: choosing different means of transportation to get from A to B the fastest
- 2. **Traffic management**: intelligent, connected vehicles for safer roads
- 3. **Parking and Charging**: finding charging stations at any time
- 4. **Green Charging**: Electric vehicles used for energy storage (BMW Group, 2021)

Figure 5 Alec Issigonis sketch of the MINI and himself infront of a MINI

Due to the time limitation, this thesis is focusing on the MINI brand as one brand of the BMW Group only. The brand MINI, as part of the BMW Group, is known as the car born out of the Suez Crisis of the 1950s by engineer Alec Issigonis (see figure 5). He invented an economical compact car as an answer to the fear of an oil crisis (MINI, 2023). Today MINI is still striving to find answers to a complex world and is aiming for a sustainable future and for a fully electric fleet in 2030 (MINI, 2023). MINI is known for its urban history, as a small car which fits to urban needs and concept cars such as the MINI Vision "Urbanaut", and the Concept Aceman are explorations on future urban mobility (see figure 3, MINI, 2021). This thesis aims to find possible actions for the changing urban environment and to one part of the current "polycrisis", which means that multiple crisis interact and create bigger harm than each one alone. Part of this polycrisis is climate change, which in itself consists of many different occuring problems. The problem statement for this thesis was framed to focus on heatwaves in the context of urban areas. Especially within mobility on the context of cars (see figure 6).

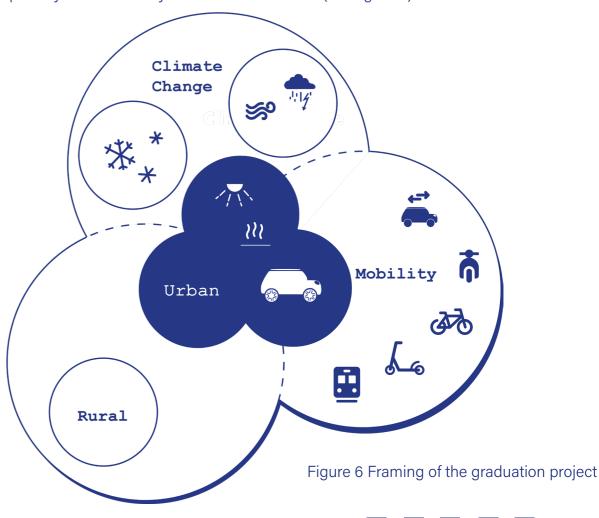


Figure 4 Future vision of the city of Rotterdam in 2030

C) BACKGROUND ON HEATWAVES

To understand urban heat, this chapter aims to provide a basic understanding of heat waves and how they arise. Heat waves are defined as "a period of unusually hot weather" (Merriam-Webster, 2023). Which means that in "a period of at least 48h during which neither the overnight low nor the daytime high heat index falls below the National Weather Service heat stress thresholds" (Robinson, 2001). The determined temperature defined as "unusually hot" depends on each region and varies from region to region. Extremely hot weather has become more common in our lives and are predicted to become more frequent and intense with climate change. Since 1884 the top ten warmest years occurred in the last two decades (Kendon, 2021).

Heat waves are also known as the "silent killers". In 2003 more than 70.000 additional deaths occurred in Europe during the summer (Robine, 2008). Projected annual deaths for 2100 without adaption are severe, especially in southern European countries. Forecasts estimate 90.000 additional annual deaths with global warming of 3°C and 15.000 with 1,5°C (Commission, Joint Research Centre, 2022).

When it comes to urban heat waves, higher temperatures are experienced in urban areas in comparison to the surrounding countryside and are also called the urban heat island effect. Urban temperatures can be 5-15°C higher due to this effect (Santamouris, 2013). The figure derived and modified from Yamamoto summarizes the different aspects that add to the urban heat island effect (see figure 7, adapted from Yamamoto, 2006). Increased urbanization and anthropogenic heat production and soil sealing by manmade materials such as asphalt or concrete, are the main causes of the urban heat island phenomenon (Mohajerani, 2017). The heat islands are caused by the changing environment of cities with less vegetation and evapotranspiration, as much as more dark surfaces with less albedo, which means to increase whiteness or the reflection of a surface (Data, 2023) and buildings that trap heat (Stone B. H., 2010). Therefore, the increasing

temperatures due to the urban heat island effect require a higher energy demand to cool down for example housing with air conditioning, which adds up to the heating of the urban landscape from air conditioning (Mohajerani, 2017). The boost of energy consumption accelerates urban air pollution and greenhouse gas emission during urban heat and contributes to global warming. The different geographies of cities and architectures are also influencing the heat creation. Tall buildings for example can block the wind flow and emissions of heat energy which would speed up evaporation otherwise (Heat. gov, n.d.).

Additionally, it is to be considered, that different types of cities are also having different types of problems. To minimize travelling to supermarkets, work etc. condensed cities are better for heat than sprawling cities. Citizens of sprawling cities have additional problems in comparison to dense cites due to their exposure to ozone exceedance, poor water quality, fatal traffic injuries but also decreased physical activity and health problems from obesity (Stone B. H., 2010).

The influence of cars on the heat island effect plays a role as well. Therefore, the European Parliament has announced the "European Green Deal" to a climate-neutral society. For transportation this means to reduce greenhouse gas emissions by 90% from transport by 2050 and decoupling economic growth from the use of resources (Commission, EUR-Lex, 2019) to reach the goal.

Combustion engines are generally contributing to the heat island effect by air pollution and additional energy creation. The growing use of individual road transportation has increased greenhouse gas emissions which has impacts on the environment, direct and indirect health effects as much as economic effects (Requia, 2018). The European Environment Agency estimates that poor air quality led to 400 000 premature deaths yearly, through heart diseases and strokes. The increase of medical costs and damage on infrastructure, bridges, houses etc. as much as harming crops, soil, lakes, rivers, and forests (Agency, 2020). In 2019 about a quarter of the Europeans total CO₂ emissions was due to transportation, of which 71,7% came from road transportation. Thereof 60,6% greenhouse gas emissions came from cars (Commission, 2019).

It is difficult to calculate how big the impact of cars is, but due to research by Yang et al, data from the traffic restrictions during the Olympic games in Beijing in 2008 show a bigger impact of traffic on urban heat than expected. The research shows that the mean surface temperature decreased by 1.5–2.4°C from cutting off half of the traffic volume (Yang, et al., 2022). Calculations estimate that electric cars could reduce the amount of near-surface air temperature by up to 0,6°C (Mussetti, 2022) and air pollution in urban areas.

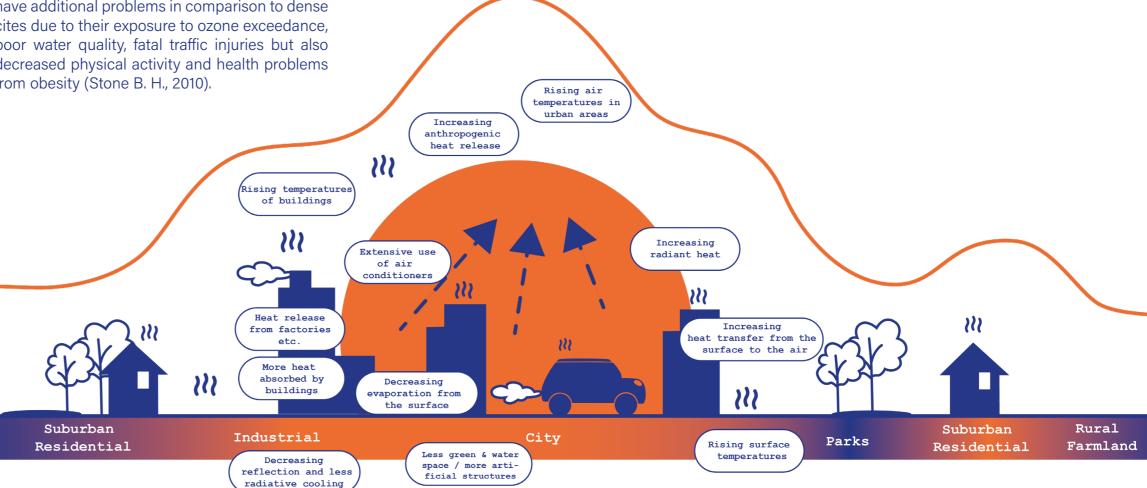


Figure 7 How the urban heat island effect occurs adopted from Yamamoto

C) I) HEAT WAVE EFFECTS ON HUMANS

Rising daytime temperatures and sweltering nights are increasing and are challenging especially citizens. Vulnerability to heat can affect anyone, however, specific groups such as young children and infants, older adults, pregnant women, people with low income and chronic medical conditions are particularly affected. These particular groups find it harder to maintain their body temperature at 37°C. Additionally, people who work or train outdoors, emergency responders but also pets are vulnerable to heat as well (Centers for Disease Control and Prevention, 2022) (Heat.gov, (n.d)).

Heat can lead to dehydration, heat exhaustion and heatstroke. Increasing the risk of heart attack and strokes, lung problems and other diseases (UK, (n.d.)).

A household survey by Laranjera (2021) (666 households) in southern Germany, Ludwigsburg has found that most of the heat-related health problems mentioned in the survey of the general public are:

- 1) lethargy/exhaustion
- 2) sleeping problems
- 3) concentration problems

In addition to this, 11% state dizziness, headaches, or cardiovascular problems as a reoccurring problem when exposed to extreme heat. Furthermore, it was found that the lack of a private heat-protected retreat is linked to the identification of heat as a problem (Laranjeira, 2021). Low-income groups are generally more vulnerable to heat than others. Which also shows the study differentiating between 44% of low-income households, with at least one member suffering from cardiovascular problems, diabetes, or a chronical disease in contrast to only 1,7% of high-income groups reported to have sick persons or medical care (Laranjeira, 2021).

When it comes to mobility, generally, in summer more people are using bicycles than in winter. On the other hand, with temperatures above 28°C and humidity higher than 60% there is a decrease on ridership (Miranda-Moreno, 2011). Concrete and

asphalt store heat, are slow in releasing it, can reach temperatures of up to 60°C and are threats to humans and non-humans (Mohajerani, 2017). Blow ups in streets, bursting tyres are results of increased heat on asphalt. But heat also affects railway infrastructures and especially in Germany, intense heat is felt in public transport (Laranjeira, 2021).



C) II) HEAT WAVE MITIGATION BY CITIES AND CITIZENS

Cities around the world are facing growing heat temperatures. As cities are heating up around the globe, many cities are trying out different experiments to reduce heat and the urban island effects in the city.

Those actions can be short term, such as heat alerts to inform their citizens about an upcoming heat wave, but are also educating on the risks of heat to sensitize the general public on the consequences of extreme heat. Athens for example is the first country to introduce a Chief Heat Officer to work on mitigation plans to ensure the future of the capital (Horowitz, 2021).

To mitigate the heat, but also to reach sustainability goals and make the cities more livable, many cities around the globe are working on more sustainable cities (see details in chapter 5.b). In the following this report gives some examples on how cities are responding to the increasing temperatures.

Generally, mitigating heat in urban cities can be categorized in changes to buildings and planting vegetation (Venter, 2020). Increasing albedo and planting more greenery can reduce temperature up to of 0,1°C-0,5°C and up to 0,6°C-1,0°C on a summer day, saving up to 400t-CO2 per day (Hirano, 2016). Grass-covered parking is an additional improvement to reduce air temperature about 0,1°C (Takebayashi, 2009). To create more space for trees and greenery, cities are aiming for less cars in the center of the city to increase life quality by reducing noise, air pollution and in order to provide space for sustainable transport, more trees, shade and space to play and meet. Barcelona is going through a major urban transformation by implementing Car-Free Superblocks (Ajuntament de Barcelona, n.d.) and other cities are following this innovative approach.

As heatwaves are becoming more severe Seville in Spain named its first heat wave in 2022, a tradition which is common for hurricanes but not heatwaves.

Increasing albedo by more reflective materials and even painting streets white as for example in

LA are strategies to cool areas down.

Rotterdam grows greenery on rooftops to help keep the city cool. Medellin in Columbia has created a network of shaded routes, the "green corridors" across the city to provide cool space (World Economic Forum, 2023). Miami has figured that its bus stops are "death traps" and is planting trees to provide shade and Vienna is building "cool streets" with fountains to cool down the city temperature.

Cities such as New York City develop heat vulnerability indices which are mapped to identify populations vulnerable to extreme heat. Environmental and social factors in neighborhoods are associated with increased risk to protect people by creating neighborhood-level policies. By identifying those high-risk areas, resources can be added where they are needed the most. Factors which affect neighborhood heat vulnerability are temperature, air conditioning, green space, and poverty (NYC Government, 2023).

Within architecture, different new solutions are implemented, such as the Abu Dhabi Al Bahar Tower. These towers are surrounded by folding screens which open like umbrellas to shield the tower from sun. Architecture is also learning from areas which have been adapting to heat since they exist, as for example, Architect Diana Kellogg who worked with natural cooling materials such as tick sandstone bricks and smart ways to create circulating cool air for a Girl School in the desert area Jaisalmer in India by creating comfortable temperatures without adding air conditioning. Traditional jail-style lattice stonework (see figure 8, Dalzell, 2023) passively cools the building. Raincollecting techniques with underground cisterns, solar panels and parapets against wind help the building sustain the desert conditions (Dalzell, 2023).

With climate change, climate anxiety is also increasing. Cities are additionally working towards mental health and wellbeing in urban design (Roe, 2021). Concepts like "the restorative city Framework" (see figure 9) are redesigning the city from different angles to make the future

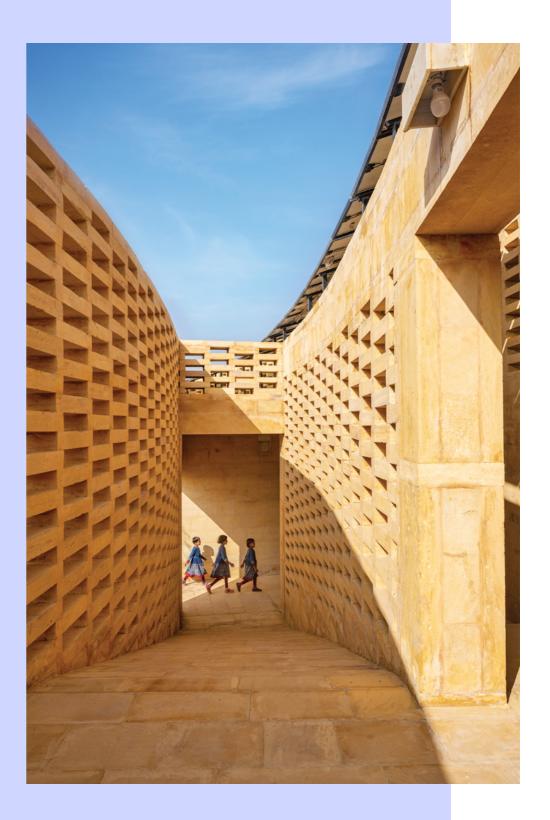


Figure 8 Diana Kelloggs passively cooled Sandstone School in India

city a city for healthy and resilient citizens. The framework includes to make the city more green, blue, sensory, neighborly, active, playable and inclusive.

Taking into account cultural differences, historic and infrastructure differences, heat mitigation

to deal with heat waves in their cities. General mitigation strategies are to keep the house cool and stay hydrated, avoid heat, outdoor spaces and strenuous exercises (UK, (n.d.)).

The awareness on heatwaves and its consequences is very low in Germany in comparison to the rest of the world. For the first

time in history, Berlin is installing publicly available cooling rooms for the summer 2023 (Trippel, 2023) which have been implemented for years in countries like the USA.

Heat-relief zones help to mitigate heat in the form of easily accessible recreational green areas. 56% of the survey by Laranjera consider to install air conditioning (Laranjeira, 2021). Which would again increase CO₂ emission (Lundgren K., 2013).

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Public heat relief locations in Germany are the following:

- Public green spaces (forests)
- Public green spaces (parks)
- Catering trade locations
- (outdoor) swimming pools
- Public stretches of water
- Commerce locations
- Market spaces/pedestrian zones
- Playgrounds
- Other (Neht, 2017)

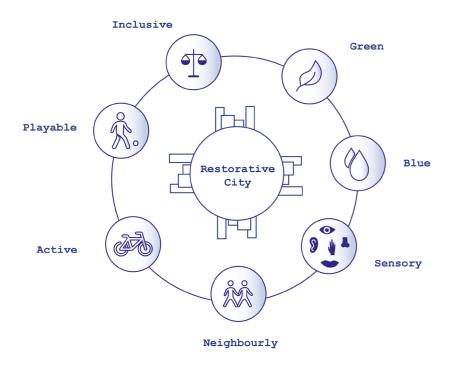


Figure 9 Restorative City Framework

strategies can be summarized in (see figure 10, adapted from Ichinose, 2008):

- Sun shading
- Rooftop vegetation
- Light surfaces/high albedo
- Indoor ventilation
- Process and building heat recovery
- District heating and cooling
- Minimizing heat loss
- Energy efficiency
- Opening green space
- Water surface
- Air corridors
- Easy public transport access

Many countries and cities around the world provide the residents with information on how

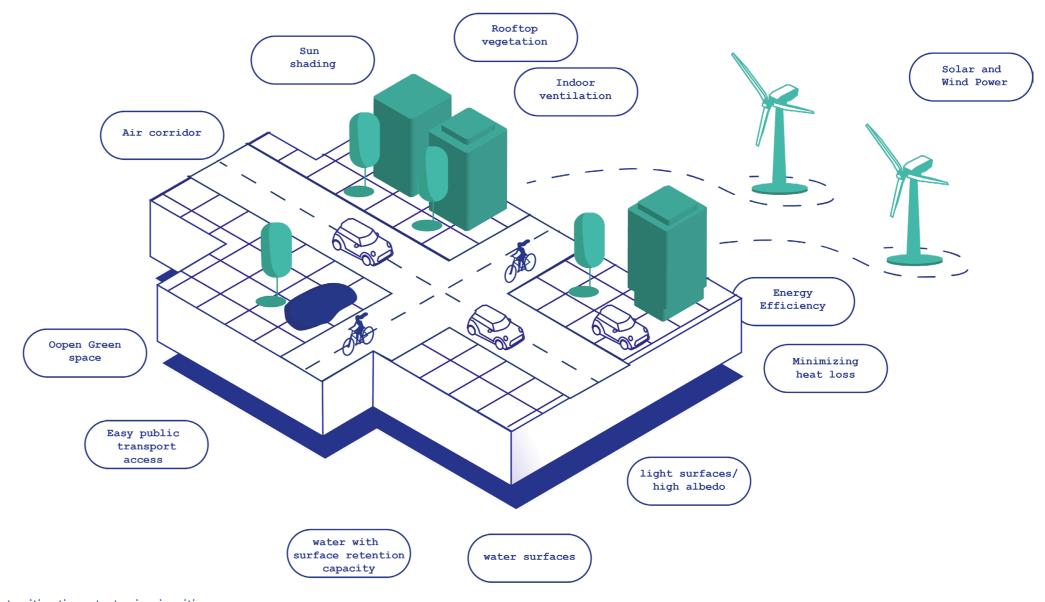


Figure 10 Heat mitigation strategies in cities

C) III) HEAT AND THE CAR

Electric Vehicles (EVs) are generally contributing to the reduction of greenhouse gas emissions. Due to air conditioning and the higher use of electricity consumption, individual mobility is still contributing to the amplification of heat in urban areas.

Citizens interviews where conducted to understand the problems people face during heat waves and is captured in Chapter 6, the Stakeholder Analysis. After conducting the interviews it became clear that heat creation inside the cars is also part of the systemic problem. To better understand which factors play a role, expert interviews within the BMW Group were conducted, as well as a literature deep dive, summarised and added to this background section.

Due to solar irradiation, cars are heating up and the cabin air temperature quickly rises up to 20-30°C above the ambient temperature (Lv, 2021). On sunny days this can be up to 80°C and 50°C on a cloudy day (Lahimer A. A., 2023). The front area just below the windshield can also heat up to 110°C (Internal Expert Interview). This is not only causing the heat island effect to rise but also increases risks to drivers and passengers. When cars are turned off, temperatures increase within seconds and cause threat to pets or children left in the car. A study showed that there is an annual death rate of 37 children in the USA due to lethal heat strokes, because they are left in the car (Horak, Schmerold, Wimmer, & Schauberger, 2016).

Today most cars have air conditioning to overcome the heat, but electric vehicles suffer a lot from high energy consumption and lose cruising range. Additionally, the use of air conditioning further raises the outdoor temperature in the city. There are only few studies on the impact of standing cars and their impact on heat creation in the urban environment. It was found that one of the most efficient mitigation strategies for the city center, is removing vehicle heat which could lower urban heat by 0.12° C (Zhou, 2022). Improvement on cabin temperature is therefore a necessity when it comes to heat mitigation (Lv, 2021).

Up to 75% of a car's interior is created by solar

radiation through windows and 40% through the windshield alone (Lahimer A. A., 2023). The size of glass as much as the angle of reflecting sunlight through front and rear windshields play a role in rising temperatures as well (Internal Interview). The body color of the automobile should also be considered because it significantly affects how hot the cabin air is (Lahimer A. A., 2023). Thermal mass is another factor for rising indoor temperature. The higher the thermal mass, the longer it takes to cool or heat up the car, which also means additional energy consumption. For thermal mass especially seating plays a big role, due to foam which stores heat inside the material. The challenge is to find the optimal average between sustainable and light construction, energy efficiency and comfort. Looking at the average driving time of people, 30-50min are the general commuting time and only 4-5% drive over an hour. This means generally that the cost of cooling down a car is high in comparison to the driving time (Internal Expert Interview).

Additional factors that consume energy in a car regardless of direct sun or outdoor temperature are infotainment, assisted steering systems and lighting systems. On the other hand, heating, ventilation and air conditioning systems consume more energy depending on the outdoor temperature to cool or heat up the passenger compartment (Nastase, et al., 2022).

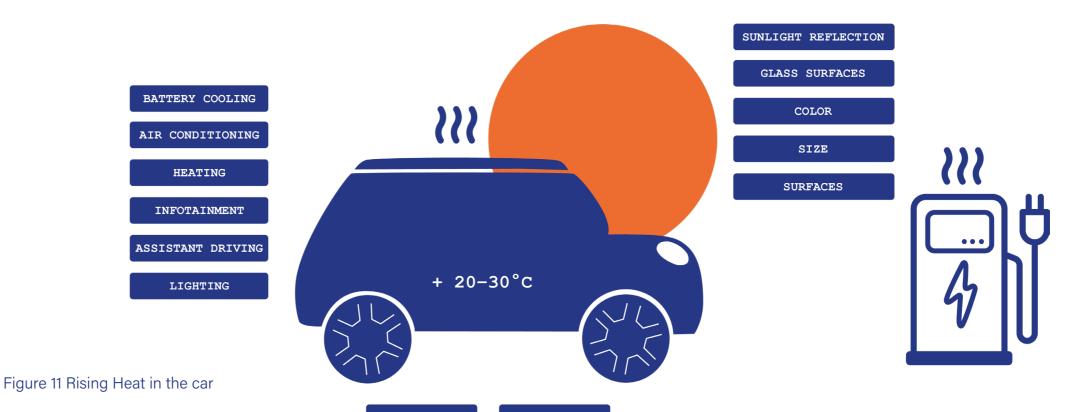
Electric vehicles generally need cooling as well, due to the maximum battery temperature of around 35°C. Cooling just by the environment is therefore not possible and additional air conditioning for the batteries is needed (Internal Expert Interview). In the future the heat creation of charging stations should be considered for urban heat creation as well (Internal Expert Interview). Furthermore materials inside the car are affected by heat and lose quality, such as rubber, plastic, foams, synthetic fiber or leather (Ciocanea & Buretea, 2014). Especially in new cars the smell of glues and rubber can affect occupants.

