CO Depletion: A Microscopic Perspective

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Abstract

In regions where stars form, variations in density and temperature can cause gas to freeze out onto dust grains forming ice mantles, which influences the chemical composition of a cloud. The aim of this paper is to understand in detail the depletion (and desorption) of CO on (from) interstellar dust grains. Experimental simulations were performed under two different (astrophysically relevant) conditions. In parallel, Kinetic Monte Carlo simulations were used to mimic the experimental conditions. In our experiments, CO molecules accrete onto water ice at temperatures below 27 K, with a deposition rate that does not depend on the substrate temperature. During the warm-up phase, the desorption processes do exhibit subtle differences, indicating the presence of weakly bound CO molecules, therefore highlighting a low diffusion efficiency. IR measurements following the ice thickness during the TPD confirm that diffusion occurs at temperatures close to the desorption. Applied to astrophysical conditions, in a pre-stellar core, the binding energies of CO molecules, ranging between 300 and 850 K, depend on the conditions at which CO has been deposited. Because of this wide range of binding energies, the depletion of CO as a function of AV is much less important than initially thought. The weakly bound molecules, easily released into the gas phase through evaporation, change the balance between accretion and desorption, which result in a larger abundance of CO at high extinctions. In addition, weakly bound CO molecules are also more mobile, and this could increase the reactivity within interstellar ices.

Key words: ISM: abundances – ISM: molecules – methods: laboratory: solid state

1. Introduction

In the last decades, observing facilities have significantly increased in sensitivity allowing us to study in detail the chemical composition of many places of our universe. Molecules and atoms are powerful indicators of the gas characteristics of a medium and are used to derive detailed properties of astrophysical objects. In particular, observations of star-forming environments have rapidly been confronted with the impossibility of explaining the abundances of some species with gas-phase reactions only. In regions where stars form, about 1% of the mass is constituted by small dust particles ranging in size from few tens of Å to a few micrometers. However small and inconspicuous these dust grains seem, they interact with the gas phase and can dramatically alter its composition. In the first phases of star formation, the molecular clouds present some orderly dense regions, called pre-stellar cores, which are the precursors of the stars. To reproduce the observations of dense clouds, about 90% of CO molecules should leave the gas phase, on average, along the line of sight, and over 99% of them must deplete in the core nucleus (Caselli et al. 1999). This is due to CO freeze out onto dust particles, which then form thick icy mantles (e.g., Ossenkopf & Henning 1994; Pontoppidan et al. 2008). When the protostar forms and heats its surroundings, a rich molecular chemistry is triggered, driven by thermal desorption of the ice mantles (Cazaux et al. 2003). This chemically rich phase is called hot core/hot corino (for high/low mass stars) and characterized by an abundant organic inventory (water and organics such as H₂CO and CH₃OH (Schöier et al. 2002), complex O- and N-bearing molecules such as formic acid and acetaldehyde (Cazaux et al. 2003). In order to explain these observations, the understanding of CO interaction with dust surfaces is unavoidable.

In this study, we experimentally followed the formation of CO ices deposited at different conditions. For this purpose, we performed two experimental simulations focusing on two different accretion processes: (1) accretion onto a water ice substrate at a decreasing temperature, from 80 to 8 K, and (2) accretion at a constant temperature of 14 K. After accretion, the temperature of the substrate was increased in both cases, and CO molecules evaporated and could be measured in the gas phase. This is called a temperature programed desorption (TPD) experiment. The present study aims to understand whether TPD experiments can be sensitive to the different accretion processes. In this work, we show that subtle deviation between TPDs are crucial to constrain the binding energies and the diffusion of CO molecules in the ice. Furthermore, combining quadrupole mass spectrometry, infrared spectroscopy, and laser interference allows us to simultaneously follow the solid and gaseous phases of the CO molecules during the TPD and further constrain the desorption and diffusion processes. The experimental results are supported by theoretical calculations taking into account the microphysics occurring in ices. Our results are then exported to astrophysical conditions.

This paper is articulated as follow. In Section 2, the two experiments performed in this study are described as well as their results. In Section 3, the theoretical model and assumptions are described and used to reproduce the experimental results. In Section 4, the model is extended to pre-stellar cores in order to reproduce the CO depletion observed in these objects.

2. Experiments

Deposition followed by warming up of CO ices has been studied experimentally in two different setups, under two
different conditions in order to address whether the deposition conditions influence the subsequent thermal desorption of the CO ices. The two experimental setups are described in the following sections, as well as the experimental results.

2.1. Experimental Setup: The Interstellar Astrochemistry Chamber

The experimental simulations corresponding to the accretion of CO molecules at a decreasing temperature onto a previously deposited water ice substrate were performed using the Interstellar Astrochemistry Chamber (ISAC) at the Centro de Astrobiología. The aim of these experiments was to determine the maximum temperature at which CO molecules were able to accrete onto the water ice and form an ice mantle. ISAC is an ultra-high vacuum (UHV) chamber with pressure typically in the range of $P = 2.5 - 4.0 \times 10^{-11}$ mbar, which corresponds to dense cloud interiors. A schematic representation of this setup is shown in Figure 1. The chemical components used in the experiments were H$_2$O (vapor, triply distilled) and CO (gas), which were introduced into the chamber from an independent gas-line system through a capillary tube, condensing onto a KBr substrate and forming an ice analog. A closed-cycle helium cryostat and a tunable heater, combined with a silicon diode temperature sensor and a LakeShore Model 331 temperature controller were used to control the sample temperature, reaching a sensitivity of about 0.1 K. The evolution of the solid sample was monitored by in situ Fourier transform infrared (FTIR) spectroscopy in transmittance (model Bruker Vertex 70, equipped with a deuterated triglycine sulfate detector, or DTGS), with a spectral resolution of 2 cm$^{-1}$ (Muñoz Caro et al. 2010). Column densities of each species in the ice were calculated from the IR spectra using the formula

