

**Individual and Synergetic Effects of Transit Service Improvement Strategies  
Simulation and Validation**

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# 1 INDIVIDUAL AND SYNERGETIC EFFECTS OF 2 TRANSIT SERVICE IMPROVEMENT STRATEGIES – 3 SIMULATION AND VALIDATION

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## 14 ABSTRACT

15 Assessment of transit service improvements such as bus lanes, allowing boarding through all  
16 doors and headway-based holding control requires detailed simulation capabilities. However, as  
17 the usage of models advanced enough to simultaneously analyse physical and operational  
18 measures has been limited, their validity has hitherto remained low. This paper assesses the  
19 implementation of several bus service improvement measures in a simulation model, BusMezzo.  
20 We analyse the impact of isolated and combinations of measures, and validate the model using  
21 field experiment data. The model predicted travel time improvements accurately (1-2%  
22 difference), while overestimating some of the headway variability effects. The three tested  
23 measures exercised negative synergy effects with their combined effect being smaller than the  
24 sum of their marginal contributions, except for headway-based holding which exercised positive  
25 synergy effects with the two other measures.

## 26 INTRODUCTION

27 Improving an existing bus service can be a cost and space efficient alternative to new rail or Bus  
28 Rapid Transit (BRT) investments (BHLS 2011). Many of the BRT concepts (e.g., bus lanes,  
29 boarding through all doors and frequent services) can be introduced partially or fully even if  
30 infrastructure for completely traffic separated public transport is not available.

31 The two most important determinants of service performance are speed and reliability (Bates et  
32 al. 2010). These service attributes determine the average and variability of passenger travel  
33 time, respectively. Improvement strategies are therefore designed to reduce potential delays  
34 and sources of uncertainty and typically address both aspects simultaneously.

35 Transit travel times consist of running times between stops and dwell times at stops. Turnquist  
36 (1981) analysed four strategies for improving transit service reliability; vehicle-holding  
37 strategies, reducing the number of stops made by each bus, signal preemption, and provision of  
38 exclusive right-of-way, while van Oort and van Nes (2009) performed a case study analysis of  
39 the relationship between transit network design and regularity for tram lines using a limited  
40 simulation tool (simulating arrival and departure time of individual vehicles, but lacking  
41 representation of passengers or operations control). In both cases a main conclusion was that  
42 achieving even headways between consecutive vehicles is a key factor in attaining a high level of  
43 service.

44 One of the common practices aimed to improve service reliability is holding control strategies  
45 (Osuna and Newell 1972). Van Oort et al. (2010) used a simulation model to analyse a real line  
46 and several hypothetical lines and found that with two holding points schedule-based holding  
47 outperformed headway-based holding in terms of additional travel time. However, they  
48 assumed a slow schedule and little travelling across the holding points. Based on simulation and  
49 empirical results, Cats et al. (2012) concluded that a control strategy that regulates departures  
50 from all stops on the basis of the headways of the preceding bus and the following bus can

51 improve service performance considerably from both passenger and operator perspectives.  
52 Conditional priority at traffic lights was studied in an experiment by Furth and Muller (2000).  
53 Introduction of dedicated bus lanes has been studied extensively and with good results,  
54 theoretically (Vuchic 1981), empirically (e.g., Schwartz et al. 1982 and Shalaby and Soberman  
55 1994) and with the aid of simulation models (e.g., Shalaby 1999). These findings suggest that  
56 replacing mixed traffic lanes with dedicated bus lanes effectively reduce bus travel time and  
57 variability, while in some cases only with a minor negative effect on car travel times. For  
58 example, Schwartz et al. (1982) found that during peak-hour, bus speed increased by 83% and  
59 bus reliability increased by 57 percent while traffic speed on the relevant street increased by 10  
60 percent. In contrast, Diab and El-Geneidy (2013) found that while the operation of an exclusive  
61 bus lane had a modest effect on reducing bus running time by 2.7%, travel time variability  
62 increased by 0.5% due to the effect of right turning vehicles. Their study analysed empirically a  
63 mix of measures to improve transit performance in Montreal using automated vehicle location  
64 (AVL) and automated passenger counts (APC) data with a focus on reliability. Neves (2006)  
65 offers a good overview of the advances in the dedicated bus lanes domain.

