

## **Growth media in anaerobic fermentative processes**

### **The underestimated potential of thermophilic fermentation and anaerobic digestion**

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1 **Title**

2 Growth media in anaerobic fermentative processes: the underestimated potential of thermophilic  
3 fermentation and anaerobic digestion

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9 **Abstract**

10 Fermentation and anaerobic digestion of organic waste and wastewater is broadly studied and applied.  
11 Despite widely available results and data for these processes, comparison of the generated results in  
12 literature is difficult. Not only due to the used variety of process conditions, but also because of the  
13 many different growth media that are used. Composition of growth media can influence biogas  
14 production (rates) and lead to process instability during anaerobic digestion. To be able to compare  
15 results of the different studies reported, and to ensure nutrient limitation is not influencing  
16 observations ascribed to process dynamics and/or reaction kinetics, a standard protocol for creating a  
17 defined growth medium for anaerobic digestion and mixed culture fermentation is proposed. This  
18 paper explains the role(s) of the different macro- and micronutrients, as well as the choices for a  
19 growth medium formulation strategy. In addition, the differences in nutrient requirements between  
20 mesophilic and thermophilic systems are discussed as well as the importance of specific trace metals  
21 regarding specific conversion routes and the possible supplementary requirement of vitamins. The  
22 paper will also give some insight into the bio-availability and toxicity of trace metals. A remarkable  
23 finding is that mesophilic and thermophilic enzymes are quite comparable at their optimum  
24 temperatures. This has consequences for the trace metal requirements of thermophiles under certain  
25 conditions. Under non-limiting conditions, the trace metal requirement of thermophilic systems is  
26 about 3 times higher than for mesophilic systems.

27 **Keywords**

28 Nutrient, trace metal, volatile fatty acid, fermentation, anaerobic digestion, mesophilic, thermophilic,  
29 enzyme, hydrogen, biogas

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49

## 50 1 Introduction

51 Anaerobic digestion or fermentation of organic waste(water) is widely applied and studied. The most  
52 commonly pursued anaerobic mixed culture end products are methane (CH<sub>4</sub>), hydrogen (H<sub>2</sub>) and  
53 volatile fatty acids (VFA) (Gujer and Zehnder, 1983; Henze, 2008). Due to the numerous studies on  
54 anaerobic digestion and fermentation, results and data are widely available for these processes.  
55 However, comparison of the generated results in literature is difficult, not only due to the used variety  
56 of process conditions, but also because of the different growth media that are used (Angelidaki et al.,  
57 2009; Cheong et al., 2007; Fang and Liu, 2002; Hawkes et al., 2007; Pobeheim et al., 2010; Temudo et  
58 al., 2007). Different nutrient media can highly influence research results and so, ideally, the  
59 composition of nutrient media should be the same in order to compare the different experiments  
60 reported in literature (Bourriaud et al., 2005; Fang and Liu, 2002, 2002; Muñoz Sierra et al., 2017;  
61 Turton et al., 1983).

62 In general, a growth medium consists of so called macro- and micronutrients, in which the  
63 concentration of each component depends on the required quantity. The elements carbon, oxygen,  
64 hydrogen, nitrogen, phosphorus, potassium, sulphur, calcium and magnesium are categorized as  
65 macronutrients since relatively large quantities are required, particularly, for cellular growth. All other  
66 nutrients, such as the trace elements iron, cobalt and nickel, and vitamins, are mainly used for enzyme  
67 or co-factor production. They are needed in much lower quantities and are therefore categorized as  
68 micronutrients.

69 A shortage of trace metals can result in lower biogas production (rates) and process instability during  
70 anaerobic digestion processes (Fermoso et al., 2008; Pobeheim et al., 2010). Speece (1988) suggested,  
71 based on a survey of 30 municipal anaerobic sludge digesters, which included conducting activity  
72 assays, that 17 of the 30 digesters were trace metal limited with regard to acetate and propionate  
73 degradation rates. The rate of methane production from acetate (8 digesters) and propionate (9  
74 digesters) was stimulated by addition of the trace metals iron, nickel or cobalt (Speece, 1988).  
75 Furthermore, the addition of trace metals like iron, nickel, cobalt, molybdenum, selenium and tungsten  
76 have been reported to increase acetate, propionate and H<sub>2</sub>/CO<sub>2</sub> conversion and conversion rates (Banks  
77 et al., 2012; Boonyakitsombut et al., 2002; Espinosa, 1995; Moestedt et al., 2015; Ortner et al., 2015;  
78 Plugge et al., 2009; Speece et al., 1983). The observed stimulation of the anaerobic digestion process  
79 by the addition of metals was probably caused by a low amount of readily available trace metals in the  
80 inoculum and substrate (Solis et al., 2002; Zandvoort et al., 2006).

81 To compare reported results of the different studies and to make sure nutrient limitation is not  
82 influencing observations ascribed to process dynamics and/or reaction kinetics, a standard protocol for  
83 creating a defined growth medium for anaerobic mixed culture processes is urgently required. This  
84 paper explains the role(s) of the different macro- and micronutrients, as well as the choices for a  
85 growth medium formulation strategy. In addition, the differences in nutrient requirements between  
86 mesophilic and thermophilic systems are discussed as well as the importance of specific trace metals  
87 regarding specific conversion routes and the possible supplementary requirement of vitamins. Finally,  
88 the paper provides some information on the bio-availability and toxicity of trace metals. The overall  
89 focus in this paper is on systems with trace metal limitation and maximized growth rates.

## 90 2 Roles of the different macro- and micronutrients

91 A growth medium is a medium in which all the necessary elements (or nutrients) for the growth of  
92 cells are present. The necessary elements are elements that are used for energy production, growth,  
93 and maintaining cell functions by organisms. In tables 1 and 2, these elements are categorized into  
94 macronutrients and micronutrients, and a description of each element is provided, including their  
95 role(s) in cellular function, anaerobic digestion and fermentation processes.

## 96 3 Growth medium formulation strategy

97 Many studies on methanogenesis, anaerobic digestion (AD) and mixed culture fermentation have been  
98 conducted with synthetic wastewaters, to which growth nutrients must be added. Also many industrial  
99 wastewaters lack nutrients and require growth nutrients supplementation prior to anaerobic treatment.  
100 Growth media should contain both macro- and micronutrients. However, because of the different roles  
101 of macro- and micronutrients in growing (mixed) cultures, the design of a macronutrient medium  
102 requires a different strategy than a micronutrient medium. These strategies will be explained in the  
103 following sections.

### 104 3.1 Macronutrients

105 Macronutrients (C, N, P, K, Na, S, Ca and Mg) are the elements which are mainly used for anabolism  
106 Since substrate loading rate and the biomass yield determine the biomass formation, required  
107 quantities depend on these two factors during the anaerobic conversion process. In table 3, the average  
108 biomass yields of the different phases in anaerobic fermentation are given for both mesophilic and  
109 thermophilic conditions. The specific composition of the required macronutrient medium depends on  
110 the elemental cell composition of the growing biomass, which is given in table 4.

111 If the macronutrient requirements were expressed in mg/g TSS instead of mg/g VSS, an average  
112 VSS/TSS ratio of 0.85 was used for recalculation (Metcalf, 2005; Takashima et al., 2011).

113 Furthermore, it is assumed that the biomass composition of acidifiers, acetogens and methanogens, in  
114 mesophilic and thermophilic systems, is the same.