$$N = \frac{1}{A} \int_{\text{band}} \tau(\nu) d\nu,$$

where $N$ is the column density in molecules cm$^{-2}$, $\tau(\nu)$ the optical depth of the absorption band, and $A$ the band strength in cm molecule$^{-1}$, where we adopt a value of $A(CO) = 1.1 \times 10^{-17}$ cm molecule$^{-1}$ (Jiang et al. 1975) and $A(H_2O) = 2.0 \times 10^{-16}$ cm molecule$^{-1}$ (Hagen & Tielens 1981). A total of 35 ML (1 ML = 10$^{15}$ molecules cm$^{-2}$) of amorphous solid water (ASW) were first deposited onto the KBr substrate at 80 K with an accretion rate of 6 ML minute$^{-1}$. Then, CO gas was admitted in the chamber at a constant pressure, and the temperature of the substrate was gradually decreased from 80 to 8 K at a constant rate of 0.5 K minute$^{-1}$. Once the CO ice was deposited on top of the water ice, the substrate was warmed up from 8 K at a rate of 0.5 K minute$^{-1}$, leading to the desorption of the CO molecules that were detected by a quadrupole mass spectrometer (QMS).

2.2. Experimental Results

Figure 2 shows the CO in the gas phase as measured by the QMS, while the temperature of the substrate was cooled down from 80 to 8 K with a rate of 0.5 K minute$^{-1}$. The drastic decrease observed at 26.5 K is due to accretion of CO molecules on the substrate. This is confirmed by IR spectroscopy, as shown in Figure 3, left panel. The CO IR band at $\sim 2139$ cm$^{-1}$ was not observed at temperatures higher than 26.5 K. This means that only 1 ML (at most) of CO (which is the sensitivity of our FTIR spectrometer) could have been accreted on top of the ASW before that temperature was reached. However, once the temperature decreases below 26.5 K, the solid CO IR feature is observed, increasing its intensity at a constant rate (see Figure 3, right panel), which corresponds to an accretion rate of 1.5 ML minute$^{-1}$. This feature does not present any shoulder at $\sim 2152$ cm$^{-1}$, which is typical of CO molecules interacting with dangling OH bonds (see, e.g., Collings et al. 2003a; Martín-Domènech et al. 2014). Therefore, CO diffusion into the ASW structure does not take place in our experiment, at least to a significant extent. This is due to the lower porosity of the water ice deposited at 80 K compared to that deposited at lower temperatures (see, e.g., Bossa et al. 2012). This shoulder at $\sim 2152$ cm$^{-1}$ may not be observed either in astronomical spectra (see, e.g., Cuppen et al. 2011).
Once the substrate reached a temperature of 8 K, the temperature increased at a rate of 0.5 K minute−1 (TPD). The desorbing CO molecules were detected by the QMS (see Figure 4). While an important desorption peak can be seen near 30 K, corresponding to the desorption of the bulk of the CO molecules, an extended shoulder ranges from 30 to ∼60 K, corresponding to the desorption in the sub-monolayer regime (Noble et al. 2012).

This TPD behavior is similar to what was previously reported for CO ices accreted at a fixed temperature under different conditions (see, e.g., Collings et al. 2004; Martín-Doménech et al. 2014). Therefore, at first glance, the deposition conditions do not seem to affect the subsequent thermal desorption process.

2.3. Experimental Setup: The Interstellar Photoprocess System

Additional experimental simulations corresponding to the CO ice accretion at a constant temperature of 14 K, and subsequent TPD, were performed using the Interstellar Photoprocess System (IPS) described in Chen et al. (2014). The aim of these experiments was to confirm that a CO ice accreted at different conditions from that used in the experimental simulations described in the previous section presented similar TPD curves. In addition, as mentioned in Section 1, laser interference and infrared spectroscopy used in these series of experiments in order to get a better understanding of the desorption process. A schematic representation of IPS is shown in Figure 5. IPS is an ultra-high-vacuum (UHV) chamber with a base pressure of 1.3 × 10−10 mbar. The substrate for interstellar solid analogs (usually a KBr window) is located at the sample holder, placed on the tip of a cold finger from a closed-cycle helium cryostat (CTI-M350), which reaches temperatures as low as 14 K. Two silicon diodes are used to monitor the temperature of both the substrate and the cold finger, with an accuracy of 0.1 K. As in the ISAC setup, the species were allowed to enter the UHV chamber through a capillary tube, condensing onto a KBr substrate and forming the ice analogs. A FTIR spectrometer (model ABB FTLA-2000-104) equipped with a mercury–cadmium–telluride (MCT, more sensitive than a DTGS) detector monitors the solid sample. In this case, the ice sample position is at 45 deg from the IR beam (see Figure 5) and, therefore, the thickness experienced by the IR beam (effective ice thickness) is larger than the actual ice thickness by a factor of \( \frac{5}{2} \). This is taken into account during the experimental simulations. A QMS, covering the range of 1–200 amu with 0.5 amu resolution, provides monitoring of the introduced gas during the deposition, and measures the presence of desorbing molecules in the gas phase during the warm-up phase.

Figure 3. Left panel: number of accreted monolayers of CO ice measured with transmittance FTIR spectroscopy during the cool-down. Right panel: integrated CO ice column density as a function of the temperature. Since the cooling rate was constant, a linear increase in the deposited ice column density with temperature means a constant accretion rate for this temperature range.

