



DESIGN FOR HAPPINESS IN A TRANSITION SPACE

APPENDIX

Master Thesis Report

Avanika Pradeep Yammiyavar
MSc Design for Interaction

Master Thesis:
Design for happiness in a transition space

MSc Design for Interaction

July 2022
Avanika Pradeep Yammiyavar



Graduation Committee:

Chair	Prof. Dr. Ir. Pieter M. A. Desmet	Delft University of Technology
Mentor	Prof. Dr. Ir. Pieter Jan Stappers	Delft University of Technology
2nd Mentor	Dr. Sahar Samavati	Delft University of Technology

This project was carried out in collaboration with
the **Delft Institute of Positive Design**.

Illustrations and Photography:
Avanika Pradeep Yammiyavar

APPENDIX

DESIGN FOR HAPPINESS IN A TRANSITION SPACE

Master Graduation Project Thesis

Avanika Pradeep Yammiyavar

MSc Design for Interaction

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Design Brief

DESIGN
FOR our
future

TU Delft

IDE Master Graduation
Project team, Procedural checks and personal Project brief

This document contains the agreements made between student and supervisory team about the student's IDE Master Graduation Project. This document can also include the involvement of an external organisation, however, it does not cover any legal employment relationship that the student and the client (might) agree upon. Next to that, this document facilitates the required procedural checks. In this document:

- The student defines the team, what he/she is going to do/deliver and how that will come about.
- SSC E&SA (Shared Service Center, Education & Student Affairs) reports on the student's registration and study progress.
- IDE's Board of Examiners confirms if the student is allowed to start the Graduation Project.

USE ADOBE ACROBAT READER TO OPEN, EDIT AND SAVE THIS DOCUMENT
Download again and reopen in case you tried other software, such as Preview (Mac) or a webbrowser.

STUDENT DATA & MASTER PROGRAMME

Save this form according the format "IDE Master Graduation Project Brief_familyname_firstname_studentnumber_dd-mm-yyyy". Complete all blue parts of the form and include the approved Project Brief in your Graduation Report as Appendix 1 !

family name

initials

student number

street & no.

zipcode & city

country

phone

email

Yammiyavar Pradeep

A

5335914

5606

given name

Avanika

Your master programme (only select the options that apply to you):

IDE master(s):

2nd non-IDE master:

individual programme:

honours programme:

specialisation / annotation:

☐ IPD

☒ Dfl

☐ SPD

☐ - -

☐ Honours Programme Master

☐ Medisign

☐ Tech. in Sustainable Design

☐ Entrepreneurship

(give date of approval)

SUPERVISORY TEAM **

Fill in the required data for the supervisory team members. Please check the instructions on the right !

** chair

** mentor

2nd mentor

Prof. Pieter Desmet

Prof. Pieter Jan Stappers

Sahar Samavati, visiting PhD researcher

dept. / section:

dept. / section:

Human Centred Design

Human Centred Design

organisation:

city:

country:

TU Delft

Delft

Netherlands

- Chair should request the IDE Board of Examiners for approval of a non-IDE mentor, including a motivation letter and c.v..
- Second mentor only applies in case the assignment is hosted by an external organisation.
- Ensure a heterogeneous team. In case you wish to include two team members from the same section, please explain why.

comments (optional)

As discussed with a board member, the second mentor was added to the team due to her expertise.

TU Delft

Procedural Checks - IDE Master Graduation

APPROVAL PROJECT BRIEF
To be filled in by the chair of the supervisory team.

chair

date

signature

Prof. Pieter Desmet

16 - 03 - 2022

Digitally signed by Pieter Desmet
Date: 2022.03.16 11:43:24 +01'00'

CHECK STUDY PROGRESS
To be filled in by the SSC E&SA (Shared Service Center, Education & Student Affairs), after approval of the project brief by the Chair. The study progress will be checked for a 2nd time just before the green light meeting.

Master electives no. of EC accumulated in total:

Of which, taking the conditional requirements into account, can be part of the exam programme

List of electives obtained before the third semester without approval of the BoE

27

EC

27

EC

☒ YES

all 1st year master courses passed

☐ NO

missing 1st year master courses are:

name

date

signature

C. van der Bunt

21 - 03 - 2022

Digitally signed by C. van der Bunt
Date: 2022.03.21 14:48:52 +01'00'

FORMAL APPROVAL GRADUATION PROJECT
To be filled in by the Board of Examiners of IDE TU Delft. Please check the supervisory team and study the parts of the brief marked **. Next, please assess, (dis)approve and sign this Project Brief, by using the criteria below.

Does the project fit within the (MSc)-programme of the student (taking into account, if described, the activities done next to the obligatory MSc specific courses)?

Is the level of the project challenging enough for a MSc IDE graduating student?

Is the project expected to be doable within 100 working days/20 weeks ?

Does the composition of the supervisory team comply with the regulations and fit the assignment ?

Content:

Procedure:

☒ APPROVED

☐ NOT APPROVED

☒ APPROVED

☐ NOT APPROVED

comments

name

date

signature

Monique von Morgen

29 - 03 - 2022

IDE TU Delft - E&SA Department /// Graduation project brief & study overview /// 2018-01 v30

Initials & Name

Title of Project

A

Yammiyavar Pradeep

5606

Student number

5335914

Design for happiness in a transition space

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Design for happiness in a transition space

project title

Please state the title of your graduation project (above) and the start date and end date (below). Keep the title compact and simple. Do not use abbreviations. The remainder of this document allows you to define and clarify your graduation project.

start date14-02-2021

15-07-2021end date

INTRODUCTION **

Please describe, the context of your project, and address the main stakeholders (interests) within this context in a concise yet complete manner. Who are involved, what do they value and how do they currently operate within the given context? What are the main opportunities and limitations you are currently aware of (cultural- and social norms, resources (time, money,...), technology, ...).

It is recognized that built spaces and open public spaces influence our feelings. People can experience both negative and positive emotions when perceiving and using such spaces. It can therefore be worthwhile to explore how such spaces can be designed to support positive experiences. Corridor spaces between two built spaces or between a public space and a built space, in particular, are interesting transition points. In reality, while there is a change in the way both the preceding and succeeding spaces are used, there are no design elements in the transition space itself to interact with.

A positive design of this transition space can make the transition experience pleasurable, virtuous and personally significant to the user (Desmet, P. M. A., Pohlmeijer, A. E., & Forlizzi, J. (2013). Special issue editorial: Design for subjective well-being. International Journal of Design, 7(3), 1-3.).

As a case, this project focuses on the transition space in front of the entrance to the Faculty of IDE, TU Delft (refer Fig. 1 and Fig. 2 on page 4). Students, employees and visitors are the users of this space.

There lies an opportunity in providing moments of happiness to enhance the quality of life of these transition space users, through positive design. They will experience it both before and after they step into their academic and working lives daily. Which experiences currently make the users of this transition space happy and which features or conditions impede it? The main question is- how can we enhance the state of happiness by designing for the interaction with a transition space?

Happiness within the scope of this thesis is defined as a state in which there is an absence of stress and people feel more positive emotions than negative emotions. They achieve a flow state while engaging in activities that balance their skills and the level of challenge posed. (Csikszentmihalyi, M. (1990). Flow: The psychology of optimal experience (Vol. 1990). New York: Harper & Row.)

space available for images / figures on next page

introduction (continued): space for images

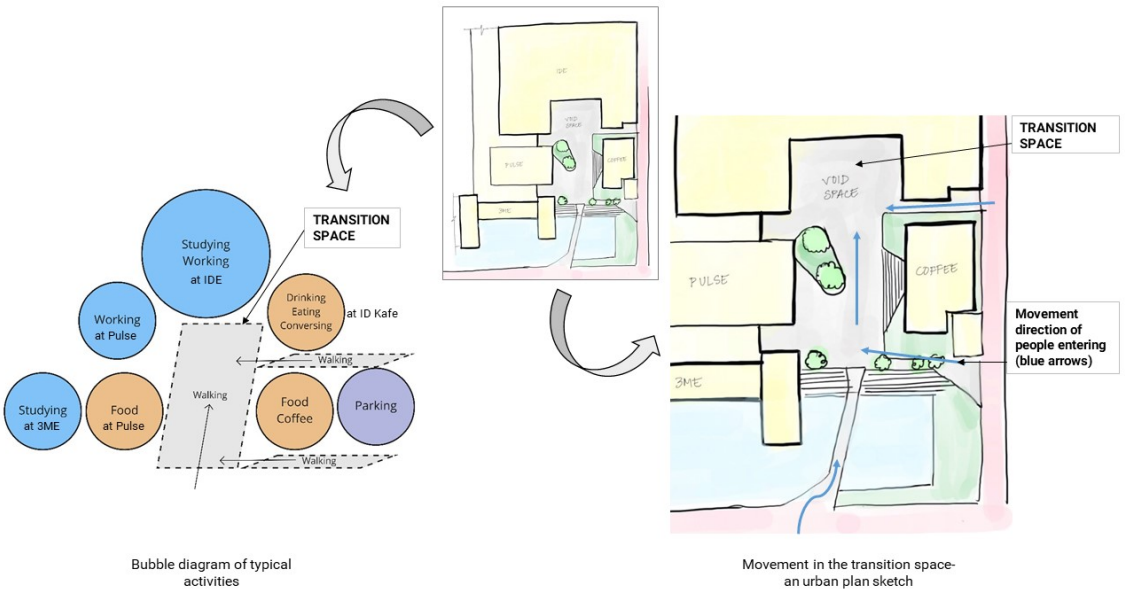


image / figure 1: Sketches of the current surrounding context of the transition space.



image / figure 2: Photographs of the transition space where users walk through it, have coffee, meet people, eat, etc

PROBLEM DEFINITION **

Limit and define the scope and solution space of your project to one that is manageable within one Master Graduation Project of 30 EC (= 20 full time weeks or 100 working days) and clearly indicate what issue(s) should be addressed in this project.

The problem addressed in this project is the lack of positive design elements in the transition space that can create moments of happiness. Currently, users do not assign any meaning to the transition space and it mostly functions as a corridor. The research question is- how can the user realize moments of happiness through interactive elements that work in a space of transition?

Can this transition space design create a state of positive being and thus contribute towards the journey to a happy working life? How can the user interact with it meaningfully in a pleasant, joyful, absorbing and engaging way? How can the users be helped in switching emotions from their personal lives to their professional lives and vice versa through positive design?

The goal is to positively enhance the interactions with this transition space so that the sum total experience results in and prolongs a positive state of mind. This is to achieve the creation of a transition space to which the user assigns meaning and achieves a state of 'being' while interacting with it.

ASSIGNMENT **

State in 2 or 3 sentences what you are going to research, design, create and / or generate, that will solve (part of) the issue(s) pointed out in "problem definition". Then illustrate this assignment by indicating what kind of solution you expect and / or aim to deliver, for instance: a product, a product-service combination, a strategy illustrated through product or product-service combination ideas, In case of a Specialisation and/or Annotation, make sure the assignment reflects this/these.

The goal is to increase moments of happiness in the transition space in front of the IDE building entrance. This will be done by an exploration of the use of 20 urban happiness ingredients through design and co-creation. This will lead to the creation of a series of design interventions and changes that can create moments of happiness. The second outcome is the evaluation of the applicability of the 20 urban happiness ingredients for transition space design.

The outcome of this project will be a series of experiential prototypes that demonstrate the use of the 20 urban happiness ingredients (book and paper manuscript in progress) [Samavati, S. & Desmet, P.M.A. (2021). Happy Public Spaces: 20 Urban happiness ingredients; a guide to urban happiness in public space. Delft: Delft University of Technology. ISBN 978-94-6384-290-7]. These ingredients are a guide to designing for happiness in the urban scale.

The designs will be tested using a diorama (a small scale three dimensional replica model) of the transition space and computer renderings. They will show interactive objects placed in the square in front of the Faculty of IDE. These positive design interventions will be based on research from co-creation sessions with users in the pre-design stage as experts of their own experiences. (Sanders, E. B. N., & Stappers, P. J. (2012). Convivial toolbox: Generative research for the front end of design. Bis.)

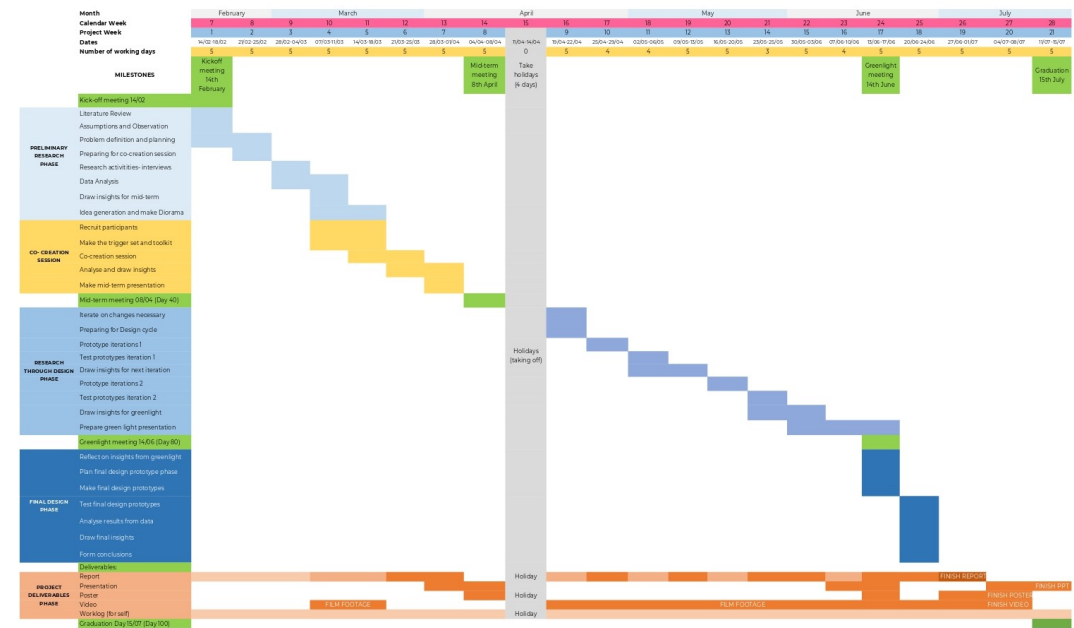
This project will use a research-through-design methodology to envision a new future transition space which is more conducive to happiness.

The form of the outcome is a series of interactive spatial products which could be for eg. furniture, public space elements, digital elements, environments, etc.

PLANNING AND APPROACH **

Include a Gantt Chart (replace the example below - more examples can be found in Manual 2) that shows the different phases of your project, deliverables you have in mind, meetings, and how you plan to spend your time. Please note that all activities should fit within the given net time of 30 EC = 20 full time weeks or 100 working days, and your planning should include a kick-off meeting, mid-term meeting, green light meeting and graduation ceremony. Illustrate your Gantt Chart by, for instance, explaining your approach, and please indicate periods of part-time activities and/or periods of not spending time on your graduation project, if any, for instance because of holidays or parallel activities.

start date 14 - 2 - 2021 15 - 7 - 2021 end date



The project was divided into 4 phases- (1) Preliminary research phase (2) Co-creation session (3) Research through Design phase (4) Final design phase.

In the preliminary research phase, consisting of primary problem framing and research activities, the aim is to understand the context by conducting primary observation studies and interviews.

In the co-creation phase, co creation activities will be conducted using small scale prototypes, toolkits and trigger sets. This is to understand the needs, motivations and desires of the users in the transition space. The aim is to find out how the end users would solve the problem as experts of their own experiences.

Next in the research-through-design phase, ideas inspired from the 20 urban happiness ingredients and also based on the co-creation research, will be generated. Dioramas and computer renderings will be used for prototype testing.

In the final design phase, the most important ingredients, guiding principles and factors while designing for happiness in the transition space will be used to create the final set of design interventions. The ingredients will be tested for their applicability in this phase as well as the previous phase.

The large scale of the context is a challenge for prototype testing. Perhaps combining computer model renderings with scaled prototypes will help overcome it.

I plan to take a week off (including public holidays) after my midterm presentation to rest and work on the report after taking permission from the supervisory team. If all goes well for the greenlight meeting, in the next two weeks the final design testing phase will involve completing the design of the final prototypes, analysing and drawing insights from them. This will allow 3 weeks for the final deliverable phase where the focus is to finish the report first and then finish working on the poster, video and presentation respectively.

If every milestone goes well according to plan, I should graduate on the 15th of July 2022.

MOTIVATION AND PERSONAL AMBITIONS

Explain why you set up this project, what competences you want to prove and learn. For example: acquired competences from your MSc programme, the elective semester, extra-curricular activities (etc.) and point out the competences you have yet developed. Optionally, describe which personal learning ambitions you explicitly want to address in this project, on top of the learning objectives of the Graduation Project, such as: in depth knowledge a on specific subject, broadening your competences or experimenting with a specific tool and/or methodology, Stick to no more than five ambitions.

Architecture is primarily concerned with shaping the natural environment around us whereas Industrial design focuses on designing human-centred products, services and systems which are used in the environments shaped by architects. Both are independent professions following well prescribed methods and techniques. The motivating question is -can one learn from the other in an interdisciplinary approach by adopting techniques and methods? As an Architect who is studying Design for Interaction, it is personally very interesting for me to gain an inter-disciplinary understanding as I believe it will make me a more resilient designer. In order to do so, this project will help me critically analyse the problem scope within both Architecture and Industrial Design. The minute I stepped into studying a masters in industrial design, I felt that architecture must be more human-centred and just designing buildings without involving the end-users of that space in the design process is a one-eyed approach.

During my study here at IDE, I developed a strong liking towards how humans never change in their behaviour, even as technology and products are becoming more advanced, and that the key towards understanding humans is through their emotions. I took Prof. Pieter Desmet's block course during my elective semester titled 'Design for Emotion' and it inspired me to look at my graduation interest through an emotional lens. I also took a deep interest in contextmapping, systems design and co-design in courses offered by Prof. Pieter Jan Stappers.

Thirdly, I have always been interested in design research and I aim to earn a PhD someday in the future. Hence creating a graduation project with both research and design components was my natural first choice. I discovered a new methodology during my DFI study- research through design and I want to use it during my graduation project.

When I reflect upon my journey till now, I am reminded of something I wrote in my statement of purpose while applying for the DFI program- "I believe that interaction design is not just defined by designing an application for a product or a service. According to me, a good designer must acknowledge and learn the ability to change roles in the rapidly changing dynamic scenarios that challenge the creative industry rather than being force fit into a single box. It is the responsibility of a designer to design products that maximise positive impact on a large scale." I believe my graduation project fits perfectly with my vision of designing for a positive change- focusing on wellbeing during a period in human history which is witnessing rapid technological advancements, this will be my small contribution to society.

I expect to learn and employ interdisciplinary design research methods. I want to become better at design thinking, I want to apply the best of what I have learnt throughout the core courses I attended such as problem framing, data analysis, research through design, futuring, design conceptualisation, empathetic user research, etc.

My ambition in pursuing this project is personal- I have always been fascinated with the subjectivity of happiness across cultures and countries. Learning how to measure and design for it contextually in both architecture and design for interaction would be a highly valuable learning to me. Being an international student from India in the Netherlands also helps me appreciate the universality of happiness amongst the diversity in the way of life and the products we use, architecture being a common factor.

FINAL COMMENTS

In case your project brief needs final comments, please add any information you think is relevant.

Sample Consent Forms

Consent Form for *Research Survey and Interview for MSc DFI graduation project titled- 'design for happiness in a transition space'.*

<i>Please tick the appropriate boxes</i>	Yes	No	
Taking part in the study			
I have read and understood the study information dated [24/02/2022], or it has been read to me. I have been able to ask questions about the study and my questions have been answered to my satisfaction.	<input type="checkbox"/>	<input type="checkbox"/>	
I consent voluntarily to be a participant in this study and understand that I can refuse to answer questions and I can withdraw from the study at any time, without having to give a reason.	<input type="checkbox"/>	<input type="checkbox"/>	
I understand that taking part in the study involves audio recording of the interview, transcript of the audio recording, an online survey, a picture of me in which my face will be made anonymous.	<input type="checkbox"/>	<input type="checkbox"/>	
Use of the information in the study			
I understand that information I provide will be used for reports, presentations, posters, websites and publications for the researcher's MSc Graduation Project indigenous knowledge and coming up with Design solutions. All of the data collected will be made anonymous for example names and relationships.	<input type="checkbox"/>	<input type="checkbox"/>	
I understand that personal information collected about me that can identify me, such as [e.g. my name or where I live], will not be shared beyond the researcher.	<input type="checkbox"/>	<input type="checkbox"/>	
I agree that my information can be quoted in research outputs	<input type="checkbox"/>	<input type="checkbox"/>	
Future use and reuse of the information by others			
I give permission for the <i>anonymised transcripts, audio recordings, survey database and pictures</i> that I provide to be archived in the <i>TU Delft Repository</i> so it can be used for future research and learning. Commercial use is excluded in the future use of this data and safeguarded access will be applied.	<input type="checkbox"/>	<input type="checkbox"/>	
Signatures			
_____ Name	_____ Signature	_____ Date	
I have witnessed the accurate reading of the consent form with the potential participant and the individual has had the opportunity to ask questions. I confirm that the individual has given consent freely.			
_____ Name of witness	_____ Signature	_____ Date	
I have accurately read out the information sheet to the potential participant and, to the best of my ability, ensured that the participant understands to what they are freely consenting.			
_____ Avanika Yammiyavar	_____ Signature	_____ Date	
Study contact details for further information: <i>Avanika Yammiyavar, +31 613845518, A.YammiyavarPradeep@student.tudelft.nl</i>			

Sample Consent Forms

Consent Form for *co-creation session for MSc DFI graduation project titled- ‘design for happiness in a transition space’.*

<i>Please tick the appropriate boxes</i>	Yes	No	
Taking part in the study			
I have read and understood the study information dated [21/03/2022], or it has been read to me. I have been able to ask questions about the study and my questions have been answered to my satisfaction.	<input type="checkbox"/>	<input type="checkbox"/>	
I consent voluntarily to be a participant in this study and understand that I can refuse to answer questions and I can withdraw from the study at any time, without having to give a reason.	<input type="checkbox"/>	<input type="checkbox"/>	
I understand that taking part in the study involves pictures of the output from the co-creation session and pictures of me involved in the co-creation session in which my face will be made anonymous.	<input type="checkbox"/>	<input type="checkbox"/>	
Use of the information in the study			
I understand that information I provide will be used for reports, presentations, posters, websites and publications for the researcher's MSc Graduation Project indigenous knowledge and coming up with Design solutions. All of the data collected will be made anonymous for example names and relationships.	<input type="checkbox"/>	<input type="checkbox"/>	
I understand that personal information collected about me that can identify me, such as [e.g. my name or where I live], will not be shared beyond the researcher.	<input type="checkbox"/>	<input type="checkbox"/>	
I agree that my information can be quoted in research outputs	<input type="checkbox"/>	<input type="checkbox"/>	
Future use and reuse of the information by others			
I give permission for the <i>pictures, co-creation session output and the research output</i> that I provide to be archived in the <i>TU Delft Repository</i> so it can be used for future research and learning. Commercial use is excluded in the future use of this data and safeguarded access will be applied.	<input type="checkbox"/>	<input type="checkbox"/>	
Signatures			
<div><div></div><div></div><div></div></div> <div>NameSignatureDate</div>			
I have witnessed the accurate reading of the consent form with the potential participant and the individual has had the opportunity to ask questions. I confirm that the individual has given consent freely.			
<div><div></div><div></div><div></div></div> <div>Name of witnessSignatureDate</div>			
I have accurately read out the information sheet to the potential participant and, to the best of my ability, ensured that the participant understands to what they are freely consenting.			
<div><div></div><div></div><div></div></div> <div>Avanika YammiyavarSignatureDate</div>			
Study contact details for further information: <i>Avanika Yammiyavar, +31 613845518, A.YammiyavarPradeep@student.tudelft.nl</i>			

Sample Consent Forms

For the final design concept user feedback sessions

CONSENT FORM

I Give Avanika Yammiyavar Pradeep my consent to take pictures and record videos of me while I experience the designed concept and while I talk during the post-experience interview for her DFI graduation project titled ‘Design for Happiness in a Transition Space’.