115  
116 The biomass yields in table 3 are maximum yields. Observed yields can be lower at increased solids  
117 retention times (SRTs), because of an increase in maintenance energy, cell lysis and possible predation  
118 effects (Metcalf and Eddy, 2003).

119 The required amount of macronutrients can be calculated using the following equation:

$$120 C_E = COD_{bio-influent} * Yield * E_{Biomass} \quad (eq\ 1)$$

121  $C_E$  = Concentration of target element (mgE/l)

122  $COD_{bio-influent}$  = Biodegradable Chemical Oxygen Demand in the influent (g/l)

123 Yield = Biomass Yield (g VSS/g  $COD_{bio}$ )

124  $E_{Biomass}$  = Element concentration in biomass (mg Element/g VSS)

125

126 In order to avoid macronutrient limitations that could influence the fermentation pattern (Carlsson and  
127 Griffith, 1974), it is proposed to use the highest theoretical maximum biomass yield, regardless of the  
128 applied SRT, when calculating the initial macronutrient dosage required. After reaching steady state in  
129 the process, the observed yield could be determined and the composition of the nutrient solution could  
130 be changed accordingly, to minimize overdosing with macronutrients.

131

132 Two elements in macronutrients should be specially considered: carbon and sodium.

133 For carbon dosage no value is proposed. This is because, in many cases, carbon originates directly  
134 from the dosed and converted substrate, so “additional” supply is not required. However, in some  
135 cases,  $CO_2$  is required for product and/or biomass formation, as is the case for e.g. hydrogenotrophic  
136 methanogens (Metcalf, 2005). In addition, the acidifier *Selenomonas ruminantium* takes up  $CO_2$  to  
137 form products (Linehan et al., 1978; Paynter and Elsdon, 1970) and *Clostridium kluyveri* specifically

138 needs CO<sub>2</sub> to form biomass (Tomlinson and Barker, 1954; Tomlinson, 1954a, 1954b). In these cases  
139 an additional carbon supply could be considered.

140  
141 Sodium is an element which is mainly used as a counter ion for cellular buffers, electrolytes and DNA,  
142 and as a solute for exchange and transport processes and energy generation (Maret and Wedd, 2014).  
143 In general, sodium concentrations of 100-200 mg/l are beneficial for mesophilic anaerobes (McCarty,  
144 1964). There are however, bacteria and methanogens, like halophilic methanogens, which require a  
145 high(er) concentration of sodium (Jarrell and Kalmokoff, 1988; Maret and Wedd, 2014; Scherer et al.,  
146 1983).

### 147 **3.2 Micronutrients**

148 Micronutrients are, by definition, essential nutrients or trace elements that are required by an organism  
149 in minute amounts. The trace elements are mainly used for the production and functioning of enzymes  
150 and co-factors. In table 2 an overview is given of which micronutrients are required for which  
151 enzymes.

152 The (initial) composition of a chemically defined medium is usually based on the cellular composition  
153 and desired cell concentration of the microbe of interest and therefore similar to the approach to  
154 determine the composition of a macronutrients medium (Greasham and Herber, 1997; White et al.,  
155 1990; Zhang and Greasham, 1999). However, when calculating the required amounts of trace elements  
156 for AD and mixed culture fermentations this is probably not the most optimised approach, since the  
157 cellular composition of all different micro-organisms is usually not known and only overall biomass  
158 compositions can be determined. Also, the required amount of maintenance energy of the different  
159 micro-organisms can vary depending on operational conditions. For example, maintenance energy  
160 requirement will be high(er) under extreme pH conditions, at temperatures higher than the optimal  
161 growth temperature of the organisms or when high undissociated volatile fatty acid (VFA)  
162 concentrations are present (Röling and Van Verseveld, 1997; Russell, 1992). The latter increase in  
163 maintenance energy might be caused by the diffusion of undissociated VFA over the cell wall, where  
164 after they will dissociate inside the cell because of more neutral pH values inside the cell (Russell,  
165 1992; Russell and Diez-Gonzalez, 1997). This would lead to increased intracellular protons and  
166 dissociated VFA concentrations inside the cell. In order to prevent intracellular pH decrease and VFA  
167 accumulation, protons and VFA will be actively transported out (Russell, 1992; Russell and Diez-  
168 Gonzalez, 1997; Tjihuis et al., 1993), leading to an increased maintenance energy requirement and  
169 thus to reduced growth (Russell, 1992; Russell and Diez-Gonzalez, 1997).

170 However, to our knowledge, the effect on enzyme production under suboptimal growth conditions is  
171 unknown. The enzyme production could be either higher or lower compared to production under  
172 optimal conditions. Therefore, when determining the required amount of trace elements, it is assumed  
173 that the enzyme production under both optimal and suboptimal growth conditions is similar. This  
174 implies the same trace element requirement under both optimal and suboptimal growth conditions.

175 Because of this assumption the required amount of trace elements should be based on the  
176 biodegradable COD concentration of the waste stream to be treated and not on the biomass yield.

177 Consequently, the amount of required trace elements can be estimated using the following equation:

$$178 \quad C_E = COD_{bio-influent} * E \quad (\text{eq 2})$$

179  $C_E$  = Concentration of Element ( $\mu\text{g/l}$ )

180  $COD_{bio-influent}$  = Biodegradable COD in influent (g/l)

181  $E$  = required Element amount ( $\mu\text{g Element/g } COD_{bio}$ )

182

183 In table 5 and 6 a summary of the proposed trace element requirements for mesophilic acidogenic and  
184 acetogenic/methanogenic systems is provided. Values are given in micrograms of micronutrients per  
185 gram  $COD_{bio}$  in the system and were determined via a stepwise approach. First, if available, literature  
186 data regarding the mixed culture was collected and inventoried. If data regarding mixed cultures was

187 not available, data regarding specific key-organisms, which are present in many cases, was sourced. If  
188 no data for mesophilic acidogens could be found, the average value of the methanogens was used,  
189 multiplied by 5, because the trace element requirement of acidogens is higher than for methanogens  
190 (comparison of iron, nickel, cobalt and zinc, table 5 and 6), and hereby preventing limitation.

191 For some trace elements, some special behaviour was found and is highlighted below.  
192 In many cases molybdenum (Mo) and tungsten (W) are acting as antagonists for each other  
193 (Andreesen and Ljungdahl, 1973; Ljungdahl and Andreesen, 1975; Plugge et al., 2009; Zellner et al.,  
194 1987).

195  
196 Copper is an element which is commonly required by aerobic bacteria and aerobic archaea, but only  
197 required by a small number of anaerobic and facultative bacteria, and facultative anaerobic archaea  
198 (Ridge et al., 2008). The only information that could be found in literature regarding the copper  
199 requirement of these organisms is presented in table 6. This is in contradiction with the findings of  
200 Ridge et al. (2008), who couldn't establish a copper requirement for the anaerobic archaea they tested.  
201 Further research is needed to obtain information regarding the possible copper requirements of  
202 acidifiers and methanogens. Since no information in literature could be found regarding the  
203 requirement of copper for acidogens, the same value as for methanogens has been used. For the cobalt  
204 requirement of mesophilic methanogens two different values are mentioned in literature. The higher  
205 value of 25  $\mu\text{g/g COD}_{\text{bio-influent}}$  should only be used in the case of direct conversion of methanol into  
206 methane (Florencio et al., 1994).

207 The order for the different required concentrations of trace elements for methanogens is:  
208 Fe>Ni/Co>Mo (and/or) W > Zn>Cu/Mn according to Ferry (2010) and Glass and Orphan (2012).  
209 Table 6 follows this order, with the exceptions of zinc and copper.