66 Dwell times account for a sizeable share of the total travel time. Bertini and El-Geneidy (2004)  
67 estimated that the total time lost due to serving stops is 33% of the total travel time for urban  
68 services, of which half is attributed to passenger service time per-se. Furthermore, dwell time is  
69 an important source of unreliability as it causes high variability with a coefficient of variation in  
70 the range of 0.6 to 0.8 (TCQSM, 2013). The effects of for instance changing the boarding  
71 procedure are not limited to trip travel time but also influence service regularity. The  
72 relationship between a change in the boarding procedure and passenger travel time is therefore  
73 not straightforward for high frequency bus services. Vuchic (1969) developed a deterministic  
74 model to show that even the smallest disturbances inevitably lead to bunching. According to  
75 Vuchic, the most effective way to deal with bunching is to reduce boarding times. Diab and El-

76 Geneidy (2013) found that the introduction of a new fare collection system increased bus  
77 running time by 3.8% and increased running time variation by 0.7 %.

78 Expressing dwell time as a function of different parameters such as door configuration, vehicle  
79 design and crowding level has been the target for numerous studies (e.g. Weidmann 1994 and  
80 Tirachini 2013). The fare payment system also affects the service time. A study in Chicago  
81 (Milkovits 2008) estimated boarding times of 3.1 seconds per passenger for smart card holders  
82 and 4.2 for swipe cards on low-floor buses. Dwell time is generally assumed to be shorter and  
83 more reliable when boarding is allowed through all doors than when only allowed through the  
84 front door (Sundberg and Peterson 1989). Fernández et al. (2010) showed in a laboratory  
85 experiment that boarding time on low-floor buses was only 1.5 seconds with free boarding, and  
86 1.7 seconds with smart cards. However, the same study showed that in real life data from  
87 Santiago de Chile, boarding with a combination of smart card ticket verification and free  
88 boarding took 2.1 seconds.

89 A dwell time model is not sufficient in order to observe the full impact of a changed boarding  
90 regime, as the severity of bunching problems will be different with different boarding regimes. It  
91 is also important to take into consideration that the performance of a transit line is influenced by  
92 the other traffic, including other transit lines (van Oort and van Nes 2009). Different services in  
93 terms of frequencies may co-exist and operate along the same corridor and many have studied  
94 the effects of this, starting from Chriqui and Robbillard (1975). However, previous studies  
95 usually ignore the fact that the lines might have different vehicle capacity, control and boarding  
96 regime, all affecting level of service (West 2011).

97 In this paper, the impact of three different transit service improvement measures which were  
98 implemented during a field experiment in Stockholm are evaluated using simulation. The  
99 detailed simulation model enables comparing the effects of the three measures in a way that  
100 would be difficult solely by analysing empirical data from the field experiment. As the usage of

101 such detailed models has been limited, their validity has hitherto been low. Empirical data from  
102 the field experiment enabled the validation of the traffic and operational features of the model.

## 103 MODELLING TRANSIT OPERATIONS

### 104 BACKGROUND

105 In the context of general traffic operations, simulation models asserted themselves as the  
106 primary tool for evaluation at the operational level. Due to the nature of transit systems in terms  
107 of size, complexity and dynamics – in particular with the implementation of Advanced Public  
108 Transport Systems - it is unrealistic to apply global analytical models to solve transit  
109 management problems. Transit simulations may serve several interests (Meignan et al. 2007):  
110 observation of network dynamics and design; evaluation and control of dynamic processes, and;  
111 evaluation of network performance under alternative designs. Transit simulation models may  
112 therefore be instrumental in testing the implications of various operational measures prior to  
113 their implementation.

114 Most of the previous transit simulation studies were conducted by adjusting traffic simulation  
115 models that do not represent transit operations or enhancing existing simulation models by  
116 extending their capabilities for specific applications (Abdelghany et al. 2006, Ding et al. 2001,  
117 Chang et al. 2003, Cortes et al. 2005). Fernandez (2010) developed a stop design and  
118 performance simulation model where the operations of the immediate stop area under different  
119 vehicle and passenger arrival patterns are analysed. Microscopic transit simulation models were  
120 also proposed by Morgan (2002) and Lee et al. (2005) for the purpose of evaluating transit  
121 signal priority strategies.