Figure 4. TPD experiment using the QMS corresponding to the CO ice accreted during the cool-down of the substrate covered with water.
In addition, a laser reflective interference system (not included in the ISAC setup) counts with a He-Ne laser ($\lambda = 632.8 \text{ nm}$), and a power meter (Newport M835) calibrated for measuring the reflected intensity of the laser at 632.8 nm (power $< 5 \text{ mW}$). The He-Ne laser reaches the solid sample with an incident angle of $2^\circ$ with respect to the normal, and the reflective light is subsequently directed by a mirror to the power meter (see Figure 5). The reflected intensity of the laser oscillates between constructive and destructive interference, leading to a sinusoidal pattern. This interference pattern was monitored during both a blank experiment (warming up of a KBr substrate alone) and the TPD of a CO ice deposited directly onto the bare KBr substrate at 14 K. During the blank experiment, the sinusoidal interference pattern responded to the constructive and destructive interference between the light reflected from the front KBr surface and the rear KBr surface. When the KBr window is held at a specific temperature, its thickness is constant and does not cause any variation of light interference, but this changes during the warm up, leading to a variation in the sinusoidal pattern. On the other hand, during the TPD of the deposited CO ice, the pattern responded to the interference between the light reflected from the ice surface and the KBr window, and changed as the CO molecules desorbed from the ice.

2.4. Results

The evolution of the CO ice was studied by using both laser interference to follow the CO solid sample (Figure 6, and Figure 7 left panel) and the QMS to follow the TPD and therefore the CO in the gas (Figure 7, right panel). In this experiment, the sample temperature was increased from 14 to 70 K at an identical rate of 1 K minute$^{-1}$.

The results corresponding to the blank experiment (warming up of a KBr substrate alone) and the TPD of a CO ice deposited onto a bare KBr substrate at a constant temperature of 14 K using laser interference to study the subsequent desorption of the CO ice are shown in Figure 6. The interference pattern as a function of the temperature during TPD of the CO ice is shown in red, and compared to the blank experiment in black. The variation of the sinusoidal pattern during the TPD experiment is due to the thickness variation of both the KBr substrate and the CO ice. Therefore, the laser interference pattern cannot be used to estimate the thickness variation of the CO ice alone because it is difficult to determine the contributed weights from the ice sample and the substrate to this effect. However, the differences in the variation of this sinusoidal pattern during the TPD of the CO ice with respect to the blank experiment allow us to determine if some CO is retained on the KBr surface, and if its thickness considerably changes. Between 13 and 28 K, the measurements indicate that no important changes of the ice thickness are observed for temperatures prior to CO desorption (region I), since the variation of the sinusoidal pattern is similar to that of the blank experiment. Around 30K, a fast decrease and a subsequent increase of the laser intensity (red line) is observed due to the sublimation of CO molecules and the subsequent thickness variation. For temperatures higher than 32 K, in region II, the phase of the red line (CO ice) is delayed compared to the black line (blank experiment). This implies that some CO molecules are still present on the surface. In region III, above 54 K, the phases of the red line (CO ice) and black line (KBr substrate) become the same, which suggests that all CO molecules have desorbed. The decrease of the CO ice column density due to thermal desorption was simultaneously monitored from integration of the IR band at $\sim 2139 \text{ cm}^{-1}$ during the TPD experiment, and is reported in the left panel of Figure 7. The IR measurements support the idea that approximately 1 monolayer of CO remains on the surface at temperatures above $\sim 30 \text{ K}$ (region II in Figure 6) and desorbs at $T \lesssim 60 \text{ K}$.

The TPD measurements are reported in the right panel of Figure 7. CO deposition was studied on three different types of surfaces, namely, the aforementioned bare KBr substrate (this experiment is represented in black in Figure 7), water ice previously deposited at 80 K with a rate of 0.1 ML/s (blue), and methanol ice deposited at the same temperature with a rate of 0.07 ML/s (red). Results are similar in the three cases, and also to those presented in the previous section, thus confirming that the deposition conditions do not greatly affect, at first glance, the subsequent thermal desorption process. CO ices stay adsorbed on the substrate until $\sim 30 \text{ K}$. At this temperature, the CO molecules that constitute the bulk of the ice desorb into the gas phase and are detected by the QMS, leading to the desorption peak in the right panel of Figure 7. From $\sim 30$ to $\sim 50 \text{ K}$, the TPD measurements from the QMS show a slow decrease of the signal. This, along with the IR and laser
In these experiments, the QMS was used to record the CO molecules in the gas phase.

Figure 7. Left: IR measurement of the ice during the TPD experiment, showing the number of monolayers on the surface \((1 \text{ ML} = 10^{15} \text{ molecules cm}^{-2})\). Right: in these experiments, the QMS was used to record the CO molecules in the gas phase.

Interference measurements (only shown for the TPD of CO ice deposited onto the KBr substrate in Figure 6), suggests that around 1 ML of CO is still present on the different surfaces until \(\sim 54 \text{ K}\), as expected from previous experiments (see, e.g., Noble et al. 2012).

The slow decrease in intensity of the TPD signal inferred from the QMS data collected during the three experiments suggests that these CO molecules are strongly bound to the different surfaces, with binding energies ranging between \(\sim 1000\) and 1600 K. The binding energies of the molecules can be directly estimated from the maximum desorption temperature as described in Luna et al. (2017), where \(E_{\text{bin}}\) (in K) = 30.9 \times T_{\text{des}}\) (in K).

