Biexcitons in highly excited CdSe nanoplatelets

Flórez, F. García; Siebbeles, Laurens D.A.; Stoof, H. T.C.

DOI

[10.1103/PhysRevB.102.115302](https://doi.org/10.1103/PhysRevB.102.115302)

Publication date

2020

Document Version

Final published version

Published in

Physical Review B

Citation (APA)

Flórez, F. G., Siebbeles, L. D. A., & Stoof, H. T. C. (2020). Biexcitons in highly excited CdSe nanoplatelets. *Physical Review B*, 102(11), [115302]. <https://doi.org/10.1103/PhysRevB.102.115302>

Important note

To cite this publication, please use the final published version (if applicable).
Please check the document version above.

Copyright

Other than for strictly personal use, it is not permitted to download, forward or distribute the text or part of it, without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license such as Creative Commons.

Takedown policy

Please contact us and provide details if you believe this document breaches copyrights.
We will remove access to the work immediately and investigate your claim.

Biexcitons in highly excited CdSe nanoplatelets

F. García Flórez^{1,*}, Laurens D. A. Siebbeles^{2,†} and H. T. C. Stoof^{1,‡}¹*Institute for Theoretical Physics and Center for Extreme Matter and Emergent Phenomena, Utrecht University, Princetonplein 5, 3584 CC Utrecht, The Netherlands*²*Optoelectronic Materials Section, Department of Chemical Engineering, Delft University of Technology, Van der Maasweg 9, 2629 HZ, Delft, The Netherlands*

(Received 1 April 2020; revised 20 July 2020; accepted 3 August 2020; published 8 September 2020)

We present the phase diagram of free charges (electrons and holes), excitons, and biexcitons in highly excited CdSe nanoplatelets that predicts a crossover to a biexciton-dominated region at easily attainable low temperatures or high photoexcitation densities. Our findings extend previous work describing only free charges and excitons by introducing biexcitons into the equation of state, while keeping the exciton and biexciton binding energies constant in view of the relatively low density of free charges in this material. Our predictions are experimentally testable in the near future and offer the prospect of creating a quantum degenerate, and possibly even superfluid, biexciton gas. Furthermore, we also provide simple expressions giving analytical insight into the regimes of photoexcitation densities and temperatures in which excitons and biexcitons dominate the response of the nanoplatelets.

DOI: [10.1103/PhysRevB.102.115302](https://doi.org/10.1103/PhysRevB.102.115302)

I. INTRODUCTION

Biexcitons, that is, bound states of two excitons, have been extensively studied in the literature both theoretically and experimentally in various materials and under different conditions [1–15]. In particular, the study of the optical properties of excitons and biexcitons has received much attention in recent years, first to understand the underlying physics, and later towards possible new applications [16–27]. Of special interest are biexciton-mediated lasing applications due to the benefits brought about by the characteristics of biexcitons such as low thresholds and room-temperature utilization as a result of enhanced Coulomb interactions in low dimensions [28–39]. Furthermore, ever since two-dimensional semiconductors became easily manufactured, for instance by chemical vapor deposition and colloidal self-assembled growth, they have been increasingly the object of study for the development of optoelectronic devices [40–50].

Even though excitons and biexcitons have been thoroughly experimented with, especially in three-dimensional semiconductors, it was not until recently that an unexpected stability of excitons in two-dimensional CdSe nanoplatelets at high densities was observed, which was, in turn, explained by the rather unimportant screening effects of the free charges in this case [51,52]. Note that these recent experiments [51] clearly show that the physics of excitons in two-dimensional semiconductors is significantly different from that in three dimensions, as, for example, described in Ref. [53]. The most important differences are discussed in Ref. [52]. Armed with

this newfound understanding, it follows that the formation of more complex species is very likely as well. Having established that in the low-density regime screening alone does not unbind excitons, which would result in an electron-hole plasma regime, the thermodynamical description of the phase diagram of highly excited CdSe nanoplatelets may be extended via the introduction of another species: an ideal gas of biexcitons, described similarly as excitons. Biexcitons are complexes that form due to the not particularly strong attraction between excitons, represented by the symbol X , which are analogous to hydrogen molecules and in turn are represented by X_2 . To obtain results suitable for experimental exploration, we restrict our discussion to pump-probe experiments, in which the pump laser optically excites electrons and holes equally, that is, $n_q \equiv n_e = n_h$ where n_q is half the density of free charges, and n_e and n_h are the density of electrons and holes, respectively. After a short period of thermalization the system reaches a chemical (quasi) equilibrium regime, in which a given photoexcitation density thus satisfies $n_\gamma \equiv n_q + n_X + 2n_{X_2}$, where n_X is the density of excitons, and n_{X_2} is that of biexcitons.

