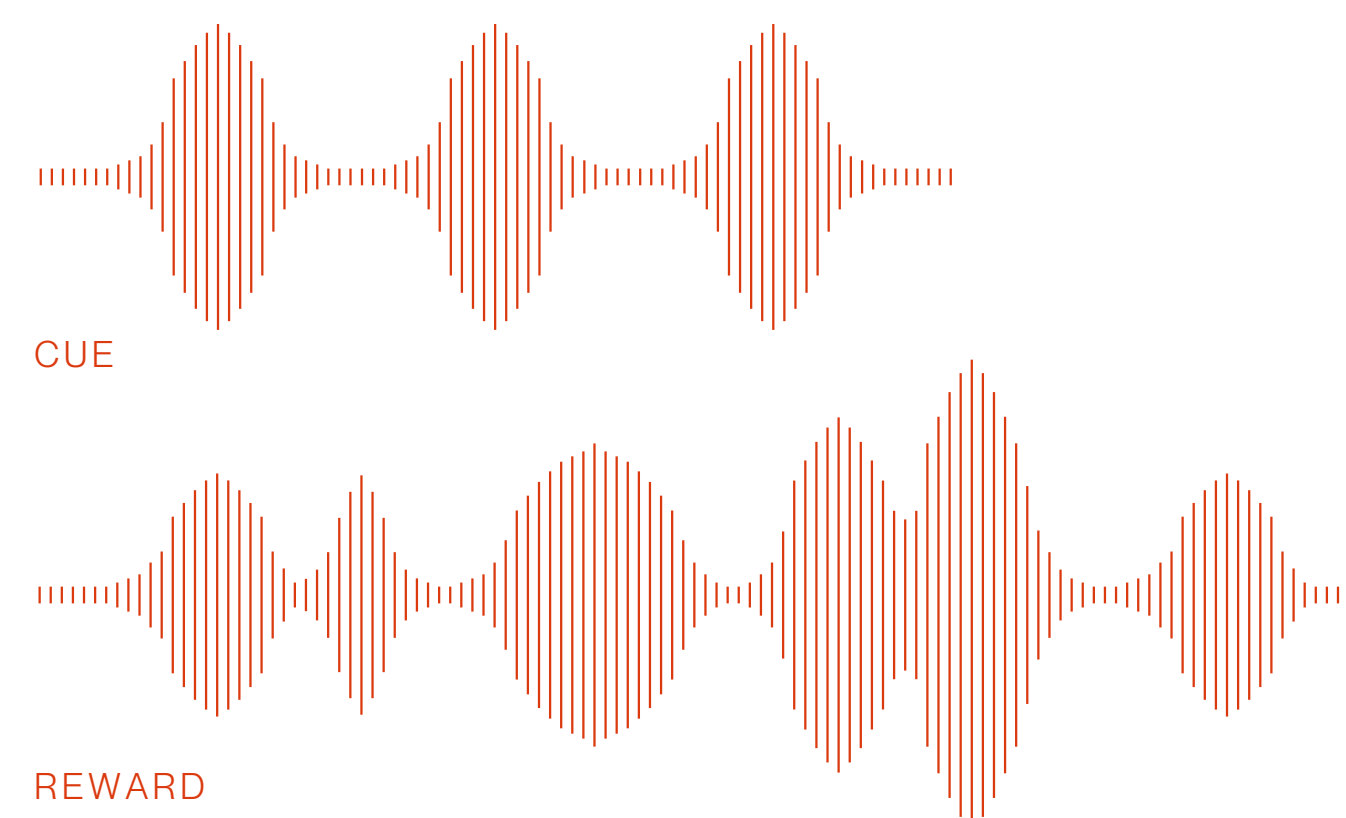


# Abit.

## A VIBROTACTILE WEARABLE DEVICE FOR HABIT FORMATION

As our society becomes increasingly ill, healthcare systems are failing to support us. People are actively seeking products and services that make leading a healthier life easier.

Abit is an ear-worn device that enhances the habit formation process by offering real-time cues and rewards, reinforcing healthy habits and empowering individuals to take control of their health and well-being.

