

# URBAN FOREST MOVEMENT(S)

Movement as design method for experiencing nature and its  
beneficial effects in the city of Den Haag.

P5 Thesis  
Emma Kannekens 4655613  
Urban Forest Places Lab  
09-07-2020

Mentors: René van der Velde, Machiel van Dorst  
External Examinor: Herman Vande Putte

HEALTHY LIVING ENVIRONMENT, CITY MOVEMENT, RESTORATIVE NATURE, MENTAL HEALTH, STRESS,  
HEALING NATURE, SENSORIAL DESIGN, GARDEN CITY MOVEMENT, URBAN FORESTRY, LANDSCAPE  
DESIGN, MOVEMENT, DEN HAAG, BODILY EXPERIENCE, URBAN FOREST MOVEMENT

## CONTENT

### **INTRODUCTION**

FASCINATION, PROBLEM STATEMENT, RESEARCH QUESTION, METHODOLOGY

### **RESEARCH**

HISTORIC OVERVIEW: CREATING HEALTHY LIVING ENVIRONMENTS, MOVEMENT AS RESTORATIVE GREEN STRUCTURE

### **URBAN FOREST MOVEMENT**

### **ANALYSIS AND DESIGN**

DEN HAAG AND REGION, VISION DEN HAAG

LINE: LOOSDUINSEWEG, MASTERPLAN LOOSDUINSEWEG

CEMETERY OUD AND NIEUW EYKENDUYNEN, ZOOM IN DESIGN: EYKENDUINEN PARK

### **CONCLUSION AND REFLECTION**

## **INTRODUCTION**

FASCINATION, PROBLEM STATEMENT, RESEARCH QUESTION, METHODOLOGY

## **RESEARCH**

HISTORIC OVERVIEW: CREATING HEALTHY LIVING ENVIRONMENTS, MOVEMENT AS RESTORATIVE GREEN STRUCTURE

## **URBAN FOREST MOVEMENT**

## **ANALYSIS AND DESIGN**

DEN HAAG AND REGION, VISION DEN HAAG

LINE: LOOSDUINSEWEG, MASTERPLAN LOOSDUINSEWEG

CEMETERY OUD AND NIEUW EYKENDUYNEN, ZOOM IN DESIGN: EYKENDUINEN PARK

## **CONCLUSION AND REFLECTION**

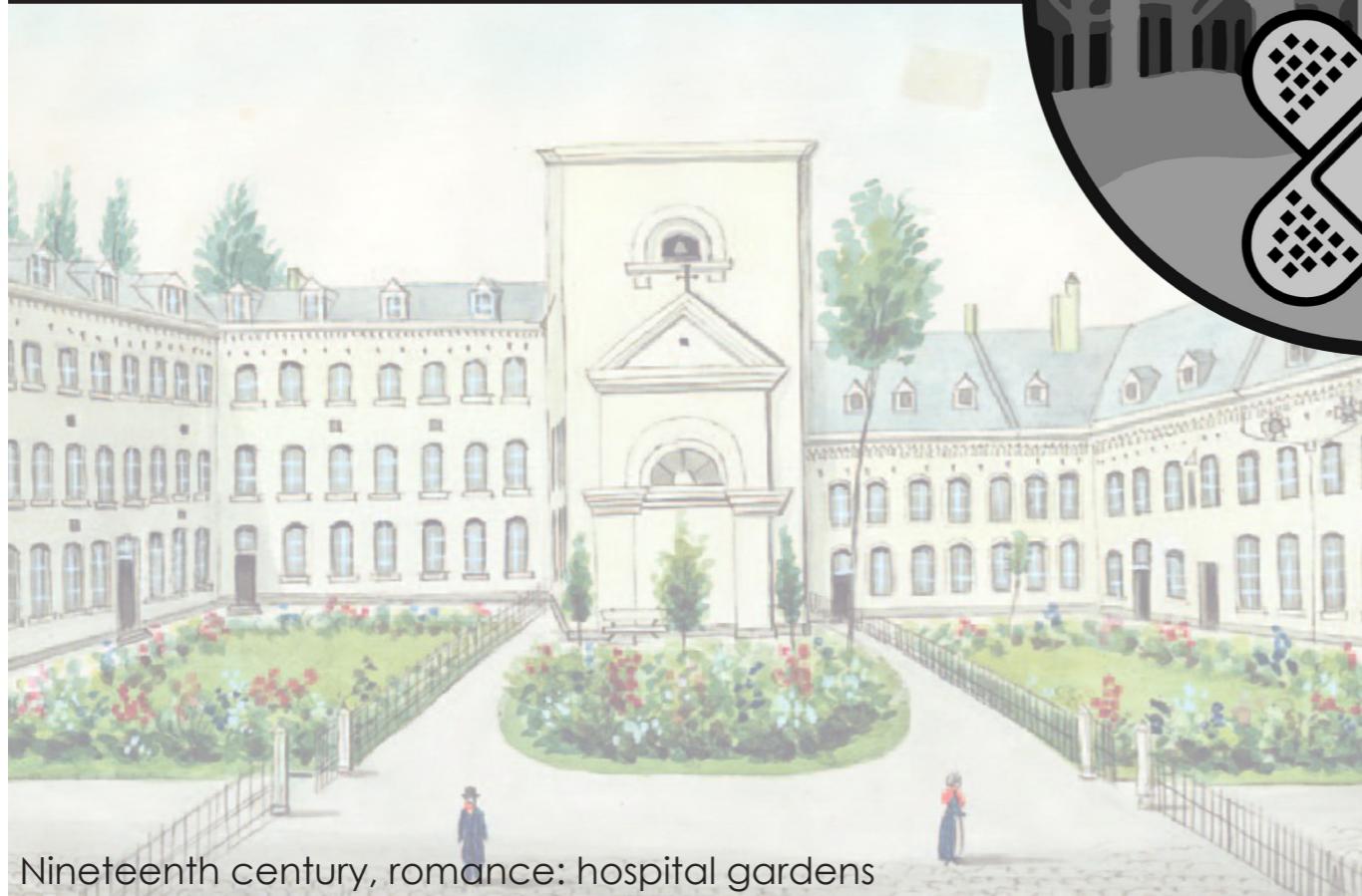
# FASCINATION

Healing Nature

Middle Ages: monastery garden



Renaissance: estates



Nineteenth century, romance: hospital gardens

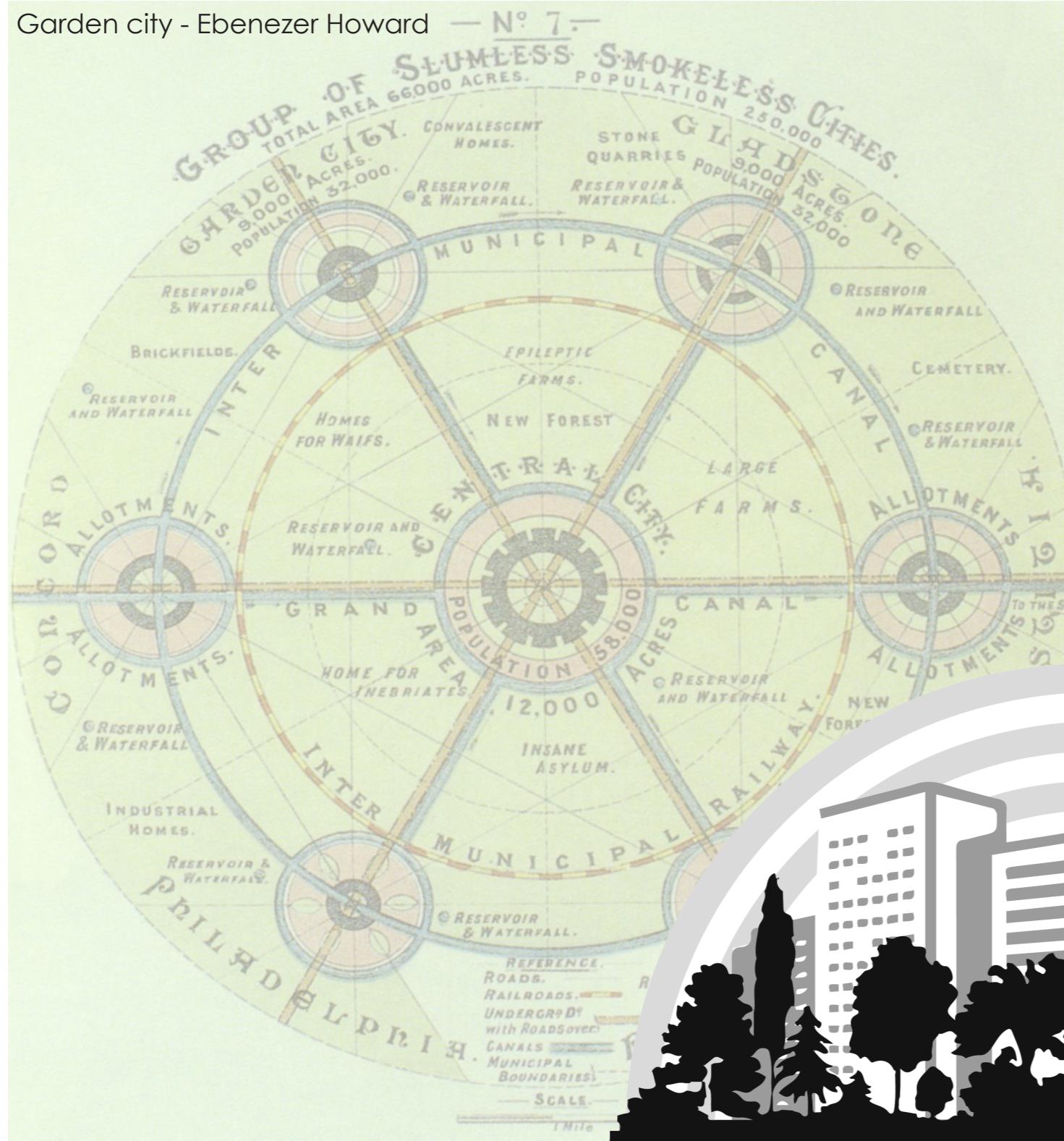


Twentieth century: care farms

# FASCINATION

## Ideal city movements

Garden city - Ebenezer Howard



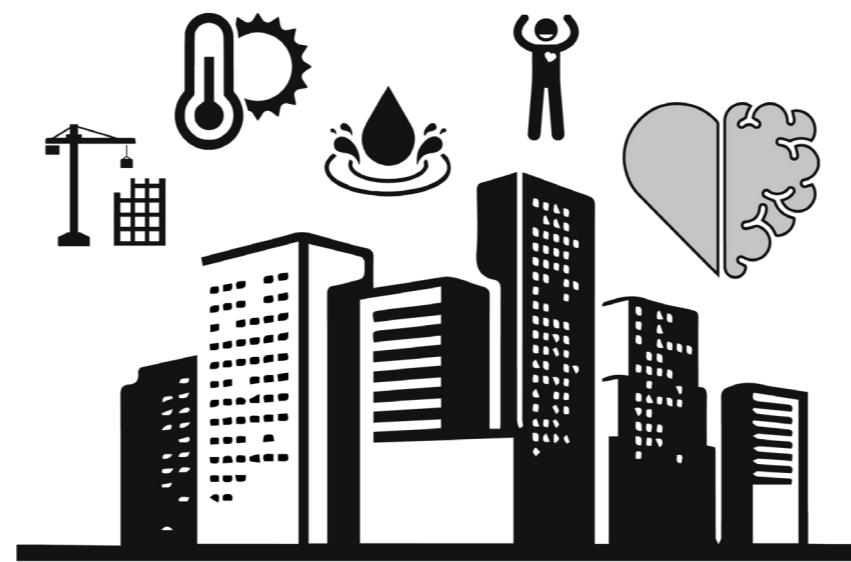
Green Belt Frankfurt / Siedlung - Leberecht Migge and Ernst May



## PROBLEM STATEMENT AND RESEARCH QUESTION



**Healing nature**



**Current environmental design questions in the dense city**

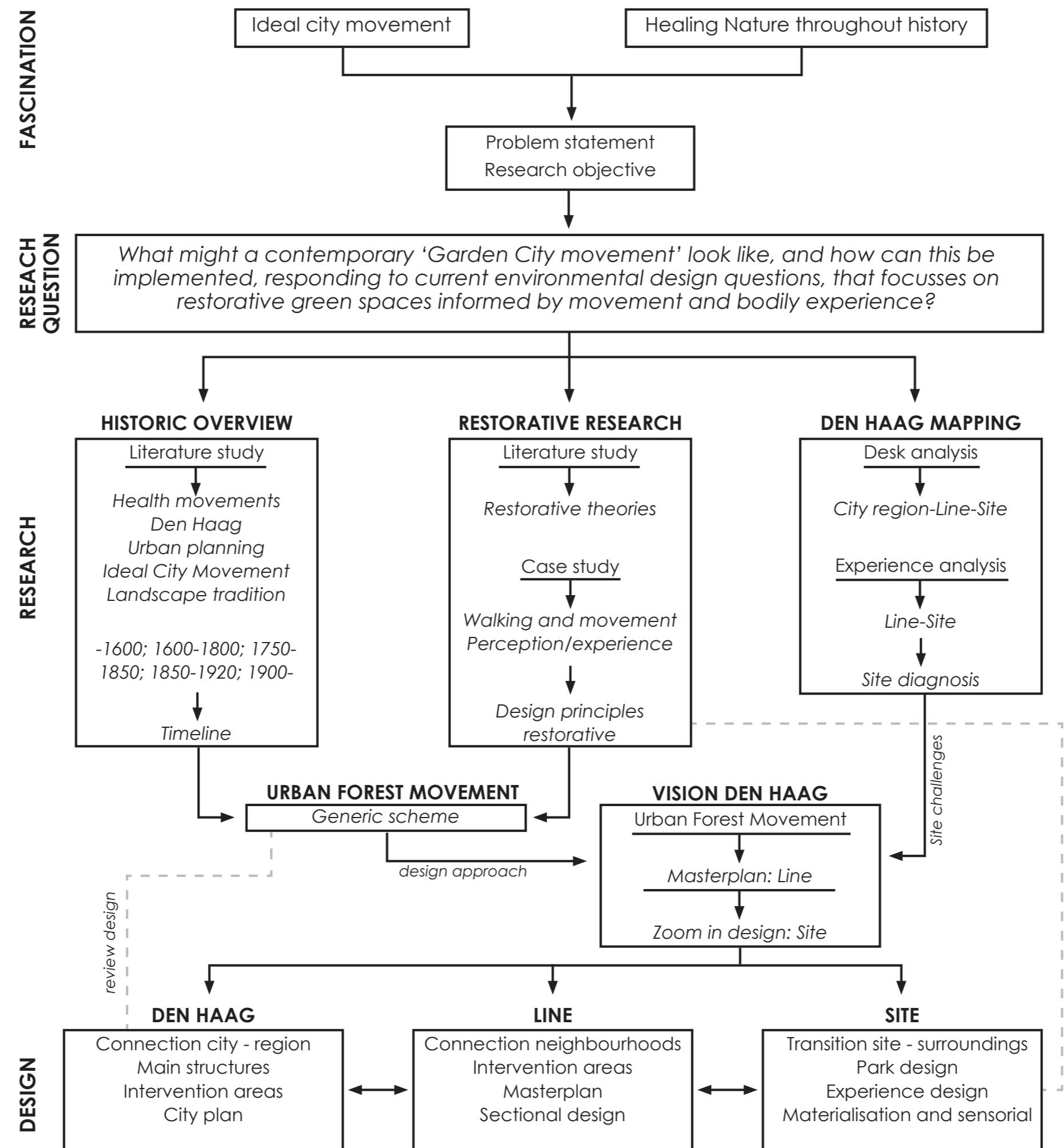


**Ideal city movements - rethinking current cities**

**What might a contemporary 'Garden City movement' look like, and how can this be implemented, responding to current environmental design questions, that focusses on restorative green spaces informed by movement and bodily experience?**

- What are the various ideas on creating a healthy living environment throughout history and how did it result in spatial designs in urban plans, landscape tradition and ideal cities?
- What are restorative nature theories and how can they be applied to design restorative landscapes?
- What is the Urban Forest Movement and what are the main design goals and principles that form the spatial structure of the plan?
- What are the main structures of Den Haag, how do these relate to the surrounding landscape and what are the main design questions of the city and the chosen site?
- How can the Urban Forest Movement be implemented in the chosen site and how can it be further elaborated on a detailed scale?

# METHODOLOGY



## **INTRODUCTION**

FASCINATION, PROBLEM STATEMENT, RESEARCH QUESTION, METHODOLOGY

## **RESEARCH**

HISTORIC OVERVIEW: CREATING HEALTHY LIVING ENVIRONMENTS, MOVEMENT AS RESTORATIVE GREEN STRUCTURE

## **URBAN FOREST MOVEMENT**

## **ANALYSIS AND DESIGN**

DEN HAAG AND REGION, VISION DEN HAAG

LINE: LOOSDUINSEWEG, MASTERPLAN LOOSDUINSEWEG

CEMETERY OUD AND NIEUW EYKENDUYNEN, ZOOM IN DESIGN: EYKENDUINEN PARK

## **CONCLUSION AND REFLECTION**

# HISTORIC OVERVIEW: CREATING HEALTHY LIVING ENVIRONMENTS

## DEN HAAG



## URBAN PLANNING

- GRID PARCELLATION (marketsquare)
- CITY EXPANSION (city walls)
- RATIONAL PARCELATION
- VILLAPARK (green living environment)
- GARDEN CITY (community and private gardens, public parks)
- MONUMENTAL (community gardens)
- FUNCTIONAL (neighbourhood distinction because of green structures, Highrise to make space for public green, green is also program)
- STAMP (community gardens, public green)
- CAULIFLOWER (meandering green spaces)
- VINEX (protection nature areas facing urbanization)

**-1600**

**1600-1800**

**1750-1850**

**1850-1920**

**1900-**

## LANDSCAPE TRADITION

### ORDER

- HOUTEN (leisure purposes)
- COURTYARDS - (restorative, garden)
- CITY WALLS - (fortification)
- TREE PLANTING - (wood production)
- URBAN GARDEN - (escape)

- CULTIVATION
- MEDITATION (sensorial nature)

### FORMAL

- ESTATES - (escape, promenading, leisure purposes)

- WALKING
- ESCAPING (controlled nature, elites)

### ENGLISH/PICTURESQUE

- PARK CITY WALLS - (promenading, leisure purposes, experiencing nature (birds eye view))
- BOULEVARDS - (promenading)

- WALKING
- EXPERIENCING NATURE (elites)

### ENGLISH

- CITYPARK - (escape, pastoral, promenading, leisure purposes)

- WALKING
- ESCAPING

### FORMAL/MODERN

- PUBLIC PARK - (promenading, leisure purposes, socialising, sport and play, education, gardening)

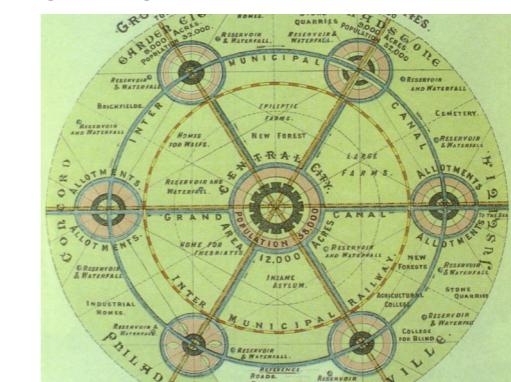
- ACTIVITIES IN NATURE

## IDEAL CITY MOVEMENT

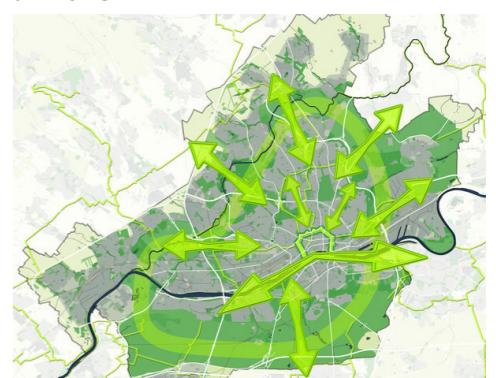
### ESTATE LANDSCAPE



### GARDEN CITY



### SIEDLUNG



## HEALTH MOVEMENTS

### MEDICINAL PLANTS

IMPROVE SANITATION: water supplies, garbage, sewage, food inspection (13th - 14th century)

### WALKING (17th century)

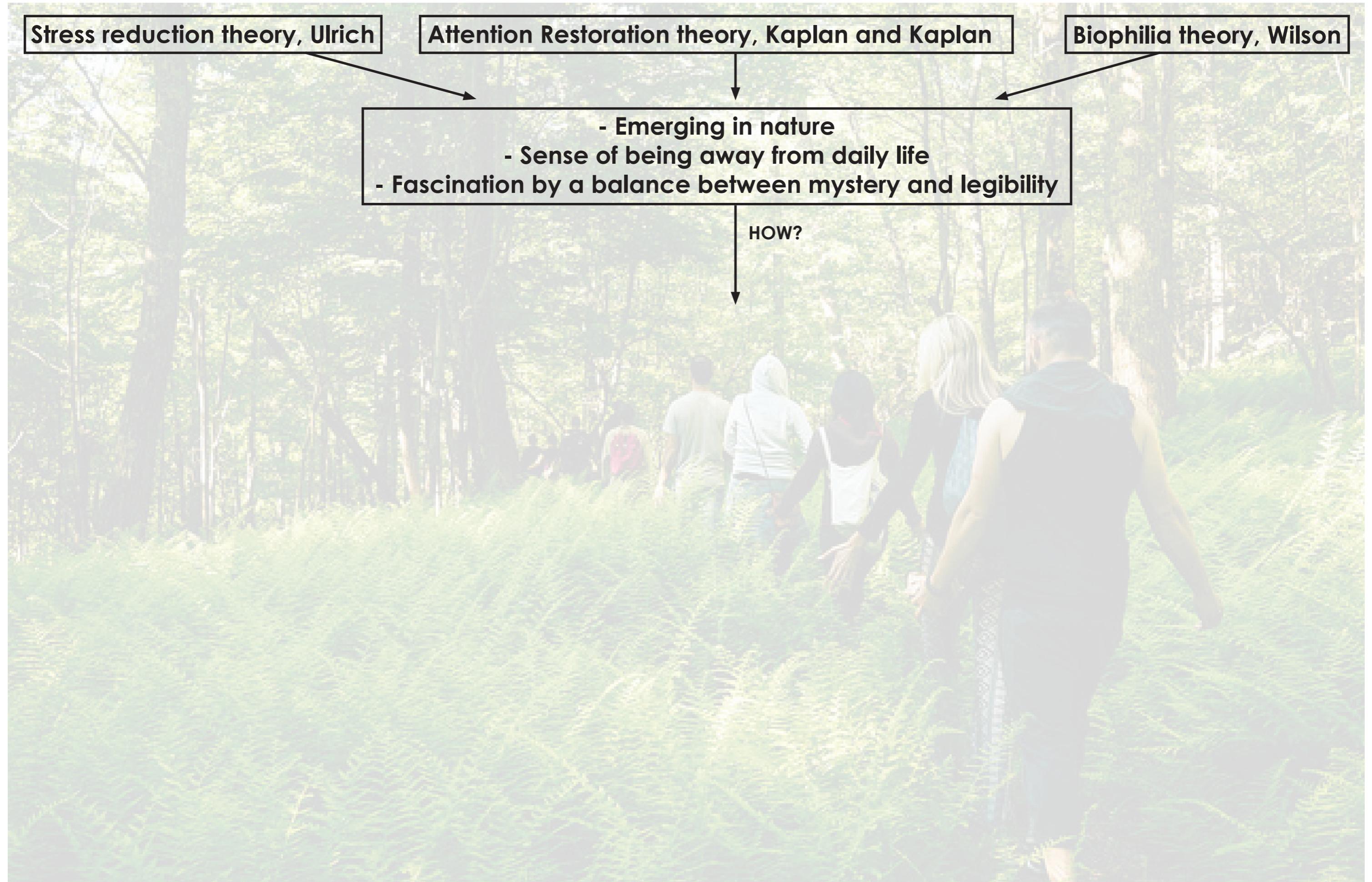
EXERCISES, GAMES, SPORTS (16th-17th century)

### SWIMMING (19th century)

### RESTORATIVE NATURE THEORIES (20th century)

# MOVEMENT AS RESTORATIVE GREEN STRUCTURE

Restorative effects of nature



# MOVEMENT AS RESTORATIVE GREEN STRUCTURE

Walking

**Stress reduction theory, Ulrich**

**Attention Restoration theory, Kaplan and Kaplan**

**Biophilia theory, Wilson**

- Emerging in nature
- Sense of being away from daily life
- Fascination by a balance between mystery and legibility

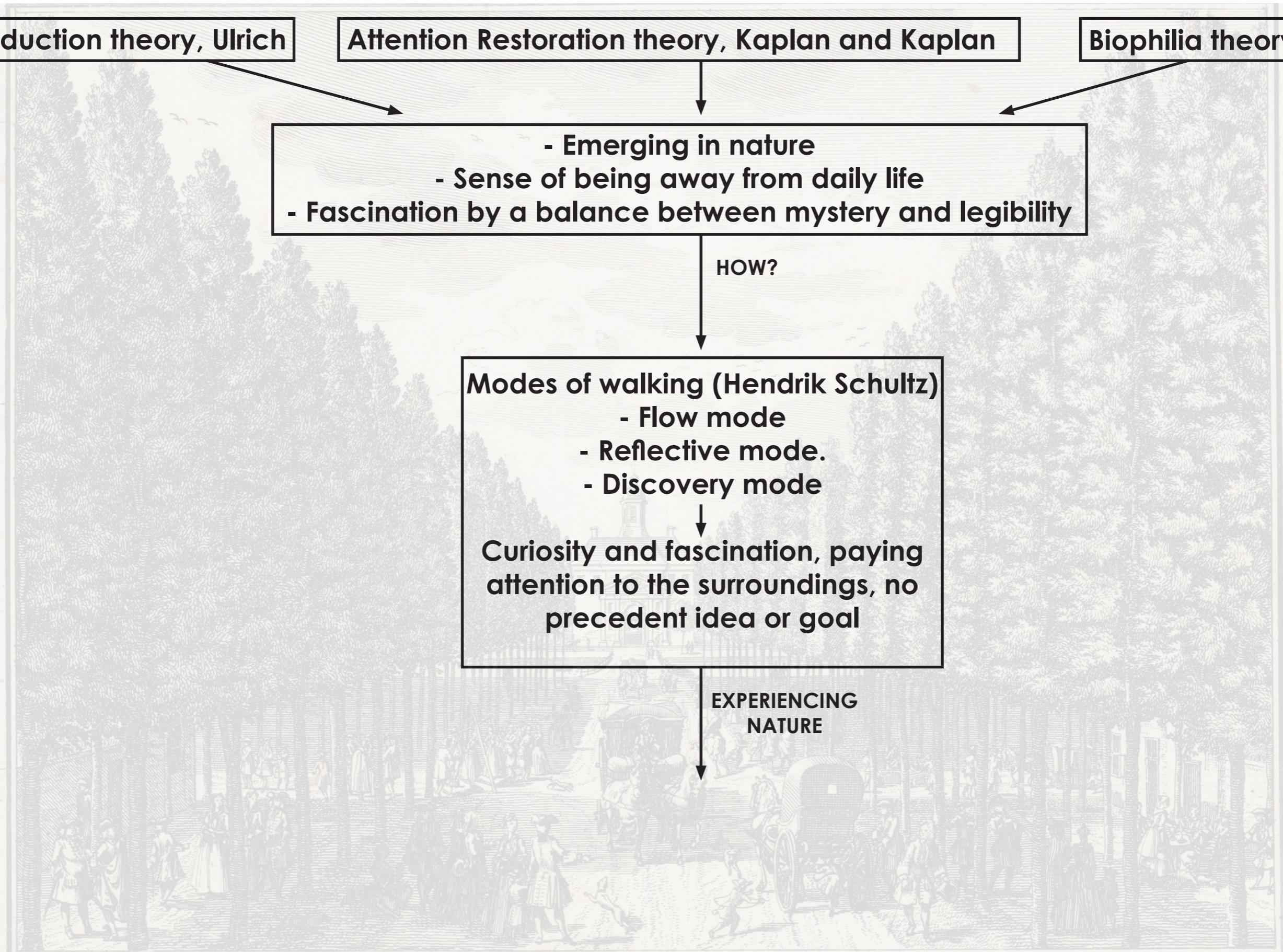
HOW?

**Modes of walking (Hendrik Schultz)**

- Flow mode
- Reflective mode.
- Discovery mode

Curiosity and fascination, paying attention to the surroundings, no precedent idea or goal

EXPERIENCING NATURE

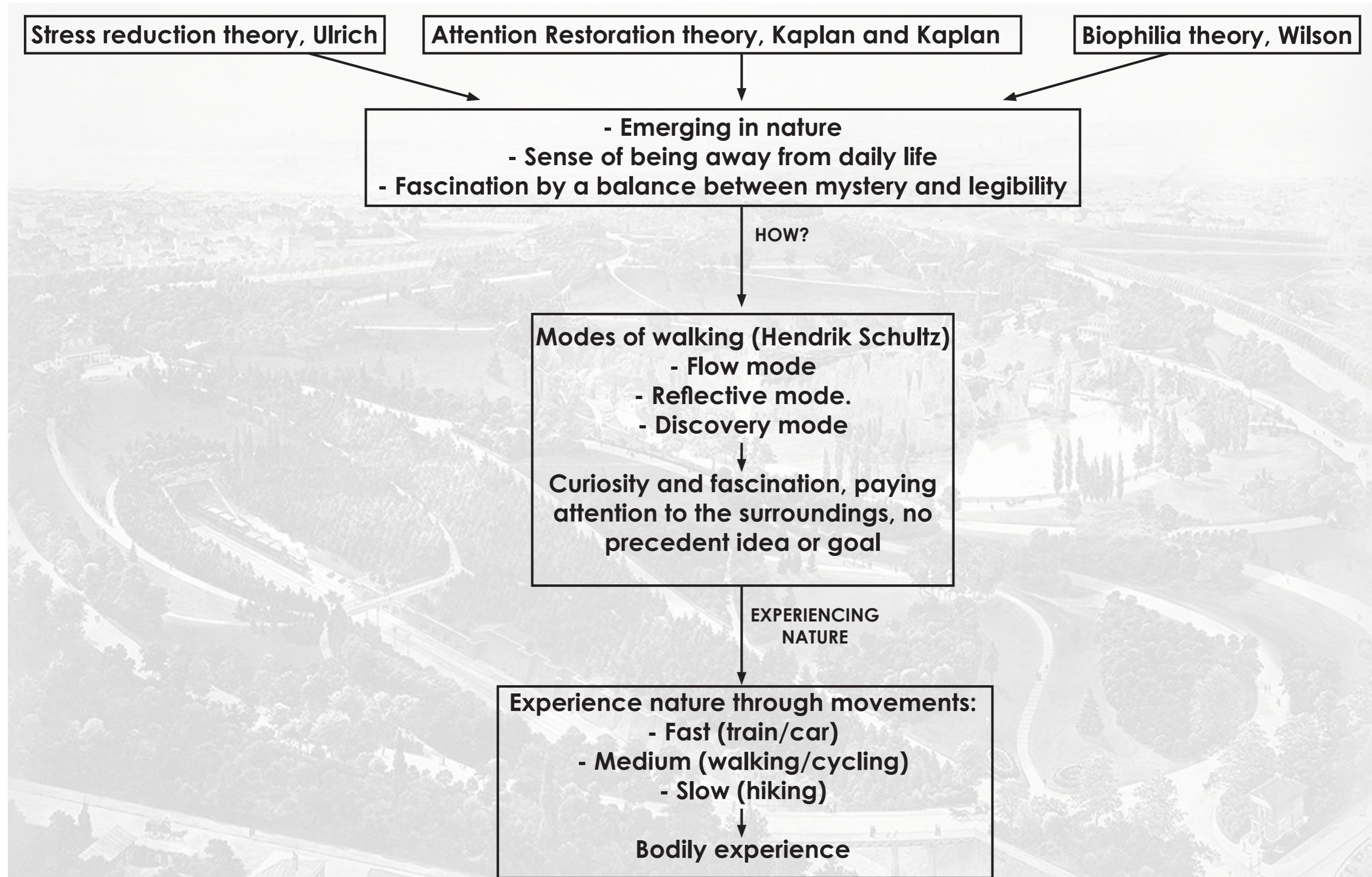


*Gezicht op den MIDDENWEGH of MUIDER STRAET*

*Vue du Grand Chemin du Plantage*

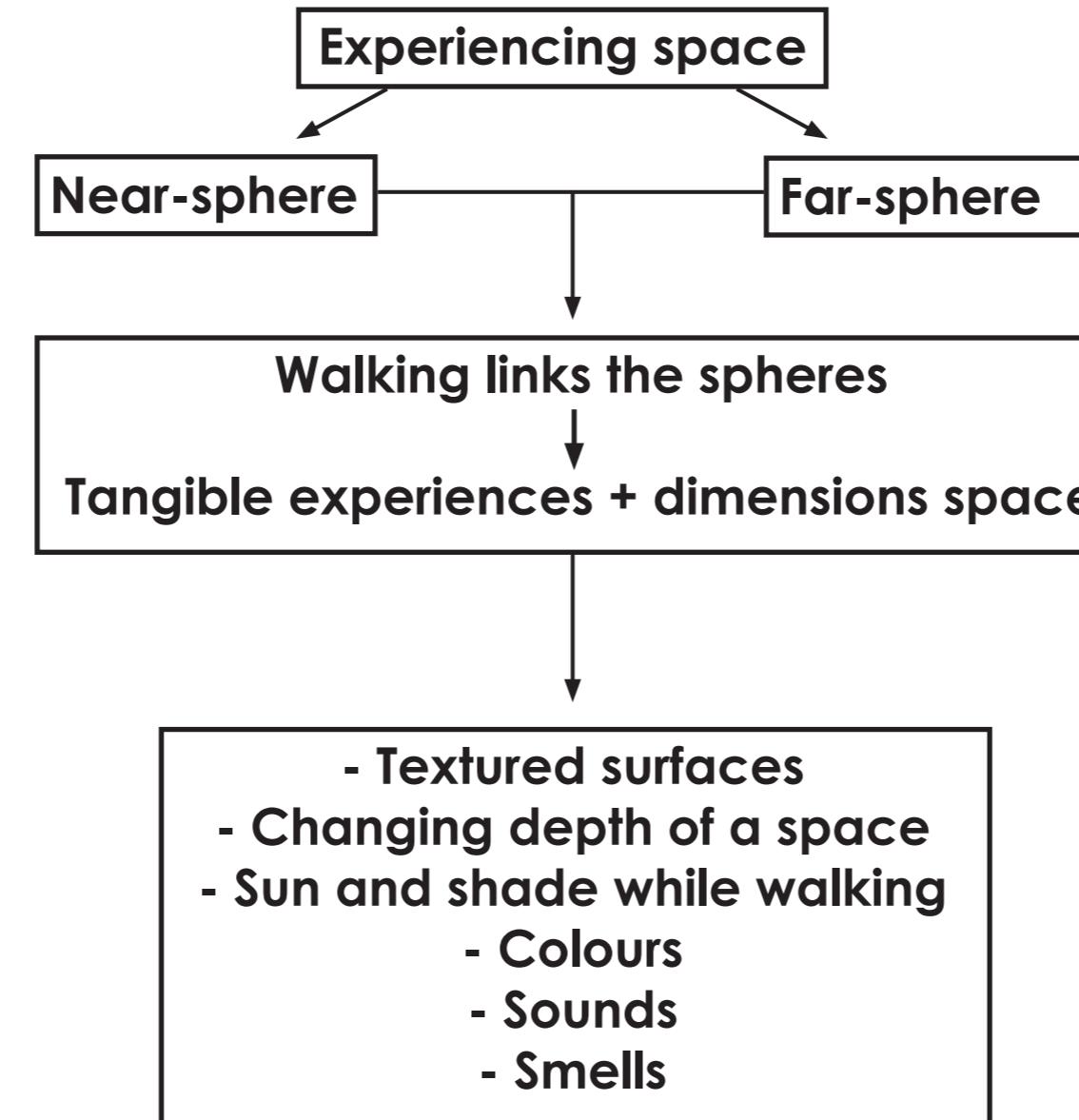
# MOVEMENT AS RESTORATIVE GREEN STRUCTURE

Movement



# MOVEMENT AS RESTORATIVE GREEN STRUCTURE

## BODILY EXPERIENCE - MOVEMENT



Vegetation



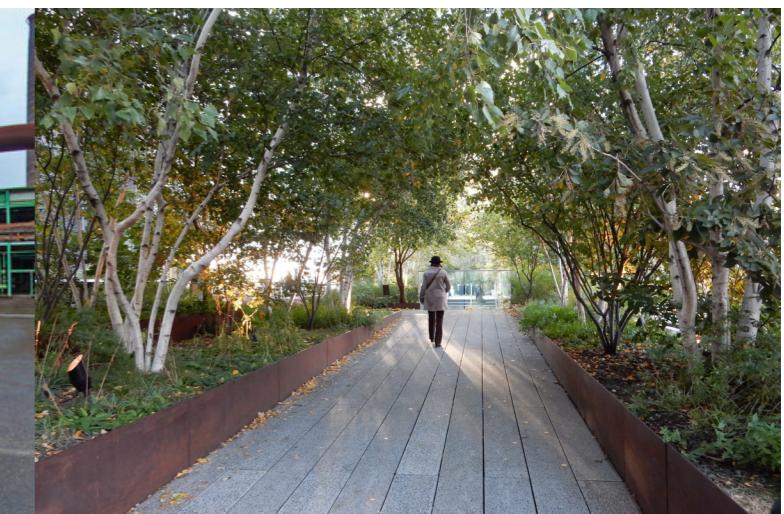
Materialisation



Movement



Composition



(source: Lastorina, B. (2009, 11 03). La Villette - Jardin des Bambous. (source: Bennewies, T. (n.d.). Parc Buttes-Chaumont: From Sewer to Sweetheart. Paris. Retrieved from https://web.archive.org/web/20161014021817/http://www.panoramio.com/photo/28859379) (source: Rudowitz, U. (2019, 01 06). Piazza Metallica at Landscape Park Duisburg. Retrieved from https://www.360cities.net/image/piazza-metallica-at-landscape-park-duisburg)