With the purpose of better understanding the overall picture regarding the fraction of free charges q , excitons X , and biexcitons X_2 we present in Fig. 1 a phase diagram in terms of temperature T and photoexcitation density scaled by the exciton Bohr area $n_\gamma a_0^2$, color coded to represent each species. Figure 1 shows three different regions in which each species dominates, following a clear trend from high temperatures and low density to low temperatures and high density, with a smooth crossover connecting each region. It is promising for experiments that merely lowering the temperature from $T \simeq 300$ K to just $T \simeq 100$ K at the densities explored by Ref. [51] is well enough to reach the biexciton-dominated regime. Moreover, the squares (◆) dotted line represents the

*f.garciaflores@uu.nl

†l.d.a.siebbeles@tudelft.nl

‡h.t.c.stoof@uu.nl

FIG. 1. Fraction of free charges (red, top left, label q), excitons (green, middle, label X), and biexcitons (blue, bottom right, label X_2), as a function of temperature T and photoexcitation density scaled by the (three-dimensional) exciton Bohr radius squared $n_\gamma a_0^2$. The white horizontal solid line corresponds to the region experimentally explored in Ref. [51], at the constant temperature $T = 294$ K. The white dashed line marks the points for which the density of excitons and biexcitons is equal. The squares ($\blacklozenge$, from bottom to right) dotted line represents the photoexcitation density above which biexcitons become quantum degenerate. The circles ($\bullet$, from right to top) dotted line represents the photoexcitation density above which excitons are expected to show signs of quantum degeneracy.

photoexcitation density and temperature at which biexcitons become quantum degenerate, that is, it represents (a lower bound for) the Kosterlitz-Thouless transition to the superfluid regime at high-enough densities, thus requiring the use of quantum statistics for the bosonic species of interest [54]. Note that excitons are also expected to become quantum degenerate. However, in the specific case of CdSe nanoplatelets it occurs at densities too high to be seen in Fig. 1. Therefore, in Fig. 1 we only indicate this tendency with the circles ($\bullet$) dotted line, which represents the photoexcitation density above which excitons are expected to show signs of quantum degeneracy.

Our paper is organized as follows. Section II presents a thermodynamical description of the system, which we use then in Sec. III to compute the density of free charges n_q , density of excitons n_X , and density of biexcitons n_{X_2} as a function of the photoexcitation density n_γ and temperature T . Lastly, Sec. IV summarizes our findings, delves into some of the approximations used, and gives an outlook on future endeavors.

II. EQUATION OF STATE

Given that excitons stay bound even at rather high densities in two-dimensional semiconductors [52], a simple thermodynamical model involving three coupled ideal gases (electrons, holes, and excitons) is an adequate description for the photoexcitation densities at room-temperature explored by Ref. [51]. However, at higher photoexcitation density or lower temperature, a fourth species has to be incorporated: the

biexcitons. Because experimental results show that screening effects are negligible in CdSe nanoplatelets, we provide a consistent approach by considering both the energy level of the exciton state E_X and that of the biexciton state E_{X_2} as constants, i.e., independent of the density of free charges. This is justified by the result for excitons obtained in Ref. [52], where it was found that at room temperature E_X varies only from -193 to -177 meV for the photoexcitation densities considered. Note that these energies are by definition negative. By coupling together well-known expressions for the density of an ideal gas given its chemical potential, we define the following thermodynamical equilibrium model. It includes two ideal gases of fermions, i.e., electrons and holes, and two ideal gases of bosons, i.e., excitons and biexcitons. Writing the equations for the density of each species explicitly, we have

$$n_q = g_s \frac{m_e k_B T}{2\pi \hbar^2} \ln(1 + e^{\mu_e/k_B T}) \quad (1)$$

$$= g_s \frac{m_h k_B T}{2\pi \hbar^2} \ln(1 + e^{\mu_h/k_B T}) ,$$

$$n_X = -g_s^2 \frac{m_X k_B T}{2\pi \hbar^2} \ln(1 - e^{(\mu_X - E_X)/k_B T}) , \quad (2)$$

$$n_{X_2} = -\frac{m_{X_2} k_B T}{2\pi \hbar^2} \ln(1 - e^{(2\mu_X - 2E_X - E_{X_2})/k_B T}) . \quad (3)$$

Here $m_X = m_e + m_h$ is the mass of the exciton and $m_{X_2} = 2m_X$ that of the biexciton. The chemical potential for excitons is $\mu_X = \mu_e + \mu_h$, and that of biexcitons is $\mu_{X_2} = 2\mu_X$. Furthermore, these densities together give the photoexcitation density as $n_\gamma \equiv n_q + n_X + 2n_{X_2}$. Here we introduced the number of degenerate spin states, that is, with the same energy, $g_s = 2$ of electrons ($|\uparrow\rangle$ and $|\downarrow\rangle$) and holes ($|\uparrow\rangle$ and $|\downarrow\rangle$), and correspondingly $g_s^2 = 4$ for excitons ($|\uparrow\uparrow\rangle$, $|\uparrow\downarrow\rangle$, $|\downarrow\uparrow\rangle$, and $|\downarrow\downarrow\rangle$). Notice that in the case of biexcitons we consider instead a nondegenerate ground state, analogously to hydrogen molecules for which only one combination of spins corresponds to the ground state, that is, the singlet-singlet combination $(|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) \times (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)/2$. Given the experimental data presented in Ref. [51] it is possible to set an upper bound for the number of biexciton states involved in the thermodynamics, since a large number of states is not compatible with the measured data. For simplicity we have taken only the ground state into account, however, it is important to remember that there may be one or two other biexciton states involved that would slightly change our results. To correctly account for the quantum behavior of excitons and biexcitons, Eqs. (1)–(3) are obtained using quantum statistics, that is, using the Fermi-Dirac and Bose-Einstein distributions. Section III presents a more in-depth discussion showing that at high-enough photoexcitation density both excitons and biexcitons are correctly described only by using quantum statistics.

