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The Viral State Dynamics of the Discrete-Time NIMFA Epidemic Model

Bastian Prasse and Piet Van Mieghem

Abstract—The majority of research on epidemics relies on models which are formulated in continuous-time. However, processing real-world epidemic data and simulating epidemics is done digitally and the continuous-time epidemic models are usually approximated by discrete-time models. In general, there is no guarantee that properties of continuous-time epidemic models, such as the stability of equilibria, also hold for the respective discrete-time approximation. We analyse the discrete-time NIMFA epidemic model on directed networks with heterogeneous spreading parameters. In particular, we show that the viral state is increasing and does not overshoot the steady-state, the steady-state is exponentially stable, and we provide linear systems that bound the viral state evolution. Thus, the discrete-time NIMFA model succeeds to capture the qualitative behaviour of a viral spread and provides a powerful means to study real-world epidemics.

1 INTRODUCTION

Originating from the study of infectious human diseases [1], [2], epidemiology has evolved into a field with a broad spectrum of applications, such as the spread of computer viruses, opinions, or social media content [3], [4]. The mutual characteristic of epidemic phenomena is that they can be modelled by a viral infection, i.e. every individual is either infected (with the opinion, social media content, etc.) or healthy. An imperative element for epidemics is the infection of one individual by another, provided that the individuals are linked (for instance by physical proximity). The epidemic model that we consider in this work describes the spread of a virus on a higher level, by merging individuals with similar characteristics (such as residence or age) into groups.

We consider a contact network of $N$ nodes. At any time $t \geq 0$, each node $i$ has a viral state $v_i(t)$, which equals the fraction of infected individuals of group $i$. If a viral infection is possible from group $i$ to group $j$, then there is a directed link from node $i$ to node $j$. For instance, a node could correspond to a geographical region, the viral state $v_i(t)$ could be the ratio of infected individuals in region $i$ and a link could capture a significant flow of people between the respective regions. For node $i$, the continuous-time NIMFA model [5], [6] with heterogeneous spreading parameters describes the viral state evolution by

$$
\frac{dv_i(t)}{dt} = -\delta_i v_i(t) + (1 - v_i(t)) \sum_{j=1}^{N} \beta_{ij} v_j(t). \tag{1}
$$

Here, $\beta_{ij} \geq 0$ denotes the infection rate from group $j$ to group $i$ and $\delta_i > 0$ denotes the curing rate of group $i$. The directed link from node $j$ to node $i$ in the network is weighted by the infection rate $\beta_{ij}$. If $\beta_{ij} > 0$, then infections occur from group $j$ to group $i$. If $\beta_{ii} > 0$, then the members of the same group $i$ infect one another. The discrete-time NIMFA model is obtained from the continuous-time NIMFA (1) by applying Euler’s method [7], with sampling time $T > 0$, and the discrete-time curing and infection probabilities follow as $q_i = \delta_i T$ and $w_{ij} = \beta_{ij} T$, respectively. For the discretisation, the sampling time $T$ must be “sufficiently small”, which we state more precisely in Section 4.

Definition 1 (Discrete-Time NIMFA Model). The discrete-time NIMFA model is given by

$$
v_i[k + 1] = (1 - q_i)v_i[k] + (1 - v_i[k]) \sum_{j=1}^{N} w_{ij} v_j[k] \tag{2}
$$

for every group $i = 1, ..., N$, where $k \in \mathbb{N}$ denotes the discrete time slot, $q_i > 0$ is the discrete-time curing probability, and $w_{ij} \geq 0$ is the discrete-time infection probability from group $j$ to group $i$.

As vector equations, (2) reads

$$
v[k + 1] = \text{diag}(u - q)v[k] + \text{diag}(u - v[k])Wv[k], \tag{3}
$$

where the viral state vector at discrete time $k$ equals $v[k] = [v_1[k], ..., v_N[k]]^T$, the curing probability vector equals $q = [q_1, ..., q_N]^T$, the $N \times N$ infection probability matrix $W$ is composed of the elements $w_{ij}$, and $u$ is the $N \times 1$ all-one vector. The steady-state vector $v_\infty$ of the discrete-time NIMFA model (3) is significant, because it corresponds to the endemic state of the disease in the network.