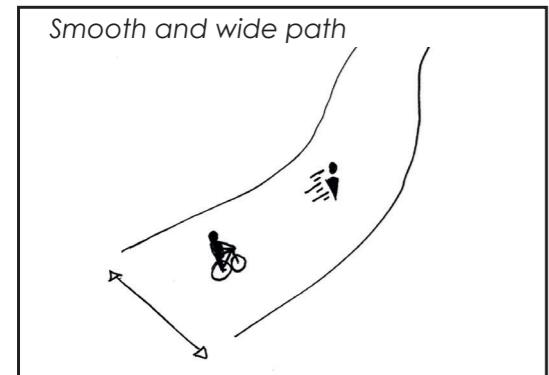
(source: wherenfranceeh.files.wordpress.com/2016/04/bc-04620.jpg%3Fw%3D584%26h%3D807&imgrefurl=https://wherenfranceeh.com/2016/04/10/parc-buttes-chaumont-from-sewer-to-sweetheart/&h=807&w=584&tbnid=YWv2LngtgK1uxM&tbnh=2)

# MOVEMENT AS RESTORATIVE GREEN STRUCTURE

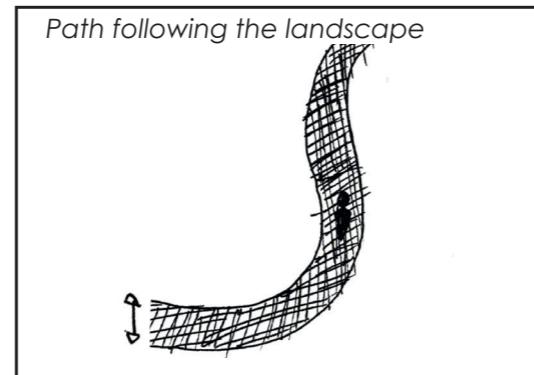
## TOOLBOX

### Speed of movement - Freytag

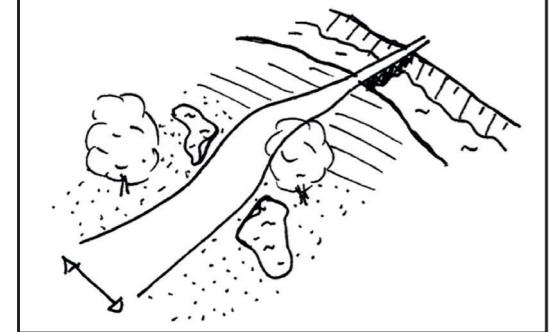
Fast - train



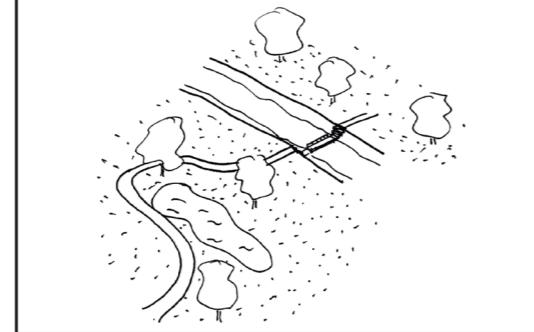
Slow - walking



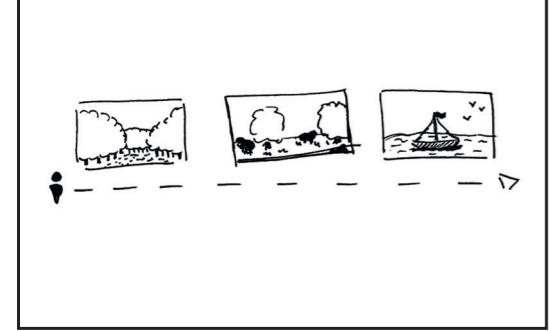
Leveling landscape for smooth route



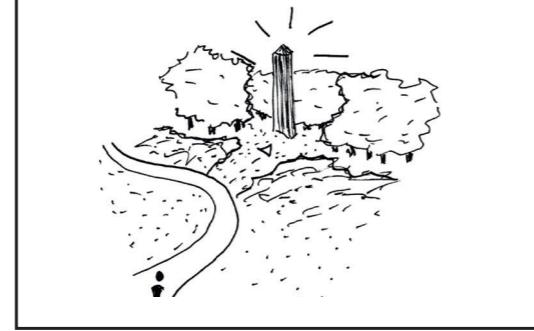
Textured and narrow path



Scenic views

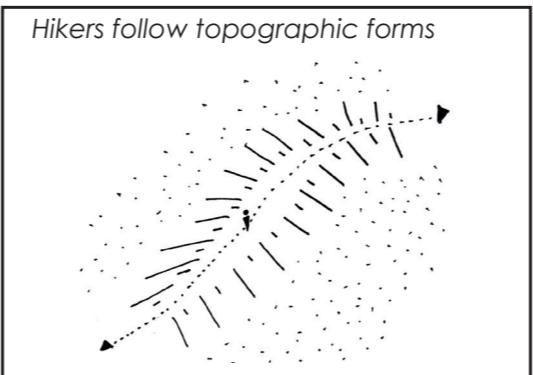


Sightlines by framing and curves

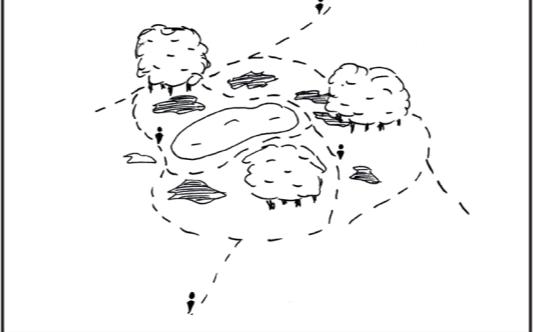


### Creating fascination by walking - Schultz / Dixon Hunt

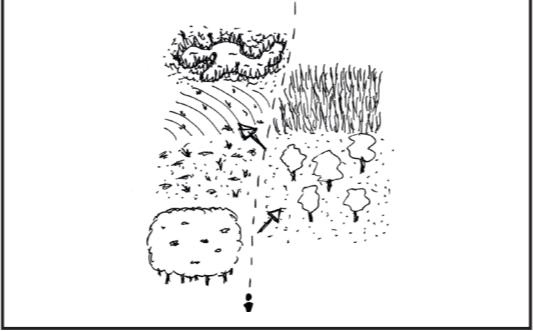
Hikers follow topographic forms



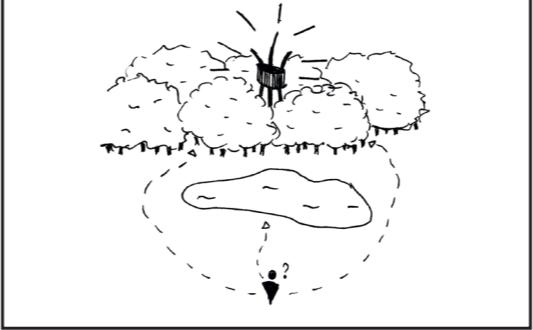
No begin or end



Separate views

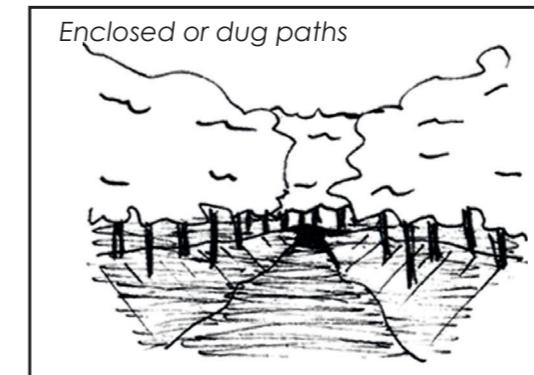


Indirect paths to landmarks

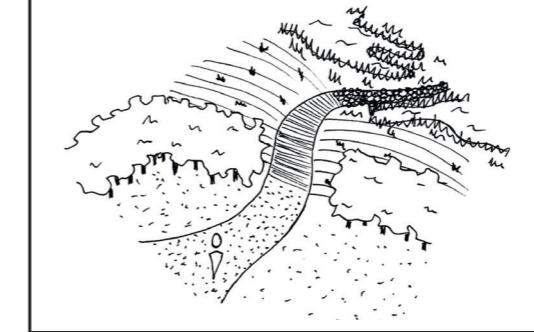


### Bodily experience - Lassus / Velde

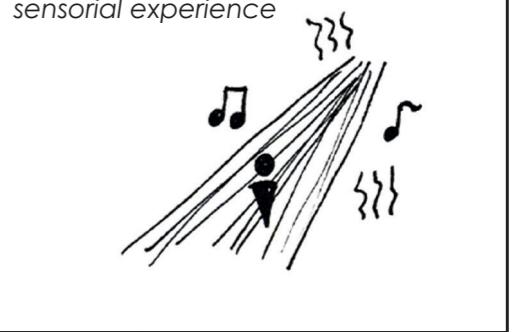
Movement



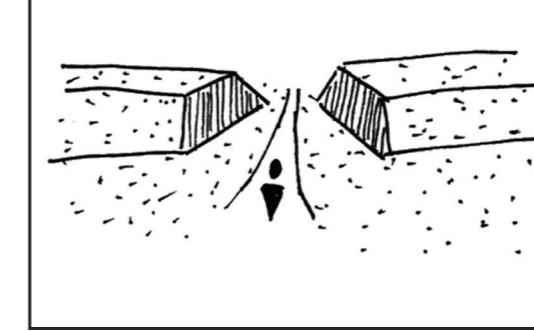
Sensorial



Smooth path for ultimate sensorial experience



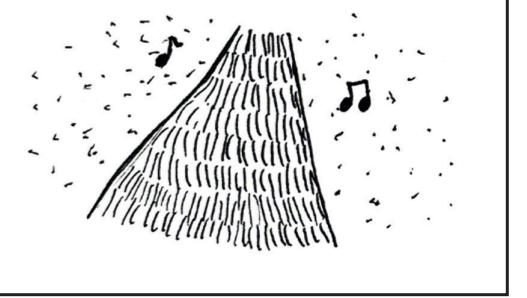
Cut through elements



Smell, colour, textures and sound by different textures and vegetation



Smell, colour, textures and sound by different textures and vegetation



## **INTRODUCTION**

FASCINATION, PROBLEM STATEMENT, RESEARCH QUESTION, METHODOLOGY

## **RESEARCH**

HISTORIC OVERVIEW: CREATING HEALTHY LIVING ENVIRONMENTS, MOVEMENT AS RESTORATIVE GREEN STRUCTURE

## **URBAN FOREST MOVEMENT**

## **ANALYSIS AND DESIGN**

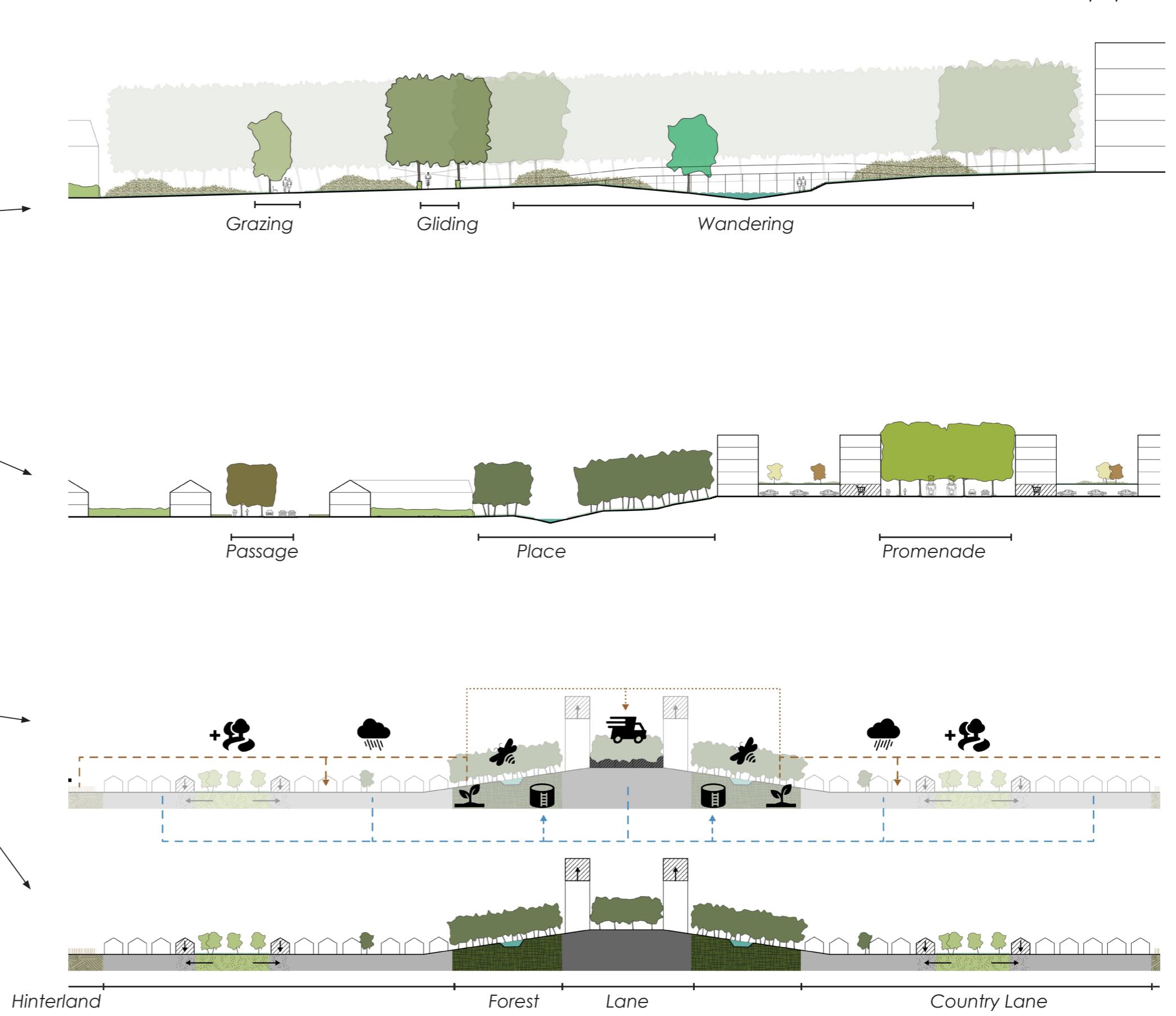
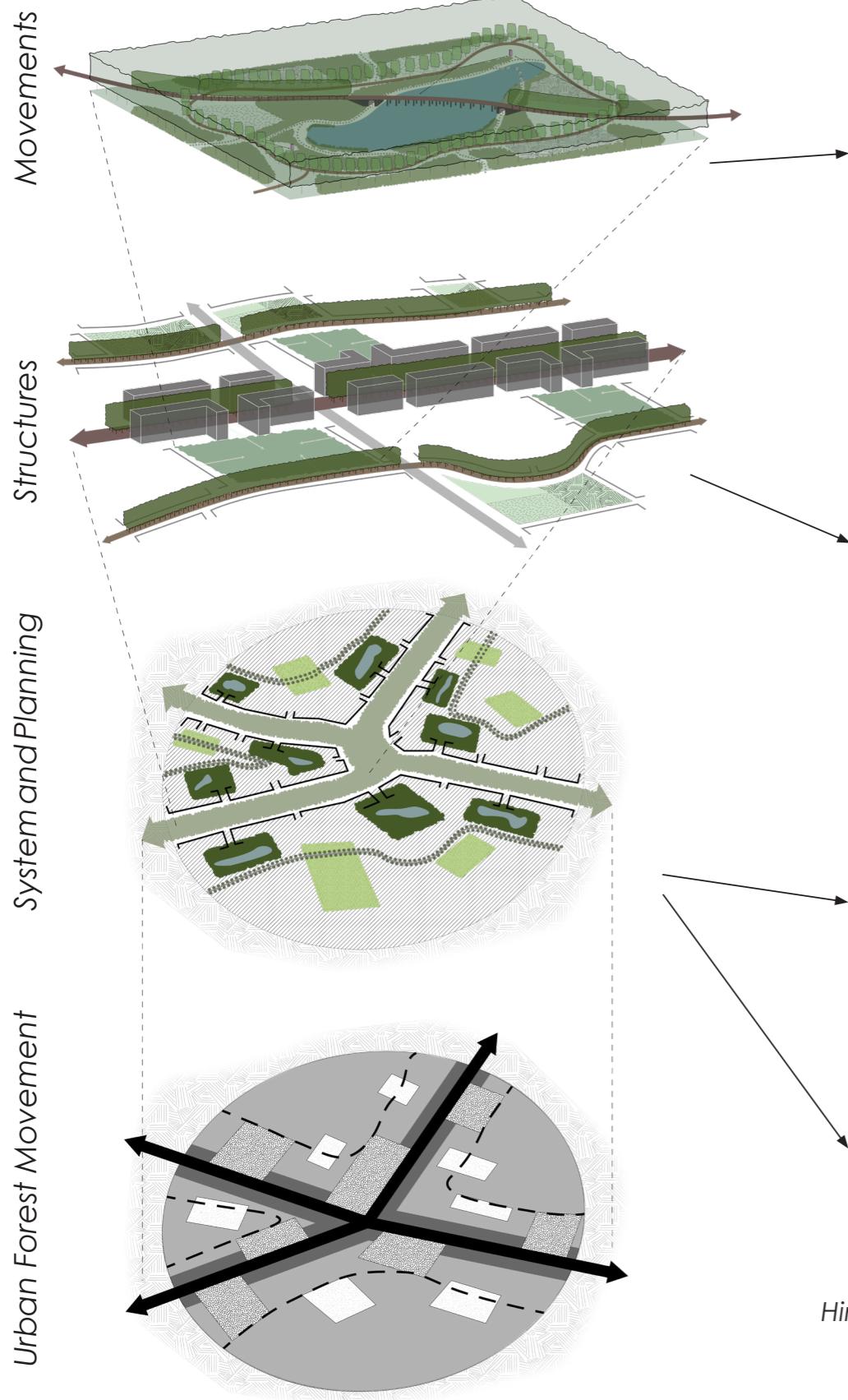
DEN HAAG AND REGION, VISION DEN HAAG

LINE: LOOSDUINSEWEG, MASTERPLAN LOOSDUINSEWEG

CEMETERY OUD AND NIEUW EYKENDUYNEN, ZOOM IN DESIGN: EYKENDUINEN PARK

## **CONCLUSION AND REFLECTION**

# URBAN FOREST MOVEMENT

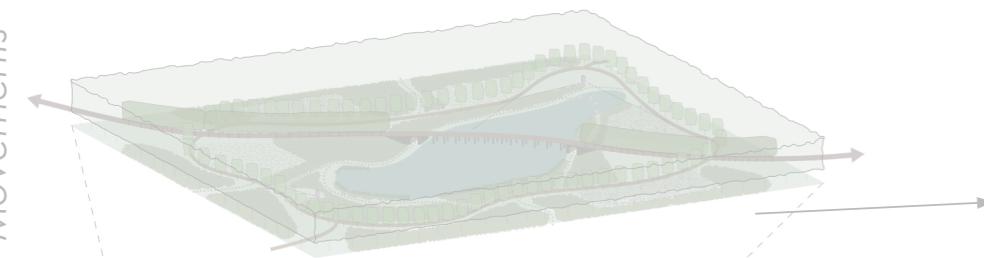


## Main goals:

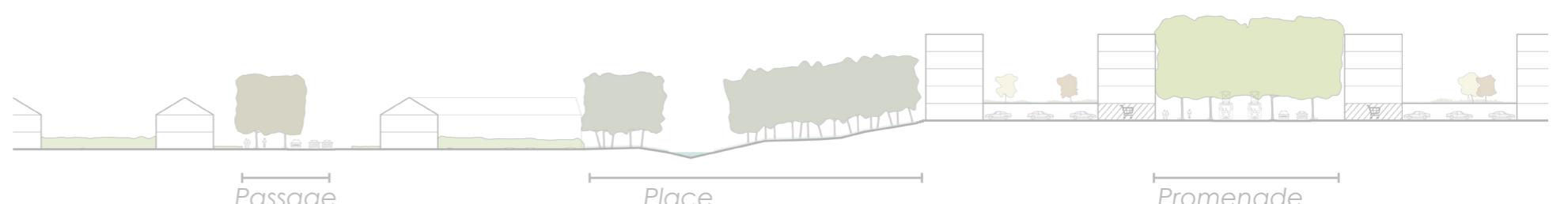
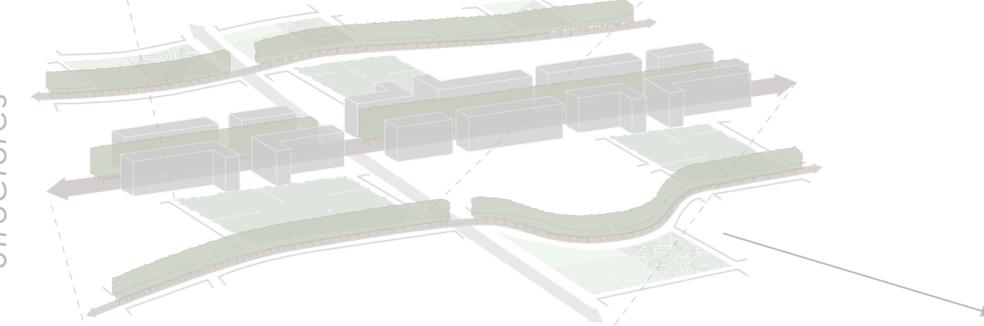
- healthy living environment with restorative nature in mind,
- spatial framework that responds to current environmental design questions,
- green spaces which can improve mental health by experiencing the beneficial effects of nature,
- increase biodiversity in the city through these green spaces,
- use bodily experience and movement as the main design principles.

# URBAN FOREST MOVEMENT - System and planning

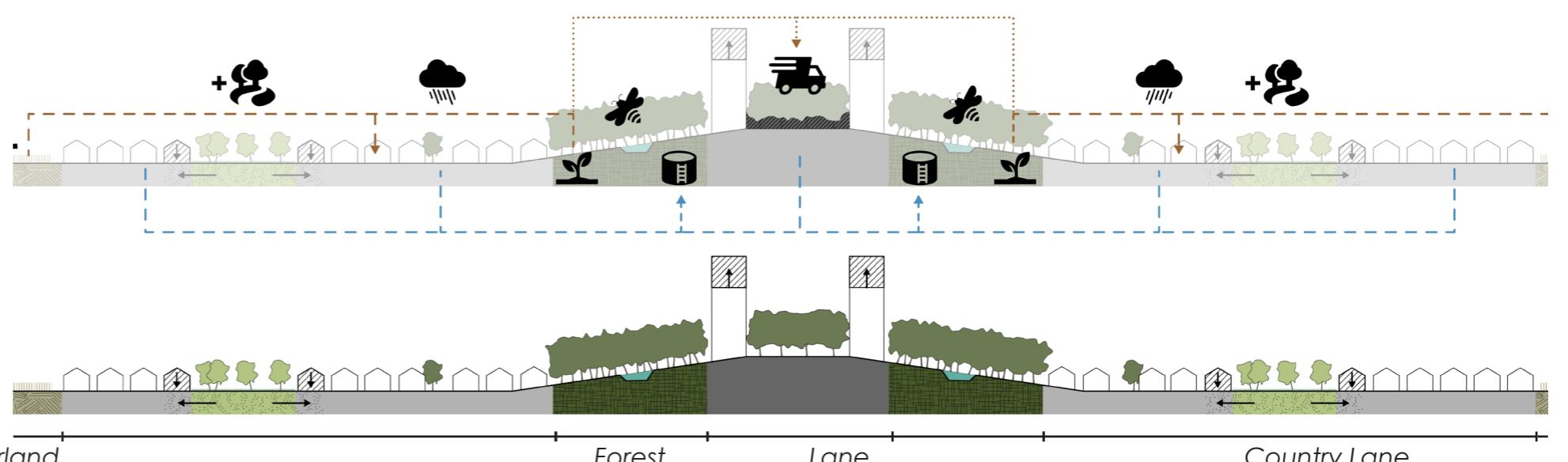
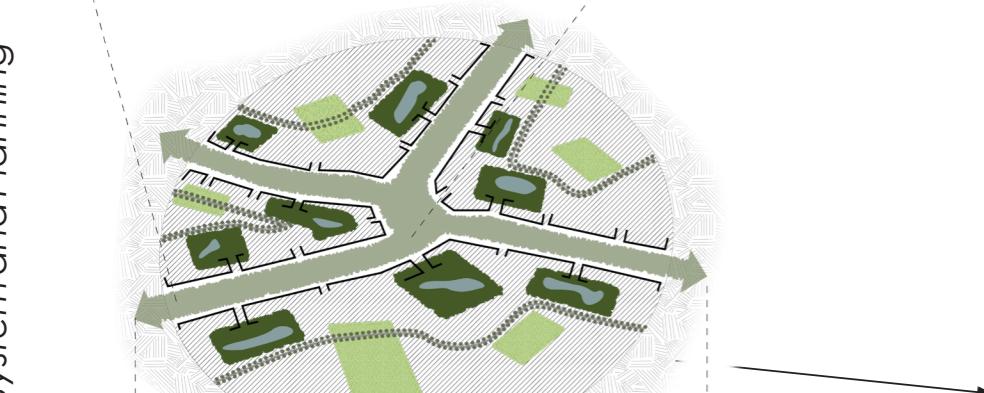
Movements



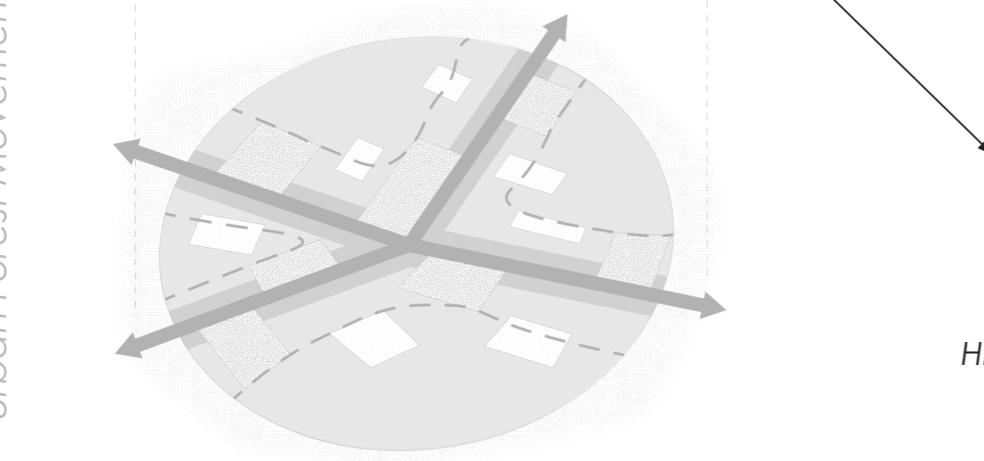
Structures



System and Planning

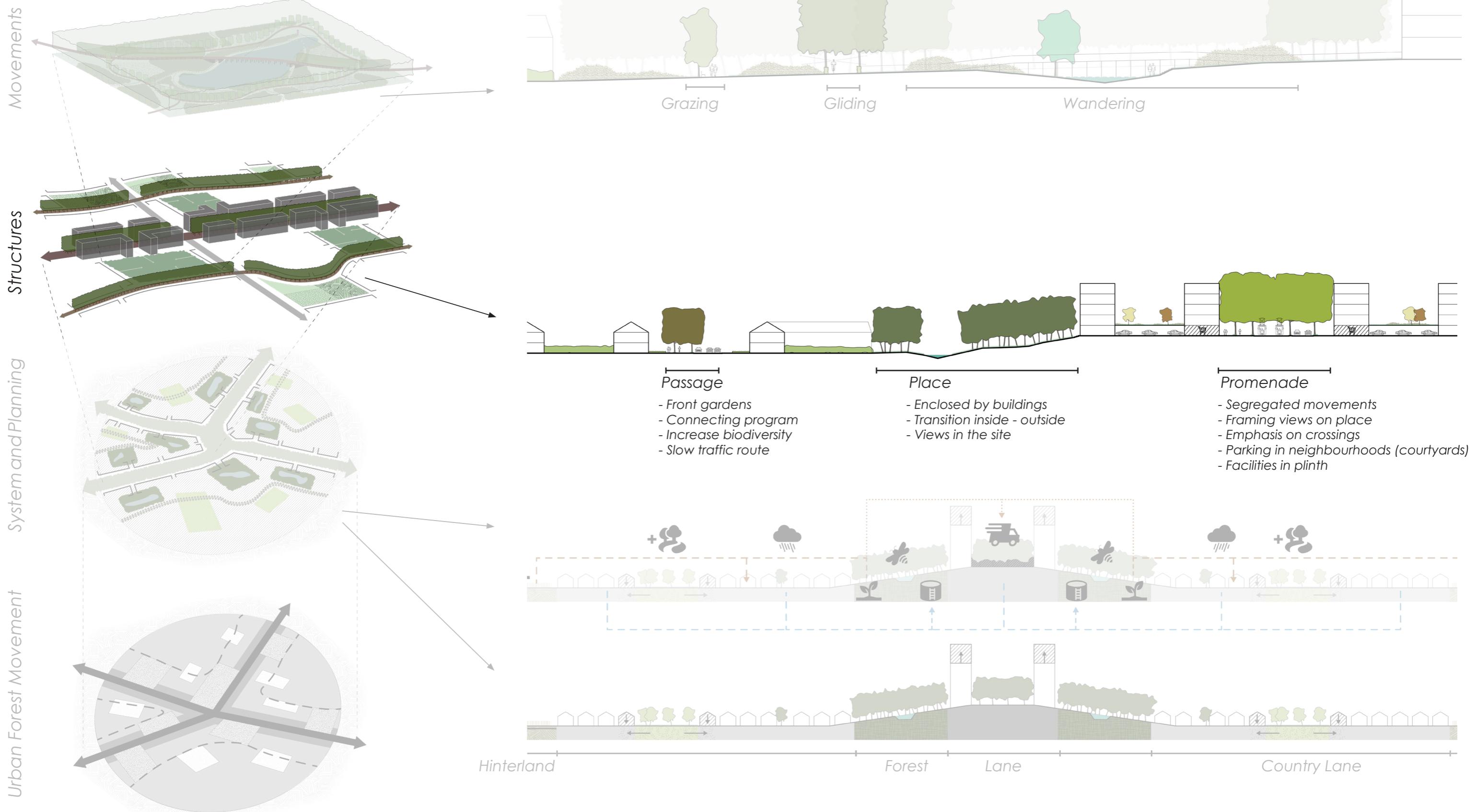


Urban Forest Movement

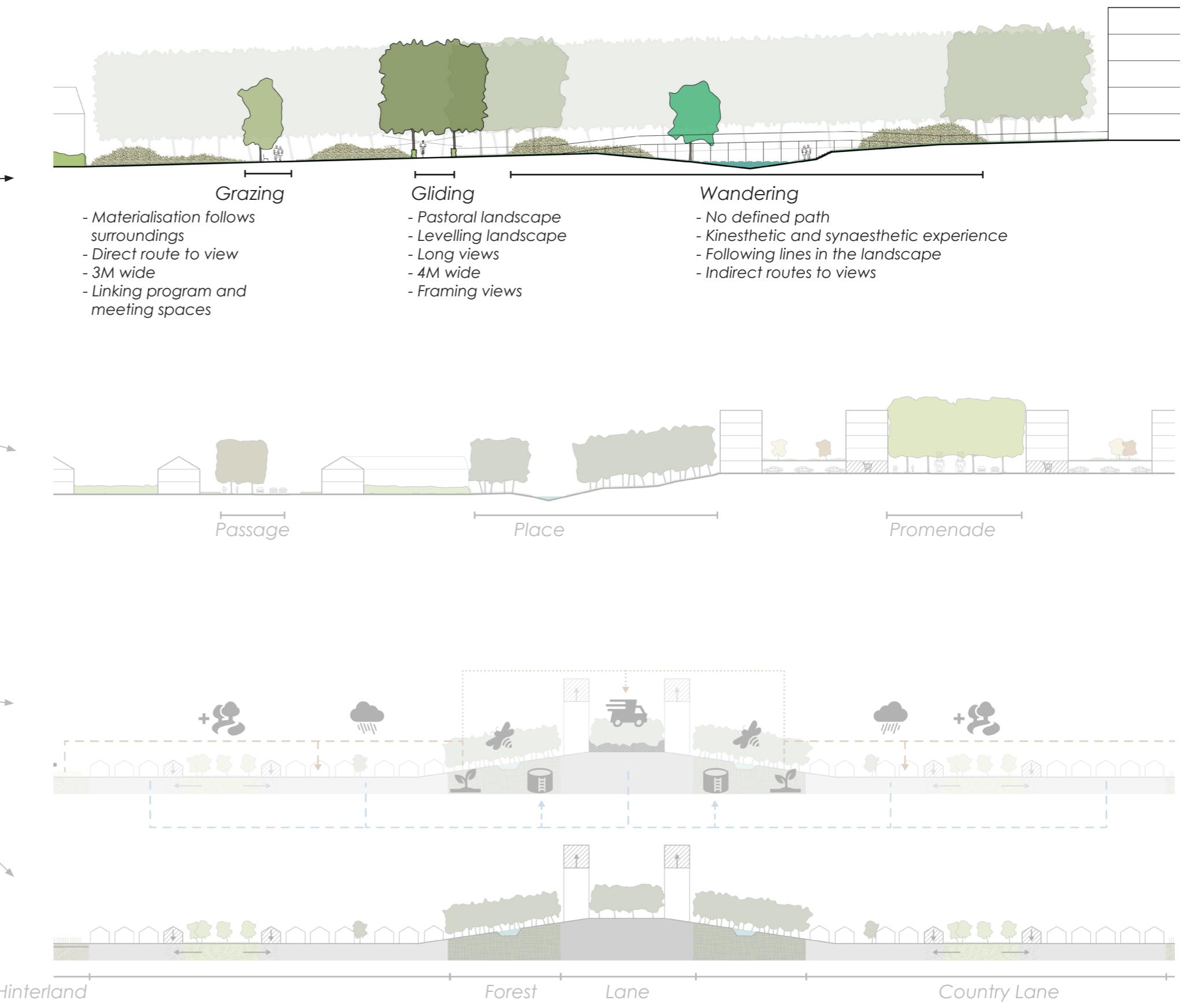
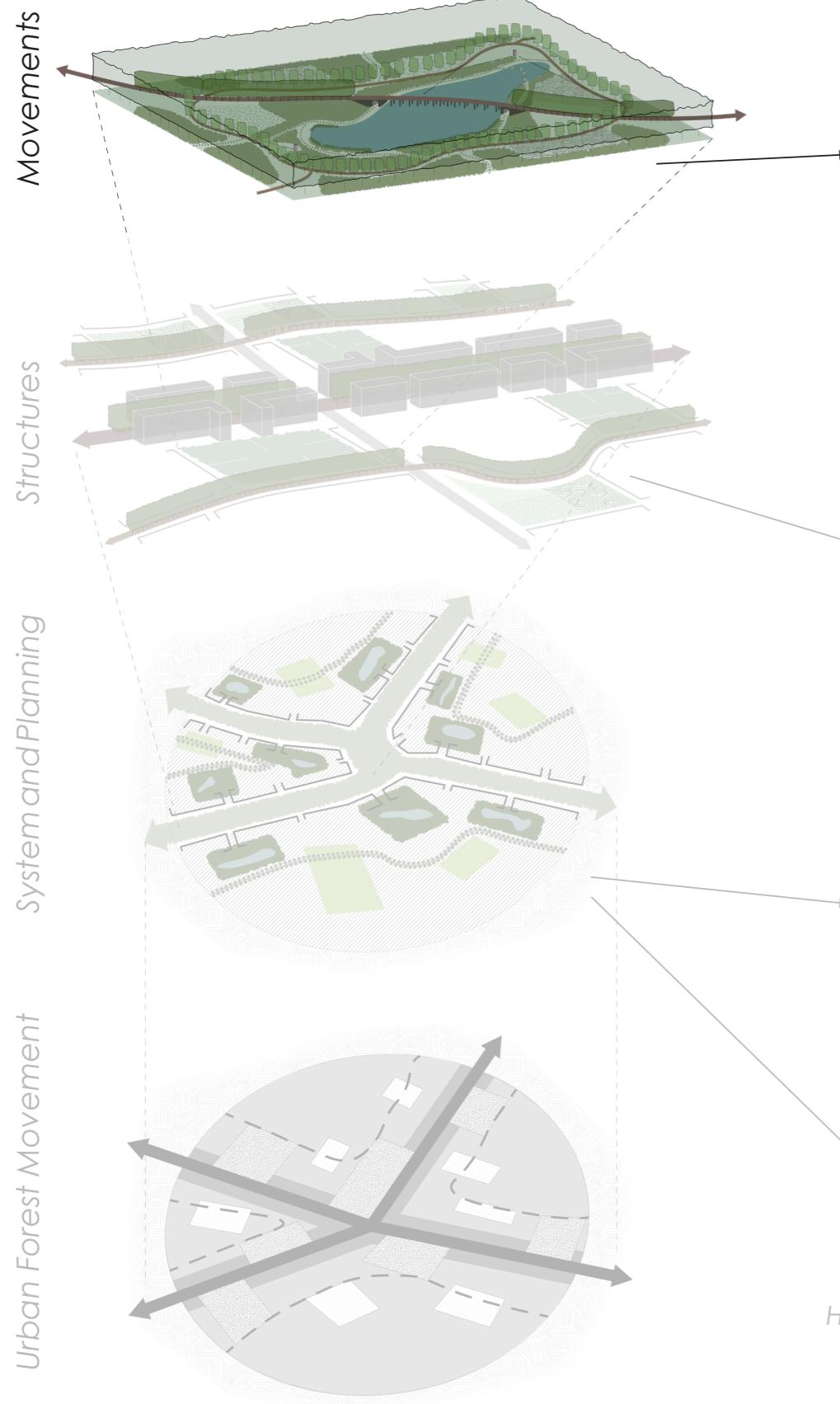