Phase-change materials (PCMs), solar chimneys, aluminum covers, solar-powered ventilation, and reflecting glass are among the most practical passive cooling technologies. Promising new engineered colors are the butterfly inspired colored film which could passively cool the cars (Newatlas, 2023). The soak temperature of breath-level air was found to be reduced by roughly 5–6°C by increasing the solar reflectance of a car's exterior by about 0.5, according to

an experimental comparison of otherwise comparable black and silver compact sedans (Levinson, 2011).

According to Lahimer (Lahimer A. A., 2023), a solar chimney, a hot air outlet on the roof of the car, is the most effective passive cooling system in comparison to other solutions which could reduce the cabin soak temperature by 20,5°C. This can result in a significant impact on the initial thermal solar loads, which can reduce exposure time to high temperatures (thermal stress and anxiety), as well as improve interior air quality, increase vehicle fuel efficiency, reduce compressor power by 85%, increase driving range by 26.25 km in the city and 17.5 km on the highway while using the AC system, and lower tailpipe emissions while driving (Lahimer, Sopian, Razak, Ruslan, & Alghoul, 2019).

The following figure 11, summarizes all components of heat creation in the car, which are: sunlight reflection, color, size, glass surfaces, surface structure and materials, thermal mass, battery cooling, air conditioning, heating, infotainment, assistant driving, lighting. External sources such as charging stations should be considered as well.



THERMAL MASS MATERIALS

D) TREND ANALYSIS

To be able to make suggestions for the future, it is necessary to look at current trends in the mobility sector and how cities are changing in the future. During the 20th century mobility planning worldwide focused on the infrastructure of cars. To change mobility towards a more sustainable transportation, the "mobility pyramid" in Europe is turned upside down. This means pedestrians and cyclers become the central part of mobility instead of the cars (see figure 11 adapted from Pricewaterhouse Coopers, (Pricewaterhouse Coopers, n.d.)).

This concept was originally introduced 1994 by the German Parliamentarian report in the framework "Avoid-Shift-Improve", which categorizes transportation policy options to reduce environmental impact. This frameworks was later adopted more widely.

The categorization is divided in three parts:

- 1) Avoid travelling at all, by reducing total distances
- 2) Shifting to other low-emission modes
- 3) Improving vehicles to less carbonintensity and more energy-efficiency (Leroutier & Quirion, 2023)

Cities especially in Europe are already working towards this goal to have less cars in the center of the city and more space for the well-being of the citizens, but also to avoid further CO2 emissions and pollution. Different strategies are implemented to get closer to this goal. Offering different means of transportation through multimodal mobility opportunities, such as public transport or micro mobility is one direction. The intermodal urban transport and e-micro mobility in many cities are expected to grow further by about 20% per year through 2030. At the same time there is a value shift towards a declining fixation to car ownership. Car driver trips have declined by 36% per person by people aged 17-29, between 1995 - 99 and 2010 -14 (Chatterjee, 2018). Projected usage of private cars differ from country to country. Whereas sales are projected to decline in EU and US, they will rise in China and all other countries.

Asurveywithmorethan 4.000 European customers by McKinsey reveals mobility preferences of Gen Z, which is increasingly multimodal, but still hold on to private vehicles (Heineke, 2023) (see figure 12). Additionally, McKinsey is expecting the micro mobility market to double by 2030 (Heineke, 2023).

Agencies such as Posad Maxwan, a global city development agency, is thinking offuture concepts which dissects the street in different lanes, sorted by the speed. To create a safe mobility space for the growing multimodal mobility opportunities (Ditech Media, n.d.).

Due to the density of cities, the lack of available parking space and more sustainable mobility, many car owners are no longer using their cars daily, leading to many dormant vehicles within the cities, which are not moved for longer times (Spurling, 2020).

Experiments in cities around the globe are proving and showcasing the global change of cities. The prioritization of walking over driving is implemented in different ways. In Paris the 15 Minute City concepts or the hyperlocal, one-minute concepts based in Stockholm aim to make the city accessible and easy to reach supermarkets, doctors, parks etc. nearby without the need of transportation.

London is working towards "healthy streets" to reduce congestion, improve air quality and make the city more attractive to live and work (Transport for London, (n.d.)).

As a response to the changing urban environment the automotive market is changing as well. Looking at the market, there is a transformation of safety to be seen. As an example, Renault introduces the Concept Renault Scénic Vision, a mix of hydrogen fuel and electric engine which the company calls "the car in care". The concept works as a holistic safety concept to reduce accidents but has also additional features. Three main pillars are the "Safety Score", which analyses driving and gives tips for further improvement. The "Safety Coach", which warns on the road and the "Safety Guardian", which is an attention assistant also working with face tracking to analyze fatigue on the road (Aitamrouche, 2022). The concept of the Renault air purification system adds another safety and health-oriented feature to help drivers with allergies against pollen but also against potential viruses and pollution (cardesignty, 2022). Tesla's answer to global warming and the

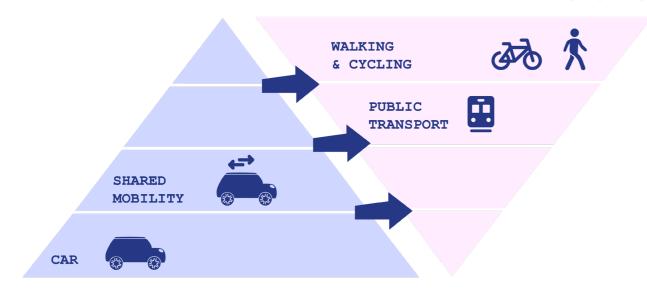
increasing heat is their so called "dog mode", where the car owner has the possibility to leave the air conditioning on, while going inside a supermarket for example. The message on the screen tells passengers who pass by that the dog left inside is doing fine and the car keeps its temperature at 24°C.

Very niche car concepts such as the Arcfox Kaola, which is focusing on the needs of parents and kids and the Telo Truck, an EV pickup for urban living and adventures at the weekend, are further upcoming Trends. More and more space efficient microcars are entering the market, such as the Microlino, the Citroen Ami or Fiat Topolino which are offering space efficient, affordable transportation. Many Microcars have a vintage feeling, taking over elements from their heritage. The citroen ami for example has flip windows like the original Citroen 2CV to create better air circulation.

The Fiat Topolino is an urban EV microcar for the city, with less emission, less space needed (2,53 meters) and less noise pollution. The car is meant to be for Gen Z who are looking for sustainable transportation solutions. With a maximum speed of 45 km/h, teenagers from 15 years on can drive the car. As the car is aiming for a "dolce vita" flair, it is meant to cater to the needs of southern European hot cities and comes in two versions - with doors or no doors. The car has very minimalistic furnishing, which can be individualized. It has no air condition, but a ventilator can be added or a shower. The closed version has an additional sun visor protection. All accessories fit the interior, such as a bluetooth music box, a ventilator, an insulated bag for hot or cold drinks (see figure 13, derived from Netcarshow, 2023). Cheaper and more efficient production is assured by interchangeable parts such as for example the doors, so they only need to fabricate one door model for the left and right side (Serban, 2023).

Furthermore car manufactures enter the multimodal market and design different cargo bikes, trikes, scooters etc. Bike manufacturers are

TOMORROW



TODAY

Figure 12 Transport pyramid inverted

additionally working on answers to new needs such as the bike manufacturer Canyon working on a pedal powered trike (WGSN, n.d.)

MINI has offered multimodality options such as fa olding bike before and has just launched a collaboration with french e-bike manufacturer Angell, offering a MINI E-Bike in the future (Hundert, 2023).



Figure 13 Fiat Topolinos answer to the changing city needs

The transformation of urban mobility is complex due to its historic background, infrastructure and many forces that are intertwined with the topic. To not out on other influences it is important to get an overview of the related environment. Therefore a methodology often used in design foresight was used to summarize different phenomena and trends.

The strategic trend scanning technique STEP (an acronym for Social, Technological, Economic and Political) was extended by Demographic and Ecological Trends and is therefore called DESTEP. The DESTEP methodology helps to understand the change of a business environment and its trends from six different angles (Simonse, 2018). Those are Demographic, Economic, Socio-Cultural, Technological, Ecological and Political forces to understand and analyze the context.

Demographic Forces

Worldwide the population is aging which is challenging cities and communities. The world's population of over 60-year-olds will nearly double between 2015 and 2050 from 12% to 22% (WHO, 2022). With the heat waves in many areas around the world other threats such as heavy rainfall or droughts and wildfires come along which could adversely affect humans. The additional anxiety and mental health problems are further consequences which should be kept in mind. 30,7 Million people around the world were displaced by floods, windstorms, earthquakes, or droughts in 2020 alone and the number of climate refugees could double by 2050 (Union, 2021).

Economic Forces

We are finding ourselves in a "polycrisis", where multiple crisis interact and create bigger harm than each one alone. We are living in uncertain times. The current Ukraine war, inflation and the energy crisis are influencing our daily lives. Society is feeling financially insecure. Prices are rising in every sector and wealth inequality is rising too.

Consumers are demanding strategies beyond Net Growth and have a general growth skepticism. Companies answer by transforming into cultural incubators and a shift in status, connecting intellectually via sponsoring awards, educating etc. Old paradigms and values are challenged. The art collective MSCHF for example challenged the assumption of "big" equalizing "valuable" with a microscopic handbag which was sold for 63.750\$ (see picture 14 derived from Russh (Dimitroff, 2023)).

Socio-Cultural Forces

One of the consequences of the growing uncertainty through the crisis is the rising Prepper Culture which is no longer only common in the USA but also in Europe. People are feeling more insecure and therefore want to arm themselves against what there is to come. They are not only preparing for catastrophes in their houses but also in their cars for example for snow storms (Lennart, 2021). This is also resulting in new fashion trends such as chinese street wear which is taking sun protection to new dimensions. The so called "Facekini", swimwear for the face is now trending at Chinese beaches.

A general sense of urgency to our ecological crisis is affecting the general public and no longer only activists. Movements such as Fridays for Future have awakened the general societies sense of urgency. "The last generation" is taking it to a different extreme, not only creating sense of urgency but also anger and frustration. Communities are taking more and more action within the cities and create out of the box ideas to get back the space in the streets. Residents of Stuttgart, Germany for example created a mobile park bench as a vehicle to be allowed to park anywhere within the city centre (Spiegel, 2023).

Technological Forces

The rapid growth of daily emerging topics within the technology sector is changing the mobility sector as well. Ranging from new materials, which are more sustainable, to Artificial Intelligence, Quantum Computing, the Metaverse, NFTs or even Biotechnology are technologies which have an influence on all the industries worldwide and are pushing for example automated driving. The possibility for technological advancements such as 5G enables more connectivity within the city. The smart city approach employs technology to build intelligent systems that offer holistic solutions to urban challenges.

Examples such as the "City Brain" by Alibaba are showcasing how technology can help citizens shorten commutes and improve traffic. With the help of artificial intelligence, cameras, GPS data on cars and buses (Toh, 2019) are monitoring air pollution (Jamil, 2015). The responsive city

approach goes even further and places the human as a social and cultural being in the center of action. Where technology supports the citizens in designing their city (Zukunftsinstitut, n.d.).

Ecological Forces

For past generations climate change has always been very abstract and unrelatable. Due to floods, droughts and fires the contemporary generations are affected by climate change in their daily life. In a current study 59% of 10.000 young people age 16-25 said they are extremely worried about climate change, 84% are moderately worried (Whitlock, 2023). Climate anxiety can lead to mental health problems and is already linked to suicidal thoughts and substance use (Clayton, 2017). Health and wellbeing related topics are becoming more and more important, and consumers are more aware about their health due to technology. At the same time society is avoiding technology in episode for example by social media detoxing. Additionally, people are becoming more aware of the human alienation from nature and work towards rewilding the city, but also, to reduce their carbon footprints and set statements against the fast paced, productivity oriented and capitalistic societies. Organizations such as the Nap Ministry use Sleep not only to gain energy but to use it for activism and resistance (The nap ministry, (n.d.)). Tech companies foster low tech and reduce energy consumption such as company "Dalkia" who put an expiry date to their Instagram posts.

Political Forces

With the European Green Deal aiming for a climate-neutral society, reducing greenhouse gas emissions by 90% from transport by 2050 (Commission, EUR-Lex, 2019) it is clear urban mobility needs to transform. Additionally, the "vision zero", the goal that no deaths and serious injuries are happening on European roads by 2050 are further changing the automotive landscape. Cities are pushing towards sustainable city development and are investing into public transport and other multimodal opportunities, such as Germany introducing the nationwide 49€ ticket for public local and regional transit. Other new political concepts from China are "social credits", where residents can earn credits for fulfilling tasks and duties in their community. Which might also affect their social lives, jobs and other.

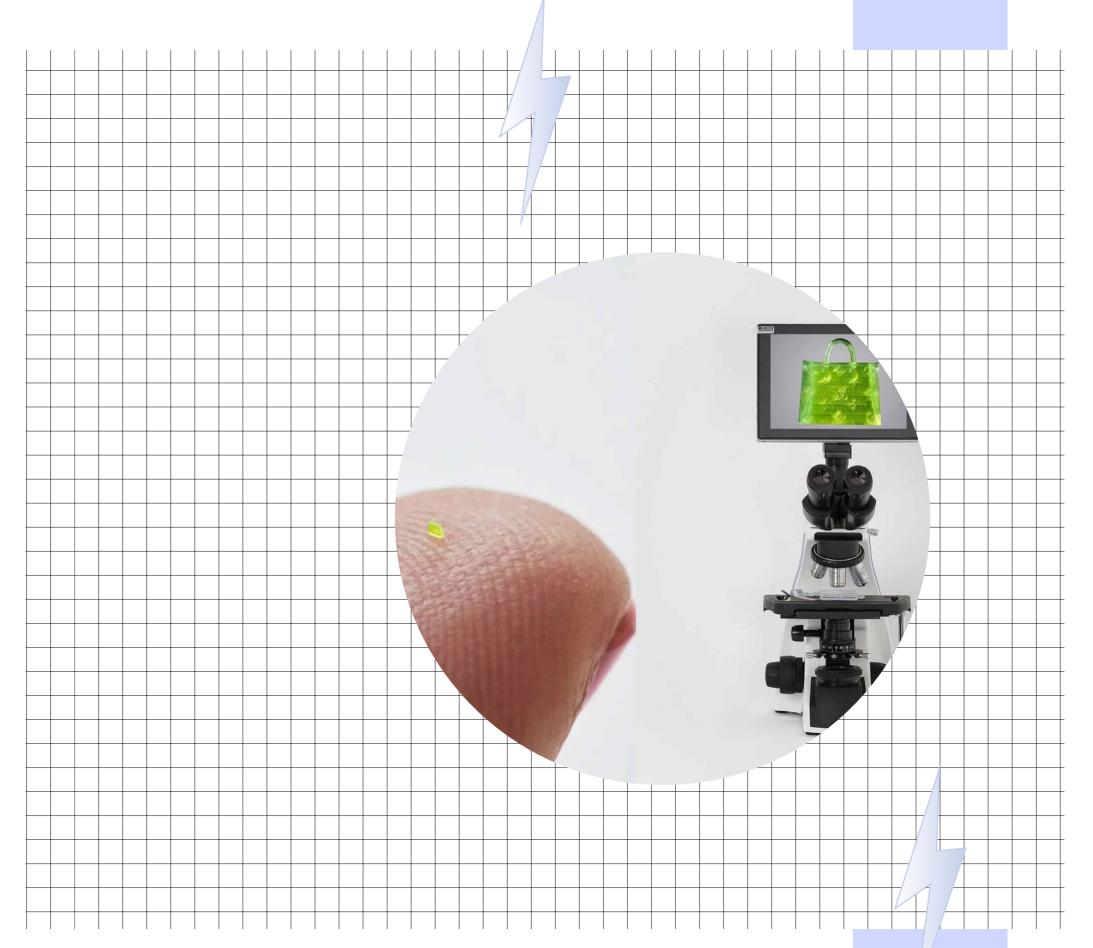


Figure 14 MSCHF microscopic bag

4) DESIGN PROCESS

The process of this Masterthesis can be divided into three diamonds, moving from exploration to imagined futures and resulting in strategy implications (see figure 15 adapted from Groß & Mandir, 2022). Before starting the project, the scope was defined as "How can technological advancements empower BMW to act upon the well-being of citizens and the city landscape of urban heatwaves?" A first deep dive into the topic of heatwaves was necessary to make the problem statement more concrete.

Exploration

The first exploration part contains the back-ground research. To better understand what heatwaves are and what cars have to do with it. External Interviews with heat wave affected citizens were conducted to understand which dilemmas people are facing during heat waves, how people are affected in their daily lives and their mobility and car usage during heat waves. Furthermore, internal and external expert Interviews were conducted to understand the system of stakeholders within heatwaves. Additionally, it was explored what the BMW Group was already doing and where it was possible to engage.

A Trend Analysis completed the exploration part, to not miss out on other factors which influence the potential outcome of the project.

Imagined Futures

The gathered output from the interviews was transferred into assumptions, to further define the research problem. It was found that driving cars are a major contributor to urban heat waves, but furthermore that dormant cars are also contributing and the awareness is pretty low on the topic. The gathered insights from experts and laypeople were validated during a first internal workshop and consolidated into the problem statement: How can MINI be an active participant in the city ecosystem to fight against urban heatwave mitigation?

A future workshop with citizens of Munich was conducted to move the discussion from the present to the future. To get a better understanding on how citizens imagine their cities' future.

Different Narratives were explored and tested with citizens by the creation of artifacts. Using the insights gathered during the workshop, a roadmap was created to make suggestions for future interventions and make discussions more concrete.

Strategy

The interpretation of the results was derived into three concrete concepts. These were validated within a third workshop between the city of Rotterdam and the BMW Group. The insights were used to iterate on the roadmap to define which concepts have the biggest potential to be used as conversation starters. All insights were derived into a booklet of snackable bites to create more awareness within BMW and get the conversation started internally at the Design Department.

EXPLORATION

What is happening? Wh:

IMAGINED FUTURES

Which futures should be developed?

STRATEGY

What should be done?

31

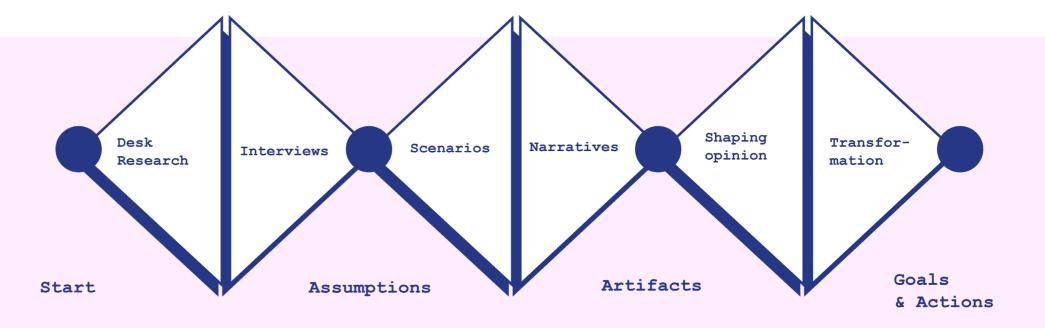
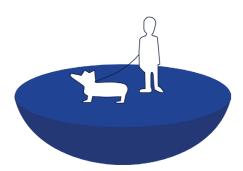


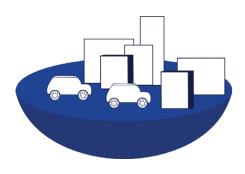
Figure 15 Altered Design futuring process from Groß and Mandir

5) STAKEHOLDER ANALYSIS

During desk research the different stakeholders of heatwaves were identified to later conduct interviews with the different actors. Those stakeholders are:



1) Citizens and heat vulnerable groups such as children, elderly, pets and outdoor workers



2) City planning and architecture



3) Mobility such as cars, public transport, multimodal options



4) City management and house owners



5) Laws, regulations and politics

To understand the problems and needs of all stakeholders, different Interviews were set up to get views and insights from all perspectives. First Experts within BMW were interviewed to gather insights on the current internal developments. Afterwards heat wave affected citizens around the globe were interviewed to understand the urgency, needs, learnings and global perspective from citizens. Thirdly, citizens from the city of Munich were interviewed to get a better perspective on the needs of the "Dreimühlenviertel", to get insights before a workshop was conducted in that specific district.

Additionally, Experts from the Industry, from architecture, city and law were interviewed to understand how things are entangled.

In the following the insights from citizens who have been affected in the past by heatwaves are gathered to verify the initial hypothesis created through desk research.

A) STAKEHOLDER RESEARCH

To properly understand the system of heatwaves, citizens who have experienced heat waves were interviewed about their experiences and needs to find answers to the question – How can we design mobility for the well-being of the citizens in the light of urban heat waves?

Therefore, questions on citizens' mobility behavior during extreme heat were asked. What are problems, dilemmas, fears and needs when it comes to heat waves and mobility? In addition, the first hypothesis, if cars are used as a heat retreat space was tested.

The goal of this stakeholder research was to get an idea of the effect of heat waves on people's lives and mobility behavior. To understand the urgency and the system of heat waves in urban areas, first interviews with citizens where conducted who have experienced heat waves in the past. Since especially northern Europe's heat wave frequency has not reached an annuity yet, people from different countries and continents were recruited to learn from more experienced citizens and the differences between them. People from metropolitan areas who are using (e.g. shared) or owning a car were selected.

A sample of 11 citizens of urban areas (7 female, 4 male – see table 1) were interviewed through conveniencesampling, as well as 4 Experts from the industry. All interviewees were sampled through the BMW network, friends, and snowball sampling (Johnson, 2014).

B) RESEARCH METHODOLOGIES

The 15 in-depth interviews took approximately 60 minutes. A semi-structured interview approach was followed with a prepared interview guide for the citizen interviews (see Appendix A). For the expert Interviews an explorative Interview was conducted. All of the interviews were conducted with the internet-based conversation tool Microsoft Teams, making it possible to meet people face-to-face regardless of where they were situated. Before the Interviews, all Interviewees received the informed consent form and a sensitizing booklet (see Appendix B). Unfortunately, only 3 participants sent back the sensitizing booklet which would be recommended for future research.

The coding of the citizens interviews was structured and collected in Microsoft excel and coded in 4 Cycles. The coding of the expert Interviews was done in a Miro board (see Appendix C).

NO	Country	City	Suburb	Gender	Car Usage
1	China	Shanghai		female	yes
2	USA	LA - Santa Monica		male	yes
3	Germany	Berlin	Х	female	yes
4	Great Britain	London - Paddington	Χ	female	no
5	USA	LA - Thousand Oaks	Х	male	yes
6	Australia	Brisbane	Х	female	yes
7	Great Britain	London	Х	female	shared
8	Israel	Natanya	Х	female	yes
9	Germany	Munich		male	yes
10	Germany	Munich		male	no
11	Germany	Munich		female	yes

Table 1 Citizen interviews

	NO	Country	City	Profession
	1	Australia	Sydney	Architectural Lawyer
	2	Germany	Berlin	Urbanist
	3	Austria	Vienna	Activist
	4	Germany	Munich	Sustainability city manager

Table 2 Expert interviews

C) RESEARCH LIMITATIONS

The findings of this study should be viewed with caution due to its limitations. Due to the limited context and research participants the generalizability of the research is limited. The sample is not representing the wider population and the expressed views are not generalizable or representative of the experiences of people from diverse social and cultural backgrounds. A second limitation comes with the sample profile due to the convenience and snowball sampling of befriended friends who share similar values and make the sample homogenous. Additionally, the self-reported data shows a high participant bias, a friendliness bias and social desirability bias. Researcher bias such as confirmation bias. question-order bias and wording bias are likely as well.

