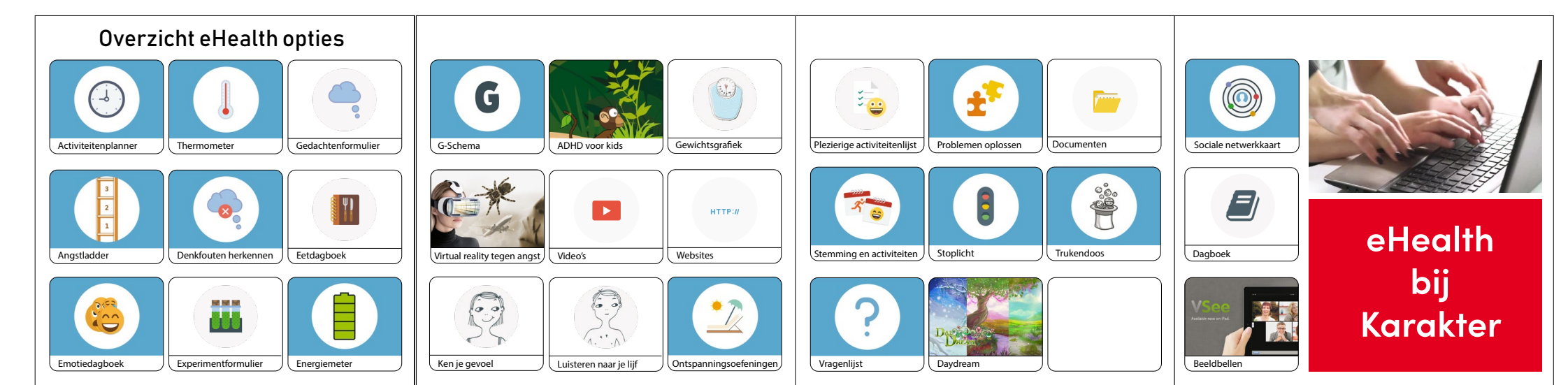


Jouw plek in Jouw Omgeving

Connectig eHealth to personal values of the therapists



Karakter Kinder- en Jeugdpsychiatrie is a psychiatric hospital for children. They want to increase the use of eHealth and more specifically of 'Jouw Omgeving', a program that has a focus on transparent documentation so that patients can have more control over their own therapy process.

Qualitative research led to the insight that the therapists do not have the required knowledge and skills to work with Jouw Omgeving and that they do not prioritize usage and learning of eHealth, since they experience little time during their regular working hours and do not have the intrinsic motivation.

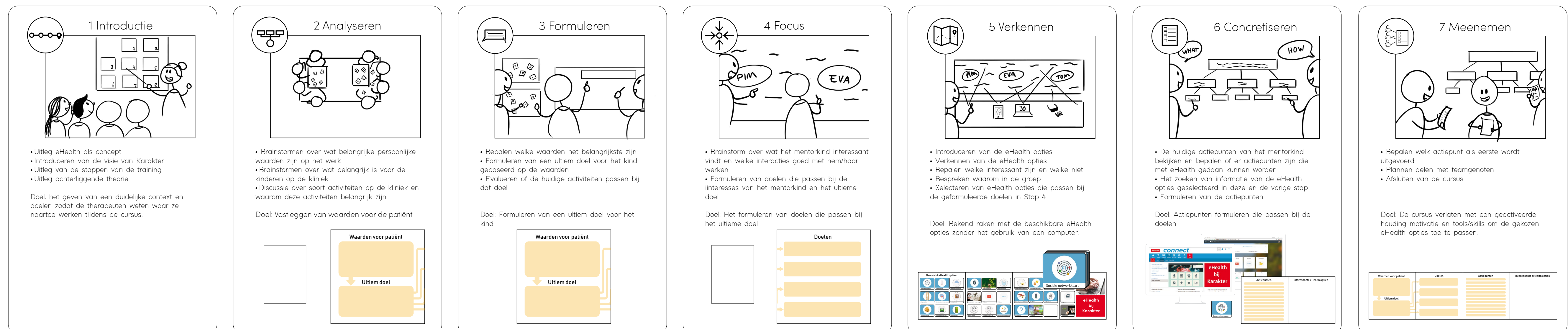
The design goal that was formulated is:

"I want to design a system in which the team of therapists is independent from management and is empowered to discover and create benefits for the program JO, allowing the therapists to have positive experiences with the program."

A training consisting of 7 steps was designed to provide the therapists with knowledge and skills to explore Jouw Omgeving. The training focuses on connecting personal values to eHealth so that the therapists feel intrinsic motivation to use Jouw Omgeving.

The training was evaluated with the therapists, so that improvements could be made. Although formulating personal values and goals was liked by the therapists, the connection to eHealth was not clear. The therapists would rather fill in the values for the patient directly. Since the therapists all have the desire to improve the situation for the children at the hospital, they said they would still have a connection with the values that they would formulate for the children.

The insights were applied to the training steps and resulted in the training steps on the cards below. The image above shows the booklet that is used during the training.



Elsemieke Minnema
Increasing the use of eHealth at Karakter
17-09-2018
Design for Interaction

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