Definition 2 (Steady-State Vector). The steady-state vector $v_\infty = [v_{\infty,1}, ..., v_{\infty,N}]^T$ is, if existent, the non-zero equilibrium of the discrete-time NIMFA model (2), which satisfies

$$
\sum_{j=1}^{N} w_{ij} v_{\infty,j} = q_i v_{\infty,i}, \quad i = 1, ..., N. \tag{4}
$$

2. Strictly speaking, the origin $v[k] = 0$ is always a steady-state of the NIMFA model (2). With slight abuse of notation, we only refer to the non-zero equilibrium $v_\infty$, but not to the zero equilibrium $v[k] = 0$, as steady-state.
We argue that the discrete-time NIMFA system (3) is (one of) the simplest epidemic models that meets the practical requirements of modelling real-world epidemics on networks. In particular, the NIMFA system succeeds to exhibit the following six properties, which are crucial for modelling and processing real-world epidemic data:

P1. Every node $i$ can be interpreted as a group of individuals. In theory, modelling an epidemic per individual may be more accurate than combining individuals into groups. However, it is infeasible in practice to determine the viral state of every individual at every time $t$. A more realistic approach is to sample a subset of individuals to obtain an estimate of the viral state of a group. Ideally, the individuals in a same group are exchangeable and indistinguishable.

P2. The viral state $v$ evolves in discrete time $k$, which is advantageous for two reasons. First, for the simulation of a viral spread, an implicit discretisation is performed for the majority of continuous-time epidemic models due to the absence of closed-form solutions for the viral state $v(t)$. Hence, a more accurate approach is to directly study the epidemic model in discrete-time. Second, data on real-world epidemics is collected periodically and discrete-time models circumvent the incomplete knowledge of the viral state of time spans between two measurements.

P3. Node $j$ infects node $i$ if there is a directed link from node $j$ to node $i$. More specifically, the NIMFA model (2) accounts for the infection from group $j$ to group $i$ by the term $(w_{ij}(1 - v_i[k])v_j[k])$, which is proportional to both the fraction $(1 - v_i[k])$ of healthy individuals of group $i$ at time $k$ and the fraction $v_j[k]$ of infected individuals of group $j$ at time $k$. The infection probability $w_{ij}$ measures the contact probability between group $i$ and $j$ (e.g., group $i$ and $j$ could be two geographical regions that are either adjacent or far apart).

P4. There is a curing term that opposes the infection of node $i$ by its neighbours. In particular, the curing term $(1 - q_i)v_i[k]$ of group $i$ in the NIMFA model (2) is proportional to the fraction $v_i[k]$ of infected individuals of group $i$. The curing probability $q_i$ measures the capacity of the group $i$ to heal from the virus (which can be heterogeneous since a group may, e.g., refer to either young or old individuals).

P5. There is a unique non-zero equilibrium $v_\infty$, which corresponds to the endemic state of the virus. Furthermore, if the disease does not die out, then the viral state $v$ approaches the endemic viral state $v_\infty$, i.e., $v[k] \to v_\infty$ for $k \to \infty$, which we show in this work. To the best of our knowledge, the convergence of the viral state $v(t)$ to the steady-state $v_\infty$ has only been shown [5], [10] for the continuous-time NIMFA model (1).

P6. The viral state is increasing, i.e., $v_i[k] > v_i[k - 1]$ for any node $i$ at any time $k$, provided that the disease does not die out and the initial viral state $v[1]$ is close to zero (almost disease-free), which we show in this work. The viral state $v_i$ of node $i$ often refers to cumulative variables in practical applications, which are increasing and close to zero at the beginning of the outbreak of the disease. For instance [9], the viral state $v_i[k]$ of node $i$ may refer to the fraction of deaths by cholera of group $i$ up to time $k$.

For real-world applications, the usefulness of an epidemic model does not reduce to solely satisfying the properties P1–P6. An epidemic model must additionally be capable of giving answers to questions which are relevant to practical use-cases. In particular, we identify three questions.

Q1. In view of the absence of a closed-form solution of the NIMFA difference equation (2), is there an approximate and simpler description of the viral state evolution? Of particular interest is a worst-case scenario of the viral spread, i.e., an upper bound of the viral state $v_i[k]$ for any node $i$ at any time $k$.

Q2. How quickly does the virus spread? I.e. how fast does the viral state $v[i]$ approach the steady-state $v_\infty$?

Q3. How to fit the NIMFA model (2) to real-world data? In applications, we do not (exactly) know the infection probability matrix $W$ or the curing probabilities $q$. In recent works [9], [11], efficient methods were derived for learning the spreading parameters $W, q$ of the NIMFA model (2) from viral state $v[k]$ observations. A great advantage for the estimation of the spreading parameters $q, W$ is the linearity of the NIMFA equations (2) with respect to $q, W$.