A larger sample size was beyond the scope of the study but would be recommended for future studies in this area to get a larger and more diverse number of participants.

D) INSIGHT OVERVIEW

Insights from Citizens

The sense of urgency for the topic depends on the countries and cities. Cultural differences play a big role when it comes to heat. For citizens of countries such as Israel and Australia, where heat is part of their daily lives and have already adapted, it is not as big of a big topic as in countries who are new to heat, such as Great Britain. Here architecture, city landscapes and culture which have not yet adapted to heat waves play a big part. In UK for example weather is part of people's daily Smalltalk and the citizens are making jokes about their ability to deal with heat with, for example, memes (Ausrys, 2019).

People mitigation Strategies

People are adapting and finding strategies to cope with climate change. Depending on the severity of the heat, people are adapting their daily lives to cope with it. They are finding different heat retreats such as going to green space, finding shade and cooler areas such as air-conditioned supermarkets or places with water. Adaption is also taking place inside the house to protect the house from heating up, adapting one's wardrobe but also by completely avoiding and changing schedules and behaviors.

City problems

During the interviews it became clear that many people are not aware of which climate adapting strategies their cities are following, or if one exists at all. They usually do not know what the cities are planning to mitigate climate change and especially heat waves.

Some cities have communication strategies and are raising awareness about heatwaves for citizens and remind them to drink enough water and find areas to cool down. Water fountains or misters and drinking water fountains are increasing or experiments with higher albedo by painting the ground for example. Concepts such as the 15-minute cities, to densify infrastructure and make it more available are known as well.

The problems that come along heat are diverse depending on the city and country people live in. Humidity, wildfires, floods and droughts are different additional problems that occur.

"NORMALLY THE FIRE SEASONS ARE LATER IN THE YEAR, YOU KNOW, BUT NOW BECAUSE IT'S SO HOT, IT'S LIKE ALL YEAR ROUND." (INTERVIEWEE 5) This causes higher energy prices, higher water prices, rising insurance and health issues. Mental health, but also skin cancer, mosquitos and diseases are part of it.

Most of the interviewees are also connecting heat with social injustice. Air conditioning also means a higher energy demand and therefore higher prices. The energy and water bills are increasing and threating all interviewees around the world. The additional anxiety and mental health problems are further consequences to keep in mind. The concern about poorer neighbors and districts were addressed by most of the Interviewees. Especially rent in areas close to water or green space are higher than in concrete areas. Poverty is part of heat vulnerability but other

Poverty is part of heat vulnerability but other groups such as elderly, children, pets and pregnant women are having a hard time during heat as well.

"WELL, LIKE I THINK (IT) ALSO
AFFECTS MY DOG A LOT BECAUSE
IF I TAKE HIM TO THE PARK AND
EVERYTHING, BY THE TIME WE GET
BACK, WHERE HE SITS GETS REALLY
HOT AND HE DOESN'T HAVE SHOES,
RIGHT? LIKE, SO HIS FEET JUST
WOULDN'T TOUCH IT."
(INTERVIEWEE 1)

Many interviewees are complaining about missing green space in a concrete jungle. Sometimes if there is green space, it gets dried out and yellow during summer. In some countries it is just not allowed at all to plant for example grass, due to water shortages. Often water areas such as lakes or swimming pools are overcrowded and private pools cannot be used due to high water prices.

Mobility issues

In many cities safety is still an issue when it comes to alternative mobility opportunities. Infrastructure to use the bike or other multimodal opportunities are missing, due to the lack of cool green space and safety infrastructure. Not only due to cars, but also for example scooter, skating and rollerblading are not designed to be able to be used on the same lane.

"PLUS, I ROLLERBLADE, SO AT THE MOMENT THE PROBLEM IS, I WOULD LIKE TO SKATE MORE OFTEN TO THE OFFICE, OR BACK FROM THE OFFICE. BUT THE CYCLISTS ARE REAL ANIMALS WHEN IT COMES TO WELCOMING OTHER BEINGS APART FROM BIKES ON THE BIKE LANES." (INTERVIEWEE 7)

Especially in big countries such as the USA or Australia public transport is barely available. In Europe Public transport is often a problem when it comes to heat. Missing cooling systems in buses and underground make it unpleasant to use.

"I AVOID PUBLIC TRANSPORT BECAUSE
IT'S EXTREMELY HOT, BECAUSE
IT'S NOT AIR-CONDITIONED (...)
SO I AVOID IT ANYWAY, IF I CAN.
BUT ESPECIALLY WHEN IT'S HOT,
BECAUSE IT'S SO CROWDED AND SO
HOT IN THEM. YOU DON'T DO THAT TO
YOURSELF." (INTERVIEWEE 3)

Additionally public transport is often very expensive, and people are calculating which opportunities are the cheapest. Car sharing is for many still too expensive. But some are sharing their rides, testing new shared mobility opportunities with cars, scooters, or e-bikes. Not only because of eco-consciousness but also because of social consciousness. One example for this is TURO, an air bnb like car sharing opportunity. One interviewee also thought about sharing a car with less wealthy neighbors to share expenses based on income (Interviewee 7). Depending on the city sometimes owning a car is the cheapest and quickest opportunity to get around, for example in LA.

When it comes to heat there is a difference between hot days and extreme heat. Generally, people avoid walking, due to the burning sun and missing shade. During hot days interviewees prefer anything "with a breeze", like bikes or scooters in early mornings or evenings.

"SO IF IT'S MORNING AND EVENING, I WOULD SAY THE BIKE BECAUSE IT'S A VERY PLEASANT JOURNEY AND ESPECIALLY WITH THIS ELECTRIC BIKE, I'M REALLY DISCOVERING THAT IT DOESN'T NEED TO BE SO PAINFUL. UM, AND THEN IF IT'S A LUNCHTIME, OR IF IT'S A SUPER SUPER HOT DAY, THEN I WOULD GO IN THE UNDERGROUND AND IF I CAN WALK I CAN. I HAPPILY WALK, BUT THEN YEAH, IT DEPENDS ON THE. IT REALLY DEPENDS ON HOW HARD IT IS, BECAUSE IF I KNOW THAT I CAN GET TO THE PLACE QUITE QUICKLY. IT'S HOT AND UNDERGROUND, EVEN IF IT'S HOT, BUT IT'S QUICK." (INTERVIEWEE 8)

Leaving the house is generally avoided during the hot times of the day and the mobility schedule is shifted towards mornings and evenings, if possible.

Many cities are still depending on the car infrastructure due to the spread-out cities.

The car is used for long drives to work, vacation, or weekends to escape heat when it is too hot in the city. If it is too hot some people are avoiding cars due to the heat it creates and the time it needs to cool down to be bearable to sit in, if other opportunities such as cheap taxis are available as in China (Interviewee 1).

"AND I LIKE TAXI A LOT BECAUSE IT'S ALWAYS LIKE THE RIGHT TEMPERATURE. SOMEONE'S SITTING THERE." (INTERVIEWEE 1)

The choice of the means of transportation depends on needs and occasion. Time, money and bearability are also factors that are taken into account. Avoiding heat but also avoiding UV-rays or the unpleasantness of crowded transportation. It very much depends on the availability and pleasantness to use in a city.

"So mobility, mobility behaviors, I would say it doesn't really change because of the heat wave, but because of the occasion like by occasions. I'm not saying like what I need to do, but for like there's so many parts is influencing how I choose mobility tools. If it's raining, that's where it gets really complicated because I can bike, I can scoop, get a scooter and there's a line for taxi,

and walking to subway station is also terrible." (Interviewee 1)

Furthermore the vulnerability to heat is another factor people take into account when choosing their transportation device. Children, pregnant women or pets for example are often a factor to use and buy a car, due to the air conditioning.

"AND THE CLINCHER FOR ME THEN
WAS ACTUALLY WHEN WE HAVE A BABY
AND THE AIR CONDITIONING STOPPED
WORKING, IT JUST DIDN'T GET COLD.
YES, I SAID, IF I HAVE A BABY AND
GET INTO SUCH A HOT CAR AS THE AIR
CONDITIONING DOES NOT GO, THAT'S A
NOGO FOR ME" (INTERVIEWEE 3)

Car problems

When it comes to car usage it quickly became clear that heat plays a big role, but because everyone is used to cars becoming super-hot, no one is thinking too much about it. In countries such as USA or Australia where heat has always been part of the culture, leaving pets and kids inside the car is forbidden by law. The car itself quickly becomes a death trap. Materials are often mentioned, such as leather on seats and steering wheels which get too hot to be used. Wheels loose air and new cars smell a lot like hot glue. People are more cautious about parking their cars in shaded areas. The color of the car plays a huge role as well. In Israel for example only people who have a garage would buy a black car. This basically means that black cars mean in some country's wealth, because it also means you need to afford a garage.

"YEAH, THE MAIN THING IS THAT
YOU DON'T SEE SO OFTEN BLACK IT
CAR LIKE IT'S NOT SO POPULAR AT
ALL IN ISRAEL MORE THEY SAY LIKE
DON'T BUY A BLACK CAR BECAUSE THEY
REALLY CATCH THE HEAT AND IT'S
REALLY NOT NICE TO GO IN A BLACK
CAR AFTER IT STAND A LOT OF TIME
OUTSIDE. BUT MY CAR ACTUALLY IT'S
PINK." (INTERVIEWEE 8)

For electric cars people are also scared about battery blow ups.

"I MEAN, THERE ARE SO MANY, LIKE,
UH, FIRE INCIDENTS OR LIKE, EXPLOSION INCIDENT OF TESLA IN CHINA
OR, LIKE, JUST BEV CARS INTERNAL
THE BATTERY BLOW UP. SO I'M KIND
OF SITTING ON A BOMB. SO I DON'T
WANT TO OVERWORK THIS THING."
(INTERVIEWEE 1)

Where possible people try to use the cars less and be eco-conscious. Owning a car is often associated with a bad image, but family, commute or infrastructure are often designed for car usage only.

On the other hand, in some cities such as Tel-Aviv traffic jams can be too heavy to even use a car. But not only for ecological reasons, furthermore, also to be socially conscious. Few people understand the city as an ecosystem, especially in more dense cities. In countries like the USA, citizens are having a bad conscience driving the car all the time but don't have another option.

None of the interviewees used their car as a heatretreat space due to sustainability reasons. But in some countries, it is common to keep a car running while, for example being inside a store, to keep it cool. One interviewee has used it to warm up again after being too cool from air-condition spaces.

Air Conditioning is in some countries disliked or avoided in housing due to cultural or health beliefs. But also due to sustainability aspects and rising energy prices and the costs that come along. Inside a car it is just not possible to not have air conditioning due to the heat. In this case they rather prefer to precool their car in case it takes too long to cool down. Citizens feel a dilemma when they need to use a car but know that it is polluting the environment. The same goes along with the use of air conditioning inside the house. This dilemma of air conditioning is not felt when using a car.

Insights from Expert Interviews

Architectural Lawyer

To learn from experts who are dealing with heat already since years, an expert interview with an Australian Lawyer involved in the sustainable Quay Quarter Tower in Sydney was interviewed.

From his perspective, we are not adapting yet to climate change. Looking at the Maslows Hierarchy, we are paying the price for a thriving history and need to adapt to new needs. Architecture and design need to design for higher temperatures and plan for 2,5°C – plan for the worst hope for the best.

Energy bills are continuously rising, which is why we need to find better ways for efficient energy management, as for example to transform sunlight into energy. Trapping heat for warmth but also planning for ways to release it. The gap between rich and poor is getting bigger and bigger which is why social security is important and generosity will play a more important role in the future. Creating more awareness to not leave people behind and think about solutions on how we can welcome climate refugees and integrate first nation people.

From an architectural perspective we need to learn from the past .

"BIG WINDOWS AND GREAT CROSS FLOW
OF AIR TO ALLOW US TO LIVE IN
HOT CONDITIONS AND THEN AS WE GO
WEALTHIER AND MORE AMBITIOUS AND
DEVELOPERS GOT IN CONTROL AND
MONEY IS TO FLOW INTO HOUSES, WE
BUILT OUT THOSE SPACES, WE TOOK
AWAY THAT OPEN AREA AND WE CREATED
THESE BOXES. AND SO WHEN YOU HAD
THESE BOXES IN A HOT COUNTRY,
YOU HAVE TO PUT AIR CONDITIONING
IN AND THEN YOU HAVE TO PLUG THE
POWER IN AND THEN POWER JUST
BECOMES A HUGE DRAWDOWN."
(EXPERT 1)

Architecture is connecting the inside with the outdoors again, to feel like being outdoors while staying indoors. In Australia for example, whirly birds help with air circulation when air conditioning is not an option. We need to learn from other disciplines and look outside of our own world. What are other disciplines doing which seem to be very far from our own discipline such as, for example pizza makers and tailors?

Urbanist

New disciplines are arising such as urbanists, to be more generalists than specialists. Urbanists

are the bridge between different specialists to translate insights. One Urbanist from an architecture company was interviewed on their challenges. It became clear that multidisciplinary work is needed for the complexity of future cities. Where for years cities have mainly been planned around one transportation system in Germany - the car, the cities are becoming multimodal and complex systems. Therefore, many different disciplines and departments need to work together. If we want to foster walking in cities this also means it is needed to create pleasant climate conditions to walk in, for example. Current city structures in Germany are often not prepared for complexity and lack in holistic thinking and acting. Silos in city management lead to fail in technological advancements such as the digital twin, since many disciplines need to work together.

Politics in cities can make big changes but in Germany the transformation towards sustainable cities is making slow progress in comparison to other countries. According to the interviewed urbanist, the concepts are not the problem, it is missing action and legislation. German politics are not investing in new infrastructure of alternative transportation.

Sponge cities are concepts in Europe to create more regional water supply, where it becomes clear that it is always easier to build things from scratch instead of changing the entire existing system. When it comes to urban heatwaves it is all about saving space. The space that is missing now for trees and greenery to create shade, is taken by other things, such as houses, parking lots and cars. In Germany a common concept are "Schwammstädte" - cities that act as sponges. This meanst that the cities are saving rainwater more localized and decentralized, instead of carrying it away through sewage systems. Furthermore, asphalt and concrete are surfaces that are not permeable, which is leading to higher risks of floods with increasing rainwater. With local water reservoirs costs can be saved for infrastructure and the water could be stored and used for greenery or toilet flushes instead of using expensive freshwater. Local water such as "Wadis" are areas used for periodic storage of water in smaller rivers or lake areas.

More space is also created by reducing the amount of individual transportation. This does

not mean, that there are no more cars, but rather to add many other options for transportation. Opportunities for this are space reduced solutions such as walking and biking, shared or collective systems, such as public transport, autonomous busses, and shared cars, to lead to the fact that not every individual person needs one car, but one car is distributed to many people over time. This additionally created space is used for new ways of transportation and to create green space to enhance the residence quality.

In the end some people will still need a car, but it is generally about minimizing the people who own an individual car.

"SO IT REALLY DOESN'T WORK - AND
THAT'S ALSO THE PROBLEM WITH
POLITICS, WHICH IS EXTREMELY
POLARIZING. I HAVEN'T SEEN ANY
MOBILITY CONCEPT IN RECENT TIMES
WHERE THERE IS NO LONGER A CAR.
THAT'S NONSENSE. BUT THAT IS OFTEN
SO POLARIZED IN POLITICS, SO CAR
VERSUS BICYCLE AND THAT IS SIMPLY
A PROBLEM. BUT THAT'S NOT TRUE.
OF COURSE, IT'S IMPORTANT TO GIVE
EVERYONE GOOD ALTERNATIVES."
(EXPERT 2)

Especially in Germany politics are polarizing and are advertising either "only cars" or "only bikes", which splits the countries opinion into two. From the urbanist perspective it is not possible to plan without cars and it is sometimes not making sense especially in rural areas. This means that mobility is dependent on the region and infrastructure but also needs to offer inclusive solutions to all users to be mobile. Another important factor are new forms of renewable energy supply but also using mono-functional infrastructure such as railroad tracks to create energy.

To reduce the amount of cars, ease of use and convenience play a big role, but also price and time. If it is not efficient to use public transportation, this would mean that no one will use it. The same goes for cost of transportation – if it is cheaper to use a car, it is still the most convient option to use and therefore used preferably. This is why many cities are making an effort to enhance parking prices and reduce public transportation prices (e.g. "Deutschland ticket"). Laws and regulations

are changed such as the European green deal.

Activist

To get insights from all actors within the system it is important to understand the viewpoint of activists. During the interview with an Expert from Greenpeace Austria, it became clear that from an activists perspective mobility should be designed in a way to first and foremost avoid motorized travel. Lowering the distances to supermarkets, kindergartens and work etc. to be in close walking distance. Secondly it is necessary to shift traffic from harmful to more environmentally friendly modes such as bikes and trains. And thirdly, improving efficiency of transportation such as combustion engine to electro mobility.

Price plays a big role to make public transport available to everyone while increasing parking prices, but also increasing accessibility and convenience.

"BUT QUITE HONESTLY, THERE IS NO ROOM FOR THE PERSON WHO DRIVES FROM THE "SPECKGÜRTEL" IN A SUIT ALONE IN AN SUV TO HIS OFFICE AND THE ONLY THING HE HAS TO TRANSPORT IS A LAPTOP. SO SUCH PEOPLE THEN IN THE FUTURE SIMPLY WILL NOT BE GRANTED THE SPACE THAT THEY THEN DRIVE ACCORDINGLY BY CAR, BECAUSE IT IS SIMPLY NOT JUSTIFIED."

(EXPERT 3)

From the activist perspective, the political system is generally wrong, when politics support fossil fuel consumption which makes it hard for citizens to change their behaviors. Big problems are already existing buildings which are hard to renew, but governmental subsidies are supporting for example the exchange of old windows to more efficient insulation.

Additionally, cars are producing waste heat and heat up the city, no matter if they are driving or parking and capture the cities heat. Positive communication for behavior change can help to promote walking and biking as healthy alternatives to show how it is affecting citizens positively. Extreme heat waves can also help to communicate the urgency of the climate situation, because climate change is felt immediately in

everyday situations.

Overall the activist's concern is to not forget to tackle climate change while designing for heat. Easy and quick solutions are not helping to fight the real problem, instead they are just Band-Aids to the bigger problem, as for example water misters in the streets of Vienna. If we don't take action, future southern European areas will be uninhabitable.

City management

Talking to an employee of the city showed the entanglements of problems very clearly. In the interviews before, citizens and experts were complaining about how slow the cities are changing. Questioning if and why this is the case made it clear that the current structure of the city management which is working in solitude, makes it hard to tackle the complexity of the city. Cities are trying to work more interdisciplinarily, but it all comes down to final decisions and responsibilities. It is often very hard for citizens to understand what the cities are working on, due to a lack of transparency which is leading to frustration when it feels to them like there is no progress. Planting trees is often hard due to existing infrastructures underground for sewage, internet, cables etc.

Hurdles for the city management are especially to reach out to private owners and investors of existing houses due to data protection. Laws and regulations for sustainable architecture only exist for new buildings but not for existing ones.

Due to the missing awareness of the population and missing laws for green roofs and facades, it is hard to make a change in existing structures. Therefore, cities are trying to raise more awareness to reach the right people who own buildings. This can be done by educating people for climate adaptation in the city and informing and sensitizing on renewable energy alternatives and governmental fundings. But even then, now many private owners have inherited houses and do not have the money to make bigger investments. It becomes clear that the problems of the different Stakeholders are intertwined.

Sustainable City planning needs to reach out to owners of houses to create awareness on renewable energy.

Now the cars are taking over most of the space. This is why cities are trying to minimize parking to create space for trees and greenery. The parking lots that are left should be green but breaking up the asphalt costs money. Furthermore, the maintenance of the green parking is also more expensive than usual asphalt parking. Young trees that are just planted are especially vulnerable to heat and not all tree species are made for the future climate in the cities and lists for future improvement are created.

In northern European cities, such as Munich, heat has not been an urgent topic up to now. This is why action plans are missing for extreme heat wave situations. But the city management is realizing the urgency due to Munich's dense building structure in the city center. Furthermore, a digital twin of the city is seen as opportunity to visualize plans for citizens, for communication and transparency.

E) RESULTS

To summarize the findings, although people and cities are individual, they share common challenges.

Individuals

Many people are not aware of heat as a danger or problem in their city. But generally the "sense of urgency" to heatwaves is growing, depending on the country and city they live in. Climate change is becoming more tangible every day, due to heat waves, floods, droughts and wildfires. The rising energy prices that come along lead to mental health problems and climate anxiety. Heat vulnerable groups such as kids and pets are the main drivers to be aware and to protect them from heat. Additionally individuals are worried about their poorer neighborhoods and the wealth gap that is growing in society.

City planning and architecture

Every city is unique, but they all have problems with rising heat. In general many cities are not prepared for climate change and are treating symptoms while at the same time trying to build resilience. Most of the cities are fixated on cars and less on public transport or bike access. Furthermore dormant cars in the city center are

problematic.

City management and house owners

The fact that city management is working in silos makes the progress in cities very slow. This leads to frustration of citizens, and they feel like the cities are not adapting yet. Furthermore, owners of buildings often do not live in the city and are not aware to invest money in renewable energy, green space or water reservoirs to create sustainable living. In general, there is a gap to break up silos between all disciplines, from city management, citizens and the city on solutions that create a symbiosis between the car and the city.

Legislation

People are becoming more aware of social injustice. Especially when it comes to heat accessibility to shadow and cooling, the wealth gap is becoming clear. Additionally in Germany the automotive industry is blamed for lobbyism and their influence on missing legislations and slowing change for more sustainable cities.

Mobility

Even though urban mobility is transforming it became clear that there will be less cars and more multimodality but that there will still be cars. The freedom of being mobile no matter if with shared or privately owned vehicles, to be able to decide to visit friends and family now or explore undiscovered places is part of human identity. The car itself is still the most powerful "horse" on the street and from a safety perspective – in comparison to biking for example especially for hot days a comfortable alternative.

Research has shown that cities are in massive transition to become more sustainable, adapt and become more resilient to climate change. The question after all gathered insights for this project is – how are cars adapting to the changing environment?

During the conducted interviews it became clear that driving cars, but also dormant cars influence the heat creation in a city. A lot of attention so far is on combustion engines and their influence on pollution and heat creation in the city. Electric vehicles can bring improvements, but is that already enough?

Talking to the different stakeholders made clear that the city is an ecosystem and entangled in many ways. Therefore, changes should deliberately be designed to understand which further consequences it might have. Especially when it comes to heatwaves, cities are dealing with reinforcing loops. According to Meadows, regulating so called positive feedback loops are places to intervene in a system. Positive feedback loops are self-reinforcing, and gain strength over time. Slowing down the growth of the loop can be a powerful leverage point to address, instead of leaving the loop running (Meadows, 1999). One major reinforcing loop was discovered during the process: When heat rises in the city, not only air conditioning in housing rises but also in cars, which leads to more anthropogenic heat creation, and this again leads to higher temperatures in the city - coming back to the drivers cooling their cars even more (see figure 16).