210 To our knowledge an order of trace element concentrations for acidifiers doesn't exist.

211 In case of biomass retention in an anaerobic reactor (SRT>HRT), intracellular enzymes also retain in  
212 the reactor, implying that the trace metal requirement for intracellular enzymes decreases.  
213 Extracellular enzymes, however, can be bound to the (particulate) substrate or free moving in the  
214 liquid. In case the substrate is also retained in the reactor, the trace metal requirement would decrease,  
215 but if the substrate is washed out due to the low HRT, the trace metal requirement is determined by  
216 this HRT and will not change due to biomass retention.

#### 217 **4 Enzyme activity at different temperatures and its influence on the nutrient** 218 **requirement in thermophilic and mesophilic systems**

219 Different operational temperatures are used in anaerobic fermentation and digestion systems; optimal  
220 mesophilic conditions vary from 30 to 40°C, while moderate thermophilic conditions have an optimal  
221 operational temperature range of 50 to 60°C (Madigan et al., 1997; Metcalf, 2005). A frequently cited  
222 advantage of thermophilic systems is the possible higher conversion rate, or higher loading rate that  
223 can be applied, in comparison to mesophilic systems (Ahn, 2000). The higher conversion rates could  
224 be caused by higher growth rates; thermophilic methanogens have a growth rate which is, in general, a  
225 factor of 2 to 3 times higher when compared to mesophilic homologues methanogens (Borja et al.,  
226 1995; Lier, 1995; Speece, 1996). Taking into account that the maintenance energy requirement of  
227 thermophilic bacteria and archaea at their optimal growth temperature is higher than the maintenance  
228 energy requirement of mesophilic bacteria and archaea at their optimal temperature (Borja et al., 1995;  
229 Lier, 1995), then the substrate conversion rates in thermophilic systems could possibly increase even  
230 more than the increase of the growth rate. For example, Cecchi et al. (1991) mentioned that the first  
231 order kinetic constant of substrate utilization of municipal solid waste is four times larger under  
232 thermophilic conditions than under mesophilic conditions. The higher conversion rates of particulate  
233 substrates under thermophilic conditions could however, also be caused by other factors; like  
234 increased access to the substrate, higher solubility of the substrate, lower liquid viscosity (better  
235 mixing) or higher diffusion rates of soluble compounds.

236 One would expect that at higher temperatures the specific conversion rates of enzymes would also be  
237 higher. However, the specific rates of thermophilic enzymes and their mesophilic homologue  
238 counterparts are often described as being similar at their respective temperature optima (Amelunxen  
239 and Murdock, 1978; Danson et al., 1996; Fágáin, 1995; Huber and Bennett, 1983; Varley and Pain,  
240 1991; Wolf-Watz et al., 2004; Zavodszky et al., 1998). Furthermore, the catalytic efficiencies of  
241 thermophilic, mesophilic, and psychrophilic enzymes appear to be similar at their respective  
242 operational temperatures (Coquelle et al., 2007; Georlette et al., 2003). Enzyme activity is found to be  
243 dependent on enzyme conformational flexibility (Artymiuk et al., 1979; D'Auria et al., 1999;  
244 Frauenfelder et al., 1979; Huber and Bennett, 1983; Lipscomb, 1970). Conformational flexibility is the  
245 ease with which the shape of an enzyme can be altered. Usually it is a modification to the tertiary  
246 structure of an enzyme as a consequence of changes in pH, temperature, ionic strength of the  
247 environment, or the binding of a substrate to an enzyme (Huber, 1979). This conformational flexibility  
248 of mesophilic and thermophilic enzymes is found to be similar at their respective temperature optima  
249 (Daniel et al., 1996; Jaenicke, 1996; Zavodszky et al., 1998). Furthermore, Feller (2010) observed  
250 from crystal structures of extremophilic enzymes that all reactive side chains as well as most side  
251 chains pointing towards the catalytic cavity are strictly conserved, compared to mesophilic enzymes.  
252 Crystal structures of enzymes are the structures of an enzyme at the atomic level in different  
253 conformational positions (Huber, 1979). The three-dimensional structures of mesophilic and  
254 thermophilic enzymes appear to be superposable (Auerbach et al., 1998; Chi et al., 1999; Hopfner et  
255 al., 1999; Isupov et al., 1999; Maes et al., 1999; Russell et al., 1997; Tahirov et al., 1998). This all  
256 suggests that the overall catalytic mechanism, reaction pathway and enzymatic properties of the  
257 relevant different enzymes are similar under mesophilic and thermophilic temperature conditions  
258 (Bauer and Kelly, 1998; Jaenicke, 1991; Ljungdahl, 1979; Vieille et al., 1995; Wrba et al., 1990;  
259 Zwickl et al., 1990).

260

261 In addition to having equivalent conversion rates and catalytic routes, thermophilic enzymes also  
262 (roughly) double their rate with every 10°C increase ( $Q_{10}$  of 2) just like mesophilic enzymes (Elias et  
263 al., 2014). This underlines the impression that mesophilic and thermophilic enzymes are fully  
264 comparable at their optimum temperatures; regarding structure, catalytic route and thermo-sensitivity.  
265 This would imply that the increased conversion rates found in thermophilic systems, compared to  
266 mesophilic systems, is not due to increased conversion rate per enzyme but is possibly caused by a  
267 higher concentration of enzymes in these systems. Very recently, Ghasimi et al. (2015) found strong  
268 indications of higher enzyme concentrations in thermophilic systems in comparison to mesophilic  
269 systems. Further research is needed to confirm this.

270 If the enzyme concentration indeed is a factor of 2 to 3 times higher in a thermophilic system  
271 compared to a mesophilic system, the amount of micronutrients that are needed for the good  
272 functioning of a thermophilic system should also be 2 to 3 times higher compared to a similar  
273 mesophilic system. This reasoning is in line with several research results. For example, Takashima et  
274 al. (2011) investigated the iron, nickel, zinc and cobalt requirements of a mesophilic and thermophilic  
275 system during the conversion of glucose to methane and found that the requirements for the  
276 thermophilic system were 2.2 to 7.8 times higher than those for the mesophilic system. Uemura (2010)  
277 also concluded that thermophilic anaerobic digestion has a higher trace element requirement than  
278 mesophilic anaerobic digestion. Zellner and Winter (1987) investigated the tungsten requirements for  
279 hydrogenotrophic methanogens and the results showed that the thermophilic methanogens had a  
280 tungsten requirement that was at least 2.5 times higher than the tungsten requirements of the  
281 mesophilic methanogens. *Clostridium Pastuerianum* and *Clostridium Welchii* need respectively 0.11  
282 (Schönheit et al., 1979a) and 0.12-0.16 mg Fe/g COD<sub>substrate</sub> (Pappenheimer and Shaskan, 1944) for  
283 optimal growth, which is in line with the amount that Takashima et al. (2011) found for the mesophilic  
284 acidogenic phase of digestion (0.177 mg Fe/g COD<sub>substrate</sub>). According to Nishio et al. (1991) the  
285 optimum iron dosage for the thermophilic *Clostridium Thermoaceticum* is 0.28-0.84 mg Fe/g  
286 COD<sub>substrate</sub>, which is about 2.5-5 times higher compared to mesophilic Clostridia. This is also in line  
287 with the results of Takashima et al. (2011), who found an iron demand for thermophilic systems that  
288 was 2.25 times higher than for mesophilic systems.