In this work, we answer the questions Q1 and Q2. In summary, the NIMFA system (2) is a well-behaved and powerful model, which can be fit to various epidemic data due to the full heterogeneity of the spreading parameters $W, q$. In Section 2, we review related work. The nomenclature and assumptions are introduced in Section 3 and Section 4, respectively. In Section 5, we analyse the viral state dynamics for large times $k$. We study the monotonicity of the viral state evolution in Section 6. In Section 7, we derive upper and lower bounds on the viral state dynamics.

2 Related Work

On the one hand, in [5], [8], [9], [11], [12], the continuous-time NIMFA model (1), and variants thereof, are considered as the exact description of the viral state evolution and every node $i$ corresponds to a group of individuals. We emphasise that the NIMFA equations (1) are a special case of the epidemic model which was originally proposed by Lakmanovich et al. [5].

On the other hand, in [6], [13], [14], the NIMFA model was derived as an approximation of the susceptible-infected-susceptible (SIS) epidemic process [3], [4] and “NIMFA” is an acronym for “N-Intertwined Mean-Field Approximation”. For the SIS process, every node $i$ is usually interpreted as a single individual.

The discrete-time NIMFA model with homogeneous spreading parameters has been studied in [9], [11], [15]. The
discrete-time NIMFA model (2) with fully heterogeneous spreading parameters has been proposed by Paré et al. [9], who showed that there is either one stable equilibrium, the healthy state \( v[k] = 0 \), or there are two equilibria, the healthy state and a steady-state \( v_\infty \) with positive components. Furthermore, the discrete-time NIMFA model (3) has been validated on data of real-world epidemics [9]. We are not aware of results that assess the stability of the steady-state \( v_\infty \) of the discrete-time NIMFA system (2). On the contrary, Ahn et al. [15] gave a counterexample for which the steady-state \( v_\infty \) of the NIMFA model (3) is unstable. In this work, we extend the analysis of Paré et al. [9] and we show that the steady-state \( v_\infty \) is exponentially stable, provided that the Assumptions in Section 4 hold true.

### 3 Nomenclature

For a square matrix \( M \), we denote the spectral radius by \( \rho(M) \) and the eigenvalue with the largest real part by \( \lambda_1(M) \). For two \( N \times 1 \) vectors \( y, z \), it holds \( y > z \) or \( y \geq z \) if \( y_i > z_i \) or \( y_i \geq z_i \), respectively, for every element \( i = 1, \ldots, N \). The minimum of the discrete-time curing probabilities is denoted by \( q_{\text{min}} = \min\{q_1, \ldots, q_N\} \). We define the \( N \times N \) matrix \( R \) as

\[
R = I - \text{diag}(q) + W.
\]

The principal eigenvector of the matrix \( R \) is denoted by \( x_1 \). Table 1 summarises the nomenclature.

### 4 Assumptions

**Assumption 1.** The curing probabilities are positive and the infection probabilities non-negative, i.e. \( q_i > 0 \) and \( w_{ij} \geq 0 \) for all nodes \( i, j \).

**Assumption 2.** For every node \( i = 1, \ldots, N \), the sampling time \( T > 0 \) satisfies

\[
T \leq T_{\text{max}} = \frac{1}{\delta_i + \sum_{j=1}^{N} \beta_{ij}}.
\]

The results of this work which rely on Assumption 2 hold true if the sampling time is sufficiently small, which we consider a rather technical assumption. The particular choice of the bound (6) is due to Lemma 3 in Section 5. Furthermore, we make the following assumption on the initial viral state \( v_1 \).

**Assumption 3.** For every node \( i = 1, \ldots, N \), it holds that \( 0 \leq v_1[i] \leq v_{\infty, i} \).

Assumption 3 is reasonable since the initial viral state \( v_1 \) of many real-world epidemics is almost disease-free. For instance, at the beginning of the periodic outbreak of the flu, every geographical region is almost healthy. As another example, consider the spread of content (e.g., a novel tweet or a post) on online social media. The beginning of the epidemic outbreak (at time \( k = 1 \)) would correspond to the first appearance of the online content. Hence, the viral state \( v_1 \), where node \( i \) refers to a group of users, is close to 0.

**Assumption 4.** The infection probability matrix \( W \) is irreducible.

Assumption 4 holds if and only if the infection probability matrix \( W \) corresponds to a strongly connected graph [4]. Finally, as shown in [9], Assumption 5 avoids the trivial viral dynamics in which the virus dies out.