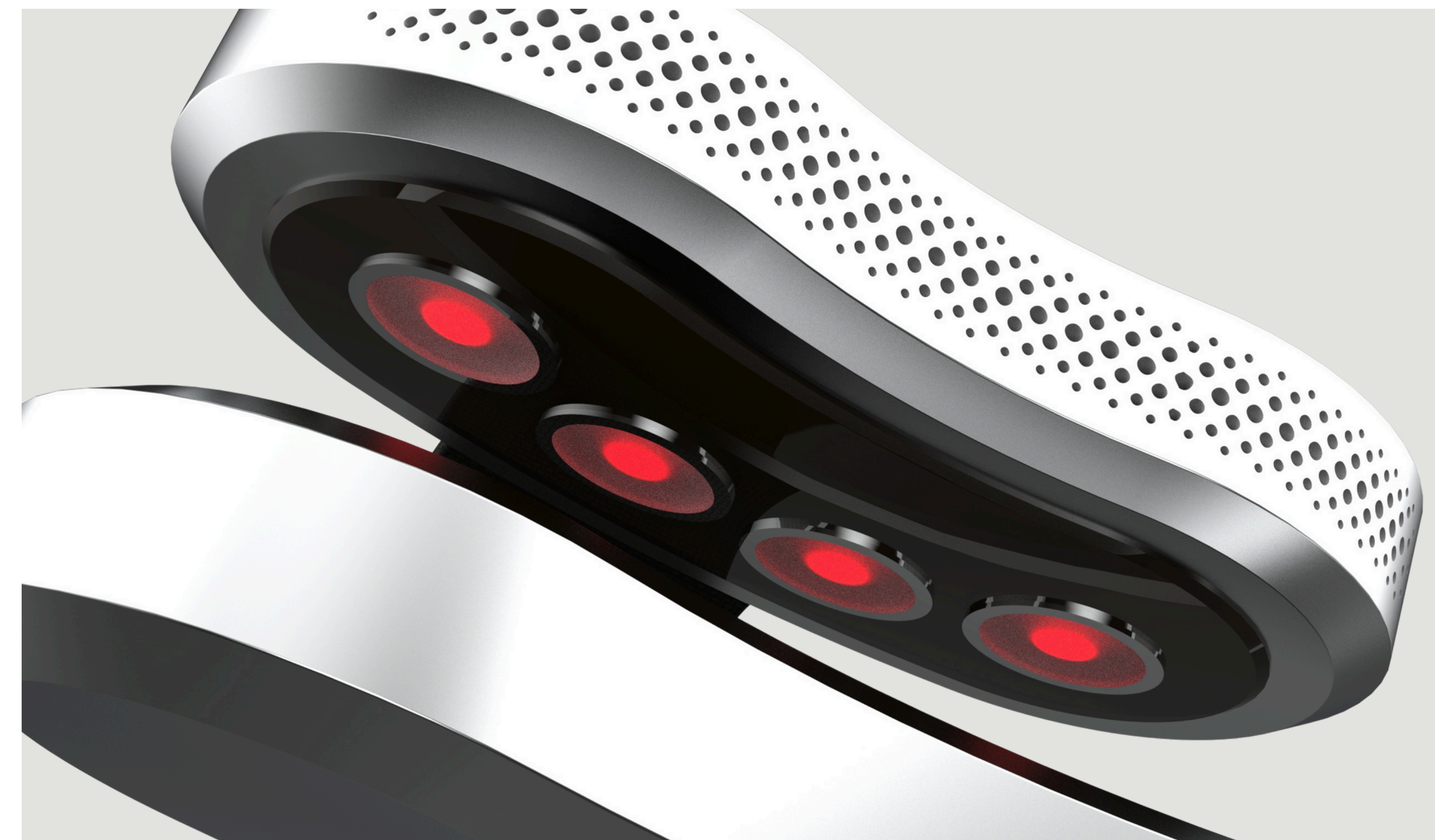


1

The Abit app guides users through a simple goal-setting process, prompting them to choose specific cues for their desired habits.

2

The device uses a variety of sensors to automatically detect behaviour and cues and rewards desired habits with vibrotactile feedback.



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Enhancing Habit Formation Through A Wearable  
Vibrotactile Device  
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