Humanities aim for comfort has made cars higher in thermal mass. More and more mass is added in the car which traps heat increasingly. The past sense for luxury, such as the bigger glass surfaces bring luxurious experiences but also increase cabin temperature.

Currently it is not possible for a passenger to not use air conditioning and at the same time there is a lack of awareness. Using for example open windows instead of air conditioning would not be possible due to pollution and health issues. To change this behavior the structure of the car itself would need to be changed to allow for behavior change. But if legislations are changing and cities in the future will not have combustion engines in the city anymore, pollution should not be a problem anymore, either. Looking at cars form the 60s, where air conditioning was not implemented yet, other passive cooling systems lowered the temperature.

As a next step six possible directions for intervention where derived.

Those are:

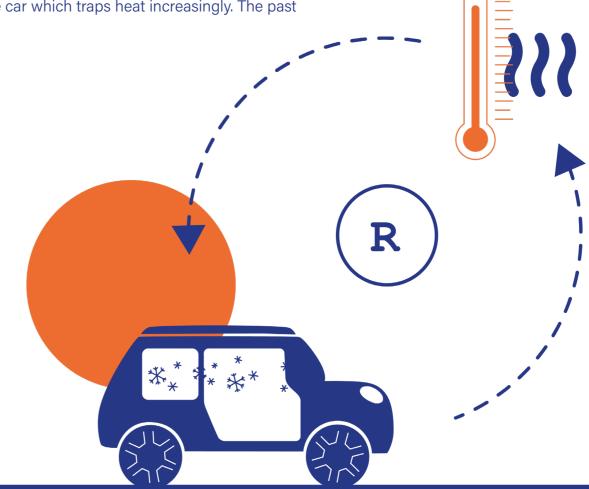


Figure 16 Positive reinforcing loop

PHYSICAL & MATERIALS

Looking at the insights from architecture, which find inspiration in past building techniques, to work with nature as a passive cooling strategy we could use those insights for natural, passive cooling in the car. Therefore physical and material changes are one solution to adapt to climate change. Taking color, shade, less glass, reflection and air flow into account to create new solutions for passive cooling instead of air conditioning. Furthermore lowering thermal mass and adjusting materials to growing heat.



Another possibility are ways to connect cars with the ecosystem. For example by collecting data for the city or to track weather for micro climate improvements. The car could show cool corridors and roads, water accessibility etc. and find ways to track heat and respond to it. For example by implementing sensors which would stop charging in areas where it is already too hot.



A second direction is about contributing on a social level and giving something back to the community, as for example shade or solar power. Furthermore the car structure could be adjusted for community usage, to create a space for districts and invite everyone to share and use the car as a community hub.



The opportunity area "legislation" is the most complicated sector, as legislations are also difficult to implement. Ideas are experimental packages to foster creativity of the citizens, for example by fostering parklets through BMW employees.



As a third strategy, new ways to adapt to the city by modularity are opportunities to make the car smaller or bigger depending on the needs. By adding last mile opportunities in the car, such as for example a foldable scooter to drive from the car to the drivers apartment is an idea to adapt to cities needs. Furthermore the car could be used to collect rainwater in external cisterns for the growing value of water. Future hydrogen cars could be used as producers of water.



The direction of individual, digital help is the concept of a car, which is taking care of you. The car could assist the driver with digital reminders for example to drink water, find shade and cooler areas and create awareness on heatwaves.

6. CO-CREATION

INTERNAL WORKSHOP WITH CO-WORKERS

The derived concepts from the Results Section of the Stakeholder analysis were visualized and summarized to discuss first intervention opportunities and ideas internally. As a first step towards co-creation a workshop with co-workers interested in the heat wave system was carried out. Stakeholders from design, brand strategy and research and development took part to discuss the findings and next steps.

First a presentation about the gained insights from interviews and literature was held to introduce everyone to systemic design and heatwaves in general and align everyone's knowledge about

The workshop was also intended to bring different departments and projects together, to have a knowledge exchange. Furthermore, to discuss findings on the question - now that the cities are changing, how can cars adapt? How can we design a heat-resilient car which addresses the needs of the changing city, people, and the environment?

The six different identified directions were presented: physical and material, social, legislative, adaption to the city, ecosystem of the city and individual and digital. Collected ideas during time were mapped on the different sections and the workshop was used to validate the first derived concepts (see figure 19).

The participants chose their favorite ideas and a possible timeline, from "quick fixes" to long term implementations. Furthermore internal projects were linked with ideas and discussed. Physical changes are a "quick fix" for the city environment, but from a manufacturing perspective, those are implementations that take time. Digital interventions are the easiest and quickest to implement inside a car, but have the smallest impact on the bigger problem. The workshop made clear, that it is important to switch the mindset from the car as a solitary object towards a car as part of the city ecosystem.

Out of the collected insights on heat creation inside cars, 10 design principles for heat resilient car design were derived (see figure 18).

Those are:

- Color
- 2) Reflection
- 3) Air flow
- Thermal mass
- 5) No additional heat creation
- Cooling without additional heat creation
- The least possible amount of glass 7)
- Surface structures
- Creation of shade
- General sustainability goals such as reuse, reduce, recycle



Figure 17 Internal Workshop

DESIGN PRINCIPLES

TEN PRINCIPLES OF HEAT RESILIENT CAR DESIGN

COLOR

REFLECTION

THERMAL MASS

NO HEAT CREATION

LEAST GLASS **SURFACES**

AIR **FLOW**

COOLING **WITHOUT**

HEAT CREATION

SHADE

SUSTAINABILITY













EMERGENCY

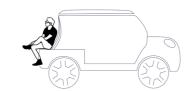
CAR TAKING CARE OF YOU

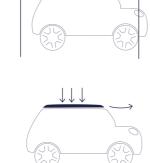
"IT IS TIME TO DRINK SOME WATER"

"THE TEMPERATU-RE WILL BE 42°C TODAY! PRORTECT YOURSELF FROM THE HEAT"

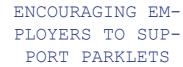
"TAKE THIS ROAD FOR SHADE AND COOLER AREAS"







EXPERIMENTAL PACKAGE + IN-SURANCE TO FOSTER CREATIVITY OF THE RESIDENTS







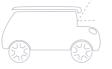










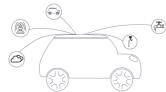




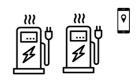






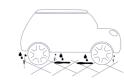














TIME 46 47

B) WORKSHOP WITH CITIZENS

After the first workshop was conducted it became clear that so far the solutions were focusing mainly on the car itself. Furthermore, a systemic design toolkit developed by another Master student was used to identify the systemic potential of this project by "reframing" the goal of the project. It became clear that to make any change, first of all it is important to communicate the problem, raise awareness, and talk about the topic of heatwaves. As heatwaves are no linear problem, instead rather complex it requires more interactive communication and discussion (Snowden, 2007). Therefore, a co-creation workshop was organized within a district of Munich called "Dreimühlenviertel" to derive ideas on the future urban landscape.

In summer 2023 the BMW Group was working on a collaborative project in the "Dreimühlenviertel" within the city of Munich. It was intended to show in an exemplary manner how, in dialogue with residents, the city and business people, change can be shaped to the benefit of all: for the general public by offering mobility with the use of innovative solutions. The ideas and requirements of the residents are at the center of the district development. Together they developed ideas on how the district should develop and change. Over the summer holidays an exemplary setting of greenery, trees and mobility alternatives are implemented in the streets of the Dreimühlenviertel to encourage more citizens to actively engage in the redesign of their district (MZM-Allianz, 2023). Within this project a "neighborhood lounge" was used to get into contact with citizens of the district. To talk to the citizens about the future rather than talking about the current

problems, "provotypes", or "diagetic prototypes" were used to quickly transition the minds of the participants into future scenarios.

"ORIGINATING IN SYSTEMS DESIGN,
PROVOTYPES ARE PROTOTYPES USED
AT THE FRONT-END OF A DESIGN
PROCESS TO REVEAL HIDDEN TENSIONS
IN A GIVEN DESIGN CONTEXT. THEY
DO SO BY PROVOKING EXPERIENCES
OF PHENOMENA, WHICH UNDER NORMAL
CIRCUMSTANCES ARE PRESUMED AND SO
REMAIN HIDDEN" (MOGENSEN, 1992)

Tangible artifacts help to build future scenarios vividly, which makes it easier for workshop participants to understand and imagine the possible future and to be directly involved. In a museum historic artifacts transition the viewers into the past, diagetic prototypes are doing the same, but into the future. With these "props", which are known as movable objects from a set or play, a future world can be tangibly staged, and it is easier to imagine how it would be to live in this future world. To close the perceptual gap between reality and fictional reality, storytelling is used to construct a vivid future in the participants minds step by step. To make that possible, a future mundane is created, where a good balance is needed between elements we are used to from the everyday and the imagined fictional future (Groß & Mandir, 2022). A future mundane is aiming for everyday scenarios in a future, which is in contrast to the fictional fantasy laden stories we are used to from cinemas. Sterling puts design fiction and the use of diegetic prototypes as opportunities "to suspend disbelief about

change." (Sterling, 2012). These "everyday" scenarios help residents to imagine realistic future scenarios, which portraye the everyday in the future. Instead of building a hole future world for storytelling, "world hinting" uses fragments of the future to create a vivid future scenario with only few artifacts.

The idea for the workshop was to create a MINI fictional future accessories store. This store contained accessories for a future MINI car, which are helping the ecosystem of the city instead of focusing solely on the car. With an additional story around these accessories, which explains the context of the props, a picture of the future was created.

B) I) DESIGNING THE PROTOTYPES

For the workshop three different diegetic prototypes were designed, modelled in Fusion 360 and 3D printed. As Stompff and Smulders argue the right fidelity is important in Product Development (Stompff, 2015). The Prototypes were deliberately 3D printed in low fidelity to convey the message of the product with abstraction.

The three concepts are scenarios, which are building up from a dystopian to a utopian view. As the future cone from Haylock (see figure 21) shows, in design foresight multiple futures are imagined and how they and the environment can evolve over time. With the Prototypes Participants were provoked to imagine with which view they relate the most and generate new ideas and actively think about what the preferable future would be and make them engage emotionally with the topic.

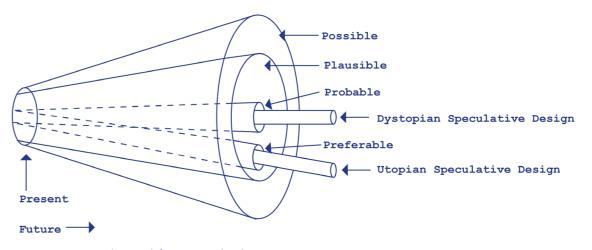


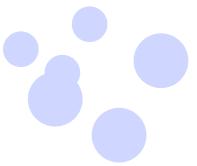
Figure 21 Future cone adapted from Haylock

Additional plastic wrappings and product labels should enhance the feeling of an actual purchasable product. All products were printed in white to convey the abstracted level of the prototypes. Features which have additional functions were highlighted in different colors.









HEAT WAVE - FIRST AID KIT

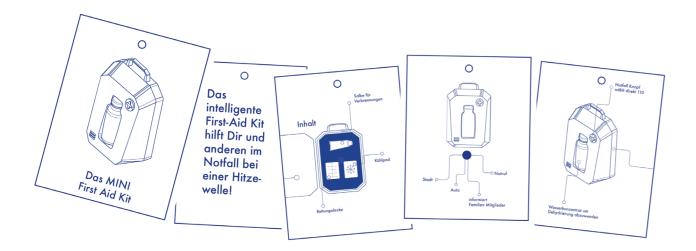


This First Aid Kit is showing the participants the heat wave context in an obvious way. It is an Emergency Kit deliberately made for extreme heat wave scenarios. It proposes a future city, where unbearable 40°C are common summer temperatures. The Asphalt is boiling and is causing harm to animals and people. To help out in extreme situations the Kit has an emergency button which connects directly with the ambulance, when pressed. Furthermore, family members will get a notification with the current location and are advised to stay calm after getting further instructions from the hospital.

Inside the Kit is a water concentrate, for direct dehydration prevention, an instant ice pack for immediate cooling, an emergency blanket and wound ointment for treatment after skin burns. The Emergency Kit in the car can be accessed by anyone, not the car owner only and is a publicly available medicine cabinet (see figure 24).

This prop is very close to the everyday scenario, looking at cities near deserts etc. and is making the urgency of heat and its consequences very tangible. It illustrates a solution in a rather dystopian way and how to mitigate with the heat and the possible health problems.

The design of the first aid kit is inspired by dystopian first aid kits, more edgy and less round to deliver the sense of urgency in a visual manner. The water bottle as the central device is printed in a different color to lift its importance. The emergency button is highlighted in orange to communicate its additional feature.

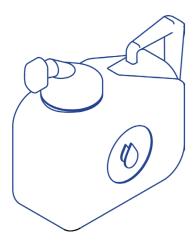




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Figure 22 Prototype – First Aid Kit

THE MINI RAIN BARREL



The second scenario visualizes that water will be a valuable good in the future. In the fictional story, every citizen will be an active participant in the city infrastructure and must collect rainwater to water trees, cool down the streets or use it for toilet usage. The cars rain barrel is a collaboration tool between consumer, car owner and the environment. In this future it is necessary to also give back something to the environment and the city, to be allowed to own a car in the city. The rain barrel acts as an extension of the car, captures rain, and gives the owner the possibility to water the plants and trees right away. The users can become a tree patron in the city and gain credits for taking care of plants in the city.

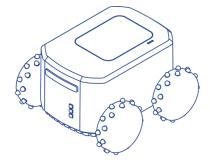
The design of the rain barrel is very close to everyday rain barrels to make the story as imaginable in the everyday as possible. The additional pouring device visually explains the easy usage of the device.





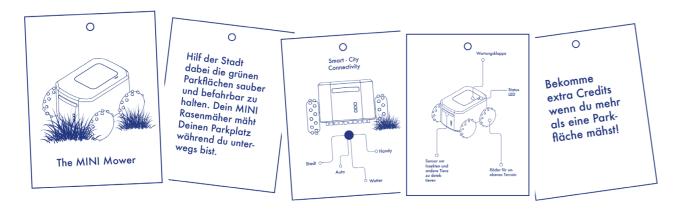
Figure 23 Prototype - Rain barrel

THE MINI MOWER



The third scenario is a utopian view on future cities. In this scenario the city has already tried to change the current infrastructure. Closed surfaces such as asphalt and concrete are gone, and the city is full of grass and greenery. To help the future cities to deal with the new infrastructure, new investments and actors would need to be added to the system. Therefore a mower is added to the car to take care of the green parking lots. Users can gain credits if they mow more than their own parking lot. An additional digital gamification lifts up the experience to a fun and community lead interaction.

The design of the mower is deliberately "comicy", to underline the utopian view on the world of this prototype. The face of the mower and the little green bumps on the wheels give it a light and fun overall look but underline its outdoor usage. Scissors which would be needed to cut the grass are hidden to make the mower look less aggressive.



To set the three prototypes in the car context, a vehicle with the three accessories was created to convey the story more easily. All three prototypes are part of the car context in different user scenarios and can be stored inside the car.

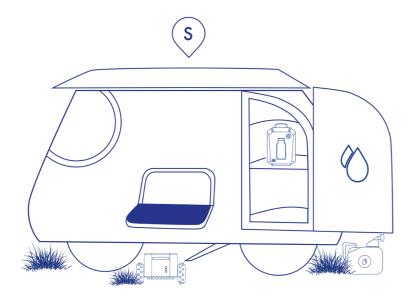


Figure 24 The context of the three prototypes



Figure 25 Prototype - Mower

FIGIONAL







AGGESSORIES

B) II) WORKSHOP PROCESS

The future Workshop was held in the "Dreimühlenviertel" in a "Quartierslounge" during the summer holidays by the MZM Allianz. Citizens of the district were informed beforehand about the Programme by the city of Munich and residents were invited to participate. All in all, 10 people joined for the workshop, with a mix of 3 female and 7 male participants, aged between 29 and 58. The citizens were asked to sign an informed consent before, and the workshop took two hours to not take up too much time of the citizens but still gain output.

First an infographic was used to simplify the system about heatwaves (see figure 26). By presenting the information to all the participants an equal level of knowledge about urban heat waves and how they occur was generated.

After a welcome and an introduction to the topic, in a second step the problem as perceived was given as the following:

How can MINI be an active participant in the heat affected cities of the future?

After a purge of the first ideas that came to mind the participants were challenged with the future prototypes to go beyond the obvious. Citizens exchanged concerns about dystopian views in which they did not want to live in and utopian ideas which were giving more hope. While telling the stories about the Prototypes, the participants wrote down further ideas, concerns and thoughts which were discussed afterwards.

Reactions on the First Aid Kit where, even though scenarios like these are already part of the everyday, rejection and frustration. Residents did not want to imagine the dystopia but felt the urgency of the topic from it.

The rain barrel sparked debate about the possibility to change the values of society from owning a car as an "ego extension of themselves" towards societal engagement. People were enthusiastic to think about what people could collect or give back to the city ecosystem to actively engage. Topics that citizens touched upon were how to engage citizens to be responsible and give back to the city and to "gain the right" to own a car. Additionally smart city connectivity and how

to connect with nature and the city such as questioning "Is the tree feeling alright?", "Is the city harmed?" where interesting ideas.

The final concept about the mower provoked hopeful concepts for the future and residents found back to more joyful solutions.

From the stories of the Prototypes people moved to ideation and generated new ideas.

After a clustering of the ideas each participant dot voted on their favorite ideas and had a moment for reflection in a short break.

In the next session the three concepts with the most votes were taken further in smaller groups and force fit back to the problem as perceived. The citizens were challenged to make their ideas more tangible and brought back to the context of MINI to derive future business models. The three concepts were pitched in 30 seconds in a video for MINI co-workers.

Those three concepts were

- 1. Investing into parking houses outside the city, to get cars out of the city center by connecting them with autonomous shuttle busses and car sharing.
- 2. Collecting water as a future task for citizens to engage in the city ecosystem. Water was chosen as the future most valuable resource and a new value stream for MINI. Residents would collect credits through handing the water in at special collection areas, which could be for example old gas stations. In return you would get hydrogen and at the same time give something back to the ecosystem.
- 3. Centralized transportation systems for citizens to avoid individual deliveries to reduce the need for transportation.

In the end the participants were happy to derive future concepts which give hope for the future of their city.

The three derived concepts were taken further to map out the community driven foresight and interpret it into a tangible roadmap.

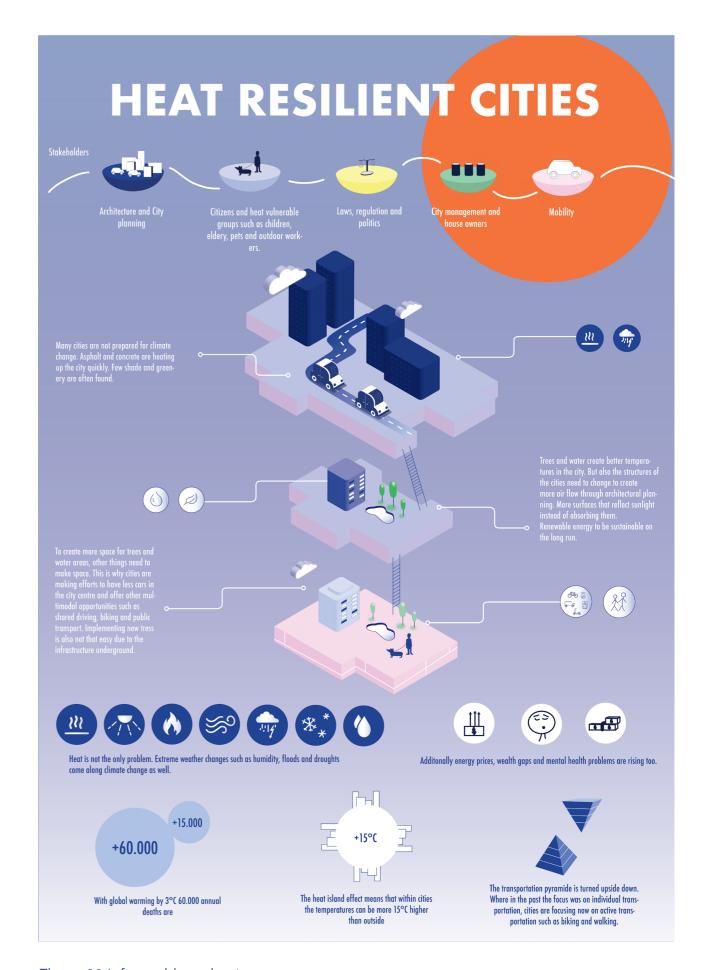


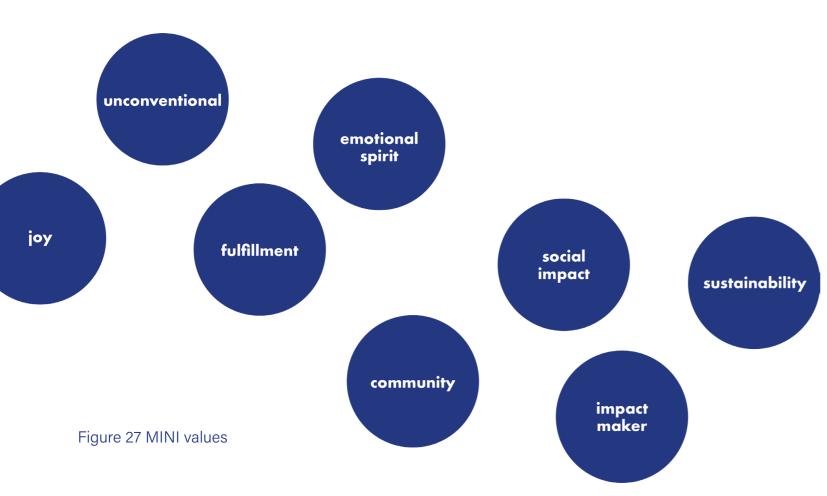
Figure 26 Infographic on heatwaves

C) WORKSHOP WITH REPRESENTATIVES OF BMW AND THE MUNICIPALITY OF ROTTERDAM

After the future workshop the created ideas were interpreted and concluded into a roadmap which would fit the MINI brand. All gathered information and insights were synthesized and translated into a tangible roadmap to help translate ideas into actions.

It was found that focusing on the product only wouldn't change the overarching paradigm. According to Meadows changing the goal of the system and "Changing the mindset or paradigm out of which the system arises" are places for intervention in a systemic design project. Therefore instead of focusing on the product only, the roadmap was understood from an ecosystem perspective. As systemic design is thriving for societal change, actions from micro, to meso to macro level were derived. As the values of the MINI brand are also connected to making a societal impact, fulfillment and community, a transition towards social change is a good fit for the brand. Further values to keep in mind are emotional spirit, unconventionality, and joy.

Transition by Design is a tool from the Systemic Design Toolkit by Jones (Jones, 2018) which envisions a transition towards a desired macro level change. Starting off at the micro level with a transformation pilot. Moving towards the Meso level and scaling to the macro level. The following concepts were presented at the gathering of the City of Rotterdam and representatives of the BMW Group and discussed. At the meeting Representatives of Deloitte, 5 from the BMW Group and 6 from the city of Rotterdam attended.