To stay close to experiments, our results are obtained for the CdSe nanoplatelets of 4.5 monolayers studied by Ref. [51], which sets $m_e = 0.27 m_0$ and $m_h = 0.45 m_0$ as the effective electron and hole masses, with m_0 the bare electron mass, corresponding to the $n = 4$ case in Ref. [55]. Concerning the exciton and biexciton energy levels, these are fixed to the low density values measured by Ref. [51], i.e., $E_X = -193$ meV and $E_{X_2} = -45$ meV, with the

corresponding (three-dimensional) exciton Bohr radius $a_0 = 2.16$ nm computed as in Refs. [52,56]. Note again that we do not consider changes in E_X due to screening by free charges, as shown by the experimental results obtained for CdSe nanoplatelets. Since excitons do not break down even at rather high photoexcitation density, screening does not change the qualitative picture presented in Fig. 1, and consequently our prediction is not significantly affected by expectedly lower values of E_X or E_{X_2} .

Because of the equal density of electrons and holes, Eq. (1) yields for the relation between the chemical potential of electrons μ_e and that of the holes μ_h that

$$\mu_h(\mu_e) = k_B T \ln \left((1 + e^{\mu_e/k_B T})^{\frac{m_e}{m_h}} - 1 \right), \quad (4)$$

where we used

$$\mu_\alpha(n_q) = k_B T \ln \left(e^{\frac{\pi \hbar^2}{m_\alpha k_B T} n_q} - 1 \right) \quad (5)$$

for $\alpha = e, h$. Notice that in the case of $m_e = m_h$, both chemical potentials reduce to the same value. Moreover, because each photon creates exactly one electron-hole pair the photoexcitation density n_γ is half the total density of charges, both free and bound in excitons and biexcitons. Therefore, a given value of the photoexcitation density at a fixed temperature corresponds to a specific value for each density n_q , n_X , and n_{X_2} .

III. PHASE DIAGRAM

Let us analyze in more detail the phase diagram presented in Fig. 1. Each species is represented with a color: red for free charges, green for excitons, and blue for biexcitons, with labels q , X , and X_2 , respectively. Then the final color-coded plot is obtained from the fraction of each species $\mathcal{Q}$ in relation to the others, labeled by $\mathcal{X}_\mathcal{Q}$ and defined as

$$\mathcal{X}_\mathcal{Q} \equiv \frac{n_\mathcal{Q}}{n_q + n_X + n_{X_2}}, \quad (6)$$

where $\mathcal{Q}$ is q , X , or X_2 .

Keeping that in mind, in Fig. 1 there are three clearly defined regions where each one of the three species dominates: q , X , and X_2 ; as well as two crossovers connecting them: $q \leftrightarrow X$ and $X \leftrightarrow X_2$. Notice in particular that as the photoexcitation density increases, or the temperature lowers, a biexciton-dominated regime is always reached, which is a direct consequence of the stability of excitons, and consequently biexcitons, in CdSe nanoplatelets. To study the behavior of each species in detail, Figs. 2–4, respectively, show the fraction of free charges $\mathcal{X}_q$, that of excitons $\mathcal{X}_X$, and that of biexcitons $\mathcal{X}_{X_2}$.

Figure 2 shows that the contribution from free charges to the overall picture is effectively negligible for most of the densities and temperatures considered. Free charges are the dominant species only in the upper left corner, however, notice that the highest density n_q is found in the upper right corner, i.e., at high photoexcitation density and high temperature. Furthermore, the region of the phase diagram that we are most interested in is the region around room temperature or below, in which biexcitons are mostly formed. Since any screening, which would lower the energy of the exciton E_X or biexciton E_{X_2} , is relatively constant at these temperatures due to the

FIG. 2. Fraction of free charges $\mathcal{X}_q$ as a function of temperature T and photoexcitation density scaled by the exciton Bohr area $n_\gamma a_0^2$. The maximum number of free charges per Bohr area is $n_q a_0^2 \simeq 0.1$, with $a_0^2 = 4.68$ nm², obtained in the upper right corner.

saturation of free charges, it may be effectively taken into account by using a slightly less negative value of E_X and E_{X_2} , obtained either from experiments or theoretical calculations [52]. Therefore such a change in the energy would in principle slightly shift the regions towards the right and down, since excitons and biexcitons would be easier to unbind.

Figure 3 shows noticeably different results at high photoexcitation density when compared to the biexciton-less model. Due to the presence of biexcitons, the density of excitons also saturates once the biexciton-dominated regime is reached, analogously to the behavior of free charges in the $q \leftrightarrow X$ crossover. This is a consequence of the energy level of the biexciton state being more negative than that of two unbound excitons, and thus at high photoexcitation density

FIG. 3. Fraction of excitons $\mathcal{X}_X$ as a function of temperature T and photoexcitation density scaled by the exciton Bohr area $n_\gamma a_0^2$. The dashed line is computed using Eqs. (8) and (9). The maximum number of excitons per Bohr area is $n_X a_0^2 \simeq 1$, with $a_0^2 = 4.68$ nm², obtained in the upper right corner.