- Hinterland**
- Forest**
  - Water storage
  - Food production
  - Forestry parks
  - Connect leisure and nature
  - Increase biodiversity
- Lane**
  - Transport flow
  - Collecting food/waste/produce
  - Densify along infrastructure
  - Expand city through infrastructure
  - Increase biodiversity
  - Connect city to landscape
- Country Lane**
  - Food flow
  - Greening neighbourhoods
  - Connect and add Leisure areas
  - Transition park and neighbourhood
  - Increase biodiversity

## URBAN FOREST MOVEMENT - Structures



## URBAN FOREST MOVEMENT - Movements



## **INTRODUCTION**

FASCINATION, PROBLEM STATEMENT, RESEARCH QUESTION, METHODOLOGY

## **RESEARCH**

HISTORIC OVERVIEW: CREATING HEALTHY LIVING ENVIRONMENTS, MOVEMENT AS RESTORATIVE GREEN STRUCTURE

## **URBAN FOREST MOVEMENT**

## **ANALYSIS AND DESIGN**

DEN HAAG AND REGION, VISION DEN HAAG

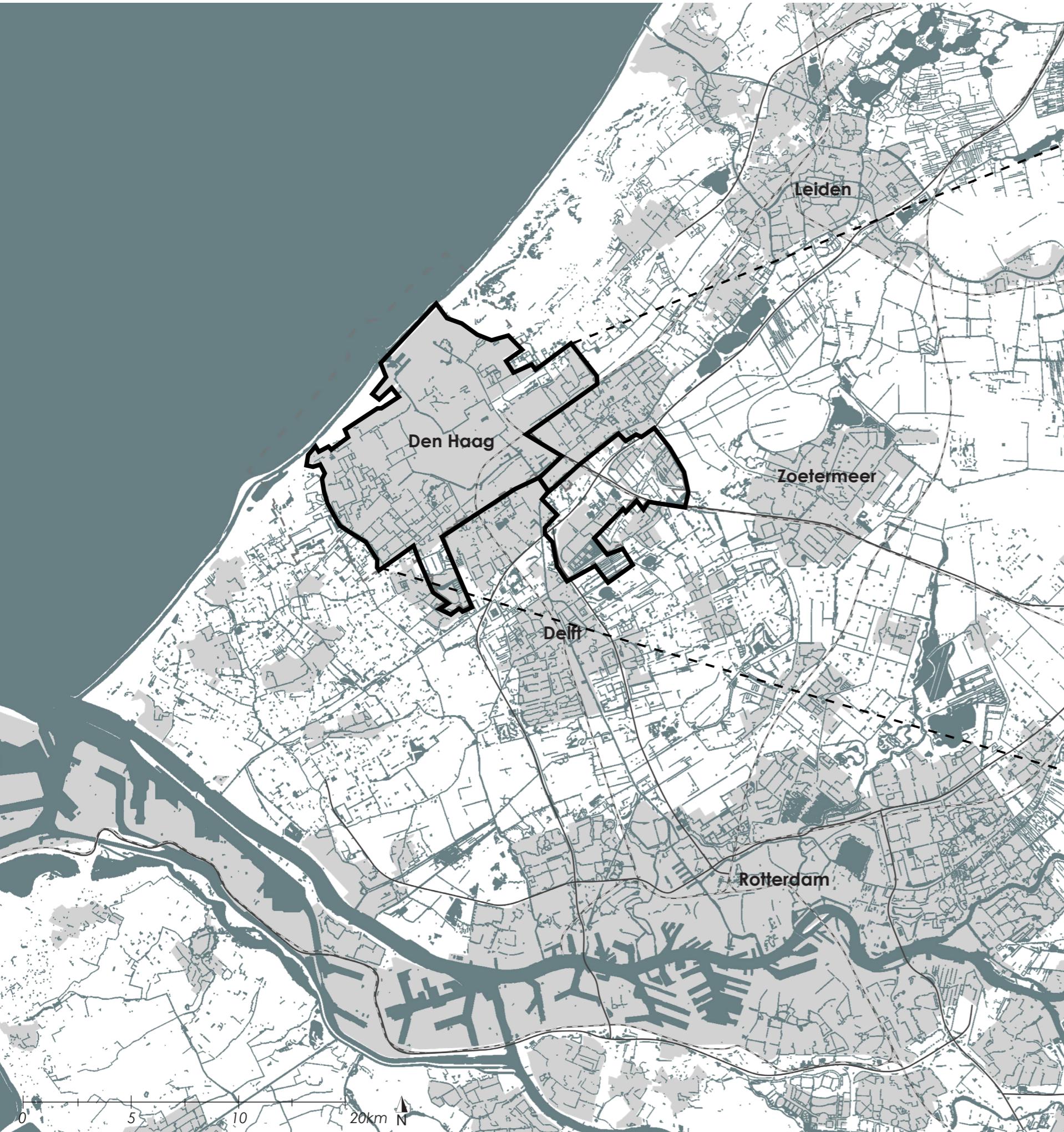
LINE: LOOSDUINSEWEG, MASTERPLAN LOOSDUINSEWEG

CEMETERY OUD AND NIEUW EYKENDUYNEN, ZOOM IN DESIGN: EYKENDUINEN PARK

## **CONCLUSION AND REFLECTION**

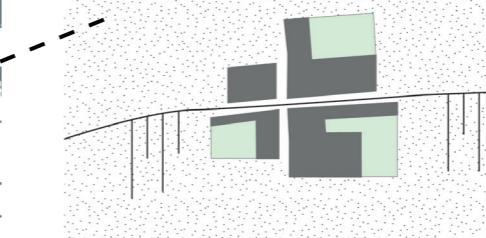
## ANALYSIS - DEN HAAG AND REGION

City development and connection to the landscape - Why Den Haag?

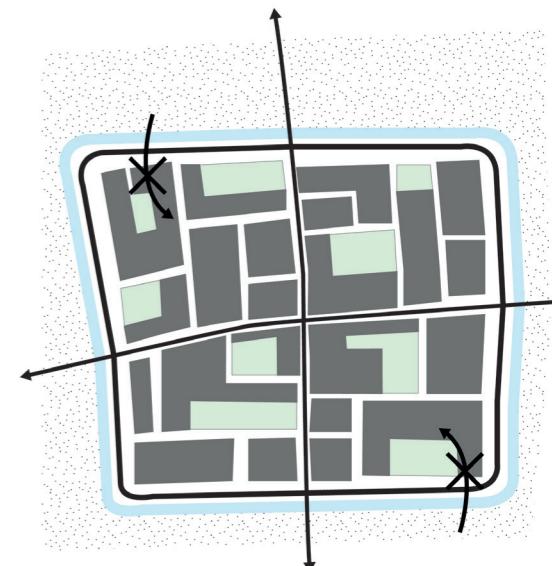
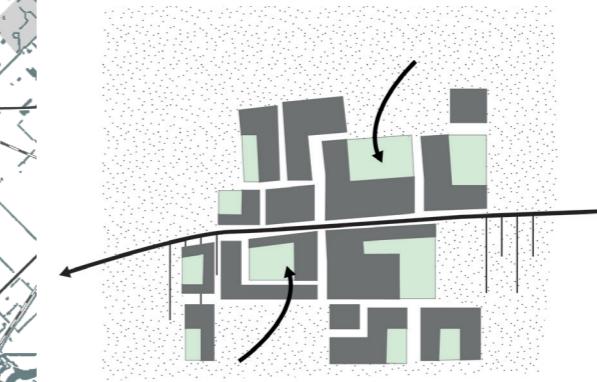
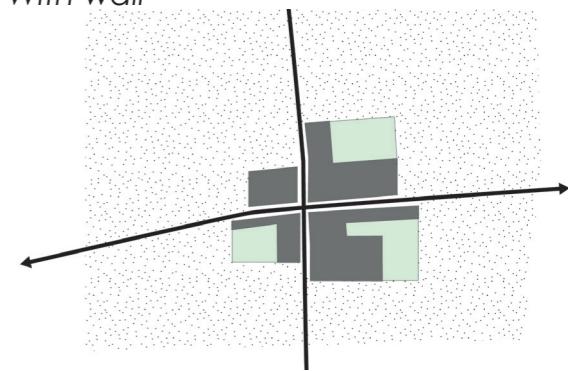


City growth development

Without wall

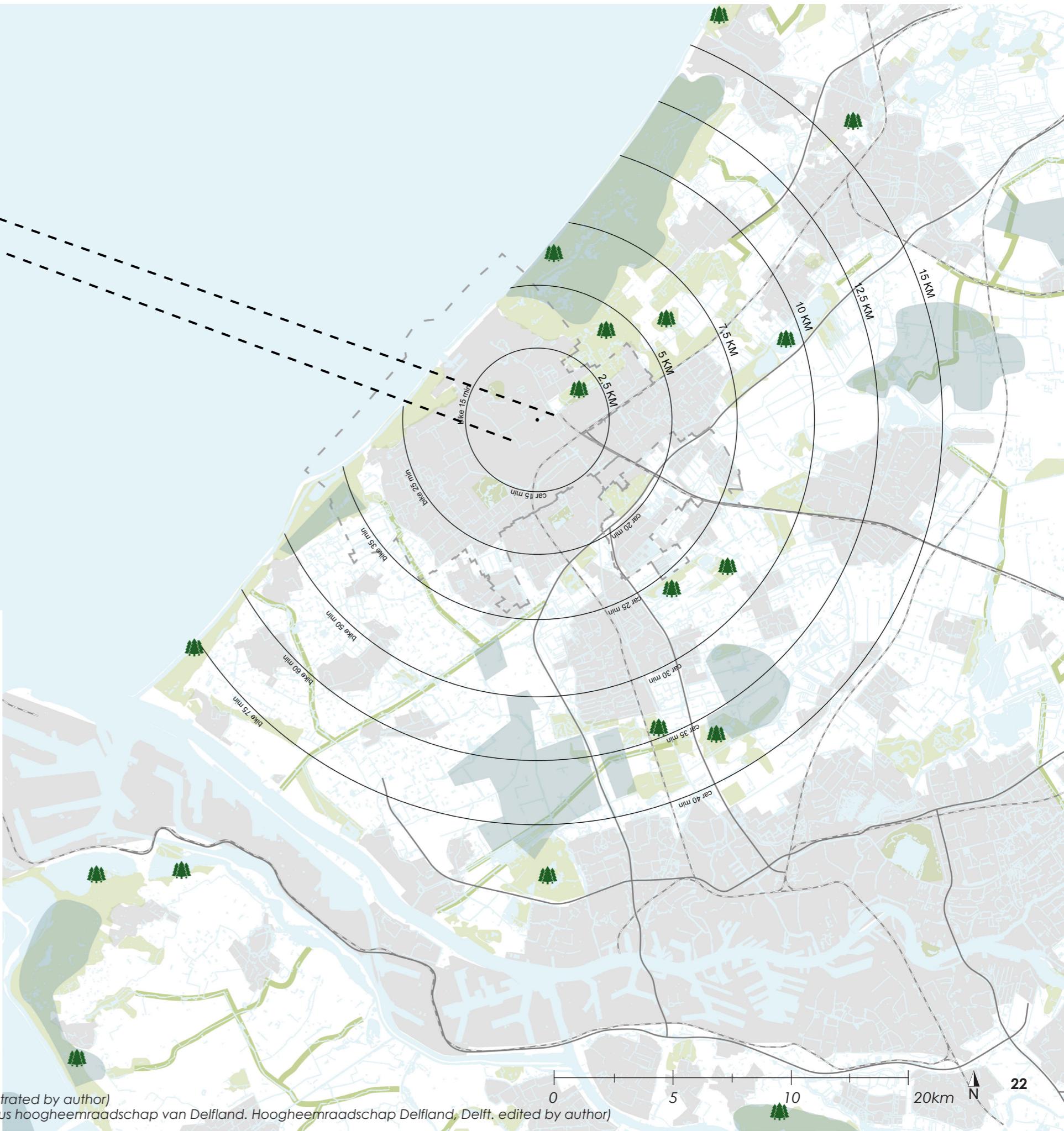
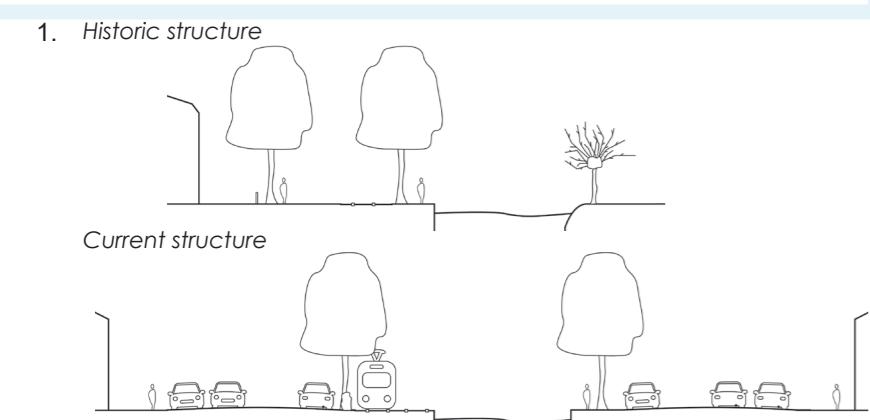
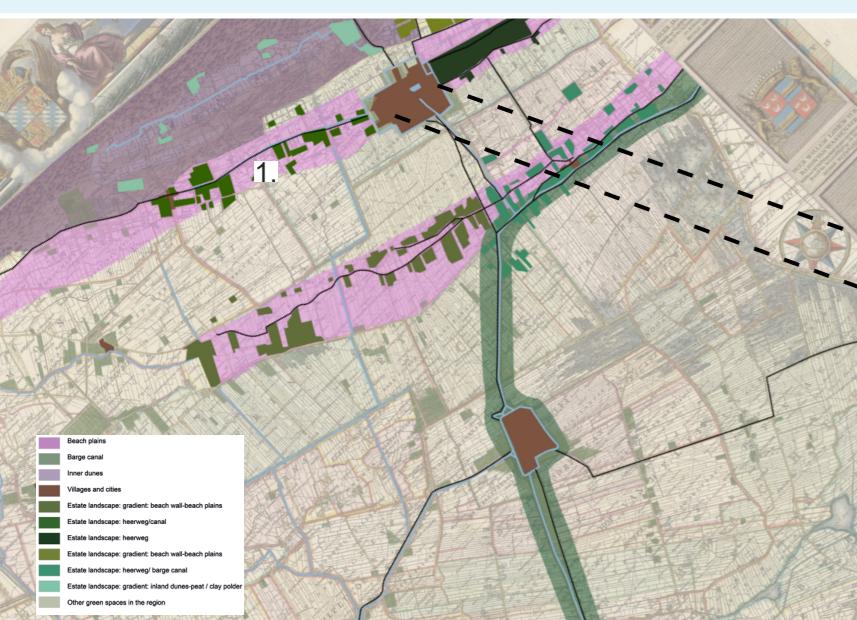


With wall



# ANALYSIS - DEN HAAG AND REGION

## Green structure Den Haag and surroundings



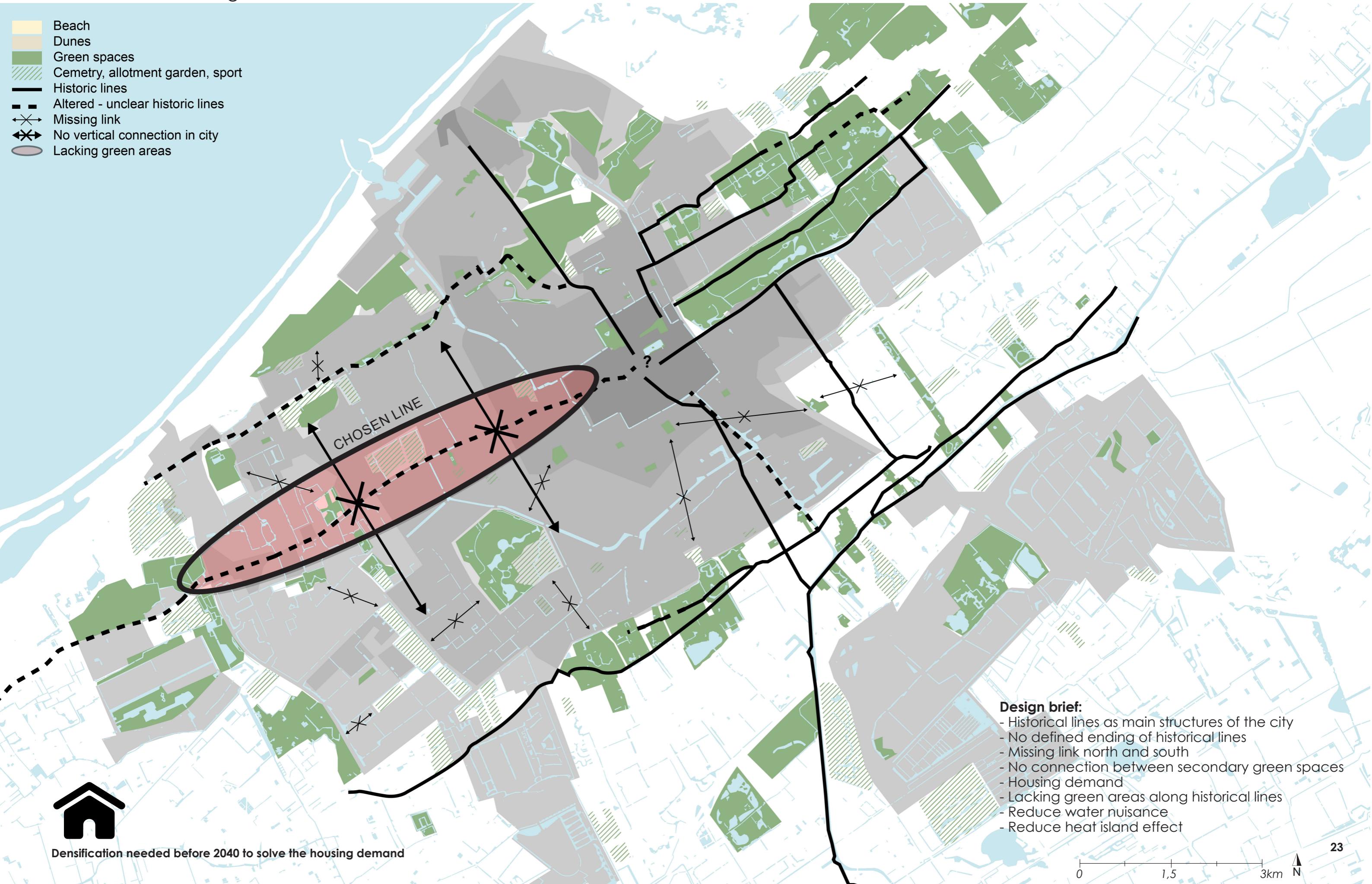
(Source: Ecologische hoofdstructuur en belangrijke weidevogelgebieden, 2011 illustrated by author)

(Source: Cruquius Cruquius, N., & Cruquius, J. (1712). surveyors and drawers. Cruquius hoogheemraadschap van Delfland. Hoogheemraadschap Delfland, Delft, edited by author)

# ANALYSIS - DEN HAAG AND REGION

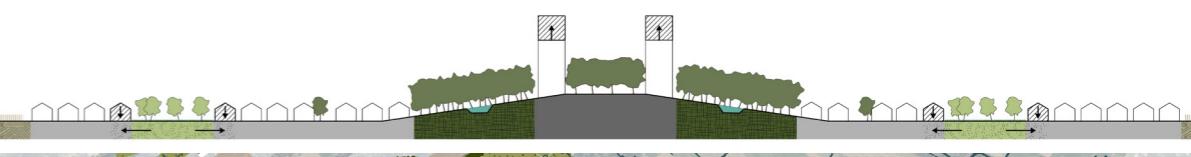
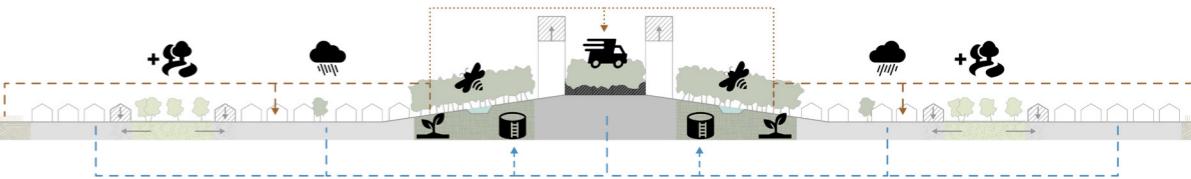
## Conclusion Den Haag

- Beach
- Dunes
- Green spaces
- Cemetery, allotment garden, sport
- Historic lines
- Altered - unclear historic lines
- Missing link
- No vertical connection in city
- Lacking green areas



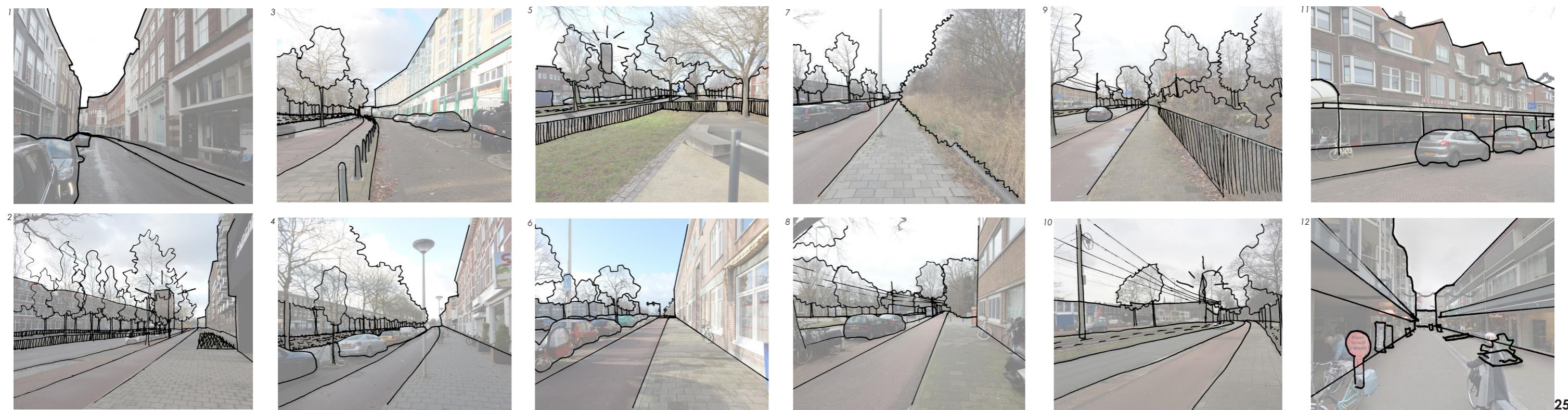
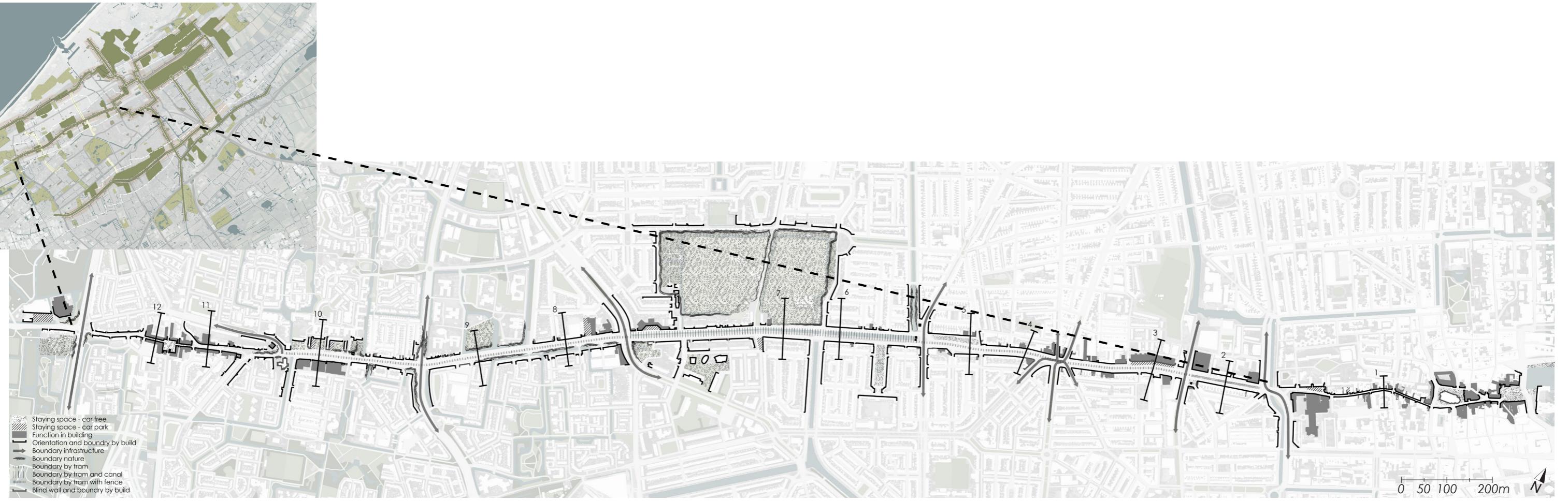
# DESIGN - VISION DEN HAAG

Applied Urban Forest Movement - System and Planning



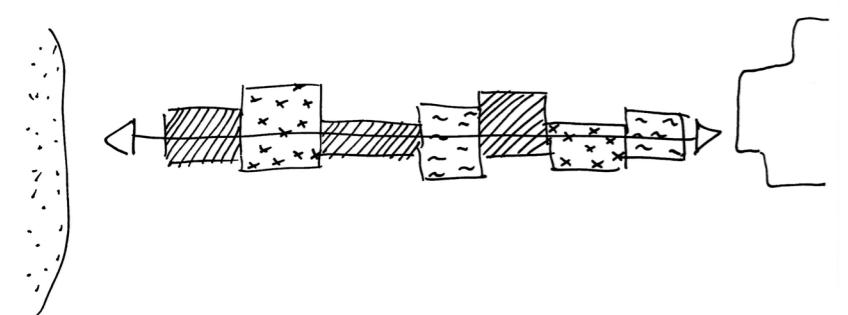
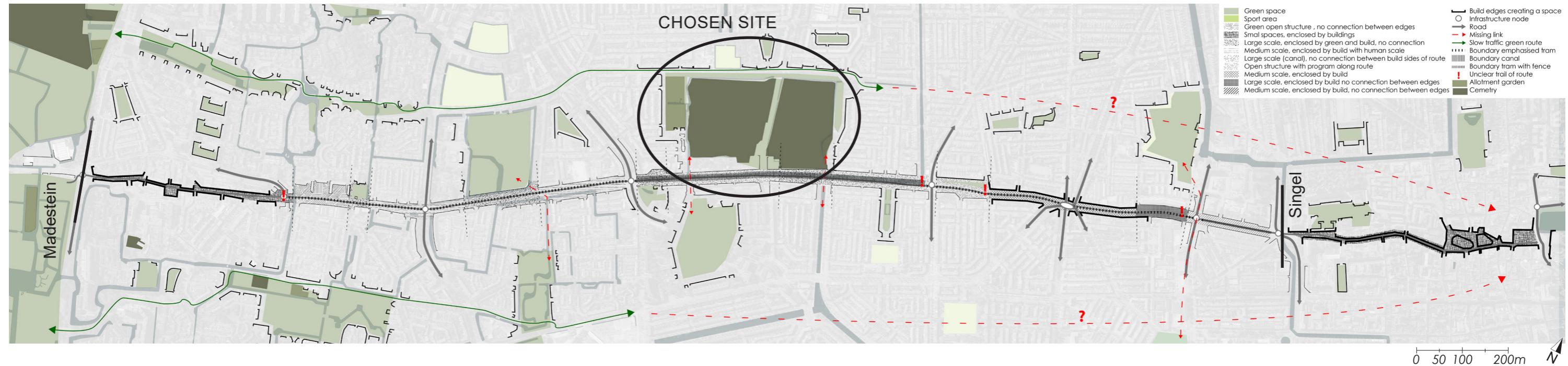
# ANALYSIS - LINE: LOOSDUINSEWEG

Spatial structure and experience along the structure

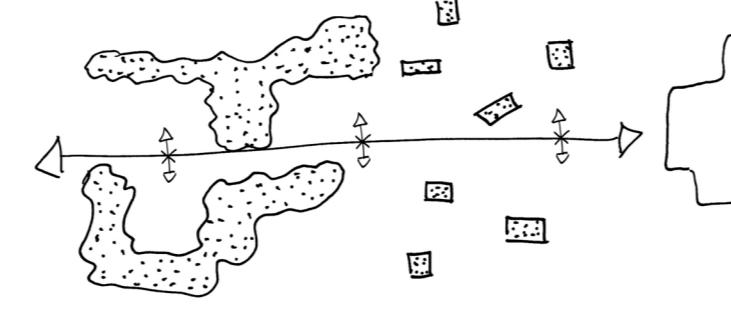


## ANALYSIS - LINE: LOOSDUINSEWEG

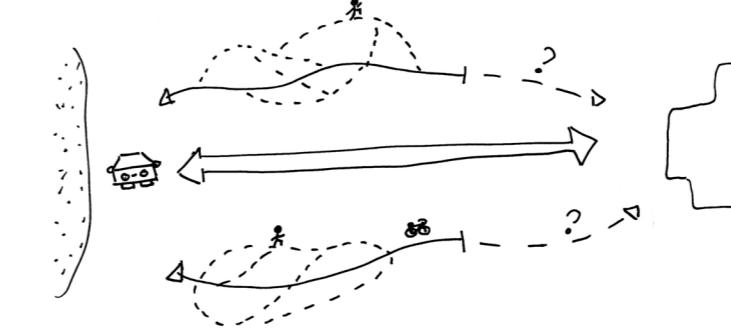
Conclusion Loosduinseweg



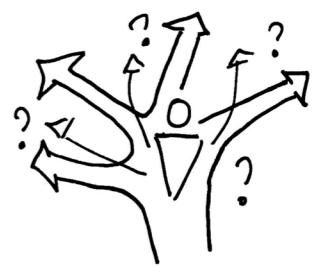
Patchwork along the route



Two different green structures along the route



Different speeds of movement related to structures, missing links



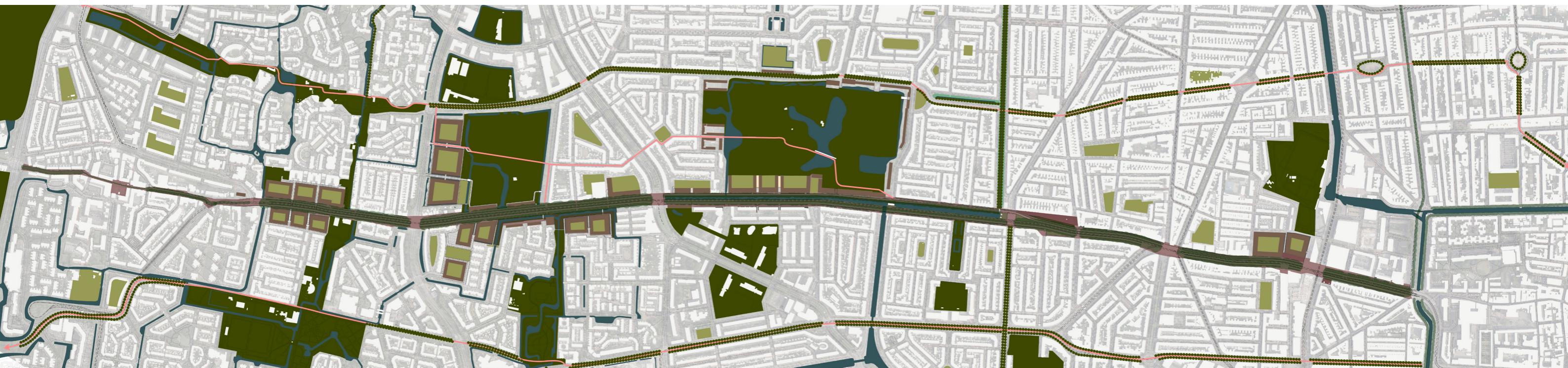
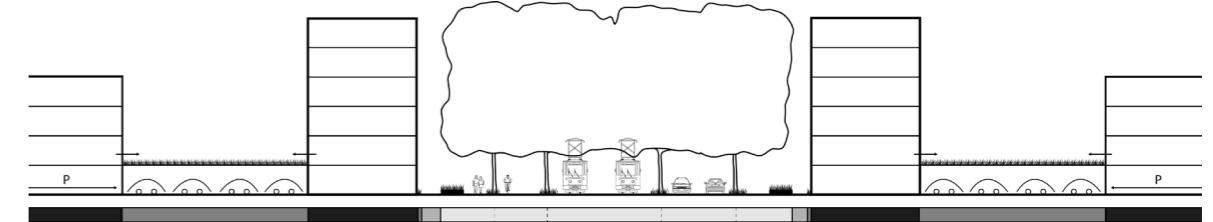
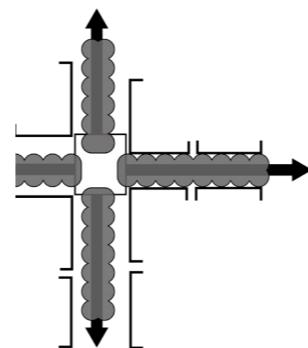
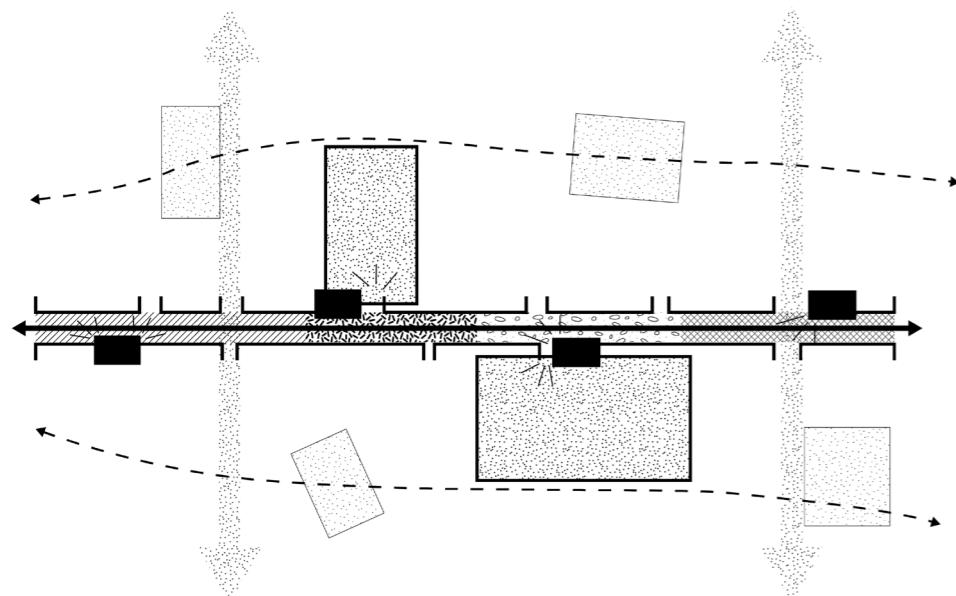
Confusing intersections for ongoing route

### Design brief:

- Loosduinseweg is a patchwork
- Secondary route stops before reaching the city centre
- Two different green structures along the route
- No defined route for types of movement
- Cemetery could offer a new green space.
- Lacking connection between north and south
- Green spaces enclosed by boundaries, not accessible from route
- Boundaries on route such as tram, canal
- Lacking landmarks along the second part of the walk (west) leading to perceived long travel