Yes/No.....

I am aware that these pictures and videos will be used for academic purposes and maybe used in the report, video showcase and the public presentation.

Yes/No.....

I want my face to be blurred in all present and future records of the project.

Yes/No.....

Signature

Date

Avanika

Signature (Avanika)

30-06-2022
Date

Interview Notes from the Final User Feedback Session

Participant C:

The experience was quite surprising and nice. It took my mind out of other stuff. A relaxing and random experience where you are not reminded of work or that 'oh, you are going to uni again'.
I can imagine, walking over water is quite relaxing. I suppose depending on where the sun is, the reflection of the water on to the structure of the ceiling must be quite relaxing as well.
The jump between paver 2 and 3 was quite large and I was not really sure if I could use the pole. It is quite challenging. Maybe not something I would want to do always when I am in a rush. Maybe if there were other options like a bridge, I would do it.
It is a really aesthetically pleasing structure, really nice to look at.
A few messages sort of really made me think, it was nice- eg. taking a break. It feels really nice to be reassured when you are really busy with deadlines. And who doesn't love freebies? It would be really nice to share those coupons with other people.
This morning I walked into uni through the revolving doors and it was quite hot in there. So I can imagine sort of this really nice cool breeze before you head into your day, would be a nice experience. The bubbles as well- they are playful. You always try to touch a bubble. The air would make me feel welcomed. The hot air stream outside Jumbo is really nice during winters. It warms you up fro thday, makes you feel more welcomed, but not more relaxed. I wodulnt use the bubbles all the time if I in a rush for eg. But to get a coffee with someone, I would use it with someone else. It is nice for a break with someone to have a conversation.

I think it is quite a nice change. I am not sure the arches are always useful especially when I am in a rush. Even if it is once a week or once every two weeks, it would be quite nice with all the features.
Maybe the bubbles are bigger if there are two people in there. Maybe the coupons are 1+1. Do something with the lights a little bit to make it feel like you are a bit underwater? Walking over water and walking under water maybe. You can explore different ways to light up the arches.
The jumping feature would encourage me to actually use the two smaller arches. I can imagine when you are coming to uni and leaving from it, this can be quite a nice transition in the mind. It would definitely take my mind off of things and make me feel motivated to get back to work.
I am reminded of the waves in the sea. The London underground reminds you of going into a tunnel.
There is a huge opportunity to extend the studying experience beyond studying. **I think the character of this design shows that the faculty is thinking about student lives outside of the faculty in an artistic way, I suppose. Yeah so it is quite nice and I think it works.**
It is quite important I think to have these new experiences to interact with because when people are here, you get into such a rhythm so when they are gone now especially in the summer, it feels alone. **It is quite nice also for people who are not so social. It is quite meaningful to get out of that rhythm of working and meeting people.**
I can imagine being in this really cool environment for a moment during a hot summer day, almost like walking through an aquarium. I can really imagine being immersed in this sort of thing.

Participant AN:

I would even pay to do such things like jumping over a stone in a new environment. If I knew about the vouchers, I would keep circling around the small arches until I got something. :D I know that is not the intention but I can imagine this happening.

The bubbles are quite nice. I am worried about the water part because I might drop something. The water would be refreshing during summer time.

Even if I don't go through the arch, seeing other people use it would make me feel happy. I would love the space a little more and be more excited to come to IDE which I currently don't feel very much.

I feel these instrumental elements (structure) add to the image of the design faculty and the university. I think seeing people use it and having positive emotions would be quite nice.

Crossing the water was what I liked the most, it gave me joy. Because I am not fully convinced about the bubbles.

The design reminded me first of a roller-coaster or an amusement park- that is what I liked. Maybe the color of the arches should match with that of the surroundings for it to blend better.

I just love playing in these water parks by stepping in. If I can do that in front of the study place in the water body you've designed, it would create nice memories and meaning for me.

I think the bubbles and air can change over time to something else. That would be nice.

Participant AM:

I think it is a very inspiring object- it almost seems like an art piece to me-which I like. I think the shape is very beautiful and the meaning is very beautiful.
The meaning to me is very empowering- I think you want to make people feel like they will have a good day and that they are in the best mental shape or mental state possible. It is a very hard thing to do but I think the design definitely hits the right notes with the form, the text. I also like the fact that you don't only look at the shape but you also incorporated other elements like wind or bubbles which is quite fun.

Just looking at it already makes me smile. I am a bit worried about the stepping stones because I am a bit clumsy and I might fall into the water. But in general I think it is very nice.

I think its useful as a small reminder to people before they start their day to get a little confidence boost. It is very very useful. Also, if I don't want to go through the shape, you can walk past it, around it and its your choice, I like it.

What if you make the installation a little bit bigger so that it becomes a seating place with people, relax a bit under the shade of the roof.

Since you used messages as a source of inspiration, maybe you could let people contribute to those messages. I would love to do that.

I was more intrigued by the shape- artsy, mysterious, which way do I need to go? Do I need to walk through it? Be careful not to fall. The structure itself does not make me fully happy but the experience of walking through and the messages.

Also just the air quality inside- cold and warm- is nice.
I also liked the fact that it is open, not closed, a bit in between. I think it is cleverly done. Because it blends well with the facade of the building. It is a nice thing that natural light is coming in - I think light really does a lot to people's minds. If it is not dark and so open, it feels light. I loved the colored glass that you used!

There is noting really other than the concern with the steps that I am anxious about.

I can already imagine myself going through it!

The stained glass reminds me of a church- the church glass. It is a very safe place, a church. The round shapes feel like a safe haven, a safe tent, it feels very inviting.

Participant P:

The overall experience was amazing. I never thought that IDE which is already this beautiful could be more beautiful through this design. I think the bubbles were beautiful! I wish that this happens to me everyday. I wonder how this soapy solution can be created though.
I don't know if this will last for a long time but it is a very nice idea.

If i walk through such beautiful pavements, jump through such blocks placed on water, I would love that and indeed it would make my day more beautiful and increase my productivity.

Moments of joy- when I was jumping through the pavements, having these bubbles blown on my face when I was walking under the arches.
Please keep a DJ in the arch cmon! I want music.

You could play the song by Pharell Williams- Happy! Play that inside the arch.

Jumping around those arches is a good distraction to have.

I think the arches are pretty and fancy (I am not a designer but) I think arches symbolise entering into something so I guess that is a very nice beginning towards IDE- better than those revolving doors I guess. :D

The design reminds me of those fancy cartoons we used to see as a kid- those ancient cartoons. It reminds me of Frozen (sings do you want to make a snowman) and a castle.

I think it would add a fancy vibe to IDE, which is already fancy.

Looking at the bubbles, I mean who would think of anything else at that moment? :)

Participant M:

I think the layering and complexity of the interactions can have people coming back to the structure.

I think happiness is also getting to choose some actions and this concept has those things.

I think having these experiences with someone else like social interaction - like talk about what you are seeing and experiencing- would definitely be nicer.

Participant E:

I really like the whole concept! I think it really belongs to the experience. I really like this structure because it is so organic and lets through the light. It is a very nice design- how the whole thing looks.

I think there are a lot of decision moments- firstly, do I want to go through this installation or go around. Many people would be put off by the jumpy thingy and would walk around it.

I kind of understand what you meant by it- the jumping- transition. Like the whole thing is a transition moment but it is like transitioning into the transition.

I am not sure if the steps are necessary because it takes away from the gates and people might choose to go around it. Maybe there is a way to just go through the arches or you lower the threshold of the jumping to make it easier.

I think to be honest I liked the fact that there are these gates that I can walk through . It is not exactly like walking through the IDE entrance door where I have to wait and the door gets stuck. I like that the first experience is not that but this other positive experience that I can walk through.

I am a bit confused with both the bubbles and the wind because I can just take bubbles all the time, I like them a lot. Because it is kind of like magical and I don't know, maybe it is a little childish but when the think blows into my face and I think of the wind curtains of shopping malls. In the Netherlands wind is always blowing, I can imagine after a while it might get boring. The wind is there all the time anyway. But I can definitely imagine ending my day with a light moment with the bubbles and feel like it is a nice end. I can do 'pop' 'pop!' with the bubbles (smiles).

I do like the tea bag labels when you get a new question or prompt each day. Especially with things like- today I will take a break. I am going to be brave today' did not really mean much to me, could be for someone else. So I like the positive messages. But then how does the message change based on when I am entering and leaving? Is it before my day (how can I approach them with openness) and when I leave (looking back in a positive day)?

I also really liked that you can win something- because it is some extra incentive to actually enter this installation. Otherwise you might like it, or not like it. If I know that I can win a 2 euro coffee, which is quite expensive, I will go through the arches. If I look at this experience as a challenge, then these wins add something. If I only look at my transition as going in, then I think the messages are enough.

Unless I see someone being showered with bubbles, I would not bother trying it. If I see the bridge, I will take it rather than just an arch which might not look so enticing. Then I would feel yeah I don't have to be a part of the whole experience with the bubbles and the wind but I can go through this central arch. Yeah like don't mess with the wheelchair users.
Other than a few usability concerns I had, I think it is a really nice experience where you have to just go through it and have a nice moment within a nice environment, I do think that the faculty is nice but something that is a bit more organic and natural in this case.

I think this design is useful for those who don't look forward to going to the university. I would personally like the design but I would not particularly 'say useful' to describe it.

Maybe I would add a few nature sounds, it would make it a bit more gimmicky. It would need to be tested.

I would actually make that thing bigger, then I am even more likely to go in. If it is too small, and bubbles it would be quite strange.

The space is like a little enchantment going on in there. Just the sun shining through the glass would be really nice. You don't really need the lighting then. It all feels a bit like enchanting and marvellous, yeah pleasurable!
Like when you walk into a cathedral, all the lights and the meanings are linked to the size of the space. That is why I would take the bigger arch. If it is really small, it would remind me of a tunnel ground experience.
And plants! Now that I have a non greyish and non industrial experience now through the arches, the shape looks very organic so maybe I could grow something over it.

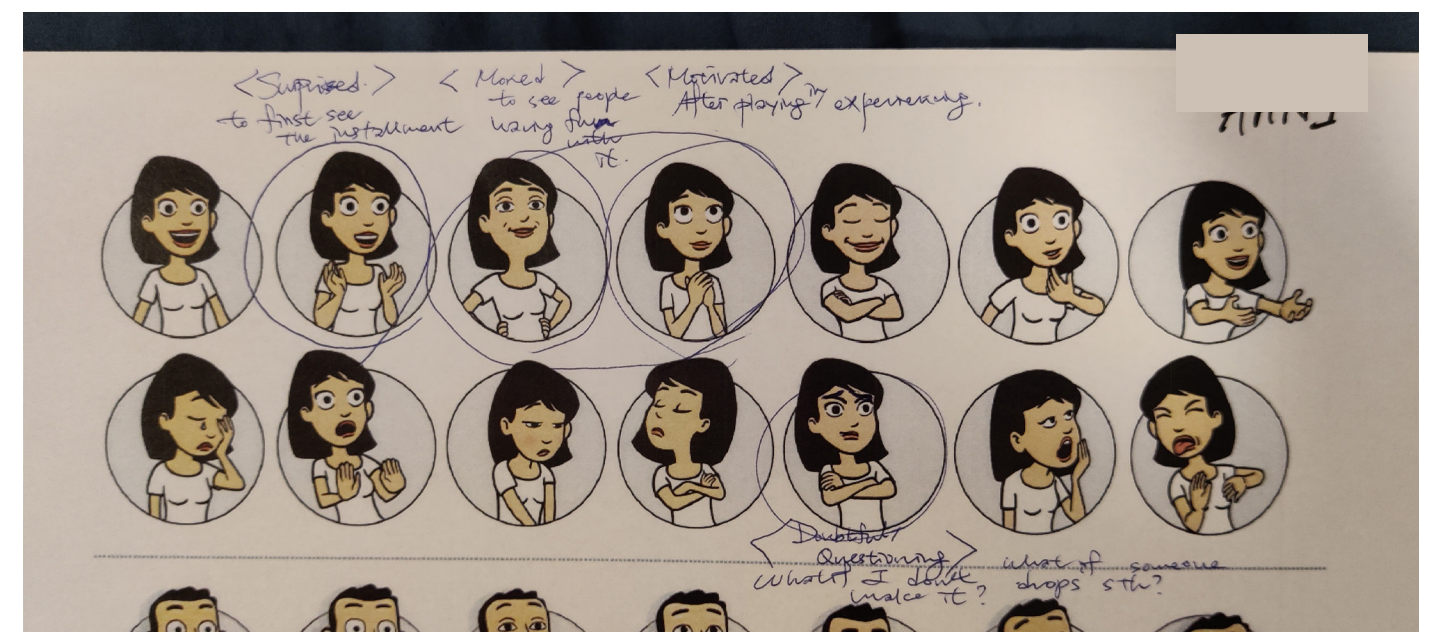
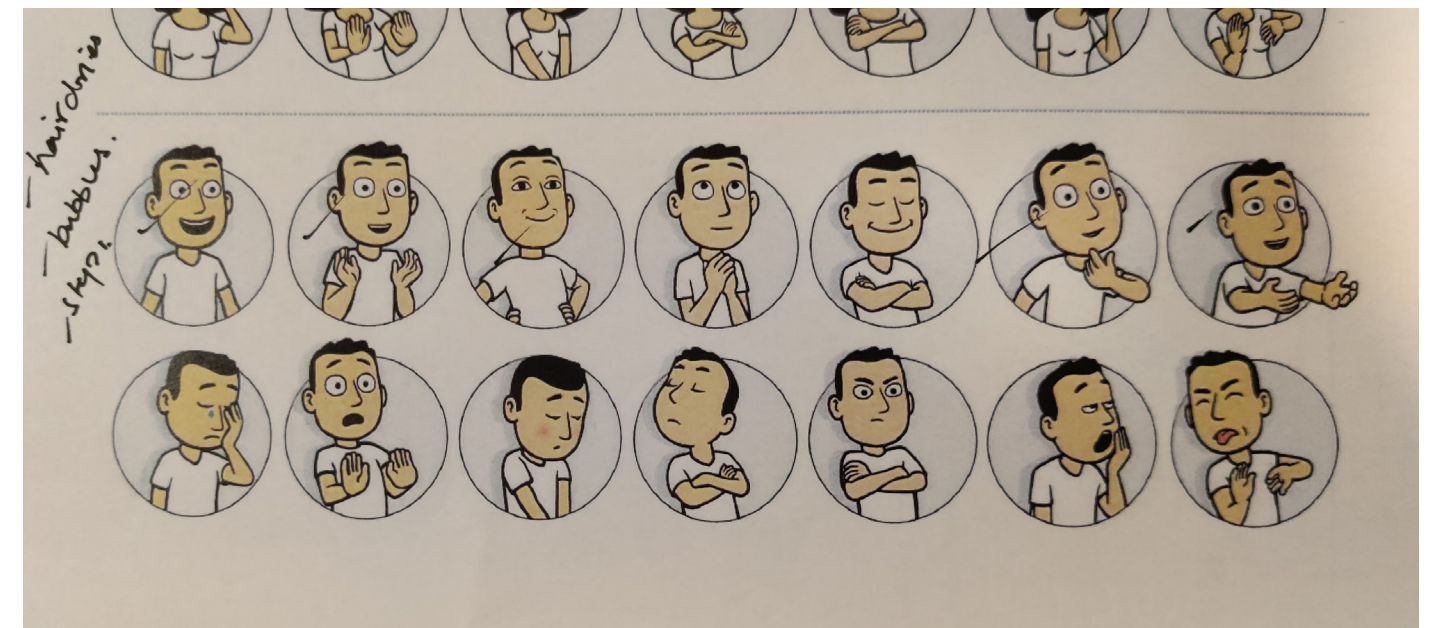
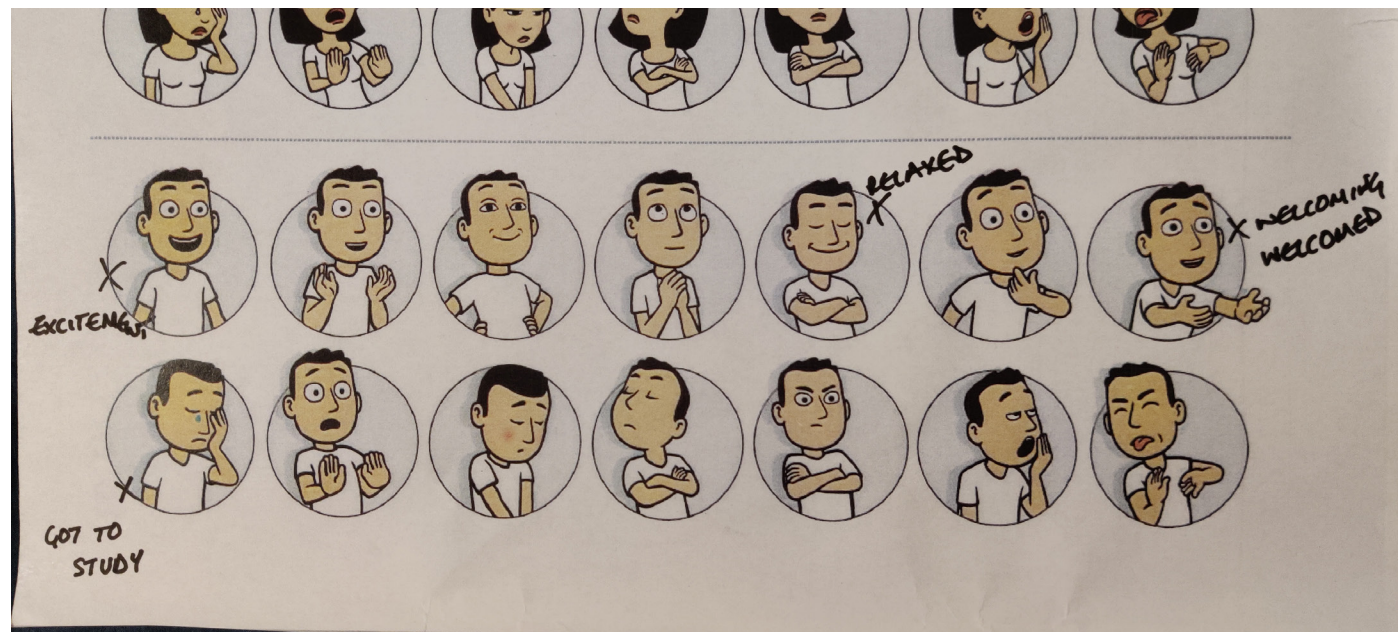
If I take away the jump, I would take away the poles, they are not really necessary.

I like that I get to decide which arch to take but it is balanced because there aren't too many choices.
I think it is a rewiring and stopping moment for the brain when you pass through these arches. I think the messages changing are nice- you can really look forward to that because over time people will get used to the structure over time and you need to surprise them.