**Assumption 5.** The spectral radius of the matrix \( R \) is greater than one, i.e. \( \rho(R) > 1 \).

### 5 Viral State Dynamics Close to the Steady-State

For completeness, we recapitulate the results of Paré et al. [9] on the equilibria and the stability of the healthy state [9].

**Theorem 1 ([9]).** Under Assumptions 1, 2 and 4, the following two statements hold true:

1) If \( \rho(R) \leq 1 \), then the healthy state \( v[k] = 0 \) is the only equilibrium of the discrete-time NIMFA model (3). Furthermore, \( v[k] \to 0 \) when \( k \to \infty \) for any initial viral state \( v[1] \) with \( 0 \leq v_1[i] \leq 1 \) for every node \( i \).

2) If \( \rho(R) > 1 \), then there are two equilibria of the discrete-time NIMFA model (3): The healthy state \( v[k] = 0 \) and a steady-state \( v_\infty \) with \( v_\infty[i] > 0 \) for every node \( i \).

The basic reproduction number \( R_0 \) of the NIMFA epidemic model [16] equals the spectral radius \( \rho(R) \). The NIMFA model with homogeneous spreading parameters [6], [17] assumes that there is a scalar curing rate \( \delta \) and a scalar infection rate \( \beta \) such that \( q_i = \delta \) and \( \beta_{ij} = \beta a_{ij} \) for all nodes \( i, j \), where \( a_{ij} \) denote the elements of a symmetric and irreducible zero-one adjacency matrix \( A \). For the NIMFA model with homogeneous spreading parameters, the condition \( \rho(R) \leq 1 \) simplifies to \( \tau \leq \tau_c^{(1)} \) with the effective infection rate \( \tau = \beta/\delta \) and the epidemic threshold \( \tau_c^{(1)} = 1/\lambda_1(A) \).

**Lemma 1.** Suppose that Assumptions 1, 2 and 4 hold. Then, the matrix \( R \) is irreducible and non-negative.

**Proof.** Appendix A.

Hence, it follows from the Perron-Frobenius Theorem [18] that, under Assumptions 1, 2 and 4, there is a real eigenvalue \( \lambda_1(R) \) of the matrix \( R \) which equals the spectral radius \( \rho(R) \) and that the principal eigenvector \( x_1 \) is positive.

We can generalise the bounds from [6], [13] for the steady-state vector \( v_\infty \) to the NIMFA model (2) with heterogeneous spreading parameters.

**Lemma 2.** Suppose that Assumptions 1, 2 and 5 hold. Then, the steady-state \( v_{\infty, i} \) of any node \( i \) is bounded by

\[
1 - \frac{q_i}{\sum_{j=1}^{N} w_{ij}} \leq v_{\infty, i} \leq 1 - \frac{q_i}{\sum_{j=1}^{N} w_{ij}}.
\]

**Proof.** Appendix B.

We denote the difference of the viral state \( v[k] \) to the steady state \( v_\infty \) by \( \Delta v[k] = v[k] - v_\infty \). By considering

4. In a strongly connected graph, there is a path from every node \( i \) to any other node \( j \).

5. Theorem 1 follows immediately from merging [9, Theorems 1-2 and Proposition 2].
Proposition 1 (NIMFA Equations as Difference to the Steady-State). Suppose that Assumptions 1, 2, 4 and 5 hold. Then, the difference $\Delta v[k] = v[k] - v_\infty$ from the viral state $v[k]$ to the steady state $v_\infty$ of the discrete-time NIMFA model (3) evolves according to

$$
\Delta v[k+1] = F \Delta v[k] - \text{diag}(\Delta v[k]) W \Delta v[k],
$$

where the $N \times N$ matrix $F$ is given by

$$
F = I + \text{diag} \left( \frac{q_1}{v_{\infty,1} - 1}, \ldots, \frac{q_N}{v_{\infty,N} - 1} \right) + \text{diag}(u - v_\infty) W.
$$

Proof. Appendix C.

For a sufficiently small sampling time $T$, Lemma 3 states that every element of matrix $F$ is non-negative.

Lemma 3. Suppose that Assumptions 1, 2, 4 and 5 hold. Then, the $N \times N$ matrix $F$ defined by (8) is non-negative, i.e., $(F)_{ij} \geq 0$ for every $i, j = 1, \ldots, N$.

Proof. Appendix D.

Furthermore, Proposition 1 leads to the following corollary.

Corollary 1. Suppose that Assumption 1–5 hold. Then, it holds that $v_i[k] \leq v_{\infty,i}$ for every node $i$ at every time $k \geq 1$.

Proof. Appendix E.