2.5. Accretion of CO: Summary of Experimental Results

The two experiments differed in the CO ice deposition temperature (decreasing temperature from 80 to 8 K versus fixed at 14 K), as well as in the resulting deposition rates (1.5 ML minute\(^{-1}\) versus 7.8 ML minute\(^{-1}\), respectively). Deposition of CO with decreasing surface temperature in the ISAC setup shows that CO accretes on the surface at temperatures below 26.5 K. At this temperature, the drop in the CO ion current, due to the important accretion on the substrate, reflects the multilayer regime, where the temperature is low enough so that CO can be bound to CO ice. This suggests that CO molecules deposited at 26.5 K are able to find binding sites on the CO ice with binding energies of the order of 800 K. The accretion rate was found to remain constant as the substrate temperature decreased, suggesting that the sticking coefficient of the CO molecules remains constant with temperature, as reported in Dawson & Haygood (1965). In addition, the two experiments show that deposition at the two different conditions mentioned above result in similar TPD curves (TPD curves are also very similar when the CO ice is accreted on different surfaces, as shown in Figure 7), in which CO desorbs at \(\sim 30 \text{ K}\) in the multilayer regime, while the sub-monolayer regime desorbs between 30 and 60 K (see also Noble et al. 2012). The QMS measurements were confirmed by IR spectroscopy and reflective laser interference of the solid sample in the case of experiment 2 performed with the IPS setup. This seems to indicate that no structural changes in the CO ice during warming up could be detected during our experiments, which is in agreement with previous work (see, e.g., Muñoz Caro et al. 2016). However, a phase change from amorphous to crystalline CO ice is known to take place prior to thermal desorption (Kouchi 1990). This indicates that the transition from amorphous CO as deposited at low temperatures (typically between 8 and 20 K) to crystalline CO must occur at temperatures close to the peak of desorption in the TPD curve (see Section 2.6).

A desorption peak at around 50 K attributed to monolayer desorption has been reported in some previous experimental studies (see, e.g., Collings et al. 2004) but was not observed in the TPD curves shown in the previous sections. When the TPD is performed with a heater located close to the sample, a temperature gradient may be created from the sample to other parts of the cryostat. In this scenario, desorption of CO molecules adsorbed on surfaces different from the substrate can take place when the temperature of the substrate is higher than the temperature of this surface, leading to a desorption peak in the TPD curve that is actually an artifact. This is not the case of the present work.

While the TPD for CO deposition at fixed \(T = 14 \text{ K}\) or at 80 K downward show similar features, their representation in logarithm scale shows a small bump near 20 K (see Figure 8).
This bump is most prominent for CO deposited at \( T = 14 \text{ K} \) (red) than at \( 80 \text{ K} \) downward (black). This indicates that CO molecules with lower binding energies are present on the CO ice in both cases, but also that deposition at \( 14 \text{ K} \) provides more of the such weakly bound CO molecules compared to deposition at \( 80 \text{ K} \) downward.

### 2.6. Amorphous versus Crystalline CO Ice

As mentioned in the previous section, the transition between amorphous to crystalline CO ice occurs at temperatures close to the peak of desorption in the TPD curve. We performed a series of TPD measurements for CO deposited at temperatures from \( 8 \text{ to } 27 \text{ K} \). For each experiment of CO deposited at a fixed temperature, the temperature is then decreased to \( 8 \text{ K} \) and the TPD is then performed until \( 50 \text{ K} \) with a rate of \( 1 \text{ K} \text{ minute}^{-1} \). Figure 9 shows the different TPD peaks for the different deposition temperatures. The first obvious result is that TPD for low temperature deposition is composed of two peaks, one located at \( 27 \text{ K} \) and the other at \( 28 \text{ K} \). For the lowest deposition temperatures, at \( 8 \text{ and } 20 \text{ K} \), the peak at \( 27 \text{ K} \) is more intense, while for deposition at \( 23 \) and \( 24 \text{ K} \), the peak at \( 28 \text{ K} \) is dominating. For deposition at \( 25 \text{ K} \), although the beginning of the TPD is the same as for lower temperatures, only one peak is seen. This is also the case for deposition at \( 25.5 \text{ and } 26 \text{ K} \), which also shows an increasing displacement at the beginning of the TPD. The change in the intensity of the peaks indicates that the phase change occurs above \( 24 \text{ K} \) (and is already evident at \( 25 \text{ K} \)), but the stronger shifts at \( 26 \text{ and } 27 \text{ K} \) indicate that there is still a fraction of amorphous ice mixed with the crystalline phase. Our study is in agreement with previous studies showing the phase change of CO from amorphous to crystalline being close to the desorption temperature (Kouchi 1990).

### 3. Simulations

We used a step-by-step Monte Carlo simulation to follow the formation of CO ices through deposition and subsequent evaporation in the gas phase. Our model is described in Cazaux et al. (2016). CO molecules originating from the gas phase arrive at a random time and location to the substrate, and follow a random path within the ice. The arrival time depends on the rate at which gas species collide with the surface (Section 3.1). The molecules arriving on the surface can be bound to the substrate and to other CO molecules through van der Waals interactions. The binding energy of each CO molecule depends on its number of neighbors, as described in Section 3.2. Our theoretical approach to estimate binding energies is similar to the one from Cuppen & Herbst (2007) and Garrod (2013), but here we had to determine how the binding energy of a single CO molecule increases with the number of CO neighbors around in order to reproduce the experimental results. Depending on its binding energy, the CO molecules diffuse on the surface/in the CO ices. The diffusion is described in Section 3.3. During warming-up, the CO molecules can evaporate from the substrate/ices (Section 3.4). The number of molecules evaporating as a function of the temperature, corresponds to the QMS measurements.