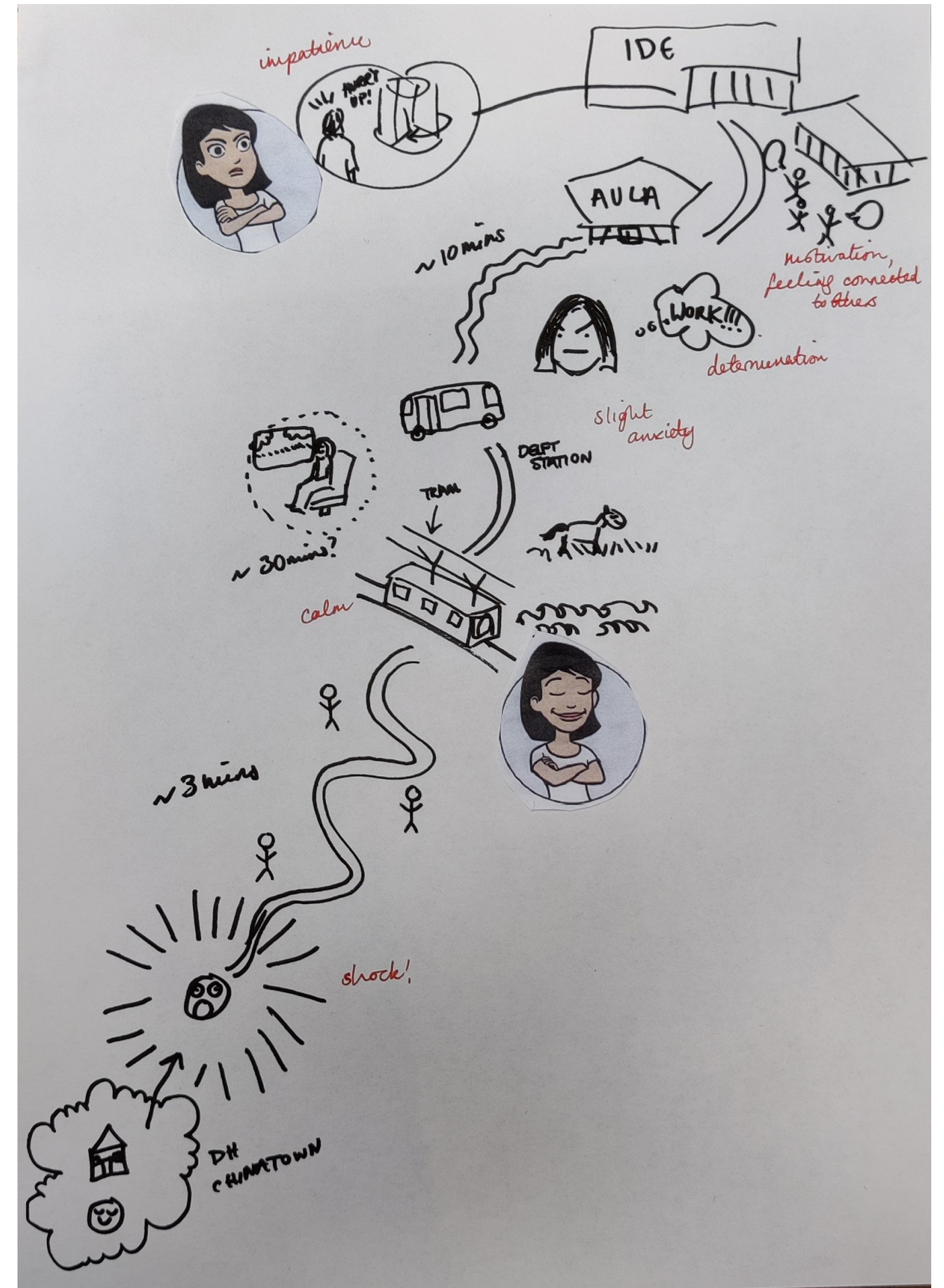
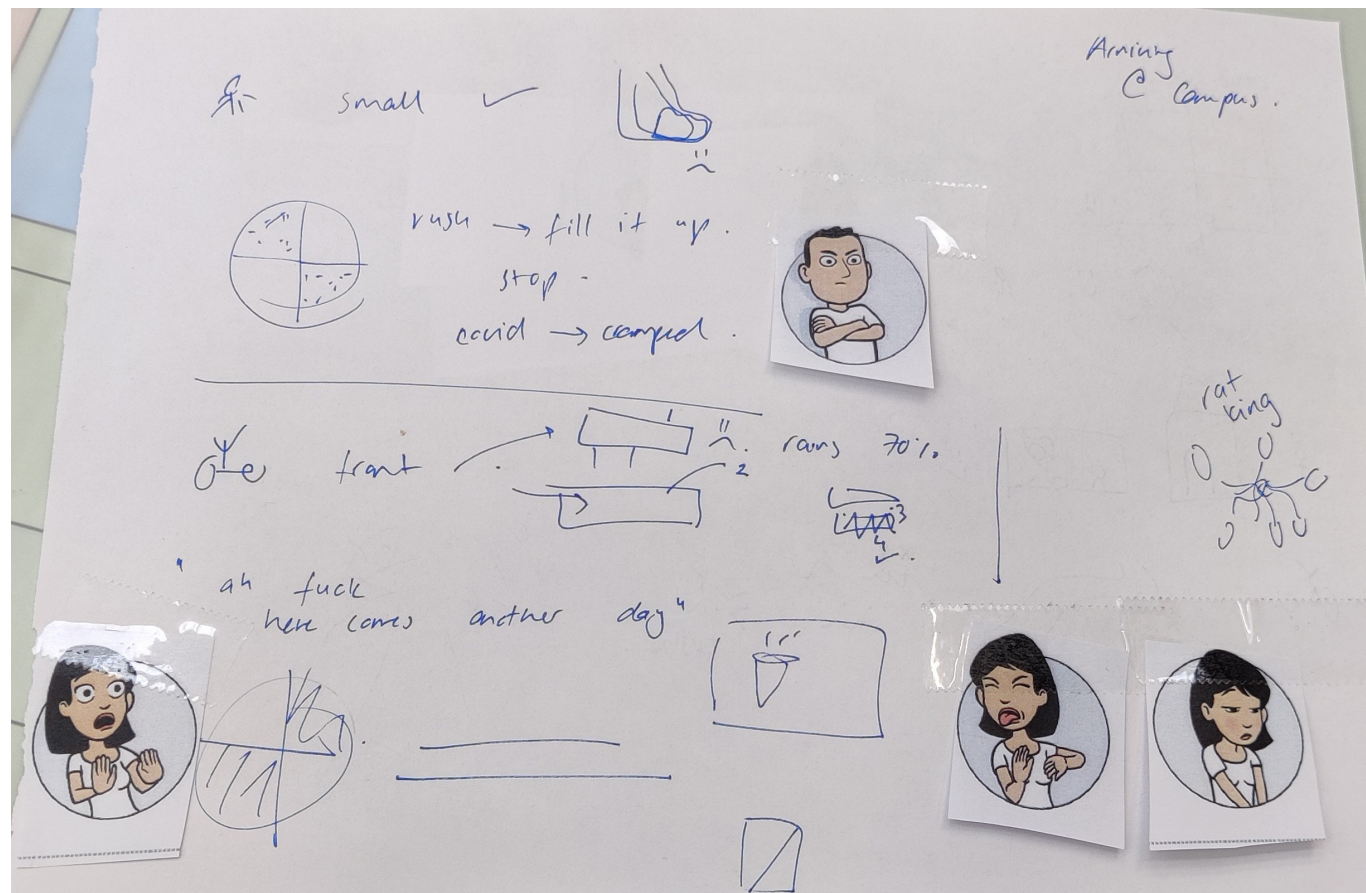
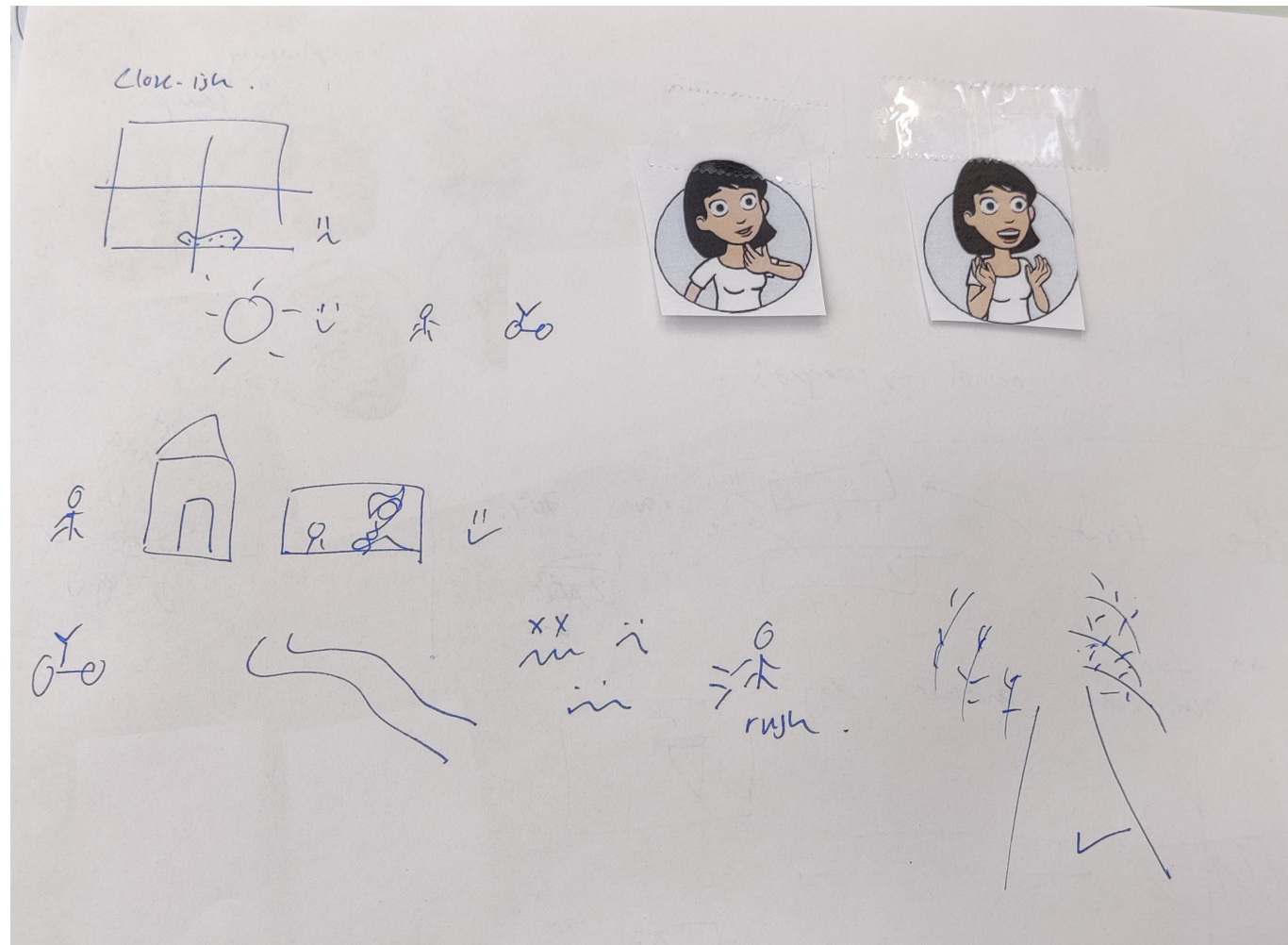
I think the arches look like sines and cosines (waves) (smiles), kind of like mathematical graphs or sound waves more than water waves. I liked it because it was organic.

It would make more sense if I read the 'drop your worries' message at the end of the day rather than in the beginning. It feels magical and ambiguous, I would get rid of that.

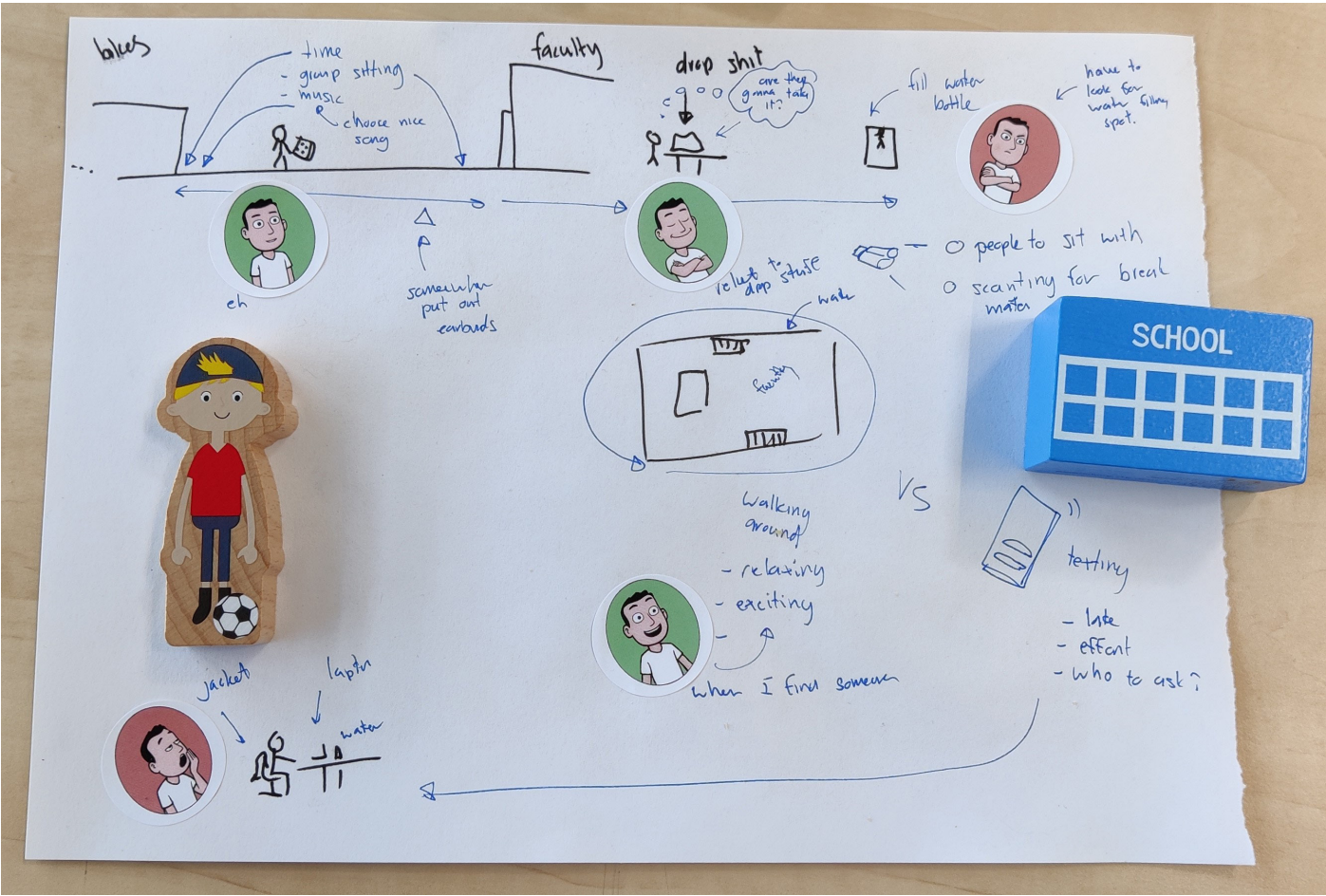
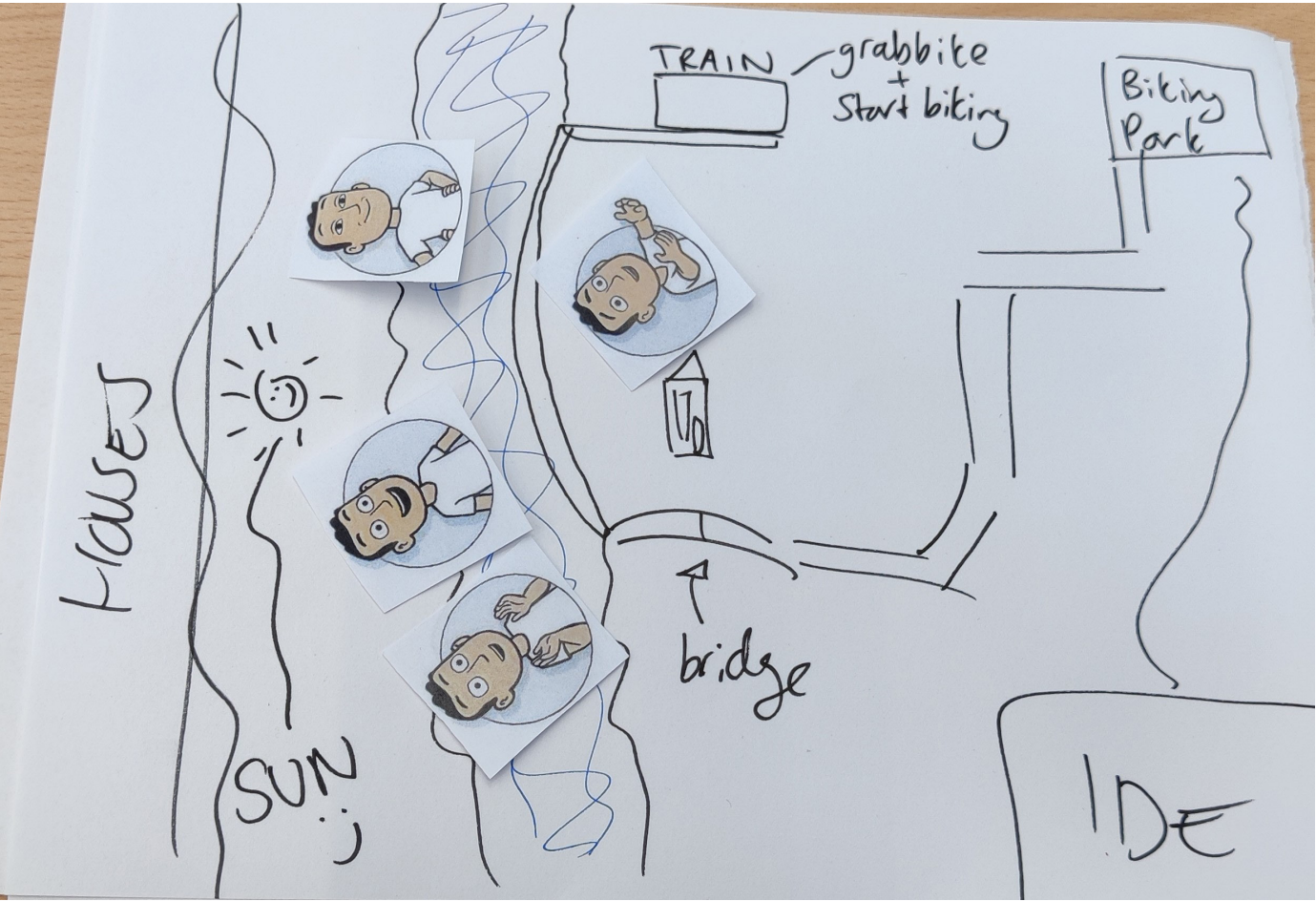
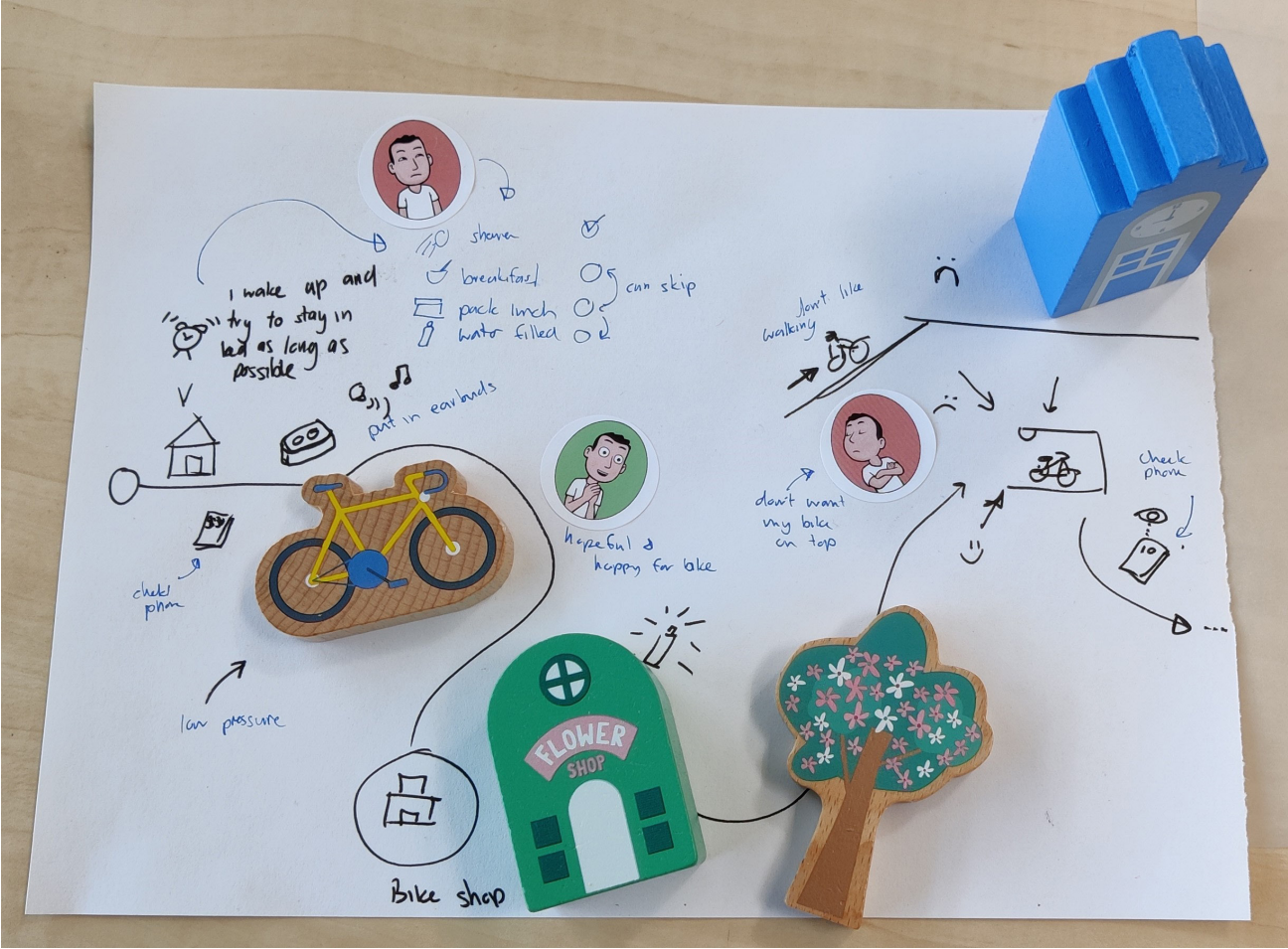
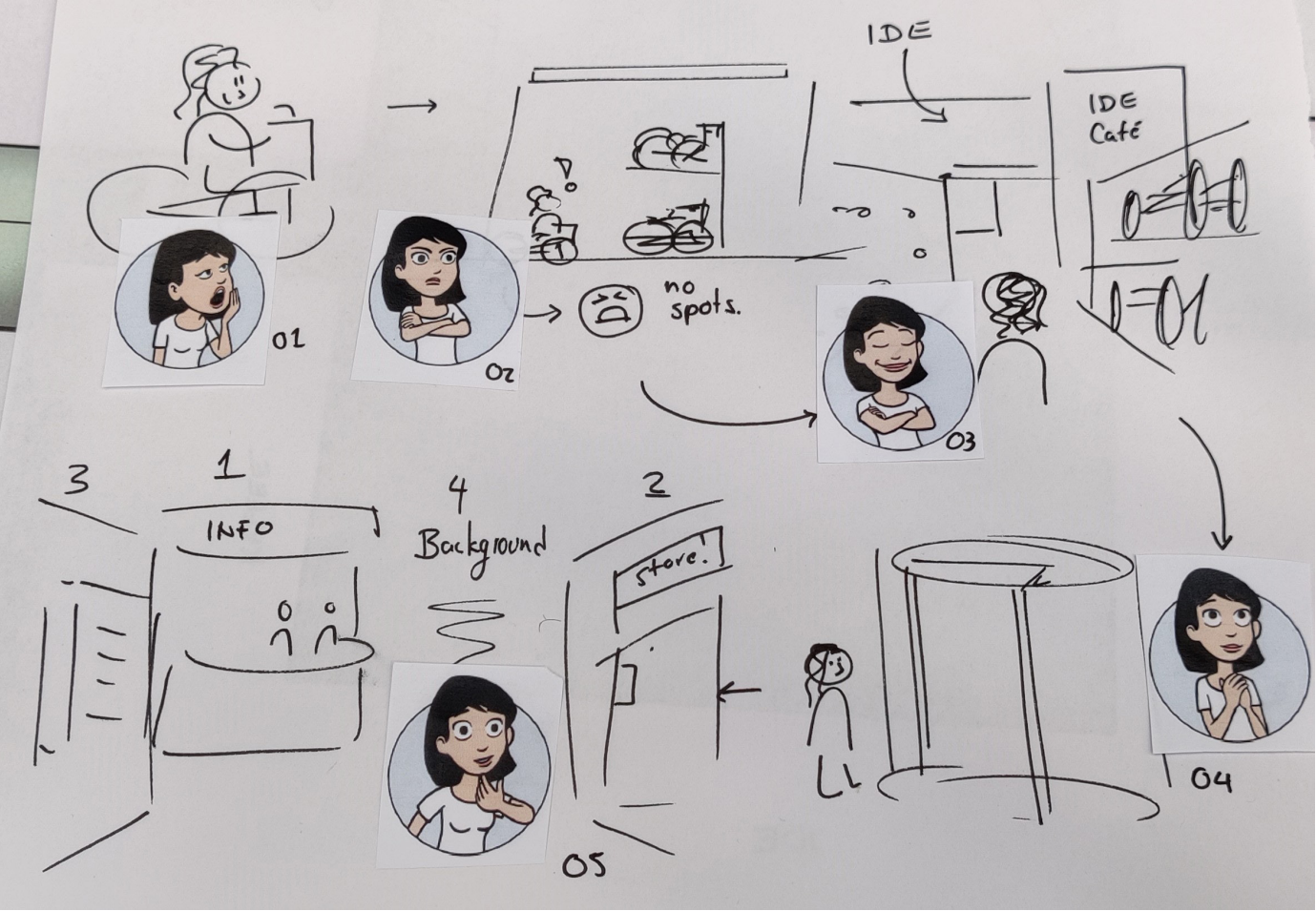
PrEmo Tool Feedback- Final User Tests