# DESIGN - MASTERPLAN LOOSDUINSEWEG

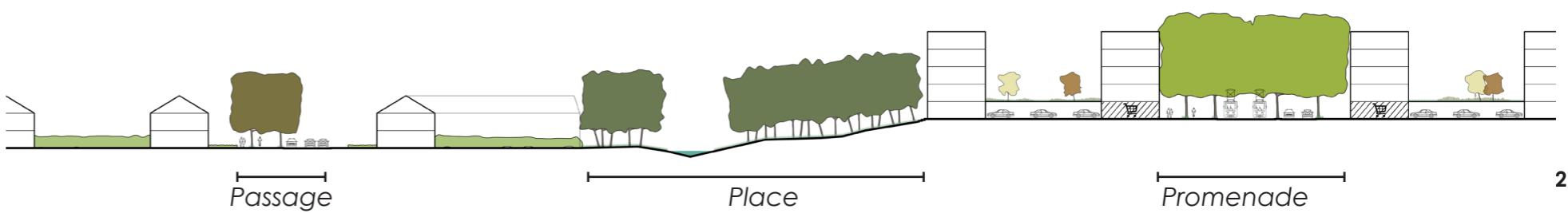
Applied Urban Forest Movement - Structures



Forests  
 Courtyards  
 Water  
 Passage

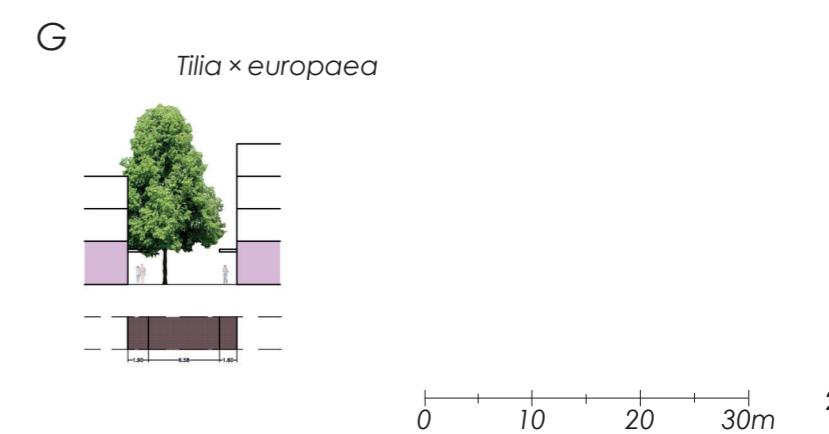
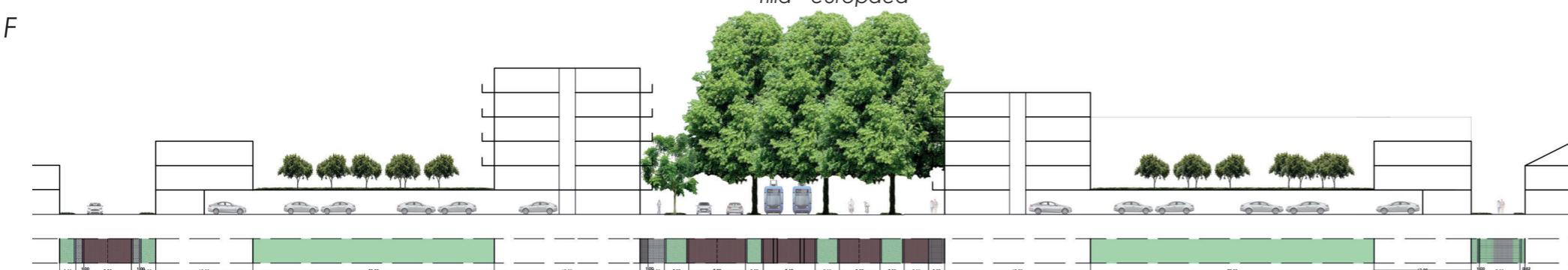
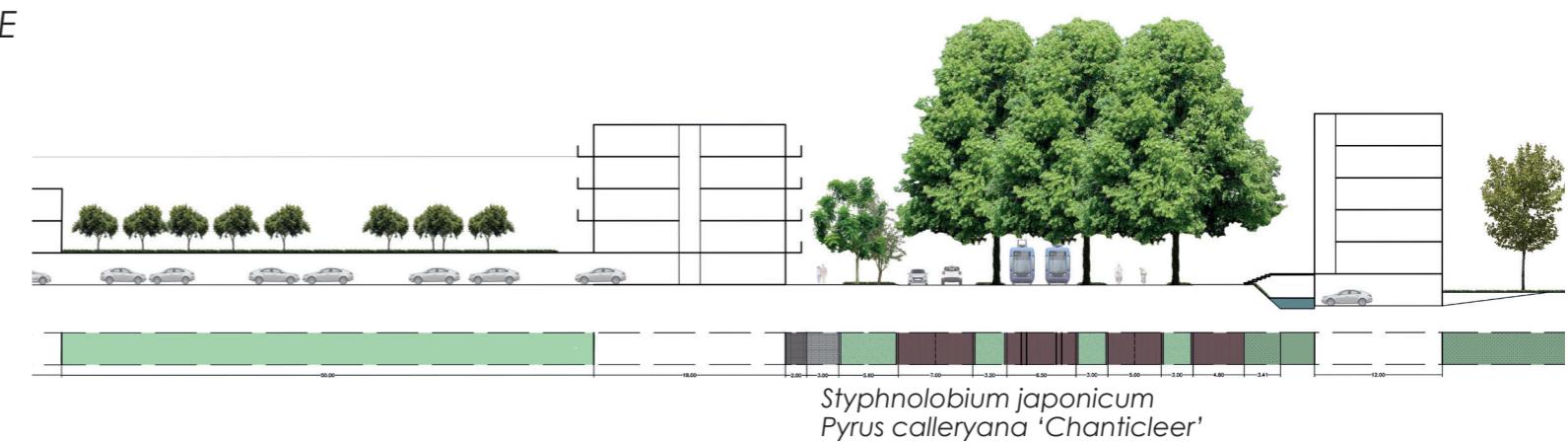
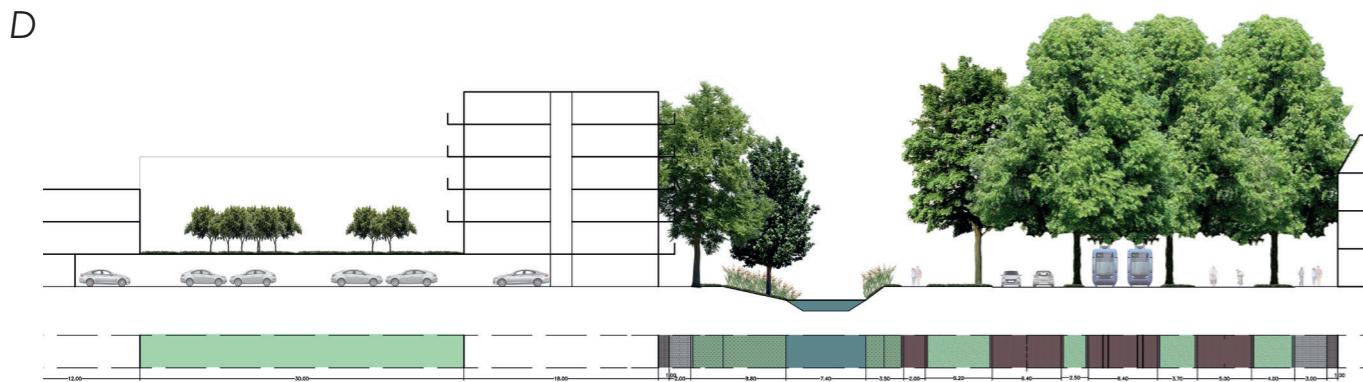
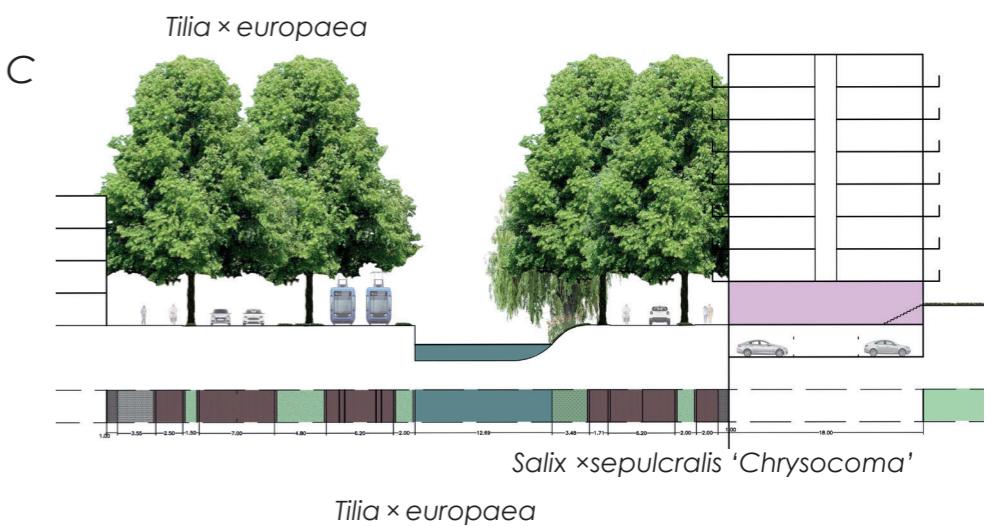
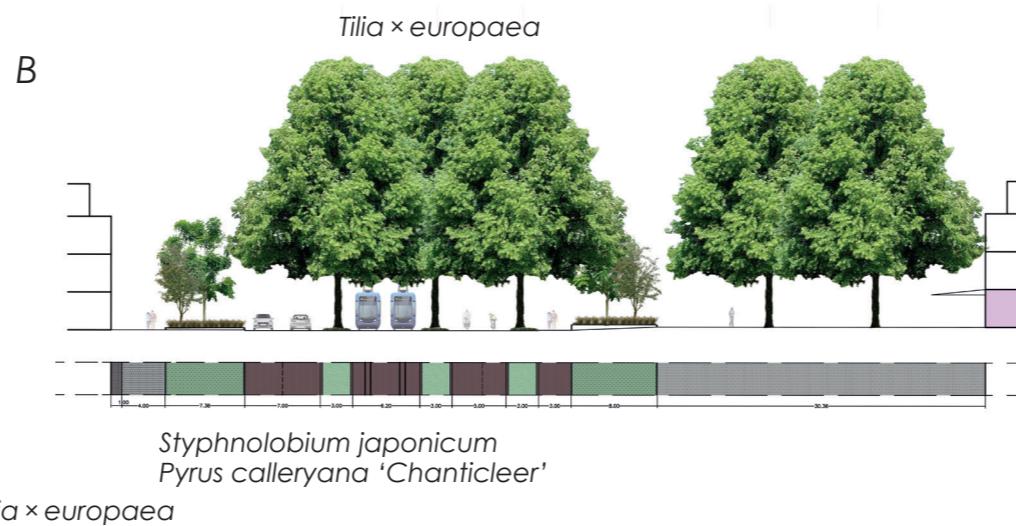
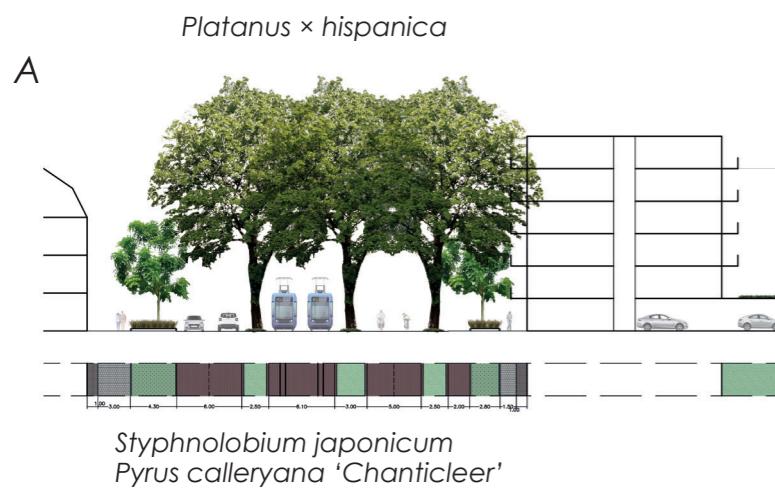
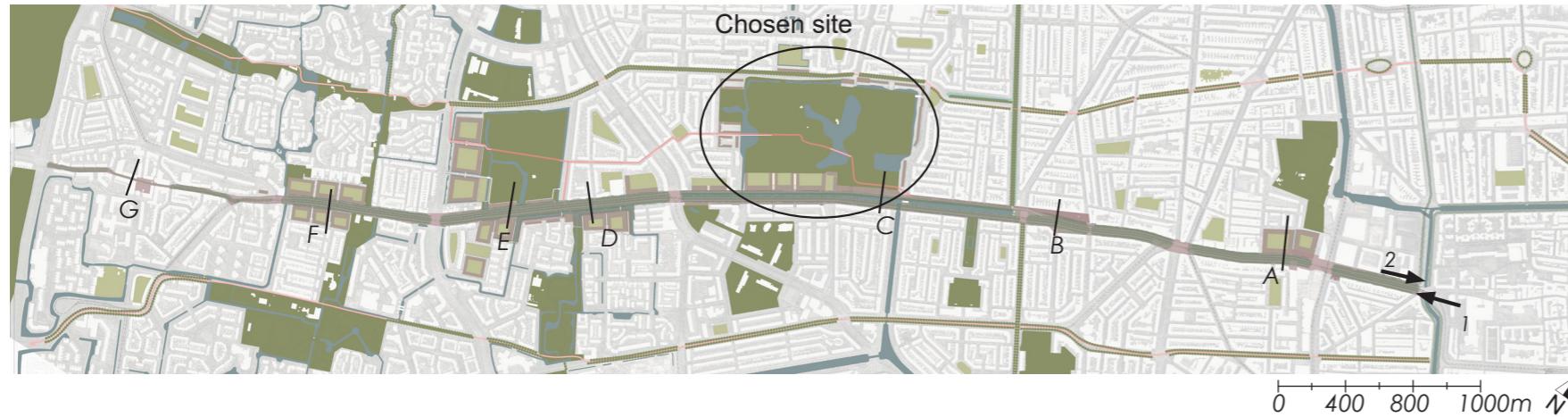
New buildings  
 Square  
 Promenade  
 Crossing

0 400 800 1000m N



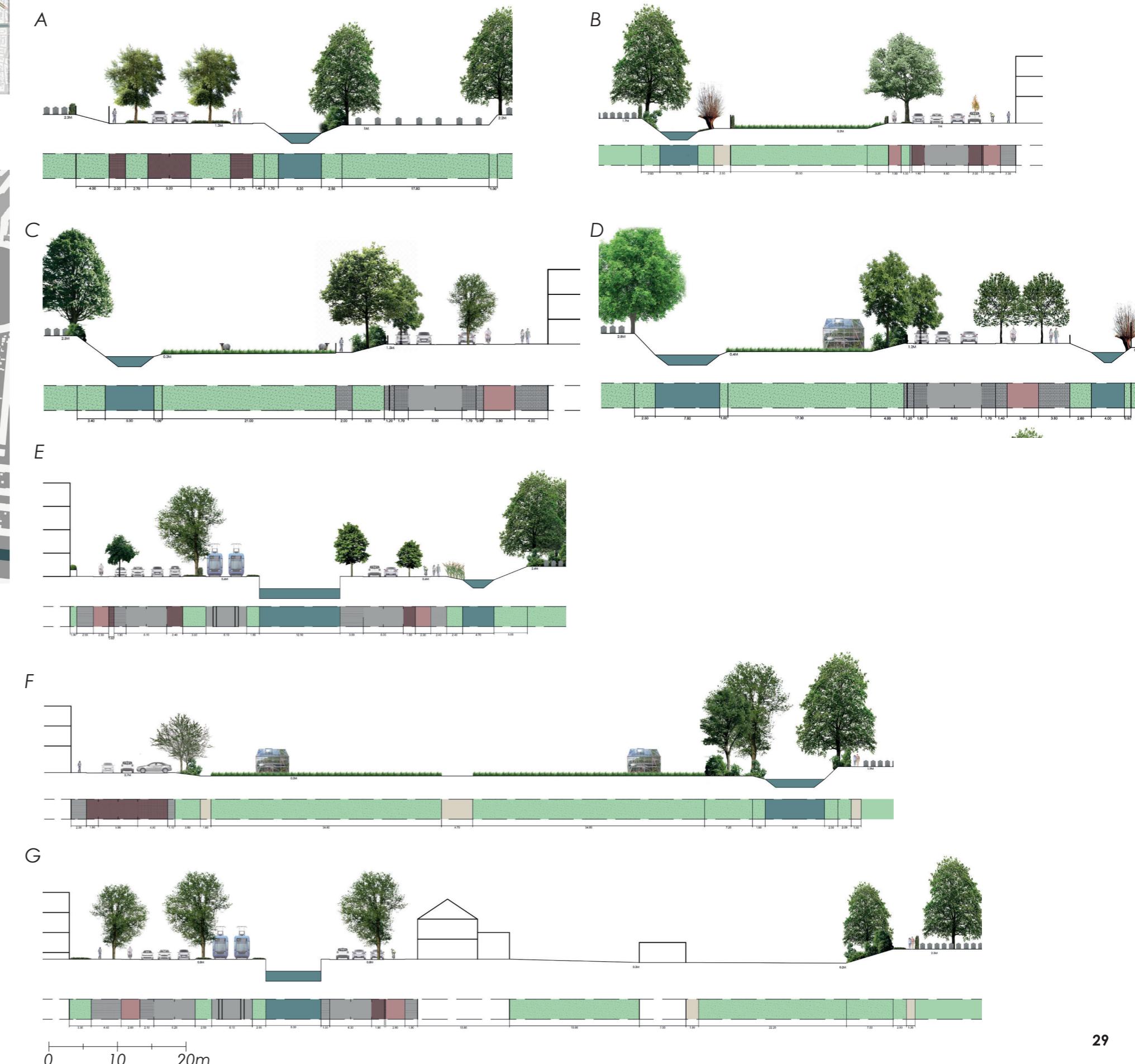
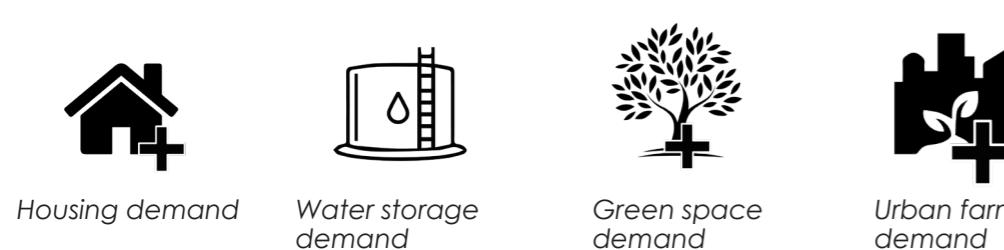
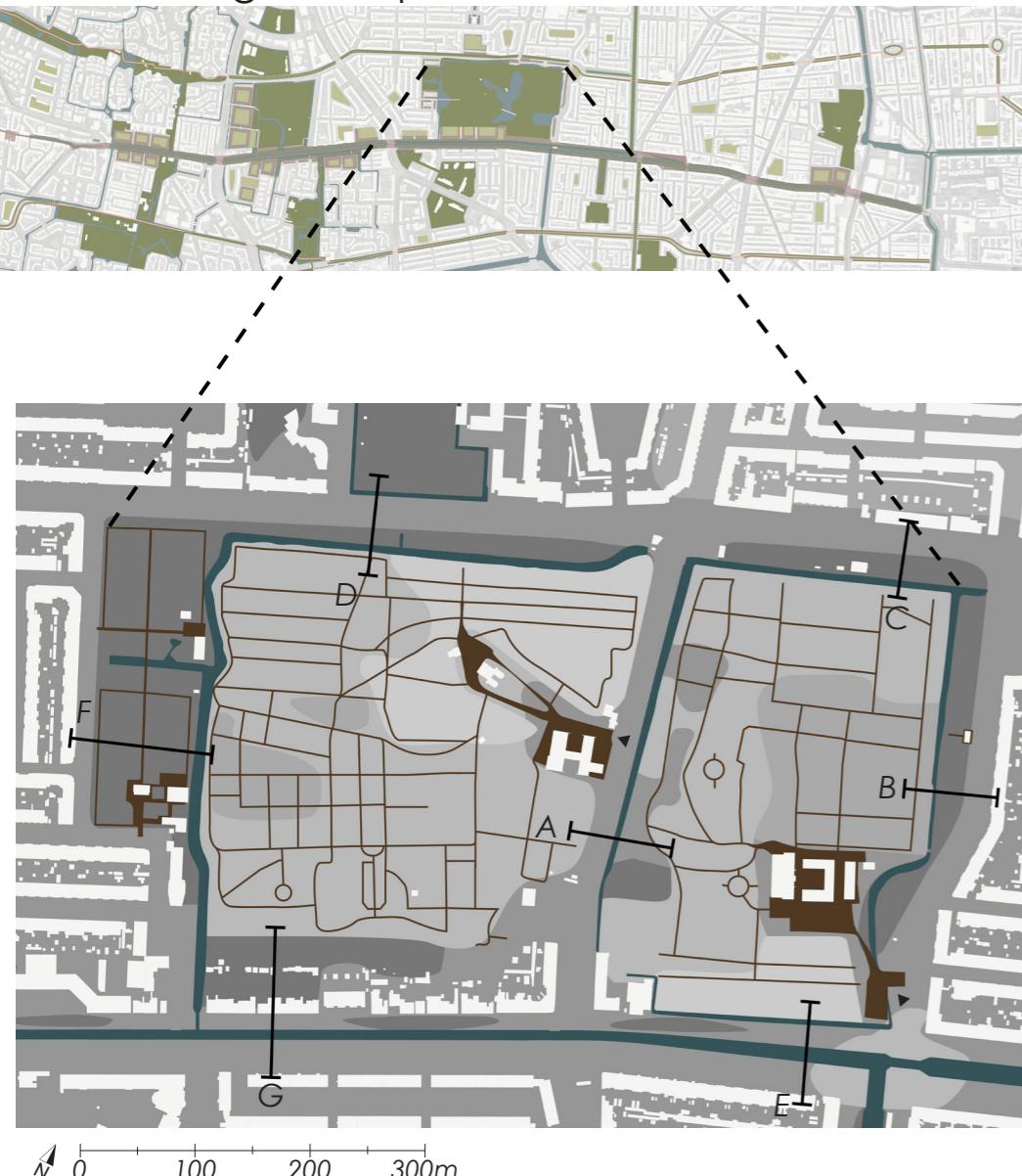
# DESIGN - MASTERPLAN LOOSDUINSEWEG

Masterplan and sectional design



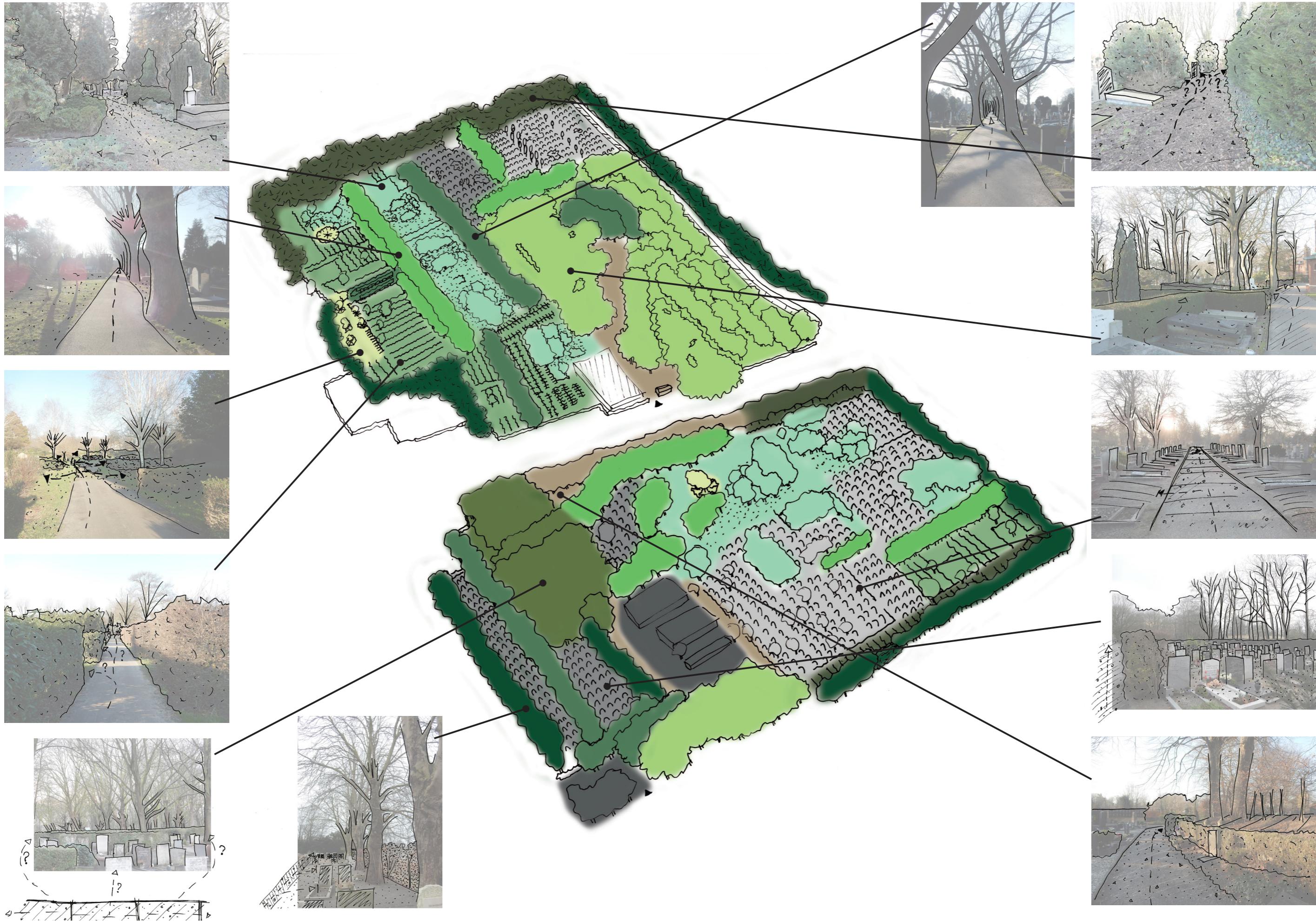
# ANALYSIS SITE: CEMETERY OUD AND NIEUW EYKENDUYNEN

Surroundings and spatial structure



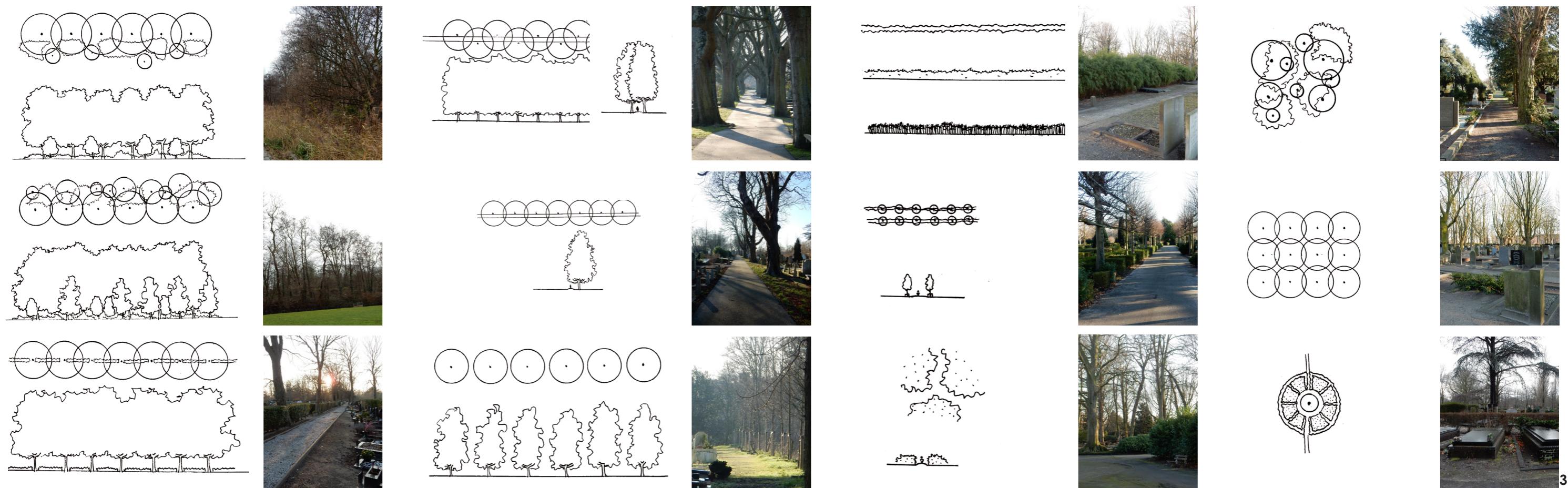
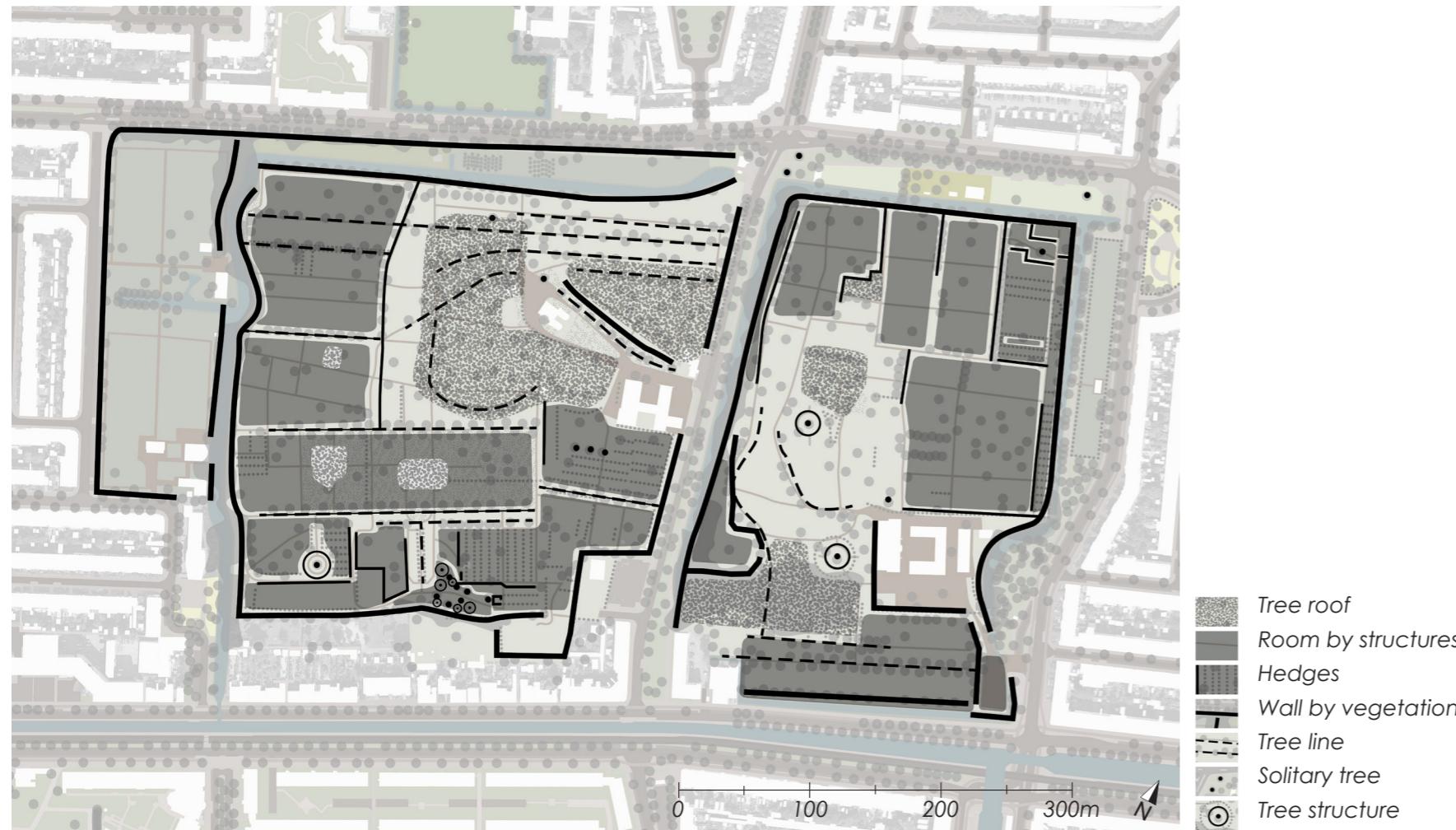
# ANALYSIS SITE: CEMETERY OUD AND NIEUW EYKENDUYNEN

Experience of the site - atmospheres



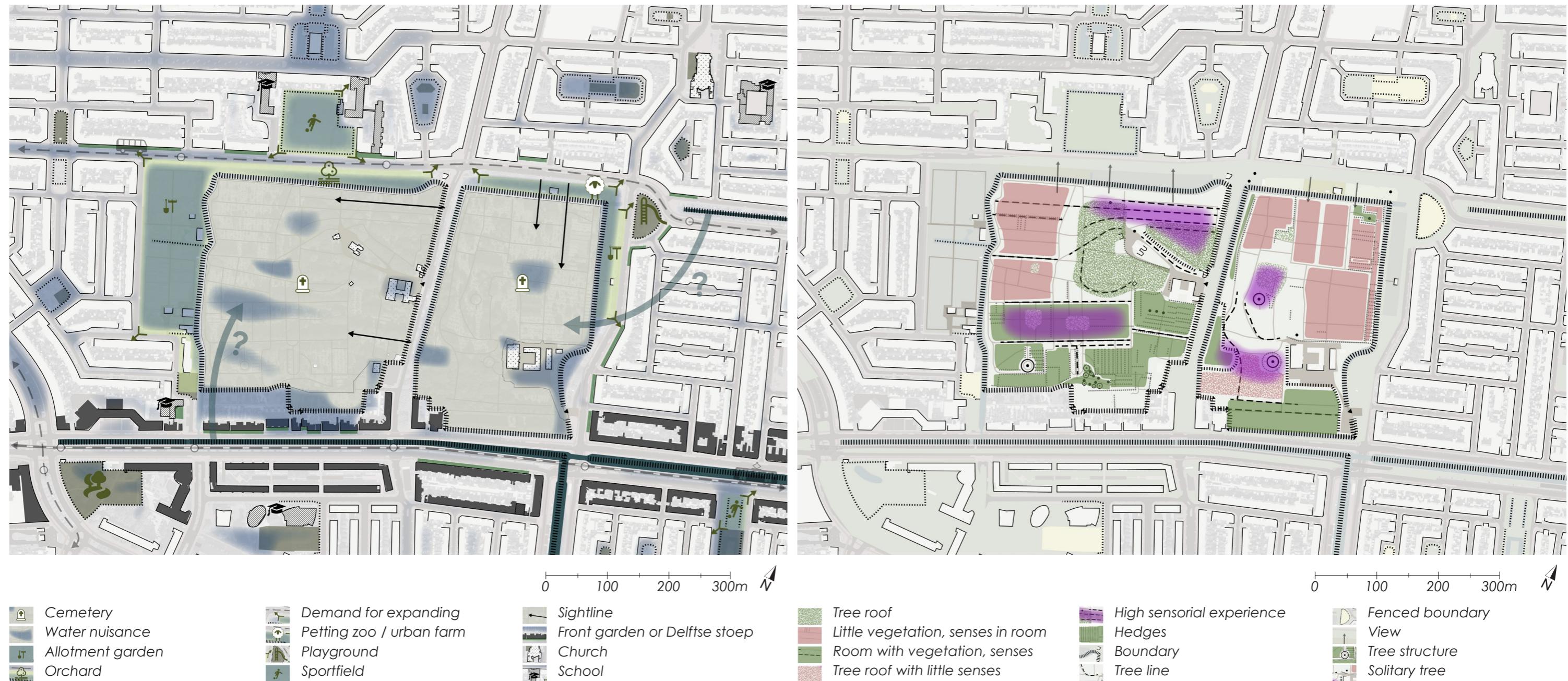
## ANALYSIS SITE: CEMETERY OUD AND NIEUW EYKENDUYNEN

Vegetation on the site - planting principles - composition



# ANALYSIS SITE: CEMETERY OUD AND NIEUW EYKENDUYNEN

Conclusion Cemetery Oud and Nieuw Eykenduynen



## Design brief:

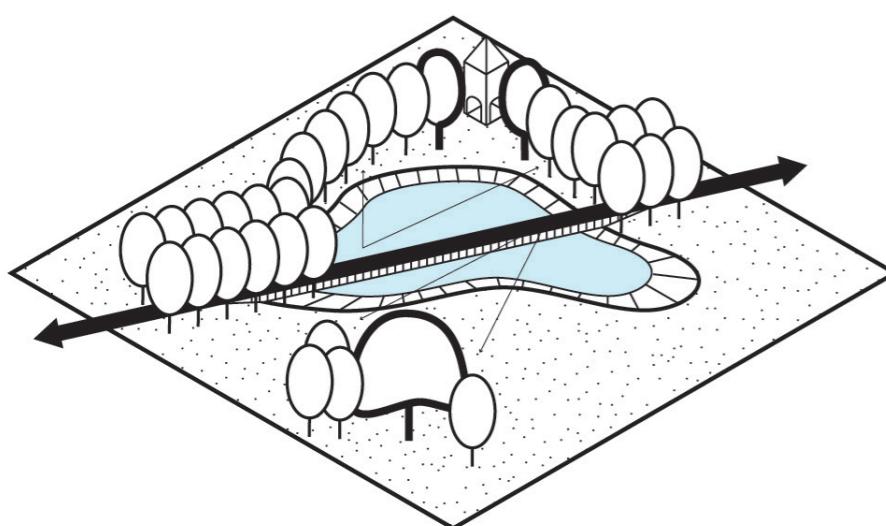
- Demand for leisure and meeting areas
- Reduce boundaries
- Housing demand
- Create water storage to solve the water nuisance during heavy rains
- Create sightlines into the site