122 In all of the abovementioned studies, passenger and vehicle arrival processes were represented  
123 for a given line segment without considering their inter-dependency along the route. This  
124 prohibits the analysis of operational measures that may have effects that extend beyond a single

125 segment and may even influence other lines. Whilst MILATRAS (Wahba and Shalaby 2011) and  
126 MATSim (Gao et al. 2010) offer transit assignment simulation models, they lack transit  
127 operations modelling capabilities such as vehicle scheduling, control strategies and crowding  
128 effects. Nesheli and Ceder (2015) and Nesheli et al. (2016) implemented a control module in  
129 MATSim which allows testing combinations of three different tactics: holding, skipping stops and  
130 short turning. However, none of the abovementioned studies has tested model validity by  
131 contrasting its predictions with actual observations.

### 132 BUSMEZZO

133 BusMezzo, a dynamic transit operations and assignment model, was developed to enable the  
134 analysis and evaluation of transit performance and level of service under various system  
135 conditions (Cats 2013). The model represents the interactions between traffic dynamics, transit  
136 operations and traveller decisions. BusMezzo was implemented within a mesoscopic traffic  
137 simulation model and the different sources of transit operations uncertainty including traffic  
138 conditions, dwell times and service disruptions are modelled explicitly. BusMezzo represents  
139 vehicle schedules and hence the potential propagation of delays from previous trips. The  
140 representation of individual transit vehicles and their properties, traffic conditions, passenger  
141 flows and stop activity dynamics makes BusMezzo suitable for studying transit dynamics and  
142 the impacts of improvement strategies. The model was validated for its supply representation in  
143 a small case study in Tel Aviv (Toledo et al. 2010) and was applied for studying control  
144 strategies in Stockholm (Cats et al. 2012). However, the capability of the model to correctly  
145 assess the later remained unknown prior to field implementations that could offer empirical  
146 data to assess model validity.

147 Individual vehicles and travellers are modelled in BusMezzo, but not their second-by-second  
148 movements. The dynamic path choice model considers each traveller as an adaptive decision  
149 maker for which progress in the transit system consists of successive decisions that are based on  
150 the respective path alternatives and their anticipated downstream attributes. Travel decisions

151 are modelled within the framework of discrete random utility models. The simulation analysis in  
152 BusMezzo enables to assess the impact of individual operational measures on performance and  
153 passenger travel experience as well as the magnitude of unrealized potential improvements.

#### 154 DWELL TIME

155 Dwell time at stops can take different functional forms. In order to analyse different boarding  
156 regimes, adequate dwell time modelling is essential. Video recording of boarding and alighting in  
157 Stockholm and Gothenburg was used to calibrate and validate dwell time models in BusMezzo  
158 for articulated low-floor buses with three doors (West 2011). Two types of boarding regimes are  
159 modelled, boarding only through the front door with ticket inspection by the driver, and free  
160 boarding through all doors with no ticket validation. The bus doors in Stockholm and  
161 Gothenburg are relatively wide, but the passengers were observed to use them as only one door  
162 channel each.

163 Specification of suitable dwell time functions was based on the data collected and former  
164 experience. Previous studies (Dueker et al., 2004) have found a non-linear relationship between  
165 the numbers of boarding and alighting passengers and dwell time, but linearity was chosen in  
166 these models for simplicity. For boarding through only the front door this simplification is  
167 indeed motivated as service time for ticket inspection does not decrease with the number of  
168 passengers. For boarding through all doors however, service time per passenger can be assumed  
169 to decrease with the number of boarding and alighting passengers. This is roughly modelled by  
170 inserting a constant in the linear model; hence for very low numbers of boarding and alighting  
171 passengers the dwell time will be slightly overestimated. For high numbers of boarding and  
172 alighting passengers, a linear function fits collected data well and we found no significant  
173 second-order term. For the overall results, the impact of choosing a linear or a non-linear model  
174 is small; the difference in total dwell time between the two types of boarding regimes is  
175 substantially larger than the difference between different variants of them. The two main  
176 functions are:



$$DT_{Front} = \max(2.4r_b P_b, 0.94r_a P_a), \quad (1)$$

$$DT_{All} = 3.3 + 0.86r_b P_b + 0.49r_a P_a, \quad (2)$$

177 where  $P_b$  and  $P_a$  are the vehicle and stop specific number of boarding and alighting passengers  
 178 respectively.  $DT_{Front}$  denotes the dwell time in case boarding is possible only from the front  
 179 door whereas  $DT_{All}$  denotes the dwell time when allowing free boarding through all doors. The  
 180 crowding factor  $r$  based on the findings of Weidmann (1994) is applied in each case,