289 From the preceding information it can be concluded that mesophilic and thermophilic enzymes are  
290 similar in catalytic route, structure and enzymatic activity and that the trace element requirements for  
291 both mesophilic and thermophilic systems will increase if sludge loading rates (kg COD/kg VSS.day)  
292 increase (according to equation 2).

293 The proposed required amount of trace elements for thermophilic acidogenic and  
294 acetogenic/methanogenic systems are provided in tables 7 and 8. Values are given in microgram of  
295 micronutrient per gram biodegradable COD in the system. These values were determined following  
296 the same stepwise approach as for the mesophiles. If no data for thermophilic acidogens or  
297 methanogens could be found, the proposed amount for mesophilic acidogens or methanogens was  
298 used, multiplied by a factor of 3. For copper the same value as for the mesophilic systems was used  
299 without multiplication, because copper is very toxic (Lin and Chen, 1997; Sanchez et al., 1996).

300 Very little is known regarding the boron requirements for the growth of anaerobic bacteria and for  
301 Archaea these requirements have yet to be evaluated (Kabay et al., 2015). The growth of  
302 *Saccharomyces cerevisiae* is however, stimulated by boron (Bennett et al., 1999). Boron is in some  
303 cases also used for bacterial quorum-sensing (Chen et al., 2002). The addition of boron to the nutrient  
304 solution is by the experimenter's discretion.

## 305 **5 Specific conversion pathways depend on the presence of specific trace metals**

306 The proposed approach (above) to define the micronutrient solution is very general. It should be noted  
307 that different fermentation pathways may require a different composition of trace elements in solution.  
308 The section below describes some deviations from the general approach. Likely, the overview is far  
309 from complete, since many possible fermentation routes and their specific trace element requirements  
310 have not been reported in literature or are not yet known. If the specific described route is the  
311 dominant or preferred route, the required trace elements should be present in sufficient bio-available  
312 quantities. This means they should either be in solution, dissolving at a non-limiting rate, or be  
313 liberated, in sufficient quantities, during bio-degradation of the substrate.

314 The AD process can be interpreted as a sequence of four different microbial conversion steps;  
315 hydrolysis, acidogenesis, acetogenesis and finally methanogenesis (Metcalf, 2005). The specific  
316 conversion pathways in each of these steps depends on the presence of specific trace elements as  
317 illustrated below.

### 318 **5.1 Hydrolysis**

319 Hydrolysis is the process in which exo-enzymes and/or membrane bound enzymes convert complex  
320 particulate compounds into less complex dissolved compounds. The most important hydrolytic  
321 enzymes are cellulases, amylases, proteases and lipases and are produced by acidogenic bacteria. The  
322 working principle of these enzymes is discussed in depth in several papers (Brahmachari et al., 2017;  
323 Rao et al., 1998; Schwarz, 2001). The functioning of some of these hydrolytic enzymes also depends  
324 on trace metals. For cellulases this is calcium, which is amongst others, important for the folding of  
325 the cellulases (Brahmachari et al., 2017; Lytle et al., 2000; Schwarz, 2001). Amylases need in many  
326 cases calcium for their activity, structural integrity and stability (Brahmachari et al., 2017). For some  
327 proteases zinc, cobalt, manganese and/or calcium are essential, whereby the first three can stimulate  
328 the activity of amylases (Bertini and Luchinat, 1994; Holmes and Matthews, 1981; Latt et al., 1969;  
329 Jisha et al., 2013; Rao et al., 1998). Lipases generally don't require metals to function, but the lipase  
330 activity is in many cases stimulated by calcium (Gupta et al., 2004).

331  
332 To our knowledge there is no information present regarding the amount of produced hydrolytic  
333 enzymes by different bacteria during mixed culture fermentation or digestion, and thus the trace metals  
334 requirement regarding hydrolytic enzyme production is also difficult to estimate: further research on  
335 this topic is needed.



## 336 5.2 Acidogenesis

337 Acidogenesis is the step in which organic compounds are mainly converted into VFAs during  
338 microbiological processes. The conversion of organic compounds into acetate and butyrate is  
339 accompanied by hydrogen formation. This involves hydrogenases and therefore the trace elements  
340 iron, nickel, zinc, and selenium are important (see table 2).

341 In some cases, such as for some acetate-propionate producing *Selenomonas* strains, there is no  
342 production of hydrogen during fermentation (Scheifinger et al., 1975). Nonetheless, hydrogenases are  
343 involved in the production of propionate (Henderson, 1980). This means that the trace elements iron,  
344 nickel, zinc and selenium are still important. In addition to these elements, in some cases vitamin B<sub>12</sub>  
345 is also required for the production of propionate (Chen and Wolin, 1981; 1992). Vitamin B<sub>12</sub> is a  
346 cobalt containing vitamin. The bacteria *Selenomonas ruminantium* and *Megasphaera elsdenii* can  
347 produce vitamin B<sub>12</sub> independently and therefore, only need the supplementation of cobalt (Dryden et  
348 al., 1962a). Bacterium *Prevotella ruminicola*, however, is not capable of producing (enough) vitamin  
349 B<sub>12</sub> for itself (Chen and Wolin, 1981). In this case, the vitamin needs to be added or produced by other  
350 bacteria, e.g. *Selenomonas ruminantium*, in the culture. It has been observed that when insufficient  
351 vitamin B<sub>12</sub> is present succinate is produced instead of propionate (Chen and Wolin, 1981; Strobel,  
352 1992). Also other acidifiers have a vitamin or amino-acid requirement like several cellulolytic  
353 acidogens (Scott and Dehority, 1965) and *Megasphaera elsdenii* (Miura et al., 1980). An overview of  
354 several acidifiers having a vitamin or amino-acid requirement can be found in Hobson and Stewart  
355 (1997).

## 356 5.3 Acetogenesis

357 Acetogenesis comprises of microbiological processes where the products of fermentative bacteria are  
358 converted into acetate, hydrogen and carbon dioxide. To our knowledge only (part of) the trace  
359 element requirement of the syntrophic propionate oxidizer *Syntrophobacter fumaroxidans* is known,  
360 which requires iron, selenium and tungsten to produce formate dehydrogenases (de Bok et al., 2003),  
361 while analysis of other trace elements needed for acetogenesis is lacking: Therefore, further research is  
362 needed to obtain a better understanding of their trace metal requirements.

## 363 5.4 Methanogenesis

364 Methane can be formed via three different pathways; namely the hydrogenotrophic, methylotrophic  
365 and aceticlastic pathway (Glass and Orphan, 2012). The different pathways are explained below.

366

### 367 *Hydrogenotrophic pathway*

368 The formation of methane from H<sub>2</sub>/CO<sub>2</sub> and formate is called hydrogenotrophic methanogenesis.  
369 Important trace elements for the conversion of H<sub>2</sub>/CO<sub>2</sub> and formate to methane are iron, nickel, cobalt,  
370 selenium, molybdenum and tungsten (Banks et al., 2012; Espinosa, 1995; Jiang, 2006; Kim et al.,  
371 2002; Osuna et al., 2003; Öztürk, 1991; Plugge et al., 2009; Worm et al., 2009). This  
372 hydrogenotrophic pathway is sometimes found to be the dominant methane formation pathway, for  
373 example, in digesters with high ammonium concentrations (Angelidaki and Ahring, 1994; Demirel and  
374 Scherer, 2008; Gallert et al., 1998; Koster and Lettinga, 1984; Zinder, 1990).