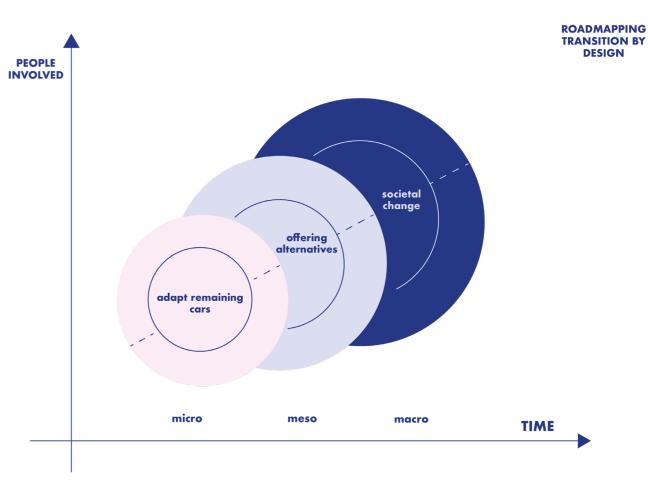


Figure 28 Transition by design Roadmap

On the micro level the focus of the roadmap is on product improvements and adaptations towards climate change. These are:

- saving energy, by preventing heat creation inside the car
- using color and reflective glass to prevent sun rays to get inside the car
- using less energy by avoiding data overconsumption during hot days
- reducing thermal mass and create natural air flow inside the cabin
- Additionally exchanging cabin air condition for solar powered ventilation
- giving back to the system, by connecting with the city infrastructure, to be prepared for emergencies, show cool roads and water recreation areas
- Create awareness and alarms such as reminding the driver to drink enough water and tracking the water supply, but also tracking the back seat to not forget pets inside the car.
- telling the passengers that the battery is doing good even though it is very hot. Also heat maintenance areas such as wheels should be reminded to check.

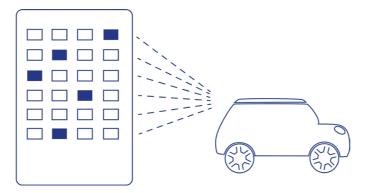
Through a solar powered roof, energy can be



collected and given back to the system. In the future, hydrogen cars could additionally provide the city with collected water.

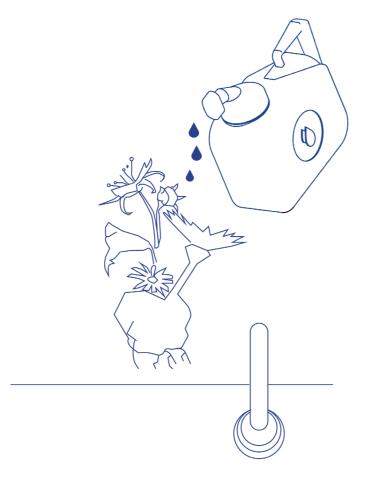
Furthermore the ecosystem would need to adapt as well. Energy supply would be turned off for electric vehicles, in case areas are already too heated up. And cars could be parked on green parking rather than on asphalt.

On a meso level, MINI could support alternatives to gain space in the city for trees, greenery or other cooling support. To make sharing more attractive to urban car drivers, a community driven approach would be implemented. Dormant cars could be used as a community platform, to connect, sit down and chat on the outside of the car. But districts could also own a car, where more and less wealthy people share a car according to



their available resources. This is how owning a car can be more democratic and socially valuable.

On the macro level, social change is fostered. In the future mobility can be accessed in return for helping the ecosystem of the city. Duties could be for example: collecting water, watering trees, organizing an event for the community etc.



Social engagement will be valued as a currency for mobility. And a transition from ownership towards social engagement can be actively fostered.

After the presentation all participants discussed the different findings and again it got clear that awareness on heatwaves and the different actors within the network is missing.

Discussions went on about examples from Tesla's electric cars which did blow up in the past and what to do about those "bombs" in the city. As much as the problem about heat creation of charging stations for electric vehicles. It became clear that there needs to be a differentiation between driving cars and non-driving cars.

Furthermore, the idea on allowing white cars only in the city was discussed and the problem of the reflection of the bright cars which would also blind for example bikers.

What can we actually do to cool down the city and

the idea of the hydrogen car providing water was discussed. Additional inspiration was drawn from the camel living in the desert and how it cools its skin.

Furthermore, a connection with an apple watch for direct health tracking and emergency connection was discussed.

The overall conclusion was that there is not one solution. One representative of the city of Rotter-dam answered to that "Welcome to our world." It became clear, that it is important to talk about problems that could occur in the future and see what the best solution for all is. Furthermore making an impact on the society as a bigger goal is important and to make mobility democratic.

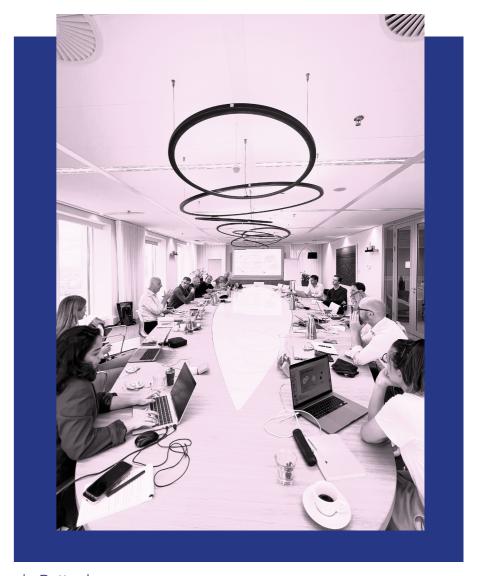


Figure 29 Picture of the Workshop in Rotterdam

7. SYNTHESIS

The previous chapters have shown the different iterations on ideation for possible interventions in heat wave mitigation, synthesized in this chapter, into a strategic roadmap for the brand MINI (see figure 30). The first step is to map out the general trend of european city strategies, to align the brands goals with the city. Especially European cities are becoming more aware of heat waves and the impact of heat on the livability. The conducted interviews show that the city management needs to work closely with citizens to raise awareness on the topic of heatwaves and make them understand why the cities need to change and how they can contribute. Raising awareness is the first step for cities to lower temperatures and move towards the acceptance and action of more healthy and sustainable cities, through actions such as the reduction of cars in cities, creating more green and blue areas and reducing pollution and energy consumption. Further improvements to lower temperatures from a car perspective are:

- 1) Avoiding or minimizing combustion engines
- 2) Foster electric vehicles
- Minimize car ownership.

The interviews and workshops have shown that many people need, or feel the need to use a car in the city, but more and more people have a bad conscious to use it. The image to own a car, especially in urban contexts is conflicting due to a growing eco-consciousness through a more tangible climate change.

So far, automotive manufacturers have mainly focused on the symptoms of heat with solutions like for example Tesla's "dog mode", which is only putting a band aid to the symptoms of global warming and heat creation. As the values of MINI focus on "being an impact maker", the proposed Vision for the brand MINI is to actively participate in the fight against heat wave mitigation.

As a first step, it is proposed to foster electric vehicles and make it easier for citizens to share cars by offering low entry opportunities. Peer-to-peer sharing platforms which offer sharing with a

smaller community such as neighbors and new, more social pricing strategies which help lower income residents to get access to mobility, would fit to the values of the MINI brand. Possible investments in underground parking lots, or houses outside the city are additional investments and business models for the future, which align with the city strategies and make change as easy as possible.

The suggested, integrated strategy for MINI is divided into three horizons, aligned with the previous described city strategy. The sequence of actions is based on the insight, that many citizens are currently not aware of the impact of cars to the urban heat island effects and their contribution to increasing temperatures.

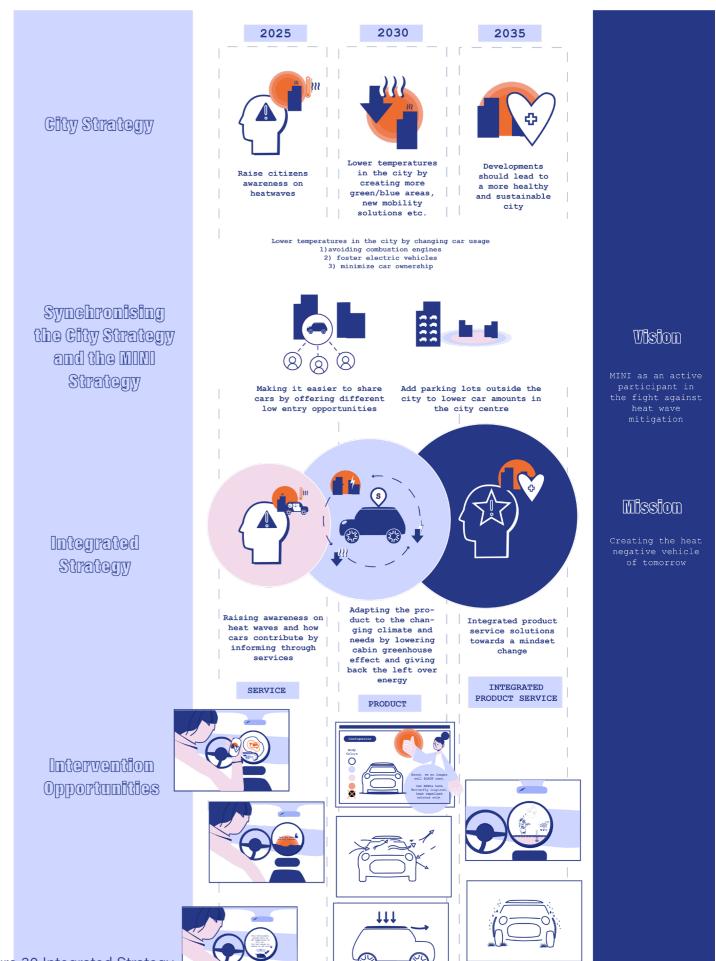
Meadows has identified 12 principles to bring upon change in systems. The following three ensure the largest impact but are also the hardest to achieve. Those are:

- 1) The power to transcend paradigms
- 2) The mindset or paradigm out of which the system its goals, structure, rules, delays, parameters arise
- 3) The goal of the system (Meadows, 1999)

Inspired by these principles, the goal of the strategy is to move towards a mindset change in citizens and car users. A mindset which is aiming for more shared usage of cars and the least impact on heat island effects as a citizen in the city.

To actively change the mindset of users, it is recommended to think about how machines, in this case the car itself, users and producers can steer values and political goals by technology (Latour, 1992). The aim is to find something similar to the alarm tone that reminds us to fasten our seat belt in a car. Doing that by designing technologies, which shape us humans and raise awareness of heat island effects in cities and nudge in a way to change actions and behavior. To actively steer a mindset shift, it is recommended to start changing the mindset of MINI drivers by

creating awareness and providing different information via product services on heat waves. In a next step, deliberately designing and changing vehicles towards heat neutrality can shape action and foster behavioral change of humans on the long run.



STRATEGIC

The strategic roadmaps time pacing strategy is set up in three stages from 2025, to 2030, to 2035. The key objective is to redirect the perception of a car from being solely a status symbol to transforming it into a product-service system that actively promotes community impact.

Horizon 1 by 2025 Raise awareness on heatwaves

Horizon 2 by 2030 Heat Action towards heat neutral vehicles

Horizon 3 by 2035 Mindset change

A) STRATEGIC ROADMAP

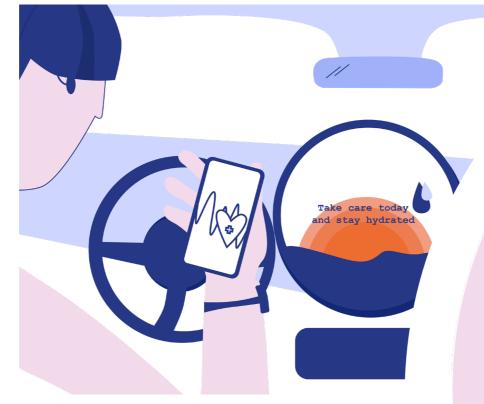
Horizon 1 - 2025

In the first horizon it is important to create awareness of the impact of cars as part of the heat island effect in the city. Therefore, educating passengers about the additional heat they are creating and informing about opportunities and alternatives is essential. Furthermore, it is an opportunity to make climate change personal, urgent and local and make people care.

Intervention opportunities would be, to connect a health tracking device such as an apple watch with the vehicle to show the passengers current health during extreme heatwaves and remind drivers for example to stay hydrated or in the shade. Informing about heat areas in their city through heat maps could raise awareness on their local heat severity and create awareness. The connection with sensors in the city could further exchange information between the car and the

citizen and make the driver more connected with the surrounding. The data can be translated into information on how the city is feeling, which would raise empathy with the city and create a more emotional connection.

Secondly, giving passengers the opportunity to alreadytakesimpleactions and make a small impact to reduce heat, are first steps towards behavior change. As an example, the driving assistant could inform during extreme heat waves that the Infotainment system heats up the temperature of the car and the surrounding additionally. "Click no, if you do not want to switch it off now." - gives them the opportunity to still use the Infotainment but the user would also need to actively uncheck if usage is not wanted.









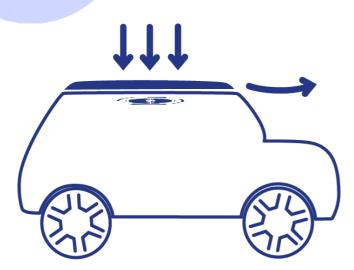
Horizon 2 - 2030

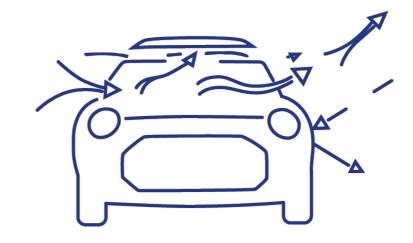
In Horizon two it is proposed that MINI adapts the vehicle development to the changing climate and increasing heat. The Vehicles allowed on high risk days or time periods are designed in a way, that technology no longer adds to the heat island effect and become heat neutral or even heat negative vehicles (if this is possible). All vehicle components are designed to lower heat creation and the cabin greenhouse effect. As the conducted interviews showed, air conditioning in homes is felt as a dilemma and is often not prefered in comparison to natural cooling. Within the car, air conditioning is felt as a necessity due to the cabin temperature. To lower future energy consumption and the need for air conditioning, new technological developments would need to be derived to make this ambitious goal possible. As there is no one-size-fits all solution and new developments are likely to create different new problems, the development should be democratized to find the best way possible. To achieve this goal a democratic way to develop a new mobility solution, by working with citizens and the city is used to find the best solution for city, citzens and the environment.

First easy interventions could be for example the possibility for MINI to no longer offer black cars. Further developments for the vehicles design, aim towards zero addition to the heat island effect to. All vehicle components are designed to lower heat creation, the car itself can be super light and max. 50 km/h because of the low distance they must reach.

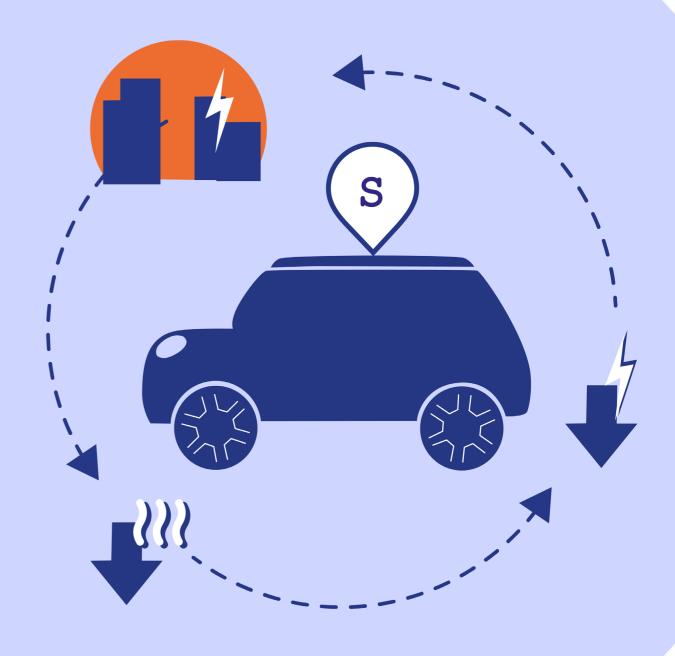
The most effective solutions such as solar chimneys, cabin cross ventilation and solar powered ventilation are possible solutions to reduce the need of air conditioning. Any heat and energy which is still created can be given back to the ecosystem by connecting with the city's energy ecosystem.







TOWARDS HEAT NEUTRALITY

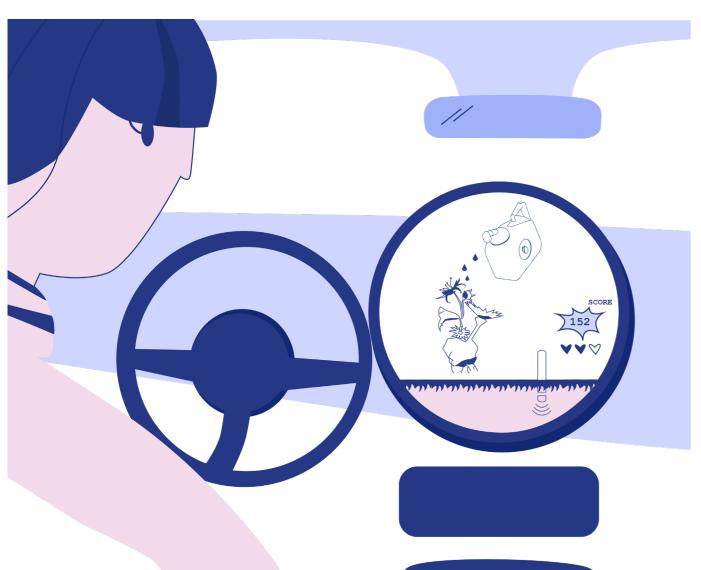


Horizon 3 - 2035

In the third horizon the aim to gain heat neutral cars is reached and possible solutions for heat negative vehicles are developed. A second skin technology, inspired by the camel, passively cools the car and the environment.

Cities with adequate public transport are moving towards a shared car strategy only. The number of needed cars is cut down to a small percentage. Parking areas are transformed into green areas and entire streets are given back to public use. In stage three, car owners are used to have their car outside the city which are designed for long distance rides between cities. The vehicles inside the city are for sharing only.

The most transformative step revolutionizes consumer thinking and encourages a mindset shift towards a concept where individuals gain mobility access in exchange for contributing to society. With an app, contributions to the city ecosystem and social impact can be monitored. This is provided by the sensors in the city ecosystem, to monitor the health of plants, trees and water reservoirs. Residents are encouraged to water plants, mow grass, collect water etc. and contribute to the bigger city ecosystem. This transformative appraoch seeks to not only address urban heat but also make a substantial contribution to the broader city ecosystem.

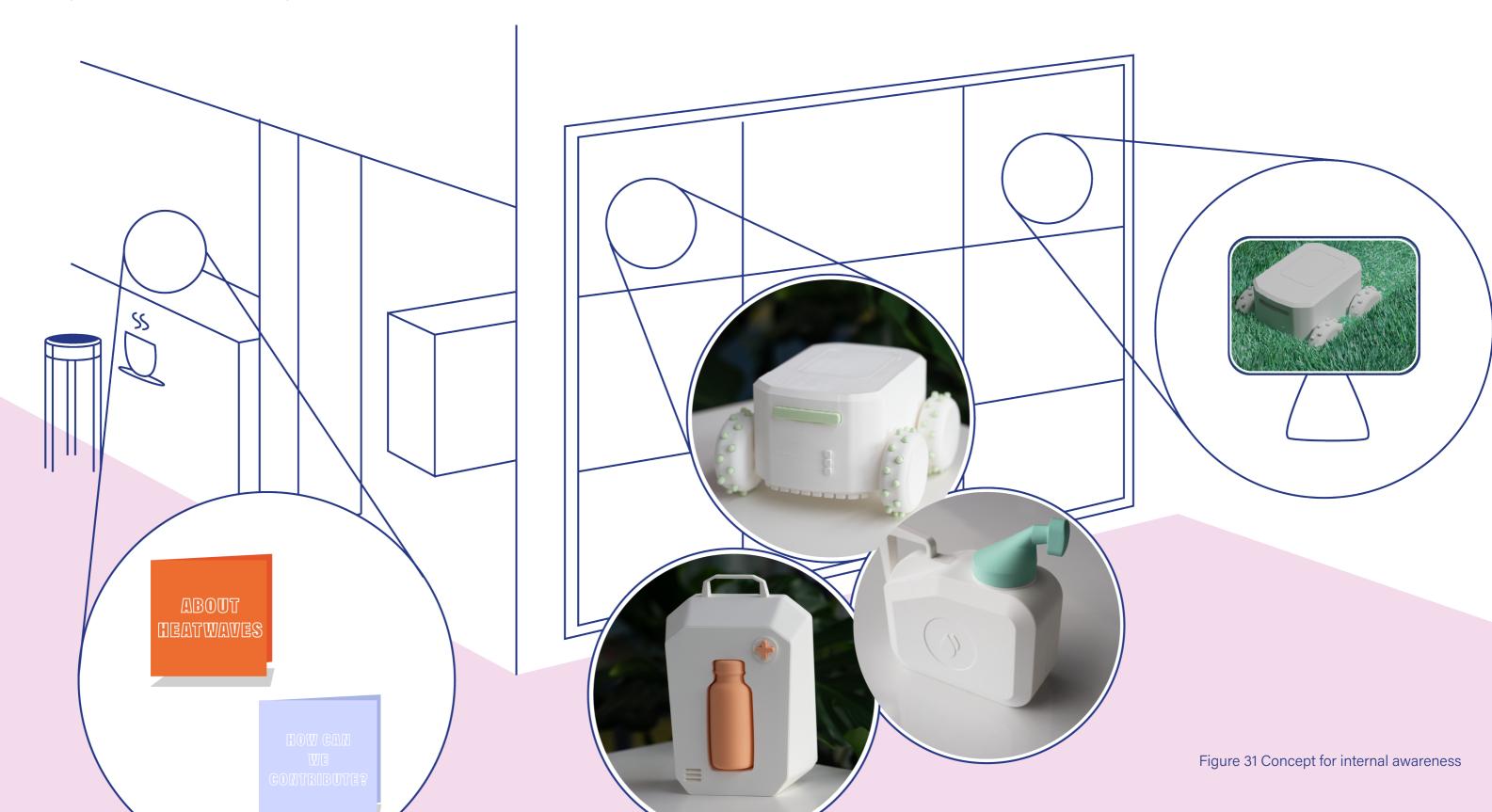






B) DELIVERABLES

As one of the most important parts of the strategic roadmap is to create awareness, it made sense to think about how to foster awareness at the Design Department of BMW as well. The derived insights are condensed into small, "snackable bite" booklets to add to the strategic roadmap. These booklets are inspired by the Kidsbooks "Pixie", which are short, illustrated stories (see appendix H). These are meant to inspire co-workers in the Design Departments Coffee point, which is the central networking space. To create interest and awareness on the topic as much as inspiration for possible interventions. The booklets can be part of an exhibition concept in the coffee space with the fictional accessories, movies and posters to create interest in the topic and lead readers to more information.



8. CONCLUSION AND RECOMMENDATION

This thesis is designed to foster dialogues and inspiration for future interventions in the light of heat waves. The research and provided strategy aims to inspire action on the topic of heat waves at MINI and the BMW Group, instead of focusing on theory only. Increasing heat waves in cities and the increasing number of fatalities is an important topic which is currently lacking attention.

