Elin Danielson-Gambogi, After breakfast, 1890, oil on canvas
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V. OPEN PROJECT WITHIN ENCLOSED SPACE

VI. DESIGN

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1.2 Boredom: spatial, political, economic, social and cultural lense for the post-industrial city of Łódź

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7.2 How to communicate inside community?

home as a productive and non-productive space
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home as a productive and non-productive space

Elin Danielsson-Gambogi, After breakfast, 1890, oil on canvas
PROBLEM FORMULATION

Spatial concept of boredom within post-industrial city of Łódź, Poland

*Boredom* is a disability of expecting something new, it is a feeling of existing in a world (even if temporary), where nothing can happen, where either it’s going to be always the same, or, if something will happen, the observer doesn’t care: even if something happens it is like it never happened.

Leszek Kolakowski
1.1 Why does **boredom matter**?
On average our **attention spans** are now thought to be less than that of a goldfish – **eight seconds**.

As soon as a new stimulus is noticed, however, it is no longer new, and after a while it bores us.

Dr Sandi Mann, The guardian
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(...), the most compelling attributes of [boredom] are precisely those that give it such a **democratizing affect**, to which every individual is susceptible, and inevitably experiences it as a consistent and often unavoidable part of life in the modern world.

Julia Jason Haladyn, Boredom and Art, essay 2005
On average our attention spans are now thought to be less than that of a goldfish – eight seconds. As soon as a new stimulus is noticed, however, it is no longer new, and after a while it bores us.

Dr Sandi Mann, The guardian

Most of us think of being bored at work as a negative experience, but a new study suggests it can have positive results including an increase in creativity because it gives us time to daydream.

January 9, 2013, Dr Sandi Mann & Rebekah Cadman, University of Central Lancashire at the Annual Conference of the British Psychological Society Division of Occupational Psychology

(...), the most compelling attributes of boredom are precisely those that give it such a democratizing affect, to which every individual is susceptible, and inevitably experiences it as a consistent and often unavoidable part of life in the modern world.

Julia Jason Haladyn, Boredom and Art, essay 2005
1.2 **Boredom**: spatial, political, economic, social and cultural lense for the history of post-industrial **city of Łódź**
Realism carries a hint of poetic allegory, as the lark is traditionally a symbol for daybreak.

The look - public, outward, blase fails to register only identity...

dialectical relation of the upper-class boredom with the tedium of modern labour

critique of boredom

If, on seeing some of the new paintings, sculpture, dances or films, you are bored, probably you were intended to be. Boring the public is one of the ways of testing its commitment.

Making the audience bored...

Research suggests that chronic boredom is responsible for a profusion of negative outcomes such as overeating, gambling, truancy, antisocial behaviour, drug use, accidents, risk taking and much more. We need less, not more, stimulation and novelty.

Why boredom is good

Dr Sandi Mann

WORLD

ŁÓDŹ

agricultural settlement weaving settlement industrial revolution densification of industry new identity searching

XV XVI 1884 1882 1923 1963 1950 - 60 1950 1957 1957 - 60 1823 XVIII 2017

13/160
film presented on exhibition ‘Workers leaving the workplace’ in Contemporary Art Museum, Łódź
II

OPEN TOOLBOX
the (new) lexicon and the space of profanum
ASSEMBLY LINE

HOW CAN THE NOTION OF ASSEMBLY LINE SPATIALLY CONTRIBUTE TO THE CONSTRUCTION OF OUR EVERYDAY?
**ASSEMBLY LINE**

How can the notion of assembly line spatially contribute to the construction of our everyday?

**OTIUM - NEGOTIUM**

Does our daily space contribute to like-wise understood division: otium - negotium?
ASSEMBLY LINE

HOW CAN THE NOTION OF ASSEMBLY LINE SPATIALY CONTRIBUTE TO THE CONSTRUCTION OF OUR EVERYDAY?

OTIUM - NEGOTIUM

DOES OUR DAILY SPACE CONTRIBUTE TO LIKewise UNDERSTOOD DIVISION: OTIUM - NEGOTIUM?

IDLE IDYLL

THE BLESSING OF DOING NOTHING
ASSEMBLY LINE

HOW CAN THE NOTION OF ASSEMBLY LINE SPATIALY CONTRIBUTE TO THE CONSTRUCTION OF OUR EVERYDAY?

OTIUM - NEGOTIUM

DOES OUR DAILY SPACE CONTRIBUTE TO LIKEWISE UNDERSTOOD DIVISION: OTIUM - NEGOTIUM?