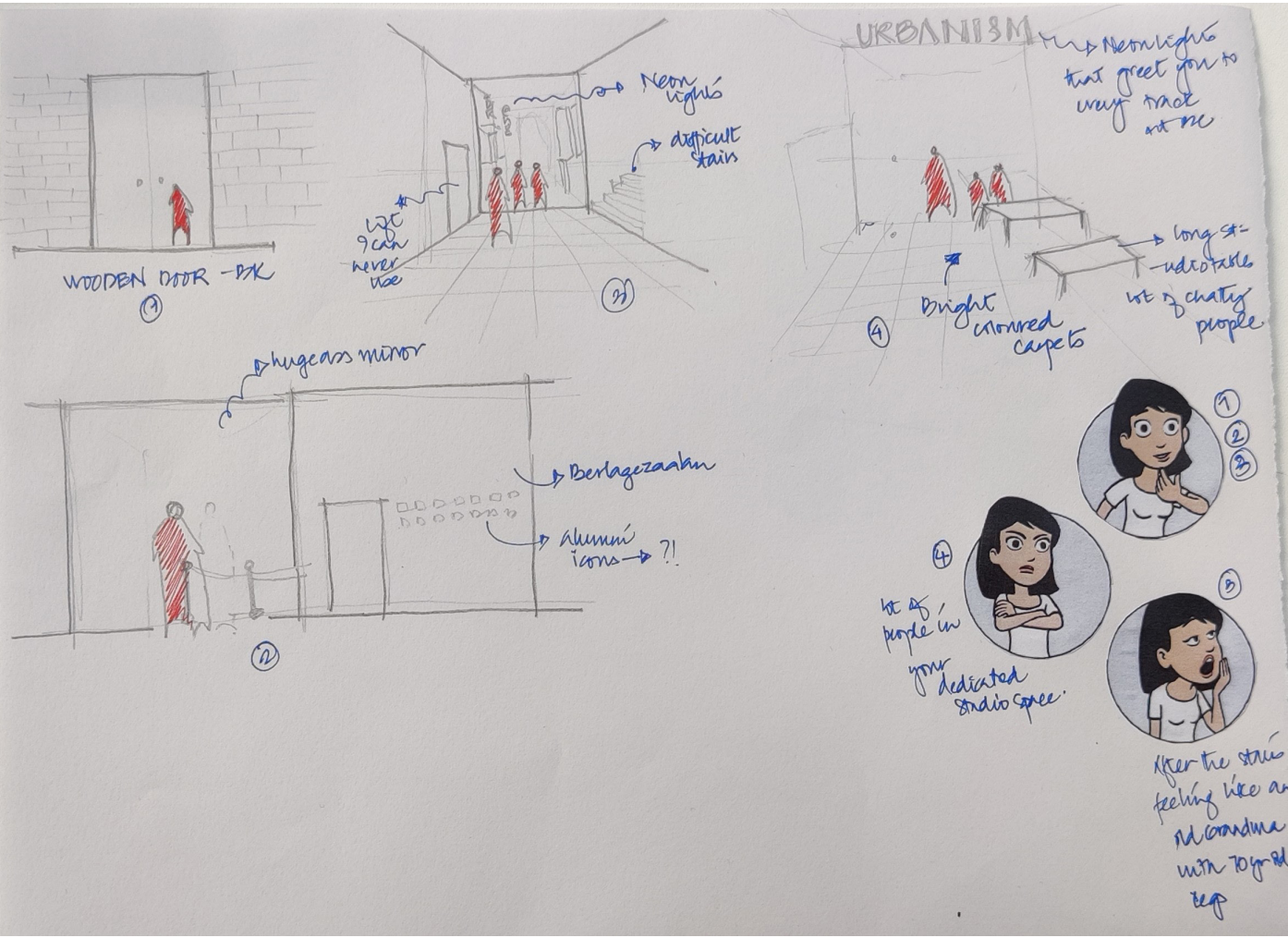
User Sketches from Generative Research



User Sketches from Generative Research



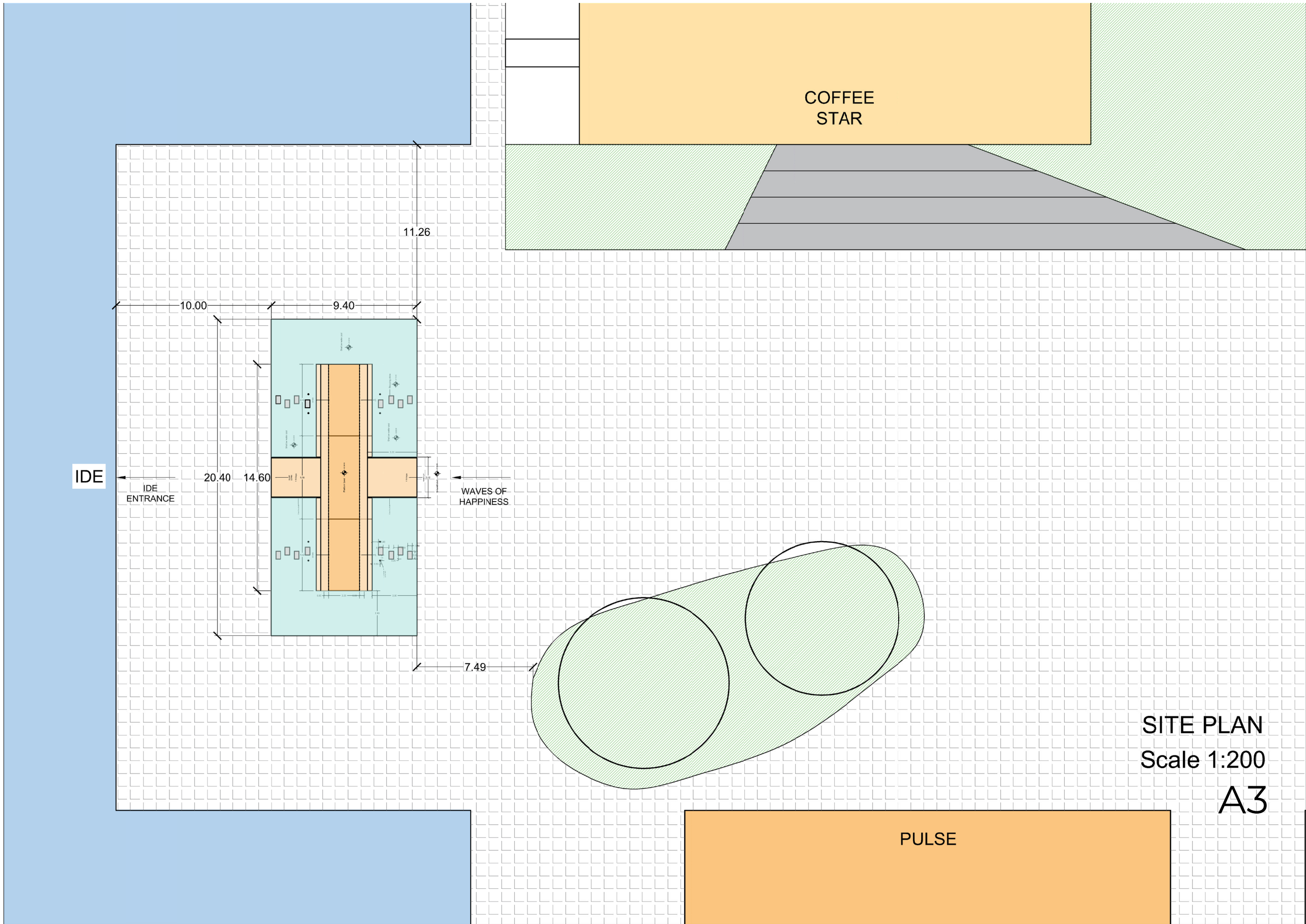
User Sketches from Generative Research



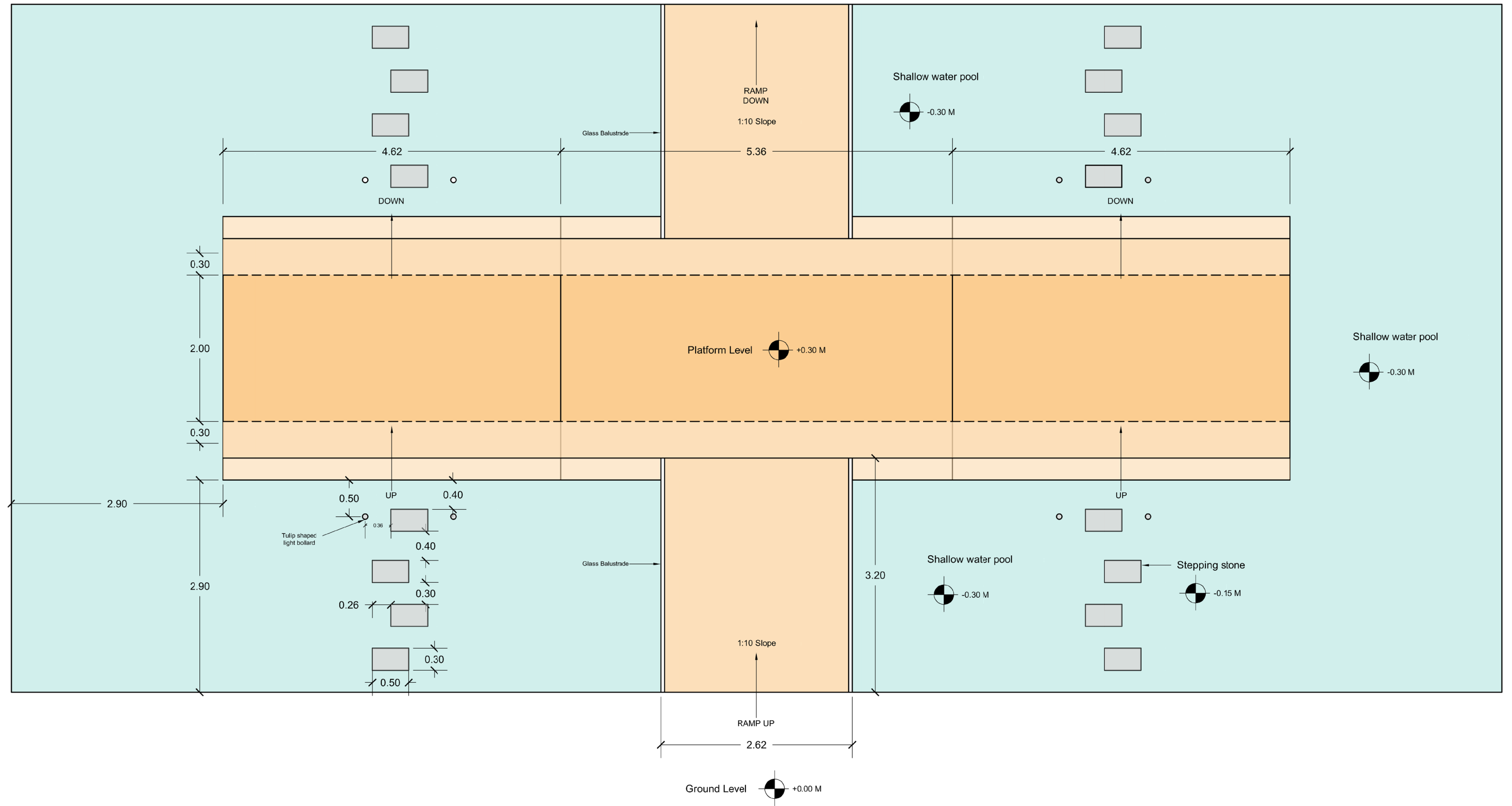
Design moodboards



CAD drawings of the final concept



CAD Drawings of the Final Concept



PLAN A3
Scale 1:50

Initial Interview Transcripts

1	Transcript AH	34	Not really. Yeah.	146	AH 8:41	183	AH 11:04
2	AY 0:00	35		147	can't really hard to imagine. I mean, I wouldn't mind his kids. I think my bachelor University	184	Not like, not right now. Right? There's it doesn't have to be something that I go to right now.
3	Start	36	Okay. And what at what moment during the day or the evening did you go to this place?	148	was kind of like that. But I would prefer it now like how it's like no.	185	Or it could be something from the first or second random idea that I had with a couple of
4		37		149		186	friends were like, what if we try like a bake sale or like try to sell something here maybe
5	Okay, so the first question is what do you do in this transition transition square usually	38	So usually during recess I in courses, and also like for lunch, maybe like when it's sunny	150	AY 8:58	187	when people because there was a talk during the current times, or like maybe after throwing
6		39	else okay.	151	Okay, so what did you not like about your job	188	Island or whatever it was back in campus, just could be a small business idea was a random
7	AH 0:19	40		152		189	thought. But I always thought that will be kind of cool. Because there's a lot of people from
8	Should, I say something on what I used to do before Corona times or or everything	41	AY 1:21	153	AH 9:03	190	this faculty and heard that already are working on like having their own small businesses or I
9		42	And so can you close your eyes and imagine that you're having lunch? What do you notice	154	but it's maybe it's like something not so related, but my bachelor University, the building that	191	know that the student association organizes like, flea market like creators markets once in a
10	AY 0:23	43	in terms of what do you see? What do you hear what do you touch	155	I spent most of my time was right next to like the main Wi Fi like the passage main passes	192	while, but like, why not on a weekly basis? Or more often, people just can casually sell and
11	everything	44		156	that goes through the campus. So it's just like sick just like situated right next to it. So you	193	buy things. Okay, let's
12		45	AH 1:38	157	see and also like Sir, there's not much space where people to hang out in front of the	194	
13	AH 0:24	46	I hear a lot of people talking they're also having fun with their friends colleagues are usually	158	building and usually that space people just people are smoking their you know, the building	195	AY 12:07
14	I'd say before Coronavirus I think I used to spend some time there especially for a during	47	for lunch I was at the stone table and place so it's usually pretty cold I'm not a big fan of it but	159	so I don't really have good memories, because I don't smell like like a lot of smoke and	196	tuna new things that I didn't think about myself. Okay, supposing your path to the faculty
15	recess hours or for lunchtime then I would just hang out with friends on the grass or have	48	I want to have my real tape proper table so that's the seats that I prefer and I guess when it's	160	people just get into the building. So it was quite shady. We're not getting that much sunlight,	197	through this transition space changes every day? Would you like that?
16	coffee there or just sit down in front of the pond	49	when the weather is super nice you can also hear the willow tree like the breeze passing	161	the main gates so I always kind of felt cold and dark. Really have good memories, but	198	
17		50	through the village tree that I really liked that tree like that's like pseudo pine and like if you	162	entering the building. Back then, like I guess if I recall that memory, I would prefer this setup	199	AH 12:25
18	have my lunch or a cup of coffee with them during corona times? Think I was never really	51	hear it this leaves flowing through the release time I guess all done like way as that sounds	163	much more.	200	Is it that I'm taking different paths or that the Prophet self is somehow changing? Yeah.
19	there. I mean, I was just walking past by to get into a building but I wasn't really spending	52	nice and a look at it. Maybe you also see some dogs or just other people hanging out your	164		201	Okay. Ah, it's hard to imagine, but I think if this is the direction that I'm heading is still the
20	time there	53	deployment	165	AY 10:05	202	same. And it's just a surrounding, that's changing, I think I would enjoy.
21		54		166	Okay. It's very clear. Thank you. So I tell you that you have to spend five to 10 minutes in	203	
22	AY 0:55	55	AY 2:41	167	this space right now. And you don't have your phone with you. What will you do?	204	AY 12:45
23	before corona or	56	and how does all of that make you feel?	168		205	Okay. And what you said that, if you were made to sort of change the direction yourself, like,
24		57		169	AH 10:21	206	seek something, how would you like that?
25	AH 0:56	58	AH 2:44	170	Do I have something else?	207	
26	During coronatimes.	59	Very peaceful Yeah, yeah. Really refreshes you during the day I guess.	171		208	AH 13:00
27		60		172	AY 10:23	209	Not every day, but like, if it changes every season, or like, every month, I would be okay with
28	AY 0:56	61	AY 2:57	173	Ah yeah sure you can	210	it. Because like, often, I'm not really thinking hard when I'm walking towards the spillway.
29	a time Okay, okay.	62	And have you ever noticed anything unusual have been in that space	174		211	That's because I've done it like, hundreds of times now. So it's just like, walking without
30		63		175	AH 10:26	212	really thinking. And if I have to, if I if I get distracted and this sense of finding my way, I don't
31	So just coffee and lunch and nothing else.	64	AH 3:07	176	I will first just go grab a cup of coffee and sit somewhere or it's dry and sunny. And	213	think that I would like that much. Okay,
32		65	unusual like ever	177	sometimes I just like watching people or like trying to try to listen to people talking. But if I	214	
33	AH 1:02	66		178	can just do whatever, I would try to sketch people probably Oh, okay.	215	AY 13:31
		67	AY 3:10	179		216	supposing I cover the whole space with a roof, how would you feel then?
		68	or yeah over	180	AY 10:50	217	
				181	This is new a new ideas. Anything else? No?	218	AH 13:36
				182		219	It's like glass roof, I would actually prefer it. When it rains quite often here, even when it's
						220	sunny, sometimes, like all of a sudden it starts raining that like, even if you're sitting sit it
						221	down the grass, like oh, like it's so to get back. So I feel like they're like the moods kind of
						222	got disturbed.
69		110		223		257	AH 15:49
70	AH 3:14	111	AH 6:29	224	AY 13:59	258	Yes. Yeah, I don't come to be honest. Like, I don't come to this building without a purpose.
71	Oh, sometimes when the fire alarm goes on in the building yeah, I've experienced like twice	112	Yeah, maybe nice food nice warm food if I have something planned with friends and that will	225	With the rain. Yeah. The roof preferred. So, you two are saying that your mood changes	259	So I always have a purpose in life.
72	or three times that everyone has to get out of the building. So you see a whole bunch of	113	be something also that I'll be looking forward to.	226	instantly? Yeah, the rain. Yeah. Okay. And also	260	
73	people fill up the square of the transition space Mm hmm this is something new okay. All	114		227		261	AY 16:00
74	sometimes they organize events like the most recently the IP they put up tents like info	115	AY 6:40	228	AH 14:13	262	So it changes every day then mostly. Okay. And is there something that drives you or
75	bizarre calls. was nice to see that I thought I mean for me the squirrel is just a place where	116	Okay. And is there any particular happy memory that you have in the area?	229	you don't? This is just like, I think when it rains you for like, okay, dismiss it even though you	263	inspires you?
76	people casually hang out with potential that okay, maybe people can also organize so like	117		230	have some time for lunch. I think this sudden rain is somehow a signal for saying goodbye. It	264	
77	proper events here. Nice location for	118	AH 6:47	231	just feels like that to me, especially when I'm in this transition space. That's a rough I would	265	AH 16:08
78		119	Oh, the judiciary or disability attorneys area? Yeah. When the weather is nice and sunny not	232	actually like that.	266	It means like, out of the purposes that I have
79	AY 4:01	120	super summery, but someone between spring and summer and super nice outside and	233		267	
80	Okay, and in the morning when you enter the faculty what's on your mind	121	yeah, used to sit on the grass or the benches next to coffee star just enjoying the lunchtime	234	AY 14:38	268	AY 16:16
81		122	thing. That's happiest memories that I have.	235	Okay. Okay. Okay, so which color or texture stands out the most for you in this space?	269	Okay, okay. And, okay. What does happiness mean to you? What does happiness
82	AH 4:12	123		236		270	
83	well, I my first year I think I was like really excited and motivated. Yeah, cuz you spent at	124	AY 7:16	237	AH 14:51	271	AH 16:30
84	least like half of the day or like the full day in the faculty like oh, well I really like starting my	125	Okay, and what you said that you had happy memories inside the building like oh, like just	238	Green from the grass. But it's also gray, green and gray. Okay,	272	mean? Transitions? Happiness it's hard to define, I guess.
85	day. What am I gonna do today and the people that I got to meet I think about these got	126	before you answered those like you were you were like	239		273	
86	excited. But these days I want to graduate soon so like it's more stressing to come here	127		240	AY 14:59	274	AY 16:47
87	because like I actually has I haven't been here for quite a while I would prefer to go to the	128	AH 7:26	241	why From where are the tiles?	275	I'm not like judging you in any way. Like, maybe just explain what makes you happy?
88	library or Paul so that I don't meet the people that I know. Because I don't want to have this	129	at the moment you entered a belly Yeah. Let's let's make the state of fullest leap to deliver	242		276	
89	conversation like a Like how's your graduation going? I always have a graduate like, I know	130	the data fullest set of mine that I got when I answered a building I say	243	AH 15:01	277	AH 16:51
90	that they're they care me so that's why they asked but I just don't want to like hazardous	131		244	And then also the furniture, the stairs, stairs, staircases, like signifiant and the, the stone	278	Yeah, that's like, if I just hear the word happiness, the image that comes to my mind is
91	over and over again. So like I would just prefer not to come to the faculty that's the state of	132	AY 7:40	245	table and the benches next to it, and also Pulse Building thing. grayish.	279	spending time with my friends or family with nice. Nice meal, nice for meal and maybe
92	mind these days but before I really enjoyed it	133	do you see something and feel that or hear something and feel that	246		280	enjoying the winter. It doesn't have to be sunny, but I guess like sunny fits more. But that
93		134		247	AY 15:18	281	also like if I'm sitting inside the worse warm. raining outside. It's okay. So yeah, people lace
94	AY 5:14	135	AH 7:45	248	Do you like that greenish?	282	through. I'm feeling warm.
95	okay, that's an honest answer Thank you. And then in the evening when you leave the	136	I just liked how open the building is like when you enter through the main gate and it's not	249		283	
96	faculty what was on your mind	137	one floor but it's like the two or even like three floors are open till on the ceiling so I feel like	250	AH 15:21	284	AY 17:22
97		138	we're like really open and like welcoming gives you this welcoming feeling and you already	251	I don't I don't mind this. Okay. Hey, the very, very neutral.	285	Okay, so feeling warm? And does that have to do with just temperature? Or do you feel that
98	AH 5:25	139	see people or again on the ground floor or the people in the service sighs I always check	252		286	with certain activities emotionally?
99	that I have a full day very productive before they usually I think when I'm at the faculty I was	140	games was coming in it's coming going out Yeah, I feel like you feel welcome very open	253	AY 15:30	287	
100	doing something I think that's also what makes this open this building ID faculty as has a lot	141		254	Okay. Well, great is a neutral color. I'm not surprised. Okay, so, do you have a purpose in	288	AH 17:37
101	of open spaces like us I feel like you know, you're no one wanted to be actively looking at	142	AY 8:20	255	mind when you enter the building? Are you driven by something?	289	Attraction matters is I feel like free like, I feel like the houses that I'm living in here are much
102	your screen but then like everyone passing by can somehow tell what's you're doing and I	143	sorry. And like if there was no area like this in front of the building, like you could just directly	256		290	colder than the house that I used to live back home. So I always kind of feel cold like
103	feel like that really motivates you so I don't know if I want to just like play with my phone or	144	entered the faculty. What would you feel do you would you like it			291	wherever I'm wherever I go to successful a few weeks in summer. So wherever the
104	play some games on my laptop like I don't want to what if I just don't want to have this social	145					
105	device so I it gives you the positive pressure motivation to work hard. Like I'm working here I						
106	would have a productive day. I will feel proud of myself like I did they say like my way home.						
107							
108	AY 6:22						
109	And like, is there something at home that you look forward to after?						