## Design brief:

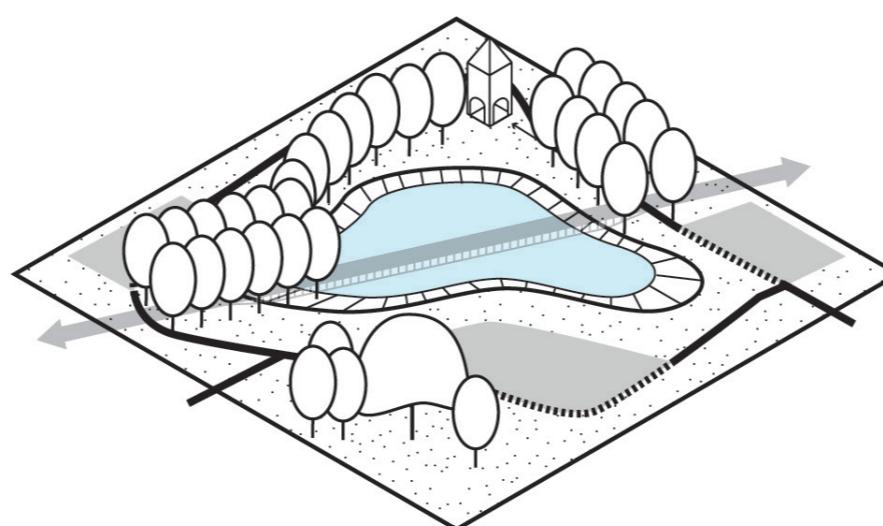
- Improve accessibility park
- Alternate spaces for interesting experiences
- Use current structure in the design
- Water storage has the added bonus of guiding movement
- Marked entrances
- Add program for the surrounding residents

## DESIGN - ZOOMED IN SITE DESIGN

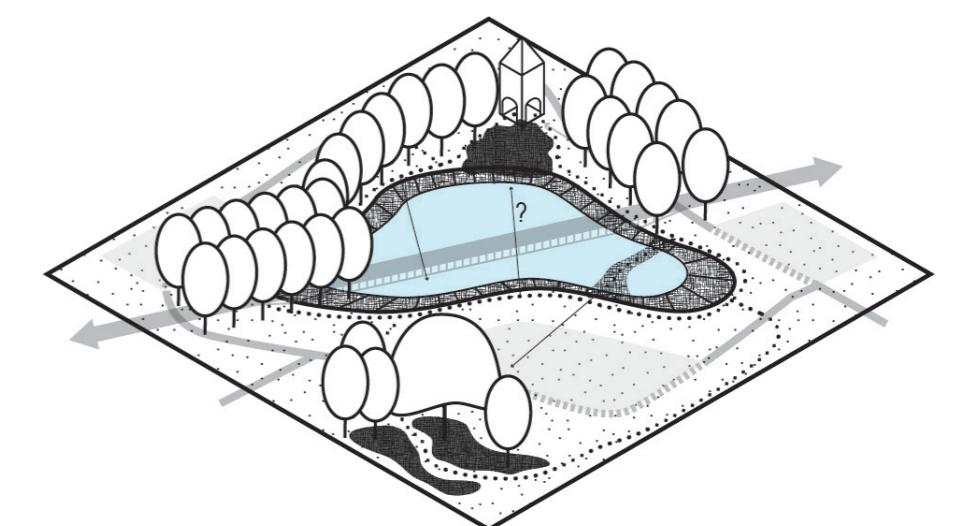
Applied Urban Forest Movement - Movements



Gliding



Grazing

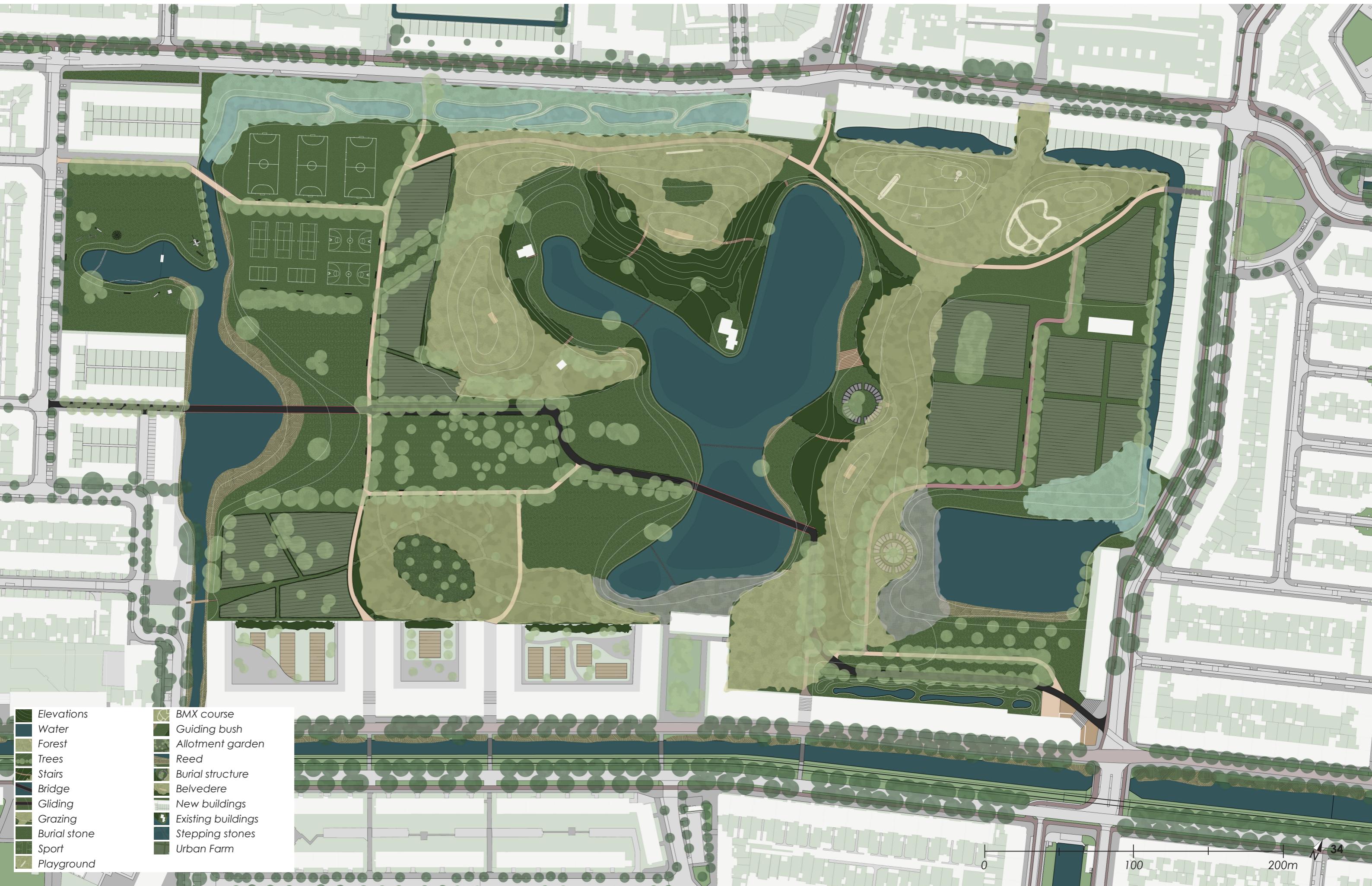


Wandering



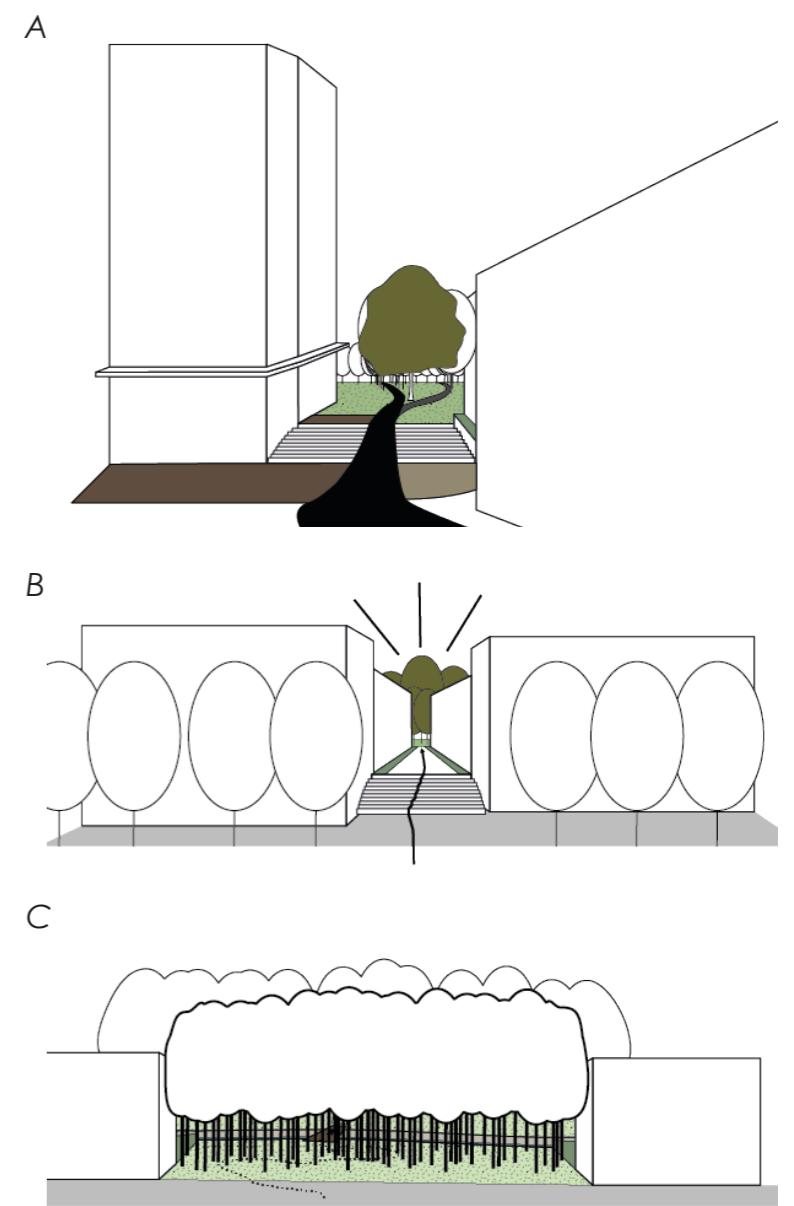
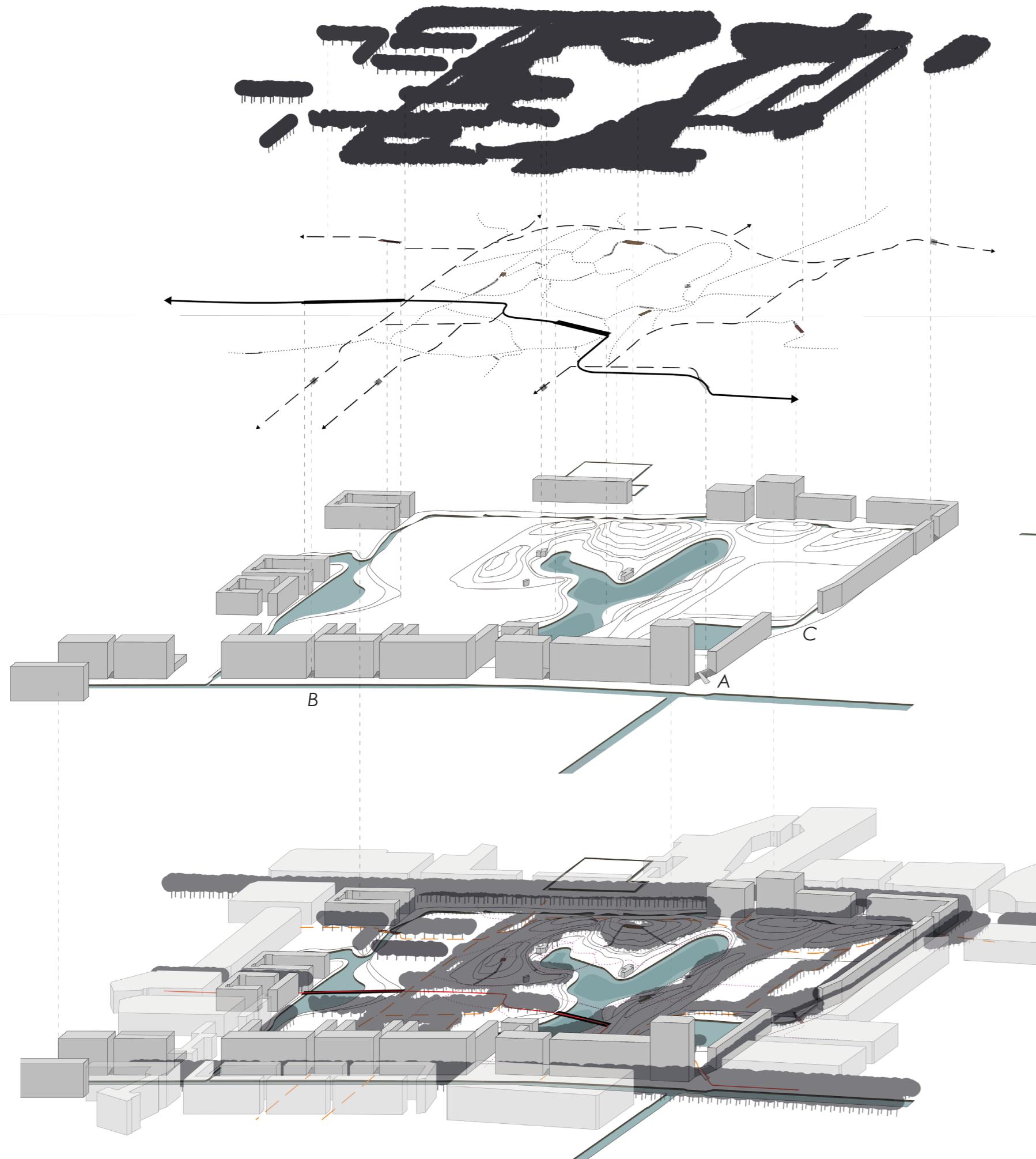
# DESIGN - ZOOMED IN SITE DESIGN

## Eykenduinen Park



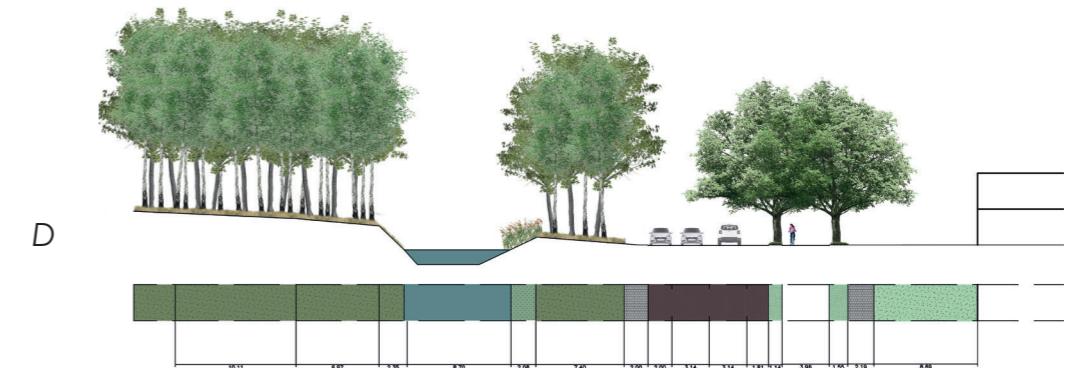
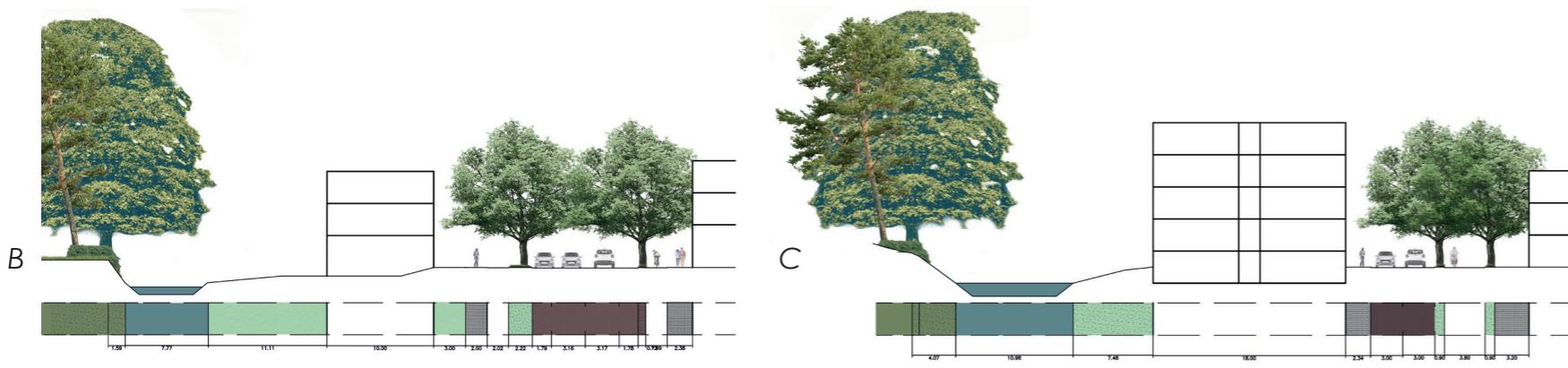
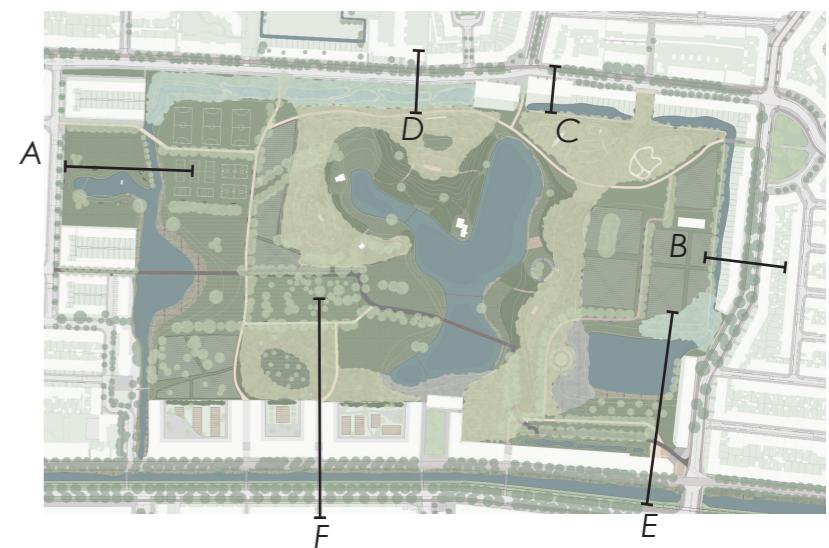
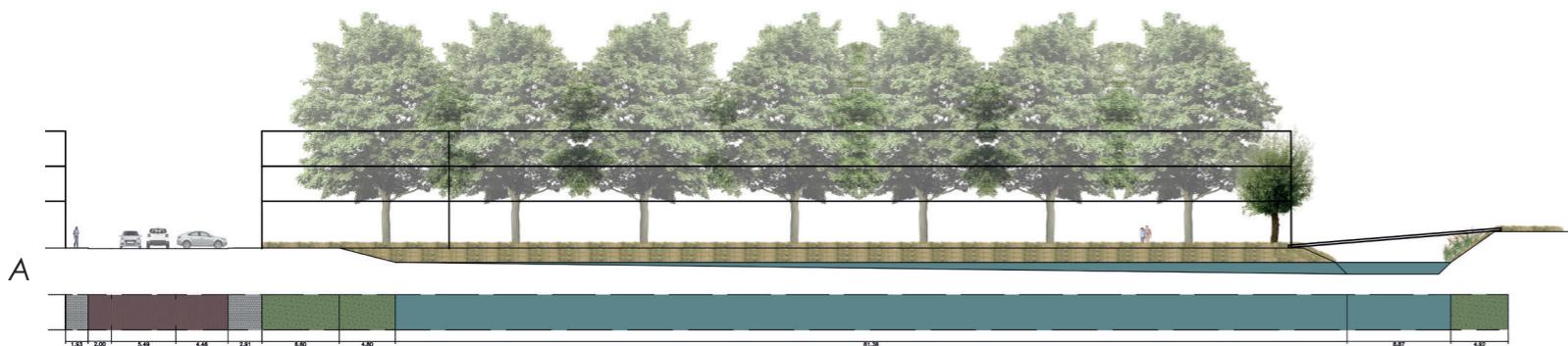
## DESIGN - ZOOMED IN SITE DESIGN

Connection park and surroundings (exaggerated vertical scale) - entrances



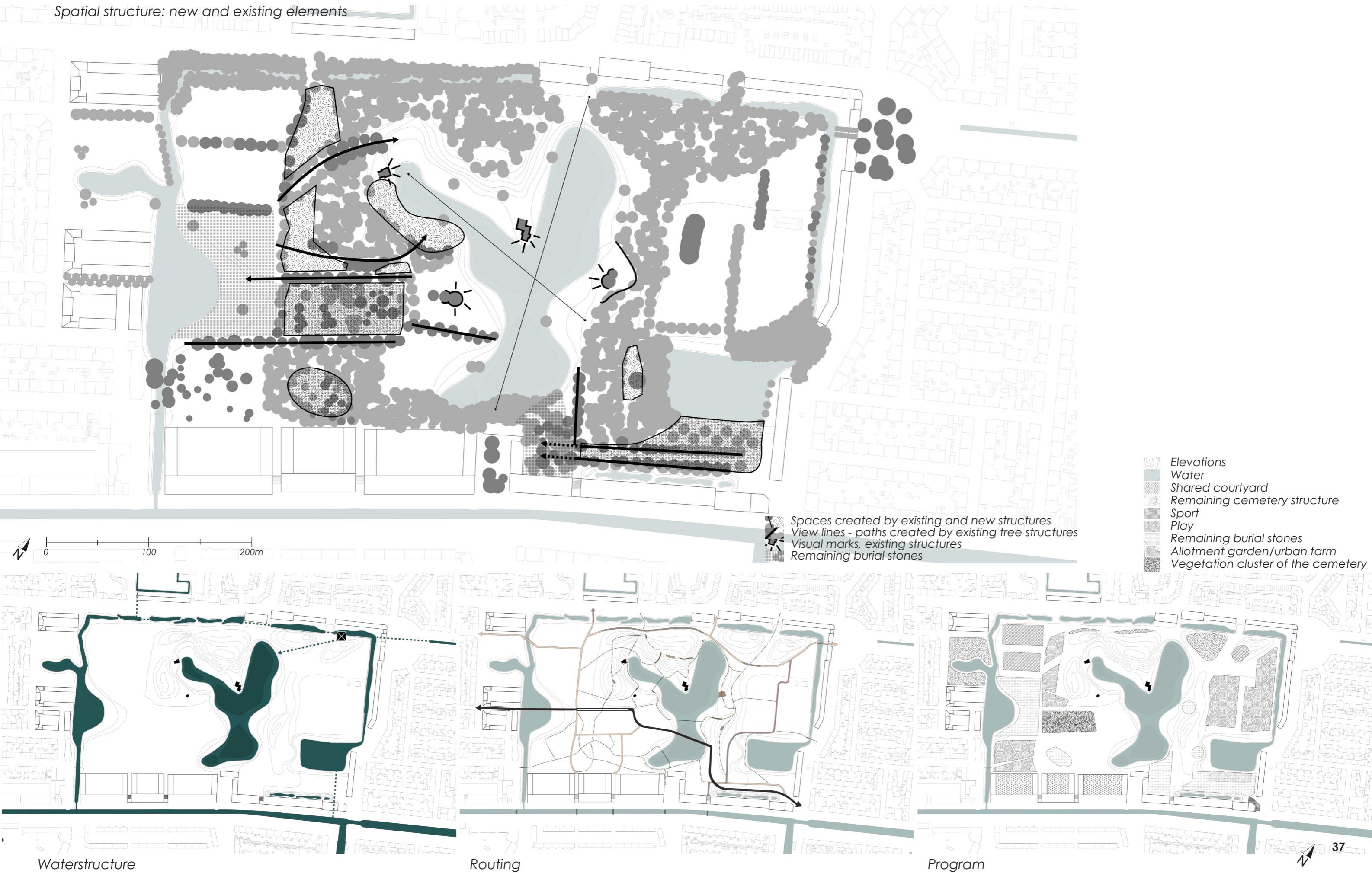
## DESIGN - ZOOMED IN SITE DESIGN

Transition outside - inside the park - edges



## DESIGN - ZOOMED IN SITE DESIGN

### Layers of the plan



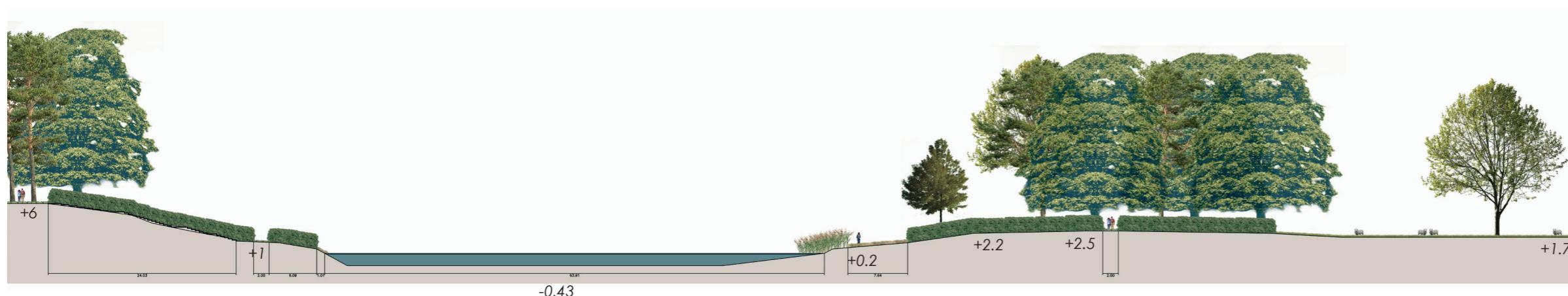
# DESIGN - ZOOMED IN SITE DESIGN

Spatial structure park

A



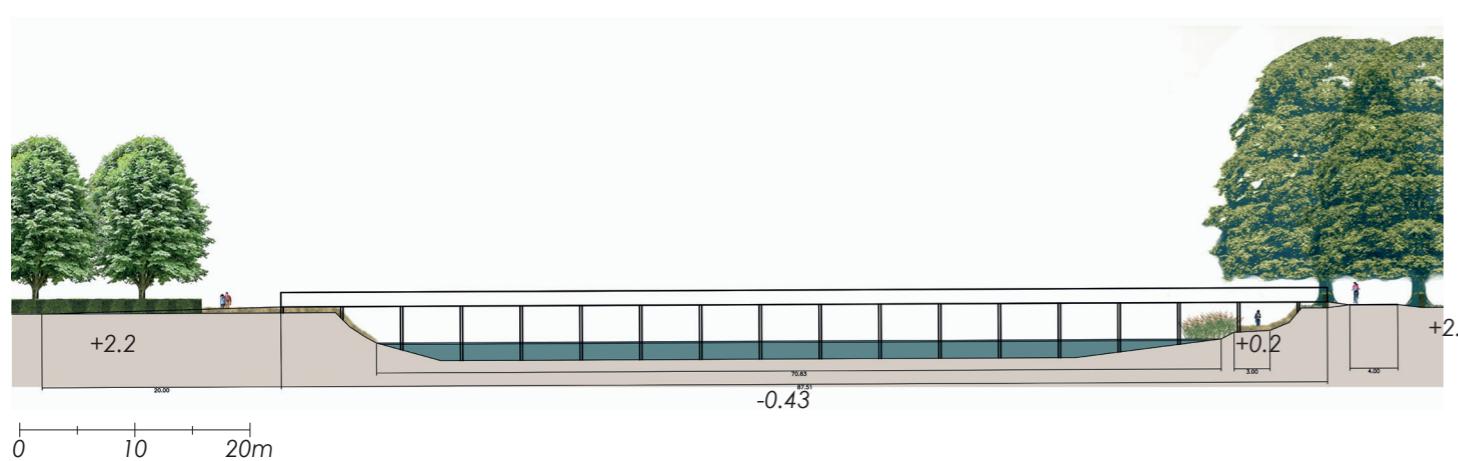
B



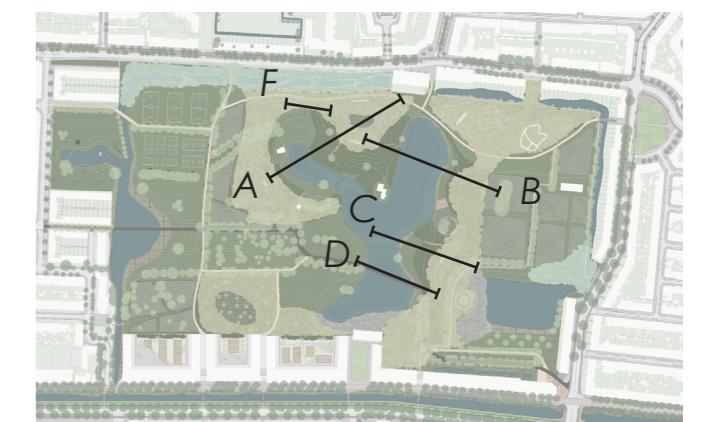
C



D

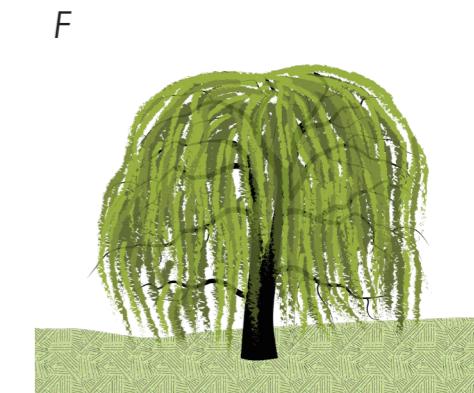
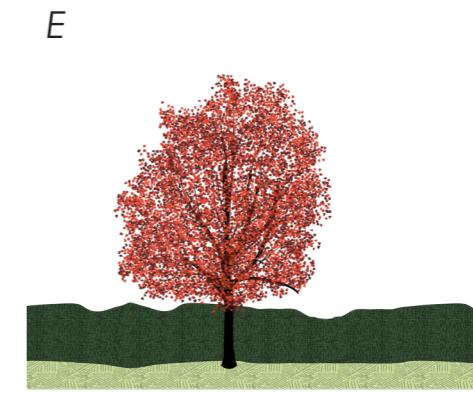
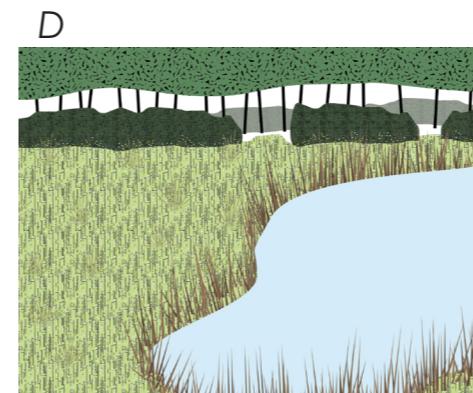
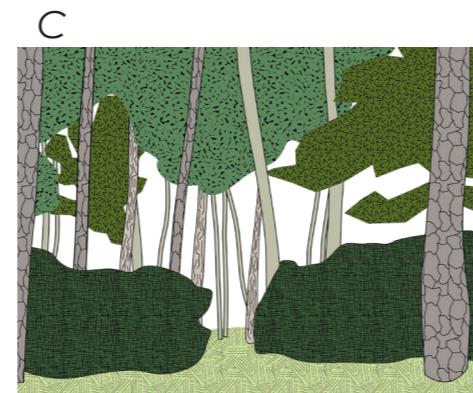
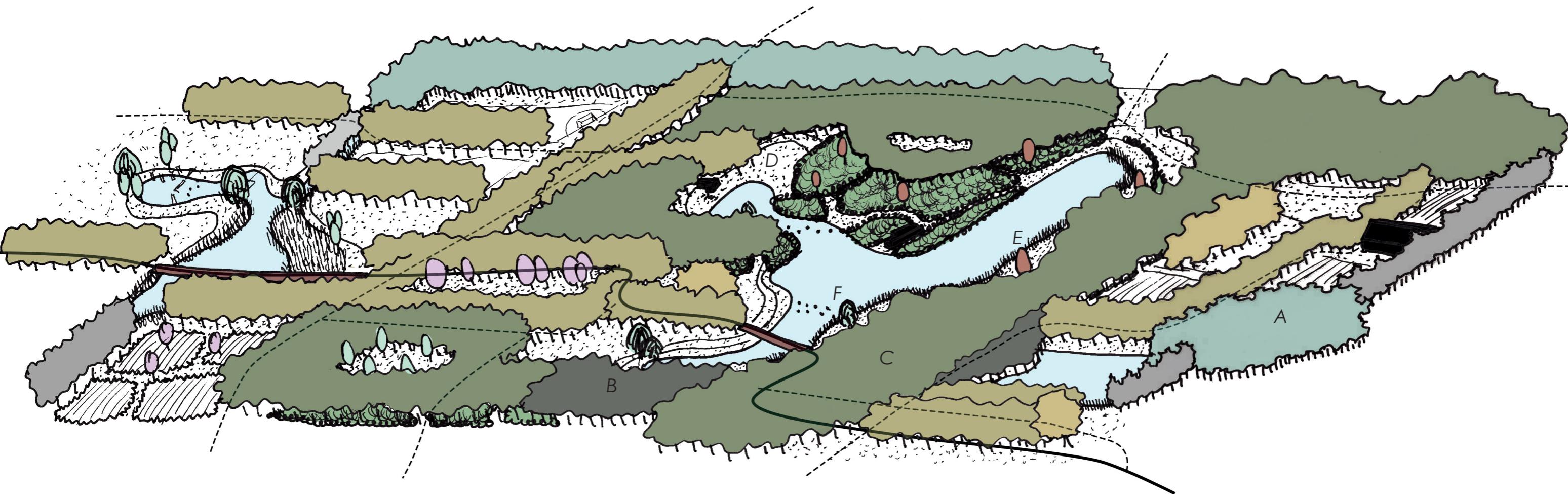