FIG. 4. Fraction of biexcitons $\mathcal{X}_{X_2}$ as a function of temperature T and photoexcitation density scaled by the exciton Bohr area $n_\gamma a_0^2$. The dashed line is computed using Eq. (8). The maximum number of biexcitons per Bohr area is $n_{X_2} a_0^2 \simeq 1$, with $a_0^2 = 4.68 \text{ nm}^2$, obtained in the lower right corner.

or low temperature, free charges mostly bind together into biexcitons. In terms of the equation of state, Eq. (2) shows that n_X saturates as the chemical potential approaches $\mu_X \rightarrow E_X + E_{X_2}/2$, while n_{X_2} diverges in that same limit, as given by Eq. (3). In this limit the saturated density of excitons n_X^∞ is defined as

$$n_X^\infty \equiv -g_s^2 \frac{m_X k_B T}{2\pi \hbar^2} \ln(1 - e^{E_{X_2}/2k_B T}). \quad (7)$$

Furthermore, we estimate the photoexcitation density at which the crossover $X \leftrightarrow X_2$ occurs, denoted by n_γ^c , by computing $n_{X_2} = n_X$. This equality results in

$$n_\gamma^c = -g_s^2 \frac{m_X k_B T}{2\pi \hbar^2} \ln(1 - e^{(E_{X_2} - \delta)/k_B T}) - \frac{m_{X_2} k_B T}{\pi \hbar^2} \ln(1 - e^{-\delta/k_B T}) \quad (8)$$

with δ given by

$$\delta = 2k_B T \ln \left[\cosh \left(\frac{E_{X_2}}{2k_B T} \right) \right] \quad (9)$$

for a certain temperature T . Notice that the contribution from the density of free charges n_q to the photoexcitation density is neglected here since in the region $n_X = n_{X_2}$ it is valid to use that $n_q \ll n_X + 2n_{X_2}$ as Fig. 2 shows. Figures 1, 3, and 4 show a dashed line marking the crossover $X \leftrightarrow X_2$, from the exciton-dominated regime to the biexciton-dominated regime computed using Eqs. (8) and (9).

Lastly, Fig. 4 clearly shows that biexcitons always dominate at low temperature or high photoexcitation density. Notice that Fig. 4 shows the number of photoexcitations per Bohr area up to a value of $n_\gamma a_0^2 = 2$, that is, the number of electrons per Bohr area, consequently the maximum amount of biexcitons per Bohr area is only but half of that.

FIG. 5. Degeneracy parameter for excitons $\eta_X \equiv n_X \lambda_X^2 / g_s^2$ as a function of temperature T and photoexcitation density scaled by the exciton Bohr area $n_\gamma a_0^2$. The circles (●) dotted line represents the photoexcitation density for which $\eta_X = 1/2$, that is, when excitons are expected to show signs of quantum degeneracy. It is obtained from $n_\gamma^\bullet$ ($\eta_X = 1/2$), using Eq. (12). The minimum degeneracy temperature T^* , computed using Eq. (13), is $T^* \simeq 569 \text{ K}$.

To understand the behavior of excitons and biexcitons at high densities from a different angle, we introduce the thermal de Broglie wavelength for a species Q , denoted by λ_Q and defined as

$$\lambda_Q \equiv \sqrt{\frac{2\pi \hbar^2}{m_Q k_B T}}, \quad (10)$$

where m_Q is either the mass of the exciton or that of the biexciton, with $\hbar$ the reduced Planck constant. Recall that physically λ_Q is the de Broglie particle size, which means that quantum effects are important when the interparticle distance is of the order of λ_Q . In other words, when the number of either excitons or biexcitons per thermal wavelength squared, that is, $n_X \lambda_X^2$ or $n_{X_2} \lambda_{X_2}^2$, becomes of the order of the number of spin states with the same energy for that particular species, they are considered to be “quantum degenerate” and hence described by the Bose-Einstein distribution. Thus, to account for the spin degrees of freedom we define the degeneracy parameter η_Q as

$$\eta_X \equiv \frac{n_X \lambda_X^2}{g_s^2}, \text{ and } \eta_{X_2} \equiv n_{X_2} \lambda_{X_2}^2, \quad (11)$$

where $g_s^2 = 4$ for excitons. As η_Q approaches 1, a correct description for the behavior of species Q requires the use of quantum statistics, i.e., Fermi-Dirac for fermions and Bose-Einstein for bosons.

Let us analyze the degeneracy parameter of excitons first. Figure 5 shows η_X as a function of temperature T and photoexcitations per Bohr area $n_\gamma a_0^2$. At first glance it is noticeable that, compared to Fig. 3, the regime in which the degeneracy parameter approaches 1 does not align with the one in which excitons are dominant. Naturally, this comes as a consequence of the actual density of excitons being high enough only in a small region inside the biexciton-dominated

regime for the temperatures considered. Note that in the case of CdSe nanoplatelets the quantum degenerate regime is only reached in the limit of high density and temperature, and thus we expect corrections due to exciton-exciton interactions to our simple thermodynamical model. However, since the location of this regime in terms of photoexcitation density and temperature depends on parameters of the specific semiconductor, for certain materials this regime may be well described by our theory.