375

### 376 *Methylotrophic pathway*

377 The direct formation of methane from methanol is called the methylotrophic pathway. Important trace  
378 elements for the conversion of methanol to methane are iron, zinc, nickel and especially cobalt  
379 (Fermoso et al., 2008; Florencio et al., 1994; Nishio et al., 1992; Zandvoort et al., 2002a; Zandvoort et  
380 al., 2002b; Zandvoort et al., 2004). For the direct conversion of methanol to methane the cobalt  
381 concentration should be in the range of 0.5-2 µM. However, at higher cobalt concentrations methanol  
382 degradation may proceed via acetate formation and subsequent aceticlastic methanogenesis, or via  
383 oxidation to CO<sub>2</sub> and H<sub>2</sub> followed by hydrogenotrophic methanogenesis, given that the H<sub>2</sub> partial  
384 pressure is low enough (Florencio et al., 1994; Jiang, 2006)

385

### 386 *Aceticlastic pathway*

387 The formation of methane from acetate by splitting the acetate molecule is called the aceticlastic  
388 pathway. Important trace elements for this conversion are iron, nickel, cobalt and zinc  
389 (Boonyakitsombut et al., 2002).  
390 In some cases selenium has a positive influence on the acetate conversion to methane (Banks et al.,  
391 2012). Acetate, however, can also be anaerobically oxidised to  $H_2/CO_2$  and then to methane (Cord-  
392 Ruwisch et al., 1988). In that case, the trace elements essential for the hydrogenotrophic pathway  
393 should be present in sufficient bio-available quantities. Unfortunately, the required trace elements for  
394 acetate oxidation are still unknown.

## 395 **6 Vitamins**

396 Many methanogenic archaea need vitamins if they are mono-cultured or cultured without acidifiers  
397 (Jarrell and Kalmokoff, 1988; Speece and McCarty, 1964; Wolin et al., 1963). Also some  
398 (cellulolytic) acidifiers and lactic bacteria require vitamins for growth (Bornstein and Barker, 1948;  
399 Mulder, 1990; Pritchard and Coolbear, 1993). However, it has been shown that bacteria can synthesize  
400 certain vitamins (Bechdel et al., 1928; Dryden et al., 1962b; Hill, 1997; LeBlanc et al., 2013; Scott and  
401 Dehority, 1965; Ye et al., 1996). Mixed culture fermentations often do not need additional vitamin  
402 supplementation to function. There is apparently a(n) (inter)dependency of bacteria and archaea  
403 regarding vitamins. The latter was already hypothesized by Thompson (1942).

404 Most anaerobic mixed cultures are self-sustaining with regard to vitamins and amino acids and a  
405 simple medium is sufficient (Mulder, 1990; Speece and McCarty, 1964). However, in some cases, e.g.  
406 when treating specific industrial wastewaters or in pure culture studies, the production of sufficient  
407 vitamins to sustain the biological processes are lacking (Bornstein and Barker, 1948; Jarrell and  
408 Kalmokoff, 1988; McCarty and Vath, 1962), although the specific required vitamins and/or amino-  
409 acids are often unknown in these processes. In these cases the use of yeast extract (YE) is advised,  
410 since this provides a cocktail of the necessary vitamins, amino-acids and trace elements for bacteria  
411 and methanogens (Gonzalez-Gil et al., 2003). It is proposed to use a YE addition of 0.05  
412 gYE/gCOD<sub>bio-influent</sub>. This can be specifically fine-tuned for each case. E.g. in cases where the  
413 requirements of the organism are known, it is advised to use the defined medium generally used to  
414 culture this specific organism. For example, lactic acid bacteria have exact nutritional requirements.  
415 The yeast extract (YE) requirement is about 0.15 gYE/gCOD<sub>bio-influent</sub> for lactic acid production without  
416 cell recycle, but only 0.04 gYE/gCOD<sub>bio-influent</sub> with cell recycle (Oh et al., 2003; Pritchard and  
417 Coolbear, 1993). *Clostridium kluyveri* achieves maximum growth rate at a YE concentration of about  
418 0.5 gYE/l, if acetate and ethanol are not limiting (Bornstein and Barker, 1948). In these cases the yeast  
419 extract dosing should be adjusted to the organism aimed for.

## 420 **7 Bio-availability of trace elements**

421 Trace element bio-availability in fermentation systems can be low because of the formation of  
422 precipitates. The solubility of trace metals is, in many cases, mainly determined by the concentrations  
423 of sulphide, carbonate and phosphate and to a lesser extent by hydroxide (Callander and Barford,  
424 1983a). Making a nutrient solution by mixing various compounds can lead to the loss of bio-  
425 availability of trace elements because they form new salts with lower aqueous solubility compared to  
426 the original constituent chemical compounds. This possibly leads to undesired precipitation of the  
427 elements (Allwood and Kearney, 1998; Gonzalez-Gil et al., 1999). Care should be taken when  
428 combining nutrients like trace elements and phosphates in concentrated media, which can form  
429 precipitates. Addition of chelating agents results in large reductions in the free element ion  
430 concentrations, but can still keep them available for the microbial population (Callander and Barford,  
431 1983a, 1983b). If the chelator concentration and stability constants are high enough, the free element  
432 ion concentration can be reduced to concentrations below the solubility products of sulphide,  
433 carbonate and phosphate, thereby preventing or inhibiting precipitation. Chelating agents also reduce  
434 the potential toxicity of soluble trace elements by chelating them (Agrawal et al., 2011; Milanovich et  
435 al., 1975). The most frequently used chelators are citric acid, Nitrilotriacetic acid (NTA) and

436 Ethylenediaminetetraacetic acid (EDTA), which are discussed separately below. Care must be taken  
437 when selecting which chelating agent to use because these agents can make trace elements more or  
438 less bio-available depending on the conditions. If the microorganism has an element binding agent that  
439 is stronger than the chelating agent, the element will be more bio-available, if not, it will be less bio-  
440 available. Callander and Barford (1983) proposed a method to calculate the soluble elements' ion  
441 concentrations. This proposed method works for defined media. However, with a complex medium  
442 (which contains (undefined) natural chelating compounds) there can be a significant discrepancy  
443 between the calculated level of free element ions and the measured amount of free element ions  
444 (Callander and Barford, 1983b). Therefore, it seems that organic ligands from microbial or vegetable  
445 origins; such as amino-acids, polypeptides and humic acids, probably play a major role in the bio-  
446 availability of trace elements (Callander and Barford, 1983b; Sillén et al., 1964; Speece, 1996). It is  
447 possible that over time an anaerobic process becomes able to generate, in sufficient amounts, the  
448 necessary chelators that make trace elements bio-available (Speece, 1996). Chelators produced by in  
449 situ microorganisms could be dependent on the specific sludge load and type of substrate that is used.  
450 Additional trace element supplementation has been shown to be beneficial when changing the  
451 substrate or during non-steady state conditions; such as a start-up, change in loading rate, or change of  
452 substrate (Henry et al., 1996). At higher temperatures the solubility product constant of carbonate and  
453 phosphate metal salts is in many cases lower (Braun, 1991; Friedfeld et al., 1998). Therefore, freely  
454 available metal concentrations are generally lower in thermophilic fermentation or anaerobic digestion  
455 systems compared to mesophilic systems, increasing the importance of (natural) chelators at elevated  
456 temperatures.