F



## DESIGN - ZOOMED IN SITE DESIGN

Experience of the park: spaces and atmospheres



Swamp forest



Hornbeam and Ash forest



Pine, Oak and Beech forest



Flower meadow



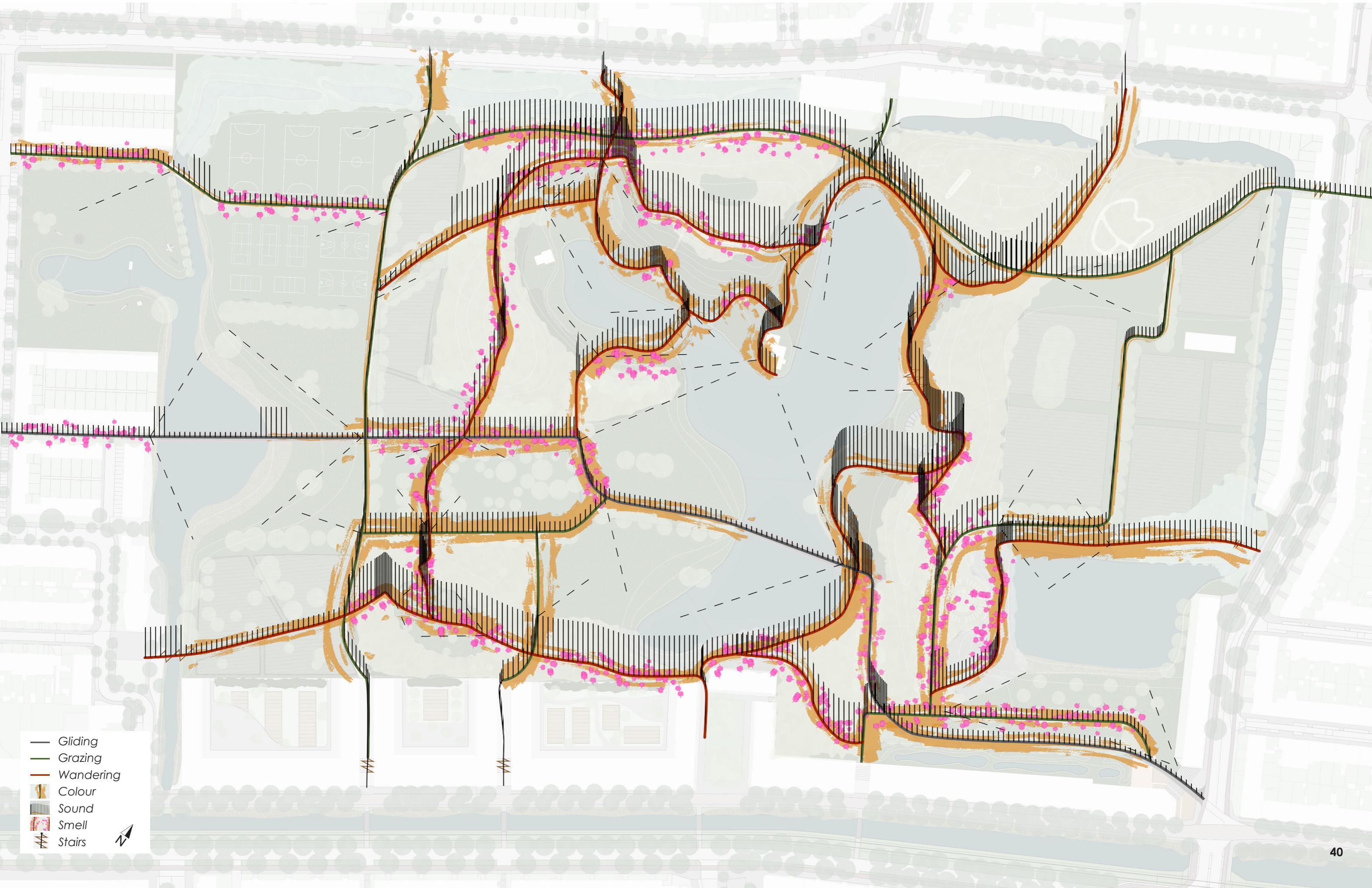
Solitary tree - Colour



Solitary tree - movement

## DESIGN - ZOOMED IN SITE DESIGN

Experience of the park: sensorial experience - planting plan



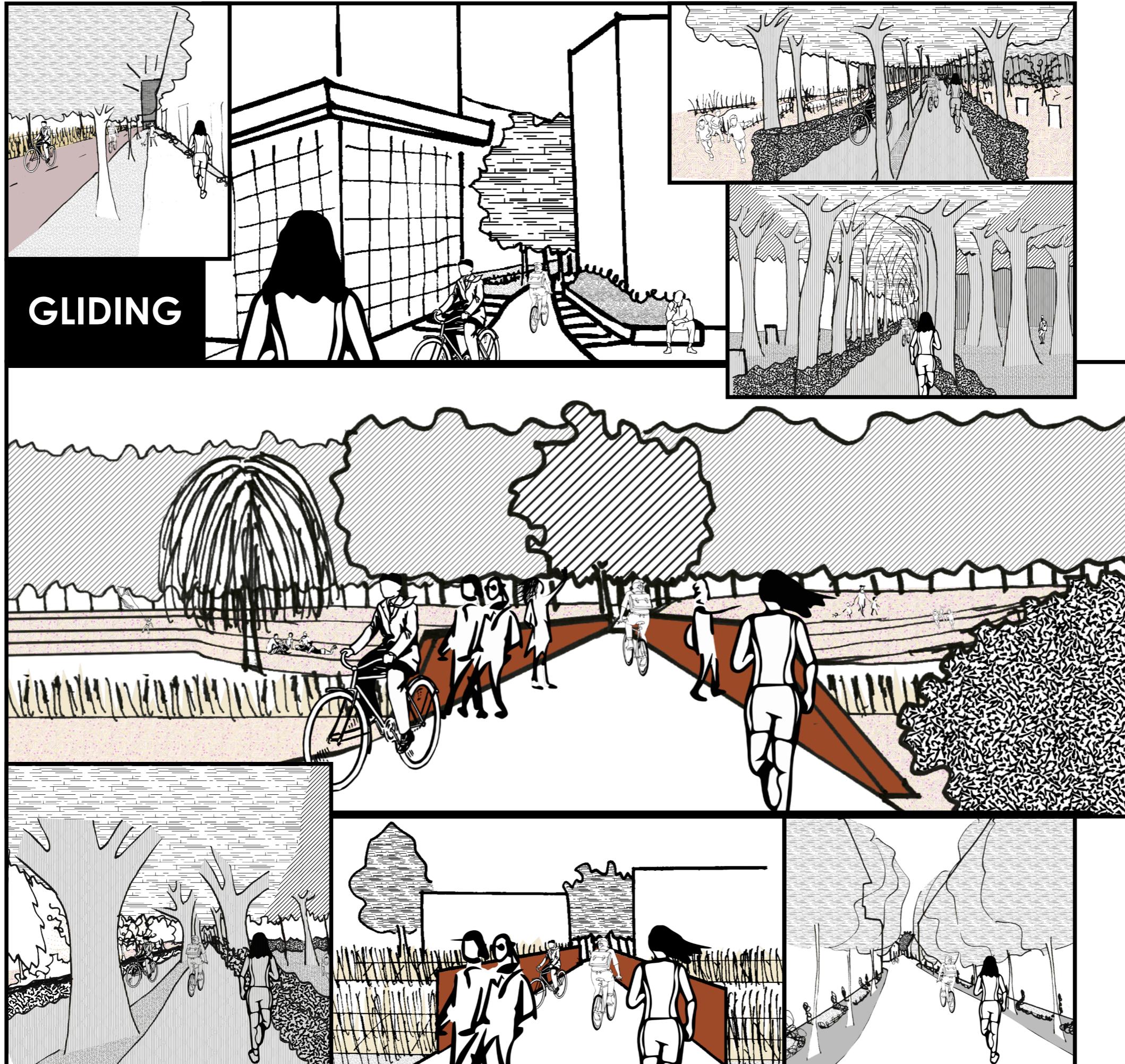
## DESIGN - ZOOMED IN SITE DESIGN

Experience of the park and the three movements: Gliding



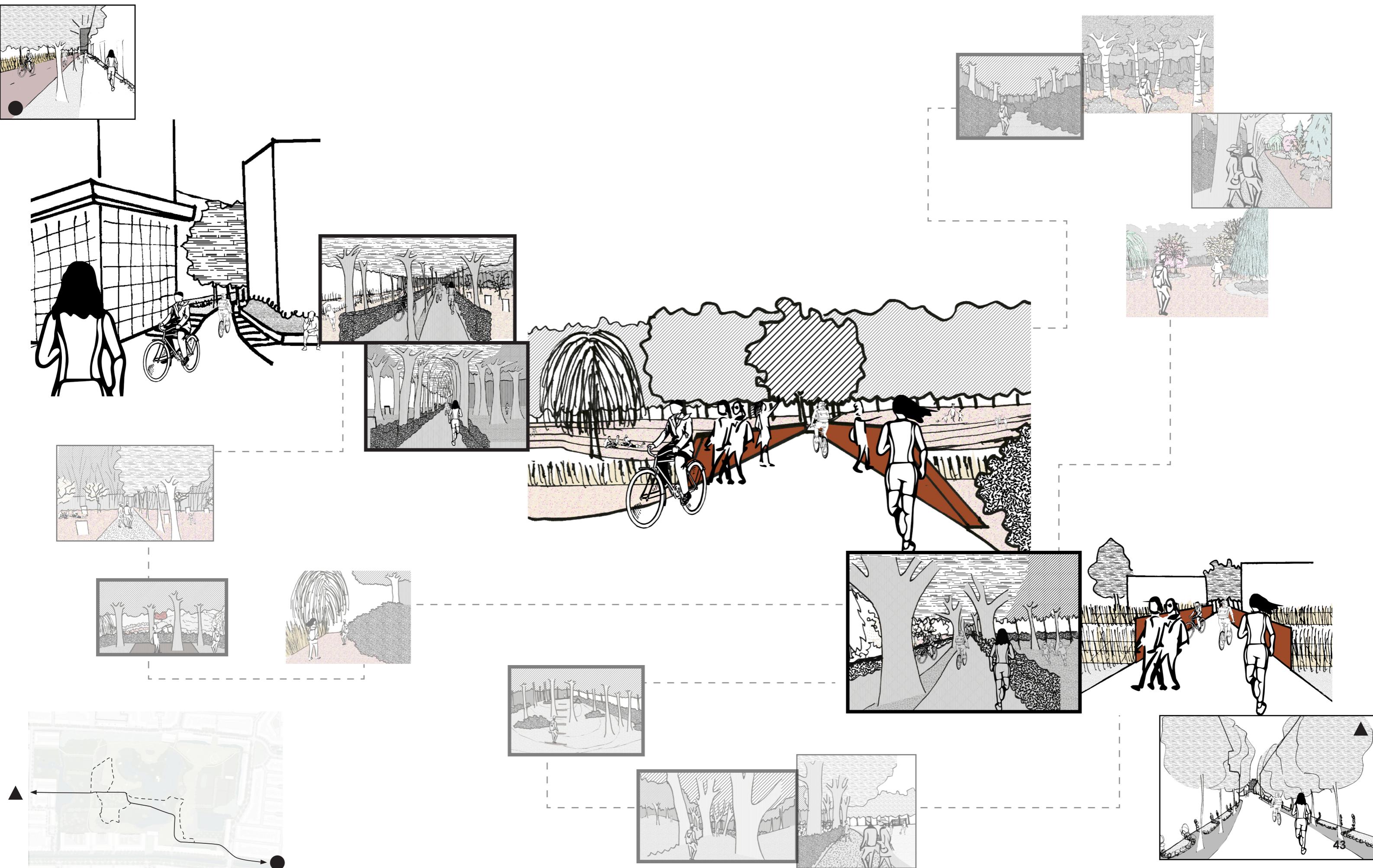
## DESIGN - ZOOMED IN SITE DESIGN

Strip eye level experience Gliding through the park



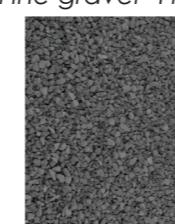
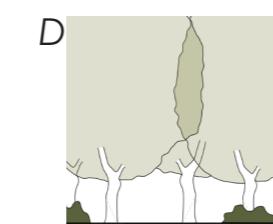
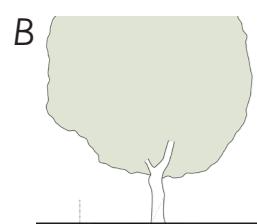
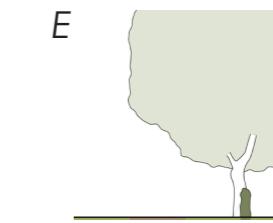
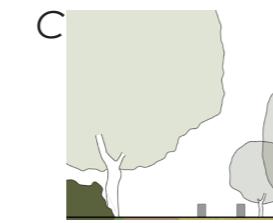
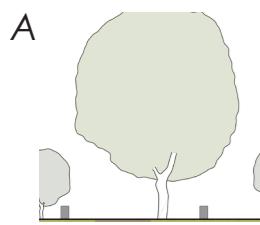
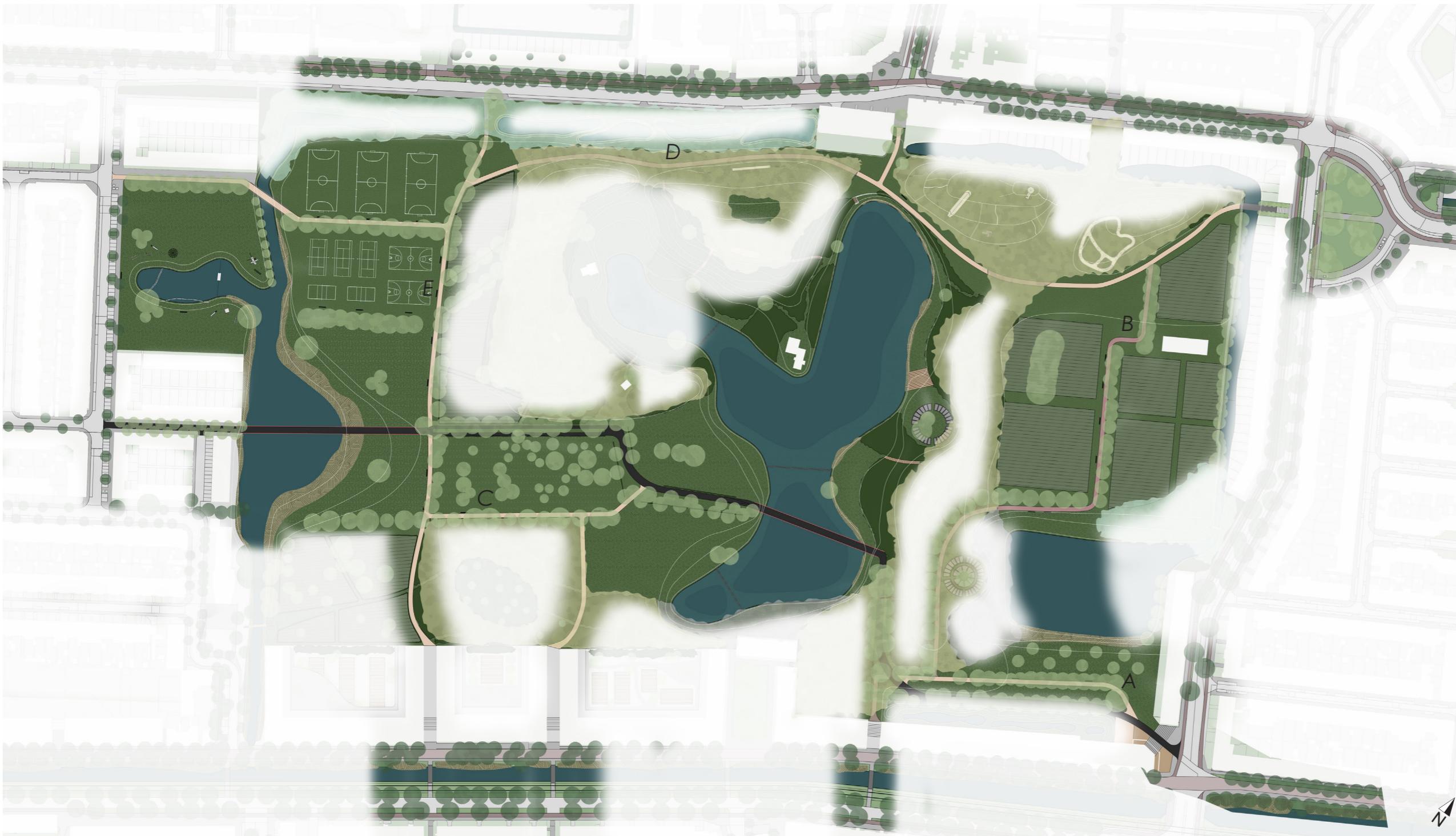
## DESIGN - ZOOMED IN SITE DESIGN

Spatial sequence in relation to distance Gliding through the park



## DESIGN - ZOOMED IN SITE DESIGN

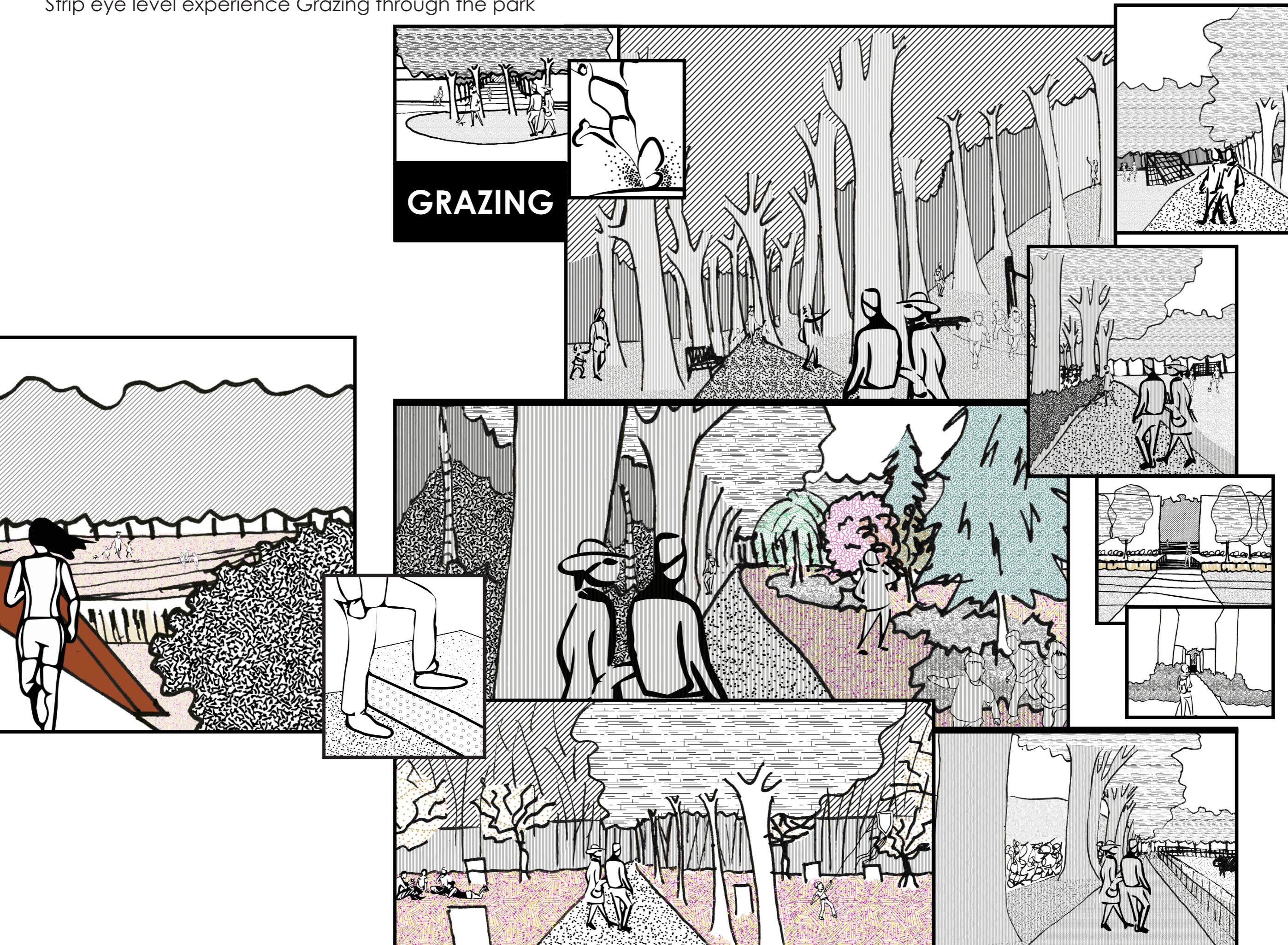
Experience of the park and the three movements: Grazing



Gravel Rhamnus frangula Rubus fruticosus Sorbus aucuparia Forest floor (grasses and groundcovers)

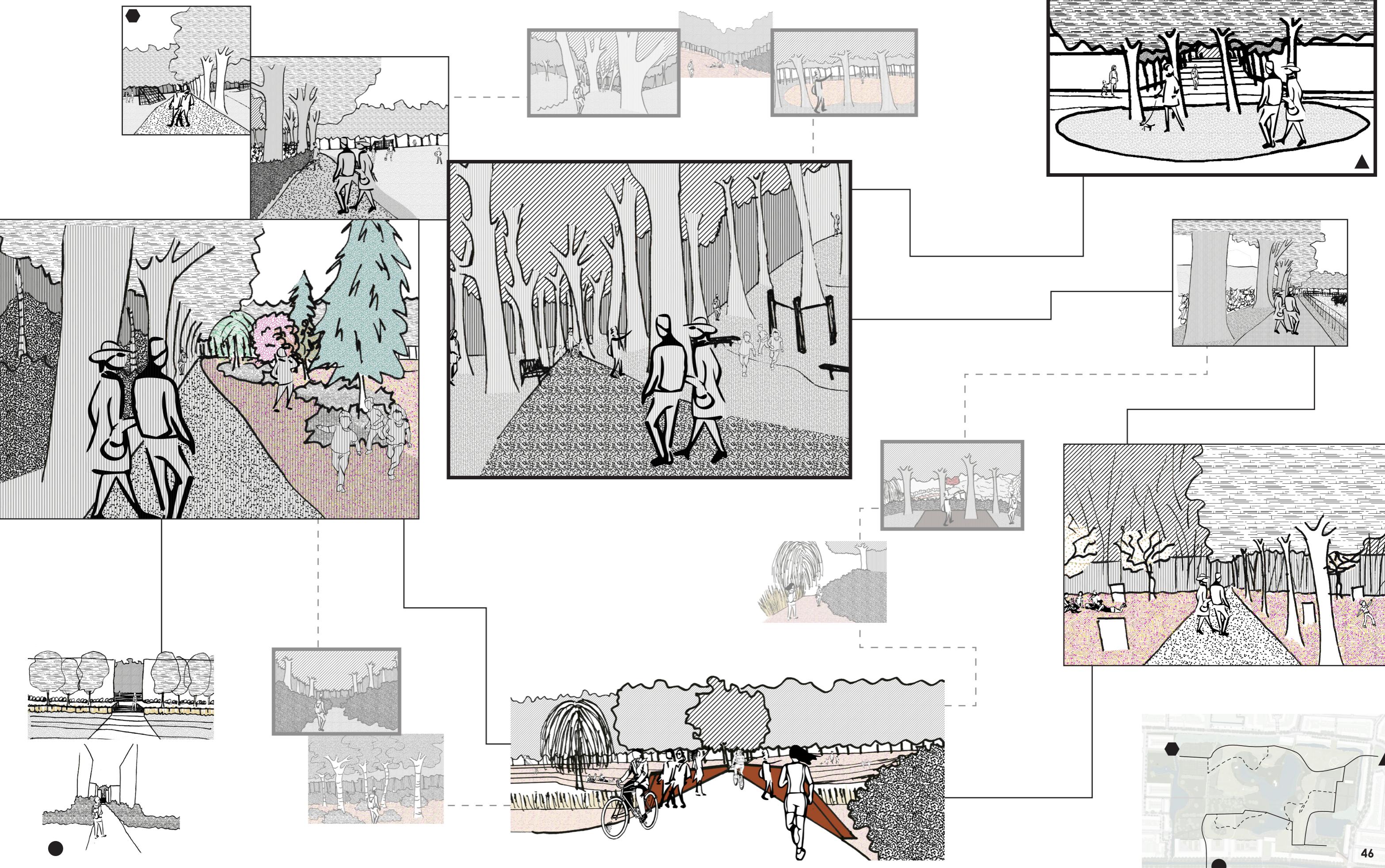
## DESIGN - ZOOMED IN SITE DESIGN

Strip eye level experience Grazing through the park



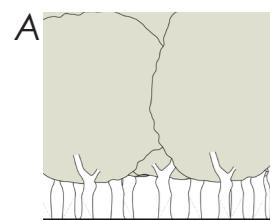
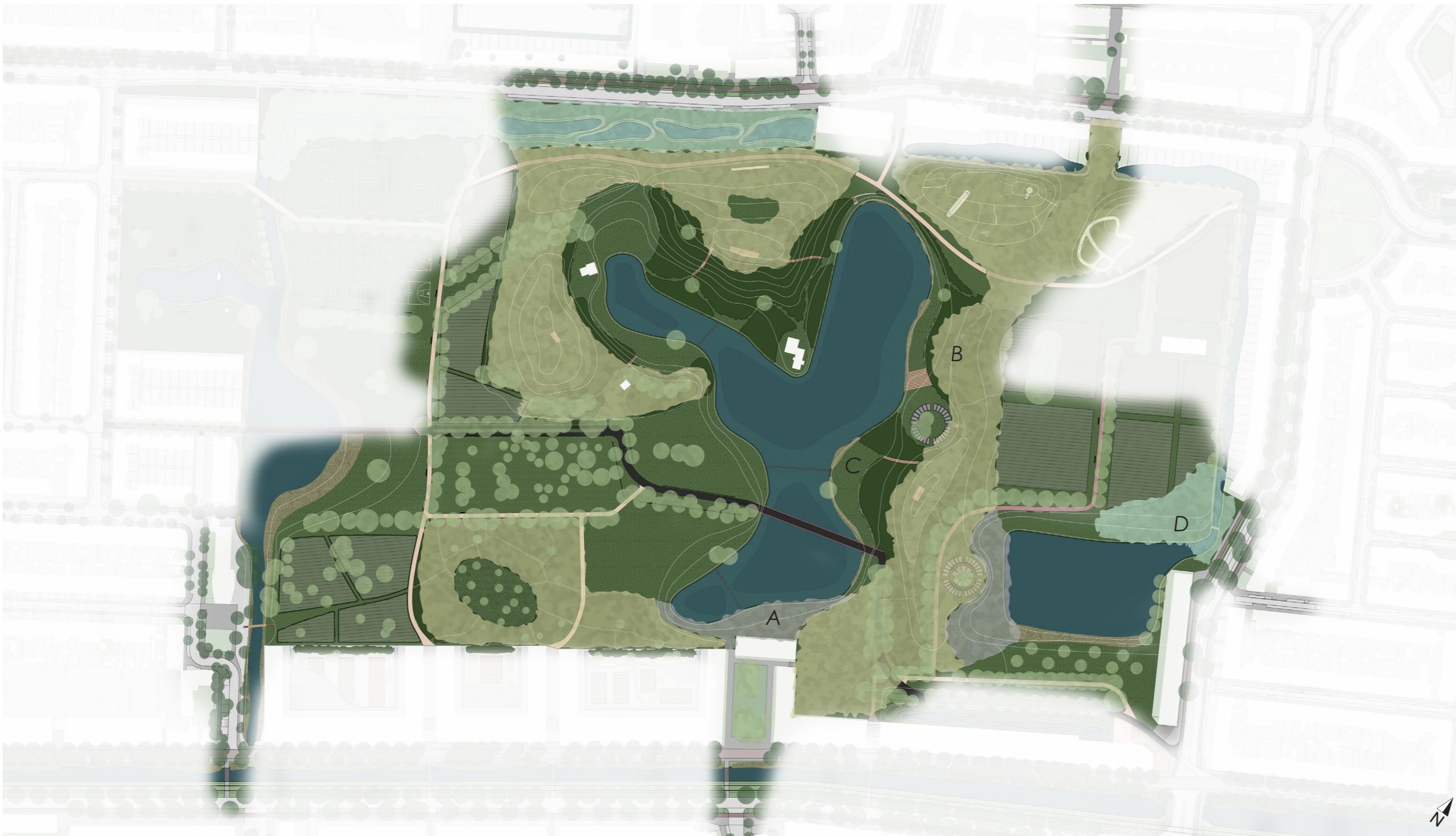
## DESIGN - ZOOMED IN SITE DESIGN

Spatial sequence in relation to distance Grazing through the park

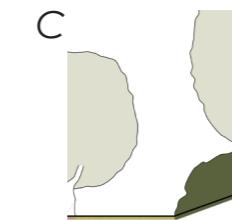


## DESIGN - ZOOMED IN SITE DESIGN

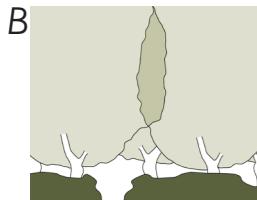
Experience of the park and the three movements: Wandering



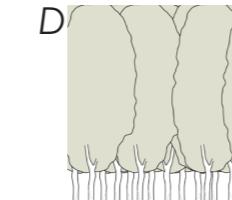
A Forest floor (ferns and groundcovers)



C Flower mixture Rhododendron ponticum Reed Wooden stairs Stepping stones



B Rhododendron ponticum Forest floor (grasses and groundcovers)



D Flower mixture Wooden bridge

## DESIGN - ZOOMED IN SITE DESIGN

Strip eye level experience Wandering through the park



## DESIGN - ZOOMED IN SITE DESIGN

Spatial sequence in relation to distance Wandering through the park



## DESIGN - ZOOMED IN SITE DESIGN

Experiencing stepping of the path



## DESIGN - ZOOMED IN SITE DESIGN

Experiencing stepping of the path



## DESIGN - ZOOMED IN SITE DESIGN

Experiencing stepping of the path



## DESIGN - ZOOMED IN SITE DESIGN

### Planting plan

Winter - remaining structures and plants



Spring - various colours



Summer - textures and density



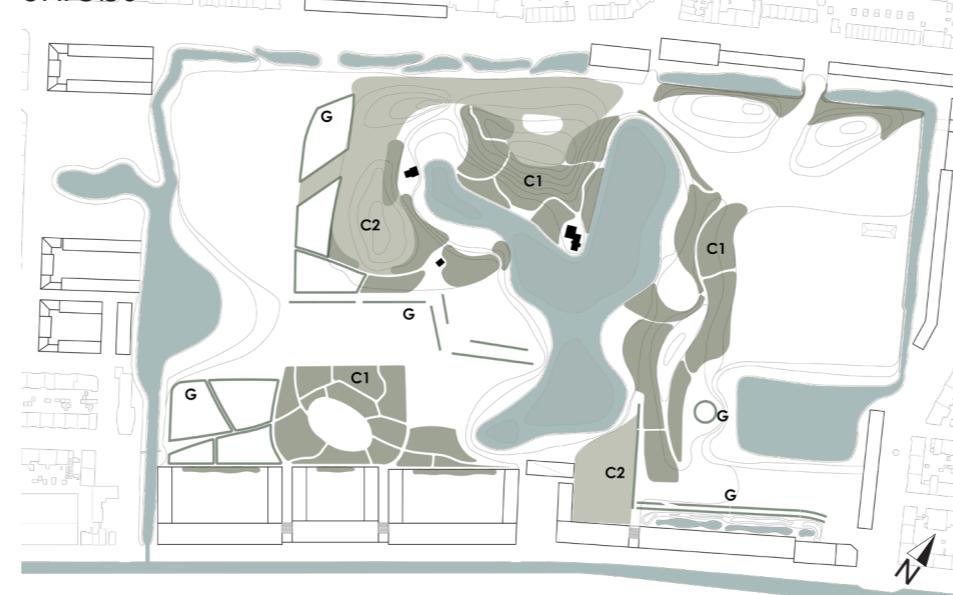
Autumn - colours and density



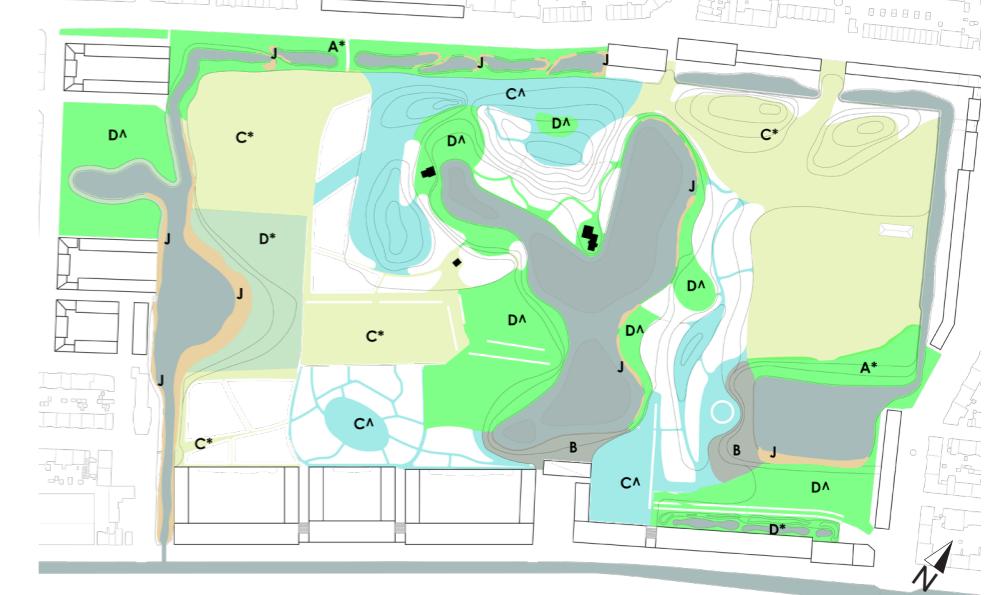
### Woody species



### Shrubs



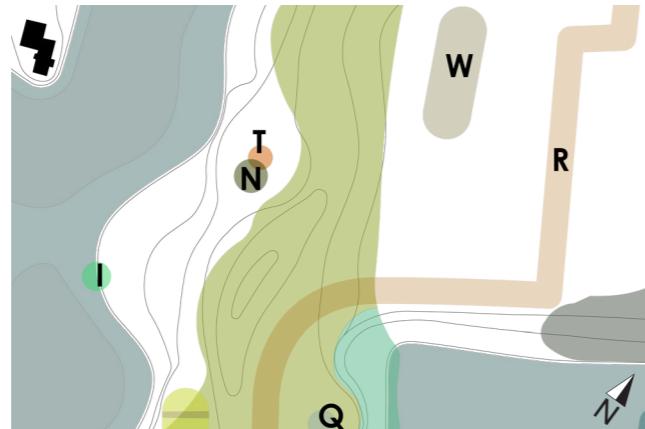
### Herbs and grasses



## DESIGN - ZOOMED IN SITE DESIGN

Planting plan example - Pine, Oak and Beech forest

Woody species



*Pinus sylvestris*



*Fagus sylvatica*



*Quercus robur*



*Tilia cordata*

Shrubs



*Rhododendron ponticum*



*Luzula pilosa*

Herbs and grasses



*Luzula pilosa*



*Anemone nemorosa*



*Trientalis europaea*



*Cornus suecica*



*Maianthemum bifolium*



*Huperzia selago*

new or existing	Type of structure	Species of vegetation (woody)	Species of vegetation (shrubs)	Species of vegetation (grasses, herbs)	growth rate	spring	summer	autumn	winter	sensorial aspects
new C	Pine, oak and beech forest Semi transparent forest that has a rustling sound due to the wind. Texture differences between the different trees and shrubs, from dense to open and smooth to rigid. The forest is located on the higher and dryer parts of the park. Determined shrubs are used to guide movement.	<ul style="list-style-type: none"> <li>• <i>Pinus sylvestris</i></li> <li>• <i>Quercus robur</i></li> <li>• <i>Fagus sylvatica</i></li> <li>• <i>Tilia cordata</i> (after 25 years cut down to open up the forest to allow for more wind and sound)</li> </ul>	<ul style="list-style-type: none"> <li>Guiding shrubs in determined spaces C1</li> <li>• <i>Rhododendron ponticum</i></li> </ul>	<ul style="list-style-type: none"> <li>Spaces without program CΔ</li> <li>• <i>Anemone nemorosa</i></li> <li>• <i>Trientalis europaea</i></li> <li>• <i>Maianthemum bifolium</i></li> <li>• <i>Huperzia selago</i></li> <li>• <i>Cornus suecica</i></li> <li>• <i>Luzula pilosa</i></li> <li>• <i>Rhamnus frangula</i></li> </ul>	<ul style="list-style-type: none"> <li>10-20 years (<i>Pinus sylvestris</i>, <i>Tilia cordata</i>)</li> <li>20-50 years (<i>Quercus robur</i>)</li> <li>50-60 years (<i>Fagus sylvatica</i>)</li> </ul>	<ul style="list-style-type: none"> <li>Purple (<i>Rhododendron ponticum</i>)</li> <li>White/pink (<i>Rubus fruticosus</i>, <i>Anemone nemorosa</i>)</li> <li>White (<i>Sorbus aucuparia</i>, <i>Rhamnus frangula</i>, <i>Trientalis europaea</i>, <i>Maianthemum bifolium</i>, <i>Cornus suecica</i>)</li> <li>Red/purple/white/green (<i>NGW2 grass mixture</i>)</li> </ul>	<ul style="list-style-type: none"> <li>Yellow (<i>Tilia cordata</i>)</li> <li>Leaf yellow (<i>Quercus robur</i>)</li> <li>Leaf yellow/red (<i>Rubus fruticosus</i>)</li> <li>White (Rhamnus frangula, <i>Trientalis europaea</i>)</li> <li>Red/purple/white/green (NGW2 grass mixture)</li> </ul>	<ul style="list-style-type: none"> <li>Leaf yellow (<i>Tilia cordata</i>)</li> <li>Evergreen (<i>Pinus sylvestris</i>)</li> <li>Leaf yellow/red (<i>Rubus fruticosus</i>)</li> <li>Red/purple/white/green (NGW2 grass mixture)</li> </ul>	<ul style="list-style-type: none"> <li>Sound of vegetation (<i>Pinus sylvestris</i>, <i>Fagus sylvatica</i>, <i>Luzula pilosa</i>, <i>Luzula pilosa</i>, )</li> <li>Fragrant flowers (<i>Tilia cordata</i>, <i>Anemone nemorosa</i>, <i>Maianthemum bifolium</i>)</li> </ul>	

(Source: Wilde planten in Nederland en België, n.d. Retrieved from <https://wilde-planten.nl/>)

(Source: Plant en bestel, n.d. Retrieved from <https://plantenbestel.nl/bamboes-en-grassen/luzula-pilosa.html>)