292 temperature is extra warm, I feel a bit more cozy. I like that's really infrastructure matters.
293 Even the food

294

295 AY 18:06

296 the food. Okay, so food and temperature and okay so it's the morning and you're maybe
297 biking to the university. And what is the first thing you see? Can you explain what you see in
298 sequence? From where on from your house to the faculty?

299

300 AH 18:36

301 Oh, okay

302

303 what I'm seeing Okay, so first I did on my door it was my key like key by key my hands I
304 locked it by like start badly and then first I see the small houses in the city center really small
305 houses like they're nice. And then so I have like two university weirdly I somehow separate
306 my path and three cool yeah so and then there's also a transition of the three so I kind of tell
307 myself Okay, I'm like already like 1/3 way there two thirds right there. So and so the first part
308 is all these like small houses and see center and then the transition there is the train station.
309 So from train station I cycle through the big passage way so that I see the canal so I go and
310 then the next position is to bridge I will say the big bridge. Like I wouldn't go across over it
311 because it's uphill I go under it but still like when I see the bridge Okay, now I'm almost there
312 to the faculty. So after the bridge, I think I somehow consider all of that way like that area.
313 like part of the campus winning, you see architecture faculty kind of make sense there. From
314 then on, you don't really see much fun things like mostly new building on the way, then you
315 enter you feel like you really enter the campus when you pass by the students and students
316 support the building next to DPM faculty are like, oh, now I'm really on campus. And then
317 you turn to the bike shots for the ID faculty, which I'm not a big fan of. Because it's always
318 font and the people working there I just have mixed feelings. I know that they're nice, but
319 then sometimes they can also be a bit mean, like they try to help you out putting your bike
320 up, because I always have hard time putting my bike up on the the place on top, but so I
321 would usually in in stations or like we're going somewhere else. I was sneakily trying to park
322 it somewhere between like other bikes and the downer part because it's much easier with
323 the feet here. People keep eyes on you the whole time. So I have to put it off, or just like, go
324 to the upstairs, take the stairs. Oh, I'm not a big fan of that. So that's like shed areas but
325 more stressing that as I marked my bikes and I'm like, okay, all said no. Now you really feel
326 like you're starting the day.

327

328 AY 21:39

329 Okay, and then you just walk in through the building. You don't do anything else? Not really
330 no. Okay, so can you compare what you feel inside the building, and then why we are there
331 like to two sets of feelings

332

333 AH 21:58

371 even saw like little kids of one of my professors tripping herself because like it is not tiles, but
372 like the small rocks looking tiles. I think some people can actually drip.

373

374 AY 24:56

375 Okay, that's good material. And have you ever exchange in something with someone in the
376 space

377

378 AH 25:04

379 exchange No, no.

380

381 AY 25:14

382 Okay. Oh, and last question like how do you think this area should be designed

383

384 AH 25:21

385 a little more interactive way it's like more activities happening in general because I like how
386 the food's structure there the other side of the campus and you see these people always
387 hanging out in this area to get there and also like having different food trucks every day thing
388 people somehow have this expectation like Oh, food truck is coming today just think of
389 brings more energy to it because I think that people are spending that much time in the
390 square. Wait really, maybe sweater also like the tree and the grass area in the middle. I have
391 mixed feelings about that area because I like it but then also somehow blocks like separates
392 I think the space into two different parts. So you don't clearly see the people on the other
393 side. Like it doesn't feel like an open open space but then it's like plus the space in the
394 middle not a big fan of that so maybe it's better if they don't have the tree there.

395

396 Maybe the grass is okay, I guess. Yeah, and just now No, so more activities and maybe like
397 better walking pathway. I'm not like I said I'm not a big fan of these these styles. But I think
398 often when they use sea sky

399

400 hotels, they would have like a walking path. And then you have these lists like next to the
401 pub. Like I would prefer that for walking purpose.

402

403 AY 27:17

404 Okay it's the end of the interview. Thank you. Yeah, save

405

334 now. So right after I entered the building and when I'm in the transition space me

335

336 feel like I really arrived when I entered a building. I've Maybe also because of the roof. Like
337 okay, now I'm really in the working row, but then the transition space like unless I'm enjoying
338 the time with someone there if it's just my on my way to uni. It's just I just want to just walk
339 fast to get into the building, no emotions or anything. Because like, often I don't know where
340 to look at. i It's a weird feeling that I don't want to make eye contact with random people. But
341 but then because the it faculty like the cafe or like the offices upstairs you see when they're
342 also you see people and also from Paul's there are a lot of people from inside. And there's
343 no I want to like make random eye contact with any of these people. So I just like look at this
344 or look at the gates. It's wildfires. I just want to get into Okay, that's the feeling that I'm
345 hoping you enter like Okay, now we're finally here and you

346

347 AY 23:18

348 avoid this eye contact because you're late or you just don't prefer it.

349

350 AH 23:25

351 I just don't prefer it. I don't know like what kind of face I should make. Because like if you're if
352 you if you make eye contact with people on streets, then maybe I didn't know you can smile
353 or even say hello, but but like from this iconic through the window. It just feels kind of weird.
354 That you're just staring at each other I don't know what to do. I don't necessarily enjoy it.

355

356 AY 23:49

357 Okay

358

359 Like, how would you rate your experience of walking through this space right now?

360

361 AH 24:05

362 Out of five, let's say four.

363

364 AY 24:08

365 Oh, okay. Okay, like how did you read the form?

366

367 AH 24:14

368 I like the view like the energy that I get. Yeah, like I would usually associate it with like
369 something positive like my experience there. But I guess the minus one is that awkwardness
370 and also the the this passage like path. I think that's the best to walk on. Like this stones. I

1 Transcript AJ

2 AY 0:01

3 Do I have your consent to audio record this interview? Yes. Okay. So welcome to this interview
4 about your experience with transition spaces. This graduation project is about designing transition
5 spaces, such that people using them achieve a happy state of mind. And the aim is to design spaces
6 that make people feel stress free, absorbed and absorbed in dofollow activities. And the context is
7 particularly the transition space in front of the entrance to the building of ID, that gray area, open
8 area that deficiency there. And basically, a transition space is an area which is used to commute
9 between a public area and a private building, you know, or between two buildings even. So it can be
10 either external or internal, but particularly, it's like within Id also the I would say the organizing,
11 yeah. So I have 26 questions in total. So it depends on how quickly you answer them. Okay. Take
12 your time. There's no rush, there is no right answer. There is no wrong answer. Whatever comes to
13 your mind be open this talk. And yeah, so shall we begin? Yes. Okay. What do you do in this
14 transition square? Usually,

15

16 AJ 1:26

17 I generally listen to songs and walk around and just observe the code.

18

19 AY 1:30

20 Rolling. Okay.

21

22 AJ 1:32

23 That's all I just look at everybody what they're doing. Mainly, I see people just chatting. It's a nice
24 visual to have. Why? It reminds me that this is what is the student life. That's holiday. Just see a
25 good community. There's a happy community up here you have people stressing out you have
26 people laughing, giggling around. It helps me choose my mood.

27

28 AY 1:58

29 Interesting, okay. And who do you meet in the space? What do you do together?

30

31 AJ 2:03

32 Generally, I meet some of my friends, we go and have coffee at the coffee star outlet, then come
33 out, just walk around or stand beside the water. Just stand beside the water and dock with the
34 coffee in hand.

35

36 AY 2:18

37 Okay, and at what moment during the day or the evening? Do you go to this place?

38

39 Or you go to this place around 11am or 12pm?

40

41 AJ 2:29

42 Only these tools and try don't go there in the evenings. My only been that in the morning. Night
43 never saw requirement to be there in the evenings.

44

45 AY 2:39

46 Okay, and how much time are you currently willing to spend in that space?

47

48 AJ 2:51

49 maximum of five to six hours is what comes to my mind. Oh, comfortable that much? I don't mind if
50 there's people around me. I don't mind. I can just sit down once

51

52 AY 3:01

53 for five to six hours. Okay, can you elaborate a bit more? What do you watch? You know,

54

55 AJ 3:10

56 what do I watch? I generally just look at people walking around with coffees in their hands. Some of
57 them are just talking. Some of them. You know, how do I say this on calls as well. Some of them are
58 on calls. It's just the facial expressions is what I look at every person's facial expression. That's all I
59 can. That's enough for me.

60

61 AY 3:34

62 And that's important to you. Because

63

64 AJ 3:38

65 it describes in a way for me describes what the person is feeling in that moment. It can be if the
66 person is anxious, it will show on the face. If if the person is happy, happy it will it will show on the
67 face and why

68

69 AY 3:49

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34 coffee in hand.

35

36 AY 2:18

70 does that matter to you?

71

72 AJ 3:54

73 I generally judge people by their face before I talk to them. Interesting. So it's helpful in that way.

74

75 AY 4:01

76 So then do you normally hesitate to talk to people? Yes, I do. And you're saying that seeing them
77 their faces helps you to them

78

79 AJ 4:12

80 first feeling and then I go approach them.

81

82 AY 4:15

83 Interesting. And can you close your eyes and imagine that you are drinking a cup of coffee in the
84 square? Tell me what do you notice? What do you see your touch?

85

86 AJ 4:32

87 Right now I'm standing beside the coffee star but near the water I'm just talking to one of my friends
88 but then I just look around. I see people walking in and out of pulse as well as ID. Then I have some I
89 have some people who are sitting outside coffee star and a few people inside coffee star I'm just
90 feeling content, just having a good conversation being in the moment.

91

92 AY 5:07

93 Oh, is that all you feel? Or is there any other emotion that you feel?

94

95 AJ 5:14

96 One emotion or a feeling that I would describe this? Just to explain this, how to explain this?
97 Sometimes I do feel out of place, sometimes. Yes, I obviously do feel out of place. Because this is
98 new to me. Specifically watching the foreigners is new to me. Sometimes, yes, I do feel out of place.

99

100 AY 5:46

101 Okay. And this area helps you deal with it.

102

AJ 5:51

Huh? Yes, in a way, yes. Because I'm basically forced in a situation where I'm surrounded by all ethnicities around me. So it keeps me calm my mind saying I'm still part of this group. Okay, it takes me to realize this.

AY 6:06

Interesting. Okay. One second. What do you feel when you're inside ID because you already described what you feel within that space. So now I want you to, in contrast, describe what you feel when you're inside ID.

AJ 6:28

What do you feel when I'm inside ID ID in the ID the space as soon as I enter the space reminds me of my work. It helps me like focus like it immediately shift my mindset shift towards the work. I only think about work after that. And obviously there's good canteen, as well as the coffee machines. They're helpful. Mainly this good. There's a good amount of natural light in it. That I don't see in three me. That is a really good mood booster.

AY 7:06

And is that the same when you leave Id get about to leave ID and what's on your mind.

AJ 7:23

One thing is I always think about this if I'm whenever I leave ID, I think about having coffee in coffee star with a friend. As soon as I get out of ID that's always on my mind. And I think of calling somebody else anything.

AY 7:39

And do you actually do that? So far have not done that. Life?

AJ 7:44

I've recently gone to the coffee star before this. I haven't been to coffee star. No, it looks nice. Once I've been in I'm more comfortable now. Okay. And I would like to do this in the future.

AY 7:55

And there's nothing else that's on your mind. No, it's blank.

AJ 9:57

The rd business fair

AY 10:00

It was inside the building, right? What I'm talking about like outside in that area, when I say space, I mean that outside outside area

AJ 10:09

I attended my first lecture in punch first ever to lecture in need felt like it was a really good, happy moment that day. I felt like a sense of belonging here, I felt a sense of motivation. Once I came there. It always reminds me of this yes, this is also the essence of motivation in that space, because I'm just surrounded by all the students.

AY 10:39

Okay. Nothing else motivates you other than the people?

AJ 10:44

No, I am more of an environment. My environment matters to me.

AY 10:49

Okay, interesting. And can you elaborate a bit more? Because you just mentioned only business fair? Why is that a happy memory.

AJ 10:58

That was a happy memory because I could interact with some companies which don't even link to my faculty. But it was still interesting getting to know about the company. That was the first time I ever actually like went to a business fair and spoke to random companies. And one of them was okay with even having mechanical engineers as design engineers in their company. So it was a happy memory that day that I found randomly one company one opportunity.

AY 11:28

Okay. And have you ever noticed anything unusual happen in that transition space outside?

AJ 8:02

Yes, I'm basically done with my work for the day. Whatever work I did on this is the I feel content with the work I've done only in ID. Even though I've written half a page. I don't mind. I come back happy.

AY 8:16

Why is that? Why do think that is?

AJ 8:19

Because I see so many people around me just working. Some people might finish their work some people might not. But it just gives gives me a sense of security that I did my work. I was amongst people who went to Hawaii just working there.

AY 8:35

And though all of these thoughts like are they different from the thoughts you have when you enter ID in the morning?

AJ 8:48

Before entering I obviously have some other random personal thoughts on my mind. But as soon as you enter ID as I said, I get work focused. When I leave I'm happy.

AY 8:59

Or do you mean by random personal thoughts? You don't have to take any names. Just say a friend or like anything, anything that you think of that you that's on your mind. Because I'm more interested to see.

AJ 9:19

I generally think about the conversations I've had with my friends over the last few days and it's not just one day ago at least but a few days ago. I replay conversations in my mind. So I just keep thinking about what I spoke do I did I miss anything? And if I miss something, how can I react better next time? Okay, just my general thought process.

AY 9:48

Interesting. And any particular memory in this space that made you happy?

No, okay. You probably don't visit ID that often. Do you? Okay. Next question. Have you ever exchanged anything with someone that?

AJ 11:56

Yes, I have exchanged charges.

AY 11:58

Charges. Okay.

AJ 12:01

I listened phones, I called one of my friends that I forgot my converter, the Indian to Europe converter. He got it. So I went and picked it up. This was the only exchange I've had.

AY 12:12

Okay, so you never exchange coffee? Or food?

AJ 12:17

Coffee? In the sense. I just have coffee with my friend but only outside.

AY 12:22

Okay. And if there was no transition space like this, would you like it? Why or why not?

AJ 12:34

I wouldn't like it. Because I like open spaces. Before I enter any confined space. I like there to be an open space. This is my opinion, or my perspective. If there is no open space, and I just don't feel good, it feels uncomfortable. Like I'm just going from building to building with a small road in between. It doesn't make sense.

AY 13:00

What qualities do you like about that open space?

AJ 13:05

One, one thing I've heard about the open space is they my faculty was trying to experiment something in the water fountain. They were trying to install I think some sort of electrolyzers for the fuel cell. When I read about it, it was very interesting to me. Other than this?

AY 13:28

Okay. So if I told you that you're that you go to the transition space for five to 10 minutes and you sit down there, but you don't have your phone with you. Okay, what will you do?

AJ 13:46

Just sit back and watch. Just maybe relax on the grass. There's a small trees where there's small grass space in between, just go sit there. Look around, watch people.

AY 14:00

Okay. And supposing your path to the department, the faculty through this transition space changes every day? How would you feel?

How will it change? Or will it change

to something design, they're just your the direction or the path you take to enter the building? It is changed every day.

AJ 14:26

Okay? If there's any interesting things, it would be nice. Like, if there's no light during the business where there was a retired vehicle, there was a prior retired vehicle. If something like that is there, it's always interesting to see. And I've even seen I think some more cars being assembled some electric car. Monday was just entering ID and I saw an electric car being assembled in front of pulse. I don't mind if something like this is that it's going to be really good.

AY 15:00

Okay. This is what I meant by unusual. Haha. Okay, yeah. So supposing I covered the entire transition space with the roof. Would you like it?

AJ 15:13

No. This is the best place where it's nice and sunny.

AY 16:42

Okay. Excuse me. So don't worry. It's not COVID building or a park or a public space, which has made you happy. Describe it

AJ 16:55

building or a park or a public space. Public Space malls always excite me. Just a shopping mall. In me it gives off that vibe gives off that vibe to me. Like it's like, I feel like I'm entering some shopping Hall. As soon as I enter I say just people sitting there talking down on the left you have the food cold night reminds me of a mall? To be honest. That makes me really happy. Yes, this is my answer.

AY 17:29

Okay. What gives you a sense of purpose when you walk into ID?

AJ 17:46

Just being surrounded by students, that's

AY 17:49

okay. And when you're studying, is there something which gives you a sense of purpose?

AJ 17:58

Nice people around me if I see them working, that gives me a sense of purpose. Okay. My environment matters to me.

AY 18:05

Okay. Okay. And where do you enjoy interacting with your friends? Is it an open place? And what activities do you participate in?

AJ 18:16

We generally meet in an open space just have a coffee and chat for a while. We enjoy doing this. It's nice. So this transition spaces these what we do this two days back I've done that. Oh, can you describe it? So me and my my friend came out of pulse he was studying there. So we just went into coffee start grabbed a coffee, walk around the square ones and then stood in front of the water part water body and just spoke for me.

AY 15:19

Okay, and which color stands out the most?

AJ 15:23

Which color stands out the most in that space? For me, it's the gray of the floor. It's too bright.

AY 15:34

Okay, for me,

AJ 15:35

it looks really nice and bright. Or like a good entrance. It's just a great flooring that's say like,

AY 15:43

Yeah, I

AJ 15:44

like that. Okay, we're entering it.

AY 15:46

Okay. And which textures do you enjoy when you are outside

AJ 15:57

I do love working on concrete a lot. And the space in front of it is actually flat flat. Some places in the university are not flat. So for me, it's good because I have ligament there in both the ankles. So the more flatter the surface, it's better for me to walk. Then you have textures. Textures, one thing I will tell you one thing I like is the ID as well as Pulsus glass.

AY 16:31

facade. Those Okay?

AJ 16:40

These two textures.

AY 18:46

Okay. Did you observe anything? They're

AJ 18:51

very absorbed how the coffee store employees. Okay, inside, not anything outside. But inside. I saw how they were not so much trained in as a barista. Okay. They were just bringing the coffees, they were not professionals.

AY 19:08

Okay. What does happiness mean to you?

AJ 19:22

If there's any goal in my mind if there's any task I wanted to do for the particular day, and they get it done. That's a source of happiness. For me. That's a sense of happiness, accomplishing tasks that I set for myself.

AY 19:40

And what does happiness mean in your culture?

AJ 19:50

Happiness in my culture means just being content with what you have and not aiming for something big.

AY 19:59

Okay, And last question, how do you think this transition space outside should be designed

AJ 20:09

more greenery I think a pathway. I think the whole square if there's more greenery and a pathway leading to pulse and as well as ID, he couldn't be more nice. It would be more beautiful to see. Yes, this is my answer.

AY 20:27

Okay, thank you very much. I'll stop recording now.

373

1 **Transcript C**

2 AY 0:02

3 Yeah, that started to record now. Okay, so the first question is, well wait a welcome

4 to this interview about your experience with transitions spaces.

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7 using them achieve a happy state of mind. The aim is to design spaces where

8 people feel stress free, and they get absorbed in joyful activities. So the context is

9 particularly the transition space in front of IDE, the empty square before you enter

10 the building, do you know where that is? Okay. So it's very like people meet for ID

11 cafe and stuff like that outside. So basically, a transition space is an area used to

12 commute between a public area and a building or between two buildings. Is that

13 here, okay. Okay, so, before we begin, I would just like to ask you again, if I have

14 your consent, since we're recording it now.

15

16 C 1:14

17 You do

18

19 AY 1:14

20 Okay, thank you. And then the first question is, what do you do in this transition

21 square usually?

22

23 C 1:23

24 a lot of things so well, of course just commuting sometimes. When it's sunny, I really

25 like to go out to have lunch there.

26

27 When it's sunny and dry, I really like to see down in the small hill that there are two

28 trees I like to sit down there even if it's not for having lunch is that enough? For

29 example? Sometimes I feel stress for me like nature is kind of really important so

30 that's a bit the closest nature space so I like to just go and sit down there under the

31 tree just tried to like take a look at the sky. What else well sometimes it just for

32 example in some ways I also sometimes have to go out there and have a coffee over

33 there whether just buying buying it inside the faculty or buying it in the cafeteria

34 outside ... what's the name? forget that

35

36 coffee star

37

38 Yeah that one! I actually kind of really interesting... Actually, sometimes I a couple of

39 times after I finish or Yeah, for example, last time I finished build your startup it was

40 one month ago more or less a we went with my group and another few people just

41 have to kind of celebrate so we just have a couple of drinks there in the small

42 benches that there are two there are like besides the wire buddy yeah, it's it's kind of

43 a nice place to be just to save some some fresh air. Well said Yeah, so I also like to

44 see people you know, want to see people going, see people passing just see what

45 people there is. I really enjoy that a lot. Like maybe that's awkward sometimes

46 because people realize that you're looking at them. But it's just nice. And it's not like

47 you're observing a certain person to see what the hell is the person doing now just

48 just just like to be to see people and realize that there's also so many people that you

49 just didn't know despite you're at the faculty almost all the time Well, not all the time

50 but you kind of go frequently to the fact that basically realize that there's a lot of

51 people that you never saw in your life before so that's that that's pretty nice. Yeah, I

52 think I think that would be it and of course I like to go sometimes to the to the cafe.

53 So

54

55 AY 4:27

56 nice. Do you enter it from outside or inside? Like the end? Do you enter it directly

57 from the area of the square or do you enter it inside the building?

58

59 C 4:41

60 Can you enter from inside the building?

61

62 AY 4:43

63 Yeah!

64

65 Okay, okay. So that's something good to know for me, I guess. Like it's the have you

66 seen like the hall where they like The entrance where they've displayed like the best

67 projects?

68

69 C 5:04

70 Oh, I know which one you mean? Yeah,

71

72 AY 5:06

73 there's a door at the end of that corridor.

74

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35

36 coffee star

37

75 C 5:09

76 There, I entered once through that door. Like, I really like to go through this. And also

77 because I leave my bike there. So the parking lot. Makes sense.

78

79 AY 5:24

80 And I just wanted to ask you, like you explained a lot about what you do who you do

81 it with in the square. So how does all of that make you feel right now?