457  
458 As mentioned above, the most commonly used chelators are citric acid, NTA and EDTA. These  
459 chelators require at least two of the carboxylic acid groups to be dissociated before they can act as  
460 chelators (Rivers and Umney, 2003). For this reason, the different pKa values of citric acid, NTA and  
461 EDTA are provided in table 9.

462  
463 Each chelator has its advantages and disadvantages. An overview of the advantages and disadvantages  
464 of these three chelators is given in the following sections.

#### 465 *Citric acid*

466 Citric acid is a chelator which is very soluble (Dalman, 1937). To guarantee two dissociated  
467 carboxylic acid groups, the pH must be above 4.76, according to table 9. However, a great drawback  
468 of the use of citric acid, is that it can be (an)aerobically degraded (Aquino and Stuckey, 2007; Veeken,  
469 1999).

#### 470 *NTA*

471 Nitriilotriacetic acid (NTA) is a chelator that is hardly soluble in its acidic form. To increase the  
472 solubility of NTA and to let NTA chelate trace elements, the pH has to be increased to 6 or higher  
473 (Rivers and Umney, 2003). However, the pH shouldn't be too high because then the trace elements  
474 could precipitate as hydroxides over time (Rivers and Umney, 2003). Free NTA does not interfere  
475 with anaerobic digestion (Aquino and Stuckey, 2007). Although NTA is quite resistant to  
476 biodegradation it can be degraded given enough time (Nörtemann, 2005).

#### 477 *EDTA*

478 EDTA increases the bio-availability of trace elements. Addition of EDTA causes a reduction in the  
479 amount of trace elements that needs to be added (Vintiloiu et al., 2013) and also does not affect the  
480 activity of enzymes (Mahadevan et al., 1977). A drawback is that free EDTA can reduce the  
481 methanogenic production rate. It is suggested that this is because EDTA can act as a stronger chelator  
482 than the chelating sites on the cell surface (Aquino and Stuckey, 2007). EDTA can also chelate  
483 bivalent cations like  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$  which could possibly result in the reduction of biofilm and granule  
484 stability (Grotenhuis et al., 1991). Therefore, care should be taken to ensure that most EDTA is in its  
485 chelated form.

486  
487  
488  
489

490 Because of the degradability of citric acid, and the possibility of excessive chelation of trace elements  
491 and bivalent cations by EDTA, NTA is the preferred chelator to use in our opinion.

## 492 **8 Toxicity**

493 Trace elements are necessary, but at high concentrations they can become inhibitory or even toxic.  
494 (Nandan et al., 1990). Inhibition and/or toxicity is often caused by the chemical binding of trace  
495 elements to enzymes, resulting in disruption of the enzyme structure and consequently, inactivation of  
496 the enzyme itself (Vallee and Ulmer, 1972). The toxicity of trace elements depends on their chemical  
497 forms and their dissolved concentrations (Lin, 1993). Trace element toxicity can be reduced or  
498 prevented by chelation (Aquino and Stuckey, 2007; Babich and Stotzky, 1983). In flocculated or  
499 granular form, methanogens in anaerobic sludge show higher resistance to trace element toxicity in  
500 comparison to single cell cultures (Lin and Chen, 1997; Pedersen and Sayler, 1981). However,  
501 adaptation by the biomass culture to higher trace element concentrations can also occur over time  
502 (Chen et al., 2008). This may be the result of internal changes in the predominant species, or of a shift  
503 in the population (Chen et al., 2008).

504 Of the microorganisms involved in the anaerobic digestion process, methanogens are generally  
505 considered to be the most sensitive members of the anaerobic consortia to trace element toxicity (Feng  
506 et al., 2010). Acidogens are thought to be more resistant than methanogens (Zayed and Winter, 2000).  
507 In tables 10 and 11 an overview is provided of the literature resourced inhibitory concentrations for  
508 different trace elements for mesophilic acidogens and mesophilic methanogens. The inhibitory  
509 concentrations of trace elements for thermophilic systems is not presented due to a lack of  
510 information. For practical purposes, the inhibitory/toxic trace element concentration values for  
511 mesophilic systems can also be used for thermophilic systems.

512  
513 For both mesophilic acidogens and methanogens the trace element concentration at which inhibition  
514 started, as well as the IC<sub>50</sub> concentrations, were sourced from the literature. The 'concentration at  
515 which inhibition started' means the concentration at which a reduction of maximum growth rate starts  
516 to occur.

517 For iron, cobalt, zinc, manganese, molybdenum, selenium, tungsten and boron no concentrations at  
518 which inhibition started, and IC<sub>50</sub> concentrations for mesophilic acetogenic and methanogenic  
519 (suspended cell) cultures could be found.

520 If no information is present regarding the toxicity of a trace element, the value of the most inhibitory  
521 element can be used for that specific group. References indicate that the most inhibitory element for  
522 acidogens is nickel and for methanogens it is copper (Lin and Chen, 1997; Sanchez et al., 1996).

## 523 **9 Typical form of addition for the elements**

524 In table 12 an overview is given of the typical forms that are commonly used to supply the required  
525 macronutrients and trace elements.

526 Bacteria and Archaea require elemental sulphur. If sulphate is dosed it will be reduced to sulphide at  
527 the expense of available COD. Most organisms can use sulphide or cysteine and/or methionine to fulfil  
528 this requirement (Jarrell and Kalmokoff, 1988). However, sources of sulphur other than sulphide can  
529 result in lower growth rates (Daniels et al., 1984). Excess sulphide has however, amongst others, the  
530 disadvantage of promoting formation of H<sub>2</sub>S or sulphide precipitates, depending on the pH. The  
531 sulphide precipitates can cause issues such as fouling of electrode surfaces. Overdosing of sulphide  
532 should thus be avoided if possible.

## 533 **10 Conclusion**

534 Until now most published results on anaerobic digestion and fermentative conversions are not  
535 comparable because of the different nutrient media used. This review paper is an attempt to  
536 standardize the composition of nutrient media for growing anaerobic consortia. After an extensive  
537 review of current literature, it can be concluded that the required amount of macronutrients should be  
538 based on the biomass growth, while the required amount of trace metals should be based on the  
539 biodegradable COD concentration in the influent. A distinction can be made regarding nutrient  
540 requirements between anaerobic digestion and fermentative processes without the  
541 aceticlastic/methanogenic phase. It should be noted that thermophilic bacteria and archaea have a trace  
542 metal requirement, which is possibly a factor of 2 to 5 times higher than for mesophilic bacteria and  
543 archaea.

544 For stable operation of an anaerobic digester, an analysis should be made of the trace metals present in  
545 the organic waste(water) stream that will be treated to judge if additional trace metal dosage is  
546 required. If the substrate of a stable running digester is changed, the present microbial population has  
547 to adapt to this new substrate. During the adaptation period it is advised to add trace metals and  
548 vitamins during this adaptation period, where after this dosage could be slowly reduced. The same  
549 applies for fermentation, although addition of vitamins and amino-acids could lead to a change in  
550 fermentation product spectrum.