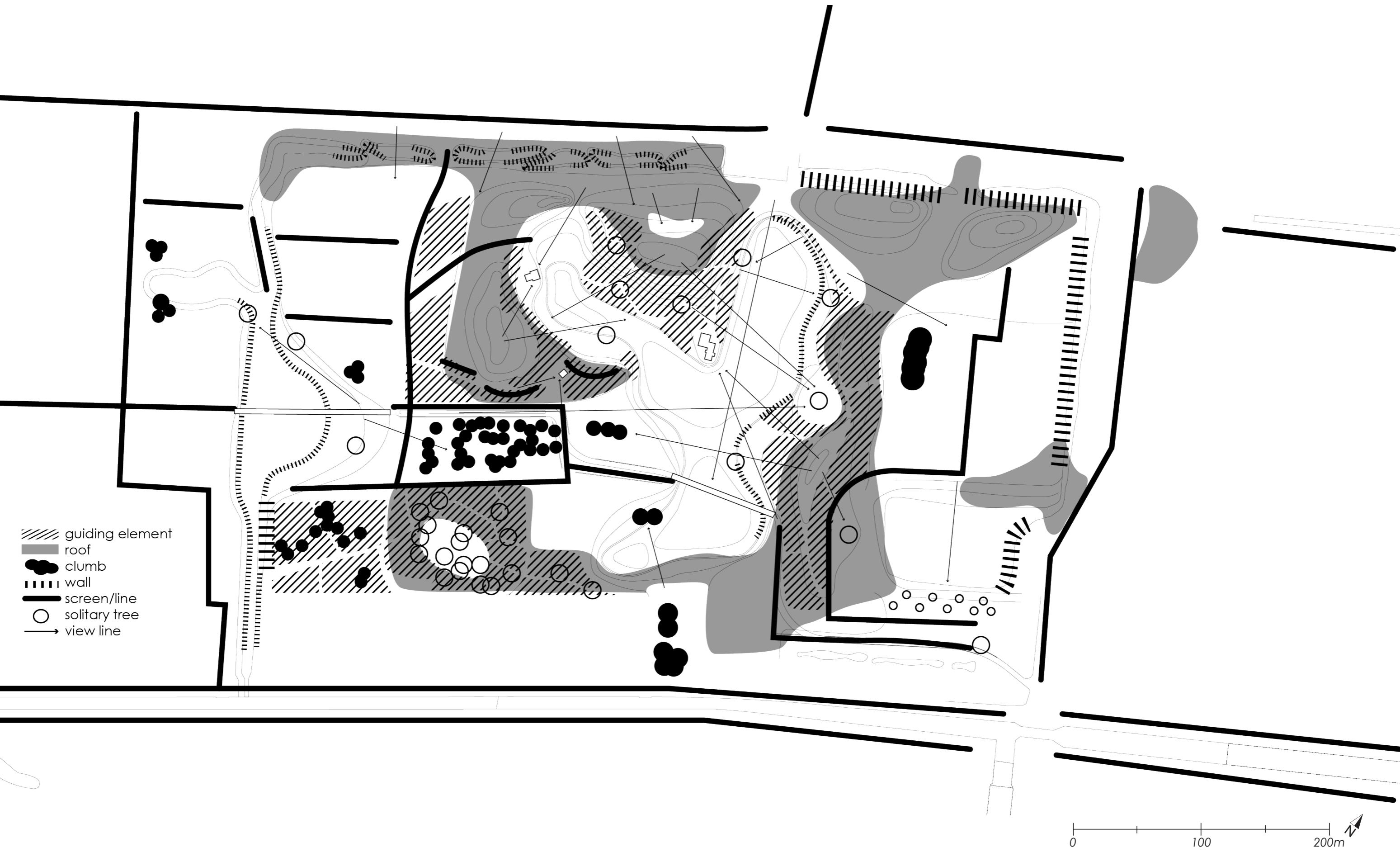
(Source: Willaert Boomkwekerij, n.d. Retrieved from <https://www.willaert.be/nl/plantengids>)

(Source: van den Berk Boomkwekerijen, n.d. Retrieved from <https://www.vdberk.nl/bomen/>)

(Source: plantenkweker.be J.van Dyck, P van Dyck, n.d. Retrieved from <https://www.plantenkweker.be/nl/catalogus/RHPONTIC-rhododendron-ponticum.html>)

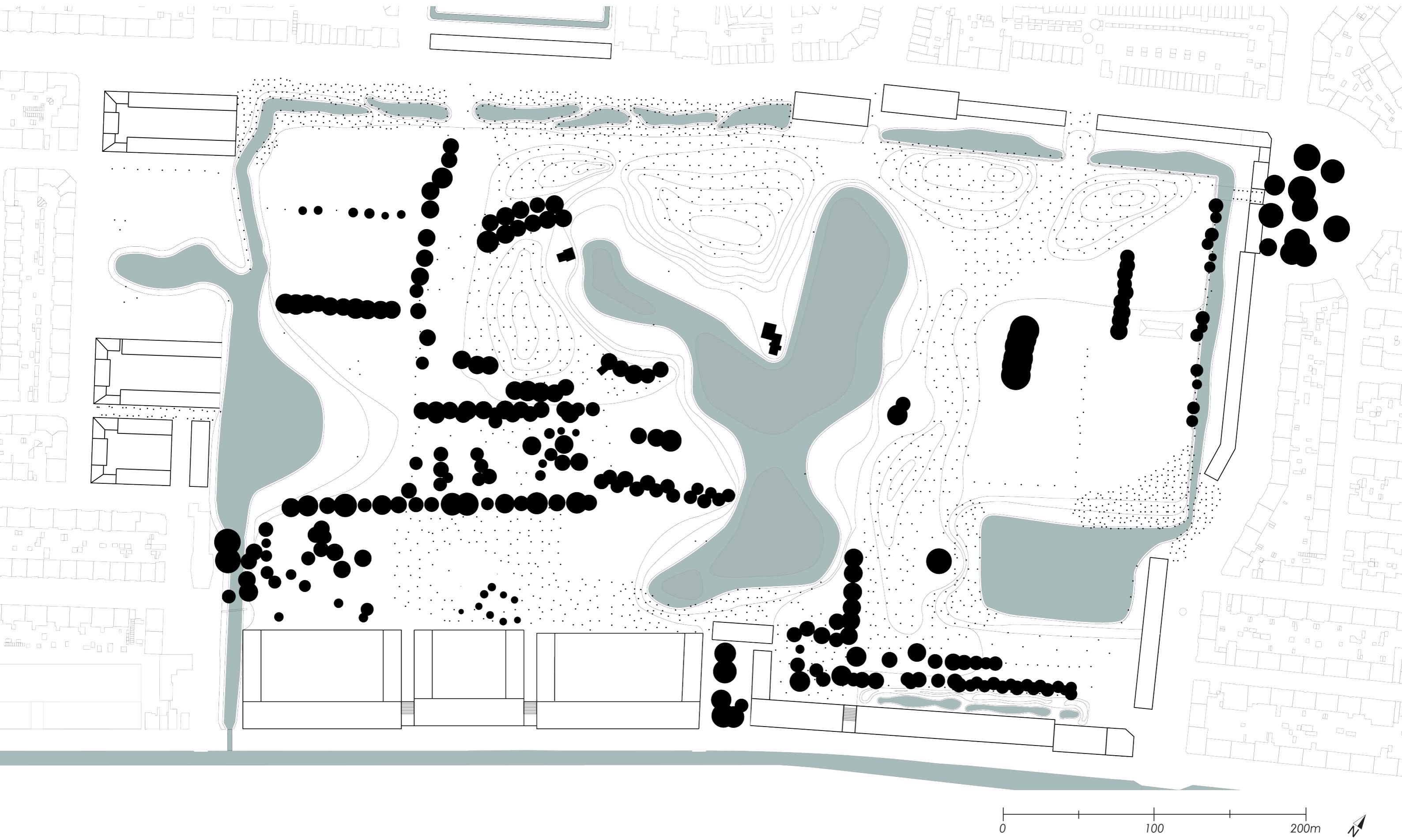
## DESIGN - ZOOMED IN SITE DESIGN

Composition - planting plan



## DESIGN - ZOOMED IN SITE DESIGN

Process - phase 1: planting and existing structures



## DESIGN - ZOOMED IN SITE DESIGN

Process - phase 2: 10 years



## DESIGN - ZOOMED IN SITE DESIGN

Process - phase 3: 20 years



## DESIGN - ZOOMED IN SITE DESIGN

Process - phase 4: 35 years - removing some pioneer species to create space for the climax species and to open up the forest



## DESIGN - ZOOMED IN SITE DESIGN

Process - phase 5: 60 years - replacing structures



## DESIGN - ZOOMED IN SITE DESIGN

Process - transformation



Current site

Framing the create entrances

Realise the spatial structure, the elevations, water structures, tree structures and routes



Facing it out the cemetery over time

Program

Realised design

## DESIGN - ZOOMED IN SITE DESIGN

### Scenarios

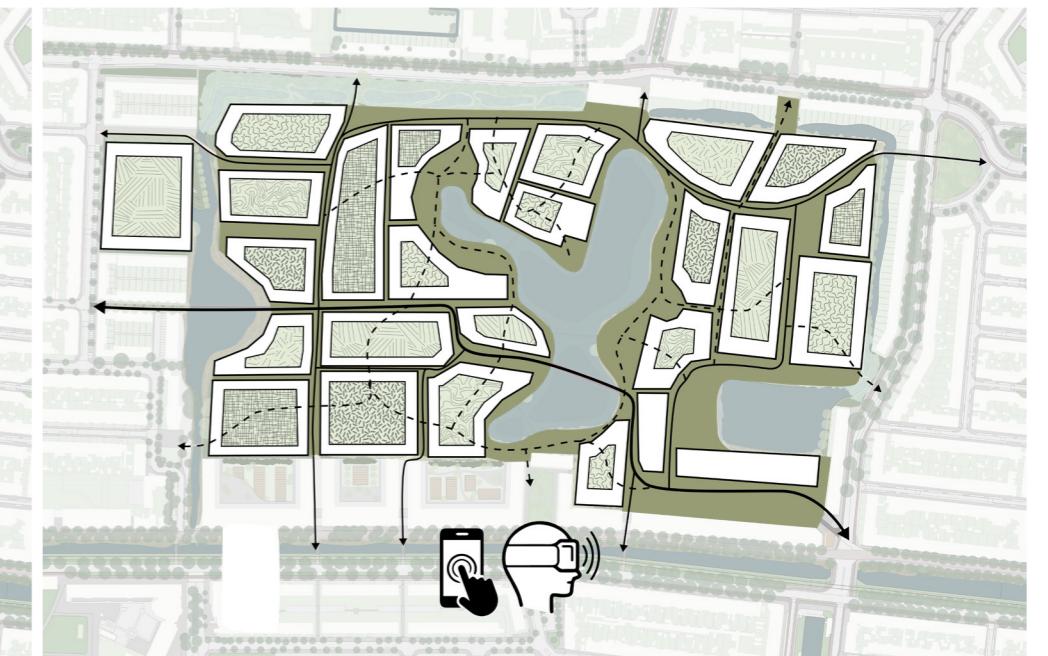
Production forest



Greening cemetery



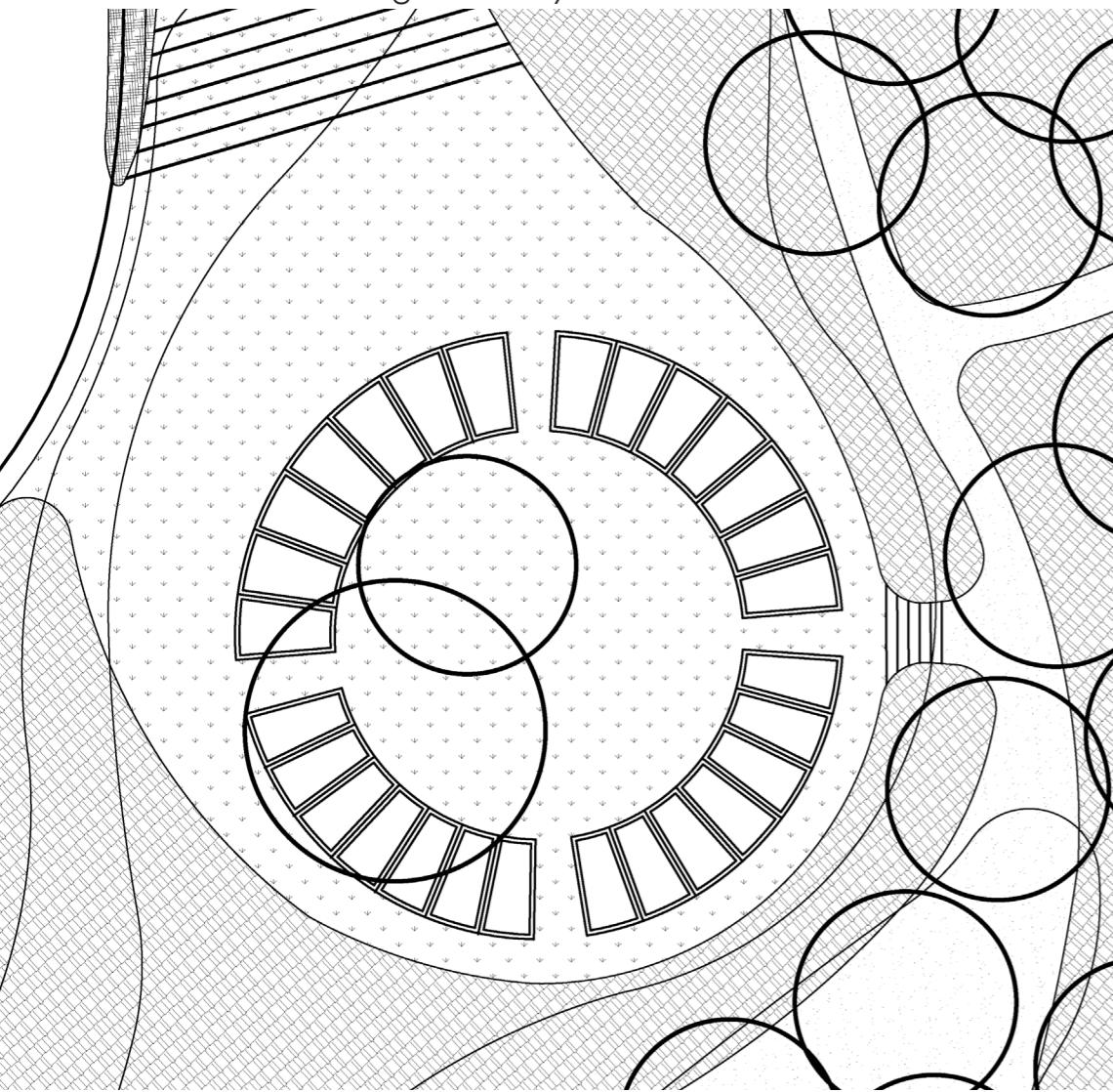
Building experience path



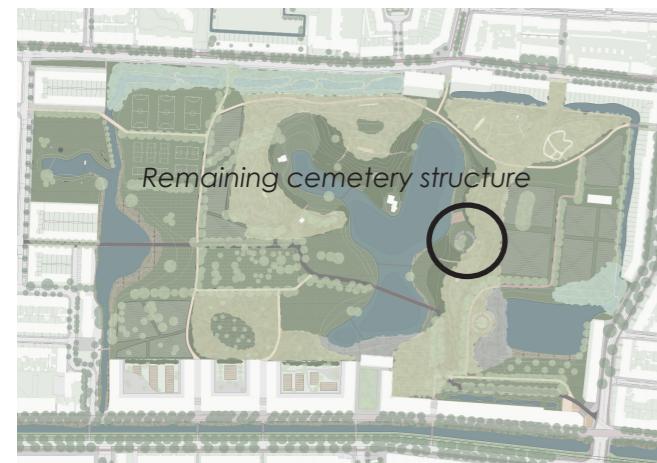
## DESIGN - ZOOMED IN SITE DESIGN

Detail remaining cemetery structure

Plan detail remaining cemetery structure



- Rhododendron ponticum
- Wooden stairs
- Wandering
- Grass/flower mixture
- Burial stones
- Heightlines



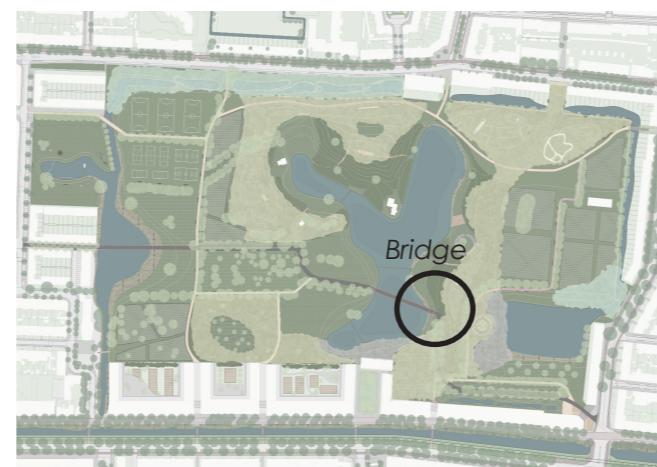
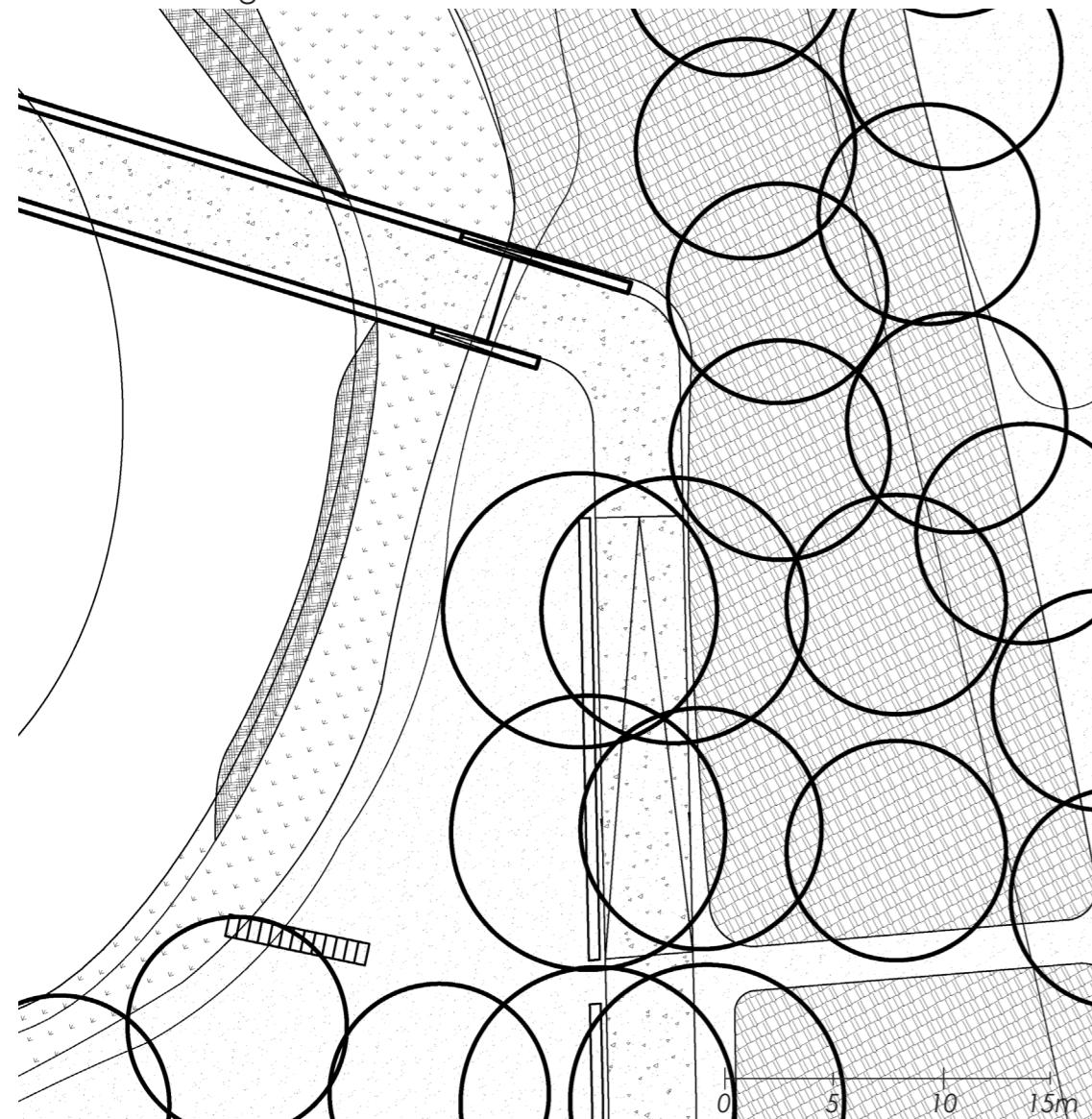
Section detail remaining cemetery structure



## DESIGN - ZOOMED IN SITE DESIGN

Detail bridge

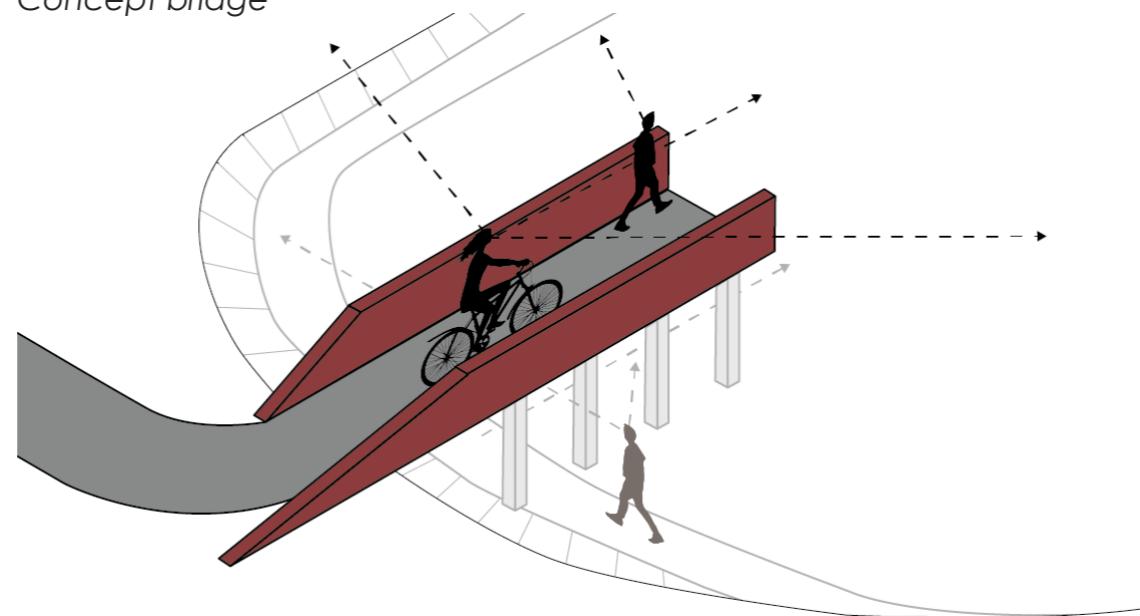
Plan detail bridge



Section detail bridge



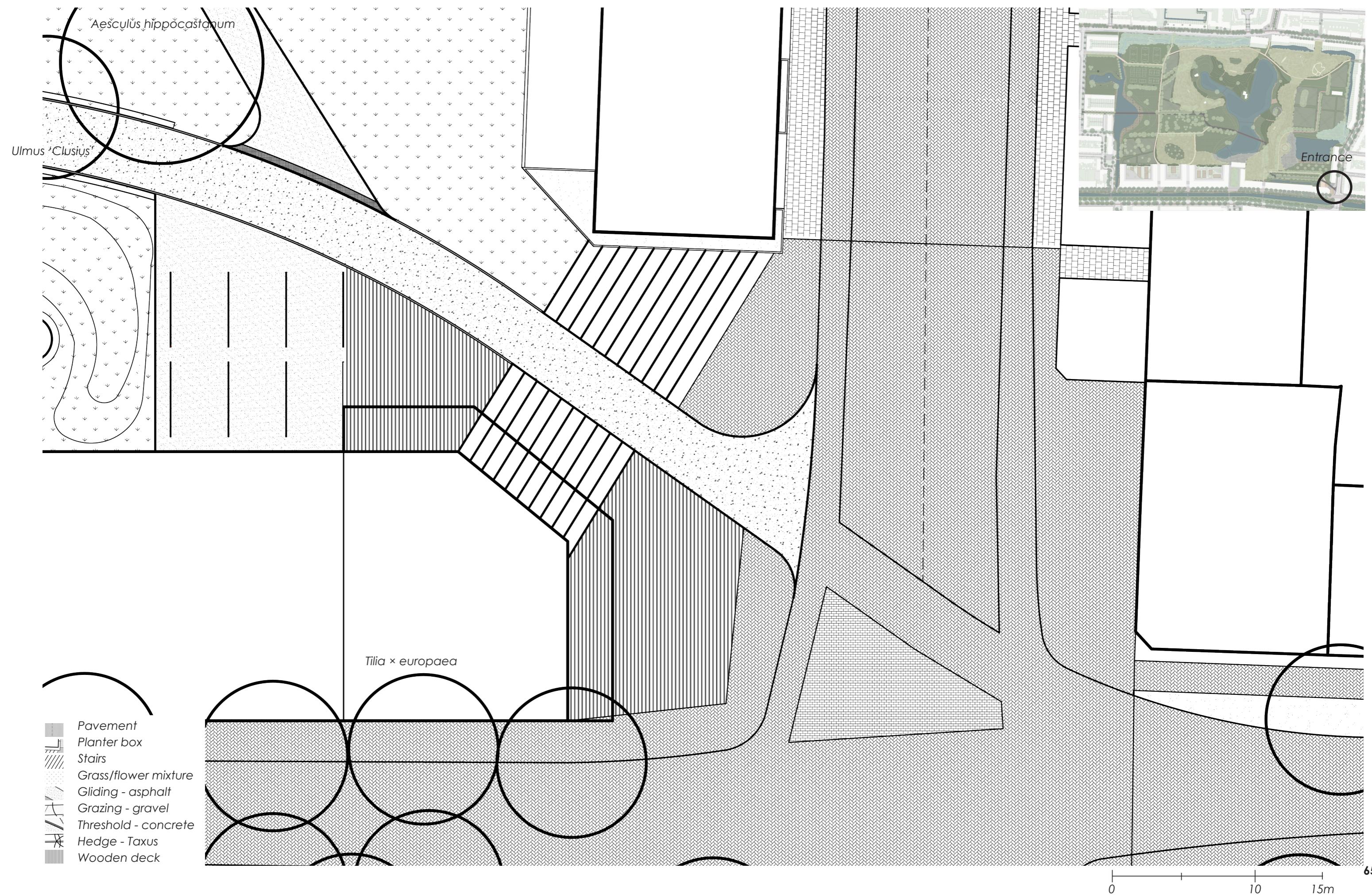
Concept bridge



Reference bridge (source: Frei, R. (n.d.). Promenadenlift Passerelle. Archdaily, Ennetbaden. Retrieved from [https://www.archdaily.com/323143/limmat-footbridge-and-promenade-lift-leuppi-schafroth-architekten/51004988b3fc4b1aa5000023-limmat-footbridge-andpromenade-lift-leuppi-schafroth-architekten-photo?next\\_project=no](https://www.archdaily.com/323143/limmat-footbridge-and-promenade-lift-leuppi-schafroth-architekten/51004988b3fc4b1aa5000023-limmat-footbridge-andpromenade-lift-leuppi-schafroth-architekten-photo?next_project=no))

## DESIGN - ZOOMED IN SITE DESIGN

### Detail entrance



## **INTRODUCTION**

FASCINATION, PROBLEM STATEMENT, RESEARCH QUESTION, METHODOLOGY

## **RESEARCH**

HISTORIC OVERVIEW: CREATING HEALTHY LIVING ENVIRONMENTS, MOVEMENT AS RESTORATIVE GREEN STRUCTURE

## **URBAN FOREST MOVEMENT**

## **ANALYSIS AND DESIGN**

DEN HAAG AND REGION, VISION DEN HAAG

LINE: LOOSDUINSEWEG, MASTERPLAN LOOSDUINSEWEG

CEMETERY OUD AND NIEUW EYKENDUYNEN, ZOOM IN DESIGN: EYKENDUINEN PARK

## **CONCLUSION AND REFLECTION**

## URBAN FOREST MOVEMENT(S): CONCLUSION

**What might a contemporary 'Garden City movement' look like, and how can this be implemented, responding to current environmental design questions, that focusses on restorative green spaces informed by movement and bodily experience?**

Research:

- Garden City movement: generic scheme
- New movement: The Urban Forest Movement
- Restorative nature: levels of emerging in nature
- Movement and bodily experience as design tools

Design:

- Applying: generic movement - specific design brief, designing through the scales
- Emerging in nature through movement and bodily experience:
  - Gliding
  - Grazing
  - Wandering
- Topographic forms, water structures, visual marks, framed views and buildings guide movement
- Planting plan creates different bodily experiences through smells, colours, sounds and textures

Definition Urban Forest Movement:

- Generic spatial framework
- Green spaces, healthy living environment, restorative nature
- Current environmental design questions
- Movement and framed views generate fascination
- Experiencing green space through bodily experience and movement
- Sensorial experience, various species of trees, shrubs and grasses

## URBAN FOREST MOVEMENT(S): REFLECTION

- Fascination to wider subject
- Movement and bodily experience
- Substantiate and further detail the design choices with literature
- Reflecting on conclusions found in literature research through the design
- Scenarios used to further elaborate the design

### Outlook:

- Further develop scenarios for the design, multiple scales
- Applying the Urban Forest Movement to other sites to test and elaborate it
- Exploring new design methods such as virtual reality
- Soil research for site design and planting plan

## URBAN FOREST MOVEMENT(S)

**Thank you for listening**

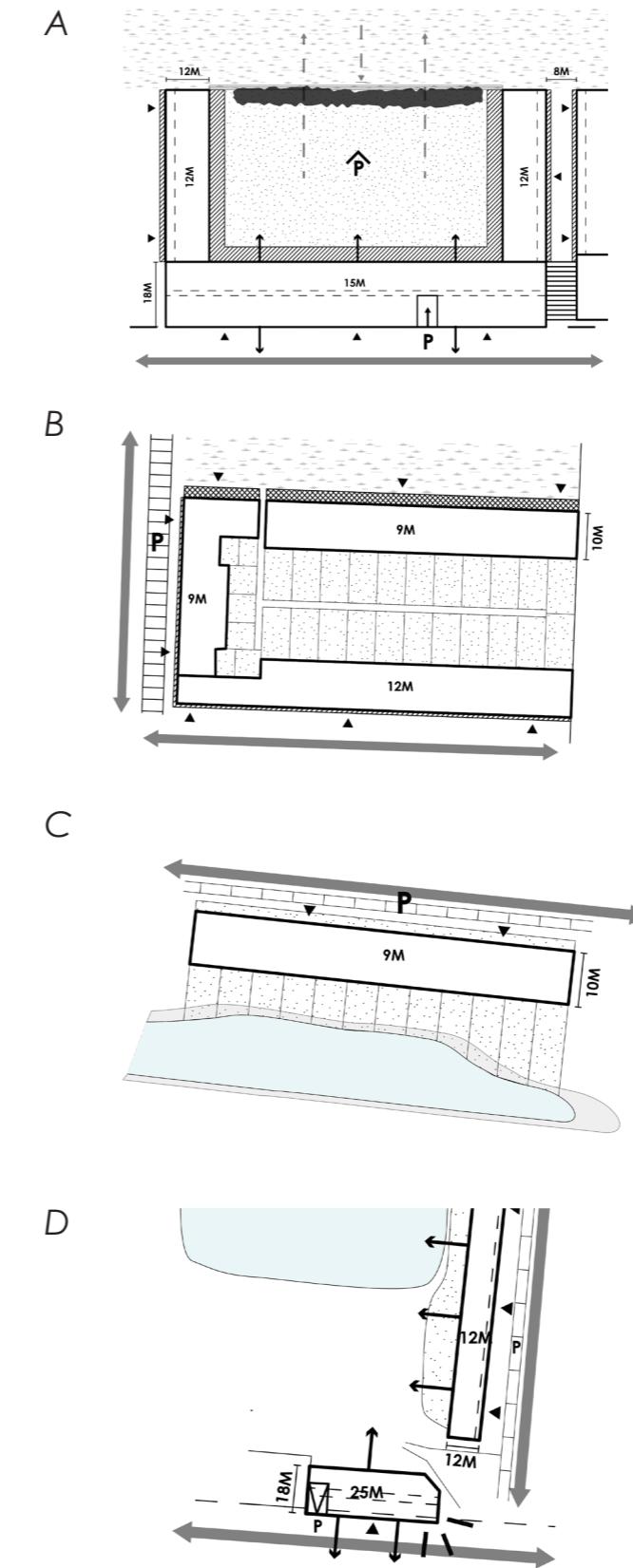
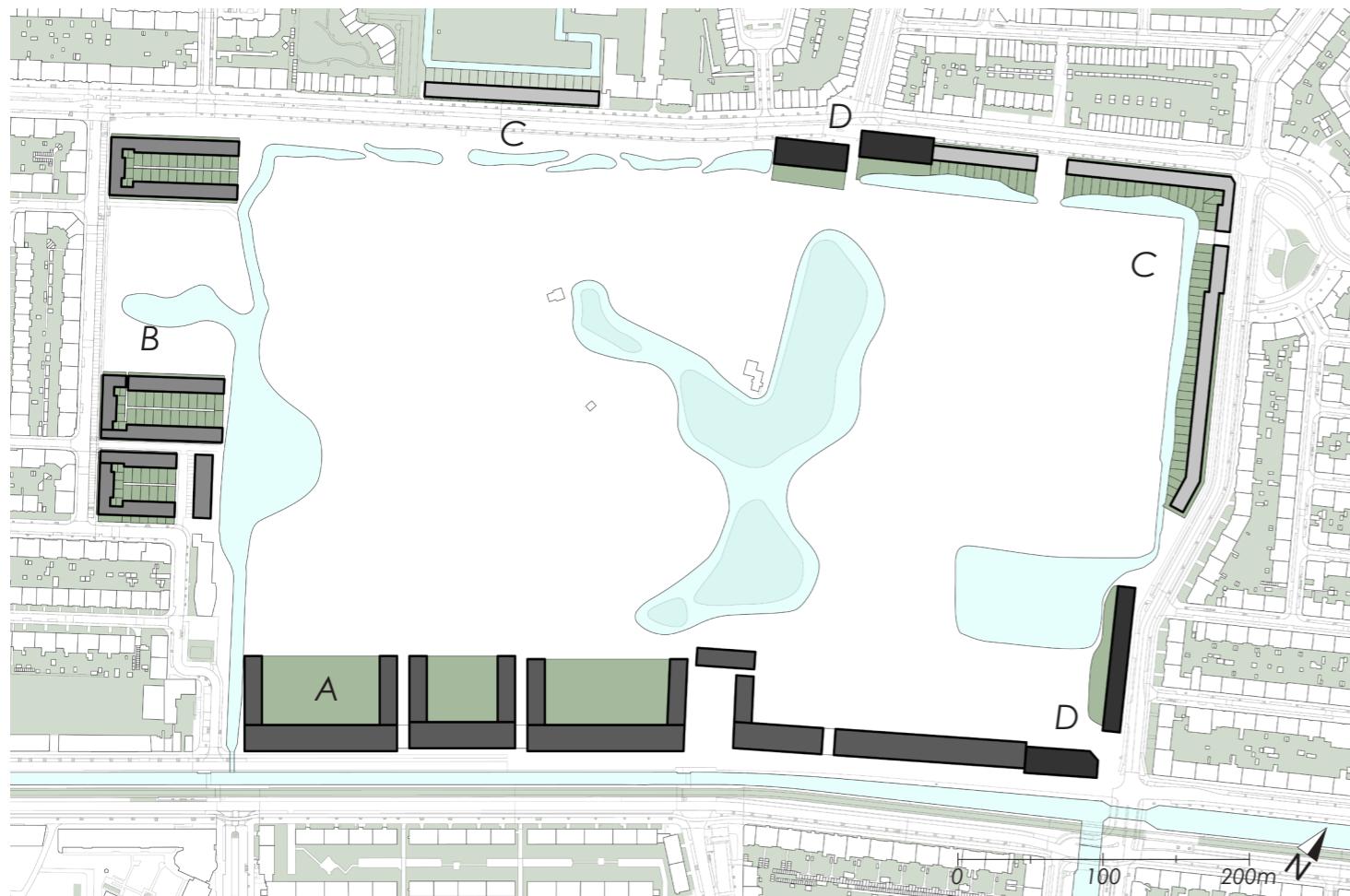
# DESIGN - ZOOMED IN SITE DESIGN