An estimate of the photoexcitation density at which excitons behave as quantum particles, denoted by $n_{\gamma}^{\bullet}$, is obtained by finding the density of excitons that satisfy the equality $\eta_X = 1$. In the more general case, the value for the density of excitons is fixed with the corresponding photoexcitation density given by

$$n_{\gamma}^{\bullet}(\eta_X) = g_s^2 \frac{m_X k_B T}{2\pi \hbar^2} - \frac{m_{X_2} k_B T}{2\pi \hbar^2} \ln \left[1 - \left(1 - \frac{1}{e^{\eta_X}} \right)^2 e^{-E_{X_2}/k_B T} \right], \quad (12)$$

for a certain temperature T . Note that for CdSe nanoplatelets the densities obtained by Eq. (12) for $\eta_X = 1$ lay outside of the region shown in our figures, however, the circles ($\bullet$) dotted line represents the densities and temperatures above which excitons are expected to show signs of quantum degeneracy. This line is obtained from $n_{\gamma}^{\bullet}(\eta_X = 1/2)$, using Eq. (12). Interestingly, there is a minimum temperature T^* below which excitons do not become degenerate, as their density does not reach the threshold $\eta_X = 1$ since at lower temperatures than T^* charges mostly bind into biexcitons. Solving for the temperature at which the argument of the logarithm in Eq. (12) becomes zero, for $\eta_X = 1$, we obtain that valid temperatures satisfy

$$T > \frac{E_{X_2}}{2k_B} \frac{1}{\ln(1 - \frac{1}{e})} \equiv T^*. \quad (13)$$

Notice that it only depends on the energy level of the biexciton state E_{X_2} , and consequently T^* approaches zero in the limit $E_{X_2} \rightarrow 0$, i.e., when there is no biexciton state.

Regarding the degeneracy parameter of biexcitons, shown in Fig. 6, notice that the region in which they are degenerate is clearly very different from that of the excitons. Naturally, since the energy of the biexciton state is more negative than that of two unbound excitons, at high photoexcitation density or low temperature there is always a degenerate regime. As before, an analytical expression for the photoexcitation density above which the biexcitons behave as quantum particles, denoted by $n_{\gamma}^{\diamond}$, is obtained by solving $\eta_{X_2} = 1$. Analogously to the calculation for excitons, the corresponding result is

$$n_{\gamma}^{\diamond} = -g_s^2 \frac{m_X k_B T}{2\pi \hbar^2} \ln \left(1 - \sqrt{1 - \frac{1}{e}} e^{E_{X_2}/2k_B T} \right) + \frac{m_{X_2} k_B T}{2\pi \hbar^2}, \quad (14)$$

for a certain temperature T . Notice that due to the argument of the logarithm, unlike for excitons, there is no minimum temperature below which biexcitons are not degenerate. Phys-

FIG. 6. Degeneracy parameter for biexcitons $\eta_{X_2} \equiv n_{X_2} \lambda_{X_2}^2$ as a function of temperature T and photoexcitation density scaled by the exciton Bohr area $n_{\gamma} a_0^2$. The squares ($\diamond$) dotted line represents the photoexcitation density for which $\eta_{X_2} = 1$, computed using Eq. (14). The maximum value of the degeneracy parameter is $\eta_{X_2} \simeq 9$, however, points for which $\eta_{X_2} \geq 2$ are represented with the same color.

ically, this different behavior is explained by the fact that in our model the ground state of the system corresponds to the free charges being completely bound into biexcitons. Figure 6 shows $n_{\gamma}^{\diamond}$, computed using Eq. (14), as a square ($\diamond$) dotted line. Notice that values $\eta_{X_2} \geq 2$ are represented with the same color since biexcitons become heavily degenerate, that is, the maximum degeneracy obtained in Fig. 6 is much larger than 1.

IV. CONCLUSION AND OUTLOOK

Summarizing, we presented a thermodynamical model involving four ideal gases that results in a phase diagram describing the physics of free charges (electrons and holes), excitons, and biexcitons in CdSe nanoplatelets. Because of the ideal gas description various interaction effects are implicitly neglected thus at high enough photoexcitation densities we expect this model to break down, and this we want to explore in more detail in the future. Clearly the formation of excitons and biexcitons due to the attractive electron-hole interaction is considered. However, self-energy effects on the electrons, holes, excitons and biexcitons, i.e., energy shifts and finite lifetime effects caused both by electron-hole attraction and electron-electron and hole-hole repulsion, are neglected. In the specific case of interactions between free charges and excitons, leading in particular to screening effects, experimental results on CdSe nanoplatelets show that these may be neglected in the model by setting the energies E_X and E_{X_2} to constant values, at least for the range of density and temperature of interest [52]. Only at high-enough temperatures, i.e., higher than $T \simeq 10^3$ K, the system reaches a free-charges-dominated regime and thus interactions that may form an exciton would be heavily screened. In conclusion, we provided in this paper a comprehensive study of a thermodynamical model suitable for experimentally testable predictions, and that moreover may

possibly also be used for guiding future endeavors both in experiments and theory involving biexcitons in two-dimensional materials other than CdSe nanoplatelets if the exciton binding energy is sufficiently large. Of particular interest are for instance also PbS nanoplatelets due to the shared features with CdSe nanoplatelets, such as indeed a large exciton binding energy (400 to 500 meV), as well as similar synthesis procedures and optical properties [15,57–60].

ACKNOWLEDGMENTS

This work is part of the research program TOP-ECHO with Project No. 715.016.002, and is also supported by the D-ITP consortium. Both are programs of the Netherlands Organisation for Scientific Research (NWO) that is funded by the Dutch Ministry of Education, Culture, and Science (OCW).