82

83 C 5:38

84 That's a bit of a broad question. Mm hmm. Well, when I think kind of makes me feel

85 calm when they do it. That's the question, right? Like, how do I feel want I do these

86 kind of activities? Yes, yeah. Yeah, calm, like, because it's kind of an old really open

87 space and there's dirt. Yeah, there are green things like the hill and the trees. So,

88 okay, makes me feel calm, and allows me to recompose myself when I am stressed.

89 Hmm. Okay. So, yeah, again, I'm a really big fan of nature. So for me, like being

90 outside is quite important. That's why I think maybe just going out and just being able

91 to sit down under a tree, like really works really well for them. It kind of, I can relate it

92 to when it's sunny, and you can really see some sun so everybody goes out. And

93 happiness sensations its like oh yes

94

95 AY 6:55

96 this. Yeah, definitely can relate to that. Like you described a lot about what you see.

97 But like, is there something that you like to touch or listen to when you're there in that

98 area?

99

100 C 7:15

101 The grass, I would say Yeah, totally. I like to sit on the hill. Okay. I never put anything

102 below me just surround myself. I'm filming and spend some time just lay down. I just

103 like to feel things across see try to also hear that the sound at least if the trees have

104 leaves. I really like to really like nothing really like to just take the leafs and play with

105 them. Ah, okay. That's kind of really de-stressing for me.

106

107 AY 7:58

108 And is there any other texture that comes to mind? Other than the leaves?

109

110 C 8:03

111 No, no, no, because the rest of it is a concrete so. Really?

112

113 AY 8:12

114 Okay. Okay, so have you ever noticed anything unusual happen in this place?

115 Something that you remember.

116

117 C 8:25

118 They evacuated us? Sorry, when they evacuated us? Oh lation Bender, just a

119 simulation. This is a trio that they took everybody outside the faculty and I was doing

120 something really important.

121

122 Fuck yeah, that was annoying. And yeah, that has happened a couple of times. But

123 for me just once. We were outside. Yeah, just everybody was just like, there then the

124 firemen arrived. They weren't even like sending pieces because it was like the

125 fireman inside the truck is like sending Jesus to airborne. I would classify that as

126 unusual. But

127

128 AY 9:24

129 okay. Okay, this is something surprising. I didn't think you know,

130

131 C 9:29

132 something. I think it's interesting sometimes that I've seen people playing ultimate

133 ultimate.

134

135 AY 9:38

136 Oh, okay. What is that game?

137

138 C 9:40

139 The frisbee, the frisbee thing. Okay. So I have seen a couple of times people playing

140 games. So for me, it's not that common. So that's kind of unusual. And I think it's

141 nice to watch them. But it's um, once like There was this dog Robot from. I don't

142 know, if you were there that day, in the beginning of the last semester, the yellow

143 robot from one company I don't know, they were just like, walking him. It was pretty

144 nice. Yeah, that's counting all the things that I remember that were kind of unusual.

145

180 safe space. So same for call space, but there's not that much people that you can

181 just hang around a bit and just chill out a bit and just read. I think those spaces are

182 quite important for me, again, because I like to be outside I like to be outside in the

183 city. So this kind of middle point, places are quite busy.

184

185 AY 12:57

186 And like you mentioned that you enjoy the transition. So do you think there's like a

187 transition in your mind and your experience when you step through such spaces

188 maybe your thoughts change, your feelings change a bit?

189

190 C 13:20

191 Kind of gets me ready. Okay. So or allows me to, I mean, there are two kind of

192 situations so when I'm just arriving to the faculty it kind of gets me ready that okay,

193 it's for exmaple. When i i put my my my face masks I take off my hat and we

194 have had a lots of you know, it's kind of this for instance like when you get ready for

195 getting into study mode. And then the other one is when I just go out and then come

196 in again, just for the break or anything. So in that moment is more like a relaxation

197 sensation. Because like I feel calmer when you kind of awesome to breathe stretch

198 find those kind of sensations

199

200 AY 14:21

201 Yeah, that's that's really insightful. Thank you. Maybe like one question would be do

202 you remember through your travels maybe I know you travel a lot. A particular public

203 space which inspired you or made you feel really happy?

204

205 C 14:40

206 Does it have to be in the city or nature?

207

208 AY 14:44

209 It can be anything as long as it was a public space. Well in the open Yeah.

210

211 C 14:52

212 Yeah. But that that makes it too broad I think because I know a lot of nature spaces.

213

214 AY 15:00

146 AY 10:25

147 Okay. Yeah, remember so many people posted stuff about the dog that day? And is

148 there a particular time during the day that you prefer going to the this place

149

150 C 10:44

151 where at noon for having lunch or in the afternoon? The afternoon? Around three or

152 four when there's still some sunlight.

153

154 AY 11:00

155 Okay, so Sun is the main important factor.

156

157 C 11:04

158 Yeah.

159

160 AY 11:05

161 Okay. And if I told you that, you know, hey, I'm going to design a huge roof to cover

162 the whole square, would you like it?

163

164 C 11:13

165 No

166

167 AY 11:16

168 Okay, got it. And if there was no transition space like this, like if you had directly

169 entered IDE from the road, would you like it?

170

171 C 11:33

172 Well I don't know. I think I wouldn't.. I think that this kind of transitions are quite nice.

173 And I think you have always have them

174

175 Cause is in my Bachelor's University, I think I have always had them. Really, the only

176 time that I didn't have it was my last job, I think. And it wasn't that nice actually.

177 Yeah, I think it's nice to have kind of that space, because it's not just some transition

178 to arrive. But it's kind of, they're just kind of places that you know, that you just can

179 go out a bit and you're kind of in different ways that is not entirely outside, but it is a

215 Okay

216

217 maybe someplace which was designed a bit okay

218

219 C 15:11

220 yeah so in this Slovenia Ljubljana which is the capital they love walking so a warm

221 kind of walking to hill to kind of small ones and there is inside the city

222

223 to get into the actual mountain you kind of go across a Park which was designed so

224 it's it has gardens and a couple of nice buildings and everything so it's a super nice

225 transition within the actual city and a natural place so you feel a transition so that

226 feels super super nice. You can see people laying around just like people with their

227 dogs just like children out of bed so I think that's super super nice sensation and

228 even when for example I came back from one time I just lay down in that park to kind

229 of get rest of it before going to the actual city again so that would that's definitely one

230 of those kinds of places there are many more but the thing I think that's one of the

231 ones that I would rescue a lot yeah, I've missed That's enough already if you wanted

232 to see another one

233

234 AY 17:00

235 No don't that's good. Maybe you could text me the name of the park so that I can

236 study it a bit.

237

238 C 17:07

239 Let me look for it right way. Because I....that Tivoli park yep. Send building for you

240 are here. There it is.

241

242 AY 17:39

243 Thank you

244

245 C 17:45

246 was pretty nice. Okay.

247

248 AY 17:48

249 Yeah, it's rated very highly on Google.

250

251 C 17:53

252 Yeah, also Ljubljana is nice, fucking beautiful city. So it's not weird.

253

254 AY 18:00

255 So then beauty makes you happy

256

257 C 18:03

258 HA definitely. But yeah, again, I really like cities that have kind of a really nice

259 balance with nature and city. I like just concrete. So that's also why I like so much

260 that city because everything was great.

261

262 AY 18:21

263 Mm hmm. And like, maybe can you describe to me what happiness means to you?

264

265 C 18:32

266 What happiness means to me- being in the place that I want, when I want, doing

267 what I want to do in the moment that I want to be like, being willingness to believe

268 that moment and feel and being aware of being living that moment. That's how I

269 would describe it.

270

271 AY 19:09

272 Okay, that's a very powerful definition. Does that come from your culture in a way?

273

274 C 19:17

275 I don't think so. I thing it is a very personal thing. A lot of self reflection. I'm a really

276 introspective person. So I really like to have like a lot of just, I never asked myself

277 that question per se. But I have thought about like, what is that actually? There's also

278 one another thing that I like to think about is that happiness is not a destiny but it's a

279 path. Something that you live, it's something you achieve.

280

281 AY 19:49

282 Okay. Do you feel that when you're on that path, you feel a sense of purpose?

283

318

319 C 21:48

320 Yeah That's

321

322 AY 21:49

323 okay. And, yeah, a really broad question in the end, like, how do you think this area

324 should be designed?

325

326 C 22:02

327 More trees. Okay. Yeah, in addition to that. Yeah, I think I would like just more grass.

328 And more than that I think it is quite nice.

329

330 AY 22:18

331 Okay. Got it. So thank you so much for your time, C.

332

333 C 22:26

334 I hope it was a nice chat.

335

336 AY 22:31

337 sorry?

338

339 C 22:33

340 I hope that it was insightful for you. Yes, definitely.

341

342 AY 22:36

343 It was

344

345 C 22:38

346 Good luck with your graduation.

347

348 AY 22:39

349 Thank you. You too.

350

351 Bye, take care and get well soon.

352

353 C 22:45

354 Thank you! bye

284 C 19:57

285 No, because again, it's not something that is it's not it's not. It's not destiny it's how

286 you arrive to that destiny. So for me, goals are really important. But what makes me

287 happy is how do I get to that to those goals like each moment, like, evaluation

288 moment, like being with people, like, look at the sky and see how beautiful it is, look

289 at a tree just feel a nice sense. So it's something I think you should be happy and not

290 become happy. I think that's slightly different than....very different because the thing

291 we as humans, we can never, if happiness would get attached to an objective. We

292 will achive it, we will realize that we need something else. So that's why I'm saying

293 happiness should be related to different... goals aregoals. And they're nice to

294 achieve they're different to that satisfaction. And satisfaction is not the same as

295 happiness.

296

297 AY 21:08

298 Okay, and are there any other designed activities that make you happy?

299

300 C 21:16

301 Drawing? Okay. That's one.

302

303 AY 21:21

304 And I know you like the bike.

305

306 C 21:24

307 Yeah, yeah. Okay. Baba, you said designed activities.

308

309 AY 21:29

310 Yeah, I know. I was just thinking about other than design. What you also like to do so

311 just to give me an idea.

312

313 C 21:37

314 Yeah, in general, just biking. I think outdoor activities.

315

316 AY 21:42

317 Yeah, so nature is a huge part of what makes you happy.

Transcript D

1

2

3 A: Do I have your consent to record?

4 D: Yes

5 A: Okay, great! So, umm what do you do in this transition square usually?

6 D: Uhh when its nice weather and its sunny, I sit on the little grass fold with my

7 friends during lunch. Sometimes we get a coffee at the coffee star and sometimes I

8 remember we had coach meetings at the little benches in front of Pulse. But for the

9 past like half year it hasn't been nice weather, so I haven't really spent much time

10 there. Usually it's at a point where I just park my bike and go to the faculty. But I

11 think that will change in the coming months.

12 A: Okay, so who do you meet in this space, like apart from your friends?

13 D: Umm so I meet other students for sure. Sometimes I am doing a group project

14 and then we take a cup of coffee. Umm so they are not necessarily my friends and

15 just people I have been working with. Uh sometimes my friends also from other

16 faculties and sometimes I see a coach or a teacher. Usually I don't usually really

17 interact with them but I will acknowledge their presence in their mind.

18 D: Just like by waving and smiling.

19 A: Okay, that's good. What do you do with these people other than working?

20 D: So if it's for example my friends or like workmates usually we just sit outside and

21 we have our lunch there so we eat or we get a coffee and drink the coffee. That's it

22 so then eating and drinking mostly and the using this space mostly as a place to just

23 relax.

24 A: Hmm okay, and at what moment during the day or the evening do you go to this

25 place?

26 D: So during the lunch hours and also sometimes later in the afternoon like when

27 you get a bit tired from the inside, just to get a bit of fresh air and to relax there a little

28 bit for like half an hour. And sometimes on Wednesdays when it is Kafee I could also

29 sit there so in the evening.

30 A: Okay, and how much time are you willing to spend here?

31 D: Oh, as long as I want. Like I could spend an hour there easily because I really like

32 to sit on the grass and in the sun and I feel like especially at the faculty umm there

33 are so few moments where you can connect with nature and you're like so closed

34 away from nature that just like sitting on the grass for a couple of minutes makes me

35 feel more connected and makes me feel calmer.

36 A: Okay, and can you close your eyes and imagine you're sitting on the grass? What

37 do you notice? What do you see, hear, touch?

79 cocktails which was very nice. So like we were sitting there and soaking up all the

80 sun. And also I once did a race there. You know like those fake cars? So they have

81 like a motor which you build them yourself.... It's like a toy car. But we built our own

82 from like broken bicycles and stuff like that. And then they put a ramp in the grey

83 area and we would roll off the ramp and I was the driver. which was very scary

84 because it was high... and our stuff did not work. And it was really nice to experience

85 this kind of adventure at the square.

86 A: Fascinating. Have you ever noticed anything unusual happen in that area?

87 D: Umm, yeah. One time there was an orchestra there at the bridge. It was I think a

88 day not like gay pride because it was in September but I think it was just a gay

89 acceptance day or something or visibility so like an orchestra dressed in purple and

90 at the bridge there were like so many stones falling down (laughs) because there

91 were so many people on the bridge. So again, I think I remember that and also I

92 remember the markets that they put up there.. the IDE.. people who make the stuff

93 themselves like the things for sale.... Those were really nice to see too. Of course,

94 the festivals! Because when it's IOF, they put entire things to see. Umm and the

95 cars, when the automotive design minor starts, people outside build cars from plastic

96 tubes. Umm and sometimes you see people outside walking with flyers like trying to

97 sell you something and I just try to walk around them but I do also remember those

98 moments.

99 A: Okay very nice! That's a lot of good material. Have you ever exchanged anything

100 with someone in this place?

101 D: It can be anything?

102 A: Yeah!

103 D: I think I cannot really remember that well. Sometimes I would buy a coffee there

104 for somebody else. One time I was there with my group from ITD. And the guy from

105 the Kafee came to us and asked- yo guys! We are almost at like 1000 euros. Please

106 can somebody buy a coffee so we can reach this goal for today? So I went to buy

107 the coffee from him for example. Also exchange a lot of conversations with random

108 people at parties or at festivals. Just sitting next to and just chatting while eating

109 fries.

110 A: ooh! And if there was no space like this would you like it?

111 D: Umm no because I really like the green. And the grass fields because the grass

112 fields tell me that (this feels a bit vague but) this faculty is not only about working and

113 doing stuff but it is also about relaxing, being social and living your life. Umm it kind

114 of acknowledges that we are in the centre of technology. Everything we do is like

115 technology and building and kind of like materialistic like made by humans. But there

116 are still some places here where you can go back to your roots kind of and just

117 ignore all of that and just be a human being and not be a designer or an engineer or

118 whatever. Not be like pragmatic or useful or anything or smart and just be on the

119 grass and just feel that... the mound.

38 D: <closes eyes> So, I feel the grass kind of prickling and I would hear a lot of

39 people around me just like here. I would hear footsteps of people passing by. I think I

40 would smell like the trees, the pollen. Umm I would feel the sunshine on me because

41 I would for sure sit in the sun. I would feel the warmth. Umm and I think I feel kind of

42 feel happy and calm to be with people around me and to spend this moment with

43 them.

44 A: Okay, you already answered my next question which was how do you feel

45 emotionally.

46 D: Yeah in the site? But like what does it make... just being here, how it makes me

47 feel?

48 A: Yeah

49 D: Well it's not only like being disconnected. I really like being here but sometimes

50 when you have very long workdays, you get so like tunnel visioned on a project for

51 example and we just forget that this entire outside exists. And for that moment I

52 really like to zoom out from my project and realise that this project is not my entire

53 life and that there is so much more you know. Like at any moment I want, I can just

54 go outside and sit on the grass and I'll feel better. That's kind of... so, also I usually

55 forget about it so I would like to be kind of reminded of it, you know that this is an

56 opportunity and this will make me feel good because usually you only think about it

57 when you're already over the edge or kind of being too tired or tunnel visioned.

58 A: And in the morning, when you enter the faculty, what's on your mind?

59 D: I feel jealous of people who sit there drinking coffee. Hahaha, because I always

60 have to be a bit hasty and they are a bit like calm, just enjoying their time, especially

61 if like I could sit in the sun, like a cat, I would.

62 And I look at the grass and I hope I can get a spot later. I also know it will be very

63 busy later and I am like oh shit I don't really want it to be too busy so... I just look

64 forward to being a part of it I think.

65 A: And when you leave the faculty, do you have the same thoughts or are they

66 different?

67 D: Normally I feel like.. umm I feel some kind of regret I didn't sit outside. If I leave

68 and then look at it, I think oh shit, another day I haven't taken this opportunity, to just

69 relax there you know. And I feel a bit of regret that I just wasted my entire day just

70 like sitting under this fake light and that there's like I don't know, so much happening

71 outside that I just ignored. So usually I feel a little bit of regret but I also think oh, I'm

72 kind of sad that I was so busy and that I was not able to go and enjoy the moment

73 outside.

74 A: Hmm mm, okay... and is there any particular memory there that made you

75 happy?

76 D: Yeah for sure like.. In our first year I would often go there and just hang out with

77 my housemates. We would go to the Kafee for example. And I think the last day of

78 the academic year we had a cocktail kafee so we had like a whole pocket of

120 A: So I tell you that you have to sit down there for 5 to 10 minutes and you don't

121 have your phone with you, what will you do?

122 D: If it's really sunny I would close my eyes and lay down and just feel the sun on

123 me. If I would be with people I would chat with them but not a lot because usually it is

124 very sunny and everybody's a bit tired and we all just sit there you know. And

125 sometimes you just say a couple of things but you don't really .. I don't really have

126 very big conversations. And I could also watch and sit down and watch people

127 passing by.

128 A: Okay. Supposing your path to the faculty through this space changes every day,

129 how would you feel?

130 D: I think that every morning I would be quite interested in seeing okay, what's

131 happening now? And try to maybe quickly explore that. And I would certainly, if it's

132 something that intrigues me, I would certainly come back in the lunch to check it out

133 and see how people are interacting with it. I think I would try it every day. I don't

134 know at what point I will get tired to be honest. It would probably remind me to go

135 outside because it would be interesting. And then once I am outside I will probably

136 be more reminded to actually enjoy the time there.

137 A: And supposing I cover the entire space with a roof, how would you feel?

138 D: There? I would hate that because the sun. For me, the sun is the thing. Honestly

139 because I miss sun so much everywhere. So especially now because the winter has

140 just passed and it's been dark for like months. And I am the kind of human that every

141 time like the autumn starts, I really grieve that it will get dark soon. Because like my

142 favourite time is just like you know biking home at like 9 in the evening and the sun is

143 still bright and it is still warm. Like I would be able to live in a country where it is

144 always light. So I would really miss the sun.

145 A: Haha perfect. Okay, and which colour stands out the most in this space?

146 D: I think because of the grey we really focus on the green and the blue. But it all

147 feels so safe in a way, you know. Like ooh! The green and the blue. The blue is the

148 TU Delft blue, who cares?! Like it's not interesting. What I miss is some kind of

149 identity which is outside the TU Delft. And outside of this very safe, neutral choices.

150 So if I would want to be excited I would want to see something yellow orange you

151 know, or something that's a bit out there and interesting to look at. Not blue, and

152 definitely not grey or white! But definitely like colours.

153 A: And which textures do you enjoy when you are outside and in the grass of

154 course..?

155 D: Mmm they have umm.. here they don't have it. Sometimes especially at like

156 children's parks and stuff like that you have little rubber black tiles. I think they are

157 used for children to follow you know. But they feel quite soft and they absorb a lot of

158 heat. So sometimes when it's summer I really like to sit on those (laughs). Because it

159 is very warm and it's nice. And it feels kind of like.. it doesn't feel soft and I don't

160 want to touch it directly, but in my clothes it's fine. But it's not very hot like I don't like

161 the marble ummm benches. I don't like them there because they are always cold,

162 even when it is very hot. They are always cold and they are very thick. They just
163 don't feel nice to your skin, especially if you are wearing something short. I really like
164 the smoother textures. I like the softer textures more. And something that absorbs a
165 little bit of your mass. And I like the furniture they have like the wooden chairs. I like
166 those too. But generally I think I would mostly enjoy quite natural kind of textures.
167 Because that's what I want- just go back to nature when I'm here too much.

168 A: And a building or a park or a public space which has made you happy, other than
169 IDE?

170 D: There is a park in the Hague which is called the Westduinpark. It is a very big
171 grass field with a very smooth road next to it. I would often go skate on the smooth
172 road and then I would just chill in the grass with my friends. Or we would go inside
173 the park itself and look at the flowers and the... because it is like a flower park. Look
174 at the trees and the flowers and just enjoy that. And all the colors and the smells and
175 the animals that lived there that made me very happy. Because you could see all
176 kinds of dogs and stuff. And here too by the way. I really like the dogs and the little
177 babies that they have. Umm I think that made me very happy. And parks or
178 something else?

179 A: Yeah it could be any public space outside.

180 D: I always just like places where I can like sit down with my friends you know. I don't
181 want to be standing. I just want to be able to either create a social hub or to be able
182 to be an observer. In both scenarios, I don't want to move. I want to have the
183 opportunity to stand back and usually just sit down kind of. I don't want to be too
184 walking around like I just want to kind of like have a snapshot you know.

185 A: Okay, what gives you a sense of purpose when you study at IDE? Or if that's a
186 difficult question then...

187 D: No, I am just thinking. Because I feel like not a lot of things give me purpose
188 because like especially last year in the master I really missed contact with clients
189 and humans. Because all the work I have been doing felt a bit like oh, we are just
190 doing it but it's not real you know. And then a couple of weeks ago, I was working on
191 a project for innovation lab, which is not connected to my studies. But I was applying
192 the knowledge I gained in the studies by mapping out interactions that I want to
193 facilitate in the room. And I realised that I am actually using something that I learned.
194 And I feel comfortable doing it, And I feel so happy that I am using it in real life. And I
195 think it was the first moment in like two years that it felt like something I was learning
196 and doing was actually valuable. And I think that I kind of lack this feeling in usual
197 things because it just doesn't feel like it is ever going to be used. Like my efforts are
198 .. don't mean anything.

199 A: Okay, and when you enter IDE in the morning like do you feel a sense of purpose
200 about your day perhaps?

201 D: Umm usually I enter it under some time pressure so my purpose is very short
202 sighted. So I always have to be on time to work with the team. Have to get lunch,

203 have to do this. I never enter with some message of today like I'm going to be a
204 designer.

205 A: And where do you enjoy interacting with people, with your friends in general? Is it
206 an open place?

207 D: Parks are my favourite like grass fields and parks. That's something I really really
208 enjoy. And I also like places where we can together look at stuff and then like
209 discuss it like museas or exhibitions. I also really like places with unique architecture
210 that's just interesting and like I don't know has some things that you like ooh which I
211 could explore. Like sometimes public libraries have that for example or stations
212 even. And the rest like outside of cafes you know like terraces.