#### 3.1. Accretion

In our model, we defined the surface as a grid with a size of \( 20 \times 20 \) sites. CO molecules from the gas-phase arrive on the grid and can be bound to the substrate (which we choose as water substrate to mimic the experiments) and/or to adsorbed CO molecules through van der Waals interactions. The accretion rate (in \( \text{s}^{-1} \)) depends on the density of the species, their velocity, and the cross-section of the surface, and can be written as

\[
R_{\text{acc}} = n_{\text{CO}} v_{\text{CO}} S, \tag{2}
\]

\( v_{\text{CO}} = \sqrt{\frac{8kT_{\text{gas}}}{\pi m_{\text{CO}}}} \sim 2.75 \times 10^4 \times \sqrt{\frac{T_{\text{gas}}}{100}} \text{ cm s}^{-1} \) is the thermal velocity, \( S \) the sticking coefficient that we consider to be unity in this study. The cross-section of the surface, \( S \), directly scales with the size of the grid we use for the simulations, which is \( 20 \times 20 \) sites in our calculations. Since the distance between two sites is \( 3 \text{ Å} \), the density of sites is what is typically assumed, i.e., \( \sim (3 \text{ Å})^{-2} \sim 10^{15} \text{ cm}^{-2} \). The cross-section scales with the size of the grid considered in our calculations, as \( \sigma \sim (3 \times 10^{-8} \times 20^2) \text{ cm}^2 = 3.6 \times 10^{-13} \text{ cm}^2 \).

The depositon rate is therefore \( R_{\text{acc}} = 1.7 \times 10^{-8} n_{\text{CO}} \text{ s}^{-1} \), for \( T_{\text{gas}} = 300 \text{ K} \). In order to mimic experimental conditions with deposition rates of \( 7.8 \text{ ML minute}^{-1} \sim 52 \text{ molecules s}^{-1} \) and \( 1.5 \text{ ML minute}^{-1} \sim 10 \text{ molecules s}^{-1} \), we set the density of CO molecules in the gas in \( \text{cm}^{-3} \) as being \( n_{\text{CO}} = 3 \times 10^9 \text{ cm}^{-3} \) and \( n_{\text{CO}} = 6 \times 10^8 \text{ cm}^{-3} \) respectively (1 ML corresponds to 400 molecules on a \( 20 \times 20 \) grid).

#### 3.2. Building CO Ices

The desorption of a CO molecule on a water ice surface is observed between \( 30 \text{ K} \) and \( 50 \text{ K} \), which corresponds to binding energies ranging between \( 900 \) and \( 1500 \text{ K} \) (Noble et al. 2012; Martín-Domènech et al. 2014; He et al. 2016). To account for the fact that the water substrate is not homogeneous, we describe the initial surface of water ice with a random distribution of binding energies centered around \( 1200 \text{ K} \) with a dispersion of \( 180 \text{ K} \) as shown in Noble et al. (2012). In this sense, by using such a distribution, we are mimicking a nonflat and smooth substrate, as shown in many previous studies. If the molecules are not bound to the surface, but start to pile up, the binding energies of CO molecules, due to CO–CO interactions, increase with the number of surrounding neighbors. The lowest interaction between two CO neighbor molecules is around \( 16 \text{ meV} \) (185 K; Karssemeeijer
In a multilayer regime, the binding energy of a CO molecule is about 830 K (Collings et al. 2003b; Pontoppidan 2006; Acharyya et al. 2007; Muñoz Caro et al. 2010; Noble et al. 2012; Luna et al. 2014). The binding energy as a function of coverage of CO on ASW ice has been reported by Karssemeijer & Cuppen (2014). At low coverages, the binding energy of CO on the surface is \( \sim 125 \text{ meV} (1450 \text{ K}) \), while for high coverages the surface becomes covered by CO molecules and the binding becomes \( \sim 75 \text{ meV} (870 \text{ K}) \); TPD desorption temperature of 29 K, table 3 from Martín-Doménech et al. 2014).

In order to estimate the binding energy of CO molecules as a function of the number of neighbors, we use a simple approximation that is shown in Figure 10. The points show the interaction of a CO molecule with one single CO molecule, which is about 185 K and becomes 860 K in the multilayer regime, which corresponds to one (CO adsorbed one CO molecule) to three direct neighbors (CO embedded on a top layer with one neighbor underneath and two neighbors around). By using a fit through these points, we mimic a saturation for a high number of neighbors and can calculate the binding energy of a CO molecule as a function of its number of neighbors \( n_m \):

\[
E_{\text{CO}} = -3360 \times (m + 1)^{-2} + 1040. \tag{3}
\]

In our calculations, we compute the binding energy by considering an effective number of neighbors \( n_m \), that scales with the distance between the neighbor CO and the CO molecule. In that sense, one neighbor would contribute as \( +1/\rho_{\text{CO-CO}} \) depending on the CO–CO distance, to account for the fact that van der Waals interactions depend on distance as \( 1/r^6 \). For direct neighbors, this distance is 1, while for neighbors on the sides this distance is \( \sqrt{2} \) and for the neighbors located in a corner the distance is \( \sqrt{3} \).

In the theoretical model from Cuppen & Herbst (2007), the binding energy of individual molecules is the sum of the binding with their neighbors. Garrod (2013) performed an off lattice KMC method to compute the reactivity and porosity of ices, also considering that the binding energy of one species is the sum of the pair-wise interaction potentials with its neighbors. While this method is more sophisticated than the present method since it would allow us to determine the distance of the species explicitly, we here consider the distance between CO molecules to be equal, and concentrate on defining the binding energies as a function of neighbors. However, because our method does not compute the

![Figure 10. Binding energies of CO molecules as a function of neighbors. The points correspond to the calculations from Karssemeijer et al. (2014).](image)

3.3. Diffusion

A recent study on the diffusion of CO on hexagonal water ice surface shows that diffusion barriers are of the order of 50 meV (Karssemeijer & Cuppen 2014), which represent only \( \sim 30\% \) of the binding energy. We define the diffusion rates depending on the number of neighbors interacting with the CO molecules, that we call \( n_m \) in the above section. For a position \( \langle i, j, k \rangle \) of a CO molecule in the grid, we calculate the associated binding energy \( E_i \) and identify the possible sites where the molecule can diffuse to as \( i \pm 1; j \pm 1; k \pm 1 \). The final binding energy \( E_f \) is calculated as a function of the neighbors present around this site. The diffusion rate, from an initial site with an energy \( E_i \) to a final site with an energy \( E_f \), is illustrated in Figure 11. The barrier to go from \( E_i \) to \( E_f \) is defined as follows if \( E_i \leq E_f \) (Figure 11; left panel):

\[
E_d = \alpha \times \min(E_i, E_f), \quad \text{if } E_i \leq E_f \tag{4}
\]