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557

## 558 **Conflict of Interest statement**

559 The authors report no conflict of interest.

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**Table 1**      **Macronutrients (adapted from Kayhanian and Rich (1995))**

<i>Macronutrients</i>		
<b>Element</b>	<b>Roles</b>	<b>Reference</b>
C	Carbon is a basic building block of bacterial cell material. If a carbon-containing compound is oxidized or reduced, the reaction generates energy. Because organic substrates are carbon-rich, carbon will generally not be a limiting nutrient.	(Takashima et al., 1990; Wang et al., 1979)
N	Nitrogen is the primary nutrient required for microbial synthesis of proteins.	(Takashima et al., 1990; Wang et al., 1979)
P	Phosphorus is amongst others involved in the synthesis of nucleic acids and of the energy carrier ADP/ATP	(Takashima et al., 1990; Wang et al., 1979)
K	Potassium is involved in the active transport of compounds across the bacterial membrane, e.g. the transport of nutrients and providing cation balancing.	(Takashima et al., 1990; Wang et al., 1979)
Na	Counter ions to cellular buffers, electrolytes and DNA, solutes for exchange and transport processes, energy generation	(Maret and Wedd, 2014)
S	Building block of cell materials, amino acids, and of numerous enzymes	(Bryant et al., 1971; Speece and McCarty, 1964; Wolfe, 1971; Zehnder and Wuhrmann, 1977)
Ca	Required for stability of methyltransferase and aggregation of cells, also required for stability and activity of cellulases, amylases, lipases and proteases	(Bertini and Luchinat, 1994; Brahmachari et al., 2017; Gupta et al., 2004; Holmes and Matthews, 1981; Latt et al., 1969; Lytle et al., 2000; Jisha et al., 2013; Rao et al., 1998; Schwarz, 2001; Van der Meijden et al., 1984)
Mg	Required for stability of methyltransferase, stimulate methyl-CoM reductase, methenyl-H <sub>4</sub> MPT cyclohydrolase	(Inatomi, 1986; Kenealy and Zeikus, 1982; Nelson and Ferry, 1984)

**Table 2** Micronutrients: elements in enzymes (adapted from Zandvoort et al. (2006))

Enzyme	Element	References
Superoxide dismutase	Cu, Fe, Zn, Mn	(Adams et al., 1986; Hughes and Poole, 1991; Kirby et al., 1981)
Hydrogenase (facultative anaerobes)	Cu	(Adams et al., 1986; Patel et al., 1993)
NO <sub>x</sub> reductase	Cu, Fe, Mo	(Ferguson, 1994; Schindelin et al., 1997)
Ammoniummonooxygenase	Cu	(Ensign et al., 1993)
Acetyl-CoA synthase	Cu, Ni, Fe	(Hausinger, 1987; Mulrooney and Hausinger, 2003; Seravalli et al., 2003; Thauer et al., 1980)
CO-dehydrogenase	Ni, Co, Fe	(Ferry, 1999; Schönheit et al., 1979b)
Methyl-CoM reductase (F <sub>430</sub> )	Ni, Zn	(Hausinger, 1994, 1987; Sauer and Thauer, 2000)
Urease	Ni	(Hausinger, 1994, 1986)
Stabilize DNA, RNA	Ni	(Hausinger, 1987; Thauer et al., 1980)
B <sub>12</sub> -enzymes, vitamin B <sub>12</sub> present in corrinoids	Co	(Beveridge and Doyle, 1989; Hendlin and Ruger, 1950)
Tetrachloroethene reductive dehalogenase	Co, Fe	(Neumann et al., 1996)
Methyltransferase	Co, Mn	(Beveridge and Doyle, 1989; Fisher et al., 1973; Perry and Silver, 1982)
Hydrogenase	Fe, Se, Zn, Ni	(Albracht, 1994; Brock, T. D. et al., 1984; Fauque et al., 1988; Hausinger, 1987; Jones and Stadtman, 1977; Patel et al., 1993; Sawers, 1994; Stadtman, 1980; Takashima et al., 1990)
Glycin reductase	Se	(Heider and Bock, 1993)
Formate dehydrogenase	Se, Fe, Zn, Mo, W	(Adams et al., 1986; Brock, T. D. et al., 1984; GÁ-rio et al., 1992; Kirby et al., 1981; Sawers, 1994; Schauer and Ferry, 1982)
Formylmethanofuran-dehydrogenase	W or Mo	(Bertram and Thauer, 1994; GÁ-rio et al., 1992; Zellner and Winter, 1987)
Aldehyde-oxoreductase, essential in acetogenic Clostridia	W or Mo	(White and Simon, 1992)
Essential in cytochrome	Fe	(Neumann et al., 1996)
Methane monooxygenase	Fe	(Lipscomb, 1994)
Nitrogenase	Fe	(Schindelin et al., 1997)
Proteases	Zi, Co, Mn	(Bertini and Luchinat, 1994; Holmes and Matthews, 1981; Latt et al., 1969; Jisha et al., 2013; Rao et al., 1998)

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**Table 3. General mesophilic and thermophilic biomass yields for the different anaerobic phases**

Phase	Mesophilic conditions		Thermophilic conditions	
	Yield (gVSS/g COD <sub>bio</sub> )	Reference	Yield (gVSS/g COD <sub>bio</sub> )	Reference
Hydrolysis and Acidogenic	≈0.15-0.18	(de Kok et al., 2013; Henze and Harremoës, 1983; Karadag and Puhakka, 2010; Silley and Armstrong, 1984; Wiegant, 1986)	≈0.1	(Oh et al., 2004)
Acetogenic and methanogenic	≈0.03-0.04	(Henze and Harremoës, 1983; Takashima and Speece, 1989; Zoetemeyer et al., 1982)	0.02-0.05	(Ahring and Westermann, 1985a; Clarens and Molleta, 1990)
Hydrolysis, acidogenic, acetogenic and methanogenic combined	≈0.18 – 0.22	(Borja et al., 1995; Henze and Harremoës, 1983; Pavlostathis and Giraldo-Gomez, 1991; Rittmann and McCarty, 2001; Takashima et al., 2011; Wolin et al., 1963)	≈0.06-0.09	(Borja et al., 1995; Takashima et al., 2011)

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**Table 4** Elemental composition biomass regarding the macronutrients from literature and proposed value to calculate required amount of macronutrients

Element	Unit	Value		References	Proposed value
		Minimum	Maximum		
C	mg/gVSS	315	374	(Scherer et al., 1983; Takashima and Speece, 1989; Tchobanoglous et al., 2003; Whitman et al., 1982)	-
N	mg/gVSS	80.8	108.8		109
P	mg/gVSS	4.3	23.8		24
K	mg/gVSS	1.1	42.5		42
Na	mg/gVSS	3	40.0		40
S	mg/gVSS	5.6	12		12
Ca	mg/gVSS	0.078	3.8		3.8
Mg	mg/gVSS	0.077	0.45		0.45

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**Table 5. Proposed trace element requirement for mesophilic acidogenic systems**

Trace element	Range in literature	References	Proposed value
	$\mu\text{g/g COD}_{\text{bio-influent}}$		$\mu\text{g/g COD}_{\text{bio-influent}}$
Iron	112-167	Qiang et al., 2012; Schönheit et al., 1979a; Takashima et al., 2011	165
Cobalt	0.7-14.2	Banks et al., 2012; Qiang et al., 2012; Takashima et al., 2011	14
Nickel	2.3-4.8	Qiang et al., 2012; Takashima et al., 2011	5
Zinc	29	Takashima et al., 2011	29
Copper	-	-	5
Manganese	-	-	3.75
Molybdenum	-	-	10.5
Selenium	-	-	48
Tungsten	-	-	1.65
Boron	-	-	0.057

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**Table 6. Proposed trace element requirements for mesophilic acetogenic/methanogenic systems**