213 A: Okay, and what does happiness mean to you?

214 D: The word itself, I find very dangerous. Because happiness has been for a very
215 long period of my life been something I always wanted to achieve. But I did not know
216 what it was. Like you see people being happy on TV or something you know and
217 they are always like manically happy. You think that that's happiness and you always
218 look for it. And you never feel like a *cking maniac and always smiling and doing
219 stuff. So for a very long time I thought I was never happy because I couldn't
220 understand what happiness means in real life context but I think that right now for me
221 happiness is not like being very happy and stuff like that and sometimes just
222 realising .. Like sometimes you just sit back and realise everything is fine like
223 everything is in its place. You feel comfortable, you feel warm, you feel loved. And
224 that's to me right now happiness. More like comfort and content than being very
225 cheery and stuff like that.

226 A: Okay, and what does happiness mean in your culture?

227 D: So in Russian culture for example, because I do kind of have this like separation,
228 happiness would be something that people don't strive to be happy. They just strive
229 to live. So like when you ask people how are you doing, they don't really like are
230 pressured to say like I'm fine, okay I'm good. They say, I am normal just like always.
231 I don't have to be happy, I don't have to be sad. And then so happiness is not
232 necessarily something that you have to strive for you know. So but it is nice to have
233 and if you have it, you're very lucky. But it so not something that everybody has to be
234 able to achieve in their life. Because the main point is just to live.

235 And in the Netherlands I really feel like you have to be happy. People look at you
236 weirdly if you are not happy. Like everybody always assumes that you are always
237 happy unless you say that you are not. I'm not sure if that's true. Maybe it's just my
238 expectation of like an immigrant you know. But that is like kind of the feeling I got
239 which is why I have this feeling of I always wanted to be happy. Because I felt that
240 there was a pressure in the Netherlands to be happy personally.

241 A: Okay, and how do you think this area should be designed?

242 D: This space?

243 A: Yeah

244 D: More green for sure! Because umm I want to be able to .. when I walk to the
245 faculty, to ... for my walk I want it to be kind of like playful and explorative you know?
246 Like I wouldn't mind if my walk to the faculty was not like stone pavement but a grass
247 field of like stone things I have to jump from to get to the faculty, you know and that
248 all around is grass. You walk on the grass but I can also just choose to take the
249 stone path or something you know. And I also wouldn't mind if the path wouldn't go
250 like this- but like this you know... It would give me some to be like just goofy and play
251 around. And I would for sure like to see something interesting every day. Umm
252 because it would kind of motivate me to not get bored as well and later. But not
253 every single day because like at some point you kind of get tired. And there needs to
254 be a contrast between nothing and something because then the something becomes
255 more important. And I would just like to add more space because like it is always
256 very busy there. So I would like to have more social space and more accommodating
257 social space.

258 A: Wow! Great thank you that was the end of the interview and I will stop recording
259 now.

1 **Transcript M**

2 AY 0:00

3 Thank you for filling the consent form. But do I have your consent to record?

4

5 M 0:05

6 Yeah, for sure.

7

8 AY 0:06

9 Okay. I have 26 questions in total. And this will take about half an hour depending on
10 how, how much you answer. Yeah, how long it takes. Okay, so the first question is,
11 what do you do in this transition square? Usually,

12

13 M 0:22

14 usually, usually, it's really the definition. So transitioning from outside to inside,
15 usually, I don't really, like wander around or linger around. Because I want to go to
16 my destination inside the faculty. But when it's when the weather is good, I really like
17 to go outside and walk and often just chill on the like, grass. beds with friends. So
18 yeah, those are the two main things I can remember that I that I did. Once I can
19 remember. I'm not sure if I was with you, but there was like, the IDE, like student
20 group thing they brought like, llamas. That's one of the building. Yo, you didn't see?

21

22 AY 1:11

23 No.

24

25 M 1:12

26 Okay. Super random, but it was just fun in front of this, like in that space. And
27 everyone really liked it. And we're like petting the llamas and stuff. or alpacas. Yeah,
28 so that was super random and fun. Because everybody just wanted to go home, but
29 stayed around for like, a few minutes. That was like the craziest moment I can
30 remember in the transitional space. Yeah. But usually it's just going from A to B.
31 Maybe when I'm going outside with the friends talking with them, like, and then just
32 grab my bike and go home.

33

34 AY 1:47

35 Okay. And who do you meet in this space? And what do you do together?

71 in the transitional space? So we met up for lunch. Okay. I imagine sitting on the
72 grass, feeling the grass. The grass also is sometimes very wet when it rains. So
73 that's not the nice. But having the sun like lounging around eating. Having fun
74 laughing Yeah, that's what I imagined. Also, like feeling the wind or something,
75 sometimes the wind blows pretty. Yeah, like strongly. That's it. Yeah. And that's with
76 your like assignment. That makes me happy to an extent like joyful. Yeah. can
77 recharge to go back in. Yeah.

78

79 AY 4:34

80 Great. You already answered my next question.

81

82 M 4:37

83 What was the next question?

84

85 AY 4:38

86 How does that make you feel? Yeah, but in contrast to that, how do you feel when
87 you are inside it?

88

89 M 4:48

90 Really depends where I sit. So context based also what I'm doing, is it individual
91 group work, but now I'm graduating so it's a lot of individual work. I like to sit, where I
92 still can see outside, actually, it's on the first floor or next to the studios. And you can
93 I can see that transitional space. And I really like that because I see how the weather
94 is changing. And what's kind of happening. I like that to be able to see outside. Yeah,
95 that's it. That's where I like to sit.

96

97 AY 5:27

98 Okay. So what's on your mind when you enter the faculty in the morning? Just speak
99 out loud thoughts that you might have?

100

101 M 5:42

102 Yeah, I'm thinking. Usually, it's pretty chill and calm. So like, Okay, I'm entering this
103 to start my day. I want to do this, this and this. Go to my locker. I did it. To put some
104 stuff. That's it, and then look for a place to sit. So like, kind of very chill vibe. And
105 then start my day start working. Yeah.

106

36

37 M 1:53

38 Oh, yes. So if it's meeting. Usually it isn't meeting. It's like having a break. And then
39 we go sit on the grass, and enjoy the sun or whatever, or it's walking, walking
40 around. As a break. That's it. And then post. Well, like post workday? Kind of just
41 casually chat. What are you going to do? Or about the project? That's it? Yeah. What
42 I do in the space? Yeah. And at

43

44 AY 2:23

45 what moment during the day or the evening? Do you go to this place?

46

47 M 2:27

48 To the transitional space? So usually the morning when I start and then the evening
49 to leave? That's it? Yeah. Yeah. So like around working hours. So nine, somewhere
50 between nine and 10 enter the building. And usually, I don't do anything in a
51 transitional space, then. Then it's just I want to get inside quickly as possible, and
52 then do my stuff. But after there's like some room to like, talk to someone or in the
53 break. Yeah.

54

55 AY 3:01

56 How much time would you be willing to spend doing that? Then?

57

58 M 3:05

59 In the break more? Yeah. So during lunch break more? It depends what it is too.
60 Yeah, let's say 10 minutes or something. And then post, like the working day, maybe
61 like five? Because you want to get home as quickly as possible and have like dinner
62 or something. So that would be less I can imagine. But it really depends what it is.
63 Yeah. So it's difficult to say,

64

65 AY 3:33

66 okay. Okay, so, can you close your eyes and imagine that you are meeting a friend
67 for lunch, perhaps and tell me what do you notice? What do you see, hear and
68 touch?

69

70 M 3:50

107 AY 6:10

108 Cool. And is it the same when you leave the building in the evening?

109

110 M 6:16

111 It really depends how my day was. But after recently I was thinking, Oh, are this this?
112 Are these all I did all these things during the day? Ah, did it go alright? Do I need to
113 work harder? What do I need to do next days? But usually it's like, Okay, I'm done
114 tired for today. I'll get home. I want to get home ASAP to the train station for me. And
115 then just relax at home. Yeah, that's what it's usually is. Yeah. Especially with
116 individual work right now. Yeah.

117

118 AY 6:55

119 Is there any particular memory in the transition space that made you happy? Oh,
120 yeah.

121

122 M 7:00

123 The llama story? Hahaha

124

125 AY 7:02

126 Yeah, petting the llama.

127

128 M 7:04

129 Exactly. It was super random. It was unexpected. And it attracted like, a lot of
130 students who were going to go home. of course. So it's funny to see that they stayed
131 around and like, made pictures of it. were laughing. Yeah. And then the generic ones
132 were more frequent, like the having lunch in the sun or walking. Yeah. Yeah, those
133 are? Yeah, well, so one unique one that was once and then one that's more frequent
134 with the having a break. On the grass. Yeah.

135

136 AY 7:39

137 You already answered the question. Have you ever noticed anything unusual? Yeah.
138 So something unusual made you happy then?

139

140 M 7:48

141 Yeah, definitely. That one? Yeah. I can't remember something unusual. Just made
142 me unhappy for something.
143
144 AY 7:56
145 Cool. Have you ever exchanged anything with someone in this place?
146
147 M 8:01
148 In the transitional space? Probably. Yeah. I can remember for I actually during
149 Exploring Interactions, there was COVID. We weren't allowed to go inside the
150 faculty. And then the PMB assistant he laser cut some stuff for me. And we met in
151 front of the faculty at like, the transitional space. Who gave it to me. Yeah, that was
152 like, meeting someone and then exchanging something physical. Yeah.
153
154 AY 8:30
155 Okay. And if there was no transition space like this, would you like it? If you directly
156 entered the building?
157
158 M 8:39
159 Say, I get out the train station and directly get into..?
160
161 AY 8:45
162 No, from the biking lane. If you are at the road?
163
164 M 8:49
165 That's like a door? Yeah. No, not at all. Okay, I think it's good. We need like in
166 between time to get our mind straight transition from commuting to starting work. All
167 those kinds of things. Yeah. Yeah.
168
169 AY 9:06
170 And if I told you, you that you are supposed to sit down in this transition space for
171 five to 10 minutes, and you don't have your phone with you. What would you do?
172
173 M 9:16

208 like a 1000 ways to go to the faculty and then everyday do another one. That
209 wouldn't be nice. no, yeah.
210
211 AY 10:43
212 If I covered the whole space with the roof, a giant roof, okay, would you like it?
213
214 M 10:48
215 No, no, if the roof isn't transparent, definitely not. But even if it was, I wouldn't like it
216 now. Because it's like, going outside is like going into the infinite almost like you look
217 to the sky. The sky is the roof or the ceiling. And that's super nice. You feel like free
218 to an extent. So yeah, then it wouldn't be outside, then we it would be like a
219 transitional space between the building and the transitional space of outside. So
220 yeah, no I wouldn't like it that much. Okay.
221
222 AY 11:20
223 And which color stands out the most in this transition space for you?
224
225 M 11:24
226 Green? Definitely. And blue also. But that's like more more of the sky. Yeah, those
227 two colors.
228
229 AY 11:32
230 Okay, And what about textures?
231
232 M 11:37
233 Textures. Just so the pavement is really gets really slippery when it's raining. And
234 that is that isn't nice, I don't like that. So you have the grass texture, which is nice.
235 Because the building is really artificial, of course. So it's nice to have this contrast
236 between artificial and nature. That's it. Yeah, I don't Yeah. that's it about texture kind
237 of.
238
239 AY 12:07
240 And can you describe a building or a park or a public space which you made you
241 happy?
242

174 What would like I choose to do that? You mean, or it's obliged? Because now it says
175 ...
176
177 AY 9:22
178 you choose to do it, yeah
179
180 M 9:24
181 What would I do...
182
183 AY 9:25
184 without your phone?
185
186 M 9:29
187 Observe. Look what's going on. Look at nature. Well, the tree we have the water
188 maybe? What's going on? Yeah, it really depends on the weather too. So I would
189 stay closer to the building if it was raining, for example. And I would go more into the
190 transitional space if it's like nicer weather. Yeah. But yeah, mainly look around.
191
192 AY 9:53
193 And supposing your path to the faculty through this transition space changes every
194 day. Okay? How would you feel?
195
196 M 10:01
197 I wouldn't like to.
198
199 AY 10:02
200 Oh, okay,
201
202 M 10:03
203 I think because to an extent you're on autopilot. Starting today. So it's super nice that
204 you have this consistent path, going from the station to the like biking from the
205 station to the faculty, if that would change every day. Like say you had an infinite
206 amount of possibilities. Now that would drive me nuts to get but switching it up every
207 now and then. So they're like two main routes. That could be fun. Yeah, but having

243 M 12:15
244 Happy... mmm... public space. I would say the forest in Rotterdam you have this
245 forest called Kralingse bos yeah it's super nice. I've been going to it since I was
246 small. So it's really recognizable. public parks where you have museum Park in
247 Rotterdam too. That was nice because I used to go skating there with some friends
248 also during like summer, so it was chill vibe. You have some trees there and nice
249 buildings too. Especially now you have the boijmans depot like the UFO kind of
250 building. Yeah. Yeah, like that.
251
252 AY 12:54
253 Yeah. what would what do you do in that garden? You mentioned
254
255 M 12:57
256 museum Park. Yeah. So it was skateboarding with friends.
257
258 AY 13:01
259 But no, like the other one.
260
261 M 13:02
262 Oh, the forest? Yeah. Walk around. Yeah. Walk around with like, family members or
263 friends or whatever. And then just absorb nature. Have a chat? Yeah. Relaxing,
264 basically. Yeah.
265
266 AY 13:20
267 Right. Okay. So when you walk into IDE does something gives you a sense of
268 purpose.
269
270 M 13:26
271 Purpose, while purpose is super heavy word loaded? Hmm. No, I wouldn't say it's
272 more of that I'm in this space. It's recognizable for me. And I know, oh, hey, I'm here
273 today to do this, this and this. So it's more my thoughts, then. A specific object or a
274 wall that okay, this gives me purpose? No. Yeah, so I would say no, nothing I can
275 think of, but it's funny to see stuff. Like, I've been here for five years. It's funny. Oh,
276 okay. I can remember this in this moment at this studio or whatever. Yeah that's
277 funny. But it's more memories than the physical object.
278

279 AY 14:11
280 Can you describe those memories?
281
282 M 14:14
283 Like the drawing rooms, being a first year super insecure about drawings? It's funny,
284 how that how I was then my thoughts. So for example, that yeah, or, like funny
285 moments at a studio? For IITD. For example, we were at a studio and working really
286 hard or you know, those kind of stuff. Yeah, but those are randomly Not really. All I
287 can remember this meeting. and for what purpose to answer the question, not really,
288 because its purpose like wow, it's like, you know, it's like, the goal of your life. So it's
289 super heavy, right? To an extent now. I wouldn't say so. No,
290
291 AY 14:58
292 But like, do you find that connection with your life when you study your daily like the
293 purpose of your life?
294
295 M 15:10
296 To be honest, no, not really. I chose design for a specific reason, because I really
297 liked it and I think kind of impact the way in the world in a good way. But looking at
298 the faculty and physical stuff that I can point out, like, hey, this has given me
299 purpose. No, not really.
300
301 AY 15:29
302 Okay. And in general, where do you enjoy interacting with your friends?
303
304 M 15:40
305 In the building or outside
306
307 AY 15:42
308 in your life?
309
310 M 15:43
311 Oh, yeah. Outside.
312

313 Okay, outdoors. Yeah, like, Do something active. That's what I like, at home is cool.
314 And it's kind of more intimate. But I like moving. So not even like Ronnie or
315 something, but just go outside doing something together. That's what I like. So going
316 to the city center or going like I said, to a forest or walking in our neighborhood or
317 whatever. That's what I like. Yeah, that's cool.
318
319 AY 16:16
320 And what does happiness mean to you?
321
322 M 16:18
323 Yeah, joy of life. Three words. And so that's it. Yeah, really. So it's important, but you
324 can't really force it. Sometimes. It's, you can't force it. Yeah, that's it.
325
326 AY 16:32
327 Is there a definition of happiness in your culture,
328
329 M 16:36
330 my culture, I think it has to do a lot with other people. So it's more communal, I think
331 in the western perception is more individual. So I'm happy I do stuff for my
332 happiness. I don't want to get too deep with my high school, like the salt. Like
333 philosophical classes, remind me of like John Stuart Mill. Having like degrader
334 goods, that you you shouldn't harm someone else. Like you don't want to get
335 harmed. So it's kind of really individual in a sense. And in my background, culture
336 and Moroccan or African. Yeah, it's way more community, like making other people
337 happy. makes you happy in return. Yeah. So it's more community based?
338
339 AY 17:21
340 Yeah. Wow. super inspiring.
341
342 M 17:23
343 Oh, okay.
344
345 AY 17:25
346 And the last question, how do you think this transition space should be designed?
347
348 M 17:33
349 should be designed, I think more community based in the way they do stuff together.
350 Yeah, that everyone can like, it's for everyone in a way that everyone can find, like
351 their spot into something. And it kind of is, I think it's interesting to find a common
352 denominator that everyone likes, for example, nature. Or sitting on the grass,
353 everyone does it. And everyone does it in a different way. Some people go and drink
354 coffee, some people have lunch, some people have a beer. So some people even go
355 and like, browse through books or have like phone calls. So everyone has like, a
356 different purpose or task, but they all still use the that grass space for the same
357 thing. So I think that that could be very powerful in a design, that you have a
358 common denominator that everyone kind of likes and can use in different ways?
359 Yeah, that would be cool. Because you could tailor it to a specific target group, let's
360 say people, after they work, they they want to grab a beer or drink something. But it's
361 very specific for them. And then the rest can't really use it for whatever or people are
362 having a phone call or whatever, or during lunch. So it would be cool to like, blend it
363 for everyone. It sounds very difficult, but I don't think it is. I think there are some
364 things in life that are like innate to us like oh seeing beauty nature or that kind of
365 thing. Yeah, that element could be really helpful or trying to mimic stuff. of nature.
366 Yeah. Yeah, that's it.
367
368 AY 19:20
369 Yeah, so much. Yeah. Oh, good. I will stop recording now.

1 **Transcript P**

2

3 AY 0:00

4 Do I have your consent to record?

5

6 P 0:02

7 Probably yes.

8

9 AY 0:05

10 Okay. Welcome to this interview about your experience with transition spaces. I'll

11 explain shortly what it is. So this graduation project is about designing transition

12 spaces for happiness. So the design is supposed to make users feel relaxed, calm

13 and happy by interacting with something, and square that you see in front of it. So in

14 order to find out what the something should be, I'm conducting several research

15 methods and sessions. So one of them is an interview. This is a structured interview.

16 So I have 25 to 30 questions for you. And so yeah, it gives you approximately a

17 minute to answer. I'm not going to judge you just feel free to say anything you want.

18 There's no right or wrong answer. So it's just whatever comes to your mind. At that

19 moment, even though it's not related. Just make sure you tell me about it. And a

20 transition spaces in area used to commute between a public space and a building or

21 between two buildings, which you already know, I think, right? Because it's an open

22 space, a pocket outside, and it's kind of like a blank canvas for the project, which is

23 why it's interesting to study. So the first question is, what do you do in this transition

24 square usually walked through it

25

26 P 1:38

27 just focused on my destination building, I would say and not really interact with it

28 now. Okay. I mean, I would consider the visual interaction I get by watching other

29 people seated and laying in the sun and eating, walking along with me.

30

31 AY 2:00

32 And who do you meet in this space? What do you do together?

33

34 P 2:09

35 Don't meet people in this space? Okay. We're talking specifically about this space

36 outside right? Does the parking area count as a transition? Well, then, I just meet my

37 cycle I would say.

71 Have you ever attended?

72

73 P 4:01

74 No, unfortunately not.

75

76 AY 4:04

77 Okay. Have you heard some things about it?

78

79 P 4:08

80 What I have heard is that they operate on Monday and Wednesdays and it

81 complements the bouwpub's functioning on Tuesdays and Thursdays. Okay, I have

82 attended it once but it wasn't a bar session. They were doing a painting of self made

83 paper mache types recycled paper.

84

85 AY 4:33

86 Can you close your eyes and imagine that you're walking through the space? Then

87 what do you notice in terms of... thing

88

89 P 4:41

90 I noticed is the water bodies that we have on both sides the bridge I'm walking on.

91 That is if I come walking if I come cycling then then I just remembered the passage

92 with which you take a right turn and then go into the parking space.

93

94 AY 5:02

95 Okay, and how does that make you feel?

96

97 P 5:05

98 Hmm do I have options to choose from?

99

100 AY 5:15

101 this can help you.

102

38

39 AY 2:25

40 And you just said you observe people do things? Yeah. What have you observed?

41

42 P 2:31

43 For example, today, if you go out, you'll see a bunch of people seated right in front of

44 the coffee star complex, enjoying the sun. Also, some people in front of the benches

45 near the pulse building having their lunch. That was most of it, you'll also see other

46 people walking into the IDE building, getting out of it. And mostly they're in groups

47 having their normal banters of the day.

48

49 AY 3:02

50 And what at what moment during the day or evening, do you go to this place?

51

52 P 3:07

53 when I entered the building, and when I exit the building of IDE, which usually follows

54 the pattern of a usual work time. Nine to 11 you go in and get out at like five to six.

55

56 AY 3:24

57 Okay. And how much time are you currently willing to spend in this transition space?

58

59 P 3:33

60 as less as possible? As fast as I can get to my cycle and then go home.

61

62 AY 3:39

63 Okay, can you give me a number?

64

65 P 3:43

66 In minutes? Yeah. Five minutes, max. Okay. Unless I'm going to the bar that you

67 have here. Okay, guys, then it's more of a social space. Because the bar gets

68 crowded then you just spill out.

69

70 AY 4:00

103 P 5:18

104 Well, it's quite dependent on with what context am I headed towards the building?

105 Am I in a hurry? Do I have a meeting that day? Or in the next five minutes? Or is it

106 sunny or gloomy? Usually, I'm always late to these places. So when I see the

107 endpoint near to me, I feel a bit relieved. Same way, yeah.

108

109 AY 5:57

110 Yeah. Based on whatever gender you identify yourself

111

112 P 6:07

113 Why isn't there any poker face? None of these. haha

114

115 AY 6:22

116 And what do you feel when you are inside ID?

117

118 P 6:31

119 If I'm working, then it's this. No, no, no. I wouldn't associate any typical feeling to

120 working at IDE because I'm more focused on the work then. I just need a space to sit

121 and work. Okay, and everything else gets zoned out. So as long as there's space

122 and a screen which I have over there,

123

124 AY 7:00

125 Oh you mean on top? Okay. Okay, go to the next question is okay. In the evening

126 when you leave the faculty what is on your mind?

127

128 P 7:11

129 Going home, eating food so how my day went. I would quickly recap over what I

130 accomplished in the day if I did anything. If I didn't, that's gloomy. That's all I can say,

131 I guess.

132

133 AY 7:36

134 Okay, and any particular memory here that made you happy?

135

136 P 7:41

137 laying in the sun outside.