If \( E_i > E_f \), on the other hand, the barrier becomes (Figure 11; right panel)

\[
E_d = \alpha \times \min(E_i, E_f) + \Delta E, \quad \text{if } E_i > E_f \tag{5}
\]

with \( \Delta E = \max(E_i, E_f) \)-min\( (E_i, E_f) \). By defining the barriers in such a manner, we do take into account microscopic reversibility in this study (Cuppen et al. 2013). The barriers to move from one place to another should be identical to the reverse barrier. The diffusion barriers scale with the binding energies with a parameter \( \alpha \). While this parameter is found to be of 30% for CO on water ice from Karssemeijer & Cuppen (2014), which is of the same order of the water-on-water diffusion derived experimentally (Collings et al. 2003a), recent studies also point out to very small values for the CO diffusion barriers (Lauck et al. 2015). However, the CO-on-CO diffusion has not been determined, but studies highlight the large differences between bulk and surface diffusion (Ghesquiere et al. 2015). The diffusion parameter \( \alpha \) sets the temperature at which CO molecules can rearrange and diffuse in the ices to
form more dense ices. In this study, we reproduce experimental results in order to constrain the diffusion parameter.

The diffusion rate, in s\(^{-1}\), for a CO molecule can be written as

\[
R_{\text{diff}} = 4 \times \sqrt{\frac{E_i - E_s}{E_f - E_s}} \times \nu \exp\left(-\frac{E_{\text{act}}}{T}\right),
\]

where \(\nu\) is the vibrational frequency of a CO molecule in its site (that we consider as \(10^{12}\) s\(^{-1}\)), \(E_{\text{act}}\) is the activation barrier, as defined in Figure 11, \(T\) is the temperature of the substrate (water ice or CO ice) and \(E_s\) is the energy of the saddle point, which is \(E_s = (1-\alpha) \times \min(E_i, E_f)\). This formula differs from typical thermal hopping because the energy of the initial and final sites are not identical (Cazaux & Tielens 2004).

### 3.4. Evaporation

The CO molecules present on the surface can return into the gas phase because they evaporate. This evaporation rate depends on the binding energy of the species with the surface/ice. As mentioned previously, the binding energy of a CO molecule depends on its number of neighbors, or wether the molecule is directly bound to the surface. The binding energy \(E_i\) of the CO molecule sets the evaporation rate as

\[
R_{\text{evap}}(X) = \nu \exp\left(-\frac{E_i}{T}\right),
\]

where \(\nu\) is the oscillation factor of the CO molecule on the surface, which is typically \(\nu = 10^{12}\) s\(^{-1}\), and \(T\) the temperature of the substrate.

### 3.5. Theoretical Results

#### 3.5.1. Deposition

We have performed simulations for the two different deposition rates used experimentally (1.5 ML minute\(^{-1}\) for CO deposited from 80 K with decreasing temperatures of 0.5 K minute\(^{-1}\) down to 8 K, and 7.8 ML minute\(^{-1}\) for CO deposited at 14 K).

Our first goal is to constrain the diffusion parameter \(\alpha\) (ratio between diffusion barrier and binding energy) from the constant accretion measured in experiment 1. In this first experiment, the CO molecules are deposited on a water ice surface as the temperature of the substrate is decreased from 80 to 10 K. In our calculations, the diffusion coefficient \(\alpha\) is set to 0.9 and 0.7. Our results presented in the left panel of Figure 12 show that in order to reproduce the experimental accretion rate, the diffusion does not need to be efficient, since the experimental results are reproduced with \(\alpha = 0.9\) (low diffusion, see Section 3.3). This is because of the very high flow of CO arriving on the surface, needed to reproduce the experimental accretion rate. If the flux was six times lower (corresponding to a density of \(10^9\) cm\(^{-3}\)), then the accretion would be much lower for \(\alpha = 0.9\). This is because for lower flows, there is a competition between diffusion (which allows us to find higher binding sites with more neighbors) and evaporation. Therefore, the first experiment does not allow us to constrain the diffusion parameter.

We then tried to constrain the diffusion parameter \(\alpha\), from the second experiment. For this purpose, we computed the evolution of the thickness with increasing temperature, as in the second experiment. Our results, considering a diffusion parameter \(\alpha = 0.7\) and 0.9, are shown in Figure 12, right panel. The thickness of the CO ice depends on the diffusion of CO molecules within the ices. If the diffusion barrier is of 90% of the binding energy (\(\alpha = 0.9\)), then the reorganization of the CO molecules occurs just before desorption, and this cannot be seen in the change of thickness of the ices. However, for a diffusion barrier of 70% of the binding energy (\(\alpha = 0.7\)), reorganization of CO molecules in the ices imply a decrease of the thickness at around \(\sim 22\) K (which corresponds to \(\sim 0.7 \times E_{\text{bin}}/30.9\), where \(E_{\text{bin}} \sim 900\) K is the energy of CO in the bulk), which is not seen in the experiments. In order to observe no thickness decrease between 14 and 27 K, as shown experimentally, the diffusion parameter should be either \(\alpha \geq 0.9\), so that the thickness decrease occurs around 27 K, or \(\alpha < 0.5\) (\(T \sim 0.5 \times 900/30.9 \sim 14.5\) K) so that the thickness decrease occurs below 14 K. Therefore, we conclude that CO diffusion within CO ices has to be either lower than 50% of the binding energy or higher than 90% of the binding energy.