In other words, Corollary 1 states that the set $\mathcal{V} = \{v[0] \leq v_i \leq v_{\infty,i} \, | \, i = 1, \ldots, N\}$ is a positive invariant set [19] of the NIMFA model (2), i.e., if the initial viral state $v[1]$ is element of the set $\mathcal{V}$, then the viral state $v[k]$ will remain in the set $\mathcal{V}$ for $k \geq 1$. We emphasise that Corollary 1 does not imply that the viral state $v[k]$ increases monotonically.

To provide a graphical illustration of Corollary 1, we generate a random network with $N = 10$ nodes by creating a directed link $a_{ij} = 1$ from any node $j$ to any node $i$ with probability 0.25 and we repeat this network generation if the resulting network is not strongly connected. If $a_{ij} = 1$, then we set the infection probability $w_{ij}$ to a uniformly distributed random number in $[0,1]$ and, if $a_{ij} = 0$, then we set $w_{ij} = 0$. The curing probability $q_i$ for every node $i$ is set to a uniformly distributed random number in $[0.95c, 1.05c]$, where $c = 10$ is a constant. If the spectral radius $\rho(R) \leq 1 + 10^{-3}$, then we set the constant $c$ to $c/11$ and generate new curing probabilities $q$ and we repeat this generation of curing probabilities $q$ until $\rho(R) > 1 + 10^{-3}$. The sampling time $T$ is set to $T = T_{\text{max}}/10$, given by (6). For every node $i$, the initial viral state $v_i[1]$ is set to a uniformly distributed random number in $[0, 0.01v_{\infty,i}]$. Figure 1 depicts the resulting viral state traces $v_i[k]$ for every node $i$. As stated by Corollary 1, the viral state $v[k]$ approaches the steady state $v_\infty$ from below without overshooting, but the viral state $v[k]$ is not strictly increasing. The absence of overshoot is not evident, e.g., in a Markovian SIS process overshoot is possible [20].

For applications in which the initial viral state $v[1]$ is close to zero, the NIMFA equations (9) can be replaced by linear time-invariant (LTI) systems in two different regimes: On the one hand, it holds for small times $k$ that $v[k] \approx 0$. Hence, the representation (3) can be linearised around the origin $v[k] = 0$, which yields

$$
v[k+1] \approx Ru[k],
$$

for small times $k$. On the other hand, if the viral state $v[k]$ is close to the steady-state $v_\infty$, which implies $\Delta v[k] \approx 0$, then the representation (7) can be linearised around the origin.
The theorem states that under certain assumptions, the viral state $v[k]$ is globally strictly increasing if $v[k]$ is strictly increasing at every time $k \geq 1$.

**Lemma 4.** Under Assumptions 1–5, the viral state $v[k]$ is strictly increasing at time $k$ if the viral state $v[k-1]$ is strictly increasing at time $k - 1$.

**Proof.** Appendix G.

For any vector $y = (y_1, \ldots, y_N)^T$ we define $y^l = (y_1^l, \ldots, y_N^l)^T$. Theorem 3 states equivalent conditions to a globally strictly increasing viral state evolution.

**Theorem 3 (Monotonicity of the Viral State Evolution).** Suppose that Assumptions 1–5 hold. Then, the viral state $v[k]$ is globally strictly increasing if and only if one of the following two (equivalent) statements holds:

1) The initial viral state $v[1]$ satisfies

$$ (W - \text{diag}(q)) v[1] > \text{diag}(q) \sum_{i=2}^{\infty} v'[1]. \quad (11) $$

2) It holds

$$ (\text{diag}(u - v_\infty) W \text{diag}(u - v_\infty) - \text{diag}(q)) z > \text{diag}(q) \sum_{i=2}^{\infty} z^l, $$

where the $N \times 1$ vector $z$ is given by

$$ z_i = \frac{v[1] - v_{\infty,i}}{1 - v_{\infty,i}}, \quad i = 1, \ldots, N. $$

**Proof.** Appendix H.

For any scalar $y$ with $|y| < 1$, the geometric series $\sum_{j=2}^{\infty} y^j = \frac{y^2}{1-y^2}$ gives an alternative form of the right-hand sides of statement 1 and 2 of Theorem 3. From Theorem 3, we obtain a corollary which states sufficient conditions for a globally strictly increasing viral state.