Trace element	Range in literature	References	Proposed value	
	$\mu\text{g/g COD}_{\text{bio-influent}}$		$\mu\text{g/g COD}_{\text{bio-influent}}$	
Iron	21-84	Qiang et al., 2012; Scherer et al., 1983; Takashima and Speece, 1989; Weimer and Zeikus, 1978; Whitman et al., 1982; Zhang et al., 2003	84	
Cobalt	3.6-25	Florencio et al., 1994; Koster and Lettinga, 1984; Qiang et al., 2012; Scherer et al., 1983; Takashima and Speece, 1989; Weimer and Zeikus, 1978; Whitman et al., 1982; Zhang et al., 2003	5	25*
Nickel	0.9-5.4	(Scherer et al., 1983; Takashima and Speece, 1989)	5.4	
Zinc	0.7-18.9	Scherer et al., 1983; Takashima and Speece, 1989; Whitman et al., 1982; Zhang et al., 2003	19	
Copper	5-6.1	Scherer et al., 1983; Zhang et al., 2003	5	
Manganese	0.05-0.75	Scherer et al., 1983; Whitman et al., 1982	0.75	
Molybdenum	2.1	Scherer et al., 1983	2.1	
Selenium	9.6	Whitman et al., 1982	9.6	
Tungsten	0.02-0.33	Zellner and Winter, 1987	0.33	
Boron	0.0114	Whitman et al., 1982	0.0114	

\* The higher value of 25  $\mu\text{g/g COD}_{\text{bio-influent}}$  should only be used in the case of direct conversion of methanol into methane (Florencio et al., 1994)

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**Table 7. Proposed trace element requirement for thermophilic acidogenic systems**

Trace element	Range in literature	References	Proposed value
	$\mu\text{g/g COD}_{\text{bio-influent}}$		$\mu\text{g/g COD}_{\text{bio-influent}}$
Iron	230-840	Nishio et al., 1991; Qiang et al., 2013; Takashima et al., 2011	840
Cobalt	4.1-45	Qiang et al., 2013; Takashima et al., 2011	45
Nickel	1.8-19.6	Qiang et al., 2013; Takashima et al., 2011	19.6
Zinc	144	Takashima et al., 2011	144
Copper	-	-	5
Manganese	-	-	11.25
Molybdenum	-	-	31.5
Selenium	-	-	144
Tungsten	-	-	4.95
Boron	-	-	0.057

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**Table 8. Proposed trace element requirements for thermophilic acetogenic/methanogenic systems**

Trace element	Range in literature	References	Proposed value
	$\mu\text{g/g COD}_{\text{bio-influent}}$		$\mu\text{g/g COD}_{\text{bio-influent}}$
Iron	24.6-280	Duboc et al., 1995; Nishio et al., 1991; Qiang et al., 2013; Takashima et al., 2011	280
Cobalt	0.5-9	Duboc et al., 1995; Qiang et al., 2013; Schönheit et al., 1979b; Takashima et al., 2011	9
Nickel	27-29	Duboc et al., 1995; Qiang et al., 2013; Takashima et al., 2011	29
Zinc	1.8-96	Duboc et al., 1995; Takashima et al., 2011	96
Copper	-	-	5
Manganese	-	-	0.75
Molybdenum	-	-	6.3
Selenium	-	-	28.8
Tungsten	-	-	1
Boron	-	-	0.01

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**Table 9. pKa values of citric acid, NTA and EDTA (Rivers and Umney, 2003)**

<b>Chelating agent</b>	<b>pKa</b>
<i>Citric acid</i>	3.13
	4.76
	6.4
<i>NTA</i>	1.9
	2.5
	9.8
<i>EDTA</i>	2.0
	2.7
	6.2
	10.3

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**Table 10 Inhibitory concentrations trace elements at which inhibition started and IC<sub>50</sub> values for mesophilic acidogenic cultures**

Trace element	Range in literature (mg/l)		References	
	Start inhibition	IC <sub>50</sub>	Start inhibition	IC <sub>50</sub>
Iron	50- >100	-	Hubbert et al., 1958; Martinez and Church, 1970	-
Cobalt	0.6-7	-	Hubbert et al., 1958; Martinez and Church, 1970	-
Nickel	0.1-0.5	100 – 1300	Martinez and Church, 1970	(Forsberg, 1978; Li and Fang, 2007; Lin, 1993; Zheng and Yu, 2004)
Zinc	3.5-20	3.4 – 1500	Hubbert et al., 1958; Lin, 1993; Martinez and Church, 1970	(Forsberg, 1978; Li and Fang, 2007; Lin, 1993; Zheng and Yu, 2004)
Copper	0.5-1.0	0.7 – 350	Hubbert et al., 1958; Martinez and Church, 1970	(Forsberg, 1978; Li and Fang, 2007; Lin, 1993; Zheng and Yu, 2004)
Manganese	50-100	-	Martinez and Church, 1970	-
Molybdenum	500	-	Martinez and Church, 1970	-
Selenium	5	0.038 – 0.14	Martinez and Church, 1970	(Forsberg, 1978)
Boron	200	-	Martinez and Church, 1970	-

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**Table 11. Inhibitory concentrations trace elements at which inhibition started and IC<sub>50</sub> values for mesophilic acetogenic/methanogenic cultures**

Trace element	Range in literature (mg/l)		References	
	Start inhibition	IC <sub>50</sub>	Start inhibition	IC <sub>50</sub>
Nickel	1-5	1 – 1600	Ahring and Westermann, 1985b	(Ahring and Westermann, 1985b; Altaş, 2009; Fang and Chan, 1997; Fang and Hui, 1994, 1994; Lin and Chen, 1999, 1997; Lin, 1992, 1992)
Zinc	-	7.3 - 270	-	(Altaş, 2009; Fang and Chan, 1997; Fang and Hui, 1994, 1994; Lin and Chen, 1999, 1997; Lin, 1992, 1992)
Copper	1-10	1 - 175	Ahring and Westermann, 1985b	(Ahring and Westermann, 1985b; Altaş, 2009; Fang and Chan, 1997; Fang and Hui, 1994, 1994; Lin and Chen, 1999, 1997; Lin, 1992, 1992)

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**Table 12. Typical form of addition of elements (adapted from Krishna Ravuri (2013))**

<b>Element</b>	<b>Typical form of addition</b>
<i>Macronutrients</i>	
Nitrogen	NH <sub>3</sub> , NH <sub>4</sub> Cl, NH <sub>4</sub> HCO <sub>3</sub>
Phosphorus	NaH <sub>2</sub> PO <sub>4</sub>
Potassium	KCl
Sodium	NaCl, NaHCO <sub>3</sub>
Sulfur	Na <sub>2</sub> S, cysteine, -SO <sub>4</sub> salt
Calcium	CaCl <sub>2</sub>
Magnesium	MgCl <sub>2</sub> , MgSO <sub>4</sub>
<i>Trace elements</i>	
Iron	FeCl <sub>2</sub> , FeSO <sub>4</sub>
Cobalt	CoCl <sub>2</sub>
Nickel	NiCl <sub>2</sub>
Zinc	ZnCl <sub>2</sub> , ZnSO <sub>4</sub>
Copper	CuCl <sub>2</sub> ·2 H <sub>2</sub> O, CuSO <sub>4</sub>
Manganese	MnCl <sub>2</sub>
Molybdenum	NaMoO <sub>4</sub>
Selenium	Na <sub>2</sub> SeO <sub>3</sub>
Tungsten	NaWO <sub>4</sub>
Boron	H <sub>3</sub> BO <sub>3</sub>

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