In the experiments, the ices obtained after deposition were heated to higher temperatures and the desorption was measured. To mimic the warming up, we performed simulations with the ices deposited from 80 to 8 K. To simulate the warming up of the ices, we used conditions similar to the ones met in the first experiment so that the temperature of the substrate was heated at a rate of 0.5 K minute\(^{-1}\) until 80 K. The TPDs obtained are shown in Figure 13. We computed the TPD for two different \(\alpha\) of 0.9 and 0.7. Our simulations can reproduce the multilayer peak located around 30 K as well as the monolayer contribution, extending after 40 K. Also, the small desorption bump occurring at \(\sim 20\) K in the experiment can be reproduce if the diffusion is inefficient (\(\alpha = 0.9\)). If the diffusion is higher, then the CO molecules do reorganize instead of desorbing. Our model therefore confirms the presence of weakly bound CO molecules in the TPD, that can be explained only if the diffusion of CO in the ice is inefficient. Note that the amount of CO desorbing around \(\sim 20\) K is small so we used a larger grid of \(40 \times 40\) to make these computations.

Our simulations show that even if ices present different structures and different binding energies, the TPD measurements are very similar. However, the subtle differences seen in the TPD, especially at low temperatures, do highlight the different structure of the ice and the presence of weakly bound CO molecules.

In our simulations, we use a grid of \(20 \times 20\) sites, and each CO molecule is represented by a box as shown in Figure 14 (left panel) for the second experiment (deposition at 14 K) and (right panel) for the first experiment (deposition from 80 K downward). The different colors show the binding energy of each of the CO molecules. These binding energies range from 300 K (a CO molecule with one direct neighbor and neighbors on the sides) to \(\sim 1700\) K (a CO molecule on the deeper sites of the water substrate).

To mimic the first experiment with our simulations, CO molecules are admitted on the surface, and we follow the build up of the CO ice, which takes place layer by layer as the temperature goes down. The first accreted monolayer, which formed at temperatures higher than 26.5 K, has no empty sites, since CO molecules can diffuse on the surface to find the binding sites with binding energies high enough so that they can stay on the surface. That is, CO molecules first populate the strongest binding sites. As the temperature decreases further, the weakest binding sites on the water surface can also be filled. This makes the first CO layer (directly bound to the water surface) completely filled. The drop in gas phase CO at 26.5 K
implies that the temperature is low enough to allow the adsorption of CO molecules on the first layer of CO. For these temperatures, the multilayer regime is reached and CO from the gas phase disappears, while CO ice can be seen on the surface, as shown in Figure 3. The next layers of CO are built in a similar manner on top of previously deposited CO (one layer without holes) at 26.5 K. These layers are also very well organized without any holes. As a result, the first layers of ice (deposited at higher temperatures) show almost no holes compared to the ice grown at low temperatures (see below). As the temperature decreases further, a temperature range is reached at which the molecules do not diffuse anymore. These next layers show more holes and weaker binding CO molecules. The top layer (deposited at 8 K) presents many holes and weakly bound molecules. This CO ice is a hybrid ice made of a compact CO ice, where no holes can be seen at the bottom layers, and weakly bound molecules and many holes becoming present as the number of layers increase.

The ice structure after deposition in the second experiment is shown in Figure 14 (left panel). In the second experiment, CO molecules are deposited at 14 K on different types of surfaces. In our simulations, we concentrate on the adsorption of CO on water ice. The resulting CO ice shows many empty spaces, and weakly bound CO molecules. This is due to the fact that the deposition temperature is low enough for the CO molecules to be weakly bound, and not to evaporate. The CO molecules arriving on the surface with low binding energies (~200 K) can go to a site where the binding energy is high enough to settle in that site.

Therefore, experiments and simulations show that ices deposited at 80 K downward and, at a fixed temperature of 14 K, have different structures. We conclude that the deposition temperature sets the binding energy of the CO molecules in the ice.

4. Astrophysical Applications

In starless cores, an important CO depletion has been measured (Bergin et al. 2002). Evidence of depletions by a factor of 4–15 (75%–94% of CO missing from the gas phase) in many of these cores has been found (Bacmann et al. 2002). However, by observing CO isotopologues, a higher CO depletion of up to 100 and 1000 in the center of the B68 and L1544 dense clouds, respectively, has been measured (≥99% of CO missing from the gas phase; Caselli et al. 1999; Bergin et al. 2002).

The most common explanation is that CO is frozen on dust grains at high densities and low temperatures. However, in order to match the observed CO spectra, Keto & Caselli (2010) found that the desorption rate due to cosmic-ray strikes, (Hasegawa & Herbst 1993) should be increased by a factor of 30. At this rate, desorption and depletion have equal timescales at a density of about 10^4 cm^{-3}. There are other nonthermal processes in addition to direct cosmic-ray strikes that cause desorption and could increase the gas-phase abundance of CO. These processes are photodesorption with UV photons (Oberg et al. 2007, 2009; Muñoz Caro et al. 2010; Fayolle et al. 2011; Muñoz Caro et al. 2016), formation of H_2 (Takahashi & Williams 2000), noncanonical explosions (Rawlings et al. 2013), direct cosmic-ray sputtering (Dartois et al. 2015) or cosmic-ray-induced explosive chemical desorption (Shen et al. 2004), chemical desorption (Dulieu et al. 2013), and impulsive spot heating on grains (Ivlev et al. 2015).