IDLE IDYLL

THE BLESSING OF DOING NOTHING

GOOD BANALITY

THE ARCHITECTURE OF EVERYDAY
The city constitutes of spaces of high representative importance - churches, museums, authorities buildings - this may be called a sphere of sacrum, and spaces of profanum – those of the everyday use, inhabiting, work. The latter, as contributing to the banal, the mediocrity and the everyday, paradoxically, very often stay unnoticed, therefore non-celebrated. In order to improve the quality of their performance, prioritize the commonness over the exceptional, we need to aim towards shifting our attention on everyday life, on slowness and boredom, on habits and repetitions, on essentials and obviousness. Only then, we may proudly contribute to the making-of a good life, or else, a good banality.
III

CONTEXT
Łódź | Void | Home | Tenement | 3 scales of intervention
1.2 City of Łódź: a view into Modernity

“To be modern is to find ourselves in an environment that promises us adventure, power, joy, growth, transformation of ourselves and the world—and, at the same time, that threatens to destroy everything we have, everything we know, everything we are.”

Marchall Berman
THE MASS CULTURE THAT PROLIFERATES WITH THE URBAN FABRIC GENERALLY OFFERS THE PROMISE OF A NEGATION OF BOREDOM WITHOUT UNDERSTANDING IT

BOREDOM WITHIN MODERNITY, VIEWED AS AN OVERLOAD OF STIMULUS / SIGMUND KRACAUER, 1920
INABILITY TO TOLERATE EMPTY SPACE LIMITS THE AMOUNT OF SPACE AVAILABLE

[Wilfred Bion]
2.2 **Void**: the context and the tool
Rigid appartments' layouts against changing social configurations and structures: more singles, deconstruction of the nuclear family 2+2.

A single person living alone made up most popular household type in EU - 33.1%.

People can't afford moving out and swapping the appartement for bigger.

Request for spatiality or else new definition of the spartious.

Data source: Eurostat.
2.2 The project environment:

home as a productive & non-productive space
factory work ~ 10 h

house work ~ 8 h

leisure ~ 16 min

sleep ~ 4h

---

work ~ 10 h?

house work ~ 4 h

leisure ~ 1 h 16 min

sleep ~ 6 - 7 h

virtual / ‘in-between’ ~ 4h

data: Magdalena Madejska, PhD research
16 minutes - that was left for leisure for the polish female factory workers after completing a day of two working shifts.

20% time - this is the free time of a Google Inc employee that the company offered to pay for, taking advantage of the employees’ creativity while doing nothing.

data: Magdalena Madejska, PhD research
ABSTRACTING
THE HOME
PRACTICES OF
WORK AND LEISURE

DECONSTRUCTING
THE MYTHS OF THE
CULTURAL CONSTRUCT
OF CONTEMPORARY DWELLING

DOMESTICATING
THE NON-PRODUCTIVE
WITHIN
THE ARCHITECTURAL PROJECT OF BOREDOM

photos source: National Digital Archive of Poland
There have been considerable changes in the household composition and living arrangements of Europeans: this is particularly true in relation to patterns of family formation, with traditional boundaries becoming increasingly blurred and different types of family nuclei becoming more common. The average age at which people get married has risen, as an increasing proportion of young people begin their adult lives by living alone or cohabiting, rather than leaving the parental home when they are ready to marry.
DECONSTRUCTING
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A New Way of Living.

Welcome to the first in Poland live-in business incubator

Communal Living Is Alleviating Millennial Ennui

Let's talk

Preferred move-in date

Required

Over $5,000

$2,500 to $3,000

$2,000 to $2,500

$1,500 to $2,000

$1,200 to $1,500

Less than $1,200
reproductive labour

creative work

boredom of overstimulation

boredom of resting

resting

leisure

creative boredom

boredom of repetition

collective & indyvidual
3.4 Tenement typology
FROM SINGLE TO MULTIFAMILY

model two-families city house, 1799

model tenement with the drive-through gate, 1799

parataxis - architectural composition made out of single elements - facades in this case, 1799
Tenement is not a building in the literally meaning. It is rather a binary, dual set, comprising of the facade and functional-constructional structure. The entire thing is sort of a cell making off the urban tissue of the city...

Michał Domińczak, Artur Zagula, Typologia Łódzkiej Kamienicy
AKTA
Dyrekcji Towarzystwa Kredytowego m. Łodzi.

liczba się 252

nieruchomości Nr. przy ulicy Sienkiewicza

w mieście Łodzi położone.

projekt

PRZEBUDOWY Wewnętrznej w lokalu

handlowym p. P. Herszcowicz

na posessji sukces p. Byczkowska

w Łodzi przy ul. Piotrkowskiej

nr. pol. 8 --- nr. pol. 760

kopja

Oryginał otrzymałem
dnia 3-go 1931 r.