- [1] M. A. Lampert, Mobile and Immobile Effective-Mass-Particle Complexes in Nonmetallic Solids, *Phys. Rev. Lett.* **1**, 450 (1958).
- [2] W. Ungier, Electron-hole exchange interaction in a biexciton molecule, *Solid State Commun.* **69**, 53 (1989).
- [3] L. Bányai, I. Galbraith, C. Ell, and H. Haug, Excitons and biexcitons in semiconductor quantum wires, *Phys. Rev. B* **36**, 6099 (1987).
- [4] W. Wang, N. Sui, M. Ni, X. Chi, L. Pan, H. Zhang, Z. Kang, Q. Zhou, and Y. Wang, Studying of the Biexciton Characteristics in Monolayer MoS₂, *J. Phys. Chem. C* **124**, 1749 (2020).
- [5] Y. You, X.-X. Zhang, T. C. Berkelbach, M. S. Hybertsen, D. R. Reichman, and T. F. Heinz, Observation of biexcitons in monolayer WSe₂, *Nat. Phys.* **11**, 477 (2015).
- [6] R. Takayama, N. Kwong, I. Rumyantsev, M. Kuwata-Gonokami, and R. Binder, T-matrix analysis of biexcitonic correlations in the nonlinear optical response of semiconductor quantum wells, *Euro. Phys. J. B - Condens. Matter Comp. Sys.* **25**, 445 (2002).
- [7] H. Seller, S. Palato, and P. Kambhampati, Probing biexciton structure in CdSe nanocrystals using 2D optical spectroscopy, *Europhys. J. Web Conf.* **205**, 06020 (2019).
- [8] J. Pei, J. Yang, X. Wang, F. Wang, S. Mokkapati, T. Lü, J.-C. Zheng, Q. Qin, D. Neshev, H. H. Tan, C. Jagadish, and Y. Lu, Excited state biexcitons in atomically thin MoSe₂, *ACS Nano* **11**, 7468 (2017).
- [9] F. Thouin, S. Neutzner, D. Cortecchia, V. A. Dragomir, C. Soci, T. Salim, Y. M. Lam, R. Leonelli, A. Petrozza, A. R. S. Kandada, and C. Silva, Stable biexcitons in two-dimensional metal-halide perovskites with strong dynamic lattice disorder, *Phys. Rev. Mater.* **2**, 034001 (2018).
- [10] A. Steinhoff, M. Florian, A. Singh, K. Tran, M. Kolarczik, S. Helmrich, A. W. Achtstein, U. Woggon, N. Owschimikow, F. Jahnke, and X. Li, Biexciton fine structure in monolayer transition metal dichalcogenides, *Nat. Phys.* **14**, 1199 (2018).
- [11] T. F. Ronnow, T. G. Pedersen, and B. Partoens, Biexciton binding energy in fractional dimensional semiconductors, *Phys. Rev. B* **85**, 045412 (2012).
- [12] G. Bacher, R. Weigand, J. Seufert, V. D. Kulakovskii, N. A. Gippius, A. Forchel, K. Leonardi, and D. Hommel, Biexciton versus Exciton Lifetime in a Single Semiconductor Quantum Dot, *Phys. Rev. Lett.* **83**, 4417 (1999).
- [13] L. T. Kunneman, J. M. Schins, S. Pedetti, H. Heuclin, F. C. Grozema, A. J. Houtepen, B. Dubertret, and L. D. A. Siebbeles, Nature and decay pathways of photoexcited states in CdSe and CdSe/CdS nanoplatelets, *Nano Lett.* **14**, 7039 (2014).
- [14] B. Guzelturk, Y. Kelestemur, M. Olutas, S. Delikanli, and H. V. Demir, Amplified spontaneous emission and lasing in colloidal nanoplatelets, *ACS Nano* **8**, 6599 (2014).
- [15] C. Bouet, D. Laufer, B. Mahler, B. Nadal, H. Heuclin, S. Pedetti, G. Patriarche, and B. Dubertret, Synthesis of zinc and lead chalcogenide core and core/shell nanoplatelets using sequential cation exchange reactions, *Chem. Mater.* **26**, 3002 (2014).
- [16] T. Takagahara, Biexciton states in semiconductor quantum dots and their nonlinear optical properties, *Phys. Rev. B* **39**, 10206 (1989).
- [17] R. T. Phillips, D. J. Lovering, G. J. Denton, and G. W. Smith, Biexciton creation and recombination in a GaAs quantum well, *Phys. Rev. B* **45**, 4308 (1992).
- [18] G. Nair, J. Zhao, and M. G. Bawendi, Biexciton quantum yield of single semiconductor nanocrystals from photon statistics, *Nano Lett.* **11**, 1136 (2011).
- [19] R. März, S. Schmitt-Rink, and H. Haug, Optical properties of dense exciton-biexciton systems, *Z. Phys. B* **40**, 9 (1980).
- [20] A. L. Ivanov and H. Haug, Self-consistent theory of the biexciton optical nonlinearity, *Phys. Rev. B* **48**, 1490 (1993).
- [21] U. Neukirch, S. R. Bolton, N. A. Fromer, L. J. Sham, and D. S. Chemla, Polariton-Biexciton Transitions in a Semiconductor Microcavity, *Phys. Rev. Lett.* **84**, 2215 (2000).
- [22] P. Geiregat, R. Tomar, K. Chen, S. Singh, J. M. Hodgkiss, and Z. Hens, Thermodynamic equilibrium between excitons and excitonic molecules dictates optical gain in colloidal CdSe quantum wells, *J. Phys. Chem. Lett.* **10**, 3637 (2019).
- [23] C. Zhang, H. Wang, W. Chan, C. Manolatu, and F. Rana, Absorption of light by excitons and trions in monolayers of metal dichalcogenide MoS₂: Experiments and theory, *Phys. Rev. B* **89**, 205436 (2014).
- [24] L. Britnell, R. M. Ribeiro, A. Eckmann, R. Jalil, B. D. Belle, A. Mishchenko, Y.-J. Kim, R. V. Gorbachev, T. Georgiou, S. V. Morozov, A. N. Grigorenko, A. K. Geim, C. Casiraghi, A. H. C. Neto, and K. S. Novoselov, Strong light-matter interactions in heterostructures of atomically thin films, *Science* **340**, 1311 (2013).
- [25] M. Bernardi, M. Palummo, and J. C. Grossman, Extraordinary Sunlight Absorption and One Nanometer Thick Photovoltaics Using Two-Dimensional Monolayer Materials, *Nano Lett.* **13**, 3664 (2013).
- [26] O. Lopez-Sanchez, D. Lembke, M. Kayci, A. Radenovic, and A. Kis, Ultrasensitive photodetectors based on monolayer MoS₂, *Nat. Nanotechnol.* **8**, 497 (2013).