**Corollary 2.** Suppose Assumptions 1–5 hold and that the initial viral state $v[1]$ equals either

$$ v[1] = \epsilon x_1 + \eta \quad (12) $$

or

$$ v[1] = (1- \epsilon) v_\infty + \eta $$

for some small $\epsilon > 0$ and an $N \times 1$ vector $\eta$ whose norm $\|\eta\|_2 = O(\epsilon^p)$ for some scalar $p > 1$ which is independent of $\epsilon$. Then, there exists an $\epsilon > 0$ such that the viral state $v[k]$ is globally strictly increasing.

**Proof.** Appendix I.

Numerical simulations show that if the initial viral state $v[1]$ approaches zero from an arbitrary direction, which differs from (12), then the viral state $v[k]$ is in general not globally strictly increasing. However, the simulations also indicate that, if the initial viral state $v[1]$ is small, then the viral state seems “almost” globally strictly increasing, which is illustrated by Figure 1 and motivates us to state Definition 4.
Definition 4 (Quasi-Increasing Viral State Evolution). Define $S_-$ as the set of times $k \geq 1$ at which the viral state $v[k]$ is not strictly increasing:

$$S_- = \{ k \in \mathbb{N} \mid \exists i : v_i[k] + 1 \leq v_i[k] \}.$$ 

Then, the viral state $v[k]$ is quasi-increasing with stringency $\epsilon$, if the set $S_-$ is finite and $\|v[k+1] - v[k]\|_2 \leq \epsilon$ for every time $k$ in $S_-$.  

Thus, a quasi-increasing viral state $v[k]$ is strictly increasing at every time $k$ not in the set $S_-$ and at the times $k$ in the finite set $S_-$, the viral state $v[k]$ is decreasing only within an $\epsilon$-stringency. For the viral state trace $v[k]$ depicted in Figure 1, the set $S_-$ equals $S_- = \{ 1, 2, \ldots, 165 \}$. Theorem 4 states that the viral state $v[k]$ is quasi-increasing with an arbitrarily small stringency $\epsilon$, provided that the initial viral state $v[1]$ is sufficiently small.

Theorem 4. Suppose that Assumptions 1–5 hold and that $v[1] \neq 0$. Then, for any $\epsilon > 0$ there is a $\delta(\epsilon)$ such that $\|v[1]\|_2 \leq \delta(\epsilon)$ implies that the viral state $v[k]$ is quasi-increasing with stringency $\epsilon$.

Proof. Appendix J.

7 BOUNDS ON THE VIRAL STATE DYNAMICS

Due to the non-linearity of the NIMFA equations (3), an analysis of the exact viral state evolution is challenging. However, it is possible to upper- and lower-bound the viral state $v[k]$ by LTI systems, which allows for an approximate analysis of the viral state evolution. As stated by Proposition 2, the linearisation (9) of the NIMFA model around zero directly yields an upper bound on the viral state $v[k]$.

Proposition 2 (First Upper Bound). Suppose that Assumptions 1–3 hold and define the LTI system

$$v_{ub}^{(1)}[k+1] = Rv_{ub}^{(1)}[k], \quad k \geq 1,$$

(13)

where the matrix $R$ is given by (5). If $v_{ub}^{(1)}[1] \geq v[1]$, then it holds that $v_{ub}^{(1)}[k] \geq v[k]$ at every time $k \geq 1$. If $\rho(R) \geq 1$, then the LTI system (13) is unstable. If $\rho(R) < 1$, then the LTI system (13) is asymptotically stable.

Proof. Appendix K.

In addition the upper bound in Proposition 2, the linearisation (10) of the NIMFA model around the steady-state $v_{\infty}$ yields another upper bound on the viral state $v[k]$, as stated by Proposition 3.

Proposition 3 (Second Upper Bound). Under Assumptions 1–5, denote an upper bound of the difference of the viral state $v[k]$ to the steady-state $v_{\infty}$ at time $k$ by $\Delta v_{ub}[k]$. Furthermore, define the LTI system

$$\Delta v_{ub}[k+1] = F \Delta v_{ub}[k], \quad k \geq 1,$$

(14)

where the $N \times N$ matrix $F$ is given by (8). Then, the following statements hold true:

1) If $\Delta v_{ub}[1] \geq \Delta v[1]$, then it holds that $\Delta v_{ub}[k] \geq \Delta v[k]$ at every time $k \geq 1$.

2) If $\Delta v_{ub}[1] \leq 0$, then it holds that $\Delta v_{ub}[k] \leq 0$ at every time $k$.

Proof. Appendix L.