$$r = 1 + 0.75 \left( \frac{s}{c} \right)^2. \quad (3)$$

181 where  $s$  is the number of on-board standees and  $c$  is the standee capacity. For the boarding  
 182 process, the number of standees is an average of the number before the boarding starts (after  
 183 the number of alighting passengers has been subtracted) and after its completion. For the  
 184 alighting process, the number of standees is the number of through standees (i.e., the theoretical  
 185 number of standees after the alighting process but before the boarding process, as if they were  
 186 sequential).

187 Each stop could be defined as a potential time point stop implying that the holding strategy  
 188 under consideration determines the departure time based on the dynamic system conditions. In  
 189 order to analyse the impacts of holding strategies on transit performance, it is necessary to  
 190 model dynamically the interactions between passenger activity, transit operations and traffic  
 191 dynamics. An evaluation of different holding criteria (e.g., only with respect to the preceding  
 192 vehicle or to both the preceding and the succeeding vehicle) and number and location of time  
 193 point stops was previously conducted using BusMezzo (Cats et al. 2012). The holding strategies  
 194 were implemented in the model.

## 195 GENERALIZED TRAVEL TIME

196 Passenger travel experience in the assignment model is measured as perceived journey time  
 197 where waiting time is weighted twice as high as uncrowded in-vehicle time. Capacity constraints  
 198 are enforced so that passengers that are left behind have to wait for the next vehicle. Vehicle  
 199 specific on-board crowding affects boarding and alighting time as well as traveller journey time

200 perception. Crowded in-vehicle time is weighted higher than uncrowded in-vehicle time  
201 according to the multipliers suggested in a meta-analysis performed by Wardman and Whelan  
202 2011.

## 203 CASE STUDY: REAL-WORLD HIGH-DEMAND TRUNK LINE

204 Line 4 is the busiest and most frequent bus line in Stockholm, with more than 60,000 boarding  
205 passengers per day and 4-5 minutes headways during large parts of the day. The line traverses  
206 all major districts of Stockholm inner-city and connects major transfer stations to metro,  
207 commuter train, local trains and bus terminals. It is the most important line out of the four high-  
208 capacity trunk bus lines which operate in Stockholm inner-city and constitute the backbone of  
209 its bus network. These lines are marked differently and are actively branded as the blue lines  
210 which are designed to offer a high level of service. Boarding is allowed only through the front  
211 door, where tickets are inspected but not sold. The line alternates between dedicated bus lanes  
212 and regular city streets without grade separation. However, due to traffic conditions, the average  
213 commercial speed (origin to destination, including stop dwell time) of buses on trunk line 4 was  
214 merely 13 km/h during the rush hour in 2013. Additionally, delays and poor regularity  
215 persistently causes passengers to experience unpredictable waiting and travel times.

216 In order to improve the level-of-service on this cardinal bus line, a field experiment was initiated  
217 by Stockholm Municipality, Stockholm County and the bus operator, Keolis. The experiment  
218 included the implementation of a range of physical and operational measures on line 4 and took  
219 place in the spring of 2014, from March 17 to June 19. The most important of the improvement  
220 measures which were implemented simultaneously during the field experiment period are:

- 221 (1) introduction of bus lanes on some line sections (see figure 1);
- 222 (2) continuous operation and control based on regularity (even-headway control and  
223 control centre operations) and;

224 (3) boarding from the third door (an on-board conductor validated the ticket upon  
225 boarding).

226 Line 4 has previously been controlled through scheduled-based dispatching from six time point  
227 stops. In the operation and control measure, drivers were instead instructed to keep even  
228 headways to the preceding and successive buses by adjusting their speed or holding at stops  
229 according to a real-time indicator projected through the bus PC display.

230 While the initial objective was to test free boarding through all three doors, the implementation  
231 reflected a compromise among the stakeholders. The effect of this measure in the field  
232 experiment was further diminished by the fact that it was implemented only on one bus line and  
233 that it was not widely advertised. Many travellers were hence not aware of the possibility to  
234 board through the third door.