## Planting table

new or existing	Type of structure	Species of vegetation (woody)	Species of vegetation (shrubs)	Species of vegetation (grasses, herbs)	growth rate	spring	summer	autumn	winter	sensorial aspects
new A	<b>Swamp forest</b> Dense forest of young trees planted on a transition from wet to dry ground. Surface planted with low to mid high grass and flower mixture.	Wet: • <i>Betula pendula</i> , • <i>Alnus glutinosa</i> Dry: • <i>Betula utilis</i> var. <i>Jacquemontii</i> , • <i>Alnus ×spaethii 'Spaeth'</i>	A • Flower mixture G3 (wet and moist soil) <a href="https://www.cruydhoeck.nl/winkel/mengsels-voor-bloemrijke-grasland/flower-mixture-g3-voor-jarrond-natte-tot-vochtige-gronden/p83">https://www.cruydhoeck.nl/winkel/mengsels-voor-bloemrijke-grasland/flower-mixture-g3-voor-jarrond-natte-tot-vochtige-gronden/p83</a>		10-20 years	White, purple, yellow (Flower mixture G3)	White, purple, yellow (Flower mixture G3)			Colour of bark ( <i>Betula pendula</i> , <i>Betula utilis</i> var. <i>Jacquemontii</i> ) Movement of vegetation through wind (Flower mixture G3)
new B	<b>Hornbeam and Ash forest</b> Dark forest consisting of trees with a dense crown. Different textures on the ground surface showing harsh differences, saturated green plants in contrast to the dark forest. Forest sited on a wet part of the park. Only herbs to keep the viewlines on the water.	• <i>Carpinus betulus</i> • <i>Fraxinus excelsior</i> • <i>Acer platanoides</i> • <i>Ulmus minor</i>	• <i>Hedera helix</i> • <i>Dryopteris filix-mas</i> • <i>Dryopteris dilatata</i> • <i>Auga reptans</i> • <i>Galium odoratum</i> • <i>Erythronium striatum</i> • <i>Plagiomnium undulatum</i> • <i>Actaea simplex 'White Pearl'</i> • <i>Aconitum napellus</i> • <i>Anaphalis triplinervis</i> • <i>Saxifraga urbinum</i> • <i>Thalictrum delavayi</i>		10-20 years ( <i>Ulmus minor</i> , <i>Fraxinus excelsior</i> , <i>Acer platanoides</i> ) - yellow/green 50-60 years ( <i>Carpinus betulus</i> )	Yellow/green ( <i>Fraxinus excelsior</i> , <i>Acer platanoides</i> ) - yellow/green Red ( <i>Ulmus minor</i> ) Purple/blue ( <i>Auga reptans</i> ) White ( <i>Galium odoratum</i> )	Blue ( <i>Aconitum napellus</i> ) White ( <i>Anaphalis triplinervis</i> , <i>Fraxinus excelsior</i> , <i>Acer platanoides</i> ) Saxifraga urbinum) Purple/pink ( <i>Thalictrum delavayi</i> ) White ( <i>Actaea simplex 'White Pearl'</i> )			Fragrant flowers ( <i>Acer platanoides</i> , <i>Galium odoratum</i> , <i>Auga reptans</i> , <i>Actaea simplex 'White Pearl'</i> )
new C	<b>Pine, oak and beech forest</b> Semi transparent forest that has a rustling sound due to the wind. Texture differences between the different trees and shrubs, from dense to open and smooth to rugged. The forest is located on the higher and drier parts of the park. Determined shrubs are used to guide movement.	• <i>Pinus sylvestris</i> • <i>Quercus robur</i> • <i>Fagus sylvatica</i> • <i>Tilia cordata</i> (after 25 years cut down to open up the forest to allow for more wind and sound)	Guiding shrubs in determined spaces C1 • <i>Rhododendron ponticum</i>	Space without program C1 • <i>Anemone nemorosa</i> • <i>Trientalis europaea</i> • <i>Maianthemum bifolium</i> Space without program C2 • <i>Rubus fruticosus</i> • <i>Sorbus aucuparia</i> • <i>Rhamnus frangula</i> • <i>Luzula pilosa</i>	10-20 years ( <i>Pinus sylvestris</i> , <i>Tilia cordata</i> ) 20-50 years ( <i>Quercus robur</i> ) 50-60 years ( <i>Fagus sylvatica</i> )	Purple ( <i>Rhododendron ponticum</i> ) White/pink ( <i>Rubus fruticosus</i> , <i>Anemone nemorosa</i> ) White ( <i>Sorbus aucuparia</i> , <i>Rhamnus frangula</i> , <i>Trientalis europaea</i> , <i>Maianthemum bifolium</i> , <i>Cornus suecica</i> ) Red/purple/white/green (NGW2 grass mixture)	Yellow ( <i>Tilia cordata</i> ) Leaf yellow/red ( <i>Quercus robur</i> , <i>Fagus sylvatica</i> ) White ( <i>Rhamnus frangula</i> , <i>Trientalis europaea</i> ) Red/purple/white/green (NGW2 grass mixture)	Evergreen ( <i>Pinus sylvestris</i> , <i>Rhododendron ponticum</i> , <i>Rubus fruticosus</i> )		Sound of vegetation ( <i>Pinus sylvestris</i> , <i>Fagus sylvatica</i> , <i>Luzula pilosa</i> , <i>Luzula pilosa</i> ) Fragrant flowers ( <i>Tilia cordata</i> , <i>Anemone nemorosa</i> , <i>Maianthemum bifolium</i> )
New D	<b>Flower meadow</b> Open spaces on transitions between the water structures and the higher parts of the park. High flowers and grasses showing wind and colour.		• <i>Miscanthus sacchariflorus</i> • <i>Miscanthus sinensis</i> • <i>Molinia caerulea</i>	High flower meadow DA • Flower mixture G3 (wet to moist soil) <a href="https://www.cruydhoeck.nl/winkel/mengsels-voor-bloemrijke-grasland/flower-mixture-g3-voor-jarrond-natte-tot-vochtige-gronden/p83">https://www.cruydhoeck.nl/winkel/mengsels-voor-bloemrijke-grasland/flower-mixture-g3-voor-jarrond-natte-tot-vochtige-gronden/p83</a>	10-20 years	White, purple, yellow (Flower mixture G3)	White, purple, yellow (Flower mixture G3) Bronze ( <i>Molinia caerulea</i> )	Red/brown ( <i>Miscanthus sacchariflorus</i> ) Pink ( <i>Miscanthus sinensis</i> ) Bronze ( <i>Molinia caerulea</i> )	Remains in winter ( <i>Miscanthus sacchariflorus</i> , <i>Miscanthus sinensis</i> , <i>Molinia caerulea</i> , <i>Stipa tenuifolia</i> , <i>Stipa calamagrostis</i> )	Vegetation catches sunlight ( <i>Miscanthus sacchariflorus</i> , <i>Miscanthus sinensis</i> , <i>Molinia caerulea</i> ) Movement of vegetation through wind ( <i>Miscanthus sacchariflorus</i> , <i>Miscanthus sinensis</i> , <i>Molinia caerulea</i> , <i>Stipa tenuifolia</i> , <i>Stipa calamagrostis</i> )
new (existing structure extended) E	<b>Hedgerows</b> Densely planted wall with different textures shielding the gardens from the park. Structure planted on a bank near the water.	• <i>Populus nigra 'Italica'</i> • <i>Populus × canadensis</i> • <i>Salix alba</i> • <i>Alnus glutinosa</i>			10-20 years ( <i>Salix alba</i> , <i>Alnus glutinosa</i> , <i>Populus × canadensis</i> ) 20-50 years ( <i>Populus nigra 'Italica'</i> )					Sound of leaves ( <i>Populus × canadensis</i> )
new F	<b>Coppice</b> Transparent screen shielding the sportfields. Planted on a bank, with a high grass/flower mixture.	• <i>Salix alba</i>			10-20 years					
new G	<b>Articulation</b> Low wall enclosing/framing a space. Hedge textured rigid.	• <i>Taxus baccata</i>								
new H	<b>Solitary tree</b> Eye catching tree that can survive on semi wet and dry soil. Striking color in the fall and summer.	• <i>Acer rubrum</i>				Red ( <i>Acer rubrum</i> )	Leaf red ( <i>Acer rubrum</i> )			Fragrant flowers ( <i>Acer rubrum</i> )
new I	<b>Solitary tree</b> Eye catching tree that can survive on wet soil, with an outstanding texture and structure.	• <i>Salix × sepulcralis 'Chrysocoma'</i>								
new J	<b>Screen</b> Semi transparent screen next to the water enclosing a space. Mix of high transparent reed on wet soil that moves in the wind and keeps its structure during the winter		• <i>Miscanthus sacchariflorus</i> • <i>Miscanthus sinensis</i> • <i>Molinia caerulea</i>				Bronze ( <i>Molinia caerulea</i> ) Red/brown ( <i>Miscanthus sacchariflorus</i> ) Pink ( <i>Miscanthus sinensis</i> ) Bronze ( <i>Molinia caerulea</i> )			Movement of the wind through vegetation ( <i>Miscanthus sacchariflorus</i> , <i>Miscanthus sinensis</i> , <i>Molinia caerulea</i> ) Vegetation catches sunlight ( <i>Miscanthus sacchariflorus</i> , <i>Miscanthus sinensis</i> , <i>Molinia caerulea</i> )
new K	<b>Orchard</b> Orchard with mown out paths in a grass field. Mixture of species of fruittrees on dry soil.	• <i>Malus sylvestris</i> • <i>Prunus avium</i>			Fast 10-20 ( <i>Prunus avium</i> ) Medium 20-50 ( <i>Malus sylvestris</i> )	White/pink ( <i>Malus sylvestris</i> ) White ( <i>Prunus avium</i> )		Leaf yellow/red ( <i>Prunus avium</i> )		
new L	<b>Clump</b> Group of trees	• <i>Betula pendula</i>								
existing structure (extended) M	<b>Line</b>	• <i>Aesculus hippocastanum</i>				White ( <i>Aesculus hippocastanum</i> )	Leaf yellow/orange ( <i>Aesculus hippocastanum</i> )			
existing structure (extended) N	<b>Wall - line</b>	• <i>Acer platanoides</i>				Yellow/green ( <i>Acer platanoides</i> )	Leaf yellow ( <i>Acer platanoides</i> )			Fragrant flowers ( <i>Acer platanoides</i> )
existing structure O	<b>Clump</b> Various present species of trees	For example • <i>Arbutus unedo</i>								Evergreen ( <i>Arbutus unedo</i> )
existing structure (extended) P	<b>Solitary tree</b>	• <i>Betula utilis</i> var. <i>Jacquemontii</i>								
existing structure Q	<b>Solitary tree</b>	• <i>Cedrus libani</i>								Evergreen ( <i>Cedrus libani</i> )
existing structure R	<b>Line</b>	• <i>Fagus sylvatica</i>					Leaf yellow/red ( <i>Fagus sylvatica</i> )			Sound of leaves ( <i>Fagus sylvatica</i> )
existing structure (extended) S	<b>Line - screen</b>	• <i>Fagus sylvatica</i> • <i>Ulmus 'Clusius'</i>					Leaf yellow/red ( <i>Fagus sylvatica</i> ) Leaf yellow ( <i>Ulmus 'Clusius'</i> )			Sound of leaves ( <i>Fagus sylvatica</i> )
existing structure T	<b>Solitary tree</b>	• <i>Fagus sylvatica 'Pendula'</i>					Leaf yellow ( <i>Fagus sylvatica 'Pendula'</i> )			Sound of leaves ( <i>Fagus sylvatica 'Pendula'</i> )
existing structure U	<b>Clump</b>	• <i>Ilex aquifolium</i> • <i>Abies nordmanniana</i> • <i>Picea abies</i>								Evergreen ( <i>Ilex aquifolium</i> , <i>Abies nordmanniana</i> , <i>Picea abies</i> )
existing structure V	<b>Clump</b>	• <i>Pterocarya fraxinifolia</i>					Leaf yellow ( <i>Pterocarya fraxinifolia</i> )			
existing structure W	<b>Line</b>	• <i>Platanus x hispanica</i>				Yellow ( <i>Platanus x hispanica</i> )	Leaf yellow ( <i>Platanus x hispanica</i> )			
existing structure X	<b>Screen - line</b>	• <i>Tilia cordata</i>					Yellow ( <i>Tilia cordata</i> )	Leaf yellow ( <i>Tilia cordata</i> )		Fragrant flowers ( <i>Tilia cordata</i> )
existing structure (extended) Y	<b>Line - screen</b>	• <i>Ulmus 'Clusius'</i>						Leaf yellow ( <i>Ulmus 'Clusius'</i> )		

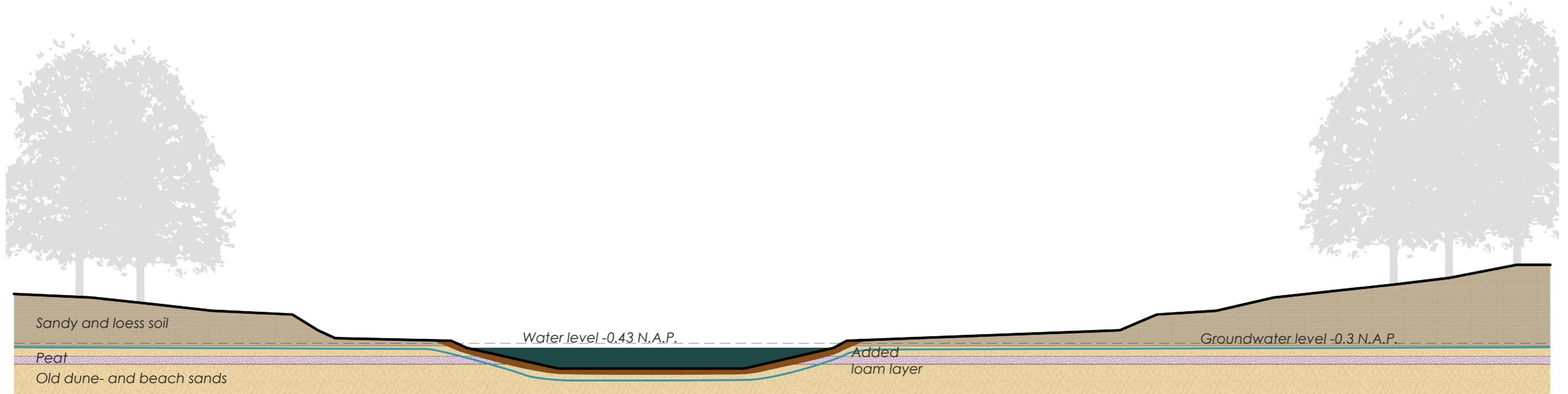
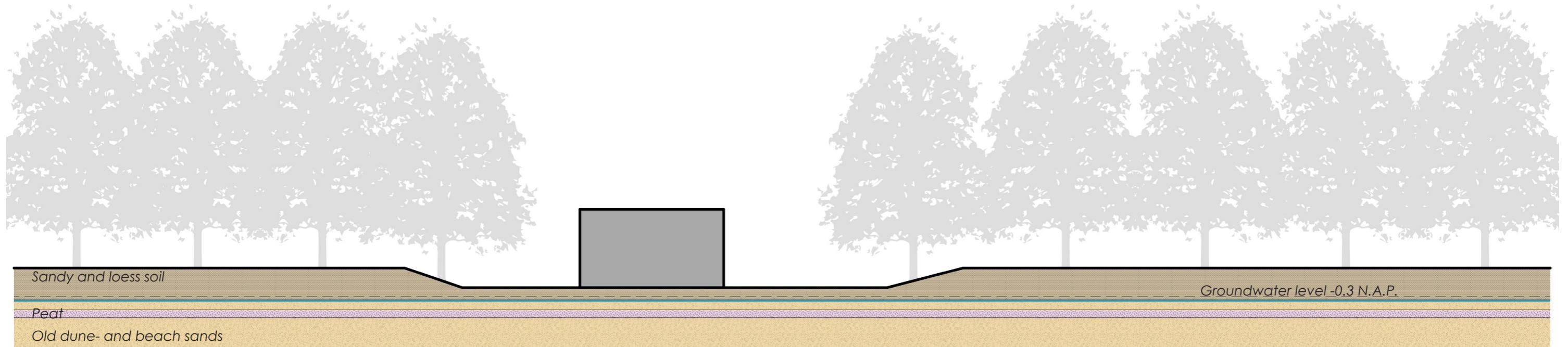
## DESIGN - ZOOMED IN SITE DESIGN

### Parcel passport



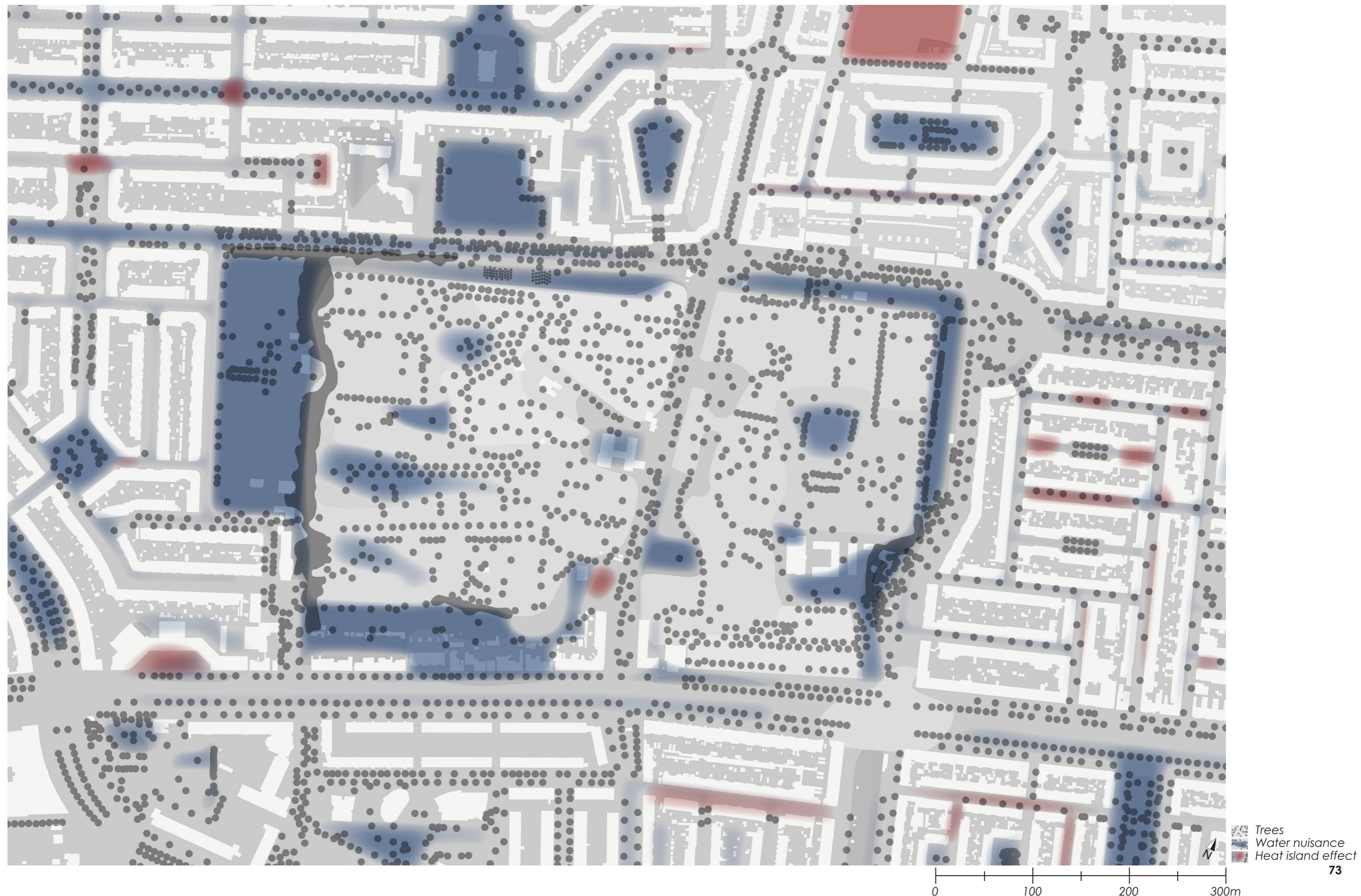
## DESIGN - ZOOMED IN SITE DESIGN

Soil section



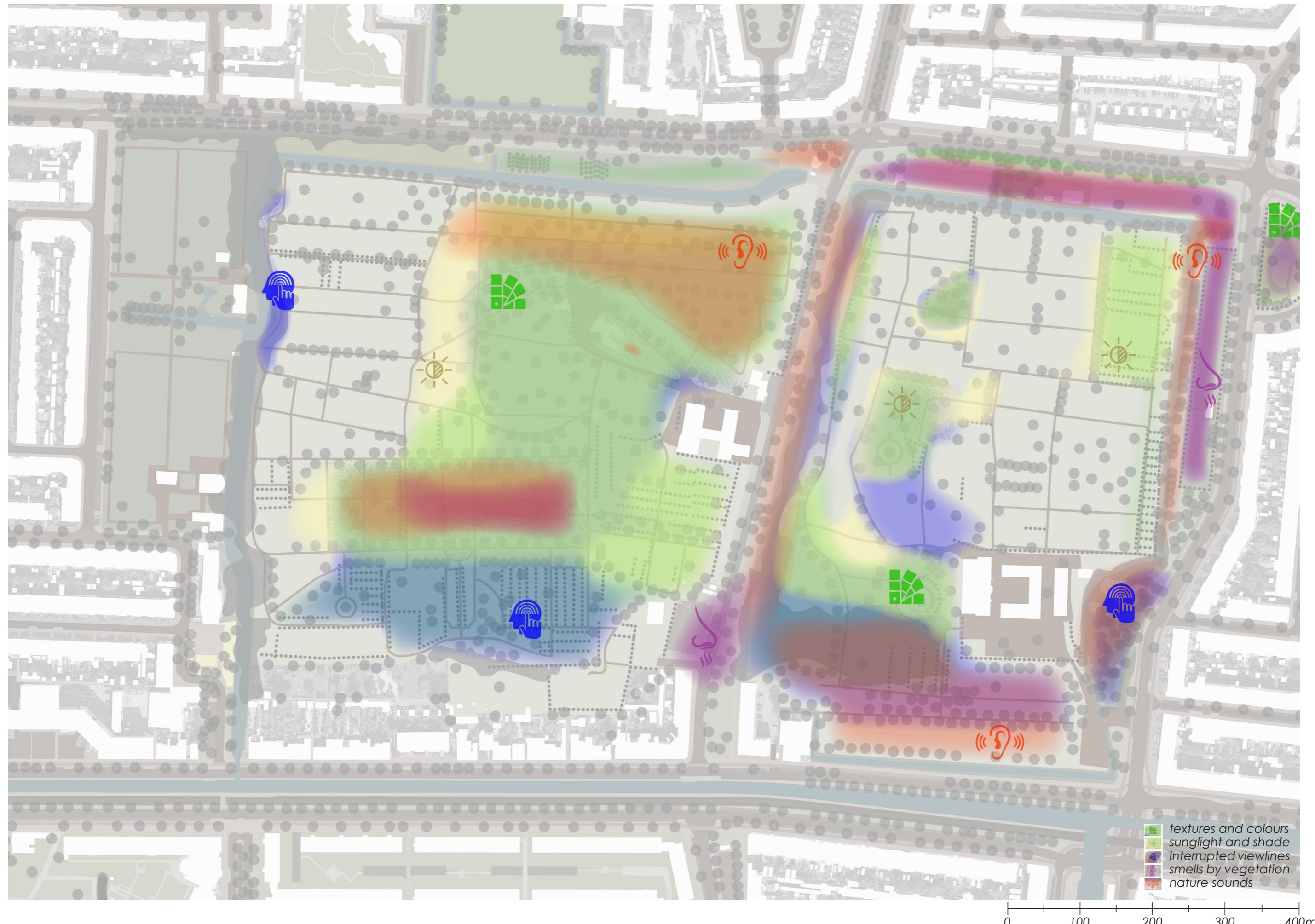
## ANALYSIS SITE: CEMETERY OUD AND NIEUW EYKENDUYNEN

Water nuisance and heat islands



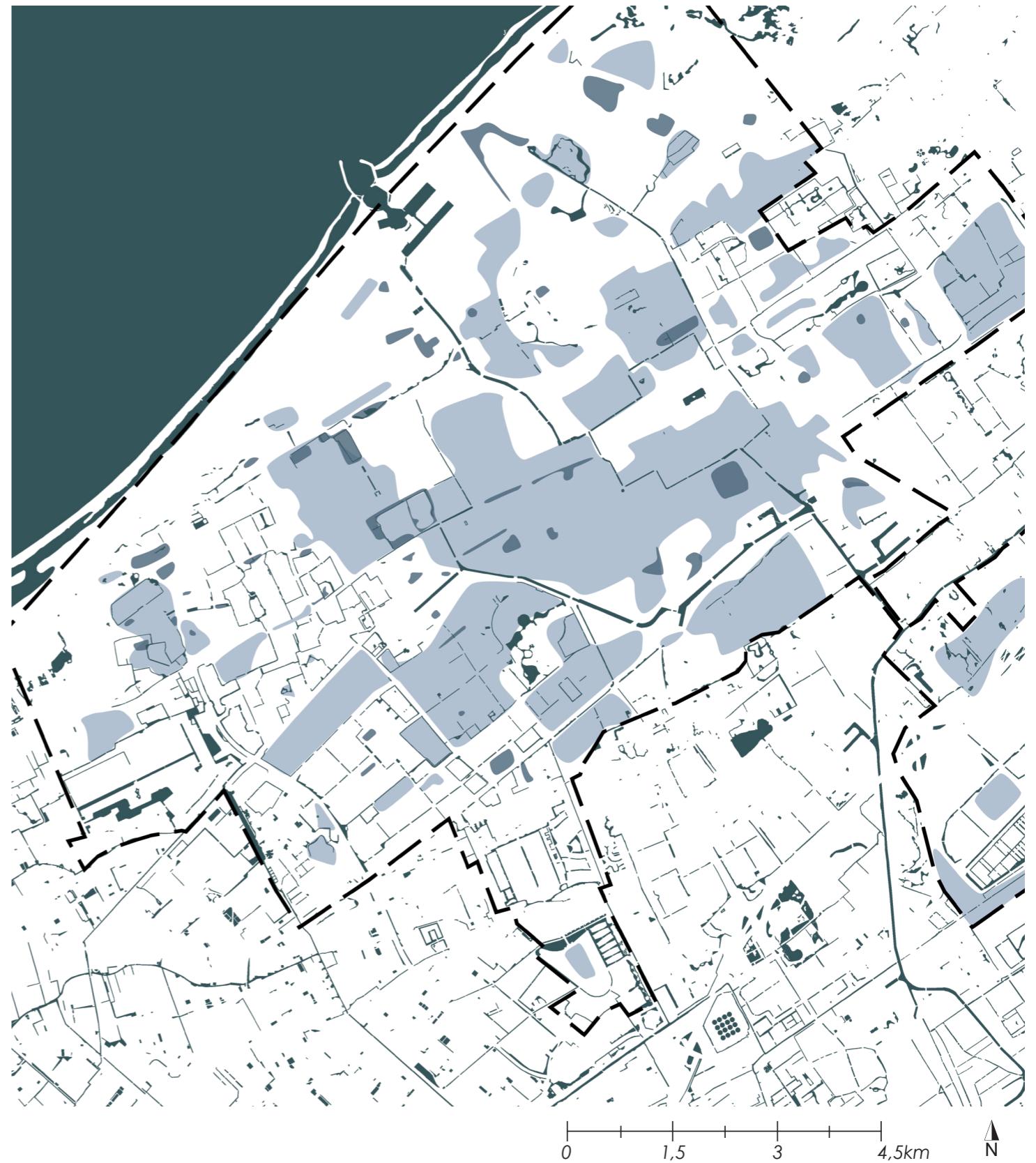
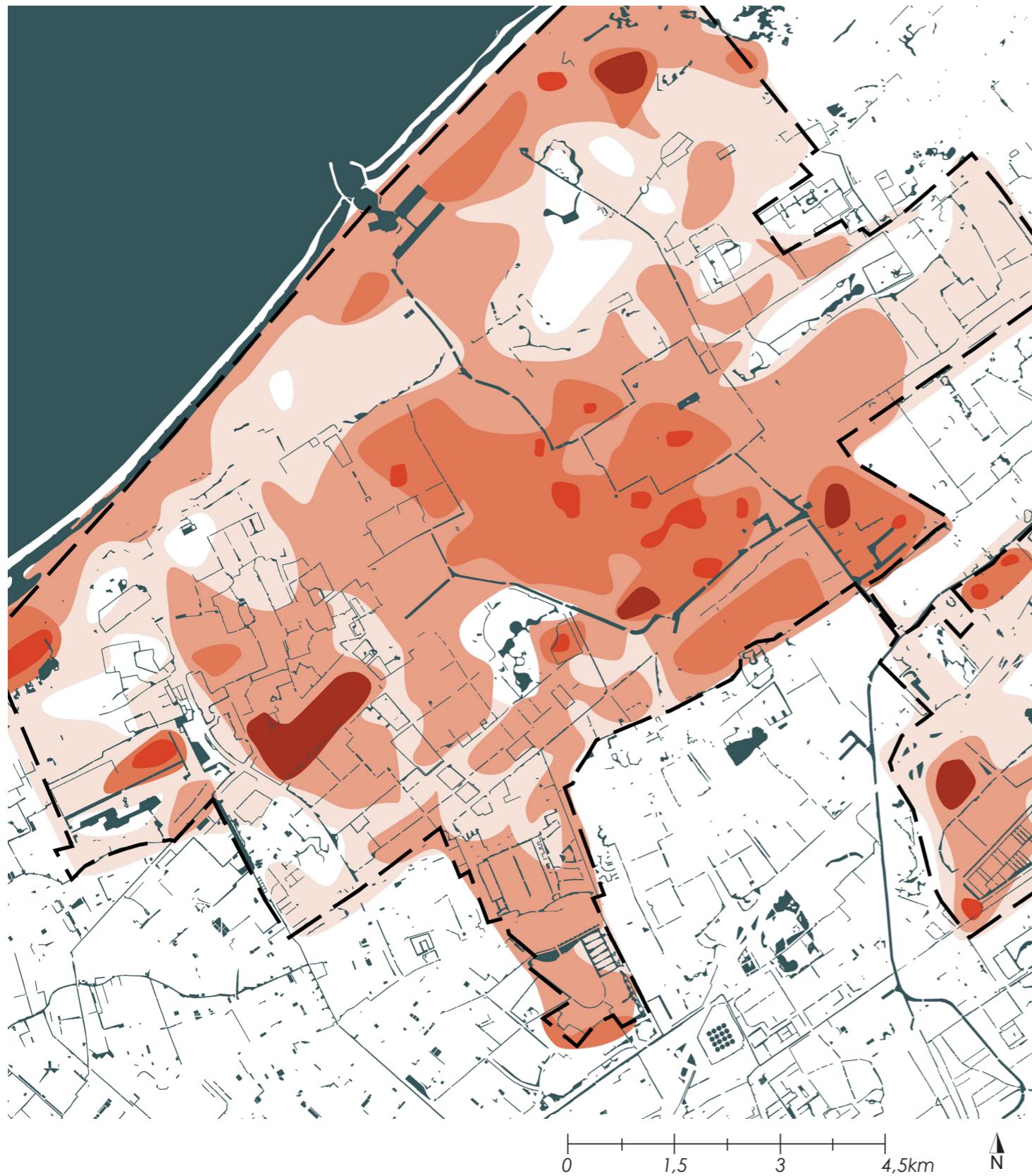
## ANALYSIS SITE: CEMETERY OUD AND NIEUW EYKENDUYNEN

Experience of the site - sensorial



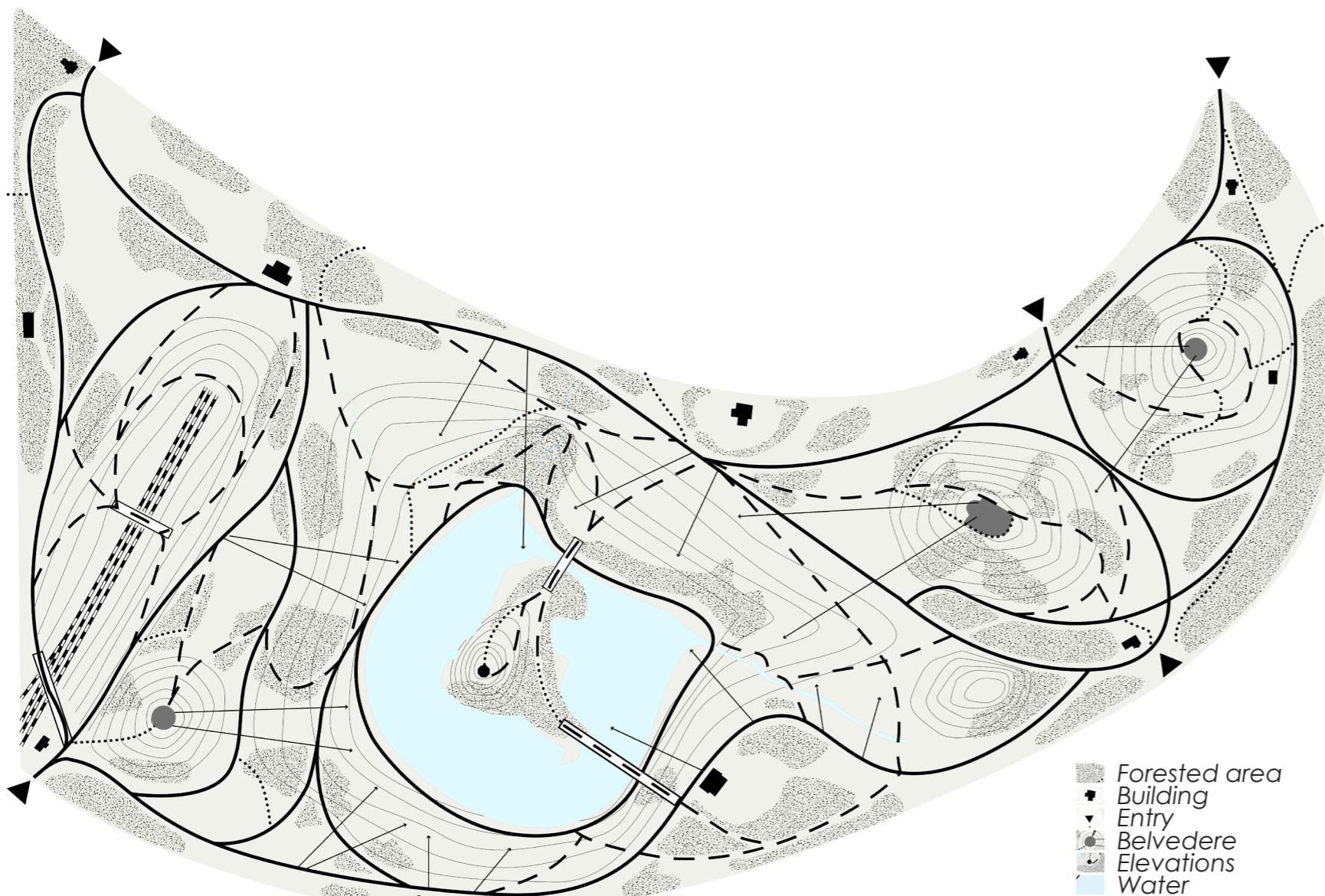
## ANALYSIS - DEN HAAG AND REGION

Climate issues in Den Haag

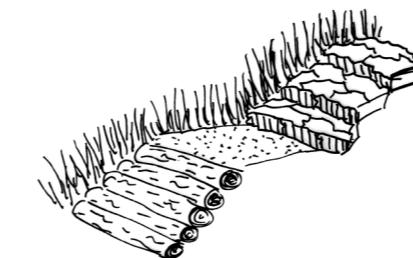
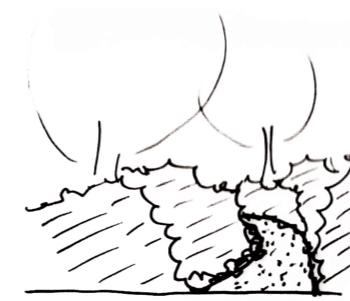
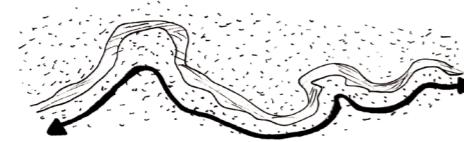
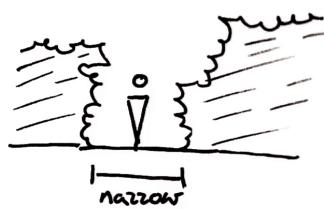


# URBAN FOREST MOVEMENT(S)

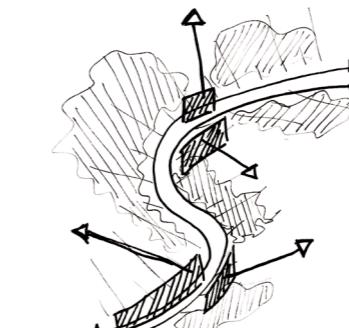
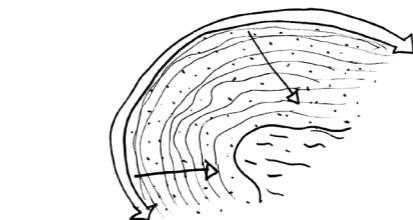
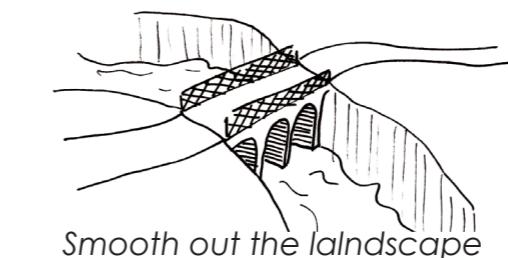
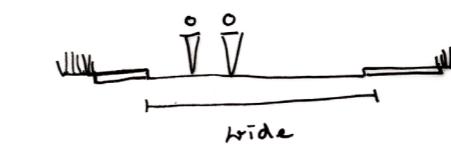
Case study - Buttes-Chaumont



## Movement 3 hiking



## Movement 1 carriage



## Movement 2 walking