Heat waves gain more and more awareness and the users experienced dilemma on car usage is expected to grow as well. Finding ways to reduce heat and lower the total amount of heat creation in the car is a logical step towards a holisite view on sustainable product development. It became clear that there is not one-size-fits-all solution and all derived concepts need negotiations to cut down in other directions. It is recommended to democratize mobility and find the best way possible. Due to the limit of time, it is recommended to invest further research on the effect of dormant cars temperature on the city's heat island effect. The derived technical opportunities need to be further researched and it is recommended to rethink the car under the light of heat waves from scratch. The vision to design for heat neutrality is challenging and needs new ways of thinking to come up with effective solutions. Furthermore research on modern ways of heat resilient car exterior and interior designs is needed to make heat neutrality aestheticly pleasing. Additionally, investing research into modern solutions on solar chimneys, to create vehicles with the least heat impact from a technical perspective.

Looking at this topic from a systemic design perspective it was found that we cannot stop at improving on the product level. Instead, to create change towards planet centered design, there needs to be a mindset shift. This change needs to start within car manufacturers, who heed to take the lead towards technological change adaptations to force a change of mindset from a "healthy me" to a "healthy us" within actors of ecosystems.

The complexity of climate change and heat waves make it clear that this complex problem cannot be tackled alone. Therefore, alliances between cities, residents and manufacturers need to be further fostered. However, alliances between manufacturers and OEMs also need to be formed. Furthermore it is recommended to turn systemic design within the BMW Group into a culture and make it part of the organizational identity.

Cities, manufacturers and universities should focus on projects that could find ways to implement the provided three horizons and make all stakeholders work together towards future, livable cities.

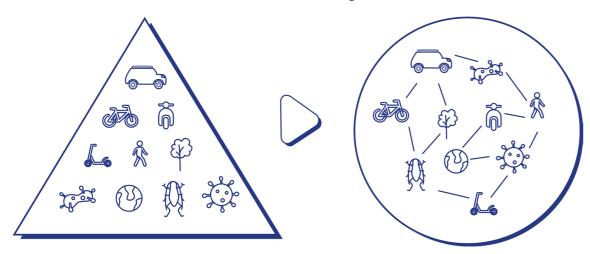


Figure 32 Envisioning the car as part of the ecosystem

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APPENDIX

A) CITIZEN INTERVIEW GUIDE

Research Question

How are citizens using different means of transportation, especially the car during heat waves and which dilemmas are they facing?

Welcome

- 1. Hi XX,
- 2. Thank you for taking the time for this interview and sending me the consent form and booklet do you have any remaining questions?
- 3. I am Jutta from TU Delft, studying Strategic Product Design and currently writing on my Master thesis about the future of mobility urban heat waves with BMW.
- 4. I am especially interested in how people are moving during heat waves and if means of transportation are changing when it gets hotter.
- 5. I would like to record the video and audio of this interview to be able to transcribe it for our research if that is ok for you?
- 6. Your answers will be anonymized before I use it for my research.
- 7. I am going to start the recording now PRESS BUTTTON
- 8. Just let me know if you need a break or anything during the interview.

Introduction

- 1. Thank you for filling out the sensitizing booklet and sending it to me. I hope it introduced you a little bit to the topic.
- 2. Could you tell me a little bite about who you are, where you come from and where do you live?
 - a. Since when do you live in this city?
 - b. What is your current temperature?

Experiencing heat waves

- 1. In the last two years many cities around the globe have faced heat waves. You mentioned XXX that you were affected by a heat wave in the booklet
 - a. Can you describe the event?
 - b. That is an interesting thought, could you explain that a bit more for me?
- 2. How did you practically respond or get through this situation?
- 3.
- 4. How are you mitigating during extreme heat?
 - a. Did you find something helpful?
 - i. Parks and green spaces
 - ii. Balcony/garden
 - iii. Air conditioning
 - b. Can you give me more examples?
 - c. You mentioned X, Y, Z was there anything else you did?
- 5. Do you have private heat retreat spaces?
- 6. What will you do differently next time?
- 7. Do you know if your city is doing something to mitigate the heat?

We are about halfway through the interview and from my point of view it is going very well. You have been telling me some interesting things. How is it going for you? Do you need a break to get some water or are you fine with continuing?

About the mobility behavior

- 8. Now that we have talked about the heat waves, I would be interested to hear about your activities in the city
 - a. Can you describe typical day in your city?
- 9. What activities are you doing during heat waves?
 - a. What are your hobbies during extreme heat?
- b. Is anything changing?
- 10. You mentioned in the booklet you are using XXX for transportation in your city
 - a. Which ones are you using during extreme heat?
 - b. How are you using your car during extreme heat?
 - i. Do you have any problems with the car?
 - ii. Are you using it as a heat retreat space?
 - c. Which ones are you specifically not using during extreme heat?
 - d. Which dilemmas are you facing when it comes to transportation in extreme heat?
 - i. For example, sustainability aspects etc.
 - ii. Which fears are you facing?
- 11. How do you think should the city change to adapt to heat?

Final take aways

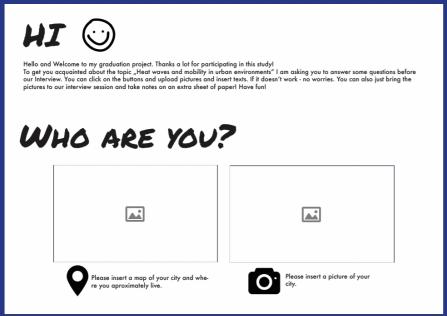
- 1. From your personal perspective how do you think should the city and mobility change?
- 2. How should the car change?

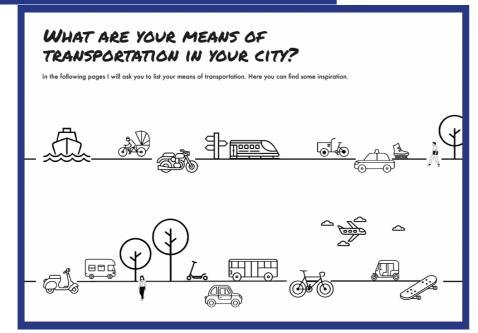
Closing Questions

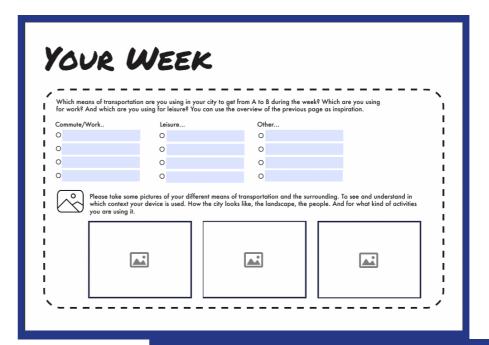
- 3. What should I have asked you that I didn't think to ask?
- a. Is there anything else you want to add?
- 4. Are there people you would recommend me to interview?
- 5. Thanks a lot for your time and giving me such good insights into your experiences. You are really helping me understand the difficulties.
- 6. You will always have the possibility to withdraw from the research.
- 7. Thank you again for your time!
- 8. Don't turn mic off until you close the meeting.

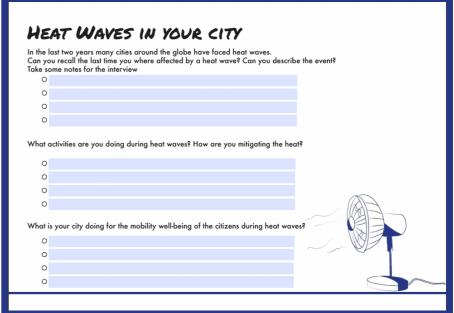
B) SENSITIZING BOOKLET













C) CITIZEN CODING

People mitigation Strategies

Inside the house				
171 Mitigating heat	Cooking behavior during heat	doesn't involve turning on an oven or cooking too much.	Interview7	#mitigation
174 Heat retreat	Basement nice and cool	something that I remember because before I moved into this apt, I was living in a basement in	Interview7	#mitigation
130 Power off	Looking at the brightside, seeing it as	a You know, it's OK, you know, I'll take the opportunity to like, OK, now it's like digital detox.	Interview5	#staypositive
77 Mitigating heat	Close lids	"Oder wir machen dann halt tagsüber alles dunkel, in der Hoffnung, dass das Haus sich nicht allzu a	ı Interview3	#mitigation
78 Mitigating heat	Ventilators	"Wir haben uns auf jeden Fall ausgestattet mit Ventilatoren, Sitzen und sechs Ventilatoren, die wir	Interview3	#mitigation
43 Mitigation	Keep house cool	traps a lot of uh, hold air inside the house or cooler air, and then it takes a longer time for it to	Interview2	#mitigation
40 Preparation	Preparing for fires	me that makes it much more fire resistant. So like the roofing is uh got metal instead of like some	Interview2	#preparation
Shade and cool areas				
88 Mitigation	Choosing the coolest road	"Also dass wir unsere Wege wirklich immer so gelegt, dass wir unter diesen Bäumen langlaufen kö	r Interview3	#citydesign
111 Avoiding heat	Avoiding heat	"Heat waves would put me off going to places."	Interview4	#adaptation
71 Mitigating heat	Staying inside or in shadow	"Wenn es erträglich ist, dann versuchen wir eigentlich nicht rauszugehen, sondern zu bleiben. Oder	Interview3	#mitigation
112 Avoiding sun	there are people who are very sun avo	οίς "I cannot swim, so I don't like to do like beach holidays. I'm very conscious of of the sun. I don't like	Interview4	#sunavoidance
Green Space				
37 Green Space	Trees around the house	But we do have a lot like uh spaces where we have some large trees that create more shade in the	Interview2	#mitigating
168 Mitigating heat	Lunch under trees	garden that has a shaded like a shade shade area.	Interview7	#mitigation
Wardrobe				
101 Mitigating heat	Find cooling	"I'm barefoot within the apartment. Uh, very loose clothing. And the colder showers not cold showe	r Interview4	#heatprotection
166 Mitigating strategies	Tricky to find appropriate wardrobe	trying to plan for everything."	Interview7	#mitigation
102 Mitigating heat	Protect yourself	"And if I go outside, I always wear a baseball cap. So that I am like sunscreen and I put on SPF all the	Interview4	#heatprotection
Water to cool down				
204 Mitigating strategies	Mitigation at water places	popular to go to the beach. But there is also some big and not a big lake, but I don't know the word	Interview 8	#mitigation
170 Mitigating heat	Can't cool down in the river	places because I mean, I wouldn't wanna swim.I think I would come out with an extra arm or	Interview7	#mitigation
175 Heat retreat	Showers to cool down	My heat retreat space is my shower.	Interview7	#mitigation
197 Mitigating strategies	Misters in spain	I think it's a very Spanish thing, but I've never seen them in London and it's something that, you kno	Interview7	#mitigation
180 City support	Water playgrounds for kids	the floor and there's loads of kids playing there and, you know, they put their swimming suit and	Interview7	#mitigation
79 Mitigating heat	Water playgrounds for kids	"Also Berlin ist ja generell schön grün, es gibt wahnsinnig viele Möglichkeiten für Kinder, habe ich d	Interview3	#mitigation
72 Mitigating heat	Pool to cool down	"Heute aufgebaut wird, wo wir uns dann auch einfach mal gerade die Kinder abkühlen können, weil	Interview3	#pool
Adaption and behavior cl	nange			
94 Climate change	Changing vacation destination	"Deswegen wir jetzt auch eher in den Norden, in den Urlaub, weil es einfach so unerträglich ist. "	Interview3	#behaviorchange
157 Heat schedule	Closing work when too hot	you know we're closing and everyone goes home because it is just too hard to do work in a kitchen	Interview6	#schedule
147 Adapting to heat	Adapt schedule to heat	morning to to run because for 6:00 o'clock already.It is just too hot.	Interview6	#adaptation
45 Heat schedule	Changing schedule	So, umm, you know, I do a lot of work around my house trimming trees and and cutting the grass	Interview2	#adaptation

31 Adjusting	Adjust schedule to heat	"You always wait until the evenings to either take a walk with our dog or do any kind of physical spo Interview	2 #adaptation
41 Preparation	Preparation lowers insurance	lot of companies will not ensure homes anymore. Umm, in California, because of the the fire issue Interview	2 #insurance
122 Online shopping	No need to carry groceries	everything and they even bring it up to the apartment so." Interview	4 #adaptation
Avoid and Escape heat p	places		
30 Escape heat	Travelling	"This is around the first week of July, it was so hot that we decided that wer were gonna take a trip, Interview	2 #mitigating
42 Avoid heat	Escape from heat	holiday if you're not gonna be if you don't, if you can. Right. Interview	2 #heatretreat
Heat Retreat Spaces			
32 City support	Common heat retreat	homes, they'll end up going to these places called cooling centers and they'll. Interview	2 #heatretreat
58 Energy	Car is not a heat retreat	"Yeah, I'd I'd rather not burn gasoline to just to cool down the car" Interview	2 #heatretreat
148 Heat retreat	Supermarket as heatreat	because it's it's usually it's cool because there's a lot of air conditioning in there."	5 #heatretreat
Sports			
205 Mitigating strategies	Frozen weasts for dutch athletes	And now I just remember something as an athlete, normally when we go to train. also in spain you Interview	8 #mitigation
206 Mitigating strategies	Drink water and isotonic salt	training like one and a half hour because you sweat so much, really. in places there is no air Interview	8 #mitigation
104 Mitigating heat	Working out in gym for AC	also like, it's really nice and cold in the gym and it's literally in the neighboring building." Interview	4 #mitigation
202 Adapting to heat	Doing all sports inside	the machine or to make it like really early in the morning or really late like in the night but it is still Interview	8 #adaptation
44 Exercise	exercise when cooler	off for a an hour ride or so. So.	2 #adaptation
4 Dilemma	Snowboarding in summer	"That's yeah, that's pretty interesting. I have to say. It's where you get a natural cooling system and Interview	1 #mitigation #dilemr

City problems

Architecture				
3 Nature	No Balcony	" I want to be able to feel the real nature or real outside, but I don't have the luxury of doing so. "	Interview1	#architecture
Climate change				
91 City change	Water fountains are empty	"Also ich habe das Gefühl, in Berlin sind ganz viele Springbrunnen stillgelegt worden, die hier früher	r Interview3	#citydesign
127 Fire	Fire threats	sparks fires, you know, so every year now there's a helicopter going around for like a couple of	Interview5	#fire
126 City problem	Extreme heat is 1-2 months	I said, like the rest of the year is like really comfortable."	Interview5	#heatperiod
128 Fire	Fire season is now all year round	year round.	Interview5	#fire
129 Fire	Devil wind alerts - turn off power	windy that they turn the power off."	Interview5	#fire
184 Systemic problem	Floods but also rationing water in ital	y water, and that's maybe something that they're not. Let's say they have had things like this before,	Interview7	#climatechange
City Planning				
69 Asphalt	City centre	"Also es ist nicht, es ist ein bisschen grüner und dadurch noch ein bisschen empfindlich, wenn man	Interview3	#citycentre
22 Heat Transportation	Way to the car	"It's it's an old structure, so I have to walk probably like 15 minutes to get to a car. So even when it'	:Interview1	#citydesign
34 Green Space	Not enough green space	"I don't think that there's enough of those places.	Interview2	#cityproblems
108 Heat in concrete areas	Heat in concrete jungle	In the concrete jungle."	Interview4	#cityproblems

181 Problems with grass	Parks green grass becomes yellow	becomes this really desert like this was last summer.	Interview7	#heatperiod
Traffic Jam				
210 Traffic jams	High traffic in Tel Aviv	is a lot of traffic. If you live in Tel Aviv and you work in Tel Aviv. So yeah, you use the scooter, you	Interview 8	#cityproblems
51 Memo	Living in the city centre	The more you are in the city centre the more different transportation devices they use	Interview 7	#citycentre
87 Mitigation	Mitigation places are full	"Aber die Freibäder sind halt überfüllt, die Seen sind am Wochenende total voll, weil alle dann raus	Interview3	#citydesign
City mitigation Strategies				
Mobility				
119 City change	Put Transportation underground	Underground so that you can't see and it's perfect."	Interview4	#citydesign
121 Car in the city	Cars in the city centre	if you enter those zones, you have to pay extra."	Interview4	#citycentre
110 Availability in the city	15 minute city	"Everything is within walking distance. For meI wish you know every place would be this like 15 m	n Interview4	#citydesign
Water				
36 Water	Water Misters	Purified water and they spray these little misters and so it creates like a a feeling of cooling.	Interview2	#citymitigation
95 Adapting cities	waterpark in melbourne	"Also in Melbourne gab es einen riesengroßen Public Pool, aber das war nicht wie so ein langweilig	€ Interview3	#climateadaptation
105 City change	Water to cool down	"So I know that they invested in some paddling pools, if you know what that is."	Interview4	#citymitigation
106 City change	Sprinkler water	"Like it's like if you go on like the Main Street on the shopping street where only people can go and	(Interview4	#citymitigation
80 City change	Drinking water fountains	"Das finde ich cool, wenn die Städte so was machen würden, dass sie einfach mehr Trinkwasser Mo	ö Interview3	#citydesign
Communication		, , , , , , , , , , , , , , , , , ,		
179 City support	City is creating awareness	and that's the underground system. Say make sure you stay hydrated in this hot time.	Interview7	#communication
152 Cultural differences	Lots of Communication about protecti	orsunscreen.	Interview6	#communication
177 Neighbour support Albedo	Shopping center, library as public cool	ir seen advertised and some of my local notice boards, as you know, for old people especially like,	Interview7	#citymitigation
35 Asphalt	Painting the ground	"LA County, where there are experimenting with painting the the roadways that are that are made	c Interview 2	#citymitigation

City Mobility problems

Safety				
109 Biking	Biking is scary	"I wouldn't bike in London, so I think it's too dangerous."	Interview4	#biking
133 Biking	USA no infrastructure for biking	bring it, put the bicycle, you can lock the bike to the itself, you know, maybe and then going to the	Interview5	#biking
188 Transportation safety	Cyclists are not willing to share the lar	office, or back from the office. But the cyclists are real animals when it comes to welcoming other	Interview7	#safety
212 Means of transportation	Taking the bike is too dangerous	minutes. But I still use the car. Its also because () I am not allowed to take the bicycle. Because	Interview 8	#safety
220 Safety	Scooters also too dangerous	crashes and people really get injured from it so it's allowed only on the road in the well when you	Interview 8	#safety
211 Public transport	No subway or underground available	To the airport also you can go by train. There is no subway or underground rail. Now they want to m	Interview 8	#publictran

Public Transport

Infrastructure				
48 Mobility changes	Public transport is bad	I wish the metro infrastructure was a lot better.	Interview2	#publictransport
134 Public transport	Public transport in US takes a long tim	e ride, you know."	Interview5	#publictransport
143 Public transport	Public transport should be easier to rea	a "If they don't make it easy, you're always gonna take the car."	Interview5	#publictransport
208 Public transport	No good public transport infrastructure	e people they go with the car it is really problem in Israel at the moment because there is so many	Interview 8	#publictransport
221 Public transport	Public transport in Japan super crowde	c like in there everyone use it's crazy how it's full you know and when when it's in the rush hour it's	Interview 8	#publictransport
219 Mobility changes	People want other solutions but politic	s other solution, but, but we just don't believe it's will happen.	Interview 8	#publictransport
Price				
99 Adaptation needed	Public transport is too hot	"But then people just go into the offices more, I guess, for the for the AC, but even the even the pu	b Interview4	#publictransport
116 Public transport	Generally public transport is great - wl	h public transport is a very nice thing.	Interview4	#publictransport
53 Public transport	Metro is expensive	"Umm, it's almost exactly the same in terms of the cost and uh, so when you look at it, it's like do,	\Interview2	#publictransport
Heat				
167 Public transport during he	a Public transport is very hot	and yeah, then you, you, you you pray it's gonna go very fast so that you can get out of there	Interview7	#publictransport
196 Public transport	Bus has only tiny windows	you could open them all and it was completely different. And for someone that is using the bus it	Interview7	#publictransport
118 Public transport	Short pants and materials on the bus	"I would prefer not taking the bus and you know, and I would like not if it's too warm and I'm in a s	h Interview4	#publictransport

Shared mobility

Bikes				
169 Mobility behavior in heat	Hire a bike to get home in the evening	t gonna start to be sweaty already from the morning. I easily get sick and it's like if I'm gonna be wet	Interview7	#sharingmobility
186 Sharing mobility	Sharing an e-bike with flatmates	so it's a subscription bike and we're trying it out to see how it works before we invest into one	Interview7	#sharingmobility
187 Mobility changes	Bike lease via companyJobrad	business will help you to pay the bike out of your salary as part of like a salary sacrifice.	Interview7	#sharingmobility
Cars				
191 Sharing mobility	Different car sharing options	drive them around. And so you have the flex ones that you can drive them from A to B or you have	Interview7	#sharingmobility
192 Sharing mobility	Scooters are not treated nicely by publ	i conveniently located everywhere around the city, those are I think, 18 or 22 pence per minute as	Interview7	#sharingmobility
198 Mobility changes	Sharing a car with neighbours	of the box because we live in an area where we can have a normal car without having to pay for	Interview7	#sharingmobility
47 Mobility behavior	Sharing a ride	there's the reason that you don't wanna be burning gasoline for everybody for all these cars.	Interview2	#ridesharing
E-scooters				
49 Means of transportation	e-scooters	place to place.It's, you know, it's easy to be able to go like, you know, four or five kilometers in, in a	Interview2	#scooters

Mobility hehavior during heat

Walking			
135 Walking	Avoid walking in heat	"I would not try to walk."	#walking
163 Walking	Avoid walking in heat	Uh, yeah, it is hard to walk in the sun. Interview6	#walking
Biking			
54 Biking	Biking is scary	"The the part that's the worse is that you would it be more exposed to uh traffic on the road and the Interview2	#biking

207 Means of transportation6 Heat Transportation185 Mobility behavior in heat5 Heat Transportation	Biking is too hot Skateboarding best activity Biking during heat is too exhaustive Bikes are too hot to handle	In general it it's not like in Germany that people walk or they use bicycle. In Israel it does not happer Interview 8 "Other than that, I actually do like skateboarding a lot in the heat waves. Like, better than, like, othe Interview1 Having said that, I wouldn't put myself on a bike at midday because it's just too hard. Interview7 "Um, the only thing I wouldn't do is probably biking in the heat waves because we do have a lot shallnterview1	#biking #mobilitybehavior #mobilitybehavior #material #biking
Car			
20 Car usage	Car used for long drives	"I try to go back home for holidays and it's like, nine hour drive, well, it's 3 hours by train, by like driv Interview1	#carusage
21 Car usage	Car not used for a long time	"I try to use it at least once a week. Interview1	#carusage
52 Memo	Cars in the city centre	Inside the city cars are needed to escape the city or leave it for work Interview 7	#carusage
89 Car usage	Car to escape the city	"Also hätte ich mir auch nicht angeschafft, weil es einfach die Wege viel kürzer waren. Die sind jetz Interview3	#carusage
82 Transportation for kids	Heat as purchase decision	"Und der ausschlaggebende Punkt war für mich dann tatsächlich, wenn wir ein Baby haben und die Interview3	#car
209 Means of transportation	Car is the general means of transporta	t One family have at least two cars. Sometimes three, sometimes four. And every year it's become n Interview 8	#transportation
160 Car	Need cars in australia	family will have one or two cars." Interview6	#carneed
Тахі			
7 Heat Transportation	Taxiing	"A lot like driving myself or, um, just taxiing. Um, because, I mean, I do I'm allergic to, like, sunligh Interview1	#mobilitybehavior
11 Heat Transportation	Taxi has right temperature	"And I like Taxi a lot because it's always like the right temperature. Someone's sitting there." Interview1	#mobilitybehavior
Public Transport			
81 Transportation in heat	Public transport is too hot	"Öffentliche Verkehrsmittel meide ich extrem. Und heiß ist, weil die nicht klimatisiert, sondern wen Interview3	#transportation
193 Public transport during hea	Prefering sauna in the room than using	the heat a bit more in my house, especially in the afternoon because we had the window that at Interview7	#mobilitybehavior
Needs and Occasion			
8 Heat Transportation	UV rays	"But like it's not necessarily temperature related about like sunlight related." Interview1	#mobilitybehavior
18 Mobility behavior	Choosing transportation by occasion	"So mobility, mobility behaviors, I would say it doesn't really change because of the heat wave, but Interview1	#mobilitybehavior
213 Means of transportation	Travel behavior job dependend	Yeah I think this week I spend 21 hours on the plane. From Mongolia to Japan it was 6 hours. And th Interview 8	#mobilitybehavior
194 Mobility behavior in heat	Depends on how fast you need to go	especially with this electric bike, I'm really discovering that it's a it doesn't need to be so Interview7	#mobilitybehavior
195 Mobility behavior in heat	Choice of mobility depends on your nee	So I don't think I can say there's there's one I would avoid because I don't have the luxury of choice c Interview7	#mobilitybehavior