235 In addition, four stops (out of 31) were cancelled in order to increase bus speeds and obtain  
236 more balanced stop spacing (see figure 1). The direct dwell time effect of this measure can be  
237 directly calculated, as the increase in number of travellers on the other stops was logged.  
238 However, case study implementation does not allow detangling the traffic effects of this measure  
239 from the introduction of bus lanes. The bus operator estimates that bus trip time saving was  
240 approximately 30 seconds per cancelled stop, but a linear regression model of the stop-to-stop  
241 travel time shows no significant effect at all related to stop cancellation.

242 On significant portions of its route, line 4 runs in parallel to ordinary city buses that offer local  
243 accessibility. Previous research (West 2011) shows that regularity improvements (e.g., faster  
244 boarding and headway control) on one bus line can positively affect other bus lines as well.  
245 Other bus lines might in fact have either a positive effect on line 4 (relieving it) or a negative  
246 effect (inducing more congestion and bunching). These effects are however not simulated and  
247 quantified in this study.

## 248 OBSERVED RESULTS

249 An evaluation study compared AVL and APC records for the field experiment period with  
250 records for the corresponding period one year earlier. For a detailed description of the data  
251 available and its processing, the reader is referred to Fadaei and Cats (2016). Around 10% of the  
252 buses are equipped with APC, which log all boarding and alighting activity, while all buses are  
253 equipped with AVL, which records vehicle locations and run time between stops. Compared to  
254 before the field experiment, bus speeds for both line directions improved noticeably. During  
255 afternoon peak hour, the average inter-stop speed increased from 18.1 to 19.3 km/h for the  
256 northbound direction and 16.2 to 17.6 km/h for the southbound direction.

257 In total, the average complete trip time from the first stop to the last one during the afternoon  
258 peak period decreased by five minutes during the field experiment. Hence, the average complete  
259 trip cycle time during this period became ten minutes shorter. Moreover, fewer trips were  
260 exceedingly long and headway variability, measured in terms of the coefficient of variation,  
261 decreased by 28%. These improvements could potentially help the operator to cut the fleet size  
262 by two buses, from 27 to 25 buses. This calculation is based on maintaining the current planned  
263 headway. Alternatively, the same fleet could be used for offering a higher frequency.

## 264 SIMULATION SETUP

265 The pilot study constituted a perfect opportunity to evaluate the joint impacts of these  
266 measures. However, their simultaneous introduction does not allow drawing conclusions on  
267 their isolated effects and marginal contributions to overall change in performance. We thus used  
268 the bus simulation model to model the impact of isolated and combination of measures, whereas  
269 we verified the scenario with all measures combined using the AVL and APC data collected  
270 during the field experiment period. The analysis covers weekday afternoons 15:00 – 18:00. We  
271 fitted observed run time data for each inter-stop from before (2013) and after (2014) to a  
272 shifted lognormal distribution and estimated the demand for before and after cases based on  
273 iterative proportional fitting of the empirically logged total boarding and alighting margins per

274 stop, which were obtained from APC. Overall, observed passenger demand levels remained the  
275 same during the before and after periods, but travellers switched from the cancelled stops to  
276 adjacent stops. In the direction towards Radiohuset, the number of boarding passengers per bus  
277 trip were on average 165 before and 167 after (1% change). In the direction towards  
278 Gullmarsplan, the number of boarding passengers were on average 201 before and 196 after (-  
279 3% change). The largest change for an individual stop was a drop in alighting passengers from  
280 13 to 9 at Odenplan. All other numbers stayed within +/-3 from before to after (including stops  
281 with up to 26-27 boarding or alighting passengers). All the cancelled stops had three or less  
282 boarding and four or less alighting passengers on average.

283 The model simulates traveller arrival at each stop assuming a Poisson generation process. The  
284 simulated waiting time is then the time each passenger stays at the stop from his or her own  
285 arrival until the next vehicle arrives in the simulation.

