Insight.me

A vision for a collaborative use of self-tracked healthcare data.

Partners

The company provides the technical infrastructure to support such platform. In return, it benefits from the improvements done in the algorithms. This can generate future solutions for bigger clients such as hospital networks.

Insurences

Government

Insight.me

Patients

Associations

Organization level

Collaboration level

Individual level

Insight.me assists the user in reflecting upon the self-tracked data. Users can input their interests (e.g., increasing the step count, exercising, and monitoring the heart rate) and receive suggestions of other data sets to be observed. Users can also decide to frame their own experiments instead of those suggested by the system.

The leasing model allows for updated and very important, collabrated devices.

The data visualization encourages the user to explore his data and engage with the system. The platform also displays ongoing research projects that match the interests of the user. Furthermore, the data is safely stored and users have power over the data and decisions regarding the platform's governance.

Environmental Type

Feedback

Information about the findings of the research

Formulating a hypothesis

- Determine what data is related and how it is called
- Testing it

- Hypothesis when is called the document or hypothesis

- Analyzing it

- Understanding the newly modeling data and using it in their daily tasks

- Testing it

- Providing a new user with the same data

E.g. High BP average

The user is advised to see a doctor. The user can inform the doctor about the measurement and give access to the data before the consultation.

Privacy

The user defines if the doctor can have access to the data for a certain period of time, or an undetermined period.

Assisted visualizations

The doctor can request access to more data, such as physical exercise to draw a diagnosis or treatment.

Information about the findings of the research

A possibility to connect personal data to scientific research.

Request data

Information about ongoing research

Donate data for research

- Information about ongoing research

Self-reflection cycle

1. Formulating a hypothesis
2. Testing it
3. Analyzing it

E.g. Temperature, Location, Time

Facilitating change

The doctor can request access to more data, such as physical exercise to draw a diagnosis or treatment.

Assisted visualizations

Healthcare providers can quickly visualize the data to have an overview of the patient or access detailed contextual information.

Patient

The manager and the owner

Researcher

Healthcare Professional

Contextual information

Device used to perform the measurement

Insight.me

Private Companies

Insurances

Government

Patients

Associations

A Trust-based ownership of the platform

The platform is regulated by the government and patients associations. It uses social funding to fund its activities. Transparency and no-lobbying are key values.

Transparency Algorithms

Healthcare providers have access to the algorithms used. These are transparent and can be shared between other patients or datasets.

Device used to perform the measurement

Contextual information

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