Hence, the LTI system (14) yields the upper bound

$$v_{ub}^{(2)}[k] := \Delta v_{ub}[k] + v_{\infty} \geq v[k]$$

on the viral state $v[k]$ at every time $k$. If Assumption 3 holds and $\Delta v_{ub}[1] = \Delta v[1]$, then it holds that $0 \geq \Delta v_{ub}[k] \geq \Delta v[k]$ for every time $k$. Thus, the convergence of $\Delta v[k]$ to 0 implies the convergence of $\Delta v_{ub}[k]$ to 0. The upper bound of Proposition 2 is tight when the viral state $v[k]$ is small and the upper bound of Proposition 3 is tight when the viral state $v[k]$ is close to the steady-state $v_{\infty}$. We combine Propositions 2 and 3 to obtain a tighter upper bound, for every node $i = 1, \ldots, N$, as

$$v_{ub,i}[k] := \min\{v_{ub}^{(1)}[i], v_{ub}^{(2)}[i]\}. \quad (15)$$

Finally, Proposition 4 provides a lower bound on the viral state $v[k]$.

Proposition 4 (Lower Bound). Suppose that Assumptions 1–5 hold and let there be an $N \times 1$ vector $v_{\min} > 0$ such that $v[k] \geq v_{\min}$ holds at every time $k \geq 1$. Furthermore, let $\Delta v_{lb}[1] = \Delta v[1]$ and define the LTI system

$$\Delta v_{lb}[k+1] = F_{lb} \Delta v_{lb}[k], \quad k \geq 1,$$

(16)

where the $N \times N$ matrix $F_{lb}$ is given by

$$F_{lb} = I + \text{diag} \left( \frac{q_1}{v_{\infty,1} - 1}, \ldots, \frac{q_N}{v_{\infty,N} - 1} \right)$$

$$+ \text{diag} (u - v_{\min}) W.$$ 

Then, the following statements hold true:

1) It holds that $\Delta v_{lb}[k] \leq \Delta v[k] \leq 0$ at every time $k \geq 1$.

2) Denote $\gamma = \min\{v_{\min,1}, \ldots, v_{\min,N}\}$. Then, it holds

$$\Delta v_{lb}[k] \geq -\left( 1 - q_{\min} \frac{\gamma}{1 - \gamma} \right)^{k-1} v_{\infty}.$$ 

Hence, $\Delta v_{lb}[k] \rightarrow 0$ when $k \rightarrow \infty$.

Proof. Appendix M.

Hence, the LTI system (16) yields the lower bound

$$v_{lb}[k] := \Delta v_{lb}[k] + v_{\infty} \leq v[k]$$

(17)

on the viral state $v[k]$ at every time $k$. In particular, if the viral state $v[k]$ is globally strictly increasing, as discussed in Section 6, then the vector $v_{\min}$ can be chosen as $v_{\min} = v[1]$. Lemma 5 ensures the existence of a vector $v_{\min} > 0$ for every initial viral state $v[1] \neq 0$, which can be applied to Proposition 4.

Lemma 5. Suppose that Assumptions 1–5 hold. Then, for any initial viral state $v[1] > 0$, there exists an $N \times 1$ vector $v_{\min} > 0$ such that $v[k] \geq v_{\min}$ holds at every time $k \geq 1$. Furthermore, for any initial viral state $v[1] \neq 0$, there exists an $N \times 1$ vector $v_{\min} > 0$ such that $v[k] \geq v_{\min}$ holds at every time $k \geq N - 1$.

Proof. Appendix N.

Proposition 4 and Lemma 5 guarantee the existence of an LTI system (16) that lower-bounds the viral state $v[k]$. Thus, the viral state $v[k]$ converges to the steady-state $v_{\infty}$ exponentially fast:

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Corollary 3 (Steady-State is Exponentially Stable). Suppose that Assumptions 1–5 hold. Then, for any initial viral state \(v[1] \neq 0\) there exist constants \(\alpha < 1\) and \(k^* \leq N - 1\) such that

\[
\|v[k] - v_\infty\|_2 \leq \|v_\infty\|_2 \alpha^{k-1} \quad \forall k \geq k^*.
\]

(18)

If the initial viral state \(v[1] > 0\), then the constant \(k^*\) can be set to \(k^* = 1\). Furthermore, if the viral state \(v[k]\) is globally strictly increasing (cf. Theorem 3) and \(v[1] > 0\), then (18) is satisfied for

\[
\alpha = 1 - q_{\min} \frac{\gamma}{1 - \gamma},
\]

(19)

where \(\gamma = \min\{v[1], \ldots, v[N][1]\}\).

Proof. Appendix O.