## 286 SCENARIO DESIGN

287 The simulation model was used for assessing the impact of each of the main measures on the  
288 overall performance. The physical measures - additional bus lanes and stop cancellation - were  
289 assessed as a whole through their impact on bus running time. In addition, the operational  
290 measures included two distinct interventions - allowing boarding from the third door and even-  
291 headway holding control. Both measures are expected to influence dwell times, passenger  
292 volumes and service reliability. A simulation study of the even-headway control led to a series of  
293 field experiments as described in Cats (2014). Following these developments, the field  
294 experiment reported in this paper was devised and rolled out. Each time a bus is ready to depart  
295 from a time point stop in the simulation model, it triggers the holding control. The simulated bus  
296 line is controlled either through scheduled-based dispatching from the six time point stops  
297 defined along line 4 or by maintaining even headways to the preceding and successive buses by  
298 allowing buses to hold at each stop. The control strategy implementation accounts for the AVL  
299 transmission and bus PC display (Cats et al. 2012).

300 Simulation scenarios were therefore designed for assessing the impact of each measure if  
301 introduced independently. Table 1 summarizes the scenario design and indicates the different  
302 measures that were considered in each scenario.

303 The simulation model enables the assessment of the potential benefits of truly allowing boarding  
304 from all doors without ticket inspection. In order to reflect the field experiment adequately in  
305 the 2014 scenario, the dwell time function was modified to reflect the actual implementation.  
306 Ticket inspection is estimated to increase boarding time by one second per passenger compared  
307 to boarding without ticket inspection and the number of door channels available for  
308 boarding/alighting has a diminishing effect on total service time (doubling the number of door  
309 channels decreases service time by 40%).

310 The impact of the construction works that occurred on the bridge, Lilla Västerbron, in one  
311 direction 2013 and in the other direction 2014 was also analysed. By removing this effect from  
312 the construction work in the simulation model, the effect of the improvement measures could be  
313 identified. Furthermore, a number of combinations of the scenarios were analysed to enable  
314 studying their interactions.

## 315 SIMULATION RESULTS

316 The total dwell time, total bus trip time, service regularity and total passenger travel time for  
317 each scenario are presented in table 2. Dwell time is important in itself but is also a key  
318 determinant of regularity and therefore of both passenger waiting time and in-vehicle travel  
319 time. Total trip time and its variability are the most important determinants of fleet size and  
320 hence the operational costs associated with provisioning a given service frequency.

321 By splitting the different measures into multiple simulation scenarios, we concluded that of the  
322 saved vehicle travel time minutes, five were because of the street measures (bus lanes) and  
323 removed stops, while free boarding through all doors would have decreased it by four minutes.

324 Together with the street measures and removed stops this would save eight minutes average  
325 trip travel time.

326 While the headway control does not yield any visible improvement compared to the base case in  
327 table 2, service regularity measured in terms of headway variation was improved (see figure 2).  
328 Although this improved regularity shortened waiting time for passengers on average by 30  
329 seconds, the headway holding caused an increased in-vehicle travel time that cancelled out the  
330 time saving. However, the simulation scenario (“All”) which combines headway control with  
331 reduced run time and boarding all doors obtained small travel time improvements compared to  
332 implementing these measures without headway control. So there are indications of synergy  
333 effects between headway control and other measures improving regularity, which is the same  
334 result as West (2011) obtained. When combining all measures, however, the effect is lower than  
335 the sum of their marginal contributions.

336 For trunk line 4 the planned headway upon departure in the afternoon peak period is 4-5  
337 minutes. However, the actual headway between consecutive trips varies considerably from one  
338 bus to the other. In the extremes, this leads to the bunching phenomenon where buses run in  
339 platoons which has negative implications on passengers waiting times, capacity utilization and  
340 operational reliability. Improving service regularity was therefore one of the main objectives of  
341 the pilot study. The after period shows a significant improvement in service regularity (see  
342 figure 2) and fewer incidents of bus bunching.

343 The simulation model enables the analysis of individual passenger travel experience and the  
344 respective travel time components and on-board crowding. According to simulation results,  
345 every traveller on line 4 saved seven minutes generalized travel cost (perceived journey time) in  
346 the field experiment (compared to the before period), which is 20% of their total generalized  
347 travel time (see figure 3). The average crowding multiplier decreased from 1.22 in the before  
348 period to 1.17 in the after period. This means that on average the load was a bit above seat  
349 capacity in both periods, but due to better regularity in the after period, fewer passengers were

350 forced to stand or sit in an overcrowded bus. The removed stops affected 4% of the passengers.  
351 For an affected passenger, stop removal increased the walking distance by 100-150 metres,  
352 which means that walk time for all passengers on average increased by less than 5 seconds.