Cultural differences

Heat resilience people and city

1 Culture	Chinese Medicine	"I was going to say like, because in China, like there's a thing saying thatI don't know how to trans	Interview1	#culture #balancehea
50 Memo	Culutural differences	Cultural difference - weather is always a topic in england	Interview7	#culture
97 Cultural differences	British can't handle the heat	"For a longer time and here there are even some memes about it in the in the British media that if	Interview4	#culture
100 Cultural differences	British are not used to heat	"Yes, 30 degrees in Spain. No problem. 30 degrees in the UK, that's a big problem, right?"	Interview4	#culture
183 Cultural differences	Italy is more prepared	there's pools, there's like it's more part of the culture of the heat and especially the summers are	Interview7	#culture
165 Northern europe is not pro	er London not designed for heat wave	massive heat wave."	Interview7	#culture

24 Car Materials	Car color	Like when my first car was like when I was 17 or 18, 18, something like that. And it was black and I Int	terview1	#material
19 Car Problems	Heat vulnerable car	And I don't know, like for that car, the biggest part I'm worried about is the paint, might come off, juint	terview1	#carproblems
27 Health concerns	Hot glue smell	"Also, there are so many glues, or because you can smell like, you know, the new car smell when walnt	terview1	#carproblems
29 Car Problems	Covering the windows	"Um, there are so many ways people cover their vehicles up, like we have these tinted windows tha Int	terview1	#carproblems
55 Car Problems	Old cars can't handle the heat	"So you see cars on the side of the road that are overheating or they have the breakdown on the on 1 Int	terview2	#carproblems
60 Car Problems	Avoid windows	"Umm, they they sit more in areas that don't have open, exposed windows."	terview2	#carproblems
61 Car solutions	Seal the vehicle	"I mean, it would be nice if there was a way to, uh, seal the vehicle.	terview2	#carsolutions
63 Steering wheel	Steering wheel burns	"If you touch a steering wheel after it's been in the sun, sometimes you can't even touch it cause it': Int	terview2	#carproblems
214 Car problems	Wheels loose air	wheels really often. it really goes out that I get I really I can really recognize during the summer it Int	terview 8	#carproblems
46 Materials	Leather is hot	most part. Like people think that's how high standards luxury cars standard. But leather is terrible Int	terview1	#material
137 Materials	Leather is hot	Ohh yeah, I I don't know if I mean I don't like I don't like leather in the car.	terview5	#material
140 Leather burns your skind	Leather is hot	hot.You know, you sit on this like if you have shorts on you, you burn your legs off, you know.	terview5	#material
222 Materials	No black cars	popular at all in Israel more they say like don't buy a black car because they really catch the heat Int	terview 8	#material
64 Shaded park mode	Shaded park mode	"Hey, I mean, obviously you could park it under something if you had a way of doing that under a shallnt	terview2	#carproblems
65 Precool	Precool	"I'm sitting in the vehicle and I'm cooling the car down before uh, my dog and my wife getting the v Int	terview2	#carproblems
Heat trap				
12 Car Problems	Car is too hot	"Because like, I seriously just can't sit in a car without like, any sort of, uh, well, ventilation beforehalnt	terview1	#carproblems
17 Car Problems	Car is too hot	" would rather, like, walk there than driving because, like, by the time I get there, my car's still probling	terview1	#carproblems
23 Car Problems	Car too hot	I mean, I'm not expecting the car to be like a refrigerator, you know, you just walk in and its just sup Int	terview1	#carproblems
62 Car Problems	Car traps heat	"So it didn't because if you notice that if a car's out exposed to the sun, and if it's, you know, 100 de Int	terview2	#carproblems
Air condition				
215 Car problems	No air con is not bearable	So my air conditioner stopped working. So it's really shit because you cannot survive without air con Int	terview 8	#airconditioning
138 Car as heat trap	Temperature inside the car is extreme	el and it's like it's so hot. You start freezing little bit because your body is like normal temperature, Int	terview5	#carheat
EV				
56 Electric car	EV preferred	"So it I think that if you can charge your vehicle, umm where you are at home or at work, then you it Int	terview2	#electriccar
66 Precool	EV cooling	"Yeah, it's easier, I think to run a cooling system because you don't have to turn the gas engine on. S Int	terview2	#electriccar
83 Sustainability aspect EV	Energy prises go up for EV	"Und dann sind die Strompreise gestiegen. Deswegen also dieser Kostenfaktor, der ist nicht mehr gant	terview3	#electriccar
216 Electric car	EV not popular	need to put a lot of money and it is still not so popular in Israel. there is not a lot of stations or to Int	terview 8	#electriccar
10 Safety	Fear of explosion	"I mean, there are so many, like, uh, fire incidents or like, explosion incident of Tesla in China or, like Int	terview1	#safety
136 Dog mode	Tesla Dog mode	you know, and the thing forward have the same thing"	terview5	#carusage
Costs				
120 Car in the city	expensive to have a car in the city	zones, you have to pay like a fee."	terview4	#carproblems

Air conditioning

Avoiding AC - health

1 Culture	Chinese Medicine	"I was going to say like, because in China, like there's a thing saying thatI don't know how to trans Interview1	#culture #balancehe
173 Air conditioning	Rather fans than airconditioning	houses you have. Interview7	#airconditioning
113 AC feels wrong	AC feels unhealthy	"Somewhere where it would feel unbearable for me to be there and like I don't want to go on a holi Interview4	#airconditioning

114 AC feels wrong124 Air conditioning172 Air conditioning	AC feels unhealthy and unsustainable Avoiding AC Europeans dont like airconditioning	"Nee. Also wie gesagt, die Klimaanlage ist eine Überlegung, aber das hat natürlich auch wieder neg Interview3 "I rather have a fan on than than using AC, yeah." Generally, a big fan of air conditioning. Interview7	#airconditioning #airconditioning #airconditioning
Avoiding AC - culture 67 Air conditioning	Cultural differences	"I was gonna say because we have a lot of colleagues here from Munich and other countries, umm, Interview2	#airconditioning
-	cultural differences	I was going say because we have a for or concagues here from Municir and other countries, annin, interviews	#airconditioning
Avoiding AC - costs 154 Air conditioning	Aircon not needed near the coast	because you're so close to the ocean. This if we open all the windows and doors, this really nice Interview6	#airconditioning
59 AC	Not everyone has AC in USA	"But you know, if you have to compare like like Munich or Munich is and think about it like Santa Mo Interview2	#airconditioning
33 AC	Suffering through heat	People on the coast are probably a less because they don't end up, they don't end up uh. Interview2	#airconditioning
Cant avoid AC			
201 Cultural differences	Air conditioner everywhere	Well in my normal life when I am in my apartment I use the air conditioner and in my car I use the a Interview 8	#airconditioning
215 Car problems	No air con is not bearable	So my air conditioner stopped working. So it's really shit because you cannot survive without air con Interview 8	#airconditioning
Precool car			
139 Car cooling	Remote cooling in car	be cool down the car.I mean a probably that will probably help.I have not used it yet, but sure Interview5	#cooling
162 Air conditioning	Leave car on for aircon	car and keep it running. Interview6	#airconditioning
25 Future Car	Automatic cooling	Yeah, but like, just you don't have to turn on anything that it can just adjust the environment. That w Interview1	#ac
28 AC	Automatic cooling	"Like almost automatically adjust to the way that I would prefer almost. Um, I think Tesla does it a Interview1	#ac
9 Car behavior in heat	BEV better than gasoline to precool	"But that, that is a something to keep in mind. But if it's super hot, you would rather use the Tesla i Interview1	#ac
Warmth			
15 AC	warm yourself in car	"Like I think this is not like heat related as much, but I do sometimes, like when I'm not super comfc Interview1	#ac
s of the polycrisis			

Costs

Water bills				
38 Water bills	Water is expensive	right now is that water is very expensive commodity in California. Uh, you know, this last year we	Interview2	#costs
57 Electric car	EV makes sense with heat	"I could put a battery in there and then also that can be used to charge a vehicle at night and so I can	aı Interview 2	#solarenergy
218 Climate change	Water shortage	like. make sure to take short baths and the don't use the water you don't need.	Interview 8	#climatechange
125 Water bills	Expensive to grow grass, and not allow	oforever. I mean, you have to spend a lot of money on water to make it green."	Interview5	#energy
Wildfires 141 Energy	Preparing for power shortage	like, I should put solar panel on my home, you know, with the battery because it's power outage."	Interview5	#enery

Shared mobility expense

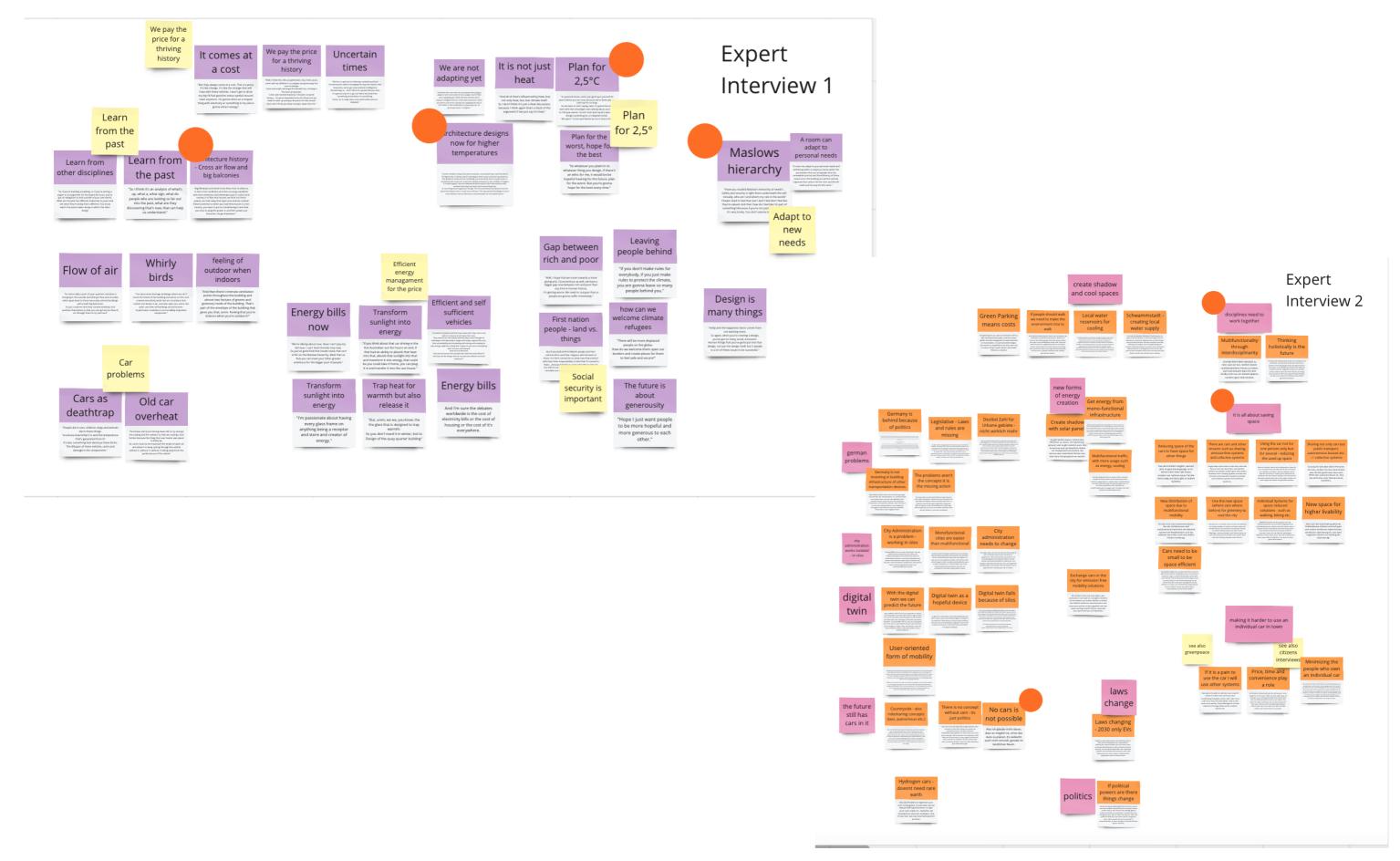
189 Transportation costs	Public transport is expensive because there is an element of me that it's very expensive in London at the moment. So every every Interview 7			#costs
190 Transportation costs	London emission restrictions	because London is very. Restricted they've and they've expanded more and more the unless, which	n Interview7	#costs
199 Expenses for transporta	tior Uber is expensive	And so or you know, like 1 evening, you decide you need to go wherever or you know there's a few	p Interview7	#costs
Heat				
70 Mitigating heat	Heat is pushing you to do things you	u dic wollte ich eigentlich nie haben und siehe da, jetzt ist er doch da.	Interview3	#change
164 Northern europe become	es : Climate Change makes northern pa	rts c weatherwise London is actually really good in summer."	Interview7	#climatechange
Energy costs				
155 Energy bills	Energy for Aircon is high	but a lot of people are installing solar panels now because there's so much sun."	Interview6	#energy
156 Energy bills	Government supplements solar par	nels live in this warmer parts of Australia because in the.	Interview6	#enery
War				
217 Cultural differences	Israel has other problems than clim	ate And so it's really hard to take care of the climate. To use electric instead of the other stuff that,	Interview 8	#climatechange

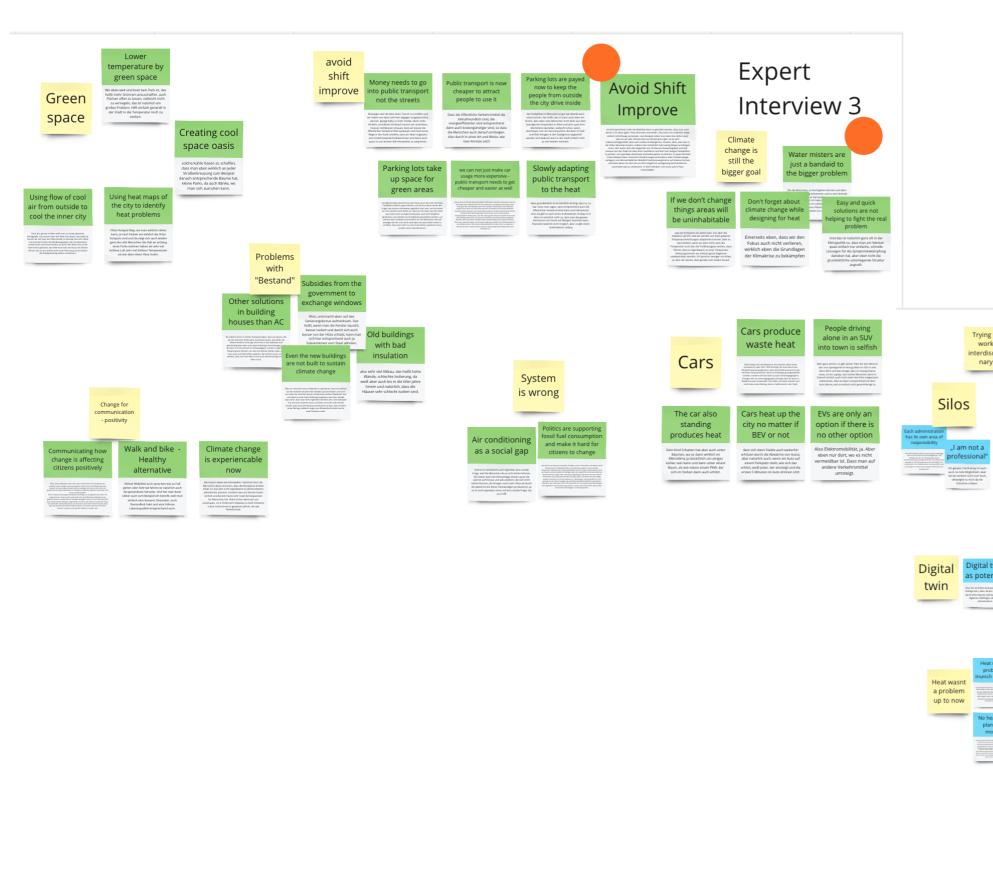
Heat - Society & Health & Wellbeing

Mental health				
96 Droughts	Depressing - Parks get yellow	"UM and the rain was not falling for a lot of time last year, so most of the grass got like yellow in the	Interview4	#systemic
123 Climate change	No Climate anxiety	will die by the time it becomes a very big problem."	Interview4	#fear
85 Climate change	Future anxiety	"Aber das war auch sehr munitions geladenes Gelände, wo da nicht so gelöscht werden konnte. Klau	Interview3	#fear
26 Future Car	Set my mind at ease	"Yeah. So this kind of well-being related topic I think underWhen it is extremely hot. I do have thos Interview1		#wellbeing
Wealth gap				
107 Wealth gap	Trees in more affluent areas	"more affluent neighborhoods have more trees and poorer neighborhoods have less."	Interview4	#wealthgap
176 Social problems	Cost of living crisis	seen advertised and some of my local notice boards, as you know, for old people especially like,	Interview7	#wealthgap
178 Neighbour support	Poorer elderly people use public space	keep warm in shared space, especially old people.	Interview7	#wealthgap
Skin cancer				
144 UV raise	Protecting your skin	sunscreen."	Interview6	#health
146 UV raise	Skin checks for skin cancer	that a lot of people do, yeah.	Interview6	#health
Dehydration				
132 Heat emergencies	People on trails with heat stroke	"They do rescue people all the time for heat stroke.	Interview5	#health
142 Heat extremes	Robot tells people to drink	though.The heat?Because of the heat only. Umm.Yeah, I just heard on the radio that I have like this	Interview5	#health
Insects / Mosquitos and	diseases			
150 Malaria	Malaria in SA	and from it and people die sometimes.I OK malaria.So at least we don't have that.	Interview6	#health

149 Mosquitos	Mosquitos are annoying	and then really itchy afterwards. Yeah, summer is quite challenging.	nterview6	#mosquitos
Life threat 39 Evacuation	Wildfires mitigation	fires as soon as possible because, like where I live locally in my neighborhood, we've had in the last Interest in	nterview2	#systemic
Exhaustion				
2 Exercise	Hot as part of the exercise	"Like super, super hot? I promise I'll stay inside. Or like sometimes I do go against my rule just beca In	nterview1	#exercise
131 Heat as training	Exercising in heat	you know, I kind of like it though.	nterview5	#exercise
158 Heat schedule	Lower energy with heat	that I feel or can't do."	nterview6	#health
161 Heat schedule	Schedule exercise around heat	around it."	nterview6	#exercise