- [27] X. Liu, T. Galfsky, Z. Sun, F. Xia, E.-C. Lin, Y.-H. Lee, S. Kéna-Cohen, and V. M. Menon, Strong light-matter coupling in two-dimensional atomic crystals, *Nat. Photon.* **9**, 30 (2015).
- [28] E. P. Booker, M. B. Price, P. J. Budden, H. Abolins, Y. D. V.-I. Redondo, L. Eyre, I. Nasrallah, R. T. Phillips, R. H. Friend, F. Deschler, and N. C. Greenham, Vertical cavity biexciton lasing in 2D dodecylammonium lead iodide perovskites, *Adv. Opt. Mat.* **6**, 1800616 (2018).
- [29] Y. Masumoto, T. Kawamura, and K. Era, Biexciton lasing in CuCl quantum dots, *App. Phys. Lett.* **62**, 225 (1993).
- [30] J. Q. Grim, S. Christodoulou, F. Di Stasio, R. Krahne, R. Cingolani, L. Manna, and I. Moreels, Continuous-wave biexciton lasing at room temperature using solution-processed quantum wells, *Nat. Nanotechnol.* **9**, 891 (2014).
- [31] G. Soavi, S. D. Conte, C. Manzoni, D. Viola, A. Narita, Y. Hu, X. Feng, U. Hohenester, E. Molinari, D. Prezzi, K. Müllen, and G. Cerullo, Exciton-exciton annihilation and biexciton stimulated emission in graphene nanoribbons, *Nat. Commun.* **7**, 1 (2016).
- [32] L. Wang, L. Meng, L. Chen, S. Huang, X. Wu, G. Dai, L. Deng, J. Han, B. Zou, C. Zhang, and H. Zhong, Ultralow-threshold and color-tunable continuous-wave lasing at room-temperature from *In Situ* fabricated perovskite quantum dots, *J. Phys. Chem. Lett.* **10**, 3248 (2019).
- [33] J. Shang, C. Cong, Z. Wang, N. Peimyoo, L. Wu, C. Zou, Y. Chen, X. Y. Chin, J. Wang, C. Soci, W. Huang, and T. Yu, Room-temperature 2D semiconductor activated vertical-cavity surface-emitting lasers, *Nat. Commun.* **8**, 543 (2017).
- [34] O. Salehzadeh, M. Djavid, N. H. Tran, I. Shih, and Z. Mi, Optically pumped two-dimensional MoS₂ lasers operating at room-temperature, *Nano Lett.* **15**, 5302 (2015).
- [35] S. Wu, S. Buckley, J. R. Schaibley, L. Feng, J. Yan, D. G. Mandrus, F. Hatami, W. Yao, J. Vučković, A. Majumdar, and X. Xu, Monolayer semiconductor nanocavity lasers with ultralow thresholds, *Nature* **520**, 69 (2015).
- [36] Z. Yang, M. Pelton, I. Fedin, D. V. Talapin, and E. Waks, A room temperature continuous-wave nanolaser using colloidal quantum wells, *Nat. Commun.* **8**, 143 (2017).
- [37] B. Guzelturk, M. Pelton, M. Olutas, and H. V. Demir, Giant modal gain coefficients in colloidal II-VI nanoplatelets, *Nano Lett.* **19**, 277 (2019).
- [38] Y. Li, J. Zhang, D. Huang, H. Sun, F. Fan, J. Feng, Z. Wang, and C. Z. Ning, Room-temperature continuous-wave lasing from monolayer molybdenum ditelluride integrated with a silicon nanobeam cavity, *Nat. Nanotechnol.* **12**, 987 (2017).
- [39] M. Pelton, Carrier dynamics, optical gain, and lasing with colloidal quantum wells, *J. Phys. Chem. C* **122**, 10659 (2018).
- [40] S. Schwarz, S. Dufferwiel, P. M. Walker, F. Withers, A. A. P. Trichet, M. Sich, F. Li, E. A. Chekhovich, D. N. Borisenko, N. N. Kolesnikov, K. S. Novoselov, M. S. Skolnick, J. M. Smith, D. N. Krizhanovskii, and A. I. Tartakovskii, Two-dimensional metal-chalcogenide films in tunable optical microcavities, *Nano Lett.* **14**, 7003 (2014).
- [41] K. F. Mak, C. Lee, J. Hone, J. Shan, and T. F. Heinz, Atomically thin MoS₂: A new direct-gap semiconductor, *Phys. Rev. Lett.* **105**, 136805 (2010).
- [42] C. B. Murray, D. J. Norris, and M. G. Bawendi, Synthesis and characterization of nearly monodisperse CdE (E = sulfur, selenium, tellurium) semiconductor nanocrystallites, *J. Am. Chem. Soc.* **115**, 8706 (1993).
- [43] M. Chhowalla, H. S. Shin, G. Eda, L.-J. Li, K. P. Loh, and H. Zhang, The chemistry of two-dimensional layered transition metal dichalcogenide nanosheets, *Nat. Chem.* **5**, 263 (2013).