P. Wysoczyński.
3.4 4 scales of intervention

working plane
<table>
<thead>
<tr>
<th>SCALE</th>
<th>URBAN</th>
<th>ARCH</th>
<th>FURN</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>city</td>
<td>building</td>
<td>furniture</td>
</tr>
<tr>
<td>ACTION</td>
<td>transforms within the culturally, historically and architecturally constructed city block; setting up a strategy</td>
<td>transformations within existing tenements and between them; changing the relationship between the two neighbouring buildings; optimizing the quality by filling in the missing parts setting up a new typology of an apartment within existing structure</td>
<td>changing the constellations of furniture and by installing mobile walls playing with the disappearance and reappearance of the objects/furniture; zoning activities by isolating single pieces of furniture</td>
</tr>
<tr>
<td>RESULT</td>
<td>WELL PRESERVED HISTORICAL CITY FABRIC, INTENSIFICATION OF ITS PRIMARY FUNCTION - HOUSING, NEW TYPOLOGY WITHIN OLD STRUCTURES</td>
<td>UPGRADED SOCIAL STRUCTURES, LIVING AND WORKING CONDITIONS, POSSIBILITY OF DISCUSSION UPON A HEALTHIER PHILOSOPHY OF LIVING</td>
<td>INTRODUCING A NEW WAY OF THINKING ABOUT THE INTERIOR; TAKING ADVANTAGE OF THE SPACE OPEN FOR CONSTANT RE-INTERPRETATION; DECONSTRUCTING CULTURAL AND POLITICAL BURDEN ATTACHED TO OBJECTS OF EVERYDAY USE</td>
</tr>
</tbody>
</table>
IV

RESEARCH CONCLUSION
3 lines of problem statement
EVERYDAY LIFE AS AN OPEN PROJECT

BOREDOM UNDOMESTICATED

WORK & HOUSE UNSEPARATED

HOUSEWORK UNDERESTIMATED
DESIGN
V

OPEN PROJECT
WITHIN ENCLOSED SPACE

Wschodnia - Piotrkowska - Pomorska - Rewolucji
IN - BETWEEN
FURN
furniture

_furniture_ - fr. mobiliers, it. mobilia

movables, something easy to move around. Comes from Medieval times, when one of the main requirement for the furniture was to be easily transportable so that the magnates who possessed many residences in different places could travel between them easily and efficiently.
curtain line

curtain round
THE ORGANISM AND THE USER PROFILE
functions & who
workshops, sheds / flexible rooms /

cafe & bar

existing shops
COMMON SPACE
shared household spaces

living

kindergardens
SMALL APARTMENT
SINGLE
NO KIDS
SMALL APARTMENT

SINGLE + KIDS
LARGE APARTMENT
FAMILY
1. wall:
- refurbished brickwork skin
  - 130 x 60 x 270
- stainless steel ties
- cavity 25 mm
- barrier against moisture condensation
- wood fiber pavatex thermal insulation
  - 140 mm
- refurbished brick loadbearing wall
- wall heating 18 mm board
- plasterboard 18 mm

2. air inlet

3. triple glazed window
   - installed from outside, opening towards inside;
   - wooden frame

4. oak window seat 400 mm wide

5. foam glass loadbearing and insulating block

6. reinforced concrete lintel cast in situ

7. oak board outside ceiling skin 20 mm fixed on stainless steel profiles to brickwork

8. folding and sliding wall with hidden rails system: l'invisible

9. linen curtain

10. shadow gap corresponding with folding wall shadow gap

11. oak table with steel bottom structure

12. floor:
- wooden panels 20 mm
- floor heating 25 mm board
- contact sound insulation fiberwood pavatex 50 mm
- prefabricated concrete slab 200 mm, spanning 6m
- sound (mass) and thermal insulation 200 mm pavatex
- plasterboard 18 mm x 2 fixed on steel profiles
refurbished brickwork skin
130 x 60 x 270
stainless steel ties
cavity 25 mm
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wood fiber Pavatex thermal insulation 140 mm
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fixed on steel profiles
ADDED VOLUMES

INNER VERTICAL COMMUNICATION

LEVELING OF OLD AND NEW FLOORS

GARDEN & PLAYGROUND IN THE COURTYARD
thank you

Special thanks to my Mum, Dad, Myrto, Carolina, Gosia, Chen, Benjamin, Agata, Francesco, Francesca, Aidan, Bob, Rina, Ghert and all my friends who supported and influenced this project and me throughout the entire process in an immense way