In order to understand which processes allow us to keep the required fraction of the depleted CO in the gas phase, we first compute the binding energies of the CO molecules arriving on the surface with our Monte Carlo simulations. We calculate the binding energies of each CO molecule as they arrive on the CO ices in the dense core conditions (at T_{dust} = 6 K and n_H = 10^6).
We here therefore consider only CO in the multilayer regime (not directly bound to the surface, but to other CO molecules). We consider a diffusion parameter $\alpha$ of 0.9 as derived in the experiments. The resulting structure of the CO ice and binding energies of CO molecules in the ices, after moving and being relocalized on the surface is shown in Figure 15. The CO molecules in the ices are weakly bound and many holes are present. The CO ices deposited in conditions present in pre-stellar cores show many holes and a wide range of binding energies.

In order to address how this range of CO binding energies influence the freeze out of CO molecules from the gas phase, we used a time dependent gas-grain model to follow the abundances of species in the gas, as well as in the ices in a pre-stellar core. We used a three-phase chemical model that combines gas-phase chemistry with surface and bulk chemistry. The grain surface chemistry model (surface + bulk) takes into account the different binding energies of the species on bare or icy surfaces and includes evaporation, reactions, photodissociation, and thermal and photodesorption processes, which transform surface species either into other surface species or into gas-phase species, as in Cazaux et al. (2016). Note that, in this study, we only consider CO freeze out on the dust surface but do not allow surface reactions with CO. In addition, our model does not take into account the diffusion of species from bulk to surface and from surface to bulk. In this sense, when the coverage has reached one layer, the accreting species become bulk species with higher energies and lower diffusion rates (because the diffusion depends on the binding energy). The gas-phase chemical model is adopted from the KIDA database (Wakeham et al. 2012), while the surface chemistry model is described in Cazaux et al. (2016). The input parameters to mimic the temperature and density profile of a pre-stellar core are taken from Keto & Caselli (2010) and shown in Figure 16.

The C$, ^+$, C, CO, O, and H$_2$O abundances in the gas phase as a function of extinction are reported in Figure 17 for $10^4$ years.
Our results show that if we consider a binding energy of CO, typical of CO on CO ices $\sim 830 \, K$, then the CO depletion at extinctions of $A_V \sim 20$ can reach five orders of magnitude ($0.001\%$ of CO in the gas phase, that is, $99.999\%$ of CO frozen-out in the ice and missing from the gas phase).

However, as the binding energy of weakly bound CO is considered, such as $400 \, K$ (green), $350 \, K$ (blue), and $300 \, K$ (pink), as shown in Figure 17 right panel, the depletion is strongly decreased and CO in the gas phase reaches $0.1\%$, $10\%$, and $100\%$ respectively.

Therefore, considering the weakly bound CO molecules in the calculations can completely change the depletion of CO at high $A_V$. As the cloud evolves and reaches $10^5$ years, $C^+$, C, CO, O, and H$_2$O abundances also evolve as shown in Figure 18 (left panel). For typical binding energies of CO with CO ($\sim 830 \, K$), the depletion is more pronounced from extinctions of $A_V \sim 2$. When the weakly bound CO molecules are also considered, as shown in Figure 18 right panel, differences from the depletion of CO can be already seen for binding energies of $400 \, K$ (green). This is due to the fact that the abundances of CO are set by the accretion versus evaporation processes. In this case, the CO bound at low energies will be earlier in equilibrium, which implies that the abundances of CO in the gas phase for bindings of CO of 300 and 350 K do not change between $10^4$ and $10^5$ years. However, for CO molecules more strongly bound to the surface, the equilibrium is not reached yet at 400 and 830 K and depletion is still increasing.

While we showed that considering low binding energies for CO would change the depletion of CO in dense cores, we could not compute with a rate equation model the depletion of CO due to the distribution of binding energies on the last layer of the ices. To perform such calculations, one should use a more detailed model considering layers to mimic the icy mantle covering dust grains (Taquet et al. 2012). However, our simulations indicate that in the conditions met in dense cores, the CO depletion could be described by higher CO binding energies at low $A_V$ (between 0 and 4) and lower binding energies after $A_V = 4$. From Figures 17 and 18 (right panels), the CO depletion would therefore range between the red and green curves (CO binding between 830 and 400 K) for higher $A_V$.

5. Summary and Conclusions

We experimentally showed that CO ices can accrete at temperatures below 26.5 K, with an accretion rate that does not
depend on the substrate temperature. In addition, CO ices deposited under different conditions (decreasing temperatures from ~80 K until 8 K versus constant low temperature of 14 K) show TPD spectra with small differences. These differences highlight the two different structures of the CO ices and the presence of weakly bound CO molecules desorbing around ~20 K. Using Monte Carlo simulations, we can reproduce such differences and the weakly bound CO molecules at the condition that the mobility is very inefficient. We show that the diffusion barrier should be 90% of the binding energies to reproduce such experimental results.

In this work, we show that the deposition conditions (flow and temperature) set the binding energy. During the warming up of the CO ices, the CO molecules reorganize in the most stable configuration, which result in almost identical TPD spectra. However, while these TPDs appear similar, the subtle differences highlight the differences of the structure of the CO ices. Reorganization occurs only at temperatures close to desorption. The different structure becomes clear when CO is deposited at 25.5–27 K. At these temperatures, close to the maximum in the desorption during TPD experiments, the CO is deposited mainly as crystalline α-CO. The proportion of amorphous-to-crystalline ice decreases as the deposition temperature approaches the temperature of maximum desorption.

In environments where stars form, the temperature can be so low that weakly bound molecules do not reorganize and stay weakly bound to dust grains. This has an impact on the gas phase composition of the environment, but also on the chemistry occurring on the surface of dust grains, which could be more efficient because weakly bound species are more mobile. In pre-stellar cores, CO molecules are seen to be depleted as the medium becomes denser and cooler. While this is attributed to the freeze out of CO molecules from the gas phase, actual models overestimate the freezing of CO on dust. In this work, we show that considering weakly and strongly bound molecules in the CO ices changes the CO depletion in pre-stellar cores and allow a less severe depletion.

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