353 Waiting time decreased the most in relative terms due to better regularity, by 35% (one and a  
354 half minute or three minutes expressed as equivalent in-vehicle time) with all measures  
355 combined. Total in-vehicle riding time decreased by two minutes, even though the time  
356 passengers spent in vehicles that were holding increased by 20 seconds due to the headway  
357 based holding strategy. Out of almost six minutes of observed travel time savings, one minute is  
358 attributed to the changes in boarding regime, whereas physical street measures and removed  
359 stops account for a reduction of almost five minutes. Headway based holding did not have a  
360 significant effect on average travel time. Free boarding through all doors would decrease total  
361 perceived journey time by 12% (three minutes per passenger) when compared to front door  
362 boarding.

363 In summary, the pilot study improved the level-of-service while at the same time obtaining  
364 greater operational certainty, leading to substantial passenger time savings and operational  
365 benefits. The simulation results suggest that improved regularity and fewer bunching led to a  
366 25 per cent reduction in passenger waiting times. In addition, improved regularity resulted with  
367 a more even passenger loads. Approximately half of the regularity improvements are attributed  
368 to the headway-based holding. However, the potential benefits from changing the boarding  
369 regime have hardly materialized in the field experiment.

370 Based on a comprehensive analysis of empirical and simulation data we estimate that each  
371 passenger saved four minutes perceived journey time (15 per cent of the total travel time) in the  
372 pilot study.



## 373 MODEL VALIDITY

374 We compared the base scenario (2013) and the field experiment scenario (2014) to AVL data  
375 from these periods and the simulation model proved to predict the trip travel time result of the  
376 field experiment well, as shown in table 3. The model overestimates travel time by 1-2% in both  
377 directions, both for 2013 and 2014, when looking at completed trips. Figure 4 shows that the  
378 model predicts bus trajectories accurately. Since inter-stop travel time in the model is based  
379 directly on the AVL data in question, the comparison of total trip travel time primarily confirms  
380 the validity of the dwell time model (which is calibrated based on boarding and alighting data  
381 from stops along the same bus route and similar stops). Hence the results from the analysis of  
382 boarding regimes seem robust. The headway control module has been validated in several  
383 earlier studies (Cats et al. 2012).

384 The headway variability depicted in figure 5 is clearly overestimated in the model for the before  
385 period, while yielding more accurate outputs for the after period. A possible reason is that  
386 drivers in reality adjust their speed between time point stops to achieve more even headways  
387 even when this is not part of the strategy endorsed by the operator. Previous studies (Lin and  
388 Bertini, Cats et al. 2012) found based on empirical and statistical analysis of vehicle positioning  
389 data that drivers adjust their speed along the route to improve transit performance. There is a  
390 noticeable difference between the simulated and observed headway variability in the first few  
391 stops. In the simulation, buses follow the schedule when dispatching from the terminal, subject  
392 to vehicle availability constraints. In reality, however, bus drivers may not perfectly adhere to  
393 this dispatching regime, inducing imperfect headways from the start of the trip.

394 The model simulates traveller arrival at each stop assuming a Poisson generation process and  
395 waiting time for each traveller is calculated as the time between his or her arrival and the next  
396 simulated vehicle arrival. If waiting time gains instead are calculated from observed vehicle  
397 arrivals (but maintaining the hypothesis that traveller arrival is a Poisson process), the sum is  
398 roughly half as large. The results of this study suggest that the simulated gains in dwell time and

399 riding times are robust while the simulated waiting time gains are overestimated by a factor of  
400 two due to the overestimation of the difference in headway variations. Hence, we estimate that  
401 each passenger saved four minutes of travel time on average during the field experiment period.

## 402 CONCLUSION

403 Simulation models enable to test the impacts of transit improvement strategies prior to their  
404 implementation and thus support their design. The individual as well as combined impact of  
405 several measures was evaluated in this study using BusMezzo, a dynamic transit operations and  
406 assignment model. Vehicle trip time and passenger travel time improvements from each  
407 measure were estimated and the model accuracy was validated. The model slightly  
408 overestimates travel times by 1-2% when looking at completed trips.