- [44] S. Singh, R. Tomar, S. ten Brinck, J. De Roo, P. Geiregat, J. C. Martins, I. Infante, and Z. Hens, Colloidal CdSe nanoplatelets, a model for surface chemistry/optoelectronic property relations in semiconductor nanocrystals, *J. Am. Chem. Soc.* **140**, 13292 (2018).
- [45] J. S. Ross, P. Klement, A. M. Jones, N. J. Ghimire, J. Yan, D. G. Mandrus, T. Taniguchi, K. Watanabe, K. Kitamura, W. Yao, D. H. Cobden, and X. Xu, Electrically tunable excitonic light-emitting diodes based on monolayer WSe₂ p-n junctions, *Nat. Nanotechnol.* **9**, 268 (2014).
- [46] Y. Yin and A. P. Alivisatos, Colloidal nanocrystal synthesis and the organic-inorganic interface, *Nature* **437**, 664 (2005).
- [47] B. Mahler, N. Lequeux, and B. Dubertret, Ligand-controlled polytypism of thick-shell CdSe/CdS nanocrystals, *J. Am. Chem. Soc.* **132**, 953 (2010).
- [48] L. Zhao, Q. Shang, Y. Gao, J. Shi, Z. Liu, J. Chen, Y. Mi, P. Yang, Z. Zhang, W. Du, M. Hong, Y. Liang, J. Xie, X. Hu, B. Peng, J. Leng, X. Liu, Y. Zhao, Y. Zhang, and Q. Zhang, High-temperature continuous-wave pumped lasing from large-area monolayer semiconductors grown by chemical vapor deposition, *ACS Nano* **12**, 9390 (2018).
- [49] B. Mahler, B. Nadal, C. Bouet, G. Patriarche, and B. Dubertret, Core/Shell colloidal semiconductor nanoplatelets, *J. Am. Chem. Soc.* **134**, 18591 (2012).
- [50] S. Ithurria, M. D. Tessier, B. Mahler, R. P. S. M. Lobo, B. Dubertret, and A. L. Efros, Colloidal nanoplatelets with two-dimensional electronic structure, *Nat. Mater.* **10**, 936 (2011).
- [51] R. Tomar, A. Kulkarni, K. Chen, S. Singh, D. van Thourhout, J. M. Hodgkiss, L. D. A. Siebbeles, Z. Hens, and P. Geiregat, Charge carrier cooling bottleneck opens up nonexcitonic gain mechanisms in colloidal CdSe quantum wells, *J. Phys. Chem. C* **123**, 9640 (2019).
- [52] F. García Flórez, A. Kulkarni, L. D. A. Siebbeles, and H. T. C. Stoof, Explaining observed stability of excitons in highly excited CdSe nanoplatelets, *Phys. Rev. B* **100**, 245302 (2019).
- [53] C. Klingshirn and H. Haug, Optical properties of highly excited direct gap semiconductors, *Phys. Rep.* **70**, 315 (1981).
- [54] J. M. Kosterlitz and D. J. Thouless, Ordering, metastability and phase transitions in two-dimensional systems, *J. Phys. C* **6**, 1181 (1973).
- [55] R. Benchamekh, N. A. Gippius, J. Even, M. O. Nestoklon, J.-M. Jancu, S. Ithurria, B. Dubertret, A. L. Efros, and P. Voisin, Tight-binding calculations of image-charge effects in colloidal nanoscale platelets of CdSe, *Phys. Rev. B* **89**, 035307 (2014).
- [56] F. G. Flórez, L. D. A. Siebbeles, and H. T. C. Stoof, Effects of two-dimensional material thickness and surrounding dielectric medium on coulomb interactions and excitons, *arXiv:2002.05921*.
- [57] J. Lauth, M. Failla, E. Klein, C. Klinke, S. Kinge, and L. D. A. Siebbeles, Photoexcitation of PbS nanosheets leads to highly mobile charge carriers and stable excitons, *Nanoscale* **11**, 21569 (2019).
- [58] H. Li, D. Zhitomirsky, and J. C. Grossman, Tunable and energetically robust PbS nanoplatelets for optoelectronic applications, *Chem. Mater.* **28**, 1888 (2016).

- [59] L. Sonntag, V. Shamraienko, X. Fan, M. S. Khoshkhoo, D. Knepe, A. Koitzsch, T. Gemming, K. Hiekel, K. Leo, V. Lesnyak, and A. Eychmüller, Colloidal PbS nanoplatelets synthesized via cation exchange for electronic applications, *Nanoscale* **11**, 19370 (2019).
- [60] A. H. Khan, R. Brescia, A. Polovitsyn, I. Angeloni, B. Martín-García, and I. Moreels, Near-infrared emitting colloidal PbS nanoplatelets: Lateral size control and optical spectroscopy, *Chem. Mater.* **29**, 2883 (2017).