It is an open problem whether the steady-state \(v_\infty\) is exponentially stable for initial viral states \(v[1]\) that do not satisfy Assumption 3. In the susceptible-infected-susceptible (SIS) epidemic process [3], [21], the hitting time \(T_{H,n}\) is the first time when the SIS process reaches a state with \(n\) infected nodes. As argued in [22], the average hitting time \(E[T_{H,n}]\) scales exponentially with respect to the number \(n\) of infected nodes, which is in agreement with the exponential convergence to the steady state \(v_\infty\) for the NIMFA epidemic model.

We provide a numerical evaluation of the upper bound \(v_{ub}[k]\), given by (15), and the lower bound \(v_{lb}[k]\), given by (17). We generate a directed Erdős-Rényi random graph with \(N = 500\) nodes by creating a directed link \(a_{ij} = 1\) from any node \(j\) to any node \(i\) with link probability 0.05. We generate another graph if the resulting graph is not strongly connected. If \(a_{ij} = 1\), then we set the infection probability \(w_{ij}\) to a uniformly distributed random number in \([0, 1]\) and, if \(a_{ij} = 0\), then we set \(w_{ij}\) to 0. The curing probability \(q_i\) for every node \(i\) is set to a uniformly distributed random number in \([0.95c, 1.05c]\), where \(c = 10\) is a constant. If the spectral radius \(\rho(R) \leq 1 + 10^{-5}\), then we set the constant \(c\) to \(c/1.005\) and generate new curing probabilities \(q_i\) and we repeat this generation of curing probabilities \(q_i\) until \(\rho(R) > 1 + 10^{-5}\). The sampling time \(T\) is set to \(T = T_{\text{max}}/20\), given by (6). For every node \(i\), the initial viral state \(v_i[1]\) is set to a uniformly distributed random number \([0, 0.1v_\infty,i]\).

We initialise the bounds \(v_{lb}[k]\) and \(v_{ub}[k]\) on the viral state \(v[k]\) at different bound-initialisation times \(k_0 \geq 1\), i.e., \(v_{lb}[k_0] = v[k_0] = v_{ub}[k_0]\). To obtain the lower bound \(v_{lb}[k]\), we set the vector \(v_{\min}\) of Proposition 4 to

\[
v_{\min,i} = \min_{k \geq k_0} v_i[k], \quad i = 1, \ldots, N.
\]

We emphasise that if \(v_i[k_0] > v_i[k_0 - 1]\) holds for every node \(i\), then the vector \(v_{\min}\) becomes \(v_{\min} = v[k_0]\) due to Lemma 4.

Figure 2 illustrates that, for a small bound-initialisation time \(k_0\), the upper bound \(v_{ub}[k]\) results in a reasonable fit, whereas the lower bound \(v_{lb}[k]\) does not perform well. If the bound-initialisation time \(k_0\) is greater, then both bounds \(v_{lb}[k]\) and \(v_{ub}[k]\) give a tight fit to the exact viral state \(v[k]\).

For an SIS process, the spreading time [23] is another measure for the time of convergence to the metastable state. For the spreading time, the convergence to the metastable state is defined differently for every realisation of the same SIS epidemic process. Hence, the spreading time is subject to random fluctuations, which approximately follow a lognormal distribution [22], contrary to the deterministic NIMFA model (2) and the average hitting time \(E[T_{H,n}]\) of an SIS process.

8 Conclusions

In this work, we analysed the discrete-time NIMFA epidemic model with heterogeneous spreading parameters on
directed graphs. Our contribution is threefold. First, we proved that the steady-state $v_\infty$ is asymptotically stable and we showed that the viral state $v[k]$ approaches the steady-state $v_\infty$ without overshooting. Second, provided that the initial viral state $v[1]$ is sufficiently small, we showed that the viral state $v[k]$ is increasing. Third, we derived linear systems that give upper and lower bounds on the viral state $v[k]$ and we proved that the viral state $v[k]$ converges to the steady-state $v_\infty$ exponentially fast.

The properties listed as the first and second contribution are phenomena that occur in many real-world epidemics, in particular when the viral state $v[k]$ refers to a cumulative variable (for instance, a fraction of individuals that have shared particular online social media content up to time $k$).

In conclusion, we have shown that the discrete-time NIMFA epidemic model captures the qualitative behaviour of real-world epidemics in which the virus reaches an endemic state. Furthermore, since the spreading parameters are heterogeneous and the underlying contact network is directed, the NIMFA model has a vast parameter space and can be fitted to various real-world epidemic data, which allows for quantitative predictions of the viral state evolution.

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