409 Our findings indicate that all three tested measures (boarding through all doors, headway-based  
410 holding and bus lanes) had an overall positive impact on service performance. The impact of  
411 boarding through all doors (6% reduction of bus trip time for the simulated full-scale scenario  
412 and 2% from the less successful third-door boarding pilot) can be compared to previous studies  
413 where the travel time reduction was calculated using linear regression. For instance, Diab and  
414 El-Geneidy (2013) found that boarding from the third door in Montreal decreased bus trip time  
415 by 2%.

416 The three tested measures exercised negative synergy effects with their combined effect being  
417 smaller than the sum of their marginal contributions, except for headway-based holding which  
418 exercised positive synergy effects with the two other measures. It is therefore advisable to  
419 simulate alternative measures prior to their implementation to assess their impacts and refine  
420 their design. These measures are relatively cheap compared to investments in new transit  
421 infrastructure and large societal gains can therefore be achieved by their implementation. While  
422 the simulation model has been implemented in the past to evaluate investments in large-scale

423 networks (e.g. Cats et al. 2016, Jenelius and Cats 2016), the scalability of the results reported in  
424 this study can also be tested in the future using a large-scale case study.

425 Following its experience with the headway-based control during the field experiment, the bus  
426 operator has decided to continue using it for service operations and control. Cats (2014)  
427 outlined recommendations for alternative incentive schemes and business models that could be  
428 deployed to promote regularity-driven operations.

429 Allowing free boarding through all doors can be beneficial for the operator, even when  
430 accounting for the increased fare evasion, if ridership increases as an effect. Allowing free  
431 boarding through all doors makes it possible to either use larger vehicles or to increase  
432 frequency while maintaining regularity. The conclusion is that it could be economically  
433 beneficial for the operator to allow free boarding through all doors on line 4 in Stockholm and on  
434 comparable bus lines elsewhere.

435 The model validity examination performed in this study demonstrates that the simulation  
436 model, BusMezzo, was able to reproduce key phenomena such as vehicle trajectories, bus  
437 bunching and dwell time variations for different boarding regimes. Notwithstanding, the results  
438 suggest that driver behaviour aspects such as dispatching from the first stop and speed  
439 adjustments between stops play an important role that is unexplained by the model. Further  
440 empirical investigation will be required to adequately capture these behavioural aspects.

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534 **FIGURES**

- 535 **Fig. 1.** Line 4 and the physical measures implemented during the trial period  
536 **Fig. 2.** Headway coefficient of variation of the headway along the R-G direction  
537 **Fig. 3.** Average passenger generalized travel cost components under selected scenarios  
538 **Fig. 4.** Headway coefficient of variation of the headway along the R-G direction

539 **Table 1.** Scenario design summary

Scenario	Stops cancelled	Physical road measures	Even-headway control	Free boarding	Construction work on L:a Västerbron
Base 2013					
Reduced run time	X	X			
Headway control			X		
Board all doors				X	
Red. run + board all	X	X		X	
All	X	X	X	X	
Scenario 2014	X	X	X	X*	X**

540 \*) The 2014 scenario was simulated both with the boarding regime that was used during the field experiment and  
 541 with free boarding through all doors

542 \*\*) The 2014 scenario was simulated with the effects of the construction works on Lilla Västerbron for  
 543 validation purposes

544 **Table 2.** Summary simulation scenario results (in minutes)

Scenario	Total dwell time	Total bus trip time	Trip time st. dev.	Pass. general. travel time
Base case	15	61	5	27
Reduced run time	14 (-7%)	56 (-7%)	4	22 (-17%)
Headway control	15 (-0%)	61 (-0%)	5	27 (-0%)
Board all doors	13 (-16%)	57 (-6%)	4	24 (-12%)
Red. run + board all	13 (-18%)	54 (-11%)	3	20 (-26%)
All	12 (-23%)	53 (-13%)	3	20 (-28%)

545



546 **Table 3.** Comparison of observed and simulated trip time statistics (in minutes)

Direction		2013			2014		
		Trip time	St.dev.	90-perc	Trip time	St.dev.	90-perc
Observed	To Gullmarsplan	63.3	6.3	71.0	58.7	5.1	64.7
	To Radiohuset	56.4	3.6	60.8	53.0	3.4	57.2
Model	To Gullmarsplan	64.1	6.4	72.8	59.0	3.9	64.1
	To Radiohuset	57.5	3.4	62.4	54.2	3.5	58.6

547