D) EXPERT CODING





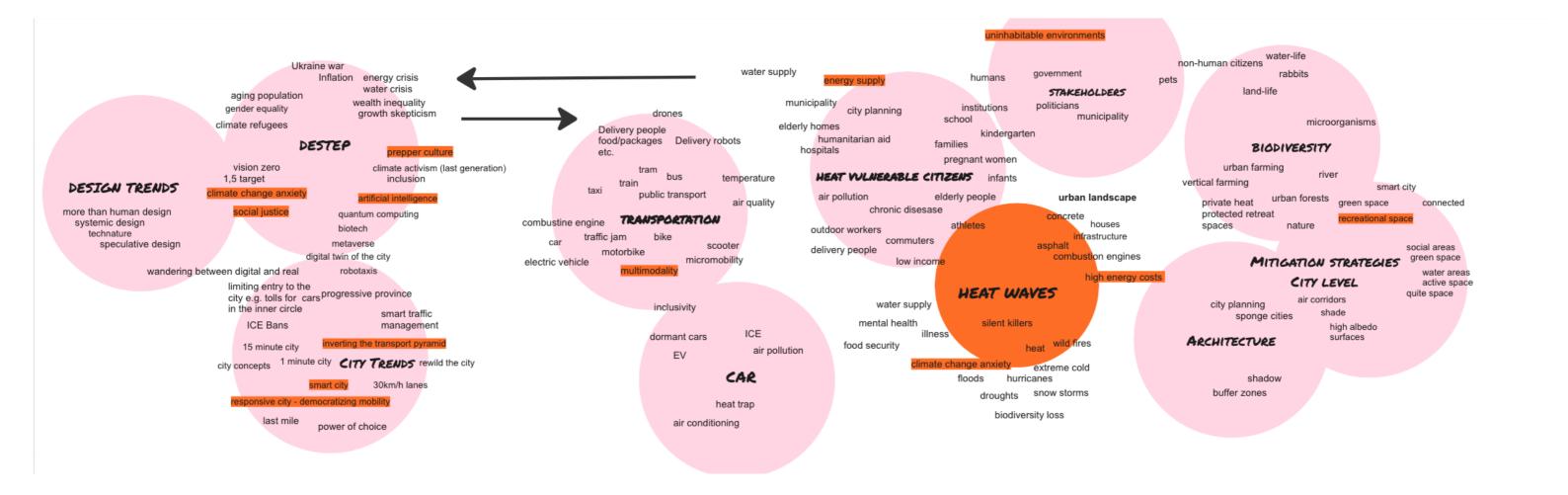


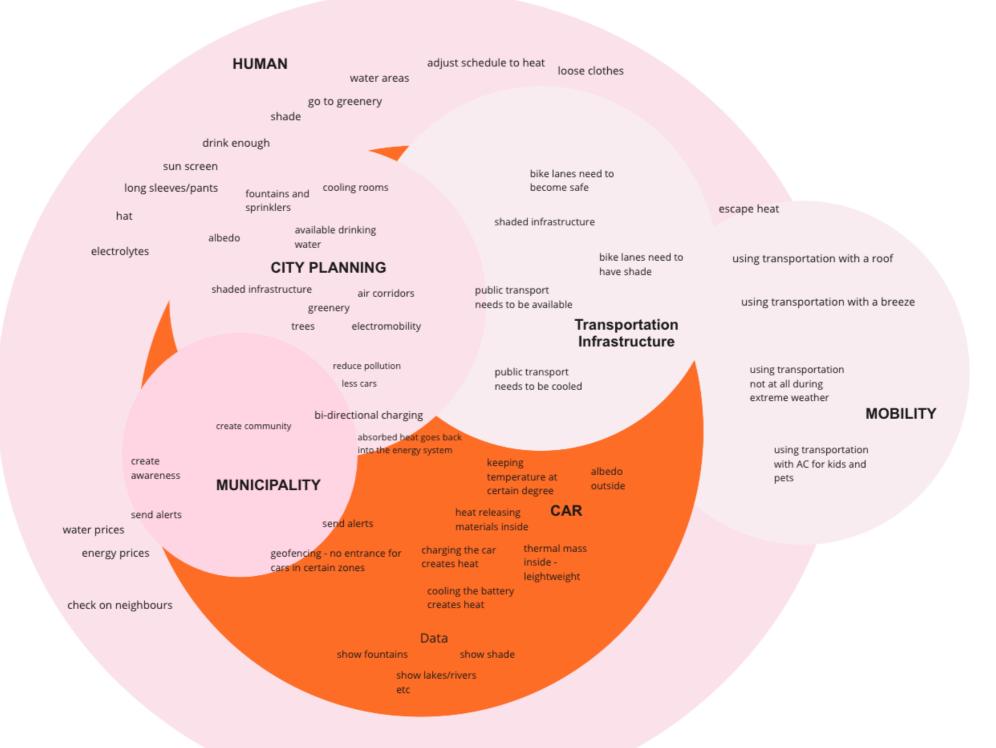
E) DESIGN PROCESS

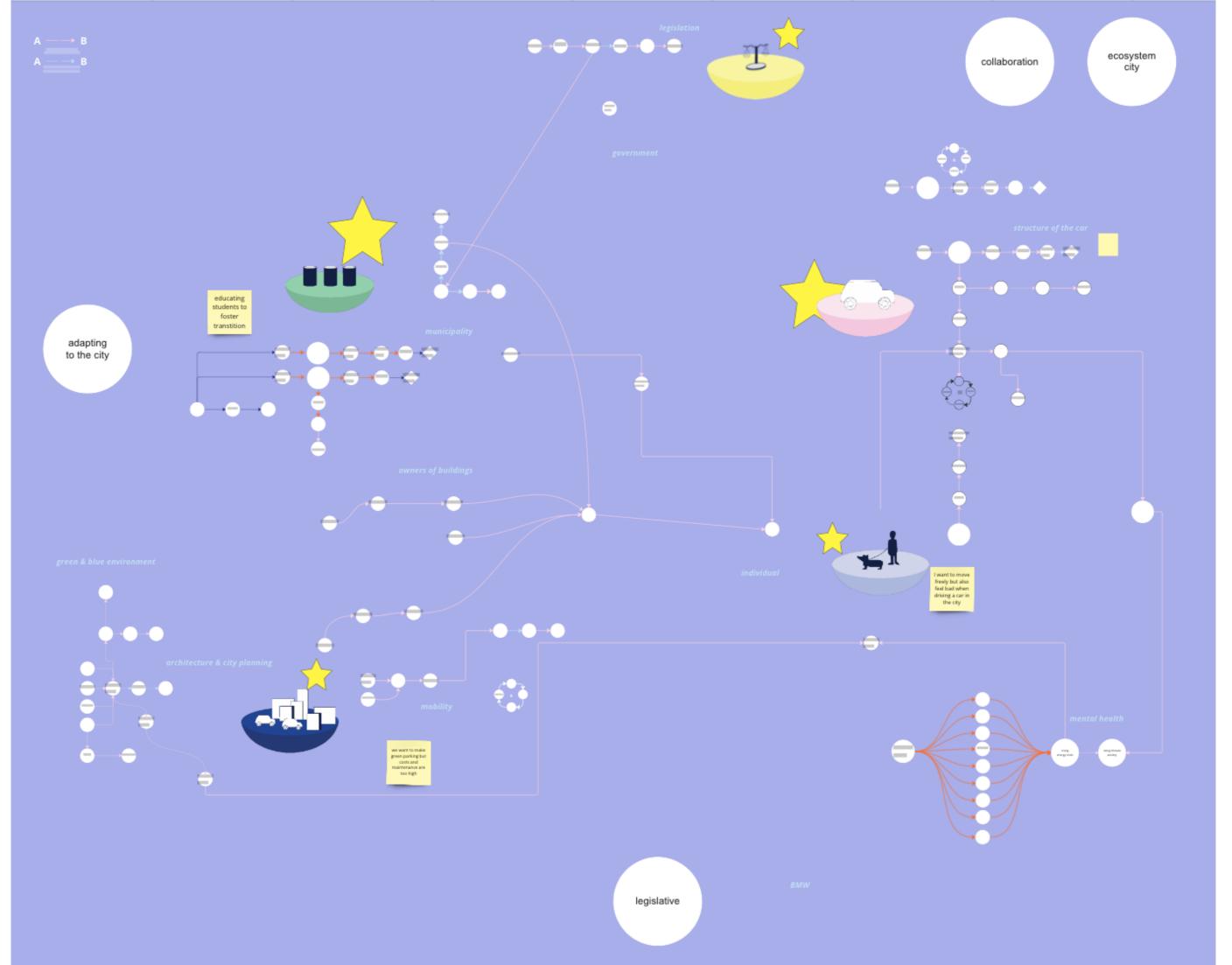




F) DIFFERENT STAGES OF THE SYSTEM MAPPING







G) REFRAMING



H) BOOKLETS

ABOUT MEATWAVES









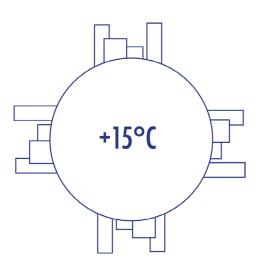








As global warming increases, heat is not the only problem. Extreme weather changes such as floods, droughts, extreme wind, fire but also extreme cold and humidity can come along climate change as well. Additionally energy prices, wealth gaps and mental health problems are rising too.

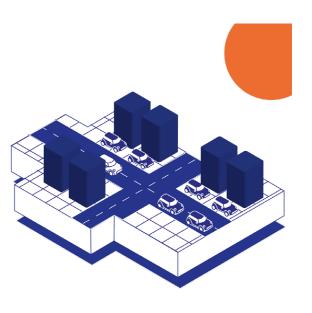


The heat island effect means that within cities the temperatures can be higher than 15°C in comparison to temperatures outside the city.

The heat creation in the city is caused by the urban environment of the cities with less vegetation and evaporation.

Dark surfaces with less albedo such as asphalt and concrete trap additional heat.

Anthropogenic heat such as emissions of vehicles add to the urban climate. To cool down the city with air conditioning, more energy is required, which adds up to the warming of the urban landscape and creates a reinforcing loop.



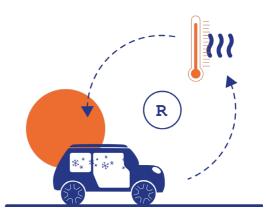


Tall buildings can block the flow of wind and the emission of thermal energy, which would otherwise accelerate evaporation. To mitigate the heat, cool corridors with lots of trees, greenery and water are created. Additionally surfaces that reflect sunlight instead of absorbing heat are further improvements. Furthermore renewable energy is a sustainable opportunity for energy efficiency.

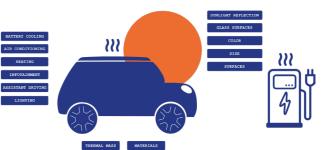


To create more space for trees and water areas, the city infrastruture needs to change to gain more space. This is why cities are making efforts to have less emission but also more space by less individual transportation in the city centre. Multimodal opportunities offer a variety of emissionfree, shared and collective systems. Such as biking, public transport and shared driving.

When heat rises in the city, not only air conditioning in housing rises but also in cars, which leads to more anthropogenic heat creation, and this again leads to higher temperatures in the city – coming back to the drivers cooling their cars even more.



Not only air conditioning lead to heat creation in the car. Other factors are: Sunlight reflection, color, size, glass surfaces, surface structure and materials, thermal mass, battery cooling, air conditioning, heating, infotainment, assistant driving, lighting. External sources such as charging stations should be considered as well.



WHAT
CAN WE
DO ABOUT
OT?

A transition of MINI towards an ecosystem mindset and active contribution to the fight against urban heat waves is recommended to transform the mindset of users and citizens. The democratization of mobility through collaboration with city governments, citizens, and relevant stakeholders to determine the optimal vehicle solutions is recommended, because there is no one-size-fits-all solution.









RAISE **AWARENESS**

In the first horizon it is important to create awareness of the impact of cars as part of the heat island effect in the city. Therefore, educating passengers about the additional heat they are creating and informing about opportunities and alternatives is essential. Furthermore, it is an opportunity to make climate change personal, urgent and local and make people care.

















SYNCHRONISING

STRATEGIES

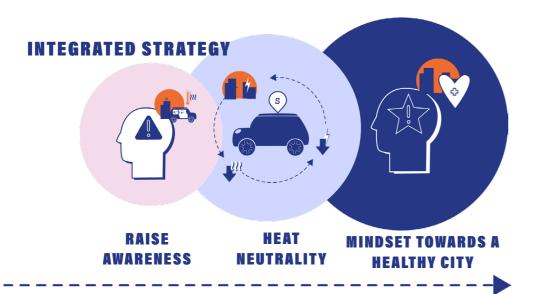
PARKING ALTERNATIVES **OUTSIDE THE CENTRE**





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Aligning the MINI Strategy to the City Strategy towards a healthy city.

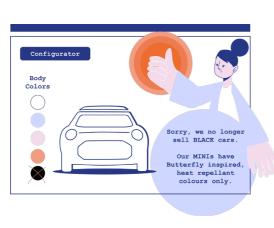


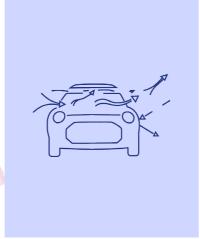
It is 42°C outside. Your Infotainment system heats up the temperature of your car and the sur-rounding additionally. Click no, if you do not

PRODUCTS TOWARDS HEAT NEUTRALITY

In Horizon two it is proposed that MINI adapts the vehicle development to the changing climate and increasing heat. The Vehicles allowed in the city on high risk days are designed in a way, that technology no longer adds to the heat island effect and become heat neutral or even heat negative vehicles. All vehicle components are designed to lower heat creation and the cabin greenhouse effect.







MINDSET TOWARDS A HEALTHY CITY

The most transformative step revolutionizes consumer thinking and encourages a mindset shift towards a concept where individuals gain mobility access in exchange for contributing to society. With an app, contributions to the city ecosystem and social impact can be monitored. This transformative appraoch seeks to not only address urban heat but also make a substantial contribution to the broader city ecosystem.





Different factors in the car lead to a rise in cabin temperature: Sunlight reflection, color, size, glass surfaces, surface structure and materials, thermal mass, battery cooling, air conditioning, heating, infotainment, assistant driving, lighting. External sources such as charging stations should be considered as well.



LET'S ALK ABOUT 30LUTIONS

I) PROJECT BRIEF





IDE Master Graduation

Project team, Procedural checks and personal Project brief

This document contains the agreements made between student and supervisory team about the student's IDE Master Graduation Project. This document can also include the involvement of an external organisation, however, it does not cover any legal employment relationship that the student and the client (might) agree upon. Next to that, this document facilitates the required procedural checks. In this document:

- The student defines the team, what he/she is going to do/deliver and how that will come about.
- SSC E&SA (Shared Service Center, Education & Student Affairs) reports on the student's registration and study progress.
- IDE's Board of Examiners confirms if the student is allowed to start the Graduation Project.

USE ADOBE ACROBAT READER TO OPEN, EDIT AND SAVE THIS DOCUMENT

Download again and reopen in case you tried other software, such as Preview (Mac) or a webbrowser.

THEFT	C DATA O L	LACTED DI	DOCDAMME
SIUDENI	ILJAIA & N	ASIER PI	ROGRAMME

Save this form according the format "IDE Master Graduation Project Brief_familyname_firstname_studentnumber_dd-mm-yyyy".

Complete all blue parts of the form and include the approved Project Brief in your Graduation Report as Appendix 1!

8		

family name initials	Roth JR given name Jutta	Your master program IDE master(s):	nme (only select the options that apply to you): IPD Dfl SPD
student number		. 2 nd non-IDE master:	
street & no.		individual programme:	(give date of approval)
zipcode & city		honours programme:	Honours Programme Master
country		specialisation / annotation:	Medisign
phone			Tech. in Sustainable Design
email			Entrepeneurship

SUPERVISORY TEAM **

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Fill in the required data for the supervisory team members. Please check the instructions on the right

** chair ** mentor	Dr. Nazli Cila Dr. Euiyoung Kim	dept. / section: HCD dept. / section: DOS	Chair should request the IDE Board of Examiners for approval of a non-IDE mentor, including a motivation letter and c.v
2 nd mentor	Diana Kolbeck organisation: BMW Group		Second mentor only applies in case the
	organisation: BMW Group city: Munich	country: Germany	assignment is hosted by an external organisation.
comments (optional)			Ensure a heterogeneous team. In case you wish to include two team members from the same section, please explain why.

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Procedural Checks - IDE Master Graduation

APPROVAL PROJECT BRIEF

To be filled in by the chair of the supervisory team.

chair	 date	15	- 05	- 2023	_ signatu
					- 0

CHECK STUDY PROGRESS

To be filled in by the SSC E&SA (Shared Service Center, Education & Student Affairs), after approval of the project brief by the Chair. The study progress will be checked for a 2nd time just before the green light meeting.

Master electives no. of EC accumulated in total:	 EC
Of which, taking the conditional requirements into account, can be part of the exam programme	 EC
List of electives obtained before the third semester without approval of the BoE	

		YES	all 1st year master courses passed
)	NO	missing 1 st year master courses are:
\			

name	 date	17	- 05	- 2023	signatur

FORMAL APPROVAL GRADUATION PROJECT

To be filled in by the Board of Examiners of IDE TU Delft. Please check the supervisory team and study the parts of the brief marked **. Next, please assess, (dis)approve and sign this Project Brief, by using the criteria below.

- Does the project fit within the (MSc)-programme of the student (taking into account, if described, the activities done next to the obligatory MSc specific courses)?
- Is the level of the project challenging enough for a MSc IDE graduating student?
- Is the project expected to be doable within 100 working days/20 weeks?
- Does the composition of the supervisory team comply with the regulations and fit the assignment?

Content:	APPROVED	NOT APPROVED
Procedure:	APPROVED	NOT APPROVED
		comments

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name Monique von Morgen	date <u>30 - 05 - 2023</u>	signature	
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Title of Project Designing for the wellbeing of European heat wave affected citizens through technological advancement



Personal Project Brief - IDE Master Graduation

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TU	Delft

Designing for the wellbeing of European heat wave affected citizens through technological advancements in the mobility sector

project title

Please state the title of your graduation project (above) and the start date and end date (below). Keep the title compact and simple. Do not use abbreviations. The remainder of this document allows you to define and clarify your graduation project.

start date 11 - 05 - 2023

08 - 10 - 2023

end date

INTRODUCTION **

Please describe, the context of your project, and address the main stakeholders (interests) within this context in a concise yet complete manner. Who are involved, what do they value and how do they currently operate within the given context? What are the main opportunities and limitations you are currently aware of (cultural- and social norms, resources (time, money,...), technology, ...).

Headlines in April this year are worrisome "Spain bakes in summer-like heat and worries about what comes next" (Méheut, 2023). Estimations say that 70% of people will be living in cities by 2050 (Nations, 2018). With more severe and frequent heat waves, floods, droughts, biodiversity loss and air pollution the question arises how the urban environment needs to change to be bearable to live in. The challenges ahead on extreme urban heatwaves pressure transportation and lead not only to increased mortality rates (Kovats, 2006) but impact besides health, nature, economy and infrastructure.

Combustion engines are contributing to the heat island effect, which means that urban areas experience higher temperatures than surrounding rural areas. Electric cars reduce the amount of near-surface air temperature by up to 0.6°C (Mussetti et al., 2022) and air pollution in urban areas. Due to air conditioning and the higher use of electricity consumption, individual mobility is still contributing to environmental problems during heat waves. Individual transport is criticized in many ways as a part of the urban landscape, but is also needed to be inclusive, as for example for heat vulnerable citizens.

Heat waves are part of wicked problems we are facing, which ask us to design "entirely new sociotechnical systems" (Price, 2019). To understand the complexity that comes along heat waves - especially within the urban environment, methods such as systemic and things centered design are possible scenarios to understand the relationships between the agents.

As the values of society are changing towards a more responsible and sustainable future, brands such as BMW are asked to participate in the debate of future cities. This thesis aims to look at the well-being of citizens, the city and drivers during extreme heat waves from different angles. Moving from Design Strategy towards a Systemic Design approach.

References

Kovats, R. S. (2006). Heatwaves and public health in Europe. European Journal of Public Health, 16(6), 592-599. https://doi.org/10.1093/eurpub/ckl049 .

Méheut, C. (2023, April 28). New York Times. Retrieved from

https://www.nytimes.com/2023/04/28/world/europe/spain-heat-wave.html

Mussetti, G. D. (2022). Do Electric Vehicles Mitigate Urban Heat? The Case of a Tropical City. Frontiers in Environmental Science, 10. https://doi.org/10.3389/fenvs.

Nations, U. (2018, May 16). 68% of the world population projected to live in urban areas by 2050, says UN I UN DESA I United Nations Department of Economic and Social Affairs. United Nations I Department of Economic and Social Affairs. Retrieved from United Nations:

https://www.un.org/development/desa/en/news/population/2018-revision-of-world-urbanization-prospects.h

Price, R. B. (2019). Advancing Industry through Design: A Longitudinal Case Study of the Aviation Industry. https://doi.org/10.1016/j.sheji.2019.07.003. She Ji: The Journal of Design, Economics, and Innovation, 5(4), pp. 304-326.

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TO PLACE YOUR IMAGE IN THIS AREA:

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Title of Project Designing for the wellbeing of European heat wave affected citizens through technological advancement



Personal Project Brief - IDE Master Graduation

PROBLEM DEFINITION **

Limit and define the scope and solution space of your project to one that is manageable within one Master Graduation Project of 30 EC (= 20 full time weeks or 100 working days) and clearly indicate what issue(s) should be addressed in this project.

Cities and municipalities are working hard to find possible solutions for the effects of urban heat waves. But national policies in solitude can not bring change alone to tackle the complexity of the problems that we are facing. As the temperatures in european cities are still rising and heatwaves are already part of our summers, long term solutions need to be implemented. The infrastructure and mobility itself within cities is changing. We are moving towards smarter cities, which holds possibilities to bring upon change for extreme weather situations such as heat waves. As BMW is working towards a sustainable future, designing a strategy to tackle heat waves and the well-being of citizens is an opportunity for the mobility industry to engage and cooperate.

The problem is defined as:

How can technological advancements empower BMW to act upon the well-being of citizens and the city landscape of urban heatwaves?

ASSIGNMENT**

State in 2 or 3 sentences what you are going to research, design, create and / or generate, that will solve (part of) the issue(s) pointed out in "problem definition". Then illustrate this assignment by indicating what kind of solution you expect and / or aim to deliver, for instance: a product, a product-service combination, a strategy illustrated through product or product-service combination ideas, In case of a Specialisation and/or Annotation, make sure the assignment reflects this/these.

How can BMW use technological advancements to design for the well-being of citizens and heat vulnerable citizens?

Creating a vision for the 2035 BMW as part of a socio-technical and – cultural landscape. Aiming for a vision that looks at the wellbeing of citizens from several directions to design possible concepts for BMW to be an active participant in the changing urban environment.

Desk Research

First understand how heat waves affect the city landscape in Europe? How is extreme heat influencing humans and the city environment? Who are the current participants? How are cities changing in the future? Creating a system map.

Expert Interviews: Understanding future city concepts at the BMW Group. What are possible technological advancements in cars for the future.

2) Field Research

What are the needs of citizens during heat waves? In-depth interviews of 5 European heat vulnerable citizens of heat affected cities. Method - context mapping and cultural probe kits.

Create portraits of the interviewees how they live with their cars as citizens in cities affected by heat waves. What are the needs of non-humans during heat waves? Method - "Interview with things".

3) Design

Using technological advancements to improve citizens well-being not only within the car. Designing scenarios for future improvements how to help citizens during heat waves. Mitigating between what can and what should we do. Designing possible product-services for the citizens. Derive concepts for BMW in the city context to be an active participant in the changing urban environment.

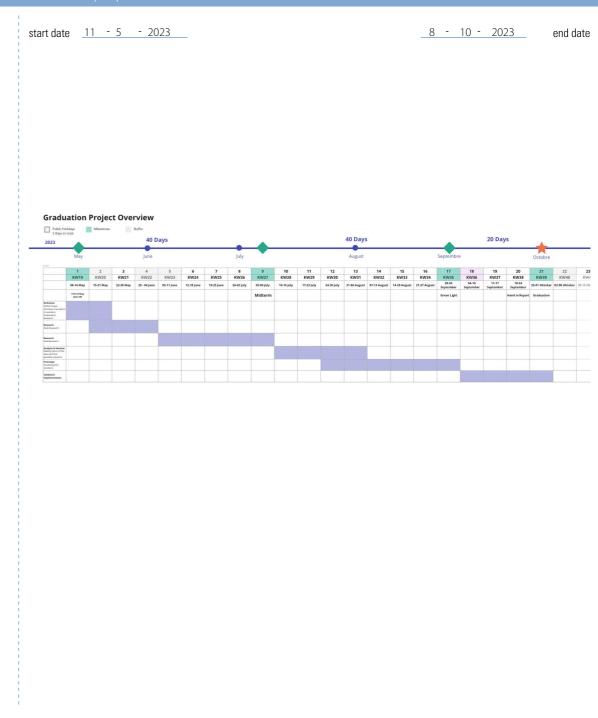
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PLANNING AND APPROACH **

Include a Gantt Chart (replace the example below - more examples can be found in Manual 2) that shows the different phases of you project, deliverables you have in mind, meetings, and how you plan to spend your time. Please note that all activities should fit within the given net time of 30 EC = 20 full time weeks or 100 working days, and your planning should include a kick-off meeting, mid-term meeting, green light meeting and graduation ceremony. Illustrate your Gantt Chart by, for instance, explaining your approach, and please indicate periods of part-time activities and/or periods of not spending time on your graduation project, if any, for instance because of holidays or parallel activities.



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MOTIVATION AND PERSONAL AMBITIONS

Explain why you set up this project, what competences you want to prove and learn. For example: acquired competences from your MSc programme, the elective semester, extra-curricular activities (etc.) and point out the competences you have yet developed. Optionally, describe which personal learning ambitions you explicitly want to address in this project, on top of the learning objectives of the Graduation Project, such as: in depth knowledge a on specific subject, broadening your competences or experimenting with a specific tool and/or methodology, Stick to no more than five ambitions.

As a german, my identity is highly intertwined with the mobility industry. Due to the environmental problems our planet is facing, the mobility sector is asked to redefine their identity to be part of a sustainable future. I am happy to be able to try and actively shape and understand possibilities for the transition. As much as working towards a sustainable future. Urban heat waves are affecting us right now and create problems that have not been given much attention for a long time. The urge of change can be felt directly and need to be addressed. This is a project to hopefully see that we can use design to find innovative solutions to complex problems.

This final project in my master is the possibility to put the knowledge to practice I have gained. It is my final personal project as a student which I want to enjoy and also fill my brain with knowledge and capabilities. I want to explore the changing design and technology landscape and use the opportunity to practice evolving design disciplines such as systemic and more than human design. Furthermore I want to showcase my strategy capabilities and develop my storytelling and sketching skills. A final icing on the cake would be, if I can inspire BMW in any way.

FINAL COMMENTS

n case your project brief needs final comments, please add any information you think is relevant.

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