138

139 AY 7:42

140 Okay. Ah, okay. Who were you with?

141

142 P 7:45

143 I.

144

145 AY 7:48

146 Yeah. And was that all you did? Just lay down on the grass?

147

148 P 7:55

149 Yeah. And talk.

150

151 AY 7:58

152 Did you eat anything or?

153

154 P 8:00

155 We're just laying in the sun. Taking the sun.

156

157 AY 8:03

158 How long did you do that?

159

160 P 8:05

161 Probably 15 minutes.

162

163 AY 8:06

164 Okay.

165

166 P 8:08

201

202 AY 9:44

203 If there was no space like this, would you like it?

204

205 P 9:48

206 If there still is the water body there.

207

208 AY 9:52

209 Could be

210

211 P 9:53

212 Then it is okay.

213

214 AY 9:54

215 Okay, so the water is important to you, but not the square. Okay. So you can directly

216 enter the building after looking at the water,

217

218 P 10:05

219 yes.

220

221 AY 10:08

222 If I tell you that the...

223

224 P 10:09

225 And the birds in the water, oh, okay, but they are optional if they are there it is better,

226 okay, then I would feel this or this.

227

228 AY 10:12

229 Okay, cool. If they told you to sit down in that space for five to 10 minutes and you

230 don't have your phone with you, what will you do?

231

167 Then I had to go someplace.

168

169 AY 8:10

170 Okay. And have you ever noticed anything unusual happen in this place?

171

172 P 8:15

173 Yes. There was a good windy structure out there, which is no longer there. That's the

174 weirdest thing I've seen. Okay, no one knows where it is. The structure itself was

175 weird, but its absence is weird.

176

177 AY 8:31

178 Okay. And have you ever exchanged anything with someone there in that space?

179 Thoughts? Okay, what kind of thoughts?

180

181 P 8:43

182 First time I saw that structure was with a friend. We were just observing it, how it

183 shifted positions with the wind. And the next thing I notice after a couple of months is

184 it's not there. And there's also a good description of that object in a plaque. And

185 that's what we read, I guess.

186

187 AY 9:14

188 And you like that?

189

190 P 9:16

191 Well, the object isn't there anymore. But yeah.

192

193 AY 9:20

194 Okay. Would you like to learn what's there in the environment?

195

196 P 9:25

197 Yes. If there's something placed there as a designer, they would have thought of why

198 and what it is and why it should be there. And now it isn't there. So they would have

199 thought of why it shouldn't be there? Maybe structural issues or something? I don't

200 know.

232 P 10:31

233 think

234

235 AY 10:32

236 Just think? Yeah, okay and nothing else.

237

238 P 10:37

239 blankly stare into the water. And my mind goes blank.

240

241 AY 10:41

242 And you like that your mind going blank? Why?

243

244 P 10:47

245 We are just using our main cognitively 24/7 It's nice to have some blank spaces

246

247 AY 10:55

248 and supposing... Supposing your path to the faculty through this square changes

249 every day, how would you feel?

250

251 P 11:04

252 Given that I am always late. I would feel frustrated because I wouldn't know what

253 path I have to take every day. And I'd feel like I'm getting more late into the building

254 and start doing my job.

255

256 AY 11:20

257 Okay. Supposing I covered the entire space with a roof, would you like it?

258

259 P 11:26

260 Yes.

261

262 AY 11:27

263 Okay why?

264

265 P 11:28

266 unless it's sunny, so many if statements. I'd like it because it's mostly rainy here. And

267 when it rains, no one wants to get out of the IDE building. Even if they have to, they'll

268 wait for the rain to end. So if you have a roof there, then it enables people to at least

269 get out and utilize that space. Or even like I said, just sit and observe water if at all.

270 Okay, you can move to the next question.

271

272 AY 11:58

273 Which color stands out the most?

274

275 P 12:01

276 Blue

277

278 Okay, and that's from the building.

279

280 AY 12:05

281 But it's okay. It's the first thing you thought of?

282

283 P 12:08

284 Yes.

285

286 AY 12:08

287 Okay. And which textures do you enjoy when you are outside

288

289 P 12:12

290 the cobblestone and the ripples in the water?

291

292 AY 12:18

293 Okay. Why? May I ask

294

329 sometimes it's just in my brain. I don't even write it down. But those days it's not nice

330 because then I tend to forget what I had to do.

331

332 AY 14:34

333 And where do you enjoy interacting with your friends? Is it an open place? What sort

334 of activities do you participate in?

335

336 P 14:42

337 jam sessions playing musical instruments together, adding chords which were never

338 there in the song improvising on the go? What else do I like doing? Maybe watching

339 a series going for walks. Nice, nice.

340

341 AY 15:05

342 Okay, and what does happiness mean to you? In terms of anything, what's your

343 definition of happiness?

344

345 P 15:18

346 You're just feel it right. It could also be sometimes you just think about a nostalgic

347 memory and it makes you smile. Could be happiness. Can't really define it right? But

348 it makes you smile.

349

350 AY 15:40

351 Okay? And what does happiness mean in your culture?

352

353 P 15:48

354 I wouldn't say I belong to any certain culture to answer this question.

355

356 AY 15:52

357 Okay, say in your country

358

359 P 16:01

360 happiness in my country is mostly defined by what people think of you. So for me, it's

361 not being happy. It's just living a life of misery to ensure that you have a facade

362 which looks happy that's what happens in my country.

295 P 12:24

296 Yeah, I have no reason. Okay. ripples in the water, I can say is calming, tranquilizes.

297 It's just soothing. There's something with water. But cobblestone, I don't know, I just

298 stands out in this transition space. The gray cobblestone that standing against the

299 blue backdrop of the building

300

301 AY 12:51

302 a building or a park or a public space, which has made you happy- describe it

303

304 P 12:57

305 Building or a park or a public space

306

307 AY 13:01

308 could be anywhere in the world.

309

310 P 13:13

311 I once went to a park in Delhi. And it was nice.

312

313 Why? can you describe it please?

314

315 They weren't people around much. It was a dense forest area, I would say. But with

316 a path going through it. For that matter, even Delfse Hout works, the forest around

317 Delfse Hout. Especially if you go in the morning when the sun is just rising or during

318 sunset, and all these birds are chirping, and there are insects flying around. It's fresh

319 air and not much of people.

320

321 AY 13:52

322 Cool. And what gives you a sense of purpose, when you start your day, and you

323 enter IDE or pulse for example?

324

325 P 14:02

326 Uh before sleeping I make a list of things I need to do the next day. And that carries

327 over to the next day. So when I wake up, I already have a list of things to do.

328 Associated with that I'd also have a time frame to them. That's what drives me

363

364 AY 16:22

365 Okay. And how do you think this area should be designed?

366

367 P 16:27

368 I think it's nice the way it is. Okay. Maybe a roof would be better for rainy days, but I

369 still have to get to the roof through rain so it doesn't make sense

370

371 I think it's nice. Like the entrance point of it with the water bodies. And then the sun

372 shines. If there's the sun then it's amazing. And you're allowed to lay on the grass.

373 That's nice. Maybe a few more benches would be nice. But then that would restrict

374 your circulation space. And I don't have much more ideas on this.

375

376 AY 17:17

377 Okay. Thank you.

378

379 P 17:20

380 That was it.

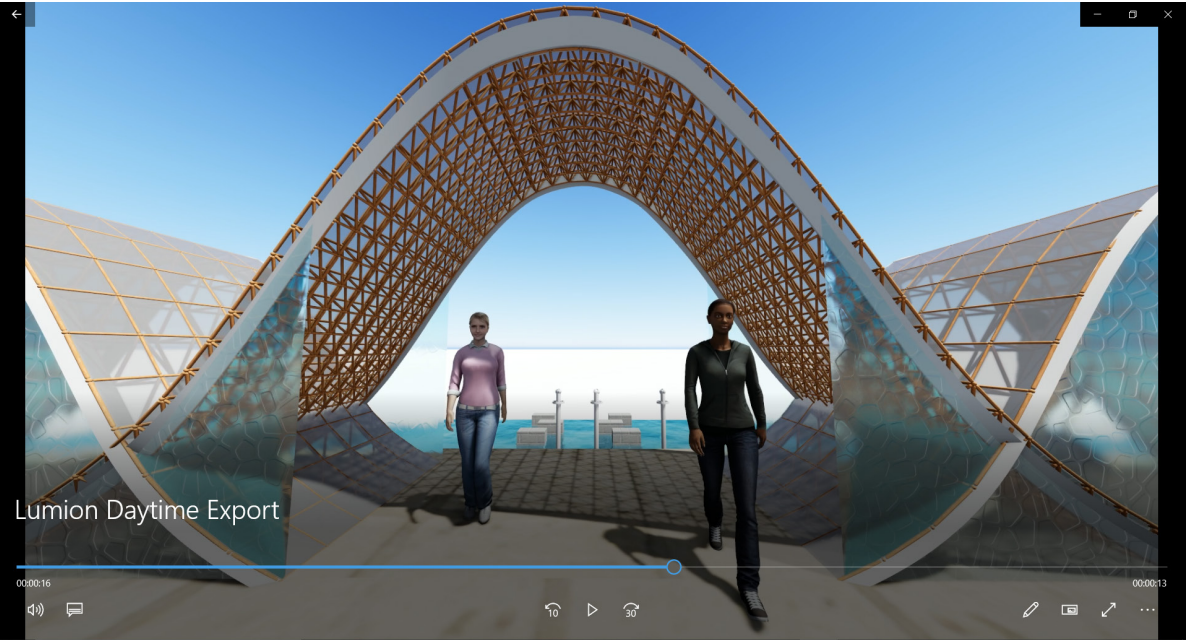
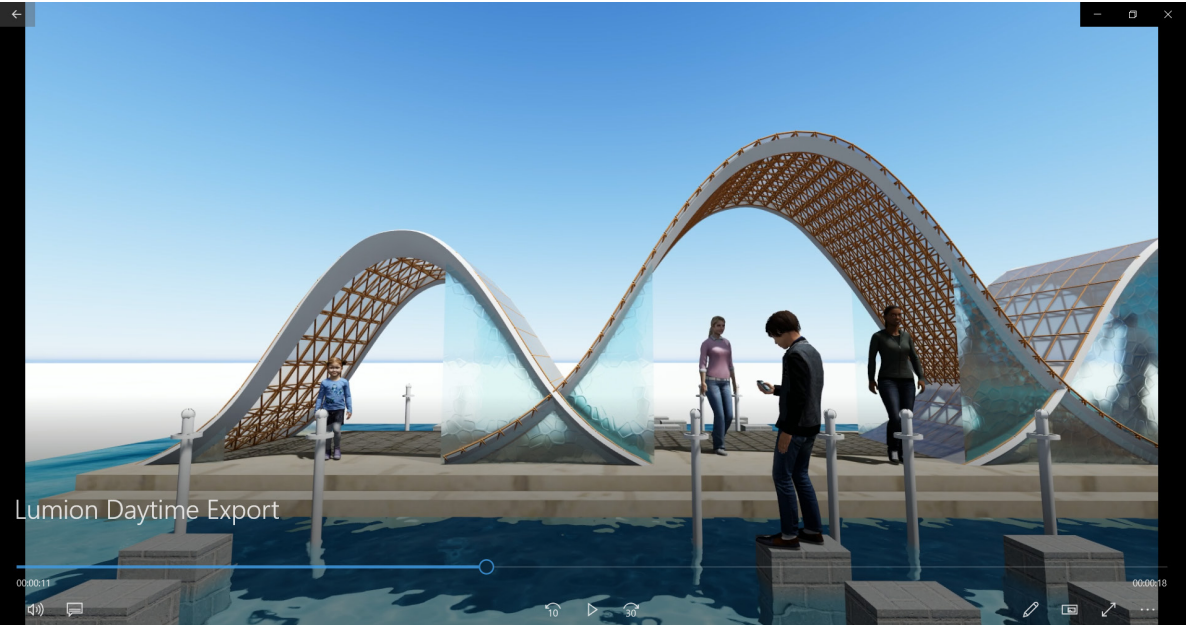
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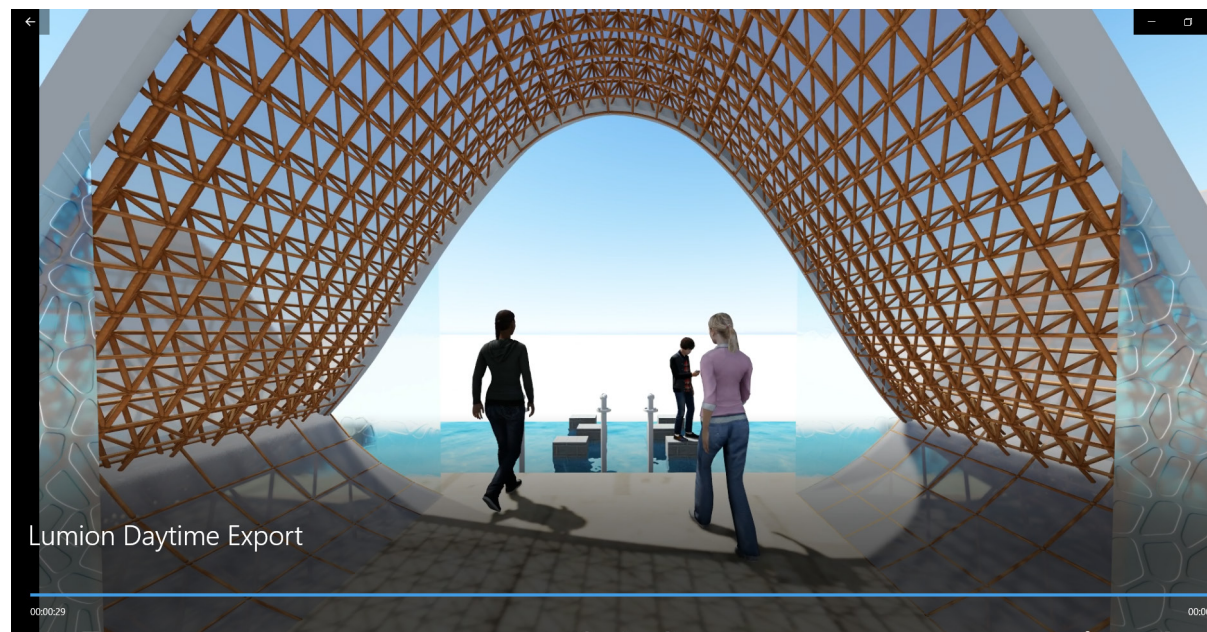
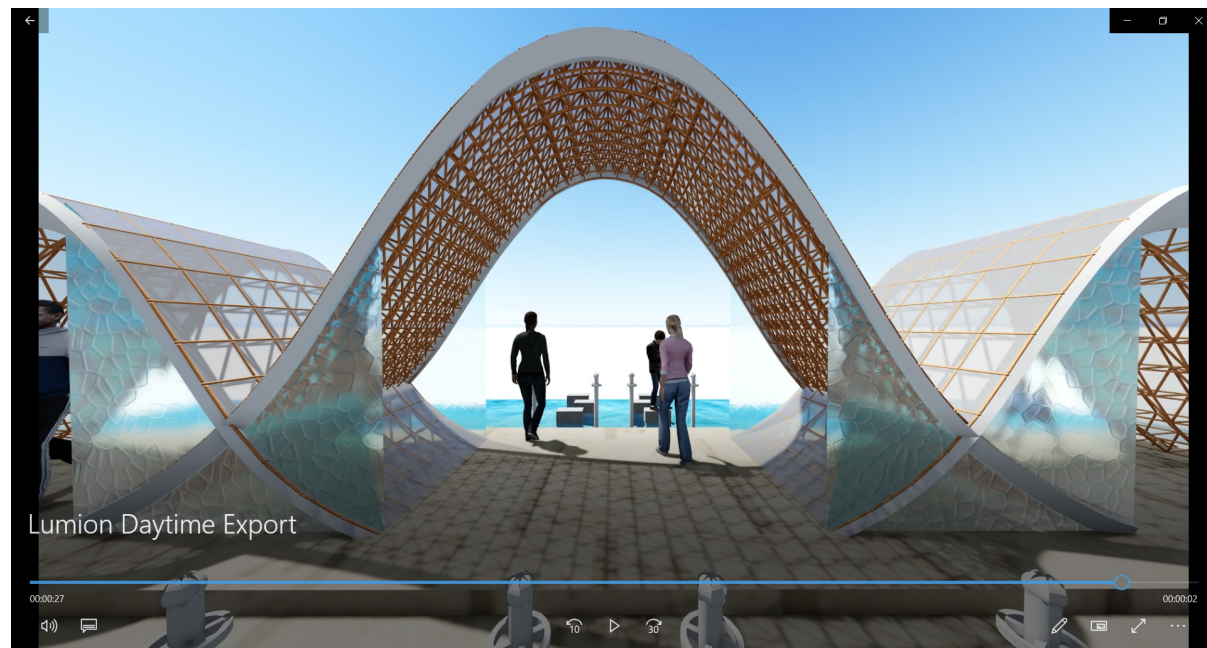
382 AY 17:20

383 Yeah.

384

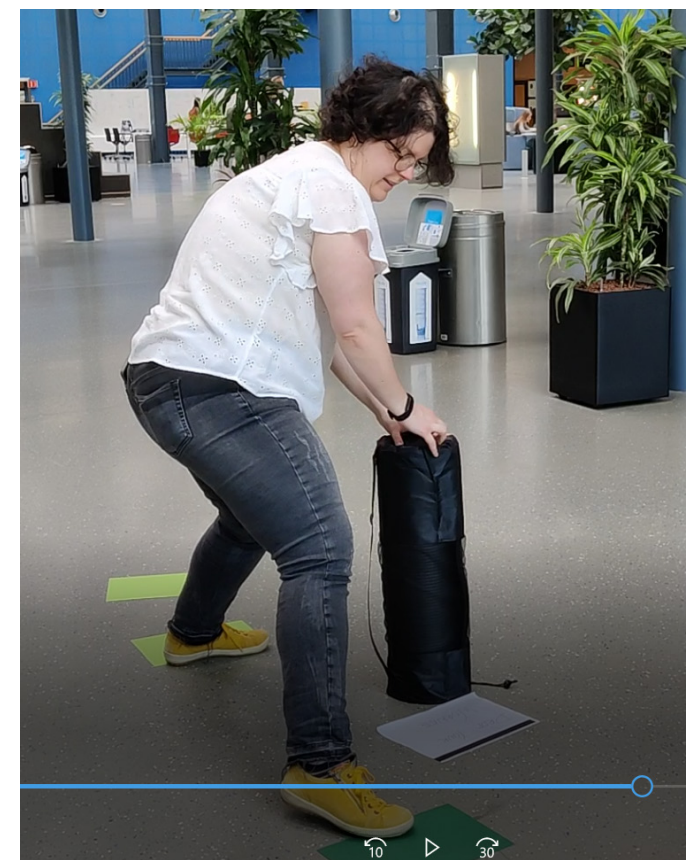
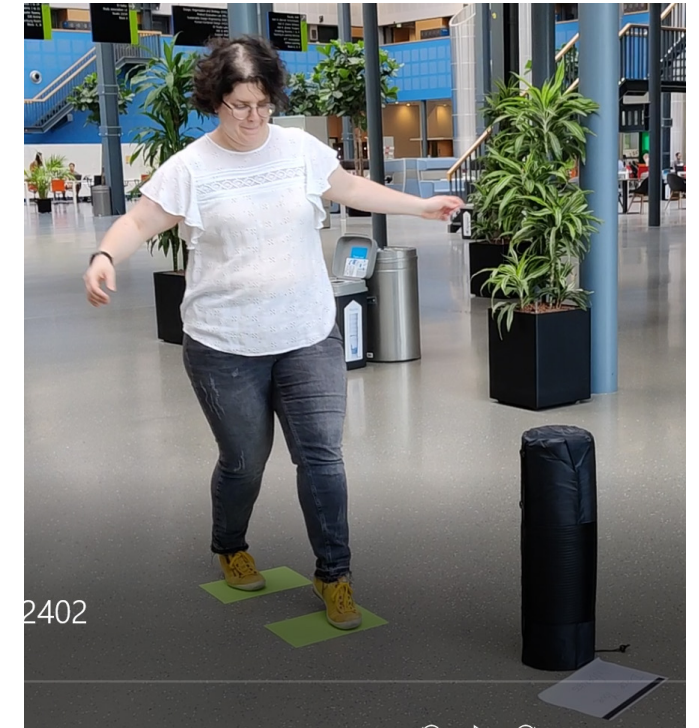
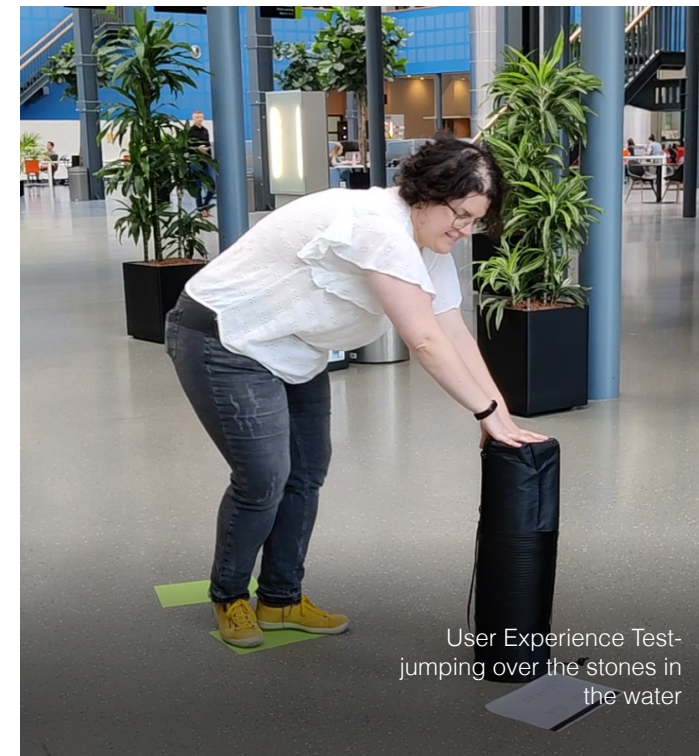
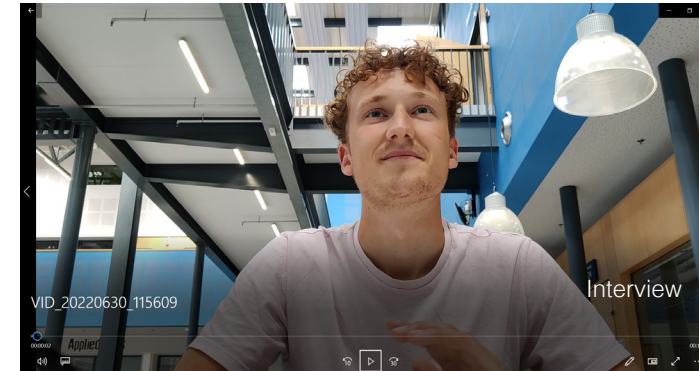
Rendered Walkthrough Video





Final User Feedback Interviews

Note that all the participants of the final user feedback session gave me their consent to not blur their faces, except one person- who is not in this Appendix or the main report.



End of Annexure

DESIGN FOR HAPPINESS IN A TRANSITION SPACE

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Delft University of Technology

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